"As a mountaineer, you climb on the shoulders of your predecessors."

Jim Whittaker, first American to summit Everest
CONTENTS

New This Season

3  Legends and Lore
4  New Releases
12  Skipstone
16  Colorado Mountain Club Press

The Library

19  Braided River
20  Skipstone
22  Backcountry Skills
24  First Aid, Rescue, Survival
25  Biking
26  Climbing
30  Colorado Mountain Club Press
32  Hiking/Backpacking Guidebooks
33  American Alpine Club Press
35  Hikingcamping.com Guidebooks
37  Family Activities
38  Multiactivity Guidebooks
38  International Guidebooks
39  Literature
45  Natural History
46  Mac’s Field Guides
47  Photography
48  Water Sports
49  Winter Sports
51  Title Index

Mountaineers Books is the nonprofit 501(c)3
publishing division of The Mountaineers

RECREATION. LIFESTYLE. CONSERVATION.
It’s all about the outdoors.
REMEMBERING MOUNTAINEERING’S
LEGENDS AND LORE

“As a mountaineer, you climb on the shoulders of your predecessors.”
—Jim Whittaker, first American to summit Everest

AMONG THE WORLD’S great athletic endeavors, mountaineering is also one of the rare sports to have a long and cherished literary tradition. Climbers remember their stories, share them, and write them down for future generations to find.

Without Eric Shipton’s pioneering maps of the Himalaya, Hillary probably would not have stood atop Everest. Mountaineers who blazed the bottom few thousand feet of a climbing route cut the trail for those who eventually reached the summit. Climbers who explored altitude’s effects on the human body established knowledge that let others go higher. Those who experimented with types of tools, rock and ice techniques, or styles of protection made it possible for today’s climbers to scale lines faster, more safely, and more efficiently than ever thought possible.

The Mountaineers Books has curated a series of mountaineering histories, biographies, and high-altitude adventures called LEGENDS AND LORE, in order to ensure that mountaineering literature will continue to be widely available to readers everywhere. Published in both print and digital formats, the series already features The Roskelley Collection, three John Roskelley books in one volume; The Mountain of My Fear and Deborah, two Alaska Range classics by David Roberts; Brotherhood of the Rope: The Biography of Charles Houston, a key and beloved figure portrayed by Bernadette McDonald; and Through a Land of Extremes: The Littledales of Central Asia, two little-known explorers brought to light by Nick and Betsy Clinch.

This season we continue the series with four significant titles: A Life on the Edge: Memoirs of Everest and Beyond, by Jim Whittaker; Everest: The West Ridge, by Tom Hornbein; Minus 148°: First Winter Ascent of Mount McKinley, by Art Davidson; and Freedom Climbers: The Golden Age of Polish Climbing, by Bernadette McDonald. The spring of 2013 is an especially propitious time to reintroduce these wonderful stories to the public: In May, we will celebrate the 50th anniversary of the first American summit of Mount Everest as well as the first successful summit via the West Ridge of that mountain. The year 2013 also marks the 100th anniversary of the first ascent of Mount McKinley (or Denali), North America’s highest point.

Mountaineers do climb on the shoulders of those who went before them—broad shoulders with distinctive stories that will continue to be available through LEGENDS AND LORE.
“My father’s greatest living heroes were John Glenn and Jim Whittaker—a physical giant with a huge heart, a decent soul, and inspirational courage. We can all be grateful that Whittaker has finally put his extraordinary life on paper. Whittaker’s story is a riveting saga of high adventure by one of history’s greatest climbers.” — Robert F. Kennedy, Jr.

- Special anniversary edition to commemorate the 50th anniversary of the first American ascent of Mount Everest
- New foreword by Ed Viesturs and a new afterword by the author
- More than 100 photos, including several never-before-published images

In May of 1963 Seattle mountaineer Jim Whittaker stepped into world history by becoming the first American to summit Mount Everest. Fifty years later, he is still regarded as a seminal figure in North American mountaineering, as well as an astute businessman who helped create the outdoor recreation industry.

*A Life on the Edge: Memoirs of Everest and Beyond* is Jim’s courageous, no-punches-pulled autobiography and a look at a peripatetic, sometimes difficult life. Beyond the glory of the Everest summit and his other extraordinary climbing feats, including the first American summit of K2, he openly describes his personal, “everyman” experience of social upheaval in the 1960s and 70s, an early divorce, family strife, a passionate new love later in life, bankruptcy, and business triumphs and losses. Jim tells it all with verve and honesty and, true to his nature, turns every setback into the stage for new adventure. This special 50th anniversary edition celebrates the story of Jim’s life and features a new foreword by Ed Viesturs, as well as a new final chapter that brings readers up-to-date, including details of his trek to Everest Base Camp in 2012 and his son Leif’s recent successful summits of Everest.

Jim Whittaker’s accomplishments are wide and varied: In addition to achieving the first American summit of Everest, Whittaker was the first full-time employee of Recreational Equipment Inc. (REI) and was the company’s CEO until 1978. In 2012, at the age of 83, Whittaker attempted to hike to Everest Base Camp and made it to nearly 17,000 feet. He and his wife, Dianne Roberts, live in Port Townsend, Washington. Find him online at www.jimwhittaker.com.

THOMAS F. HORNBEIN  
NEW FOREWORD BY JON KRAKAUER

EVEREST  
THE WEST RIDGE

AVAILABLE IN APRIL

“Not only did Hornbein play a crucial role in one of the most extraordinary accomplishments in the history of mountaineering, his account of the feat is one of the finest things ever written about this peculiar, hazardous, and uncommonly engaging pursuit.” —Jon Krakauer

- Special anniversary edition to commemorate the 50th anniversary of the first ascent of Mount Everest via the West Ridge
- The West Ridge remains the least attempted and most deadly of recognized routes on Everest.
- In 2012 major media covered two failed expeditions on the West Ridge; both teams are planning to try again in 2013.

In 1963, Jim Whittaker became the first American to summit Everest via the South Col route. Roughly two weeks after Whittaker’s achievement, Tom Hornbein and Willi Unsoeld, fellow American mountaineers on the same expedition, became the first climbers ever to summit the world’s highest peak via the dangerous and forbidding West Ridge—a route on which only a handful of climbers have since succeeded.

This special 50th anniversary edition reintroduces the adventure in a larger format with full-color photographs by members of the expedition, including leader Norman G. Dyhrenfurth and team doctor Jim Lester. In addition to a new foreword by Jon Krakauer, this volume also features a new preface by Hornbein along with a series of prefaces he wrote for earlier editions, including the original from 1965, and a map by Dee Molenaar. Updated bios of all the American Mount Everest Expedition team members, written by climber Broughton Coburn, are now accompanied by contemporary portraits from the expedition.

St. Louis-born Thomas Hornbein has been an avid mountaineer since his early teens, and his climbing adventures range from Washington and Colorado to Pakistan, Nepal, China, and Africa. He was professor and chair of the Department of Anesthesiology at the University of Washington School of Medicine from 1978 to 1993. Today the retired physician lives with his family in Estes Park, Colorado, and is a scientific adviser for Colorado University’s Altitude Research Center. Hornbein continues to climb on local crags.

304 pages, 8¼ x 10, 150 color photos, 1 map, hardbound, $29.95, ISBN 978-1-59485-707-2. SPORTS/MOUNTAINEERING. Rights: W.
Legends and Lore

**ART DAVIDSON**
**INTRODUCTION BY DAVID ROBERTS**

**MINUS 148°**
**FIRST WINTER ASCENT OF MOUNT MCKINLEY**

**AVAILABLE IN MAY**

“This finely crafted adventure tale runs on adrenaline but also something else: brutal honesty.” —*The Wall Street Journal*

“I couldn’t lay it down until it was all finished (12:40 a.m.!) . . . . A fascinating and beautifully-written story.” —Bradford Washburn

- One of *National Geographic Adventure’s* “The 100 Greatest Adventure Books of All Time”
- Spring 2013 marks the 100th anniversary of the first ascent of Mount McKinley
- New edition includes a revised preface, new prologue, and new afterword describing more recent winter attempts on McKinley

In 1967, eight men attempted North America’s highest summit: Mount McKinley (now known as Denali) had been climbed before—but never in winter.

Plagued by doubts and cold, group tension and a crevasse tragedy, the expedition tackled McKinley in minimal hours of daylight and fierce storms. They were trapped at three different camps above 14,000 feet during a six-day blizzard and faced the ultimate low temperature of -148° F.

*Minus 148°* is Art Davidson’s stunning personal narrative, supplemented by diary excerpts from team members George Wichman, John Edwards, Dave Johnston, and Greg Blomberg. Davidson retells the team’s fears and frictions—and ultimate triumph—with an honesty that has made this gripping survival story a mountaineering classic for over 40 years. *Minus 148°* is featured among many “best of” reading lists, including *National Geographic Adventure’s* “The 100 Greatest Adventure Books of all Time.”

“At twenty-two I came to regard the first expedition to Mt. McKinley in the winter as a journey into an unexplored land. No one had lived on North America’s highest ridges in the winter twilight. No one knew how low the temperatures would drop, or how penetrating the cold would be when the wind blew. For thousands of years McKinley’s storms had raged by themselves.” —*Minus 148°*

Art Davidson’s climbing successes in Alaska from 1966–1967 culminated in his epic first winter ascent of Mount McKinley. His book *Minus 148°* has been a mountaineering classic since its first publication in 1969. He lives in Anchorage, Alaska.


2013 is the 100th anniversary of the first ascent of Mount McKinley!
BERNADETTE MCDONALD

FREEDOM CLIMBERS
THE GOLDEN AGE OF POLISH CLIMBING

AVAILABLE IN MARCH

“One of the most important mountaineering books to be written for many years.” —Boardman–Tasker Prize

• Behind the Iron Curtain, Cold War mountaineers found freedom on the world’s highest peaks—and paid an awful price to achieve it.
• Winner of the Boardman–Tasker Prize, Banff Grand Prize, and American Alpine Club Literary Award

Freedom Climbers tells the story of Poland’s truly remarkable mountaineers who dominated Himalayan climbing during the period between the end of World War II and the start of the new millennium. The emphasis here is on their “golden age” in the 1980s and 1990s when, despite the economic and social baggage of their struggling country, Polish climbers were the first to tackle the world’s highest mountains during winter, including the first winter ascents on seven of the world’s fourteen 8000-meter peaks: Everest, Manaslu, Dhaulagiri, Cho Oyu, Kanchenjunga, Annapurna, and Lhotse. Such successes, however, came at a serious cost: 80 percent of Poland’s finest high-altitude climbers died on the high mountains during the same period they were pursuing these first ascents.

Award-winning writer Bernadette McDonald addresses the social, political, and cultural context of this golden age, and the hardships of life under Soviet rule. Polish climbers, she argues, were so tough because their lives at home were so tough—they lost family members to World War II and its aftermath and were so much more poverty-stricken than their Western counterparts that they made much of their own climbing gear. While Freedom Climbers tells the larger story of an era, McDonald shares charismatic personal narratives such as that of Wanda Rutkiewicz, expected to be the first woman to climb all 8000-meter peaks until she disappeared on Kanchenjunga in 1992; Jerzy Kukuczka, who died in a fall while attempting the south face of Lhotse; and numerous other renowned climbers including Voytek Kurtyka, Artur Hajzer, Andrej Zawaka, and Krzysztof Wielicki.

This is a fascinating window into a different world, far-removed from modernity yet connected by the strange allure of the mountain landscape, and a story of inspiring passion against all odds.

A former director of the Banff Mountain Festivals and the Mountain Culture division at The Banff Centre, Bernadette McDonald is the award-winning author of such books as I’ll Call You in Katmandu, The Brotherhood of the Rope, and Tomas Humar. Find her online at www.bernadettemcdonald.ca.

352 pages, 6 x 9, 95 B&W photos, paperbound, $21.95, ISBN 978-1-59485-756-0. SPORTS/MOUNTAINEERING. Rights: US.
GAIL D. STOREY

I PROMISE NOT TO SUFFER
A FOOL FOR LOVE HIKES THE PACIFIC CRESCENT TRAIL

AVAILABLE IN APRIL

A hilariously harrowing and heartfelt memoir—Gail D. Storey is the Nora Ephron of wilderness adventure!

Praise for Storey’s previous books:

“Profoundly moving and riotously funny...Gail Storey has created such powerful, vivid characters.”
—Chicago Sun-Times

“A tale of unwise judgments and wise humor.”
—The New York Times Book Review

With comfortable urban lives in Houston, Texas, and career and life goals mostly accomplished, Gail D. Storey and her husband were in their fifties when they decided it was time to test themselves on a new path—a 2,663-mile path known as the Pacific Crest Trail, which stretches from Mexico to Canada.

I Promise Not to Suffer is Gail’s light-hearted yet heartfelt memoir about her and her husband’s adventures and misadventures, deepening marriage, and reflections on being irrevocably changed by life on the trail. She was a novice hiker, while he was an experienced outdoorsman. Removed from their usual routines and living outside in the wilderness for months exposed hidden intricacies in their relationship. Hiking 20 miles a day over mountains, thirsting in the high desert of California, forcing frozen feet into icy socks and boots each morning in the High Sierra, stumbling through lava fields in Oregon—Gail was required to meet the elements on their own tough-love terms. From an encounter with a mountain lion to her mother’s battle with cancer at home, she confronts each challenge with wit and brave style. While a dangerous loss of weight forces Gail to leave the PCT after 900 miles, she regains strength and later rejoins her husband on sections until he triumphantly reaches the northern terminus in Canada.

Humorous yet honest, this journey of harrowing hilarity and reluctant revelations will be loved by active hikers (appendices include details of their unique ultralight gear and other essential how-to information), fans of female adventure stories, and armchair travelers alike.

Gail D. Storey is a successful writer of fiction and poetry and a frequent writing instructor. She’s the author of two novels, The Lord’s Motel and God’s Country Club, as well as numerous pieces in magazines including Fiction, Chicago Review, The North American Review, and Pilgrimage. Together with her husband, she has bicycled a tandem from Texas to Maine and hiked parts of the Appalachian Trail and the Pacific Crest Trail. They now reside in Boulder, Colorado. Find Gail online at www.gailstorey.com.

224 pages, 5 1/2 x 8 1/2, 1 map, paperbound, $16.95, ISBN 978-1-59485-745-4. MEMOIR. Rights: W.
New Releases

TEXT BY LYNDA V. MAPES
PHOTOGRAPHY BY STEVE RINGMAN

ELWHA
A RIVER REBORN

AVAILABLE IN MAY

A compelling exploration of one of the largest dam removal projects in the world—and the efforts to save a stunning Northwest ecosystem

- Co-published with The Seattle Times
- 125 color photographs, including rare historic images
- Dam removal started in September 2011 while restoration work continues today

This is the second time The Mountaineers Books and The Seattle Times have partnered to tell a story of the Olympic Mountains: The Seattle Press, predecessor to the Times, sponsored the historic Press Expedition into the Olympics in the winter of 1889–90, an account later published by Mountaineers Books in Across the Olympic Mountains (see page 43).

More recently, in the fall of 2011, the Times was on hand when a Montana contractor removed the first pieces from two concrete dams on the Elwha River which cuts through the Olympic range. It was the beginning of the largest dam removal project ever undertaken in North America—one dam was 200 feet tall—and the start of an unprecedented attempt to restore an entire ecosystem. More than 70 miles of the Elwha and its tributaries course from the mountain headwaters to clamming beaches on the Strait of Juan de Fuca. Through interviews, field work, archival and historical research, and photojournalism, The Seattle Times has explored and reported on the dam removal, the Elwha ecosystem, its industrialization, and now its renewal. Elwha: A River Reborn is based on these feature articles.

Richly illustrated with stunning photographs, as well as historic images, graphics, and a map, Elwha tells the interwoven stories of this region. Meet the Lower Elwha Klallam tribe, who anxiously await the return of renowned salmon runs savored over the generations in the stories of their elders. Discover the biologists and engineers who are bringing the dams down and laying the plan for renewal, including an unprecedented revegetation effort that will eventually cover more than 700 acres of mudflats.

When the dam started to come down in Fall 2011—anticipated for more than 20 years since Congress passed the Elwha Restoration Act—it was the beginning of a $350 million project observed around the world. Elwha: A River Reborn is inspiring and instructive, a triumphant story of place, people, and environment striving to come together.

Lynda V. Mapes is a journalist and author who focuses on natural history, regional environmental issues, and environmental stories related to Pacific Northwest indigenous cultures for The Seattle Times.

Steve Ringman is a staff photographer at The Seattle Times where he has cultivated a focus on environmental issues, including climate change, fisheries, and forestry.

184 pages, 10 x 9, 125 color photos, 3 illustrations, 1 map, paperbound, $29.95, ISBN 978-1-59485-734-8. NATURE/WASHINGTON. Rights: W.
THE SEVENTYMILE KID
THE LOST LEGACY OF HARRY KARSTENS AND THE FIRST ASCENT OF MOUNT MCKINLEY

AVAILABLE IN MARCH

A retelling of the 1913 Hudson Stuck Expedition, the first team to stand atop Mount McKinley, North America’s highest peak

- A true and complete account of the first successful ascent of Mount McKinley—setting the record straight
- The summer of 2013 marks the 100th anniversary of the McKinley’s first ascent
- Features archival photographs, including rare and never-before-published images

The Seventymile Kid tells the remarkable account of Harry Karstens, who was the actual—if unheralded—leader of the Hudson Stuck Expedition that was the first to summit Mount McKinley in Alaska. All but forgotten by history, a young Karstens arrived in the Yukon during the 1897 Gold Rush, gained fame as a dog musher hauling U.S. Mail in Alaska, and eventually became the first superintendent of Mount McKinley National Park (now known as Denali National Park and Preserve). Aided by Karstens’s own journals, longtime Denali writer and photographer Tom Walker uncovered archival information about the Stuck climb, and reveals that the Stuck “triumph” was an expedition marred by significant conflict. Without Karstens’s wilderness skills and Alaska-honed tenacity, it is quite possible Hudson Stuck would never have climbed anywhere near the summit of McKinley. Yet the two men had a falling out shortly after the climb and never spoke again. In this book, Walker attempts to set the record straight about the historic first ascent itself, as well as other pioneer attempts by Frederick Cook and Judge Wickersham.

Fans of Alaska literature, American history, and mountaineering lore will love this adventurous biography of the larger-than-life “sourdough” Karstens, in which Alaska—its wilderness, its iconic mountain, and its pioneer spirit—looms large.

Tom Walker has lived in Alaska for more than 40 years and is the author of over a dozen books centered on his adopted home, including Building the Alaska Log Home and Alaska’s Wildlife. A freelance, award-winning photographer and writer, his work has been published in Alaska Magazine, Field and Stream, Reader’s Digest, Newsweek, Audubon, Sierra, and many other publications. Walker lives on the edge of Denali National Park. Find him at www.tomwalkerphotography.com.

BILL SHERWONIT

DENALI NATIONAL PARK

THE COMPLETE VISITORS GUIDE TO THE MOUNTAIN, WILDLIFE, AND YEAR-ROUND OUTDOOR ACTIVITIES

AVAILABLE IN MAY

“The beauty of Sherwonit’s writing style is not flash, but rather a subtlety that renders him nearly invisible. A journalist by trade, he demonstrates considerable skill in blending voluminous historical detail into highly readable prose.”
—Climbing magazine

- Part history, part field guide, and part recreation tool, this is an up-to-date and comprehensive guidebook to one of the nation’s most beloved national parks
- Includes checklists for wildlife watching and details on winter fun

Denali National Park: The Complete Visitors Guide to the Mountain, Wildlife, and Year-Round Outdoor Activities is the most comprehensive guide to one of North America’s most wild and varied places. This authoritative reference to the national park and adjacent lands details all the information a traveler needs for a great Alaska experience, whether by bus, car, train, bike, boat, or foot. With this guide in hand you can explore the park’s visitor facilities, raft whitewater rapids, pick berries, climb the continent’s highest mountain, backpack through forest and tundra, watch grizzlies dig for ground squirrels, share a ridgetop with Dall sheep, attend sled-dog demonstrations, go on ranger-guided hikes, camp in solitude within glacially carved valleys, and much more.

From the natural history of the region to the human history of the mountain and the park, Alaskan author Bill Sherwonit captures the mystique of this fascinating place. Even casual travelers will appreciate his in-depth information about the park’s popular entrance area and traveling the Park Road, and the helpful checklists for mammals, birds, and plants.

Anchorage-based writer and photographer Bill Sherwonit continues to spend part of every year exploring the Denali region—as he has done for nearly three decades! He is the author of several books about Alaska, including To the Top of Denali: Climbing Adventures on North America’s Highest Peak and Denali: A Literary Anthology. Sherwonit also teaches wilderness writing at the University of Alaska at Anchorage.


Also from Bill Sherwonit, see page 39
BACKYARD ROOTS
LESSONS ON LIVING LOCAL FROM 35 URBAN FARMERS

AVAILABLE IN MAY

City farmers share their secrets to growing food, raising animals, and building communities from backyards, parking strips, roof tops, and more!

• An inspirational book that also provides clear advice and info on specific urban sustainability issues
• Profiles 35 urban farmers from Northern California, Oregon, Washington, and British Columbia
• Features 200 color photographs
• A follow-up title to the 2012 Nautilus Book Award-winning The Urban Farm Handbook

The burgeoning range of people now turning their urban backyards into homesteads is wide and varied, from families with young children, to immigrants recapturing their original culture, to idealistic twenty-somethings seeking community. Many of these farmers have a special lesson or inspiration to share with those who aspire to, or simply appreciate, the urban farm lifestyle.

Backyard Roots is a unique project by California-based photographer Lori Eanes that evocatively and intimately explores the lives of 35 urban farmers in Northern California, Oregon, Washington, and British Columbia. In these stories and photos you’ll find people like Laura Allen, the Oakland-based cofounder of Greywater Action, a policy and education nonprofit that promotes the use of greywater systems. In Vancouver, aquaponic farmer Jodi Peters sustainably grows and harvests tilapia in sync with her organic vegetable garden. Or meet Jonathan Chen, a young cancer survivor who now manages the Danny Woo Community Gardens in south Seattle, where a group of Southeast Asian immigrants farm in a vibrant mix of cultures.

From the elderly to the young, the trendy to the purely functional, here are inspiring stories, ideas on how to make it happen, tips on everything from chicken keeping to community health, and so much more.

Lori Eanes is a San Francisco-based food and people photographer. Her work has been published in Sierra Magazine, Sunset, Organic Style, The Wall Street Journal, Via, and San Francisco Magazine, as well as in a variety of cookbooks. She grows her own vegetables in the Mission District of San Francisco. Find her online at www.lorieanes.com.

“Along comes Bill Thorness, beautifully encouraging gardeners to take their edibles to the next level.” — Edible Seattle

- The first wholly new, focused, and comprehensive guide to growing winter crops in the Pacific Northwest and other maritime climes
- A follow-up to Skipstone titles Edible Heirlooms, The Urban Farm Handbook, and Food Grown Right, In Your Backyard
- Promotes year-round outdoor activity, food and garden sustainability, and a smaller carbon footprint

How would you like to serve your own carrots for Thanksgiving next year, or fresh-from-the-garden salad at the winter solstice? Or how about collards for Christmas, leeks on New Year’s, and lovely red beets for Valentine's Day, all right from your own garden? You can, without much trouble, by practicing winter, or “cool-season,” gardening.

Cool Season Gardener is longtime gardening writer Bill Thorness’s friendly guide to maintaining your garden year-round even in dark, damp, maritime climates. He shows you how to keep the garden in production in cold months, practice succession planning for sowing and transplanting, plant cover crops, utilize homemade garden structures, and more.

Even the most avid gardeners might be surprised to learn all the benefits of cool season gardening—the fact that it is often less work than summer gardening due to slower growth and less maintenance, or the seasonal bonus of having fewer pests. Not to mention that year-round gardening will create substantial savings on your food bill, while at the same time yielding fresh, homegrown produce on your table every month of the year. And Thorness wants you to know it’s easier than you think!

Bill Thorness has been growing vegetables in the maritime Northwest since the mid-1980s. He has written about gardening for The Seattle Times, Seattle Metropolitan, and other media and is the editor of Seattle Tilth’s newsletter and author of Edible Heirlooms: Heritage Vegetables for the Maritime Garden, which like Cool Season Gardener is illustrated by Susie Thorness. The Thornesses live in Seattle. Find Bill online at www.coolseasongardener.com.

176 pages, 7 x 8 ½, 30 B&W photos, 15 illustrations, 1 map, paperbound, $18.95, ISBN 978-1-59485-715-7. GARDENING. Rights: W.
**New Releases**

**DAYNA STERN**

**BEST HIKES WITH DOGS: UTAH**

**AVAILABLE IN MAY**

The best dog-friendly trails in Utah for the most doggone fun!

- 76 of the best trails that allow dogs
- Handy trail-finder chart allows quick selection by difficulty, availability of water along the way, views, and more
- Trails range from easy strolls to more challenging routes

With over 84,900 square miles of national parks, wilderness and recreation areas, state parks, and national forests, Utah offers a wide variety of hiking trails. But with so many national parks and varying land agencies, navigating Utah with a dog can be frustrating and confusing. Lucky for you, Park City author Dayna Stern and her pup Harry have done the groundwork (and paw-work) to bring you this authoritatively researched guide.

_Best Hikes with Dogs: Utah_ describes 76 of the best dog-friendly trails in six regions around the Beehive State: Northern Utah, Salt Lake City area, Wasatch, the Uintas, Southcentral Utah, and Southwestern Utah. Stern describes several hiking options close to communities such as Salt Lake City, Ogden, Provo, Moab, and St. George and destinations such as the Escalante River and Pine Valley Mountains. She also gives special attention to the unique skills and preparation needed for hiking with dogs in the varied terrain of Utah, including slot canyons, slick rock, and areas that lack water.

Dayna Stern and her dog Harry live in Park City. She holds a BA in Chinese Studies and an MPA in Environmental Marketing.


**JASON FATOR**

**BEST HIKES WITH DOGS: SAN FRANCISCO BAY AREA AND BEYOND**

**SECOND EDITION**

**AVAILABLE IN MARCH**

Fully revised and updated, including 26 all-new hikes, the bestselling guide to hiking in the Bay Area with your pup is new and improved!

- Handy trail-finder chart allows quick selection by difficulty, availability of water along the way, views, and more
- Trails range from easy strolls to more challenging routes, all on terrain that’s hazard-free and easy on the paws

Northern California and the San Francisco Bay area offer amazing trails to explore with your canine companion—and veteran hiker and dog lover Jason Fator has explored 83 of the ones most likely to satisfy both dogs and their people. From the sun-kissed hills of Marin to the grassy knolls of the East Bay or wide open spaces of the South Bay, _Best Hikes with Dogs: San Francisco Bay Area and Beyond, 2nd Edition_, is your guide to the very best trails, most of which do not require leashes (except in parks as noted). More than two-thirds of the hikes are on lesser known trails where travel is light and where you’re unlikely to meet horses, bicycles, or motorized vehicles. Beyond the Bay Area, you’ll find additional dog-friendly routes in the Sacramento area, the hills of Gold Country, in and around Tahoe, and in the Mount Shasta region.

Jason Fator has been a dog owner since he was a kid and currently is a proud “parent” to Juneau, a chocolate Lab, and Paul, a Great Dane. He writes about the outdoors as a cycling columnist for the _Record Searchlight_. He paddles, backpacks, mountain bikes, and skis every chance he gets in the lakes, foothills, and mountains surrounding his hometown of Redding, California.

New Releases

RICH LANDERS AND CRAIG ROMANO

DAY HIKING: EASTERN WASHINGTON
KETTLES-SELKIRKS
COLUMBIA PLATEAU
BLUE MOUNTAINS

AVAILABLE IN MAY

The most comprehensive day-hiking guide to eastern Washington!

- Newest guide in the pack-friendly, bestselling Day Hiking series for Washington State
- 1% of sales are donated to trail maintenance
- Offers many close-to-home trails near population centers like Spokane, Tri-Cities, Ellensburg, and Yakima

Day Hiking: Eastern Washington features 125 day hikes throughout the eastern Washington region, roughly covering the area of the state east of Highway 97. This expansive region includes the Spokane area, Colville National Forest and northeastern Washington (Colville, Metaline Falls, Kettle Falls, Republic, Tonasket), Moses Lake, Soap Lake, Coulee Dam, Lake Roosevelt, and other parts of the mid- and upper-Columbia River basin, Ellensburg-Yakima (including the state’s wine country), southeast Washington (Pullman, the Blue Mountains, Walla Walla, Tri-Cities), and the eastern reaches of the Columbia River.

Who better to cover such a large geographic area than long-time eastern Washington expert Rich Landers, partnered with Day Hiking guru Craig Romano? These two trekkers have combined forces to research and write an authoritative guide that is sure to become the new gold standard.

Rich Landers is an award-winning outdoor editor for The Spokesman-Review and has written for Field & Stream, Outside, and Canoe & Kayak, among other publications. He is the author of the Mountaineers Books titles 100 Hikes: Inland Northwest and Paddle Routes of the Inland Northwest, and is a contributor to Paddling Washington.

Craig Romano is author of eight books and co-author of two others, including Backpacking Washington, Day Hiking Olympic Peninsula, Day Hiking North Cascades, Day Hiking Central Cascades, and others.

384 pages, 5 x 7, 150 B&W photos, color insert, 118 maps, paperbound, $18.95, ISBN 978-1-59485-494-1. GUIDEBOOK/HIKING/WASHINGTON.

MIA BIRK WITH JOE KURMASKIE

JOYRIDE
PEDALING TOWARD A HEALTHIER PLANET
SECOND EDITION

AVAILABLE IN MARCH

A moving memoir—as well as practical community guide—from one of the most important figures in America’s bicycling renaissance

- New edition includes “50 Keys to Transforming Your Community,” a detailed checklist for communities trying to adapt bike-friendly and more sustainable policies
- Successful in the first self-published edition, this new edition will now be available to book and outdoor retailers for the first time

Joyride tells the inspiring story of Mia Birk’s twenty-year crusade to integrate bicycling into daily life. With only table scraps of funding, Birk led a revolution that helped grow Portland, Oregon, into the country’s premier cycling city. She then hit the road, teaching communities how to incorporate cycling into their civic DNA to make their towns healthier, safer, and more livable. Through a panoply of hilarious and poignant stories, Birk takes readers on a rollercoaster journey of global and local discovery, while bringing into sharp focus some of the planet’s most pressing and hotly debated energy and transportation issues, policies, shortcomings, and solutions. Her funny, touching, and instructive Joyride offers hope and experienced how-to advice to anyone interested in changing our world for the better—one pedal stroke at a time.

Mia Birk is CEO and principal at Alta Planning + Design, with 20 years experience in sustainable transportation focused on pedestrian, bicycle, trail, and greenway planning, design, and implementation. She is also an adjunct professor at Portland State University, where she co-founded the Initiative for Bicycle and Pedestrian Innovation in the College of Urban Studies. She has also served as the City of Portland’s bicycle program manager. Find her online at www.miaburk.com.


272 pages, 6 x 9, 50 B&W photos, paperbound, $21.95, 978-1-59485-760-7. MEMOIR. Rights: W.
TWO NEW GUIDEBOOKS IN THE BEST-SELLING COLORADO MOUNTAIN CLUB PACK GUIDES SERIES
SHINING MOUNTAINS GROUP, CMC, WITH WARD LUTHI

- Hikes chosen and reported on by experienced members of the Colorado Mountain Club
- A wide variety of hikes, from family- and wheelchair-friendly to challenging and strenuous options for hardier trekkers
- Fit in your pocket or daypack and feature color photos and maps throughout
- Each guidebook provides twenty of the best hikes in the area they represent

THE BEST ESTES PARK HIKES
TWENTY OF THE BEST HIKES NEAR ESTES PARK, COLORADO
AVAILABLE IN MAY

The trails range from short, scenic, and wheelchair-accessible hikes near Estes Park to moderately difficult and even seriously challenging adventures. This guide will take you from the summit of Twin Sisters Peak, at 11,428 feet—with great walking through fragrant pine forests—to the gently meandering paved trail around Lake Estes, which affords panoramic views of Longs Peak.

With this guide, you will have the opportunity to sample wild raspberries along moderate trails crossed by rushing mountain streams, marvel at butterscotch-scented ponderosa pines, and test your legs and endurance on a 13-mile loop through fir and pine forests. You will linger for lunch at Gem Lake, ponder the lives of early explorers and homesteaders at Homestead Meadows, soothe your feet in cold mountain streams, and survey your surroundings with a trek to the 11,000-foot Estes Cone.

THE BEST ROCKY MOUNTAIN NATIONAL PARK HIKES
TWENTY OF THE BEST HIKES WITHIN ROCKY MOUNTAIN NATIONAL PARK
AVAILABLE IN JUNE

Short and simple trails will bring hikers to beaver dams, mountain blueberries, and the autumn symphony of bugling elk. More demanding trails bring hikers to the summit of Flattop Mountain and the opportunity to summit the park’s icon—Longs Peak, standing tall at 14,255 feet.

This guide offers a wide selection of sensory delights:
- The plunging, roaring waters of Alberta Falls
- Tongues of granite flowing into the shallows of Mills Lake
- Autumn cascades of golden aspen leaves carpeting the forest floor
- The rugged summits of Chapin, Chiquita, and Ypsilon peaks
- An easy walk to the historic ghost town of Lulu City

Both of these new guidebooks include detailed comments, route descriptions, and directions for each of the twenty hikes they contain, as well as maps, elevation information, difficulty ratings, estimated time of each hike, round-trip distances, and nearest landmarks.

With these pack guides you are receiving the wisdom and experience of the Shining Mountains Group of the Colorado Mountain Club. Group members selected, hiked, and wrote about the trails in this guide. In addition, they are the photographers and cartographers for the photos and maps that accompany each trail description.


BOTH TITLES: 104 pages, 4 x 7, 40 color photos, 21 maps, rounded corners, paperbound, $12.95, GUIDEBOOK/COLORADO. Rights W.
THE COLORADO TRAIL FOUNDATION

THE COLORADO TRAIL DATABOOK

5TH EDITION

AVAILABLE IN MARCH

The essential lightweight pack guide for hiking The Colorado Trail, from maps and data collected by volunteers of The Colorado Trail Foundation

- The most current trail and GPS waypoints
- New color maps with trail overlays
- Accurate mileages and distances
- Elevation profiles for all 28 segments
- New mountain bike detour routes

Little compares to the beauty of The Colorado Trail (CT), which stretches 486 miles from the Denver suburbs to Durango and crosses five river systems, six wilderness areas, six national forests, and eight mountain ranges.

The fifth edition of The Colorado Trail Databook condenses the most important information from the eighth edition of The Colorado Trail: The Official Guidebook (see page 30) into a 4" x 7" pack guide that can easily be carried in your pocket or backpack. In addition to updated color maps and key points for each of the 28 segments of the trail, the fifth edition features 24 new pages of maps and data that cover the 80 miles of Forest Service trails and roads that mountain bikers use to bypass the wilderness areas.

Icons for each segment mark the trailhead, access points, campsites, availability of water, and points of interest. Additional icons note services at supply points, such as post offices, lodging, meals, groceries, telephones, banks, showers, outdoor stores, laundry, and medical help.

The data section for each segment, which faces its corresponding map, includes all the key points along the trail, in both miles from the segment trailhead and GPS waypoints. While the route is typically hiked east to west from Denver to Durango, there are also mileages for each segment that go west to east. There is also an elevation profile chart for each segment.

88 pages, 4 x 7, 40 color maps, rounded corners, paperbound, $12.95, ISBN 978-1-937052-02-7. GUIDEBOOK/COLORADO. Rights W.

F O N T A I N E B L E A U C L I M B S
THE FINEST BOULDERING AND CIRCUITS
2ND EDITION

AVAILABLE NOW

A full-color guide to one of Europe’s most popular bouldering and climbing destinations

- More than 300 circuits
- Icons describe routes’ difficulty, popularity, shady or sunny, and more
- Comprehensive appendices tell how to get there and places to stay
- Includes tips for the first-time visitor

Located near Paris, Fontainebleau is one of Europe’s most popular rock climbing and bouldering destinations. This user-friendly guide offers all the information a climber needs when making a trip to the region: the best sites and routes, difficulty ratings, suggestions for ideal climbs with children, and more. Fontainebleau Climbs is chock-full of inspiring color photos and detailed maps that show a variety of routes to provide options with different levels of difficulty.

256 pages, 5 x 9, 100 color photos, 104 color maps, paperback, $29.95, ISBN 978-1-59485-770-6. GUIDEBOOK/CLIMBING/FRANCE. Rights: NA.

Back in Print

AVAILABLE IN APRIL

Reinhold Messner

World-famous mountaineer Reinhold Messner’s account of his first ascent of Everest, made without supplemental oxygen, and considered to be an impossible feat at the time.


M O U N T M C K I N L E Y ICY CROWN OF NORTH AMERICA
Fred Beckey

This biography of Alaska’s Mount McKinley presents a complete history of one of the world’s great mountains. Author and famed mountaineer Fred Beckey starts with McKinley’s geology and covers early human history, from native associations with Denali to the influx of Russian fur traders and American prospectors.


A L A S K A ’ S B R O O K S R A N G E THE ULTIMATE MOUNTAINS
John Kauffmann

An affectionate portrait of an untamed territory—a land that challenges the limits of its natural inhabitants and those of human spirit and providence.


A C R O S S T H E O LY M P I C M O U N T A I N S
Robert L. Wood

In 1889 Washington’s then governor, Elisha Ferry, called on men of adventure to cross the Olympic Mountains, a range shrouded in mystery. The Seattle Press, the state’s primary newspaper, stepped up to the challenge, sponsoring the Press Expedition. And soon departed a band of men into the mountains during one of the worst winters in recorded history.