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People Facts
An Extraordinary List of Strange and Wildly Witty Things About You
by Julian Reale and Franziska Liebig

People do the weirdest things, do we not? Have you ever wondered why? Have you ever tried to figure out why you do the things you do, or why your friends are who they are? Have you ever wondered if cats can be allergic to people or why men are more likely to dream of other men than women? Have you ever thought about strange human behaviours, like why is it easier for people to fall in love on holiday? Then People Facts is definitely for you.
The book deals with 100+ bizarre, revealing and funny facts about humans, which can be weirdly informative and wildly witty! Whether they are biological, psychological, cultural or natural; in this beautifully illustrated volume, the craziest aspects of human evolution are gathered.

So, if you want to know why your feet are the most honest body part, why most people overestimate themselves and their abilities, or how a brain scan can reveal what kind of friends you have, you should definitely open this book. Enjoy!

Author Bio
After studying Communication Design in Cologne, Franziska Liebig founded the photo agency Edith images, a platform for analogue and artistic photography. She also worked as a freelancer in the cultural industry and did graphic design for theater companies and foundations. Since 2015 she has worked as Art Director in a German fashion company. She also holds an honorary position as a lay judge at the Cologne Regional court.

Julian Reale studied media and cultural studies in Dusseldorf. After working in the cultural industry in New York City, he worked in a software design agency on conceptions of digital appearances for international clients. For several years, he has been working as an audience researcher for a global news provider. He lives in Cologne.
Type Tricks: Layout Design
Your Personal Guide to Layout Design
by Sofie Beier

Type Tricks: Layout Design is the follow-up to Type Tricks and the second book in the trilogy of user manuals about typography related matters. The first book was about type design, the second book is about type layout and the final book will be about type usability. Sometimes you do not have the time to read a book cover to cover, but you simply are looking for some main pointers to help you move forward. This book is precisely for these kinds of situations.

The book covers both key typography rules as well as the underlying structure of the working process in layout design. In an illustrative format and easily accessible style, it presents the different stages of working with typography. The collection of rules provides more than 200 tips for creating readable layouts and typography settings. The book touches on matters of typography for both print and digital media: from letter spacing, paragraph breaks, text adjustment, leading, emphasis, hierarchy to grid systems.

Layout guidelines are difficult to remember, but with this book you do not have to know them all by heart. The format is small and handy, so you can always have it on hand when you need to check the rules. Type Tricks: Layout Design takes its outset in the author's experience as a teacher of typography, her practical experience with designing layouts and her academic research into improving reading through good typography.

Author Bio

Sofie Beier is a professor at the Royal Danish Academy, where she is head of the research unit Centre for Visibility Design. She holds a PhD from the Royal College of Art in London. Her research is focused on improving the reading experience by achieving a better understanding of how different typefaces and letter shapes can influence the way we read.
A Dish for All Seasons
125+ Recipe Variations for Delicious Meals All Year Round
by Kathryn Pauline

A creative approach to seasonal cooking, A DISH FOR ALL SEASONS presents 26 adaptable recipes, each with four seasonal variations, for a total of more than 100 accessible recipes for creative weeknight cooking.

This practical cookbook flips the script on recipe books organized by season. Instead of dedicated recipes to Spring, Summer, Fall, and Winter—which would mean three quarters of the book goes unused for three quarters of the year—this book features 26 go-to recipes, each with four variations. Every dish includes a base recipe—such as a simple frittata, Panzanella salad, sheet pan dinner, or loaf cake—plus four adaptations based on the season. Readers will also find simple instructions and formulas for creating original dishes, giving them the tools they need to improvise based on the ingredients they have on hand. With a photograph to accompany all 100 dishes, this is a versatile, repertoire-building cookbook will be a go-to resource for home cooks looking to create delicious, healthy food all year long.

SMART STRATEGY BOOK: This book teaches home cooks to cook creatively. With a base recipe, seasonal variations, and instructions for adapting the recipe using whatever ingredients are on hand, readers can choose to follow a seasonal recipe exactly, swap out an ingredient or two depending on what's available at their local market, or experiment with their own, totally original combinations.

GREAT VALUE: With more than 100 go-to recipes, plus instructions and formulas that let readers experiment, this cookbook is a great value. Like DINNER'S IN THE OVEN and other weeknight books featuring lots of (...)
A History of the World Through Body Parts
The Stories Behind the Organs, Appendages, Digits, and the Like Attached to (or Detached from) Famous Bodies
by Kathy Petras and Ross Petras

A grab bag of historic spleens, chins, and more, this is your ultimate literary dissection of body parts throughout history!

From famous craniums to prominent breasts, ancient spleens and bound feet, this book will bring history to life in a whole new way. With their inimitable wit and probing intelligence, authors Kathy and Ross Petras look at the role the human body has played throughout history as each individual part becomes a jumping-off point for a wider look at the times. In far-ranging, quirky-yet-interrelated stories, learn about Charles II of Spain's jaw and the repercussions of inbreeding, what Anne Boleyn's heart says about the Crusades and the trend of dispersed burials, and what can be learned about the Aztecs through Moctezuma's pierced lip. A History of the World Through Body Parts is packed with fascinating little-known historical facts and anecdotes that will entertain, enlighten, and delight even the most well-read history buff.

BESTSELLING AUTHORS: Kathy and Ross Petras have authored the New York Times bestseller You're Saying It Wrong and the hit calendar The 365 Stupidest Things Ever Said, now in its 24th year with over 4.8 million copies sold!

ENGAGING CONTENT: Packed with rich material told with a lively and humorous voice, take a trip through history in this unique, exciting way.

QUIRKY HISTORY FANS REJOICE!: For fans of The Disappearing Spoon, Wicked Plants, The Violinist's Thumb, The Sawbones Book and Strange Histories!

Perfect for:
• History buffs and pop history fans
• Father's Day, birthday, and holiday shoppers

Author Bio
Kathryn & Ross Petras are a brother-and-sister writing team and authors of many word-oriented books like the New York Times bestseller You're Saying It Wrong, THAT DOESN'T MEAN WHAT YOU THINK IT MEANS, as well as Very Bad Poetry and Wretched Writing. They've also compiled a series of bestselling quote books like Age Doesn't Matter Unless You're a Cheese and
Black Icons in Herstory
50 Legendary Women
by (artist) Monica Ahanonu

Black Icons in Herstory features bold, colorfully illustrated portraits of 50 of the most admired women in the fields of music, film, literature, politics, human rights, and more. This second book in our Icons series focuses exclusively on remarkable Black women, celebrating their achievements, legacy, and continued inspiration. From Harriet Tubman to Kamala Harris; from Nina Simone to Beyonce; from Michelle Obama to Amanda Gorman; this curated list of role models is significant. Each striking portrait illustrated by Monica Ahanonu is accompanied by a biography of each woman, highlighting her contributions to our culture and her lasting influence on herstory.

Author Bio

MONICA AHANONU is an illustrator who lives and works in Los Angeles, California. Her signature style has been sought after by clients such as Adidas, Adobe, Vanity Fair, Netflix, The New York Times, and more.

Notes

Promotion
Bob Willoughby
by foreword by Christopher Willoughby

This is the first comprehensive, large-format monograph of Bob Willoughby's photographs of film and television stars from the 1950s to the 1970s. Considered the first on-set still photographer in the film industry, Bob Willoughby photographed numerous movie stars of the era, including Audrey Hepburn, Marilyn Monroe, Jean Seberg, Elizabeth Taylor, Natalie Wood, Frank Sinatra, Cary Grant, Doris Day, James Dean, and many more. These stars continue to influence fashion and culture, from Baby Boomers all the way to Gen Z. The iconic celebrities and others featured have lasting presence, still gaining fans today via both social media and the availability of classic films through streaming channels.

This compendium features vintage and never-before-seen photographs of the most beloved stars of film and television. Willoughby’s images include many taken during the filming of classics such as THE GRADUATE, MY FAIR LADY, ROSEMARY’S BABY, and others. In addition to on-set photography, there are also many candid portraits of actors at home, such as those of Audrey Hepburn. This compendium includes both black-and-white and color photographs of some of the greatest icons from this Golden Age of Hollywood.

Author Bio

Bob Willoughby (1927–2009), whose photographs transformed the images of Hollywood's biggest stars, is a true pioneer of 20th-century photography. He was the first "outside" photographer hired by the major studios to create photographs and was the link between the filmmakers and the era's major magazines, such as LIFE and LOOK. His career was launched when Warner Bros. asked him to photograph Judy Garland's final scene on the set of A STAR IS BORN, which then became his first LIFE cover. His images were in print every week for the next 20 years. His extensive photographs of jazz musicians of the era are also revered, and his work is in the permanent collections of the Academy of Motion Picture Arts and Sciences (Beverly Hills); the Metropolitan Museum of Art (New York); the Tate Gallery (London); the National Portrait Gallery (Washington, DC); and many more.
Do I Feel Better Yet?
Questionable Attempts at Self-Care and Existing in General
by Madeleine Trebenski

If you’ve ever expressed even the slightest bit of dissatisfaction with the current state of your life, you’ve inevitably gotten the response, Have you tried meditation? Exercise? Joining a cult? Joining an exercise cult?" And a variety of other helpful suggestions. This book explores these topics with intellectual essays like "I’m Moving to the Woods to Live in a Nightmare Shack" and instructional guides such as “Are You Hungry or Are You Just Horny?” If you learn anything from this book, it should be that a $72 artisanal hand-blown glass cup isn't going to change your life.

Author Bio

Madeleine Trebenski has written for McSweeney's, the New Yorker, Outside Magazine, and more. Her piece The Girl from Avril Lavigne’s ‘Sk8er Boi’ Responds 18 Years Later" has gone viral twice and her work has been featured on Elizabeth Banks’s "My Body, My Podcast.

Notes
Dream in Color
30 Posters of Power, 30 Black Creatives
edited by Tre Seals

This large-format book features 30 removable posters by 30 inspiring Black creatives from around the world. Artists and designers such as the London-based muralist Lakwena and hip-hop legend Cey Adams, among others, are included in this inspiring book of ready-to-frame artwork. Each poster is aesthetically unique; the selection ranges from illustrations, to collages, to typography featuring phrases expressing positivity, hope, and strength, all through the lenses of internationally acclaimed and emerging Black creatives working today. According to Tre Seals, the curator and designer of the book, We see Black as a palette, a mixture of every color and every form of light. This is our true definition of Black, and this is why we Dream in Color

Author Bio

TRE SEALS is a designer and typographer who lives and works in Washington, D.C. His company, Vocal Type, creates fonts that have been featured all over, in projects ranging from brand campaigns to protest signs. He recently designed the typography and graphic design for the book, SPIKE, by Spike Lee.
I'm More Dateable than a Plate of Refried Beans
And Other Romantic Observations
by Ginny Hogan

From comedian Ginny Hogan, this laugh-out-loud collection of humor observations explores all the ups and downs of modern romance.

Through hilarious, absurd-yet-relatable short stories, quizzes, over-think pieces, and more, Hogan details every stage of a modern relationship—from meeting on an app to becoming official, to breaking up or getting married, to being single.

Find out how to successfully ignore any and all red flags. Take a quiz to see if that anxiety attack you're having means you're in a new relationship or if it's that cold brew you just chugged. Read chilling tales about the unfortunate few who actually did lose their phones (they didn't mean to ghost you, they promise).

Begging to be shared with friends or sat next to your phone full of Tinder notifications, I'm More Dateable than a Plate Of Refried Beans is the ultimate humor book for anyone who is dating or has ever dated.

LAUGH-OUT-LOUD HUMOR FOR ALL: This hilarious book has a little something for everybody, whether you're single, dating, married, monogamous, polyamorous—you name it!

UNIQUE CONTENT: Full of absurd yet relatable stories, quirky lists, quizzes and more, this is a nice repose to other modern dating books, whose pages try to offer sincere advice. Modern dating is weird and sometimes you just need to commiserate and laugh!

GREAT GIFT: This book begs to be shared, a fun gift for your single friends, friends (…)

Author Bio

Ginny Hogan is an LA-based writer and standup comic. She's a contributor for the New Yorker, the Atlantic, the New York Times, Cosmopolitan, the Observer, McSweeney's, and Vulture. Forbes recently profiled her as a rising satire star, and she was one of Paste’s top humorists of 2019.

Ginny performs standup comedy all over the place. She's been seen at The Westside Showdown, The Boston Women in Comedy Festival, San Francisco Sketchfest, the Chicago Women's Funny Festival, the Finger Lakes Festival, and the Park Slope Comedy Festival. She wrote jokes for the 2018 Friar's
Save Me! (From Myself)
Crushes, Cats, and Existential Crises
by So Lazo

WARNING: This book contains so many feelings!

This colorful collection of comics will take you on an expertly guided emotional journey, from impostor syndrome to unrequited love, with stops along the way for excitement, joy, vulnerability, and existential dread. Illustrator and self-proclaimed crybaby So Lazo renders each experience with honesty and heart, navigating the obstacle course of early adulthood with their distinctive style and self-deprecating humor. Heartbreakingly earnest and effortlessly queer, this little book captures the trials and tribulations of the creative introvert in vivid detail.

DISTINCTIVE VOICE: Lazo's work is earnest without being sappy or preachy and vulnerable without taking itself too seriously. It manages to be beautiful and messy, funny and wistful, inviting you into Lazo's colorful, creative, anxious, determined, introverted world.

RELATABLE CONTENT: If you've ever lost your nerve upon running into your crush at a party, juggled your love-hate relationship with working from home, or wished that aliens would rescue you from the Dumpster fire that is human existence—this book is for you!

Perfect for:
• Worriers, introverts, and tender types
• Young adults, artists, and creatives
• Fans of So Lazo's queer and colorful artwork

Author Bio

So Lazo is an author and illustrator from small and tropical El Salvador. Their previous book, *Witch, Please!*, is also available from Chronicle Books.
The Art of Whisky
by Ernie Button

This amazing celebration of single malt Scotch takes a unique photographic perspective that highlights the nature of the spirits in startlingly beautiful ways.

The Art of Whisky is a breathtaking and unusual gift book for whisky connoisseurs, celebrating the spirit from an unexpectedly beautiful angle. By chance, award-winning photographer Ernie Button noticed the intricate patterns formed in the residue at the bottoms of (almost) empty whisky glasses—each as different as a snowflake—and began photographing them with inventive lighting techniques.

The resulting images are exquisitely gorgeous, evoking earthly landscapes and extraterrestrial visions. This book collects nearly 100 of those photos—each one more amazing than the last—and features delightful touches such as tasting notes, information on the science of what we're seeing, and writing about single malt Scotch by Scotland's leading whisky expert Charles MacLean, commissioned exclusively for this book.

UNUSUAL GIFT FOR THE WHISKY CONNOISSEUR: Surprise the spirit-lover in your life with this gorgeous photography book that highlights the uniqueness of whisky from an unexpected and beautiful angle.

ART, SCIENCE, AND WHISKY-A DELICIOUS COMBINATION: The captivating photographs begin with the qualities that make single malt Scotch so exquisite, get an assist from the natural wonder of fluid dynamics, and a finish of artful production that makes each unique and surprising.

CONTRIBUTING WRITERS: Princeton University Professor Howard A. Stone, who has studied and published on the science behind Button's Vanishing Spirits photographs, contributes a text (...)

Author Bio

Ernie Button is an award-winning photographer based in Phoenix, Arizona, whose work has been exhibited in the United States, China, Scotland, and Europe. His photographs have been featured in National Geographic Magazine, The New York Times, Whisky Advocate, American Photo, Popular Photography, Esquire, Wired, Smithsonian, Whisky Quarterly, and Popular Mechanics, as well as on limited edition packaging for The Macallan.
The Moon Sign Guide
An Astrological Look at Your Inner Life
by Annabel Gat

From Annabel Gat, the author of *The Astrology of Love & Sex*, comes a fascinating guide that provides a deeper look at Moon signs—the zodiac sign the moon occupied at one’s birth.

Most casual fans of astrology are familiar with their Sun sign, but your Moon sign is just as essential to your astrological profile. While the Sun sign symbolizes your ego and will, your Moon sign represents your inner world, your emotional landscape—your feelings, memories, and subconscious; your fears, needs, and desires.

Organized into twelve chapters, one for each Moon sign, *The Moon Sign Guide* details the characteristics and personality traits for each sign in relation to key aspects of life, including self-care, home, family, work, friendship, love, and compatibility. The book also includes a glimpse into progressed moons because as you age, your Moon sign changes, providing new emotional perspectives.

Illustrated throughout and packaged as a lovely hardcover with foil-stamping and gilded edges, *The Moon Sign Guide* is an invaluable reference for astrology enthusiasts of all levels and modern mystics looking to explore lunar energies and gain deeper insights into themselves and others.

EXPERT AUTHOR: Annabel Gat writes the daily and monthly horoscope column at VICE. She is a practicing astrologer certified by the International Society for Astrological Research.

ACCESSIBLE: Organized into twelve easy-to-navigate chapters (from Aires Moon to Pisces Moon), this guide is packed with information that will appeal to astrology fans (…)

Author Bio

Annabel Gat is a New York City-based astrologer (certified by the International Society for Astrological Research) and the author of *The Astrology of Love & Sex*. She writes the daily and monthly horoscopes for VICE, which are some of the most shared content on VICE’s Snapchat Discover channel. Annabel’s writing on astrology and the occult has been regularly featured on MTV News and MTV Hive. Her work has also been featured by *Dazed and Confused Magazine*, *Bustle*, *Eater*, *Fusion*, and more.

Vesna Asanovic is an illustrator and graphic recorder based in Toronto, Canada.
The Rolling Stones 1972 50th Anniversary Edition
photographs by Jim Marshall, foreword by Keith Richards, contributions by Joel Selvin


The year 1972 brought together two legends of rock 'n' roll at the peaks of their careers: Jim Marshall and the Rolling Stones. Selected by LIFE magazine to photograph the Stones' EXILE ON MAIN ST. tour, Marshall had a week of unlimited access. The results are his now-iconic images of the band, onstage in their full glory and backstage in moments of unguarded camaraderie. Marshall's ability to capture the essential spirit of an artist and the transformative power of music is matched only by the Stones' larger-than-life energy. Fifty years after these photographs were taken, they retain the power to thrill and inspire.

This definitive edition presents the images as they were meant to be seen: at a larger size and in the rich, high-contrast tones Marshall favored. The original content is enhanced with never-before-seen proof sheets and two new essays by photographer and film director Anton Corbijn and Nikki Sixx of Motley Crue. This is the ultimate, immersive experience of one of the greatest moments in music history.

TWO MAJOR NAMES: This book showcases the confluence of two massive creative talents: the band that defined rock 'n' roll, and the photographer who best captured its spirit. Jim Marshall is renowned in the music photography world. His images will immerse you completely in the scene of 1972.

MUST-HAVE FOR FANS: If you love music or photography, or (...)

Author Bio

Jim Marshall, who died in 2010 at age 74, is widely celebrated as a premier music photographer and a pioneer of the genre. His portfolio includes photos of virtually every major musician of his era, not only the icons of rock 'n' roll, but also giants of jazz, blues, and country. Annie Leibowitz called him THE rock 'n' roll photographer.” Marshall was a legend not only for his outsize personality but also for the way he seemed to disappear when behind his trademark Leica camera, thereby producing some of the most intimate and iconic images in music history.

Joel Selvin is a longtime music journalist for the San Francisco Chronicle. He is the author of seventeen books.
Tools
The Ultimate Guide 700+ tools
by Jeff Waldman

A must-have compendium for anyone looking to learn about the fascinating world of over 500 essential tools.

This is the book for answering all your tool questions, gaining knowledge before hiring a professional, or simply flipping through just for the joy of learning something new about the objects that shape our world.

This expansive guide catalogs more than 500 tools for measuring, cutting, fastening, and shaping—from hammers and saws to wrenches, welders, and drawknives. Throughout these illustrated pages, you’ll learn how to care for each tool so it can last a lifetime, as well as learn intriguing tidbits and fascinating histories of each object along the way.

TONS OF INFORMATION: This chunky book is filled with detailed information about a wide variety of tools you’d find in a home improvement store; it will earn a spot in your garage, shed, workshop, or studio.

EASY TO USE: Learn how to avoid wasting countless hours on head-scratching home repairs, wonky backyard builds, and failed garage tinkering.

Perfect for:
- New homeowners
- Newly independent young adults seeking home literacy
- Curious crafters, woodworkers, handymen/handywomen
- Fans of THE ELEMENTS OF A HOME or HOW TO DO THINGS.

Author Bio

Jeff Waldman is a maker, designer and builder with an eye for creative problem-solving. With the help of their friends, he and his partner designed and built their own cabin and communal getaway in the Santa Cruz Mountains of California. As a believer in lifelong skill-building, he's always looking for his next project.
Trust Yourself
Stop Overthinking and Channel Your Emotions for Success at Work
by Melody Wilding LMSW

NOW IN PAPERBACK: Turn your sensitivity into a superpower with these proven strategies to regain your confidence at work, reclaim control of your life, and reach your full potential.

Are you a sensitive striver? Often feel not good enough?” Take things too personally? Judge yourself harshly? Struggle with burnout and setting boundaries? Highly sensitive and high performing? Being highly attuned to your emotions, environment, and the behavior of others can be the keys to success, but they can also lead to overthinking everything and burnout.

Human behavior expert and executive coach Melody Wilding identifies this problem and gives the nuanced reader profile a name—“sensitive strivers.” Drawing on the latest research and work with clients, she examines the intersection of sensitivity and achievement and the challenges that come along with it in the workplace, and offers neuroscience-based strategies readers can use to reclaim control of their lives and reach their full potential.

FOR READERS OF: The Highly Sensitive Person, No Hard Feelings, Quiet, and Introvert Power.

ENDORSEMENTS FROM: Susan Cain, Elaine Aron, Julia Cameron, and more.

EXPERT TAKE ON A NEWLY TRENDING TOPIC: What Susan Cain and Quiet were for introverts, and Elaine Aron and her books were for the highly sensitive, Melody Wilding is and will be for the growing number of people who identify as sensitive strivers. As a human behavior expert, executive coach, and Forbes contributor, Wilding is the perfect author to offer practical solutions for the latest embraced personality type. Her advice strikes the perfect balance between action-taking and introspective.

The perfect book for:

• Coaches and coaching clients (...)

Author Bio

Melody Wilding, LMSW is an executive coach for smart, sensitive high-achievers and author of Trust Yourself: Stop Overthinking and Channel Your Emotions for Success at Work. Recently named one of Business Insider's Most Innovative Coaches for her groundbreaking work on Sensitive Strivers,"
Wash Day Diaries
by Jamila Rowser and Robyn Smith

From writer Jamila Rowser and artist Robyn Smith comes a captivating graphic novel love letter to the beauty and endurance of Black women, their friendships, and their hair.

*Wash Day Diaries* tells the story of four best friends-Kim, Tanisha, Davene, and Cookie-through five connected short story comics that follow these young women through the ups and downs of their daily lives in the Bronx.

The book takes its title from the wash day experience shared by Black women everywhere of setting aside all plans and responsibilities for a full day of washing, conditioning, and nourishing their hair. Each short story uses hair routines as a window into these four characters’ everyday lives and how they care for each other.

Jamila Rowser and Robyn Smith originally kickstarted their critically acclaimed, award-winning slice of life mini comic, *Wash Day*, inspired by Rowser’s own wash day ritual and their shared desire to see more comics featuring the daily lived experiences of young Black women. *Wash Day Diaries* includes an updated, full color version of this original comic—which follows Kim, a 26-year-old woman living in the Bronx—as the book’s first chapter and expands into a graphic novel with short stories about these vibrant and relatable new characters.

In expanding the story of Kim and her friends, the authors pay tribute to Black sisterhood through portraits of shared, yet deeply personal experiences of Black hair care. From self (...)

**Author Bio**

Jamila Rowser is a Black, Puerto Rican, and Dominican award-winning writer who enjoys creating comics for Black women. She also publishes comics by and for women of color and non-binary people of color through Black Josei Press. Jamila was featured, along with Robyn Smith, in Adweek’s 2021 Creative 100 as a creator to follow. Jamila lives in Miami but reps the Bronx. You can find her detangling her hair, reading manga, and doting on her two cats Sage and Sapphire.

Robyn Smith is a Jamaican cartoonist known for illustrating DC Comics’ *Nubia: Real One* (written by L.L. McKinney) and her mini-comic *The Saddest Angriest Black Girl in Town*. She has an MFA from the Center for Cartoon Studies and has worked on comics for College Humor and The Nib. She loves cake and cats and holds onto dreams of returning home to the ocean.
You Are Here: Hikes
The Most Scenic Spots on Earth
edited by Blackwell & Ruth

Whether planning a getaway or just dreaming about one, this beautifully curated collection of amazing hikes all around the world evokes awe-inspiring travel adventures that are inspirational and attainable.

You Are Here: Hikes features breathtaking photos off-the-beaten-path and iconic natural wonders, from enchanting forests to sunset showcases, jewel-like coastal trails to ancient rock formations, wildflower meadows to spectacular vista views. Each gorgeous, handpicked location represents a unique journey, with geolocation information inviting you to the very scenic spot. You are there, or could be.

CHOOSE YOUR OWN PATH: Swoon-worthy photographs will excite the spirit of adventure, with each gorgeous destination identified by geolocation inviting you to visit.

WIDE RANGE OF HIKING DESTINATIONS: Rocky alpine summits, tropical fern forests, crystalline ice domes, colorful foliage showstoppers, incredible waterfalls, verdant valleys, towering redwoods, and much more.

ARMCHAIR OR OUT THERE: Equally suitable for kicking off your next outdoor exploration and adventure or capturing the beauty of nature to enjoy from the comforts of home.

INSPIRING PHOTOGRAPHY: The beautiful photographs collected here will not just inspire travel, but inspire sharing photos of your own journey to these or other amazing places.

Perfect for: travel enthusiasts looking for a uniquely memorable hiking experience, and anyone looking for inspiration to take and share their own photos these beautiful scenic spots.

Author Bio
Blackwell & Ruth are award-winning creators of books, films, and exhibitions that have been published and presented in forty countries. Their work is founded on subjects that matter, including equality, humanity, and the environment.
You Need to Hear This
365 Days of Silly, Honest Advice You Need Right Now
by Chronicle Books

This little book has 365 pieces of advice, something for every life moment. Think of it like an oracle deck, a Magic 8 Ball, and an irreverent tarot reading all in one book.

Have you ever needed an affirmation from someone who’s been there? A too-real observation from your bestie? A calm voice to center your thoughts? Open this book of 365 pieces of advice to reveal what you need to hear right now.

• Not sure what to do? Say yes to more cheese.
• Feeling burned out? You are worth more than your productivity.
• Need some uplifting words? Good news, you’re perfect.

Crack this book open at random or flip through the colorful pages until you find the one that feels right. Keep the words with you throughout the day. Come back to them for answers, a moment of clarity, or a quick chuckle.

EASY INSPIRATION: Flip to a random page to find a dose of happiness, some kindness, or quirky quip to motivate you throughout the day.

COLOFUL GIFT: A chunky package with colorful pages throughout, this book is perfect to give to friends, siblings, partners, for Galentine’s Day, Mother’s Day, birthdays, or as stocking stuffers.

CUTE AND QUIRKY: For fans of Am I Overthinking This?, A Sloth’s Guide to Mindfulness, and Affirmations!

DECOR OBJECT: Each striking and colorful page makes a great decoration for your desk and will keep you on track throughout the day. Or share on social media to inspire others!

Perfect for:

• Those looking for an achievable new year/new you goal
• Fans of Ban.do; Refinery29, Brit + Co.
• Bustle readers
• Recent grads
Courageous Discomfort
How to Have Important, Brave, Life-Changing Conversations about Race and Racism
by Shanterra McBride and Rosalind Wiseman

An empowering handbook on how to have candid conversations around race and become a better advocate, written by a Black woman and a white woman who ask and answer 20 common, uncomfortable-but-critical questions about racism.

Many people struggle to have honest conversations about race, even those who consider themselves allies or identify as anti-racist. For anyone who wants to have better, more productive discussions, COURAGEOUS DISCOMFORT is an empowering handbook that teaches you how to do just that.

In these pages, authors (and best friends), Shanterra McBride, who is Black, and Rosalind Wiseman, who is white, discuss their own friendship and tap into their decades of anti-racism work to answer the 20 uncomfortable-but-critical questions about race they get asked most often, including:

- Should I see color?
- I'm a good person—how can I be racist?
- What if I say something wrong?
- What kind of apology makes a difference?

These 20 questions-as-chapters invite you into the conversation without judgment and inspire thoughtful reflection and discussion. There will be moments when you will laugh or cringe at the ridiculous or awkward things you read. But the truth is, there is no perfect solution or script for every maybe-racist, sort-of-racist, or blatantly racist situation. And that's OK: making mistakes is just an opportunity to do better next time. But doing this work will empower us to have the relationships we really want to (...)

Author Bio
Rosalind Wiseman is a Colorado-based speaker and bestselling author, perhaps best known FOR QUEEN BEES AND WANNABES: HELPING YOUR DAUGHTER SURVIVE CLIQUES, GOSSIP, BOYFRIENDS, AND THE NEW REALITIES OF GIRL WORLD, the basis for the hit movie and Broadway musical MEAN GIRLS. She has authored several other parenting books, including MASTERMINDS & WINGMEN: HELPING OUR BOYS COPE WITH SCHOOLS POWER, LOCKER-ROOM TESTS, GIRLFRIENDS, AND THE NEW RULES OF BOY WORLD; DISTANCE LEARNING PLAYBOOK FOR PARENTS: HOW TO SUPPORT YOUR CHILD’S ACADEMIC;
A Better Brain at Any Age
by Sondra Kornblatt

Holistic brain exercises, from body and brain games to life-enhancing brain food. Health and science writer Sondra Kornblatt, along with the numerous experts she's interviewed in A Better Brain at Any Age, can help you put your head on straight through healthy activities for the body and stimulating exercises to boost brain power. Improving your exercise, consuming healthy food, and practicing simple movements can do wonders for your mental and physical health.

Overcome brain fog and enhance memory improvement. In A Better Brain at Any Age, Kornblatt will teach you how to reduce stress and optimize mental agility. Learn how the brain interacts with the body, what habits impact the brain positively and negatively, and how to maximize learning. In this book, Kornblatt provides tips to strengthen memory, cognition, and creativity so you can function better in your active life.

A Better Brain at Any Age offers a complete plan for improving brain health in an engaging and accessible way. In this book, you will find:

- More than 100 extensively researched ideas to improve your memory and mental agility, boost your creativity and overall brain power, and avoid brain overload
- Lively and informative explanations on brain plasticity and how the mind and body work together
- Quick and helpful tips that you can dip into during short breaks or read through cover-to-cover
- If you found brain function and memory books like Change Your Brain, Change Your Life; The Brain Warrior's Way; and You Can Fix Your Brain helpful, then you'll thrive with the brain training tips in A Better Brain at Any Age.

Author Bio

Sondra Kornblatt is a health and science writer, author of A BETTER BRAIN AT ANY AGE, and co-author of 365 ENERGY BOOSTERS. She developed the Restful Insomnia program, which helps you move into deep rest when you can’t sleep, in 2000 and has been teaching it in the Pacific Northwest ever since. Sondra developed tools to rest using her experience in counseling, hypnosis, coaching, yoga, somatic therapy, and more. Currently, she lives in the Seattle area with her two children.

Find out more about insomnia coaching, online training, Renewing in Chaos, and the health books she has authored at www.restfulinsomnia.com.
Courage Doesn't Always Roar
(And Sometimes It Does)
by Mary Anne Radmacher

Courage doesn't always roar. Sometimes courage is the quiet voice at the end of the day saying, I will try again tomorrow.

Written initially as part of a longer poem and featured in a gallery show in 1985, the words soon moved into a shorter piece beginning with the words that are featured in the Oxford Dictionary of American Quotations.

Courage Doesn't Always Roar has traveled the globe for decades, inspiring people toward an enduring perseverance. It's on medical building walls and school room cork boards. It's been featured in ceremonies of all sorts and included in sports and network news broadcasts. Oprah has included it in her magazine and journalists include it in "top ten" lists across many disciplines and categories.

Courage articulates itself in diverse manifestations from authentically speaking up for personal understandings, standing up for boundary and justice, to the capacity to change, learn and begin anew. Again and again.

This book may quickly become a daily companion at the start of any day or letting go at the end of the day, Radmacher explores quotidian aspects of courage often overlooked by those investigating the nature of this essential quality. Featuring an introduction from courage specialist, Candace Doby, the book begins (…)

Author Bio

Mary Anne Radmacher is a writer and an artist. She conducts workshops on living a full, creative, balanced life; teaches Internet writing seminars; and works with individual clients. She has been writing since she was a child, and she uses her writing to explore symbols and find meaning. Among her special honors, she counts the respect of her peers and the friendship of children. She is the author of Lean Forward into Your Life and Live Boldly. She lives in the thriving university town of Gainesville, FL, in close proximity to amazing humans and fine dogs. Visit her online at www.maryanneradmacher.net.
Let Go Now  
by Karen Casey

Daily Meditations to Help You End Codependency

“In 200 short, straightforward daily lessons illustrating the many forms that detachment can take in one’s life. Casey’s latest is an easy reference guide for those seeking recovery or peace.” —Publishers Weekly

End codependency now. Do you ever feel like you might be giving other people too much power over your mood? Do you find yourself feeling immobilized by expectations and demands? The cure for codependency is detachment, says Karen Casey, best-selling author of over forty books that have helped fans around the world.

Letting go. When we remove codependent relationships and codependent behavior from our lives, we discover a life of balance and freedom. Detach from emotions and circumstances that are not in your control. Find your balance point and learn how to reach it, whether you find yourself tempted to become enmeshed in other people’s problems or rushing to their rescue.

Letting life in. Is where we are intentional? Why is every moment an opportunity? Using 200 meditations, Karen reminds us that we cannot control anyone or anything beyond ourselves. Inspiring and easy to read, Let Go Now guides us away from taking care of others, and toward taking care of ourselves.

If you agree that recovery works and enjoyed other codependency books like Codependent No More, Journey to the Heart, or The Language of Letting Go; you’ll love Karen Casey’s Let Go Now.

Author Bio

Location: Minnesota and Florida.

Millions of fans around the world spend moments of quiet contemplation with Karen Casey daily. Karen is a writer and 12-step recovery workshop facilitator with over forty published titles in over ten different languages. She travels throughout the United States and internationally carrying her message of hope for others in recovery. She is the best-selling author of Each Day a New Beginning, the first daily meditation book written for women recovering from addiction. Other titles include Let Go Now, Change Your Mind and Your Life Will Follow, 20 Things I Know For Sure, It’s Up to You, Codependence and the Power of Detachment, and Peace a Day at a Time. Karen lives in Minneapolis, Minnesota, and Naples, Florida.
Simple Pleasures
Soothing Suggestions and Small Comforts for Living Well Year Round
by Susannah Seton

*Simple Pleasures has become my go-to book for remembering to slow down and enjoy the little things in life.* - Becca Anderson, Best-selling author of Badass Affirmations and The Book of Awesome Women

An abundant sourcebook of ideas, encouraging quotes, recipes, and activities, Simple Pleasures shows you how to appreciate the simple things that make up your daily life.

Learn new secrets to happiness. Rediscover the pleasures our grandparents knew when life was quieter and slower. A time when pleasures were made, not bought, and enjoyed all the more because of it. Organized seasonally and full of touching stories, practical tips, and dozens of satisfying crafts, Simple Pleasures is both a guide to and a celebration of the art of living well.

Make your self-care easy. Sometimes positive thinking can be hard, but it doesn't have to be. From the recipe for a homemade herbal bath to quick and easy recommendations for an instant room makeover, the suggestions collected in this book offer a new appreciation for the everyday activities that nurture and comfort you.

Inside Simple Pleasures, find motivational tips and learn how to:

- Make your own perfume and body lotion
- Create old fashioned sachets
- Bake the world's best cookies

If you enjoyed other books in the Simple Pleasures series by Susannah Seton such as Simple Pleasures of the Home or Simple Pleasures for the Holidays - or books like A Year Of Positive Thinking, Declutter Your Mind (…)

**Author Bio**

Susannah Seton is the author of the SIMPLE PLEASURES series, which includes titles such as SIMPLE PLEASURES OF THE HOME, SIMPLE PLEASURES FOR THE HOLIDAYS and 365 SIMPLE PLEASURES. When Seton was young, she would listen to her grandparents tell stories of when they were young, and the fun they would have even though all the stories were based around the simplest actions: new recipes they would make in a new house, road trips, early mornings by the water, and so much more. This made Seton realize that it wasn't what we had, but our mindsets that made life
The Great Book of Journaling
Learn Journal Writing from 50 Top Journaling Experts
edited by Eric Maisel, PhD and Lynda Monk, MSW, RSW, CPCC

The Great Book of Journaling provides calming tools for quelling worry and anxiety, as well as expert writing tips and evidence-based research, to introduce a younger generation to the immense benefits of journaling and provide all journal writers with the tools they need to grow, heal, and deepen their personal writing experience. Psychotherapist Eric Maisel, PhD, and Director of the International Association for Journal Writing Lydia Monk, MSW, RSW, CPCC, have compiled the individual perspectives of 50 of the top journal experts.

Journaling Techniques for Growing, Healing, and Creativity

"When Lynda [Monk] talks about her own journaling practice, a spirit of flexibility infuses her approach." -Rebecca Kochenderfer, Journaling.com

The Great Book of Journaling provides calming tools for quelling worry and anxiety from psychotherapist Eric Maisel. As well as expert writing tips from Lynda Monk, Director of the International Association for Journal Writing.

Journal Writing for High Self-Esteem.
This is the next-generation book on journaling techniques that introduces a younger generation to the immense benefits of journaling and provides all journal writers with the tools they need to grow, heal, and deepen their personal writing experience.

Utilize Therapeutic Writing.
Journal writing can promote individual healing, creativity, and community-building. The Great Book of Journaling offers multiple perspectives on journaling techniques in an easy-to-use, practical format, along with providing a comprehensive introduction to various techniques and methods for deepening your personal writing.

Learn from the Best.
We've rounded up 50 of (...)

Author Bio

Eric Maisel, PhD is widely regarded as America's foremost creativity coach and has written extensively on the challenges of the creative life. His books specifically for writers include DEEP WRITING, WRITE MIND, LIVING THE
The Happiness Makeover
Overcome Stress and Negativity to Become a Hopeful, Happy Person
by M.J. Ryan

Learn How to Change Your Outlook on Life

From one of the Creators of the NEW YORK TIMES bestselling RANDOM ACTS OF KINDNESS series, M.J. Ryan teaches you the power of positive thinking.

Train your brain to be optimistic, even in the darkest situations. From stress management tips to positive and motivational quotes, M.J. Ryan's THE HAPPINESS MAKEOVER shows you how to transform your mindset so that you can face any difficult challenge thrown your way.

We all want the things that we are sure will make us happy—money, success, independence, and love. But when we finally get them, we can find to our surprise that we are the same miserable, moody, or just not really happy person we always were. Do things have to be that way? Absolutely not!

Cultivating the ability to feel contentment is the key. There are people whose lives are full of serious challenges but who nevertheless feel peace and joy—and there are those who have few difficulties in life and yet feel hopeless. We can teach ourselves to be happy and enjoy every day, and M.J. Ryan, the bestselling author of THE POWER OF PATIENCE and ATTITUDES OF GRATITUDE, shows us how. THE HAPPINESS MAKEOVER gives you a plan that can help you:

• Clear away happiness hindrances like (...)

Author Bio

M.J. Ryan is one of the creators of the NEW YORK TIMES bestselling RANDOM ACTS OF KINDNESS series and the author of THE HAPPINESS MAKEOVER (nominated for the 2005 Books for Better Living award in the Motivational category), ATTITUDES OF GRATITUDE, THE POWER OF PATIENCE, TRUSTING YOURSELF, THE GIVING HEART, and 365 HEALTH AND HAPPINESS BOOSTERS, among other titles. Altogether, there are 1.75 million copies of her titles in print.

M.J. also gives speeches and workshops throughout the country, including at the Marble Collegiate Church in New York, Thanksgiving Square in Dallas, the Crossroads Center in Chicago, the Kripalu Center for Yoga and Health in Massachusetts, Esalen Institute at Big Sur, Robert Redford's Sundance resort in Utah, the Alliance for the New Humanity founded by Nobel Peace Prize winner Oscar Arias, and a Woman's Way retreat center in Sedona. She lives
The Woman's Book of Strength
Meditations for Wisdom, Balance, and Power
by Sue Patton Thoele

This book is a powerful guide to fearless living. Sue Patton Thoele teaches women how to honor, embrace, and claim their personal strength and inner wisdom.” - HeatherAshAmara, author of Warrior Goddess Training

Bestselling author with over 1million books sold, Sue Thoele is back with The Woman's Book of Strength!

Discover your power as a strong confident woman. The Woman's Book of Strength clothes you in words of encouragement and strength making you feel empowered and courageous enough to act on your heart's desire. It is the perfect companion to grow you in tenacity and compassion. These daily meditations strengthen you to be whole.

Meditate on words of encouragement and strength. This powerful book full of daily meditations drives you to manifest the power of inner peace. It contains over 125 meditations, stories, and words of encouragement for women on becoming stronger, happier, and empowered.

Take advantage of your personal strength. A strong confident woman knows how to balance strength with caring and understanding. This book prepares you with words of encouragement and strength for the biggest and smallest bumps on this road called life.

The Woman's Book of Strength offers:

- Gentle and encouraging methods to increase self-compassion
- Lessons and tips for owning your strength and inner peace
- Inspiring stories of empowered women creating positive change

Readers of daily meditation books like Practicing Mindfulness, Meditations on Self-Love, Strength for Each Day, or Powerful Thinking will love Strength: Meditations for Wisdom, Balance (…)

Author Bio

Sue Patton Thoele is a psychotherapist, former hospice chaplain and bereavement group leader, and author of ten books. She and her husband, Gene, live in Colorado, close to their adult children and grandchildren. Her passions include friendships, swimming with free dolphins, being a "soccer grammy," arts and crafts, exploring spirituality with her husband, and encouraging herself and others to find balance, peace of mind, and open-mindedness in their lives.
Acting Class
by Nick Drnaso

A brilliant and suspenseful follow-up to the Booker-nominated graphic novel Sabrina.

"Every single person has something unique to them which is impossible to re-create, without exception." —John Smith, acting coach

From the acclaimed author of Sabrina, Nick Drnaso's Acting Class creates a tapestry of disconnect, distrust, and manipulation. Ten strangers are brought together under the tutelage of John Smith, a mysterious and morally questionable leader. The group of social misfits and restless searchers have one thing in common: they are out of step with their surroundings and desperate for change.

A husband and wife, four years into their marriage and simmering in boredom. A single mother, her young son showing disturbing signs of mental instability. A peculiar woman with few if any friends and only her menial job keeping her grounded. A figure model, comfortable in his body and ready for a creative challenge. A worried grandmother and her adult granddaughter; a hulking laborer and gym nut; a physical therapist; an ex-con.

With thrumming unease, the class sinks deeper into their lessons as the process demands increasing devotion. When the line between real life and imagination begins to blur, the group's deepest fears and desires are laid bare. Exploring the tension between who we are and how we present, Drnaso cracks open his characters' masks and takes us through an unsettling American journey.

Author Bio

Nick Drnaso was born in 1989 in Palos Hills, Illinois. His debut, Beverly, received the Los Angeles Times Book Prize for Best Graphic Novel. His followup, the graphic novel Sabrina, was a New York Times Notable Book of 2018 and received nominations for the Booker Prize, the Eisner Award, the LD and LaVerne Harrell Clark Fiction Prize, the Orwell Prize for Political Fiction, and the New York Public Library's Young Lions Award. Sabrina has been published in fifteen countries. Drnaso lives in Chicago with his wife and their two cats.
Birds of Maine
by Michael DeForge

Take flight to this post-apocalyptic utopia filled with birds.

Birds roam freely around the Moon complete with fruitful trees, sophisticated fungal networks, and an enviable socialist order. The universal worm feeds all, there are no weekends, and economics is as fantastical a study as unicorn psychology. No concept of money or wealth plagues the thoughts of these free-minded birds. Instead, there are angsty teens who form bands to show off their best bird song and other youngsters who yearn to become clothing designers even though clothes are only necessary during war. (The truly honourable professions for most birds are historian and/or librarian.) These birds are free to crush on hot pelicans and live their best lives until a crash-landed human from Earth threatens to change everything.

Michael DeForge's post-apocalyptic reality brings together the author's quintessential deadpan humour, surrealist imagination, and undeniable socio-political insight. Appearing originally as a webcomic, Birds of Maine follows DeForge's prolific trajectory of astounding graphic novels that reimagine and question the world as we know it. His latest comic captures the optimistic glow of utopian imagination with a late-capitalism sting of irony.

Author Bio

Michael DeForge is a cartoonist, an illustrator, and a community organizer who lives Toronto, Ontario.
Hummingbird Heart
A Memoir
by Travis Dandro

Travis Dandro uses words, pictures, pattern, and texture to conjure moments from his life that are at once specific and fleeting. In its remembrance of profound loss and deep love for friends and family, *Hummingbird Heart* beats fast but feels timeless.” Jason Lutes, author of *Berlin*

A deeply emotional visual representation of a teenager's confusion.

Still reeling from the death by suicide of his drug-addicted father, Travis moves in with his grandmother to become her caretaker as she battles cancer. Meanwhile, he tries to live a typical teen life of pulling pranks, occasional shoplifting, dating, and endless drives through the twisting backroads of Central Massachusetts with Nirvana's *Nevermind* as the soundtrack. When the police intervene after a prank backfires, the boys realize that their time as children is rapidly disappearing and they may never fully understand each other as they move apart.

After his Lynd Ward Prize—winning graphic novel, *King of King Court*, explored the power that parents hold over their children's emotional lives, Travis Dandro employs his signature dream imagery and crass humor to tell the story of teenage independence and resilience as he prepares to head off to art school.

*Hummingbird Heart* is a detailed and stylish account of a time of great uncertainty. Dandro's densely crafted pages create a deeply emotional experience as his story swings from character confrontation to finely wrought domestic detail - a slapstick cafeteria-destroying brawl gives way to the beautifully rendered (…)

Author Bio

Travis Dandro was born in 1974, in Leicester, Massachusetts. He started publishing his first comic strip, *Twerp*, in the local newspaper when he was thirteen years old, earning $15 a week. After graduating from Montserrat College of Art in 1996, Dandro continued drawing comics, his work appearing in dozens of college newspapers across the United States and Canada. He also self-published *Journal*, which was a notable comic in the 2010 and 2012 editions of *The Best American Comics*. His first book was *King of King Court*. Dandro lives in Maine with his wife and three sons.
My Perfect Life
by Lynda Barry

Maybonne and Marlys Mullen endure the mortifying highs and lows of middle school in this Lynda Barry classic.

Collected from the strip Ernie Pook’s Comeek, which was serialized in alternative weeklies across the continent, My Perfect Life captures the moment when Lynda Barry finds the perfect balance in longer-form storytelling between the bellyaching laughs and the brutal reality checks. Along with the 2022 release Come Over Come Over, this collection continues to spotlight the life of teenager Maybonne Mullen. She suffers through the utterly relatable insults of junior high and the excruciating embarrassment caused by her little sister, Marlys. Hovering in the background, however, is a broken home, parents struggling with addiction, a grandmother who takes her granddaughters from the diverse big city to a bewilderingly bland small town. Yet fitting into the new school and surroundings is, of course, paramount to a young teenager. Maybonne begins September full of life and excitement. As the school year progresses, she experiences bullying, her first boyfriend, family drama, drinking, and more. The book ends with Maybonne withdrawn and jaded as the reality of her world outweighs the magic.

Author Bio

Lynda Barry has worked as a painter, cartoonist, writer, illustrator, playwright, editor, commentator, and teacher and found that they are very much alike. She lives in Wisconsin, where she is a professor of Interdisciplinary Creativity at the University of Wisconsin-Madison.

Barry is the inimitable creator behind the seminal comic strip that was syndicated across North America in alternative weeklies for two decades, Ernie Pook’s Comeek, featuring the incomparable Marlys and Freddy. She is the author of The Freddie Stories, One! Hundred! Demons!, The! Greatest! of! Marlys!, Cruddy: An Illustrated Novel, Naked Ladies! Naked Ladies! Naked Ladies!, and The Good Times are Killing Me, which was adapted as an off-Broadway play and won the Washington State Governor’s Award.

She has written three bestselling and acclaimed creative how-to graphic novels for Drawn & Quarterly; What It Is, which won the Eisner Award for Best Reality Based Graphic Novel and R.R. Donnelly Award for highest literary achievement by a Wisconsin author; Picture This; and Syllabus: Notes From an Accidental Professor, and In 2019 she received a MacArthur Genius Grant. Barry was born in Wisconsin in 1956.
Talk to My Back
by Murasaki Yamada, translated by Ryan Holmberg

A celebrated masterwork shimmering with vulnerability from one of alt-manga's most important female artists.

"Now that we've woken from the dream, what are we going to do?" Chiharu thinks to herself, rubbing her husband's head affectionately.

Set in an apartment complex on the outskirts of Tokyo, Murasaki Yamada's *Talk to My Back* (1981-84) explores the fraying of Japan's suburban middle-class dreams through a woman's relationship with her two daughters as they mature and assert their independence, and with her husband, who works late and sees his wife as little more than a domestic servant.

While engaging frankly with the compromises of marriage and motherhood, Yamada remains generous with the characters who fetter her protagonist. When her husband has an affair, Chiharu feels that she, too, has broken the marital contract by straying from the template of the happy housewife. Yamada saves her harshest criticisms for society at large, particularly its false promises of eternal satisfaction within the nuclear family - as fears of having been "thrown away inside that empty vessel called the household" gnaw at Chiharu's soul.

Yamada was the first cartoonist in Japan to use the expressive freedoms of alt-manga to address domesticity and womanhood in a realistic, critical, and sustained way. A watershed work of literary manga, *Talk to My Back* was serialized in the influential magazine *Garo* in the early 1980s, and is translated by Eisner-nominated Ryan Holmberg.

**Author Bio**

*Murasaki Yamada* (1948-2009) debuted as a cartoonist in 1969. Informed by being raised by a single mother and her grandmother, and by her background in fashion design and poetry, Yamada's early work was unique in form and content, with realistic portraits of young women negotiating their mothers. Later, after having a family of her own, her work shifted to young mothers negotiating children, husbands, and the balance between social responsibilities as a housewife and self-respect as a woman. Considered one of the Three Daughters of *Garo*, Yamada published manga in practically every issue of the magazine from 1978 to 1986, and is considered the first cartoonist to use the modes of alternative manga to explore womanhood and domesticity with an unromantic eye.
The Peanutbutter Sisters and Other American Stories
by Rumi Hara

An immigrant weaves a new, surreal Americana, complete with bubblegum fights and bomb queens.

Rarely does a new talent arrive in the medium as unmistakably distinct as Rumi Hara. With immersive art and a clear-eyed storytelling rhythm, her uncategorizable debut, Nori, put her playful cartooning on display. Her new collection, The Peanutbutter Sisters and Other American Stories, delights with equal mischievousness.

The Peanutbutter Sisters is a glorious balance of contradictions, at once escapism and realism, science fiction and slice of life. Two students explore the urban landscape while following Newton Creek, the polluted Queens-Brooklyn border. As they do, they plan a traditional Japanese play with contemporary pop culture. Another story features an intergalactic race of all living things set in the year 2099 and is a dazzling treatise on the environment and journalism. Yet sometimes the fantastical collides with the quotidian in the same story. A man struggling with vertigo during quarantine encounters a world of sexual revelry whenever he has a dizzy spell. The Peanut Butter sisters ride a hurricane into New York City and yet aren't able to hitch a ride back with a whale due to a heavily polluted ocean.

Hara's magical realist tendencies and diverse cast of characters all contort the tropes of the American comics canon. Yet above all else, her innate control of the comics language - her ability to weave the absurd with the real on such a charming and commanding level (…)

Author Bio

Rumi Hara was born in Kyoto, Japan, and started printing her comics on a tiny home printer while working as a translator in Tokyo in 2010. After receiving an MFA in illustration from Savannah College of Art and Design, Rumi moved to New York in 2014, where she now lives and works as an illustrator and comics artist. Her comics series Nori was first self-published as minicomics and was nominated for an Ignatz Award in 2018.
The Third Person
by Emma Grove

A boldly drawn, unforgettable memoir about trauma and the barriers to gender affirming health care

In the winter of 2004, a shy woman named Emma sits in Toby's office. She wants to share this wonderful new book she's reading, but Toby, her therapist, is concerned with other things. Emma is transgender, and has sought out Toby for approval for hormone replacement therapy. Emma has shown up at the therapy sessions as an outgoing, confident young woman named Katina, and a depressed, submissive workaholic named Ed. She has little or no memory of her actions when presenting as these other two people. And then Toby asks about her childhood . . .

As the story unfolds, we discover clues to Emma's troubled past and how and why these other two people may have come into existence. As Toby juggles treating three separate people, each with their own unique personalities and memories, he begins to wonder if Emma is merely acting out to get attention, or if she actually has Dissociative Identity Disorder. Is she just a troubled woman in need of help? And is the "third person" in her brain protecting her, or derailing her chances of ever finding peace?

The Third Person is a riveting memoir from newcomer Emma Grove. Drawn in thick, emotive lines, with the refined style of a comics vet, Grove has created a singular, gripping depiction of the intersection of identities and trauma. The Third Person is a testament to the importance of having the space to heal and live authentically.

Emma Grove has written a beautiful, vulnerable, exquisite book that offers an (...)

Author Bio

Emma Grove could draw before she could write, but first and foremost, she has always been a storyteller. Finding safety and solace in the magic of Disney as a kid, Emma studied storytelling and animation from a young age, which quickly bloomed into a life-long ambition. A classically trained animator, she is a staunch traditionalist who favours pencils, pens, brushes, and bristol board to anything else. When the animation industry shifted from analog to digital, Emma shifted toward writing and making comics. She currently lives in New England with her cat, Little Mischief.
World Record Holders
by Guy Delisle, translated by Helge Dascher and Rob Aspinall

A funny and insightful retrospective collection from a celebrated cartoonist

Universally beloved cartoonist Guy Delisle showcases a career-spanning collection of his work with a sly sense of humor and warm characterization. Before Delisle became an international superstar with his globe-hopping travelogues, he was an animator experimenting with the comics form. Always aware of the elasticity of the human form and honing his keen observer's eye, young Delisle created hilarious set pieces.

World Record Holders ranges from wistful childhood nostalgia to chagrined post-fame encounters, touching on formally ambitious visual puns and gut-busting what-ifs. Delisle again and again shows how life is both exhilarating and embarrassing. Delisle visits an exhibition of his work in another country and is confronted by an angry spouse who blames him for destroying her marriage. A juvenile game of Bows and Arrows turns menacing as arrows shot straight up in the air turn into barely visible missiles of death. A coded message from space creates different reactions from different people - debates, dance festivals, gallery shows.

Translated by Helge Dascher.

Author Bio

Born in Quebec City, Canada, in 1966, Guy Delisle now lives in the south of France with his wife and two children. Delisle spent ten years working in animation, which allowed him to learn about movement and drawing. He is best known for his travelogues about life in faraway countries: Burma Chronicles, Jerusalem: Chronicles from the Holy City, Pyongyang, and Shenzhen. He has since expanded his oeuvre by telling a Doctors Without Borders acquaintance’s story as a nail-biting thriller (Hostage) and revisiting his teen years and first summer job (Factory Summers).
Breaking the Grid
How to Buy Nothing, Make Everything, and Live Sustainably
by Dan Martin

When a crisis hits, we all wish we could be a little more self-sufficient. With Breaking the Grid, you can learn to live completely off the grid or just be a little more environmentally conscious. In this comprehensive guide, you can find step-by-step photographed instructions for everything from making your own paper products to microgardening, from building furniture to harnessing solar power, and from making your own brown sugar to sewing sutures in an emergency situation. With projects for first-time gardeners and hardcore homesteaders alike, there’s something for everyone!

Author Bio

Dan Martin is widely considered an expert in the field of self-sufficiency, drawing the attention of and appearing on/in mainstream media such as CNN, Yahoo News, MSNBC, Esquire men’s magazine, and the Travel Channel. Dan has consulted on shows like AMC’s The Walking Dead, National Geographic’s Doomsday Preppers, The Travel Channel’s Paranormal Paparazzi, and TNT’s hit show Falling Skies, as well as for various governments and sustainable-living communities, including an ongoing Sustainable Community in Monkey River, Belize, and the Nete Ibo Eco Village in Tabatinga, Peru

Notes

Promotion
Changing Gears
A Distant Teen, a Desperate Mother, and 4,228 Miles Across the Transamerica Bicycle Trail
by Leah Day

What happens when a mother and her 16-year-old son drop everything to bike across the country? On the TransAmerica Bicycle Trail, they struggle up hills in the pouring rain, they feel soreness in muscles they didn’t know they had, and they learn more about each other than they ever knew before. When licensed clinical therapist and self-proclaimed reluctant adventurer* Leah Day felt herself drifting from her son, Jack, she decided to make a drastic play to reconnect. In this memoir chronicling the journey of a lifetime, Leah and Jack find that if they can push themselves to accomplish physically exhausting and emotionally taxing milestones on a bike, they are capable of anything!

"Riding across America is about so much more than covering a few thousand miles by bike. Leah Day writes about her adventures, both internal and on the road, with insight and empathy, bringing readers along for a view of magic moments, big and small."
-Alex Strickland, editor of Adventure Cycling Magazine

"As an educator and bike tour guide, I’ve found the bicycle to be an ideal way for young people to learn to interact with the world around them. The bike facilitates adventure, encourages exploration, and provides limitless opportunities for the curious mind. Experiencing the open road and the people, places, and communities along the way empowers young people to make connections and opens worlds of possibilities. More than a form of exercise or mode of transportation, a bike is the perfect tool for discovery for young and old alike!"
-Jesse McDonough, director of the Breakwater Bike Program

Author Bio

Leah Day lives on Peaks Island in Maine with her husband, four children, and dog, Cricket. A licensed clinical therapist and former Outward Bound instructor, she now owns and operates Lighthouse Bikes in South Portland, Maine, and documents her outdoor adventures on her blog bikemum.com
For You
100 Positive Reminders for When You Need Them Most
by (artist) Jess Sharp

When you need a pick-me-up, Jess Sharp, creator of @jessrachelsharp on Instagram, shares 100 illustrated messages of encouragement for your most difficult days. This chunky mini book is the perfect gift to say "You've got this!"

Author Bio

Jess Rachel Sharp is a designer, illustrator, writer, and mental health advocate based in Yorkshire, UK. Find more of Jess's work on her Instagram @jessrachelsharp or on her website www.jessrachelsharp.com
The CASTLE Method
by Donna Tetreault

Kids—just like adults—are a work in progress. Sometimes we place unfair expectations on our kids and their behavior, forgetting that they are still under construction. They are still piecing together the building blocks of emotional intelligence and responsibility, to name just a few of the skills they’ll need to lead happy lives. We hope our children will grow to be kind, well-adjusted, happy adults, but they need a strong foundation from a young age. In The CASTLE Method, Dr. Phil’s resident parenting expert Donna Tetreault outlines the CASTLE method, the tools you’ll need to build a strong foundation for your family: compassion, acceptance, security, trust, love, expectations plus education. With these essential components in your tool belt, you’ll be equipped to build a strong foundation for your children to thrive, and a home that will make them feel safe and loved.

“If you want to create the best version of your unique family, The C.A.S.T.L.E. Method is your go-to source.”
-Michele Borba, EdD, bestselling author of Thrivers: The Surprising Reasons Why Some Kids Struggle and Others Shine

Author Bio

Donna Tetreault is a renowned parenting journalist and the go-to parenting expert on Dr. Phil. She is also the founder of the nonprofit organization Caring Counts, which teaches kindness, compassion, and inclusion, and an award-winning children's book author.
The Surfer and the Sage
A Guide to Survive and Ride Life's Waves
by Noah benShea and Shaun Tomson

Sometimes life's waves knock you down; other times, life might seem to sweep you along powerless. But the choice is always yours to swim back up to the light. Legendary world champion surfer Shaun Tomson and international bestselling poet-philosopher Noah benShea join forces to offer you insight on a path of purpose, hope, and faith. This timely guidebook alternates between Tomson's inspiring experiential essays and benShea's spiritual commentary that lift the soul, all accented with stunning full-color surfing photographs.

After losing his son, Tomson walked the bitter road of loss and crossed from darkness into the light. The Surfer and the Sage addresses the ten relentless, breaking waves of life, from loss and aging to relationships and depression, and guides you to transformation. It is not a list of rules to follow that guarantee success, health, or wealth, but rather a collection of advice from two guides who have traveled far and wide and suffered deeply, but still look forward to tomorrow with faith and hope.

"Some great insights into riding the waves of life. If you surf, read this book. If you don't surf, read this book."
-Carissa Moore, surfing Olympic gold medallist and five-time world champion

Praise for Noah benShea:

"The insights in Noah benShea's work will benefit and transform all who read it."
-Deepak Chopra, international best-selling author and physician

"Noah benShea is a wise and compassionate man. His writings have touched me deeply. I highly recommend his work!"
-Jack Canfield, best-selling author of the Chicken Soup for the Soul series

"Noah benShea is a national (...)"

Author Bio

Noah benShea is one of North America's most respected and beloved poet-philosophers. He is the Pulitzer Prize-nominated author of 29 books, translated into 18 languages and embraced around the world.
Utah: The Beehive State
by Mark Lisk

With stunning photography on every page by professional photographer Mark Lisk, this coffee-table treasure will transport you on a visual journey through the wonders of Utah. Highlighting the state’s most beautiful spots and famous landmarks, Utah: The Beehive State is a must-own for everyone in love with Utah.

Author Bio

A graduate of Brooks Institute of Photographic Arts, Mark climbs from the sea to high ridges and plains, gathering within his camera worlds of color and expanse that few ever see or capture in any form. Mark’s photographs stand alone within seven books, Idaho Impressions (1997); Salmon River Country (2005); Desert Water (2005); Idaho: Portrait of a State (2007); Owyhee Canyon Lands (2008); Owyhee Canyonlands: An Outdoor Adventure Guide (2013); and his newest book, Sawtooth/Whiteclouds (2016).
Dare to Un-Lead
The Art of Relational Leadership in a Fragmented World
by Celine Schillinger

What got us here will not get us there. The context in which we now live, trade, and work in the 21st century has little in common with that of Frederick Taylor or Henry Ford. What is revered as leadership today is often nothing more than a destructive set of obsolete behaviors that harm individuals and societies, and that must be reinvented.

Dare to un-Lead explores the opportunities we have to collectively transform leadership from a top-down hierarchical hegemony to one that is based on empowering people to lead together through the concepts of liberty, equality and community.

Change agent Celine Schillinger combines her personal experience in working with others to enact digital-enabled, people-focused collective work practices with a deep analysis of leadership - studied through multiple lenses and timely sources of knowledge - to provide readers with original insights into why these practices work.

The result is a series of evidence-based pathways for reinventing collective performance across organizations in a post-pandemic world.

From large corporations to small businesses, the lessons learned in this landmark book, implemented individually and collectively over time, will make our workplaces more equal, our jobs more gratifying, and our economies more profitable. And that will make the world a better place.

Author Bio

Celine Schillinger is an award-winning entrepreneur, change agent, and consultant. She has over 30 years of field experience, working with both small and global organizations across several continents. A solid track record on transformation informs Celine’s vision of change, engagement, and leadership. A blogger since 2013 and an acclaimed public speaker, she was knighted in 2017 in her native France for her workplace change efforts.
Gathie Falk: Offerings
by Jocelyn Anderson, Daina Augaitis and John Geoghegan

Gathie Falk: Offerings, published on the occasion of the retrospective exhibition curated by Sarah Milroy, will investigate the career of a legendary Canadian artist. Now in her nineties, Gathie Falk was born in 1928 in Brandon, Manitoba, settling finally in Vancouver, where she established herself as one of Canada's most visionary and experimental artists. Flying horses, rows of potted conifers festooned with blossoms and ribbons, floating cabbages, piles of glossy apples, gentlemen's brogues presented in reliquary style, expanses of water, or burgeoning flower beds exploding with colour - these have been the manifestations of Falk's rampant imagination as she has explored the disciplines of painting, ceramic, performance art and installation over the span of a half century. In all her works, effulgence and order are held in a dynamic tension as she works through her generative themes and variations.

A trailblazer on all fronts, she has brought a rich sensibility to bear on her observations of the everyday, perceptions often tinged with the surreal and the uncanny. From her fruit piles to the landmark performances of her early career, to her extended pursuit of themes with variations in her painting practice - expanses of water dazzling with light, riotous flower borders set against cement sidewalks, night skies pierced by starlight or obscured by clouds - she finds the wondrous in the routine world around her, pursuing her work with a modesty and diligence that reflects her Russian Mennonite heritage.

The publication will include an introduction by McMichael Chief Curator Sarah Milroy, lead essay by Vancouver curator and writer Daina Augaitis (who will examine her performance and installation works in a national and international context), and a host of other artists and writers, rising to the occasion of this career-spanning survey.

Author Bio

Jocelyn Anderson, Deputy Director, Art Canada Institute, Toronto, is an art historian whose recent research focuses on art and the British Empire, particularly art in Canada in the late nineteenth and early twentieth centuries. Her work on images of the British Empire has been published in British Art Studies and the Oxford Art Journal, and she is the author of William Brymner: Life and Work (Art Canada Institute, 2020). Anderson has a PhD from the University of London (Courtauld Institute of Art).

Daina Augaitis, was Chief Curator/Associate Director from 1996 to 2017 at the
Great Scoops
Recipes from a Neighborhood Ice Cream Shop
by Marlene Haley and Amelia Ryan, with Anne DesBrisay

Nut-free * Sesame-free * Soy lecithin-free * Guilt-free * Ice cream for all

Ice cream really does make everything better. Compiled with love by the team at The Merry Dairy, Great Scoops features a cheerful collection of 80 easy, custard-style and vegan ice creams and delectable desserts. From hibiscus & passion fruit and bourbon black cherry to triple chocolate and caramel popcorn, this exciting new cookbook also includes recipes for signature sauces, toppings, and baked goods (say hello to chocolate chip cookies and meringue kisses). Best of all, the ice creams are nut-free, sesame-free, (and some even gluten-free). What can we say? This is good mood food at its best.

And for those who are new to ice cream making, have no fear: the book includes a chapter covering everything there is to know about making both dairy and vegan ice creams and frozen desserts at home.

Great Scoops is a captivating cookbook about artisanal ice cream, the people who craft it and the community that loves them for it. The delightful selection of classic and whimsical flavors reminds us that delicious homemade ice creams can be made year-round and, more importantly, that you’re never too old (and it’s never too cold) to enjoy a heartfelt scoop.

Author Bio
Teacher-turned-businessperson Marlene Haley is the owner of The Merry Dairy, Ottawa’s first ice-cream truck business dedicated to nut-free original-recipe frozen custard and premium ice cream. Since 2012, The Merry Dairy has become a favourite among locals, serving more than 100,000 signature frozen-custard cones from their shop on Fairmont Avenue and their fleet of Grumman trucks. Numerous publications and media outlets, including Ottawa Magazine, CBC Radio, and CTV News have chronicled the evolution of the business from a single ice cream truck to its increasing involvement in Ottawa’s amazing community scene. Marlene lives in Hintonburg, Ottawa, with her husband and two children and can often be found at the shop greeting first-time customers and loyal fans.
Knowledge Within
Treasures of the Northwest Coast
by Pam Brown, Jisgang Nika Collison and Anthony Alan Shelton

Knowledge Within: Treasures of the Northwest Coast looks into seventeen of the numerous sites in the Pacific Northwest region with major collections of Northwest Coast material culture, bringing attention to a wide range of approaches to caring for and exhibiting such treasures. Each chapter is written by one or more people who work or worked in the organization they write about. Each chapter takes a different approach to the invitation to reflect upon their institution: some narrate a history of the institution, some focus on particular pieces in the collection, and some consider the significance of the work currently being done for the present and future. They do more than fill in the gaps and background of an already existing discussion. They show that these are places and moments in a much longer story, still ongoing, with many characters - individuals, institutions, communities, artworks, treasures - on different, although often parallel or intersecting, journeys.

Author Bio

Pam Brown is of Heiltsuk and Kitasoo ancestry. She is an anthropologist and worked as Urban Indigenous Liaison and Curator, Pacific Northwest at the UBC Museum of Anthropology for twenty-six years. With Jill Baird she co-curated the exhibition Culture at the Centre (2018), the first of its kind, where five First Nations cultural centres came together to share their knowledge in a mainstream museum.

Jisgang Nika Collison belongs to the Kaay’ahl Laanas of the Haida Nation. She is Executive Director and Curator of the Haida Gwaii Museum at Kay Linagaay and has worked in the field of Haida language arts and culture for over two decades. Deeply committed to reconciliation, she is a senior repatriation negotiator for her Nation, pursuing reparation and relationships with mainstream museums on a global scale.

Anthony Alan Shelton is Professor of Art History, Visual Arts and Theory at UBC, and from 2004 to 2021 was Director of the Museum of Anthropology. He is the author of many publications, including the three-volume work Writing from Images (2015–2021).

Jodi Simkin began her work in the culture and heritage sector more than thirty years ago through an undergraduate co-op placement at the Secwepemc Museum and Heritage Park located on the Kamloops Indian Reserve in central BC. Since then, she has devoted her professional life to issues of social justice as both an archeologist and museum professional.
Rise Up
The 6 Habits of Resilient Leaders
by Ali Grovue and Mike Watson

"Rise Up" is a call to action for business leaders across the globe to look within, accept that they are not great, understand their motivation to be great, and to put a plan in place to become great.

Through decades of firsthand experience and a deep knowledge of the best science on the subject, leadership experts Ali Grovue and Mike Watson have identified six habits that all resilient leaders have developed. These habits foster trust, drive engagement, and create ownership and accountability. It is only in the act of enabling individuals and teams to be the best versions of themselves in pursuit of noble goals that a leader will truly be great.

Through a mix of introspective personal stories and accounts of real resilient leadership in action, readers will navigate each of the six habits and come away with an understanding of how to enact them in their own unique experiences. The six habits of resilient leaders are:

• Inquisitiveness: Be present, ask questions, and listen deliberately.
• Optimism: Optimism allows good things to happen.
• Trust: Mutual trust is essential. If your team does not trust you, you cannot succeed.
• Discipline: Establish direction, outline consequences, then act in a disciplined manner.
• Courage: Follow your convictions. Defining moments will arise when your values conflict with others.
• Humility: One person cannot do the job alone. Only together, as collaborators, can you achieve great results.

Resilient leadership starts with you. Your behaviour is the most important factor in determining your organization’s ability to be resilient. Choose to rise up!

Author Bio

Ali Grovue and Mike Watson are the principals at Ignite Management, a leading leadership and strategy consultancy firm based out of Vancouver.

Ali Grovue is an expert in organizational strategy and leadership development with experience as a small business COO, non-profit executive director, officer in the military, and business consultant and advisor. Her love of process and innate discipline drives her passion for personal and organizational growth through purpose-driven motivation.
Art of the Board
Charcuterie, Cheese, Crudite, and Cocktails for Every Soiree
by Olivia Carney

Looking to elevate your next gathering? This book provides a step-by-step guide to sourcing, prepping, and plating your next piece of food-inspired art. Organized by season, this approachable book offers creative inspiration for all occasions and highlights the beautiful flavors unique to each time of the year. Finding fresh, seasonal ingredients that fill your heart and stomach with happiness is the first step to the perfect board. With spreads, snacks, treats, and cocktails bringing each arrangement to life, you'll learn a systematic approach to plating that will take your styling technique to the next level. This book is perfect for every host, making seasonal treats an easy, accessible delight and providing inspiration for stunning food-inspired art.

Author Bio

Olivia Carney, a.k.a. That Charcuterie Chick, is a New Jersey-based food influencer, content creator, photographer, and marketing professional. She is a senior brand marketing manager for a Fortune 500 company and is currently pursuing a Master's in Business Administration from Pennsylvania State University. Olivia began to share her passion for making charcuterie and cheese boards on social media in December 2019 and grew to 50K Instagram followers in under a year. Making charcuterie boards and other elevated food spreads brings her joy and provides a creative outlet and an escape from her demanding career. She lives in Hopatcong, NJ.
Blooms & Dreams
Cultivating Wellness, Generosity, and a Connection to the Land on Our Hobby Farm
by Misha Gillingham

Misha Gillingham is a travel writer-turned-farm-girl whose story has won over the hearts of fans worldwide. In Blooms & Dreams, Misha shares the wisdom she has gleaned over the years as she and her family put down roots on Evergreen Acres in the Pacific Northwest. The book shares the story of why she and her family chose the hobby-farm lifestyle; how they got started; the lay of the land (stroll the garden, the pastures, the bocce ball court); the flowers they grow in abundance; the animals and their barns (goats, sheep, alpacas, dogs, and chickens!); the joy of contributing their bounty to the local community; and, lastly, what this transformative lifestyle has meant to Misha as she reflects on one of the most rewarding experiences of her life. Blooms & Dreams will inspire readers from all walks of life to consider building a life centered around wellness, giving, and a connection with the land, be it a small patio garden or an entire farm.

Author Bio

Misha Gillingham used to live a fast-paced lifestyle, traveling the world reviewing and writing about luxury hotels. After a battle with cancer and a daughter diagnosed with a life-threatening illness, Misha and her family realized some major life changes were in order. She now finds happiness in creating a home base with a purpose. Health, wellness, and community service are the goal. She lives in Bainbridge Island, WA.
Celebrating Home
A Time for Every Season
by James T Farmer, photographs by Emily Followill

A rich tapestry of lush tabletops, glorious garden bouquets, sweet family heritage, and refreshed Southern decor are the essence of James Farmer’s enduring appeal! This book fuses all his creative passions in a celebration of the seasons. In stories and pictures, James takes the reader on a tour of his two homes and gardens, with tablesettings for celebratory occasions throughout the year. Decor for his Winter Dinner, Camellia Celebration, Feast Among the Foxgloves, Birthday Dinner, Al Fresco Fall Dinner, Dahlia Dinner, Thanksgiving, and Christmas Gatherings will inspire readers to mark each passing season with their loved ones in observance of the small joys that truly make our lives big.

Author Bio

James T. Farmer is the best-selling author of Arriving Home, A Place to Call Home, A Time to Plant, A Time to Cook, A Time to Celebrate, Porch Living, and Dinner on the Grounds. His company, James Farmer Inc, is a full-service design company, including interiors and landscape. He lives in Perry, GA.
Design Within
A Professional Guide to a Well-Styled Home
by John McClain

The Designer Within pulls back the curtain to reveal the process of interior design from interior designer John McClain. McClain's candid and humorous look into the entire design process, from conception to completion, will allow anyone to find the designer within themselves, and ultimately create the home of their dreams. This isn't a book about how to create a look for less, but rather a book with a step-by-step breakdown of professionally designed rooms. From kitchens to powder rooms, McClain dissects each space with actionable items for the reader to apply in their own home. The reader can apply one or all of his tips to start their own design process. The Designer Within is chock-full of gorgeous images from McClain's beautiful design projects and is the perfect coffee table book; but it's also a practical roadmap embarking on interior design.

Author Bio

Interior designer John McClain is a sought-after speaker, writer, and on-air contributor with a life-long passion for interior design. John grew up in a lower-middle class family but always sought to make his daily life more beautiful through design and decorating. Moreover, he understands the desire to live in a beautiful home no matter one's personal situation, and he seeks to bring interior design concepts to those who feel it is unobtainable. Through The Designer Within, John is on a personal mission to share his expertise with the world and show how and why creating a beautiful home is most definitely within everyone's reach. John has interior design offices in Los Angeles, CA and Orlando, FL. He resides in Orlando.
Essential Guide to Stylish Entertaining
by Ted Kennedy Watson, foreword by Lisa Birnbach

Whether a small cocktail party, an intimate supper, or a large soiree, the tips gathered in this eclectic collection will inspire even reluctant hosts to break the mold and entertain without worry. Ted Kennedy Watson uses examples from his own busy life to illustrate how to set an inviting table with ease. Packed with beautiful photographs and easygoing advice, this book explores a variety of entertaining options throughout the year, for dining indoors and out, for big groups or cozy couples. Ted’s insight on everything from mixing and matching tableware to choosing unique party favors offer stylish inspiration for every type of host.

Author Bio

Ted Kennedy Watson owns two retail shops in Seattle and a retail website, Watson Kennedy. He is known for his sense of humor and his daily blogs on life, love, kindness, and design. If you aren’t following Ted, you should. Ted loves design, making guests feel comfortable, cooking a lovely meal, giving a great gift. Ted splits his time between homes in Seattle and Vashon Island, WA, and Hudson Valley, NY.
In Anne Hepfer's world, a home is a complex reflection of who you are, and the people, places and ideas that matter most. For this, her first, book, the acclaimed designer explores the power of a stylish and soul-nourishing refuge of one's own. Drawing inspiration from influences as wide-ranging as travel, music, food and drink, fashion, and nature, Hepfer shares her process and opens the doors to the masterful spaces she has crafted for both international clients and her own family. Filled with exuberant color and meditative reflections, MOOD is an ever-evolving journey through the seven key emotions a brilliantly designed home should evoke: happy, relaxed, energized, cozy, sexy, tranquil, and nostalgic.

Author Bio

Known for her keen artistry and impeccable eye, the New York native draws inspiration from her repertoire of cosmopolitan experiences and her passion for the natural environment, fusing elements from a range of periods and cultures while maintaining a style that is both distinctive and timeless. What sets Anne apart is her rare ability to see project potential from conception down to the last brass tack. Her knowledge of furniture design, fabrication and finishing is an exceptional benefit to her clients as it offers exceptional customization and creativity. A passionate traveler who embraces global craftsmanship, Anne sources from around the globe and incorporates unique finds into every interior space.

Anne holds a Bachelor of Science degree from Vanderbilt University. Following the completion of a graduate degree in Interior Architecture and Design from Parsons School of Design, she joined top Manhattan firm Daniel Romualdez Architects, managing projects for celebrities and high profile individuals in New York City and The Hamptons.

In 2003, she launched her own design firm in Manhattan prior to moving to Toronto, where she now oversees a design team that manages residential projects for clients throughout North America including Toronto, the Muskoka Lakes, New York City, Atlanta, Vail, Greenwich, Palm Beach, Miami, Vero Beach, and San Francisco. Named as one of the Top 25 Designers by Canadian House & Home Magazine, Anne's work has been featured in numerous publications. The Chanel dressing room she created for the 2009 Junior League Toronto Showhouse was viewed by thousands, helping to raise funds for a number of community causes. In 2014 and 2015, Anne was honored by the prestigious International Property Awards for "Best Interior Design Private Residence" and in 2021, Anne was chosen as "House & Home
Spooky Snacks and Treats
Frightfully Fun Halloween Recipes for Kids
by Zach Williams

Make your Halloween party a scream with these frightfully fun snacks, munchies, sweets, and drinks. Zac Williams serves up the best treats in the neighborhood, sure to elicit squeals of delight from your young guests and goblins. With 40 recipes to choose from, you and your child can stir up a cauldron of Wolfsbane Elixir, scare up a platter of Vampire Bites, Coffin Crunchers, and Dusty Old Bones, or wrap up some Mummy Pups and Spare-Parts Salad that will keep trick-or-treaters of all ages feeling ghoulish and full. Boo!

Author Bio

Zac Williams is a partner at Williams Visual, a creative communications company. He has been the principal photographer of more than 200 books, and explores food and culture through writing and photography. He is the author of five cookbooks, including Hungry Campers, French Fries, and Little Cowpokes Cookbook. Zac and his family live in Pleasant View, Utah.

Notes

Promotion
Tales from the Witch's Cottage
Coloring Book
illustrated by Hanna Karlzon

In Hanna Karlzon's newest coloring book, you have been invited to a witch's cottage where all kinds of magic awaits. Calm your mind and your soul as you color witch's hats, cats, and potions, as well as full moons, spells, and mysterious plants and animals. Drawn in her highly regarded detailed style, coloring book enthusiasts will love getting lost in Hanna's magical illustrations.

Author Bio

Hanna Karlzon has an art teaching degree from Umea University and has run her own business as a freelance designer since 2013. Witch's Cottage is her ninth coloring book. She lives in Umea, Sweden.
The Bunk Bed Book
115 Bunks, Lofts, and Cozy Nooks
by Laura Fenton

A comprehensive guide to whimsical sleeping spaces for every type of home.

Everyone loves a bunk bed. Whether you are five or fifty-five, there is something about a cozy sleeping nook that excites the imagination. They also have to be an infinitely practical safe-saving solution. The Bunk Bed Book offers useful tips and advice for readers seeking bunks or nooks for their own. Chapters include The Basic Bunk (covering all varieties of two-bunk beds, both store bought and custom build), The Loft (covering single beds lofted above space or storage), The Nook (devoted to beds built into nooks in a bunk-like fashion), The Triple Bunk (stacked three high and traditional bunks with a trundle), and Bunk Rooms (the ultimate in bunk-bed room, featuring spaces with more than three beds)

Author Bio

Laura Fenton is the lifestyle director at Parents magazine. With more than fifteen years of experience, her work has appeared in major publications including Better Homes & Gardens, Country Living, Good Housekeeping, and on leading home websites including Remodelista.com, HGTVC.com, ElleDecor.com, HouseBeautiful.com, Refinery29, and elsewhere. Through her writing she has explored the topic of living small for more than a decade. She lives small with her husband, a photographer, and their son in Jackson Heights, Queens, in New York
Style: The Art of Creating a Beautiful Home
by Natalie Walton

Style: The Art of Creating a Beautiful Home is a timeless interiors book that shows you how to transform your living spaces using what you own and love. While designing can be a big investment, styling allows you to elevate your spaces with what you've already got. This book is at once beautiful and practical, demystifying the creative process of styling so that you can create a beautiful home with confidence. Based on more than a decade of industry experience and teaching, this book will show you how to connect with your own personal style and enjoy inspiring, welcoming and authentic interiors. Styling is both an art and a science - and you can learn both. The inviting chapters explore identifying your style; design principles; transforming spaces; visual storytelling; and nurturing your craft. As well, author and renowned interior stylist Natalie Walton steps through significant rooms in the house to provide expert insider insights on how you can create magical styling moments in your home. The book is beautifully shot by photographer Chris Warnes, who has collaborated with Natalie on her previous books, This is Home: The Art of Simple Living and Still: The Slow Home.

Author Bio

Natalie Walton is a writer, interior stylist and designer, as well as owner of Imprint House, a concept store and design studio that elevates beauty in the everyday. Her work has appeared on the pages of international titles Elle Decoration, Livingetc and Harper's Bazaar, she has been a regular contributor to Australian House & Garden, Country Style, Home Beautiful and Inside Out, and was deputy editor of Real Living for five years. She is the author of the best-selling books This is Home: The Art of Simple Living and Still: The Slow Home, as well as Style: The Art of Creating a Beautiful Home, which draws upon her design and styling masterclasses, teaching the lessons she's learnt over a prolific and dynamic career. She is dedicated to helping students around the world create with confidence a home and life they love.
Green Kitchen: Quick & Slow

80 Joyful Vegetarian Recipes to Make Busy Weekdays Easy and Long Weekends Fantastic
by David Frenkiel

In *Green Kitchen: Quick & Slow* David Frenkiel and Luise Vindahl showcase over 100 modern vegetarian recipes that capture the quick and slow moments of life and in the kitchen.

From the QUICK low-effort weekday dinner when you don’t want to spend the whole day in the kitchen but still want to eat something delicious, to the SLOW moments when cooking becomes the best part of the day, these recipes will teach you how to cook great tasting, modern vegetarian food and show you how to find joy in the process.

Featuring stunning photography, and packed cooking tips and fun flavor-twists throughout, *Green Kitchen: Quick & Slow* will not only inspire you with what to cook on any night of the week, but it will show you how cooking can be your best therapy, friend and ultimate joy.

**Author Bio**

David Frenkiel and Luise Vindahl are the globally influential faces behind the hugely successful blog, Green Kitchen Stories, winner of the *Saveur* Best Special Diets Blog in 2013. Luise is the nutritional therapist with a degree from the School of Nutritional Medicine in Stockholm and David is the photographer and design-eye behind their work. In this book, David and Luise have expanded their team with Sophie Mackinnon who has been part of developing the recipes.
The Amalfi Coast (compact edition)
A collection of Italian recipes
by Katie Caldesi and Giancarlo Caldesi

Illustrated with stunning photographs, The Amalfi Coast is a glorious and decadent celebration that captures the elegance and glamour of this favorite destination.

Join Katie Caldesi and her husband Giancarlo in The Amalfi Coast as they tackle the daring driving, precariously perched restaurants and hidden back alleys in search of the food that defines the area. The Amalfi coast is one of Italy’s magical spots: a sun-drenched land that looks like a glamorous film-set, bursting with lemon trees, breath-taking scenery and food fit for a king.

From Positano to Ravello, be inspired by Katie’s recipes, as well as the quirky locals she meets along the way. Feast on crispy pizza garnished with clouds of creamy mozzarella and fresh basil, delicious pastas drenched with tomato sauce and fresh seafood, and homemade tarts that taste like they’re straight out of nonna’s kitchen.

Author Bio

Owners of London’s Caldesi in Marylebone, Caldesi in Campagna in Bray, and the Marylebone La Cucina Caldesi cooking school, Katie and Giancarlo Caldesi have a passion for Italian food. They have taught alongside some of the biggest names in Italian cuisine, including Gennaro Contaldo, Ursula Ferrigno and Valentina Harris.
The Spanish Home Kitchen
Simple, Seasonal Recipes from My Home
by Jose Pizarro

A collection of over 80 best-loved recipes from the heart of chef Jose Pizzaro’s Spanish family home.

In The Spanish Home Kitchen, Jose Pizarro travels back to his mother’s house to draw inspiration from the flavors he grew up with, and shares over 80 of his favorite recipes, gathered from all over Spain.

Jose Pizarro grew up in central-western Spain, in the tiny village of Talav&aelig;n. His family had been farmers for generations, and he spent his childhood on his parent’s farm, helping his father produce vegetables, dairy products and different meats. Life in this small village centered on dinner, with great recipes pass from generation to generation through his grandmother, to his mother, and now him.

Recipes include: Shoulder of Iberico Pork in Rich Tomato Sauce with Zesty Couscous; Migas with Fried Egg, Chorizo and Bacon; Seared Squid with Caramelized Fennel and Onions and Lemon and Parsley Dressing; Cherries in Aguardiente Syrup with Pistachio Ice Cream.

From nostalgic childhood favorites that his mother fed the family, to more modern recipes with his Spanish twist, there’s a recipe here for everyone.

Author Bio

Jose Pizarro is an award-winning chef and bestselling author. He worked at Meson de Dona Filo in Madrid before coming to London. He runs the successful tapas and sherry bar Jose” and restaurant “Pizarro” as well as restaurant “Jose Pizarro”, in London, and The Swan in Surrey. He regularly appears on BBC’s Saturday Kitchen and Channel 4’s Sunday Brunch. This is his fifth cookbook.
Kin Thai
Modern Thai Recipes to Cook at Home
by John Chantarasak

Kin Thai translates as 'Eat Thai' and is a collection of 80 delicious recipes that shine a light on lesser known Thai cuisine as well as more popular Thai food classics.

Chapters are structured by type of dish, from snacks and relishes to curries, stir-fries and salads, so you can easily find your favorites - from Roast Duck and Lychee Red Curry (gaeng daeng bpet) and Langoustine and Rhubarb Hot and Sour Soup (dtom yum goong) to Red Fire Greens with Yellow Soybean Sauce (pak kheo fai daeng) and Assorted Flavor One-bite Royal Snack (miang kham). As well as using ingredients native to Thailand, John explores the origins of the western ingredients, explaining their place in Thai cuisine, and how the competent home cook can use them to achieve Asian flavors.

Author Bio

John Chantarasak is a half Thai, half British chef, based in London. After training at Le Cordon Bleu in Bangkok, John worked in the kitchens of David Thompson, whose restaurant Nahm is one of the most highly regarded Thai restaurants in the world. His reputation has grown through numerous sell-out popups and residencies across the UK, Europe, North America and South East Asia.
Oren
An Eastern Mediterranean Food Story from Tel Aviv
by Oded Oren

The modern cultural hub of the Middle East, Tel Aviv provides a true East-meets-West juncture. The simplest way to describe the food is flavors of the Mediterranean mingled with accents of the Middle East.

In *Oren*, Oded Oren celebrates Tel Aviv with simple, seasonal recipes which celebrate every ingredient. The chapters are broken down by the ten most important ingredients, all of which you can find in your local supermarket. From toasted almond and oregano salad with feta and fish soup with fennel and arak, to lamb koftas with Swiss chard, tomatoes and chickpeas and hummus with braised ox cheeks, Oded’s food speaks of his journey as a chef as well as the constant inspiration that springs from his native Tel Aviv. With stunning photography, this book is perfect for novice and keen cooks alike.

**Author Bio**

Oded Oren has worked in a number of the Tel Aviv’s feted restaurants, such as the famed Turkiz and Food Art, Tamuz. He has also undertaken a series of stages in some of the world’s best kitchens, which resulted in his permanent move to London, via California and Paris. In 2011, he founded a catering business and then in 2018, he opened his restaurant, Oren.
7 Step Mindset Makeover
Refocus Your Thoughts and Achieve Your Goals
by Domonique Bertolucci

Refocus your thoughts with 7 Step Mindset Makeover, your life guide in seven easy steps to achieving your goals from happiness expert Domonique Bertolucci.

For most people, achieving our goals, creating new habits, and making other positive changes in our lives can be very difficult to do. We either can't get started or end up in an endless cycle of making progress and then undermining or sabotaging that progress. But it's not because we're lazy or lack commitment. Often, it's because we start our quest for change in the wrong place...focusing on our actions. What we really need to do when we want to change or improve our lives is to focus on our MINDSET. When we get our mindsets right, everything else will fall into place. With seven easy steps Domonique takes you through: how to detox your dreams, discover your ‘no’, choose your mood, ignore the voices, confront the enemy, say goodbye to your ‘but’, and see clearly into your future.

Author Bio
Domonique Bertolucci is the best-selling author of The Happiness Code: 10 Keys to Being the Best You Can Be, and has a client list that reads like a who's who of CEOs and business identities, award-winning entrepreneurs and celebrities. Passionate about the getting the life you want and loving the life you've got, Domonique's workshops and online courses are attended by people from all walks of life, from all around the world. Domonique helps her clients define their personal happiness prescription and then shows them exactly how to make it their reality. More than ten million people have seen, read or heard her advice. Domonique has a global reach, coaching people in Australia, New York, London, Amsterdarn, Paris, Toronto, Singapore and Hong Kong. Her weekly newsletter Love Your Life has readers in more than sixty countries. When she is not working, Domonique's favorite ways to spend her time are with her husband and two children, reading a good book, and keeping up the great Italian tradition of feeding the people that you love. Her very popular website and blog is www.domoniquebertolucci.com
9 Step Negativity Detox
Detox Your Mindset and Celebrate Who You Are
by Domonique Bertolucci

9 Step Negativity Detox is your thoughtful guide to detoxing your mindset and eliminating negativity from your life. In just nine easy steps, happiness expert Domonique Bertolucci shares a whole range of tips, strategies and suggestions to detox your mindset and choose a positive life that you want to zoom in on. She will show you how to put on your rose-colored glasses and discover the power of a positive perspective, including how to express your gratitude and to be grateful, find your people, expand your mind, and know how to be your own boss, choosing to take charge and celebrate who you are.

Once you are free and clear of the unnecessary causes of negativity in your life, not only will you discover how pervasive your negative thoughts and experiences have really been, you'll be much better at spotting them and preventing them from creeping back into your life.

Author Bio

Domonique Bertolucci is the best-selling author of The Happiness Code: 10 Keys to Being the Best You Can Be, and has a client list that reads like a who's who of CEOs and business identities, award-winning entrepreneurs and celebrities. Passionate about the getting the life you want and loving the life you've got, Domonique's workshops and online courses are attended by people from all walks of life, from all around the world. Domonique helps her clients define their personal happiness prescription and then shows them exactly how to make it their reality. More than ten million people have seen, read or heard her advice. Domonique has a global reach, coaching people in Australia, New York, London, Amsterdam, Paris, Toronto, Singapore and Hong Kong. Her weekly newsletter Love Your Life has readers in more than sixty countries. When she is not working, Domonique's favorite ways to spend her time are with her husband and two children, reading a good book, and keeping up the great Italian tradition of feeding the people that you love. Her very popular website and blog is www.domoniquebertolucci.com.
The Art of More
6 Steps to Creating the Life You Really Want to be Living
by Domonique Bertolucci

Have you ever found yourself feeling guilty for wanting more: more happiness, success, money, fun, freedom, flexibility, time, balance, fulfilment or satisfaction in your life? Perhaps you were worried that you were being greedy, that you should be satisfied with what you have, or that you needed to apologize for feeling this way? After all, your life is fine, isn't it? Deep down you know you deserve to live a happy and fulfilling life and that 'fine' isn't nearly good enough. It's time to stop ignoring yourself or hoping this feeling will go way, it won't. It's time to create the life you really want to be living and live a life you love instead.

With a mix of real life stories, exercises, and action plans, this book will take you step-by-step through the internal and external changes you need to make to create the life you really want to be living.

Author Bio

Domonique Bertolucci is the best-selling author of The Happiness Code, 100 Days Happier, Love your Life and a number of other bestselling titles. Her advice is the closely guarded secret behind some of the world's most successful people. Passionate about getting the life you want and loving the life you've got, Domonique has a client list that reads like a who's who of CEOs and business identities, award-winning entrepreneurs and celebrities, and her workshops and online courses are attended by people from all walks of life, from around the world. She has coached people in London, Amsterdam, Paris, New York, Toronto, Singapore, Australia and Hong Kong. Her weekly newsletter Love Your Life has readers in more than sixty countries.
California Travel Dreaming
An Insider's Guide to the Best Places to Eat, Drink and Explore by Liza Gershman

An insider's guide to the best places to eat, drink and explore.

California's vast coastline covers nearly 900 miles of scenic drives between the Mexican border to the south and Oregon to the north. California Travel Dreaming dives into California's beauty, exploring everything from sunny beaches and rocky outposts, to redwood forests and arid deserts. Find the very best places to visit in famed regions such as Silicon Valley, birthplace of the internet, and San Francisco, where you can leave your heart and view the iconic Golden Gate Bridge. There's also Hollywood's glamour mecca to the south, the Sierra Nevada Mountains and beautiful Yosemite National Park in the east, the vast Mojave Desert, the rich and charming small towns of Central Valley, and acclaimed wine regions, and it's all within one US state.

Author Bio

A fifth-generation California native, Liza Gershman is a travel writer, photographer and book author. Liza writes for many media outlets including Travel + Leisure, National Geographic, Huffington Post and San Francisco Chronicle, for which she wrote a monthly column called '5 Places' in their travel section. She is the author of 12 books.
**Frida: Style Icon**  
A Celebration of the Remarkable Style of Frida Kahlo  
by Charlie Collins

*Frida: Style Icon* charts Frida's fashion evolution through 50 beautifully illustrated style moments including pieces from her famous wardrobe, her most iconic looks and her own special kind of styling.

From embroidered blouses and traditional Tehuana dresses to indigenous treasures and jewelry strung by Frida herself, this book showcases how Frida used her style as a means of personal and political expression. Her wardrobe includes examples of traditional Mexican dress-rebozos (fringed shawls), embroidered huipiles (square-cut tops), enaguas (skirts) and holanes (flounces), as well as a series of hand-painted medical corsets and supportive back-braces which also illuminate the story of her near-fatal bus crash at the age of 18.

Tastefully and elegantly illustrated throughout, this volume is a must-have for admirers of Frida Kahlo, fashion historians and fans of fashion illustration.

**Author Bio**

Charlie Collins is founder of the consultancy Creative Wardrobe, that helps women to find their own style and build more joyful and functional wardrobes. Charlie has over 10 years’ experience working for brands that champion sustainability in fashion including Vestiaire Collective, William Vintage and Smart Works Charity. She is fashion ambassador for Malaika Charity and a lifelong Frida Kahlo fan.
How to Play Your Best Golf
Insights from a Tour Pro
by Nick O'Hern

How to Play Your Best Golf is the essential golf handbook to help any golfer understand and improve their game.

In this guide, highly respected pro golfer Nick O'Hern takes you through the strategies to golfing success. He reveals the key secrets of professional golfers, discusses how playing to your strengths can yield a better result, and describes all the tactics you can use to score, from course strategy and club selection to pre-game preparation and harnessing the power of mindset.

How to Play Your Best Golf is the perfect gift not only for the golfer of old but for the new generation of golfers. Packaged in a handsome hardback format with beautiful photography, this book is both practical and revealing in helping golfers reach their true potential.

Author Bio

Nick O'Hern is a highly respected pro golfer who was based in the US for most of his career and has only recently returned to Australia. He spent two decades playing professional golf across the globe at the highest level. Starting his career on the PGA Tour of Australasia, he went on to a successful career on the European Tour before heading to the US to compete on the PGA Tour for nine years. O'Hern represented Australia at two World Cups and was a member of the International team at two Presidents Cups. He is the only man to have beaten Tiger Woods twice in the World Match Play Championship.
How Veganism Can Save Us
by Emma Hakansson

How Veganism Can Save Us is a little book about the big ideas behind veganism, showing how changing our habits can change the world.

Revealing hard truths, animal rights activist Emma Hakansson teaches us the devastating impact animal agriculture is having on our environment, waterways, as well as our personal wellbeing and mental health. Emma shows us that there is so much power in our individual choices. By eating a plant-based diet we can make incredible change that will help reverse environmental devastation, improve our overall health and save animals from the violent and oppressive system they have been born into.

This empowering book is filled with quotes, explainers and activities that give pause for thought, recalibration and action, as Emma's words echo that of Sir David Attenborough's: the future of humanity and indeed all life on Earth depends on us”.

How Veganism Can Save Us will arm you with the truth and set you on a path towards a more sustainable future.

Author Bio

Emma Hakansson is first and foremost, an activist. She is dedicated to collective liberation, and to efforts which extend our circle of compassion far beyond our own backyards, but across races, sexes, and even species. Emma is a writer, having been published internationally across media outlets like Plant Based News, Good On You Eco, The Green Hub and other sustainable, ethical publications. She has created multiple animal rights campaigns and produced visual and written content for both Animal Liberation Victoria, and Farm Transparency Project, two organizations which regularly appear in national, and international news. In 2021, Emma will be launching a short film and an ethical, vegan knitwear label.
Maya Angelou’s Guide to Hope
50 Simple Ways to Spread Hope
by Hardie Grant London

*Maya Angelou's Guide to Hope* is an illustrated guide to how we can all spread a little more hope.

Including 50 simple acts, from giving words of encouragement to extending a helping hand or spending time with someone, and accompanying illustrations featuring Maya herself, this book helps us to always keep hope alive.

Maya's life is a rich and remarkable one - a tale filled with strength, hardship and, above all else, hope. She used her voice to overcome prejudice and difficulty, becoming an inspiration to those around her as well as future generations.

This book takes the lead from Maya, helping us to change ourselves and the world around us for the better.

**Author Bio**

Conceived and edited by Hardie Grant Books.
Your Best Skin
The Science of Skincare
by Hannah English

Your Best Skin is your essential skincare manual, breaking down the science of your skin in a friendly, trustworthy and accessible way.

Pharmaceutical scientist and beauty writer Hannah English takes an unbiased, science-backed dive into everything you need to know about caring for your skin and what's really going on beneath the surface, as she destigmatizes skin conditions and asks us to stop blaming our diet and hygiene.

This manual will help you identify your skin type with a comprehensive quiz before revealing how you can heal yourself with a new beauty ritual that is actually tailored to your needs. Including photography, infographics and diagrams, Your Best Skin makes caring for your skin easy.

Skin issues are legitimate medical issues and Hannah teaches us that science is up for the job of healing them. The best part is that there is a miracle cream, you just have to understand what's wrong first.

Author Bio

Hannah English is a beauty writer and content creator with a background in pharmaceutical research. She's extremely enthusiastic about making science communication feel cool, relevant, and accessible to those with no science background. Hannah grew up with acne and was told things like just wash your face" "cut out dairy" "you'll grow out of it" which led to low self-esteem and disordered eating. Hannah cares very deeply about sharing everything she knows, to make sure young people don't experience this. That's what led her to get a Pharmaceutical Science degree - she wanted to understand the science. She has 53k followers on Instagram.
Africa in Fashion
Craft, Textiles, Luxury
by Kenneth Appiah-Nimo

Africa Fashion explores the kaleidoscope of craft cultures that have shaped African fashion for centuries and captures the intriguing stories of pioneering and contemporary African brands.

Part One retells the history of African fashion, exploring Africa's textile traditions, artisanship in jewelry and embellishment and the continent's role as a global resource. The second part presents a New Africa and examines the promise and potential of Africa's markets, while challenging stereotypes and the concept of European hegemony in the realm of luxury fashion. It also spotlights Africa's unique position as the global industry shifts towards a more sustainable future. The third and final part ushers the reader into the spectacular world of African fashion today. It showcases a carefully curated set of the continent's most dynamic brands and, through interviews with prominent and inspiring designers, offers rare insight into their ethos and design practice.

Author Bio

Based in South Africa but originally from Ghana, Kenneth Appiah-Nimo is a fashion researcher and design practitioner. He has contributed articles to a number of publications including the Journal of Design, Business and Society. In parallel to his writing and studies, he has also set up and run his own screen printing and embroidery brand, Imperial Blac. He holds an MA in Design from the University of Johannesburg.
**Around the World in 80 Birds**
by Mike Unwin, illustrated by Ryuto Miyake

This beautiful and inspiring book tells the stories of 80 birds around the world: from the Sociable Weaver Bird in Namibia which constructs huge, multi-nest 'apartment blocks' in the desert, to the Bar-headed Goose of China, one of the highest-flying migrants which crosses the Himalayas twice a year.

Many birds come steeped in folklore and myth, some are national emblems and a few have inspired scientific revelation or daring conservation projects. Each has a story to tell that sheds a light on our relationship with the natural world and reveals just how deeply birds matter to us.

**Author Bio**

Mike Unwin is an award-winning writer of popular natural history books for adults and children. He writes for *The Daily Telegraph, The Times, BBC Wildlife, Travel Africa,* as well as the RSPB and WWF. Also a widely published photographer, his travels have taken him to every continent in search of its birds and other wildlife.
**Art: Explained**
100 Masterpieces and What They Mean
by Susie Hodge

Why did Michelangelo paint the Sistine Chapel, or Rembrandt obsess over painting his own image? What's the secret behind the Terracotta Army, or Andy Warhol's soup cans? *Art: Explained* offers straightforward and satisfying answers to 100 of these fascinating questions. If you've ever looked at an art masterpiece in awe, but wondered just what it means, here is your guide.

**Author Bio**

Susie Hodge is an art historian, historian and artist. She is the bestselling author of numerous books, among them *The Short Story of Art* and *The Short Story of Modern Art*. 
As We See It
40 Image-Makers Reshaping Black Identity
by Aida Amoako

A new wave of photographers and artists - across photography, fine art, documentary and fashion - are depicting Black subjects in completely original ways, and in doing so laying claim to their own stories of identity. As We See It brings together 40 of these key image makers who are together investigating visually refreshing narratives over the representation of Black cultural identity.

Author Bio

Aida Amoako is a London-based arts and culture writer. She writes for Hyperallergic and The Times Literary Supplement among others.
Personal strategy and clear identity are key to successfully presenting yourself as a designer within the fashion industry. A stand-out portfolio displaying these qualities is essential for advanced students, emerging fashion professionals and career builders.

*Fashion Portfolio: Create, Curate, Innovate* is a practical guide to a forward-reaching portfolio, emphasizing the value of personalized storytelling. Its focus is in helping designers reach visual and conceptual clarity in representing their potential. As part of a personal brand strategy, the portfolio becomes a stronger sales tool. This is why the book also explores research, personal branding, presentation materials, interview technique and follow up.

**Author Bio**

Tamara Albu is Associate Professor of Fashion at Parsons School of Design, where she has developed a number of their courses including Fashion Portfolio. She has also guest lectured and conducted workshops internationally at a number of institutions in China, as well as in Italy, Spain, Slovenia, Saudia Arabia and Kyrgyzstan.

Michelle Nahum-Albright is Assistant Professor of Fashion at Parsons School of Design, where she teaches Process and Skills for Fashion. Previously she has taught a number of design courses at FIT and at Pratt Institute. Her industry experience includes 17 years as an in-house designer a Elizabeth Arden.
How to Make Work Not Suck
Honest Advice for People with Jobs
by Carina Maggar

Google doesn't have the answer
Dream big, plan small
When in doubt, Helvetica
Assumption is the mother of all fuck ups
Stay curious
How to deal with assholes
No one knows what they're doing, neither should you

In this straight-talking guide to the real world of work, discover genuinely useful advice that will help you find the confidence to go for that promotion, quit your job, break into that industry, nail that pitch or climb over a creative brick wall. With 120 irreverent, unusual but always useful insights, this book will help you reach your career goals.

Author Bio

Carina Maggar is a creative copywriter. She has produced work for brands including ASOS, YouTube, Topshop, Lucozade, Pepsi, Channel 4, Nintendo, Cornetto, Levi's, Conde Nast, Marmite and Viacom. She has worked on briefs for Saatchi & Saatchi, LBI, Lean Mean Fighting Machine, Manifest, Mindshare, Maker Studios, Ogilvy and Splendid. Visit carinamaggar.com
Killer Collections
Dark Artefacts from True Crime
by Paul Gambino

Delve into the dark and dangerous side of humanity with this intriguing collection of artifacts and ephemera relating to some of the world's most infamous criminals and criminal acts.

From an 18th Century hangman's noose to Charles Manson's cremation ashes, a document signed by Lizzie Borden and the circular saw confiscated from the home of The Kansas City Butcher - many of these pieces will be shown outside private collections for the very first time.

This unique book offers a rare opportunity to explore numerous personal archives, showcasing murder weapons, crime scene photography, police files, diaries, letters and other criminal ephemera, alongside the fascinating and often disturbing stories behind them. Meet the collectors with unique and privileged access to dozens of dangerous and disturbed perpetrators, including Gacy, Bundy, Dahmer, Ramirez, Berkowitz and Shawcross, and discover new insights into their troubling psychology and infamous crimes.

Author Bio

Paul Gambino has been an avid collector of the macabre for over 20 years and owns an extensive collection of nineteenth-century memorial photographs. His two decades of collecting have gained him access to some of the world's most elite collectors of the macabre.
**The Invention of Nature**
The Art of Natural History
by Giovanni Aloi

*The Invention of Nature* is a complete visual journey through humankind's depiction of animal and plant life, from the very first cave paintings made over 30,000 years ago to the present.

With over 300 images covering cabinets of curiosity, illustrated herbaria, bestiaries, classical paintings, natural history illustrations, taxidermized specimens and photography, the book weaves together a fascinating chronological story of nature.

**Author Bio**


Laurence King Publishing
On Sale: May 31/22
8 x 11 • 320 pages
300 Illustrations/Photos
9781913947330 • $80.00 • cl
Nature / Reference
The Short Story of Science
A Pocket Guide to Key Histories, Experiments, Theories, Instruments and Methods
by Tom Jackson

The Short Story of Science is a new introduction to the complete subject of science. Covering 60 key experiments, from Archimedes’ investigations of buoyancy to the discovery of dark matter, and then linking these to the history of science, as well as to the key theories and methods, the book simplifies and explains all the key breakthroughs.

Accessible and concise, generously illustrated throughout, and with all the essential information presented without jargon, readers are given all the tools they need to enjoy the fascinating history of scientific knowledge.

Author Bio
Tom Jackson has written more than 200 books and contributed to many more. These include projects with Brian May, Patrick Moore, Marcus de Sautoy and Carol Vorderman and cover everything from axolotls to Zoroastrianism. His specialties are natural history, astronomy, technology and all things scientific.
Florida & the South’s Best Trips 4
by Adam Karlin, Kate Armstrong and Ashley Harrell

Discover the freedom of the open road with Lonely Planet’s Florida & the South’s Best Trips. This trusted travel companion features 30 amazing road trips, from 2-day escapes to 2-week adventures. Trace the iconic Appalachian Trail or explore the roots of the Blues Highway, all with your trusted travel companion. Get to Florida and the South, rent a car, and hit the road!

Inside Lonely Planet’s Florida & the South’s Best Trips:

- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak
- **Lavish color** and gorgeous photography throughout
- **Itineraries and planning advice** to pick the right tailored trips for your needs and interests
- **Get around easily** - easy-to-read, full-color route maps, detailed directions
- **Insider tips** to get around like a local, avoid trouble spots and be safe on the road - local driving rules, parking, toll roads
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, hidden gems that most guidebooks miss

**Useful features** - including Stretch Your Legs, Detours, Link Your Trip

**Covers** Florida, the Carolinas, Georgia, Alabama, Mississippi, Louisiana, Arkansas, Tennessee, Kentucky and more

The Perfect Choice: Lonely Planet Florida & the South’s Best Trips is perfect for exploring the region via the road and discovering sights that are more accessible by car.

Planning a Florida trip sans a car? Lonely Planet’s Florida, our most comprehensive guide to [the (...)
New England's Best Trips 5
by Benedict Walker, Isabel Albiston and Amy C Balfour

Discover the freedom of the open road with Lonely Planet's New England's Best Trips. This trusted travel companion features 31 amazing road trips, from 2-day escapes to 2-week adventures. Explore the marvellous Cape Cod, climb the soaring mountains of Vermont and wind down the back roads of Maine. Get to New England, rent a car, and hit the road!

Inside Lonely Planet's New England's Best Trips:
- Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- Lavish color and gorgeous photography throughout
- Itineraries and planning advice to pick the right tailored trips for your needs and interests
- Get around easily - easy-to-read, full-color route maps, detailed directions
- Insider tips to get around like a local, avoid trouble spots and be safe on the road - local driving rules, parking, toll roads
- Essential info at your fingertips - hours of operation, phone numbers, websites, prices
- Honest reviews for all budgets - eating, sleeping, sightseeing, hidden gems that most guidebooks miss
- Useful features - including Stretch Your Legs, Detours, Link Your Trip

Covers Massachusetts, Boston, Connecticut & Rhode Island, Vermont, New Hampshire, Maine and more

The Perfect Choice: Lonely Planet New England's Best Trips is perfect for exploring New England via the road and discovering sights that are more accessible by car.

Planning a New England trip sans a car? Lonely Planet's New England, our most comprehensive guide to New England, is perfect for exploring (...)

Lonely Planet
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5 x 7.75 • 352 pages
9781788683616 • $32.99 • pb
Travel / US / Northeast / New England
Series: Best Trips

Notes

Promotion
New York & the Mid-Atlantic's Best Trips 4
by Simon Richmond, Amy C Balfour and Ray Bartlett

Discover the freedom of the open road with Lonely Planet's New York & the 
Mid-Atlantic's Best Trips. This trusted travel companion features 30 
amazing road trips, from 2-day escapes to 2-week adventures. Journey 
through the wine regions or explore small roads in postcard-perfect 
Pennsylvania Dutch Country, all with your trusted travel companion. Get to 
New York and the Mid-Atlantic, rent a car, and hit the road!

Inside Lonely Planet's New York & the Mid-Atlantic's Best Trips :
Up-to-date information - all businesses were rechecked before publication to 
ensure they are still open after 
2020's COVID-19 outbreak
Lavish color and gorgeous photography throughout
Itineraries and planning advice to pick the right tailored trips for your needs 
and interests
Get around easily - easy-to-read, full-color route maps, detailed directions
Insider tips to get around like a local, avoid trouble spots and be safe on the 
road - local driving rules, parking, toll roads
Essential infoat your fingertips - hours of operation, phone numbers, 
websites, prices
Honest reviews for all budgets - eating, sleeping, sightseeing, hidden gems 
that most guidebooks miss
Useful features - including Stretch Your Legs, Detours, Link Your Trip 
Covers New York, New Jersey, Pennsylvania, Washington DC, Maryland, 
Delaware, Virginia and more

The Perfect Choice: Lonely Planet New York & the Mid-Atlantic's Best 
Trips is perfect for exploring the region via the road and discovering sights 
that are more accessible by car.
Planning a New York and Mid-Atlantic USA trip sans a car? Lonely Planet's 
New York & the Mid
Discover the freedom of the open road with *Lonely Planet's Pacific Northwest Best Trips*. This trusted travel companion features 32 amazing road trips, from 2-day escapes to 2-week adventures. Cruise the Pacific Coast, the Willamette Valley and the Cascade Mountains - all with your trusted travel companion. Get to the Pacific Northwest, rent a car, and hit the road!

Inside *Lonely Planet’s Pacific Northwest Best Trips*:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak
- **Lavish color** and gorgeous photography throughout
- **Itineraries and planning advice** to pick the right tailored trips for your needs and interests
- **Get around easily** - easy-to-read, full-color route maps, detailed directions
- **Insider tips** to get around like a local, avoid trouble spots and be safe on the road - local driving rules, parking, toll roads
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, hidden gems that most guidebooks miss
- **Useful features** - including Stretch Your Legs, Detours, Link Your Trip

*Covers* Pacific Coast, Cascade Mountains, John Day region, Whidbey Island, Willamette Valley, Columbia River Gorge, Olympic National Park, San Juan Islands, and more

The Perfect Choice: *Lonely Planet Pacific Northwest Best Trips* is perfect for exploring the Pacific Northwest via the road and discovering sights that are more accessible by car.

Planning a Pacific Northwest trip sans a car? *Lonely Planet’s Washington* (...)
Southwest USA's Best Trips 4
by Amy C Balfour, Stephen Lioy and Carolyn McCarthy

Discover the freedom of the open road with *Lonely Planet's Southwest USA's Best Trips*. This trusted travel companion features 32 amazing road trips, from 2-day escapes to 2-week adventures. Take in the immensity of the Grand Canyon, soak up the beauty of Sedona along Highway 89A, and stop off in Moab for some biking or rafting. Get to Southwest USA] rent a car, and hit the road!

**Inside Lonely Planet's Southwest USA's Best Trips:**
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **Lavish color** and gorgeous photography throughout
- **Itineraries and planning advice** to pick the right tailored trips for your needs and interests
- **Get around easily** - easy-to-read, full-color route maps, detailed directions
- **Insider tips** to get around like a local, avoid trouble spots and be safe on the road - local driving rules, parking, toll roads
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, hidden gems that most guidebooks miss
- **Useful features** - including Stretch Your Legs, Detours, Link Your Trip

**Covers** Arizona, Route 66, the Grand Canyon, Sedona, New Mexico, Taos, Jemez Mountains, Texas, Hill Country, Utah, Colorado, Nevada, Zion National Park, Bryce National Park and more

**The Perfect Choice:** *Lonely Planet Southwest USA's Best Trips* is perfect for exploring the region via the road and discovering sights that are more accessible by (...)
Amsterdam 13
by Catherine Le Nevez, Kate Morgan and Barbara Woolsey

Lonely Planet's Amsterdam is our most comprehensive guide that extensively covers all the city has to offer, with recommendations for both popular and lesser-known experiences. Hop aboard a canal boat, admire art at the Van Gogh Museum, and browse the Albert Cuypmarkt; all with your trusted travel companion.

Inside Lonely Planet's Amsterdam Travel Guide:

What's NEW in this edition?

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
NEW top experiences feature - a visually inspiring collection of Amsterdam's best experiences and where to have them

What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas
Planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids

NEW pull-out, passport-size 'Just Landed' card* with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
Highlights and itineraries help you tailor your trip to your personal needs and interests
Eating & drinking in Amsterdam - we reveal the dishes and drinks you have to try
Colour maps and images throughout
Insider tips to save time and money and get around like a local, avoiding (...)

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Travel / Europe / Benelux Countries
Series: City Guide

Notes

Promotion
Barcelona 12
by Isabella Noble and Regis St Louis

Lonely Planet's Barcelona is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Gaze in wonder at Gaudi's La Sagrada Familia, stroll along La Rambla, and savour the best of Catalan cuisine; all with your trusted travel companion. Get to the heart of Barcelona and begin your journey now!

Inside Lonely Planet's Barcelona Travel Guide:

- Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- Planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids
- What's New feature taps into cultural trends and helps you find fresh ideas and cool new areas our writers have uncovered
- Colour maps and images throughout
- Highlights and itineraries help you tailor your trip to your personal needs and interests
- Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
- Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices
- Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- Cultural insights give you a richer, more rewarding travel experience - history, people, music, landscapes, wildlife, cuisine, politics
- Over 34 maps
- Covers La Rambla & Barri Gotic, El Raval, La Ribera & El Born, Barceloneta (...)

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Series: City Guide

Notes

Promotion
Beijing
by Lonely Planet and Thomas O'Malley

Lonely Planet's Beijing is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Plan your perfect trip to the Great Wall, wander the passageways of the Forbidden City, or explore the bars and restaurants in historic hutong (laneways); all with your trusted travel companion. Get to the heart of Beijing and begin your journey now!

Inside:

- Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- Improved planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids
- What's New feature taps into cultural trends and helps you find fresh ideas and cool new areas our writers have uncovered
- Colour maps and images throughout
- Highlights and itineraries help you tailor your trip to your personal needs and interests
- Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
- Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices
- Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- Cultural insights give you a (...) 

Author Bio

About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveler since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travelers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, eBooks, and more.

*Lonely Planet guides are, quite simply, like no other. New York Times*
Lonely Planet's *Boston* is our most comprehensive guide that extensively covers all that Boston has to offer, with recommendations for both popular and lesser-known experiences. Check out the revolutionary Freedom Trail, watch a game at Fenway Park and soak in the ambiance at Harvard Square; all with your trusted travel companion.

Inside *Lonely Planet's Boston* Travel Guide:

**What's NEW in this edition?**

- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **NEW top experiences feature** - a visually inspiring collection of Boston's best experiences and where to have them
- **What's NEW feature** taps into cultural trends and helps you find fresh ideas and cool new areas

**Pull-out, passport-size 'Just Landed' card** with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

**Planning tools** for family travellers

**Highlights and itineraries** help you tailor your trip to your personal needs and interests

**Eating & drinking in Boston** - we reveal the dishes and drinks you have to try

**Boston's beaches** - whether you're looking for relaxation or activities, we break down the best beaches to visit and provide safety information

**Color maps and images throughout**

**Insider tips** to save time (...)
Lonely Planet’s *London* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Explore the treasures of the British Museum, binge on art at Tate Modern and the National Gallery, and find your new favourite pub for a pint or a leisurely lunch; all with your trusted travel companion. Get to the heart of London and begin your journey now!

Inside *Lonely Planet’s London*:

- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak
- **NEW pull-out, passport-size ‘Just Landed’ card** with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- **Colour maps and images throughout**
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Cultural insights** give you a richer, more rewarding travel experience - history, people, music, landscapes, wildlife, cuisine, politics
- **Covers** The City, West End, South Bank, Kensington, Notting Hill, Camden, Greenwich, Clerkenwell, Shoreditch, East London and more

**The Perfect Choice:** *Lonely Planet’s London*, our most comprehensive guide to London, is perfect for discovering both popular and off-the-beaten-path experiences.

Looking for just the highlights?
Madrid 10
by Anthony Ham

Lonely Planet's Madrid is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Marvel at masterpieces by Spain's best painters in the beautiful Museo del Prado, enjoy tapas in La Latina, and stroll past the architectural monuments in Parque del Buen Retiro; all with your trusted travel companion. Get to the heart of Madrid and begin your journey now!

Inside Lonely Planet's Madrid Travel Guide:
- Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- Planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids
- What's New feature taps into cultural trends and helps you find fresh ideas and cool new areas our writers have uncovered
- Colour maps and images throughout
- Highlights and itineraries help you tailor your trip to your personal needs and interests
- Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
- Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices
- Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- Cultural insights give you a richer, more rewarding travel experience - history, people, music, landscapes, wildlife, cuisine, politics

Over 24 maps
Covers Plaza Mayor & Royal Madrid (…)
Montreal & Quebec City 6
by Steve Fallon, Regis St Louis and Phillip Tang

Lonely Planet’s Montreal & Quebec City is our most comprehensive guide that extensively covers all the cities have to offer, with recommendations for both popular and lesser-known experiences. Stroll the cobblestoned streets of Old Montreal, catch some summer jazz, and sip beer and watch the world go by in the Quartier Latin; all with your trusted travel companion. Inside Lonely Planet’s Montreal & Quebec City Travel Guide:

What’s NEW in this edition?

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak
NEW top experiences feature - a visually inspiring collection of Montreal and Quebec City’s best experiences and where to have them
What’s NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas
NEW Accommodations feature gathers all the information you need to plan your accommodation
Highlights and itineraries help you tailor your trip to your personal needs and interests

Eating & drinking in Montreal & Quebec City - we reveal the dishes and drinks you have to try

Color maps and images throughout
Insider tips to save time and money and get around like a local, avoiding crowds and trouble (...)

Lonely Planet
On Sale: Jul 19/22
5 x 7.75 • 288 pages
9781788684507 • $31.99 • pb
Travel / Canada / Quebec
Series: City Guide

Notes

Promotion
San Francisco 13
by Ashley Harrell, Greg Benchwick and Alison Bing

Lonely Planet’s San Francisco is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Catch a ferry to Alcatraz, wander in the Castro, and admire the Mission murals; all with your trusted travel companion. Get to the heart of San Francisco and begin your journey now!

Inside Lonely Planet’s San Francisco Travel Guide:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak
- **NEW top experiences feature** - a visually inspiring collection of San Francisco’s best experiences and where to have them
- **What’s NEW feature** taps into cultural trends and helps you find fresh ideas and cool new areas
- **NEW pull-out, passport-size ‘Just Landed’ card** with Wi-Fi, ATM and transport info - all you need for a smooth journey from airport to hotel
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- **Color maps and images throughout**
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Cultural insights** give you a richer, more rewarding travel experience - history, people (…)

Lonely Planet
On Sale: Aug 16/22
5 x 7.75 • 320 pages
9781788684057 • $31.99 • pb
Travel / US / West / Pacific
Series: City Guide

Notes

Promotion
Shanghai
by Lonely Planet, Stuart Butler and Piera Chen

Lonely Planet's Shanghai is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Admire architecture from contemporary skyscrapers to Buddhist temples, feast in the French Concession, or take a moment for contemplation in Yuyuan Gardens; all with your trusted travel companion. Get to the heart of Shanghai and begin your journey now!

Inside Lonely Planet's Shanghai:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **NEW pull-out, passport-size 'Just Landed' card** with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
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- **Colour maps and images throughout**
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Cultural insights** give you a richer, more rewarding (…)

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‘Lonely Planet guides are, quite simply, like no other.’ New York Times
Lonely Planet's Vancouver & Victoria is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Shop for vintage shoes in quirky Gastown, hit the powdered slopes of Grouse Mountain and sample an Indian Pale Ale in a hidden microbrewery - all with your trusted travel companion. Inside Lonely Planet's Vancouver & Victoria Travel Guide:

What's NEW in this edition?

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
NEW top experiences feature - a visually inspiring collection of Vancouver and Victoria's best experiences and where to have them
What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas
NEW Accommodations feature gathers all the information you need to plan your accommodation
Highlights and itineraries help you tailor your trip to your personal needs and interests
Eating & drinking in Vancouver and Victoria - we reveal the dishes and drinks you have to try
Color maps and images throughout
Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that (...)
Cruise Ports Caribbean
by Lonely Planet

Lonely Planet
On Sale: Aug 16/22
5.04 x 7.76 • 320 pages
Total Colour Pages
9781787018501 • $28.99 • pb
Travel / Cruises
Series: Cruise Ports

Notes

Promotion
Lace up your hiking boots for the next in Lonely Planet's highly successful Epic Hikes series, this time exploring 50 of Australia and New Zealand's most rewarding treks and trails. From the Routeburn Track in New Zealand's South Island to the Cape to Cape walk in Western Australia's Leeuwin-Naturaliste National Park, we cover a huge variety of themes and experiences across routes that range from one-day walks to multi-day treks.

A vibrant cover once again illustrated by Ross Murray continues this collectible series.

Each of the 50 featured hikes includes:
- First-person accounts from writers who have completed the hike
- Challenge level grading: easy / harder / epic
- Inspirational photography, maps and practical information to follow in the writer’s footsteps
- Orientation toolkit: when is the best time of year to hike, how to get there, special equipment required
- Expert travel advice: where to stay, recommended tours, the best places to eat
- Suggestions for similar hikes

Whether you’re a seasoned hiker or a novice embarking on your very first trek, Epic Hikes of Australia and New Zealand will inspire a lifetime of adventures on foot.

About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more, enabling you to explore every day.

'Lonely Planet guides are, quite simply, like no other.' - New York Times

'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia)
Epic Hikes of the Americas 1
by Lonely Planet

Lace up your hiking boots for the next in Lonely Planet's highly successful Epic Hikes series, this time exploring 50 of the Americas' most rewarding treks and trails. From Canada's longest hut-to-hut hike, the Sunshine Coast Trail, to a descent through Havasu Canyon in the USA, and the Santa Cruz Trail of northern Peru, we cover a huge variety of themes and experiences across routes that range from one-day walks to multi-day treks.

Each of the featured hikes includes:
• First-person accounts from writers who have completed the hike
• Challenge level grading: easy / harder / epic
• Inspirational photography, maps and practical information to follow in the writer's footsteps
• Orientation toolkit: when is the best time of year to hike, how to get there, special equipment required
• Expert travel advice: where to stay, recommended tours, the best places to eat
• Suggestions for similar hikes

50 epic hikes across the Americas, including:
• The Chilkoot Trail, Alaska (USA)
• Joshua Tree Trail, California (USA)
• Highline Trail, Glacier National Park, Montana (USA)
• Halawa Valley, Hawaii (USA)
• Wonderland Trail, Washington (USA)
• Huemul Circuit, Parque Nacional Los Glaciares (Argentina)
• The Black Rock Lodge Summit Hike (Belize)
• Wild Pacific Trail (Canada)
• Isla Navarino (Chile)
• Tayrona National Park (Colombia)
• Corcovado National Park (Costa Rica)
• Comandancia de la Plata and Pico Turquino (Cuba)
• Boiling Lake Hike (Dominica)
• Quilotoa Loop (Ecuador)
• The Arctic Circle Trail (Greenland)
• Camino del Cobre (Mexico)
• Santa Cruz Trail (Peru)

With a vibrant cover (…)

Lonely Planet
On Sale: May 17/22
8.13 x 10.38 • 320 pages
9781838695057 • $50.00 • cl
Travel / Hikes & Walks
Series: Epic

Notes

Promotion
Epic Road Trips of Europe 1
by Lonely Planet

Buckle up for the next installment in our Epic series and the follow-up to Epic Drives of the World. Showcasing 50 of Europe's greatest road trips, from classic drives such as Route Napoleon through the south of France to longer trips including Ireland's Wild Atlantic Way or taking a campervan through Finnish Lapland in the Arctic summer. We cover a huge variety of themes and experiences across drives that range from a few hours to a week or more.

Each of the featured drives include:
• First-person accounts from writers who have completed the drive
• Challenge level grading: easy / harder / epic
• Inspirational photography, maps and practical information to follow the writer's journey
• Driving factbox: when is the best time to drive, vehicle hire information, how to get there, what to take
• Expert travel advice: where to stay, recommended detours, the best places to eat
• Suggestions for similar drives

50 epic drives across Europe, including:
• Coast to the Edge of Alps (Albania)
• Grossglockner Hachalpenstrasse (Austria)
• Bulgaria's fortress highway: Plovdiv to Veliko Tarnovo (Bulgaria)
• The Adriatic Highway (Croatia)
• Central and Southern Bohemia Loop (Czech Republic)
• West Coast of Jutland (Denmark)
• The Cotswolds (England)
• Chateaux of the Loire Valley (France)
• To the Nurburgring (Germany)
• Iceland's Ring Road (Iceland)
• Wild Atlantic Way (Ireland)
• Dolomites Passes & Villages Loop (Italy)
• The Belfast Loop (Northern Ireland)
• West Coast - Bergen to Kristiansund (Norway)
• Portugal's National Route 2 (Portugal)
• EV Campervan Around Orkney (Scotland)
• Mallorca - Serra de Tramuntana (Spain)
• Furka Pass (Switzerland)
• The Coastal Way (Wales)

With a vibrant cover (…)

Lonely Planet
On Sale: Aug 16/22
8.13 x 10.38 • 320 pages
9781838695095 • $50.00 • cl
Travel / Road Travel
Series: Epic

Notes

Promotion
Experience Barcelona 1
by Lonely Planet

Lonely Planet's *Experience Barcelona* is your guide to unforgettable experiences and local surprises. Wonder at La Sagrada Familia, dine on tapas and paella, and get ready to enjoy one of Europe's most famed nightlife scenes - all guided by local experts with fresh perspectives. Uncover Barcelona's best experiences and get away from the everyday!

Inside *Lonely Planet's Experience Barcelona*:

- **Unique experiences** to string together for an unforgettable trip
- **Inspiring full-colour travel photography** and **maps** throughout
- **Pull-out Barcelona map** (included in print version)
- **Highlights** and **neighbourhood trip builders** to help tailor a trip to your personal needs and interests
- **Insights from local experts** take you to the heart of the place - Catalan culture, Picasso, Miro & Dali, Gaudi & architecture, tapas, music
- **Fresh perspectives** and **insider tips** to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights
- **Day trips** for easy escapes from the city
- **Practical info and tips** on money, getting around on the metro and tram, unique and local ways to stay, and responsible travel

**Covers** La Rambla & Barri Gotic, El Raval, La Ribera, Barcelona & the Waterfront, La Sagrada Familia & L'Eixample, Gracia & Park Guell, Camp Nou, Pedralbes & La Zona Alta, Montjuic, Poble Sec & Sant Antoni, and more

The Perfect Choice: *Lonely Planet's Experience Barcelona*, our inspiring guide, filled with local tips and fresh perspectives focuses on Barcelona's best experiences to string together for an unforgettable trip.

Visiting Barcelona for (...)

Lonely Planet
On Sale: Jun 21/22
5.5 x 7.13 • 224 pages
9781838694807 • $35.99 • pb
Travel / Europe / Spain & Portugal
Series: Experience

Notes

Promotion
Experience London 1
by Tharik Hussain and Demi Perera

Lonely Planet’s Experience London is your guide to unforgettable experiences and local surprises. Discover royal palaces, have a pint in a pub, and catch a West End show - all guided by local experts with fresh perspectives. Uncover London’s best experiences and get away from the everyday!

Inside Lonely Planet’s Experience London:
- Unique experiences to string together for an unforgettable trip
- Inspiring full-colour travel photography and maps throughout
- Pull-out London map (included in print version)
- Highlights and neighbourhood trip builders to help tailor a trip to your personal needs and interests
- Insights from local experts take you to the heart of the place - the Tube, hidden skyscrapers, West End stages, the pub, famed markets
- Fresh perspectives and insider tips to surprise you with things you hadn’t thought of, as well as fresh takes on the well-known sights
- Day trips for easy escapes from the city
- Practical info and tips on money, getting around on the underground, unique and local ways to stay, and responsible travel


The Perfect Choice: Lonely (…)

Lonely Planet
On Sale: Jun 21/22
5.5 x 7.13 • 224 pages
9781838694777 • $35.99 • pb
Travel / Europe / Great Britain
Series: Experience

Notes

Promotion
Experience New York City 1
by Dana Givena, Harmony Difo and John Garry

Lonely Planet's *Experience New York City* is your guide to unforgettable experiences and local surprises. Walk through Harlem's rich literary history, treat your senses in Chinatown and explore bohemian Village haunts - all guided by local experts with fresh perspectives. Uncover New York's best experiences and get away from the everyday!

Inside *Lonely Planet's Experience New York City*:
- Unique experiences to string together for an unforgettable trip
- Inspiring full-color travel photography and maps throughout
- Pull-out New York City map (included in print version)
- Highlights and neighborhood trip builders to help tailor a trip to your personal needs and interests
- Insights from local experts take you to the heart of the place - Chinatown goodies, the Harlem Renaissance, Little Italy's foodie culture, New York Fashion, Musical History and Broadway & New York Theatre
- Fresh perspectives and insider tips to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights
- Day trips for easy escapes from the city
- Practical info and tips on money, getting around on the subway, unique and local ways to stay, and responsible travel
- Covers Upper West Side, Central Park, Midtown, Chelsea, Greenwich Village & SoHo, TriBeCa & the Financial District, Chinatown, Brooklyn, East Village & the Lower East Side, Little Italy, Upper East Side, Harlem, Queens and more

The Perfect Choice: Lonely Planet's *Experience New York City*, our inspiring guide, filled with local tips and fresh perspectives focuses on New York's best (…)

Lonely Planet
On Sale: Jun 21/22
5.5 x 7.13 • 224 pages
9781838694753 • $35.99 • pb
Travel / US / Northeast / Middle Atlantic
Series: Experience

Notes

Promotion
Experience Paris 1
by Catherine Le Nevez, Eileen Cho and Danette St. Ong

Lonely Planet's Experience Paris is your guide to unforgettable experiences and local surprises. Indulge your appetites at sensational bistros, immerse yourself in artistic masterworks and experience the heights of haute couture - all guided by local experts with fresh perspectives. Uncover Paris's best experiences and get away from the everyday!

Inside Lonely Planet's Experience Paris:
- Unique experiences to string together for an unforgettable trip
- Inspiring full-colour travel photography and maps throughout
- Pull-out Paris map (included in print version)
- Highlights and neighbourhood trip builders to help tailor a trip to your personal needs and interests
- Insights from local experts take you to the heart of the place - art, museums & galleries, literary history, fashion, food, shopping, cinema
- Fresh perspectives and insider tips to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights
- Day trips for easy escapes from the city
- Practical info and tips on money, getting around on the metro, unique and local ways to stay, and responsible travel


The Perfect Choice: Lonely Planet's Experience Paris, our inspiring guide, filled with local tips and fresh perspectives focuses on Paris's best experiences to string together for an unforgettable trip.

Visiting Paris for more than a (...)
Experience Rome 1
by Elisa Colarossi and Angela Corrias

Lonely Planet's Experience Rome is your guide to unforgettable experiences and local surprises. Explore the city's ancient icons, gaze at Michelangelo's masterpieces, and eat a Roman meal in a neighbourhood trattoria - all guided by local experts with fresh perspectives. Uncover Rome's best experiences and get away from the everyday!

Inside Lonely Planet's Experience Rome:

- **Unique experiences** to string together for an unforgettable trip
- **Inspiring full-colour travel photography** and maps throughout
- Pull-out Rome map (included in print version)
- **Highlights and neighbourhood trip builders** to help tailor a trip to your personal needs and interests
- **Insights from local experts** take you to the heart of the place - ancient relics, trattoria, piazzas, romance, gelato, the dolce vita lifestyle.
- **Fresh perspectives and insider tips** to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights
- **Day trips** for easy escapes from the city
- **Practical info and tips** on money, getting around on the metro, unique and local ways to stay, and responsible travel

**Covers** Ancient Rome, Centro Storico, Tridente, Trevi & the Quirinale, Vatican City, Borgo & Prati, Monti, Esquilino & San Lorenzo, Trastevere & Gianicolo, San Giovanni & Testaccio, Villa Borghese & Northern Rome, Southern Rome and more

The Perfect Choice: Lonely Planet's Experience Rome, our inspiring guide, filled with local tips and fresh perspectives focuses on Rome's best experiences to string together for an unforgettable trip.

Visiting Rome for more than a couple of weeks? Lonely (...)

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Lonely Planet
On Sale: Jun 21/22
5.5 x 7.13 • 224 pages
9781838694784 • $35.99 • pb
Travel / Europe / Italy
Series: Experience

Notes

Promotion
Experience Tokyo 1
by Winnie Tan, Florentyna Leow and Samantha Low

Lonely Planet's *Experience Tokyo* is your guide to unforgettable experiences and local surprises. Eat sushi for breakfast at the Toyosu market, see sumo in Ryogoku, take a soak in a sento - all guided by local experts with fresh perspectives. Uncover Tokyo's best experiences and get away from the everyday!

**Inside Lonely Planet's *Experience Tokyo***:
- **Unique experiences** to string together for an unforgettable trip
- **Inspiring full-colour travel photography** and **maps** throughout
- **Pull-out Tokyo map** (included in print version)
- **Highlights** and **neighbourhood trip builders** to help tailor a trip to your personal needs and interests
- **Insights from local experts** take you to the heart of the place - sushi, sake and soba, cutting-edge pop culture, tea ceremonies, karaoke
- **Fresh perspectives** and **insider tips** to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights
- **Day trips** for easy escapes from the city
- **Practical info and tips** on money, getting around on the subway, unique and local ways to stay, and responsible travel
- **Covers** Marunouchi & Nihombashi, Ginza & Tsukiji, Roppongi, Ebisu, Meguro, Shibuya & Shimo-Kitazawa, Harajuku & Aoyama, Shinjuku, Korakuen & Akihabara, Ueno & Yanesen, Asakusa and more

**The Perfect Choice:** Lonely Planet's *Experience Tokyo*, our inspiring guide, filled with local tips and fresh perspectives focuses on Tokyo's best experiences to string together for an unforgettable trip.

Visiting Tokyo for more than a couple of weeks? *Lonely Planet's Tokyo* is our most comprehensive guide that (...)

Eat France
by Lonely Planet Food

For everybody excited about exploring the cuisine and food and wine culture of France, this book is the perfect primer. It introduces the key regions of France and the specialities of each, covering their history and significance to the local people. It explains the dishes that you will find on the regional menus, how to order and eat them, and other essential words and phrases for navigating the French food scene.

The extensive section on etiquette covers all the dos and don'ts of local customs so you need never feel awkward or uncertain. From how to toast fellow diners correctly (tip: always look them in the eye), to never biting into your piece of bread directly (tip: break bread into pieces before eating it and it's fine to mop up food from your plate with it).

Written by France-based Lonely Planet author, Nicola Williams, Eat France provides an on-the-ground insight into the country's best neighbourhoods and latest trends. A dedicated feature also demystifies French wine so that you can taste and appreciate it like a local.

Regions covered: Lyon, Paris, Provence, Burgundy, Normandy, Alsace, Champagne, Perigord, Loire, Dordogne
In-depth profiles of French specialities: cheese, wine, quiche, boeuf bourguignon, creme brulee, escargots, coq au vin, tarte tatin, souffle, gateaux, moules mariniere, cassoulet, clafoutis, salade nicoise, soupe au pistou, and crepes

For first time visitors, long-time Francophiles or those who simply love the country, Eat France is a culinary companion packed with beautiful illustrations, inspirational photography and detailed insights that bring the distinctive food, wine and culture of this famous destination to life.

About Lonely Planet: Lonely Planet is a leading travel media (…)

Lonely Planet
On Sale: May 17/22
6.75 x 8.5 • 224 pages
9781838695170 • $25.99 • pb
Series: Eat
Eat Malaysia and Singapore 1
by Lonely Planet Food

For everybody excited about exploring the unique cuisine and food culture of Malaysia and Singapore, this book is the perfect primer. It introduces the key specialities of each region, covering their history and significance to the local people. Learn about the dishes that you will find on regional menus, how to order and eat them, and other essential words and phrases for navigating the food scene.

The extensive section on etiquette covers all the dos and don'ts of local customs so you need never feel awkward or uncertain. From how to sit opposite your hosts (tip: don't cross your legs), to when and how to eat with your hands.

Written by Simon Richmond, who has previously authored Lonely Planet's Malaysia and Singapore travel guides, this book provides an insight into the country's best neighbourhoods and latest trends. A dedicated feature also focuses on hawker and street food stalls so that you know what to try and can experience this vibrant and exciting aspect of local life.

Regions covered: Kuala Lumpur, Kota Bharu, Kuching, Penang, Melaka, Singapore

In-depth profiles of Malaysian and Singaporean specialities: nasi lemak, laksa, satay, murtabak, rendang curry, char kway teow, hawker and street food

For first time visitors, experienced travellers or those who simply love the region, Eat Malaysia & Singapore is a culinary companion packed with beautiful illustrations, inspirational photography and detailed insights that bring the distinctive food and culture of these famous destinations to life.

About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and (...)

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- We make language easy with shortcuts, key phrases & common Q&As
- Feel at ease, with essential tips on culture & manners

Coverage includes: Basic language tools such as pronunciation, phrases for getting out and about, being social, food, safe travel, sustainable travel and two dictionaries

Authors: Written and researched by Lonely Planet and Marcia Monje de Castro.

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Bulgarian Phrasebook & Dictionary
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• Practical - travel with kids, disabled travellers, senior travellers, sightseeing, business, banking, post office, internet, phones, repairs, shopping, bargaining, accommodations, directions, border crossing, transport
• Social - meeting people, interests, feelings, opinions, going out, romance, culture, activities, weather
• Safe Travel - emergencies, police, doctor, chemist, dentist, symptoms, conditions
• Food - ordering, at the market, at the bar (...)

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- Social - meeting people, interests, feelings, opinions, going out, romance, culture, activities, weather
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- **Social** - meeting people, interests, feelings, opinions, going out, romance, culture, activities, weather
- **Safe Travel** - emergencies, police, doctor, chemist, dentist, symptoms, conditions
- **Food** - ordering, at the market, at the bar (...)

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• Detailed town index
• Transportation planner
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Covers New York, Pennsylvania, New Jersey, Washington DC, Maryland,
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- Before-you-go info
- Beautiful imagery
- Tailored itineraries
- Can't-miss regional highlights
- Detailed town index
- Transportation planner
- Themed lists

Covers Oregon (USA), Washington (USA), British Columbia (Canada)
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Covers: Arizona, Colorado, Nevada, New Mexico, Texas, Utah
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Pocket Bilbao & San Sebastian
by Catherine Le Nevez

Lonely Planet's *Pocket Bilbao & San Sebastian* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Visit the shimmering Museo Guggenheim Bilbao, enjoy sun-baked beaches, or sample tasty pintxos; all with your trusted travel companion. Uncover the best of Bilbao & San Sebastian and make the most of your trip!

Inside *Lonely Planet's Pocket Bilbao & San Sebastian*:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **Full-colour maps and travel photography throughout**
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- **Honest reviews for all budgets** - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
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**Covers** Bilbao, San Sebastian, Hondarribi, Pasajes, and more

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Author Bio

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- **Highlights and itineraries** help you tailor a trip to your personal needs and interests
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- **Convenient pull-out Bordeaux map** (included in print version), plus over 18 colour neighbourhood maps
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**Covers** Saint-Pierre, Saint-Paul & the Triangle d'Or, Saint-Michel & Capucins-Victoire, Saint-Seurin & Fondaudege, Chartrons, Bassins a Flot & Bacalan and more

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- **Full-color maps** and travel photography throughout
- **Highlights and itineraries** help you tailor a trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
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- **Honest reviews for all budgets** - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
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- **User-friendly layout** with helpful icons, and organized by neighborhood to help you pick the best spots to spend your time

**Covers** Charlestown, West End & North End, Beacon Hill & Boston Common, Downtown & Seaport District, South End & Chinatown, Back Bay, Kenmore Square & Fenway, Cambridge and more

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Pocket Dublin 6
by Fionn Davenport

Lonely Planet’s *Pocket Dublin* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Step back in time at Kilmainham Gaol, admire art at the Hugh Lane Gallery, and sample a pint at the Guinness Storehouse; all with your trusted travel companion. Uncover the best of Dublin and make the most of your trip!

Inside *Lonely Planet’s Pocket Dublin*:
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- **Full-colour maps and travel photography throughout**
- **Highlights and itineraries** help you tailor a trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
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- **Honest reviews for all budgets** - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
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*Covers Grafton St, Merrion Square, Temple Bar, Kilmainham and the Liberties North of the Liffey, the Phoenix Park, Docklands, Southside and more*

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Covers: Duomo & Piazza della Signoria, Santa Maria Novella, San Lorenzo & San Marco, Santa Croce, Boboli & San Miniato al Monte, Oltrarno, Pisa and (...
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- **Covers** Central Glasgow, East End, Merchant City, Southside & the Clyde, West End and more

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Pocket Jerusalem & Tel Aviv 2
by MaSovaida Morgan, Michael Grosberg and Anita Isalska

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- Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- Convenient pull-out Jerusalem map (included in print version), plus over 18 colour neighbourhood maps
- User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time
- Covers Jerusalem's Old City, East Jerusalem, Downtown Jerusalem, German Colony & Southern Jerusalem, Tel Aviv's City Centre, South City Centre, North Tel Aviv, Jaffa (Yafo) and more

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Pocket Las Vegas 6
by Andrea Schulte-Peevers

Lonely Planet's Pocket Las Vegas is your guide to the city's best experiences and local life - neighborhood by neighborhood. Explore the casinos, ride the Slotzilla zipline, and learn how the Mafia shaped Sin City at the Mob Museum; all with your trusted travel companion. Uncover the best of Las Vegas and make the most of your trip!

Inside Lonely Planet's Pocket Las Vegas:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **Full-color maps and travel photography throughout**
- **Highlights and itineraries** help you tailor a trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Convenient pull-out Las Vegas map** (included in print version), plus over 18 color neighborhood maps
- **User-friendly layout** with helpful icons, and organized by neighborhood to help you pick the best spots to spend your time

Covers the Strip, east of the Strip, west of the Strip, Downtown & Fremont Street, Grand Canyon, Hoover Dam & Lake Mead and more

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Pocket Los Angeles 6
by Andrew Bender and Cristian Bonetto

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Inside Lonely Planet's *Pocket Los Angeles*:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **Full-color maps** and travel photography throughout
- **Highlights and itineraries** help you tailor a trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Convenient pull-out Los Angeles map** (included in print version), plus over 9 color neighborhood maps
- **User-friendly layout** with helpful icons, and organized by neighborhood to help you pick the best spots to spend your time
- **Covers** Hollywood, Griffith Park, Silver Lake & Los Feliz, West Hollywood & Beverly Hills, Miracle Mile & Mid-City, Santa Monica, Venice, Downtown, Burbank & Universal City, Highland Park & Eagle Rock and more

The Perfect Choice: Lonely Planet's *Pocket Los Angeles*, an easy-to-use guide filled with top experiences - neighborhood by neighborhood - that literally fits in your pocket. Make the most of (...)
Pocket Madeira 3
by Marc Di Duca

Lonely Planet's Pocket Madeira is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Enjoy a beach day at Porto Santo, experience the panoramas of Monte and get artisanal souvenirs at Camacha Wicker Factory; all with your trusted travel companion. Uncover the best of Madeira and make the most of your trip!

Inside Lonely Planet's Pocket Madeira:
- Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- Full-colour maps and travel photography throughout
- Highlights and itineraries help you tailor a trip to your personal needs and interests
- Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
- Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices
- Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- Convenient pull-out Madeira map (included in print version), plus over 18 colour neighbourhood maps
- User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time
- Covers West Funchal, East Funchal, North Coast, East Madeira, West Madeira and more

The Perfect Choice: Lonely Planet's Pocket Madeira, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Madeira with trusted travel advice to get you straight to the (...)
Pocket Madrid
by Anthony Ham

Lonely Planet's *Pocket Madrid* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Start your day with chocolate con churros, feast on art at Museo del Prado, and fuel your evening fun with the best tapas; all with your trusted travel companion. Uncover the best of Madrid and make the most of your trip!

Inside *Lonely Planet's Pocket Madrid*:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **Full-colour maps and travel photography throughout**
- **Highlights and itineraries** help you tailor a trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **User-friendly layout** with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time
- **Covers** Salamanca, Plaza Mayor, Royal Madrid, El Retiro, La Latina, Lavapies, Malasana, Chueca, Sol, Santa Ana, Huertas, and more

The Perfect Choice: *Lonely Planet's Pocket Madrid*, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Madrid with trusted travel (...)
Pocket Munich 2
by Marc Di Duca

Lonely Planet's *Pocket Munich* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Witness luxury at Residenz, sample beer and celebrate at Oktoberfest and explore the 1972 Olympics site of Olympiapark; all with your trusted travel companion. Uncover the best of Munich and make the most of your trip!

Inside *Lonely Planet’s Pocket Munich*:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak
- **Full-colour maps and travel photography throughout**
- **Highlights and itineraries** help you tailor a trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Convenient pull-out Munich map** (included in print version), plus over 8 colour neighbourhood maps
- **User-friendly layout** with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

**Covers** Altstadt & the Residenz, Maxvorstadt, Schwabing & the Englischer Garten, Haidhausen & Lehel, Nymphenburg, BMW & Olympiapark and more

**The Perfect Choice:** *Lonely Planet’s Pocket Munich*, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Munich with trusted travel advice to get you straight to the (...)
Pocket Naples & the Amalfi Coast 2
by Cristian Bonetto and Brendan Sainsbury

Lonely Planet’s Pocket Naples & the Amalfi Coast is your guide to the city’s best experiences and local life - neighbourhood by neighbourhood. Amble the gardens of Ravello, traverse time at Pompeii and photograph Positano; all with your trusted travel companion. Uncover the best of Naples & the Amalfi Coast and make the most of your trip!

Inside Lonely Planet’s Pocket Naples & the Amalfi Coast:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak
- **Full-colour maps and travel photography throughout**
- **Highlights and itineraries** help you tailor a trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Convenient pull-out Naples & the Amalfi Coast map** (included in print version), plus over 19 colour neighbourhood maps
- **User-friendly layout** with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Centro Storico, Toledo & Quartieri Spagnoli, La Sanita & Capodimonte, Santa Lucia & Chiaia, Capri Town & the Isle of Capri, Sorrento & the Amalfi Coast and more

The Perfect Choice: Lonely Planet’s Pocket Naples & the Amalfi Coast, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make (...)

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Lonely Planet
On Sale: Jun 21/22
4.13 x 6 • 160 pages
9781788684200 • $19.99 • pb
Travel / Europe / Italy
Series: Pocket

Notes

Promotion
Pocket Nice & Monaco 2
by Gregor Clark

Lonely Planet’s *Pocket Nice & Monaco* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. View masterpieces in the Musee Matisse, enjoy the glittering Casino de Monte Carlo and explore Vieux Nice; all with your trusted travel companion. Uncover the best of Nice & Monaco and make the most of your trip!

**Inside** *Lonely Planet’s Pocket Nice & Monaco*:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak
- **Full-colour maps and travel photography throughout**
- **Highlights and itineraries** help you tailor a trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

**Convenient pull-out Nice & Monaco map** (included in print version), plus over 8 colour neighbourhood maps

**User-friendly layout** with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

**Covers** Vieux Nice, New Town & Promenade des Anglais, Cimiez, Liberation & Vernier, Le Port-Garibaldi, Monaco and more

**The Perfect Choice:** *Lonely Planet’s Pocket Nice & Monaco*, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Nice & Monaco with trusted travel (…)

Lonely Planet
On Sale: Jun 21/22
4.13 x 6 • 160 pages
9781788680899 • $19.99 • pb
Travel / Europe / France
Series: Pocket
Pocket Seville
by Lonely Planet and Duncan Garwood

Lonely Planet's Pocket Seville is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Admire the scale and majesty of the Catedral de Sevilla, explore the breathtaking spectacle of the Alcazar, or sample the best tapas; all with your trusted travel companion. Get to the heart of Seville and begin your journey now!

Inside: Lonely Planet's Pocket Seville:
Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
Full-colour maps and images throughout
Highlights and itineraries help you tailor your trip to your personal needs and interests
Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices
Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers: Catedral de Sevilla, Barrio de Santa Cruz, La Macarena & Alameda de Hercules, Parque de Maria Luisa & South of Centre, Triana, Isla de la Cartuja and more

The Perfect Choice: Lonely Planet's Pocket Seville, is our colourful, easy-to-use and handy guide that literally fits in your pocket, and (...)

Author Bio

About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travelers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more.

‘Lonely Planet guides are, quite simply, like no other.’ New York Times
Pocket Valencia
by Andy Symington

Lonely Planet's Pocket Valencia is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Stroll around the bustling Mercado Central, explore the Ciudad de las Artes y las Ciencias, and sample tapas in Russafa; all with your trusted travel companion. Uncover the best of Valencia and make the most of your trip!

Inside Lonely Planet's Pocket Valencia:
- Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- Full-colour maps and travel photography throughout
- Highlights and itineraries help you tailor a trip to your personal needs and interests
- Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
- Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices
- Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- Convenient pull-out Valencia map (included in print version), plus over 15 colour neighbourhood maps
- User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time
- Covers Barrio del Carmen, L'Eixample, North Ciutat, Russafa, South Ciutat, Northern & Eastern Valencia, Valencia's Beaches, Western Valencia and more

The (…)

Lonely Planet
On Sale: Jun 21/22
4.25 x 6 • 160 pages
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9781786575784 • $19.99 • pb
Travel / Europe / Spain & Portugal
Series: Pocket

Notes

Promotion
Blue Ridge Parkway Road Trips 2
by Amy C Balfour, Virginia Maxwell and Regis St Louis

Whether exploring your own backyard or somewhere new, discover the freedom of the open road with Lonely Planet's Blue Ridge Parkway Road Trips, featuring four amazing road trips, plus up-to-date advice on the destinations you'll visit along the way. Cross a mile-high suspension bridge for a parkway panorama at Grandfather Mountain, enjoy indie shops and microbreweries in downtown Asheville, and hike to spectacular views from 90ft Linville Falls - all with your trusted travel companion, all with your trusted travel companion. Jump in the car, turn up the tunes, and hit the road!

**Inside Lonely Planet's Blue Ridge Parkway Road Trips:**
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **Lavish color** and gorgeous photography throughout
- **Itineraries and planning advice** to pick the right tailored routes for your needs and interests
- **Get around easily** - easy-to-read, full-color route maps, detailed directions
- **Insider tips** to get around like a local, avoid trouble spots and be safe on the road - local driving rules, parking, toll roads
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, hidden gems that most guidebooks miss
- **Useful features** - including Stretch Your Legs, Detours, Link Your Trip

Covers Virginia, North Carolina, Shenandoah National Park, Lexington, Asheville, Cherokee, Brevard, Bryson City, Great Smoky Mountains National Park, Charlotte and more

The Perfect Choice: Lonely Planet Blue Ridge Parkway Road Trips is perfect for exploring the Blue Ridge Parkway in the classic American way - by road trip!

Planning a Blue Ridge Parkway trip sans a car? Lonely Planet's USA guide, our most (...)
Civil War Trail Road Trips
by Lonely Planet

Lonely Planet: The world’s leading travel guide publisher

Lonely Planet’s Civil War Trail Road Trips is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Visit the Civil War battlefields where it all took place, immerse yourself in the lively music culture of the South, and admire the Antebellum architecture of Charleston and Natchez - all with your trusted travel companion. Get to the heart of the Civil War Trail and begin your journey now!

Inside Lonely Planet’s Civil War Trail Road Trips:
• Colour maps and images throughout
• Highlights and itineraries help you tailor your trip to your personal needs and interests
• Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
• Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices
• Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
• Cultural insights provide a richer, more rewarding travel experience - history, people, music, landscapes, wildlife, cuisine, politics
• Covers Washington, Virginia, South Carolina, Mississippi, Tennessee, and more

The Perfect Choice: Lonely Planet’s Civil War Trail Road Trips is our most comprehensive guide to driving the Civil War Trail, and is perfect for discovering both popular and offbeat experiences. Looking for more extensive coverage? Check out Lonely Planet’s USA guide for an in-depth look at all the country has to offer.

About Lonely Planet: Lonely Planet is a leading travel media company and the world’s number (…)
Alaska 13
by Brendan Sainsbury, Catherine Bodry and Adam Karlin

Lonely Planet's *Alaska* is our most comprehensive guide that extensively covers all that Alaska has to offer, with recommendations for both popular and lesser-known experiences. Hike the history-laden Chilkoot Trail, spot icebergs and wildlife in Glacier Bay and marvel at the majesty of the Northern Lights; all with your trusted travel companion.

Inside *Lonely Planet's Alaska* Travel Guide:

**What's NEW in this edition?**

*Up-to-date information* - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

*NEW top experiences feature* - a visually inspiring collection of Alaska's best experiences and where to have them

*What's NEW feature* taps into cultural trends and helps you find fresh ideas and cool new areas

*NEW pull-out, passport-size 'Just Landed' card* - with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

*Planning tools* for family travellers

*Highlights and itineraries* help you tailor your trip to your personal needs and interests

*Eating & drinking in Alaska* - we reveal the dishes and drinks you have to try

*Color* maps and images throughout

*Insider tips* to save time and money and get around like a local, avoiding crowds and trouble spots

*Honest reviews for all* (...)

Lonely Planet
On Sale: Aug 16/22
5 x 7.75 • 448 pages
9781787015180 • $35.99 • pb
Travel / US / West / Pacific
Series: Regional Guide

Notes

Promotion
Austria 10
by Catherine Le Nevez, Marc Di Duca and Anthony Haywood

Lonely Planet's Austria is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Ski in the Alps, explore Vienna's imperial palaces, and drive the Grossglockner Road; all with your trusted travel companion. Inside Lonely Planet's Austria Travel Guide:

What's NEW in this edition?

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
NEW top experiences feature - a visually inspiring collection of Austria's best experiences and where to have them
What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas
Planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids
Pull-out, passport-size 'Just Landed' card* with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
Highlights and itineraries help you tailor your trip to your personal needs and interests
Eating & drinking in Austria - we reveal the dishes and drinks you have to try
Colour maps and images throughout
Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
Honest (…)

Lonely Planet
On Sale: May 17/22
5 x 7.75 • 416 pages
9781788687669 • $35.99 • pb
Travel / Europe / Austria
Series: Country Guide
Belgium & Luxembourg 8
by Mark Elliott, Catherine Le Nevez and Helena Smith

Lonely Planet's *Belgium & Luxembourg* is our most comprehensive guide that extensively covers all the countries have to offer, with recommendations for both popular and lesser-known experiences. Wander through Brussels' Grand Place, explore the caves of the Ardennes, and indulge in Belgian chocolate and beer; all with your trusted travel companion.

Inside *Lonely Planet's Belgium & Luxembourg* Travel Guide:

What's NEW in this edition?

- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **NEW top experiences feature** - a visually inspiring collection of Belgium & Luxembourg's best experiences and where to have them
- **Planning tools for family travellers** - where to go, how to save money, plus fun stuff just for kids
- **NEW pull-out, passport-size 'Just Landed' card** - with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- **Highlights and itineraries** - help you tailor your trip to your personal needs and interests
- **Eating & drinking in Belgium & Luxembourg** - we reveal the dishes and drinks you have to try
- **Coloured maps and images throughout**
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Honest reviews for all budgets** - eating, sleeping, sightseeing (…)

Lonely Planet
On Sale: May 17/22
5 x 7.75 • 320 pages
9781788680547 • $35.99 • pb
Travel / Europe / Benelux Countries
Series: Multi Country Guide

Notes

Promotion
Lonely Planet's *British Columbia & the Canadian Rockies* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Explore Tofino, ski at Whistler, and marvel at Lake Louise; all with your trusted travel companion. Get to the heart of BC & the Canadian Rockies and begin your journey now!

Inside *Lonely Planet's British Columbia & the Canadian Rockies* Travel Guide:

- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **NEW top experiences feature** - a visually inspiring collection of British Columbia & the Canadian Rockies's best experiences and where to have them
- **NEW pull-out, passport-size 'Just Landed' card** with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- **Color maps and images throughout**
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Cultural insights** give you a richer, more rewarding travel experience – history (…)

**Lonely Planet**

On Sale: Aug 16/22
5 x 7.75 • 320 pages
9781788683500 • $28.99 • pb
Travel / Canada / Western Provinces
Series: Regional Guide
Lonely Planet’s *Eastern USA* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Sample New Orleans cuisine, catch a Broadway show, and explore Michigan’s Gold Coast; all with your trusted travel companion. Get to the heart of Eastern USA and begin your journey now!

Inside *Lonely Planet’s Eastern USA* Travel Guide:

- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak
- **NEW top experiences feature** - a visually inspiring collection of Eastern USA’s best experiences and where to have them
- **What’s NEW feature** taps into cultural trends and helps you find fresh ideas and cool new areas
- **NEW pull-out, passport-size ‘Just Landed’ card** with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- **Accommodations feature** gathers all the information you need to plan your accommodation
- **Planning tools for family travelers** - where to go, how to save money, plus fun stuff just for kids
- **Color maps and images throughout**
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss

*Lonely Planet*

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5 x 7.75 • 672 pages  
9781788684194 • $35.99 • pb  
Travel / US / General  
Series: Regional Guide

**Notes**

**Promotion**
Estonia, Latvia & Lithuania 9
by Anna Kaminski, Hugh McNaughtan and Ryan Ver Berkmoes

Lonely Planet's *Estonia, Latvia & Lithuania* is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Explore Tallinn's fairy-tale old town, relax at Curonian Spit, and marvel at Riga's art nouveau architecture; all with your trusted travel companion.

Inside *Lonely Planet's Estonia, Latvia & Lithuania* Travel Guide:

What's NEW in this edition?

- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **NEW top experiences feature** - a visually inspiring collection of Estonia, Latvia & Lithuania's best experiences and where to have them
- **What's NEW feature** taps into cultural trends and helps you find fresh ideas and cool new areas
- **Planning tools for family travellers** - where to go, how to save money, plus fun stuff just for kids
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Eating & drinking in Estonia, Latvia & Lithuania** - we reveal the dishes and drinks you have to try
- **Colour maps and images throughout**
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, going out, shopping, hidden gems that (...)

**Lonely Planet**
On Sale: May 17/22
5 x 7.75 • 456 pages
9781788688208 • $35.99 • pb
Travel / Former Soviet Republics
Series: Multi Country Guide

**Notes**

**Promotion**
Georgia & the Carolinas 3
by Amy C Balfour, Jade Bremner and Ashley Harrell

Lonely Planet's Georgia & the Carolinas is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Take a thoughtful trip around Atlanta's Center for Civil & Human Rights, hike in the stunning Great Smoky Mountains National Park, admire Charleston's antebellum architecture and feast on low-country fare; all with your trusted travel companion.

Inside Lonely Planet's Georgia & the Carolinas Travel Guide:

What's NEW in this edition?

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
NEW top experiences feature - a visually inspiring collection of Georgia and the Carolinas best experiences and where to have them
What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas
NEW Accommodations feature gathers all the information you need to plan your accommodation
Highlights and itineraries help you tailor your trip to your personal needs and interests
Eating & drinking in Georgia & the Carolinas - we reveal the dishes and drinks you have to try
Georgia & the Carolinas 'beaches'- whether you're looking for relaxation or activities, we break down the best beaches to visit and provide safety information
Color maps and images throughout
Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
Honest reviews for all budgets - eating (...)

Lonely Planet
On Sale: Jul 19/22
5 x 7.75 • 384 pages
9781788680929 • $32.99 • pb
Travel / US / South / South Atlantic
Series: Regional Guide
Mallorca 5
by Josephine Quintero and Damian Harper

Lonely Planet's Mallorca is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Climb the medieval streets of Arta, traverse the helter-skelter Sa Calobra for amazing views, and watch the sunset from honey-toned Deia; all with your trusted travel companion. Get to the heart of Mallorca and begin your journey now!

Inside Lonely Planet's Mallorca:
- Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- Improved planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids
- Accommodation feature gathers all the information you need to plan your accommodation
- Colour maps and images throughout
- Highlights and itineraries help you tailor your trip to your personal needs and interests
- Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
- Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices
- Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- Cultural insights give you a richer, more rewarding travel experience - history, people, music, landscapes, wildlife, cuisine, politics
- Covers Palma & the Badia de Palma, West Mallorca, North Mallorca, the Interior, East Mallorca, Southern Mallorca and more

The Perfect Choice: Lonely Planet's (…)

Notes

Promotion
Montenegro 4
by Tamara Sheward and Peter Dragicevich

Lonely Planet's Montenegro is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Roam Kotor's atmospheric old town, raft the Tara River, and hike the Prokletije mountains; all with your trusted travel companion.

Inside Lonely Planet's Montenegro Travel Guide:

What's NEW in this edition?

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

NEW top experiences feature - a visually inspiring collection of Montenegro's best experiences and where to have them

What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas

NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

Highlights and itineraries help you tailor your trip to your personal needs and interests

Eating & drinking in Montenegro - we reveal the dishes and drinks you have to try

Colour maps and images throughout

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Cultural (...)

Lonely Planet
On Sale: May 17/22
5 x 7.75 • 256 pages
9781787017214 • $35.99 • pb
Travel / Europe / Eastern
Series: Country Guide

Notes

Promotion
Munich, Bavaria & the Black Forest 7
by Marc Di Duca and Kerry Walker

Lonely Planet's Munich, Bavaria & the Black Forest is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Swill a beer at Oktoberfest, drive the Romantic Road, and wander through the Black Forest; all with your trusted travel companion.

Inside Lonely Planet's Munich, Bavaria & the Black Forest Travel Guide:

What's NEW in this edition?

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

NEW top experiences feature - a visually inspiring collection of Munich, Bavaria & the Black Forest's best experiences and where to have them

What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas

Planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids

NEW pull-out, passport-size 'Just Landed' card* with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

Highlights and itineraries help you tailor your trip to your personal needs and interests

Eating & drinking in Munich, Bavaria & the Black Forest - we reveal the dishes and drinks you have to try

Colour maps and images throughout (…)

Notes

Promotion
Lonely Planet's New England is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Immerse yourself in historic Boston, wonder at Acadia National Park and munch on lobster rolls; all with your trusted travel companion. Get to the heart of New England and begin your journey now!

Inside Lonely Planet's New England Travel Guide:
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **NEW top experiences feature** - a visually inspiring collection of New England's best experiences and where to have them
- **NEW pull-out, passport-size 'Just Landed' card** with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- **NEW Accommodation feature** gathers all the information you need to plan your accommodation
- **Color maps and images throughout**
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Cultural insights** give you a richer, more rewarding travel experience - history, people, music, landscapes, wildlife, cuisine, politics
- **Over 59 maps**
- **Covers** Boston & Around, Cape Cod, Nantucket, Martha's Vineyard, Central Massachusetts, the Berkshires, Rhode Island (…)

Lonely Planet
On Sale: Aug 16/22
5 x 7.75 • 448 pages
9781788684576 • $35.99 • pb
Travel / US / Northeast / New England
Series: Regional Guide

Notes

Promotion
Lonely Planet's *New York & the Mid-Atlantic* is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Watch the world go by in New York's Central Park, hop between grand sights and museums in Washington DC's National Mall, and explore postcard-perfect Pennsylvania Dutch Country - all with your trusted travel companion.

**Inside Lonely Planet's *New York & the Mid-Atlantic* Travel Guide:**

- **What's NEW in this edition?**
  - Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
  - NEW top experiences feature - a visually inspiring collection of New York & the Mid-Atlantic's best experiences and where to have them
  - What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas
  - NEW Accommodations feature gathers all the information you need to plan your accommodation
  - Highlights and itineraries help you tailor your trip to your personal needs and interests
  - Eating & drinking in New York & the Mid-Atlantic - we reveal the dishes and drinks you have to try
  - Color maps and images throughout
  - Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
  - Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss

*Cultural (…)*
Lonely Planet’s *Nova Scotia, New Brunswick & Prince Edward Island* is our most comprehensive guide that extensively covers all that the region has to offer, with recommendations for both popular and lesser-known experiences. Explore the Bay of Fundy's mud flats, walk around Halifax and follow The Viking Trail; all with your trusted travel companion.

**Inside Lonely Planet’s *Nova Scotia, New Brunswick & Prince Edward Island* Travel Guide:**

**What's NEW in this edition?**

- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **NEW top experiences feature** - a visually inspiring collection of the region’s best experiences and where to have them
- **What's NEW feature** taps into cultural trends and helps you find fresh ideas and cool new areas
- **NEW pull-out, passport-size ‘Just Landed’ card** with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

**Planning tools** for family travellers

**Highlights and itineraries** help you tailor your trip to your personal needs and interests

**Eating & drinking in Nova Scotia, New Brunswick & Prince Edward Island** - we reveal the dishes and drinks you have to try

**Nova Scotia, New Brunswick & Prince Edward Island’s beaches** - whether you’re looking for relaxation or activities, we break down the best beaches to visit and provide safety (...)

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**Notes**

**Promotion**
Lonely Planet's Prague & Czechia is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Count statues on Charles Bridge, explore history at Prague Castle, or people-watch in Prague's Old Town square; all with your trusted travel companion. Get to the heart of Prague & Czechia and begin your journey now!

Inside Lonely Planet's Prague & Czechia:

- Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- Improved planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids
- What's New feature taps into cultural trends and helps you find fresh ideas and cool new areas our writers have uncovered
- NEW Accommodation feature gathers all the information you need to plan your accommodation
- Colour maps and images throughout
- Highlights and itineraries help you tailor your trip to your personal needs and interests
Sardinia 7
by Gregor Clark, Duncan Garwood and Kerry Walker

Lonely Planet’s Sardinia is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Explore Cagliari’s Il Castello, find a secluded cove on the Costa Smeralda, and walk the shores of Golfo di Orosei; all with your trusted travel companion.

Inside Lonely Planet’s Sardinia Travel Guide:

What’s NEW in this edition?

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak

NEW top experiences feature - a visually inspiring collection of Sardinia’s best experiences and where to have them

Planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids

NEW pull-out, passport-size ‘Just Landed’ card* with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

Highlights and itineraries help you tailor your trip to your personal needs and interests

Eating & drinking in Sardinia - we reveal the dishes and drinks you have to try

Sardinia’s beaches - whether you’re looking for relaxation or activities, we break down the best beaches to visit and provide safety information

Colour maps and images throughout

Insider tips to save time and money (…)

Notes

Promotion
Southern Italy 6
by Cristian Bonetto, Brett Atkinson and Gregor Clark

Lonely Planet’s *Southern Italy* is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Explore ghostly Pompeii, island-hop Sicily’s Aeolian Islands, and devour pizza on an ancient Neapolitan street; all with your trusted travel companion.

Inside *Lonely Planet’s Southern Italy* Travel Guide:

What's NEW in this edition?

- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020’s COVID-19 outbreak
- **NEW top experiences feature** - a visually inspiring collection of Southern Italy’s best experiences and where to have them
- **What’s NEW feature** taps into cultural trends and helps you find fresh ideas and cool new areas
- **Accommodation feature** gathers all the information you need to plan your accommodation
- **Planning tools for family travellers** - where to go, how to save money, plus fun stuff just for kids
- **NEW Pull-out, passport-size ‘Just Landed’ card** with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Eating & drinking in Southern Italy** - we reveal the dishes and drinks you have to try

*Southern Italy’s beaches* (…)
Switzerland 10
by Gregor Clark, Craig McLachlan and Benedict Walker

Lonely Planet's Switzerland is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Hop aboard the Glacier Express, hike in the Swiss National Park, and wander the medieval cobbled streets of Bern; all with your trusted travel companion.

Inside Lonely Planet's Switzerland Travel Guide:

What's NEW in this edition?

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

NEW top experiences feature - a visually inspiring collection of Switzerland's best experiences and where to have them

What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas

NEW pull-out, passport-size 'Just Landed' card* with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

Highlights and itineraries help you tailor your trip to your personal needs and interests

Eating & drinking in Switzerland - we reveal the dishes and drinks you have to try

Colour maps and images throughout

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden (…)

Lonely Planet
On Sale: May 17/22
5 x 7.75 • 352 pages
9781787016637 • $35.99 • pb
Travel / Europe / Switzerland
Series: Country Guide

Notes

Promotion
Turkey 16
by Jessica Lee, Brett Atkinson and Mark Elliott

Lonely Planet's Turkey is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. See the minarets of Istanbul's Old City, hot-air balloon over Cappadocia, gaze at the magnificent Aya Sofya; all with your trusted travel companion.

Inside Lonely Planet's Turkey Travel Guide:
- Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- NEW top experiences feature - a visually inspiring collection of Amsterdam's best experiences and where to have them
- What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas
- Planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids
- NEW pull-out, passport-size ‘Just Landed’ card* with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

Highlights and itineraries help you tailor your trip to your personal needs and interests

Eating & drinking in Turkey - we reveal the dishes and drinks you have to try

Colour maps and images throughout

Highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sleeping, sightseeing, going out (...)

Author Bio

About Lonely Planet: Started in 1973, Lonely Planet has become the world's leading travel guide publisher with guidebooks to every destination on the planet, as well as an award-winning website, a suite of mobile and digital travel products, and a dedicated traveler community. Lonely Planet's mission is to enable curious travelers to experience the world and to truly get to the heart of the places they find themselves in.
Lonely Planet's **USA** is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Catch a Broadway show in New York, marvel at the Grand Canyon, and drive the Pacific Coast Highway; all with your trusted travel companion. Get to the heart of the USA and begin your journey now!

**Inside Lonely Planet's USA Travel Guide:**
- **Up-to-date information** - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- **NEW top experiences feature** - a visually inspiring collection of the USA's best experiences and where to have them
- **What's NEW feature** taps into cultural trends and helps you find fresh ideas and cool new areas
- **Pull-out, passport-size 'Just Landed' card** with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
- **Accommodation feature** gathers all the information you need to plan your accommodation
- **Improved planning tools for family travelers** - where to go, how to save money, plus fun stuff just for kids
- **Color** maps and images throughout
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Cultural insights** give you a richer, more rewarding travel experience (…)

Lonely Planet
On Sale: Aug 16/22
5 x 7.75 • 1216 pages
9781788684187 • $42.99 • pb
Travel / US / General
Series: Country Guide

**Notes**

**Promotion**
Lonely Planet
On Sale: May 17/22
5 x 7.75 • 672 pages
9781788683937 • $35.99 • pb
Travel / Europe / Western
Series: Multi Country Guide

Notes

Promotion
Western USA 6
by Anthony Ham, Amy C Balfour and Robert Balkovich

Lonely Planet's Western USA is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Cruise down coastal highways, soak up Seattle's culture, or be awestruck by the Grand Canyon; all with your trusted travel companion. Get to the heart of Western USA and begin your journey now!

Inside Lonely Planet's Western USA Travel Guide:
- Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak
- NEW top experiences feature - a visually inspiring collection of [destination's] best experiences and where to have them
- Improved planning tools for family travelers - where to go, how to save money, plus fun stuff just for kids
- Color maps and images throughout
- Highlights and itineraries help you tailor your trip to your personal needs and interests
- Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
- Essential info at your fingertips - hours of operation, websites, transit tips, prices
- Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- Cultural insights give you a richer, more rewarding travel experience - history, people, music, landscapes, wildlife, cuisine, politics
- Over 40 maps
- Covers Rocky Mountains, Southwest, California, Pacific Northwest, and more

The Perfect Choice: Lonely Planet's Western USA, our most comprehensive guide to Western USA, is perfect for both exploring top sights and taking roads less (...)

Lonely Planet
On Sale: Aug 16/22
5 x 7.75 • 480 pages
9781788684170 • $35.99 • pb
Travel / US / West / General
Series: Regional Guide

Notes

Promotion
A Simpler Motherhood
Curating Contentment, Savoring Slow, and Making Room for What Matters Most
by Emily Eusanio

Emily Eusanio, known to her followers as @TheSimplifiedMom, is a part-time blogger and full-time mom of three children under five who is on a mission to remove stress from the lives of moms and busy families seeking less stuff and more joy in their daily life. In A Simpler Motherhood, Eusanio details an accessible approach to minimalism with tangible ways for mothers everywhere to simplify parenting—simple tips, actionable suggestions, and tailored solutions to declutter each aspect of motherhood.

Author Bio

Emily Eusanio, better known to her loyal followers as The Simplified Mom, is a part-time blogger and full-time mom of three children under five who seeks to help mothers everywhere rediscover the joys of motherhood. With a bachelor's degree in journalism and a master's degree in psychology, Emily has always pursued ways to help others discover how to lead happier, better lives. After creating her first blog on Instagram, @the.simplified.mom, just one year ago and quickly growing her audience to more than 34,000 followers, she's found a passion for helping women like her discover the true joys of simpler living every day.

With a quickly growing audience of engaged followers, Emily's blog on Instagram, @the.simplified.mom, has attracted mothers everywhere with her inspiring daily posts on simpler motherhood. Whether it be a way to declutter and simplify your kitchen cabinets, easier ways to meal plan and stay on a budget, or just a reminder that motherhood is meant to be lived, not hurried through, Emily's daily posts attract an average of more than 10,000 daily views. With previous experience in marketing and advertising, and a solid understanding of social media marketing, her blog serves as a strong platform to promote the joys of living with less to mothers everywhere on an daily basis.

Emily has partnered in the past with several well-known brands to promote their products and gain a growing audience. Her posts have been featured on the social media accounts of top companies, such as Pyrex, Thermos, Chicco, Day Designer, BranchBasics, Full Circle, Ruggable, LoveEvery and Magnatiles. Emily has been featured by The Spruce as one of the 11 Best Instagram Accounts For Minimalists (5/2020) and has conducted interviews for well-established podcasts, including (...)
Cemas Z
The Coming of Age Manga Comics
by Augustus Sanchez

A modern, coming-of-age manga comic, CEMAS Z centers on a young man named Zorox who is honing his unique skills to become someone he can be proud of. Author and self-taught animator Augustus Sanchez has filled the comic with detailed, dynamic illustrations, in the style of The Umbrella Academy and My Hero Academia

Author Bio

Augustus Sanchez, who goes by "Animated Zorox," is a twenty-year-old writer and storyteller who has been working on stories full of their own worlds, laws, and characters. He is a self-taught animator and has been able to consistently keep the oath he made to himself to animate a scene every day for the past four years.
Civil Disobedience
How to Win in Business and In Life
by Karen Civil

The miraculous journey of a boss lady: Karen Civil's rags to riches story is a powerfully inspirational one. In the beginning, Civil was a young black female entrepreneur with a dream; read about her entrepreneurial journey as she overcame adversity and achieved success in digital marketing: a field dominated by white men.

An entrepreneur book for black women: From a working class first generation immigrant to a star in marketing working with celebrity clients like the Backstreet Boys and Lil' Wayne, Civil's journey is bound to inspire any young entrepreneur: especially black female entrepreneurs just starting on their paths to success.

Lessons on perseverance, self-improvement, and success: As Civil narrates her incredible rise to the top, you'll get inspiration, motivation, and a tantalizing glimpse into her business and her relationships with celebrities. Throughout the book, episodes from Civil's extraordinary life illuminate lessons that anyone - but especially black women in America - can apply to themselves to transcend and overcome.

Author Bio
Karen Civil is an American social media and digital media marketing strategist. She gained attention for helping to create and run Weezythanxyou.com, a website where the rapper Lil' Wayne published letters to his fans while he was incarcerated at Rikers Island. Civil won a 2009 Black Web Award from Essence magazine. In 2010, the staff of MTV News thanked her for contributions she made to their urban journalism. In 2012, Civil was named to the Ebony Power 100 list. On September 15, 2015, Civil was a guest speaker at the White House "Champions of Change" event honoring young women and their contributions to their communities. She has been compared to Oprah Winfrey for her influence in the rap industry. Black Enterprise named Civil "social influencer of the year." In 2014, Civil was honored at both the 2014 BET Awards and the Salute 2014 Dinner. LA Weekly writer Mara Shalhoup wrote an article discussing Civil's various accomplishments, particularly her work with campaigning for Hillary Clinton in the 2016 U.S. Presidential election and her social media work. Civil has been outspoken about women's rights in the workplace and in hip hop. Appearing on the Scoop B Radio podcast in 2017, Civil told Brandon Scoop B Robinson that she's glad that the me-too movement was created, because it shows that women are not going to take it. She has been featured on the radio show The Breakfast Club.
Discover Provence
A Shopping, Wine, Antiques, and Festivals Guide to the South of France
by Georgeanne Brennan

Award-winning cookbook author, journalist, educator, and entrepreneur Georgeanne Brennan has given readers a gift with Discover Provence - a carefully curated insider’s guide to the southern region of France. Brennan’s engaging prose, accompanied by beautiful photographs, details the history of the region and offers readers various locales to consider: from Cote d’Azur to the mountains of Haute Provence; to lavender, poppy and wheat fields; through bustling markets; to fisherman-filled harbors; over vine-covered hills; and into ancient castle ruins.

Author Bio

Georgeanne Brennan is an award-winning cookbook author, journalist, educator and entrepreneur who is nationally recognized for her work. Her expertise ranges from farming and agriculture to history and food lore. She is the recipient of a James Beard Foundation Award. In addition to her books, Brennan writes regular features for the SAN FRANCISCO CHRONICLE newspaper’s food section and has contributed to FINE COOKING, BON APPETIT, COOKING PLEASURES, THE NEW YORK TIMES, GARDEN DESIGN, METROPOLITAN HOME, HORTICULTURE, and ORGANIC GARDENING. She is a regular contributor and columnist for EDIBLE MARIN and WINE COUNTRY. She has been featured in FOOD AND WINE, GOURMET, and SUNSET MAGAZINE, among others and has appeared on OPRAH.COM, GOODMORNING AMERICA, and other shows. In 2014 she launched her online store, La Vie Rustic-Sustainable Living in the French Style, lavierustic.com, which reflects her long-time love affair with France and especially Provence, where she has a home. She lives in Winters, CA, and Provence.
Dungeons 'n' Durags
One Black Nerd's Comical Quest of Racial Identity and Crisis of Faith in America
by Ron Dawson

Filmmaker Ron Dawson lends his wit and comical social commentary to tell the story of how one of the "whitest" and nerdiest Black men finally woke up, found his Black identity, and lost all inhibitions at dropping the f-bomb in uncomfortable conversations.

A coming-of-age story of Black identity. In the suburbs of Atlanta, Ron was a Black nerd living very comfortably in his white world. He loved his white wife, worked well with his white workmates, and worshipped at a white church. On November 8, 2016, everything changed. When Trump became POTUS, Ron began a journey of self-discovery that made him question everything—from faith to friendships.

Part social commentary and part fantastical narrative. This book goes where no Blerd has gone before. In a psychedelic way, Ron is guided by a guardian "angel" in the guise of Samuel L. Jackson's character from Pulp Fiction. Sam is there to help Ron, well, be more Black. Ron confronts his Black "sins" and wrestles with Black identity, systemic racism, and what it means to be "Black" in America.

Funny stories with a lasting impact. Learn lessons from a man who deconstructs his faith and confronts personal demons of racial identity. Gain new perspectives through funny stories that will reshape your current views on Black identity.

Inside, you'll find:
? The funniest social commentary for Black nerds to dive into their Black identity
? Uncomfortable conversations on durags, Black politics, and Pulp Fiction
? Political satire wrapped in funny stories of a man's journey to stop the systemic racism around him

If you liked THE CRUELTY IS THE POINT, MEDIOCRE, or UNCOMFORTABLE CONVERSATIONS WITH A BLACK MAN, you'll love DUNGEONS N' DURAGS

Author Bio

Ron Dawson is a satirical writer, filmmaker, self-admitted blerd, managing editor of a major filmmaking blog, and the author of several books.
Ferment This
Preserving, Pickling, and Fermenting Your Way to a Better World
by Terri Ann Fox

With *Ferment This*, Terri Ann Fox of River Run Ferments & Bakehouse gives readers tons of information about the benefits of preparing and eating fermented foods. Learn about the environmental effects of canning and jarring, the practicality of pickling from a sustainable standpoint, and the health benefits of fermented foods.

**Author Bio**

Terri Ann Fox lives on a six-acre farm where she and her family grow vegetables, ferment food, bake sourdough bread, and create delicious plant-based cheeses—all while running a thriving business called River Run Ferments & Bakehouse. Terri also runs workshops for fermentation, baking, and cheese making skills. Originally from the United States, she currently lives in Ireland.
Flavcity’s 5 Ingredient Meals
50 Easy & Tasty Recipes Using the Best Ingredients from the Grocery Store
by Bobby Parrish and Dessi Parrish

The authors of the bestselling book Keto Meal Prep by FlavCity are back with simple, five-ingredient recipes to help newbie cooks make delicious dishes and learn how to shop smarter. This paperback edition of 5 Ingredient Meals is the perfect addition to your kitchen library.

Author Bio

Bobby Parrish is a passionate home cook who went to the best culinary school around: his mom’s kitchen. He wanted to be on the Food Network badly, and, when they rejected his application for the next Food Network Star, he decided to start a YouTube channel. Four years and hundreds of thousands of fans later, it seems the Food Network made a mistake!

Bobby and his wife Dessi Parrish started filming online cooking videos for the sole purpose of proving that healthy food can taste good and that home cooks can be rock stars in the kitchen. Little did they know that only a few years later, Bobby would quit his job in finance, Dessi would quit her job in corporate America, and they would turn their two-bedroom Chicago condo into a production studio involving all things food. Dessi not only joins Bobby on camera to share some of her dessert recipes, but she also does all the photography, filming, editing, and website design for FLAVCITY
Les 7 Habitudes express
sagesse intemporelle pour un monde qui change vite
by Stephen R. Covey

Le monde change radicalement et il est facile de perdre de vue ce qui compte le plus. Ne tombez pas dans ce piège ! Développez vos compétences en leadership et augmentez votre productivité en appliquant les principes du best seller international les 7 habitudes des gens efficaces.

Découvrez les habitudes qui changeront votre vie professionnelle et personnelle. Cette adaptation du best seller de Stephen R. Covey nous livre de précieux conseils pour devenir plus productif et efficace et enfin atteindre nos objectifs tant sur le plan professionnel que personnel.

Devenez la meilleure version de vous-même. Ce livre est un véritable coach en développement personnel et professionnel. Retrouvez tous les conseils de Stephen R. Covey dans ce guide et soyez prêt à relever les défis du quotidien.

En suivant les principes des 7 Habitudes Express, apprenez à :

- Développer vos soft skills, l'estime de soi, la pensée positive
- Restez proactif et améliorer votre productivité
- Faire face aux défis et au changement afin de mener à bien votre réussite professionnelle

Si vous êtes à la recherche d'un livre sur le management des compétences ou sur le développement personnel tels que Le pouvoir des Habitudes et la 25e heure, ou si vous avez apprécié Les 7 habitudes de ceux qui réalisent tout ce qu'ils entreprennent, alors Les 7 habitudes express sera votre prochaine lecture.

Author Bio

Le Dr Stephen R. Covey est décédé en 2012, laissant derrière lui un héritage inégalé d'enseignements sur le leadership, la gestion du temps, l'efficacité, le succès, l'amour et la famille. Auteur de classiques vendus à plusieurs millions d'exemplaires, le Dr Covey s'est efforcé d'aider les lecteurs à reconnaître les principes qui les conduiraient à une efficacité personnelle et professionnelle. Son œuvre phare, Les 7 habitudes des gens efficaces, a transformé la façon dont les gens pensent et agissent face à leurs problèmes grâce à un processus convaincant, logique et bien défini.

Expert mondialement reconnu en matière de leadership, le Dr. Stephen Covey est également enseignant, auteur et consultant.

Il a vendu plus de 30 millions de livres, traduits dans 50 langues, et Les 7
Les Multiplicateurs
Comment les meilleurs leaders font ressortir le genie en chacun
by Liz Wiseman

Dans le monde du travail, il existe deux types de leader et deux styles de
management radicalement différents. Certains leaders drainent les capacites
e l'intelligence de leurs equipes alors que d'autres les amplifient pour
produire de meilleurs resultats.

Vous avez surement deja croise ces deux styles de management au travail. Le
premier draine l'intelligence, l'energie et les capacites des personnes qui
l'entourent et doit toujours etre au centre de l'attention. De l'autre cote se
trouvent les leaders qui utilisent leur intelligence pour amplifier l'intelligence et
les capacites des personnes qui les entourent. Ce sont les leaders qui incitent
les employes a se depasser pour obtenir des resultats qui depassent les
attentes. Ce sont les multiplicateurs.

Augmentez les performances de votre entreprise. Ayant analyse les donnees
de plus de 150 dirigeants, l'expert en leadership Liz Wiseman a identifie cinq
disciplines qui distinguent les Multiplicateurs des Diminueurs. Ces cinq
disciplines sont des competences relationnelles, organisationnelles et
manageriales a portee detous et peuvent avoir un reel impact sur la rentabilite
de l'entreprise.

Devenez un Multiplicateur. Apprenez a developper vos competences a fin de
devenir un Team Leader inspirant. Attirez les talents, engagez vos
collaborateurs et stimulez l'innovation.

Ce livre fournit tous les out ils vous permettant:

D'identifier concret ment ces deux styles de management et de leadership
De decouvrir les cinq competences a mettre en pratique a fin de devenir un
leader bien veillant et inspirant
De mettre en place un environnement de travail stimulant et innovant.
Si vous etes a la recherche d'un livre sur le leadership ou le developpement
des competences tels que L'intelligence emotionnelle de Viola (…)

Author Bio

Liz Wiseman est une chercheuse et conseillere de direction qui enseigne le
leadership a des cadres du monde entier.
Elle est actuellement PDG de Wiseman Group, une société de recherche et de
developpement en matière de leadership dont le siege se trouve dans la
Silicon Valley, en Californie. Parmi ses clients recent s figurent: Apple, AT&T,
Disney, Facebook, Google, Microsoft, Nike, Salesforce, Tesla et Twitter. Liz a
Miette and the Swedish Midsommar
A Book of Recipes from the Archipelago of Sweden - Foods, Stories, and More
by Meg Ray

Self-taught baker, bestselling author, and chef/owner of the titular Miette—one of the top ten pastry shops in the world, according to Conde Nast—Meg Ray's newest title is inspired by the summers she spends in Sweden. In Miette and the Swedish Midsommar, Ray shares recipes, stories, Nordic staples, and more—all with a Miette twist.

Author Bio

Meg Ray is a self-taught baker, the best-selling author of Miette, and the chef and owner of San Francisco's most charming pastry shop by the same name. Miette has impeccable cakes that are traditionally American & birthday-party perfect. A modern interpretation and the finest, unrefined ingredients available have made Miette one of the top ten pastry shops in the world, according to Conde Nast.

Several years ago, Meg's life changed when she was invited to the Swedish island of Rodlogo, an island with no running water or electricity. While there, she fell in love with the people, traditions, foods, and a small cafe, which specialized in breads and sandwiches. Every year she returns to Rodlogo to work at that small cafe, absorbing classic recipes, methodologies, and traditions of the area. Meg spends most of her time in California, except for her summers, which are dedicated to her favorite bakeshop in Sweden.
Modern Flower Arranging
Simple Floral Design for Inspired Ikebana by Naoko Zaima

With *Modern Flower Arranging*, Ikebana expert Naoko Zaimais provides step-by-step instructions that allow you to create stunning floral arrangements in various Ikebana styles using both fresh and dried flowers. A beautifully photographed instructional guide that provides a modern take on a centuries-old art, *Modern Flower Arranging* also details the history of Ikebana and its impact on floral design.

Author Bio

**Naoko Zaima** teaches classes about how to create ikebana arrangements and sells her arrangements through local stores. She is very affirming and believes that all Ikebana is precious, beautiful, and loveable—because it has been created using a sense of feeling and is a reflection of a person's spirit and state of mind. She has also recently started a minimalist jewelry business called THE SHEEK. She is from Japan but now lives in Santa Monica, California.
Not Necessarily Rocket Science
A Beginner’s Guide to Life in the Space Age
by Kellie Gerardi

Not Necessarily Rocket Science provides inspiration and insider perspective for anyone who has ever dreamed of the stars and wondered what it might be like to work in space. Written by space professional and popular science communicator, Kellie Gerardi, the book follows the author’s non-traditional path in the space industry and offers guidance and encouragement to all aspiring astronauts – whether they be artists or engineers.

Learn from Kellie Gerardi What It's Like to Be a Female Astronaut

"Kellie is probably one of the best ambassadors for spaceflight in the 21st century that the industry could have." -Lucy Hawking, author of George's Secret Key to the Universe and host of Audible’s Lucy in the Sky.

#1 Bestseller in Astronomy & Space Science, Universe

Follow aerospace science professional Kellie Gerardi's non-traditional path in the space industry as she guides and encourages anyone who has ever dreamed about stars, the solar system, and the galaxies in space.

Ever wondered what it's like to work in outer space? In this candid science memoir and career guide, Kellie Gerardi offers an inside look into the industry beginning to eclipse Silicon Valley. Whether you have a space science degree or are looking to learn about stars, Kellie Gerardi’s, Not Necessarily Rocket Science proves there’s room for anyone who is passionate about exploration.

What it's like to be a woman in space. With a space background and a mission to democratize access to space, this female (...)

Author Bio

Kellie Gerardi is an aerospace, defense, and technology professional and a popular science communicator. She conducts bioastronautics research in microgravity with the International Institute for Astronautical Sciences (IIAS) and in 2021 was announced as a commercial astronaut and payload specialist contracted to fly on a dedicated research flight with Virgin Galactic. Kellie is the world’s first industry-sponsored researcher contracted to fly on a commercial spacecraft. Kellie serves on the Defense Council for the Truman National Security Project and on the Board of Directors for The Explorers Club, whose esteemed flag she carried during a crew rotation at the Mars Desert Research Station. Kellie also holds a leadership role in global Mission Operations at Palantir Technologies. She is the author of NOT NECESSARILY
Memories and Dreams
The Baseball Hall of Fame on America’s Pastime and the History of Baseball
edited by The National Baseball Hall of Fame and Museum

With The Best of Memories and Dreams, the The National Baseball Hall of Fame and Museum commemorates the moments, heroes, and trends that define baseball for its millions of fans. This compendium covers it all: mysteries, stats, and tales both from and about the best baseball players in history.

Discover What Made Baseball America’s Pastime
Memories and Dreams celebrates the iconic moments, heroes, and trends that define baseball for its millions of fans. This compendium of baseball writing covers it all—recollections of Hall of Famers and narratives from top baseball writers; stories on the rich iconography and history of the game across the full diversity of players, teams, and leagues; and reflections on the way America’s Pastime has shaped our culture. Selected from the Baseball Hall of Fame’s member magazine, Memories and Dreams brings to life the best of baseball.

More than just a baseball history book. Revel in America’s Pastime and explore baseball history in articles written by notable sports writers, Hall of Famers, media personalities, and the Hall’s own expert historians. Memories and Dreams showcases the best of baseball facts, baseball biographies, and baseball media personalities into a robust catalogue of known and unknown information.

Get the inside scoop into the lives of baseball giants like Johnny Bench, Peter Gammons, John Grisham, Tim (…)

Author Bio
The National Baseball Hall of Fame and Museum is an independent nonprofit educational institution, dedicated to fostering an appreciation of the historical development of baseball and its impact on our culture by collecting, preserving, exhibiting and interpreting its collections for a global audience as well as honoring those who have made outstanding contributions to our National Pastime. Opening its doors for the first time on June 12, 1939, the Hall of Fame has stood as the definitive repository of the game’s treasures and as a symbol of the most profound individual honor bestowed on an athlete. It is every fan’s “Field of Dreams,” with its stories, legends and magic shared from generation to generation.
The Book of Extraordinary Femme Fatale Stories
The Best New Original Stories of the Genre Featuring Female Villains, Detectives, and Other Mysterious Women
by Maxim Jakubowski

Novelist, editor, and mystery extraordinaire Maxim Jakubowski has compiled another excellent set of mystery and thriller stories, this time centered on female villains and cunning consorts. *The Extraordinary Book of Femme Fatales* features work from some of the best new voices in the genre, hand-picked by Jakubowski himself.

**Author Bio**

Maxim Jakubowski is a novelist and editor. A United Kingdom native, he opened the world-famous Murder One bookshop in London in 1988. He compiles two acclaimed annual series for the Mammoth list, Best New Erotica and Best British Crime. He is a recipient of the Anthony and Karel awards, a frequent TV and radio broadcaster, crime columnist for *The Guardian* newspaper, and Literary Director of London's Crime Scene Festival. He lives in London, United Kingdom.
The Congo Diaries
A Mission to Re-Wild the World and How You Can Help
by Mark Vins

In The Congo Diaries, Emmy-Award-winning wildlife filmmaker and cofounder of Brave Wilderness Mark Vins explores and unpacks the global significance of the declining Virunga National Park, the rainforest in the heart of the Congo known as the "lungs of the Earth." Vins details the varied, interconnected environmental biomes all located within Virunga, and emphasizes the steps we can take to help preserve these habitats and the plant and animal species that call it home.

Mark Vins and His Environmental Conservation Mission to Help Save Our Planet

Join Mark Vins of Brave Wilderness and His Courageous Environmental Conservation Expedition to Save Africa's Virunga National Park.

Known as one of the rainforest "lungs of the Earth", Virunga National Park is on the verge of complete devastation. Now environmental conservationist Mark Vins, CEO and Co-Founder of Brave Wilderness, a Youtube channel with over 19 million subscribers, is on a quest to make a difference in the fight to save our planet.

The world's second largest rainforest is in trouble. In the heart of the Congo forest lies Africa's oldest environmental conservation and UNESCO World Heritage site, Virunga National Park. It contains virgin rainforests, volcanoes, lakes, and savannah, all in a completely unique combination of natural habitats. Virunga is the home of many species of plants and animals and is located in the only region in the world that (…)

Author Bio

As the CEO and Co-Founder of Brave Wilderness, Emmy-Award winner Mark Vins has been able to drive support for wildlife conservation efforts by educating and inspiring his 19M subscriber audience to action. By exploring the world to understand the earth's most interesting creatures and natural phenomenon, the Brave Wilderness channel has skyrocketed in popularity on YouTube, reaching over 4 billion views and making the company the digital leader in the wildlife and nature space.

Mark's goal for Brave Wilderness is to revolutionize how people learn and interact with the natural world by becoming the epicenter of animal and adventure-based entertainment. The journey to achieve Brave Wilderness' conservation goals begins when Mark met Coyote Peterson at The Ohio State University.
The Female Gaze
Essential Movies Made by Women
by Alicia Malone

A wonderful guide to some of the best films made by women, both celebrating women directors and fueling the red-hot discussion about why we don't have more." -Maria Giese, filmmaker and activist

#1 Best Seller in Movies & Video Guides & Reviews, Women Artists

With the success of Patty Jenkins's Wonder Woman, Ava Duvernay's 13th, and with the rise of the MeToo movement, women creators in film are more important than ever.

A woman's influence on film. You may have heard the term "male gaze," coined in the 1970s which is about how art and entertainment has been influenced by the male's perspective. So, what about the opposite? Women have been making movies since the very beginning of cinema. What new ideas, thoughts and aspects can we learn from women in film? What does the world look like through the "female gaze"?

All movies made by women. The Female Gaze goes through a historical layout of essential, thought-provoking, and life-altering movies made by women. Past and present films are featured in this book making this guidebook perfect for the movie lover in your life. Jump right into the benefits and perspectives of the female mind.

Inspiring biographies of women directors. Discover brilliantly talented and accomplished female directors, both world renowned and obscure, who have shaped (...)

Author Bio

Alicia Malone is a film reporter, author and self-confessed movie geek. Currently she is a host on Turner Classic Movies and FilmStruck, a cinephile subscription streaming service. Alicia has given two TEDx talks about women in Hollywood, and her first book BACKWARDS AND IN HEELS: THE PAST, PRESENT AND FUTURE OF WOMEN WORKING IN FILM was released in August 2017. She is a member of the Broadcast Film Critics Association and the LAOnline Film Critics Society, and over the years she has interviewed hundreds of movie stars and filmmakers.
In *The Importance of Not Being Ernest*, acclaimed journalist and *New York Times* bestselling author Mark Kurlansky focuses on the sprawling life and work of Ernest Hemingway while drawing parallels to his own. This memoir and biography contains an in-depth analysis of the places and people in Hemingway's life.

**Author Bio**

*Mark Kurlansky* was born in Hartford, Connecticut. After receiving a BA in Theater from Butler University in 1970—and refusing to serve in the military--Kurlansky worked in New York as a playwright, having a number of off-off Broadway productions, and as a playwright-in-residence at Brooklyn College. He won the 1972 Earplay award for best radio play of the year. He has worked many other jobs, including as a commercial fisherman, a dock worker, a paralegal, a cook, and a pastry chef.

In the mid-1970s, unhappy with the direction New York theater was taking, he turned to journalism, an early interest—he had been an editor on his high school newspaper. From 1976 to 1991 he worked as a foreign correspondent for *THE INTERNATIONAL HERALD TRIBUNE*, *THE CHICAGO TRIBUNE*, *THE MIAMI HERALD*, and *THE PHILADELPHIA INQUIRER*. Based in Paris and then Mexico, he reported on Europe, West Africa, Southeast Asia, Central America, Latin America, and the Caribbean.

His articles have appeared in a wide variety of newspapers and magazines, including *THE INTERNATIONAL HERALD TRIBUNE*, *THE PHILADELPHIA INQUIRER*, *THE MIAMI HERALD*, *THE CHICAGO TRIBUNE*, *THE LOS ANGELES TIMES*, *TIME*, *PARTISAN REVIEW*, *HARPER'S*, *NEW YORK TIMES SUNDAY MAGAZINE*, *AUDUBON*, *FOOD & WINE*, *GOURMET*, *BON APPETIT*, and *PARADE*. He is a member of Phi Beta Kappa. In addition to numerous guest lectures at Columbia University School of Journalism, Yale University, Colby College, Grinnell College, the University of Dayton, and various other schools, he has taught a two-week creative writing class in Assisi, Italy; led a one-week intensive non-fiction workshop in Devon, England for...
The Outdoor Table
Recipes for Living and Eating Well
by Alanna O’Neil

Photographer, food stylist, and author Alanna O’Neil is back with The Outdoor Table, a laid-back outdoor living kit that will help you bring simple-yet-beautiful entertaining to your own backyard. O’Neil shares strategies for the modern party host and includes suggestions for decor, displays, locations, curated recipe lists, and more.

Author Bio

Alanna O’Neil is a photographer and creative director. As a food stylist, she has worked alongside several brands, restaurants, and PR companies like THE SPRUCE, INFATUATION, QNY CREATIVE, and others. Alanna is known for her fan favorite book, THE ART OF PICNICS. Her other published works can be found in TABLE MAGAZINE and HOME. A Vermont native, she now lives in Maui.
The Sleep-Deprived Teen
Why Our Teenagers Are So Tired, and How Parents and Schools can Help Them Thrive
by Lisa Lewis

Does your teen wake up exhausted? The Sleep-Deprived Teen is designed with solutions for your teen’s poor sleep cycles. Lisa Lewis, journalist and parent of two teens, has packed this book with impressive facts and data detailing why your teen is tired and how you can help them sleep well.

Author Bio

Lisa Lewis is a freelance journalist who covers the intersection of parenting, public health, and education. She is a frequent contributor to THE WASHINGTON POST’s “On Parenting” section, and she’s written for THE NEW YORK TIMES, THE ATLANTIC, TIME, the LOS ANGELES TIMES, SLATE, and YOUR TEEN, among others. Lisa Lewis has a master’s degree from the Medill School of Journalism at Northwestern University, an MFA from Mills College, and an undergraduate degree in rhetoric and mass communications from the University of California at Berkeley. She is a parent to two teens, who inspire much of what she writes about—everything from concussions and heat stroke to school lockdowns to sleep habits.
The Witch's Book of Candle Magic
A Handbook of Candle Spells, Divination, Rituals and Charms by Cerridwen Greenleaf

In Witch’s Book of Candle Magic, bestselling author Cerridwen Greenleaf offers readers a compendium on all things Candle Magic, complete with spells, incantations, and rites. Learn how to choose the perfect candles for your practice and consider the properties of various colors and shapes—inviting in peace, love, and prosperity to enhance your life.

Author Bio

Cerridwen Greenleaf has worked with many leading lights of the Wiccan world and has led ritual and magic workshops throughout North America. She is the author of THE MAGIC OF CRYSTALS AND GEMS and THE HERBAL HEALING HANDBOOK. She blogs at yourmagicalhome.blogspot.com and lives in San Francisco, CA.

Mango Publishing
On Sale: Jul 12/22
5.5 x 8.5 • 152 pages
40 color illustrations throughout
9781642508673 • $24.95 • pb
Religion / Wicca (See Also Body, Mind & Spirit / Witchcraft)
This Book Is a Safe Space
Cute Doodles and Therapy Strategies to Support Self Love and Wellbeing
by Amy Tran

Amy Tran (@doodledwellness) has the goal of making brain science easy to understand, and with This Book Is a Safe Space, she equips individuals with the tools needed to nurture a healthy mindset. Blending psychoeducation (funded by Canada’s Social Sciences and Humanities Research Council) with engaging illustrations, Tran's cute doodles, self-love affirmations, coping strategies, and encouraging reminders will help readers develop positive self-talk.

Author Bio

Amy Tran is the creator of @doodledwellness on Instagram, where she has developed a community of followers interested in learning more about brain science and psychology to best support their mental health. Amy has a Master of Arts degree in Clinical Psychology and is in the final year of her PhD program, also in Clinical Psychology. Amy created Doodledwellness to give others insight into their own psychology while providing coping strategies for navigating relationships and situations in daily living. Her goal is to make brain science easy to understand and to equip individuals with the tools needed to nurture a healthy mindset. Amy's research is funded by Canada's Social Sciences and Humanities Research Council, and she has also been nominated for the Canadian Governor General's Gold Medal. By blending psychoeducation with engaging illustrations, Amy helps to make improving your mental health accessible for all audiences.
Tiny House Basics
Living the Good Life in Small Spaces
by Joshua Engberg and Shelley Engberg

The Perfect Guide to Little Space Living

#1 Best Seller in Small Homes & Cottages

"Joshua and Shelley get you thinking about what you can do to live a little simpler, even if you're not building a tiny house." - Mario Soto, Tiny House MD.

With this tiny homes idea book, learn how to redefine what a house is and master organization, location, and happiness to make the best of your little space.

You'll want to live in a mini house after reading this book. TINY HOUSE BASICS is an adventure in off-grid living. In their debut book, mini house living experts Shelley and Joshua Engberg show how you can join the revolution to downsize without giving up everything you hold dear. As avid campers and off roaders, together they help you enter the world of comfortable and entertaining small spaces.

Learn the best tips and tricks to owning tiny homes. Whether it's cottage-style smallhouses or a mini getaway house, TINY HOUSE BASICS makes tiny house plans practical and accessible. With advice easily applicable to any small home, including spaces like apartments and studios, this micro living book turns any little space into the (...)

Author Bio

Joshua Engberg and Shelley Engberg make up the duo behind TINY HOUSE BASICS.

In the summer of 2014, Joshua and his wife, Shelley, started to build their first tiny house. The goal was to simplify their lives and return to the basics. Downsizing and redefining "necessities" was only the beginning. As avid campers and off-road fans, they were used to smaller spaces and only having essentials on trips. So they thought, "why not live like this 365 days ayear?"

Moving into a Tiny House was a new challenge that brought its highs and lows. With the help of Tiny House Nation and many talented friends, they finished their self-designed 374 sq ft home in 18 Days! Today, they live in their tiny house full time and couldn't be happier.
You Can Do All Things
Drawings, Affirmations and Mindfulness to Help with Anxiety and Depression
by Kate Allan, foreword by Margarita Tartakovsky

You Can Do All Things is a collection of captioned illustrations from popular art blogger Kate Allan, of @TheLatestKate. This paperback edition features images that are colorful, imaginative, and accompanied by quotations that both validate readers and encourage mindfulness. While calming and supportive, Kate's artwork is also candid about the internal problems that many people in this hectic modern world face.

Author Bio

Kate Allan is an author and illustrator from Washington State. She writes and draws about painful things but aims to make it okay with bright colors and sparkles. Under the handle TheLatestKate, she has amassed a social media following of more than 400,000 people. Her work has been featured in THE HUFFINGTON POST, THE MIGHTY, MY MODERN MET, WEAR YOUR VOICE MAG, THE PATREON BLOG, and SPARKLIFE.

Margarita Tartakovsky, MS, is a writer and associate editor at PsychCentral.com, the Internet's largest and oldest independent mental health online resource. There, she pens pieces about everything from anxiety and ADHD to creativity and couples to self-compassion and self-care. Her writing also has been featured on other websites, including SpiritualityHealth.com. She lives in Florida with her husband, Brian, and their daughter, Lily.
ACT for Treating Children
The Essential Guide to Acceptance and Commitment Therapy for Kids
by Tamar D. Black, PhD, foreword by Russ Harris

A brief 6-10 session protocol. Clear, practical, and developmentally appropriate strategies to help children ages 5 to 12 learn effective coping skills, manage emotions, and bounce back from life’s difficulties. If you treat children struggling with mental health conditions such as depression or anxiety, you know that approaches designed for adults do not work with younger clients. ACT for Treating Children presents skills grounded in evidence-based acceptance and commitment therapy (ACT) to help children regulate emotions and cope with the inevitable ups and downs of life, and is suitable for clinicians with no prior knowledge of or training in ACT, as well as seasoned ACT clinicians.

Written by an experienced educational and developmental psychologist, this practical clinician’s guide outlines a simplified version of the ACT Hexaflex—a key component of this treatment model—called the Kidflex, to help young clients build resilience and psychological flexibility. You’ll also find detailed case studies, transcripts, activities, experiential exercises, worksheets, and session plans to help you develop the skillset you need to help children overcome disorders such as stress, anxiety and depression. Finally, you’ll find strategies for involving parents in treatment when appropriate, and enlisting them as ‘ACT coaches’ in the child’s therapy.

It can be difficult to know where to start when using ACT for individual therapy with children. That’s why the skills in this go-to guide are practical and easy-to-implement, can be done with children in both face-to-face therapy and online sessions, and are simple enough for children to put into practice in any setting—whether it’s at home, in school, or out in the world.

Author Bio

Tamar D. Black, PhD, is an educational and developmental psychologist in Melbourne, Victoria, Australia. She is a school psychologist and runs a private practice, working with children, adolescents and parents. She has extensive experience providing clinical supervision to early career and highly experienced psychologists. She also provides training in ACT to clinicians and teachers in using ACT with children and adolescents, and using ACT in schools.

Russ Harris is an internationally acclaimed acceptance and commitment therapy (ACT) trainer, and author of the best-selling ACT-based self-help book, The Happiness Trap, which has sold more than one million copies and been published in thirty languages. He is widely renowned for his ability to
End the Mealtime Meltdown
Using the Table Talk Method to Free Your Family from Daily Struggles over Food and Picky Eating
by Stephanie Meyers, MS, RDN, foreword by Carla Naumburg, PhD

Restore joy at your dinner table using the innovative Table Talk Method!
But I made it just the way you like it. If you eat your broccoli, you'll grow up big and strong. No dessert unless you finish your dinner!
Sound familiar? If you're the parent of a picky eater, you've likely tried everything to get your kiddo to eat their veggies. And like many other parents, you might have noticed these ideas fail. Your child may not become a gourmand overnight, but the good news is there are ways to help them shift their mindset and explore new food-and restore some much-needed mealtime peace.

Written by a dietitian and mindful eating expert, End the Mealtime Meltdown serves up the familiar yet largely unexamined phrases parents say to kids at mealtime, and shows that what you say to your kids can actually sabotage your efforts to instill healthy habits. With this practical guide, you'll discover the communication skills you need to end conflict at the dinner table-for good.

In the book, you'll find:
- Specific guidance on what NOT to say to kids as they eat
- Acknowledgement that conflict at the dinner table is a normal part of parenting
- Specific words, scripts, and detailed instruction on how to encourage conversation that positively impacts eating behavior and development
- Real-life stories showing how the Table Talk Method can ease parent distress
- Instructions on how to tailor this approach to fit your individual needs
- Tools to help kids develop a healthy relationship (...)

Author Bio

Stephanie Meyers, MS, RD, is registered dietitian nutritionist and the founder of Families Eating Well, a nutrition practice training parents to coach healthy eating habits in kids. She is an instructor in the graduate nutrition department at Boston University and The Nutrition Coordinator in The Zakim Center for Integrative Therapies and Healthy Living at Dana-Farber Cancer Institute. She presents seminars worldwide on mindful eating, family nutrition and cancer survivorship.

Carla Naumburg, PhD, is a clinical social worker and author of three parenting books, including Ready, Set, Breathe (New Harbinger, 2015), and How to Stop Losing Your Sh*t with Your Kids (Workman, 2019)
Living Untethered
Beyond the Human Predicament
by Michael A. Singer

The book you need right now is finally here! From beloved spiritual teacher Michael A. Singer—author of the New York Times bestseller, The Untethered Soul—this transformative and highly anticipated guide will be your compass on an exciting new journey toward self-realization and unconditional happiness.

Now more than ever, we’re all looking to feel more joy, happiness, and deeper meaning in our lives. But are we looking in all the wrong places? When our sense of wholeness depends on things or people outside ourselves—whether it’s a coveted job, a new house, a lavish vacation, or even the perfect relationship—sooner or later we’re bound to feel unsatisfied. That’s why we must look inside for real freedom, love, and inspiration. But how do we begin, and what do we do if we don’t like what we find there?

Living Untethered is the book to reach for. At once profoundly transcendent and powerfully practical, it provides clear guidance for moving beyond the thoughts, feelings, and habits that keep you stuck—so you can heal the pain of the past and let your spirit soar. On each page you’ll discover a deeper understanding of your emotions, learn where your thoughts and moods come from, and uncover your natural energy flow. Finally, you’ll find freedom from the psychological scars, or samskaras, that block you and keep you from reaching your highest potential.

It’s time to stop struggling and start experiencing. This miraculous book will show you how to put the spiritual teachings of Michael A. Singer into practice every day, and propel you toward a life of liberation, serenity, openness, and self-knowledge.

Isn’t it time you (…)

Author Bio

Michael A. Singer is author of the #1 New York Times bestseller, The Untethered Soul, and the New York Times bestseller, The Surrender Experiment, which have both been published worldwide. He had a deep inner awakening in 1971 while working on his doctorate in economics, and went into seclusion to focus on yoga and meditation. In 1975, he founded Temple of the Universe, a now long-established yoga and meditation center where people of any religion or set of beliefs can come together to experience inner peace. He is also creator of a leading-edge software package that transformed the medical practice management industry, and founding CEO of a billion-dollar public company whose achievements are archived in the Smithsonian Institution. Along with his more than four decades of spiritual teaching, Singer has made major contributions in the areas of business, education, health and…
Mirror Meditation
The Power of Neuroscience and Self-Reflection to Overcome Self-Criticism, Gain Confidence, and See Yourself with Compassion
by Tara Well, PhD

Discover the power of mirror meditation to help you awaken self-compassion, increase self-awareness, and gain the confidence needed to thrive.

Seeing ourselves clearly isn't always easy—especially in the age of social media. Technology has eroded our capacity for authentic self-reflection. As a result, we feel more anxious and depressed, have shorter attention spans, and have become more estranged from ourselves and each other. We've also become more critical of our physical appearance, and this self-criticism can damage our confidence and stand in the way of our happiness. In order to heal, we must come face to face with our true selves—not the images of ourselves that we alter and post online. If you're ready for self-reflection that has nothing to do with selfies, this book will reveal the way.

Based in cutting-edge neuroscience, Mirror Meditation offers mindful practices for increasing your self-awareness, managing stress and emotions, developing self-compassion, and increasing your confidence and personal presence. Using the three principles of mindfulness meditation—attention to the present moment, open awareness, and kind intention toward oneself—you'll realize just how much your self-criticisms are affecting you. Then you'll have a choice—and a practice—to treat yourself with more self-acceptance.

Self-awareness can help you break free from both your inner critic and the external world that stokes the fears and anxieties that we are never good enough, never have enough, and are never safe enough. The simple self-mirroring technique in this unique guide isn't grounded in technology—just a commitment to be present with yourself.

Author Bio

Tara Well, PhD, is associate professor of psychology at Barnard College of Columbia University in New York, NY, where she developed a mirror-based meditation called a revelation," which was featured in The New York Times. She has taught people worldwide about using the mirror to awaken self-compassion, manage emotions, and improve face-to-face communication. In 2017, she started a blog called The Clarity on Psychology Today, which now has more than a million readers. Her 2019 TEDx Talk explains how mirrors and reflections are vital for managing stress and staying emotionally connected to ourselves and to others in the age of increasing reliance on digital technology.
Overcoming Anticipatory Anxiety
A CBT Guide for Moving Past Chronic Indecisiveness, Avoidance, and Catastrophic Thinking
by Sally M. Winston, PsyD and Martin N. Seif, PhD

Get ahead of your anticipatory anxiety, and start living with flexibility and peace of mind.
Do you automatically assume the worst-case-scenario when faced with difficulty? Do you stress about situations that haven't happened yet, or find yourself anticipating disaster around every corner? Does the prospect of making a decision leave you feeling overwhelmed and paralyzed? From subtle avoidance behaviors to the most nightmarish terrors, anticipatory anxiety is the engine that drives it all. Understanding how this hidden enemy tricks you, and, most importantly, how to overcome it, will liberate you to live a more flexible and joyful life.

In Overcoming Anticipatory Anxiety, two anxiety experts team up to teach you how to manage your overactive imagination, limit future-based thinking, face your fears, make decisions, and live with more freedom and joy. This must-have guide is grounded in the authors' innovative and easy-to-remember DANCE model:
• Discern your anticipatory anxiety
• Accept doubts and discomfort
• No struggling or avoiding
• Commit to proceed
• Embrace the present as it is, so you can get on with your life

Your relationship with your worries and imagination will shift, so that you can focus on what is genuinely important.
It's time to stop worrying about what might happen, start facing your fears, rein in your self-defeating imagination, and live fully in the moment. Get this book and discover the motivation and skills needed to take charge of your anticipatory anxiety.

Author Bio

Sally M. Winston, PsyD, is founder and codirector the Anxiety and Stress Disorders Institute of Maryland in Towson, MD. She served as the first chair of the ADAA's Clinical Advisory Board, and received their prestigious Jerilyn Ross Clinician Advocate Award. She is a master clinician who has given sought-after workshops for therapists for decades. She is coauthor of What Every Therapist Needs to Know About Anxiety Disorders and Overcoming Unwanted Intrusive Thoughts.

Martin N. Seif, PhD, is cofounder of the Anxiety and Depression Association
Sh*t I Say to Myself
40 Ways to Ditch the Negative Self-Talk That's Dragging You Down
by Katie Krimer, LCSW

It's time to break up with your toxic mind.
Have you ever had thoughts that drag you down, rather than lift you up?
Thoughts that make you feel hopeless and stuck? You're far from alone. Many
people struggle with negative thoughts about themselves-and the world. But if
your unrepentant ruminations are getting in the way of living your life, it's time
to tell your toxic mind to cut the crap . It's time to stand up to your inner critic.
And it's time to show negative thoughts the door-once and for all.
Written by a psychotherapist and grounded in proven-effective mindfulness
and cognitive behavioral therapy (CBT), the irreverent, no-nonsense approach
in this snarky-yet hopeful-guide will help you ghost" your negative thoughts,
put an end to toxic self-talk, and start living like a badass, with all the positivity
and confidence needed to reach your goals.
Over time, negative self-talk can lead to more than just a pessimistic outlook
on life. It can destroy your confidence; damage your relationships; and lead to
anxiety, depression, and a host of other mental health conditions. It's time to
say, enough! This little book will give the tools-and the courage -you need to
tell your toxic mind to f*ck off for good.

Author Bio

Katie Krimer MA, LCSW, is a psychotherapist at a thriving practice in New
York City called Union Square Practice, and the founder of and coach at a
wellness/growth coaching company called Growspace. She immigrated from
Russia at a young age, and grew up in New Jersey. She received her BS and
MA degrees in clinical psychology from the University of Washington and
Boston University respectively, and earned her clinical social work degree and
LCSW license from NYU. She has earned a certificate in mindfulness and
psychotherapy from the renowned Institute for Meditation and Psychotherapy,
and she will pursue a two-year mindfulness meditation teacher certification
under the mentorship of Tara Brach and Jack Kornfield. She has authored
The Essential Self-Compassion Workbook For Teens. She is deeply
passionate about helping others develop a more authentic and vulnerable way
of living, supporting humans through life struggles, and teaching the practice
of mindfulness and self-compassion.
The Black Woman's Guide to Overcoming Domestic Violence
Tools to Move Beyond Trauma, Reclaim Freedom, and Create the Life You Deserve
by Shavonne J. Moore-Lobban, PhD and Robyn L. Gobin, PhD, foreword by Thema Bryant, PhD

Your journey to healing and wholeness after domestic violence begins here. Domestic violence is about power and control. As a Black woman and a survivor of domestic violence, you have had your power taken away from you against your will. You are not alone, and there are tools you can use to feel whole and in control of your life again. Written by two psychologists and experts in BIPOC mental health, this book will show you how to start healing—mentally, emotionally, and spiritually. Grounded in cognitive behavioral therapy (CBT), this compassionate book addresses the unique struggles faced by Black women who have experienced domestic violence. You'll find practical and empowering skills to help you understand and heal from trauma, leave harmful situations, and regain a sense of safety and freedom. You'll also learn how to build a safety net, trust yourself—and others—again, and let go of the shame and guilt resulting from your experience. Finally, you'll discover ways to reclaim your self-worth, set boundaries in your relationships, and make room for self-care in your day-to-day life.

If you’re ready to leave—or have already left—an abusive situation, this book can help you heal from the trauma of domestic violence and discover personal freedom in mind, body, and spirit.

Author Bio

Shavonne J. Moore-Lobban, PhD, is a licensed psychologist, training director, and assistant professor in Washington, DC. She earned her doctorate in counseling psychology from Purdue University, completed her pre-doctoral internship at Boston University School of Medicine/Center for Multicultural Training in Psychology, and completed her post-doctoral fellowship at the Veteran Affairs Boston Healthcare System and Harvard Medical School. Moore-Lobban specializes in trauma, severe mental illness, and providing services to marginalized communities.

Robyn L. Gobin, PhD, is a clinical psychologist and consultant with expertise in interpersonal trauma, the cultural context of trauma recovery, and women's mental health. She is assistant professor in the department of community health at the University of Illinois at Urbana Champaign, where she directs the Transforming Trauma and Mental Health Research Laboratory. In addition to publishing more than thirty research articles on interpersonal trauma, Gobin has authored two self-help books: The Self-Care Prescription: Powerful...
The DBT Workbook for Emotional Relief
Fast-Acting Dialectical Behavior Therapy Skills to Balance Out-of-Control Emotions and Find Calm Right Now
by Sheri Van Dijk, MSW

Fast-acting emotional rescue" tools grounded in proven-effective DBT to help you find quick relief from intense thoughts and feelings, as well as core emotion regulation skills to help you stay balanced.

Do you have difficulty managing your emotions? If you're like most people, the answer is most likely an emphatic, "Yes!" Dealing with emotions is challenging, and it's easy to misunderstand those feelings-especially in the heat of the moment when it feels like they're ganging up on you from all directions. Getting hijacked by your emotions can leave you feeling helpless-with nowhere to go and nothing or no one to help you. If only you had tools at the ready to extinguish the turmoil before it starts raging.

In this breakthrough workbook, renowned dialectical behavior therapy (DBT) expert Sheri Van Dijk delivers fast-acting emotional rescue tools that you can put into practice right now to effectively manage your feelings and prevent meltdowns. You'll learn essential skills for staying calm when things feel overwhelming including mindfulness, emotion regulation, distress tolerance, and interpersonal effectiveness. Putting these newfound skills into practice will help you take charge of your emotions, reduce pain and suffering, focus more on positive feelings, and improve your overall quality of life.

Dealing with emotions is tricky; the good news is you no longer have to go it alone. If you're tired of trying and failing to find balance-and want fast relief from the emotional storm-this workbook has you covered.

This emotional "quick-rescue" kit will help you:
• Understand and identify your emotions
• Reduce emotional reactivity and mood swings
• Increase self-awareness and self-compassion
• Get unstuck from unhealthy (...)

Author Bio

Sheri Van Dijk, MSW, is a psychotherapist and renowned dialectical behavior therapy (DBT) expert. She is author of several books, including Don’t Let Your Emotions Run Your Life for Teens and Calming the Emotional Storm, and she presents extensively on this topic in Canada, the US, and abroad. Her books focus on using DBT skills to help people manage their emotions and cultivate lasting well-being. Van Dijk is recipient of the R.O. Jones Award from the Canadian Psychiatric Association.
The Emotionally Intelligent Child
Effective Strategies for Parenting Self-Aware, Cooperative, and Well-Balanced Kids
by Helen Shwe Hadani, PhD and Rachael Katz, MS, Ed

Real tools for parenting with patience, and helping your child develop emotional intelligence - an essential character trait for succeeding in our highly social world.

If you're like many parents, you may wonder what's going on inside your child's mind when they throw a temper tantrum, refuse to cooperate or become overly excited. Written by two experts in child development and education, The Emotionally Intelligent Child offers a groundbreaking approach for understanding your child's behavior in the context of their development, as well as tips for parenting with compassion, and strategies for helping your child build emotional intelligence - a key element of success in today's world.

In the book, you'll learn all about the stages of development your child goes through as they gain social awareness and emotional balance - and how you can nurture this development using the author's innovative MIND framework.

By shifting your thinking from an adult viewpoint to a child's, you'll discover how you can scaffold and support your child's social and emotional learning; and ensure the development of prosocial behavior, impulse control, and perspective taking. This shift in viewpoint will also help you gain more patience as a parent, respond with less reactivity, and most importantly, cultivate more joy together as a family.

Author Bio

Helen Shwe Hadani, PhD, is currently a fellow at the Brookings Institution where she conducts policy-focused research on the benefits of playful learning in both formal and informal contexts. Prior to joining Brookings, she served as the director of research at the Bay Area Discovery Museum where she guided program and exhibit development. An expert in early childhood and creativity development, she has more than twenty years of experience in research and education settings, and has worked with toy, media, and technology companies, including Disney, Sesame Workshop, Apple, LEGO, Fisher-Price, and Mattel. Helen holds a BA in cognitive science from the University of Rochester, and a doctorate in psychology from Stanford University.

Rachael Katz, MS, Ed, is a leader in early childhood education and an expert in child development. Currently, Rachael is completing a master's degree in social work with a focus on child and family wellness at the Graduate School for Social Work and Social Research at Bryn Mawr College. Before embarking on her social work journey, she was the Head of School at the Discovery School at the Bay Area Discovery Museum. Rachael has more than twenty years of experience in education. In addition to working in school settings, she
The Radically Open DBT Workbook for Eating Disorders
From Overcontrol and Loneliness to Recovery and Connection
by Karyn D. Hall, PhD, Ellen Astrachan-Fletcher, PhD and Mima Simic, MD

A groundbreaking workbook to help you develop healthy coping strategies, build a solid support network, and stay on the path to recovery.

If you've been in therapy for an eating disorder, such as anorexia nervosa or bulimia, your past treatment may have focused on helping you control your emotions and contain your behaviors. However, research now shows that many people with eating disorders actually suffer from emotional overcontrol.

Based on more than twenty years of research, this breakthrough workbook offers skills based in radically open dialectical behavior therapy (RO DBT), a proven-effective, transdiagnostic approach for treating disorders of overcontrol (OC).

With this compassionate workbook, you'll learn how to move beyond the unhealthy coping strategies that keep you feeling isolated and lonely, find tips for building a solid support network and enriching social connections, and develop your own personalized plan for staying on the path to recovery. You'll also find assessments to help you determine the root cause of your OC disorder, exercises for increasing social engagement, and skills for improving social flexibility, trust, and intimacy.

Having an eating disorder can make you feel like you're alone in the world. Even if you're in recovery, you may have days when feelings of isolation are too much, and you may feel tempted to fall back into unhealthy patterns of eating or restrictive eating. This workbook will help you build your own treatment tribe,* a group of people that help lift you up and support you as you find your way to a full recovery and a rich, meaningful life.

Author Bio

Karyn D. Hall, PhD, is the director of the Dialectical Behavior Therapy Center in Houston and a DBT Trainer/Consultant with Treatment Implementation Collaborative. She is the coauthor of THE POWER OF VALIDATION and is on the Board of Directors for National Education Alliance Borderline Personality Disorder (NEA.BPD).

She has a doctorate with a specialty in clinical child psychology, and is a member of the Association of Behavior and Cognitive Therapy and is on the education advisory committee for Houston NAMI. Author of SAVVY, Mindfulness Exercises, and The Emotionally Sensitive Person. She is the founder of the Healing Hearts of Families conference in Houston. She blogs for Psychology Today and PsychCentral and recently was filmed by The New Harbinger Publications
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8 x 10 • 224 pages
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Self-Help / Eating Disorders

Notes

Promotion
What Happened to Make You Anxious?
How to Uncover the Little "t" Traumas that Drive Your Anxiety, Worry, and Fear
by Jaime Castillo, LCSW

Listen up! It's time to change the way you manage your anxiety-by working with it rather than against it. This revolutionary guide provides the key to understanding the root cause of your anxiety, so you can break free from it's grip.

Let's face it: anxiety can interfere with every single aspect of your life, from work and family to relationships and finances. Left unchecked, the cycle of anxiety reinforces and perpetuates itself over time, and can leave you feeling paralyzed with fear. You've probably attempted to get rid of or "outrun" your anxiety, only to find your symptoms growing even stronger. What you need is a new way to deal with anxiety: one that emphasizes listening to what your anxiety is trying to tell you.

In What Happened to Make You Anxious?, anxiety expert Jaime Castillo offers a whole new approach; one that focuses less on avoiding or extinguishing anxiety, and more toward understanding and working with it to create a fulfilling, meaningful life. You'll learn how your anxiety is connected to what Castillo refers to as "little 't' traumas"-seemingly small, unhealed traumas from your past that drive your fear and worry, so you can get to the root of your anxiety and start healing.

Your anxiety works overtime communicating perceived threats; this book will show you how to listen to anxiety, discern which threats are real, which don't fit the actual facts of the situation, and which are triggered by past events. Once you and your anxiety are on the same page, anxiety will loosen its grip-freering you up to live with clarity, confidence, and serenity.

You've tried managing it on your (...)

Author Bio

Jaime Castillo, LCSW, is founder of Find Your Shine Therapy, and a licensed clinical social worker specializing in the treatment of trauma and anxiety disorders. She is a certified eye movement desensitization and reprocessing (EMDR) therapist, and has additional training in internal family systems (IFS). She specializes in working with adults experiencing post-traumatic stress syndrome (PTSD), obsessive-compulsive disorder (OCD), phobias, and generalized anxiety disorder (GAD). Jaime has been featured for her trauma expertise in The Arizona Republic, The Verge, and Phoenix Voyage Magazine where she was named a Top Inspiring Phoenix Professional. She was a speaker at the 2020 Global Resiliency Summit alongside world-renowned mental health professionals, and appeared as a guest trauma and shame expert on The Things We Couldn't Say podcast.
What Makes You Stronger
How to Thrive in the Face of Change and Uncertainty Using Acceptance and Commitment Therapy
by Louise L. Hayes, PhD, Joseph V. Ciarrochi, PhD and Ann Bailey, MPsysch

Discover the skills you need to face change and uncertainty with confidence— and grow even stronger!
Change can happen so slowly that you might not even notice it. And sometimes, it can happen in an instant, causing your world to come crashing down. For many of us, change is scary, and as a result, we may try to avoid it, or even actively resist it. But while burying our heads in the sand can provide some short-term relief, our fear can grow and manifest itself in life-altering ways like stress, anxiety, or depression. The good news is that you can learn to transform how you respond to unwanted change.

In What Makes You Stronger, you'll learn to apply the authors' proven-effective DNA-v model (Discoverer, Noticer, Advisor, Value, and Vitality)—a potent blend of acceptance and commitment therapy (ACT), mindfulness, and positive psychology to gain resilience in the face of change. Using this simple six-step process, you'll not only cope with change and adversity—but grow stronger from it! You'll discover strategies for managing uncertainty, breaking unhealthy behavior patterns, and reducing overwhelm when things start to feel out of control.

If you're ready to stop running from change, and start living a life guided by your values, this powerful guide will be with you, every step of the way.

DNA-v: A Simple 6-Step Process to Positive Change
- The Broaden and Build Process - Learn to create, think, play, and explore in a way that builds value and joy
- Mindfulness and Attention Process - Pause and respond to feelings, rather than reacting impulsively
- The Cognitive Process - Disengage from negative self-talk
- The Values (…)

Author Bio

Louise L. Hayes, PhD, is an international acceptance and commitment therapy (ACT) trainer and speaker. She is also a clinical psychologist and researcher collaborating on interventions with young people. Hayes has published research trials using ACT for young people, and is coauthor of Get Out of Your Mind and Into Your Life for Teens and The Thriving Adolescent—the book that introduced DNA-V. She is dedicated to helping young people and their families live well.
Beloved Economies
Transforming How We Work
by Jess Rimington and Joanna Levitt Cea

Beloved Economies defines what it takes to co-create US economic futures that work for all.

From rising inequality, to systemized oppression, and an increasing consolidation of wealth, it’s clear that work isn’t working for us anymore. Rather, it’s working for a select few. What changes can we implement at all levels of organizations, now, to make them healthier and more just?

Based on five years of data, Beloved Economies offers seven practices for individuals who are part of teams within enterprises—from businesses to nonprofits, farms, and after-school groups—to build economic realities of more purpose, meaning, and joy. These seven practices are:

Choose Trust
Share Power
Reckon with History
Prioritize Relationships
Seek Meaningful Difference
Source from Multiple Ways of Knowing
Prototype Early and Often

In their work with a range of communities and leading voices across the United States who are building the next economy, researchers Jess Rimington and Joanna Cea have found that when individuals commit to these practices, they transform their enterprises to be “less capitalist” and more of an emerging system that expands economic imagination. Those working in this way awaken to the fact that our economies are not distant, abstract and cold forces acting upon us, enabling us to survive. Rather, our economies can be about mutual cooperation and should exist to facilitate our need to thrive.

Beloved Economies shows that work is not just a source of meaning or income, nor that (...)

Author Bio

Jess Rimington is a next economy strategist focused on the design and ethics of emerging next systems. Her research and practice is grounded in historical analysis, accessible truth-telling, and imaginative present-day experimentation. After a decade in the non-profit sector, Jess served as a
Big Gorgeous Goals
How Powerful Women Keep Achieving
by Julie Ellis

This book is for ambitious, high-achieving women leaders, entrepreneurs, aspiring entrepreneurs, and corporate leaders ready to move to the next level. It is a manifesto and call to action for women to lift themselves and each other up by refusing to accept limitations and instead embracing an ethos of possibility.

There are big gorgeous goals that we all need to set. These are so different from goals that we know we can accomplish because they feel safe and tidy. These goals scare us; they keep us up at night—because we fear they are beyond our grasp.

We all know women who are great at achieving big gorgeous goals. How do they do it? What allows them to reach outward, upward, and think expansively? The book explores the possibilities that open when we set big gorgeous goals, and the common characteristics in the women who move towards these.

Through stories and lessons, the book shows women leaders how thinking beyond habitual limits allows us to surpass our current levels of success. It includes Julie’s personal story of becoming a founder of an unexpectedly and wildly successful children’s labels company that started in one of the founders’ basement and was eventually sold at an eight-figure price. And it tells the story of what happened next, when having hit a business high, she found herself at an inflection point, where she needed to draw on different resources to find a (...)

Author Bio

As a Co-Founder of award-winning Mabel’s Labels, a great Canadian small business success story, and with fifteen years in the financial services sector, Julie Ellis now shares her experience and expertise with other entrepreneurs helping them gain accelerated success.

Recently, Julie was the Chief Operating Officer (COO) for Snuggle Bugz, a privately owned multi-million dollar omni-channel retailer based in Burlington, Ontario. In Julie’s role as COO she took leadership of the executive team driving the company’s growth toward operational excellence, team integration and market expansion.

Chair of the Board of the Angel One Investment Network, a not-for-profit organization, one of the most active angel investors’ groups in Canada.
Dial Up the Dream
Make Your Daughter’s Journey to Adulthood the Best—For Both of You
by Colleen O’Grady

Picking up where her national bestseller, Dial Down the Drama, left off, Colleen O’Grady’s Dial Up the Dream supports you in navigating your daughter’s last days at home and her transition to adulthood. This emerging-adult stage can be even more stressful on both mother and daughter than the teen years, because the stakes are higher and the changes to the relationship more profound.

This essential guidebook will validate what you are feeling and experiencing with your daughter right now as well as give you a road map for what’s coming. Dial Up the Dream will prepare moms for the three phases they will go through during the late teens and early twenties. The first goal is to preserve the relationship during senior year and not get preoccupied with the future, i.e. falling into the “college trap”. The second phase is when your daughter leaves home, whether it’s to live with roommates, travel, enter the workforce, try entrepreneurship, or go to college. As she gains her independence, you’re losing a job that’s defined you for nearly two decades. While she gets ceremonies and congratulations, there’s no accompanying ritual or even acknowledgment for the changes in your life. The third phase is letting go, which can trigger a “mom crisis.” O’Grady helps you get unstuck, make sense of your own story, reconnect with yourself and dial up your dream. The paradox is that when you dial up your own dream...you stay close to your daughter.

In this book, you’ll learn:

• Exactly what’s (…)

Author Bio

Colleen O’Grady is a family therapist who is changing what’s possible for moms and their daughters. Her first book, Dial Down the Drama, was a national bestseller. Her podcast, Power Your Parenting: Moms with Teens, was ranked a number 1 podcast on Feedspot. With listeners in all fifty states and over sixty countries around the world, it also made the Top Ten podcasts on YourTeen.com and GrownandFlown.com. She holds a Master’s in Marriage and Family Therapy from the University of Houston-Clear Lake and has a private practice in Houston, Texas. An approved supervisor with the American
Empathy Works
The Key to Competitive Advantage in the New Era of Work
by A. Sophie Wade

The Future of Work has arrived. And it’s powered by empathy.

We are in a period of change. We need to think and act differently. The new world of work is significantly more digitized and decentralized than before—a transformation accelerated by the COVID-19 crisis. We need to orient ourselves differently to be successful, shifting from transactional to human-centric management, mindsets, and methods to deal with the faster pace of business developments, continuing uncertainties, more complex issues, and an increase in multidimensional projects.

In *Empathy Works*, work futurist, international keynote speaker, popular online course instructor and workforce consultant Sophie Wade shows you why empathy is a critical corporate value, mindset, and skill for improving engagement and productivity, and achieving sustained growth as we emerge from the pandemic. Sharing data and insights from brain science, organizational psychology, as well as real situations, stories, and solutions from around the world, Wade guides you through the steps to cultivate empathy throughout both the Customer Journey and the Employee Journey—encompassing culture and leadership, managing distributed workers, fostering effective sales teams, and bridging generations.

You’ll learn how to integrate empathy habits into management practices and daily operations, nurturing customer experiences empowered by human-centric connection and understanding. You will be able to gain sustainable competitive advantage by cultivating a more supportive, meaningful, and positive workplace as you manage, motivate, and enhance team performance and business results.

An invaluable resource for both established (…)

**Author Bio**

*Sophie Wade* is an acclaimed work futurist, speaker, and author. A Workforce Innovation Specialist with Future-of-Work consultancy Flexcel Network, Sophie’s advisory work and transformative workshops enable executives and managers to adapt for evolving business conditions, and attract, engage, and retain their multigenerational distributed workforce. A graduate of Oxford University (BA) and INSEAD (MBA), she is the author of the *Executive MBA textbook Embracing Progress: Next Steps for the Future of Work*, and a popular LinkedIn Instructor on Empathy and Gen Z. Sophie lives in New York City.
Exactly What to Say
Your Personal Guide to the Mastery of Magic Words
by Phil Jones

Stop Counting Conversations and Make More Conversations Count

The most powerful tool for influencing and persuading others to take action isn’t technology: it’s your words. The words you speak have the power to create opportunities, empower behavioural change, inspire action, and truly impact the decision making process.

Yet, too few people wield them with real purpose and honed skill.

In this new, expanded desktop edition of international speaker Phil M. Jones’s runaway bestseller, Exactly What to Say, you’ll learn exactly what to say, when to say it, and how to make it count—and better still, be guided through a framework to make the book your own by crafting tailor made examples for your own unique circumstances.

You’ll discover the twenty-two simple and indispensable phrases that can be easily woven into your everyday exchanges, along with three brand new sequences of MAGIC WORDS, and increased examples to demonstrate application in both sales and non-sales environments.

Whether you’re discovering Exactly What to Say for the first time, or are looking to deepen your word mastery, this beautifully designed hardcover provides you with the tools you need to start changing your WORDS so that you can change your WORLD!

Author Bio

Best-selling author and multiple award-winner Phil M. Jones is highly regarded as one of the world’s leading sales trainers. He has trained more than two million people across five continents and fifty-six countries and coached some of the biggest global brands in the lost art of spoken communication. In 2013 he won the British Excellence in Sales and Marketing Award for Sales Trainer of the Year, the youngest-ever recipient of that honor.

He has also written a series of best-selling books and developed a number of online training courses that have enrolled tens of thousands of members around the world. Phil divides his time between London and New York.
Hear & Beyond
Live Skillfully with Hearing Loss
by Shari Eberts and Gael Hannan

Hearing loss doesn’t come with an operating manual—until now.

If you have hearing loss, you already know that the conventional approach to treatment is focused on hearing-aid technology. Without a handbook to help you figure out how to actually live with it, you’ve likely been getting by on information pieced together from various sources—and yet, communication often seems incomplete and unsatisfying.

What’s missing from this hearing care model is the big picture—a real-life illustration of how hearing loss, its emotions, and its barriers affect every corner of your life. Now, hearing-health advocates, consultants, and speakers Shari Eberts and Gael Hannan offer a new skills-based approach to hearing loss that is centered not on hearing better, but on communicating better.

With honesty and humor, they share their own hearing loss journeys, and outline invaluable insights, strategies, and workarounds to help you engage with the world and be heard. You’ll gain tips for navigating all areas impacted by hearing loss, including relationships, work, technology; strategies for adopting a new, empowering mindset towards your hearing loss; and communication behaviors that can make almost any listening situation manageable.

Informed by the lived experiences of thousands of people living with hearing loss, and corroborated by hearing science, technological advances, and modern hearing-care principles, HEAR & BEYOND offers a new way forward to greater connection and engagement—whether you’re new to hearing loss or have been living with it (...)

Author Bio

Shari Eberts is a hearing health advocate and renowned writer, author, speaker, and documentary filmmaker living with progressive hearing loss. She is Founder of Living with Hearing Loss, a popular online blog and community for people living with hearing loss and serves on the Board of Hearing Loss Association of America. Her film, We Hear You Now Hear Us is on the festival circuit. Shari lives in New York City.

Gael Hannan is a hearing health advocate, writer, and speaker/performer who lives with profound hearing loss. She is the creator of the acclaimed one-
Namwayut - We Are All One
A Journey to Reconciliation
by Chief Robert Joseph

We Are All One

Reconciliation belongs to all of us. In this book, drawing from the lessons that he has learned along his pathway from residential school to the leader of Reconciliation Canada, Chief Robert Joseph provides a map for collective change and transformation.

Reconciliation represents a long way forward, but it is a pathway towards our higher humanity, our highest selves, and an understanding that everybody matters. In this moving and inspiring book, Chief Joseph teaches us that we have to start to transform relationships with ourselves and each other. As we learn about, honour and respect the truth of stories told by those who have experienced pain and who are grieving intergenerational trauma, we can discover how to dismantle the walls of discrimination, hatred, and racism in our society.

Chief Joseph is recognized as one of the leading voices on peace building in our time, with his dedication to reconciliation recognized with multiple honorary degrees and numerous awards. A Hereditary Chief of the Gwawaenuk First Nation and one of the last few speakers of the Kwakwaka'wakw language, his wisdom is grounded in Indigenous ways of knowing, while making space for us all.

The distance we can walk together is one we share. No matter how long or difficult the road, we are all one.

Author Bio

Chief Dr. Robert Joseph, OBC, OC is a Hereditary Chief of the Gwawaenuk First Nation, Ambassador for Reconciliation Canada, and Chairman of the Native American Leadership Alliance for Peace and Reconciliation who has sat with leaders around the globe, including South Africa, Israel, Japan, and the US. He was Executive Director of the Indian Residential School Survivors Society and is an honorary witness to Canada’s Truth and Reconciliation Commission.

reconciliationcanada.ca
Unlock
5 Questions to Unleash Your Company's Hidden Power
by Matt Hulett

You CAN change your business destiny.

From a veteran technology executive comes an essential toolkit to reveal exactly where your company's true value lies—and how to reap its rewards.

Over his 30 years as an executive in the technology sector, Matt Hulett has become the go-to company fixer. From RealNetworks to Rosetta Stone to Expedia, he has steered start-ups and large companies into renewed areas for growth and driven more than $2 billion in value creation. Now, he shares five key questions that will uncover new insight into your business's potential—without the need for a lengthy and costly strategic planning process.

Through real-life examples, personal stories, and insights from thought leaders and CEOs, Hulett guides you through the steps of taking a deep dive into your company's pivot potential. He shows you how to take stock of your business, from your company's alignment to market trends and your supply chain position, to your value proposition for customers, to your ability to raise capital.

Along the way, you'll begin to identify where your true potential lies, and map out a plan to capitalize on it. With expert advice on assessing industry shifts, valuable insights on leading teams, and tips for raising money and pitching investors, Hulett shows you exactly where to look, and what you need to find, in order to map out a new future for you and your company.

Author Bio

Matt Hulett has driven more than $2 billion in value creation as a three-time public company president and a two-time private company CEO. He is a seasoned technology executive with more than 30 years of experience building and leading world-class SaaS and consumer companies. He has had multiple turnaround successes in the public and private sectors, including Rosetta Stone, RealNetworks, and Expedia. He is regularly featured in technology and business podcasts and media outlets, such as Recode, Forbes, and Entrepreneur. Matt lives in Seattle with his wife, Anne (CEO of Rock Grace), and their three children.
**Beyond the Garden**  
Designing Home Landscapes with Natural Systems  
by Dana Davidsen

This ideal gift for gardeners features a photographic collection of beautiful, innovative, ecologically friendly gardens that will inspire and inform anyone with a green thumb, from backyard gardeners to accomplished landscape architects.

Through twenty distinctive projects set across urban, suburban, and rural spaces, *Beyond the Garden* explores how thoughtful design and awareness of local ecology can make gardens both beautiful and sustainable. Featuring interviews with designers in the United States and the United Kingdom, this survey presents the stories and lessons behind inspirational garden projects, including stormwater conservation in the high desert of New Mexico, native woodlands restoration in coastal Maine, and land stewardship in England's Hampshire county, this comprehensive survey of eco-conscious garden designs offers guiding principles to make your landscape greener and will spark curiosity about the natural systems just outside your front door.

**Author Bio**

Dana Davidsen is a landscape designer and writer based in the San Francisco Bay Area. She has written for a variety of publications on topics ranging from the environment to politics and holds a master of landscape architecture degree from the University of California, Berkeley.
Please Wait to Be Tasted
The Lil' Deb's Oasis Cookbook
by Carla Perez-Gallardo, Hannah Black and Wheeler

Foreword by Grammy-winning singer-songwriter Meshell Ndegeocello.

Home cooks will love serving up bold-flavored tropical comfort food from Please Wait to Be Tasted, the first cookbook from Lil' Deb's Oasis, the James Beard Award-nominated hotspot in Hudson, New York. More than a recipe collection, it's a big-hearted celebration of food, love, and community.

For flavor-craving, art-loving, community-celebrating home cooks, Please Wait to Be Tasted serves up tropical comfort recipes, alongside musings on wine, music, love, sex, friendship, and fashion. At Lil' Deb's Oasis in the Hudson Valley of New York, chefs Carla Kaya Perez-Gallardo and Hannah Black, both art school graduates, have created a bright, welcoming, rainbow-colored, LGBTQ+ inclusive community, where guests are treated to hot, sticky, juicy, moist fever dreams of flavor." Their recipes mesh respect for cultural traditions with a twist: Ceviche Mixto with Popcorn; CharredOctopus in the Ink of Its Cousin, Sweet Plantains with Green Cream, Abuela's Flan, and more. With "Please Wait to be Tasted" (a phrase featured in the restaurant's waiting area), you can bring these recipes home.

In addition to some seventy recipes, Please Wait to Be Tasted shares the knowledge and love that go into making memorable meals at Lil' Deb's Oasis: essays on the restaurant's beginnings and the chefs' navigation of the colonial histories entangled in their recipes' origins; tips on techniques, tools, and pantry; and lessons on how to eat well together.

Author Bio

Carla Kaya Perez-Gallardo was raised by three Ecuadorian women in Queens, New York, in a home with a busy kitchen. In seventh grade, she started Saborines, a summer pie company named after her grandmother. She graduated from Bard College with a studio arts degree before plunging headfirst into the restaurant world.

Hannah Black was born and raised in Alabama and attended the Rhode Island School of Design, where she studied painting and developed a passion for cooking elaborate meals for her community. She has previously worked at Mission Chinese Food in New York City and Hartwood in Tulum, Mexico, before laying down roots in the Hudson Valley.

Wheeler graduated from Bard College with a literature degree and was the general manager and wine guy at Lil' Deb's Oasis from 2017 to 2021.
Prop Man
From John Wick to Silver Linings Playbook, from Boardwalk Empire to Parks and Recreation
by Ross MacDonald and Steven Heller

This exclusive behind-the-scenes look at the art and design of graphic props for popular films and TV shows like Parks and Recreation, John Wick, Silver Linings Playbook, The Knick, and Boardwalk Empire is the perfect gift for movie buffs.

In Prop Man, discover the secret history of the books, cards, letters, maps, and legal papers that play central and supporting roles in many of your favorite films and TV shows-from the diary Nicolas Cage's character discovers in National Treasure 2 to the Pawnee town charter in Parks and Recreation. The man responsible for their authentic look, Ross MacDonald, has led a double life as both an illustrator and writer, contributing to the New York Times, the New Yorker and Vanity Fair, among other national publications, and a designer and fabricator of iconic props for more than one hundred and twenty films and TV series.

In this visual and informative collection, learn about the methods and artistry behind MacDonald's most recognizable props through an interview with design critic Steven Heller and a selection of materials that reveal the process behind the prop designer's meticulous work.

Author Bio

Steven Heller was an art director at the New York Times for thirty-three years, originally on the OpEd Page and for almost thirty of those years with the New York Times Book Review. Currently, he is cochair of the SVA / NYC MFA Designer as Entrepreneur Department. He is the author and coauthor of two hundred books on graphic design, satiric art, and illustration and writes The Daily Heller column for Printmag.com. He lives in New York City.

Ross MacDonald has led a secret double life designing and fabricating props for more than one hundred and twenty movies and television series. Born and raised in the backwoods of Canada, he lived for many years in New York City before finally before landing in Newtown, Connecticut.
Radical Practice
The Work of Marlon Blackwell Architects
by Peter MacKeith and Jonathan Boelkins

Building on the extraordinary, award-winning designs of the Marlon Blackwell Architects, an Arkansas-based firm with a focus on public and civic projects that are located outside of the established centers of architectural culture.

The distinct and original work of Marlon Blackwell Architects has produced iconic and award-winning designs across building types, scales, and budgets. Located in Arkansas, the firm merges the universal language of architecture and the particulars of place, a process that has resulted in a distinguished body of work, from schools to parks and beyond.

Celebrating thirty years of practice by the 2020 AIA Gold Medal-winning architect Marlon Blackwell, this survey of more than a dozen buildings pairs detailed drawings and the vivid photographs of renowned photographer Timothy Hursley with essays by leading designers, planners, and artists. Contributors include Tod Williams and Billie Tsien, architects of the Obama Presidential Center; Maurice Cox, Chicago's city planning director; Pritzker Prize-winning architect Thom Mayne, James Corner, landscape architect of the High Line, and environmental artist Mary Miss among many others-all of whom attest to Blackwell's reputation as a leading voice of his generation.

Author Bio

Peter MacKeith is the dean of the Fay Jones School of Architecture and Design at the University of Arkansas. Based in Fayetteville, he is a senior fellow of the Design Futures Council and a Design Intelligence Design Educator of the Year.

Jonathan Boelkins, an architect and writer based in Fayetteville, Arkansas, teaches at the University of Arkansas Fay Jones School of Architecture and Design. He is a former studio director at Marlon Blackwell Architects.
Recurrent Visions
The Architecture of Marshall Brown Projects
by Marshall Brown and Karen Kice

Architect and artist Marshall Brown is making space for the future by remixing the legacy of modern architecture in this exploration of his visionary urban ideas, brought to life through extraordinary collages, drawings, models, and photographs.

Groundbreaking architect Marshall Brown presents a vision of the future through cross-disciplinary explorations that leverage the possibilities of scale, media, and time in this survey of three unique projects. With an introduction by curator Karen Kice, discover Brown’s work through a deep dive into his seminal projects for New York, Chicago, and Detroit.

Recurrent Visions journeys into the cities, places, and spaces of the future crafted by the hands of today, with contributions from today’s leading architectural thinkers, Monica Ponce de Leon, Joseph Becker, Allison Glenn, and Adrienne Brown, featuring three projects:

UNITY Plan for the MTA Vanderbilt Rail Yards, Brooklyn
Dequindre Civic Academy, Detroit
Smooth Growth Urbanism, Chicago

Discover the voice shaping the future of our urban experience. Ideal reading for designers, architects, and scholars, this book presents work that encourages discovery, exploration, and time travel, by one of the most forward-thinking architects and urbanists of our time.

Author Bio


Karen Kice is a consultant and curator in art, architecture, and design. Her exhibitions include Sahara: Acts of Memory (Benton Museum of Art at Pomona College, 2021), Recurrent Visions: The Architecture of Marshall Brown Projects (Princeton University, School of Architecture, 2019), and Chatter: Architecture Talks Back (Art Institute of Chicago, 2015). For five years, she was a curator in the Department of Architecture and Design at the Art Institute of Chicago. She lives in Austin, California.
The Craft Brewery Cookbook
Recipes To Pair With Your Favorite Beers
by John Holl, photographs by Jon Page

Enjoy over seventy delicious, seasonal recipes from the country’s best independent breweries in this cookbook and beer pairing guide—a must-have book for craft beer lovers, home cooks, and fans of homebrewing.

Packed with bright, fresh, bold flavors and beer pairings to complement each dish, The Craft Brewery Cookbook brings the biergarten straight to your kitchen. Organized into chapters according to beer type, including hoppy ales, lagers and pilsners, wheat beers, and Belgian-style ales, this cookbook will help readers discover each beer’s style and flavor profile and how it pairs with the accompanying recipes, each from a different American brewery.

Whether you’re a fan of fruited kettle sours or New England IPAs, this cookbook from the co-host of the podcast Steal This Beer will show you how to create the ideal meal to accompany your favorite brew. These mouthwatering dishes—seafood, meat, vegetarian, vegan, and desserts among them—are depicted in photographic detail, showcasing modern, flavorful food rather than typical pub food. This cookbook breathes new life into the concept of food and drink pairing by offering an inspired take on contemporary beer styles and cuisine.

Sample recipes include:
- Spicy Fish Ceviche with Grilled Pineapple
- Jagerschnitzel with Mushroom Gravy
- Mushroom & Vegetable Dumplings with Mango Chili Nuoc Cham
- Merguez Spiced Lamb Burger
- Warm Farro, Mushroom, and Romanesco Salad
- Lemony White Bean and Sausage Soup
- Citrus Tres Leches Cake
- Air-Fried Chicken Wings with Honey Barbecue Sauce
- Smoked Adobo Chicken
- Kale Caesar Salad with Miso and Shrimp
- Grilled Pumpkin Flatbread
- Falafel and Spiced Yogurt
- Peanut Butter Bonbons
- And many more!

Author Bio

John Holl is a journalist covering the beer industry. He is the host of the Drink Beer, Think Beer podcast, cohost of Steal This Beer, and a contributing editor for Wine Enthusiast magazine. He lives with his family in New Jersey.
Together by Design
The Art and Architecture of Communal Living
by William Richards

With a growing population comes a growing need for innovative, sustainable housing. Together by Design explores the architectural and social benefits of communal living and shared spaces.

Whether it's families in a multigenerational home, millennials sharing rent, or older singles seeking companionship, cohousing and other types of intentional communities offer economic, social, and environmental advantages for all demographics. Collective housing alternatives originated in Denmark in the 1960s and gained popularity in the United States in the 1990s, laying the groundwork for today's inventive shared living alternatives.

Featuring color photography, renderings, and site and floor plans, this survey of more than fifteen contemporary projects explores communal living through architecture, public policy, design, lifestyle, culture, and environmental sustainability.

Author Bio
William Richards, a writer and architectural historian based in Washington, DC, has contributed to Architect, Architectural Record, Landscape Architecture, and Old House Journal.
**Cosmic Rituals**
An Astrological Guide to Wellness, Self-Care and Positive Thinking
by Alison Davies

*Cosmic Rituals - An Astrological Guide to Wellness, Self-Care and Positive Thinking* is the ultimate guide to taking care of yourself and harnessing your powers.

With a focused chapter for each star sign, *Cosmic Rituals* covers everything from hints and tips for self-care, and de-stressing, to mindful meditations and techniques to help you feel energized and ready for anything. There's herbal healing to soothe the soul, and sleep rituals to get you in the Zzz-zone, plus a selection of mantras to help you get up and glow.

There's no one size fits all when it comes to taking care of yourself, but your star sign provides a blueprint, which you can work with. Whether you're a tenacious bull who prefers routine or a sensitive crab that takes on the world's woes, the character traits associated with each sign mean you'll need a unique approach to selfcare and wellbeing.

There really is no better way to find your sparkle, than by looking to the stars!

**Author Bio**

Alison Davies is the author of over 30 books, she runs storytelling workshops at universities across the United Kingdom. Alison writes for a wide selection of magazines, including *Soul & Spirit, Fate and Fortune, Spirit and Destiny*, and *Kindred Spirit*. 
Curry Guy BBQ
100 Curry Classics to Cook Over Fire or on your Barbecue by Dan Toombs

In this new book, the Curry Guy, Dan Toombs, brings you his best ever recipes for cooking outdoors and on a barbecue.

With simplicity in mind, most of the 100 recipes can be cooked on a kettle-style barbecue - you'll be amazed at how much can be cooked this way, no matter what the weather! Curry-house dishes and flavors work exceptionally well for grilling and live-fire cooking. Alongside familiar meals like kebabs and skewers, naans and tandoori chicken, Dan has developed original recipes for popular street food, as well as the most popular one-pot curries that can be cooked over the fire. In addition to the recipes, there is clear information about types of barbecue, cooking techniques, fuel types, how to light your barbecue and even the basics of using a tandoor oven.

It's the ultimate crossover - Curry Guy meets BBQ!

Author Bio

Dan Toombs (aka The Curry Guy) has perfected the art of the restaurant curry. After over 20 years of travelling around, sampling dishes, learning secrets from restaurant chefs and refining those recipes at home, Dan has created recipes that taste just like a takeaway but in less time and for less money. Dan's first book, The Curry Guy (2017), was a bestseller; this is his seventh book following Curry Guy Easy (2018), Curry Guy Veggie (2019), and Curry Guy Bible (2020), among others. He lives in Yorkshire with his curry-loving family.
Foolproof Picnic
60 Delicious Recipes to Enjoy Outdoors
by Marina Filippelli

Foolproof Picnic - 60 Delightful Dishes to Enjoy Outdoors is a handy guide to eating outdoors - everything you need to make the perfect spread.

Looking for new picnic ideas? You're in the right place. In Foolproof Picnic, discover 60 simple, easy-to-share recipes that celebrate throwing down a blanket and enjoying the sunshine.

Marina Filippelli, food stylist and writer, offers up perfect summer recipes you'll want to make time and time again. With everything from delicious sandwiches, savory snacks and dips to portable pies, tarts and frittatas, summer salads, sweet things and a selection of drinks - this book is the ultimate guide to taking your picnic to the next level.

Author Bio

Marina Filippelli is an Italo-Brazilian food stylist, writer and editor based in London. She is a regular contributor to magazines and the national press and you'll often see her styling in the Sunday supplements. She also food styles for major companies and supermarkets in the UK.
Paella
The Original One-Pan Dish: Over 50 Recipes for the Spanish Classic
by Omar Allibhoy

With beautiful photography throughout and straightforward, step-by-step instructions, Paella is a joy to cook from and an essential for every kitchen shelf.

Chef Omar Allibhoy unveils the insider knowledge and tips you need to produce a perfect panful of glorious tastes and textures. He starts with a how to guide taking you through all the basic techniques and ingredients, and then offers over 50 easy-to-follow recipes - from the classic chicken and rabbit, to black seafood paella with squid and tiger prawns, through oxtail paella, and vegetarian and vegan options including wild mushroom and Jerusalem artichoke paella.

Paella is the world's most famous and beloved Spanish dish. The ultimate one-pan feast, this generous, colorful creation dates back centuries and has countless variations. There's something here for every occasion, whether it's a simpler version for a quick midweek supper or a more special, celebratory paella.

Author Bio

Madrid born, Omar Allibhoy is the founder of the critically-acclaimed Tapas Revolution - the largest Spanish restaurant group in the UK. He began his career training under legendary chef, Ferran Adria then with Gordon Ramsay in London, who dubbed him the Antonio Banderas of cooking*. Since opening his first restaurant in 2010, he has been on a mission to showcase just how simple cooking Spanish cuisine at home can be. Omar is committed to being at the forefront of representing the wonderful food of Spain in the UK and has picked up multiple awards along the way. As well as running a successful business, Omar has maintained a career as a successful TV chef.
Planting for Garden Birds
A Grower's Guide to Creating a Bird-Friendly Habitat
by Jane Moore

In *Planting for Garden Birds* find straightforward ideas and easy to achieve plans that will make your garden irresistible to birds.

Packed with interesting facts, environmental and habitat information as well as easy to achieve planting ideas, this is a practical, illustrated guide for people wanting to encourage more birdlife to their outdoor space.

By gardening sustainably, you can make a considerable difference to the wildlife populations in your immediate area, as well as in the country as a whole. While some birds are residents we’ll see from day to day, others are fleeting visitors - but they’re all potential guests in our gardens if we make the environment suitably welcoming.

Planting for Garden Birds is aimed at the keen amateur gardener and those hoping to take their knowledge and experience to the next level.

Planting for Garden Birds is part of a series of books aimed at encouraging wildlife into your garden. Other titles in the series are: *Planting for Butterflies, Planting for Wildlife, Planting for Honeybees.*

**Author Bio**

In a horticultural career spanning 30 years, Jane Moore has been head gardener at a Benedictine Abbey, a writer for national gardening magazines and newspapers, a researcher on BBC gardening programs and a presenter on BBC TV's Gardeners' World. Gardening, and writing about gardening, have encompassed Jane’s whole career. She has wide-ranging practical experience, an astonishingly broad plant knowledge and an unswerving enthusiasm for gardens, horticulture and its impact on everyday life. She has also published *Planting for Butterflies* (2020) and *Planting for Wildlife* (2021)
The Flower School
The Principles and Pleasures of Good Flowers
by Joseph Massie

*The Flower School* takes you by the hand and expertly guides you step-by-step through design principles and twenty-five floral projects to empower you to create your own gorgeous floral arrangements for your home, gatherings, celebrations and for pleasure.

If you’ve ever been swept up admiring some garden blooms, or a flower stand at your local market, and wondered, just how do I transform these raw materials into floral displays that elicit a sense of wonder in their admirers, then allow award-winning floral designer Joseph Massie to show you how, as he shares his knowledge, recipes and personal tips for creating with flowers, with intention, thought and skill.

Tumbling cascades of peonies and exquisitely arranged vases of unfurled garden roses are an everyday pleasure for Joseph. Whilst creating breathtaking marvels from armfuls of blooms is what Joseph does daily, his true passion is sharing his knowledge to encourage and inspire absolutely anyone who wants to work with flowers to be able to do so - and do it well. Let yourself be empowered by the learning process of skills, techniques and principles that will enable you to build a strong floraldesign foundation so as to be able to indulge in your own floral pleasures or flower-filled career.

**Author Bio**

Aged just fourteen, Joseph Massie began his first Saturday job in a local florist in his hometown of Liverpool, UK, and it was here that he discovered his love of flowers began. Joseph considers himself to have been privileged throughout his career to exhibit at, and win, some of the world's most incredible floral shows, including winning five consecutive Gold Medals, and four Best in Show titles, at the prestigious RHS Chelsea Flower Show.

With a clutch of prestigious, international awards, Joseph turned his attentions to artistic endeavors, working across ten countries on a wide variety of art projects including botanical couture, sculptures and installations. Joseph's artistic work has been featured in press including *The Times*, *The Independent*, *The Daily Mail*, and his work has been commissioned by international institutions and brands including, The Boston Museum of Fine Art, The New York Botanical Gardens, Universal Studios and Sky Television.

In January 2015, Joseph founded his own Floral Art Studio. The art studio sits alongside Joseph Massie Flowers, a luxury flower studio dedicated to delivering some of the UK's best floral wedding and event design, and Joseph
Tomato
70 Recipes Celebrating the Extraordinary Tomato
by Claire Thomson

Vibrant, bright and bursting with flavor, this is the definitive guide to the much-loved tomato.

Where would we be without the tomato? From South America, on through much of Europe, Northern Africa and Southern Asia, almost every culture and cuisine has found ways of making tomatoes their own. Fresh and also canned, tomatoes have proved themselves to be an endlessly versatile ingredient, much loved by all. In Tomato, best-selling author and professional chef Claire Thomson offers up her best 70 recipes with tomatoes as star of the show.

From Burnt tomato salsa and Peach, tomato & feta salad, to Tomato beignets, Crab & tomato tart, and Lamb, tomato & black olive ragu, the gorgeous recipes will satisfy and delight. Celebrating juicy, seasonal produce at the height of tomato season, there are also dishes that work just as well (or better) with canned tomatoes during the colder months, ensuring year-round feasting. A fascinating cookbook for when you're stuck with a glut, or simply if you want to explore new flavors and techniques, Tomato is a colorful and dynamic source of kitchen inspiration.

Author Bio

Claire Thomson is a chef and food writer, and ambassador for The Tomato Stall. She has written about food for publications including the Guardian, Telegraph, BBC Good Food Magazine and Countryfile Magazine. Claire has appeared on BBC1's Saturday Kitchen and BBC Radio 4's Woman's Hour. She lives in Bristol with her husband and three children. Her previous books include Art of the Larder, New Kitchen Basics and Home Cookery Year. This is her seventh book.
**Vegan BBQ**

70 delicious plant-based recipes to cook outdoors

by Katy Beskow

Vegan BBQ showcases 70 simple, summery recipes to cook on your barbecue, as well as delicious sides, dips and snacks to brighten up any alfresco event.

From Katsu burgers with wasabi mayo, Buttered Hassleback squash, and Sizzling fajitas, to Brown sugar baked beans, BBQ patatas bravas or Kiwi and avocado salsa, the recipes are easy to follow, using seasonal and readily available ingredients - proving that you don't have to grill meat to enjoy a barbecue!

Plus, you'll learn how to get the most out of your ingredients, how to host the perfect plant-based barbecue with friends and what essential kit you'll need (including advice on small barbecue set-ups for balconies or bijou gardens).

With tips throughout from an expert author, Vegan BBQ will build your confidence on the grill, keep you fed all summer long and prove that vegan barbecuing is easy, with fun and vibrant recipes that everyone will love.

**Author Bio**

A Game of Retribution
by Scarlett St. Clair

Become enchanted by the fantasy world of gods and mortals in bestselling author Scarlett St. Clair's reimagined New Greece. Readers are "hopelessly addicted" to the story of Hades and Persephone told from Hades's point of view.

Hades, God of the Dead, does not take sides or bend the rules. He makes no exceptions to these values—not for god or mortal, even his lover, Persephone, Goddess of Spring.

Usually, fear prevents retaliation.
But not this time.

When Hera, Goddess of Women, approaches Hades with a plan to overthrow Zeus, he declines to offer help. As punishment, Hera sentences Hades to perform a series of labors. Each feat seems more impossible than the last and draws his attention away from Persephone—whose own tragedy has left her questioning whether she can be Queen of the Underworld.

Can Hades maintain the balance he craves?

Author Bio
Scarlett St. Clair is the bestselling author of the HADES X PERSEPHONE SAGA, the HADES SAGA, KING OF BATTLE AND BLOOD, and WHEN STARS COME OUT. She has a Master's degree in Library Science and Information Studies and a Bachelors in English Writing. She is obsessed with Greek Mythology, murder mysteries, and the afterlife. You can find pictures of her adorable dog Adelaide on her Instagram at authorscarlettstclair, and updates on her books at www.scarlettstclair.com.
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Author Bio

Scarlett St. Clair is the bestselling author of the HADES X PERSEPHONE SAGA, the HADES SAGA, KING OF BATTLE AND BLOOD, and WHEN STARS COME OUT. She has a Master's degree in Library Science and Information Studies and a Bachelors in English Writing. She is obsessed with Greek Mythology, murder mysteries, and the afterlife. You can find pictures of her adorable dog Adelaide on her Instagram at authorscarlettstclair, and updates on her books at www.scarlettstclair.com.
A Line in the Sand
by Teri Wilson

USA Today bestselling author Teri Wilson brings you the perfect beach read rom com with a bright, sparkling love story featuring: • A heroine who’s vowed never to date again—for real, this time!
• Her rambunctious Cavalier King Charles Spaniel puppy
• The handsome and brilliant marine biologist she can't ignore
• And the nonstop antics of her friends determined to be matchmakers

Sparks fly when Molly Prince’s puppy Ursula constantly disrupts the beachfront area where new-in-town marine biologist Max Miller is studying sea turtle mating habits. Max and Molly are instantly attracted to each other, but Molly dismisses Max out-of-hand. She’s not dating anymore. Maybe not ever, since her last relationship ended in a spectacular disaster. As for Max, he refuses to take Molly seriously when her job is to play pretend as the aquarium's mermaid. But when Ursula won't stop digging in Max's beachfront yard and reveals her unique ability to sniff out sea turtle nests, she might bring these two opposites close enough to help save the turtles, and maybe even save the aquarium... 

Praise for Teri Wilson:
Teri Wilson is the queen of romantic comedy."-Sarah Morgan, USA Today bestselling author
"Fans of Kate Angell and Julie James will appreciate this fun, lighthearted story."-Publishers Weekly for A Spot of Trouble
"Hilarious... A laugh-out-loud journey!"-Woman's World for The Accidental Beauty Queen
"A delightful romp."-Library Journal Starred Review for Royally Roma

Author Bio

TERI WILSON is a Publishers Weekly bestselling author of heartwarming, whimsical contemporary romance. Three of Teri's books have been adapted into Hallmark Channel Original Movies by Crown Media, including Unleashing Mr. Darcy (plus its sequel Marrying Mr. Darcy), The Art of Us and Northern Lights of Christmas, based on her book Sleigh Bell Sweethearts. She is also a recipient of the prestigious RITA Award for excellence in romantic fiction for her novel The Bachelor's Baby Surprise. Teri lives in Texas.
After We Were Stolen
A Novel
by Brooke Beyfuss

An emotionally wrought debut fiction novel perfect for book clubs about a girl who escapes from a cult after a deadly fire destroys her family’s compound, only to be haunted by That Night as she tries to build a new life for herself.

A fire. Her escape. And the realization her entire life has been a lie.

One night, nineteen-year-old Avery is awoken by a fire consuming her family’s compound. She manages to escape and runs away with her younger brother, Cole, hiding in the woods and then a school gym for weeks, dodging stares and stealing food to survive. After police apprehend them for shoplifting, a horrific discovery is made—they were actually kidnapped as children, taken by the cult leaders they knew as Mom and Dad.

Cole is quickly reunited with his family and permanently separated from Avery, who is taken to a women’s shelter when no family comes forward. Avery isn’t certain who survived the Bakelite cult fire or, more importantly, who set it. As she tries to move past the lies and the trauma of her childhood, the events of the night of the fire come bursting back into the news, and a police investigation throws Avery into the spotlight where she’s pushed to answer questions she can’t explain. The memories of that night and her former life threaten to undo all the progress she’s made, but she must uncover the truth about the fire (…)

Author Bio

BROOKE BEYFUSS works as a copywriter for an adult web company, a position that has provided a great deal of future novel material. A graduate of Rutgers University, Brooke is the founder of the Woodbridge Cultural Arts’ Commission Writing Group. She lives in New Jersey with her husband and daughter. After We Were Stolen is her debut novel.
And There He Kept Her
A Novel
by Joshua Moehling

A dark and complex mystery that will consume you, starring a protagonist who is equal parts quirky Milhone and steady Gamache."-Julie Clark, New York Times bestselling author of The Last Flight

They thought he was a helpless old man. They were wrong.

When two teenagers break into a house on a remote lake in search of prescription drugs, what starts as a simple burglary turns into a nightmare for all involved. Emmett Burr has secrets he's been keeping in his basement for more than two decades, and he'll do anything to keep his past from being revealed. As he gets the upper hand on his tormentors, the lines blur between victim, abuser, and protector.

Personal tragedy has sent former police officer Ben Packard back to the small Minnesota town of Sandy Lake in search of a fresh start. Now a sheriff's deputy, Packard is leading the investigation into the missing teens, motivated by a family connection. As clues dry up and timeruns out to save them, Packard is forced to reveal his own secrets and dig deep to uncover the dark past of the place he now calls home.

Unrelentingly suspenseful and written with a piercing gaze into the dark depths of the human soul, And There He Kept Her is a thrilling page-turner that introduces readers to a complicated new hero and forces us to consider the true nature of evil.

"There's a terrific new voice in (...)"

Author Bio

JOSHUA MOEHLING is a project manager and technical writer who lives in Minneapolis. And There He Kept Her is his debut novel.
Average Jones
by Samuel Hopkins Adams

Average Jones is a brilliant young man of independent means, thanks to the bequest of a wealthy yet jaded uncle. Five years after graduating college, he finds himself bored with travel and his bon vivant lifestyle, and restless for some meaningful hobby to occupy his mind. On the advice of a friend, he decides to set up a business as an "Ad-Visor," warning potential buyers of goods and services of potential scams. Each "ad-vising" case turns into a crime-detecting story showcasing the amateur sleuth's deductive reasoning, a la Sherlock Holmes. At times bizarre, at times humorous, this collection is highly entertaining, featuring stories such as "The B-flat Trombone," "The Man Who Spoke Latin," and "The Million-Dollar Dog.

Author Bio

SAMUEL HOPKINS ADAMS (January 26, 1871- November 16, 1958) was an American writer, best known for his investigative journalism. He authored over forty books, countless magazine articles, and as a reporter was instrumental in the passage of the Federal Food and Drug laws which protect consumers to this day.

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Series: Library of Congress Crime Classics

Notes

Promotion
Breath of Fire
by Amanda Bouchet

A Kirkus Reviews Best Book 2017!
A USA Today bestseller!

"Breath of Fire is a heart-pounding and joyous romantic adventure. Amanda Bouchet's talent is striking." - NALINI SINGH, New York Times bestselling author

I AM CATALIA FISA, AND I DO NOT BREAK

Deep breath in. Long breath out. The Gods are telling me I’m some sort of new Origin, which apparently means it’s my job to give Thalyria a fresh start. Griffin crowned me with the symbols of the three realms.

If I’m supposed to be not just a queen but the Queen, I’d better start acting like it.

The Kingmaker Chronicles:
A Promise of Fire (Book 1)
Breath of Fire (Book 2)
Heart on Fire (Book 3)

More praise for Breath of Fire:

"Bouchet sets the bar for high-concept fantasy romance. Simply brilliant." - Kirkus, STARRED Review

"[Bouchet's] world-building reaches new heights . . . [a] page-turning addition to the series." - Booklist, STARRED Review

Readers are raving about the Kingmaker Chronicles
"Give this to your Game of Thrones fans." - Booklist STARRED Review
"Loved it!" - ELOISA JAMES, New York Times bestselling author
"Utterly breathtaking!" - DARYNDA JONES, New York Times bestselling author

"Masterful worldbuilding." - Kirkus STARRED Review
"Easily my favorite book of 2016!" - Bookriot
"I think you all should just go read it now." - Smexy Books
"Simply awesome!" - The Romance Reviews

Notes

Promotion
**Dark Things I Adore**

A Novel

by Katie Lattari

A debut thriller for fans of Lucy Foley and Liz Moore, *Dark Things I Adore* is a stunning *Gone Girl*-esque tale of atonement that proves that in the grasp of manipulative men, women may momentarily fall. But in the hands of fierce women, men will be brought to their knees.

Three campfire secrets. Two witnesses. One dead in the trees. And the woman, thirty years later, bent on making the guilty finally pay.

1988. A group of outcasts gather at a small, prestigious arts camp nestled in the Maine woods. They're the painters: bright, hopeful, teeming with potential. But secrets and dark ambitions rise like smoke from a campfire, and the truths they tell will come back to haunt them in ways more deadly than they dreamed.

2018. Esteemed art professor Max Durant arrives at his protege's remote home to view her graduate thesis collection. He knows Audra is beautiful and brilliant. He knows being invited into her private world is a rare gift. But he doesn't know that Audra has engineered every aspect of their weekend together. Every detail, every conversation. Audra has woven the perfect web.

Only Audra knows what happened that summer in 1988. Max's secret, and the dark things that followed. And even though it won't be easy, Audra knows someone must pay.

A searing psychological thriller of trauma, dark academia, complicity, and revenge, *Dark Things I Adore* unravels the realities behind campfire legends—(...)

**Author Bio**

KATIE LATTARI holds a BA and an MA in English from the University of Maine and an MFA in Fiction Writing/Prose from the University of Notre Dame. This is her debut.
Fifty Shades Darker 10th Anniversary Edition
by E L James

Now a Special Edition Hardcover

"I rest my head against him, and he kisses my hair repeatedly. This is home. He smells of linen, fabric softener, bodywash, and my favorite smell-Christian. For a moment, I allow myself the illusion that all will be well, and it soothes my ravaged soul."

Daunted by the singular tastes and dark secrets of the beautiful, tormented young entrepreneur Christian Grey, Anastasia Steele has broken off their relationship to start a new career with a Seattle publishing house.

But desire for Christian still dominates her every waking thought, and when he proposes a new arrangement, Anastasia cannot resist. They rekindle their searing sensual affair, and Anastasia learns more about the harrowing past of her damaged, driven and demanding Fifty Shades.

While Christian wrestles with his inner demons, Anastasia must confront the anger and envy of the women who came before her, and make the most important decision of her life.

Discover the world of Fifty Shades of Grey:
• An Instant #1 New York Times Bestseller
• More than 165 Million Copies Sold Worldwide
• One of 100 Great Reads in the Great American Read
• 133 Weeks on the New York Times Bestseller List

This book is intended for mature audiences.

Author Bio

E L James is an incurable romantic and a self-confessed fangirl. After twenty-five years of working in television, she decided to pursue a childhood dream and write stories that readers could take to their hearts. The result was the controversial and sensuous romance Fifty Shades of Grey and its two sequels, Fifty Shades Darker and Fifty Shades Freed. In 2015, she published the #1 bestseller Grey, the story of Fifty Shades of Grey from the perspective of Christian Grey, and in 2017, the chart-topping Darker, the second part of the Fifty Shades story from Christian's point of view. She followed with the #1 New York Times bestseller, The Mister in 2019. Her books have been published in fifty languages and have sold more than 165 million copies worldwide.

E L James has been recognized as one of Time magazine’s Most Influential People.
For Those Who Are Lost
A Novel
by Julia Bryan Thomas

On the eve of the Nazi invasion of the island of Guernsey, terrified parents have a choice to make: send their children alone to England, or keep the family together and risk whatever may come to their villages.

Ava and Joseph Simon reluctantly put their 9-year-old son, Henry, and four-year-old daughter, Catherine, in the care of their son’s teacher, who will escort them on a boat to mainland England. Just as the ferry is about to leave, the teacher’s sister, Lily appears. The two trade places: Helen doesn’t want to leave Guernsey, and Lily is desperate for a fresh start.

Lily is the one who accompanies the children to England, and Lily is the one who lets Henry get on a train by himself, deciding in a split second to take Catherine with her and walk the other way. That split-second decision lingers long after the war ends, impacting the rest of their lives.

Perfect for readers of Sold on a Monday, For Those Who Are Lost is at once heartbreaking, thought-provoking, and uplifting.

Author Bio

Writing as JULIA THOMAS, she is the author of The English Boys, a Library Journal Debut of the Month novel, and Penhale Wood, which earned starred reviews from Kirkus Reviews and Library Journal. She lives in Oklahoma.
For You & No One Else
by Roni Loren

New York Times and USA Today bestseller Roni Loren brings the heat in this compelling story of:
• A woman struggling to find her place in the world
• A man with a secret inner life
• An unexpected friendship with sizzling benefits
• And an emotional turning point that changes everything

Eliza Catalano has the perfect life. So what if it actually looks nothing like the story she tells online? Asa therapist, it's part of her job to look like she has all the answers, right? But when Eliza ends up as a viral Worst Date Ever meme, everything in her Instagram-filtered world begins to crumble. Enter the most obnoxiously attractive man she's ever met, and a bet she can't resist: if she swears off social media for six months, Beck Carter'll teach her the wonders of surviving the "real world." No technology, no dating apps, no pretty filters, no BS.

It seems like the perfect deal—she can lay low until her sudden infamy passes, meet some interesting new people, and maybe even curate this experience into a how I quit the online dating racket book along the way. But something about Beck's raw honesty speaks to Eliza in ways she never expected. She knows he's (…)

Author Bio

Roni wrote her first romance novel at age fifteen when she discovered writing about boys was way easier than actually talking to them. Since then, her flirting skills haven't improved, but she likes to think her storytelling ability has. She holds a master's degree in social work and spent years as a mental health counselor, but now she writes full time from her cozy office in Dallas, Texas where she puts her characters on the therapy couch instead. She is a two-time RITA Award winner and a New York Times and USA Today bestselling author.
Four Ways to Wear a Dress
by Gillian Libby

Debut author Gillian Libby brings you a bright and hopeful story about friendship, self-discovery and acceptance, and fighting for your own happiness, even if it looks a little different than everyone else’s. You’ll love this funny and charming story that reminds you: • You are capable of more than you think you are—don’t give up on your happiness
• Your friends are your fiercest champions
• It’s good to admit to your mistakes, but sometimes it’s also okay to pretend your crush is really your Instagram Boyfriend
• The perfect dress can help you get through anything

Millie Ward has been fired. Again. She’s tired of feeling like a failure, and she refuses to blame her ADHD the way her parents do every time she hits one of life’s speed bumps. This time, she’s going to let that speed bump actually slow her down, and jumps at the chance to visit her best friend—and Instagram influencer—Quincy in California. And she wouldn’t mind if that invitation also involved getting closer with Quincy’s brother, Pete.

When her best friends Kate and Bree help her pack, they rediscover the little black dress they shared in college. This dress helped them during first dates, exams, and job interviews—bringing each woman who wore it a bit of luck and confidence. Whatever comes during Millie’s next chapter, this dress will help.

But Peacock Bay (…)

Author Bio

GILLIAN LIBBY left New York City after many years and many jobs. She worked in PR, marketing, film, TV, and was a SoHo shopgirl. She now lives in Connecticut with her husband and two children near a beach with no waves.
From Below
by Darcy Coates

Darcy Coates brings you a brand-new horror novel that'll take your breath away. . . From Below is:

• Perfect for fans of Jennifer McMahon and Wendy Webb
• For lovers of ghost stories and anyone mesmerized by the depths of the ocean-and what hides in the darkness

No light. No air. No escape.

Hundreds of feet beneath the ocean's surface, a graveyard waits . . .

Years ago, the SS Arcadia vanished without a trace during a routine voyage. Though a strange, garbled emergency message was broadcast, neither the ship nor any of its crew could be found. Sixty years later, its wreck has finally been discovered more than three hundred miles from its intended course. . . a silent graveyard deep beneath the ocean's surface, eagerly waiting for the first sign of life.

Cove and her dive team have been granted permission to explore the Arcadia's rusting hull. Their purpose is straightforward: examine the wreck, film everything, and, if possible, uncover how and why the supposedly unsinkable ship vanished.

But the Arcadia has not yet had its fill of death, and something dark and hungry watches from below. With limited oxygen and the ship slowly closing in around them, Cove and her team will have to fight their way free of the unspeakable horror now desperate to claim them.

Because once they're trapped beneath the ocean's waves, there's no going back.

Also By Darcy Coates:
The Haunting of Leigh Harker
The Haunting of Ashburn House
The Haunting of Blackwood House
Craven Manor
The House Next Door
Voices in the Snow

Author Bio

Darcy Coates is the USA Today bestselling author of Hunted, The Haunting of Ashburn House, Craven Manor, and more than a dozen horror and suspense titles. She lives on the Central Coast of Australia with her family, cats, and a garden full of herbs and vegetables. Darcy loves forests, especially old-growth forests where the trees dwarf anyone who steps between them. Wherever she lives, she tries to have a mountain range close by.
Heart on Fire
by Amanda Bouchet

WITH THE POWER OF THE GODS AT HER FINGERTIPS

Cat Fisa's destiny has finally caught up with her. But fully accepting her fate means taking a final, terrifying step—reuniting all three realms and embracing her place as Queen with warlord-turned-king Griffin at her side. But forging their kingdom can only mean going to war with Fisa and its violent Alpha-Cat's own mother, Andromeda.

Although Cat used to be Andromeda's sole weakness, that's no longer true. And while Andromeda seems to know every trick and spell, Cat's own magic refuses to work like it should. When tragedy strikes, Cat unleashes the power she's been afraid of all her life, but her misuse of the Gods' gifts comes with a terrible price.

Ripped away from Griffin and the home she's come to love, Cat's only option is to fully accept the power she's always denied so that she can return to the people she loves, confront her murderous mother, and finish restoring her kingdom—no matter the ultimate cost.

Discover the thrilling, white-hot fantasy trilogy that broke all the rules.

The Kingmaker Chronicles:
A Promise of Fire (Book 1)
Breath of Fire (Book 2)
Heart on Fire (Book 3)

More praise for Heart on Fire:
"Magic, action, romance—everything I love in a series."—JENNIFER ESTEP, New York Times and USA Today bestselling author
"Sweeping in its world building and poignant in its emotion. A Homeric trilogy not (...)"

Author Bio

Amanda Bouchet is a USA Today bestselling author of Fantasy Romance and Sci-fi Romance. She was a Goodreads Choice Awards top 10 finalist for Best Debut in 2016. For more about Amanda's books with equal parts adventure and kissing, connect with her at www.amandabouchet.com.
Husband Material
by Alexis Hall

Wanted: One (very real) husband
Nowhere near perfect but desperately trying his best

In BOYFRIEND MATERIAL, Luc and Oliver met, pretended to fall in love, fell in love for real, dealt with heartbreak and disappointment and family and friends... and somehow figured out a way to make it work. Now it seems like everyone around them is getting married, and Luc's feeling the social pressure to propose. But it'll take more than four weddings, a funeral, and a bowl full of special curry to get these two from I don't know what I'm doing to I do.

Good thing Oliver is such perfect HUSBAND MATERIAL.

Brillianc on every single page."-Christina Lauren, New York Times and USA Today bestselling author, for Boyfriend Material

"The apotheosis of the rom-com."-Entertainment Weekly, A+ Review, for Boyfriend Material

"Every once in a while you read a book that you want to SCREAM FROM ROOFTOPS about. I'm screaming, people!"-Sonali Dev, award-winning author, for Boyfriend Material

"FAKE DATING, REAL FEELINGS, BEST JOKES."-Olivia Waite, award-winning author, for Boyfriend Material

"Fresh and vibrant."-Annie Carl, The Neverending Bookshop (Edmonds, WA), for Boyfriend Material

Author Bio

Alexis Hall writes books in the southeast of England, where he lives entirely on a diet of tea and Jaffa Cakes. You can find him at http://www.quicunquevult.com/, on Twitter @quicunquevult, and on Facebook at https://www.facebook.com/quicunquevult.
In Every Mirror She’s Black
A Novel
by Lola Akinmade Akerstrom

Beautifully complex and deftly drawn... In Every Mirror She’s Black is a sexy, surprising, searing debut about love, loss, desire, and the many dimensions of Black womanhood.”—Deesha Philyaw, 2020 National Book Award Finalist & award-winning author of The Secret Lives of Church Ladies

An arresting debut for anyone looking for insight into what it means to be a Black woman in the world.

Three Black women are linked in unexpected ways to the same influential white man in Stockholm as they build their new lives in the most open society run by the most private people.

Successful marketing executive Kemi Adeyemi is lured from the U.S. to Sweden by Jonny von Lundin, CEO of the nation’s largest marketing firm, to help fix a PR fiasco involving a racially tone-deaf campaign. A killer at work but a failure in love, Kemi’s move is a last-ditch effort to reclaim her social life.

A chance meeting with Jonny in business class en route to the U.S. propels former model-turned-flight-attendant Brittany-Rae Johnson into a life of wealth, luxury, and privilege—a life she’s not sure she wants as the object of his unhealthy obsession.

And Somali refugee Muna Saheed, who lost her entire family, finds a job cleaning the toilets at Jonny’s office as (…)

Author Bio

Nigerian-American and based in Sweden, Lola Akinmade Akerstrom is an award-winning author, speaker, and photographer. Her work has appeared in National Geographic Traveler, BBC, CNN, The Guardian, Sunday Times Travel, The Telegraph, New York Times, Travel + Leisure, Slate, Travel Channel, Adventure Magazine, Lonely Planet, amongst others. In addition to contributing to several books, she is the author of the following books - 2018 Lowell Thomas Award winner for best travelbook, Due North and bestselling LAGOM: Swedish Secret of Living Well, available in 18 foreign language editions. She has been recognized with multiple awards for her work, including 2018 Travel Photographer of the Year Bill Muster Award, and she was honoured with a MIPAD 100 (Most Influential People of African Descent) Award within media and culture in 2018. Her photography is represented by National Geographic Image Collection. Lola is also the editor of Slow Travel
Lady with the Gun Asks the Questions
The Ultimate Miss Phryne Fisher Story Collection
by Kerry Greenwood

The elegant Miss Phryne Fisher returns in this scintillating collection, featuring four new stories.
The Honourable Phryne Fisher—she of the Lulu bob, cupid’s bow lips, diamante garters, and pearl-handled pistol—is the 1920s’ most elegant and irrepressible sleuth.
Miss Phryne Fisher is up to her stunning green eyes in intriguing crime in each of these entertaining, fun, and compulsively readable stories. Whether sniffing out the whereabouts of a priceless pilfered book, an heirloom locket, or a missing eight-year-old girl, Miss Fisher proves herself more than equal to the task—and always fashionably attired. With the ever-loyal Dot, the ingenious Mr. Butler, and all of Phryne’s friends and household, the action is as fast as Phryne’s wit and logic.

Author Bio

Kerry Greenwood was born in the Melbourne suburb of Footscray and after wandering far and wide, she returned to live there. She has degrees in English and Law from Melbourne University and was admitted to the legal profession on the 1st April 1982, a day which she finds both soothing and significant. Kerry has written three series, a number of plays, including The Troubadours with Stephen D’Arcy, is an award-winning children’s writer and has edited and contributed to several anthologies. The Phryne Fisher series (pronounced Fry-knee, to rhyme with briny) began in 1989 with Cocaine Blues which was a great success. Kerry has written twenty books in this series with no sign yet of Miss Fisher hanging up her pearl-handled pistol. Kerry says that as long as people want to read them, she can keep writing them. In 2003 Kerry won the Lifetime Achievement Award from the Australian Association.
The Lady with the Gun Asks the Questions
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Never Been Kissed
by Timothy Janovsky

Dear (never-been-quite-over-you) Crush,
It's been a few years since we were together, but I can't stop thinking about the time we almost. . .

Wren Roland has never been kissed, but he wants that movie-perfect ending more than anything. Feeling nostalgic on the eve of his birthday, he sends emails to all the boys he (ahem) loved before he came out. Morning brings the inevitable Oh God What Did I Do?, but he brushes that panic aside. Why stress about it? None of his could-have-beens are actually going to read the emails, much less respond. Right?

Enter Derick Haverford, Wren's #1 pre-coming-out-crush and his drive-in theater's new social media intern. Everyone claims he's coasting on cinematic good looks and his father's connections, but Wren has always known there's much more to Derick than meets the eye. Too bad he doesn't feel the same way about the infamous almost-kiss that once rocked Wren's world.

Whatever. Wren's no longer a closeted teenager; he can survive this. But as their hazy summer becomes consumed with a special project that may just save the struggling drive-in for good, Wren and Derick are drawn ever-closer. . . and maybe, finally, Wren's dream of a perfect-kiss-before-the-credits is within reach.

A feel-good summer LGBTQIA+ New Adult RomCom, perfect for fans of Red White & Royal Blue, Boyfriend Material, and What If It's Us.

Author Bio
TIMOTHY JANOVSKY is a queer, multidisciplinary storyteller from New Jersey. He holds a degree in theatre and dance from Muhlenberg College. His work as a humor writer has been featured on Points in Case, The Broadway Beat, and Well Mannered Grump, and his fiction short story debut was published by Voyage YA Journal. When he's not daydreaming about a young Hugh Grant, he's writing the queer rom-coms he wished he had as a teenager. Never Been Kissed is his first novel.
Quarter to Midnight
Fifteen Tales of Horror and Suspense
by Darcy Coates

Discover fifteen chilling tales of gothic horror and suspense from USA Today bestselling author Darcy Coates.

Push past the curtains of the rational, safe world and explore the un-nameable horrors living in the darkest corners of our conscience. This is the realm of monsters and shifting shadows, where a single wrong step can plunge you into a terrifying, irreversible fight for your life.

• You discover a door behind your bedroom's wallpaper. It's probably just a small crawlspace. There's nothing unusual about it. . . except for the quiet tapping noise you hear late at night.

• A young child went missing while exploring a disused cemetery in 1965. More than fifty years later you face the gate to the abandoned graveyard, armed with a clue that could lead to answers about the boy's fate.

• A mannequin is stored in the back of your rented basement room. Sometimes its dust cloth falls off. Sometimes you feel it watching you. And sometimes it moves while you're asleep. . .

Also By Darcy Coates:
The Haunting of Leigh Harker
The Haunting of Ashburn House
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Craven Manor
The House Next Door
Voices in the Snow

Author Bio

Darcy Coates is the USA Today bestselling author of Hunted, The Haunting of Ashburn House, Craven Manor, and more than a dozen horror and suspense titles. She lives on the Central Coast of Australia with her family, cats, and a garden full of herbs and vegetables. Darcy loves forests, especially old-growth forests where the trees dwarf anyone who steps between them. Wherever she lives, she tries to have a mountain range close by.
Same Time, Same Place
A Novel
by David Barnett

Five minutes a day is just enough to change your life forever...

Daisy is the night security guard at the Manchester Museum of Social History. She takes her job very seriously, protecting the museum from teenage troublemakers. Nate works the day shift, though he'd be more suited to being a museum guide the way he chats with the visitors. Daisy doesn't approve: how does he find it so easy to talk to strangers?

For five minutes each day, their shifts overlap at handover. It's the only interaction they have...until mysterious things begin to happen at the museum. Daisy notices priceless objects going missing and then reappearing, with no explanation (and with nothing on the security footage!). No one believes her except Nate, and he agrees to help her solve the mystery.

They soon discover they have a lot more in common than they realized...and their investigation uncovers not only the truth, but new possibilities for their future.

Author Bio

DAVID M. BARNETT is an author and journalist based in West Yorkshire, England. He is the author of the critically-acclaimed Gideon Smith series of Victorian fantasies, and teaches journalism at Leeds Trinity University.
Six Ways to Write a Love Letter
by Jackson Pearce

Beloved author Jackson Pearce brings her trademark humor and emotion to a compelling and hopelessly romantic story about how impossible fame and love can be on their own, much less together.

Maybe everything they say about Vivi Swan is true. Maybe America’s Sweetheart is all fluff and no substance. And maybe every guy she dates is fodder for her next breakup song.

But session drummer Remy Young doesn't care. Touring with Vivi Swan means more money than he and his brother could ever earn on their own. And he's smart enough to keep himself away from drama.

Then a bus mix-up forces Remy and Vivi to spend hours together, and he's surprised to discover that she's nothing like the rumors said. When she asks for his help writing her next song, he's immediately on board—for professional reasons, of course.

Soon, it's clear that every variation of their song is just a different way to write a love letter, even as Remy wonders if he's setting himself up to be the next guy on her list of exes. And when Vivi's private life and public facade finally clash, a celebrity gossip blog threatens everything they've created together.

Author Bio

Jackson Pearce is an unapologetic lover of pop music, an avid gossip-site reader, and a frequent watcher/rewatcher/binge-watcher of romantic comedies. She lives in Atlanta, Georgia, where she has been involved in music and arts education for high schoolers for over a decade.
The Book Woman's Daughter
A Novel
by Kim Michele Richardson

From the New York Times bestselling author of The Book Woman of Troublesome Creek!
Bestselling historical fiction author Kim Michele Richardson is back with the perfect book club read following Honey Lovett, the daughter of the beloved Troublesome book woman, who must fight for her own independence with the help of the women who guide her and the books that set her free.

In the ruggedness of the beautiful Kentucky mountains, Honey Lovett has always known that the old ways can make a hard life harder. As the daughter of the famed blue-skinned, Troublesome Creek packhorse librarian, Honey and her family have been hiding from the law all her life. But when her mother and father are imprisoned, Honey realizes she must fight to stay free, or risk being sent away for good.

Picking up her mother's old packhorse library route, Honey begins to deliver books to the remote hollers of Appalachia. Honey is looking to prove that she doesn't need anyone telling her how to survive. But the route can be treacherous, and some folks aren't as keen to let a woman pave her own way. If Honey wants to bring the freedom books provide to the families who need it most, she's going to have to fight for her place, and along the way, learn that the extraordinary women who run the hills and hollers can make all the difference in the world.

Praise for The Book Woman's Daughter:
In Kim Michele Richardson's beautifully and authentically rendered The Book Woman's Daughter she once again paints a stunning portrait of the raw (...

Author Bio
NEW YORK TIMES, LOS ANGELES TIMES and USA TODAY bestselling author, Kim Michele Richardson, is a multiple-award winning author who has written five works of historical fiction, and a bestselling memoir. Kim Michele was born and raised in Kentucky and lives there with her family and beloved dogs. She is also the founder of Shy Rabbit, a writers residency and scholarship implemented for low-income writers. To learn more, please visit KimMichele on her Facebook page and or website at www. kimmichelerichardson.com
The Book Woman's Daughter
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From the New York Times bestselling author of The Book Woman of Troublesome Creek!
Bestselling historical fiction author Kim Michele Richardson is back with the perfect book club read following Honey Lovett, the daughter of the beloved Troublesome book woman, who must fight for her own independence with the help of the women who guide her and the books that set her free.
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Author Bio

NEW YORK TIMES, LOS ANGELES TIMES and USA TODAY bestselling author, Kim Michele Richardson, is a multiple-award winning author who has written five works of historical fiction, and a bestselling memoir. Kim Michele was born and raised in Kentucky and lives there with her family and beloved dogs. She is also the founder of Shy Rabbit, a writers residency and scholarship implemented for low-income writers. To learn more, please visit KimMichele on her Facebook page and or website at www.kimmichelerichardson.com
The Deepest Black
A Novel
by Randall Silvis

Three dead. And more to come.

A triple homicide in a small Pennsylvania town is no small event. And when one of the locals is a writer with a hefty dose of curiosity, the secrets that people have been trying their best to hide never stay hidden for long...

Acclaimed author Randall Silvis pushes the boundaries of crime fiction with The Deepest Black, a gripping and twisty novel written in the style of a true crime memoir that blends fact and fiction and leaves the reader guessing every step of the way.

Author Bio

RANDALL SILVIS is the internationally acclaimed author of more than a dozer novels, including Two Days Gone and the other Ryan DeMarco mysteries. His essays, articles, poems, and short stories have appeared in various online and print magazines. His work has been translated into ten languages. He lives in Pennsylvania.
The Floating Girls
A Novel
by Lo Patrick

For readers of Delia Owens's Where the Crawdads Sing and Louise Erdrich's The Round House, comes a fresh new voice in Southern fiction. A wonderfully atmospheric coming-of-age family drama told from the perspective of a feisty 12-year-old girl reminiscent of a modern-day Scout Finch as she unravels the secrets that threaten her entire family.

The backwaters of Georgia hold many buried secrets. But they won't stay buried forever.

One hot, stickysummer in Bledsoe, Georgia, twelve-year-old Kay Whitaker stumbles across a stilt house in a neighboring marsh and upon Andy Webber, a boy about her age. He and his father have recently moved back to Georgia from California, and rumors of the suspicious drowning death of Andy's mother years earlier have chased them there and back.

Kay is fascinated and enamored with Andy, and she doesn't listen when her father tells her to stay away from the Webbers. But when Kay's sister goes missing, the mystery of Mrs. Webber's death—and Kay's parents' potential role in it—comes to light. Kay and her brothers must navigate the layers of secrets that emerge in the course of the investigation as their family, and the world as they knew it, unravels around them.

At once wickedly funny and heartbreaking, it is an immersive coming-of-age story narrated by a feisty, smart, yet undeniably vulnerable girl reminiscent of a modern-day Scout Finch—a character who will live in readers' hearts for a long time to come.

Author Bio

LO PATRICK is a former lawyer and current novelist living in the suburbs of Atlanta. The Floating Girls is her debut novel.
The Last Housewife
A Novel
by Ashley Winstead

From the author of the acclaimed In My Dreams I Hold a Knife comes a dark thriller about a woman determined to take down a patriarchal cult and avenge the women in her life—but to do so, she might lose everything.

During their senior year of college, Shay Evans and her best friend Laurel escaped from a violent, magnetic man and his equally violent views about women and society. Eight years later, Shay has built a new life for herself. But the horrifying news of Laurel's death shatters her world and makes her suspect that the people from her past are back and more dangerous than ever.

Recruiting the help of a true-crime podcast host, Shay is determined to find out the truth. When clues lead her to a secret cult devoted to male superiority, she discovers what happened to her eight years ago was only the beginning. When Shay's search for answers turns into an obsession, forcing her to confront her own complicity and conditioning, she'll have to make a life-changing decision: how much would she give up to take down the men who've ruled her life?

Author Bio
Ashley Winstead directs communications for a national philanthropy. She holds a Ph.D. in contemporary American literature and a B.A. in English and Art History. She lives in Houston, TX.
The Lies I Tell
A Novel
by Julie Clark

"Julie Clark has done it again. . . taking you straight into the collision course of two dynamic, complicated women."—Laura Dave, #1 New York Times bestselling author

From the instant New York Times bestselling author of The Last Flight comes a riveting new novel of two women, multiple identities, and one last con

Meg Williams. Maggie Littleton. Melody Wilde. Different names for the same person, depending on the town, depending on the job. She’s a con artist who erases herself to become whoever you need her to be—a college student. A life coach. A real estate agent. Nothing about her is real. She slides alongside you and tells you exactly what you need to hear, and by the time she's done, you've likely lost everything.

Kat Roberts has been waiting ten years for the woman who upended her life to return. And now that she has, Kat is determined to be the one to expose her. But as the two women grow closer, Kat's long-held assumptions begin to crumble, leaving Kat to wonder who Meg's true target is.

The Lies I Tell is a twisted domestic thriller that dives deep into the psyches and motivations of two women and their unwavering quest to seek justice for the past and rewrite the future

Author Bio

Born and raised in Santa Monica, California, JULIE CLARK grew up reading books on the beach while everyone else surfed. After attending college at University of the Pacific, she returned home to Santa Monica to teach. She now lives there with her two young sons and a golden doodle with poor impulse control. The Last Flight, was an instant New York Times bestseller.
The Lies I Tell
A Novel
by Julie Clark

Julie Clark has done it again... taking you straight into the collision course of two dynamic, complicated women."-Laura Dave, #1 New York Times bestselling author
From the instant New York Times bestselling author of The Last Flight!
She's back. Meg Williams. Maggie Littleton. Melody Wilde. Different names for the same person, depending on the town, depending on the job. She's a con artist who erases herself to become whoever you need her to be—a college student. A life coach. A real estate agent. Nothing about her is real. She slides alongside you and tells you exactly what you need to hear, and by the time she's done, you've likely lost everything.
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Born and raised in Santa Monica, California, Julie Clark grew up reading books on the beach while everyone else surfed. After attending college at University of the Pacific, she returned home to Santa Monica to teach. She now lives there with her two young sons and a golden doodle with poor impulse control. Her debut novel, The Ones We Choose, was published in 2018, and has been optioned for television by Lionsgate.
The Marlow Murder Club
A Novel
by Robert Thorogood

To solve an impossible murder, you need an impossible hero. . .

Judith Potts is seventy-seven years old and blissfully happy. She lives on her own in a faded mansion just outside Marlow, there’s no man in her life to tell her what to do or how much whisky to drink, and to keep herself busy she sets crosswords for The Times newspaper.

One evening, while out swimming in the Thames, Judith witnesses a brutal murder. The local police don’t believe her story, so she decides to investigate for herself, and is soon joined in her quest by Suzie, a salt-of-the-earth dog-walker, and Becks, the prim and proper wife of the local vicar.

Together, they are the Marlow Murder Club.

When another body turns up, they realize they have a real-life serial killer on their hands. And the puzzle they set out to solve has become a trap from which they might never escape. . .

"I love Robert Thorogood's writing."-Peter James, international bestselling author

Author Bio

ROBERT THOROGOOD is an English screenwriter and novelist. He is the creator of the BBC One murder mystery series Death in Paradise.
The Physicists' Daughter
A Novel
by Mary Anna Evans

The Nazis are no match for the physicists' daughter.
New Orleans, 1944
Sabotage. That's the word on factory worker Justine Byrne's mind as she is repeatedly called to weld machine parts that keep failing with no clear cause. Could someone inside the secretive Carbon Division be deliberately undermining the factory's war efforts? Raised by her late parents to think logically, she also can't help wondering just what the oddly shaped carbon gadgets she assembles day after day have to do with the boats the factory builds. . .

When a crane inexplicably crashes to the factory floor, leaving a woman dead, Justine can no longer ignore her nagging fear that German spies are at work within the building, trying to put the factory and its workers out of commission. Unable to trust anyone—not the charming men vying for her attention, not her unpleasant boss, and not even the women who work beside her—Justine draws on the legacy of her unconventional upbringing to keep her division running and protect her coworkers, her country, and herself from a war that is suddenly very close to home.

Author Bio

Mary Anna Evans is the author of the Faye Longchamp archaeological mysteries, which have received recognition including the Benjamin Franklin Award, the Mississippi Author Award, and three Florida Book Awards bronze medals. She is an assistant professor at the University of Oklahoma, where she teaches fiction and nonfiction writing. Winner of the 2018 Sisters in Crime (SinC) Academic Research Grant.
The Stand-In
by Lily Chu

HOW TO UPEND YOUR LIFE:
• Get fired by gross, handsy boss
• Fail to do laundry (again)
• Be mistaken for famous Chinese actress
• Fall head-first into glitzy new world

Gracie Reed is doing just fine. Sure, she was fired by her overly “friendly” boss, and yes she still hasn’t gotten her mother into the nursing home of their dreams, but she’s healthy, she’s (somewhat) happy, and she’s (mostly) holding it all together.

But when a mysterious SUV pulls up beside her, revealing Chinese cinema’s golden couple Wei Fangli and Sam Yao, Gracie’s world is turned on its head. The famous actress has a proposition: due to their uncanny resemblance, Fangli wants Gracie to be her stand-in. The catch? Gracie will have to be escorted by Sam, the most attractive—and infuriating—man Gracie’s ever met.

If it means getting the money she needs for her mother, Gracie’s in. Soon Gracie moves into a world of luxury she never knew existed. But resisting Sam, and playing the role of an elegant movie star, proves more difficult than she ever imagined—especially when she learns the real reason Fangli so desperately needs her help. In the end all the lists in the world won’t be able to help Gracie keep up this elaborate ruse without losing herself. . . and her heart.

Author Bio

LILY CHU loves ordering the second-cheapest wine, wearing perfume all the time, and staying up far too late reading a good book. She writes uplit fiction set in Toronto with strong Asian characters.
The Summer of Christmas
by Juliet Giglio and Keith Giglio

<dl>
  <dd>July is a great time to celebrate Christmas! Don't miss this adorable and hilarious romcom from Hollywood screenwriters who bring you into the wild world of making those TV Christmas movies:</dd>
  <dd>• A hopeful LA screenwriter behind the scenes of her first exciting successful film</dd>
  <dd>• A dramatic face-to-face with her first love-who broke up with her five years ago at Christmastime (the cad!)</dd>
  <dd>• The magic, mystery, and hijinks of making a Christmas movie-in the middle of summer!</dd>
  <dd>• A second chance for everyone to get things right, finally</dd>
</dl>

Up-and-coming LA screenwriter Ivy Green is about to have her life turned upside down. Her movie, based on her and her high school sweetheart, Nick Shepherd, is being filmed in her hometown. In the middle of summer, during the month of July, the production crew creates a winter wonderland Christmas.

Nick is less than thrilled to see Ivy after all this time. To complicate matters, Ivy isn't sure of her relationship with the producer, the town is overflowing with movie stars and adoring fans, and worst of all-the actress playing Ivy develops a crush on the real Nick! Now, with renewed and confusing feelings about Nick, Ivy is determined to see if there is anything left between them, but in the end, Ivy will need to re-write her life script to get back everything she thought she lost.

Author Bio

JULIET GIGLIO and KEITH GIGLIO are a husband-wife screenwriting duo who met cute in an elevator while attending NYU Grad Film school. Their produced films include most recently Christmas in Tune, Dear Christmas, A Very Nutty Christmas and Christmas Reservations. Other credits include Disney's Tarzan, Pizza My Heart, Return to Halloweentown, Joshua, and A Cinderella Story. Juliet and Keith are both professors who teach screenwriting at SUNY Oswego and Syracuse University respectively.
Women's work is a matter of life and death

Nora Beady, the only female student at a prestigious medical school in Bologna, is a rarity. In the 19th century women are expected to remain at home and raise children, so her unconventional, indelicate ambitions to become a licensed surgeon offend the men around her. Under constant scrutiny, Nora’s successes are taken for granted; her mistakes used as proof that women aren't suited to the field.

Everything changes when she allies herself with Magdalena Morenco, the sole female doctor on-staff. Together the two women develop new techniques to improve a groundbreaking surgery: the Cesarean section. It's a highly dangerous procedure and the research is grueling, but even worse is the vitriolic response from men. Most don't trust the findings of women, and many can choose to deny their wives medical care.

Already facing resistance on all sides, Nora is shaken when she meets a patient who will die without the surgery. If the procedure is successful, her work could change the world. But a failure could cost everything: precious lives, Nora's career, and the role women will be allowed to play in medicine.

Author Bio

AUDREY BLAKE has a split personality- because she is the creative alter ego of Regina Sirois and Jaima Fixsen, two authors who met online in a survivor style writing contest. They live 1500 miles apart, but both are prairie girls: Jaima hails from Alberta, Canada, and Regina from the wheatfields of Kansas. Both are addicted to history, words, and stories of redoubtable women, and agree that their friendship, better and longer lasting than any other prize, is proof that good things happen in this random, crazy universe.
The Unplanned Life of Josie Hale
by Stephanie Eding

If you're looking for:
• Found family who always look out for you
• A second chance romance with your high school crush
• All the fried food that'll take your mind off your troubles
• A chance to start over and do things your own way

Then The Unplanned Life of Josie Hale is exactly what you need!

When Josie discovers that she’s unexpectedly pregnant with her ex-husband's baby (darn that last attempt to save their marriage), she seeks comfort in deep-fried food at the county fair. There she runs into her two old friends, Ben and Kevin. While sharing their own disappointments with adult life, they devise a plan to move in together and turn their lives around. Soon Ben and Kevin make it their mission to prepare for Josie’s baby, not least by making sure Josie always has the food she's craving. Maybe all together they can discover the true meaning of family and second chances in life.

Author Bio

STEPHANIE EDING specializes in humorous women’s fiction about the struggles of adulthood in the twenty-first century. She works as a freelance editor, cleans when stressed, and hates cooking but loves to eat. Away from her desk, she’s a wife, mother, expert napper, and leader of a cat horde. She lives in Ohio.
The Woman in the Library
A Novel
by Sulari Gentill

In every person's story, there is something to hide... 

The ornate reading room at the Boston Public Library is quiet, until the tranquility is shattered by a woman's terrified scream. Security guards take charge immediately, instructing everyone inside to stay put until the threat is identified and contained. While they wait for the all-clear, four strangers, who'd happened to sit at the same table, pass the time in conversation and friendships are struck. Each has his or her own reasons for being in the reading room that morning—it just happens that one is a murderer.

Award-winning author Sulari Gentill delivers a sharply thrilling read with THE WOMAN IN THE LIBRARY, an unexpectedly twisty literary adventure that examines the complicated nature of friendship and shows us that words can be the most treacherous weapons of all.

Author Bio

After setting out to study astrophysics, graduating in law and then abandoning her legal career to write books, Sulari now grows French black truffles on her farm in the foothills of the Snowy Mountains of NSW. Sulari is author of The Rowland Sinclair Mystery series, historical crime fiction novels (eight in total) set in the 1930s. Sulari's A Decline in Prophets (the second book in the series) was the winner of the Davitt Award for Best Adult Crime Fiction 2012. She was also shortlisted for Best First Book (A Few Right Thinking Men) for the Commonwealth Writers' Prize 2011. Paving the New Road was shortlisted for another Davitt in 2013.
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The Woman with Two Shadows
A Novel of WWII
by Sarah James

For fans of ATOMIC CITY GIRLS and THE SECRETS WE KEEP, a fascinating debut historical novel of one of the most closely held secrets of World War II and a woman caught up in it when she follows her missing sister to the mysterious city of Oak Ridge, Tennessee.

Lillian Kaufman hasn't heard from her twin sister since Eleanor left for a mysterious job at an Army base somewhere in Tennessee. When she learns, on an unexpected phone call, that Eleanor is missing, Lillian takes a train from New York down to Oak Ridge to clear up the matter.

It turns out that the only way into Oak Ridge is to assume Eleanor's identity, which Lillian plans to do swiftly and perfectly. But Eleanor has vanished without a trace—and she's not the only one. And how do you find someone in a town so dangerous it doesn't officially exist, when technically you don't exist either?

Lillian is thrust into the epicenter of the gravest scientific undertaking of all time, with no idea who she can trust. And the more she pretends to be Eleanor, the more she loses her grip on herself.

Author Bio

SARAH JAMES is a graduate of the MFA Writing for Screen & Television program at USC and the BA Playwriting program at Fordham Lincoln Center. She currently works as a freelance writer.
They Drown Our Daughters
by Katrina Monroe

For fans of Jennifer McMahon and Silvia Moreno-Garcia comes a haunting and atmospheric new novel from debut author Katrina Monroe.

They say Cape Disappointment is haunted.
That if you can hear the call of the water
It's already too late. . .

Tourists used to flock to Cape Disappointment in droves to visit the rocky shoreline and the creaky old lighthouse. But the tourists are gone now, and when Meredith Strand returns to her childhood home on the eve of her divorce, young daughter in tow, the Cape seems more haunted by regret than any malevolent force.

But her mother, suffering from Alzheimer’s, is convinced the stories are real. Not only is there something in the water, but it’s watching them. Waiting for them. Reaching out to Meredith’s daughter the way it has to every woman in their line for generations—ready to reclaim what once was stolen.

Author Bio

KATRINA MONROE lives in Minnesota with her wife, two children, and Eddie, the ghost that haunts their bedroom closets. Follow her on twitter - @authorkatm.
Whisper Room
by Thomas Kies

Powerful men make a sport of hurting women. But now the game is up.

We waited for the deafening thunder of flash grenades, the sickening barrage of gunshots, and the possible outcome that both hostage and hostage taker were dead.

There’s nothing journalist Geneva Chase hates more than predatory men. So when a local news anchor is arrested for holding his wife hostage to prevent her from releasing incriminating information about him, Geneva is more than ready to dig into the dirty details of the man’s life. What she finds is worse than she expects. A long trial of blackmail and deception leads her to the doorstep of Whisper Room, an exclusive escort service—but it’s unclear what exactly goes on inside. When young women working for the Whisper Room start turning up dead, however, Geneva digs deeper—and inadvertently puts her own life in danger.

Author Bio

Author of the Geneva Chase Mystery Series, Thomas Kies lives and writes on a barrier island on the coast of North Carolina with his wife, Cindy, and Lilly, their shih-tzu. He has had a long career working for newspapers and magazines, primarily in New England and New York, and is currently working on his next novel, Graveyard Bay.
Wicked Beauty
by Katee Robert

She was the face that launched a thousand ships,
The fierce beauty at the heart of Olympus,
And she was never ours to claim.

"A scorchingly hot modern retelling of Helen of Troy, Achilles, and Patroclus
that's as sinful as it is sweet."

In Olympus, you either have the power to rule. . . or you are ruled. Achilles Kallis may have been born with nothing, but as a child he vowed he would claw his way into the poisonous city's inner circle. Now that a coveted role has opened to anyone with the strength to claim it, he and his partner, Patroclus Fotos, plan to compete and double their odds of winning.

Neither expect infamous beauty Helen Kasios to be part of the prize. . . or for the complicated fire that burns the moment she looks their way. Zeus may have decided Helen is his to give away, but she has her own plans. She enters into the competition as a middle finger to the meddling Thirteen rulers, effectively vying for her own hand in marriage. Unfortunately, there are those who would rather see her dead than lead the city. The only people she can trust are the ones she can’t keep her hands off-Achilles and Patroclus. But can she really believe they have her best interests at heart when every stolen kiss is a battlefield?


"I get shivers just thinking of their interactions. SHIVERS."-Mimi Koehler for TheNerd Daily for Neon Gods

Author Bio

Katee Robert is a New York Times and USA Today bestselling author of contemporary romance and romantic suspense. Entertainment Weekly calls her writing "unspeakably hot." Her books have sold over a million copies. She lives in the Pacific Northwest with her husband, children, a cat who thinks he’s a dog, and two Great Danes who think they’re lap dogs.
Widowland
A Novel
by C. J. Carey

For readers of Margaret Atwood's *The Handmaid's Tale* and Philip K. Dick's *The Man in the High Castle* comes a thrilling feminist dystopian novel set in an alternative history that terrifyingly imagines what a British alliance with Germany would look like if the Nazis had won WWII.

To control the past, they edited history. To control the future, they edited literature.

LONDON, 1953. Thirteen years have passed since England surrendered to the Nazis and formed a Grand Alliance with Germany. It was forced to adopt many of its oppressive ideologies, one of which was the strict classification of women into hierarchical groups based on the perceived value they brought to society.

Rose Ransom, a member of the privileged Geli class, remembers life from before the war but knows better than to let it show. She works for the Ministry of Culture, rewriting the classics of English literature to ensure there are no subversive thoughts that will give women any ideas.

Outbreaks of insurgency have been seen across the country with graffiti made up of seditious lines from forbidden works by women painted on public buildings. Suspicion has fallen on Widowland, the run-down slums where childless women over fifty have been banished. Rose is given the dangerous task of infiltrating Widowland to find the source of the rebellion before the Leader arrives in England for the Coronation ceremony of King Edward VIII and Queen Wallis. Will Rose follow her instructions and uncover the criminals? Or will she fight for what she knows in her heart is right?

With wit, suspense, and sheer originality, C. J. Carey has crafted an eerie story of "what if" that explores how some systems of female control cherished by the Nazis would have developed in a German-occupied England.

Author Bio

C. J. CAREY is a novelist, journalist and broadcaster. She has worked at the Sunday Times, The Daily Telegraph and the BBC, among others. She also writes novels under the name Jane Thynne and lives in London. Widowland is the first novel she has written as C. J. Carey.
With Neighbors Like This
by Tracy Goodwin

USA Today bestselling author Tracy Goodwin gives you all the feel-good laughs in this charming story of a mother determined to teach her kids there's no place like gnome. But you can't spell hilarious without an HOA. • A single mom fighting for what's right to make a new home for her kids
• Enemies-to-lovers romance by way of the Homeowners Association
• Building a community of friends and neighbors
• What makes a house a home is the people inside, not the decor outside

When divorced mom of two Amelia Marsh relocates to a northern suburb of Houston, all she wants is a bit of normalcy for her children. The last thing she needs is to be the center of community gossip. But when a disagreement between Amelia and the HOA representative over whether or not her children's garden gnome violates the association's rules, Amelia doesn't back down. HOA President Kyle Sanders would begin to be a good friend—and something more—if Amelia wasn't gearing up for battle with the HOA in her determination to make her house a home and her neighborhood a community.

Author Bio

TRACY GOODWIN is a mom, wife, and USA Today bestselling author of sexy contemporary romances. In addition, she pens sweeping historical romances and vivid urban fantasies. Though the genres may be different, each story delivers her unique blend of passion, excitement, poignant emotion, humor, and unforgettable characters that steal readers' hearts.
Wrong Good Deed
A Novel
by Caroline B. Cooney

Everyone has secrets...

Clemmie is happy with her quiet life at a bland Sun City. She has her routine, her friends, her secrets. But Clemmie's peaceful existence is disrupted when her neighbor Muffin drags her from Sunday morning service, convinced that the man she's just spotted across the aisle is a dangerous figure from her past. It turns out that Muffin, like Clemmie, has her own dark secret that she's been keeping for decades. And whether or not the man is who Muffin thinks he is, other figures have emerged from Muffin's past--on national news, no less--that make it more and more likely that she won't be able to keep her secret much longer, and that lives might truly be at risk.

Author Bio

CAROLINE B. COONEY is the bestselling author of teen suspense, mystery, and romance novels that have sold over 15 million copies worldwide, including The Face on the Milk Carton.
What the Children Told Us
The Untold Story of the Famous "Doll Test" and the Black Psychologists Who Changed the World
by Tim Spofford

For readers of The Immortal Life of Henrietta Lacks and Hidden Figures, What the Children Told Us tells the story of an iconic partnership that set the stage for decades of civil rights activism.

As a young Black couple in the 1940s, Kenneth Clark and Mamie Phipps knew the devastating impact of segregation firsthand. But the Clarks revealed the true impact of segregation in a psychological study that would resonate for decades to come, in which they asked Black children which kinds of baby dolls they preferred: brown or white. Two-thirds of the children surveyed chose the white doll, and some even denied their own skin color.

This is the story of the towering intellectual and emotional partnership between two Black scholars who highlighted the undeniable psychological effects of racial segregation. Paving the way for the landmark Brown v. Board of Education case and engaging in unrelenting activism over several decades, the Clarks’ story is one of courage, love, and an unfailing belief that Black children deserved better than what society was prepared to give them.

Author Bio

TIM SPOFFORD’s writing career has focused on racial issues in education. Spofford has taught writing and journalism in schools and colleges and has a Doctor of Arts in English degree from the State University of New York at Albany. His work has appeared in the New York Times, Newsday, Mother Jones, and other publications. He lives with his wife, Barbara, in St. Petersburg, Florida, and Lee, Massachusetts. Visit him at timspoffordbooks.com.
The Hebridean Baker
Recipes and Wee Stories from the Scottish Islands
by Coinneach MacLeod

As seen on TikTok!
Failte, I'm the Hebridean Baker!
Close your eyes and imagine yourself in the remote Outer Hebrides of Scotland. Do you see yourself walking along a deserted beach? Climbing a heather-strewn hill with a happy wee dog by your side? Sipping a dram at a ceilidh to the tune of a Gaelic song? Or chatting by a warm stove with a cuppa and a cake? For me, it is all these things, and more . . . and they have inspired every page of this book.

From Croft Loaf to Cranachan Chocolate Bombs, Oaty Apricot Cookies to Heilan' Coo Cupcakes, there's something here to put a smile on everyone's face. Focusing on small bakes that use a simple set of ingredients, these recipes will unleash your inner Scottish baker—it's all about rustic home baking and old family favorites because, as the Hebridean Baker always says, Homemade is always best!"

The Hebridean Baker is your ticket to the Scottish Highlands. Perfect for fans of Outlander and anyone who loves to discover new books via TikTok and BookTok, this beautiful cookbook is a wonderful gift for home bakers and lovers of Scottish culture. It features:

• More than 70 traditional recipes (with a modern twist)
• Gorgeous full-color photos
• Heartwarming stories from the Hebridean Baker himself

This unique baking book is a must-have in any cookbook library!

Author Bio

COINNEACH MACLEOD was born and raised on the Isle of Lewis, the most northerly of the Outer Hebrides of Scotland. Inspired by traditional family recipes and homegrown produce, Coinneach rose to fame as the Hebridean Baker on TikTok in 2020. He has motivated his worldwide followers to bake, forage, learn Gaelic, enjoy a dram or two of whiskey, and to seek a more wholesome, simple life. Along with his partner Peter and their Westie pup Seoras, Coinneach's aim is to bring the best of the Scottish islands to a worldwide audience.
You Were Always There
Notes and Recipes for Living a Life You Love
by Danielle Kartes

In ten years of tender lessons, I have learned to hear this message: You were always there. You never left. You were never not you. Now walk with me a while and uncover that girl again. She’s not far."

When we face setbacks and obstacles, it’s easy to feel alone and unsure of who we are. At some point, we’ve all felt like we have lost our identities entirely. Drawing from her own life-changing disasters and surprising blessings, former restaurateur and up-and-coming cooking maven Danielle Kartes serves up perfectly portioned stories to remind us we are never truly lost.

With the decadent warmth of a Brown Butter Chocolate Bundt Cake, You Were Always There assures us that our even most challenging moments have their own glory. Mixing anecdotes of motherhood, cooking, and chasing your dreams with delicious, comforting recipes, You Were Always There is a devotional memoir that will inspire love, faith, and patience through the growing seasons of life. Take a little time each day to indulge in this conversation, reflect as you cook something delicious, and love yourself exactly where you are.

Here, the sweet is always generously folded into the sour, great joy shares space with great sorrow, and we learn that every single moment in our lives is worth savoring. You Were Always There is an uplifting, life-affirming book that will become a new favorite for readers of bestselling authors like Joanna Gaines, Shauna Niequist, and Brene Brown.

Author Bio

DANIELLE KARTES is an author, food stylist, and recipe developer living in Seattle, Washington with her husband Michael, a photographer, and their two sweet boys, Noah and Milo. Together, the Karteses run their boutique food photography business, Rustic Joyful Food, and host food styling workshops around the country. Danielle appears regularly on the The Rachael Ray Show, Hallmark Channel's Home and Family show, and Pickler & Ben.
**The Girls Who Stepped Out of Line**
Untold Stories of the Women Who Changed the Course of World War II
by Mari Eder

For fans of *Radium Girls* and history and WWII buffs, *The Girls Who Stepped Out of Line* takes you inside the lives and experiences of 15 unknown women heroes from the Greatest Generation, the women who served, fought, struggled, and made things happen during WWII-in and out of uniform, for theirs is a legacy destined to embolden generations of women to come.

*The Girls Who Stepped Out of Line* are the heroes of the Greatest Generation that you hardly ever hear about. These women who did extraordinary things didn’t expect thanks and shied away from medals and recognition. Despite their amazing accomplishments, they’ve gone mostly unheralded and unrewarded. No longer. These are the women of World War II who served, fought, struggled, and made things happen-in and out of uniform.

Liane B. Russell fled Austria with nothing and later became a renowned U.S. scientist whose research on the effects of radiation on embryos made a difference to thousands of lives. Gena Turgel was a prisoner who worked in the hospital at Bergen-Belsen and cared for the young Anne Frank, who was dying of typhus. Gena survived and went on to write a memoir and spent her life educating children about the Holocaust. Ida and Louise Cook were British sisters who repeatedly smuggled out jewelry and furs and served as sponsors for refugees, and they also established temporary housing for immigrant families in London.

Retired U.S. Army Major General Mari K. Eder wrote this book because she knew their stories needed to be told-and the sooner the better. For theirs is (...)

**Author Bio**

MARI K. EDER is a retired U.S. Army major general, a renowned speaker and author, and a thought leader on strategic communication and leadership. General Eder is the former Commanding General of the U.S. Army Reserve Joint and Special Troops Support Command, former Deputy Chief of the Army Reserve and former Deputy Chief of Public Affairs for the U.S. Army.
The Worthy Project
Learn Your Value. Own It. Celebrate It.
by Meadow DeVor

Yes, self-worth is something you can learn and practice! The Worthy Project tells you how.
Take a step back and think about how satisfied you are with your life. Is your home too cluttered? Do you have trouble saving money? Do you feel like your friends and family take more of your energy than they give back? We all have an area (or two!) in our lives that we’re not quite satisfied with—and often those trouble spots stem from one simple place: a lack of self-worth. Worthiness is the quality of deserving attention, energy, and respect. It’s not confidence. It’s not bravado. You can’t fake worthiness, nor can you accidentally end up with it. But what does it actually mean to cultivate self-worth, and how do you do it?
The Worthy Project guides you through a practical, six-week personal discovery program that helps you identify where feelings of unworthiness might manifest in your life, complete with exercises, journal prompts, and personal stories from real women. Internationally recognized personal development teacher Meadow DeVor explains the importance of self-care, setting boundaries, and defining your priorities in your self-worth journey. It’s time to let go of the self-doubt that is holding you back in order to unleash your true potential!

Author Bio

MEADOW DEVOR is an internationally recognized personal development teacher with a modern approach to spirituality, money and personal leadership. Since 2007, she has led teacher trainings, inquiry classes and retreats both online and throughout the United States. She lives on a ranch in Big Sur, CA.
Forgive Your Damn Self
by Georgia Murch

Become more self-aware of your impact on yourself and others in everyday moments.

From feedback expert, Georgia Murch, comes a confidence boosting guide to help you accept feedback happily - good, bad, or neutral - as ALL paths can lead to growth! After all, the feedback we give ourselves has a direct impact on how we speak to ourselves, believe in ourselves, and treat both ourselves and those around us. Georgia teaches you that accepting criticism is not just about accepting your flaws, your inadequacies, the things you hide - it's understanding where they come from and rewriting how you see yourself, so you can live your goals.

Author Bio

As Australia's leading expert in designing feedback cultures, GEORGIA MURCH is obsessed with helping savvy, fast paced companies build cultures people can't stop talking about--for all the right reasons.
If You Could Live Anywhere
The Surprising Importance of Place in a Work-from-Anywhere World
by Melody Warnick

Create a successful and happy work/life balance by choosing the right place to live!

These days, plenty of people can work from anywhere. So, if you can work from anywhere, does it really matter where you work? As Melody Warnick has found from personal experience, in some ways it matters more than ever. If You Could Live Anywhere examines the powerful relationship between how we work and where we live.

With a light voice and easy-to-understand tips, Warnick helps the reader develop a location strategy that puts them in the right place, which can make all the difference to their career success, entrepreneurial dreams, financial life, and ultimately, their freedom to craft a life that doesn't revolve around work at all.

Author Bio

She/He/They/Me
An Interactive Guide to the Gender Binary
by Robyn Ryle

An accessible guide for learning about gender identity for those questioning their own genders, generally curious about gender, or interested in better understanding someone else's identity.

If you've ever questioned the logic of basing an entire identity around what you have between your legs, it's time to embark on a daring escape outside of the binary box. Written in a choose-your-own path style, you'll explore over one hundred different scenarios that embrace nearly every definition of gender around the globe and throughout history in a refreshingly creative exploration of the ways gender colors and shapes our world.

In She/He/They/Me, Dr. Robyn Ryle, professor of sociology and gender studies at Hanover College in Indiana, thoughtfully discusses gender constructs, expectations, and transitions along with covering everything from the science, biology, and psychology of gender to the philosophy, legality and societal implications.

This is a must-read for better understanding and celebrating LGBTQ+, nonbinary, and transgender identities and a great resource for parents of gender queer kids.

Praise for She/He/They/Me:

"An engaging, choose-your-own-adventure-style guide to gender that encourages readers to travel down paths with which they may not be familiar. These guided thought experiments are opportunities to consider just how strongly our gender assignments influence our daily lives." - Psychology Today

"This is a wonderful book on the nuance of gender. I think the flip-book "choose your own adventure" style is novel and allows for a custom reading experience. The back and forth makes it friendly and easy to digest." - Lara B. (Amazon Customer)

"Light and accessible, this is a smart and streamlined journey through the nuances of gender identity." - Booklist

Author Bio

Dr. Robyn Ryle is an author, speaker, and Professor of Sociology and Gender Studies at Hanover College, IN. She has written for Gawker, Little Fiction/Big Truths, and CALYX Journal.
**The Day I Die**
The Untold Story of Assisted Dying in America
by Anita Hannig

An intimate investigation of assisted dying in America and what it means to determine the end of our lives.

In this groundbreaking book, award-winning cultural anthropologist Anita Hannig brings us into the lives of ordinary Americans going to extraordinary lengths to set the terms of their own deaths. Faced with a terminal diagnosis and unbearable suffering, they decide to seek medical assistance in dying—a legal option now available to one in five Americans.

Drawing on five years of research on the frontlines of assisted dying, Hannig unearths the uniquely personal narratives masked by a polarized national debate. Among them are Ken, an irreverent ninety-year-old blues musician who invites his family to his death, donts his best clothes, and goes out singing; Derianna, a retired nurse and midwife who treks through Oregon and Washington to guide dying patients across life’s threshold; and Bruce, a scrappy activist with Parkinson’s whofights to expand access to the law, not knowing he would soon, in an unexpected twist of fate, become eligible himself.

Lyrical and lucid, sensitive but never sentimental, *The Day I Die* tackles one of the most urgent social issues of our time: how to restore dignity and meaning to the dying process in the age of high-tech medicine. Meticulously researched and compassionately rendered, the book exposes the tight legal restrictions, frustrating barriers to access, and corrosive cultural stigma that can undermine someone's quest for an assisted death—and why they persist in achieving the departure they desire.

*The Day I Die* will transform the way we think about agency and closure in the face of death. Its colorful characters remind us what we all stand to gain when we confront the hard-and-yet ultimately liberating-truth of our mortality.

**Author Bio**

DR. ANITA HANNIG is associate professor of anthropology at Brandeis University, where she teaches classes on the cultural dimensions of medicine and death. Over the past four years, she has studied how access to medically assisted death is transforming the ways Americans die.
The Hate Next Door
Undercover within the New Face of White Supremacy
by Matson Browning, with Tawni Browning

He spent 25 years undercover in hate groups—and now he's ready to tell all

In THE HATE NEXT DOOR, retired police officer and founder of the Skinhead Intelligence Network, Matson Browning, tells the incendiary story of his time undercover in hate groups across Arizona. He also traces the rise and fall of J. T. Ready, a white supremacist, militia member, and later, elected official and murderer. Through it all, Browning illuminates the sociopolitical factors shaping the modern white supremacy movement, and exposes the varied profiles of its members.

Between the braided narratives of Ready's rise to power and Browning's own experiences deep undercover, THE HATE NEXT DOOR, gives readers unparalleled insight into the dark and complicated workings of modern white supremacy, teaching readers to recognize the warning signs and empowering them to fight back.

Author Bio

MATT BROWNING works undercover to identify white supremacists. He and his wife, Tawni, founded and run the Skinhead Intelligence Network, a global information-sharing network for law enforcement.
Fiske Guide to Colleges 2023
by Edward Fiske

"The best college guide you can buy."—USA Today

Every college and university has a story, and no one tells those stories like former New York Times education editor Edward B. Fiske. That's why, for nearly 40 years, the Fiske Guide to Colleges has been the leading guide to 320+ four-year schools, including quotes from real students and information you won't find on college websites.

Fully updated and expanded every year, Fiske is the most authoritative source of information for college-bound students and their parents. Helpful, honest, and straightforward, the Fiske Guide to Colleges delivers an insider's look at what it's really like to be a student at the "best and most interesting" schools in the United States, plus Canada, Great Britain, and Ireland-so you can find the best fits for you.

In addition to detailed and candid stories on each school, you will find:
• A self-quiz to help you understand what you are really looking for in a college
• Lists of strong programs and popular majors at each college
• "Overlap" listings to help you expand your options
• Indexes that break down schools by state, price, and average debt
• Exclusive academic, social, and quality-of-life ratings
• All the basics, including financial aid stats and acceptance rates
• Plus a special section highlighting the 20 public and private BestBuy schools-colleges that provide the best educational value

Author Bio

Edward B. Fiske is the founder and editor of the Fiske Guide to Colleges. A former Education Editor of the New York Times, Fiske is known around the world for his award-winning writing on topics ranging from trends in American higher education to school reform in Southeast Asia, New Zealand and South Africa.

The guide was established in 1982 when, covering higher education for the Times, Fiske sensed the need for a publication that would help students and parents navigate the increasingly complex college admissions scene. The guide, an annual publication, immediately became a standard part of college admissions literature and it is now the country's best-selling college guide.

Fiske has teamed up with his wife, Helen F. Ladd, a professor at Duke University, on several major international research projects regarding the development of education in various countries. Together, they are co-editors of the Handbook of Research on Education in Various Countries.
Helltown: The Untold Story of a Serial Killer on Cape Cod

By Casey Sherman

Before Charles Manson, there was Tony Costa—the serial killer of Cape Cod

1969: The hippie scene is vibrant in Provincetown, Massachusetts. Long-haired teenagers roam the streets, strumming guitars and preaching about peace and love... and Tony Costa is at the center of it all. To a certain group of smitten young women, he is known as Sire—the leader of their counterculture movement, the charming man who speaks eloquently and hands out hallucinogenic drugs like candy. But beneath his benign persona lies a twisted and uncontrollable rage that threatens to break loose at any moment. Tony Costa is the most dangerous man on Cape Cod, and no one who crosses his path is safe.

When young women begin to disappear, Costa's natural charisma and good looks initially protect him from suspicion. But as the bodies are discovered, the police close in on him as the key suspect. Meanwhile, up-and-coming local writers Kurt Vonnegut and Norman Mailer are locked in a desperate race to secure their legacies as great literary icons—and they both set their sights on Tony Costa and the drug-soaked hippie culture that he embodies as their next promising subject, launching independent investigations that stoke the competitive fires between two of the greatest American writers.

Immersive, unflinching, and shocking, Helltown is a landmark true crime narrative that transports us back to the turbulent late 1960s, reveals the secrets of a notorious serial killer, and unspools the threads connecting Costa, Vonnegut, and Mailer in the seaside city that played host to horrors unlike any ever seen before.

Author Bio

CASEY SHERMAN is an American author, journalist, and screenwriter. Several of his books have been made into major motion pictures or are in development.
The Science of Murder
The Forensics of Agatha Christie
by Carla Valentine

Discover the science of forensics through Agatha Christie's novels. Agatha Christie is the bestselling novelist of all time, and nearly every story she ever wrote involves one-or, more commonly, several-dead bodies. And the cause of death, the motives behind violent crimes, the clues that inevitably are left behind, and the people who put the pieces together to solve the mystery invite the reader to analyze the evidence and race to find the answer before the detective does. Nearly every step of the way, Christie outlines the nuts and bolts of early 20th-century crime detection, relying on physical evidence to tell the real story behind the facades humans erect to escape detection. Christie wouldn't have talked of forensics as it is understood today-most of her work predates the modern developments of forensics science-but in each tale she harnesses the power of human observation, ingenuity, and scientific developments of the era. A fascinating, science-based deep dive, The Science of Murder examines the use of fingerprints, firearms, handwriting, blood spatter analysis, toxicology, and more in Christie's beloved works.

Author Bio

CARLA VALENTINE has a certificate and diploma in Anatomical Pathology Technology, and, during her eight-year mortuary career, continued her professional development by studying forensic anthropology and taking part in skeletal excavations in Belgium and Venice. She writes and researches themes around sex and death on her blog titled The Chick and the Dead. She also runs a dating and networking site for death professionals called Dead Meet.
A Trip of One's Own
Hope, Heartbreak, and Why Traveling Solo Could Change Your Life
by Kate Wills

A travel story is the best story of them all. . .
Travel journalist Kate Wills wasn’t expecting to be divorced after less than a year of marriage, or to be forced to restart a life that had seemed so stable for so long. Luckily, her job as a writer offered her the perfect opportunity to escape from it all. But this time, with no deadlines to hit or all-expenses-paid trips to absorb in a few days before churning out copy for a travel magazine, her jet-setting felt different. There were no photographers working alongside her or assistants booking her flights. For the first time ever, Kate was traveling alone.
Feeling unexpectedly out of her element, Kate began to scour history for stories of female travelers to inspire her. From a 4th-century nun to a globe-circling cyclist, Kate discovered that there have always been astonishing women who have broken free from society's expectations, clearing the path for many of us to do the same.
Funny, heartfelt, and guaranteed to spark wanderlust, A Trip of One's Own is the perfect armchair travel read to inspire you to jump in the car or hop on a plane to explore the world. This book is the must-have next read for any aspiring solo female traveler!

Author Bio

Kate Wills is a freelance travel and features writer for The Times, The Guardian, The Telegraph, Marie Claire, Elle, Refinery29, and many more.
**Adventure Ready**
A Hiker's Guide to Planning, Training, and Resiliency
by Katie Gerber and Heather Anderson

• Tips based on the authors' extensive on-the-ground experiences
• Interest in hiking and long-distance trails continues to boom

In *Adventure Ready*, renowned hikers Katie Salty“ Gerber and Heather "Anish" Anderson take what they've learned both on the trail and through teaching their online classes to a new level: preparing long-distance hikers for all the challenges - physical, emotional, and mental - they may encounter while on the trail for weeks or months. This clear and comprehensive guide sets backpackers up for success with detailed information about everything from the basics of gear selection, navigation, safety, and trip planning to nutritional and physical preparation and body resiliency to how to readjust after returning home. Worksheets and checklists make it easy to stay on top of all the planning a long-distance hike requires, while thoughtful prompts to address the "Why" of your adventure help to keep you motivated.

*Adventure Ready* empowers both men and women to create goals, face challenges, and be stronger and smarter on the trail

**Author Bio**

**Katie Gerber** is a certified holistic health and nutrition coach, wilderness instructor, guide, and writer. She is a seasoned long-distance hiker who has logged thousands of miles on trails and routes including the Continental Divide Trail, the Pacific Crest Trail, the Colorado Trail, and the Oregon Desert Trail. She lives and adventures in the mountains of Colorado. Find her online at katiegerber.com or on Instagram @katiegerber_wellness. Heather Anderson is a National Geographic Adventurer of the Year, avid mountaineer, professional speaker, and author. She holds several Fastest Known Times and was the first woman to complete the Triple Crown of thru-hiking in a calendar year. Follow her adventures at anishhikes.wordpress.com and on Instagram @AnishHikes.
Alaska Adventure 55 Ways
Southcentral Wilderness Explorations
by John Wolfe and Rebecca Wolfe

Features hiking, skiing, paddling, biking, and more
• New and substantially revised trips with all new full-color photos and maps throughout
• Emphasis on traverses and loop trips for both summer and winter, always with simpler and shorter options

Originally published in 1972, the classic guide known as 55 Ways to the Wilderness in Southcentral Alaska has been fully updated and reinvented as Alaska Adventure 55 Ways. This robust reboot covers a diverse range of activities for year-round fun, from quick day trips to adventures that could extend to a week or longer, including canoe trails, wilderness cabins, easy summits, forest walks, cross-country ski routes, summer mountain biking and winter fat bike trails, wild skating, and more.

John Wolfe Jr. and Rebecca Wolfe, a father-daughter team, describe activities spanning the broad swath of Southcentral Alaska, 300 miles north to south and 350 miles east to west. The guide features activities on the lakes and peaks of the Kenai Peninsula, the Anchorage front range, the Matanuska and Susitna Valleys, and the Copper River basin, taking in Chugach and Denali State Parks, Chugach National Forest, Kenai Fjords and Wrangell St. Elias National Parks, several wildlife refuges, and portions of the Iditarod National Historic Trail. With an emphasis on adventures regular people can enjoy and destinations that don’t require highly technical skills, expensive flights to remote locations, or demanding levels of athletic fitness, this guide appeals to all ages, with family-friendly (…)

Author Bio

Lifelong Anchorage resident John Wolfe Jr. studied at Middlebury College in Vermont and then returned to Alaska and founded the nonprofit Alaska Huts Association. He and his wife, Gretchen Nelson, included their daughters in outdoor excursions as they grew up. John became coauthor of this guide with his mother, Helen Nienhueser, in 1994. Although he has guided on Denali, John loves the simple peak scrambles of the Chugach Mountains best of all.

Rebecca Wolfe has been hiking in Southcentral Alaska since childhood. She earned a bachelor’s degree from Smith College and a master’s of architecture from Montana State University. Becca enjoys finding new ways to experience the Alaska backcountry on skis and by bike, though backpacking in the mountains is when she feels most at home. She splits her time between Mojave, California, and Anchorage, Alaska.
Classic Colorado Hikes
Lakes, Loops, and High Ridge Traverses
by Jon Kedrowski

- 70 hikes throughout Colorado's nine most prominent mountain ranges
- Each hike highlights a lake destination, or a loop, and an extra route such as a peak climb or high-ridge traverse
- Tips for the trail, including gear and equipment, climbing classifications, weather and climate, and safety considerations

This book is for anyone who seeks out the Colorado high-country hiking and climbing experience. Dr. Jon Kedrowski has outlined and selected some of his favorite hikes to backcountry lakes (including places to swim in summer or ice skate in winter!). Some hikes are loops, meaning you will be able to hike to a lake or series of lakes and return to the trailhead by a different trail. Then, an extra route - such as climbing a peak or following a high-ridge traverse from peak to peak - is suggested.

Have you ever sat down for a snack break at a high mountain lake and wondered, Can that peak be climbed?” Or, "I wonder if it's possible to traverse that ridge”? This book answers those questions. Then, in the "Dr. Jon's Extra Credit" sections, he dishes out even more options for creating your own adventures. Tap in to your desire to be an explorer: grab this guidebook and a map and let your imagination run wild. Enjoy making your own adventures into some wild basins in the remote corners of Colorado.

Author Bio

Dr. Jon Kedrowski is the author of *Sleeping on the Summits: Colorado 14er High Bivys*, *Skiing and Sleeping on the Summits: Cascade Volcanoes*, and *Classic Colorado Ski Descents*. He has climbed and skied all of the Colorado 14ers, and has climbed half of Colorado's 537 13ers. Jon has advised or led climbing expeditions to each of the seven summits, except for Antarctica, which is high on his bucket list. He has led five expeditions to Mount Everest (successfully reaching the top three times) and was part of the 2021 winter expedition to K2 that put ten Nepali climbers on the summit for the first time ever in winter.
Climbing Colorado's San Juans
A Comprehensive Guide to Hikes, Scrambles, and Technical Climbs
by Bob Rosebrough and Matt Payne

- With beta on 200 peaks and 300 routes, this is the most comprehensive climbing guidebook available for Colorado's San Juans Range
- Stunning color photos throughout, taken by co-author/pro photographer Matt Payne
- History buffs will love the deep-dive into the San Juan's colorful climbing history
- Outlines Leave No Trace ethics for mountaineering, plus essential gear and safety tips

Whether you're looking for a serious climbing challenge or simply an amazing hike with a view, the San Juans has it in spades. With thirteen of Colorado's fifty-four Fourteeners, as well as twenty-nine of the state's highest Centennial peaks, this magnificent mountain range offers a staggering array of options, from easier scrambles to advanced technical routes for seasoned peakbaggers seeking a world-class challenge.

Covering 200 peaks and nearly 300 routes, Climbing Colorado's San Juans is a treasure trove for adventurers. You'll discover not only the standard routes, but also many lesser-known trails, approaches, and hidden classics that offer solitude and a wilderness experience.

With chapters organized into 13 mountain subgroups, along with a captivating exploration of San Juan's storied climbing history, this comprehensive guidebook is as inspirational as it is practical. Key intel, maps, and spectacular color photos will help you get the most out of time spent adventuring in this rugged and beautiful Rocky Mountain paradise.

Author Bio

Bob Rosebrough is an avid outdoorsman and mountaineer, lawyer, and author of multiple books, including two prior editions of Climbing Colorado's San Juans. Bob lives in Gallup, New Mexico, where, as mayor, he was instrumental in developing hiking and mountain biking trails. He has climbed in the San Juans for over fifty years. Matt Payne is a mountaineer and nature/landscape photographer living in Durango, Colorado, and is the host of the photography podcast, F-Stop Collaborate and Listen. Matt has climbed all of Colorado's Fourteeners and the highest 100 peaks in the state.
Colorado Alpine Trail Runs
by Annalise Grueter

• Organized by geographical area so readers can discover the best trails across Colorado
• Comprehensive info on routes, such as access, mileage, vertical details, directional cues, and difficulty
• Best practices for mountain running, alpine safety, and Leave No Trace principles
• 45 runs from mellow to technically challenging to suit a host of skill levels

High-mountain trail running is more popular than ever, combining the joys of alpine hiking and peak bagging with the thrill of covering a lot of ground and moving at a fast pace up high.

Colorado Alpine Trail Runs makes it easy to find great places to run in the mountains. This essential guidebook introduces you to beautiful, rugged trails and inspiring vistas across Colorado, providing key info, including route access, mileage, directional cues, and difficulty, as well as guidance around responsible outdoor recreation. The guide features 45 spectacular runs that vary in length from 4 miles to nearly 30, with a mix of options from introductory to technical, to suit a variety of skill levels. Every route reaches an elevation over 11,500 feet and includes a high-alpine pass, lake, or summit, allowing for spectacular 360-degree views.

Whether you’re seeking remote routes or reliable intel on a classic trail, this info-packed, indispensable guide will have you lacing up your trail shoes and heading for the mountain.

Author Bio

Annalise Grueter has been exploring Colorado trails her entire life. She is a marathoner and ultramarathoner as well as an avid hiker. She has made over 153 summits of Colorado’s Fourteeners and stood atop the highest peaks in Mexico, Germany, and Tanzania. A NOLS graduate, she has taught and mentored both children and adults on camping, orienteering, and safe mountain practices. Annalise enjoys exploring mountain ranges around the world, especially through sports such as mountain running and ski mountaineering. When not in the backcountry, Annalise spends her time cross-country skiing, reading, writing, or enjoying live music with friends.
Walking Great Britain
England, Scotland, and Wales
by Heather Hansen

- 63 walks packed with local history, cultural and literary highlights, ecological and geological tidbits, and more
- Brief descriptions of gateway towns and services
- 75 full-color photos and detailed walk maps
- At-a-glance chart featuring trail information and amenities

Walking Great Britain guides walkers and hikers of all levels and interests to the region's superlative trails. From easy riverside strolls to challenging mountain summits, these beautiful, classic routes span the most scenic parts of England, Scotland, and Wales. They lend themselves to a good day's walking with detail about local history, cultural and literary highlights, plus ecological and geological tidbits sprinkled throughout.

Join in Great Britain's national pastime while visiting varied and stunning landscapes - hidden waterfalls, wild beaches, long lochs, deep gorges, dramatic cliffs, striking sea stacks, high peaks, picturesque peninsulas, colorful gardens, Roman ruins, turreted castles, and more. Most trails are easy day trips close to popular towns and destinations, making this a perfect guide for a quick outing between museum visits or a week's worth of robust striding.

Author Bio
Heather Hansen is an award-winning reporter, specializing in environmental and travel writing. She is the author of Wildfire: On the Front Lines with Station 8, and her work has appeared in High Country News, National Geographic Traveler, Smithsonian, Outside, Mountain Gazette, and others. She splits her time between Boulder, Colorado, and Cambridge, UK. Follow her online at heather-hansen.com.
The Dove in the Belly
by Jim Grimsley

At the University of North Carolina, Ronny's made some friends, kept his secrets, survived dorm life, and protected his heart.

Until he can't. Ben is in some ways Ronny's opposite; he's big and solid where Ronny is small and slight. Ben's at UNC on a football scholarship. Confident, with that easy jock swagger, and an explosive temper always simmering. He has a steady stream of girlfriends. Ben's aware of the overwhelming effect he has on Ronny. It's like a sensation of power. So easy to tease Ronny, throw playful insults, but it all feels somehow loaded.

Meanwhile Ronny's mother has moved to Vegas with her latest husband. And Ben's mother is fighting advanced cancer. A bubble forms around the two, as surprising to Ronny as it is to Ben. Within it their connection ignites physically and emotionally. But what will happen when the tensile strength of a bubble is tested? When the rest of life intervenes?

The Dove in the Belly is about the electric, dangerous, sometimes tender but always powerful attraction between two very different boys. But it's also about the full cycles of love and life and how they open in us the twinned capacities for grief and joy.

Author Bio

Jim Grimsley was born in rural eastern North Carolina and was educated at the University of North Carolina at Chapel Hill. Jim's first novel, Winter Birds, won the Sue Kaufman Prize for best first novel from the American Academy of Arts and Letters and was a finalist for the PEN/Hemingway Award. He has published other novels, including Dream Boy, Kirith Kirin, and My Drowning. His books are available in Hebrew, German, French, Spanish, Dutch, and Portuguese. He has also published a collection of plays and most recently a memoir, How I Shed My Skin. His body of work as a prose writer and playwright was awarded the Academy Award in Literature from the American Academy of Arts and Letters in 2005. For twenty years he taught writing at Emory University in Atlanta.
Embrace the Unknown with Change Management

In this authentically written guide to navigating the change management process, four Franklin Covey colleagues offer invaluable advice on how to not only accept, but OWN change, inside and outside of the work office.

Read inspiring stories from key FranklinCovey team members. With years of leadership and work experience under their belts come great trials, tribulations, and success stories. Enjoy personal and historical anecdotes, coupled with complementary advice on change management from Bateman, Garbett, Barney and Cindrich.

Discover why you should not fear change. As the authors explain in the very first chapter, humans have been fearing and resisting change for a long time. But is there an alternative to this fear and aversion? Yes—you can either get owned by change or decide to own change yourself. Learn how to do just that with tips and advice for every individual, including but not limited to the manager, the entrepreneur, the employee, or just the average person who fears getting derailed by change.

Learn how to implement "The Change Paradox" mentality into your everyday life. In the second half of the book, find a "Change Model" with five Change Paradoxes. Each paradox will not only teach you why avoiding and fearing change is counterintuitive, but will also show you how to implement this newfound advice into your life.

Inside, find:
• Invaluable advice on navigating and embracing the unknown
• Personal and historical narratives on change management
• Strategic and organizational change management tips
• A Change Model that introduces an effective change management process

If you enjoyed change management books like HOW TO CHANGE, LIFE IS IN THE TRANSITIONS, or CHANGING TO THRIVE, you'll love THE CHANGE PARADOX.
Each Day a New Beginning
daily Meditations for Women
by Karen Casey

*Each Day a New Beginning* defined a genre as the first daily meditation book for women, filled with encouraging meditations and practices to lift readers up. With over 3 million copies sold and a dedicated readership spanning over four decades, bestselling author Karen Casey has cemented herself as a leading voice in the reflection and recovery space.

First published in 1982, Karen Casey's signature and genre-defining work, *Each Day a NewBeginning*, broke ground as the first daily meditation book for women in alcoholism recovery. Forty years later, over three million copies have been sold and people around the globe continue to turn to this renowned classic for morning motivation, afternoon escape, and night-time reflection.

engage with effective healing meditation practices. Karen Casey offers invaluable wisdom with every page, encouraging women in recovery to learn the art of compassion, acceptance, creativity and more. Spiritual meditation exercises are peppered throughout the book, allowing you to heal with each coming day.

recognize the importance of community in recovery. Recovery is not linear and absolute, but meandering and ambiguous. From personal experience, Karen Casey knows this to be true. In *Each Day a NewBeginning*, inhabit a collective space for women in recovery for spiritual meditation, reflection, learning, and connection.

gain wisdom from exceptional female role models. Each day, enjoy an inspirational quote from extraordinary women, ranging from Anne Morrow Lindbergh to Dorothy Bryant to Evelyn Mandel. Meditation practices follow each quote, allowing you to supplement your healing experience with mindfulness exercises.

*Each Day a New Beginning* is the perfect gift for women during any (...)

**Author Bio**

Karen Casey is an accomplished author of dozens of beloved novels and nonfiction works, including 52 WAYS TO LIVE THE COURSE IN MIRACLES, LET GO NOW, IN GOD'S CARE, and A WOMAN'S SPIRIT. She started her addiction recovery journey in 1974 and in 1982, she published her first book, EACH DAY A NEW BEGINNING, which instantly became a bestseller in this groundbreaking genre of meditational support for women in recovery. The book sold over 3 million copies and has a dedicated readership spanning over
Conceptos básicos de Bitcoins y Blockchains
una introducción a las criptomonedas y a la tecnología que las impulsa
by Antony Lewis

Antony nos ayuda a entender claramente los mecanismos de bitcoins y blockchains. - Rob Findlay, fundador de NextMoney

El autor más vendido en inversión de derivados financieros, industria extractiva de recursos naturales, futuros, bancos y bancas, energía y minas, y política monetaria.

Hay mucha información sobre criptomonedas y blockchains, pero para un principiante, esto puede ser indescifrable. Conceptos básicos sobre bitcoins y blockchains ofrece una guía clara sobre carteras digitales, esta nueva moneda y la tecnología revolucionaria que la impulsa.

Bitcoin, Ethereum, Altcoin, criptografía y otras criptomonedas. Gana entendimiento de temas relacionados a Bitcoin, precio Bitcoin, moneda Bitcoin, minería Bitcoin, invertir en Bitcoin y los Bitcoins blockchains. Aprende cómo se realizan los pagos y cómo establecer el valor de las criptomonedas y de los tokens digitales.

Aprende que es blockchain. ¿Cómo funciona? ¿Por qué es importante? Conceptos básicos sobre bitcoins y blockchains da respuestas a estas preguntas y más.

Aprende sobre minería de criptomonedas y criptomonedas. Conceptos básicos sobre bitcoin y blockchains ofrece una perspectiva confiable de cómo invertir en Bitcoin y otras criptomonedas. Descubre los riesgos y las estrategias de mitigación, aprende cómo comprar Bitcoins, identificar estafas, y entender el cambio de criptomonedas, billeteras digitales, y regulaciones.

Aprende sobre:
Tecnología blockchain y a invertir en Bitcoin.
Como trabajan el mercado de las criptomonedas.
La evolución y los impactos potenciales del Bitcoin y los blockchains a nivel mundial.
Si has leído Descubre Blockchain, Blockchain Bubble or Revolution, Bitcoin Clarity, The Bitcoin Book, y Bitcoin and Cryptocurrency (…)

Author Bio

Inspirado por una conferencia sobre BITCOIN en 2013, Antony Lewis
SAVING Our SONS

Saving Our Sons
Raising Black Children in a Turbulent World
by Marita Golden, afterword by M.J. Fievre, foreword by Nathan McCall

After two decades, critically acclaimed author, creative writing coach, literary consultant, and co-founder of The Hurston/Wright Foundation Marita Golden revisits her seminal work, Saving Our Sons. In it, Golden was the first Black writer to address the horrifying phenomenon of police brutality wrought upon young Black men. This intimate account of a mother's efforts to save her son, which includes conversations with psychologists, writers, and young Black males themselves, remains a timely read.

Author Bio

Marita Golden is an accomplished author of dozens of critically acclaimed novels and nonfiction works, including THE STRONG BLACKWOMAN (Mango 2021). She is also the co-founder of The Hurston/Wright Foundation, an American literary nonprofit organization that provides workshops, classes, support, and community for talented and successful Black writers. During her teaching career, she has taught creative writing at numerous colleges and universities, including Johns Hopkins University and Virginia Commonwealth University.

Marita is the recipient of many esteemed writing and literary activism awards, such as the International Literary Hall of Fame of Writers of African Descent Inductee (Gwendolyn Brooks Center at Chicago State University), the Barnes and Noble Writers for Writers Award (Poets and Writers), and the Distinguished Service Award (Authors Guild).

Currently, as a masterful creative writing coach and literary consultant, Marita spends her time coaching burgeoning and seasoned authors through the necessary stages of fear and anxiety in the creative process.

Nathan McCall served as a reporter for several newspapers, including The Washington Post, where he worked until taking a leave of absence to write his bestselling memoir, Makes Me Wanna Holler: A Young Black Man in America. Makes Me Wanna Holler was a New York Times bestseller and won the Blackboard Book of the Year Award for 1995. McCall's second publication, released in 1997, is a series of personal essays titled What's Going On. Nathan made his fiction debut with Them, a timely and penetrating story that explores the complexities of gentrification. Them was cited by Publishers Weekly as one of the best books of 2007. In 2008, the novel reached No. 1 on the Essence magazine bestseller list. Also, the Georgia Center for (...)

Notes

Promotion
**Succulent Style**
A Gardener's Guide to Growing and Crafting with Succulents
by Julia Hiller

**The Ultimate Succulents Book for Gardeners and Crafters**

We know—killing your plants succs. A crash course on all things succulents, this engaging and easy-to-use succulents book offers everything you need to know so you can both successfully grow these gorgeous plants and create cool crafts with them, too. You'll find everything you need to know from cacti plant care to specific projects for decorating with plants.

A go-to reference for anyone trying to grow and maintain succulents. The ultimate guide to propagating, growing, and styling succulents and cacti both indoors and out, SUCCULENT STYLE is as informative as it is gorgeous. Designed for millennials who want to stop killing their plants and for DIY types who want to learn about designing with succulents, SUCCULENT STYLE is full of succulent growing techniques for beginners as well as for knowledgeable gardeners looking to expand their gardening skills. This beautifully photographed compendium makes the perfect addition to any coffee table or bookshelf.

**Succulent ideas for your home and garden.** Whether you want to learn how to care for a cactus indoor or how to style plants, you'll find tons of tips and tricks inside. Start designing succulents with fun projects like succulent garlands, wall art, wreaths, succulent bouquets, potted arrangements as well as many other cool things.

**Inside, you'll also find:**

- A detailed compilation of succulent varieties
- Instructions on how to propagate and plant cacti and succulents
- Tips to integrate succulents into outdoor and indoor design

**Author Bio**

Julia Hiller began selling succulent arrangements and plants almost two decades ago. Her award-winning succulent garlands and displays have been featured at world-famous hotels, botanical gardens, and have appeared in The Knot, HGTV Magazine, and more. Julia also runs workshops on growing and caring for succulents.
You Deserve Nice Things
Calming Coloring Pages by TheLatestKate
by Kate Allan

You Deserve Nice Things is a gently supportive and encouraging coloring book by Kate Allan, creator of TheLatestKate and author of You Can Do All Things and Thera-pets. Kate draws from her own struggles with anxiety and depression to create soothing art therapy. Each page of the You Deserve Nice Things coloring book offers a supportive animal friend as well as a message of comfort, understanding, or mindfulness. Find your daily peace and relax your mind by coloring these uplifting, cute animals.

Author Bio

Kate Allan is an author and illustrator from Washington State. She writes and draws about painful things but aims to make it okay with bright colors and sparkles. Under the handle The Latest Kate, she has amassed a social media following of more than 400,000 people. Her work has been featured in THE HUFFINGTON POST, THE MIGHTY, MY MODERN MET, WEAR YOUR VOICE MAG, THE PATREON BLOG, and SPARKLIFE.
No Will Set You Free
Learn to Say No, Set Boundaries, Stop People Pleasing, and Live a Full Life
by Michael Tougias

In No Will Set You Free, New York Times bestselling author Michael J. Tougias uses a combination of research, personal stories, and proven methods to empower readers to take back their lives and control their own time again by learning to say "no." This informative, self-help-style book encourages you to discover and follow your true desires, find more time to invest in those you love, and pursue your real interests.

Author Bio

Michael J. Tougias is a NEW YORK TIMES bestselling author and has earned critical acclaim and literary awards for his 30 bestselling non-fiction narratives, one of which has even had a major motion picture released by the same name. He is also a highly sought-after speaker who has given keynote lectures in almost all 50 states. Between his speech related travels, he splits his time between his homes in Florida and Massachusetts.
Sustainable Badass
A Zero-Waste Lifestyle Guide
by Gittemarie Johansen

With Sustainable Badass, green activist, sustainability blogger, and speaker Gittemarie Johansen gives readers the tools to reshape their conventional habits, purchases, and recipes with simple yet effective zero-waste alternatives. From small changes such as pre-cycling and purchasing items with minimum to no packaging, to eliminating plastic entirely; this book empowers you to be a sustainable badass by making effortless planet-positive choices in your everyday life.

Author Bio

In 2015, Gittemarie Johansen replaced fashion week, impulse buying, big steaks, and package holidays with a sustainable and plastic-free lifestyle. Since then, she has made a living by passing on sustainable tips and principles to people of all ages in both her home country and overseas. Gittemarie’s passion for sustainability is built on her own experiences, not as an expert of commutation, but as an average consumer herself. This is her very first book.
The 7 Habits of Highly Effective Graduates
by Sean Covey

A Gift to Say Congratulations

Graduation is a major life event, and the steps taken after are crucial to setting your graduate up for success. This book will help new graduates begin this new phase of their life with positivity and momentum. It includes questions to challenge their current beliefs, and daily inspiration with quotes and powerful affirmations to lead them to a successful and fulfilling life.

Based on the bestselling The 7 Habits of Highly Effective People by Stephen Covey, this book not only guides grads with words of affirmation, inspiring quotes, and thought-provoking questions—but it also helps them build and maintain good habits. Each page will keep them focused and motivated.

Packed with the proven keys to creating highly effective people, this beautifully designed book also includes:
• Thought-provoking questions on topics like trust and responsibility
• Affirmations for success, focus, and positivity
• Inspirational words from successful individuals

Author Bio

Sean Covey is a business executive, author, speaker, and innovator. He is the president of FranklinCovey Education and is devoted to transforming education throughout the world through a principle-centered leadership approach. Sean directs FranklinCovey’s wholesale transformation process, called Leader in Me(R), which is now in more than 5,000 schools and 50 countries throughout the world.

Sean is a NEW YORK TIMES bestselling author and has authored or co-authored several books, including THE WALL STREET JOURNAL #1 Business Bestseller, THE 4 DISCIPLINES OF EXECUTION ; THE 6 MOST IMPORTANT DECISIONS YOU’LL EVER MAKE ; THE 7 HABITS OF HAPPY KIDS ; THE LEADER IN ME ; and THE 7 HABITS OF HIGHLY EFFECTIVE TEENS, which has been translated into thirty languages and sold more than eight million copies worldwide. He is a versatile keynoter who regularly speaks to students and adults within schools and organizations and has appeared on numerous radio and TV shows and in print media.

Sean graduated with honors from Brigham Young University (BYU) with a Bachelor’s degree in English and later earned his MBA from Harvard Business School. As the starting quarterback for BYU, he led his team to two bowl games and was twice selected as the ESPN Most Valuable Player of the Game.