She Wears Pain Like Diamonds
Poems
by Alfa

She Wears Pain Like Diamonds is a new collection of poetry from Alfa, bestselling author of I Find You in the Darkness

Author Bio

ALFA is a retired medical professional who has spent most of her career in Radiation Therapy. She credits her ability to express painful life experiences by studying the human body from the inside out. Unapologetic about her realistic take on heartache, she writes to let her readers know they are not alone in their pain. Follow her on Instagram.
Crush and Color: The Rock
A Coloring Book of Fantasies with a Heavyweight Charmer
by Maurizio Campidelli

Maurizio Campidelli’s Crush and Color: The Rock is a coloring book for the millions of fans of Dwayne Johnson, aka The Rock.

Author Bio

MAURIZIO CAMPIDELLI grew up reading comic books, and it was the amazing adventures, humor, and fantasy found in those pages that eventually inspired his illustration style. Maurizio now works as an illustrator in Rimini, Italy, and he can be found on the beach, running, or biking on the boardwalk in his free time.
In Jeanette Wummel's *Zendoodle Coloring: Unicorn Dance Party*, everyone's favorite fantasy creatures are let loose in this fun new coloring book from the bestselling Zendoodle series.

**Author Bio**

JEANETTE WUMMEL is a graphic designer and artist based out of East Lansing, MI. She specializes in creating whimsical art that is fun for all ages. Her books include *Zendoodle Coloring: Playful Puppies* and *Zendoodle Color-by-Number: Sea Life*.
Howl
A Guided Journal to Help You Embrace Your Inner Wolf and Find Your Pack
by Gloria Glo and Grace Edmunds

Gloria Glo's Howl is a journal to help you find your strength, trust your intuition, harness the power of the moon and run with the wolves.
Little Lists for a Happy Life
365 Ways to Cherish Tiny Moments of Big Joy
by Eva Olsen

Short lists to fill out each day for a healthier, happier perspective

When we focus on the good things in life, we become happier, healthier, more caring and more successful human beings. Little Lists for a Happy Life encourages you to devote just a few minutes each day to listing the things that make you feel joy, memories that bring a smile to your face, or hopes and dreams you wish for the future. Dazzlingly illustrated in full color with undated prompts that allow you to begin at any time of the year, this cheerful journal is the perfect companion for your journey toward peace and fulfillment.

Author Bio

Eva Olsen lives the good life in Fort Collins, Colorado - No. 4 on National Geographic’s Happiest Places 2017 list. Her husband, twin sons, hiking with friends, and the art of hand lettering bring her much happiness. She is the author of My Little Lykke Journal: How to Be Happy by Finding the Good in the World
Dolly
An Unauthorized Collection of Wise and Witty Words on Grit, Lipstick & Other Life Essentials from the Queen Of Country, Dolly Parton
by Mary Zaia

A book of quotes from America's most beloved country singer

Dolly Parton is not only universally beloved as an artist and philanthropist, but also a clever wit who has entertained the world with her unique brand of sassy femininity. This book is a collection of her funniest, smartest, and sweetest quotes about life, love, and art.

"If you see someone without a smile, give them yours."
"If you don't like the road you're walking, pave another one."
"If there's a heaven, I hope to hell I'll go!

Author Bio

MARY ZAIA is a writer, loving mother to four rambunctious boys, and cooking enthusiast. She currently resides in Bergenfield, New Jersey.
Crush and Color: Keanu Reeves
Colorful Fantasies with a Mysterious Hero
by Maurizio Campidelli

A fangirl's dream coloring book

Keanu Reeves is forever bettering the world as he casually strides through it. Now, the stoic good-guy and hero of our hearts can be found quietly saving the day on coloring book pages. This coloring book gives his millions of fans a new way to delight in his acts of kindness and dreamy mystique. With original art and a tongue-in-cheek approach, this coloring book will inspire and delight fans of Keanu everywhere.

Author Bio

MAURIZIO CAMPIDELLI grew up reading comic books, and it was the amazing adventures, humor, and fantasy found in those pages that eventually inspired his illustration style. Maurizio now works as an illustrator in Rimini, Italy, and he can be found on the beach, running, or biking on the boardwalk in his free time.
Who’s a Good Dog?
A Keepsake Memory Book for My Dog
by Astra Berzinskas

Finally, a "baby" book to celebrate your dog's personality and milestones!

New parents have a wide variety of baby journals to choose from to record memories of their baby's first few years. But what about their fur babies? Now, dog parents can also create a keepsake memory book for their loved one! This adorable book will feature prompts, places to paste in photos, and more to create a lasting record of life with your best friend.
Zendoodle Colorscapes: Secrets of the Sea
by Deborah Muller

Beautiful mysteries from the deep to color and display

The newest book in our Zendoodle Colorscapes series, Secrets of the Sea features mermaids, starfish, living coral, and more! From pristine oceanside beaches to the briny depths of the deep, blue sea colorists will delight in strapping on their flippers, adjusting their goggles, and diving below the surface to explore and color the enchanting world found just beneath the waves.

Author Bio

DEBORAH MULLER is an illustrator, designer and gypsy at heart. She was born in Laguna Beach California but currently lives in a quaint beach side town in Florida. Her unique and whimsical style comes from doodling, which she finds therapeutic. Even her dog is a doodle, a Labradoodle named Marley.
Wanderlust
The World's 100 Most Magical Places
by Dawn Jorgensen

A travel catalog for the Instagram generation

Millennials value experiences over things, and especially experiences they can show off on Instagram. This travel book is for this new generation of world explorers, who will climb a mountain not only for the experience itself, but for the joy of sharing it. When everyone has a "personal brand," travel becomes another way to signify how adventurous, worldly, athletic, and/or cool you are, as well as part of the lifelong pursuit of personal growth.

This book features 100 magical places around the world, from quiet hidden nooks to sublime open vistas, with stunning full-color photos and explanatory text that make this book perfect for armchair travel dreamers as well as people looking for their next adventure.
Wombats Poop Cubes
Saturn Rains Diamonds, Pandas Fake Pregnancies, and Other Mind-Blowing Facts in Three Words or Less
by Katie Adams

A fun and visually interesting trivia book

This clever, modern trivia book features more than 120 surprising facts - in 3 words or less! - in a graphic, colorful package that is perfect for gift-giving or home display.

Sample facts:

- Pandas fake pregnancies.
- Birds don't pee.
- Whales get tans.
- McDonald's does weddings.

Author Bio

Katie Adams is a writer and contributor to over 30 bestselling trivia, nonfiction, and humor books. She also provides the insatiable void of the internet with endless hours of entertaining content. In her free time, Katie enjoys practicing her epigrammatic wit on her tolerant and loving family in the Pacific Northwest.

Katie is the author of Sh*t's and Giggles
Color Quest: Wonderland
An Extraordinary Seek-and-Find Coloring Book for Artists
by Chelsea Geldean

Intricate and extremely detailed art with objects to seek and find

Chelsea Geldean is an exciting new talent in the world of coloring book illustrators. Her work is inventive, imaginative, and very detailed, with a youthful perspective that gives it an approachable feel. This book collects more than 50 of her illustrations into a unique coloring book for serious colorists and art lovers.
Zendoodle Coloring: Kitties in Cities
Cosmopolitan Cats to Color and Display
by Deborah Muller

Cats having adventures in cities all over the world

Ever wonder what a kitty would do in the big city? Well, look no further than this imaginative new coloring book in the best-selling Zendoodle series! This exciting book showcases fabulous felines in major cities around the world: shopping, working, sightseeing, and having a great time.

Author Bio

DEBORAH MULLER is an illustrator, designer and gypsy at heart. She was born in Laguna Beach California but currently lives in a quaint beach side town in Florida. Her unique and whimsical style comes from doodling, which she finds therapeutic. Even her dog is a doodle, a Labradoodle named Marley.
You Are My F*cking Sunshine
A Gratitude Journal for the Sh*t That Makes Your World Happy and Bright
by Monica Sweeney

A Zen as F*ck journal to help you live your best life

Lather up on SPF and add some f*cking sunshine!

You Are My F*cking Sunshine is the next guided journal in the Zen as F*ck series that is brimming with cheerful profanity. Each page is a chance to take advantage of all the positive sh*t around you and bathe in the sunny glow of what's to come. With a down-to-earth, funny, and peppy approach to mindfulness journaling, You Are My F*cking Sunshine is the encouraging nudge to take big and small leaps to make your world a little f*cking better. Say "yes" to the good sh*t, say "no" to the bad, and enjoy a brighter f*cking day with You Are My F*cking Sunshine!

Author Bio

Monica Sweeney works in the publishing industry, and she is the author of several adult and children's books. She lives in Boston.
Hand-Lettered Home
DIY Wood Signs for Farmhouse Decor by Caroline Bryan

A practical guide to making inspirational hand-lettered signs

Hand lettering is the hottest craft going right now, and it applies perfectly to the co-existing trend of wooden signs displaying inspirational, heartwarming, or funny messages throughout people's homes. This book combines the two in a hard-working book that teaches the art of hand lettering with 20 projects to make for the home.

Author Bio

CAROLINE BRYAN is a lettering artist who specializes in handmade wooden signs. You can find her work on Instagram @carolettering, where she has almost 10,000 followers.
Mythographic Color & Discover: Paradise
An Artist's Coloring Book of Glorious Worlds and Hidden Objects
by Fabiana Attanasio

Intricate and imaginative worlds to color

The Mythographic series is back with an amazing new collection of highly detailed illustrations to color, complete with hidden objects to find throughout. This volume showcases paradise in all its varied incarnations, from lush tropical landscapes to mystical heavens.
Get Sh*t Done
A Zen as F*ck Daily Planner for a Great F*cking Year
by Monica Sweeney

Plan the sh*t out of every day!

Welcome to a f*ckload of fun in calendar journaling. <Get Sh*t Done transforms the cheerful profanity of Zen as F*ck into a fun, daily planner format. Type-A foul-mouths everywhere can now schedule their f*cking hearts out to funny, yet thoughtful questions, quotes, and inspirations. Now they can sort through the bullsh*t, wrap themselves in positivity, and organize the very best of what’s to come. With 365 positively profane ways to organize the day, journalers can keep track of their best f*cking days yet.

Author Bio

Monica Sweeney works in the publishing industry, and she is the author of several adult and children's books. She lives in Boston.
Zendoodle Colorscapes: Outrageous Owls
Wise Birds to Color and Display
by Deborah Muller

Whimsical owls in a gifty square format

Owls are a perennially popular motif and collectible, and this coloring book from the best-selling Zendoodle series will appeal to owl lovers everywhere. With clever and creative illustrations of owls in interesting and whimsical scenarios, this coloring book will provide hours of relaxation and enjoyment!

Author Bio

DEBORAH MULLER is an illustrator, designer and gypsy at heart. She was born in Laguna Beach California but currently lives in a quaint beach side town in Florida. Her unique and whimsical style comes from doodling, which she finds therapeutic. Even her dog is a doodle, a Labradoodle named Marley.
Out of the Blue
A Journal for Finding Your Way to Happiness
by Nadia Hayes

A journal for managing emotions and feeling happier

Everybody has times of melancholy or sadness, and this journal offers a space to contemplate those feelings while finding a path to happiness. With thoughtful prompts and beautiful illustrations, this journal is the ideal companion for blue days.

Author Bio

Nadia Hayes is a proud introvert who works as a wellness coach in the Houston area. She recharges by writing, knitting, and communing with nature. Nadia is the author of Choose Calm, One Poem a Day, and One Drawing a Day

St. Martin's Press
On Sale: Aug 11/20
5.5 x 7.5 • 128 pages
Includes 128 color images throughout
9781250270597 • $20.50 • pb
Self-Help / Depression • Non Returnable

Notes

Promotion
Astrology for Life
The Ultimate Guide to Finding Wisdom in the Stars
by Nina Kahn

A comprehensive book of star signs for a universe of knowledge

What's written in the stars is infinite, but *Astrology for Life* brings the cosmos closer. This essential guide to astrology spans the zodiac - for every sign is a far-reaching look into astrological guidance. From birth charts and information about sun signs, moon signs, and planetary positions, this expansive guide to the zodiac goes beyond the basic character traits of what makes a Scorpio so passionate or why a Taurus is good in a crisis, and opens up a universe of wisdom for anyone looking deeper. Through beautiful design, sprawling analysis of each sign, and astrological charts, *Astrology for Life* is the ultimate guide to map a sparkling life amongst the stars.