familius

Helping Families Be Happy™

NEW! Take a ride on Alphatrain, a 56” ABC board book!
See page 4.

Did you see our new 9 Habits of Happy Families? Check them out on the inside cover.
Dear Family,

My oldest brother taught me to never follow the money. He said, “Find something you are really passionate about and focus on that. If you find your passion the money will come.” That’s been good advice for me.

Elbert Hubbard said, “The love you liberate in your work is the only love you keep.” And Confucius said, “Choose a job you love, and you will never have to work a day in your life.”

The point is that we need to love what we do to really make a difference. At Familius, we love what we do. In addition to the fantastic emotional, intellectual, social, and spiritual return books provide to us, the Familius mission of helping families be happy is the foundation and love of our work. This mission is governed by nine axiomatic values. You can find them on our website. They are:

- Love Together
- Play Together
- Learn Together
- Work Together
- Talk Together
- Heal Together
- Read Together
- Eat Together
- Laugh Together

I am convinced that these nine values, when followed, strengthen relationships, encourage forgiveness and growth, broaden education and tolerance, reduce stress and anxiety, improve communication, and improve physical and mental health.

These nine values are the genesis of a happy family.

This season we present some fantastic and wonderful new books that encourage our community to be together and help families be happy. We hope that you will enjoy your time together and be an example of what brings joy to the world.

Thank you for being a part of our mission.

Christopher & Michele Robbins, Founders
Alice’s Adventures in Wonderland

adapted by Brooke Jorden
illustrations by David Miles

Filled with interactive wheels and pull-tabs and lavishly illustrated, Lit for Little Hands: Alice’s Adventures in Wonderland is an unprecedented kid’s introduction to Lewis Carroll’s beloved classic novel. Unlike many board books that tackle the classics, Lit for Little Hands tells the actual story in simple, engaging prose. Gorgeous and whimsical illustrations transport the reader to Wonderland, while tons of interactive elements invite kids to grow and shrink with Alice, pour the tea at a mad tea party, and more! Fans of the novel will be delighted by the book’s attention to detail and clever use of original text and dialogue. And the book’s super-sturdy board means everyone can enjoy this wonderful tale over . . . and over . . . and over again! Ages 3–6

- Novelty board book introducing kids to classic literature that delights on all fronts
- Clever, interactive mechanisms that invite kids to act out the story
- Simple prose that tells the real story, not just numbers or vocabulary words
- Delights fans with tiny quotes of original dialogue

Includes interactive wheels, sliders, and rockers, 6.5 X 7.5, 16 pages
Ships: April 2018

Spin the wheel and the characters run a caucus race to get dry.

Packed with interactive mechanisms

More than just a primer—this tells the real story!

Don’t miss Lit for Little Hands: Pride and Prejudice on page 98.
Alphatrain
BY STEPHANIE MILES, CHRISTIN FARLEY, DAVID MILES, AND KALIHA VOLHA

All aboard the Alphatrain! This adorable two-in-one board book features beautifully illustrated animals for every letter of the alphabet and can be read page-by-page as a lap book or be unfolded into a 56" train! (Perfect for play time or room decor!) In addition to the animals, each whimsically designed train car includes fun sentences and look-and-find objects for each letter: Bear bakes bread, Deer dips donuts, and Koala keeps kittens. As a bonus, the back of each page lists the words of each hidden object so kids can search for them on the front of the car. A wrap-around cover and handy velcro snap keeps everything snug and safe when reading time is over. Ages 3–5

Ships: April 2018

• Unfolds into a 56" train!
• Playful two-in-one format: read as a book or play as a train
• Delightful illustrations feature animals and objects for every letter
• Over 100 look-and-find pictures
• Wrap-around cover and velcro snap keep book snug and protected when not in use
• Interactive and visually stimulating for small hands

Unfolds into a 56" train!
Nita’s First Signs
KATHY MACMILLAN
SARA BREZZI, ILLUSTRATOR

Baby sign language makes it easy to communicate with your preverbal child, and Nita makes it fun! *Nita’s First Signs* teaches ten essential signs for every parent and child to know: *eat, more, hungry, milk, all done, ball, play, love, please, and thank you.* A simple story about Nita and her parents teaches each sign in context, and repetition throughout each story makes them easy to practice. Even better, each page slides open to reveal accurate instructions on how to make each sign, and tabs on the side of each page make it simple to locate every sign for later reference. Baby sign language collections aren’t complete without Nita!

*Ages 6 months to 2 years*


Sara Brezzi is a freelance surface pattern designer and illustrator based in Tuscany, Italy. She graduated in History of Art and Preservation of Cultural Heritage at Siena’s University.
Mommy Loves Me

The book that comes with a hug!

DAVID AND STEPHANIE MILES

Nothing nurtures a child more than the reassuring warmth of loving words and positive touch. *Mommy Loves Me* is the adorable board book that comes with a hug! Two plush arms hug the front cover and give the child a surprise hug at the end of the book. Inside, with beautiful illustrations and simple text, *Mommy Loves Me* depicts a mother telling her child how very much she loves him. How much? "More than all the sprinkles on our ice cream sundaes. More than all the stars above our summer cottage. More than the longest hug that ever was."

Ages 1–3

Novelty board book with 2 plush arms that form a hug. Arms joined by velcro snap.
6 x 8, 10 pages
Ships: March 2018

**Plush arms open into a warm hug!**

- Adorable board book comes with two plush arms that form a warm hug on the front and back
- Beautiful, timeless illustrations
- Comforts children with loving words and positive touch
- Book is the beginning of a new series (Daddy Loves Me, Grandma Loves Me, etc.)

**Velcro snap keeps arms closed when book is not in use.**

**Stephanie and David Miles** are the husband-wife creative team behind several books including *Mommy Loves Me* and *Alphatrain*. They live in Fresno, CA with their son, rabbit, and lots of houseplants (which they usually remember to water).
F Is for Fairy

A Forest Friends Alphabet Primer

MIKE AND DEBBIE SCHRAMER

Venture into a fairy village and learn the ABCs of the fairy world! Featuring stunning photography and art from the bestselling Fairy House, this adorable board book brings magic and wonder to the typical alphabet primer. On every page, tiny fairy children play in magical scenes handmade with natural materials by artists Mike and Debbie Schramer. This colorful ABC book will delight little ones and parents alike with gorgeous imagery and incredible detail.

Middle 1–3

Mike and Debbie Schramer are the authors of the bestseller Fairy House and Fairy Village. Their nature art has been featured in many books and publications including Travel and Leisure, Country Folk Art, and Faerie magazines and the Seattle Times, the Los Angeles Times, and the New York Times newspapers, among others. In 2017 they opened a nature art museum in Provo, Utah.

• From the authors of Amazon’s #1 bestselling craft book, Fairy House
• Full-color photography features handmade fairy furniture and adorable fairy babies
• Internationally recognized artists who have been featured in the New York Times and whose art and fairy work resides in collections throughout the world
• Pairs beautifully with Familius’s fairy library: Fairy House and Fairy Village

Board book with spot UV on cover, 7 X 7, 20 pages
Ships: March 2018
100 First Words for Little Geeks

Kyle Kershner, Illustrator

There’s a TARDIS cookie jar in our kitchen. A Picard air freshener in our car. And we won’t even mention Harry Potter in the bathroom. We’re geeks and proud of it! But is there nothing for baby? Inconceivable!

Introducing 100 First Words for Little Geeks, a deliciously nerdy primer for kids learning their first words! Forget apple and dog. Little geeks are ready for holy grail, warp core, and intergalactic catastrophe (okay, forget that last one, but they’ll learn tribble and that’s about the same thing). Packed with hilarious illustrations and 100 words every geek baby should know (before any others, of course), 100 First Words for Little Geeks is the perfect board book for geek families everywhere. Great Scott!

Ages 2–4

- A hilarious take on popular 100 first words books
- Aligns with intense interests of geek parents
- Includes 100 funny words from geek and pop culture with 100 clever illustrations
- Geek humor has risen to tremendous popularity
- Beginning of a new series

Kyle Kershner has loved drawing since he was a tot. He graduated from the Savannah College of Art and Design with a BFA in sequential art. He spends his days doing what he loves most, illustrating children’s books and making kid-friendly art. Kyle resides in Northeast Ohio with his wife and son.
LITTLE HEROES™

Courageous People Who Changed the World

HEIDI POELMAN

KYLE KERSHNER, ILLUSTRATOR

From the intrepid efforts of Susan B. Anthony to the quiet courage of Rosa Parks, Little Heroes: Courageous People Who Changed the World is a young child’s first introduction to the brave people who fought to make the world a better place. Simple text and adorable illustrations tell the contributions of eight champions of freedom: Abraham Lincoln, Rosa Parks, Susan B. Anthony, Malala Yousafzai, Harriet Tubman, William Wilberforce, Mahatma Gandhi, and Martin Luther King Jr. A quote from each individual is included on each spread along with colorful, delightful artwork.

Ages 2–4

Heidi Poelman graduated from Wake Forest University with a master’s degree in communication. She is the author of The Two-Minute Secret to Staying in Love, in which she explores the significance of seemingly simple thoughts, words, and deeds. Heidi lives in Utah with her husband, with whom she has three children.

Kyle Kershner has loved drawing since he was a tot. He graduated from the Savannah College of Art and Design with a BFA in sequential art. He spends his days doing what he loves most, illustrating children’s books and making kid-friendly art. Kyle resides in Northeast Ohio with his wife and son.

• A cute, simple way to introduce your toddler to heroes from history
• Expands the recent popularity of juvenile biography into the board book category
• First book in new board book series (Inventor’s Who Changed the World, Entrepreneurs Who Changed the World, and so forth)
• Teaches the value of courage
Unicorn (and Horse)

DAVID MILES
HOLLIE MENGERT, ILLUSTRATOR

Unicorn is a unicorn.
And Horse, well . . . not.

Horse is brown. Horse is plain. And Horse can't stand the unicorn he shares a pen with. Unicorn dances. Tra la la! Horse does not. Blah blah blah. But when robbers kidnap Unicorn for a local circus, what will Horse decide to do? Packed with forty-eight pages of hilarious illustrations and deadpan wit, Unicorn (and Horse) is a funny yet endearing lesson on envy with one important truth: We are sometimes unicorns. We are sometimes horses. But our differences are always worth celebrating. Ages 5–8

- A different kind of unicorn book!
- Hilarious illustrations with deadpan laughs on every page
- Teaches an important lesson about envy, individuality, and the overriding power of friendship

David Miles makes books for a living. He also reads books, writes books, sells books, shelves books, thinks about books, drives to books, sleeps to books, and cooks from books, but he doesn’t eat books (which is fortunate). He and his wife and son live in California where they enjoy lots of tacos, donuts, and, well . . . books.

Hollie Mengert is an illustrator and animator living in Seattle. She loves drawing animals, making people smile with her work, and spending time with her amazingly supportive family and friends.


Hardcover picture book with jacket, 8 x 10, 48 pages

Ships: March 2018
How the Finch Got His Colors

Many years ago, before the world bloomed in magnificent colors, the Earth lay stark and gray. The animals that graced its skies and roamed its lands were the colors of dirt, clay, and stone . . . until Rainbow descended to bestow her colors on the creatures of the world. Each bird asked for a bright and beautiful color: green for Parrot, red for Cardinal, and yellow for Canary. But will there be any colors left for little Gouldian Finch? He soon learns the power of patience, the sacrifice of others, and the beauty of all creatures.

Based on a Belgian folktale, this beautifully told and illustrated tale is a timeless treasure for every collection. Ages 5–8

• Debut children’s author
• A beautifully retold folktale about how the Finch’s feathers became so bright and beautiful
• Captivating illustrations bring the story to life
• Encourages children to explore the world of storytelling

Annemarie Guertin graduated with a bachelor of science degree in early childhood education from Wheelock College and a master’s degree in elementary education from Fitchburg State University. She is currently an adjunct professor at Amslee College and a first-grade teacher for the Haverhill Public School System. This is Annemarie’s first book with Familius. Annemarie lives in Haverhill, Massachusetts, with her husband, Michael, and their two children.

Helena Pérez García is a Spanish illustrator and graphic designer based in London. Her mysterious and conceptual illustrations, often depicting characters in surreal situations, are rich in detail and color. Her work is inspired by art, literature and cinema. She has published two illustrated books in France (Louna au Musée and Bonne Nuit Louna) and among her clients are publishing houses like Penguin Random House and publications and newspapers like El Corriere della Sera and BuzzFeed.
Made for Me

ZACK BUSH
GREGORIO DE LAURETIS, ILLUSTRATOR

Of all the children that ever could be,
You are the one made just for me.

From a child’s first uttered “Da-da” to her first unsteady steps, nothing can adequately convey the joy and awe of watching the birth and growth of a new child. Filled with adorable illustrations and the refrain, “You are the one made just for me,” Made for Me is a winning presentation of tender moments that tie a father and his new child together—forever.

Ages 3–5

- Captures the rich, poignant emotions of becoming a parent for the first time and watching a child grow
- Adorable illustrations show dozens of tender parenting moments in a way no other “I love you” book does
- Author is a successful, connected club owner and recent father

Zack Bush

Zack Bush spent his free time growing up listening to jazz. Zack learned to play the piano and would speak with family and friends about one day owning a venue that would bring the music he loved to others. Zack is now the owner of Ball & Chain, a historic live-music venue in Miami’s famed Calle Ocho, in the heart of Little Havana. Zack and his team renovated and restored the nearly forgotten gem, famous for hosting 20th-century jazz greats like Chet Baker, Count Basie, and Billie Holiday. Today, musicians from around the world perform live on the Ball & Chain stage. Zack’s other passion is books. A devoted reader and writer, Zack’s lifetime desire to become an author has found a refreshed source of inspiration as the father of two-year-old son Ace and baby daughter Ava. Made for Me is his first book.

Gregorio De Lauretis

Gregorio De Lauretis studied at the Academy of Art in Florence and graduated in Teramo. Since then he has studied graphic design and web design at Nemo IT Academy of Digital Arts where he awarded a scholarship from the famous character designer Stephen Silver. Gregory works digitally but begins with drawing with ink on paper. He then scans the work on his computer where he adds the piece with his colors and finishing touches. He currently works as freelance illustrator based in Florence, where he lives. “Imagination is my world. Illustration is my language.”

Hardcover picture book with jacket, 9 x 9, 32 pages
Ships: February 2018

SPRING 2018
CHILDREN’S
HAPPY FAMILIES:
Read Together
Love Together

“Of all the children that ever could be, you are the one made just for me.”
Donuts
The Hole Story
DAVID MILES

Donut cars. Donut trains.
Donuts do not make good planes.

All is quiet when the donut shop closes for the night—or is it? In this hilarious ode to the treat with a hole, bright photographic illustrations bring donuts to life like never before! With donut cops (of course), donut pirates (why not), maple bar lumberjacks (eh?), coffee jakuzis, and a bakeshop full of donut puns, Donuts: The Hole Story is a delicious romp through a mischievous nighttime world filled with everyone’s favorite fat-fried friends.

Ages 6–9

David Miles makes books for a living. He also reads books, writes books, sells books, shelves books, thinks about books, drives to books, sleeps to books, and cooks from books, but he doesn’t eat books (which is fortunate). He and his wife and son live in California where they enjoy lots of tacos, donuts, and, well... books.

Countertop 5-Copy Display

Illustrated with funny, colorful photographic collages
Hilarious puns and donut jokes will delight both kids and adults
Donuts have never been more popular, and stores are filled with donut earrings, donut ornaments, donut floaties, and more
Regional Board Books
Take a field trip around your state with numbers, colors, and letters.

Let’s Count Colorado
Board book; 20 pages; 8 X 8

C is for Colorado
Board book; 20 pages; 8 X 8

B is for Boston
Board book; 20 pages; 8 X 8

Let’s Count Montana
Board book; 20 pages; 8 X 8

M is for Montana
Board book; 20 pages; 8 X 8

Christin Farley
graduated with a degree in child development from Fresno State. She lives in Fresno, CA with her husband and three children.

Stephanie Miles
graduated with a degree in child development from Fresno State. She has taught preschool, worked with kids in after-school programs, and volunteered with the Boys and Girls Club. She lives in Fresno, CA with her husband and son.

Find the rest of the regional board book collection on page 64.
101 Amazing Uses Series

- Each guidebook explores the amazing—and often overlooked—uses of natural products like garlic and turmeric.
- Easy to read! Each of the 101 uses is trimmed down to bite-sized, alphabetized sections and organized by tabbed categories.
- Recipes included (where applicable, of course).
- Competitively priced at $12.99.

Susan Branson earned an undergraduate degree in biology from St. Francis Xavier University, then a M.Sc. in toxicology from the University of Ottawa. From there she worked in research in the field, in the lab, as a writer and as an administrator. She took time off and stayed at home after her second child was born. In addition to being a stay at home mom, she also took violin lessons, photography courses, earned a diploma in writing and ultimately became a holistic nutritionist. Susan is a member of CSNN’s Alumni Association, Canada’s leading holistic nutrition school.

101 Amazing Uses for Garlic
Trade paperback, 5.83 x 8.27, 144 pages
Ships: April 2018

101 Amazing Uses for Coconut Oil
Trade paperback, 5.83 x 8.27, 136 pages
Ships: April 2018

101 Amazing Uses for Essential Oils
Trade paperback, 5.83 x 8.27, 136 pages
Ships: April 2018

101 Amazing Uses for Ginger
Trade paperback, 5.83 x 8.27, 144 pages
Ships: April 2018

101 Amazing Uses for Apple Cider Vinegar
Trade paperback, 5.83 x 8.27, 136 pages
Ships: April 2018
**Feed the Baby Hummus**

Pediatrician-Backed Secrets from Cultures Around the World

**BY LISA LEWIS, MD**

Parenting practices vary widely between countries and cultures. For example, in countries such as the Philippines, breastfeeding after age one year is common, and parents can make their own decision about what is right for their family. In Korea, babies eat a variety of spices and flavors, helping them develop a diverse palate and healthy eating habits. And in Italy, parents prevent separation anxiety by taking their babies to markets, restaurants, and churches and passing them around from person to person.

*Feed the Baby Hummus* teaches parents to confidently incorporate various multicultural practices into their own caretaking plan. Pediatrician Lisa Lewis offers the wisdom and proven caretaking practices of the cultures of the world, drawn from her own training, research, travel, and clinical experience. Although certain standards of care must exist for babies to thrive, *Feed the Baby Hummus* offers a variety of cross-cultural parenting information and baby care guidance from a trusted source.

---

**Debunking the Bump**

*What the Data Really Says About Pregnancy’s 165 Biggest Risks and Myths*

**BY DAPHNE ADLER**

Stay away from sushi! Cut out caffeine! Get rid of your cat! Step away from the microwave! Pregnant women are bombarded with “risk factors” they must avoid from the moment the stick turns pink. Heroic mothers-to-be sacrifice their favorite foods and activities for the sake of their baby, but with such long lists of “dons’ts” and conflicting information, it is easy to feel overwhelmed. Daphne Adler, a mathematician, management consultant, and self-proclaimed “numbers junkie” turns her expertise to pregnancy and the real research behind the risks. With thousands of cited sources, Adler wades through the research to reveal which factors are truly threats to a healthy pregnancy and which are simply red herrings or old wives’ tales. From cheese to sex to saunas, *Debunking the Bump* sheds light on everything expectant mothers need to know to avoid the real risks without skipping the sushi.

“In this important book, Adler . . . equips mothers with researched data behind recommendations for what to do (and not do) during pregnancy . . . She writes in a tone that is both authoritative and reassuring—that of a mother rooting for all other mothers.”

—*PUBLISHERS WEEKLY*

“Ms. Adler has taken the time to research many of the top concerns of pregnant women and not simply give a recommendation for whether or not something is safe, but to talk about it in a manner that puts it in perspective . . . A valuable read.”

—*ABOUT.COM*
A Grandmother’s Book of Secrets
How to Create a Lasting Legacy
BY LINDA EYRE
Grandmothers make the best cookies and give the best hugs, but there’s so much more to being the kind of grandmother who leaves a legacy that stands the test of time. New York Times #1 bestselling author and grandmother Linda Eyre shares her secret formula for teaching your grandchildren values, building meaningful connections with them, and giving them grit and resilience in an ever-changing world. Broken into short, digestible chapters for quick reading, this guidebook is filled with time-tested advice and stories from a panel of grandmothers, plus an appendix of easy, delicious recipes to feed a crowd at your next family reunion.

Linda and Richard Eyre are New York Times #1 bestselling authors whose writing career has spanned four decades and whose books have sold in the millions. They have appeared on virtually all major national talk shows, including Oprah and Today, and have seen their books translated into a dozen languages. They write a syndicated weekly newspaper column and currently spend most of their time traveling and speaking to audiences throughout the world on families, parenting, and life balance (and trying to keep up with their twenty-six grandchildren). The Eyre vision statement is “Fortify families by celebrating commitment, popularizing parenting, bolstering life-balance (and trying to keep up with their twenty-six grandchildren). The Eyre vision statement is “Fortify families by celebrating commitment, popularizing parenting, bolstering life-balance, and validating values.”

• Author is a New York Times #1 bestselling parenting author
• Focuses on the relationships grandmothers can have with their grandchildren
• Strong sales opportunities for Mother’s Day, Grandparent’s Day, and Christmas
• Includes a bonus section of recipes for feeding a crowd

Don’t miss Richard Eyre’s book for grandfathers! See page 43

A Couple’s Guide to Happy Retirement
15 Keys to a Lasting Relationship
BY SARA YOGEV, PHD
A Couple’s Guide to Happy Retirement is the most comprehensive book devoted entirely to relationship issues in retirement. Not a treatise on money management, this is a much-needed guide to the psychological aspects of retirement and how to make your retirement relationship happy, fruitful, loving, and successful.

Written by Dr. Sara Yogev, a psychologist specializing in work and family issues, A Couple’s Guide to Happy Retirement draws from actual accounts of retired couples. This book will help you and your spouse:

• prepare emotionally for the dramatic life changes during retirement
• find new purposes to your life beyond work
• nurture your relationship and strengthen your friendship and love
• explore sexuality after retirement including how you can enjoy each other as much as you did as a younger couple
• implement strategies to successfully deal with differences around money, time together versus apart, housework, and family relationships

The updated edition also includes sections about substance abuse and technology. It is crucial that couples prepare themselves and their marriages psychologically for life after retirement. A Couple’s Guide to Happy Retirement shows you how to do that—so that you’ll have the time of your lives.

• Includes new sections on substance abuse and technology
• Dr. Yogev has over thirty years of experience in psychotherapy for adults struggling with depression, anxiety, stress, low self-esteem and work-family balance as well as in marital psychotherapy to couples.

“...very helpful in providing a perspective on this phase of life.”
—JAMES I. AUSMAN, MD, PHD, EXECUTIVE PRODUCER THE LEADING GIN

“A wise, optimistic, straightforward, and practical guidebook . . . I highly recommend [it].”
—WILLIAM PINSOFF, PHD, PRESIDENT, FAMILY THERAPY INSTITUTE, NORTHWESTERN UNIVERSITY

Dr. Sara Yogev has been providing individual psychotherapy for adults struggling with depression, anxiety, stress, low self-esteem, and work-family balance as well as marital psychotherapy to couples for over thirty years. Some of the most common problems Dr. Yogev has helped couples resolve include improving communication, emotional intimacy issues, and sexual troubles (both his and hers). Find out more about Sara Yogev and her clinical psychology practice at sarayogev.com.

Trade paperback, 6 x 9, 276 pages
Ships: February 2018

Trade paperback, 6 x 9, 224 pages
Ships: March 2018

“Finally, a how-to book about the role of a lifetime: grandmother. This book can help us love, lift, and guide our grandchildren in ways they will remember.”
—LISA EVANS, 100 WOMEN WHO CARE
Oh Baby! A Mom’s Self-Care Survival Guide for the First Year

Because Moms Need a Little TLC, Too!

BY MARIA LIANOS-CARBONE

You read all the birthing books, took the Lamaze classes, and made it through labor (mostly) unscathed, but now the baby is home—and it’s a whole new ballgame!

There are plenty of books and resources about how to properly care for your new baby, but what about caring for yourself? Maria Lianos-Carbone, founder of AMotherWorld.com, outlines the “proper care and feeding” of mothers during their baby’s first year. From the physical and emotional changes a new mom will undergo to rekindling intimacy with her partner, Oh Baby! A Mom’s Self-Care Survival Guide for the First Year keeps the focus on moms—because you can’t draw water (or breastmilk, for that matter) from an empty well.

Maria Lianos-Carbone is mom of two, a social media strategist, and publisher of AMotherWorld.com, a leading lifestyle blog for women, and Lienhdstyle.ca, a travel blog. Also a freelance writer, Maria’s work has been published in Huffington Post Canada, Canadian Living, Medium, Today’s Parent, and Parents Canada. Maria has worked on digital campaigns with brands such as Rogers, Air Canada, MasterCard, American Express, TD Canada Trust, Best Buy, HLN, Old Navy, Sobey’s, Staples, P&G, and more. She has appeared as a guest on CNN Newsroom, CBC’s Marketplace, The Mom Show, and Rogers Daytime.

Oh Baby! shows that a mother’s challenges and milestones need to be addressed and cared for too

Addresses physical and emotional changes a new mom faces postpartum

Author is the founder of the popular AMotherWorld.com, a leading lifestyle blog for mothers

“Advice you want in a tone you’ll love. Lianos-Carbone mixes the facts and support every new parent needs with the smile-at-the-whole-crazy-ride we want in that moment. No patronizing help here, she tells us exactly what to expect and—even better—reminds us that new parenting is worth the struggle.”

—DEBORAH GILBOA, MD, AUTHOR OF GET THE BEHAVIOR YOU WANT... WITHOUT BEING THE PARENT YOU HATE!

Mother Matters

A Practical Guide to Being a Happy, Healthy Mom

BY DAYNA KURTZ

Millions of mothers are born each year. From the moment a baby is born, the world seems to focus on childcare, but what about mothercare? Enter Dayna Kurtz, the brains behind Huffington Post’s Mother Matters blog. From postpartum depression and “baby blues” to healing meals and postnatal exercise, Kurtz guides new and veteran mothers alike through the best practices to care for themselves as they care for their children. Her unique approach also includes less common methods like acupressure, expressive arts therapy, and more to help mothers boost their mental health and reclaim their identity. Backed by irrefutable research and personal anecdotes, Mother Matters is the guide every mother needs to not only survive but thrive!

“A tremendous resource that offers something rare: a beautifully written mix of sage advice, personal and professional experience, and scientific evidence.”

—TINA CASSIDY, AUTHOR OF BIRTH: THE SURPRISING EXPERIENCE, AND SCIENTIFIC EVIDENCE

“Deeply compassionate yet imminently practical.”

—SEBASTIAN ZIMMERMANN, MD, AUTHOR OF FIFTY SHRINKS

“Finally, there is a guidebook for new mothers about how to nourish not only their children, but also themselves. A must read!”

—DR. DINA DINAGGIO, MD, PEDIATRICIAN AND COAUTHOR OF THE PEDIATRICIAN’S GUIDE TO FEEDING BABIES & TODDLERS

Dayna Kurtz is a leading authority on the subject of women transitioning to motherhood and serves as Director of the Anna Keefe Women’s Center at the Training Institute for Mental Health in Manhattan. Dayna also serves as a Real Answers expert on TheBump.com and has written or been consulted on articles for the websites of The Today Show, Pregnancy & Newborn, Big City Moms, Parenting Career, and WAGmagazine among others, and writes the Mother Matters blog for the Huffington Post. A sought-after speaker, Dayna regularly presents on the subject of mothercare.
Twinsight
How to Raise Confident, Emotionally Healthy Twins
BY DARA LOVITZ

It’s a fact: twins experience life differently than singleton children. They’re compared to each other in everything from athletics to academics. They encounter unique social issues (what happens when one child is invited to a social outing while her twin is not?). They can even have difficulty forming deep relationships outside of the twinship. Yet no book effectively helps parents navigate these unique emotional challenges—until now.

In the first book written on the emotional needs of twins, Twinsight: How to Raise Emotionally Healthy Twins bypasses the usual discussions on how to pay for two tuitions (a conundrum, to be sure!) and instead tackles deeper questions: How do you help twins feel like individuals? Should they be expected to be each other’s caretaker? How can you encourage relationships outside the twinship? and more!

Drawing on over seventy interviews with adult twins and their non-twin siblings, as well as expert insights from educators and psychologists and exhaustive research, author Dara Lovitz offers parents a definitive roadmap to raising emotionally healthy twins now and into the future.

Dara Lovitz, Esq. graduated magna cum laude from the University of Pennsylvania and attended Temple University School of Law where she won the Barrister Award. Lovitz is a continuing legal education project coordinator for the American Law Institute and an adjunct professor of Animal Law at Temple Law. She is a founding board member of the nonprofit organization Peace Advocacy Network. Lovitz became a passionate advocate for that which inspires her daily life. Before she became a mother, she dedicated all of her non-billable time to animal rights activism. When she became a parent, she transferred her need to protect those who cannot protect themselves to children. While she continues to appraise some of her time to animal activism, she has found a new motivator in life: being the best parent she can be. And, as with animal activism, she will seek to embed these others to join her in this endeavor.

• First book to directly address the unique emotional needs of twins and what that means for parenting
• Draws on 70 interviews with adult twins and their non-twin siblings along with parenting experts, psychologists, and the author’s own research
• Helps parents address concerns about raising twins (comparing them, helping them develop individual interests, encouraging them to create friendships aside from their twin, etc.)
• Author’s blog SomeTwinsight.com is popular among parents of twins
• The birthrate of twins has risen 76% since 1980!

Expressive Writing for Healing
Journal Your Way From Grief to Hope
BY MARY POTTER KENYON

“We do not write in order to be understood; we write in order to understand.” — C. Day-Lewis

Writing is one of the oldest and most effective means of self-exploration, self-expression, and self-discovery. In this new guided journal, Mary Potter Kenyon offers readers an opportunity to reflect on the meaning and significance of loss and allows the griever to sort through all the conflicting emotions that arise after a death. By interweaving her own experiences of loss, the proven research behind writing as a method for healing, and blank pages with carefully chosen quotes, Kenyon gives readers space to express the feelings that are sometimes too painful to speak aloud.

“For more than 40 years, I’ve journaled almost daily. During the months just before and just after my wife’s death, journaling was the source of immense relief. As I read Expressive Writing for Healing, I realized I had faced many of the same struggles. It’s never over. But life does take on deeper meaning, and we emerge from our grief—different but stronger.”
—CECIL MURPHEY, AUTHOR AND COAUTHOR OF 140 HANDS

“I’ll find comfort, hope, practical guidance, and inspiration here. I hope you’ll open your journal and start writing…”
—JUDY BRIZENDINE, AUTHOR OF STUNNED BY GRIEF AND STUNNED BY GRIEF JOURNAL

Mary Potter Kenyon graduated from the University of Northern Iowa with a B.A. in Psychology and is the director of the Winthrop Public Library. She is widely published in magazines, newspapers, and anthologies. Mary writes a weekly column for the Dubuque Telegraph and conducts writing, grief, and couponing workshops for women’s groups, libraries, and community colleges. Mary’s public speaking repertoire includes the topics of writing, utilizing your talents in your everyday life, and finding hope and healing in grief. This is Mary’s fourth book published by Familius.
Motherhood Realized
Power of Moms
Filled with essays from real moms just like you, Motherhood Realized is the bestselling companion to moms everywhere who wonder if they’ll ever get through the journey. Motherhood is the hardest job we’ll ever love, and it’s so much better when we’re doing it together.
S15.95  ISBN-13: 9781939629090
Trade Paper; 306 pages; 6 x 9

Deliberate Motherhood
Power of Moms
Deliberate Motherhood presents inspiring ideas, poignant stories, and practical applications to help moms find great success and personal growth in the beautiful and challenging work of raising the next generation.
S17.95  ISBN-13: 9781939630190
Trade Paper; 276 pages; 6 x 9

Raising Stress-Proof Kids
Shelley Davidow
Chronic stress is robbing children of their childhoods with negative physiological, emotional, and cognitive consequences. Raising Stress-Proof Kids shows parents that there’s a lot we can do to mitigate the effects of our often toxic-stressful lives on our children’s growing bodies and brains.
S15.95  ISBN-13: 9781939630167
Trade Paper; 248 pages; 6 x 9

Grandparenting the Blended Family
Dona Low, PhD
Ever wonder what other grandparents do to succeed with their grandchildren? Grandparenting the Blended Family explores over 30 different grandparents and how they interact with their grandchildren—natural, step, and adopted.
Trade Paper; 176 pages; 6 x 9

Dude to Dad
Hugh Weber
Dude in Dad contains absolutely no expert advice or medical guidance. You can read about mucus plugs and colostrum elsewhere. What you will find is a candid, quick, and often irreverent roadmap for making the most of your own personal transition from Dude to Dad.
Trade Paper; Fully Illustrated; 120 pages; 5 x 8

Spilt Milk Yoga
Cathryn Monro
Author Cathryn Monro combines personal experience, honesty, and humor to acknowledge the moments when motherhood stretches us to the edges of our tolerance, patience, anger, and exhaustion. Spilt Milk Yoga approaches motherhood as a path offering life’s richest and most profound lessons on love, surrender, and joy. Through guided self-inquiry, the challenges become opportunities to grow, not in spite of motherhood, but because of it.
Trade Paper; 250 pages; 5 x 7

Here Be Dragons
Annamaree Kelly-Harbaugh and Ken Harbaugh
Two parents challenge one another to find balance between work and family life. Their stories are both uproarious and poignantly real as they raise children and strive to leave their mark on the wider world. Filled with tender moments and plenty of laughs, Here Be Dragons recounts the adventures of a family trying to stay afloat and offers a life raft to the rest of us in choppy waters.
Trade Paper; 252 pages; 6 x 9

The Present Parent Handbook
Timothy Dukes, PhD
Addresses both the dilemmas and delights in each parenting moment, providing practices to manage both. With an A–Z approach, parents will learn how to be more mentally and emotionally available to their children.
Trade Paper; 148 pages; 5 x 7

The Parent Fix
Maggie Stevens
There is power in parenting—correct parenting. Rather than focusing on the kids, as so many other self-help books do, The Parent Fix stresses that when parents change, kids change.
S15.95  ISBN-13: 9781939630200
Trade Paper; 248 pages; 6 x 9

Raising Stress-Proof Kids
Shelley Davidow
Chronic stress is robbing children of their childhoods with negative physiological, emotional, and cognitive consequences. Raising Stress-Proof Kids shows parents that there’s a lot we can do to mitigate the effects of our often toxic-stressful lives on our children’s growing bodies and brains.
S15.95  ISBN-13: 9781939630167
Trade Paper; 248 pages; 6 x 9

Grandparenting the Blended Family
Dona Low, PhD
Ever wonder what other grandparents do to succeed with their grandchildren? Grandparenting the Blended Family explores over 30 different grandparents and how they interact with their grandchildren—natural, step, and adopted.
Trade Paper; 176 pages; 6 x 9

Dude to Dad
Hugh Weber
Dude in Dad contains absolutely no expert advice or medical guidance. You can read about mucus plugs and colostrum elsewhere. What you will find is a candid, quick, and often irreverent roadmap for making the most of your own personal transition from Dude to Dad.
Trade Paper; Fully Illustrated; 120 pages; 5 x 8

Glad to Be Dad
Tim J. Myers
By recounting personal experiences, offering sincere opinions, and including quizzes for fatherly-preparedness, Tim Myers emphasizes the importance of fatherly influence in the home. He shows that fathers are not only vital to home life, but that fatherhood also brings great joy—not to mention a surprising amount of plain old fun.
S17.95  ISBN-13: 9781939630188
Trade Paper; 370 pages; 6 x 9

Stressed Out! For Parents
Dr. B., celebrated performance coach for CEOs, artists, and musicians, takes on parents this time in Stressed Out! For Parents. Focusing on his nine steps to help during stressful situations, Dr. B. teaches parents in clear, entertaining writing how to be calm, confident, and focused.
Trade Paper; 200 pages; 6 x 9

The Best-Kept Secrets of Parenting
Brad Wilcox and Jerrick Robbins
International speaker and educator Brad Wilcox and author Jerrick Robbins share 18 of the most overlooked principles that help parents succeed. The honest, heartwarming, and personal experiences shared as “secrets” will truly make the difference in your family.
Trade Paper; 184 pages; 6 x 9
A New Way for Mothers
Louise Webster
Inspiration, encouragement, and a step-by-step approach for every mother wishing to engage their talents during the hours their children are at school. This book has strategies and tips for all aspects of life—from finding the right type of work to supporting aspects of life—from finding the right type of work to supporting talents during the hours their mother wishing to engage their

Untiring Parent Anxiety (Years 5–8)
Lisa Sugarman
In Untiring Parent Anxiety, nationally syndicated humor columnist and author Lisa Sugarman reminds us that our kids aren’t supposed to be perfect. (And neither are we.) And as soon as we embrace the idea that parenthood is not a straight line, we unlock everyone’s full potential.

Mothering with Courage
Bonnie Compton
A detailed guidebook for your journey as a mother, complete with the latest understanding and tips for healthy parenting and motherhood. Practical, educational, and inspirational, the book provides self-reflective questions and guided journaling exercises for mothers, specifically related to aspects of their lives and mothering.

To Have and Not to Hold
Lori Benson
What about those mothers who, whether by circumstance or choice, give up their children for adoption? Lori Benson’s memoir chronicles her decision to place her unsung daughter for adoption. Years later, Lori did everything she could to find and connect with her. With accounts from the daughter, birthmother, and adoptive mother, To Have and Not to Hold shows how adoption shapes everyone involved.

From Teens to Teens
Mary Clark Fleshood
In this groundbreaking guide, psychotherapist and educator Mary Clark Fleshood encourages parents to revive global traditions to mark puberty and ceremonies in which kids are aging to the world. This book is designed for parents who want to celebrate this special time in their kids’ lives.

Unlocking Parental Intelligence
Laurie Hollman, PhD
Locking to increase your kids’uck to increase your kids’ IQ, this book provides five simple steps to help parents better understand the context of children’s perplexing behaviors and how to cultivate real change.

The Power of Dadhood
Michael Byron Smith
The Power of Dadhood empowers fathers with the knowledge that they are vital in our society. National speaker Michael Byron Smith discusses the implications of a fatherless home, the challenges of parenting, and the hierarchy of fathers. There are absent fathers, present yet uninvolved fathers, authoritative fathers, loving fathers, teaching fathers, and many more. Any man can assess himself, see where he stands, and make choices to become a real Dad and find the power of Dadhood!

Unlocking Parental Intelligence
Laurie Hollman, PhD
With extensive research and advertising, and what parents can do to make it easier for parents to find the power of Dadhood!

PARENTING
# Self-Help / Wellness

<table>
<thead>
<tr>
<th>Title</th>
<th>Author</th>
<th>Description</th>
<th>Price</th>
<th>ISBN-13</th>
<th>Format</th>
<th>Pages</th>
<th>Size</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MARRIAGE</strong>&lt;br&gt;The Two-Minute Secret to Staying in Love</td>
<td>Heidi Poelman</td>
<td>The Two-Minute Secret to Staying in Love explores the little things couples think, say, and do to stay in love for the long haul.</td>
<td>$15.99</td>
<td>9781945547058</td>
<td>Trade Paper</td>
<td>196 pages</td>
<td>6 x 9</td>
</tr>
<tr>
<td>Becoming Free</td>
<td>Christy Monson</td>
<td>Becoming Free is a step-by-step guide to help women live a rich, abundant life.</td>
<td>$17.95</td>
<td>9781938301360</td>
<td>Trade Paper</td>
<td>216 pages</td>
<td>6 x 9</td>
</tr>
<tr>
<td>New Tricks for Old Dogs</td>
<td>Gene Perret</td>
<td>Sage advice (and gags) for those entering their senior years.</td>
<td>$16.95</td>
<td>9781942934662</td>
<td>Trade Paper</td>
<td>240 pages</td>
<td>5 x 8</td>
</tr>
<tr>
<td>For Those with Empty Arms</td>
<td>Emily Harris Adams</td>
<td>A beautiful collection of poems and essays on infertility.</td>
<td>$16.95</td>
<td>9781938301926</td>
<td>Trade Paper</td>
<td>218 pages</td>
<td>6 x 9</td>
</tr>
<tr>
<td>A Couple’s Guide to Happy Retirement</td>
<td>Sara Yogev, PhD</td>
<td>A Couple’s Guide to Happy Retirement is the most comprehensive book devoted entirely to relationship issues in retirement.</td>
<td>$18.95</td>
<td>9781938301124</td>
<td>Trade Paper</td>
<td>256 pages</td>
<td>6 x 9</td>
</tr>
<tr>
<td>Ironmom</td>
<td>Mette Harrison</td>
<td></td>
<td>$17.95</td>
<td>9781938301339</td>
<td>Trade Paper</td>
<td>216 pages</td>
<td>6 x 9</td>
</tr>
<tr>
<td>Body Fit</td>
<td>Greg Marshall</td>
<td>Sage advice (and gags) for those entering their senior years.</td>
<td>$16.95</td>
<td>9781942934662</td>
<td>Trade Paper</td>
<td>240 pages</td>
<td>5 x 8</td>
</tr>
<tr>
<td>Refined by Fire</td>
<td>Mary Potter Kenyon</td>
<td>With foreword by Cecil Murphey, Refined by Fire chronicles a personal faith journey that offers hope and encouragement to anyone grieving.</td>
<td>$16.95</td>
<td>9781938301926</td>
<td>Trade Paper</td>
<td>218 pages</td>
<td>6 x 9</td>
</tr>
<tr>
<td>I Have Cancer, Now What?</td>
<td>Carson and Cindy Boss</td>
<td>Everything you and your family need to know on your journey with cancer.</td>
<td>$15.99</td>
<td>9781945547065</td>
<td>Trade Paper</td>
<td>156 pages</td>
<td>6 x 9</td>
</tr>
<tr>
<td><strong>FAIL BRILLIANTLY</strong>&lt;br&gt;Fail Brilliantly proposes a radical shift: erase the word and concept of failure from the realms of education and human endeavors. Replace it with new words and concepts. This shift in position has the potential to transform our lives and ultimately reshape our definition of success.</td>
<td>Shelley Davidson and Paul Williams</td>
<td></td>
<td>$18.99</td>
<td>9781945547256</td>
<td>Trade Paper</td>
<td>192 pages</td>
<td>6 x 9</td>
</tr>
<tr>
<td><strong>Deployed</strong>&lt;br&gt;In the face of extended war, record-high divorces, and combat stress, professional on-base counselor Dr. Stanley Hall gives answers and directions for wading through it all and finding more happiness and success in your military family than you ever imagined.</td>
<td>Stanley Hall, PhD</td>
<td></td>
<td>$14.95</td>
<td>9781938301674</td>
<td>Trade Paper</td>
<td>218 pages</td>
<td>6 x 9</td>
</tr>
<tr>
<td><strong>ON LOSS AND LIVING ONWARD</strong>&lt;br&gt;After experiencing the loss of her firstborn son, Melissa Dalton-Bradford thrust herself into literature searching for those who have experienced similar, devastating loss. What she found was comfort and the faith to face her own life without him. On Loss and Living Onward compiles the best resources to guide the living through the process of grief.</td>
<td>Melissa Dalton-Bradford</td>
<td></td>
<td>$17.95</td>
<td>9781938301926</td>
<td>Trade Paper</td>
<td>280 pages</td>
<td>6 x 9</td>
</tr>
<tr>
<td><strong>Becoming Free</strong>&lt;br&gt;Step-by-step guide to help women live a rich, abundant life.</td>
<td>Christy Monson</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>New Tricks for Old Dogs</strong>&lt;br&gt;Sage advice (and gags) for those entering their senior years.</td>
<td>Gene Perret</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>For Those with Empty Arms</strong>&lt;br&gt;A beautiful collection of poems and essays on infertility.</td>
<td>Emily Harris Adams</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>The Family Guide to Aging Parents</strong>&lt;br&gt;Covering everything from legal issues to what to do when your aging parent still wants to drive, The Family Guide to Aging Parents provides comprehensive, clear counsel to adults of the boomer generation now caring for their aging parents.</td>
<td>Carolyn L. Rosenblatt, RN, Attorney, Mediator</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Ironmom</strong>&lt;br&gt;With foreword by Cecil Murphey, Refined by Fire chronicles a personal faith journey that offers hope and encouragement to anyone grieving.</td>
<td>Mary Potter Kenyon</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Body Fit</strong>&lt;br&gt;Sage advice (and gags) for those entering their senior years.</td>
<td>Greg Marshall</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Refined by Fire</strong>&lt;br&gt;With foreword by Cecil Murphey, Refined by Fire chronicles a personal faith journey that offers hope and encouragement to anyone grieving.</td>
<td>Mary Potter Kenyon</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
The 7 Wonders of Olive Oil

Alice Alech and Cécile Le Galliard

The 7 Wonders of Olive Oil reveals seven amazing health benefits of olive oil, the role olive oil plays in the Mediterranean diet, and tips for cooking with, buying, and storing the green nectar.

With detailed research from doctors and nutritionists around the globe, The 7 Wonders of Olive Oil reveals seven amazing health benefits of olive oil, the role olive oil plays in the Mediterranean diet, and tips for cooking with, buying, and storing the green nectar.

The 5 Essays You Must Master to Be College Ready

Laura Torres

The 5 Essays You Must Master to Be College Ready includes lessons, tips, and organizational guides for writing clear and compelling essays. Torres walks students through the complete writing process, from outlining to revising and ultimately evaluating their work (with provided grading rubrics).

From New York Times #1 Bestselling Authors Richard and Linda Eyre

Richard and Linda Eyre are New York Times #1 bestselling authors whose writing career has spanned four decades and whose books have sold in the millions. They have appeared on virtually all major national talk shows including Oprah and Today, and have seen their books translated into dozens of languages. They write a syndicated weekly newspaper column and currently spend most of their time traveling and speaking to audiences throughout the world on families, parenting, and life-balance.

SHELTER

Shelter

Wayne Bingham

After being trained and practicing conventional glass, steel, and concrete architecture for thirty years, an award-winning architect discovers the concept of sustainable living and embarks on a journey that ends with his own strawbale home at the foot of the Grand Tetons.

The S Half-Diet Diet

Richard Eyre, foreword by Dr. Nadi Wolf

The weight-loss solution? Eat half. Too easy? No! But worthwhile. Richard provides the program to accomplish your weight-loss goals by taming your physical, mental, and spiritual appetites.

Richard and Linda Eyre

Eating half is not just for losing weight, but also for finding the balance you need to achieve lifelong health. This easy-to-follow plan makes any diet go farther, and offers insight into the joy of eating.

The Thankful Heart

Richard and Linda Eyre

In this beautifully illustrated book, we find the opportunity to consciously feel gratitude. Includes actionable ideas for every month plus striking color photography.

The Turning

Richard and Linda Eyre

In one of their most important books to date, Richard and Linda Eyre examine the connections between the world's mounting social problems and the breakdown of families and look deeply at the root causes of family disintegration. Foreword by Clayton Christensen, New York Times bestselling author of The Innovator's Dilemma.
Meet Rosalinda Oropeza Randall

Rosalinda Oropeza Randall is a modern-day pundit on tact and civility. Her tips have been featured on television and in numerous publications, including Forbes, Glamour, The Business Journals, Business News Daily, and more.

Don’t Burp in the Boardroom

With her sometimes sassy and playful answers, Rosalinda Randall shows how easy it is to build a sparkling professional reputation by knowing how to handle workplace dilemmas. Includes quizzes, hilarious anecdotes, Q&A, illustrations, and inside tabs for handy reference.

$18.95     ISBN-13: 9781939629357
Trade Paper; 378 pages; 5 X 8; illustrations throughout

Red Zone, Blue Zone

James Osterhaus, Joseph Jankowski, and Todd Hahn

Red Zone, Blue Zone provides key concepts on how personal and organizational conflict are foundational opportunities that, when navigated skillfully, lead to personal growth and organizational health. A key book for business leaders.

$15.95     ISBN-13: 9781939629630
Trade Paper; 166 pages; 5.5 X 8.5

Intentional Conversations

Ken Tucker

Using six steps and a “SECRET” formula, international speaker and Fortune 500 strategist Ken Tucker provides a practical and easy-to-use process for turning normal, everyday workplace conversations into career-enhancing and life-transforming opportunities.

Trade Paper; 156 pages; 6 X 9

Intentional Relationships

Ken Tucker

Every day, our actions are structured by our relationships. How can we make important relationships stronger? And how can we avoid unhealthy relationships? From Fortune 500 consultant Ken Tucker, Intentional Relationships answers these questions and more in a surprising, life-changing, and career-enhancing way.

Trade Paper; 173 pages; 6 X 9

Leadership Vertigo

S. Max Brown and Tanveer Naseer

When your brain sends you false signals that everything in your organization is okay when it is not, we call this phenomenon Leadership Vertigo. Leadership Vertigo will help you to understand how you can counter these bouts of self-deception by employing four Leadership Landmarks—Community, Competence, Credibility, and Compassion—to get your team back on course.

Trade Paper; 154 pages; 5.5 X 8.5

The Ravenous Gown

Steffani Raff

In a world obsessed with outward appearances, The Ravenous Gown inspires women of all ages to discover the power within. This book of new fairy tales turns the classic pretty-princess, damsel-in-distress on its head and broadens the view of who women are and what they can become.

$15.95     ISBN-13: 9781939629593
Trade Paper; 196 pages; 5 X 8

The Lost Art of Ladyhood

Jessie Funk

Happiness does not come from revealing all your skin or going clubbing every weekend where you get so drunk you don’t remember who you kissed. Happiness comes from living a life of character. The Lost Art of Ladyhood is a road map for young women to navigate their way to confidence and class. Includes QR codes to videos from Jessie.

$18.95     ISBN-13: 9781939629388
Trade Paper; 302 pages; 5 X 8

Stressed Out! For Teens

Ben Bernstein, PhD

In this new book by Dr. Ben Bernstein, author of Test Success, Dr. Bernstein (Dr. B.) uncovers the key principles for success, whether in academics, sports, music, family life, work, or life in general. Dr. Bernstein teaches how teenagers can harness their potential, manage their stress, and achieve their highest objectives.

$18.95     ISBN-13: 9781939629395
Trade Paper; 270 pages; 6 X 9

My Name Is Cool

Antonio Sacre

Using his own personal history and telling the stories that audiences across the nation have found so captivating, award-winning storyteller and author Antonio Sacre weaves the Spanish language, Cuban and Mexican customs, and Irish humor into an unforgettable book of humor and inspiration for teens across all cultural boundaries.

Trade Paper; 170 pages; 5 X 8
Finding Family
Richard Hill
Finding Family: My Search for Roots and the Secrets in My DNA is the highly suspenseful account of an adoptee trying to reclaim the biological family denied him by sealed birth records. This fascinating quest, including the author’s landmark use of DNA testing, takes readers on an exhilarating roller-coaster ride and concludes with a twist that rivals the author’s landmark use of DNA testing, records. This fascinating quest, including biological family denied him by sealed birth

Trade Paper; 304 pages; 6 X 9

Secrets in My DNA
Finding Family: My Search for Roots and the
Richard Hill

Global Mom
Melissa Dalton-Broadfield
After more than twenty years living internationally—sixteen addresses, eight countries, and five different languages—writer Melissa Broadfield shares a fantastic journey of motherhood that will inspire any family. Follow this family of six on their passage—extraordinary, hilarious, and heartbreakingly poignant—from Bright Lights (of New York City) to the Northern Lights (of Norway).

Trade Paper; 222 pages; 6 X 9

A Land Twice Promised
Noa Baum
A Land Twice Promised delves into the heart of one of the world’s most enduring and complex conflicts. Baum’s deeply personal memoir recounts her journey from girlhood in post-Holocaust Israel to her adult encounter with “the other.” With honesty, compassion, and humor, she captures the drama of a nation at war and her discovery of humanity in the enemy.

Trade Paper; 340 pages; 6 X 9
$18.95 ISBN-13: 9781942934493

The Soul of My Soldier
Abigail B. Calkin
Author and poet Abigail B. Calkin shares a fantastic journey of mothering a child who suffers from Asperger’s, a firsthand account of mothering anyone who’s ever had to let go of a dream.

Trade Paper; 184 pages; 6 X 9

Crystal Puzzle
Ashley Nance
A delightful and true story of growing up with a sister with Asperger’s, Crystal Puzzle chronicles powerful family experiences from the realization that there was something different about her sister through the hopes and joys and challenges of school to eventual independence.

Trade Paper; 222 pages; 6 X 9

Chemo-Therapist: How Cancer Cured a Marriage details the journey that a diagnosis of cancer brings to a marriage and a family with young children. More than that, it is a moving testament of a marriage and love renewed by a shared experience with a life-threatening illness.

Trade Paper; 184 pages; 6 X 9

Evolution of Cocoons
Janna Vought
Evolution of Cocoons is a firsthand account of mothering a child who suffers from debilitating mental and developmental illnesses. It is an honest, brutal, introspective, and searching look into a life changed by a child’s unbalanced mind and a mother’s search for strength.

Trade Paper; 154 pages; 6.5 X 6.5

Mary & Me
Mary Potter Kenyon and Mary Jedlicka
Mary & Me explores a thirty-year friendship between two women, tethered together by volunteer work from New York City to the Northern Lights (of Norway). Their friendship includes a shared experience with a life-threatening illness.

Trade Paper; 360 pages; 6 X 9

Where There’s Smoke, There’s Dinner
Regi Carpenter
Where There’s Smoke, There’s Dinner is a story of food for the 21st century.

Trade Paper; 348 pages; 6 X 9

52 Weeks of Cookies
Maggie McCreath
52 Weeks of Cookies is a story of family love during a member’s deployment, with all the fear, grief, laughter, gratitude, and joy that came with it. It includes a collection of 52 original cookie recipes, curated specifically for military care packages.

Trade Paper; 348 pages; 6 X 9

Cooked Raw
Matthew Kenney
An expansive, entertaining memoir that tells the story of how Matthew Kenney transitioned from a mainstream celebrity chef in New York to a pioneer of plant-based cuisine and his mission to change the way the world eats and thinks about food.

Trade Paper; 242 pages; 6 X 9

Global Mom
Melissa Dalton-Broadfield
After more than twenty years living internationally—sixteen addresses, eight countries, and five different languages—writer Melissa Broadfield shares a fantastic journey of motherhood that will inspire any family. Follow this family of six on their passage—extraordinary, hilarious, and heartbreakingly poignant—from Bright Lights (of New York City) to the Northern Lights (of Norway).

Trade Paper; 222 pages; 6 X 9

A Land Twice Promised
Noa Baum
A Land Twice Promised delves into the heart of one of the world’s most enduring and complex conflicts. Baum’s deeply personal memoir recounts her journey from girlhood in post-Holocaust Israel to her adult encounter with “the other.” With honesty, compassion, and humor, she captures the drama of a nation at war and her discovery of humanity in the enemy.

Trade Paper; 340 pages; 6 X 9
$18.95 ISBN-13: 9781942934493

The Soul of My Soldier
Abigail B. Calkin
Author and poet Abigail B. Calkin shares a fantastic journey of mothering a child who suffers from Asperger’s, a firsthand account of mothering anyone who’s ever had to let go of a dream.

Trade Paper; 184 pages; 6 X 9

Crystal Puzzle
Ashley Nance
A delightful and true story of growing up with a sister with Asperger’s, Crystal Puzzle chronicles powerful family experiences from the realization that there was something different about her sister through the hopes and joys and challenges of school to eventual independence.

Trade Paper; 222 pages; 6 X 9

Chemo-Therapist: How Cancer Cured a Marriage details the journey that a diagnosis of cancer brings to a marriage and a family with young children. More than that, it is a moving testament of a marriage and love renewed by a shared experience with a life-threatening illness.

Trade Paper; 184 pages; 6 X 9

Evolution of Cocoons
Janna Vought
Evolution of Cocoons is a firsthand account of mothering a child who suffers from debilitating mental and developmental illnesses. It is an honest, brutal, introspective, and searching look into a life changed by a child’s unbalanced mind and a mother’s search for strength.

Trade Paper; 154 pages; 6.5 X 6.5

Mary & Me
Mary Potter Kenyon and Mary Jedlicka
Mary & Me explores a thirty-year friendship between two women, tethered together by volunteer work from New York City to the Northern Lights (of Norway). Their friendship includes a shared experience with a life-threatening illness.

Trade Paper; 360 pages; 6 X 9

Where There’s Smoke, There’s Dinner
Regi Carpenter
Where There’s Smoke, There’s Dinner is a story of food for the 21st century.

Trade Paper; 348 pages; 6 X 9

52 Weeks of Cookies
Maggie McCreath
52 Weeks of Cookies is a story of family love during a member’s deployment, with all the fear, grief, laughter, gratitude, and joy that came with it. It includes a collection of 52 original cookie recipes, curated specifically for military care packages.

Trade Paper; 348 pages; 6 X 9
Color Me Your Way

Starter back in 2011 by author-artist Pamela Smart, Color Me Your Way is the original adult coloring book series. Its oversized format, spiral binding, acid-free art paper, hidden images throughout, and million of copies sold make Color Me books still among the best in their class.

Color Me Your Way
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 2
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 3
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 4
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me Your Way 5
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Dressing the Naked Hand
Amy White, Mark H. Pulham, and Dallin Blankenship
With tons of color photographs and a DVD with over 2 hours of hilarious instructional videos, this is the perfect how-to-book for all levels of puppetry, from beginners to master artisans. With instructions on making hand puppets, turning stuffed animals into puppets, building mechanical puppets, finding accessories, performing, inventing voices, building stages, and more, this is the most comprehensive book of its kind. And with jokes and puppet humor throughout, it’s not just a handbook—it’s a joy to read!

Color Me Your Way
Sterns back in 2011 by author-artist Pamela Smart, Color Me Your Way is the original adult coloring book series. Its oversized format, spiral binding, acid-free art paper, hidden images throughout, and million of copies sold make Color Me books still among the best in their class.

Color Me Your Way
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 2
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 3
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 4
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me Your Way 5
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Dressing the Naked Hand
Amy White, Mark H. Pulham, and Dallin Blankenship
With tons of color photographs and a DVD with over 2 hours of hilarious instructional videos, this is the perfect how-to-book for all levels of puppetry, from beginners to master artisans. With instructions on making hand puppets, turning stuffed animals into puppets, building mechanical puppets, finding accessories, performing, inventing voices, building stages, and more, this is the most comprehensive book of its kind. And with jokes and puppet humor throughout, it’s not just a handbook—it’s a joy to read!

Color Me Your Way
Sterns back in 2011 by author-artist Pamela Smart, Color Me Your Way is the original adult coloring book series. Its oversized format, spiral binding, acid-free art paper, hidden images throughout, and million of copies sold make Color Me books still among the best in their class.

Color Me Your Way
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 2
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 3
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 4
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me Your Way 5
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Dressing the Naked Hand
Amy White, Mark H. Pulham, and Dallin Blankenship
With tons of color photographs and a DVD with over 2 hours of hilarious instructional videos, this is the perfect how-to-book for all levels of puppetry, from beginners to master artisans. With instructions on making hand puppets, turning stuffed animals into puppets, building mechanical puppets, finding accessories, performing, inventing voices, building stages, and more, this is the most comprehensive book of its kind. And with jokes and puppet humor throughout, it’s not just a handbook—it’s a joy to read!

Color Me Your Way
Sterns back in 2011 by author-artist Pamela Smart, Color Me Your Way is the original adult coloring book series. Its oversized format, spiral binding, acid-free art paper, hidden images throughout, and million of copies sold make Color Me books still among the best in their class.

Color Me Your Way
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 2
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 3
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 4
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me Your Way 5
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Dressing the Naked Hand
Amy White, Mark H. Pulham, and Dallin Blankenship
With tons of color photographs and a DVD with over 2 hours of hilarious instructional videos, this is the perfect how-to-book for all levels of puppetry, from beginners to master artisans. With instructions on making hand puppets, turning stuffed animals into puppets, building mechanical puppets, finding accessories, performing, inventing voices, building stages, and more, this is the most comprehensive book of its kind. And with jokes and puppet humor throughout, it’s not just a handbook—it’s a joy to read!

Color Me Your Way
Sterns back in 2011 by author-artist Pamela Smart, Color Me Your Way is the original adult coloring book series. Its oversized format, spiral binding, acid-free art paper, hidden images throughout, and million of copies sold make Color Me books still among the best in their class.

Color Me Your Way
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 2
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 3
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me 4
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Color Me Your Way 5
Spiral bound; 26 pages; Shrink-wrapped; Acid-free art paper

Dressing the Naked Hand
Amy White, Mark H. Pulham, and Dallin Blankenship
With tons of color photographs and a DVD with over 2 hours of hilarious instructional videos, this is the perfect how-to-book for all levels of puppetry, from beginners to master artisans. With instructions on making hand puppets, turning stuffed animals into puppets, building mechanical puppets, finding accessories, performing, inventing voices, building stages, and more, this is the most comprehensive book of its kind. And with jokes and puppet humor throughout, it’s not just a handbook—it’s a joy to read!
FICTION

Christmas Wonders
Robyn Buttars
“Have a wonder-filled Christmas,” people in Luke’s new hometown greet one another as Christmas approaches. With no memory of a Christmas celebration, ten-year-old Luke feels excluded from the town’s tradition until he finds his deceased mother’s nativity set. His discovery is the catalyst for a search that leads to a soul-changing season for neighbors as Luke finds his connection to heavenly love.

$18.95 ISBN-13: 9781942934059
Hardcover with jacket and gold embossing; 136 pages; 5 X 8

Going on Nine
Catherine Underhill Fitzpatrick
A coming-of-age summer adventure in a 1950s neighborhood.

Trade Paper; 284 pages; 6 X 9

The Carolyne Letters
Abigail B. Calkin
The fictional journal of a girl who must choose to abort, keep, or give her child up for adoption.

Trade paper; 230 pages; 6 X 9

COOKING

The Great American Family Reunion Cookbook
Lori Nawyn
With more than 150 recipes from all 50 states, this is a coast-to-coast adventure for the most important element of any reunion—the food.

Trade Paper, 298 pages; 7.5 X 9.25

The Stevia Solution Cookbook
Caleb Warnock
With over sixty full-color recipes and information on how to grow, buy, and use stevia in everyday cooking, The Stevia Solution Cookbook is the comprehensive guide to this dynamic sweetener.

Paperback with flaps; 160 pages; 7.5 X 9.75; full-color photography throughout

The Space Hero Cookbook
Lori Nawyn
The unassuming pear steals home plate with its flavor and versatility.

Paperback with flaps; 160 pages; 7.5 X 9.75; full-color photography throughout

The Pear Aficionado
Lori Nawyn
With 100 recipes from across the country, PEAChy shines new light on an old favorite.

Trade Paper; 158 pages; 6 X 9

Coconut Kitchen
Meredith Baird
Coming with Nature’s Most Miraculous Superfood

Paperback with flaps; 160 pages; 7.5 X 9.75; full-color photography throughout

The Mix-and-Match Lunchbox
Britney Rule and Cherie Schetselaar

Paper over board, covered spiral binding; 80 split pages; 7.25 x 11.5; full-color photography throughout

The Cancer-Fighting Cook
Richard Lombardi

Full-color, covered spiral binding, tabbed recipe sections, enclosed notepad
**Daily Motherhood**
*Familius*
$15.99  
ISBN: 9781940934037  
Hardcover with pocket and ribbons; 358 pages; 6 1/8 X 9 1/4, full-color throughout

**Daily Mindfulness**
*Familius*
$15.99  
ISBN: 9781940825455  
Hardcover with jacket and ribbons; 356 pages; 6 1/8 X 9 1/4, full-color throughout

**The Thankful Heart**
*Richard and Linda Eyre*
$24.95  
ISBN: 9781946294001  
Hardcover with jacket; Full-color, fully illustrated interior; 176 pages; 9 X 9

---

**Ages 12+**

**Wizard of Oz**
Illustrations by Rebecca Sorge
6.25; full-color throughout  
Hardcover with jacket and ribbon; 368 pages; 6.25 X 9.25, 144 pages  
Price: $16.99 (USD)

**Beast**
6.25; full-color throughout  
Paperback with flaps; 3-color interior with cartoon illustrations; 184 pages; 6 X 6  
Price: $12.99 (USD)

**Alice’s Adventures in Wonderland**
6.25; full-color throughout  
Paperback with flaps; 3-color interior with cartoon illustrations; 188 pages; 6 X 6  
Price: $24.95 (USD)

**Beauty and the Beast**
Illustrations by Rebecca Sorge
6.25; full-color throughout  
Hardcover with jacket and ribbon; 368 pages; 6.25 X 9.25, 144 pages  
Price: $19.99 (USD)

---

**Life Without Blinders Is Beautiful**
Life Without Blinders is an inspiring, thought-provoking invitation to step out of the darkness and discover the abundant beauty hidden in this crazy, messy, wonderful world. Each spread features one of over 30 stirring questions accompanied by an image covered with a die-cut blinders window. Flip off the blinders window, and you’ll see what’s really true.

ISBN: 9781945547492  
Price: $16.99 (USD)

**The Cheapskate’s Handbook**
Skinflint Mufflin Lowe invites fellow cheapskates to come out of the closet in a celebration of all things free, complimentary, pro bono, and if need be, cheap. With advice on everything from avoiding generous impulses to creatively banning off your neighbors, plus delightful watercolor illustrations and Mufflin’s own “Miser’s Aptitude Test,” The Cheapskate’s Handbook will have you laughing and saving money at the same time. What a deal!

ISBN: 9781945547454  
Price: $12.99 (USD)

**Fairy Village**
Step into the world of fairies and little folk like never before with this unprecedented collection of magical miniature scenes and objects made entirely from moss, bark, flowers, and other objects found in nature.

ISBN: 9781945547866  
Price: $24.99 (USD)  
Paper over board  
Hardcover, gold foil detalls, faux leather spine, large gatefold featuring the complete fairy village scene, 11 25 X 9 25, 160 pages

---

**Tips on Tipping**
This delightful book is the ultimate guide to what you should leave as a tip. These can be automatically estimated by a service using the iPhone app or the following charts.

<table>
<thead>
<tr>
<th>Reason</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Order is correct</td>
<td>0%</td>
</tr>
<tr>
<td>2. No Errors in check</td>
<td>0%</td>
</tr>
<tr>
<td>3. Waiter or waitress actually loses an arm or leg while serving you</td>
<td>20%</td>
</tr>
<tr>
<td>4. “Baristas” are concerned, are you kidding me? It’s 20%. As far as “baristas” are concerned, never tip them 15%, let alone, God forbid, 20%. Unless a waiter or waitress actually loses an arm or leg while serving you, there’s no reason to tip them anything.</td>
<td>0%</td>
</tr>
<tr>
<td>5. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>6. Tip is not in your favor.</td>
<td>20%</td>
</tr>
<tr>
<td>7. Tip is not a tip but also not in your favor.</td>
<td>20%</td>
</tr>
<tr>
<td>8. Tip is not a tip but also not in your favor and if need be, cheap. With advice on everything from avoiding generous impulses to creatively banning off your neighbors, plus delightful watercolor illustrations and Mufflin’s own “Miser’s Aptitude Test,” The Cheapskate’s Handbook will have you laughing and saving money at the same time. What a deal!</td>
<td>0%</td>
</tr>
<tr>
<td>9. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>10. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>11. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>12. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>13. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>14. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>15. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>16. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>17. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>18. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>19. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>20. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>21. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>22. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>23. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>24. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>25. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>26. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>27. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>28. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>29. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
<tr>
<td>30. Tip is a tip and not a joke shop.</td>
<td>0%</td>
</tr>
</tbody>
</table>

---

**Puzzle Masterpieces**
Illustrations by Rebecca Sorge
Beloved classics receive new life in this exciting new series of Puzzle Masterpieces™. Packaged in each beautiful, book-shaped keepsake box is a gorgeously detailed 500-piece puzzle (tucked in a handy box of its own) and a copy of the favorite classic book. Alice’s Adventures in Wonderland, Beauty and the Beast, and The Wonderful Wizard of Oz, have never been so beautiful—or so fun. Ages 12+

**Alice’s Adventures in Wonderland**
ISBN: 978194082538  
Price: $19.99 (USD)

**Beauty and the Beast**
ISBN: 9781940825293  
Price: $19.99 (USD)

**The Wonderful Wizard of Oz**
ISBN: 978194082514  
Price: $19.99 (USD)

---

**Tennis and Life**
*Richard Eyre*
$16.95  
ISBN: 9781940934448  
Hardcover with embossed jacket; Full-color photography and design throughout; 144 pages; 7 7/8 X 9 3/4

---

**I Don’t Care If It’s a Boy or a Girl So Long as It’s Deductible**
*Gene Perret and Linda Perret*
$12.99  
ISBN: 9781944822880  
Paperback with flaps; 3-color interior with cartoon illustrations; 146 pages; 6 X 6

---

**Being Pregnant is Like Having Company for Nine Months**
*Gene Perret and Linda Perret*
$12.99  
ISBN: 9781944822973  
Paperback with flaps; 3-color interior with cartoon illustrations; 144 pages; 6 X 6
The Quotable Series
Each book features a collection of quotes from the world's greatest minds and writers.

If It Sits, I Licks
Erika Riggs
Hardcover with jacket; 152 pages; 7.25 x 7.25; full color throughout

If It Fits, I Sits
Brooke Jorden
$15.95 | ISBN-13: 9781942934394
Paperback with rounded corners; 212 pages; 5.5 x 8.5; 1-color interior

A Beauty Collected
Rachel Carabas
Textured hardcover with gold foil embellishments and linenized endpapers; 192 pages; 7.25 x 9.75; full-color photography

523 Ways to Be Awesome
Paperback with rounded corners; 224 pages; 5.5 x 8.5; 2-color interior

Bucket of Awesome
Paperback with rounded corners; 212 pages; 5.5 x 8.5; 2-color interior

Inner Awesome Book Display
Ships with five copies of each title.

GIFTS / HUMOR

Drop of Awesome
Trade Paper; 200 pages; 5 x 8

Wisdom for Dad
Hugh Weber
Paper-over-board, die-cut cover with foil and debossing; 2-color interior; 184 pages; 5 x 8

Mother Always Knows Best (At Least According to Her)
Paper-over-board, die-cut cover with foil and debossing; 2-color interior; 184 pages; 5 x 8

Old Age Is the Absence of Youth (and a Lot of Other Things)
Paper-over-board, die-cut cover with foil and debossing; 2-color interior; 184 pages; 5 x 8

Be: Inspired
Trish Madison, Natalie Hoopes
Paper over-board book with gold foil; Includes 12 stickers and 3 quote cards in vellum envelope; 208 pages; 6.25 x 6.25; 2-color interior

Be: Brave
Trish Madison, Natalie Hoopes
Paper over-board book with gold foil; Includes 12 stickers and 3 quote cards in vellum envelope; 208 pages; 6.25 x 6.25; 2-color interior

The Quotable Parent
Joel Weiss and John Weiss
Trade Paper; 132 pages; 5 x 8

The Quotable Mom
Familius
Trade Paper; 130 pages; 5 x 8

The Quotable Dad
Familius
Trade Paper; 130 pages; 5 x 8

The Quotable Scouter
Edith Songer
Trade Paper; 108 pages; 5 x 8

Teachers’ Lessons Last a Lifetime (Or at Least Until the Next Exam)
Paper over-board, die-cut cover with foil and debossing; 2-color interior; 184 pages; 5 x 8

Mix-and-Match Joke Book Display
Holds eight copies. Ships empty with order.
**Lit for Little Hands™: Pride and Prejudice**
Adapted by Brooke Jorden, Illustrations by David Miles
Filled with interactive wheels and pull-tabs and lavishly illustrated, Lit for Little Hands: Pride and Prejudice is an unprecedented kid's introduction to Jane Austen's beloved classic novel. Unlike many board books that tackle the classics, Lit for Little Hands tells the actual story in simple, engaging prose. Gorgeous pastoral illustrations transport the reader to the fields and estates of Lizzy's England, while tons of interactive elements invite kids to spin the dancers at the ball, care for Jane, open a shocking letter, and more! Austen fans will be delighted by the book's attention to detail and clever use of original dialog. And the book's use of super-sturdy board means everyone can enjoy this tale of wit and romance over and over and over and over again!

Board book with interactive wheels, sliders, and rockers; 16 pages; 6.5 X 7.5

**Tug a Tail™**

Every kid wants to pull an animal's tail—and now they can! Discover which farm animals and dogs belong to each tail when you pull the tail tabs to slide each page open and reveal a hidden image. Interactive, sturdy, and bursting with the cutest animals we could find, Tug a Tail™ Farm and Dogs finally make it okay to pull those tails!

**Tug a Tail™ Farm**
Board book with tabbed, split pages that slide to reveal hidden images; 12 pages; 8 X 7

**Tug a Tail™ Dogs**
Board book with tabbed, split pages that slide to reveal hidden images; 12 pages; 8 X 7

**Lit for Little Hands™: Pride and Prejudice**
Adapted by Brooke Jorden, Illustrations by David Miles
Filled with interactive wheels and pull-tabs and lavishly illustrated, Lit for Little Hands: Pride and Prejudice is an unprecedented kid's introduction to Jane Austen's beloved classic novel. Unlike many board books that tackle the classics, Lit for Little Hands tells the actual story in simple, engaging prose. Gorgeous pastoral illustrations transport the reader to the fields and estates of Lizzy's England, while tons of interactive elements invite kids to spin the dancers at the ball, care for Jane, open a shocking letter, and more! Austen fans will be delighted by the book's attention to detail and clever use of original dialog. And the book's use of super-sturdy board means everyone can enjoy this tale of wit and romance over and over and over and over again!

Board book with interactive wheels, sliders, and rockers; 16 pages; 6.5 X 7.5

**Tug a Tail™**

Every kid wants to pull an animal's tail—and now they can! Discover which farm animals and dogs belong to each tail when you pull the tail tabs to slide each page open and reveal a hidden image. Interactive, sturdy, and bursting with the cutest animals we could find, Tug a Tail™ Farm and Dogs finally make it okay to pull those tails!

**Tug a Tail™ Farm**
Board book with tabbed, split pages that slide to reveal hidden images; 12 pages; 8 X 7

**Tug a Tail™ Dogs**
Board book with tabbed, split pages that slide to reveal hidden images; 12 pages; 8 X 7
CHILDREN

The Boy Who Loved the Moon
Rino Alaimo
Hardcover with jacket; Embossing and gold-foil embellishments on jacket; 32 pages; 10 X 10

Full of Empty
Tim J. Myers, Priscilla Myers, Rebecca Sorge
Hardcover with jacket, Embossing and gold-foil embellishments on jacket; 32 pages; 8 X 10

The Great and the Grand
Benjamin Fox, illustrations by Elizabeth Robbins
Hardcover with jacket and gold foil embossing; 32 pages; 8 X 10

The Very Cold, Freezing, No-Number Day
Ashley Sorenson, illustrations by David Miles
Hardcover with jacket; 32 pages; 9 X 8

Ants ‘N’ Uncles
Clay Rice
Hardcover with jacket; 32 pages; 8 X 10

The Stick
Clay Rice
Hardcover with jacket; 32 pages; 8 X 10

Mama, Let’s Make a Moon
Clay Rice
Hardcover with jacket; 32 pages; 8 X 10

The Lonely Shadow
Clay Rice
Hardcover with jacket; 44 pages; 8 X 10

The Everything Princess Book
Barbara Berry, Brooke Jorden, Michele Robbins, David Miles, with illustrations by Rebecca Sorge
Paper over board, covered spiral binding, elaborate gold foil and embossing; 160 pages; 7.75 X 10; full-color photography

The Ultimate Guide to Being a Superhero
Barbara Berry, Brooke Jorden, David Miles, with illustrations by Jeff Harvey
Paper over board, covered spiral binding, elaborate gold foil and embossing; 160 pages; 7.75 X 10; full-color photography

Shakespeare for Kids
Familius
Slip-cased set of 5 books; Trade Paper; 64 pages each; 5 X 8

Noah’s Ark
David Miles
Foam book with removable “Look and Find” pieces; 10 pages; 6 X 7.75

The Creation
David Miles
Foam book with removable “Look and Find” pieces; 10 pages; 6 X 7.75

Marvin’s Monster Diary: ADHD Attacks! (But I Rock It, Big Time)
Raun Melmed, Annette Sexton, Jeff Harvey
Trade Paper; 106 pages; 5 X 8

Timmy’s Monster Diary: Screen Time Stress (But I Tame It, Big Time)
Raun Melmed, Annette Sexton, Jeff Harvey
Trade Paper; 116 pages; 5 X 8

Rude Dude’s Book of Food
Tim J. Myers, Jess Smart Smiley
Trade Paper; 136 pages; 5 X 8
10 Little Monsters

Started by bestselling author Rick Walton, the 10 Little Monsters series is a delicious romp across US cities and states. Kids will be delighted at the discoveries (and demises) of these 10 intrepid—and a bit too curious—explorers!

10 Little Monsters Visit California
Jess Smart Smiley
Hardcover with jacket; 32 pages each; 10 X 10

10 Little Monsters Visit San Francisco
Rick Walton, illustrations by Jess Smart Smiley
Hardcover with jacket; 32 pages each; 10 X 10

10 Little Monsters Visit NYC
Jess Smart Smiley, illustrations by Nate Hardyman
Hardcover with jacket; 32 pages each; 10 X 10

10 Little Monsters Visit Texas
Trish Madson, Nate Hardyman
Hardcover with jacket and spot gloss, 32 pages, 8.75 X 8.75

12 Little Elves Visit Texas
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

12 Little Elves Visit San Francisco
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

12 Little Elves Visit NYC
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

12 Little Elves Visit Oregon
Rick Walton, illustrations by Jess Smart Smiley
Hardcover with jacket; 32 pages each; 10 X 10

12 Little Elves Visit Washington
Rick Walton, illustrations by Jess Smart Smiley
Hardcover with jacket; 32 pages each; 10 X 10

12 Little Elves Visit California
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

12 Little Elves Visit Oregon
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

12 Little Elves Visit Washington
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

12 Little Elves Visit Texas
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

12 Little Elves Visit San Francisco
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

12 Little Elves Visit NYC
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

12 Little Elves Visit Oregon
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

12 Little Elves Visit Washington
Jess Smart Smiley, illustrations by Sadie Han
Hardcover with jacket and spot glitter; 32 pages; 9 X 9

A Very Bunny Arizona
Jeff Harvey
Hardcover with jacket; 32 pages, 9 X 9

A Very Bunny Illinois
Jeff Harvey
Hardcover with jacket; 32 pages, 9 X 9

A Very Bunny Arizona
Jeff Harvey
Hardcover with jacket; 32 pages, 9 X 9
Regional Board Books

Take a field trip around your state with numbers, colors, and letters.

- **A Is for Arizona**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **Let's Count Arizona**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **W Is for Washington**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **Let's Count Washington**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **T Is for Texas**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **Let's Count Texas**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **C Is for Canada**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **Let's Count Canada**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **C Is for California**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **Let's Count California**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **O Is for Oregon**
  - $12.95
  - Board book; 20 pages; 8 X 8

- **Let's Count Oregon**
  - $12.95
  - Board book; 20 pages; 8 X 8

New titles on page 24!