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Creative Struggle is Real
Stop procrastinating and start making
by Holly Blondin

Whether you’re an experienced creative professional or someone working with creative teams, everyone feels the pain of the struggle at some point while managing the distractions and noise that can block us from reaching our full creative potential. Creative Struggle is Real is an interactive journey with creative guidance and making tools to bring you closer to your unique creative capacities so you will never shy away from your creative genius again.

While the creative struggle may be inevitable, it doesn’t have to feel impossible. The book is organised into three parts: Exploring Your Creative Context, Designing Your Creative Practice, and Maintaining Your Creative Momentum. You will discover your imaginator type, become a superhero(ine) and define what creativity means to you.

The book walks you through practical and inspiring methods to make space and time for making so you will never again have an excuse to procrastinate. In addition, every creative will design a unique creative practice that exercises creative muscle so you can keep your momentum going for the long term.

* A practical, interactive guide to help you define creativity, put you in action and design a creative practice that supports your creativity for the long term.

* For creative professionals and non-creatives* working with creative teams who want to make a positive impact and gain the connections and recognition they seek from team members and co-creators.

* Learn how to reach your full creative potential

Author Bio

Holly Blondin is an experienced professional with an MBA in marketing and Entrepreneurship from Zicklin School of Business at Baruch College, NYC. As a creative practitioner she knows just how real the creative struggle truly is. For nearly five decades, she has successfully worked through the challenges one faces while pursuing creative endeavors. She has collaborated and co-created with both creatives and non-creatives while working in various roles and creative industries as a professional performing artist, designer, entrepreneur and marketing and branding professional. In addition, she has taught Strategic Design and Management at Parsons School of Design and independently develops and facilitates multidisciplinary workshops, design thinking and innovation programs for global institutions. Forever a New Yorker at heart, Holly currently resides in Barcelona. More information: https:
The Characters of Creativity
Activate creativity by understanding your colleagues by Alastair Pearce

Everybody can be creative. But how do you get people to release their innate creativity? The Characters of Creativity has all the answers. This book helps organisations and individuals to understand and support the creative process in the workplace. It is a practical guide designed to help managers and leaders understand how to effectively support and manage creative colleagues in a commercial organisation.

The book presents caricatures or archetypes of different types of creatives (Picky, Molotov, Solo, Artiste, Fibber, and Playful, to name a few), which help readers to identify and understand the different approaches and needs of creative individuals in the workplace.

For instance, Solo doesn't like teams. Artiste hates having work evaluated. Molotov is convinced it's always management's fault. Picky loves having just one final pick at a non-existent problem. Fibber assures you the work will be finished by Friday. Playful turns everything into a game. Wobbly's insecurities tempt you to become an amateur psychotherapist.

Whether you're a manager or creatives, a colleague of creatives, or simply creative yourself, chances are you recognise some of your colleagues or team members in this. If so, The Characters of Creativity is your go-to guide. The book offers specific strategies and techniques for releasing creativity.

* A practical guide to the complex world of creativity.
* Turn strategy into creativity and find out what management tools work for creatives.
* Learn how to create a professional environment that stimulates creativity and innovation.
* Grow the fertile ecology in which creativity flourishes.

Author Bio

Professor Alastair Pearce has a wealth of experience working with and managing creative individuals in various organisations and industries. He has led organisations in Europe and South East Asia, including colleges training creatives: designers, artists, musicians, photographers, actors, dancers, and
The Lean Innovation Guide
A proven approach for innovation success
by David Griesbach

Creating new and innovative products, services or businesses can be challenging, which is why, sadly, most innovations are not successful. But, the good news is that you can significantly improve the chance for success by being guided - the lean way. That's where the Lean Innovation Guide comes in. This book guides you through the lean journey by clarifying what to focus on next and what to improve.

If you or your organisation want or need to drive innovation, then this book is a must-read! Discover the secrets to faster, more focused innovation success: learn the proven approach to innovating your business and get the competitive edge you need to stay ahead. The book is aimed mainly at corporate innovators and provides them with the missing link to successfully using Lean Startup as an innovation method: namely the Lean Progress Model.

With the Lean Progress Model, author David Griesbach developed a tool that quickly and purposefully guides you through the Lean Innovation process. You will know at all times where your project stands, which questions are still open-ended and what needs to be done next. In addition, the illustrations throughout the book support the text and turn this book into a practical guide that takes you through the startup and innovation process.

In this book, you will find a proven approach to guide you and your colleagues to innovation success, helping you to move faster, be more focused, and innovate the business. The book provides an easy-to-follow approach to driving change in any business or startup and is a must-have (…)

Author Bio

David Griesbach is an author, enabler, lecturer and speaker. He works at the intersection of strategy, innovation and organisational change. With his consulting firm Griesbach Consulting, he advises middle- and large-sized companies on these topics. He is one of the Lean Startup experts in Europe and has coached hundreds of Lean Startup projects. Griesbach resides in Switzerland, where he lectures at the University of Applied Sciences Lucerne.
Transforming While Performing

Find your North Star and get everyone to act in days, not months
by Kristof Braekeleire and Oliver Van Du

Transforming While Performing is a book for decision-makers, entrepreneurs, innovators and change drivers that realise the old methods of making plans and strategies for the future no longer suffice.

It's a practical guide with real-life cases and stories that inspire, visuals that speak volumes and tools and best practices that allow readers to co-create the future together.

The book consists of three parts. The first is about finding your true north and pinpointing the problem that needs to be solved. Part two is about getting everyone to act. And in part three, you'll learn how to transform yourself and your organisation.

The book's authors each have over +20 years of experience working for technology giants and industry pioneers, HP and Microsoft. As a result, the authors know first-hand the pains of working in organisations that are constantly transforming. The writers' experiences, real-life cases, and The Visual Senseformers Playbook make this book both timely and unique.

* Build your North Star, align your people and get everyone to act in days.
* Turn transformation into a strategic capability
* Unleash the power of three: Inspiration, Visualization and Co-Creation with real-life cases and visuals.
* Sense the world around you and Transform while Performing both as a person and a business.

Author Bio

Kristof Braekeleire is a graphic facilitator, strategist and illustrator. He spent twenty years at Hewlett-Packard, ending up at the global headquarters where he was trained and seasoned as a visual strategist. In 2017 he started up JIXSO, a visual facilitation business, and the Visual Senseformers.

Olivier Van Duuren is an international public speaker, executive whisperer, transformer, active investor and author. After 22 years in senior global executive positions at Microsoft, he left to start The Dualarity and the Visual Senseformers to help organisations to transform while performing
Arhoolie Records Down Home Music
Down Home Music
by Joel Selvin, contributions by Chris Strachwitz

A visual storytelling celebration of American roots music in its rich variety through unseen and newly scanned photographs by the founder of the legendary Arhoolie Records.

Founded in 1960 by Chris Strachwitz, the one-man operation Arhoolie Records eventually produced more than four hundred albums during more than forty years in operation, exploring the far corners of American vernacular music-blues, gospel, Cajun, zydeco, hillbilly, Texas-Mexican norteno music, and more.

From the very beginning, Strachwitz brought his camera along with recording equipment as he met and recorded now-legendary artists such as Lightnin’ Hopkins, Mississippi Fred McDowell, Clifton Chenier, and Big Joe Williams. This book collects more than 150 of his best, most intimate, and exciting images—many never-before-seen—each with rich captions by Strachwitz and award-winning music journalist Joel Selvin, along with a substantial 20,000-word essay by Selvin about Arhoolie, Strachwitz, and the music.

INTIMATE AND AMAZING PHOTOGRAPHS: Although Strachwitz would always self-deprecatingly claim that the photographs he took while meeting and recording musicians were strictly documentary, and *maybe* of some use for a record sleeve later, they are much more than that. Lyrical, candid, real: His rapport with the musicians and their families is glowing and evident in these photographs.

RIVETING MUSIC HISTORY PHOTO BOOK: These are never-before-seen photos, and photos like you've never seen before. Every image is from freshly remastered scans, and the authors dove deep into the (...)
Art Is Art
Collaborating with Neurodiverse Artists at Creativity Explored
by Ann Kappes

Creativity Explored celebrates its 40th anniversary with a collection of powerful artwork and perspectives from its talented neurodiverse artists.

This vibrant book uplifts the voices of the artists of Creativity Explored, a nonprofit that gives people with developmental disabilities the opportunity to express themselves through art and share their work with audiences from their local community and in the contemporary art world.

Featuring more than one hundred original paintings, drawings, illustrations, and sculptures—as well as quotes and stories from the artists—this curated collection invites readers to examine and challenge their perceptions about disability. Some artworks are humorous and blunt, while others are affecting and abstract, speaking to the artistic community's diversity and creativity. This book offers an engaging introduction to person-centered thinking for art lovers or anyone interested in learning about disability justice in a visual way.

DEMystIFYING DISABILITY: This significant new anthology showcases an array of developmentally disabled artists and organizes their works into thematic chapters, such as I Speak Through My Art," "Blackiful," "Yes I Do Think About Sex," and "Fears." These chapters provide interesting stylistic juxtapositions and personal reflections that highlight both individual and shared experiences as diverse disabled artists.

BEAUTIFUL AND CONTENT RICH: This gorgeous hardcover art book features more than one hundred original artworks in full color, from lively portraits and detailed drawings to abstract paintings and captivating illustrations. Quotes, interviews, personal stories, and artist statements also give readers deeper insight into (...)

Author Bio

Creativity Explored is a nonprofit organization in San Francisco that provides developmentally disabled people access to the human right of creative expression. Creativity Explored artists have developed meaningful arts practices and exhibited their work in museums, galleries, and art fairs in more than fourteen countries and have been recognized for their contributions to the contemporary art world.
Asian American Herbalism
Traditional and Modern Healing Practices for Everyday Wellness-Includes 100 Recipes to Treat Common Ailments
by Erin Masako Wilkins, by (photographer) Kristen Murakoshi, illustrated by Ayako Kiener

Japanese American herbalist and acupuncturist Erin Masako Wilkins shares accessible and comprehensive herbal wellness practices, remedies, and recipes, rooted in Asian tradition for optimal health.

Erin Masako Wilkins is a California-based herbalist, acupuncturist, and the founder of Herb Folk, an online shop with an array of Asian American herbs, teas, and wellness products. In *Asian American Herbalism*, Wilkins shares a beautifully illustrated and photographed collection of herbal recipes, remedies, and wellness practices. Rooted in East Asian history and culture, these offerings will help the reader to prevent illness and restore health and vitality.

This comprehensive wellness guide addresses the root causes of illnesses and offers 100 easy and accessible herbal recipes to heal, uplift, and improve the quality of daily life. A central theme of this book is that food is our greatest medicine, and there is an emphasis on incorporating herbs into daily meals and drinks to address common ailments, such as allergies, anxiety and depression, digestion and gut health, menstrual disorders, and sleep difficulties. For example: • Loquat cough syrup for a lingering cough
  • Nettle soup and magnolia bud tea for seasonal allergies
  • Okayu (Japanese rice porridge) for recovering from illness
  • Reishi mushroom decoction for insomnia and night sweats
  • Medicinal herb stock to increase energy and vitality
  • Fresh mulberry sweet tea or an infusion of marshmallow leaf and rose to ease digestive woes
  • Illustrated instructions offer guidance on how to practice gua sha for better health with a culturally mindful framework

In addition, Wilkins visually walks readers through the process of preparing homemade herbal remedies with ingredients that can be found at (...)

Author Bio

Erin Masako Wilkins is an Asian American herbalist, acupuncturist, and educator whose work centers on empowering others with the knowledge and skills to heal on their own terms. She founded and ran Herb Folk, an herb shop and community clinic in Petaluma, California, until 2022. She now runs HerbFolkShop.com, where people can purchase teas, herbal remedies, and wellness products. In addition, she teaches herbalism courses online and in...
Behind the Screens
Illustrated Floor Plans and Scenes from the Best TV Shows of All Time
illustrated by Inaki Aliste Lizarralde

Hand-drawn floor plans and richly imagined architectural illustrations tell the story of television's most memorable on-screen sets and scenes.

Come explore where Lucy and Ethel baked a monstrous loaf of bread, where Phoebe performed Smelly Cat, where Jim and Pam fell in love, and countless other homes, offices, and towns as familiar to you as your own living room. Illustrator Inaki Aliste Lizarralde has expertly rendered thirty-five of the most memorable television floor plans in modern history-puzzling together the layouts with an architect's eye for detail and a director's sense of storytelling.

TV fans will delight in the interiors and exteriors from shows like Friends, Seinfeld, and The Simpsons, where characters and plotlines converge to create worlds so mesmerizing you want to binge-watch season after season. With immersive illustrations from shows across decades and countries, this truly unique art collection offers hilarious TV moments, Easter eggs, and behind-the-scenes trivia to test even the biggest superfans.

GIFT OF AN IMMERSIVE EXPERIENCE: Here is a thorough deep dive and binge-worthy art collection for television superfans, cinephiles, fans of the Warner Brothers' studio tour, and anyone who likes to watch hours of TV at a time.

A NEW WAY TO BINGE YOUR Favorite TV: Rediscover your love of the classics like I Love Lucy and Little House on the Prairie; revisit childhood favorites like The Brady Bunch and Sesame Street; or explore recent classics like The Office, Sex and the City, and Friends.

HAND DRAWN, HIGHLY INTRICATE: Imagine living and working in your favorite fictional worlds-these floor plans (...)

Author Bio

Inaki Aliste Lizarralde is a professionally trained interior designer and illustrator. His work has been featured in the renowned Venice Biennale. He lives in Azpeitia, Spain.
Caption This
A Photographic Collection of Amusing Comments, Snarky Asides, and Romantic Admissions
by Barbara Levine and Paige Ramey, designed by Martin Venezky

A fascinating collection of photographs from the past century that have surprising, funny, and poignant captions.

Whether it's scripted words in pencil scrawled below an old Polaroid or a pithy caption on a social media photo today, we've all felt a pull to describe in words and sentences the pictures and moments of our lives. This celebration of a century of personal photo captions, in all their forms, themes, and voices, explores the captivating (and often contradictory) relationship between what we see in photos and what we say about them.

Through 150 color and black-and-white vintage photographs of everyday people dating back to the early twentieth century, arranged in nine thematic chapters (This is me grooving, This is my snarky side, This is me in love, etc.), Caption This reveals the funny and surprising history of the captions emblazoned beneath, lurking behind, or even scrawled across the images.

Caption This is a unique delight for photography and pop culture enthusiasts that combines the candidness of Awkward Family Photos with the confessional intimacy of PostSecret.

Author Bio
Barbara Levine and Paige Ramey are collectors, artists, and curators specializing in vernacular photography. Their photography collection, known as PhotoMania, was recently acquired by the Museum of Fine Arts Houston, and their collection of vintage photograph albums was acquired by the International Center of Photography in New York. They run Project B, an archive and collaborative curatorial venture. They live in Houston and San Miguel de Allende, Mexico.
Centered
People and Ideas Diversifying Design
by Kaleena Sales

A rich, inclusive, contemporary, and global look at design diversity, past and present, through essays, interviews, and images curated by design educator and advocate Kaleena Sales.

As the design industry reexamines its emphasis on Eurocentric ideologies and wrestles with its conventional practices, *Centered* advocates for highlighting and giving a voice to the people, places, methods, ideas, and beliefs that have been eclipsed or excluded by dominant design movements.

Curated by Kaleena Sales, a powerful voice and noted advocate for diversity in the design community, the thirteen essays and interviews in this volume feature important and underrepresented design work and projects, both historical and present-day, including:

• Gee’s Bend Quilters, by Stephen Child and Isabella D’Agnenica
• A Chinese Typographic Archive, by YuJune Park and Caspar Lam
• Indigenous Sovereignty and Design: An Interview with Sadie Red Wing (Her Shawl is Yellow)
• The Truck Art of India, by Shantanu Suman
• New Lessons from the Bauhaus: An Interview with Ellen Lupton
• Vocal Type: An Interview with Tre Seals
• Decolonizing Graphic Design, A Must, by Cheryl D. Miller
• And more

Filled with striking visuals from a range of global designers, *Centered* is a must-read and must-have for design practitioners, educators, students, and anyone interested in expanding narratives and gaining a more inclusive understanding of design diversity and its impact on culture.

**Author Bio**

Kaleena Sales is an Associate Professor of Graphic Design and Chair of the Department of Art & Design at Tennessee State University, an HBCU in Nashville, TN. She is a coauthor of *Extra Bold: A Feminist, Inclusive, Anti-Racist, Non-Binary Field Guide for Graphic Designers*, and cohosts a podcast about design and culture with Design Observer. During her service on AIGA’s Design Educators Community Steering Committee, Sales advocated for a more inclusive view of design history, through her Beyond the Bauhaus writing series, from which this book originated. Sales formerly served as Director of Diversity and Inclusion for AIGA Nashville.
Chili Crisp
50+ Recipes to Satisfy Your Spicy, Crunchy, Garlicky Cravings by James Park, photographs by Heami Lee

If you already love chili crisp, this book is for you. If you’re new to it, this book is for you. With over 50 recipes, Chili Crisp is here for you, wherever you are on your spicy life journey.

Chili crisp is a magical ingredient that tingles with heat, crunches with fried garlic and onions, and slicks any food with oily goodness. Stir it into soup, toss it with noodles, or drizzle it on warm, buttery biscuits. It’s both a foodie obsession and a surprise secret weapon for adding spice and depth to any meal.

James Park, food writer and chili crisp devotee, writes a love letter to his favorite ingredient across 50 recipes. These approachable and adaptable recipes could fill your whole day with chili crisp:
• Start the day with Savory Morning Oats with Jammy Eggs and Pork Floss.
• Whip up Fiery Spaghetti and Meatballs for lunch.
• Tuck into a bowl of Chili Crisp Bulgogi Deopbap and a side of Spicy, Lemony Charred Broccolini for dinner.
• For dessert, Spiced Sweet Potato Basque Cheesecake. (Bonus: You can air fry it!)

Packed with chili crisp inspiration to take your love of this spicy ingredient to the next level, Chili Crisp provides dozens of no-recipe recipes (like potato chips and chili crisp, a match made in snack heaven) and a handy Build-Your-Own Chili Crisp Formula to inspire you to create your very own version. Soon all your family and (...)
Crosswordese
A Guide to the Weird and Wonderful Language of Crossword Puzzles
by David Bukszpan

A celebration of the weird and wonderful language of crosswords, and the lexicon’s fascinating checkered history, for crossword puzzlers and language lovers of all kinds.

Crossword puzzles have a language all their own. This entertaining guide to grid lingo will improve your game while it fills in the mystery and history of this unique and playful idiom. Author David Bukszpan brings his deep word game knowledge and engaging educational style to this exploration of crosswordese and its evolution from antiquity to the age of LOL and LIZZO.

Far more than a crossword puzzle lexicon, Crosswordese is full of fun entries, including rich sections on particular types of puzzle clues and answers from pop culture, sports, science, and more. Each chapter also includes a puzzle custom-made by the author and exclusive to the book! This is the perfect gift to help novices up their skills and reward veterans with a deeper appreciation of this delightfully quirky vocab.

BEYOND CROSSWORDS: Hooked on crosswords? Now you can discover even more to enjoy about the history and trivia behind the terms and clues you love.

THE CROSSWORD MOMENT: With crossword puzzles hotter than ever, and available in venues new and familiar (of course the New York Times, but also The New Yorker, Wall Street Journal, The Atlantic, Slate, Vice, smartphone apps . . .), we live in a golden era of crosswordese. This is a readable and richly entertaining guide to speaking the language and upping (…)

Author Bio

David Bukszpan is the author of Is That a Word?: From AA to ZZZ, The Weird and Wonderful Language of Scrabble. His writing has also been published in the New York Times (which has also featured a crossword puzzle by David), Harper’s, The Paris Review, The Daily Beast, N+1, and elsewhere. He lives in Brooklyn, New York
Decodependence
A Romantic Tragicomic
by Lila Ash

Author and New Yorker cartoonist Lila Ash's vulnerable and funny graphic memoir about her attempts to decode her life's relationships through the lens of her recovering codependency.

Through her skillful, charming illustrations and a voice that is sardonic, vulnerable, and completely relatable, Lila Ash shares the all-too-well-known moments that she's experienced navigating the world of family, love, and sex through the lens of codependency.

In her late twenties, Ash found herself reliving the relationship traumas of her past. She'd tried everything to help herself move on from painful memories, from therapy to drugs and more, before entering Codependents Anonymous (CoDA), where she discovered the characteristics of codependency—and checked off every box. Ash began drawing her way through her experiences, allowing herself to recognize the codependent behaviors that ruled her life, including:

• How her desperation to get a boyfriend propelled her to be sexually active at summer camp as a young teenager (codependents often confuse sexual attention for approval or acceptance).
• Having a crush on her guitar teacher only to later realize that he had ulterior motives (codependents struggle with setting and maintaining boundaries).
• Accepting the role of personal assistant rather than girlfriend in her recent long-term relationship (codependents have trouble accepting when prospective love interests are unavailable).
• And much more

Through unflinchingly honest (and sometimes sad or harrowing) stories, a wry sense of humor, and illustrations that masterfully set the book's tone, Decodependence: A Romantic (…)

Author Bio

Lila Ash is a Los Angeles-based freelance cartoonist, illustrator, and regular contributor to the New Yorker. She has been featured in Lena Dunham's Lenny Letter, Wired, MAD, The Washington Post, The American Bystander, and The Weekly Humorist. She created a brilliant set of online comics based on real women's harrowing #MeToo stories as well as other works honoring social justice causes. Ash is featured in Send Help! A Collection of Marooned Cartoons by Jon Adams and Ellis Rosen, a compilation of New Yorker
Disney Villains Happily Never After
A Villainous Book of Love and Friendship for a Very Special Someone
by Disney

And they lived happily never after . . . This irreverent-yet-endearing collection of snarky sentiments and wicked affection features the most terrifying Disney villains in all the land.

Tell the person you hate to love and love to hate how you really feel with a charming but cheeky book featuring villainous characters from the darker side of the Disney universe. With thoughtful gifts from poison apples to cuddle puddles with a trio of hyenas, this mischievous collection of art created by Disney graphic designers is a deviously sweet gift of love and friendship for a very special evil someone.

(C) 2023 Disney Enterprises, Inc.

A SWEET (AND SOUR) GIFT FOR YOUR VALENTINE: This playful little book is the perfect fun, funny present for anyone who would rather skip Valentine's Day and instead celebrate Villaintine's Day.

LOVE FROM THE DARKER SIDE: Maleficent, Ursula, Cruella, Captain Hook, and many more share their dastardly feelings on love and friendship.

DISNEY GIFTS FOR THE CRUELLA AT HEART: Pair this villainous volume with The Disney Villains Postcard Box to create a delightfully maleficent gift set.

Perfect for: • Fans of the Disney Villains franchise
• Gifts for anti-Valentine's Day enthusiasts or snarky Galantine's Day
• Anyone who feels the villains have been misunderstood
Dolly Parton, Songteller
My Life in Lyrics
by Dolly Parton and Robert K. Oermann

*New York Times* bestseller *Dolly Parton, Songteller: My Life in Lyrics* is a landmark celebration of the remarkable life and career of a country music and pop culture legend.

This landmark volume explores the remarkable life and lyrics of the one and only Dolly Parton.

As told in her own inimitable words, *Songteller* explores the songs that have defined Parton's journey. Illustrated throughout with previously unpublished images from her personal and business archives, the *Washington Post* calls it a gold mine of little-seen photos and personal anecdotes."

Mining over 60 years of songwriting, Dolly Parton highlights 175 of her songs and brings readers behind the lyrics. A celebrity memoir like no other, *Dolly Parton, Songteller* reveals the stories and memories that have made Dolly a beloved icon across generations, genders, and social and international boundaries.

A RARE VISUAL ARCHIVE: Packed with never-before-seen photographs and classic memorabilia from Parton's archives, this book is a show-stopping must-have for every Dolly Parton fan.

BEHIND THE BELOVED SONGS: Learn the history, personal stories, candid insights, and myriad memories behind classic Parton songs like "Jolene," "9 to 5," "I Will Always Love You," and more in this "splashy, entertaining guide to the lyrics of (...)"

**Author Bio**

Dolly Parton is the most honored and revered female country singer-songwriter of all time. Achieving 25 RIAA-certified gold, platinum, and multi-platinum awards, she has had 26 songs reach #1 on the Billboard country charts, a record for a female artist. Parton recently became the first country artist honored as Grammy MusiCares Person of the Year given out by NARAS. She has 41 career Top 10 country albums, a record for any artist, and 110 career-charted singles over the past 40 years. In 2014, the RIAA recognized her impact on recorded music with a plaque commemorating more than 100 million units sold worldwide. Her 2016 #1 album, Pure & Simple," which topped the Billboard Top Country Albums and Americana/Folk Albums charts, has now sold over 1 million units worldwide.
Every Season Is Soup Season
85+ Souper-Adaptable Recipes to Batch, Share, Reinvent, and Enjoy
by Shelly Westerhausen Worcel

From the author of the bestselling Platters and Boards comes this versatile collection of 85+ go-to recipes for soups, soup fixings, and more. Plus 100 beautiful photos that will make you instantly crave a luscious bowl of soup!

Every day is a good day for soup! From broths and gazpachos to chowders and chilis, this flexible cookbook is overflowing with scrumptious soups for every season. These simple base recipes for healthy, yummy soups are easy to prepare and so satisfying. And the best part? You can riff on them endlessly with toppings and fixings—add mini meatballs, grilled cheese croutons, or a handful of grains. Or transform yesterday’s soup into an entirely new dish: Carrot-Orange-Ginger Soup becomes a savory breakfast oatmeal; leftover Tomato-Watermelon Gazpacho makes a pitcher of Bloody Marias; French Onion Soup is reinvented as a bubbling, golden strata!

Soup lovers, healthy eaters, and busy parents and professionals will love these veggie-forward recipes that never get old and make weeknight cooking a breeze. Tips for batching and freezing soups and instructions for using an Instant Pot or a slow cooker ensure stress-free meals, with less time in the kitchen and more time at the table. With gorgeous photography and a bonus section on soup accompaniments (think breads, salads, and slaws), Every Season is Soup Season is a one-stop-shop cookbook. Everyday soups have never been so simple—or so incredibly delicious.

MORE TASTY RECIPES FROM BELOVED AUTHOR: Shelly Westerhausen Worcel, author of the bestselling book Platters and Boards and companion volume Tables and Spreads, delivers another (…)

Author Bio

Shelly Westerhausen Worcel is the author of Vegetarian Heartland, Platters and Boards, and Tables and Spreads, and the blogger behind Vegetarian Ventures (www.vegetarianventures.com), where she documents her cooking and outdoor adventures. Her recipes have been featured in Bon Appetit, Food & Wine, Pure Green Magazine, The Kitchen, Food52, Buzzfeed, Huffington Post, and many others. She has partnered with brands including Crate & Barrel, Anthropologie, Green Giant, and more. She lives with her husband in Bloomington, Indiana.
Fixing Flamingos
And Other Solutions to the World's Least Pressing Problems
by Lucienne Brown and Brian Rea

Giant fluffy honeybees, dad jokes from God, and a mountain of perplexing paperwork populate this illustrated book about an intern in heaven who is determined to solve the world's least pressing problems.

We all agree evolution is a good thing, but why does it have to take so bloody long? A few million years to go from fins to feet just isn't quick enough in this age of immediate software updates, drone deliveries, and canned whipped cream. People want change, and they want it NOW.

Enter Abby, an intern assigned to Heaven's newly formed Updates Team. While The Boss takes care of the big stuff, Abby's tasked with reviewing hundreds of feedback forms from the recently deceased. Her job: to assess which suggestions should be put into production. Should humans have collapsible skeletons? How many ants does it take to carry a middle-aged woman to Costco? Are we ready to try self-generated meat? When she's not evaluating the wild but well-intentioned suggestions of disgruntled former denizens of Earth, Abby is dodging dad jokes from The Boss, learning about the past lives of her cubicle mates, and wondering if she made a good impression on Jonty from Emotional Engineering. And although her eager attitude and proactive working style is appreciated, she may have overstepped the mark with flamingos. . .

Writer Lucienne Brown and award-winning artist Brian Rea tell Abby's story of successes, failures, and unfortunate mishaps, making Fixing Flamingos (...)

Author Bio

Brian Rea currently lives in Stockholm with his wife and two sons and eats far too many baked goods. He is an internationally exhibited artist and the official illustrator of the New York Times column Modern Love." He is the author of Death Wins a Goldfish and Avoid This.

Lucienne Brown is a writer, body therapist, and wellbeing coach who grew up between Greece and the UK. She has worked on news and magazine publications in Athens and London and in event marketing worldwide. She lives in London with her cat and two plants.
Tulipina's Floral Fantasy
Magnificent Arrangements and Design Inspiration from World-Renowned Florist Kiana Underwood
by Kiana Underwood, by (photographer) Nathan Underwood

Filled with photos of hundreds of lush arrangements and expert wisdom from world-renowned floral design star Kiana Underwood, this imaginative guide provides all the secrets and visual inspiration to create your own spectacular flower arrangements for special occasions.

From world renowned floral artist Kiana Underwood, Floral Fantasy is a guide to designing jaw-dropping botanical arrangements. Rich with luxurious designs and lush blooms, this lookbook combines gorgeous visual inspiration with practical tips and lovely storytelling. Flower lovers will discover a bounty of hundreds of color photographs paired with expert advice and practical how-tos for showstopping arrangements for weddings, holidays, and festive celebrations. Visually stunning and packed with Kiana's signature expertise, this book is both a covetable object and a useful treasure-trove of floral wisdom for anyone who wants to elevate special occasions with the beauty of flowers.

Author Bio
Kiana Underwood is the owner of Tulipina, a boutique floral design studio, and is one of the most sought-after floral designers in the world. She styles flowers for weddings and events and is also a distinguished floral artist and teacher. Kiana employs unique color combinations and floral varieties, including fruits and foliage, that set her apart from her contemporaries and draw admirers and floral designers from all over the world to her sold out workshops. She splits her time between New York and Lake Como, Italy.

Nathan Underwood is a photographer specializing in fine art floral, wedding, editorial, and portrait photography. Tulipina Instagram: https://www.instagram.com/tulipinadesign/?hl=en Tulipina website: https://tulipina.com/
For the Love of Dog
The Ultimate Relationship Guide - Observations, lessons, and wisdom to better understand our canine companions by Pilley Bianchi, illustrated by Calum Heath

For the Love of Dog will help you answer a most important question-'What is it like to be a dog?'--and show you how to enrich your dog's life."
-Marc Bekoff, PhD, author of The Emotional Lives of Animals

"... an illustrative, whimsical journey to better understand the dogs we love, or even just the dogs who wag past us on the sidewalk. For the Love of Dog... will forever change the way you look at your four-legged friends."
-Maria Goodavage, New York Times bestselling author of Top Dog

A visual celebration and exploration of the connection between dogs and humans.

Pilley Bianchi pens a love letter to dogs and dog ownership through observations, lessons, and wisdom gained from her family dog Chaser, the popular subject of her father's New York Times bestselling book Chaser: Unlocking the Genius of the Dog Who Knows a Thousand Words. Chaser was dubbed "the smartest dog in the world" before crossing the rainbow bridge in 2019. New Yorker and New York Times illustrator Calum Heath's charming black-and-white illustrations throughout add a unique graphic style to this gifty package, making it an irresistible volume for (...

Author Bio

Pilley Bianchi is the youngest daughter of John W. Pilley and has been involved in her father's work with Chaser as a producer, co-trainer, writer, and media consultant. She has had an extensive career in the music industry for thirty years as a featured on-air talent for MTV's Ace Award show Turn It Up! and Denis Leary's series Spotlight Cafe, co-writing both theme songs. She lives in New York City.

Illustrator Calum Heath's captivating artwork has been commissioned by a variety of internationally recognized clients, including the Washington Post, Bloomberg, the Guardian, the New York Times, VICE, Wired, Los Angeles Times, BuzzFeed, Penguin Random House, and the New Yorker, among other outlets. He is a devoted dad to a rescued Spanish Podenco. He lives in London.
Fry's Ties
The Life and Times of a Tie Collection
by Stephen Fry

Discover the story of a gentleman's most distinguished accessory, the necktie, with the inimitable Stephen Fry as your guide.

In this utterly charming volume, Stephen Fry excavates his epic collection of neckties and shares the stories behind them. From the traditional egg and bacon colors of the Marylebone Cricket Club to the exuberant Dalmatian pattern of a 1980s Nicole Miller design, each tie tells a story. Interspersed amongst the collection are diagrams to aid in tying your own Half Windsor, Van Wijk, or Prince Albert Knot.

The book expands on Fry's popular Instagram series, with additional, all-new content—including an essay about Fry's own necktie journey and a collection of snappy photos and illustrations of the ties themselves. This handsome little hardcover is more than an homage to a fashion accessory: it's an informative and witty tour of history, culture, art, and design.

BELOVED AUTHOR: Stephen Fry is an icon in many domains, including humor, storytelling, and style. He is the ideal guide to the world of neckties, as knowledgeable as he is entertaining.

PERFECT CONTENT FOR THE STEPHEN FRY FAN: For Fry's fans (especially those who first encountered him as the cool, collected, and always impeccably dressed butler Jeeves), this book is a perfect fit.

DISTINCTIVE GIFT: This book will delight dads, granddads, brothers, and uncles—or anyone who likes to wear fancy neckwear with pride.

BEAUTIFUL ARTWORK: Fry's excellent collection of ties is brought to life by (...)

Author Bio

Stephen Fry is an award-winning comedian, actor, presenter, and director. He rose to fame alongside Hugh Laurie in A Bit of Fry and Laurie (which he cowrote with Laurie) and Jeeves and Wooster, and he was unforgettable as General Melchett in Blackadder. He hosted over 180 episodes of QI and has narrated all seven of the Harry Potter novels for the audiobook recordings. He is the author of the bestselling Mythos series; as well as four novels, Revenge, Making History, The Hippopotamus, and The Liar; and three volumes of autobiography, Moab Is My Washpot, The Fry Chronicles, and
Fungi Collected in Shropshire and Other Neighbourhoods
by M. F. Lewis, foreword by Patricia Ononiwu Kaishian

Venture into the woods alongside a pioneering female mycologist. This one-of-a-kind, keepsake volume celebrates the timeless fascination of fungi.

Very little is known about M. F. Lewis—not even her first name. Mysterious, prolific, and deeply enamored with the world of mushrooms, she left us a treasure trove of mycological illustrations. For over forty years, from 1860 to 1902, Lewis rambled across England and Wales, recording an astonishing biodiversity of fungi. Her delicately drawn, boldly colored images evoke the strange and powerful beauty of this kingdom.

This handsome volume collects hundreds of Lewis's watercolors, contextualized by a foreword from mycologist Dr. Patricia Ononiwu Kaishian. It’s a must-have for today's mushroom lovers who are curious about the history of mycology and for any admirer of vintage botanical illustration who wants to discover something different.

FASCINATING FUNGI: Mushrooms are having a real moment, but they've always captured our imaginations, even in Victorian times. Lewis's gorgeous artwork offers the modern mushroom fan a new way to appreciate their favorite kingdom.

VINTAGE AESTHETIC: This lovely clothbound volume evokes the magic of uncovering a treasure in a jumbled vintage bookstore.

FEMINIST HISTORY: While little is known of the elusive M. F. Lewis, we can celebrate the legacy that she and other female naturalists of the 19th century left for women in science and art today.

ARTFUL SCIENCE: Lewis's illustrated field notes showcase the intersection of art and science at its best.

Author Bio

M. F. Lewis was a mycologist who recorded fungi across England and Wales from 1860 to 1902.

Patricia Ononiwu Kaishian, PhD is a mycologist, educator, and writer, and a visiting professor of biology at Bard College in New York.
Hell
The People and Places
by Seymour Chwast and Steven Heller

A descent into discovering different versions of hell and its realms of torture around the world across literature, religions, culture, and folklore, gorgeously illustrated and accompanied by writing on the origins and details of each hell.

Whether it's a real place, a human construct, an idea, or a superstition, hell is a grotesque demimonde in literature, cultures, religions, and folklore throughout the ages. There are many different hells to be found, each one distressing in its own way. But they all share the same essence: they are terrible places guarded by one or more evil spirits, where punishment is split into various levels of damnation.

Those who wish to venture on this dangerous journey beyond the gates of the underworld will find their guide in two extraordinary authors and graphic designers: Steven Heller and Seymour Chwast. And like Dante in the footsteps of Virgil, they will be able to navigate their way through the burning (or icy!) dark realms that lurk in the heart of the human imagination—the Jewish Gehenna, the Sunni Jahannam, the Swahili hell, the Mayan myth of Xibalba, and many others—as well as all the characters who have created hell, visited it, or been involved in more or less fortunate descents into it.

Equally appealing to fans of the literary hellscape of Dante's Inferno, the bright utopia of The Good Place, and the dark humor of Edward Gorey, Hell offers a feast of chillingly hilarious graphic art and illuminating content that comprehensively plumbs the multiple depths of the underworld.

Author Bio

Location: New York City

Steven Heller is the author, editor, and coauthor of more than two hundred books on design, typography, political and satirical art, and illustration (Including Growing Up Underground: A Memoir of Counterculture New York), and fifteen of them with Seymour Chwast. For thirty-three years he was alternately an art director and book columnist for the New York Times Book Review. Currently he is the co-chair of the School of Visual Arts MFA Design program in New York.

Seymour Chwast is co-founder of Push Pin Studios and has been director of the Pushpin Group, where he reintroduced graphic styles and transformed them into a contemporary vocabulary. His designs and illustrations have been published in a wide variety of books, newspapers, and periodicals.
Illustrators' Sketchbooks
Inside the Creative Processes of 60 Iconic and Emerging Artists by Martin Salisbury

Explore the creative process with iconic and emerging illustrators through selections from their sketchbooks.

This inspiring collection is an ode to the power and possibilities of the sketchbook. It features the journal pages of sixty artists from around the world and across history, including nostalgic favorites like Jean de Brunhoff, Tove Jansson, and Beatrix Potter and contemporary icons like Beatrice Alemagna, Oliver Jeffers, and Shaun Tan.

Curator Martin Salisbury draws on decades of experience as an illustrator and educator to shed light on the lives and work of each artist. A treasury of rough sketches, note-filled margins, collaged pages, color explorations, and thumbnail drawings reveals the importance of the journal in the artmaking process. Some sketchbooks are works of art in themselves, while others showcase playful ideas and happy accidents. This beautifully designed anthology offers readers a glimpse into the raw imagination at the heart of stories and characters treasured across generations.

INTERNATIONAL ROSTER OF ARTISTS: This collection includes the sketchbooks of a diverse range of illustrators hailing from the United States, the UK, France, Germany, Italy, Spain, China, Japan, and South Korea. In addition to the engaging work of newer illustrators like Takako Aoki and Victoria Tentler-Krylov, the book features famous artists like Herge, Edward Gorey, and Tomi Ungerer and the sketches behind their iconic characters and stories.

RARELY-SEEN ART: Featuring private sketchbook pages, this book offers a fascinating look into the minds of illustrators and their (...)

Author Bio

Martin Salisbury is a professor of illustration at the Cambridge School of Art, where he designed and teaches on the renowned MA Children's Book Illustration program. He has previously chaired the jury for the Ragazzi Award at the Bologna Children's Book Fair, and has served on juries for numerous other international illustration awards. He is the author of several books on the practice and theory of illustration, including Children's Picturebooks: The Art of Visual Storytelling (2012) and Drawing for Illustration (2022)
Islas
A Celebration of Tropical Cooking - 125 Recipes from the Indian, Atlantic, and Pacific Ocean Islands
by Von Diaz

An intimate reflection on tropical island cooking's bold flavors and big stories, with 125 recipes, from celebrated food writer Von Diaz.

The islands spanning the Indian, Atlantic, and Pacific Oceans are remarkable places, sharing dozens of ingredients and cooking techniques, including marinating, pickling and fermentation, braising and stewing, frying, grilling and smoking, and steaming and in-ground roasting. Bold flavors drip from the edges of each dish with tastes that represent stories of resistance, persistence, and wisdom passed down from generation to generation.

This narrative cookbook by writer, documentary producer, and author Von Diaz travels across oceans and nations to uplift the shared ancestral cooking techniques of these islands in more than 125 recipes, including intimate profiles of the historical context of each technique, stories from islanders, and step-by-step guides for recreating them at home.

Recipes include:
• Coco Bread from Jamaica
• Arroz con Jueyes (Stewed Crab Rice) from Puerto Rico
• Masikita (Papaya-Marinated Beef Skewers) from Madagascar
• Bebek Betutu (Roasted Duck in Banana Leaf) from Indonesia
• Lechon Kawali (Crispy Fried Pork Belly) from the Philippines

Bright citrus and vinegars, verdant herbs, slow-cooked and smoky grilled meats, fresh seafood, aromatic rice, and earthy root vegetables: These flavors, found in the meals and recipes across these island nations pair remarkably well together, despite distance and cultural differences. The ingredients and deep-rooted cooking techniques in each of these recipes typify the harmonious, synchronous spirit found in each culture’s unique (...)

Author Bio

Von Diaz is a writer, documentary producer, and author of Coconuts & Collards: Recipes and Stories from Puerto Rico to the Deep South. Born in Puerto Rico and raised in Atlanta, Georgia, she explores food, culture, and identity. She has contributed recipes and essays to several cookbooks and anthologies, including Diana Henry's From the Oven to the Table, Julia Turshen's Feed the Resistance, Charlotte Druckman's Women on Food, and
Keep It Down Up There!
The Everyday Shenanigans of Noisy Neighbors
by Luke McGarry

Following a full day in the life of particularly cacophonous upstairs neighbors, *Keep It Down Up There!* lightheartedly commiserates about the trials and tribulations of apartment living.

Often, we downstairs tenants are left wondering: How many HIIT workout classes can a person take? They're hammering another frame into the wall—what is this, a museum? Who on earth blends a smoothie at this hour? Could they be running a secret nightclub from their bedroom? Finally, here is a laugh-out-loud book that feels your pain.

RELATABLE HUMOR THAT SPARKS A CONVERSATION: Noisy neighbors, unfortunately, are not a rare occurrence. While annoying in the moment, when used as a conversation piece, everyone loves discussing their anecdotal evidence of incredibly noisy neighbors. The laughs inspired by stories of midnight vacuuming and early morning at-home jump roping are always belly deep.

WELCOME TO ADULTING: Most people have run into noisy neighbors at some point or another. Whether you're currently living in an apartment or just signed for your first home, we've all been there, and the joke never gets old.

FUNNY GIFT AT A GREAT PRICE: This hilarious and affordably priced dip-in-dip-out book is a great gift for first apartment/housewarmings, dorm dwellers, graduates, or anyone who has ever experienced the joys of apartment life. Pair with earplugs to create a complete and comical set.

Perfect for: • Millennials & Gen Z
• Apartment dwellers
• College students & graduates
• Housewarming or apartment welcome gift
• Fans of illustrated humor and comic books

Author Bio

Luke McGarry is a British-born cartoonist, animator, and musician, currently residing in Los Angeles’ noisiest apartment building. He has been furnished with several illustration awards from the National Cartoonists Society, and one cease and desist letter from the City of Santa Monica. McGarry's clients include *The New Yorker*, *Playboy*, and *MAD*
Let It Burn
Illuminate Your Life with Candles and Fragrance
by Sir Candle Man

A guide to loving candles, living with candles, and using the magic of fragrance to help create beautiful spaces in your life.

Discover the world of candles with Sir Candle Man, the preeminent candle-care expert who knows all the right ways to set a mood through the exquisite combination of wax and fragrance. Bougie means candle* in French, which is quite fitting: Lighting a candle is like a ritual, a moment to treat yourself.

Scent is powerful: for memory, for comfort, and for making your space your own. Whether you want to relax, have fun with friends at a dinner party, or use the right fragrance to focus and get some work done, scented candles are the easiest way to change a vibe instantly.

With informative and inspiring guidance on buying and gifting candles, building your collection, decorating with candles, and adding them to your wellness rituals, Let It Burn will teach you how to light up your life with the magic of fragrance and flame.


EVERYONE LOVES CANDLES: Candles, especially high-end, beautifully designed candles (and their corresponding accessories), are not just for decor; they’re a whole vibe. There’s no better or more affordable way to change up the mood of your space, and this book shows you how.

THE PERFECT LIT GIFT: Pair this book with a single candle, candle set, candle holder, wick trimmer, snuffer, a beautiful box of (…)

Author Bio

Sir Candle Man is the internet's top candle influencer with over a hundred thousand followers interested in his candle recommendations and has been showcased in WWD, the Hollywood Reporter, New York magazine, and on the Rachael Ray Show. Sir Candle Man was born out of the belief that in the midst of our frenzied and stressful lives, we can always choose to make our lives instantly beautiful, peaceful, and joyful by lighting a candle.
Livable Luxe
by Brigette Romanek, foreword by Gwyneth Paltrow

*Livable Luxe* is the first-ever monograph on acclaimed Los Angeles-based interior designer Brigette Romanek.

This aspirational collection of Brigette Romanek's distinctive residential interiors highlights luxurious yet casual homes in places ranging from Los Angeles to New York. Also included are commercial projects, furniture, and lighting designs, all of which embody the essence of *Livable Luxe*.

In her introduction, Romanek charts her unique upbringing on the road with her super-talented single mother, who sang with the likes of Marvin Gaye, David Bowie, Michael Jackson, Aretha Franklin and many others. What grounded Romanek throughout her peripatetic childhood was her ability to make any new space home by decorating and personalizing it with special treasures and mementos that had meaning in her life.

As a designer, she has elevated that same instinct by bringing together an eclectic mix of design elements that create a sense of ease, comfort, and style. Her aesthetic blend of both the high-end and the accessible, or as she calls it, "Gucci meets Gap," is a refreshing approach and fully apparent in her own beautiful home in Laurel Canyon in Los Angeles.

Extensively featured in *Livable Luxe* are the homes of her well-known clients who admire and seek her design expertise in creating spaces that evoke a laid-back-yet-elegant feel. Gwyneth Paltrow is a close friend and client, and she has also penned the foreword. Romanek has created stunning designs for several (...)

**Author Bio**

Brigette Romanek is an award-winning interior designer based in Los Angeles. She has been named in *Architectural Digest*’s coveted AD100 list for several years in a row as well as in *Elle Decor*’s A List. Her star-studded clientele includes Gwyneth Paltrow, Beyonce and Jay Z, Demi Moore, Misty Copeland, and Christian Bale, to name just a few. Her projects have been featured in every major shelter magazine, and she was a featured judge on Ellen DeGeneres’s show *Ellen’s Next Great Designer* on HBO Max. Romanek has also created a custom line of furniture and lighting for Mitchell Gold + Bob Williams.

Gwyneth Paltrow is an Academy Award-winning actress and the founder of the renowned lifestyle brand Goop.
Living Bright
by Matthew Williamson

The first interior decorating and lifestyle book from former fashion designer Matthew Williamson, who has been designing with bold, contrasting color for almost three decades, is an invitation to find your own style and embrace color and pattern to live bright.

Think beige, grey, and white are the only neutrals? Think again. As a lifelong fan of rich jewel tones, fashion designer turned interiors expert Matthew Williamson makes the case for living cocooned in color. Pink can be subtle, warming, and very livable; while used sparingly, fiery red can get you going. Let Williamson help you find your style DNA, and you'll soon be getting out the paintbrush and turning bland corners of your home into a technicolor paradise.

Packed with inspirational images of interior decorating projects, including Williamson's own homes in London and Mallorca, as well as visual references that will transport you to places close to his heart, Living Bright is the hardworking handbook to take on your journey to colorful living.

No space is too small and no project too big. Just follow Williamson's simple instructions, work out which shades speak to you, and discover a lifetime of kaleidoscopic color that awaits. Now is the time to banish boring and learn to live bright with joyful interiors that will lift your mood without punishing your bank balance. Whether serene soft pink or lively mustard yellow, earthy olive green or rich regal purple, there's a color palette that will work for everyone and every home.

PRACTICAL INTERIOR DECOR GUIDE: Packed with useful tips to help hone your taste and build your confidence (…)

Author Bio

Matthew Williamson is a British designer known for his love of pattern and color. Starting out in fashion in the mid-1990s, Williamson and his eponymous brand dressed celebrities, appeared on magazine covers, and won multiple awards. After collaborating on a number of collections for the home, Williamson moved to the Spanish island of Mallorca and pivoted toward interior design. Williamson designs joyful rooms and homewares inspired by his love of travel and was a guest judge on the BBC's Interior Design Masters television show.
Maman and Me
Recipes from Our Iranian American Family
by Roya Shariat and Gita Sadeh

A gorgeous cookbook filled with 78 delicious cook-at-home Iranian American recipes from beloved mother-and-daughter duo Roya Shariat and Gita Sadeh.

You will fall in love with Roya Shariat and her mother, Gita Sadeh, as they welcome you into their home and share their favorite cherished family recipes that include soups and stews, main dishes, desserts, beverages, and so much more. The book takes a unique approach to Iranian cuisine, with recipes and twists that celebrate the evolution of Iranian food in America. Lush, full-color photographs accompany these stunning recipes, many of which are vegetarian, vegan, and/or gluten-free, and include: • Garlicky Eggplant Dip (Kashk Bademjoon) • Chilled Yogurt and Herb Soup (Ab Doogh Khiar) • Split Chickpea Stew with Crunchy Potatoes (Gheymeh) • Sweet and Sour Pomegranate and Walnut Stew (Fessenjoon) • Chickpea and Pistachio Cookies (Noon Nokhodchi) • Rice! Tahdig three ways, in addition to dishes like Crunchy Baked Saffron Rice with Chicken (Tahchin) • And many more

Whether you already know and love Roya and Gita from their popular TikTok videos, or are new to their warmth and humor, you are guaranteed to be inspired to make fantastic Iranian-inspired meals that will thrill your palate.

In this imaginative and utterly charming cookbook, Roya Shariat and her mother, Gita Sadeh, show us how recording a recipe can be an act of preservation: a way to resist the feeling of loss an immigrant may face she has to leave home, or a way to keep the spirit of a departed loved one alive. This is a loving encomium to anyone who has had to (...)

Author Bio

Roya Shariat is a Brooklyn-based writer and social impact professional. She has worked for leading brands and organizations, including Chobani, Glossier, the ACLU, and the Rockefeller Foundation. Shariat writes a weekly newsletter on food and culture called Consumed and runs a popular cooking TikTok with her mother, Gita Sadeh, that has over fifteen million likes across the platform.

Gita Sadeh is a Maryland-based chef and early childhood educator. She has more than four decades of teaching experience and five decades of culinary experience. She is also a TikTok personality with over fifteen million likes.
Moon Garden
A Guide to Creating an Evening Oasis
by Jarema Osofsky

An enchanting guide to creating a moon garden, plus soothing rituals to practice in your night-blooming oasis.

Moon gardens are green spaces that come alive at night, with plants that reflect moonlight, attract nocturnal creatures, and release scent after sundown. Though beautiful during the day, they're best experienced in the evenings—perfect for anyone who works nine-to-five and wants to unwind in their garden after a long day.

In a luxe package with silver foil on the cover, this eye-catching handbook guides green thumbs of all levels in creating their very own moon garden. Alongside lush botanical illustrations, readers will find horticultural tips and design how-tos for creating a rejuvenating space, and calming rituals to enjoy in their garden, such as journaling and meditation. The planting and growing advice applies to all kinds of gardens—backyard, indoor, container—so urban dwellers can use the book as readily as those with more outdoor space.

Alongside a trowel and watering can or crystals and herbs, Moon Garden makes a thoughtful gift for gardeners, houseplant lovers, and mind/body/spirit enthusiasts. At once practical and inspiring, and filled with stunning visuals, Moon Garden encourages readers to approach gardening as a grounding, spiritual practice that nourishes the self and the earth.

FRESH APPROACH TO GARDENING: Featuring anyone-can-do-it gardening advice as well as lovely evening rituals, this trendy and affordably priced gift book makes gardening accessible to (…)

Author Bio

Jarema Osofsky is a Brooklyn-based landscape and interior plant designer with roots in Hong Kong. Osofsky’s design studio, Dirt Queen NYC, works closely with clients to create verdant sanctuaries that offer meaningful and ecologically sustainable connections to the natural world. Her work has been featured in Architectural Digest, T Magazine, Elle Decor, and Apartment Therapy, among others.
Based on the eponymous viral Twitter account, Museum Bums, a celebration of classical art, history, and shapely derrières, encourages readers to learn something new while still managing to have a chuckle.

What do Hieronymus Bosch, the Roman cult of Antinous, and the peach emoji all have in common? But of course, butts, of course!

Divided into six categories of keisters, this humorous history book takes you on a whirlwind tour of the finest rear ends in museums around the world—from the lusciously rendered bottoms of Renaissance painting to the abstract curves of contemporary art. Heritage scholars and art educators Mark Small and Jack Shoulder pair illuminating social commentary, historical context, and lively captions with captivating depictions of tasteful—and sometimes cheeky—bums in art.

Including an angel slyly copping a feel in a sixteenth-century triptych, a twenty-five thousand-year-old bodacious Venus, and Cezanne's dreamy booty-ful bathers, this assortment of artistic behinds is both a celebration and study of the bounty of beautiful bums and their everlasting impressions. Museum Bums invites readers to admire, appreciate, and have a good laugh, all while learning a bit about art and history—a perfect gift for anyone who likes fine arts, museums, and butts.

LIGHTHEARTED AND EDUCATIONAL: There are not many classical art books that walk the line of lighthearted humor. A book like Museum Bums will fill the hole in the market for books that are both artistically (...) 

Author Bio

Mark Small and Jack Shoulder are heritage scholars and art educators who run the Twitter account @MuseumBums. They are based in the UK.
Negatives
A Photographic Archive of Emo (1996-2006)
by Amy Fleisher Madden

A gorgeous hardcover time capsule of the emo music scene as it was from 1996 to 2006, featuring never-before-seen photographs and never-before-told stories from key emo musicians, photographers, and icons.

While the term emo has become a familiar label, there was a time when that wasn’t the case. Many bands of the mid-to-late ’90s would never have classified themselves as such. With the advent of the 2000s, the previously underground emo scene was put on the map, and the term and sound of the genre morphed into something new. Today, the musical and cultural impact of this movement is alive and well, responsible for some of the biggest and most influential acts of the 21st century, from Jimmy Eat World to My Chemical Romance, and the emo label has been reclaimed by those who can't imagine life without it.

Through rare and never-before-seen photographs Amy Fleisher Madden, founder of Fiddler Records (Dashboard Confessional, New Found Glory, Recover, and more), thoughtfully and lovingly put together this moving archive of the second and third waves of emo. With a foreword by Chris Carrabba and revealing essays from Frank Iero, Geoff Rickly, Norman Brannon, and Matt Pryor, as well as insights and bite-sized narratives from photographers and other musicians of the era, this heartwarming time capsule expounds an extraordinary moment in music history—a scene that gave life to not only numerous big names but also to a powerful sound and even more powerful friendships.

Featuring more than eighty bands, including: • Jimmy Eat World
• Dashboard Confessional
• My Chemical (…)

Author Bio

Amy Fleisher Madden founded the independent record label Fiddler Records in Miami when she was sixteen years old. Before she could even vote, she discovered and broke bands like Dashboard Confessional, New Found Glory, and several other emo and indie darlings. She closed her label after ten years in 2006 and went on to work in advertising. She is the author of A Million Miles, a YA novel. Today she is a freelance creative director, writer, and sometimes photographer living in Los Angeles.
Noon
Simple Recipes for Scrumptious Midday Meals and More by Meike Peters

Lunchtime is just as exciting as dinner in this delightful new cookbook that combines Meike Peters's inventive and craveable recipes with gorgeous photography. These 115 recipes are guaranteed to perk up your day (or your dinner).

This bold new cookbook by James Beard Award-winning author and photographer Meike Peters invites us to indulge in simple, satisfying, and scrumptious meals to feed our midday cravings. With a few tricks and clever flavor combinations to keep your mind, body, and soul happy, Noon makes it easy to treat yourself throughout the day.

These 115 quick and creative recipes span vibrant salads and sandwiches, cozy pastas, and savory tarts, as well as warming soups, speedy schnitzels, and Mediterranean seafood treats. Whether you're in the mood for the mouthwatering Autumn Salad with Jerusalem Artichokes, Walnuts, and Apples, a texturally intoxicating Carrot and Pear Salad with Tahini and Sesame Seeds, or the surprising zip of Sauerkraut and Hummus on Sourdough Bread, this book has your taste buds covered.

Attainable yet crave-worthy, the recipes in Noon can equally suit the start, middle, or end of your day. Our lives have changed, and these recipes flexibly fit any reality, from working from home or lunch at the office to leisurely weekend lunches with friends. Noon is about a pause, no matter when you need it. With year-round recipes and stunning photography, this book will keep you well fed and happy at any time of (…)

Author Bio
Meike Peters won a James Beard Award for her first cookbook, Eat in My Kitchen . She is also the author of 365: A Year of Everyday Cooking & Baking . She started her food blog in 2013 and writes about food and traveling. For her Meet in My Kitchen podcast, she invites guests to her kitchen in Berlin where she lives.
Oh. It’s You.
Love Poems by Cats
by Francesco Marciuliano

From the author of the beloved I Could Pee on This series comes a new book of hilarious love poems from cats to their people.

Cats have so many ways to say I love you. Sometimes it's a gentle purr and a slow blink. Sometimes it's a tiny dead animal offered in tribute. And sometimes, it's expressed in that deepest of cat love languages: poetry.

The author of the internationally bestselling series of tongue-in-cheek poetry helps cats put paw to keyboard to express the depth of their feline feelings in odes to breakfasts (on time, please!), ripped-up rugs (it's a sign of affection!), the importance of keeping watch in the bathroom, and the perfect cardboard box that the expensive and totally ignored new cat bed arrived in. Illustrated by adorable and goofy cat photos, this book is the purrfect combination of snarky and sweet that every cat person knows is cat for true love.

CAT PHOTOS GALORE: Illustrated by a collection of feline models striking poses that are charming, affectionate, standoffish, and just plain silly, this whimsical poetry book reveals kitties at their most lovable.

IDEAL GIFT FOR CAT LOVERS: The humor in the poems is based on universal experiences shared by all cats and their owners. For that "crazy cat lady" or "cat mom/dad" in your life, this poetry book makes for the perfect cat-themed gift for anyone obsessed with their pet.

MINI COFFEE TABLE (…)

Author Bio

Francesco Marciuliano is the author of the bestselling I Could Pee on This, I Could Chew on This, I Knead My Mommy, and You Need More Sleep. He is also the writer of the comic strips Sally Forth" and "Judge Parker," was the head writer for the Emmy Award-winning children's show SeeMore's Playhouse, and has written for the Onion News Network, Smosh, McSweeney's, and more. He lives in New York with his two cats, Leelo and Kiki.
Parenting Advice to Ignore in Art and Life
by Nicole Tersigni

From the author of the hit Men to Avoid in Art and Life and Friends to Keep in Art and Life comes a collection of all-too-familiar unsolicited advice parents receive on the daily.

From in-laws and other parents to complete strangers and even your own kids-when it comes to parenting, everyone’s a critic. Against the classic backdrop of fine art, bestselling author Nicole Tersigni’s Parenting Advice to Ignore in Art and Life pokes fun at the many experts” who think they know more than you about your own children. Utterly (and unfortunately) relatable and hilarious as ever, Tersigni’s spot-on captions provide a much-needed laugh for anyone who has had the pleasure of parenting and the pain of having a stranger tell you to put a hat on your baby.

BESTSELLING AUTHOR: Nicole Tersigni broke the Internet with her first book, the hit success Men to Avoid in Art and Life based on her hysterical Twitter feed. After following up with the whip-smart celebration of female friendships, Friends to Keep in Art and Life, Tersigni is back with a parenting humor book like no other!

A HILARIOUS GIFT FOR MOMS & DADS: Whether gifting for expecting parents, new parents, or experienced parents whose adult children steal their toilet paper on visits home, this book is the perfect present for anyone who’s ever had to console a crying baby on a flight while getting side-eyes from childless onlookers.

RELATABLE HUMOR IN ART: These universal pieces of unsolicited advice will make any parent laugh when they need it the most!

Author Bio

Nicole Tersigni is a comedic writer experienced in improv comedy and women’s advocacy. She lives in Metro Detroit with her husband, daughter, and two dogs.
Piecemeal
A Flexible Repertoire of Effortless Meals in 124 Recipes to make in 15, 30, or 60 minutes
by Kathryn Pauline

A new meals-in-minutes cookbook from recipe developer, photographer, and blogger Kathryn Pauline! Based on the idea that one go-to component can anchor several meals, *Piecemeal* is designed to help a busy home cook prepare delicious meals simply, in 15, 30, or 45 minutes.

This strategy-based cookbook features recipes for 30 transformational components—such as grilled corn, turkey meatballs, tzatziki, roasted grapes—each used in three different ways, for a total of 120 delicious and adaptable recipes. The featured components were selected for maximum performance: each is flavorful, storable, and versatile and can stand alone or be used in multiple ways.

*Piecemeal* presents a way for cooks to create a flexible repertoire of meals without doing a ton of work at one time. Prepare the component when you have some time, then use it to enhance or center meals throughout the week, even on your most hectic evenings. The three recipes that pair with each component are fully prepared, from start to finish, in either 15 minutes or less, 30 minutes or less, or up to 1 hour (a project recipe with a bit more prep). For example: Make caramelized tomatoes. Use them in Caramelized Caprese (a 5+ minute recipe), Summer Strata (a 15+ minute recipe), or a Cornmeal Pancake Stack (a 30+ minute recipe).

With Pauline's gorgeous photographs accompanying each of its smart, strategic, and delicious recipes, *Piecemeal* is, at its core, a master course in culinary riffing.

ULTRA-ADAPTABLE WEEKNIGHT COOKING: Here are flexible recipes to provide flavor and ease to weeknight meals, and teach a home cook how (...

Author Bio

Kathryn Pauline is the author of *A Dish for All Seasons*, a food writer, a photographer, and the recipe developer behind the *Saveur* Award-winning food blog *Cardamom and Tea*, where she creates signature seasonal dishes inspired by her Middle Eastern and American background. She currently lives in Melbourne, Australia, and frequently visits her home in the United States.
Pocket Nature: Mushroom Hunting
Forage for Fungi and Connect with the Earth
by Emily Han and Gregory Han

Discover the quiet joy of mushroom hunting with this delightful field guide to identifying mushrooms and reconnecting with the natural world.

For the mycologically curious, this take-anywhere handbook is the perfect thing to toss in a backpack and bring on a mushroom hunt. Learn how to identify fifteen common types of mushrooms and forage safely—not necessarily for consumption but rather as a practice in curiosity, mindfulness, and peaceful observation.

Mindful reflections and shroom-inspired rituals, such as brewing reishi hot cocoa, invite you to reconnect with the earth and consider what we can learn from these incredible specimens. Filled with charming illustrations, *Mushroom Hunting* is your doorway to the mysterious and magical world of these earthy life-forms.

**MUSHROOMS ARE INCREDIBLE:** More closely related to humans than they are to plants, fungi are fascinating organisms. Over a hundred thousand different species have been identified, though as many as five million may exist globally. Learn more in this insightful book! With tips for hunting and detailed profiles of fifteen different types of common shrooms, this mushroom book is a lovely, accessible entry point to the world of mycology.

**GREAT GIFT BOOK:** Petite, gorgeously illustrated, and written in an inviting tone, this approachable guide makes a great gift or self-purchase for mushroom lovers. Package it together with hiking boots, Lion’s Mane capsules, mushroom-themed clothing, or other books in the Pocket Nature series, such as *Leaf Peeping* (a perfect (…)

**Author Bio**

Emily Han is a naturalist, herbalist, and educator. She is the author of *Wild Drinks and Cocktails* and coauthor of *Wild Remedies*.

Gregory Han is a trail-seeker and writer for *Design Milk*, *Dwell*, and *Wirecutter*. He is the coauthor of *Creative Spaces: People, Homes, and Studios to Inspire*.

They live together in an oak-lined canyon in Altadena, California.
Pocket Nature: Stargazing
Contemplate the Cosmos to Find Inner Peace
by Swapna Krishna

Part of the Pocket Nature series, this petite volume features helpful tips for stargazing, plus thoughtful meditations related to stars, space, and the universe.

In a cool palette with celestial illustrations, Stargazing is a must-have companion for amateur astronomers, space enthusiasts, outdoor adventurers, and anyone looking to slow down and find time for contemplation.

In these pages, learn about features of the night sky, from the Milky Way to moon craters to the planets in our solar system; read a brief history of stargazing in cultures around the world; and discover seventeen notable constellations to observe in the northern hemisphere throughout the year. With ruminative meditations on the universe, moonlight, stardust, and more, this pocket-size guide to the cosmos has everything you need to better understand and appreciate the night sky.

THE BROAD APPEAL OF THE NIGHT SKY: No matter where you live, you can look up to the heavens after nightfall and appreciate the beauty of the stars. This insightful book will appeal to people of all ages, whether they’re interested in practicing mindfulness, learning about astronomy, or admiring the natural wonders of our world (and beyond!).

LOVELY GIFT: Stargazing is a thoughtful gift for budding astronomers, space enthusiasts, campers and outdoorsy types, and mindfulness practitioners. Package it with a telescope, NASA socks, or other books in the Pocket Nature series, such as Cloud Spotting and Sunset Seeking (a sky-themed trio!).

NATURE AS THERAPY: As a (...)

Author Bio

Location: Philadelphia, PA

Swapna Krishnais a journalist specializing in space, science, technology, and science fiction. She is the host of Far Out on PBS, a regular contributor to New Scientist, Wired, NPR, StarTrek.com, and StarWars.com, and the coeditor of Sword Stone Table, an anthology of inclusive retellings of King Arthur and the Knights of the Round Table lore. Krishna lives in Philadelphia, PA.
Quiet Place
How to Make Your Time in the Loo Work For You
by Bradford Ware

This is a book of optimization, and optimism, of making time we all spend in the loo, and which can sometimes feel fraught, be more comfortable, entertaining, even enjoyable.

Something closer to "me time." Certainly we all spend enough time in there, and some of us more than others. Often time "in there" is time that happens away from home, which can be stressful, including being out and about (looking for any port in the potential storm), at other people's houses, or in a workspace context. And then there's home, where you'll have varying levels of control, depending on your living situation, but where you'll have the most potential to make it a room of one's own. The Throne Room. This handy, friendly, funny, and inspiring little book aims to help you make your time in the loo work for you. It offers advice for living your best loo life at home and away, with strategies for handling such commonplace conundrums such as finding and navigating public restrooms, bombing the bathroom at a party, TP supply issues (including how to pack a "go bag" to take with you in uncertain environments), how to ask "Excuse me, where might I find a toilet" in 30 languages, road trip pointers, making up stories about your neighbors by looking at their shoes under the stalls, and more. But there are also ways to make the most of this life none of us have exactly chosen. There's a whole section of Things to do while You Poo* (contemplate toilet deep thoughts, poo haiku, seated while solving puzzles and riddles ["sit and solve" is trademarked], toilet trivia. There are music playlists, reading lists, scent-sory suggestions, mood lighting tips, breathing exercises, explorations of toilet tech (heated seats, bidets, the far frontiers of Japanese loo technology). There's also a vetted section on optimizing your health and dietary activity so that the time you spend outside the loo can help ease your time behind closed doors.

*I see there's a self-published book with that in the title, can rename this section if need be
Rest Easy
Discover Calm and Abundance through the Radical Power of Rest
by Ximena Vengoechea

Brimming with encouraging wisdom, easy-to-follow guidance, and illuminating illustrations, Rest Easy is an antidote to burnout culture and an invitation to find joy, balance, and energy through the transformative power of rest.

Rest Easy invites you to experience the life-changing power of resting your mind, body, and spirit. In these pages, rest expert Ximena Vengoechea explores the power of rest and guides you through dozens of proven methods for relaxation and renewal, including movement, sound, visualizations, journaling, time in nature, meditative activities, and so much more. Discover:
• A short quiz that reveals the ideal rest techniques for your personality and lifestyle.
• How to set healthy boundaries and overcome obstacles preventing meaningful rest.
• Bite-size practices to incorporate into everyday life for physical, mental, and spiritual rest.

PROVEN TECHNIQUES: The techniques and practices presented in these pages are proven to improve rest, reduce stress, and boost joy. The author distills her research to make a range of rest techniques accessible to everyone, allowing readers to experiment with a wide variety of practices and find what best fits their lifestyle and needs.

FRESH APPROACH TO HEALTH AND WELLNESS: Through a charming combination of beautiful artwork, compelling storytelling, engaging sidebars, and easy-to-follow takeaways, this book offers a distinctive approach to wellness and well-being. Warm and inviting, Rest Easy is a simple and authentic way to connect and be present for someone in need of gentle encouragement and uplifting support.

POSITIVE & TIMELY: This book presents contemporary methods for well-being in a simple, easy-to-engage format. Readers will discover information on (…)

Author Bio
Ximena Vengoechea is a user researcher, writer, and illustrator whose work on personal and professional development has been published in Inc, the Washington Post, Fast Company, Newsweek, and the Huffington Post. She is the author of Listen Like You Mean It: Reclaiming the Lost Art of True
Self-Love Club
Real Talk and Reminders for Discovering that We're Enough by Hyesu Lee

This celebration of self-love and healing, from illustrator and comics creator Hyesu Lee, is a knowing smile and a shared sigh in book form. Welcome to the club!

Finding the uniqueness that makes you you. Empowering yourself while staying vulnerable and open. Learning to rest, nurture your needs, and embrace self-love. Hyesu Lee has been on a healing journey toward all these states, and she invites you to come along with her.

In this generously candid compilation of art, comics, and illustrated reflections, Lee shines a humorous and heartfelt light on the small moments in life that help us find ourselves and learn to love what we find. This charming little book makes the perfect gift for that person in your life you'd like to see join the self-love club, whether that's a friend, a loved one, or your very own self.

A POSITIVE APPROACH TO SELF-CARE: This book takes a joyous approach to self-acceptance and is full of reminders that no matter where you are in your journey, you are enough, and you are loved. Its humor and bright colors make it a breath of fresh air, but it's also not afraid to look at the harder things in life. We must love ourselves in good times and in bad, and small encouragements like this comic gem are just what we need to help us do so.

RISING-STAR ARTIST: Hyesu Lee's work as (…)

Author Bio

Hyesu Lee is an illustrator, cartoonist, and muralist originally from South Korea and now living and working in Brooklyn. Her work has been featured in It's Nice That, The Lily, Fast Company, Design Sponge, and the forthcoming book Writing and Drawing Comics from Princeton Architectural Press. Her clients include Apple, the Boston Globe, Buzzfeed, Chobani, Food52, Google, the Los Angeles Times, Microsoft, The New Yorker, Topo Chico, the United States Postal Service, United Airlines, the Washington Post, and many more.
Sex for Lazy People
50 Effortless Positions So You Can Do It without Overdoing It
by Ginny Hogan

Sex for Lazy People is a humorous go-to guide for making all sex positions as easy and effortless as possible so you can get more bang for your f*ck.

Featuring fifty positions, as well as hilarious and helpful tips and tricks for staying lazy while doing it, Sex for Lazy People has it all—whether you've had a busy day, have just eaten a big meal, or just generally hate moving.

Having trouble doing it standing up? Wear some grippy socks.

Having trouble putting your all into it? Turn up the AC, so you have to get friskier to stay warm.

Having trouble balancing work and a sex life? Quit your job.

With positions like The Understudy, The Kids are Sleeping, The Slip 'n' Slide, The Benchwarmer, and The Easy Button, you'll never have to get up to get off ever again!

SEX BOOK FOR ALL: For married couples, dating couples, same-sex couples, lovers of all kinds and orientations, this non-strenuous sex positions book with illustrations is a uniquely (...)

Author Bio

Ginny Hogan is an NYC-based writer and standup comic, and author of I'm More Dateable than a Plate of Refried Beans. She's a contributor to the New Yorker, the Atlantic, the New York Times, Cosmopolitan, the Observer, McSweeney's, and Vulture. Forbes recently profiled her as a rising satire star, and she was one of Paste's top humorists of 2019. Hogan performs standup comedy all over the place. She's been seen at The Westside Showdown, The Boston Women in Comedy Festival, San Francisco Sketchfest, the Chicago Women's Funny Festival, the Finger Lakes Festival, and the Park Slope Comedy Festival. She wrote jokes for the 2018 Friar's Club roast of Gloria Allred and has had sketches featured on Comedy Central's digital platform.

Illustrations by Ivan Bravo.
Shitty Craft Club
A Club for Gluing Beads to Trash, Talking about Our Feelings, and Making Silly Things
by Sam Reece

*Shitty Craft Club* is a uniquely empowering guide that allows burnt-out, pressured people to accept their imperfections and find inner calm with whatever shitty thing they can make.

Did you know that you are a glorious and incredible artist? Wait, really? Well, you are. Through silly and deeply relatable tales from her life, Sam Reece, founder of the Shitty Craft Club, guides you through dozens of craft projects that give you permission to be as weird, wild, and wonderful as you want to be.

Melding the nihilistic spirit of millennial/Gen Z humor with Amy Sedaris’s gonzo crafting style and a healthy dose of Lisa Frank vibes, the Shitty Craft Club proves there’s no limit to what a craft can be. Making a bunch of pom-poms so you can be your own cheerleader? That’s a craft. Sculpting a rhinestone shrimp out of aluminum foil and a glue gun? A craft. Having literally one sip of water (congrats, by the way)? Yup, you bet—a craft. Because life is hard. So why not spend a bit of time gluing some trash to more trash if it makes you happy?

This is your sign to embrace anti-perfectionism. Join us at the Shitty Craft Club!

**SELF-ESTEEM OVER SELF-IMPROVEMENT:** In times of uncertainty, we all need a little more self-compassion. Treat yourself with kindness and care. Shitty Craft Club gives us the tools to cope in a creative and (...)

**Author Bio**

Sam Reece is a New York City-based comedy writer and actor with a very serious crafting hobby. Reece has been writing and performing in NYC since 2011 and has written for Comedy Central, MTV, *Buzzfeed*, NBC, and *Refinery29*. In addition to performing in the comedy duo Girls with Brown Hair, Reece has appeared in prominent national advertisements including a spot in a Super Bowl ad for DoorDash, where she appeared alongside Daveed Diggs ( *Hamilton*) and Super Grover ( *Sesame Street*). Shitty Craft Club began in 2019 when Reece gathered a few comedian friends, rented out a community space, and hired a photographer to capture the crafts. In 2020, when in-person events were not possible due to the impact of COVID-19, Reece joined TikTok and began creating humorous craft videos. Less than
The Ghost Army of World War II
How One Top-Secret Unit Deceived the Enemy with Inflatable Tanks, Sound Effects, and Other Audacious Fakery (Updated Edition)
by Rick Beyer and Elizabeth Sayles

A riveting tale told through personal accounts and sketches along the way-ultimately, a story of success against great odds. I enjoyed it enormously." -Tom Brokaw

The first book to tell the full story of how a traveling road show of artists wielding imagination, paint, and bravado saved thousands of American lives-now updated with new material.

In the summer of 1944, a handpicked group of young GIs-artists, designers, architects, and sound engineers, including such future luminaries as Bill Blass, Ellsworth Kelly, Arthur Singer, Victor Dowd, Art Kane, and Jack Masey-landed in France to conduct a secret mission. From Normandy to the Rhine, the 1,100 men of the 23rd Headquarters Special Troops, known as the Ghost Army, conjured up phony convoys, phantom divisions, and make-believe headquarters to fool the enemy about the strength and location of American units. Every move they made was top secret, and their story was hushed up for decades after the war's end.

Hundreds of color and black-and-white photographs, along with maps, official memos, and letters, accompany Rick Beyer and Elizabeth Sayles's meticulous research and interviews with many of the soldiers, weaving a compelling narrative of how an unlikely team carried out stunning battlefield deceptions that saved thousands of American lives and helped open the way for the final drive to Germany. The stunning art created between missions also offers (…)

Author Bio

Location: Chicago, Illinois

Rick Beyer is an award-winning documentary filmmaker and bestselling author. He wrote The Greatest Stories Never Told book series and produced films for PBS, the History Channel, National Geographic Channel, and the Smithsonian Institution.

Elizabeth Sayles illustrated more than twenty-five books for children, including Moon Child; Five Little Kittens; and I Already Know I Love You by Billy Crystal, a New York Times #1 bestselling picture book. Her father, Bill Sayles, was a soldier in the Ghost Army.
The History of Sketch Comedy
A Journey Through the Art and Craft of Humor
by Keegan-Michael Key and Elle Key

Authors Keegan-Michael Key and Elle Key build on the popularity of their 2022 Webby Award-winning podcast and delve deeper into the world of sketch, helped along with new essays created expressly for the book by comedy greats. The History of Sketch Comedy will appeal to all kinds of comedy fans as well as fans of Keegan-Michael Key, whether they know him from his Emmy and Peabody-winning work on Key & Peele; his roles in Fargo, The Prom, Schmigadoon!, The Bubble, and the upcoming Wonka; voiceover work in The Lion King; or as President Barack Obama's anger translator, Luther. With epic personal tangents and hilarious asides, the Keys take you on an illuminating journey through all facets of comedy from the stock characters of commedia del arte in the 16th century, to the rise of vaudeville and burlesque, the golden age of television comedy, the influence of the most well-known comedy schools, and the ascension of comedy films and TV specials—all the way through to a look at the future of sketch on social media platforms. Along the way, we hear tales of Keegan's childhood, his comedy influences, and the vicissitudes of his career path. As the New York Times said in its review of their podcast, this comedy nerd history is filtered through memoir, with Key relating stories of his budding fandom, training and rise from improv comic to television sketch artist.

Part memoir, part (…)

Author Bio

Keegan-Michael Key is an Emmy(Reg TM) and Peabody Award-winning actor, writer, and producer with an extraordinarily diverse skill set and wide-ranging talent in both comedy and drama. In the comedy world, Keegan-Michael is perhaps best known for starring alongside Jordan Peele in their multiple-award-winning show Key & Peele. His other credits include leading turns in Apple TV+'s Emmy-nominated Schmigadoon!, playing Meryl Streep's love interest in Netflix's The Prom, his Critic's Choice nominated role in Hulu's Reboot, and starring alongside Timothee Chalamet in the Warner Brother's feature Wonka. His voicework in feature animations includes The Lion King, Toy Story 4, and The Super Mario Brothers Movie. He made his Off-Broadway debut in Hamlet with Oscar Isaac, and his Broadway debut in Steve Martin's Meteor Shower with Amy Schumer. Keegan-Michael redefines what it means to be a multi-hyphenate in the worlds of film, television, and theater, and his wildly varied and indelible performances have won him fans of all
The League of Lady Poisoners
Illustrated True Stories of Dangerous Women
by Lisa Perrin, foreword by Maria Trimarchi and Holly Frey

A feast for the senses, this sumptuously illustrated book will introduce you to some of the most infamous women throughout world history, united by their shared taste for poison. Welcome to the League of Lady Poisoners.

This riveting and well-researched volume by Lisa Perrin weaves together the stories of more than twenty-five accused women poisoners, exploring the circumstances and skill sets that led them to lives of crime.

You might find yourself rooting for some of them—like Sally Bassett, who helped poison her granddaughter’s enslavers in Bermuda, or Giulia Tofana, who sold her name-brand concoction to women wanting to be rid of their abusive (or otherwise undesirable) husbands. Other stories, though—including that of Yiya Murano, one of Argentina’s most notorious swindlers and serial killers, or the terrifying Nurse Jane Toppan—may prove less palatable.

Organized into thematic chapters based on the women’s motives, the book also includes an illustrated primer that delves into the origins and effects of common poisons throughout history, as well as a foreword by Holly Frey and Maria Trimarchi, creators and hosts of the podcast Criminalia. It is a treat for true crime fans, feminist history buffs, and any curious readers fascinated by the more macabre side of human nature.

TRUE CRIME GALORE: Women can do anything—even commit murder. This thoughtfully researched and insightful survey into the lives of the poisoners explores the toxic events that put these women in (...)

Author Bio

Lisa Perrin is an award-winning illustrator, designer, entrepreneur, and educator. She is a professor in the Illustration department at MICA, and her work has been recognized by The Society of Illustrators, American Illustration, 3X3 Magazine, and Print Magazine. She lives in Baltimore, Maryland.

Holly Frey and Maria Trimarchi are co-hosts of Criminalia, a podcast that explores the intersections of history and true crime. They first met while writing and editing the curiosity-driven website HowStuffWorks. Holly Frey is also the host of the podcasts Stuff You Missed in History, Full of Sith, and Drawn: The Story of Animation. She lives in Georgia. Maria Trimarchi is a writer based in Oregon.
The Little Book of Roller Skating
by Moxi Roller Skates, illustrated by Tasia Prince and Jess Rotter

From the beloved brand Moxi Roller Skates comes The Little Book of Roller Skating, the go-to guide for all things roller skating!

Whether you're just starting out or simply need to brush up on your skills, this book is filled to the brim with all the essentials you'll ever need. From the anatomy of the roller skate and skate maintenance, to trick breakdowns and outdoor skating crash courses, to DIY ideas and off-skate fitness suggestions, Moxi provides concise and accessible tips that make getting on wheels easier than ever.

Learn about roller skating's physical and mental benefits, take a quiz to find out what type of skater you are, and so much more! With engaging illustrations, infographics, and pop history and other interesting facts throughout, The Little Book of Roller Skating isn't as fun as actually getting on your skates—but it sure is close!

A PROMINENT AND TRUSTED BRAND: Moxi is one of the leading voices in the roller-skating industry. Female-owned, body positive, and accessible for all, Moxi is committed to producing high-quality, ethically made roller skates and encourages people of all shapes and sizes to get on skates. They have been featured in the New York Times, Thrillist, the Wall Street Journal, and more, and their brightly colored skates are currently sold at Urban Outfitters, Ban.do, Dolls Kill, and roughly 200 roller rinks and skate shops worldwide.

PRACTICAL KNOWLEDGE WITH A TWIST: Learn (...)

Author Bio

Owned by Riedell, Moxi Roller Skates is a roller skate brand founded in 2008 by Michelle Estro Jen* Steilen, who wanted to create cute and affordable roller skates and break out into a historically male-dominated skate industry. From accessible to premium, designed and tested by skaters, and led by a diverse roster of entrepreneurs, Moxi's mission is to empower all people and nurture their passions by serving the highest-quality skates and gear. They have been featured in the New York Times, Thrillist, the Wall Street Journal, and more. They are located in Southern California, but their brightly colored skates are currently sold at Urban Outfitters, Ban.do, Dolls Kill, and roughly 200 roller rinks and skate shops worldwide.
The Mini ADHD Coach
Tips and Hacks to Make Life Easier
by Alice Gendron

The first truly accessible self-help book for ADHD readers, by the artist and voice behind the popular Instagram account.

The Mini ADHD Coach is an inclusive guide to ADHD that explores the different types, symptoms, diagnoses, and misconceptions, and reassures readers that it's possible to work with your brain and not against it.

Diagnosed at 29, Alice Gendron offers full and supportive insight into life with ADHD, addresses common challenges and hurdles, and provides tips and ADHD hacks that can help readers to work with their condition, from habit-stacking to gamification and much more. Illustrated, entertaining, and informative, The Mini ADHD Coach is a must-have for anyone looking to better understand ADHD and how to thrive with ADHD. With a fresh voice, accessible structure, and entertaining illustrations, Gendron's guide is the perfect introduction to flourishing with ADHD.

FIRST TRULY ACCESSIBLE SELF-HELP BOOK FOR ADHD READERS:
While there are many books about ADHD, this is a unique graphic approach that explores ADHD from daily challenges and how to overcome them to a comprehensive overview of everything you need to know. This book offers a great resource for readers of all ages with its accessible illustrations and thorough content, which is timely and essential given the increase of diagnoses of ADHD in children and women around the world.

POPULAR EXPERT AUTHOR: Alice Gendron's style and approach have struck a chord internationally, with a rapidly growing audience of nearly (...)

Author Bio
Alice Gendron is an artist and freelance writer. Her website is theminiadhdcoach.com and she is on Instagram and Facebook @the_mini_adhd_coach.
The New Brownies' Book
A Love Letter to Black Families
by Charly Palmer and Karida Brown

Inspired by the groundbreaking work of W. E. B. Du Bois, this beautiful collection brings together an outstanding roster of Black creative voices to honor, celebrate, and foster Black excellence.

The New Brownies' Book reimagines the very first publication created for African American children in 1920 as a must-have anthology for a new generation. Expanding on the mission of the original periodical to inspire the hearts and minds of Black children across the country, esteemed scholar Karida Brown and award-winning artist Charly Palmer have gathered the work of more than sixty contemporary Black artists and writers. The result is a book bursting with essays, poems, photographs, paintings, and short stories reflecting on the joy and depth of the Black experience—an immersive treasure trove that reminds readers of all ages that Black is brilliant, beautiful, and bold.

IMPORTANT HISTORICAL LEGACY: In 1920, W. E. B. Du Bois and the founders of the NAACP published The Brownies' Book: A Monthly Magazine for Children of the Sun, which included art, stories, letters, and activities to inspire children, share Black history, and celebrate their identities. As the first periodical for African American youth, this was an important work in the history of children’s literature. The New Brownies' Book revives its mission to inspire the young readers of today.

INCREDBLE CONTRIBUTORS: This book features the work of talented and exciting Black creators, including playwright and poet Ntozake Shange, writer and editor Damon Young, Def Poetry Jam co-creator and painter Danny Simmons, sociologist and educator Dr. Bertice Berry, children's book illustrator James E. Ransome, muralist Fabian Williams (…)

Author Bio
Dr. Karida L. Brown is a sociologist, educator, and writer whose research focuses on the relationship between race, social transformations, and communal memory. She is a professor at Emory University and the inaugural Diane Nash Descendants of the Emancipation Chair at Fisk University's John Lewis Center for Social Justice. She lives in Atlanta.

Charly Palmer is an award-winning fine artist, graphic designer, and illustrator. He was born in Fayette, Alabama, raised in Milwaukee, and currently teaches at Spelman College in Atlanta, where he lives with his wife, Karida Brown. He has illustrated many children's books, including The Teachers March! How Social Justice Accountability On Day 4 of Black History Month...
Heal yourself to heal the world: The Power of Empathy is an informative and inspirational guide to building a better world through compassion, connection, and curiosity.

With this thirty-day approach, you can develop your empathy skills as tools for self-love and empowerment. Empathy expert and entrepreneur Michael Tennant weaves together scholarly research with his personal journey of loss, substance use, anxiety, and depression to explore how empathy can benefit both our inner lives and our larger community.

Filled with heartfelt personal stories, techniques for mindfulness, and engaging journaling prompts, this book grounds the abstract concept of empathy with an actionable and intersectional framework. Learn to compassionately support, courageously confront, gracefully model, effectively resolve, and masterfully connect-all through the power of empathy!

VITAL AND TIMELY: For everyone looking to reconnect and build bridges in response to the stressful and traumatic events of our modern times, this book provides an encouraging, conversational, and accessible introduction to the basics and benefits of empathy. Psychologists, social justice activists, and business leaders alike have found empathy to be an important tool in strengthening relationships and boosting mental health, morale, and even productivity.

INSPIRING EXPERT AUTHOR: In 2018, Michael Tennant launched Actually Curious, a conversation card game that helps people create safe spaces to be vulnerable and share their views on personal issues and current events. The game went viral and sold out immediately, leading to features in the New York Times, Cosmopolitan (...)

Author Bio

Michael Tennant is an entrepreneur and advocate for diversity and mental health. In 2017, he founded Curiosity Lab, a Black-owned creative studio that uses storytelling to build community around inclusivity and empathy and is known for its popular Actually Curious card games. He lives in Florida with his wife and daughter.
The Sweet Life Painting and Coloring Book
by Sacree Frangine

Enjoy The Sweet Life and let your creativity flow with this painting and coloring book, part of a beautiful stationery and gift collection illustrated by best-friends-turned-creative-power-duo, Sacree Frangine.

Featuring twenty beautiful coloring designs created by French duo Sacree Frangine, this unique painting and coloring book has extra-thick paper inside can that accommodate watercolor paint, colored pencils, watercolor pencils, brush markers, or any coloring medium. Designs depicting moments that make life sweet—a bowl of fruit, a bouquet of flowers, a loving embrace, a scenic vista—are as therapeutic to color as they are charming to display.

The single-sided pages remove cleanly from the book once finished, and a sturdy backing board makes it simple to color the pages in any setting. The gift of an enchanting and relaxing creative escape, this painting and coloring book makes a perfect present or self-gift for anyone seeking new ways to unwind and find their flow.

UNWIND AND GET CREATIVE: Coloring—whether with paint or pencil—is a fantastic way to destress. These designs suit any level of coloring detail and become beautiful works of art with just a few strokes of color. Give these designs your unique creative touch and release your anxiety all at once.

PERFECT FOR ANY COLORING MEDIUM: These coloring pages are extra-thick so they can accommodate all types of coloring mediums, from pencil to watercolor to acrylic to ink. For the ultimate painting and coloring experience, pair this coloring book with The Sweet Life Watercolor Pencils.

EASILY CREATE FRAME-WORTHY ART: The designs are (…)

Author Bio

Sacree Frangine is the creative duo Celia Amroune and Aline Kpade, friends since childhood and illustrators living between Paris and the South of France. Their art is inspired by friendship, sisterhood, and a love of life’s simple pleasures.
This Country
Searching for Home in (Very) Rural America
by Navied Mahdavian

In Mahdavian’s hands, comics feel like poetry. Perfect ink drawings bring land, beast, and humans, with all their delicacy and yearning, viscerally to life. This Country... made me want to grant my own surroundings the grace, humor, and dignity of Mahdavian’s observant study. “-Amy Kurzweil, cartoonist and author of Flying Couch: A Graphic Memoir

A gorgeously illustrated and written debut graphic memoir about belonging, identity, and making a home in the remote American West, by New Yorker cartoonist Navied Mahdavian.

Before Navied Mahdavian moved with his wife and dog in November of 2016 from San Francisco to an off-the-grid cabin in rural Idaho, he had never fished, gardened, hiked, hunted, or lived in a snowy place. But there, he could own land, realize his dream of being an artist, and start a family—the Millennial dream. Over the next three years, Mahdavian leaned into the wonders of the natural Idaho landscape and found himself adjusting to and enjoying a slower pace of living. But beyond the boundaries of his six acres, he was confronted with the realities of America’s political shifts and forced to confront the question: Do I belong here?

Mahdavian’s beautifully written and unflinchingly honest graphic memoir charts his growth and struggles as an artist, citizen, and new father. It celebrates his love of place and honors the relationships he makes in rural America, touching on dynamics like culture, environment, and identity in America, and even articulating difficult (...)

Author Bio

Location: Salt Lake City, Utah

Navied Mahdavian has been a contributing cartoonist at the New Yorker since 2018. His work has also been published in Reader’s Digest, Wired, and Alta Online and the books The Rejection Collection and Send Help! Before becoming a cartoonist, he taught the fifth grade, where he learned most of his jokes. Mahdavian was born in Miami and lives in Salt Lake City, Utah.
Veg-table
Recipes, Techniques, and Plant Science for Big-Flavored, Vegetable-Focused Meals
by Nik Sharma

From the bestselling author of The Flavor Equation and Season: A fascinating exploration of the unique wonders of more than fifty vegetables through captivating research, stunning photography, and technique-focused recipes.

Nik Sharma, blogger at A Brown Table, Serious Eats columnist, and bestselling cookbook author, brings us his most cookable collection of recipes yet in Veg-table. Here is a technique-focused repertoire for weeknight mains for cooks of all skill levels looking to add more delicious and satisfying vegetable dishes to their diet.

Combining the scientific underpinnings of The Flavor Equation with the inviting and personal recipes of Season, this book features more than fifty vegetables, revealing their origins, biology, and unique characteristics. Vegetable-focused recipes are organized into chapters by plant family, with storage, buying, and cooking methods for all. The result is a recipe collection of big flavors and techniques that are tried, true, and perfected by rigorous testing and a deep scientific lens.

Included here are Sharma's first-ever pasta recipes published in a cookbook: Pasta with Broccoli Miso Sauce, Shallot and Spicy Mushroom Pasta, and more. And vegetable-focused doesn't mean strictly vegetarian; bring plants and animal protein together with delicious recipes like Chicken Katsu with Poppy Seed Coleslaw and Crispy Salmon with Green Curry Spinach. A wide variety of hot and cold soups, salads, sides, sauces, and rice-, egg-, and bean-based dishes round out this collection.

Featuring more than 100 of Sharma's gorgeous (...)
Wear It Well
Reclaim Your Closet and Rediscover the Joy of Getting Dressed by Allison Bornstein

Celebrity fashion stylist Allison Bornstein's Wear It Well is a guide to using fashion as a tool for self-discovery and getting dressed as an act of ultimate self-care, taking the anxiety out of finding your personal style, showing you how to make your closet a sanctuary, and bringing back the joy of getting dressed.

Fashion is wellness in this guide to making dressing a ritual designed to experience more self-love, joy, and calm. Wear It Well teaches us to love our wardrobes again, break free of the wardrobe struggles that keep us from enjoying getting dressed, and how fashion can be a tool for self-discovery and self-care.

Allison Bornstein is a professional stylist who made a name for herself styling celebrities like Katie Holmes, Violette, and pioneering director Cathy Yan. Now, introducing her proven method she has used with hundreds of women, she will show you how to find your personal style, curate your closet, and overcome some of these common wardrobe struggles:

- "I don't have time"
- "I hate all of my clothes"
- "Nothing fits right"
- "It's too old/too young looking"
- "I don't have a personal style"

Bornstein shares her AB Closet Editing System that will help you detox both your thoughts and clothes by getting rid of items that don't fit or that you never wear, and learning to fill your closet with ONLY clothes that bring you more joy, confidence, and empowerment. Like vision-boarding for your wardrobe and life, you will use her Three Word Method to choose words that you most want to identify (…)

Author Bio

Allison Bornstein is an Instagram stylist and wardrobe consultant who made a name for herself styling celebrities like Katie Holmes and Violette, while also helping women all over the world find their personal style and curate their closets. Allison has been featured in a variety of publications from Vogue, The New York Times, and more.
Zingerman’s Bakehouse Celebrate Every Day
A Year’s Worth of Favorite Recipes for Festive Occasions, Big & Small
by Zingerman’s Bakehouse and Amy Emberling, photographs by E. E. Berger

This fun, spirited, and visually rich cookbook from the beloved Zingerman’s Bakehouse contains a full gamut of recipes to mark life events, seasonal holidays, and celebrations, from birthdays and weddings to tailgating, Passover, Mardi Gras, Pi Day, and more!

The first Zingerman’s Bakehouse cookbook was lauded by bakers of all levels for its carefully selected recipes that yield delicious results. Zingerman’s Celebrate Every Day brings that same depth of knowledge, clear instructions, fun spirit, and range of favorite recipes. Within these pages are 80 meticulously tested, delicious, and fun recipes, with more than 100 photographs and spunky sidebars.

The cookies, brownies, cakes, pastries, pizzas, sweet and savory pies, soups, and stews in Zingerman’s Celebrate Every Day are specially curated for the large and small events that add color and texture to our lives. Whether you’re looking for a Pavlova for Passover or the perfect Kentucky Derby watch-party pie, this book is a resource and an inspiration.

BELOVED DESTINATION BAKERY: Zingerman’s huge following brings more than 3,500 guests a week from around the United States and the world to the Bakeshop in Ann Arbor. Customers also eagerly order direct through their catalog and wholesale channels in Ohio, Indiana, and Michigan.

A COLLECTION OF FAVORITE AND MOST-REQUESTED RECIPES: The Bakeshop listens to its audience, and many of these recipes are included because they are most loved and sought after by their brick-and-mortar, catalog, and baking-class customers.

EXCLUSIVE CONTENT: Most of these recipes have never been published, and many are favorite seasonal offerings from the Bakehouse, making this recipe book the only (...)

Author Bio

Amy Emberling is the managing partner and master baker at Zingerman’s Bakehouse and a longtime resident of Ann Arbor, Michigan.

E. E. Berger is a food and lifestyle photographer based in Detroit, Michigan.
Revolution in 1960s Quebec
by Chris Oliveros

A deep dive into a contentious and dramatic period in Canadian history - the rise of a militant separatist group whose effects still reverberate today.

It started in 1963, when a dozen mailboxes in a wealthy Montreal neighborhood were blown to bits by handmade bombs. By the following year, a guerrilla army camp was set up deep in the woods, with would-be soldiers training for armed revolt. Then, in 1966, two high-school students dropped off bombs at factories, causing fatalities. What was behind these concerted, often bungled acts of terrorism, and how did they last for nearly eight years?

In Are You Willing to Die for the Cause?, Quebec-born cartoonist Chris Oliveros sets out to dispel common misconceptions about the birth and early years of a movement that, while now defunct, still holds a tight grip on the hearts and minds of Quebec citizenry and Canadian politics. There are no initials more volatile in Quebec history than FLQ - the Front de liberation du Quebec (or, in English, the Quebec Liberation Front). The original goal of this socialist movement was to fight for workers’ rights of the French majority who found their rights trampled on by English bosses. The goal became ridding the province of its English oppression by means of violent revolution.

Using dozens of obscure and long-forgotten sources, Oliveros skillfully weaves a comics oral history where the activists, employers, politicians, and secretaries piece together the sequence of events.

Author Bio

Chris Oliveros was born in 1966 in Montreal and grew up in the nearby suburb of Chomedey, Laval. He founded Drawn & Quarterly in 1989 and was the publisher for the following twenty-five years. Oliveros stepped down from D+Q in 2015 to work on Are You Willing to Die for the Cause?
Blackward
by Lawrence Lindell

Black, weird, awkward and proud of it. Welcome to the club!

Tired of feeling like you don’t belong? Join the club. It’s called the Section. You’d think a spot to chill, chat, and find community would be much easier to come by for nerdy, queer punks. But when four longtime, bookish BFFs - Lika, Amor, Lala, and Tony - can’t find what they need, they take matters into their own hands and create a space where they can be a hundred percent who they are: Black, queer, and weird.

The group puts a call out for all awkward Black folks to come on down to the community center to connect. But low attendance and IRL run-ins with trolls of all kinds only rock everybody with anxiety. As our protagonists start to question the merits of their vision, a lifetime of insecurities - about not being good enough or Black enough - bubbles to the surface. Will they find a way to turn it around in time for their radical brainchild, the Blackward Zine Fest?

Lawrence Lindell’s characters pop from the page in playful Technicolor. From mental health to romance, micro- and macro-aggressions to joy, our crew tackles everything life throws at them in this heartwarming tale about building a place to belong and the power of community.

Blackward is filled with vibrant art and bold friendships. Lindell has created a tender but hilarious love letter to community, belonging, and the beauty of (...)

Author Bio

Lawrence Lindell is an artist, musician and educator from California who works in many artistic disciplines, including comics, music, illustration, and mixed media. He is the co-founder of Laneha House.
Blankets: 20th Anniversary Edition
by Craig Thompson

Quaint, meditative and sometimes dreamy, blankets will take you straight back to your first kiss. “ - The Guardian

Blankets: 20th Anniversary Edition is the story of a young man coming of age and finding the confidence to express his creative voice. Craig Thompson’s poignant graphic memoir plays out against the backdrop of a Midwestern winterscape: finely-hewn linework draws together a portrait of small town life, a rigorously fundamentalist Christian childhood, and a lonely, emotionally mixed-up adolescence.

Under an engulfing blanket of snow, Craig and Raina fall in love at winter church camp, revealing to one another their struggles with faith and their dreams of escape. Over time though, their personal demons resurface and their relationship falls apart. It's a universal story, and Thompson's vibrant brushstrokes and unique page designs make the familiar heartbreaking all over again.

This groundbreaking graphic novel, winner of two Eisner and three Harvey Awards, is an eloquent portrait of adolescent yearning; first love (and first heartache); faith in crisis; and the process of moving beyond all of that. Beautifully rendered in pen and ink, Thompson has created a love story that lasts.

Blankets is a great American novel - Time
Craig Thompson infus[es] his bittersweet tale . . . with a lyricism so engaging, the pages fly right by . . . It's virtual poetry. - Entertainment Weekly
Blankets [shares] the compelling, heartbreaking story of Thompson's childhood and first love. - USA Today Pop Candy

Author Bio
Craig Thompson is a cartoonist and the author of the award-winning books Blankets; Good-bye, Chunky Rice; and Habibi. He was born in Michigan in 1975, and grew up in a rural farming community in central Wisconsin. His graphic novel Blankets won numerous industry awards and has been published in nearly twenty languages. Thompson lives in Portland, Oregon.
Melvin Monster
by John Stanley

John Stanley's beloved classic now available in paperback

Now collected in an omnibus paperback, John Stanley's Melvin Monster is about a good-natured monster boy whose sweet personality belies his monstrous appearance. Melvin just wants to be good, go to school, and do as he is told. Melvin's sunny optimism makes him an oddball outcast in his Monsterville community, where he disappoints his parents, Mummy” and “Baddy,” with his irrepressible sunny disposition, and also continually escapes the wrath of their pet alligator Cleopatra who only wants to eat Melvin whole. Gag after gag, the acclaimed mid-century cartoonist Stanley sets Melvin up in fairly quotidian situations that spiral into hilarious ridiculousness, with a ferociously frenetic comedic timing.

Charmingly naive, Melvin Monster draws its direct inspiration from the 1960s monster craze and the work of cartoonist Charles Addams and its television adaptation The Addams Family as well as The Munsters, however, Melvin Monster is all its own with Stanley's superior cartooning skills, melding pop colors, expressive lines, and funny jokes on full display.

[ Melvin Monster ] features a cartoonist in Stanley who understands a trend and how to put his own stamp on it. - Rob Clough; The Comics Journal
The stories never exceed ten pages, and are densely plotted, with quirky elements that bear a uniquely hilarious touch. - Slings and Arrows
Melvin Monster is a bonafide hoot. . . This is the rare book that actually lives up to its ‘all ages’ description. - Chris Mautner; Comic Book Resources

Author Bio

John Stanley (1914-1993) was a journeyman comics scripter in the 1950s and 1960s. He is most famous for his scripts for the majority of the Little Lulu comics produced by Dell, and is considered by many comics historians to be the most consistently funny and idiosyncratic writer ever to work in the field. He left comics bitterly sometime in the late 1960s, never to return.
Roaming
by Jillian Tamaki and Mariko Tamaki

Spring Break, 2009: Five days, three friends, and one big city.

Roaming marks a triumphant return to the graphic novel and a deft foray into new adult fiction for Caldecott Medal authors Jillian Tamaki and Mariko Tamaki.

Over the course of a much-anticipated trip to New York, an unexpected fling blossoms between casual acquaintances and throws a long-term friendship off-balance. Emotional tensions vibrate wildly against the resplendently illustrated backdrop of the city, capturing a spontaneous queer romance in all of its fledgling glory. Slick attention to the details of a bustling, intimidating metropolis are softened with a palette of muted pastels, as though seen through the eyes of first-time travelers. The awe, wonder, and occasional stumble along the way come to life with stunning accuracy.

Roaming is the third collaboration from the critically acclaimed team behind Skim and Governor General's Literary Award winner This One Summer. Moody, atmospheric, and teeming with life, the magic of this comics duo leaks through the pages with lush and exquisite pen work. The Tamakis' singular, elegant vision of an urban paradise slowly revealing its imperfections to the tune of its visitors' rhythms is a masterpiece - a future classic for generations to come.

Roaming perfectly captures so much of what it feels like to be both fully grown and still becoming who you are. The utterly brilliant Tamakis show the highs and lows of friendship and love and what it means (…)

Author Bio

Jillian Tamaki is a cartoonist, illustrator, and educator raised in Calgary, Alberta. She is the author of the Eisner Award-winning graphic novels SuperMutant Magic Academy and Boundless, and the author-illustrator of two picture books, including most recently Our Little Kitchen. With her cousin Mariko Tamaki, she is the co-creator of the young adult graphic novels SKIM and This One Summer, which won a Governor General's Award and Caldecott Honor. She lives in Toronto, Ontario. Mariko Tamaki is a Canadian writer living in California. She is the co-creator of the graphic novels Skim and This One Summer with Jillian Tamaki, and Laura Dean Keeps Breaking Up with Me with Rosemary Valero-O’Connell. She writes superhero comics for DC Comics, Darkhorse and Marvel. Mariko was the recipient of the Eisner for Best Writer in 2020. Collectively, her works have received Printz Honors, Eisner Awards, and Nebula and Christy Awards.
The Cliff
by Manon Debaye, translated by Montana Kane

A budding friendship between two misfits unravels in the wake of school violence

Schoolyard outcasts Charlie and Astrid meet up after school near a cliff at the edge of the woods surrounding their sleepy town. They make a blood pact to jump together in five days time, before their thirteenth birthdays. Not that navigating the unspoken pecking order of the school quad makes it easy. Can the intensity of their bond survive the scrutiny of their peers, or will it crumble under the sum of each other's disappointments?

Manon Debaye's characters live in a world just on the periphery of adult supervision, where kids prey upon one another with casual aplomb only to find themselves completely out of their depth. A deft use of colored pencils brings sleepy but barren suburban landscapes to the fore, further capturing childhood's last pivotal moments as it teeters on the edge of adolescence with startling honesty in this devastatingly well-crafted debut.

Winner of the 2023 Philippe Druillet Prize at Angouleme, The Cliff is a moody, visceral glimpse into pre-teen life, unflinching in its portrayal of trivialized cruelties alongside simple joys.

Author Bio

Manon Debaye is an illustrator and cartoonist whose work has appeared in The New York Times, Zadig, Biscoto, and Zeit Wissen. Debaye is also the co-founder of the small press collective Mokki. This is her first graphic novel.
The Death-Ray
by Daniel Clowes

A cartoonist's acclaimed take on the superhero genre - now in paperback.

Teen outcast Andy is an orphaned nobody with only one friend, the obnoxious - but loyal - Louie. They roam school halls and city streets, invisible to everyone but bullies and tormentors, until the glorious day when Andy takes his first puff on a cigarette. That night he wakes, heart pounding, soaked in sweat, and finds himself suddenly overcome with the peculiar notion that he can do anything. Indeed, he can, and as he learns the extent of his new powers, he discovers a terrible and seductive gadget - a hideous compliment to his seething rage - that forever changes everything.

The Death-Ray utilizes the classic staples of the superhero genre - origin, costume, ray gun, sidekick, fight scene - and reconfigures them in a story that is anything but morally simplistic. With subtle comedy, deft mastery, and an obvious affection for the bold pop-art exuberance of comic book design, Daniel Clowes delivers a contemporary meditation on the darkness of the human psyche.

One of Clowes's most beloved books, The Death-Ray is the winner of the Eisner, Harvey, and Ignatz Awards.

Daniel Clowes continues to plot a lofty, lonely course through the subconscious of popular culture with this hilariously bleak graphic novel. - TIME Best of 2011
48 pages densely packed with art, dialogue and ideas, The Death-Ray [is] supersaturated, a story delivered directly into your imagination. . . - NPR
Clowes once again shows he is a master of current-day absurdity - with heart. - USA Today
The Death-Ray reads as a cautionary parable and an acidic rumination (...)

Author Bio

Daniel Clowes is the acclaimed cartoonist of the seminal comic book series Eightball and the graphic novels Ghost World, David Boring, Ice Haven, Wilson, Mr. Wonderful, The Death-Ray, and Patience. He has had major retrospectives at the Oakland Museum of California and the Museum of Contemporary Art in Chicago.
An Oscar-nominated screenwriter, he is the recipient of numerous awards, including the PEN Center USA Award, and Eisner, Harvey, and Ignatz Awards and is a frequent cover artist for The New Yorker. He is married and lives in Oakland, California.
The Great Beyond
by Lea Murawiec, translated by Aleshia Jensen

How would you live with nothing but your name?

Manel Naher wants out. In a world where your name is currency, it's tough to make ends meet. It's even tougher when you share a name with a rising pop star. The city is unbearable - endless high-rises, social climbers left and right, and nothing but names as far as the eye can see. But Manel is looking a little bit farther, just beyond the horizon, and she's even convinced her buddy Ali of how much more could be lying in wait right outside city limits.

When a sudden heart attack induced by diminished name recognition foils Manel's plans, gradual change becomes a catalyst for a complete lifestyle overhaul. This stylish, absurd comedy of contemporary manners skewers the human condition in persistent self-promo. Sharp, architectural lines are accented by decisively mellow hues, building a humorously grim world unexpectedly bathed in nothing but light.

An exciting debut from a fresh perspective, The Great Beyond showcases newcomer Lea Murawiec's command of comics language and satirizes a sprawling metropolis, its politics, and its extraordinary inhabitants.

Translated by Aleshia Jensen.

Author Bio

Lea Murawiec is an avid manga fan who began making her own comics at a very young age. She studied graphic design at the Ecole Estienne and later shifted her focus to comics at the Ecole europeenne superieure de l'image in Angouleme. She is the co-founder of Editions Flutiste, an independent small press spotlighting emerging cartoonists.

Aleshia Jensen is a Montreal-based translator and former bookseller. She has previously translated a novel by Quebec author Mathieu Poulin as well as several graphic novels.
Yokai: The Art of Shigeru Mizuki
by Shigeru Mizuki

Manga's most beloved creator ventures into Japan's mythical past and emerges with a menagerie unlike any other

Shigeru Mizuki is no stranger to the supernatural and its portents. Kitaro and Tono Monogatari reimagined the obscure folktales of his youth, bringing them to life with whimsy. Mizuki the cartoonist certainly left an indelible mark on comics as world literature. Mizuki the fine artist, on the other hand, rounds out the full scope of his fascination with the otherworldly and fantastic, bringing these worlds to life in robust color.

Yokai: The Art of Shigeru Mizuki showcases his expertise of not only folklore, but celebrates him as a naturalist. Elements of Mizuki's lush compositions - flora, fauna, and everything in between - showcase his mastery of form and love for nature. These popular renderings of a disappearing, rural Japan are his contribution to the preservation of a cultural heritage that would have otherwise been forgotten. The grotesque realism central to his body of work is offset by the ingenuity of his fancy for the macabre. Pieces in this deluxe, full-color edition call to mind the playful pop-sensibility of Maurice Sendak informed by the technical prowess of traditionalists like Durer and Dore. And like any other Mizuki classic, each oeuvre is a unique snapshot of spirit, human or otherwise, in constant transition.

Yokai: The Art of Shigeru Mizuki includes supplementary writing by acclaimed Mizuki scholar and translator Zack Davisson.

Author Bio

Shigeru Mizuki (1922-2015) was one of Japan's most respected artists. A creative prodigy, he lost an arm in World War II. After the war, Mizuki became one of the founders of Japan's latest craze - manga. He invented the yokai genre with GeGeGe no Kitaro, his most famous character, who has been adapted for the screen several times, as anime, live action, and video games. In fact, a new anime series has been made every decade since 1968, capturing the imaginations of generations of Japanese children. A researcher of yokai and a real-life ghost hunter, Mizuki traveled to over sixty countries to engage in fieldwork based on spirit folklore. In his hometown of Sakaiminato, one can find Shigeru Mizuki Road, a street decorated with bronze statues of his Kitaro characters.
Autonomy-Supportive Parenting
Reduce Parental Burnout and Raise Competent, Confident Children
by Emily Edlynn

As parents, we want our children to take responsibility for their schoolwork, their chores, and their choices. We want them to grow into independent adults, but when we see them struggling, we sometimes have a tendency to step in and problem-solve, telling them exactly what to do or even doing things for them ourselves. The problem is the more controlling we are with our children, the more out of control they feel. When our children feel out of control, problems big and small follow—from more tantrums in thwarted toddlers to a higher risk of drug and alcohol use in adolescence. So how do we support our children's autonomy while maintaining boundaries and not losing our minds in the process? From clinical psychologist Emily Edlynn, PhD, comes a flexible parenting framework that can apply to every family and every parental relationship. With Autonomy-Supportive Parenting, you can build trust in your child and trust in yourself.

"If the idea of being a smart, trusted, and independent person appeals to you, think how much it appeals to other people—like your kids. Here’s a book that makes the case for giving your kids the space and support to explore, stumble, and succeed. Because, alas, they all go together. - Lenore Skenazy, president, Let Grow and author of Free-Range Kids

Author Bio

Emily Edlynn, PhD lives outside of Chicago with her three children, husband, and Aruban rescue dog, and by day works as a clinical psychologist with children, adolescents, and families. She pens a regular advice column for Parents.com, and writes about parenting across national outlets and for her blog, The Art and Science of Mom.
Buenos Días!
The Mexican Breakfast Book
by Ericka Sanchez, with Nicole Presley

Make your morning a fiesta with a collection of traditional Mexican breakfasts and Mexicanized American breakfast and brunch favorites. From egg dishes and chilaquiles to pan, hot cereals, pancakes, and waffles, Buenos Días! is the best way to start your day! From Latina culinary queens Ericka Sanchez (Nibbles and Feasts) and Nicole Presley (Presley’s Pantry), this delicioso collection also includes drinks you’ll look forward to waking up for, including coffee, fruit juices, and tea.

Author Bio

Ericka Sanchez is a recipe developer, food stylist, and the creator of the award-winning culinary website nibblesandfeasts.com. Ericka’s cooking style is inspired by her life as a bicultural Latina living in California and her cherished memories in the kitchen with her grandmother and mother in Mexico, where she lived until she was eight years old.

Nicole Presley is a culinary enthusiast and recipe developer passionate about culture and food. Her childhood and life experiences drove her to create Presley’s Pantry, a platform from her East LA kitchen that celebrates family, food, and original recipes.
Fall 2023 Raincoast Omnibus Adult

Master American History in 1 Minute a Day
Revised and Expanded
by Dan Roberts

Join acclaimed historian Dan Roberts-known to millions as the voice of the A Moment in Time radio series-on a bite-sized romp through 500 years of American history. With just one minute a day, you can master all the essential facts of America’s founding, Civil War, world conflicts, homefront transformations, and more!

With the same insightful, engaging 1-minute essays and a wide-ranging look into the major events in the United States of America, Master American History in 1 Minute a Day, Expanded Edition is here! This revised edition has been updated to include the momentous events in the last five years, including the murder of George Floyd and subsequent national demand for racial equity and police reform; the COVID-19 pandemic; the Trump presidency; SpaceX; and the January 6 Insurrection. Additional chapters have been added to more deeply explore the Jim Crow South, Juneteenth, FDR’s deportation of American citizens of Mexican descent, and more.

What a wonderful way to take in history!*
-The Old Schoolhouse: The Family Education Magazine"

Author Bio

Dan Roberts is the consummate teacher-scholar with an uncanny ability to bring history to life for his students through his work in the classroom, for his millions of listeners on the radio with A Moment in Time,* and for the many readers of his written work, including his latest book, Master American History in 1 Minute a Day. The study and appreciation of history has rarely been so accessible to so many.

Notes

Promotion

Extremely popular radio host shares his understanding of history in a wise yet entertaining manner
Great conversation-starting facts that are handy to have at parties
Fun for teams, classrooms, and clubs to have for parties and events


Discovering Optimal
Shift Your Narrative, Transform Your Habits, Boost Your Energy
by Joseph Gibbons

Recharge your life and realize your potential with an introspective approach to holistic health

In Discovering Optimal, Joseph Gibbons, a professor in Exercise Science and Lifestyle Management, and a nationally accredited mental health first aid instructor and practitioner, takes readers on his own eye-opening journey to optimal health and wellness while offering the latest scientific findings to help them uncover their unique blueprint for mental, physical, and spiritual wellbeing.

Key to Gibbons's program is the concept of energy management. The majority of us are running dangerously low on energy, attributable to the type of fuel we provide our cells, the effects of the self-talk that narrates our days, and the amount and quality of sleep we get. This depleted state makes it near-impossible to live life to its fullest, and worse, can put us on a path toward chronic illness and disease. But by following a whole-body approach, Gibbons shows that it's possible to rewire one's psychology and physiology in order to break the burnout cycle.

Through introspective exercises to help readers identify their personal obstacles to living optimally, and strategies and techniques to support them in realigning their health priorities, Discovering Optimal provides the building blocks for individuals to reenergize, revitalize, and reinvigorate their minds and bodies.

Author Bio

Joseph Gibbons is a full-time professor at Humber College where he holds exemplary faculty status. He has 20 years of experience as a professor, exercise physiologist, health and lifestyle coach, and mental health first aid instructor.

Joseph's mission is to help people overcome the life obstacles that impedes their journey towards optimal physical, mental, and spiritual health.
Early Days
Indigenous Art from the McMichael
by revised by Bonnie Devine and Sarah Milroy

A landmark publication bringing together more than seventy voices illuminating the rich array of Indigenous art held by the McMichael Canadian Art Collection.

Under the editorial direction of Anishinaabe artist and scholar Bonnie Devine, Early Days gathers the insights of myriad Indigenous cultural stakeholders, informing us on everything from goose hunting techniques, to the history of Northwest Coast mask making, to the emergence of the Woodland style of painting and printmaking, to the challenges of art making in the Arctic, to the latest developments in contemporary art by Indigenous peoples from across Turtle Island.

Splendidly illustrated, Early Days tells not just the story of a leading collection but the recent history of Indigenous art in Canada as many artists transitioned from creating cultural belongings made for use to contemporary art made by artists participating in the global art market and systems of display. This publication will be the largest in the history of the McMichael, asserting the foundational place of Indigenous art and ways of knowing in the history of art.


Author Bio

Bonnie Devine is an installation artist, educator, and writer. An off-reserve member of the Genaabaajing Anishinaabek (Serpent River First Nation) on the north shore of Lake Huron, Devine explores issues of land, environment, treaty, history, and narrative. Though she holds degrees from both the Ontario College of Art and Design University and York University, Devine's most enduring learning came from her grandparents, who were trappers on the Canadian Shield in Northern Ontario. In 2014 and 2015 she installed Battle for the Woodlands at the Art Gallery of Ontario. Her recent exhibitions include the touring show La Rabida, Soul of Conquest: an Anishinaabe encounter curated by the Art Gallery of Ontario in 2018-2019. She lives in Toronto.
Finding American
Stories of Immigration from All 50 States
by (photographer) Colin Boyd Shafer, foreword by Ali Noorani

A captivating photographic portrait of the diverse experiences of immigrants in the United States, depicting the resilience and realities of building a home in a new place.

In 2017, documentary photographer Colin Boyd Shafer set out on the first leg of an ambitious project photographing immigrants in every U.S state. With his partner, Kate, he drove 400 miles from their home in Kitchener, Ontario, to South Burlington, Vermont, to meet Youness, an American who emigrated from Morocco. Two years later, Shafer had travelled more than 40,000 miles, recorded hundreds of hours of interviews, and made thousands of photos.

Motivated by the increasingly hateful rhetoric around immigration in the United States at the time, Shafer wanted to convey the real human stories behind the abstract numbers, harmful stereotypes, and political framings. Through online networks he connected with hundreds of people in places he'd never visited before, and met individuals of all ages, cultural backgrounds, occupations, origins, and means of arriving in the country, whether by harrowing midnight border crossing or some paperwork and a plane ride. Finding American shares a glimpse into the lives and communities of hundreds of Americans from all over the world, through captivating photography and stories told by the participants.

Author Bio

Colin Boyd Shafer is an award-winning Canadian documentary photographer, social sciences educator, and the son of immigrants, with family roots in the United States. His recent photography projects include INTERLOVE, which tells interfaith love stories in Ontario; Cosmopolis Toronto, featuring someone from every country of the world who now calls Toronto home, which he presented at TEDxToronto and at the United Nations Alliance of Civilization's Global Forum; and They Desire A Better Country, a commemoration of the 50th anniversary of the Order of Canada, for which he was chosen by the Governor General of Canada to make portraits of the featured recipients. His work has also featured in numerous print and TV outlets, including National Geographic, The Wall Street Journal, The Globe and Mail, CNN, BBC News, and CBC's The National. He holds two bachelor degrees as well as an MSc in Political Economy of Violence Conflict and Development from SOAS, University of London. He lives in Kitchener, Ontario, Canada.
For the Love of Cocktails
The Everyday Guide to Delightful Drinks for Anyone, Anytime by Evelyn Chick

For the Love of Cocktails! is the perfect cocktail book for today - a socially-conscious, adventurous, and style-forward look at how to make drinks for anyone, anytime.

Full of unpretentious recipes and useful tips and tricks for those who might need to resort to using a sports water bottle instead of a two-piece Boston shaker, this guide, from globally acclaimed bartender Evelyn Chick, provides readers with access to a world of flavors and sensations - those typically reserved for high-end cocktail bars - without having to leave home. Readers will quickly learn that a good cocktail is not found in how complex it is to create, the rarity of spirits, or the quality of the barware they have. A good cocktail is about joyful pursuit: being unafraid to make mistakes and the willingness to try something new.

From zero-proof and cannabis-infused cocktails, to beautiful and refreshing twists on cocktail-hour staples to whimsical new creations inspired by the people and places in Chick's life, readers are sure to find their next after-work cocktail, celebration drink, canna-curious adventure, or backyard party favour among these pages.

Designed and presented in a unique mood-based format, For the Love of Cocktails! will not simply guide readers on how to make drinks according to spirit or flavour, but instead, provides inspiration for drink-making based on the mood the bartender is in (or the one they hope to inspire). The result is a wholesome appeal to readers to wholly consider their beverage options, and to embrace an ethos of drink-making that both (...)
In this poignant display of the resilience of language, culture, and community in the face of the profound changes brought by settlers, Kluane First Nation Elders share stories from their lives, knowledge of their traditional territory (A’ si Keyi, "my grandfather’s country"), and insights on the building of their self-governing First Nation.

With generosity, diligence and deep commitment to their community, Elders from Lhu’aan Man Keyi (Kluane First Nation) recorded oral histories about their lives in the southwest Yukon. They shared wisdom, stories and songs passed down from grandparents, aunts and uncles, in Dan’ k’e (Southern Tutchone, Kluane dialect) and English. This years-long project arose from the Elders’ desire for their children and future generations to know the foundations of language, culture, skills and beliefs that will keep them proud, healthy and strong. The Elders speak of life before the Alaska Highway, when their grandparents drew on thousands of years of traditional knowledge to live on the land through seasonal rounds of hunting and gathering; the dark years after the building of the Alaska Highway, when children were taken away to residential schools and hunting grounds were removed to form the Kluane Game Preserve and National Park; and the decades since, when the community worked through the Yukon land claims process to establish today’s self-governing First Nation.

Inclusivity is a key community value. The Elders’ stories are (...)

Author Bio

Kluane First Nation is one of eleven self-governing First Nations in the Yukon. The traditional territory of the Lhu’á’a’a’n Mán Keyi Dan’ Kwánje Naatsat (Kluane Lake People) extends from the shores of Lhu’á’a’n Ma’n (Kluane Lake) northeast to the Ruby and Nisling mountain ranges and southwest to the St. Elias Mountains. Most First Nations people from this area identify as descendants of Southern Tutchone speakers and follow a matriarchal moiety system with two clans, Kaje’t (Crow Clan) and Agunda (Wolf Clan). Other ancestors came from Tlingit, Upper Tanana, and Northern Tutchone communities. Kluane First Nation signed their Final and Self-Governing Agreements in October 2003. The government is located in Burwash Landing, a small, primarily First Nations community in the southwest Yukon.

Notes

Promotion

• Pitch to PNW media outlets. Our book with the Kwanlin Dün Nation was profiled on CBC and reviewed in Yukon News, The Ormsby Review, and Daily Hive. Hoping for repeat exposure with this title.

• Possible book launch in Burwash, tied to 20th anniversary of the signing of the KFN Final and Self Government Agreements.
Okanagan Eats
Signature Chefs’ Recipes from British Columbia’s Wine Valleys
by Dawn Postnikoff and Joanne Sasvari

A collection of more than 70 signature recipes from the Okanagan Valley's best chefs, restaurants, cafes, bakeries and wineries.

The Okanagan, Similkameen and Thompson Valleys in British Columbia are known to produce some of the most outstanding wines in the world. But the region is also emerging as an exciting culinary scene. Inspired by the Interior's organic farming and sustainable agriculture, the region's chefs are quietly bringing world-class techniques to the table, taking the golden beets, tomatillos, wild mushrooms, haskap berries and everything that grows so abundantly in every micro-season and transforming it into the kind of meals that would tickle a food critic's palate.

Okanagan Eats is a deep dive into this dynamic food region where locality is the name of the game. From a summer heirloom gazpacho to wine-braised short ribs, an orchard salad to a decadent brownie trifle, there is something delicious to suit every taste. While the recipes are chef-driven, they are intended for home cooks and designed to be uncomplicated and fuss-free.

Each recipe includes a suggested drink pairing, reflecting the spirit of collaboration championed by the community. Baked Brie with Haskap-Jalapeno Jam pairs beautifully with Fitzpatrick Family Vineyard's Fitz Cremant sparkling wine. Duck and Waffles for Sunday brunch is made more decadent accompanied by Hillside Winery's Syrah. And for the Big Ole Yorkie Bowl, Crannog Ales's Back Hand of God Stout is the only way to go.

Okanagan Eats aims to bring the culinary traditions of this flourishing scene to greater prominence - where food is fresh and delicious, and wine is bountiful.

Author Bio
As co-founder of Edible Vancouver Island, Dawn Postnikoff shares her passion for coastal living and the local food and beverage culture with the Edible community. Having left the corporate world to become a golf course and restaurant owner in 2008, she now organizes several events and festivals each year, works closely with her local chefs’ association and promotes culinary tourism throughout the region. Dawn is mom to five mostly grown-up children and loves spending time outdoors when she isn’t playing in her kitchen or sipping wine with friends.

Joanne Sasvari grew up on Vancouver Island, and in her heart, never left. She is the editor of Vitis, The Alchemist and Westcoast Homes & Design.
Fall 2023 Raincoast Omnibus Adult

Rajesh Vora
Everyday Monuments - The Rooftop Sculpture of Punjab
by by (photographer) Rajesh Vora, text by Dr. Satwinder Kaur Bains, Rahul Mehotra and Sajdeep Soomal, Curated by Keith Wallace

Striking photography and incisive texts document and reflect on the fascinating and uniquely Punjabi art form of sculptural water tanks.

In the late 1970s, a unique local art form emerged in the villages of Doaba, a rural region of India’s Punjab state. Villagers who had moved elsewhere but retained close ties to the region began constructing elaborate multi-storey homes of brick or marble, topped with sculptural watertanks, sometimes called showpieces. Though almost unknown outside of India, in certain areas of the Punjab today homes like these dominate the landscape. The painted cement-and-rebar embellishments are usually individually commissioned, and take various forms including planes, animals, soccer balls, and weightlifters; in all cases, their intent is to announce and honor a family or individual's presence in and connection to the region. Combined with the intricately decorated houses on which they perch, these works represent a merging of art, architecture, and everyday life that transcends conventional design norms to tell a diasporic story in a form that is unique to Punjab.

Mumbai-based photographer Rajesh Vora visited 150 villages over several years to photograph hundreds of these works. In 2022, his photos were exhibited at the Surrey Art Gallery in British Columbia, Canada, a major center of the Punjabi diaspora. In addition to over 140 of Vora's photographs, this volume offers texts by Rahul Mehrotra, who observes the hybrid and evolving conceptions of home that these vernacular forms express; Vora and Keith Wallace, the exhibition's curator, who discuss the origins of the works and their travels in the region; Sajdeep Soomal, who locates the (...)

Author Bio

Rajesh Vora is a Mumbai-based photographer focused primarily on architectural and cultural subject matter. He graduated in 1979 from the National Institute of Design in Ahmedabad, India, where he developed an interest in documenting peoples and regions that are threatened by change. His architectural photography has appeared in Domus (India), Architectural Design (India), Inside Outside, Dezeen, ArchDaily, and COLORS, where he contributed for fifteen years as a photographer, researcher, and writer. His documentary photos have appeared in numerous publications, most recently Kinetic City & Other Essays (2021), Working in Mumbai: RMA Architects (2020), and The Architecture of I. M. Kadri (2016). He has exhibited photographs in group shows in New Delhi, the Canary Islands, The...
The Gift of Perspective
Wisdom I Gained from Losing a Leg and Two Lungs
by Lindsey Roy

A corporate executive, wife, and mother reflects on what she lost, what she didn't see coming, and the power of new vantage points.

At age 31, Lindsey Roy was named vice-president at Hallmark Cards - one of the youngest in the company's more-than-100-year history. Five years later, while on a getaway, a tragic boating accident nearly claimed her life and left her with an amputated left leg and other severe limb injuries. The recovery was brutal, but she stayed relentlessly focused on not just healing, but emerging stronger. She eventually shared what trauma had taught her about happiness in a TEDx talk that has been viewed nearly 180,000 times to date.

Eight years after the accident, another life-altering event: Lindsey was diagnosed with a rare and progressive disease that destroyed the blood vessels in her lungs, requiring a double-lung transplant. Instead of getting stuck in thoughts of Why did this happen to me?, she reembraced her own advice and championed a new outlook: letting go of one life vision in order to unlock hidden advantages and new depths of resilience in oneself. Now a sought-after speaker, she's imparting these hard-won lessons to help you adapt, disrupt, and innovate in your own life.

These are valuable insights forged in the fire - from Lindsey's journey and from other inspiring individuals she's met along the way. Part memoir, part inspirational guidebook, and full of grit, faith, and humor, The Gift of Perspective is ready to meet you where you are - in life, in business, and no matter where adversity may (…)

Author Bio

Lindsey Roy has experienced unique challenges in her life, including a leg amputation from a traumatic boating accident and a rare disease leading to a double lung transplant. These experiences, coupled with her natural gifts for speaking and writing, have transformed into a passion to tell her story in the hopes of helping others tackle whatever obstacles life throws at them. She did a TED talk in 2017 titled What Trauma Taught Me About Happiness. Her story has been featured in major publications, such as O Magazine, Fast Company, Forbes, and Working Mother.

Lindsey's perspective is also honed by her roles as a corporate executive, mother and wife. She is Senior VP Strategy & Brand at Hallmark, an iconic brand and company. Lindsey has been at Hallmark for twenty-two years, leading various initiatives and groups, including serving as the company CMO.
A thought-provoking and empowering book that will inspire leaders to take a fresh look at a new coalescence between work and life.

In *Work-Life Bloom: How to Nurture a Team That Flourishes*, award-winning author Dan Pontefract takes a fresh look at integrating our professional and personal lives. Just as a flower needs the right mix of sunlight, water, and nutrients to grow and thrive, team members need the right mix of work-life factors to create a fulfilling and harmonious existence. Through primary global research, interviews, and personal experience, Pontefract delves into the current state of work and life, offering practical solutions for leaders and organizations to create environments where teams can flourish.

Pontefract argues that there really is no such thing as work-life balance: our rigid attempts to achieve it don't reflect current realities, and are in fact leading us to further burnout, stress, and unhappiness. Instead, he encourages a more holistic approach, promoting the idea of "blooming" in both work and life. Pontefract stresses that for people to succeed, they must reach fulfillment through the integration of work and the personal aspects of life. After all, people bring their work into their lives and their lives into their work; an improved integration is necessary.

Pontefract introduces six key work factors - trust, belonging, feeling valued, purpose, strategy, and norms - and six life factors - relationships, skills, well-being, meaning, agency, and respect - essential for creating an integrated work-life ecosystem that genuinely blooms. The 12 factors contain practical solutions and strategies for leaders who want to nurture Work-Life Bloom (...)

**Author Bio**

**Dan Pontefract** is a renowned, award-winning leadership strategist with four books, four TED Talks, and four hundred thousand touchpoints over his career. If you're thinking about leadership and organizational culture and how they can become a competitive advantage, Dan can help.

Between 1998 and 2018 Dan held senior executive roles at firms including SAP, TELUS, and Business Objects, leading corporate culture change, leadership development, employee experience and overall performance improvement. Ever since, he has worked with organizations around the world including the likes of Salesforce, Amgen, State of Tennessee, Canada Post, Autodesk, Government of Indonesia, Manulife, Nutrien, City of Toronto, among many others. He has on-the-ground experience of what it takes to turn
101 Things to Do With a Bundt Pan, New Edition
by Jenny Hartin

Packed with delicious recipe ideas cooked in everyone's favorite iconic pan, Jenny Hartin's new edition of 101 Things To Do With A Bundt® Pan will help the home cook serve up quick and easy one-pan dishes from breakfasts, breads, cakes and desserts, to savory appetizers and brunch ideas, sides, and main dishes, including comfort foods such as meatloaf, lasagna, mac and cheese, and even roast chicken. Nothing bundt tasty!

Author Bio

Jenny Hartin is the founder of The Cookbook Junkies, a Facebook group that brings cookbook fanatics together, as well as a website of the same name. She is also the director of publicity for Eat Your Books and is well-known in the cookbook arena. She has been a cookbook judge for the James Beard Awards and has written for various websites and venues doing cookbook reviews and feature pieces. Jenny spends a great deal of her time developing her own recipes, writing, cooking, and baking. This is her first cookbook. She lives in Colorado.
101 Things to Do With a Pickle, New Edition
by Eliza Cross

This new edition of 101 Things to Do With a Pickle by Eliza Cross is a fun and zesty cookbook full of recipes for making pickles as well as using them in a dill-icious collection of pickle appetizers, sandwiches, salads, dinners, and even desserts. Dill, gherkin, spear, chip, sour, or sweet pickles star in recipes such as Sweet & Sour Mustard Pickles, Bacon-Wrapped Pickle Poppers, Dill Pickle Soup, Roast Pickle Potatoes, and Sweet Pickle Pie.

Author Bio

Eliza Cross is an award-winning writer and the author of 14 books, including the bestselling Bacon, Beans and Beer and Small Bites. She develops recipes and styles cuisine for corporate and print media, and blogs about food, gardening, and sustainable living at Happy Simple Living. She lives with her family near Denver, Colorado.
101 Things to Do With A Tortilla, New Edition
by Stephanie Ashcraft and Donna Kelly

This new edition of 101 Things to Do With a Tortilla by Stephanie Ashcraft and Donna Kelly takes tortillas from being simple staples to tasty, nutritious meals for breakfast, lunch, dinner, and more. Easy-to-make recipes such as Southwest Egg Rolls, Chicken Caesar Wraps, Green Chile Tortilla Soup, Huevos Migas, Vegetarian Taco Casserole, Tortillas in Black Bean Sauce, and Cherry Enchiladas will have your family well-fed in no time.

Author Bio

Stephanie Ashcraft was raised in Indiana. She received a bachelor's degree in family science and a teaching certificate from Brigham Young University. Stephanie loves teaching, interacting with people, and spending time with friends and family. She has taught hundreds of classes and appeared on hundreds of television and news programs all over the country sharing ways families can save time and money in the kitchen. Stephanie and her husband, Ivan, reside in Salem, Utah, with their five children.

Donna Kelly, a food fanatic and recipe developer, is the author of several cookbooks including Quesadillas, French Toast, Burritos, 101 Things to Do with a Tortilla, and 101 Things to Do with An Air Fryer. Her blog Author's blog, apronstringsblog.com, has about 125k page views per month. She lives in Salt Lake City, Utah.
101 Things to Do With An Air Fryer, New Edition
by Donna Kelly

For that gorgeous golden-brown color and the perfect crisp, you need an air fryer. The new edition of Donna Kelly's 101 Things to Do With An Air Fryer is jam-packed with indulgent favorites without deep frying. From chicken wings to onion rings, these recipes bring back all the classics and add a dash of something new. Make a hearty weeknight meal with Chicken Satay with Peanut Sauce or Coconut Cashew Curry Cod, add a side of Smoky Acorn Squash Rings or Garlic Parmesan Broccoli, and finish it off with Triple Berry Crisp, Churro Bites, or Blueberry Peach Cobbler. Delectable vegetarian options range from Sesame Crusted Tofu Steaks to Swiss Chard and Mushroom Frittatas. These recipes are a great way to enjoy fried foods, with none of the deep-fried calories, and all of the flavor.

Author Bio

Donna Kelly, a food fanatic and recipe developer, is the author of several cookbooks including Quesadillas, French Toast, Burritos, 101 Things to Do with a Tortilla, and 101 Things to Do with an Instant Pot®. Her blog, apronstringsblog.com, has about 125k page views per month. She lives in Salt Lake City, Utah.
101 Things to Do With An Instant Pot, New Edition
by Donna Kelly

How do you get dinner on the table in just minutes? With a multi-use modern pressure cooker and the new edition of Donna Kelly's 101 Things to Do With an Instant Pot®. You can quickly whip up easy and flavorful appetizers, soups and stews, beef, pork, poultry, fish and seafood dishes, vegetarian and vegan entrees, sides, and desserts. Give Huevos Rancheros, Minestrone in Minutes, Chicken Curry in a Hurry, Lentil Sloppy Joes, and Cinnamon Roll Bread Pudding a try. Your family will thank you.

Author Bio

Donna Kelly, a food fanatic and recipe developer, is the author of several cookbooks including Quesadillas, French Toast, Burritos, 101 Things to Do with a Tortilla, and 101 Things to Do with An Air Fryer. Her blog Author's blog, apronstringsblog.com, has about 125k page views per month. She lives in Salt Lake City, Utah.
101 Things to Do With Grits, New Edition
by Harriss Cottingham

Grits have been called the "first truly American food." But any Southern cook worth their salt knows it's what you add to grits that makes them a delicious part of any meal. A simple porridge made from stone-ground hominy corn, grits can transform into anything from pancakes to appetizers and even desserts. Harriss Cottingham's new edition of 101 Things to Do With Grits serves up inventive recipes for using grits at every meal, with tips and cooking techniques that show just how quick and versatile grits can be.

Featured recipes include Tropical Grit Fritters with Mango Salsa, Southern Grit Sushi, Grits Eggs Benedict, Country Ham and Grits with Redeye Gravy, Vanilla-Scented Grit Pancakes, Sweet Grits Porridge with Fresh Fruit, Lobster Tempura over Lemon-Scented Grits, Thai-Style Red Curry Grits, Hickory-Smoked Chicken over Pesto-Scented Grits, Bacon and Jalapeno Fried Grits, and Red Curry Grits - and even Chocolate Grits!

Author Bio

A true Southerner living in South Carolina, Harris Cottingham knows grits. His passion for food began a young boy while taste-testing for his grandfather who was an amateur chef. Cottingham learned the culinary arts at Johnson and Wales University Culinary School in Charleston, South Carolina, and has worked in several fine dining restaurants, served as a guest chef at multiple events, and worked in the wine industry. He lives in Greenville, South Carolina with his family.
A Modern Guide to Human Design
How to Live in Alignment with Your True Self
by Rachel Liberman

The world teaches us that the truth comes from outside of us - family, friends, experts, institutions - and that we make our best decisions with logic. Human Design proposes a new reality: we each have a built-in navigation system. We are each wired for our own unique purpose!

Have you realized that things go smoothly when you trust your gut? You might be a Generator. Do you need to sleep on it when making a big decision? You might have Emotional Authority. Has anyone ever told you that you give the best advice? You could be a Projector! Do you bristle when others tell you what to do because you know you're here to impact the world by doing things your way? You may have a Manifestor aura! Have you always just felt more sensitive and different than everyone around you? You might be part of the 1% as a rare Reflector.

The best thing about Human Design is that it recognizes something we all know but often forget - we are all different. Our Human Design chart is the tangible blueprint for moving away from living the life that society expects of us and stepping into our special gifts and magic. Wouldn't it be incredible to have an instruction manual explaining how to have the best relationship with your child, partner, friends, or coworkers? Human Design is this guide - empowering us to allow everyone, including ourselves, to be who they are truly meant to be.

Author Bio

Rachel Lieberman stepped away from a traditional career path with a question: in today's society, can we spend our lives doing meaningful, energizing, and satisfying things? This inquiry led her to the study of Human Design, and within weeks she started blogging on the topic (and hasn’t stopped since). The blog became Pure Generators (https://www.puregenerators.com/), a New Paradigm multimedia hub with a large online community of curious individuals with a desire to challenge the status quo in how they use their precious energy. Her mission is to make Human Design accessible and practical, inviting everyone to move away from outdated, rigid study and experiment with the system in their everyday lives. You can find Rachel online at puregenerators.com.
A striking and elegant coffee-table book highlighting heritage landscape design in California.

California's diverse vernacular and designed landscapes have roots in the late 1700s Spanish colonization of what was then called Alta California. The state also has a unique endemic flora and rich botanical history from both the Indigenous people's protoagriculture and plant introductions that continue to this day. For many people, however, the concept of landscape is associated with gardens, especially estate gardens. Yet landscape design reaches far beyond the elite circles of private estates; California Eden: Heritage Landscapes of the Golden State showcases a wide range of landscapes from the professional to the vernacular through exceptional essays by distinguished landscape historians. Entries highlight famous and beloved estate gardens but also more frequently overlooked landscapes such as shopping malls, streetscapes, sports venues, and vernacular sites. From a military installation on the California-Mexico border to the campus of Stanford University and the Japanese American gardens of San Diego, the essays speak to design as well as the challenges of historic preservation of these-often ephemeral places. As elegant as it is informative, California Eden is an essential book for anyone who is passionate about plants.

Author Bio

Christine Edstrom O'Hara is an associate professor of landscape at Cal Poly San Luis Obispo. She received her Bachelor's degree in English and Art History from Stanford University, Master's degree from University of Washington in Landscape Architecture and Preservation Planning, and PhD in Landscape Architecture from University of Edinburgh. In addition to teaching, Prof. O'Hara has had a landscape design practice for over 20 years. Within that practice, she consults on the restoration and preservation of historic landscapes by writing National Register nominations, Cultural Landscape Reports, as well as restoration and rehabilitation plans. She is the president of the California Garden & Landscape History Society, trustee for the National Association for Olmsted Parks and is passionate about education and conservation of historic places.

Co-editor Susan Chamberlin is a landscape historian and a licensed landscape architect with a master's degree in architectural history from the University of California, Santa Barbara. She is a founding member of the California Garden & Landscape History Society and a former adjunct faculty member of Santa Barbara City College where she taught landscape history. In
Cowboys and Rodeos
by Alyn Robert Brereton

The stunningly beautiful and vibrant photography in *Cowboys and Rodeos* showcases the allure and romance of cowboys, horses, and the wild west while also portraying the grit, power, and gravity-defying action of rodeos, both in small venues and professional arenas. Professional Rodeo Cowboys Association (PRCA) photographer Alyn Robert Brereton offers both the beauty and the dirt of the western United States in Cowboys and Rodeos. This stunning coffee-table book is a piece of art, showcasing a working ranch in northern California, horses, cattle, tack, boots, buckles, cowgirls, cowboys, and rodeos. Brereton provides some information about the various rodeo events that are then highlighted with spectacularly timed photography that captures the skill, strength, courage, and bone-jarring rides of the cowboys and cowgirls. You will be awed at the rough-stock events - bareback bronc, saddle bronc, and bull riding - and how the cowboys stay on the animals, or not, shown in amazing images. The timed events - steer wrestling, tie-down roping, team roping, barrel racing, and breakaway roping - require precision and finesse from both the riders and the photographer. And not to be forgotten are the bullfighters and clowns, mutton bustin’ little cowfolk, and other entertainment such as goat scrambles, trick-riding, and roping skills that are a part of rodeos and Western Americana.

Author Bio

Alyn Robert Brereton became a fully carded PRCA photographer later in life to fulfill his passions for fine-art photography and the cowboy life. A primatologist by training, with a PhD from the University of Stirling in Scotland, Brereton was employed as an archeologist in California and Nevada and an ethnoarcheologist along the Bering Sea in Alaska prior to his second career of teaching high school International Baccalaureate anthropology and psychology. He resides in Modesto, California.
Design Mixology
The Interiors of Tineke Triggs
by Chase Reynolds Ewald and Heather Sandy Hebert

Imaginative interiors with character and soul from award-winning San Francisco-based designer Tineke Triggs. Featuring eclectic projects from the West Coast and beyond - from ski houses in Lake Tahoe and beachfront getaways to reimagined Victorians and sleek modern homes. Inspired by designers who break away from the pack, Tineke Triggs is known for creating soulful, artistic and imaginative interiors. By mastering both the art and science of design, her work gives rise to a distinct form of design mixology - each home as individual as each of her clients. This book includes an eclectic mix of projects from ski houses in Lake Tahoe and beachfront getaways in Northern and Central California, to reimagined period Victorians to modern homes in Marin County and Silicon Valley. An award-winning veteran of six San Francisco Decorator Showcases, Tineke Triggs is an artist with an eye for function, adept at the highly inventive and original. Within each design lies a story - a through line that one can follow through the home. Her personality-driven approach, and her affinity for art and craft, have enabled her to build a portfolio of work that is eclectic and exciting - a visual delight that will appeal to a broad audience of the creatively curious who long to fully express themselves through the places they call home. Design Mixology: The Interiors of Tineke Triggs is both a rich feast for the eyes and an illuminating look at inspiring design that is as livable as it is dramatic. Infused with energy, color, texture and grace, these are places sure to inspire.

Author Bio

Heather Sandy Hebert has spent her entire life immersed in literature, architecture, and wine. Raised in Marin County, at the southern end of the wine country, she studied both literature and design, and earned an MBA along the way. After freelancing for several regional design publications in her early years, she spent over 25 years directing marketing for San Francisco-based architecture firm FAIA. She left the firm in 2017 to pursue her love of storytelling and now works with numerous design, hospitality, and wine clients to help them craft and convey their stories.

Chase Reynolds Ewald has been writing about art, travel, design, food, people and western lifestyle for more than 25 years. She is a contributing editor to Western Art & Architecture magazine, design columnist for Big Sky Journal, and author of 14 books. A graduate of Yale and the Graduate School of Journalism at U.C. Berkeley, she lives in Northern California and wanders the West whenever possible.
Gotcha Day!
Adoption Tales of Remarkable Rescue Dogs
by Greg Murray

Adorable, candid photographs and the inspiring stories of over 60 rescue dogs and the humans who gave them their forever homes. Meet Killian who is obsessed with clothes and just has to find the right outfit each morning; Jet who snores louder than a human; and Roger, who came to his family from a puppy mill and learned that people can be kind and loving. Gotcha Day! spotlights the adoption tales of over 60 adorable rescue dogs and their new forever families. The unique personality of each pup shines through the candid photos by animal advocate and photographer Greg Murray, and their humans let us in on their inspiring stories, funny quirks, and all the many things that make them special.

Author Bio

Greg Murray is an award-winning animal photographer and rescue and pit bull advocate. His previous titles include Peanut Butter Dogs (2017), Pit Bull Heroes: 49 Underdogs with Resilience and Heart (2019) and Peanut Butter Puppies (2021). His work has been featured on Today and in the Huffington Post, Daily Mail, Elle, People, and other media outlets throughout the world. He lives near Cleveland, Ohio, with his wife, Kristen, their daughters, Evie and Beck, and their two rescue dogs, Leo and Kensie.
Houseplant Hookups
All the Dirt You Need to Find the Perfect Match
by Agatha Isabel, illustrated by Mai Ly Degnan

Taking its cues from the wonderful world of online dating, Houseplant Hookups explores the pros and cons of cohabitating with different houseplants. The perfect gift for any plant or gardening enthusiast, these illustrated dating profiles are as hilarious as they are informative.

Cohabitation is a big step in any relationship, so to make sure you don't get stuck with a deadleaf, The Dirt digs up all the details on 35 prospective houseplant partners. By first setting the foundation for a successful relationship with information on purchasing, propagating, and basic plant care, it'll be easy to know when you've found the One.

Does your apartment have a scenic view of a brick wall? The Snake Plant thrives in low light. Tend to forget you're even in a relationship? The Golden Pothos is anything but codependent and won't hold neglect against you. Far more helpful than your average Tinder profile, The Dirt will help you decide if a relationship with a Fiddle Leaf Fig is more likely to be a fling or a forever kind of love.

Not sure where to start? Take the Cosmo-inspired quiz to narrow down your matches.

Author Bio
Agatha Isabel is a bad b*tch. After moving to Brooklyn from LA, she began her plant collection and rediscovered a deep connection with nature. She's passionate about community-building in all aspects of her life and through Planting for Progress, a community-sourced project that raised money for human rights and local organizations, and her shop, Plant Ma, she has created a thriving plant community. With nature as her muse, she writes, paints, and travels to tropical locations as a creative outlet to balance her professional tech and privacy career. She can usually be found volunteering with local nonprofits, exploring new nature spots, vibing at a concert, or trying to find love on a dating app. She is currently based in Southern California. Find her on www.agathaisabel.com.

Mai Ly Degnan is an award-winning illustrator, currently based in Baltimore, MD. She earned her BFA in illustration at the Savannah College of Art and Design and her MFA in illustration practice at the Maryland Institute College of Art. Mai Ly enjoys creating humorous illustrations with tedious line work, pattern making, and bright colors. Her work has been recognized by the Society of Illustrators of New York and Los Angeles, American Illustration, and 33 Sided Art Book, and has been included in Baltimore City Paper.
KAOS Theory
The Afrokosmic Ark of Ben Caldwell
by Robeson Taj Frazier, foreword by Arthur Jafa

A brilliant, multi-media work about artist, filmmaker, and community organizer Ben Caldwell. KAOS Theory: The Afrokosmic Ark of Ben Caldwell tells the story of filmmaker, educator and community activist Ben Caldwell and KAOS Network, the media-arts center he founded in Los Angeles's Leimert Park neighborhood. Through vivid illustrations, archival media, and engaging storytelling, KAOS Theory shows how Ben crafted a life centered around the power of fellowship, community, and the use of art and media as a social force. The text takes a journey through history and time, beginning with Ben's ancestors in the American southwest, up through Ben's childhood in New Mexico, his experiences in Vietnam, his work as a filmmaker and pioneer of the L.A. Rebellion Film Movement, and as founder of KAOS Network. But KAOS Theory is more than just the story of one man's life. It is a work of art, remembrance, and tribute. Encompassing music, film, art, and performance, KAOS Theory honors the vibrant and influential communities that continue to shape the cultural landscape of Los Angeles, the African Diaspora, and beyond

Author Bio

Robeson Taj Frazier is an associate professor of communication at USC and director of IDEA (the Institute for Diversity and Empowerment at Annenberg). He is the author of two books, a multimedia/film producer, and has published articles and essays about U.S. Black social movements and political ideologies, globalization, fine arts, popular culture, and U.S.-China relations and cultural contact. Frazier's first book, The East is Black: Cold War China in the Black Radical Imagination (Duke University Press, 2014), analyzes the political and cultural ties cultivated between China and U.S. Black political movements during the Cold War. His second project, It's Yours: A Story About Hip Hop and the Internet (2019), is a documentary film that examines how hip-hop artists' and the broader global hip-hop community's use of the Internet and digital technologies has revolutionized the music industry and global youth culture.

Arthur Jafa is an artist, filmmaker and cinematographer. Across three decades, Jafa has developed a dynamic practice comprising films, artifacts and happenings that reference and question the universal and specific articulations of black being. Jafa's films have garnered acclaim at the Los Angeles, New York, and Black Star Film Festivals and his artwork is represented in celebrated collections worldwide including at The Metropolitan
Magnolias Classic Southern Cuisine
Collected Recipes from the Heart of Charleston
by Don Drake, photographs by John D. Smoak III

Magnolias Classic Southern Cuisine features tried-and-true recipes from the previous three restaurant cookbooks as well as new interpretations to offer a complete repertoire of Magnolias fine dining. Magnolias Classic Southern Cuisine: Collected Recipes from the Heart of Charleston represents the 30-plus years since Magnolias hit the restaurant scene. This cookbook includes more than 100 recipes, from pantry items to poultry and meats, and sides to sweets, along with bits of history and anecdotes from the storied restaurant. Recipes include all staple menu items in addition to original menu items (from the early years) like Shellfish Over Grits, Down South Egg Rolls, and Pan-Fried Chicken Livers as well as menu selections that return seasonally each year. These recipes have withstood the test of time and are frequently requested by guests. All new color photography brings these beloved recipes and cooking techniques to life.

Author Bio

Donald Drake attended the Culinary Institute of America and trained under Chef Barry Wine at the critically acclaimed four-star Quilted Giraffe in New York City. While working as a chef in South Ponte Vedra Beach, Florida, Drake won back-to-back Florida Trends Golden Spoon Awards. In 1991, Drake relocated to Isle of Palms, South Carolina, and he began his career with Magnolias.

John D. Smoak III is the owner of Smoak Stack Studios (smoakstackstudios.com) in Charleston, South Carolina.
Midcentury Modern Style
An Approachable Guide to Inspired Rooms
by Karen Nepacena, photographs by Christopher Dibble

It may seem daunting to design a midcentury modern–inspired home, but up-and-coming interior designer Karen Nepacena shows that by using just a few design guideposts anyone can make any room feel like a set from Mad Men or The Queen's Gambit. Showcasing real-life client redesigns, Nepacena goes room by room - and outside - offering bite-sized ways to create comfortable, stylish, and inviting spaces along the way.

Full of approachable insider tips and tricks, easy DIYs, and important historical context, you'll learn how to create inspired, livable spaces full of mid-mod charm without the need for large-scale renovations or a big budget. Featuring the photography of Christopher Dibble.

Author Bio

Karen Nepacena is known for her ability to blend beauty and practicality, solve unique design problems, and make interior design approachable for homeowners. She quickly emerged as one of the country's leading authorities on midcentury modern design when her firm, Destination Eichler, restored her family's Eichler home. Her blog of the same name chronicled the journey and captured the attention of outlets such as Domino, Dwell, HGTV Magazine, Apartment Therapy, and Atomic Ranch. Karen also has a passion for vintage pieces and DIY design projects that get the whole family involved. She lives in the San Francisco Bay Area with her husband, two sons, and rescue dog, Velvet. Midcentury Modern Style is her first book.

Christopher Dibble is a photographer specializing in lifestyle interiors and portraiture. His work has been featured in editorial publications, including House Beautiful, Dwell, HGTV Magazine, Country Living, Entertainment Weekly, Time, Paper, and People magazine, among others. His clients include Sunbrella, the Shade Store, Framebridge, Momentum Textiles, I.a.Eyeworks, and many designers, artists, and architects. Dibble has been profiled in Popular Photography magazine and was named one of The Advocate's 40 under 40. A graduate of Art Center College of Design, he combines his understanding of both portraiture and interior photography to create images that tell a story. He is based on the West Coast.
Shut the Front Door
How to Solve Your Home’s Most Frustrating Problems Without Breaking the Bank
by Chelsey Brown

Nowadays, highly curated social media feeds can leave you feeling like you’ll need give up your life savings to have a home you love. But what millennial actually has thousands of dollars to spend on renovations or redecorating? (In this economy??) Shut the Front Door is filled with gorgeous rooms, pro tips, and easy DIYs, so even if you’ve got champagne tastes and a Diet Coke budget, you’ll learn how to transform your space into the home of your dreams.

Whether you want to turn your bedroom from dark and dreary to bright and beautiful or find more space in your kitchen to contain clutter, Chelsey Brown, owner of City Chic Decor, has got tons of insider tips and tricks to solve your most frustrating design issues, whether you rent or own.

Author Bio
Chelsey Brown, author and TV personality, started her blog, City Chic Decor when she realized how little information there was on decorating and designing rented spaces. She wanted to show the world that believed an owned space was the only true home, that people can transform their rentals into their dream sanctuaries (without driving their landlords crazy!). Chelsey’s work has been featured in countless publications, print magazines, and on-air such as The Today Show, The NY Post, CBS, ABC, NBC, BBC, Domino Magazine, MyDomaine, Apartment Therapy, The Kitchn, and more. After becoming a TV personality and speaking across the United States about turning rental spaces into dream homes, she won the Amara award for the best interior styling blog in 2020. Her oh-so-relatable humor and knowledge of interiors makes her a powerhouse figure in the world of decorating.
The Spirited Homes of Hunt Slonem
by Brian Coleman, photographs by John Neitzel, foreword by Whoopi Goldberg

An iconic American artist's self-proclaimed life's work - bringing historic mansions to life with bold color, antiques, myriad collectibles, and objets galore.

My homes are my life's work - making old houses into a new form of my art," says Hunt Slonem in his preface. Extraordinary photography, capsule summaries of each building's history, and a sprinkling of anecdotes open the doors to Slonem's personal and creative world from a new perspective. This book about his idiosyncratic, maximalist interior design style - how he employs color, arranges an abundance of antique furniture, exhibits his personal art and objects, mixes antique art with his own contemporary works, and displays myriad collections is awe-inspiring and inspirational. "More is more" is a fit adage for what this book reveals.

Author Bio

Brian D. Coleman is a practicing psychiatrist in Seattle, Washington. An old-house enthusiast, he has grown his love for historic restoration into an active second career and is the author of 23 books, including Zuber, Porthault, and Fortuny, among his most recent. Brian divides his time between Seattle and New York.

John Neitzel is a professional interior design photographer in New York City with more than 20 years of experience. His most recent book is Zuber (with Brian Coleman)
Fashion House Special Edition
Illustrated Interiors from the Icons of Style
by Megan Hess

Now in a beautiful tenth-anniversary special edition, Fashion House is the first book from international illustration sensation and bestselling author Megan Hess, full of inspirational interiors from the world of fashion, past and present.

Ever dreamed you could live in the suite of a Manhattan socialite? Or the grand estate of one of London's men-about-town, or a Parisian vintage loft? Within the sumptuously illustrated pages of this collection, Megan Hess has assembled some of the most decadent and indulgent interior designs from around the world, along with suggestions for how you can incorporate their fashionable style into your own spaces.

With a gorgeous updated design and format, Fashion House will inspire and delight anyone with a love of fashion, a penchant for interior design or an appreciation for the signature illustrations of Megan Hess.

Author Bio

Megan Hess is an internationally acclaimed fashion illustrator. Her prestigious clients include Vogue, Vanity Fair, Harper's Bazaar, The New York Times, Chanel, Dior, Cartier, Prada, Fendi, Louis Vuitton and Tiffany & Co. Her bestselling fashion books and beloved Claris series for children have sold over 1.5 million copies worldwide.
The Poetry of Spaces
A Guide to Creating Meaningful Interiors
by Sarah Andrews

The Poetry of Spaces is a stunning exploration of the core principles of aesthete stylist Sarah Andrews' work. Beginning with the five foundational themes of: light, life, instrument, material, and sense, Sarah explores the inspiration behind these lessons before sharing some impeccable examples of their use in homes across the world. The following 'Places' and 'Rooms' chapters offer a chance for a deeper dive in the styling choices at some truly remarkable homes. Sarah's creative eye and relatable writing style will inspire readers to look afresh at their homes and reach for new style heights.

Author Bio

Sarah Andrews is the author of Principles of Style and the founder of a highly successful series of masterclasses on design. She studied spatial sciences and worked in that field before going back to university to study something she was passionate about – design. Since renovating Captains Rest – an unpretentious property on the west coast of Tasmania – she has styled and decorated a number of other houses and businesses for clients, and built up a strong presence as an educator with her face-to-face and online masterclass series.
Chateau Reawakening
One Couples Wild And Wonderful Journey To Restore A Crumbling French Masterpiece
by Tim Holding

Purnon, a Love Story is an architectural adventure and compelling memoir capturing the highs and lows of restoring an 18th century chateau in regional France, published in full-sized hardback.

Former Australian politician Tim Holding and his fiancee Felicity Selkirk admit their decision to purchase the 105-room Chateau de Purnon in Verrue (French for 'wart') might be considered a fool's errand. Built in 1771 but in a state of ruin after years of neglect, they signed up for a vast financial commitment, years of physical labor and ongoing run-ins with French bureaucracy as they work to restore Purnon to its former glory. Presented in Tim's pithy diary entries over the course of 18 months, this stunning hardback explores the storied history of the chateau and meets a cast of bemused but intrigued locals the couple encounter on their journey.

Featuring breathtaking photography by Laura Edwards, it's both a compelling read and visually arresting tribute to a truly unique restoration. Purnon, a Love Story is about daring to dream on the grandest possible scale.

Author Bio

Tim Holding is a former Victorian state MP who gave up years of factional politics to move to France with his fiancee Felicity Selkirk. Their decision to purchase an 18th century chateau in 2020 was unexpected and set them on a complicated and ongoing restoration process. He posts regular updates about the Chateau's refurbishment on Instagram, @chateaudepurnon. Tim holds a Bachelor of Laws from the University of Melbourne and a Masters in Advanced Global Studies from SciencesPo in France. He is learning to drive his broken tractor . . . slowly
Animals
101 Drawing Exercises
by Lorna Scobie

In this new series Make Art with Lorna Scobie: Animals, readers will gain expert instruction that still leaves plenty of room for experimentation and fun.

Featuring 101 art activities that encourage engagement with the natural world, Lorna shows you that creating art with animals as subjects can be super enjoyable and need not be intimidating. Her insightful prompts will see readers sketching with joy in this accessible and helpful guide to creating everything from beloved pets and wild animals to those plucked from readers' imaginations!

Full of tips to help spark creative ideas, Make Art with Lorna Scobie: Animals shows readers how everyone (not just artists) can enjoy the playful pleasure of drawing all manner of creatures and critters, no matter their skill level.

Author Bio

Lorna Scobie is an illustrator and designer, now based in south London. Growing up surrounded by nature has heavily influenced her illustrations and her work often revolves around the natural world. Lorna draws every day, and always has a sketchbook close to hand when she’s out and about, just in case.
Drawing People
100 Prompts, Projects and Playful Exercises
by Viktorija Semjonova

Drawing People focuses on perfecting how to draw faces, characters, and people on the move. This interactive journal features a mix of 100 prompts, playful activities, and step-by-step projects on the theme of people to help you explore your creativity. Whether you’re new to drawing and want to learn how to sketch, or you’re an experienced artist in search of inspiration, Drawing People will (re) ignite your love of art. Viktorija’s easy techniques and helpful hints will show you how to hone your people drawing skills, add color to your sketches, and develop your own personal style. Drawing People is the springboard to unleashing your creativity and building a unique collection of artwork.

Author Bio

Viktorija Semjonova is the author of The Art of Gouache. Born in Latvia and now living in Norway, Viktorija is an illustrator who is classically trained in drawing and painting. Her practice involves commercial illustration, social media campaigns (clients include Swatch and M&M), and live drawing (people at events both digital and gouache, for clients like Global Citizen and Youtube), teaching workshops and sharing her work as well as tips about and around creativity on her Instagram page and mailing list.
Oh My Gosh, I Love Your Shoes
A Decade of Head-turning Heels
by Sophia Webster

Artist. Entrepreneur. Mom. Boss lady. Leading British shoe designer Sophia Webster is known for her sense of fun, playful and feminine touches – but less well known is the story behind the shoes, and how Sophia juggled a fledgling business with a young family, turning her love of drawing into a renowned brand. Charting her early days as a young creative, through her fashion inspirations (from the Spice Girls to Grayson Perry) and on to how her designs are brought to life, Oh My Gosh, I Love Your Shoes shines a spotlight on Sophia's boundless imagination and enthusiasm for her craft. Sophia reflects on how her early life experiences set her up to face the challenges of establishing a fashion brand and the benefits of quick thinking and infinite determination when navigating the daily trials of business ownership. Her story is told through 365 sketches of her favourite designs, each evoking their own memories of this fascinating and colourful journey. Celebrating a decade of head-turning heels, Oh My Gosh, I Love Your Shoes is an inspiring, uplifting showcase of Sophia's remarkable shoes, inspiration and expertise. Gathering together the stories and learnings behind Sophia's most cherished designs, it's also a celebration of the many famous feet who have worn Sophia's shoes on red carpets all over the world – from Taylor Swift to Beyonce, Gwen Stefani and Michelle Obama.

Author Bio

British luxury accessories designer Sophia Webster founded her eponymous label in 2012. A graduate from the London College of Fashion and The Royal College of Art, Sophia debuted her first collection for Spring/Summer 2013, becoming internationally renowned for her unique, creative and uplifting designs. Sophia was awarded the Conde Nast Footwear News ‘Emerging Designer of the Year’ in 2012, the British Fashion Award for ‘Emerging Accessories Designer’ in 2013, and became the first female shoe designer to receive the prestigious ‘Vogue Fashion Fund’ in 2016. In 2019, Sophia was awarded an honorary doctorate from De Montfort University, marking her contribution to footwear design. Sophia lives in East London with her husband Bobby and their five children.
A New Way to Bake
Re-imagined Plant-based Recipes for Cakes, Bakes and Desserts
by Philip Khoury

A New Way to Bake reinvents and reimagines cakes, bakes and desserts, using whole, natural ingredients that are available globally. Chef Philip Khoury has delved deep into patisserie in an attempt to make desserts that are ‘cleaner’, and that present finer flavors and textures. In A New Way to Bake, Philip divulges how he has transformed the traditional building blocks of baking by only using natural, plant-based ingredients. A New Way to Bake uncovers a brief history of baking before setting out the Plantry, where the main ingredients and their functionalities are explained. Full of delicious bakes, from Apple Pie to Banana Bread, to Lamingtons and Tiramisu, there are sweet treats for any occasion. Recipes are broken down into digestible steps, with explanations as to why steps are important, and tips along the way too. Plus, there are even QR codes to help navigate through the recipes. Written in an informative yet approachable style, A New Way to Bake arms readers with a new outlook and tools to bake a better future.

Author Bio

Philip Khoury is a world-renowned pastry chef, who currently heads up the brigade of bakers at Harrods. He has previously worked at the legendary Quay restaurant in Sydney under chef Peter Gilmore, as well as for Australia’s most acclaimed patissier and Netflix star, Adriano Zumbo.
Giuseppe's Easy Bakes
Cakes and Bakes for Everyday Italian Treats
by Giuseppe Dell'Anno

Bake yourself a sweet bite of Italy, every day!
Giuseppe's Easy Bakes is all about accessible, easy bakes and Italian flavors. Most of the recipes take no more than 20 minutes to prepare and are ideal for both the novice baker and seasoned cooks looking for some Italian inspiration.
The book is divided into two sections: cakes and biscuits and small bites. The sponge-based cakes include Chocolate and Pear cake, Sbrisolona, Fig and Orange Muffins, Pumpkin and Almond Sponge, Clementine Cheesecake, Chocolate Salami, Chestnut and Chocolate Cake, and Coconut Lemon and Almond Cake. The small bites cover delicacies including Mostaccioli, Pizzicotti, Lemon Swirls, Coffee and Pecan Marzipan, Nutellotti, Castagnaccio Bites, and Amarena Rolls.
With Giuseppe's foolproof instructions and classic flavors, these glorious Italian goodies are the perfect way to conjure up a kitchen treat!

Author Bio

Born and bred in Italy, Giuseppe Dell'Anno moved to the UK with the plan to stay only for six months. Twenty years, one PhD, one happy marriage, three UK-born sons, and one Great British Baking Show triumph later, Giuseppe has officially crowned himself a Britalian. A materials engineer and researcher by trade, Giuseppe grew up in a family of passionate bakers, where food was the prime topic of conversation. He has inherited from his dad, a professional chef, the love for everything cooked or baked. Following the global success of Bake Off, Giuseppe quit his engineering job and focused his efforts entirely on his ambition to share his family's cooking knowledge far and wide. He published his debut book, Giuseppe's Italian Bakes, in October 2022.
The Gingerbread Book
50 Spiced Bakes, Houses, Cookies, Desserts and More
by Helena Garcia

Gingerbread is beloved the world over, its very smell and taste signaling that the holidays are here.
The Book Of Gingerbread conjures up inspiring recipes for cakes and bakes, cookies, desserts, drinks, and gingerbread houses. From everyday bakes like Maple and Ginger cupcakes, Sticky Toffee Gingerbread Pudding, and Ginger Spiced Banana Bread, to spooky creations such as Ginger Pumpkin Pie-thon, Baba Yaga’s Hut, and a terrifying Gingerbread Demogorgon, Helena Garcia's inventive recipes take gingerbread flavors to new heights.
And what could be more festive than Gingerbread Trifle, Traditional Gingerbread Men (well, sort of), and a Gingerbread Pub dressed up for Christmas, all washed down with a warming Gingerbread Latte or (for the grown-ups) Gingerbread Eggnog.

Featuring templates for the gingerbread houses and a beautiful photo for every recipe, The Book of Gingerbread will brighten up even the darkest evenings - and give you a tingle in your toes.

Author Bio

Helena Garcia was inspired by her first experience of Halloween whilst living in Las Vegas as a teenager. On her return to Europe she researched the holiday’s origins and quickly became hooked on all things Celtic, gothic and quirky, a passion that infused her bakes when she competed in the Great British Baking Show 2019, with her eccentric style and fun-loving personality making her an exceptionally popular contestants. Having run a beautiful Victorian apothecary in Leeds, Helena infuses her stylish, spooky approach into everything she creates, including the sell-out merchandise available on her website. She is the author of Introduction to Witchery (2017), The Wicked Baker (2020), The Witch-Crafting Handbook (2021), and My Mummy is a Witch (2023)
Slow Drinks

A Field Guide to Foraging and Fermenting Seasonal Sodas, Botanical Cocktails, Homemade Wines, and More

by Danny Childs

Slow Drinks teaches home cooks, industry pros, homebrewers, and foragers how to transform botanical ingredients - whether foraged or purchased from the store - into incredibly unique beverages and cocktails.

Organized by season, Slow Drinks demonstrates how to make drinks that tell a story of botany, history, culture, and terroir, while honoring beverage traditions both old and new. Each season will highlight eight new ingredients with recipes that build on a basics chapter and teach readers how to interchangeably use master recipes to make their own meads, country wines, beers, sodas, tinctures, shrubs, and more.

Beautifully photographed by the author's wife, Katie Childs, and illustrated by Molly Reader, Slow Drinks will be the definitive botanist's guide to mixology that can live in your basket on a foraging trip, or on the coffee table as a conversation piece.

This book is for bartenders, do-it-yourselfers, foodies, homesteaders, homebrewers, food activists, and anyone looking to dive into the world of botanical drink making.

Author Bio

Danny Childs trained as an anthropologist and ethnobotanist studying the traditional medicinal uses of plants in the Amazon rainforest. Back home in Southern New Jersey, he now runs the standard-setting beverage program at The Farm and Fisherman Tavern, a locavore restaurant in the Philadelphia suburb of Cherry Hill.
Whisky: Shake, Muddle, Stir
Over 40 of the Best Cocktails for Whisky Lovers
by Dan Jones

Whisky: Shake, Muddle, Stir is a beginner's guide to whisky and bourbon. Dan Jones teaches you how to stock your home bar, pick some of the world's best whiskies and pull together your own infusions and syrups. Try your hand at classics like an Old Fashioned or The Sazerac, or modern hits like Bourbon Smash or The Rattlesnake.
With over 40 whisky recipes, Whisky: Shake, Muddle, Stir shows you just how versatile whisky is.

Author Bio

Dan Jones is a writer, editor and drinker living in New York. Formerly the shopping editor at i-D magazine, Time Out's Style Editor and Senior Men's Editor at ASOS; he's an expert in style, grooming and booze. A dedicated home-mixer, Dan constantly researches his cocktail craft, honing his drinking credentials. He is the author of a number of books including The Mixer's Manual, Man Made and Gin: Shake, Muddle, Stir.
World Atlas of Cocktails
Travel the World of Drinks Without Leaving Home - 200 Cocktail Recipes
by Olly Smith

Sail away on the most stylish of booze cruises, all from the comfort of your own home!

In his World Cocktail Atlas Olly Smith serves up the best cocktail recipes the world has to offer. From the prohibition-inspired speakeasy drinks of the US to the art of the Japanese Izakaya, Italian spritzes and amaro, Mexican margaritas, Korean soju sippers, Brazil's many caipirinha-based classics, to Singapore slings and West Indian rum punches, every country has its own signature concoctions.

Arranged by region, the recipes take you on a global tour: journey around Asia with a Tokyo Mule, Tamarind Ginger Margarita or Taipei Summer Sour; in Europe quaff a Belgian Genever Punch, a Nordic Summer, a Normandie 75, a Frozen Aperol Spritz, or a Turkish delight. Travel the length and breadth of the Americas with Pineapple Mojito, Santo Libre, Mezcal Paloma, Reverse Manhattan, and Tiki Espressotini. Cool down with a Moroccan Mint Orange Julep, Zobo Martini, African Lullaby or Malawi Shandy. And evoke memories of sun-kissed holidays with an Aussie Beachcomber, Fijian Paradise or Tahitian Vanilla Punch. There are even non-alcoholic options for days off the booze.

With Olly's insider knowledge and deft way with flavor combinations, you too can be transported to a beautiful beach or snowy peak, perfectly mixed drink in hand.

Author Bio

Olly Smith is a multi-award-winning drinks writer and TV presenter. He writes a weekly column for the Daily Mail's Weekend magazine. His popular podcast, A Glass With... , reaches 150,000 listeners globally. Olly is currently the regular wine expert on BBC1's Saturday Kitchen, and is the author of six books including Home Cocktail Bible (2021)
Happiness in a Mug Cake
30 Microwave Cakes to Make in Minutes
by Katie Calder

Happiness in a Mug Cake is exactly that – Mug cakes built to satisfy your cake cravings, all ready in an instant, taking no more than 5 minutes to cook in the microwave. With fun flavors like mint chocolate cake or white chocolate and blueberry cake, and staple classics like carrot cake or apple crumble, whatever mood you’re in, we have the cake for you. No mess, no fuss, no waste, no expense. Just weigh, mix, then wait for the ping and tuck in.

Author Bio

Katie Calder is the author of Three Ingredient Cocktails, and a Leiths-trained recipe writer and food stylist who has worked with BBC GoodFood, Waitrose, Good Housekeeping, Ocado Life, Delicious and more.
Sweet Treats
Make Your Own Chocolates at Home
by Melanie Dupuis

The Little Book of Chocolate: Sweet Treats features over 15 chocolate recipes, including Honey Ganache Dipped Chocolates, Moulded Gianduja Chocolates, Truffles, Chocolate Slabs and even a Chocolate Egg, and will teach you the techniques needed, from tempering to moulding and glazing to making ganache, to perfect your chocolate skills. This is a bitesized masterclass in chocolate and every chocolate lover's dream.

Author Bio
Melanie Dupuis trained as a pastry chef and caterer in France and worked in the country's best hotels and restaurants (Helene Darroze, Benoit Castel, Nomad Food & Design) before embarking on a second career as a food writer. Her first book, Patisserie, was published in 2014 and has been an international success.
The Dinner Party
A Chef’s Guide to Home Entertaining
by Martin Benn and Vicki Wild

The Dinner Party is the ultimate guide to sophisticated home entertaining from fine dining chef Martin Benn, featuring nine expert menus for memorable feasts from relaxed gatherings to glamorous celebrations.

Martin Benn (Sepia, Society) is one of Australia's most accomplished chefs, but his passion is hosting impressive meals at home with his wife and creative collaborator Vicki Wild. In this beautifully photographed and designed cookbook, Benn applies a lifetime of culinary knowledge and technique to the Saturday night supper, offering over 70 recipes for showstopping starters, memorable main courses, stunning sides and dazzling desserts.

Discover how elements can be prepared in advance – from sauces to stocks, cocktails, wine matches and music playlists – to make hosting a breeze, with menus such as Family Knows Best, The Italians Are Coming and Fancy Schmancy.

Dress up, casual: anything goes! The Dinner Party will help you create a fabulous night to remember.

Author Bio

Fine dining chef Martin Benn was born in Hastings, England and began his career under the tutelage of Marco Pierre White. Moving to Australia in 1996, he became head chef of the legendary Tetsuya's before opening Sepia restaurant in 2009 with his wife and partner, front-of-house star Vicki Wild, to widespread acclaim. Most recently the "culinary power couple" (The Age) opened the luxurious Society in Melbourne with Chris Lucas. They live in Sydney.
Preserved: Condiments
25 Recipes
by Darra Goldstein, Cortney Burns and Richard Martin

Preserved: Condiments showcases 25 recipes for some of the world's most delicious sauces, spreads, relishes, and chutneys. It is the first in a series of six short books devoted to all things food preservation.

Utilizing fermentation, curing, smoking, pickling, and drying, the recipes in Preserved: Condiments, including those for Ajika the Georgian hot pepper relish, salted preserved herbs known as Herbes salees, and the Haitian pickled vegetable relish called Pikliz, add depth, spice, and interest to your cooking.

The authors all lend stellar credentials and as a trio they bring a mix of professional cookery and preserving experience, food journalism experience, and expertise on food history.

This is a highly giftable book and series for anyone who wishes to hone their knowledge of preservation.

Author Bio

Darra Goldstein, the founding editor of Gastronomica, is the author of six award-winning cookbooks, including Beyond the North Wind: Russia in Recipes and Lore, named one of 2020's best cookbooks by Forbes.com, Esquire, and the Washington Post. In 2020 she was honored with the Lifetime Achievement Award from the International Association of Culinary Professionals. Cortney Burns (with chef Nick Balla) built a larder-based kitchen at San Francisco's Bar Tartine; their cookbook Bar Tartine won awards from both the James Beard Foundation and IACP. Bon Appetit has dubbed her the godmother of fermentation for her modern take on ancient techniques. Richard Martin is a media executive, lifestyle editor and writer who started magazines and websites that have grown into major media companies, including Complex, Modern Luxury (Manhattan and Miami) and Food Republic.
Preserved: Fruit
25 Recipes
by Darra Goldstein, Cortney Burns and Richard Martin

Preserved: Fruit brings together 25 recipes for jams, syrups, shrubs, and pickles from all over the world. This is the second of six short books devoted to all aspects of food preservation.

Recipes for pickled cherry and rose jam, citrus peel powders, and pomegranate molasses will give new life to seasonal bounty and add dimension to your everyday cooking.

The authors all lend stellar credentials and as a trio they bring a mix of professional cookery and preserving experience, food journalism experience, and expertise on food history.

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Author Bio

Darra Goldstein, the founding editor of Gastronomica, is the author of six award-winning cookbooks, including Beyond the North Wind: Russia in Recipes and Lore, named one of 2020's best cookbooks by Forbes.com, Esquire, and the Washington Post. In 2020 she was honored with the Lifetime Achievement Award from the International Association of Culinary Professionals. Cortney Burns (with chef Nick Balla) built a larder-based kitchen at San Francisco’s Bar Tartine; their cookbook Bar Tartine won awards from both the James Beard Foundation and IACP. Bon Appetit has dubbed her the godmother of fermentation for her modern take on ancient techniques. Richard Martin is a media executive, lifestyle editor and writer who started magazines and websites that have grown into major media companies, including Complex, Modern Luxury (Manhattan and Miami) and Food Republic.
Curry Guy One Pot
Over 150 Curries and Other Deliciously Spiced Dishes from Around the World
by Dan Toombs

Dan Toombs a.k.a The Curry Guy has spent the last two decades travelling and researching the best curries the world has to offer. In Curry Guy One Pot his mission is to bring you all the best one-pot curries, stews, soups, stir-fries, braises and roasts you could ever need. Dan has drawn over 150 recipes from a lifetime of global travels, spending over five months on the road researching this book. Collaborating with local chefs and restaurants all over the world, he has developed an extraordinary collection of spicy delights, from Malaysian Devil Curry to Sri Lankan Black Pork Curry, Cape Malay Bobotie to Hungarian Goulash. Plus his popular curry house dishes no longer need a base sauce to taste just as delicious, including Chicken Tikka Masala, Beef Madras and Chicken Dhansak. Packed with beautiful colour photography, and featuring tips and tricks to make the perfect dish every time, Curry Guy One Pot will transport you thousands of miles without having to leave your own kitchen!

Author Bio
California-born Dan Toombs (aka The Curry Guy) has perfected the art of the restaurant curry. After over 20 years of traveling around, sampling dishes, learning secrets from restaurant chefs and refining those recipes at home, Dan has created recipes that taste just like a takeout but in less time and for less money. Dan’s first book, The Curry Guy (2017), was a bestseller; this is his eighth book following Curry Guy Easy (2018), Curry Guy Veggie (2019), Curry Guy Bible (2020), and Curry Guy BBQ (2022). He lives in Yorkshire, UK, with his curry-loving family.
Mr Todiwala's Bombay
My Recipes and Memories from India
by Cyrus Todiwala

This redesigned version of Mr Todiwala's Bombay from TV chef Cyrus Todiwala incorporates the best of both classic and modern Indian cuisine. To Cyrus, Mumbai will always be Bombay: the jostling, colorful city of his childhood and the land that cultivated his passion for food. Join Cyrus and his wife Pervin on a bustling culinary jaunt around one of the world's most exciting and mysterious places. Feast on moreish jumping chicken samosas from street vendors, succulent hot and spicy tiger prawns, tender lamb cooked with sizzling Indian Puy lentils, and homemade golden Pooris that will melt in your mouth.

Learn how to make fragrant sweet desserts, authentic-tasting curries, delicate chutneys, and some of the most delicious treats known to mankind. Set against the backdrop of stunning on-location photographs, Mr Todiwala's Bombay is a charming celebration of Indian food.

Author Bio

Cyrus Todiwala OBE DL FIH is a chef, restaurateur, educator, author, and entrepreneur. Born in Bombay, Cyrus trained as a chef at the Taj Hotels Resorts and Palaces chain in India, and rose to become executive chef for eleven restaurants within those hotels. In 1991, he moved to London with his family to run the Namaste restaurant where he developed his trademark style of blending traditional Indian techniques and flavours with more unexpected ingredients. Today, Cyrus is proprietor and executive chef of the Cafe Spice Namaste as well as Mr Todiwala's Kitchen, and he has also launched a range of successful condiments. Cyrus is married and lives with his wife Pervin, who is general manager of Cafe Spice Namaste, in east London.
Spice Kitchen
Vibrant Recipes And Spice Blends For The Home Cook
by Sanjay Aggarwal

The best way to create flavor to a dish is to add spice. And it doesn’t have to be complicated - including one spice blend can elevate an ordinary recipe to an instant crowd pleaser.

Most of us have a few unused spices in the back of the cupboard because we only cook with them for one particular dish. Or we feel a bit overwhelmed by the myriad spices in the store, not knowing which ones marry together to create the best flavor. Sanjay’s Spice Kitchen is here to demystify spices, reassuring you that you don’t need endless time, fancy equipment or a full pantry to create delicious dishes with ease - whether it’s a working lunch, a midweek dinner, a special date night, friends round at the weekend, or a family feast. Enjoy Spiced Peach and Goat’s Cheese Salad, Harissa Chickpea Stew, Fiery Blackened Cajun Chicken, and Mamma Spice’s Dal Makhani and, just to emphasize how versatile spices can be, there is a “Spice Freedom” recipe in each chapter that takes one dish and shows how, by switching the blend, you can open a world of flavor possibilities.

And, if you want to go a step further, Sanjay has given away the secrets of his award-winning spice blends - including Tandoori, Garam Masala, Sri Lankan, Mexican, Za’atar, Jerk, Harissa, Baharat, and Cajun - so you can make them at home, from scratch.

It’s time to spice up your repertoire and create stunning dishes in the kitchen.

Author Bio
Sanjay Aggarwal runs The Spice Kitchen, an award-winning company that produces spice blends. It has won three Great Taste Awards, was featured in the Hairy Bikers television show, and appeared in the media numerous times. They are celebrating their 10-year anniversary.
Recipes from Venice
by Katie Caldesi and Giancarlo Caldesi

Recipes from Venice is a culinary exploration of this well-loved Italian city. Husband and wife team Giancarlo and Katie Caldesi have dodged the tourists, drawing inspiration from less obvious areas of Italy’s magical city, to unearth the most delicious and authentic recipes.

Try some hot polpette (salty pork rissoles) or sarde in saor (marinated sardines) with a glass of wine with friends. The traditional Venetian pasta, bigoli, served with a delicious fresh fish salsa is a signature dish that you'll cook time and time again. And the sweet fritelle, fried dumplings filled with custard, are bound to become an instant hit.

Set against the backdrop of breathtaking photographs of the city and Katie’s anecdotes of their travels, Recipes from Venice is a beautiful cookbook and keepsake that will transport you to Italy with every page turned.

Author Bio

Author owners of London's Caldesi in Marylebone, Caldesi in Campagna, and La Cucina Caldesi cooking school, Katie and Giancarlo Caldesi have a passion for Italian food. They have taught alongside some of the biggest names in Italian cuisine and are the authors of seventeen cookbooks. Author Location: London and Bray Social Media: Instagram: 3.8k followers (@katiecaldesi) Twitter: 14.6K followers (@lacucinacaldesi)
Ramen Forever
Recipes for Ramen Success
by Tim Anderson

Ramen Forever showcases the world's most perfect food: ramen. In Ramen Forever, Tim Anderson shows you the way to enjoy delicious homemade ramen on a regular basis, and gives you the tools to build your own ramen, just the way you like it!
It is broken into five sections - Broth, Seasoning, Aromatic Oils and Fats, Noodles, and Toppings - to enable you to mix and match to create your own ramen to suit your taste. Alternatively, you can choose to follow one of several complete ramen recipes provided.
Recipes include Double Garlic Tonkotsu Ramen, Tan Tan Men, and Tsukemen, as well as The Ramen Sandwich and Garlic Sesame Miso Ramen Salad.
With recipes for beginners and casual cooks as well as serious noodle nerds, you can enjoy this superlative Japanese comfort food at home, regardless of your skill level.

Author Bio
Tim Anderson is a chef, writer, restaurateur, and MasterChef champion. Born and raised in Wisconsin, Tim has been studying Japanese food culture for more than two decades, first as a hobby, then as a profession. He is also the author of Nanban: Japanese Soul Food, JapanEasy, VeganJapanEasy, Tokyo Stories, for which Tim won the John Avery prize at the Andre Simon Awards, Your Home Izakaya, and JapanEasy Bowls and Bento.
Rintaro
Food and Stories from a Japanese Izakaya in California
by Sylvan Mishima Brackett, with Jessica Battilana

RINTARO, the debut cookbook from one of San Francisco’s most acclaimed restaurants, translates the experience of a Tokyo izakaya to the home kitchen. Crowd-pleasing foods like curry rice, tonkatsu, and yakitori, eaten most often at lunch counters and in home kitchens, live alongside sashimi, fresh bamboo shoots, and other dishes that are usually considered part of a more elevated Japanese cooking tradition. Through clear instruction, abundant photography, and utterly delicious recipes, RINTARO demystifies Japanese food for home cooks with over 70 recipes for rice, simmered dishes, homemade udon, and grilled foods. RINTARO shows a cross section of Japanese food that isn’t usually shown in American cookbooks. The book showcases exciting but simple food that tastes both like Japan and California - not fusion food - but the food that you’d expect if the Bay Area were a region of Japan. With gorgeous photography and special design and production touches, this is a book that will live in the kitchen as well as on the coffee table.

Author Bio
Sylvan Mishima Brackett is the chef/owner of Rintaro in San Francisco, which was named one of Bon Appetit’s Top 10 New Restaurants six months after opening in 2015. Sylvan was born in Kyoto and raised in Northern California. He is the former creative director at Chez Panisse, and trained at Soba Ro in Saitama, and at a Ryotei in Aoyama, Tokyo. Jessica Battilana is a food writer, recipe developer, and author of Repertoire: All the Recipes You Need (Little Brown, 2018) and the co-author of over 6 cookbooks.

Meatsmith
Recipes Inspired by Friends, Family, and Community
by Andrew McConnell and Troy Wheeler

Born from the partnership between a celebrated Australian chef Andrew McConnell (Gimlet, Cutler & Co) and a world class butcher Troy Wheeler, Meatsmith is a tribute to the omnivores table, with over 100 brilliant recipes to inspire charcuterie cravings, long lunches, dazzling dinners and sensational sides that could steal the show. More than another meat cookbook, this is an essential lifestyle companion for cooking widely and creating meals and moments to be remembered. The beautifully designed compendium offers achievable, delicious recipes and gorgeous photography, including recipes for salads, vegetables and sauces; as well as anecdotes, advice and asides. Discover a range of menus for seasonal occasions, from a fiery butcher's picnic to lunch in the garden, a duck dinner party to the ultimate steak, and One Great Dessert. Andrew and Troy's belief in quality and customer service has seen Meatsmith become one of Australia's best boutique butchers. Now it's the inspiring cookbook every kitchen must have.

Author Bio

One of Australia’s most successful chef/restauranteurs, Andrew McConnell brings exceptional attention to detail, trend-setting style and good taste to everything he does. His groundbreaking restaurant group Trader House operates critically acclaimed fine diners such as Cutler and Co and Gimlet, wine bar Marion, all-day icon Cumulus Inc., classic pub Builders Arms Hotel, and gourmet grocer Meatsmith. There are now four Meatsmith stores in Melbourne: the original Fitzroy flagship, plus St Kilda, Balwyn and Brighton. He is previously the author of Cumulus Inc (Penguin) and Supernormal (self-published with Studio Round, distributed by Hardie Grant).
Pasta et Al
The Many Shapes Of A Family Tradition
by Alec Morris

Celebrate one of life's simplest pleasures in Pasta et Al, a joyous cookbook featuring sixty re-created classic Italian recipes for handmade pasta.

Alec Morris was taught how to cook fresh pasta by his Nonna as a child, and now carries on the tradition every Sunday with his young sons, Aldo and Elio. The weekly family ritual became a successful blog, which grew into an international community drawn together by an irresistible blend of recipes served with a pinch of humor, plenty of heart, and some delightfully meddling little hands.

Join Al, Al and El and discover how to make over thirty different pasta doughs and forty-two different pasta shapes – spanning long, short, big and flat, small and squishy, and filled – with step-by-step tutorials and a range of delicious recipes from wild olive busiate to rigatoni al forno, green lasagne to spiralled cappellacci.

This vividly photographed, brilliantly written guide is a snapshot of love and loss, old traditions and new beginnings, and treasured Italian cooking. Pasta et Al will inspire new and seasoned pasta-makers alike to create memorable traditions of their own.

Author Bio

Alec Morris and his young sons, Aldo and Elio, are a team of playful pasta-makers bringing their favorite Sunday tradition to your table. Alec has degrees in languages, international relations, history, and photography, and has called Canberra home for the past fifteen years. Since completing this book, he has returned to his hometown of Perth, where he now lives with his wife Rachel and their boys. He documents his family's pasta recipes and traditions at https://pastaetal.com/ and @pastaetal.
One Pan Chicken
70 All-in-One Chicken Recipes For Simple Dinnertimes
by Claire Thomson

A staple of every kitchen, this is the ultimate guide to cooking chicken in just one pan.

Providing solutions for if you’re cooking in the oven, on the stovetop, or need to use up leftovers, best-selling author and professional chef Claire Thomson offers up her best 70 recipes with chicken as star of the show, revealing just how simple it is to create delicious one-pan meals that all of the family will love.

Whether you’re using a casserole dish, roasting pan, sheet pan, skillet, or stockpot, you’ll find delicious and inventive recipes using all your favorite and most popular cuts, including Chicken Piccata, Miso Butter Chicken, and Chicken Wrapped with Ham and fried with Sage and Grapes, to Caesar Salad, ‘Get Better Soon’ Chicken Soup, and Peri Peri Chicken. There are even whole bird recipes, to gather everyone around the table, like Chicken Roasted with Fennel and Bay, Roast Chicken with Porcini and Truffle Stuffing to wow friends, and Whole Poached Chicken with Tarragon.

An essential cookbook for easy mealtime solutions, or simply if you want to explore new flavors and techniques, One Pan Chicken is a practical and dynamic source of kitchen inspiration.

Author Bio

Claire Thomson is a chef, food writer and a constant source of family-cooking inspiration to her thousands of Instagram followers. Claire is a columnist for Country File Magazine and has written about food for publications including the Guardian, Telegraph, BBC Good Food Magazine, and Delicious Magazine. Claire has appeared on BBC1’s Saturday Kitchen, Channel 4’s Sunday Brunch, and BBC Radio 4’s Woman’s Hour. She lives in Bristol with her husband and three children. Her previous books include Art of the Pantry, New Kitchen Basics, Home Cookery Year, and Tomato. This is her eighth book.
Foolproof Roasting Pan
60 Effortless One-Pan Recipes Packed with Flavour
by Sue Quinn

One roasting tray, one complete meal – no fuss, and minimal clean up! With convenience and budget in mind, Foolproof Roasting Pan offers delicious, imaginative recipes for every meal of the day. Cooking in one pan is the quickest, easiest way to make fast, tasty dishes in the oven. You can create entire family meals just in a roasting tin or an oven tray – try Berry and Banana Breakfast Traybake for breakfast or brunch, rustle up Lime-roasted Squash with Lentils, Ricotta and Basil Oil for lunch and make Lamb with Harissa and Sweet Potato Mash for an easy-win dinner, and not forgetting delectable cakes and traybake puddings like Strawberry and Rhubarb Brioche Pudding to impress friends and family.

With straightforward instructions, easy-to-find ingredients and no-nonsense tips for getting the most flavor out of your cooking, not only will you have everyday meal solutions but less hassle and mess in the kitchen too.

Author Bio

Sue Quinn is an award-winning food writer, cookbook author and journalist. Her books span a range of cuisines, from Japanese to vegan, as well as children's cookery and healthy eating. Her articles and recipes regularly appear in the UK's leading food publications including the Telegraph, Sunday Times, Guardian, delicious and BBC Good Food magazines. She won the Fortnum & Mason's Online Food Writer Award in 2016.
Simple Noodles
Everyday Recipes, from Instant to Udon
by Pippa Middlehurst

From the best-selling author of Dumplings and Noodles and Bowls and Broths, Simple Noodles is a fuss-free cookbook for every night of the week. In Simple Noodles, Pippa Middlehurst guides you through making your favorite noodle dishes at home with 60 versatile recipes that make the most of packet noodles. From quick stir-fries to saucy noodles, soupy noodles and jazzed-up instant noodles, each recipe is useful, practical and easy to follow – perfect for anyone who wants quick and easy dishes that don't compromise on flavor.

Author Bio

Pippa Middlehurst is the winner of the first series of BBC1’s Britain’s Best Home Cook. She hosts regular sell-out workshops, masterclasses & supper clubs across the UK, as well as running Noodle Haus, a permanent space in the heart of Manchester that celebrates creativity, community, sharing and learning. Pippa is the author of Dumplings and Noodles (2020), which was nominated for Guild of Food Writers First Book Award and Bowls & Broths (2021)
Super Easy Air Fryer Recipes
69 Simple, Quick and Delicious Meals
by Lelia Castello

Super Easy Air Fryer Recipes features 69 simple, healthy and energy saving recipes.
All the recipes require minimum effort and only a few ingredients, allowing you
to create quick midweek dinners or weekend meals, without compromising on
flavor.
There are appetizers and snacks (such as mini pizzas, vegetarian quesadillas,
chicken nuggets), mains (roast chicken with lemon, fish tacos), one-pot meals
(pea and basil risotto, chilli con carne, lentil dhal) and desserts (apple granola,
strawberry muffins, chocolate bananas).
Each recipe is accompanied by a photograph and all the ingredients are
photographed too, making this Super Easy Air Fryer Recipes the ultimate
foolproof cookbook for your air fryer.

Author Bio
Leila Castello is an author, recipe developer and food stylist. She lives in Paris
with her family.
Vietnamese Made Easy
Simple, Modern Recipes for Every Day
by Thuy DiemPham

From broths and noodle soups to salads and stir-fries, Vietnamese Made Easy is a modern and vibrant collection of quick, easy, flavorsome recipes. Vietnamese food is all about the balance of sweet and salty and sour and bitter and umami, as well as the contrast of elements like texture and temperature, but it doesn't need to be complicated. With accessible ingredients and simple, practical instructions, Vietnamese Made Easy reveals how you can easily prepare delicious Vietnamese dishes bursting with flavor at home.

Author Bio
Thuy Diem Pham is an author and chef, and owner of the multi-award winning restaurant The Little Viet Kitchen. Having moved to the UK aged seven, Thuy's distinctive approach to cooking combines her genuine understanding of Vietnamese culture and cuisine, with a deft handle on London's food scene; she's widely regarded as one of the UK's most prominent voices on Vietnamese cooking.
Fish Butchery
Mastering The Catch, Cut, And Craft
by Josh Niland

James Beard award-winning author and culinary game-changer Josh Niland returns with the ultimate guide to the art of Fish Butchery, with expert techniques and ground-breaking recipes that are an urgent call for action on culinary sustainability.

Josh's multi award-winning debut The Whole Fish Cookbook created a new blueprint for fish cookery, while its bestselling sequel Take One Fish unpacked 15 different species to reveal their true gastronomic potential. In this latest book, Josh continues to open our eyes to the potential of fish in the kitchen. Presented in three stunning sections - Catch, Cut and Craft - and illustrated by legendary artist and musician Reg Mombassa, it's both a challenge to the food industry to do things differently and a dazzling manual to the eye-popping potential in each and every fish. Featuring detailed instructions on how to prepare fish - from reverse butterfly to double saddle - as well as over 40 brilliant recipes for everything from fish sticks to pies, sausage and chorizo, Fish Butchery will disrupt, challenge and inspire the next generation.

Author Bio

Chef Josh Niland has transformed the way we cook, transport, age and store fish. His ethical, sustainable and revolutionary approach has received global recognition, while fellow chefs, marine experts, seafood companies and fishmongers have applauded and embraced his new philosophy. With wife Julie, and at age 27, he opened his first restaurant, Saint Peter, in Sydney's Paddington, in 2016 to widespread acclaim. Two years later, the couple established Fish Butchery, Australia's first sustainable fishmonger with a temperature-controlled ice-free zone where line-caught fish are dry-handled and cut to order. Josh's pioneering approach, including his revolutionary dry-ageing philosophy, is covered in his first book, The Whole Fish Cookbook. Released in 2019, it garnered a swag of chef endorsements and international awards, including James Beard Book of the Year 2020, and has been translated into ten languages. The sequel, Take One Fish, was published in 2021.
Discover how changing the way you cook and eat can make a difference to the world around us with Sustain: Thirty Dishes That Could Save The Planet.

Featuring 80 recipes across 30 meals, this inspiring, beautifully photographed cookbook shows how mastering simple skill builders such as fermenting, preserving, brining and pickling can lead to a more sustainable kitchen.

Cooking simple dishes such as glazed mushroom skewers, stuffed potato cakes, red pepper pasta and venison pie will not only taste delicious but have a long-lasting impact for future generations. Learn about alternative ingredients such as tigernuts – nut-, gluten- and dairy-free tubers high in protein and fiber – which can be transformed into a showstopping, four ingredient cake with seasonal fruit.

Written by chef and sustainability champion Jo Barrett, from the team who created the ground-breaking eco-house FutureFoodSystem, Sustain provides innovative, achievable solutions to empower readers to be creative with their cooking, connect with their food system, and help save the planet.

Author Bio

Jo Barrett is one of Australia’s most inventive and highly regarded chefs, specializing in sustainability and low waste recipes. Jo made her name at Oakridge Winery in the Yarra Valley in Australia, with partner Matt Stone, and helped create the ground-breaking FutureFoodSystem with innovator Joost Bakker. Put simply, there is no one better placed to write THE bible on sustainable cooking and minimising waste, whilst eating well.
Recipes from Andalusia
by Jose Pizarro

Recipes from Andalusia is a culinary exploration of Andalusia, a place where the past and modernity blend together to form a rather magical destination. Not just a feast for the eyes, Andalusia is also a food-lover's paradise. In Recipes from Andalusia, award-winning chef Jose Pizarro takes readers on a journey through its most delicious dishes. Many of the dishes go back to Moorish times – or earlier – and each of the eight provinces has their own special dish.

Try your hand at Pork loin with pear and hazelnuts, Prawns baked in salt with mango, chilli, cilantro salsa, and a rather boozy Barbary fig margarita. Written in Jose's signature fuss-free style, this is genuine, bold-tasting Spanish food, easily made at home.

A beautiful keepsake that provides an impressive, fresh look at the region's cuisine and set to the backdrop of beautiful location shots, Recipes from Andalusia is a must for anyone who loves authentic, simple Spanish food.

Author Bio

Jose Pizarro is an award-winning chef and bestselling author. He runs tapas and sherry bar Jose and restaurant Pizarro as well as restaurant Jose Pizarro, in London, The Swan in Surrey and two restaurants at The Royal Academy of Arts.
Foolproof Air Fryer
60 Quick and Easy Recipes That Let the Fryer Do the Work by Louise Kenney

Discover everything you need to know about cooking in an air fryer, with 60 recipes and clear, step-by-step instructions. Air frying is a miraculous cooking method: you get all the satisfaction of fried food, without the mess, it's versatile (as well as frying, you can bake, roast, steam and more), and it makes simple and satisfying dishes in minimal time. From golden, fluffy chips and flaky Empanadas to sweet and smoky Chicken Wings and cheesy Arancini – Foolproof Air Fryer includes a huge variety of quick and easy dishes that make the most of this must-have kitchen appliance.

The Foolproof series celebrates the simple ways to cook, eat and enjoy different dishes and techniques, and offers amazing new ways to elevate classics, as well revealing new sure-to-be favorites. The series includes: BBQ, One-Pot, Freezer, Veggie One-Pot, Fish, Picnic, Roasting Pan, and Slow Cooker.

Author Bio
Louise Kenney trained as a chef at Ballymaloe Cookery School then ran her catering business for 10 years. She is now a food stylist, home economist and recipe writer and she is the author of Dinner's in the Bag (Quadrille). She is passionate about food, farming and avoiding doing the washing up.
Thai Made Easy
Over 70 Simple Recipes
by Yui Miles

Over 70 Thai recipes that show you just how easy it is to recreate your favourite dishes at home. Beginning with a short introduction to Thai food and culture, along with an overview of key pantry ingredients and basic utensils, Thai Made Easy then dives into an array of delicious recipes. Using easy-to-source ingredients, uncomplicated methods and including 'easy swaps' for traditional Thai ingredients, this is the easiest way to enjoy this incredible cuisine, without compromising on the flavours synonymous with Thai dishes.

Author Bio

Yui Miles comes from a Thai-Chinese family where cooking and eating have always been a key focus of daily life. She learned how to cook from a young age, especially from her aunt, who was a chef in the Thai royal kitchen. In 2001 she moved to the UK and brought her cooking talents with her. With her passion and skill she was able to secure a spot on Masterchef UK 2019, reaching the quarter finals, and also appeared on and won Beat the Chef on Channel 4. She has engaged Instagram where she shares her recipes, and now works as a cookery teacher, recipe creator and private chef, including partnering with various brands. This is her first book.
Eat More Greens
Eat More Plants with Over 65 Quick and Easy Recipes by Fern Green

Introduce more plants into every meal with over 65 quick, easy and exciting recipes.
We all know that we need to eat more fruit and veg as part of a varied diet, but how many of us get stuck in a rut steaming broccoli or frying up some peppers for the same, old, boring meals? With Eat More Greens, learn how to incorporate fruit and vegetables into breakfast, lunch and dinner in new and exciting ways.
Dishes include a Matcha Smoothie, Korean-inspired Kimchi Rice, Rocky Road and even Lamb Meatballs, proving healthy meals don't have to be boring.
Recipes are short on the page but go far when it comes to flavor profile and nutritional health, making a point of flagging how many plants are used in each (spoiler alert: every one of the 65 dishes contains at least four different, delicious greens).
Featuring family favorites, one-pot suppers, tasty traybakes and super smoothies, Eat More Greens isn't about turning you into a vegetarian, but just making sure that you eat enough plants to improve your overall health.

Author Bio
Fern Green is a food stylist, writer, and experienced chef. She has many years’ experience writing and styling for magazines and works with various high-profile brands for editorial, packaging, advertising, and video content. Fern has written several books over the years, including Breakfast: Morning, Noon and Night, The Mocktail Manual, Melts, and Natural Remedies for Women's Health.
Made in Bangladesh
Flavours and Memories in Six Seasons
by Dina Begum

_Made in Bangladesh_ explores the delicious, yet underrepresented, cuisine of Bangladesh in 75 tantalizing recipes.

With dishes from across the country's 8 regions, Dina Begum demonstrates how achievable traditional Bangladeshi home cooking is in home kitchens worldwide. Taking you through the six Bangladeshi seasons - summer, monsoon, autumn, late autumn, winter, spring - with essays sharing Bangladeshi traditions, you'll learn modern classics and age-old recipes, including _Puchka_ (potato & chickpea filled pastry shells with tamarind sauce), _Tenga_ (light & sour fish stew with green tomatoes), _Narkel diye murghi_ (steamed chicken in a spiced coconut paste), _Tehari_ (aromatic beef and rice cooked with mustard oil & chillies) and _Dhood puli pitha_ (coconut-stuffed rice flour dumplings in molasses milk). Dina also offers advice on pantry essentials, a range of vegetarian, vegan and gluten-free recipes, and sample menus for feeding a crowd, celebrating how food brings community and festivity. _Made in Bangladesh_ is a unique visual feast with beautiful food and location photography that captures the atmosphere and vibrancy of Bangladeshi food.

**Author Bio**

Dina Begum is a British-Bangladeshi writer based in London who has written articles and recipes for nationwide publications such as _The Telegraph, The Herald, Huffington Post, Metro_ and _The Independent_, amongst others. Dina is a member of the Guild of Food Writers and has also written a feature and recipes series for Great British Chefs, based on the six seasons of Bangladeshi cuisine and filmed a spice blends tutorial series for Yodomo. She has hosted popular Bangladeshi pop ups at Darjeeling Express to showcase home cooking favourites, as part of their #WomenInFood series and has taken part in a programme at The Museum of Food and Drink (MOFAD) and a supperclub at Archestratus in New York. Her first cookbook, _The Brick Lane Cookbook_, was published in 2018.
There's Always Room for Cheese
A Guide to Cheesemaking
by Colin Wood

Learn how to make cheese at home from scratch and create your own delicious sweet and savory cheese-based recipes with There's Always Room for Cheese.

There’s Always Room for Cheese is the debut cheese cookbook by expert cheesemaker Colin Wood. Colin has worked in some of the world's best restaurants as the self-proclaimed ‘casual cheese guy’, and now he wants to teach everyone from amateur cooks to experienced chefs the skills he has learned, including how to make, store and eat cheese.

In this book, Colin will take you back to the basics to create your favorite types of cheese, from the equipment and ingredients you'll need right through to concocting the perfect cheeseboard to impress your guests. There's Always Room for Cheese also features a range of deliciously creative cheesy dishes – fromage blanc and strawberry donut, anyone? Each chapter is divided into different types of cheese from white mould to semi-hard and there's even a chapter on whey and what to do with your waste.

This is the perfect opportunity for budding and experienced cheesemakers to have fun with their food at home and to explore the world of cheese with the help of an expert. It's easy to make cheese at home – all you need to know is how!

Author Bio

Labelled as one of Sydney's emerging hospitality stars by Good Food, chef Colin Wood makes his own cheese every Monday at Mat Lindsay's Surry Hills wine bar, Poly. Wood, who calls himself the restaurant's "casual cheese guy", has a hefty resume under his belt. He initially had grand plans to enter the Olympics, but after a serious back injury, changed his course completely. Soon after, he made the decision to pursue a career in cookery and spent 10 years working for restaurateur Andrew McConnell's Trader House group in Melbourne (where he devised a cheese program) and time in New York as Ignacio Mattos' culinary director (Estela, Altro Paradiso) before heading back to his home state of Western Australia, where he subsequently lost all his work during lockdown last year. Now he's in Sydney and he's keen to work towards opening his own cheese-centric place – an idea born at McConnell's Cumulus Inc. while he was running their staff education program. Wood has been making cheese for seven years now, but creating his own space (think wine bar with housemade cheeses) is high on his list of priorities.
Hot Sauce
The Essential Guide to 101 of the World's Best
by Neil Ridley and Dean Honer

A (very) warm welcome to the world of hot sauce. Whether you're a fan of heat or flavor, this is the book for you. From absolute classics to a plethora of new and unusual sauces, discover everything you need to know about the 101 of the world's best hot sauces from nearly 50 countries.
From a 'bird's-eye' view (see what we did there...), you'll also find the history, culture and science of hot sauce, tips and tricks from the top industry 'saucerers', as well as the ultimate recipe for your own homemade style – not to mention 10 simple, mouth-watering recipes for pairing with your hot sauce collection.

This is a fun and fiery celebration of the global phenomenon that is hot sauce.

Author Bio

Neil Ridley is an award-winning writer, broadcaster and consultant in the world of food and drink. He has co-written six books about spirits, cocktails and drinks culture including Distilled, The World Atlas Of Gin, The World Of Whisky and Straight Up. Alongside drinks, he has had a life-long passion for electronic music (previously working as an record executive for Warner Bros Records) and the culture of hot sauce, which led him to a great friendship with his writing partner, Dean Honer.

Dean Honer is an award-winning musician and record producer (IMonster/The Moonlandingz/The Human League) who has spent the last 25 years touring the globe and recording over a dozen albums. An eventful night performing with Iggy Pop in Texas turned him into a hot sauce fanatic and the rest of their US tour was spent exploring the taco trucks, boutique sauce shops and farmers markets, in search of the perfect hot sauce and the hottest chilis.

Dean Honer is a musician and record producer (a member of the bands: I Monster / All Seeing I / The Moonlandingz). He has spent the last 25 years touring the globe and recording dozens of albums. An eventful night supporting Iggy Pop in Austin, Texas turned him into a hot sauce devotee and the rest of the US tour was spent exploring the taco trucks, boutique sauce shops and farmers markets, in search of the perfect hot sauce and the hottest chilis.
Gluten Free Christmas
80 Easy Gluten-Free Recipes for a Stress-Free Festive Season
by Becky Excell

Fuss-free, simple and delicious recipes to see you through the festive season, that all of the family will love!
Gluten Free Christmas will show you just how simple it is to recreate all your festive favorites, from Christmas Eve nibbles and the main event, to sweet treats, edible gifts and a Boxing Day feast.
Best-selling author Becky Excell has spent years developing delicious dishes and sharing them with her followers on Instagram. She is here to show you that a gluten-free Christmas can be enjoyable and easy, without having to miss out on anything. An essential book when it comes to gluten-free home cooking, Gluten Free Christmas will ensure that you have the best Christmas ever.

Author Bio

Becky Excell is a best-selling author and full-time gluten-free food writer with a following of over 500,000 on her social media channels and over 1 million monthly views on her award-winning blog. She’s been eating gluten-free for over 10 years and has written recipes for numerous online publications and made TV appearances, as well as doing cooking demos at events including the Cake and Bake Show and BBC Good Food Show 2021. She gave up a career working in PR and marketing to focus on food full-time with an aim to develop recipes which reunite her and her followers with the foods they can no longer eat. Her first four Sunday Times best-selling cookbooks, How to Make Anything Gluten Free, How to Bake Anything Gluten Free, How to Plan Anything Gluten Free, and Quick and Easy Gluten Free were published by Quadrille. She lives in Essex, UK.
Max’s World of Sandwiches
A Guide to Sandwiches from All Corners of the Globe
by Max Halley and Benjamin Benton

Looking for the ultimate guide to sandwiches? Look no further! Max’s World of Sandwiches celebrates sandwiches from around the world. It is broken into two sections: sandwiches and components. The sandwich recipes marry the elements in the components section, putting every tip and trick available into world-class sandwiches. The components section will include the key tenets of any sandwich – think bread, sauces, fillings and adornments.

Recipes include Coleslaw with Cream, Bombay Nuts and Spiderman Garlic Bread.

Max’s World of Sandwiches enables home cooks to learn all the tips and tricks of sandwiches, and ultimately to create the sandwich of their dreams.

Author Bio
Max Halley is the name behind Max’s Sandwich Shop in London. He regularly appears on Sunday Brunch, This Morning, BBC Radio Two and Vice and writes for The Guardian, The Sunday Times and Evening Standard.

Benjamin Benton is a restaurateur and chef who has worked at Rochelle Canteen, The Dock Kitchen and Le Coq in London.
Sandwich People
Fresh, Fried & Toasted
by Dominic Wilton

Sandwich People is the go-to recipe book for sandwich lovers who want to nail the basics and expand their repertoire. In Sandwich People, Dom Wilton applies his fine dining background to the art of sandwich making, delivering incredibly appetizing sandwiches that are actually really easy to make.

Starting with the basic skills of sandwich making and including recipes for condiments, pickles and bread, this book will empower the reader to also go out and experiment with their own flavors and pairings. We have all the basics covered, including chapters on Bread, Pickle, Condiment, Fresh, Toasted, Hot Fried & Salad, while also featuring recipes contributed by famous chefs & cooks from around the globe.

This book is simple – no bullshit – just really good sandwiches. It's full of incredibly beautiful photos of drool-worthy sandwiches. Sure, there are amazing, easy to execute recipes, but it's also just a source of inspiration. Sandwiches aren't meant to be strict; they're meant to be loose. Use this book as a guide.

Author Bio

Dom Wilton is the co-owner of Melbourne's cult sandwich shop, Hector's Deli. Having gained experience in some of the world's best restaurants such as Stokehouse, Attica and The Clove Club. Dom now uses his extensive culinary experience to make mouth-watering sandwiches from his popular cafes in Richmond and South Melbourne. Soon to be opening more.
Sohn-mat: Recipes and Flavors of Korean Home Cooking
by Monica Lee, with Tien Nguyen

In Sohn-mat, which translates to hand taste and refers to intuitive cooking, Chef Monica Lee showcases recipes for soon tofu, the iconic Korean soup made with soft tofu, from her beloved LA Koreatown restaurant Beverly Soon Tofu.

Sohn-mat is a master class in how to make this exceptional tofu soup at home, as well recipes for all of the other dishes you need to complete the meal, from banchan, to kimchi, to large-format dishes like bibimbap.

Beyond its loyal customers, Beverly Soon Tofu was highly acclaimed. The restaurant was written about by Jonathan Gold and Ruth Reichl, and profiled by Anthony Bourdain in Parts Unknown. Blending the technical expertise of a chef with the practical know-how of a home cook, Sohn-mat offers what no other Korean book on the market does: a level of sophistication that is still geared toward the home kitchen.

Sohn-mat is for fans of Beverly Soon Tofu and those interested in learning about Korean food and cultivating their own intuitive cooking skills.

Author Bio

Monica Lee opened Beverly Soon Tofu in 1986. It was the first restaurant of its kind in LA, a pioneer serving soon tofu stew to residents and visitors of Koreatown for over thirty years. Tien Nguyen is the co-author of multiple books, including New York Times bestseller L.A. Son: My Life, My City, My Food with chef Roy Choi, and The Red Boat Fish Sauce Cookbook, one of NPR's 2021 Books We Love.
Easy Vegan Christmas
80 Plant-Based Recipes For The Festive Season
by Katy Beskow

Easy Vegan Christmas is a 70-recipe cookbook showcasing simple vegan recipes, for a fuss-free festive season. Whether you're cooking for your vegan family, looking for inspiration for your first vegan guest, or simply want to add new flavors and dishes to your Christmas dinner table, you'll find stress-free, plant-based recipes to get you through the happy holidays. With an easy tip for each recipe, plus advice on whether the recipe is suitable for freezing, this book is perfect for getting ahead! You'll also find a handy menu planner to take the stress out of deciding what to cook. All of the ingredients are available in supermarkets, with a focus on seasonal winter produce. The magic of Christmas is in togetherness and giving, and there's nothing that shows this more than a special, hearty meal, prepared with love.

Author Bio

Thrifty Vegan
150 Budget-Friendly Recipes That Take Just 15 Minutes
by Katy Beskow

150 of the best recipes from Katy Beskow's original 15-Minute Vegan books. In as little as 15 minutes you can have a delicious meal on the table using readily available, budget-friendly ingredients and fuss-free cooking techniques. Thrifty Vegan starts with Katy's introduction to plant-based cooking, with advice on the equipment you need to make your cooking go faster, plus essential storecupboard ingredients. With 150 recipes to satisfy at any time of day, this book is not only the go-to cookbook for new and established vegans, but also for home cooks looking for effortless and wallet-friendly ways to bring plant-based meals into their kitchen. This is feel-good, effortless food by an expert in vegan cooking – nothing could be simpler and faster than the Thrifty Vegan.

Author Bio

52 Weeks of Easy Knits
Beautiful Patterns for Year-Round Knitting
by Laine

52 Weeks of Easy Knits is a contemporary collection of 52 uncomplicated knitting patterns, ranging from beanies, mittens and scarves to sweaters, socks and cardigans, from Nordic knitting experts Laine.

For people who are picking up needles for the very first time, or for experienced knitters who are looking for an effortless comfort project, this gorgeous book contains a fun, cozy and modern knitting pattern for every week of the year – each one a pleasure to knit. The 52 projects have been contributed by leading knitwear designers from across the world. The book uses a 'super easy' label to mark the patterns that are perfect for your very first knitting project. Each project is accompanied by beautiful and helpful photography, and supported by extra material on the Laine website.

Following on from the bestselling 52 Weeks of Socks and 52 Weeks of Scarves, 52 Weeks of Easy Knits is a classic book to return to again and again, not just for weeks but for years to come. Knitting is more than just knit, knit, purl. It is a feeling.

Author Bio

Laine is a publishing house based in Finland. They publish books focusing on knitting, crafts, food and lifestyle, as well as Laine, their international knit and lifestyle magazine. They draw influence from the beauty of the everyday, cherish natural fibers and want to create timeless, long-lasting garments. Their intention is to inspire all to gather and share, to be part of a community of like-minded knitters, makers and thinkers from near and far.
Arctic Knits
Sweaters, Socks, Mittens and More
by Weichien Chan

Arctic Knits is a modern guide to knitted life in the far north. Weichien Chan lives in the northern most city in Canada, Iqaluit. It is known for its ice-capped mountains and tundra valleys and cold winters. Combining Weichien’s love for the outdoors and knitting, this book presents patterns for cozy sweaters, hats and more that will keep you warm and dry, no matter how far north you travel. Simple, clean shapes ensure that pattern and color are at the forefront, creating modern yet timeless designs. Each project follows a pattern with a mitten, hat and scarf variation for a whole winter collection of accessories. All the patterns are gender neutral and size inclusive with expert tips on finishing, as well as advice on color and selecting sustainable yarns, through inspirational photography, Arctic Knits offers a window on life at in the Arctic archipelago.

Author Bio

Weichien Chan lives in the Canadian Arctic city of Iqaluit. She is a size inclusive knitwear designer who specializes in colorwork knitting.
Knits for Dogs
Sweaters, Toys and Blankets for Your Furry Friend
by Stina Tiselius

Keep your canine cozy, comfy, and - most importantly - cute with Knits for Dogs.
Created to suit your dog's individual needs, the 16 knitted patterns - including sweaters, neckerchiefs, and snoods - can be sized up or down to suit a range of small to medium sized breeds. And for those pooches who like to play, there are also chew toys and balls to sink their teeth into.
The designs are all super easy to make with very little material needed; there is a knitting school at the back of the book so you can get to grip with the stitches and care and washing tips are included.
With the help of Knits for Dogs, your furry friend will be the most fashionable in town.

Author Bio

Stina Tiselius has knitted since she was young and now runs the company StinaMaria, where she sells patterns, yarn, and crafts online and in her shop in Billdal, Sweden. Stina is also a photographer and graphic designer; her previous books include Knitted Potholders, Knit for Yourself, Simple Knitting for Children, and Knitted Accessories.
Winter Celebrations
A Modern Guide to a Handmade Christmas
by Arounna Khounnoraj

Winter Celebrations is a celebration of the festive season through craft, featuring a beautiful collections of over 20 decorations and gifts that draw upon Arounna Khounnoraj’s natural aesthetic. From fir garlands, advent calendars to handmade tablescapes for family gatherings – get ready to hunker down and make yourself a handmade Christmas.

In this ultimate maker’s guide to the festive season, Arounna will cover a variety of different crafts from embroidery, block printing, sewing and pottery, through 26 projects learn how to make your own wrapping paper, cards, paper garlands and more.

Designed with sustainability in mind, the projects will teach you how to think innovatively and reusing whatever materials you might have to hand, including found and natural objects. There will also be an emphasis on techniques that don’t require a lot of tools or equipment as well as projects that can be achieved in a short amount of time.

All the projects include stunning lifestyle photography and clear step-by-step instructions, making this a book accessible for all.

Winter Celebrations will inspire readers to create decorations that they can reuse each year as they learn to embrace a more handmade approach to the festive season.

Author Bio

Arounna Khounnoraj is a Canadian artist and maker based in Toronto, where she emigrated with her family from Laos at the age of four. While her education includes a Masters in fine arts, it was through subsequent residencies that she found her current focus in fibre arts. In 2002 she started Bookhou, a multi-disciplinary studio with her husband John Booth, together they explore a variety of printing and embroidery techniques through making utilitarian objects such as bags, home goods and textiles. She has previously published Punch Needle (2019), Visible Mending (2020), and Embroidery (2022) with Quadrille.
Sew Your Own Scandi Wardrobe
by Oda Stormoen and Kristin Vaag

The best garments in your closet are ones you want to wear over and over again. Clothing should make you feel comfortable and confident and reflects who you are as a person. Sew Your Own Scandi Wardrobe will show you how you can sew your own capsule closet full of staple garments made to last. The core designs can be combined to form a multitude of outfits, that can be worn for everyday life as well as special occasions. Featuring 22 designs, with suggestions on adjustments and variations that enable you to create and design garments that suit your style and expression. Packed with stunning fashion photography, Sew Your Own Scandi Wardrobe will inspire and offer you techniques and tips for easy ways to get started and succeed with sewing, both as a beginner and advanced sewer.

Author Bio

Oda Stormoen and Kristin Vaag set up Flid in Fall 2020 to help more people make, repair and create their own favorite garments. By offering modern sewing patterns, guidance, and inspiration, with a focus on creative joy and good design, they hope to inspire conscious clothing consumption and good sewing experiences.
Sewing the Curve
Learn How to Sew Clothes to Boost Your Wardrobe
by Jenny Rushmore

Learning to sew your own clothes can be utterly life changing. Forget squeezing into ill-fitting garments which aren't to your taste, or struggling to find anything in your size – once you can sew, you can make a whole closet of clothes, in any style or fabric, to fit your body. But, learning to sew can be intimidating if you've never picked up a needle, and even more so if you're not in the size range of a lot of beginner patterns or sewing books. Having to learn sewing skills AND learn how to make patterns bigger can be overwhelming, and if you're coming to sewing to help you feel better about your body, it can even end up making you feel worse. Sewing the Curve will teach you how to sew a closet of gorgeous garments. Beginner-friendly, this book will take you from threading your machine to completing your first garment that fits and expresses your personal style. And, it comes with 6 patterns in sizes 12 – 32 and cup sizes C – H, so you can practice and master new skills on patterns made for bodies just like yours.

Author Bio
Jenny Rushmore is the founder and creative director of Cashmerette, the leading sewing company focused on curvy and plus size women. In 2015, Jenny left an international corporate career to spread the joy and body acceptance that comes with being able to make clothes that fit. Originally from the UK and now based in Boston, Massachusetts, she works with her team to create sewing patterns designed for curves, and educational resources that help all curvy and plus size women find their perfect fit. Jenny's first book, Ahead of the Curve was published by Quadrille in 2021.
Wreaths

Fresh, Foraged & Dried Floral Arrangements
by Terri Chandler and Katie Smyth

Wreaths explores the art of creating wonderful floral pieces, to gift or keep, through a collection of 18 beautiful and natural designs. Learn how to play around with color, foliage, texture, and architectural forms with a craft that is no longer just for Christmas.

Packed with ideas, skills and techniques, Katie and Terri will inspire you to bring a touch of nature indoors as they offer a fresh and modern approach to wreath design. Going beyond the traditional shapes, this book will equip you with the know-how to create impressive statement pieces, tropical, and dried wreaths, as well as beautiful garlands and a late summer chandelier.

Presented through exquisite photography and step-by-step instructions, Wreaths shows how best to maintain and display these botanical creations in your home. Discover the joy of foraging and master the art of making natural wreath frames with this irresistible book - a must-have for lovers of floral arrangements and interiors alike.

Author Bio

Katie Smyth and Terri Chandler make up WORM London. They quit their jobs after feeling stuck in a rut and started up a flower business, designing flowers for weddings, supper clubs, and parties. They also work as flower stylists for magazines, books, and TV shoots. Katie and Terri are inspired by seasonal wild, foraged materials, and the meaning of flowers.
Grace Kelly
The Illustrated World of a Fashion Icon
by Megan Hess

Grace Kelly: The Illustrated World of a Fashion Icon is a stunning illustrated biography of style and screen legend Grace Kelly, from internationally renowned fashion illustrator Megan Hess.

Oscar-winning actress, muse to one of the greatest directors of all time, global fashion icon and European princess – Grace Kelly was a truly remarkable figure. In just six short years in Hollywood, she became one of the most significant and highest-paid stars of her generation. She was the darling of costume designers and fashion houses everywhere and beloved by fans across the globe, but at the height of her fame, ‘the girl in the white gloves’ gave it all away to follow her heart across the sea. In a lavish ceremony that captivated the world, she married Prince Rainier III and became Princess Grace of Monaco.

Elegantly enclosed by a hardback cover and ribbon, Grace Kelly: The Illustrated World of a Fashion Icon is a celebration of a cultural icon who turned heads and won hearts wherever she went, with every enchanting detail brought to life on the page by the expert hand of Megan Hess.

Author Bio

Megan Hess is an internationally acclaimed fashion illustrator. Her prestigious clients include Vogue, Vanity Fair, Harper’s Bazaar, The New York Times, Chanel, Dior, Cartier, Prada, Fendi, Louis Vuitton and Tiffany & Co. Her bestselling fashion books and beloved Claris series for children have sold over 1.5 million copies worldwide.
The Motherhood Space
Truth and stories to support you through motherhood by Gabrielle Nancarrow

The Motherhood Space is your companion through motherhood, offering advice, imparting wisdom, and sharing intimate stories to help you feel seen through the intense highs and lows of this season of your life.

In this beautiful book, doula and mother of three Gabrielle Nancarrow shares her own motherhood journey alongside interviews, research, and personal reflections from mothers around the world, who graciously share deeply honest and tender stories about the times that made them laugh, cry and fall to their knees.

The Motherhood Space is a book that you will refer to time and time again as you pass through each phase in your parenting journey and look for guidance. Whether you are experiencing identity and relationship shifts, isolation, sleep deprivation, breastfeeding challenges or planning your return to work, the stories within this book will walk with you through each milestone and help you see that you are not alone. In a world where community and support is not all that easy to find, The Motherhood Space is a gentle companion for all mothers.

The Motherhood Space is the perfect follow-up for readers of Gabrielle’s first book, The Birth Space.

Author Bio

Gabrielle Nancarrow is a mother of three, a doula, author of The Birth Space, and the founder of Gather, a space for women. She is passionate about speaking our truths, sharing our stories and celebrating honest motherhood. This is her second book.
Sex Tips for Creative Lovers
Pleasure for Everybody
by June Pla

Do you feel like you're missing out on your sexuality? Has the time spent with your lover(s) become a bit predictable and boring? Are you tired of the same old storylines about sex - foreplay, penetrate, ejaculate, repeat? In Sex Tips for Creative Lovers, June Pla teaches you how to let go of your hang-ups and explore your sexuality at your own pace. You will learn everything there is to know about sex outside of the ‘penetration’ box, regardless of your gender or sexual orientation. With maps of pleasure zones as well as an inventory of moves, it is full of tips and tricks on how to pleasure yourself and your partner, resulting in explosive new experiences. Whether you’re a virgin or sex expert, Sex Tips for Creative Lovers is perfect for anyone wanting to reinvigorate their sex life.

Author Bio

Ju’ne Pla~ is has always been fascinated by sex, which led her to start her Instagram account @jouissance.club, which has over 980k followers, and has recently launched the @blissclub__. Ju’ne promotes pleasure as accessible to everyone, regardless of the gender that defines us or our sexual orientation.
Color Confidence
A Practical Handbook to Embracing Colour in Your Home
by Jessica Sowerby

Color Confidence will demystify the technical world of color as it helps empower you to live a bolder and more colorful life. Including a blend of everything from identifying your palette to creating a harmonious color scheme and accessorizing to achieve that perfect color ratio, this book will show you how to use color to transform your life. Get inspired with expert tips and tricks to create a home that will truly reflect your personality.

Discover how color can impact your space and mood. Jess will show you how to embrace those darker tones to add interest and show you how to successfully bring a cohesive look together, whether that is pastels, brights, neutrals, earthy tones or even brights – find your color confidence whatever your style.

Author Bio

Color is Jess Sowerby's passion in life, and paint is the easiest and most effective way to not only transform a room, but make your home a true reflection of yourself. Following her house renovation, she set up a Color Consultancy Service and has gained a mixed base of clients from across the UK, Canada and Australia.
The New Naturals
Inspired Interiors for Sustainable Living
by Jennifer Haslam

The New Naturals celebrates 18 global homes that put well-being and environment first, incorporating eco elements and sympathetic natural materials that provide a nourishing connection to nature. The properties showcased include: renovated Victorian homes in leafy Highgate; Italian summer houses; New York retreats and Australian new builds. Their owners and designers are the likes of Louisa Grey (House of Grey), Jonathan Tuckey, Jack Harries and Alice Aedy of Earthrise Studios, Sebastian and Brogan Cox and many more. Their shared credentials are garnered from a focus on key eco elements such as clay walls, reclaimed wood, stone, and natural paints but their visual identities are unexpectedly varied. These contributors are pioneers of slow living and sustainable choices, whether it’s a lick of paint, an upcycle of existing pieces, the use of sustainable materials, or modern technology that sits comfortably behind the scenes. All combine to create a book showing us how we must exist, now and in the future.

Author Bio

Jennifer Haslam is one of the leading interior stylists in the UK, with over 15 years’ styling and writing experience, working for magazines such as Living etc, Homes & Gardens, Domino, Red and The Saturday Telegraph. Referred to as one of the most influential stylists recently in The Sunday Times, she has styled for a vast array of interior and design clients such as Heal’s, Habitat, M&S, Waitrose and John Lewis. Her style is clean, contemporary and considered, and all about enhancing the way we live.
Wild Isle Style
Resourceful, Original and Inventive Design Ideas
by Banjo Beale

Living on the remote island of Mull has inspired Banjo Beale to be resourceful, inventive, and original - which he calls his Wild Island Style. Mindful of the environment and budget in everything he creates, and combining vintage finds with clever design, he re-purposes the old and re-imagines it into something new. From contemporary to classic, his spaces are characterful, curated, and conscious. His spaces tell a story about the people who inhabit them. In his first book, Banjo wants to encourage people to give design a go and create their own style by thinking outside the box. Don’t defer to the homewares brands to redecorate - from our backyards to scrapyards, mudlarking to marketplaces, masterpieces sit in waiting. It just takes imagination, a sense of adventure, and a little bit of courage to make it happen. The re-purpose and reuse revolution has already begun with more people turning to Facebook Marketplace to buy, swap, and sell than ever before, Antique Fairs are attracting a new generation of collectors, and curators and Instagram stores are popping up everyday with curated collections aimed at an audience who are looking for something unique to express their identity. No matter your style, from budget bougi to boho nouveau, this book will uncover universal ideas that you can easily implement into your next design. This is an accessible bible to creating authentic, cost-effective interiors.

Author Bio

Banjo Beale is an interior designer who won the BBC1 series Interior Design Masters in 2022. He is an Australian based on the Isle of Mull, Scotland. He has worked on many interior projects since winning the show, as well as collaborating with John Lewis and Etsy on sustainability. Banjo will be a guest judge on Scotland’s Home of the Year in 2023. He is currently filming a BBC2 series on Mull that will showcase some of his interior designs.
Damp Squids and Card Sharks
A Compendium of Commonly Confused Phrases and Linguistic Muddles
by Robert Anwood

The English language can be very confusing. But it's not rocket surgery. Damp Squids and Card Sharks is a fascinating suppository of false facts and common errors, a minefield of information.

Have I wetted your appetite? Peaked your interest? Are you waiting with baited breath? Or could you care less? Pull your socks together! For all intensive purposes, this is the book for you.

This cute, funny book features gorgeous illustrations alongside the 50 amusing malapropisms, mixed metaphors and mondegreens. In one foul swoop you'll learn why so many people get muddled by the same phrases!

Author Bio

Robert Anwood is the author of the bestselling Bears Can't Run Downhill and Emus Can't Walk Backwards. His hobbies include going to the pub and arguing. Rob is the keyboard player with the UK band Jody and the Jerms.
Even Cats and Rice Ladles
Wise and Witty World of Japanese Sayings
by Yoshie Omata

Explore the wonderful world of Japanese sayings. Did you know the Japanese have a word for when you're not hungry but want to eat (because your mouth is lonely)? Or that there's a word to express the way sunlight filters through the leaves of trees? Discover 50 lighthearted expressions you never knew you needed in your life, in this charming collection of 50 illustrated translations.

Author Bio

Yoshie Omata was born and raised in Fuji-san, Japan, where she developed a love of languages and music. After studying in England for her Master's Degree, she became a certified Japanese language tutor. She also speaks English and French.

Notes

Promotion
The Queen's Speeches
Poignant and inspirational speeches from Queen Elizabeth II's 70-year reign
by Lucy York

The speeches of Queen Elizabeth II hold a special place in many people's hearts across the world. During her 70-year reign she delivered many poignant, touching, and inspirational speeches, always with a warmth and sincerity, many of which have been collected in this volume. From the sentiments of her Christmas Day address, which will have been a firm fixture in many households during the festive period, to the reassuring words of her speech during the uncertainty of the Covid pandemic, The Queen's Speeches features some incredibly powerful and quietly contemplative words from a much-loved monarch. The book is peppered throughout with quotes from notable figures and world leaders that reflect the enormous impact that the Queen's words, ethos, and faith had on them. Her ability to connect with people across continents and cultures is reflected in this wonderful and beautiful collection of her speeches.

Author Bio
Lucy York is an editor and writer based in Brighton, UK.
Birds with Personality
A Guide to 50 of the World’s Most Beguiling Birds
by Georgia Angus

Birds with Personality is a fun gift book that takes you around the world through the eyes of some of the most charismatic bird species on the planet.

Across Earth’s diverse ecosystems – from the deserts of Mexico to the rainforest-blanketed mountains of Papua New Guinea – birds have found remarkable ways to survive against vast odds. Featuring author Georgia Angus’ stunning, lifelike illustrations, this book will introduce you to 50 such species, with information on each bird’s size, diet, migration patterns, behaviors and conservation concerns, plus distribution maps. The featured birds vary from the tiny zunzuncito hummingbird, who weighs only two grams, to the enormous wandering albatross, who can circumnavigate the Southern Ocean three times in a single year.

From dancing birds of paradise, to fish-beguiling herons, fiery Adelie penguins and fruit-loving Dracula parrots, this book will whisk you away to visit distant lands where you can observe the most iconic birds in the world, and appreciate them for their beauty and brilliance.

Author Bio

Georgia Angus is an author, artist and nature nerd who lives on the lands of the Kulin Nation in south-east Australia. She splits her time between studying environmental science, writing and bushwalking.
Wilderness: The Most Sensational Natural Places on Earth
by Penny Watson

Wilderness is a fresh and inviting coffee table book featuring 40 of the most sensational wilderness destinations on planet Earth, both the far-reaching and those that exist within reach of human populations. It will be a source of travel inspiration, and a reminder to protect what is still ours.

The word 'wilderness' itself conjures images constantly looping on our social media feeds: towering forests, sparkling streams, the sun's shadow falling across a desert dune, polar bear cubs walking across a tundra. The fact that our popular culture constantly draws us to these elusive destinations says much about their place in our psyche. In times of inner turmoil or outer chaos they are escape rooms. When we want adventure, they are freedom calls to strap on the walking shoes or backpack. When we seek quietude, inner peace or renewal, they ignite a dormant instinct. A yearning to be among nature.

Our increasing urban lives have made this call to the wild louder and stronger. And as the population emerges from a modern-age global catastrophe, a new reality dawns: a truth-telling that says the planet's greatest commodity is not its iron ore or petroleum. It's our wilderness that needs to be protected, the pockets of the planet where, by definition, we humans have been mostly absent.

Author Bio

Penny Watson is a traveler, writer and storyteller. Her award-winning words about people, places, food, and adventures in the wild have found a home in a ream of magazines, newspapers and digital spaces in Australia and around the globe. Penny's books include Slow Travel and she is a member of both the British Guild of Travel Writers and Australian Society of Travel Writers. In 2021, she took her own slow travel advice and moved from her hometown of Melbourne, Australia to Bali in Indonesia. She lives there with her amazing partner Phil and their two exceptional children, Digby and Etienne.
The Lunar Year
by Alison Davies

Celebrate the phases of the moon in every season with The Lunar Year. Discover the transformative power of the lunar cycle with this year-round companion to moon magic. Learn spells and rituals to practise under each phase of the moon, be inspired by lunar gods and goddesses from traditions past, and harness the power of your emotions by getting in touch with your moon sign.

Author Bio

Alison Davies is the author of over 30 books, she runs storytelling workshops at universities across the United Kingdom. Alison writes for a wide selection of magazines, including Soul & Spirit, Fate and Fortune, Spirit and Destiny, and Kindred Spirit.
AstroCrystals
Harness the Power of the Zodiac and the Stones to Manifest the Life You Want
by Stella Andromeda

With AstroCrystals learn how to harness the power of crystals to manifest your greatest potential and desires. Stella Andromeda’s latest book, AstroCrystals, joins the dots between astrology and crystal energy, and while each zodiac sign is affiliated to a specific gemstone that enhances their focus and power, everyone can benefit from the unique properties of crystals.

Each beautiful crystal featured in this book has its own vibrational energy, helping to balance, stimulate or clarify our own, enabling us to focus and manifest positive change in our lives. Whether we want to affect change in our personal circumstances, improve our health, job prospects, finances or attract a soulmate, when we know how to use them the crystals have the power to help manifest our greatest potential and desires.

Chapters include: Powering Up Your Crystals, Crystal Meditations, and Using Crystals to Manifest, along with Crystals for Love, Crystals for Health, Crystals for Work Success, Crystals for Happiness and more, enabling us to focus, set intentions and manifest their use in everyday life to power up beneficial outcomes.

Author Bio

Stella Andromeda has been studying astrology and other esoteric arts for over 30 years. Her passion in the stars has piqued her interest in the stones and the power they hold. In this book, she delves deeper into the stones’ potential.
Crystal Healing
The Complete Modern Guide for Beginner and Beyond by Yulia Van Doren

Change your energy and enhance your life through the power of crystals.

This beautiful, modern crystal compilation features over 100 crystals to raise your vibrations in bestseller's Goldirocks signature fresh and accessible approach to crystal healing. Explore a directory of crystals and minerals, and their individual properties and learn new ways to connect with their glimmering energies to improve your life. Learn how to cleanse your mind, body and spirit, heal your home, and harness the power of the rocks.

This practical guide will equip you with everything you need to reconnect with your spiritual self.

Crystal Healing is the perfect companion for Yulia Van Doren's previous bestselling titles Crystals and Crystallize

Author Bio

Yulia Van Doren is one of the innovators of the modern holistic wellness movement. Her first book, 'CRYSTALS: The Modern Guide to Crystal Healing, pioneered a new concept in crystal healing with its unique combination of modern design and an accessible, relatable style. An international bestseller since its release, 'Crystals' has sold more than 100,000 copies, won several awards, and been translated into five languages. Guided by a mission to bring holistic wellness and vibrational healing into the mainstream, Yulia is the founder of the trendsetting crystal brand, Goldirocks, which quickly rose in popularity to become one of the most visible crystal brands, and has partnered with several global companies on their first co-branded crystal collections, including Nordstrom and Anthropologie.

Yulia is also a Grammy-nominated international opera singer and sound healer. She has dedicated her life to the study and practice of vibrational energy and healing, and had the honor of training with leading teachers in consciousness, healing, and sound from an early age. Her work has received extensive press, including Vogue, Elle, The New Yorker, and The New York Times. She currently lives in Northern California, and she unequivocally believes that magic is 100% real and available to everyone.
Tell me your Venus and your Moon signs, and I’ll tell you how you love others, and how you feel love in return.

Astrology is your greatest ally for navigating the trials and tribulations of romantic relationships. With the help of your birth chart, you’ll learn how to find yourself, how to get more out of life and how to attract the love you deserve. This complete guide takes you through your birth chart, starting with the fundamentals: Venus, for unlocking your innermost desires, and the Moon, for understanding your emotional self. Then discover what your Saturn, Uranus, Neptune and Pluto signs mean for you. With this planetary knowledge in your astrological toolkit, you’ll be well-equipped not only to understand how you love, but why you love the way you do, and how to form the relationships you deserve.

The key to finding love is already inside you: this book will show you how to unlock the door.

**Author Bio**

Sara Gomar is a Spanish astrologer, psychologist, therapist and life coach, with a wealth of knowledge and training in the field of personal development. In 2014, Sara became an astrological consultant and in 2019 created Astro Realizacion’ (‘astrological development’), a project dedicated to teaching astrological wisdom with psychological perspectives. She is passionate about inspiring women to transform into the best versions of themselves.
The Cat Lover's A to Z
by Clare Faulkner

Cat Lover's A to Z is a charming, illustrated guide for cat fans everywhere. Mixing cute illustrations with fun observations and facts, it's a pawsome celebration of the special, and often very funny, relationship between our favorite pets and their devoted human servants. Combining a mix of interesting cat trivia, feline idiosyncrasies, a scattering of quotes and new playful language from social media, this purrfect A to Z will amuse and inform any cat admirer.

Author Bio

Clare Faulkner is a freelance graphic designer and the illustrator of the bestselling The Little Book of Sloth Philosophy and The Little Book of Otter Philosophy. Following a career in book publishing, which included 10 years at the V&A, Clare retrained in graphic design. She has worked for a diverse range of clients, on book, brand and product design with her company, Small Dots. Clare lives in London with her family and a mischievous Siamese cat, who is the inspiration for this book.
The Little Book of Manifesting
by Joanna Gray

Bring your dreams to life with The Little Book of Manifesting. With motivational quotations, fun tasks and thoughtful exercises, The Little Book of Manifesting will show you how to manifest the life you’ve always dreamed of.
The Little Book of series has sold 1 million copies worldwide, with titles like The Little Book of Mindfulness, The Little Book of Gratitude and The Little Book of Love.
"Life must not be a novel that is given to us, but one that is made by us." – Novalis

Author Bio

Joanna Gray is a writer, journalist and interviewer. She runs festival events and educational programmes for Wimbledon BookFest in the UK and co-ordinates the Jane Gardam Short Story Award. She is the author of many books in Quadrille's Little Book of series, including The Little Book of Self-Care and The Little Book of Kindness.
The Little Book of Self-Love
by Joanna Gray

Nurture your relationship with yourself with The Little Book of Self-Love. The Little Book of Self-Love will show you how to practice self-compassion and kindness with uplifting quotations, real-world tips and gentle exercises, teaching you how to love yourself a little bit more every day. The Little Book of series has sold 1 million copies worldwide, with titles like The Little Book of Courage, The Little Book of Gratitude and The Little Book of Kindness.

I celebrate myself and sing myself. – Walt Whitman

Author Bio

Joanna Gray is a writer, journalist and interviewer. She runs festival events and educational programmes for Wimbledon BookFest in the UK and coordinates the Jane Gardam Short Story Award. She is the author of many books in Quadrille's Little Book of series, including The Little Book of Self-Care and The Little Book of Kindness.
Creativity in Daily Life
by Meredith Gaston Masnata

Creativity in Daily Life is your guide to exploring your own creativity and communing with the beauty and inspiration dwelling in your everyday life and world. Leave behind your workday and ordinary chores, and engage your imagination and creativity by observing details around you. Writing a journal, poetry and stories, drawing and sketching, daydreaming of big and small ideas, welcome creativity into your life and activate and sharpen your senses, awakening your imagination to discover moments of magic. There is so much we miss as we move quickly and busily about, without paying attention to our surroundings. Arouse your curiosity, deepen your attention and turn creativity into an everyday and exciting way of engaging and living in our rich and colorful world. Start to develop and experience your innate creativity. A Experience your life as a work of art, magical and worthy of your attention.

Author Bio

Meredith Gaston Masnata is an internationally acclaimed Australian artist, best-selling author and passionate wellness advocate. Meredith's playfully sophisticated signature style and inspirational words bring comfort and joy to many. Her lovingly illustrated books are translated into foreign languages, and her original artworks and limited edition prints collected worldwide. While exhibiting her artwork locally and abroad from a young age, Meredith graduated from the University of Sydney, majoring in Art History and Theory and Gender and Cultural Studies. Having continued her education as an Integrative Nutrition Health Coach, Meredith frequently features in the media and public sphere discussing wellbeing, self-care, mindfulness and creativity in daily life.
I AM GRATEFUL
by Hardie Grant Books

Power Positivity: I AM GRATEFUL reminds you of everything good in your life, that you are truly blessed, and that you can use this knowledge to get through anything. Full of empowering quotes, thoughts, kind words, and little pick-me-ups, this book can do wonders to lift your mood, raise your confidence, control negative feelings, and improve your self-esteem.

Featuring wise words from some of our favorite celebrities, this pocket-sized book is guaranteed to brighten your day, remind you that life is good, and that you've most definitely got this.

Author Bio

Conceived and edited by Hardie Grant Books.

Hardie Grant
On Sale: Aug 29/23
4.3 x 5.2 • 96 pages
Full-color Illustrations throughout
9781784886066 • $19.50 • cl
Self-Help / Personal Growth / General
Series: Power Positivity

Notes

Promotion
I AM UNSTOPPABLE
by Hardie Grant Books

Power Positivity: I AM UNSTOPPABLE helps you find the confidence to be yourself and reminds you that you can get through anything with empowering quotes, thoughts, kind words, and little pick-me-ups when you need them most.
The right words at the right time can do wonders to lift your mood, raise your confidence, control negative feelings, and improve your self-esteem.
Featuring wise words from some of our favorite celebrities, this pocket-sized book is guaranteed to brighten your day, remind you that life is good, and that you’ve most definitely got this.

Author Bio

Conceived and edited by Hardie Grant Books.
Pocket Power from the Slumflower
Know Your Worth and Act On It by Chidera Eggerue

Pocket Power from The Slumflower is the handy friend who reminds you to think of yourself a little more often.
Chidera aka The Slumflower is the angel on your shoulder, giving you tips and wisdom for reclaiming your power as a woman.
Read Chidera's inspiring advice to help you achieve your potential, find a way through challenges, and embrace every opportunity along the way.

Author Bio

Chidera Eggerue is an acclaimed writer, presenter and social commentator. Referred to by Elle magazine as a 'millennial mastermind', Chidera has featured in publications including Financial Times, Vogue, Playboy and Grazia, and starred in her own Channel 4 documentary ‘Bring Back the Bush’. She debuted her first live show ‘Chidera Eggerue: How To Get Over a Boy’ to a sold-out audience, and hosts the popular podcast ‘The Slumflower Hour’. She is the bestselling author of What a Time To Be Alone and How to Get Over a Boy.
The Power of Cold
How to Embrace the Cold and Transform Your Life
by Niall O'Murchu

The Power of Cold explores how we can learn to use the cold to release tension and anxiety, to deal with all types of pressure, including stress, grief, and fear, and to make us whole again. In this book, Wellness Instructor Niall O'Murchu walks us along three paths to better health, taking us on a journey to reap the profound benefits of the cold, unlocking its power and our own potential. PATH 1: Using our experiences in the cold to thrive under extreme pressure
PATH 2: Using our experiences in the cold to find calm in chaos
PATH 3: Using our experiences in the cold to release the things that hold us back
Simple and effective exercises are provided every step of the way to help us harness its strength.
The cold is for everyone. With The Power of Cold, learn how to use it as a real force of good in our lives

Author Bio

Niall O Murchu is the author of The Blissful Breath. A Wellness expert with over 20 years’ experience, Niall hosts events, teaches weekly classes, and in-depth workshops on everything from breathwork to cacao ceremonies and cold-water therapy. He has 15.5k Instagram followers under the handle breathewithniall.
Sex Talk
A Feminist Discussion of Sexual Empowerment
by Olympe deG and Stephanie Estournet

Sex Talk shows how opening up discussions on bodies, sexuality and pleasure can lead to much, much better sex and self-esteem, by the eminent French feminist pornographer Olympe de Ge and feminist writer Stephanie Estournet.

Sex Talk has a clear mission – breaking the taboo of taboos – by opening up the discussion of sex and desire in a clear, engaging and motivational way. The book takes the reader on a journey of self-discovery through nine chapters, discussing everything from self-stimulation, exploring sexual orientation, communicating wants and desires with a partner, staying safe online when sexting, exploring erotica and porn and creating private content – but at the core is the pervading importance of owning your sexual self.

A manifesto for sex positivity, Sex Talk is a book that every womxn should read; it's straight talking, accessible, and most importantly, focuses on what we should be asking ourselves, as opposed to reinforcing the damaging, age-old stereotypes and constructs surrounding sex that detract from personal pleasure.

Author Bio

Olympe de G. is a feminist pornographer, hailing from Paris. With several short and feature length films to her name, frequently screened at film festivals, she is also the creator of VOXXX and COXXX, sex positive podcasts that guide both male and female listeners through sexual experimentation and pleasure. Stephanie Estournet is a journalist and author based in Paris. She co-authored Pleasure is a Contact Sport (Jouir est un Sport de Combat), published by Larousse in 2021, with Olympe de G., and is the founder of sex positive podcast Ctrlxfr.
Ultimate Skiing & Snowboarding
by Flip Byrnes

Ultimate Skiing & Snowboarding is your inspirational and practical guide to the top 35 ski destinations around the world, with insider tips for even the most seasoned skier or snowboarder.

From Europe and North America to Japan, Australia and Aotearoa New Zealand, travel writer Flip Byrnes will show you where to point your ski tips for your next snow adventure. Chapters include information on the ultimate runs, family resorts, and the best places to lose the crowds freeriding (looking at you Colorado’s Silverton Mountain!) or to find the crowds at apres (follow the Swedes in Engelberg). There are trail maps and photos, as well as advice from high-profile locals on everything including the best runs in variable weather.

Whether you're seeking inspiration for skiing under a Scandinavian midday sun, or need tips on navigating the Tokyo underground with snowboard equipment, this is your go-to guide with insider information for skiing and snowboarding enthusiasts. It's essential to pack in your bag along with your boots.

Author Bio

Flip Byrnes is a multi-award-winning journalist who's slid on every continent writing lines from Courchevel to Kashmir, Russia to Romania, Quebec to Queenstown. A lifelong snow industry career has included working as an instructor, ski journalist, in ski area marketing departments and being an expeditioner whose lived in the French Alps, Colorado in the US and Australia’s Snowy Mountains. She's equally happy snowboarding, skiing or split-boarding, but as the great granddaughter of Antarctic explorer and photographer Frank Hurley (of Shackleton's Endurance expedition) has a special thing for polar places, cemented when kite-skiing halfway across Greenland. She divides her time between Europe and Australia with her UIAGM mountain guide husband and two mini mountain mad girls, and would do almost anything for raclette.
K Culture
K-pop, Cuisine, On Screen, And More - Celebrating The Korean Wave
by Simon Clair

Celebrate Korean culture whilst learning about its past and present in this comprehensive and fascinating guide.

In recent years, Korean popular culture has taken the form of a tidal wave sweeping over the West. Whether it's music, film, drama series, fashion, or cuisine, South Korea is establishing itself as a key player on the world stage. And the Korean Wave (Hallyu) shows no sign of stopping. Even before Squid Game and the award-winning film Parasite, K-pop had become a $5 billion industry and Korean food had become the exciting new regional cuisine in restaurants and bars.

K Culture will reveal all aspects of South Korea's way of life, both historically and in its new found fame. Including sections on K-pop bands, cinema, drama, art, comics, food, fashion, and night-life, with features within each section on the best films, shows, stars, artists etc. - this book offers different gateways into contemporary South Korea and what drives it.

Also highlighted is the global influence, with a focus on eight cities from around the world (including London, Paris, Berlin, Toronto, New York, and L.A.) that have embraced this dynamic culture. This book is a stunning, informative, and fun handbook to the Korean Wave.

Author Bio

Simon Clair is a music journalist and an author. He has partnered with publications such as Stylist or Slate, and is the author of the book Lizzy Mercier Decloux, uneclipse (2019) and Territoires durap (editionsE/P/A)
Beyond the Cobblestones in Dublin
An Insider's Guide to the Best Places to Eat, Drink and Explore
by Fiona Hilliard

Beyond the Cobblestones in Dublin is your guide to the city's eclectic neighborhoods where sophisticated brunch spots and cute interior stores sit side by side with traditional Victorian watering holes and literary landmarks.

In this curated guide, Dublin local Fiona Hilliard takes you on a tour of her favorite places to shop, eat, drink and stroll, as well as places where you can retreat to on a rainy day, cultural spaces and tried-and-tested walking trails on the north and south coasts. There's also a selection of half-day and full-day itineraries to help you make the most of your time in the Irish capital.

From wild, seafront walks to luxe cocktail bars and secret gardens, this book in the Curious Travel Guides is all you need to enjoy and many fantastic outings and some good craic.

Author Bio

Fiona Hilliard is a travel writer and digital content creator from Dublin, Ireland. She has contributed to leading travel publications including Forbes Travel and has also managed travel content for Europe's largest airline. Fiona's travel writing career took off after studying languages and journalism at university. Her adventures have taken her far and wide, from exploring the vibrant markets of Oaxaca, Mexico to camping under the stars in Jordan's Wadi Rum desert, but she is never happier than when she is uncovering hidden gems in her native city.
Beyond the Monuments in Washington, DC
An Insider's Guide to the Best Places to Eat, Drink, and Explore
by Kate Armstrong

Beyond the Monuments in Washington DC is your guide to some of the US capital's cool places to visit that extend way beyond power and politics.

Travel writer Kate Armstrong covers all of the new hip locales, including H Street Corridor, 14th Street and Union Market District, and the hangouts of historic Georgetown and Dupont Circle. She offers a local's take on where to go for great coffee, crafty cocktails, DC-centric shopping and superlative sights (these include the freebie 'must dos' around the Mall, such as the National Museum of the African American History and Culture and the Library of Congress). There are fun, themed walking itineraries for U Street, old town Alexandria, and gardens and homes of Georgetown, plus three accessible daytrips to Mount Vernon, Richmond, and Gettysburg.

There's so much to see and do in this under-rated city, and this book in the Curious Travel Guides series will add polish to your visit.

Author Bio

An award-winning travel writer, Kate Armstrong has had her travel articles published around the world in international newspapers and magazines. Over the last 17 years, she's notched up over 57 Lonely Planet guides and trade titles. Unearthing quirky aspects of a city and country is her 'thing'. Kate loves chatting, eating, drinking and dancing her way into cultures. For the last eight years she's been based in and out of Washington DC and has thrived on the city's cuisine scene and cultural renaissance.
Around the World in 80 Plants
by Jonathan Drori, illustrated by Lucille Clerc

An inspirational and beautifully illustrated book that tells the stories of 80 plants from around the globe.

In his follow-up to the bestselling Around the World in 80 Trees, Jonathan Drori takes another trip across the globe, bringing to life the science of plants by revealing how their worlds are intricately entwined with our own history, culture and folklore. From the seemingly familiar tomato and dandelion to the eerie mandrake and Spanish ‘moss’ of Louisiana, each of these stories is full of surprises. Some have a troubling past, while others have ignited human creativity or enabled whole civilizations to flourish. With a colourful cast of characters all brought to life by illustrator Lucille Clerc, this is a botanical journey of beauty and brilliance.

'A beautiful celebration of the plants and flowers that surround us and a quiet call to arms for change' The Herald

'This charming and beautifully illustrated book takes readers on a voyage of discovery, exploring the many ingenious and surprising uses for plants in modern science and throughout history' Kew Magazine

'With beautiful illustrations from Lucille Clerc, this captivating book traverses the globe via plants: nettles in England, mangoes in India and tulips in the Netherlands' Daily Mail

Author Bio

Jonathan Drori CBE is a Trustee of The Eden Project, an Ambassador for the WWF and was for nine years Trustee of the Royal Botanic Gardens, Kew, and The Woodland Trust. He is a Fellow of the Linnean Society and the Zoological Society of London, and a former documentary filmmaker with the BBC.
Better Things
Materials for Sustainable Product Design
by Daniel Liden

How often have you seen a label on a product proclaiming it to be made from 'recycled material', 'bioplastic' or similar, without it giving any details of the concrete environmental benefits? What do these terms really mean? A drive for greater transparency and demonstrable environmental benefits is happening in product design, through emerging legislation and standards, and consumer demand for more sustainable products and unambiguous marketing. In Better Things: Materials for Sustainable Product Design, Daniel Liden seeks to tackle the lazy 'greenwashing' terminology we see every day and answer these questions, providing a guide for product designers, manufacturers and consumers wishing to make better and more informed decisions about materials. The book comprises six chapters devoted to material categories - plastics, textiles, metals, ceramics and glass, wood and paper - and a seventh chapter covering emerging sustainable technologies. Each chapter includes interviews with industry experts, as well as photos, diagrams, environmental impact data, general material properties and more.

Author Bio

Daniel Liden is a product designer with a passion for materials and more than 15 years’ experience working as an independent design consultant, as well as in the design team at Nokia and Lenovo. He currently works with Chris Lefteri, an internationally recognised leader in materials and design. Daniel has dedicated his career to design for sustainability, to a point where a majority of clients now approach him to help them develop sustainable strategies and products.
Countless Sleepless Nights
A collection of coming out stories, experiences and letters by Carina Maggar

'I'm sorry I can't say this to your face, but words fail me every time I try, even though I know you would be fine (and knowing you, you might have already guessed).'

'Shit. I've made this sound like a big deal. It's really, really not. I'm not a murderer or a heroin addict (how boring), I'm just the same old bitter, unreliable, drunken fool you know and love.'

A moving, inspiring and thought-provoking collection of 50 coming out stories from around the world. From the good, the sad, the surprising and the funny, no two stories are the same, yet all are written by people who share the courage to be vulnerable, take huge risks to find love and acceptance and are brave enough to be their authentic selves. Whether you have any experience of coming out or not, these stories are incredibly powerful and moving

Author Bio

Carina Maggar is a creative copywriter. She has produced work for brands including YouTube, Levi's, Conde Nast and Viacom. Her first book How To Make Work Not Suck: Honest Advice for People with Jobs was released in May 2022. After countless sleepless nights, Carina came out to her parents as gay when she was 21. It was her experience (and 4-page email to her Arab Jewish father) that inspired her to speak to other LGBTQ+ people around the world about their own experiences. She began interviewing people over 5 years ago. Find out more at carinamaggar.com
Inventive career models for next-gen creatives

Is it your dream to make it as a creative? Imagine for one moment that there are no employers, no firms to send your CV to, no interviews to be had. How would you forge your own path? The most ingenious and driven designers have found ways of making opportunities for themselves across the creative disciplines - ways you can learn from too.

Don’t Get a Job... Make a Job celebrates the various strategies that the next generation of creatives are taking to gain exposure and define their own success.

This revised edition includes inspirational advice and a new chapter on making a difference, features new stories from 13 innovative designer-entrepreneurs, and checks in with many of the original creatives from the first edition.

Author Bio

Gem Barton is an author, academic and futurist. She is Senior Tutor in Interior Design at the Royal College of Art, London, and author of These Cards Will Change Your Career (Laurence King, 2020)
Fashion Writing
by Josephine Collins and Spear Stephen

Fashion writing now enjoys its highest-ever profile as the digital world has multiplied the number of platforms on which it is available. No longer confined to restrictive print schedules or occasional broadcast slots, fashion is now an ever-present content driver. With retailers, brands and designers all in on the act, plus the emergence of citizen fashion coverage from the social media community, the volume of fashion journalism has risen beyond any predictions.

While bloggers monetise their musings - indeed, create successful and influential fashion media and fashion product businesses - traditional magazines and newspapers have expanded their multi-channel fashion content in order to secure more touch points with consumers and drive revenue from fashion advertising.

Aimed at students on specialist fashion journalism courses or general/lifestyle journalism degrees, this guide will also appeal to untrained writers, including content creators, who want to add a professional approach to their fashion writing.

Author Bio

Josephine Collins is the course leader for BA (Hons) Fashion Journalism and Content Creation and senior lecturer in print and online journalism. She has extensive experience as an editor and writer across business and consumer magazines, newspapers and online.

Stephen Spear is a lecturer at London College of Fashion and an experienced journalist. He has worked as a magazine editor and held senior positions on trade titles, including Drapers, and websites. Alongside lecturing, he continues to freelance and his work features in consumer titles as well as business publications, and he creates content for fashion brands.
History of Modern Design Third Edition
3rd Edition
by David Raizman

This unparalleled and wide-ranging book surveys the history of applied arts and industrial design from the eighteenth century to the present day, exploring the dynamic relationship between design and manufacturing, and the technological, social and commercial contexts in which this relationship has developed.

In this extensively revised and expanded third edition, David Raizman addresses international questions more fully with the addition of six Global Inspiration sections that examine the contributions of non-Western traditions, rendering the very notion of a 'national' design debatable. The text also pays closer attention to issues of gender, race, and climate change, and their impact on design.

With over 580 illustrations, mostly in colour, History of Modern Design is an inclusive, well-balanced introduction to a field of increasing scholarly and interdisciplinary research, and provides students in design with historical perspectives of their chosen fields of study.

Author Bio

David Raizman was Professor in the Art and Art History Department in the Westphal College of Media Arts & Design at Drexel University in Philadelphia, until his untimely death in February 2021. He co-edited, with Professor Carma Gorman, Objects, Audiences, and Literatures: Alternative Narratives in the History of Design and was the author of Reading Graphic Design History: Image, Text, and Context, as well as numerous articles and reviews. He championed the cause of design history, working tirelessly to advance its teaching.
Marina Abramovic
A Visual Biography
by Marina Abramovic and Katya Tylevich

25 postcards featuring artwork from The Book of Cat Poems illustrated by Sarah Maycock, with space on the back for the user's personal message

Combining brand-new interviews, never-before-seen images and fascinating ephemera from her personal archives, this book creates a visual landscape of Marina Abramovic's personal and artistic life.

Illustrated with more than 700 photographs, Abramovic provides insight on her most important works and some of her most difficult personal experiences, conveying the story with her signature emotion and wit.

Fittingly blurring the lines between artist and art, this book acts as a keystone in the life of one of the most important performance artists in the world.

Author Bio

Marina Abramovic
Since the beginning of her career in Belgrade during the early 1970s, Marina Abramovic has pioneered performance art, creating some of the form's most important early works. Exploring her physical and mental limits, she has withstood pain, exhaustion, and danger in her quest for emotional and spiritual transformation.

Abramovic was awarded the Golden Lion for Best Artist at the 1997 Venice Biennale. In 2010, Abramovic had her first major U.S. retrospective and simultaneously performed for over 700 hours in The Artist is Present" at the Museum of Modern Art in New York. Abramovic founded Marina Abramovic Institute (MAI), a platform for immaterial and long durational work to create new possibilities for collaboration among thinkers of all fields.

Katya Tylevich is an arts and fiction writer. She is author of Gus Van Sant: The Art of Making Movies, Art Oracles, Success Oracles, many book and monograph contributions, essays and interviews, and co-author of My Life as a Work of Art. Notable artist collaborations include The Marina Abramovic Method Cards, the text for Michael Borremans’ The Acrobat, as well as projects with Barry McGee, Todd Hido, and Espen Deitrichson. Katya spent years as contributing editor and writer for publications such as Elephant, Mark, Frame, Domus, and Pin-Up. With her brother Alexei she co-founded Friend & Colleague, a platform for editions, fiction and special projects. She is currently working on a fiction book titled Fear Eats the Soup.
Screen Style
by Marnie Fogg

Screen Style celebrates the beautiful, stylish and often covetable outfits and costumes featured in 50 iconic and diverse series of the small screen: from Mad Men to Call My Agent, Bridgerton to Empire.

By organising the series into genres - Comedy, Coming of Age, Crime, Historical, Retro, Contemporary - the author shows how designers take different approaches when manipulating the latent power of dress to create convincing characters and enhance the experience of the viewer. She reveals how the characters themselves can become role models for what to wear, transforming actors into fashion influencers.

The book is beautifully illustrated with over 250 screen stills, each accompanied by an extended caption, further demonstrating how TV series have helped to set the standard for fashion on and off screen.

Author Bio

Marnie Fogg is a fashion expert and media consultant with extensive experience in the fashion industry. She has interviewed many contemporary designers and is the author of Boutique: A ‘60s’ Cultural Phenomenon; Print in Fashion: Design and Development in Fashion Textiles; The Fashion Design Directory; Fashion: The Whole Story, and The Fashion Swatch Book.
Secret Garden
10th Anniversary Limited Special Edition
by Johanna Basford

Color and complete this special 10th anniversary edition of Secret Garden, the book that started a global craze. Features a brand-new, specially commissioned fold-out poster to celebrate ten years of adult coloring.

Explore the magic of Johanna's Basford's inky imagination and delve into the secret garden. Discover intricate blooms, fantastical plants and curious creatures, illustrated in beautifully detailed pen-and-ink, waiting to be brought to life with color.

Author Bio

Johanna Basford is an illustrator and ink evangelist who creates intricate and hand-drawn illustrations rooted in the flora and fauna that surrounds her home in rural Scotland. She is the author of the best-selling Secret Garden: An Inky Treasure Hunt and Colouring Book and Enchanted Forest: An Inky Quest and Colouring Book.

Laurence King Publishing
On Sale: Sep 12/23
96 pages
9781399616362 • $25.99 • pb
Art / Techniques / Drawing

Notes

Promotion
The Art of Suffering
Capturing the Brutal Beauty of Road Cycling
by Kristof Ramon

What does it take to become a road racing legend and compete in the toughest sport in the world? Go behind the scenes with the teams and riders at all the major tours and classics through the lens of world-class pro-cycling photographer, Kristof Ramon.

*The Art of Suffering* is about the human story of road racing, about what it takes to go deep and be the best, and the awe-inspiring feats of endurance that make road cycling one of the most challenging, most legendary, most inspirational sports in the world.

From battling the elements and the terrain to epic climbs, crashes, injuries and recovery; personal sacrifices, pushing the body to the limit, training, winning, losing and long seasons on the road; featuring the domestiques, the star riders, the new talent and the legends - this book captures all the reasons why cycling fans passionately love their sport, taking them closer to the action and their favourite riders than any other book.

Carefully curated, thoughtfully designed and beautifully produced - *The Art of Suffering* is the ultimate gift for cycling fans.

**Author Bio**

Kristof Ramon is one of the world's top pro-cycling photographers. He started his career as a filmmaker but for the last 14 years has focused exclusively on cycling photography, covering all the major races, from the classics - such Paris-Roubaix, Tour of Flanders and the Strade Bianche - to the major tours - the Giro d'Italia, the Tour de France and la Vuelta a España. Kristof's talent for storytelling, his ability to capture the atmosphere and raw emotion of racing makes his images stand out from the typical race photography. His reputation has earned him the respect and trust of many of the big teams and riders - which is why Kristof is able to capture those extraordinary in-between moments and behind-the-scenes images very few photographers have the opportunity to shoot.
The Style Thesaurus
by Hannah Kane

At once a lexicon of fashion and a style guide, *The Style Thesaurus* is the essential wardrobe companion for all fashion lovers.

Style can be used to fit in or to stand out, to send different messages and, with the right knowledge, it can also be adjusted according to mood or occasion. *The Style Thesaurus* examines a wide range of looks, investigates their roots in history and culture, and shows how they can be curated or combined.

Organized into groups reflecting the origins of the style - Utility, Music & Dance, Leisure etc - and fully illustrated, each entry includes examples, near synonymous styles, styling details, pairings and colour story. Entries include everything from Neo-Victoriana, Dandy and Rockabilly to Normcore, Modest or Afrofuturist.

Author Bio

Hannah Kane is a journalist, writer and Editor-in-Chief of independent style and culture magazine PHOENIX. She is an Associate Lecturer at the London College of Fashion, teaching fashion journalism, product management, and marketing communications. She also teaches at the privately-owned London College of Style in trend forecasting, art direction, styling, and shoot production.
Tika the Iggy
Lessons in Life, Love and, Fashion
by Tika the Iggy

From fashion to activism, hosting to travel, Tika the Iggy is your guide to living your best life from one of the most fashionable social media stars on the planet. Packed with adorable images of Tika in outstanding outfits, Tika the Iggy is a must have for any Tika fan, or anyone who needs more fabulousness in their life.

Author Bio

Tika is an Italian Greyhound from Canada, as well as a fashionista, poet, cucumber enthusiast and human rights advocate, and still gets 20 hours of sleep per day. Since 2016, she’s been chronicling her looks and adventures on the internet, amassing over 3 million followers on social media, and walked the runway in Vancouver, and sat front row during Fashion Week in Paris, Milan, and New York City. Her first book, Tika the Iggy and Her Fashion Tour, was published in 2021. She lives and plays (and naps) in Montréal with her dads, siblings, and puppy sister Kala.
Lonely Planet’s Best in Travel 2024 1
by Lonely Planet

After a one year hiatus, Lonely Planet's annual bestseller returns to mark our 50th anniversary. This special edition sets the travel agenda for the year to come, with a comprehensive and inspirational list of 50 incredible destinations to experience over the forthcoming year. Expect a mix of emerging travel hotspots, underappreciated or criminally overlooked places and fresh-takes on well-known destinations.

Inside Lonely Planet’s Best in Travel 2024:
- An expert panel judge and select 5 ranked lists of 10 destinations, covering the themes of: Top 10 Countries, Top 10 Regions, Top 10 Cities, Top 10 Best Value Destinations and Top 10 Sustainable Travel Destinations
- Voted on by Lonely Planet's writers, staff and community
- Each destination profile features timely reasons to visit in 2024, expertly curated itineraries and practical advice to have the best travel experience when visiting

About Lonely Planet: Lonely Planet, a Red Ventures Company, is the world's number one travel guidebook brand. Providing both inspiring and trustworthy information for every kind of traveller since 1973, Lonely Planet reaches hundreds of millions of travellers each year online and in print and helps them unlock amazing experiences. Visit us at lonelyplanet.com and join our community of followers on Facebook (facebook.com/lonelyplanet), Twitter (@lonelyplanet), Instagram (instagram.com/lonelyplanet), and TikTok (@lonelyplanet).

'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia)
Lonely Planet The Joy of Exploring Gardens

Discover 180 of the world's most astounding gardens and ignite a love of outdoor spaces with this joyful book featuring fascinating insights from local voices, beautiful photography, maps and trip planning tips. Explore the restorative effects of flora and fauna and learn how each exquisite garden can bring joy and enrichment to your life.

Find in-depth garden profiles and Q&As for 60 mesmerising locations and learn more about the local culture and scenery of each place through the accounts of those that have experienced it. Explore spellbinding nature trails at the Desert Botanical Garden in Arizona, US; lose yourself in 200 acres of enchanting ancient woodlands at The Lost Gardens of Heligan, UK; or wander the stone paths of Japan's infamous Kenrokuen Garden.

Inside The Joy of Exploring Gardens:
- 60 in-depth profiles of gardens, each illustrated with beautiful photography, a map and accompanied by a Q&A section voiced by a local expert
- 120 extra must-visit garden destinations from all over the world
- In the know tips and insight that show why each garden is so joyful, plus what to expect from your visit, how to get there, what to take with you, must-do activities and essential trip planning information
- Covers global garden destinations including the Caribbean, North America, South America, Central America, Europe, Oceania, Asia, Africa & the Middle East

Do more of what you love with our uplifting Joy of series and nurture your biggest passions. The Joy of Exploring Gardens is the ultimate gift book for the horticulturist in your life or a wonderful treat to inspire your next joyful garden adventure to a paradisiacal wonder or secret botanical gem.

About Lonely Planet

Lonely Planet
On Sale: Sep 19/23
7.5 x 9.63 • 272 pages
9781837580590 • $33.00 • cl
Travel / Special Interest / Adventure
Lonely Planet The Joy of Wild Swimming 1
by Lonely Planet

Dive into 180 of the world's most enticing wild swimming spots with this joyful book featuring fascinating insights from local voices, beautiful photography, maps and essential trip planning tips. Discover the humbling effects of a wild swim and explore enchanting places where you can connect with nature or simply relax and float downstream.

Find in-depth wild swimming profiles and Q&As for 60 mesmerising locations and discover the culture, landscape and restorative characteristics of each life-affirming swim through the accounts of those that have experienced it.

Feel joy when you wade into Hawaii’s calm and crystal clear sea along the Kona coast; escape from city life with an enriching dip in Hampstead Heath Ponds in London; or indulge in a moment of mindfulness when you swim to Lake Bled Island in Slovenia.

Inside The Joy of Wild Swimming:
- 60 in-depth profiles of wild swimming spots, each illustrated with beautiful photography, a map and accompanied by a Q&A section voiced by a local swimmer
- 120 extra must-visit natural water destinations including outdoor pools, ponds and rivers
- In the know tips and insights that show why each swimming hole is so joyful, plus what to expect from your visit, how to get there, what to take with you, must-do activities and essential trip planning information
- Covers global wild swimming destinations including Thailand, Australia, Italy, England, Finland, USA, France, Slovenia, Canada, Mexico and more

Do more of what you love with our uplifting Joy of series and nurture your biggest passions. The Joy of Wild Swimming is the ultimate gift book for the water lover in your life, or a wonderful treat to inspire your next (...)

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Travel / Special Interest / Adventure

Notes

Promotion
Lonely Planet The Travel Hack Handbook 1
by Lonely Planet

This practical and inspiring guide, the latest in our popular 'Handbook' series, provides travellers with tips and tricks to make their money go further. As the cost of living and travel increases, Lonely Planet's experts reveal the best ways to bag a bargain, whether its booking transport, a hotel or finding experiences that won't break the bank.

Inside The Travel Hack Handbook:
- The first half of the book provides general advice, tips and information from a range of writers, including guest experts such as train travel gurus and digital nomads
- The second half provides inspirational recommendations and introduces more than 20 destinations that offer the best value to travellers, covering countries, cities and places for specific interests such as trekking, diving and eating

-Presented in a handy flexibound format with visually inspiring photography, maps and fact boxes

-Featuring coverage of destinations around the world with recommendations and tips for countries such as Slovenia, South Africa and Thailand, as well as cities such as Tbilisi, Edinburgh and Atlanta

Whether you're planning a short term jaunt or a long haul journey, this is the perfect book for any traveller on a budget that's wanting to get the best bang for their buck.

About Lonely Planet: Lonely Planet, a Red Ventures Company, is the world's number one travel guidebook brand. Providing both inspiring and trustworthy information for every kind of traveller since 1973, Lonely Planet reaches hundreds of millions of travellers each year online and in print and helps them unlock amazing experiences. Visit us at lonelyplanet.com and join our community of followers on Facebook (facebook.com/lonelyplanet), Twitter (@lonelyplanet), Instagram (instagram.com/lonelyplanet), and TikTok (@lonelyplanet).

'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia)
Lonely Planet Your Trip Starts Here 1
100 Journeys of Self-discovery
by Lonely Planet

Embark on over 50 of the world's most life-affirming journeys and nurture your path to self-discovery. Packed with beautiful photography and inspiring first-person insights for each trip - from hiking Japan’s sacred Shikoku pilgrimage to following the Civil Rights Trail in the US. This is the perfect book for anyone seeking to travel with purpose.

Each journey features first-hand accounts from travellers with insightful tips on how to begin planning your own transformative travel experience. Spend a month of reflection on foot through Northern Spain to reach the Cathedral of Santiago de Compostela; follow in the footsteps of Aboriginal elders on the Lurujarri Trail for an illuminating connection with country in Western Australia; challenge your body and mind as you paddle down the wild and remote Yukon River in Canada.

Inside Your Trip Starts Here:
- 55 life-changing journeys from all corners of the world with explanations about how each trip can influence your personal growth
- Expansive and engaging maps that show the route in detail
- Vivid and powerful photography that illustrates the magnitude of each extraordinary travel experience
- First-person accounts from travellers who have embarked on each journey and how it changed them
- In the know tips and practical details on planning your adventure

Your Trip Starts Here is the ultimate travel book for anyone longing to immerse themselves in a different culture, grow as a person or reflect and reset their focus. Gift this collection of journeys to the explorer in your life who wishes to travel with purpose or inspire your own adventure using this unique guide.

About Lonely Planet: Lonely Planet, a Red Ventures Company, is the world's number (…)

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Promotion
Lonely Planet's *Best Bike Rides Australia* is your passport to 40 day trips on two wheels. Use pedal power to see a destination through a new lens by picking a ride that works for you, from just a couple of hours to a full day, from easy to hard. From rail trails to coastal pathways we cover the country with easy-to-follow trails for cyclists and E-bike riders.

Inside Lonely Planet's *Best Bike Rides Australia* Travel Guide:

- Colour maps (including elevation charts) and images throughout
- Special features - on Australia's highlights for cyclist, kid-friendly rides, accessible trails and what to take
- Our Picks-¦ section helps you plan your trip and select rides that appeal to your interests
- Region profiles cover when to go, where to stay, what's on, cultural insights, and local food and drink recommendations to refuel and refresh. Featured regions include: Sydney and Around, Byron Bay to the Sunshine Coast, The Daintree and the Far North, the Outback, Southwest Forests to the Sea, Flinders to Fleurieu, Grampians to the High Country, the Prom to the Great Ocean Road, and Tasmania
- Essential info at your fingertips - ride itineraries accompanied by illustrative maps are combined with details about ride duration, distance, terrain, start/end (...)

**Notes**

**Promotion**
Best Bike Rides France 1
by Lonely Planet

Lonely Planet's *Best Bike Rides France* is your passport to 40 day trips on two wheels. Use pedal power to see a destination through a new lens by picking a ride that works for you, from just a couple of hours to a full day, from easy to hard. From rail trails to coastal pathways we cover the country with easy-to-follow trails for cyclists and E-bike riders.

Inside *Lonely Planet's Best Bike Rides France* Travel Guide:

- **Colour** maps (including elevation charts) and images throughout

- **Special features** - on Italy's highlights for cyclist, kid-friendly rides, accessible trails and what to take

- **Our Picks** section helps you plan your trip and select rides that appeal to your interests

- **Region profiles** cover when to go, where to stay, what's on, cultural insights, and local food and drink recommendations to refuel and refresh. Featured regions include: The Pyrenees; the French Alps and the Jura Mountains; Provence; Central France (...)
Best Bike Rides Great Britain 1
by Lonely Planet

Lonely Planet's *Best Bike Rides Great Britain* is your passport to 40 day trips on two wheels. Use pedal power to see a destination through a new lens by picking a ride that works for you, from just a couple of hours to a full day, from easy to hard. From rail trails to coastal pathways we cover the country with easy-to-follow trails for cyclists and E-bike riders.

Inside *Lonely Planet’s Best Bike Rides Great Britain* Travel Guide:

- **Colour** maps (including elevation charts) and images throughout
- **Special features** - on Italy's highlights for cyclist, kid-friendly rides, accessible trails and what to take
- **Our Picks**- section helps you plan your trip and select rides that appeal to your interests
- **Region profiles** cover when to go, where to stay, what's on, cultural insights, and local food and drink recommendations to refuel and refresh. Featured regions include: England, Scotland, Wales, the West Country, the Cotswolds, Bath, Edinburgh (...)

Notes
Lonely Planet
On Sale: Oct 17/23
6.5 x 8.25 • 240 pages
9781838698126 • $37.99 • pb
Travel / Special Interest / Bicycling

Notes

Promotion
Best Bike Rides New Zealand 1
by Lonely Planet

Lonely Planet's Best Bike Rides New Zealand is your passport to 38 day trips on two wheels. Use pedal power to see a destination through a new lens by picking a ride that works for you, from just a couple of hours to a full day, from easy to hard. From rail trails to coastal pathways we cover the country with easy-to-follow trails for cyclists and E-bike riders.

Inside Lonely Planet’s Best Bike Rides New Zealand Travel Guide:

Colour maps (including elevation charts) and images throughout

Special features - on New Zealand’s highlights for cyclist, kid-friendly rides, accessible trails and what to take

Our Picks section helps you plan your trip and select rides that appeal to your interests

Region profiles cover when to go, where to stay, what’s on, cultural insights, and local food and drink recommendations to refuel and refresh. Featured regions include:

Marlborough, Bay of Islands, Akaroa, West Coast, Central Plateau, Milford (…)

Notes
Lonely Planet Amsterdam City Map 2
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Durable and waterproof, with a handy slipcase and an easy-fold format, Lonely Planets Amsterdam City Map is your conveniently sized passport to travelling with ease. Get more from your map and your trip with images and information about top city attractions, walking tour routes, transport maps, itinerary suggestions, an extensive street and site index, and practical travel tips and directory. With this easy-to-use, full-colour navigation tool in your back pocket, you can truly get to the heart of Amsterdam, so begin your journey now!

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Images and information about top city attractions
Handy transport maps
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Practical travel tips and directory
Itinerary suggestions

Covers Jordan, Centrum, Nieuwmarkt, Plantage, Oud West, Oud Zuid

Looking for more extensive coverage? Check out Lonely Planets Amsterdam, our most comprehensive guidebook to the city (…)

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Images and information about top city attractions
Handy transport maps
Walking tour routes
Practical travel tips and directory
Itinerary suggestions

Covers L'Eixample, Barri Gotic, La Ribera, Ciutat Vella, El Fort Pienc, Vila Olimpica, La Barceloneta, Port Vell, El Raval, Sant Antoni, Poble Sec, Montjuic

Looking for more extensive coverage? Check out Lonely Planet's Barcelona, our most comprehensive guidebook to (…)

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Reference / Atlases
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Images and information about top city attractions

Handy transport maps

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Itinerary suggestions

Covers Prenzlauer Berg, Scheunenviertel, Friedrichshain, Schöneberg, Tiergarten, Museumsinsel, Kreuzberg, Western Kreuzberg, Kreuzkolln, Treptow

Looking for more extensive coverage? Check out Lonely Planet's Berlin, our most comprehensive guidebook to the city, covering the top sights and most authentic offbeat experiences (...)

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Images and information about top city attractions

Handy transport maps

Walking tour routes

Practical travel tips and directory

Itinerary suggestions

**Covers** Angyalfold, Belvaros, Castle Hill (Varhegy), Erzsebetvaros, Felheviz, Gellert Hill (Gellert-Hegy), Jozsefvaros, Krisztinavars, Lipotvaros, Loportardulo, Matyashegy, Obuda, Orszagut, Remetehegy, Rozsadomb, Taban, Terezvaros, Ujlak, Ujlipotvaros, Varos (…)

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Walking tour routes
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Itinerary suggestions

Covers Piazza della Signoria, Santa Maria Novella, San Lorenzo, San Marco, Fiesole, Santa Croce, Boboli, San Miniato al Monte

Looking for more extensive coverage? Check out Lonely Planet's Florence and Tuscany, our most comprehensive guidebook to the city, covering (...)

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Series: Map

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Lonely Planet Madrid City Map 2
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Practical travel tips and directory

Itinerary suggestions

Covers Plaza Mayor, Royal Madrid, La Latina, Lavapias, Sol, Santa Ana, Huertas, El Retiro, Salamanca, Malasaña, Chueca, Parque del Oeste, Northern Madrid

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Reference / Atlases
Series: Map
Lonely Planet Rome City Map 2
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Images and information about top city attractions
Handy transport maps
Walking tour routes
Practical travel tips and directory
Itinerary suggestions

Covers Borgo, Campitelli, Campo Marzio, Castro Pretorio, Colonna, Esquilino, Gianicolo, Monti, Parione, Pigna, Ponte, Prati, Regola (...)

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Promotion
Lonely Planet Venice City Map 2
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Images and information about top city attractions
Handy transport maps
Walking tour routes
Practical travel tips and directory
Itinerary suggestions

Covers Sestiere di San Marco, Grand Canal, Sestiere di Dorsoduro, Sestiere di San Polo, Santa Croce, Sestiere di Cannaregio, Sestiere di Castello, Giudecca, Lido, Southern Islands, Murano, Burano, Northern Islands

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Reference / Atlases
Series: Map

Notes

Promotion
Lonely Planet Fast Talk Latin American Spanish 3
by Lonely Planet

Although you can get by in Latin America without speaking the language, knowing just a few essential phrases can help you make friends, enjoy service with a smile, and discover richer, more rewarding travel experiences. Fast Talk Latin America is the concise language guide that is guaranteed to get you talking with confidence.

Chat with locals at a salsa club, ask for directions to the best beaches and sample Latin America's best dishes

Essential phrases to meet all your travel needs

How to get local recommendations

Easy-to-use pronunciation guides

Expert tips to boost your confidence

About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveler since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travelers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more, enabling you to explore every day.

'Lonely Planet guides are, quite simply, like no other.' New York Times

'Lonely Planet. It's on everyone's bookshelves; it's in every traveler's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' Fairfax Media (Australia)
Lonely Planet Brazilian Portuguese Phrasebook & Dictionary 6
by Lonely Planet

Lonely Planet’s Brazilian Portuguese Phrasebook and Dictionary is your handy passport to culturally enriching travels with the most relevant and useful Brazilian Portuguese phrases and vocabulary for all your travel needs. Order feijoada, ask for directions to Carnaval in Rio and converse with locals; all with your trusted travel companion.

Get More From Your Trip with Easy-to-Find Phrases for Every Travel Situation!

Feel at ease with essential tips on culture, manners, idioms and multiple meanings

Order with confidence, explain food allergies, and try new foods with the menu decoder

Save time and hassles with vital phrases at your fingertips

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Inside Lonely Planet’s Brazilian Portuguese Phrasebook and Dictionary:

Full-color throughout

User (...)

Lonely Planet
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Total Colour Pages
9781786575760 • $17.99 • pb
Foreign Language Study / Portuguese
Series: Phrasebook

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Promotion
Lonely Planet Egyptian Arabic Phrasebook & Dictionary 5
by Lonely Planet

Lonely Planet's Egyptian Arabic Phrasebook and Dictionary is your handy passport to culturally enriching travels with the most relevant and useful Egyptian Arabic phrases and vocabulary for all your travel needs. Book a camel ride around the Pyramids of Giza, visit the ancient monuments at Luxor, or take a relaxing cruise on the Nile; all with your trusted travel companion.

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Inside Lonely Planet's Egyptian Arabic Phrasebook and Dictionary:

Full-colour throughout

User-friendly layout organised by travel scenario categories

Survival phrases inside front cover for at (...)

Lonely Planet
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3.75 x 5.5 • 288 pages
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Foreign Language Study / Arabic
Series: Phrasebook

Notes

Promotion
Lonely Planet Fijian Phrasebook & Dictionary 4
by Lonely Planet

Lonely Planet’s Fijian Phrasebook and Dictionary is your handy passport to culturally enriching travels with the most relevant and useful Fijian phrases and vocabulary for all your travel needs. Book hikes along inland trails and order local cuisine with ease and all with your trusted travel companion.

With language tools in your back pocket, you can truly get to the heart of wherever you go, so begin your journey now!

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Feel at ease with essential tips on culture, manners, idioms and multiple meanings

Order with confidence, explain food allergies, and try new foods with the menu decoder

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Never get stuck for words with the 3500-word two-way, quick-reference dictionary

Be prepared for both common and emergency travel situations with practical phrases and terminology

Meet friends with conversation starter phrases

Get your message across with easy-to-use pronunciation guides

Inside Lonely Planet’s Fijian (...)

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Foreign Language Study / Oceanic & Australian Languages
Series: Phrasebook

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Promotion
Lonely Planet Latin American Spanish Phrasebook & Dictionary 10
by Lonely Planet

Lonely Planet's *Latin American Spanish Phrasebook and Dictionary* is your handy passport to culturally enriching travels with the most relevant and useful Latin American Spanish phrases and vocabulary for all your travel needs. Mingle with locals at a colourful Latin American mercado, spend a night out dancing to live music, or enjoy a meal in an out-of-the-way restaurant; all with your trusted travel companion.

**Get More From Your Trip with Easy-to-Find Phrases for Every Travel Situation!**

- **Feel at ease** with essential tips on culture, manners, idioms and multiple meanings
- **Order with confidence**, explain food allergies, and try new foods with the menu decoder
- **Save time** and hassles with vital phrases at your fingertips
- **Never get stuck for words** with the 3500-word two-way, quick-reference dictionary
- **Be prepared** for both common and emergency travel situations with practical phrases and terminology
- **Meet friends** with conversation starter phrases
- **Get your message across** with easy-to-use pronunciation guides

Inside *Lonely Planet's Latin American Spanish Phrasebook and Dictionary*:

- **Full-color** throughout
- **User-friendly layout** organized by travel scenario categories (…)

Notes

Promotion
Lonely Planet Mexican Spanish Phrasebook & Dictionary 6
by Lonely Planet

Lonely Planet’s *Mexican Spanish Phrasebook and Dictionary* is your handy passport to culturally enriching travels with the most relevant and useful Latin American Spanish phrases and vocabulary for all your travel needs. Order Mexican delicacies at restaurants, bargain for the best price at markets, and discuss Mayan history with the locals; all with your trusted travel companion.

**Get More From Your Trip with Easy-to-Find Phrases for Every Travel Situation!**

- **Feel at ease** with essential tips on culture, manners, idioms and multiple meanings
- **Order with confidence**, explain food allergies, and try new foods with the menu decoder
- **Save time** and hassles with vital phrases at your fingertips
- **Never get stuck for words** with the 3500-word two-way, quick-reference dictionary
- **Be prepared** for both common and emergency travel situations with practical phrases and terminology
- **Meet friends** with conversation starter phrases
- **Get your message across** with easy-to-use pronunciation guides

Inside *Lonely Planet’s Mexican Spanish Phrasebook and Dictionary*:

- **Full-color** throughout
- **User-friendly layout** organized by travel scenario categories
- **Survival phrases** inside front cover for at-a-glance, on-the (…)

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Promotion
Lonely Planet Moroccan Arabic Phrasebook & Dictionary 5
by Bichr Andjar, Dan Bacon and Abdennabi Benchehda

Lonely Planet's Moroccan Arabic Phrasebook and Dictionary is your handy passport to culturally enriching travels with the most relevant and useful Moroccan Arabic phrases and vocabulary for all your travel needs. Explore old and new culture, navigate the colourful markets, and order delicious delicacies from restaurant menus; all with your trusted travel companion.

Get More From Your Trip with Easy-to-Find Phrases for Every Travel Situation!

Feel at ease with essential tips on culture, manners, idioms and multiple meanings

Order with confidence, explain food allergies, and try new foods with the menu decoder

Save time and hassles with vital phrases at your fingertips

Never get stuck for words with the 3500-word two-way, quick-reference dictionary

Be prepared for both common and emergency travel situations with practical phrases and terminology

Meet friends with conversation starter phrases

Get your message across with easy-to-use pronunciation guides

Inside Lonely Planet's Moroccan Arabic Phrasebook and Dictionary:

Full-colour throughout

User-friendly layout organised by travel scenario categories

Survival phrases inside front cover for at-a-glance, on-the-fly cues

Convenient features (…)

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Foreign Language Study / Arabic
Series: Phrasebook

Notes

Promotion
Lonely Planet South Pacific Phrasebook & Dictionary 4
by Lonely Planet

Lonely Planet’s *South Pacific Phrasebook and Dictionary* is your handy passport to culturally enriching travels with the most relevant and useful Spanish phrases and vocabulary for all your travel needs. Chat over dinner with a local family in Fiji, understand the hula in Hawaii, and join a traditional umukai feast in Rarotonga, all with your trusted travel companion.

**Get More From Your Trip with Easy-to-Find Phrases for Every Travel Situation!**

**Feel at ease** with essential tips on culture, manners, idioms and multiple meanings

**Order with confidence**, explain food allergies, and try new foods with the menu decoder

**Save time** and hassles with vital phrases at your fingertips

**Never get stuck for words** with the 3500-word two-way, quick-reference dictionary

**Be prepared** for both common and emergency travel situations with practical phrases and terminology

**Meet friends** with conversation starter phrases

**Get your message across** with easy-to-use pronunciation guides

Inside Lonely Planet's *South Pacific Phrasebook and Dictionary*:

**Full-colour** throughout

**User-friendly layout** organised by travel scenario categories

**Survival phrases** inside front cover for at-a-glance (...)

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Notes

Promotion

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Raincoast Books
Lonely Planet Pocket Havana 2
by Brendan Sainsbury

Lonely Planet's Pocket Havana is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Take in the dramatic sweep of the Malecon, observe Havana's mosaic of art deco and colonial baroque architecture, and explore the rehabilitated Habana Vieja; all with your trusted travel companion. Uncover the best of Havana and make the most of your trip!

Inside Lonely Planet's Pocket Havana:

- Full-colour maps and travel photography throughout
- Highlights and itineraries help you tailor a trip to your personal needs and interests
- Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots
- Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices
- Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- Convenient pull-out Havana map (included in print version), plus over 14 colour neighbourhood maps
- User-friendly layout with helpful icons, and organised by neighbourhood to (...)

Author Bio

Brendan Sainsbury is a travel writer specializing in Cuba, Andalucia, Italy and Seattle with occasional forays elsewhere. He lives in Vancouver, Canada.
Lonely Planet Pocket Marrakesh 6
by Lonely Planet

Lonely Planet's *Pocket Marrakesh* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Plunge headfirst into the mayhem of Djemaa el-Fna, discover hidden alleyways, and admire the artistry of Bahia Palace; all with your trusted travel companion. Uncover the best of Marrakesh and make the most of your trip!

Inside *Lonely Planet's Pocket Marrakesh*:

- **Full-colour** maps and travel photography throughout
- **Highlights and itineraries** help you tailor a trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Convenient pull-out Marrakesh map** plus over 13 colour neighbourhood maps
- **User-friendly layout** with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time
- **Covers** El-Fna, Mouassine and Bab Doukkala, the Central Souqs, Riad Zitoun and Kasbah, Ville Nouvelle, Palmeraie and more

The Perfect Choice: *Lonely Planet's Pocket Marrakesh*, an easy-to-use guide filled (…)

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by Lonely Planet

Discover the freedom of the open road with *Lonely Planet's Great Britain's Best Road Trips*. This trusted travel companion features 36 amazing drives, from 3-day escapes to 3-week adventures. Explore the majestic Welsh mountains, gaze at the mysterious Stonehenge and cruise grand Scottish moors. Get to Great Britain, rent a car, and hit the road!

**Inside Lonely Planet's Great Britain's Best Road Trips**:

- Itineraries for classic road trips plus other lesser-known drives with expert advice to pick the routes that suit your interests and needs
- Full-colour route maps - easy-to-read, detailed directions
- Detours - delightful diversions to see Great Britain's highlights along the way
- Link Your Trip - cruise from one driving route to the next
- Insider tips - get around like a local, avoid trouble spots and be safe on the road - local driving rules, parking, toll roads
- Stretch Your Legs - the best things to do outside the car
- Essential info at your fingertips - hours of operation, phone numbers, websites, prices
- Honest reviews for all budgets - eating, sleeping, sightseeing, hidden gems that most guidebooks miss
- Lavish colour photography provides inspiration throughout

**Covers** England, Scotland, Wales, the West Country, the Cotswolds, Bath (…)

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Lonely Planet Best Road Trips Italy 4
by Lonely Planet

Discover the freedom of the open road with *Lonely Planet's Italy's Best Road Trips*. This trusted travel companion features 40 amazing drives, from 3-day escapes to 3-week adventures. Feel inspired by the Tuscan landscape, gaze across the Amalfi Coast and take in the majesty of the Dolomites. Get to Italy, rent a car, and hit the road!

**Inside Lonely Planet’s *Italy’s Best Road Trips***:

- **Itineraries for classic road trips plus other lesser-known drives** with expert advice to pick the routes that suit your interests and needs
- **Full-colour route maps** - easy-to-read, detailed directions
- **Detours** - delightful diversions to see Italy’s highlights along the way
- **Link Your Trip** - cruise from one driving route to the next
- **Insider tips** - get around like a local, avoid trouble spots and be safe on the road - local driving rules, parking, toll roads
- **Stretch Your Legs** - the best things to do outside the car
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, hidden gems that most guidebooks miss
- **Lavish colour photography** provides (...)

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Notes

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Discover the freedom of the open road with Lonely Planet’s New Zealand’s Best Road Trips. This trusted travel companion features 25 amazing drives, from 3-day escapes to 2-week adventures. Cruise Bay of Islands and Milford Sound, meander to sophisticated vineyard restaurants on Waiheke Island, and spot whales and dolphins off the Kaikoura Coast. Get to New Zealand, rent a car, and hit the road!

Inside Lonely Planet’s New Zealand’s Best Road Trips:

- Itineraries for classic road trips plus other lesser-known drives with expert advice to pick the routes that suit your interests and needs
- Full-colour route maps - easy-to-read, detailed directions
- Detours - delightful diversions to see Italy’s highlights along the way
- Link Your Trip - cruise from one driving route to the next
- Insider tips - get around like a local, avoid trouble spots and be safe on the road - local driving rules, parking, toll roads
- Stretch Your Legs - the best things to do outside the car
- Essential info at your fingertips - hours of operation, phone numbers, websites, prices
- Honest reviews for all budgets - eating, sleeping, sightseeing, hidden gems that most guidebooks miss
- Lavish colour photography - provides inspiration throughout
- Covers Marlborough, Bay (...)

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Promotion
Lonely Planet Best Road Trips USA 5
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Discover the freedom of the open road with Lonely Planet's USA's Best Trips. This trusted travel companion features 51 amazing road trips, from 2-day escapes to 2-week adventures. Cruise down the California Coast, gaze up at the Rocky Mountains, or immerse yourself in New England's history. Jump in the car, turn up the tunes, and hit the road!

Inside Lonely Planet's USA's Best Road Trips:
- Itineraries for classic road trips plus other lesser-known drives with expert advice to pick the routes that suit your interests and needs
- Full-color route maps - easy-to-read, detailed directions
- Detours - delightful diversions to see the USA's highlights along the way
- Link Your Trip - cruise from one driving route to the next
- Insider tips - get around like a local, avoid trouble spots and (...)

Notes

Promotion
Lonely Planet Belize 9
by Lonely Planet

Lonely Planet's Belize is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Dive the Blue Hole, explore Maya villages, and discover Garifuna culture; all with your trusted travel companion.

Inside Lonely Planet's Belize Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travelers, LGBTQIA+ travelers, family travelers and accessible travel

Color maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Belize District, Northern Cayes, Northern Belize, Cayo District, Southern Belize, Tikal and Flores, Guatemala and more

About Lonely Planet:
Lonely Planet, a Red Ventures (...)

Notes

Promotion
Lonely Planet Bhutan 8
by Lonely Planet

Lonely Planet’s Bhutan is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Join the pilgrims at Changangkha Lhakhang, Hike to Taktshang Goemba, and explore the weekend market at Thimpu; all with your trusted travel companion.

Inside Lonely Planet’s Bhutan Travel Guide:

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Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools (...)

Notes

Promotion
Lonely Planet Borneo 6
by Lonely Planet

Lonely Planet's *Borneo* is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Dive with sea turtles on the Semporna Archipelago, visit the water village of Kampung Ayer, or hang with the orangutans at Tanjung Puting National Park; all with your trusted travel companion.

Inside *Lonely Planet's Borneo* Travel Guide:

- **Lonely Planet's Top Picks** - a visually inspiring collection of the destination’s best experiences and where to have them
- **Itineraries** help you build the ultimate trip based on your personal needs and interests
- **Local insights** give you a richer, more rewarding travel experience - whether it’s history, people, music, landscapes, wildlife, politics
- **Eating and drinking** - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to (…)

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Promotion
Lonely Planet's *Botswana and Namibia* is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Spot jackals and black rhinos in Etosha National Park, explore the German colonial town of Luederitz; or marvel at mighty Victoria Falls; all with your trusted travel companion.

Inside *Lonely Planet's *Botswana and Namibia* Travel Guide:

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**Local insights** give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

**Eating and drinking** - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

**Safari Planner**

**Wildlife Spotter photo feature**

**Toolkit** - all (...)
Lonely Planet Brazil 13
by Lonely Planet

Lonely Planet's Brazil is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Explore the tropical Fernando de Noronha, experience wildlife watching in The Pantanal, and discover the baroque masterpieces in Ouro Preto; all with your trusted travel companion.

InsideLonely Planet's Brazil Travel Guide:

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Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Dedicated Carnival chapter

Toolkit - all of the planning tools for solo travelers, LGBTQIA+ travelers, family (...)

Notes

Promotion
Lonely Planet Cancun, Cozumel & the Yucatan 10
by Lonely Planet

Lonely Planet's *Cancun, Cozumel and the Yucatan* is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Chill on Isla Mujeres, explore Tutum Ruins and dive in Cozumel; all with your trusted travel companion.

Inside *Lonely Planet's Cancun, Cozumel and the Yucatan* Travel Guide:

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**Itineraries** help you build the ultimate trip based on your personal needs and interests

**Local insights** give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

**Eating and drinking** - get the most out of your gastronomic experience as we reveal (...)

Notes

Promotion
Lonely Planet Caribbean Islands 9
by Lonely Planet

Lonely Planet's Caribbean Islands is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Set sail from Tortola, snorkel in Aruba's clear waters, and feel the music in Cuba; all with your trusted travel companion.

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Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Music of the Caribbean chapter

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Anguilla, Antigua and Barbuda, Aruba, the Bahamas, Barbados, Bonaire, British Virgin Islands, Cayman Islands (…)

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by Lonely Planet

Lonely Planet's Chile and Rapa Nui (Easter Island) is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Hike through winding forests to the mountain spires of Las Torres; watch sunset turn the Valle de la Luna intense shades of colour; and see the giant statues of Easter Island; all with your trusted travel companion.

Inside Lonely Planet's Chile and Rapa Nui (Easter Island) Travel Guide:

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Itineraries help you build the ultimate trip based on your personal needs and interests

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Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour (…)

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Lonely Planet Colombia 10
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Lonely Planet's Colombia is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Journey to Ciudad Perdida, explore Cartagena's old town, and trek in El Cocuy; and see the giant statues of Easter Island; all with your trusted travel companion.

Inside Lonely Planet's Colombia Travel Guide:

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Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and (...)

Notes

Promotion
Lonely Planet Cuba 11
by Lonely Planet

Lonely Planet's Cuba is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Enjoy the live music scene in Havana, explore historic Habana Vieja, and trek up Pico Turquino; all with your trusted travel companion.

Inside Lonely Planet's Cuba Travel Guide:

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Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

How to Pick a Cuban Cigar

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Havana, Artemisa (…)

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Lonely Planet East Africa 12
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Lonely Planet’s East Africa is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Feel the pounding of hooves as wildebeest stampede across the plains of the Serengeti; all with your trusted travel companion.

Inside Lonely Planet’s East Africa Travel Guide:

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Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout
Language- essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers enya, Tanzania, Uganda, Rwanda, Burundi and more

About Lonely Planet:
Lonely Planet, a Red Ventures Company, is the world's (...
Lonely Planet Egypt 15
by Lonely Planet

Lonely Planet's *Egypt* is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Discover the pyramids of Giza, cruise the Nile, and dive in the Red Sea; all with your trusted travel companion.

Inside *Lonely Planet's Egypt* Travel Guide:

**Lonely Planet's Top Picks** - a visually inspiring collection of the destination's best experiences and where to have them

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**Local insights** give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

**Eating and drinking** - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

**Toolkit** - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

**Colour maps** and images throughout

**Language** - essential phrases and language tips

**Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots

**Covers** Cairo and Around, the Nile Delta, Northern Nile Valley, Luxor, Southern Nile Valley, Siwa Oasis and the Western Desert, Alexandria and (...)
Lonely Planet Fiji 11
by Lonely Planet

Lonely Planet’s Fiji is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Say bula to the locals at a dance ceremony; trek to hidden waterfalls on ‘Garden Island’ Taveuni or ride a bamboo raft through the Namosi Highlands; all with your trusted travel companion.

Inside Lonely Planet’s Fiji Travel Guide:

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Local insights give you a richer, more rewarding travel experience - whether it’s history, people, music, landscapes, wildlife, politics

Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout (…)

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by Lonely Planet

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Inside Lonely Planet's Guatemala Travel Guide:

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Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Exploring Ancient Ruins (...)

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Lonely Planet's *Jamaica* is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Enjoy the live music scene in Havana, explore historic Habana Vieja, and trek up Pico Turquino; all with your trusted travel companion.

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**Local insights** give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

**Eating and drinking** - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

**Jamaica's best Waterfalls**

**Toolkit** - all of the (...)
Lonely Planet Kenya 11
by Shawn Duthie

Lonely Planet's Kenya is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Gaze at a million wildebeest migrating across the rolling savannah of the Masai Mara; get close to big cats and mighty elephants; and take your pick from national parks for mountain hiking; all with your trusted travel companion.

Inside Lonely Planet's Kenya Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Safari Planner

Adventure (...)

Notes

Promotion
Lonely Planet Madagascar 10
by Lonely Planet

Lonely Planet’s Madagascar is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Spot chameleons and lemurs in national parks, haggle like a local in Antananarivo, and snorkel incredible coral reefs; get close to gorillas in Volcanoes National Park, Rwanda; all with your trusted travel companion.

Inside Lonely Planet’s Madagascar Travel Guide:

Lonely Planet’s Top Picks - a visually inspiring collection of the destination’s best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it’s history, people, music, landscapes, wildlife, politics

Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo (…)

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Travel / Africa / South
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Notes

Promotion
Lonely Planet Mauritius, Reunion & Seychelles 11
by Lonely Planet

Lonely Planet’s *Mauritius, Reunion and Seychelles* is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Hike through Cirque de Mafate, relax in the waters of Denis Island, dive to the rock formations off Mauritius; all with your trusted travel companion.

Inside *Lonely Planet’s Mauritius, Reunion and Seychelles* Travel Guide:

**Lonely Planet’s Top Picks** - a visually inspiring collection of the destination’s best experiences and where to have them

**Itineraries** help you build the ultimate trip based on your personal needs and interests

**Local insights** give you a richer, more rewarding travel experience - whether it’s history, people, music, landscapes, wildlife, politics

**Eating and drinking** - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

**Diving and Hiking in RA©union**

**Toolkit** - all of the (…)

Notes

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Lonely Planet Mexico 18
by Lonely Planet

Lonely Planet's Mexico is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Discover ancient Mayan ruins at Palenque, dive world-class sites at Cabo Pulmo, and tour murals in Mexico City; all with your trusted travel companion.

Inside Lonely Planet's Mexico Travel Guide:

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Eating and drinking - get the most out of your gastronomic experience as we reveal (...)
Lonely Planet Morocco 14
by Lonely Planet

Lonely Planet's *Morocco* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Explore the Marrakesh medina, wander the blue alleyways of Chefchaouen, and chill on a Mediterranean beach; all with your trusted travel companion. Get to the heart of Morocco and begin your journey now!

Inside *Lonely Planet’s Morocco* Travel Guide:

**Lonely Planet’s Top Picks** - a visually inspiring collection of the destination’s best experiences and where to have them

**Itineraries** help you build the ultimate trip based on your personal needs and interests

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**Eating and drinking** - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

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Inside *Lonely Planet's Puerto Rico* Travel Guide:

*Lonely Planet’s Top Picks* - a visually inspiring collection of the destination’s best experiences and where to have them

*Itineraries* help you build the ultimate trip based on your personal needs and interests

*Local insights* give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

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Lonely Planet’s *Tahiti and French Polynesia* is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Swim in the sparklingly clear waters, hike to waterfalls, dive into coral wonderlands, then sip cocktails by the beach; all with your trusted travel companion.

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- **Lonely Planet’s Top Picks** - a visually inspiring collection of the destination’s best experiences and where to have them
- **Itineraries** help you build the ultimate trip based on your personal needs and interests
- **Local insights** give you a richer, more rewarding travel experience - whether it’s history, people (...)

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Lonely Planet Taiwan 12
by Lonely Planet

Lonely Planet's Taiwan is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Cycle the East Coast, explore temple treasures and hike Taroko Gorge; all with your trusted travel companion.

Inside Lonely Planet's Taiwan Travel Guide:

- **Lonely Planet's Top Picks** - a visually inspiring collection of the destination's best experiences and where to have them
- **Itineraries** help you build the ultimate trip based on your personal needs and interests
- **Local insights** give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics
- **Eating and drinking** - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try
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Lonely Planet Tanzania 8
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Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating and drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

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50 Ways to Rewire Your Anxious Brain
Simple Skills to Soothe Anxiety and Create New Neural Pathways to Calm
by Catherine M. Pittman, PhD and Maha Zayed Hoffman, PhD

A take-anywhere toolkit to short-circuit anxiety and rewire your brain for lasting calm.

Do you struggle with anxiety? Has it taken over your life or affected your relationships? Do you feel like chronic worry and rumination are holding you back from being your best, achieving your goals, or just enjoying your day-to-day life? Get a crash course in neuroscience with this slimmed down guide-full of the actionable tools you need to face anxiety head on.

In this practical yet powerful guide, psychologist and neuroscience expert Catherine Pittman—author of *Rewire Your Anxious Brain*—introduces 50 new ways to work with your brain’s neural connections to find lasting, effective relief from your worst anxiety symptoms. The chapters of this book can be used in any order, as needed, to give you the information you need to act now, whether you’re at home or on the go. Also included are quick skills to help you soothe an anxious or stressed-out brain through physical movement, identify what you care about, and banish toxic thinking before it leads to rumination.

The brain is a powerful tool, and the more you work to change the way you respond to fear, the more resilient you will become. Using the practical and proven-effective techniques in this book, you will literally rewire the brain processes at the root of your fears!

Author Bio

Catherine M. Pittman, PhD, is a licensed clinical psychologist specializing in the treatment of anxiety disorders and brain injuries. She is professor of psychology at Saint Mary’s College in Notre Dame, IN, where she has taught for more than thirty years.
50 Ways to Soothe Yourself without Alcohol
Simple Tips for Drinking Less and Enjoying More
by Rebecca E. Williams, PhD

Soothe stress, unwind, and feel more joyful—without a cocktail, beer, or glass of wine.

Are you tired of hangovers? Do you wish you could think more clearly during the day or feel less anxious at night? Are you curious about that #soberlife? Many of us want to cut back on our drinking—or even stop altogether. But in a culture that glamorizes the cocktail hour, "white wine playdates," and boozy brunches, you might wonder, What would I do instead? If you're ready for a change, this go-to guide has the answer.

50 Ways to Soothe Yourself without Alcohol offers surprisingly simple lifestyle skills grounded in mindfulness, cognitive behavioral therapy (CBT), and acceptance and commitment therapy (ACT) to help you destress, reclaim your calm, and feel more vibrant in your day-to-day life—without alcohol. If you’re stuck in a drinking rut and in need of a wellness reset, you’ll love how empowered and energetic you’ll feel when you reach for this book instead of a drink.

Try it for a week, a month, a year, and maybe more.

Author Bio

Rebecca E. Williams, PhD, is an award-winning author, psychologist, and wellness expert specializing in healthy recovery from mental illness, addiction, and life challenges. Her work focuses on building resilience and promoting well-being. Rebecca is coauthor of The Gift of Recovery. After more than twenty years as a clinic director at the VA San Diego Healthcare System and associate clinical professor at the University of California, San Diego School of Medicine, she has turned her focus to healing and empowering health care professionals through her books, podcasts, and webinars.
ACT and Applied Behavior Analysis
A Practical Guide to Ensuring Better Behavior Outcomes Using Acceptance and Commitment Training
by Thomas G. Szabo, PhD, BCBA-D, foreword by Jonathan Tarbox, PhD, BCBA-D

Quickly master a proven-effective behavior therapy that will allow you to expand the effectiveness of your practice.
As a board-certified behavior analyst (BCBA), you work with a wide range of clients, particularly those with autism spectrum disorder (ASD). Some of these clients may not be verbal at all on one end of the spectrum, while some may have very advanced language skills on the other. For these clients and their families, you need a flexible and adaptable therapeutic framework to ensure the best behavior outcomes. Drawn from relational frame theory (RFT)-the psychological theory of human language-acceptance and commitment therapy (ACT) can help.

With this definitive professional manual, you'll learn to conceptualize your cases using ACT, create your own exercises, generate metaphors, be present with the unique individual learner in front of you, and practice the core ACT skills flexibly to ensure better behavior outcomes for clients and their families.
You'll find an overview of the theoretical connections between behavior analysis, RFT, and ACT, as well as the core act skills, including present-moment awareness, flexible perspectivetaking, committed action, and values work. Finally, you'll find information on cultural competency and diversity to help you service a wide range of clients.
If you're like many BCBA s, you need specialized resources when working with linguistically sophisticated clients, as well as their parents and caregivers. Let this book be your comprehensive guide to incorporating ACT into your work.

Author Bio

Tom Szabo, PhD, BCBA-D, is a faculty member in the hybrid master's degree program for Professional Behavior Analysis at the Florida Institute of Technology, an internationally recognized acceptance and commitment therapy (ACT) trainer, a practicing board certified behavior analyst, and a graduate of the University of Nevada, Reno, where he studied under Steven C. Hayes and W. Larry Williams.
Over the last decade, Szabo has focused his practice on teaching people ways to ignite behavioral flexibility in their personal lives and with others in clinical practice, schools, boardrooms, shop floors, and community centers. He is particularly interested in teaching people ways to use the psyflex model  to support individuals with high functioning autism and their families. With the Commit & Act Foundation, Szabo has trained therapists in Sierra Leone working with individuals who’ve committed acts of gender-based violence and he is currently conducting funded research on ways to reduce intra-familial
Breaking the Rules of OCD
Find Lasting Freedom from the Unwanted Thoughts, Rituals, and Compulsions That Rule Your Life
by Kim Rockwell-Evans, PhD

It’s time to break the rules of OCD—and take charge of your life!
If you have obsessive-compulsive disorder (OCD), you may feel like you have to follow a rigid set of rules to successfully get through your day. And if you’re like many others, your OCD rule list may look something like this:
• You must always control your internal experiences!
• You must be absolutely certain!
• The presence of any anxiety means you are in danger!
• You alone are responsible if you fail to prevent harm!
• Pay attention to every single thought you have!
• Everything must be just right!
• Always keep your OCD hidden from others!

These rules can keep you feeling stuck, anxious, and unable to move forward in your life. The good news is there are tools you can use to free yourself from these self-imposed rules—so you can start living a more expansive and flexible life. This book will help you break ALL your OCD rules, and will help you understand why that’s a good thing.

Written by an OCD expert, and grounded in evidence-based exposure and response prevention therapy (ERP), this book addresses the (...)

Author Bio

Kim Rockwell-Evans, PhD, is a licensed professional counselor and licensed marriage and family therapist with more than thirty-five years of experience treating children, adolescents, and adults. She is in private practice at OCD and Anxiety Specialists of Dallas in Richardson, TX, where she specializes in treating obsessive-compulsive disorder (OCD) and anxiety disorders.
Distress Tolerance Made Easy
Dialectical Behavior Therapy Skills for Dealing with Intense Emotions in Difficult Times
by Sheri Van Dijk, MSW, Matthew McKay, PhD and Jeffrey C. Wood, PsyD

Based in proven-effective DBT, a take-anywhere guide to help you balance emotions and stay cool-even when life feels intense. No matter how #blessed you are, sometimes life can feel downright overwhelming. Whether it’s a breakup or divorce, the loss of a job, or even a global pandemic, you may need a little extra help managing the difficult emotions that can arise when things are not going so great. Dialectical behavior therapy (DBT) is a proven-effective and evidence-based treatment that can help you find balance and improve your ability to handle adversity without losing control and acting destructively.

This potent and portable guide focuses on one of the core skills of DBT: distress tolerance. With this book, you’ll learn that you are strong enough to weather life’s storms. You can handle whatever stress or setback life throws your way. And you can face your own difficult thoughts and feelings head on—without avoidance, anger, or despair.

Life happens. But you don’t have to get pulled under. With Distress Tolerance Made Easy, you’ll learn tons of tips and tricks to help you keep your cool—even when those emotional triggers strike. Why not keep a copy on your nightstand, in your glove box, or on your work desk? You never know when you’ll need it!

Author Bio

Sheri Van Dijk, MSW, is a psychotherapist, and renowned dialectical behavior therapy (DBT) expert. She is author of several books, including Calming the Emotional Storm, Don’t Let Your Emotions Run Your Life for Teens, and The Self-Harm Workbook for Teens. Her books focus on using DBT skills to help people manage their emotions and cultivate lasting well-being. She is also the recipient of the R.O. Jones Award from the Canadian Psychiatric Association.

Matthew McKay, PhD, is a professor at the Wright Institute in Berkeley, CA. He has authored and coauthored numerous books, including The Dialectical Behavior Therapy Skills Workbook, Self-Esteem, and Couple Skills, which have sold more than four million copies combined. He received his PhD in clinical psychology from the California School of Professional Psychology, and specializes in the cognitive behavioral treatment of anxiety and depression.

Jeffrey C. Wood, PsyD, lives and works in Las Vegas, NV. He specializes in
Healing Emotional Eating for Trauma Survivors
Trauma-Informed Practices to Nurture a Peaceful Relationship with Your Emotions, Body, and Food by Diane Petrella, MSW, foreword by Donna Jackson Nakazawa

Heal the trauma at the root of your emotional eating.
If you've experienced physical, sexual, or emotional abuse, your past trauma could affect how you care for yourself today. You may struggle with difficult thoughts and feelings, and reach for food to soothe your emotions when feeling sad, anxious, or stressed. You aren't alone. In fact, studies show there is a strong link between adversity, trauma, and abuse and emotional eating. The good news is there are tools you can use to heal from the past and nurture a healthier relationship with food, your body, and yourself. This book offers step-by-step guidance for rewiring your brain to calm trauma-based fears, regulate your body and emotions, connect with your inner wisdom for strength, and release the emotional need to hold onto weight.

Healing Emotional Eating for Trauma Survivors offers an innovative, trauma-informed approach to overcoming emotional eating using the principles of mindfulness, self-compassion, and neuroscience. With this gentle guide, you will gain a deeper understanding of your trauma, and discover alternative ways to soothe stress and difficult emotions when they show up. You'll also learn to shift your focus away from your weight, so you can cultivate a more loving connection with your body as you heal.

With this compassionate guide, you'll discover ways to:
• Calm your anxious brain and body
• Safely process your emotions
• Transform self-punishment into self-compassion
• Practice self-forgiveness and overcome body shame
• Take your power back from trigger foods
• Create an emotionally safe sanctuary with friends, family, and home

Most importantly, you'll find the support you need to end the cycle of emotional eating and release (…)

Author Bio
Diane Petrella, MSW, is a licensed independent clinical social worker specializing in childhood trauma and emotional eating. Early in her nearly forty-year career, she codeveloped the first child sexual abuse treatment program in Rhode Island. She has a private psychotherapy practice in Providence, Rhode Island.
I'm Not Okay and That's Okay
Mental Health Microskills to Deal with Life's Inevitable Struggles
by Steff Du Bois, PhD

For those days when you feel like you just can't take it anymore. . .
Everybody struggles. Whether you're breaking down in tears at the grocery store, on the verge of cussing out your toxic family member or coworker, screaming at cars in traffic, or feeling completely alone and friendless on a Saturday night—we've ALL been there. The struggle is REAL. And it's okay to NOT feel okay sometimes. Fortunately, there are simple ways to help you identify and improve your negative thoughts, calm the chaos of emotional overwhelm, and feel better quickly. This portable pick-me-up is just what you need.

I'm Not Okay and That's Okay offers in-the-moment microskills—little strategies for big change—based in proven-effective cognitive behavioral therapy (CBT), acceptance and commitment therapy (ACT), and real-life experience. With this go-to guide, you'll learn to recognize unhelpful thinking patterns; cope with feelings of sadness, anger, worry, fear, and frustration; and improve your relationships. Most importantly, you'll uncover the root cause of why you feel the way you do, what's making you feel worse, and how you can deal with these intense feelings in healthier ways.

We live in an era of extreme emotions. The world is rapidly changing and becoming more and more uncertain. But you can stay grounded—even when everything around you is spiraling out of control. You've got this. And this fun, heartfelt guide has your back.

Author Bio

Steff Du Bois, PhD. (he/they) is a clinician with their own private practice, and assistant professor of psychology at the Illinois Institute of Technology (IIT). He has published thirty-seven peer-reviewed manuscripts, and spoken at numerous national and international psychology conferences. Du Bois was the recipient of a $25,000 Educational and Research Initiative Fund Grant from IIT in 2021, to create and test the effectiveness of a self-compassion app to improve health among those newly diagnosed with HIV. After receiving his doctorate from the University of Illinois at Chicago, he now leads the Du Bois Health Psychology Laboratory, where he mentors graduate and undergraduate psychology students, and conducts health psychology research on topics such as health equity and health in romantic relationships, using community-based participatory research approaches.
Create a supportive and secure relationship with a partner who has experienced sexual trauma.

If your partner is a survivor of sexual trauma, they may experience anxiety, post-traumatic stress disorder (PTSD), depression, or feel triggered by intimate situations. And you may feel confused, overwhelmed, or unsure of how to support them. This gentle guide will give you the tools you need to help nurture intimacy and trust, and cultivate a secure relationship.

In *Loving Someone Who Has Sexual Trauma*, marriage, family, and sex therapist Megan Lara Negendank offers self-compassion and attachment-based communication skills to support your partner. You'll also learn powerful, trauma-informed techniques and strategies to help you understand the full impact of your partner's past experience, increase feelings of safety and connection, and ultimately improve your relationship in the here and now.

In this gentle guide, you'll discover:

- Communication skills to help promote trust
- How to avoid or deescalate from common triggers
- How to identify attachment styles and soothe conflict patterns
- Emotional and physical bonding skills

If you're ready to move beyond fear, anger, and disconnection to a thriving intimate relationship where you both can feel loved, safe, and connected, this book can help you get started.

**Author Bio**

*Megan Negendank* is a licensed marriage and family therapist and a certified sex therapist. She is the founder of Love Heal Grow, a psychotherapy center in Northern California where she specializes in trauma-informed relationship-focused psychotherapy for survivors of trauma and their partners. She has been featured as a relationship expert on PBS, NPR, and in *Sacramento Magazine*.
Negative Thoughts Happen
How to Find Your Inner Ally When Your Inner Critic Shows Up
by Diana M. Garcia, MS, LMHC

Tell your inner critic to take a back seat, so you can start feeling more calm, confident, and kickass!
Negative self-talk can feel like an ever-present roommate who insists on giving you unsolicited opinions about every aspect of yourself— including your worth, appearance, personality, and life choices. Have you ever wondered where this annoying inner critic comes from? And more importantly, can you make it go away? Unfortunately, no matter what you do, negative thoughts will happen. It’s simply how our brains are wired. But you can change the way you respond to these thoughts.
This take-anywhere, use-anytime guide offers quick, simple, and evidence-based skills drawn from acceptance and commitment therapy (ACT) to help you make peace with your inner frenemy. You’ll discover what drives these negative thoughts, why it’s important to listen to them—yes, you read that right, listen—and how to put them in perspective so you can go back to the things that really matter in your life.
You never know when negative thoughts will show up, crash your party, cram your style, and get in the way of living your best life. But once you learn how to respond to this negative inner chatter, you’ll be able to turn the volume down and listen to your true inner voice—your inner ally—more clearly, and use it as a compass throughout your day.

Author Bio
Diana M. Garcia, MS, LMHC, is a licensed therapist in Florida and the founder and owner of the private practice Nurturing Minds Counseling. In her practice, she helps stressed-out millennials feel calm, confident, and kickass in their lives. Additionally, she also works with couples who are struggling to communicate and seeking to rekindle their connection. She’s been in the field since 2013, and has worked in various roles, including primary therapist at various treatment centers and, most recently, as director of counseling services at a local university. She is fortunate to be a Certified Daring Way Facilitator, and is a member of the Association for Contextual Behavioral Science.
Overcoming Imposter Anxiety
Move Beyond Fear of Failure and Self-Doubt to Embrace Your Worthy, Capable Self
by Ijeoma C Nwaogu, PhD

Don't let self-doubt and fear of failure keep you from reaching your full potential!
Despite your accomplishments, do you ever worry that you aren't good enough or capable enough? Have you reached high levels of success, yet still suspect that you're just faking it? If so, you may have imposter syndrome - the persistent, internalized, irrational fear of being exposed as a fraud, even in the face of overwhelming evidence to the contrary. You aren't alone. Too often, highly talented and successful people allow self-doubt to cloud their view of themselves. So, how can you start celebrating your hard-earned success and move forward in life with confidence?

In Overcoming Imposter Anxiety, imposter syndrome expert Ijeoma Nwaogu offers proven-effective and culturally informed strategies grounded in cognitive behavioral therapy (CBT) to help you stand up to imposter anxiety, alleviate self-doubt and the fear of failure, and live with authenticity. You'll learn to anticipate and understand the triggers that cause your imposter thoughts, and discover ways to shift your mindset so you can move past fear, honor your achievements, and focus on your goals.

You'll also learn how to:
• Respond to imposter thoughts and feelings
• Overcome your fear of failure and affirm your competence
• Embrace the qualities that make you unique
• Build an encouraging support network
• Help yourself by helping others

It's time to ditch self-limiting beliefs, so you can start living life with greater courage, confidence, and authenticity. This book will help guide you, step by step.

Author Bio

Ijeoma Nwaogu, PhD, has more than fifteen years of experience working in higher education across the United States. She was director of the Multicultural Center at Rice University in Houston, and an adjunct professor at University of Houston. Nwaogu received her doctoral degree in counseling and her master's degree in college student affairs administration from the University of Georgia. She is the CEO of EVERLEAD, LLC, a leadership coaching and consulting enterprise. Nwaogu is a well-regarded speaker and has led numerous programs, conference sessions, and trainings across the nation on the topic of the imposter experience. During the 2021-2022 term, she delivered keynote talks on overcoming imposter syndrome for Cornell...
Setting Boundaries that Stick

How Neurobiology Can Help You Rewire Your Brain to Feel Safe, Connected, and Empowered
by Juliane Taylor Shore, LMFT, LPC, SEP, foreword by Rebecca Wong, LCSW-R

Tap into the power of neurobiology to create healthy boundaries and more authentic connections with others.

Do you struggle to set boundaries with others in your life? Has your past conditioned you to expect pushback when setting boundaries, or caused you to give up on trying to set boundaries altogether? The prospect of setting boundaries can be scary and intimidating, and can put you in a very vulnerable place where your mental health and well-being may even be at risk. There is a science to creating boundaries—one that will empower you, deepen your connection with others, and improve your self-esteem.

Setting Boundaries That Stick offers a scientific, neurobiological approach to boundary work. This unique guide will teach you to set healthy boundaries from the inside out by cultivating an integrated brain, which allows you to respond to others with intention, rather than simply reacting based on instinct.

Also included are exercises and activities to help you understand and create both physical and psychological boundaries, thereby building a solid, holistic framework for a more authentic sense of connection with others.

It's time to set boundaries in a way that empowers you to protect yourself, while also improving your relationships. By working from the inside out, this book will help you set healthy boundaries that actually stick.

Author Bio

Juliane Taylor Shore is a clinician, storyteller, and teacher of interpersonal neurobiology who lives with her husband, daughter, and dog in the hill country on the outskirts of Austin, TX. Shore specializes in trauma recovery and in relational healing for individual adults and romantic partnerships, and also spends much of her time teaching therapists internationally. When she is not working, she is usually playing with her family, reading poetry, and making art without much caring what comes out of it.
You don't have to turn back the clock. This powerful workbook will help you redefine the aging process, think flexibly, improve your mental health, and live life to the fullest!

For even the fittest, healthiest, and most vibrant among us, the truth is there are inevitable challenges that come from growing older. Major life transitions such as retirement, the loss of family or a partner, changes in our bodies, and changing social roles in everyday life can lead to feelings of uncertainty, loss of control, and even anxiety and depression. But aging doesn't have to be a negative thing. You can carve out your own path. This book will show you how to live with more vitality and joy—at any age!

The Positive Aging Handbook offers proven-effective, evidence-based skills drawn from cognitive behavioral therapy (CBT) to help you learn the art of flexible thinking and feel more empowered and engaged with life. You'll discover strategies for managing anxiety and depression, as well as lifestyle tips to help reduce symptoms in the future. You'll also learn how your brain changes as you age, and find a wealth of strategies for managing these changes and making the most of your life.

If the changes you face as you age leave you feeling anxious, sad, or stressed, let this handbook guide you to take charge of your own aging process—and your mental health. You are worth it!

Author Bio

Julie Erickson, PhD, is a clinical psychologist and adjunct faculty member in the department of applied psychology and human development at the University of Toronto. Erickson's research interests focus on understanding the epidemiology of mental disorders in late life, reducing barriers to treatment seeking, and optimizing evidence-based psychological treatment for older adults. She offers workshops, seminars, and clinical supervision on cognitive behavioral therapy (CBT) with older adults. She maintains an active clinical practice focusing on the treatment of middle-aged and older adults. Erickson's research has been published in journals such as Aging & Mental Health, Depression & Anxiety, Clinical Psychology Review, and Cognitive and Behavioral Practice.

Neil A. Rector, PhD, is research scientist at the Sunnybrook Research Institute (SRI), director of the Mood and Anxiety Research and Treatment Program, director of research in the department of psychiatry at the Sunnybrook Health Sciences Centre, and an affiliate clinical scientist in the Mood and Anxiety Program at the Centre for Addiction and Mental Health.
The Dialectical Behavior Therapy Skills Workbook for Shame
Powerful DBT Skills to Cope with Painful Emotions and Move Beyond Shame
by Alexander L. Chapman, PhD, RPsych and Kim L. Gratz, PhD

Powerful dialectical behavior therapy (DBT) skills to move beyond shame and toward a place of peace and healing.

Shame is a devastating emotion, and one that's often difficult to work through. If you are hurting, you should know that you aren't alone. Shame may be the result of a past trauma, feelings of insecurity, or even guilt. Shame can also spiral out of control, make you feel trapped and hopeless, and lead to more serious mental health issues such as anxiety and depression. So, how can you soothe intense feelings of shame and find lasting peace and emotional balance?

Written by renowned DBT experts, The Dialectical Behavior Therapy Skills Workbook for Shame offers a step-by-step, evidence-based approach to healing from shame using the core skills of emotion regulation, distress tolerance, mindfulness, and interpersonal effectiveness. Using the exercises in this workbook, you'll learn to cultivate nonjudgmental self-acceptance, and discover strategies for managing difficult emotions—even in situations that trigger feelings of shame, guilt, or self-directed anger.

This workbook will help you:
• Identify the root cause of your shame
• Experience difficult emotions without acting on them
• Move past self-destructive behaviors
• Express yourself honestly and openly
• Build healthy, supportive relationships with others

If you are struggling with shame, you are not alone—and there is help. This step-by-step workbook can help you look beyond these intense feelings and start seeing yourself with more clarity, compassion (…)

Author Bio

Alexander L. Chapman, PhD, RPsych, is professor and coordinator of the clinical science area in the psychology department at Simon Fraser University, BC, Canada, as well as a registered psychologist and president of the DBT Centre of Vancouver. Chapman directs the Personality and Emotion Research and Treatment laboratory, where he studies the role of emotion regulation in borderline personality disorder (BPD), self-harm, impulsivity, as well as other related issues. His research is currently funded by major grants from the
What do you really want in life? The powerful approach in this workbook will help you identify what’s important to you, so you can achieve real change - healthily, happily, and sustainably.

It’s said that the only constant in life is change. It should be said that obstacles to change are another constant, and they’re too often standing between you and a life spent thriving. Whether you’re trying to better manage your money, exercise more, or stop addictive behaviors, making positive life changes can be a huge challenge. On top of the inner turmoil of struggling with a big life change, you may face external roadblocks in the form of friends, family, and colleagues who might not understand how to best support you. So, how do you prepare yourself for this journey toward healthy, positive change? The Motivational Interviewing Path to Personal Change combines forty years of research-proven strategies along with skills from cognitive behavioral therapy (CBT) and acceptance and commitment therapy (ACT) to help you get started on the path to positive change. Using motivational interviewing (MI) tools, you’ll identify specific behavioral targets you would like to work on. You’ll also learn to connect with your intrinsic motivation to figure out the Why? of your journey, so you can commit to positive behavior changes consistent with your values. Finally, you’ll use your newfound skills to maximize your goals, overcome obstacles, and gain a healthier perspective on life.

If you’re ready to embark on a journey of self-reflection, determination, and improvement, let this guide show you the way to making real, sustainable changes. Go ahead, take the first step!

Michelle Drapkin, PhD, is a board-certified psychologist who owns and operates the Cognitive Behavioral Therapy (CBT) Center, and has worked in behavioral science for over twenty years. She held various roles as a behavioral scientist in industry, including leading the development and deployment of behavior change interventions at Johnson & Johnson. She held a national motivational interviewing training position at the Department of Veterans Affairs (VA), and was on faculty at the University of Pennsylvania. Drapkin completed her PhD in clinical psychology from Rutgers, The State University of New Jersey; and joined the Motivational Interviewing Network of Trainers (MINT) in 2008. She has trained thousands of health care professionals and industry leaders in motivational interviewing (MI)
The Self-Forgiveness Workbook
Mindfulness and Compassion Skills to Overcome Self-Blame and Find True Self-Acceptance
by Grant Dewar, PhD, foreword by Russ Harris

Give yourself the gift of self-forgiveness—you deserve it. Many people who’ve experienced trauma tend to blame themselves. This tendency to self-blame often begins in childhood and is carried into adulthood, and can manifest in a number of emotional and behavioral problems such as anxiety, depression, addiction, and feelings of guilt and shame. You’ve probably tried to quiet your critical inner voice through avoidance and distraction, only to have the negative self-talk return time and time again to sabotage your self-esteem and interfere with your day-to-day life. Fortunately, you possess the power to forgive yourself and discover your inner strength. With this workbook as your guide, you’ll learn proven-effective skills that integrate self-forgiveness with acceptance and commitment therapy (ACT), compassion-focused therapy (CFT), functional analytic psychotherapy (FAP), and relational frame theory (RFT). You’ll develop the self-compassion and self-acceptance needed to overcome the sense of shame and guilt that’s keeping you from a meaningful, purposeful life. You’ll also gain a new perspective on your life’s story, empowering you to get in touch with your values and make an ongoing commitment to self-forgiveness—even in the face of new challenges.
Forgiving yourself does not mean the pain of the past will go away forever, but it can significantly reduce the burden you’ve placed on yourself. If you’re ready to replace self-blame with self-empowerment and self-reliance, this book will be your guide on a journey toward healing and joy.

Author Bio
Grant Dewar, PhD, is adjunct lecturer in the school of psychology at The University of Adelaide in South Australia. After losing his father to suicide, Grant embarked on a life journey to seek better responses and solutions to the devastating effects of self-harm to individuals and the community. Work in the community, public service, and later in life as a health and clinical psychologist has helped him to develop, research, and apply his work on self-forgiveness.

Russ Harris is an internationally acclaimed acceptance and commitment therapy (ACT) trainer; and author of the best-selling ACT-based self-help book, The Happiness Trap, which has sold more than one million copies and been published in thirty languages. He is widely renowned for his ability to teach ACT in a way that is simple, clear, and fun—yet extremely practical.
The Unapologetic Workbook for Black Mental Health
A Step-by-Step Guide to Build Psychological Fortitude and Reclaim Wellness
by Rheeda Walker, PhD, foreword by Angela Neal-Barnett, PhD

It's past time to take Black mental health seriously. It's time to intentionally cultivate resilience, build unshakable confidence, claim your truth, and step into unapologetic joy with this workbook.

There is a Black mental health crisis in our world today, and it is tied to disproportionately high rates of chronic illness, poverty, under-education, unacknowledged and untreated trauma, and structural racism. Depression, anxiety, and suicide were increasing before the global pandemic, but have since escalated even further. In order to reclaim a life worth living, you must first reclaim your mind. Whether you suffer yourself, have a loved one who needs help, or are a mental health professional working with the Black community, this workbook will be your lifeline.

This workbook—from the author of The Unapologetic Guide to Black Mental Health—offers a step-by-step, interactive journey toward better mental health. You do not have to be at the mercy of everyday circumstances that would otherwise demean you or steal your joy. Grounded in both cognitive behavioral therapy (CBT), you'll gain powerful skills to help you effectively manage stress, make self-care a priority, and find lasting emotional balance and well-being in a world still steeped in systemic inequality, discrimination, and microaggressions.

With this workbook, you'll discover:
• What psychological fortitude® is, and why it's so important
• How to set boundaries and say "no" when you are feeling overwhelmed
• How racism can impact your mental health—and what to do about it
• How to overcome internalized racism and explore meaningful Blackness

If you're ready to reclaim wholeness, build resilience, and thrive, this powerful workbook will be your guide.

Author Bio

Rheeda Walker, PhD, is a tenured professor of psychology in the department of psychology at the University of Houston. She is a behavioral science researcher and licensed psychologist who has published more than fifty scientific papers on African American adult mental health, suicide risk, and resilience. Walker is recognized as a fellow in the American Psychological Association due to her scholarly accomplishments.

Walker has been a guest expert psychologist on T.D. Jakes's national television talk show, and her work has appeared or been cited in The
Worrying is Optional
Break the Cycle of Anxiety and Rumination That Keeps You Stuck
by Ben Eckstein, LCSW, foreword by Lisa W. Coyne, PhD

Worry happens. Worry *ing* is optional.
We live in an increasingly uncertain world, and if you struggle with worry, you aren't alone. You should also know that there's nothing wrong with worry. Worry happens to all of us—and it can even be helpful at times. But excessive worry *ing* -- the kind that keeps us up at night, interferes with our thinking during the day, and hijacks our ability to make decisions—is a big, big problem. The good news is that, while worry is inevitable, worrying is completely optional. This book will show you how to break free from the unhelpful thinking habits that keep you stuck in a loop of rumination and anxiety.

With help from this upbeat guide, you'll learn to build your own customizable, anti-worrying toolbox using skills and strategies from metacognitive therapy, acceptance and commitment therapy (ACT), and cognitive behavioral therapy (CBT). You'll discover the science behind why you worry, and how to put the brakes on unhelpful rumination and anxious thoughts—before they kick your worry and anxiety into high gear.

With this go-to guide, you will:

- Gain a better understanding of worry
- Learn *why* worry happens
- Know when to draw the line at disruptive worrying
- Challenge perfectionism and accept uncertainty

There's no one-size-fits-all treatment for anxiety and worry, but by assembling an arsenal of tools, skills, and strategies, excessive worry can be managed effectively. This book will help you get started now.

Author Bio

**Ben Eckstein, LCSW**, is the owner and director of Bull City Anxiety & OCD Treatment Center in Durham, NC. Eckstein was trained at McLean Hospital's OCD Institute, and has been specializing in the treatment of anxiety and OCD for over a decade. He serves on the board of directors for OCD North Carolina, and offers training, workshops, and speaking engagements in addition to his clinical work.

**Lisa W. Coyne, PhD**, is founder and senior clinical consultant of the McLean OCD Institute for Children and Adolescents (OCDI Jr.), and assistant professor in the department of psychiatry at Harvard Medical School. She also founded and directs the New England Center for OCD and Anxiety, and is
An Other World
The Fight for Freedom, Joy, and Belonging
by Hanif Fazal

We speak in we. A journey towards racial healing and the relationships that set us free.

Addressing the leaders of today and tomorrow, An Other World alternates between heart-wrenching but hopeful letters to Hanif Fazal's daughter Amina, reflections on Fazal's formative life experiences and lessons on identity, Black and Brown relationships, and a unique type of freedom that could be available to all of us.

In this moving blend of social commentary and memoir with a call to action, Fazal - co-founder of the Center for Equity and Inclusion - documents his journey towards Black and Brown joy, freedom, and belonging. This timely book traces Fazal's relationships with Black and Brown family members, professional colleagues, and close friends as they attempt to thrive at home, school, and work in the all-consuming whiteness of Portland, Oregon, and the broader United States landscape.

Fazal's youth involved a constant experience as the other in an all-white school system, breakdowns in family, and feeling split between his Mexican and Indian heritages. He went on to create programs that offered healing and belonging to BIPOC youth in schools and to BIPOC adults in the workplace.

In An Other World, Fazal pinpoints how educational and professional diversity frameworks often perform surface-level inclusion but refuse to invest fully in the complex realities of their BIPOC learners and employees. He also stares down the myth of "making it" and invites BIPOC communities to reflect and redefine success on their own terms.

Author Bio
Hanif Fazal is a co-founder and managing partner of the Center for Equity and Inclusion (CEI). For over twenty years, Fazal has developed and delivered innovative equity and inclusion programs across the corporate, education, philanthropic, public and non-profit sectors. Fazal spends most of his professional time speaking, training DEI professionals, and coaching executives and executive teams. He lives with his daughter in Portland, Oregon.
Buyer First
Grow Your Business with Collaborative Selling
by Carole Mahoney

It’s time to forget everything you think you know about selling.

Winning new customers is the number one challenge 80 percent of entrepreneurs face - and a big reason half of small businesses fail within five years. In Buyer First, Carole Mahoney - who once struggled to pay bills and is now a top sales coach and influencer - says the reason so many of us are bad at selling is, well, we think selling is bad.

In the "book my clients have been asking me for," Mahoney shares her revolutionary sales-success formula that draws on data from 2.2 million professional sellers, plus solid research on the psychology of decision-making and behavior change, to show you that sales isn’t something we do to others, it’s something we do with them.

With her approachable, honest writing style, Mahoney is like your personal sales coach, guiding you to tailor your current sales strategy in a way that’s consistent with your values and strengths, so you can align how you sell with how customers buy.

Complete with worksheets and exercises like exploring your own Sales Origin story, Buyer First teaches you the tactics of a collaborative selling framework. Each point is backed up with real-life stories from Mahoney’s colleagues and students as well as her own experiences.

Not only does Buyer First promise to transform your sales approach, help you change your behaviors, and get consistent results - it’ll make you feel fantastic about every transaction.

Author Bio

Carole Mahoney is a sales coach for the Entrepreneurial MBA program at Harvard Business School, where she’s been called the Sales Therapist. She has been named a top sales influencer by LinkedIn, and is the president of the Boston Chapter of the American Association of Inside Sales Professionals. As the founder of Unbound Growth, Mahoney draws on cutting-edge science, statistics, and data from 2.2 million sales professionals to coach others on what makes a great seller. She lives in Maine.
Hope for the Best, Plan for the Rest
7 Keys for Navigating a Life-Changing Diagnosis
by Dr. Sammy Winemaker and Dr. Hsien Seow

The essential guide for every patient and family

The doctor’s office called. It’s not good news. What comes next? When you are diagnosed with a life-changing illness, the feelings of helplessness, anger, and sadness can be overwhelming. While your diagnosis cannot be changed, the way you experience your illness can.

In *Hope for the Best, Plan for the Rest*, Dr. Seow and Dr. Winemaker have combined their decades of palliative care research and experience in caring for seriously ill patients. They have harnessed the advice of thousands of patients to create a roadmap that every patient and family will benefit from. In it, they share the 7 keys to unlock a better illness experience and reveal stories, tips and exercises to improve your journey right from diagnosis. These two compassionate experts empower you with practical tools to take charge of your life-changing diagnosis and navigate the health care system with confidence, knowledge, and calm.

This book is about hope in the face of uncertainty. It’s about how to live well, be fully informed, and be activated. How to feel more like a person, not a patient. But most of all, how to be hopeful and prepared at every step along the way.

Author Bio

Sammy and Hsien are palliative care physicians and researchers who have spent their careers helping those who are facing a life-changing illness. So often, they have heard patients and families say “Why didn’t anyone tell me that sooner?” Through interviews with experts, clinicians, patients and caregivers, they are harnessing the advice of those with lived experience to better prepare those who are just starting their health care journey. But they cannot do it alone. Together with patients, families, and communities, they are transforming the patient journey and bringing the humanity back into health care.

Samantha Winemaker, MD, is a palliative care physician who cares for patients with serious illness and their families in the home. She is an Associate Clinical Professor at McMaster University in the Department of Family Medicine, Division of Palliative Care. She has won numerous awards for her leadership and palliative care education for health care professionals.

Hsien Seow, PhD, is the Canada Research Chair in Palliative Care and
Nourished
Connection, Food, and Caring for Our Kids (And Everyone Else We Love)
by Deborah MacNamara, PhD, foreword by Gordon Neufeld, PhD

What does it mean to be nourished?

Nothing could be more basic than food. However, food is only one part of the concept of nourishment, but it has consumed our focus and eclipsed something far more critical for thriving - connection. We have lost sight of the fact that feeding our families is about human relationship and emotional well-being.

In *Nourished*, developmental and relational clinical counsellor Dr. Deborah MacNamara shows us how feeding is part of the caretaking relationship and cannot be separated from it. Informed by attachment science, developmental psychology, neuroscience, and research on human emotion, *Nourished* reframes our approach to providing for our kids and helps us hit the reset button on our relationship with food. After reading this seminal work, it will be impossible to ever view food as just plain food again.

As parents we need our kids to be receptive to what we offer but the road to the stomach must go through the heart. As relational and emotional creatures, our deepest hunger is one that food by itself cannot fill. In this book, Dr. MacNamara gives us the keys to transform the everyday act of feeding our children (and other loved ones) into a most fulfilling and nourishing dance of attachment. Based on developmental and relational science, qualitative research with families, counselling parents, and her own experience as a mother, in *Nourished*, MacNamara combines storytelling with science and puts food in its rightful place.

Author Bio

Dr. Deborah MacNamara is a clinical counsellor and educator with more than twenty-five years experience, and is the author of the bestselling book *Rest, Play, Grow: Making Sense of Preschoolers (or anyone who acts like one)* and *The Sorry Plane*. She is on faculty at the Neufeld Institute, operates a counselling practice, and speaks regularly about child and adolescent development to parents, childcare providers, educators, and mental health professionals. She continues to write, do radio and television interviews, and speak to the needs of children and youth based on developmental science. Deborah resides in Vancouver, Canada, with her husband and two children.

Before he retired, Dr. Gordon Neufeld had accumulated more than 40 years of...
Spark Action
How to Lead Change That Matters
by Gregg Brown

You can't change people. But you can change the world.

The pace of change has picked up and will continue to do so. The future is requiring us to get ourselves and others engaged in change rapidly. In Spark Action, internationally acclaimed speaker, entrepreneur, and advisor Gregg Brown unlocks why people aren't motivated to act on our ideas and shares insights and strategies to spark positive change in our organizations and communities.

With a 30-year career that spans the healthcare, education, non-profit, and private sectors, Brown has learned what makes people tick and how to help them take action, often in difficult circumstances. But he's the first to admit that he wasn't always so confident with change.

With interactive self-reflection activities and story-building frameworks, Brown outlines a clear pathway to lead change that begins on the inside and bridges out to impact the people, organizations, and communities around us.

Brown shares customized strategies and inspirational success stories that he has nurtured in his diverse clients - from Fortune 500s to governments to humanitarian organizations. Brown's easy-to-follow advice, paired with his signature enthusiasm and candour, will ignite your change-making mastery before you've even finished the book!

Author Bio

Gregg Brown is an entrepreneur, international speaker, and consultant on change leadership and building future-ready organizations. Over his 30-year career, he has advised Fortune 500 companies, governments, humanitarian organizations, and engaged thousands of people from the UN, NATO, the CDC, and many others. His ideas have been featured in Forbes, Newsweek, Rolling Stone, and Entrepreneur. He is the author of Ready. . . Set. . . Change Again! and The Top 10 Change Hacks. He lives in Toronto, Canada.
Speak-Up Culture
When Leaders Truly Listen, People Step Up
by Stephen Shedletzky

If you listen, they will speak

We know the impacts of poor leadership: lackluster performance, missed opportunities, deleterious cultures, and, in some cases, disaster. While these issues are all too common, leaders also possess an immense opportunity. They can create a speak-up culture, one in which people feel it is both safe and worth it to share their ideas, concerns, disagreements, and even mistakes - all for the betterment of the organization.

Speak-Up Culture is for leaders at all levels - from senior executives who believe in putting people and purpose first; to mid-level supervisors who wish to lead better and nurture the voice of their people; to aspiring leaders who want to uncover their strengths and better provide support to those in their span of care. All these leaders share a common desire to know a better way to behave as a leader. They want to operate in a team and culture where people are engaged and willingly speak up, for the success of the whole organization.

Stephen Shedletzky has focused his career on helping leaders listen to and nurture the voices of others - to foster an environment where people feel heard and that they, their opinion, and their contributions matter. Speak-Up Culture shows you how creating such an environment is the responsibility and the advantage of every leader who wants to be great at leading, and who wants to create a better version of humanity while (...) 

Author Bio

Stephen Shedletzky - or "Shed" to his friends - helps leaders make it safe and worth it for people to speak up. He supports humble leaders - those who know they are both a part of the problems they experience and the solutions they can create - as they put their people and purpose first. A sought-after speaker, coach, and advisor, Shed has led hundreds of keynote presentations, workshops, and leadership development programs around the world. As a thought-leader on psychological safety in the workplace, he works with leaders in all industries where human beings work.

After years on a corporate track, Shed was introduced to and inspired by the work of best-selling author and TED speaker Simon Sinek and, soon after meeting him, became the fourth person to join his team. For more than a decade, Shed contributed at Simon Sinek, where, as Chief of Staff and Head of Brand Experience, Training & Product Development, he led a global team
The Mirrored Door
Break Through the Hidden Barrier that Locks Successful Women in Place
by Ellen Connelly Taaffe

Unlock what’s blocking your career, and open the door to new opportunity

At some point in their careers, many women encounter the mirrored door—the place where, when presented with opportunities, we reflect inward and hesitate, deem we’re not ready or worthy enough to move forward whether that is to raise our hands or go for the next role. But there is a way to break through, and to overcome the gendered expectations that girls and women internalize over our lifetimes that create a hidden barrier that keeps us from reaching our full potential.

Drawing on research, stories from her own career, and those of her students and the mid-late career women she has coached, Professor Ellen Taaffe explains why the five perils of success - being prepared to perfection, eager to please, trying to fit the mold, pushing too hard, and patiently performing and expecting rewards to follow - get us to a certain level, and then may prevent our taking the next step in our careers as expectations rise. She offers a new, empowering framework for navigating the challenges of the workplace with more awareness and expertise.

With a firm grounding in research, Taaffe teaches us about the realities of the workplace, how it influences perceptions of women, and what we can do to overcome the distorted self-reflections that ultimately hold us back.

A former Fortune 50 senior executive turned board director and professor, Taaffe is on a mission for women to have more seats and voices at the table of workplace decisions. In The Mirrored Door, she guides us to assess ourselves and our situations realistically so that we can take charge of our career success and take the lead in our lives.

Author Bio
Ellen Taaffe is an expert in women’s corporate leadership strategies. With 25 years in Fortune 500 brand management and now on the Clinical Faculty and as Director of the Women’s Leadership Program at the Kellogg School of Management of Northwestern University, Taaffe uses her vast experience to show you how to burst through to become the best in the business of business.
Going Steady
A Toolkit for Building Your Future Together
by Jacinta Gallant and Taylor Smiley

Whether in a new relationship or continuing a longer romance, every couple can benefit from some new tools in their toolbox. This interactive workbook was created to help with the pressure of relationship perfection* and to spark connection and conversations to help relationships thrive. Going Steady invites conversations, provokes deep belly laughs, and even some "aha!" moments to help couples build a healthy (and happy) future together. Filled with fun and meaningful exercises for couples to complete, Going Steady sets couples up for success.

Author Bio

Jacinta Gallant, B.A., J.D. is a collaborative lawyer, mediator and educator. Recognized internationally for her insightful and experiential approach to managing conflict, Jacinta has been welcomed as a trainer throughout Canada, the United States, Europe, Australia and Southeast Asia. As a student and teacher of the INSIGHT APPROACH TO CONFLICT, Jacinta has transformed the way she engages with her clients, enhancing self-reflection and self-awareness through the power of curiosity. She is the principal lawyer at Waterstone Law Group, a law firm that believes people are shaped and strengthened by the challenges they face.

Taylor Smiley, B.A., J.D. is an associate lawyer at Waterstone Law Group, with a practice that focuses on family law, wills and estates. She knows that each family is unique, and is committed to helping families effectively and respectfully transition to two homes. As mother-daughter law partners, Jacinta and Taylor share a passion for understanding and helping people in conflict situations. Their innovative workbooks, OUR FAMILY IN TWO HOMES, help clients prepare to engage deeply, and productively, in family dispute resolution. Their three workbooks are being used by divorce professionals around the world, in 40 legal jurisdictions across 9 countries and in 3 languages.
The Adventures of Angus MacDonald
by Lisa Childs Hughes

Life truths from a small dog.
Meet Angus MacDonald, the world's most witty and disgruntled Scottish Terrier. Angus takes center stage in this lovely little gift book by Lisa Childs Hughes. For dog lovers everywhere, this little book illuminates what it feels like to be lost and to be found, through the moments of upset and peace that define the lives of our furry friends. Proceeds from this book will be donated to Sheba's Haven Dog Rescue, an organization in Kingston, Ontario which rescues palliative dogs with life-limiting illnesses so that they can live out their lives in a caring environment. Angus, for you babe, here's to just one more biscuit.

Author Bio

Lisa Childs Hughes is a passionate pet lover and animal advocate. The Adventures of Angus MacDonald is a composite of all the dogs she has had in her life; sweet, funny, smart, and with a tiny bit of attitude. Lisa's passion for animals has kept her involved with dog rescue organizations: Lisa was on the Board of Directors with the Kingston Humane Society and now is a fierce supporter of Sheba's Haven Dog Rescue.
A long-time health care worker, counselor, and holistic practitioner, Lisa holds an Honours from Queen's University in Kingston, and is also a Life Coach (Fowler Institute, Seattle, Washington) and practical nurse. In addition, she hosted her own radio show for two years called "Women's Word". Lisa's works include writing for health magazines, including seven years with Complete Health Magazine. She wrote editorials for The Kingston Whig Standard, and has won two CBC writing contests in Poetry. She recently moved back to her hometown of Belleville, Ontario with her current dog Tyler, a spoiled Westie.

Notes

Promotion
Author lives in Belleville Ontario, open to doing events.
A portion of the book sales are going to a pet hospice.

Pownal Street Press
On Sale: Oct 17/23
7 x 7 • 64 pages
9781738818242 • $26.95 • cl
Humor / Topic / Animals
Trailblazing Women Printmakers
Virginia Lee Burton Demetrios and the Folly Cove Designers by Elena M. Sarni

A visual history of the Folly Cove Designers (1941-1969)-one of America's longest-running block printing collectives.

The Folly Cove Designers (officially 1941-1969) was a grassroots collective of predominantly women block printers founded by Caldecott Award-winner and beloved children's book author/illustrator Virginia Lee Burton Demetrios (of Mike Mulligan and His Steam Shovel fame).

This trailblazing Gloucester, MA-based group produced more than three hundred distinct designs, which they block printed on fabric. The designs conveyed personal and regional narratives through the use of shared design principles and the compelling language of pattern. The group was propelled to international fame through commercial contracts with major retailers (F. Schumacher, Lord & Taylor, etc.), articles in leading periodicals such as Life, and participation in seminal fine craft exhibitions. Their work continues to inspire contemporary printmakers around the globe, particularly women printmakers.

As the first comprehensive history of the Folly Cove Designers, Trailblazing Women Printmakers documents and celebrates the group's tremendous success and the incredible artistry of its members. With more than 250 black-and-white and color photographs, author Elena M. Sarni explores the Folly Cove Designers' history, work, and group dynamics.

Author Bio

Elena M. Sami is a humanities-based scholar, writer, and curator. She holds a BA in English and an MA in History and Museum Studies from the University of New Hampshire. She lives in Maine with her beloved cat Leland.
Absolut Cocktails
Absolut Vodka Drinks For Every Occasion
by Absolut Vodka

Absolut Vodka Cocktails offers a collection of contemporary and classic recipes curated to enjoy at home, whether it's for a casual hang out, a summer party, a big night in, or a seasonal celebration – plus a few delicious non-alcoholic cocktails too.

Also featured is advice on how to make perfect drinks from Rico, the Absolut mixologist, who demystifies cocktail-making and offers top tips for mixing and serving. And, of course, the story of one of the most recognized brands in the world is celebrated – from how their vodka is made around one town (Ahus) in Sweden to their iconic bottle campaign that represents the longest running advertising campaign of all time.

Be part of the innovative, fun, and inclusive Absolut community and impress your guests with some simple yet stunning cocktails.

Author Bio

Absolut Vodka is the world's most famous vodka, enjoyed in 156 markets. Launched in the US in 1979, it completely redefined the premium vodka landscape, becoming synonymous with art, culture, and nightlife. Absolut became an icon in its own right with its award-winning advertising campaign. Absolut believes in progress, being open-minded and embracing diversity.
Botanical Dyes
Plant-to-Print Techniques and Tips
by Babs Behan

Botanical Dyes features recipes and top tips on everything you need to know to make your own natural dyes. The process of turning plants into print can help you reconnect with nature, find a creative outlet and develop a mindful sense of presence. It also promotes an awareness of sustainable practices and how to reduce our impact on the planet.

Extracting from and updating her book Botanical Inks, Babs talks the home crafter through everything from foraging for dyes, making mordants, creating an array of colors and then putting your new knowledge to the test through some simple projects.

With more than 10 dye recipes, clear step-by-step instructions, troubleshooting tips and explanations of what works and why, Botanical Dyes is the accessible handbook that modern makers everywhere have been waiting for.

Author Bio

Babs Behan is the founder of Botanical Inks – an artisan natural dye studio based in Bristol. Her work ranges from natural dyeing for textiles, clothing and paper products, to surface application techniques, including Shibori tie-dyeing, bundle dyeing with flowers and block printing.
Macrame Accessories
A Modern Guide to Knotting Accessories
by Fanny Zedenius

Fanny Zedenius is back and taking on the world of macrame accessories. Learn how to knot, wear, and style 23 simple projects with Macrame Accessories, from necklaces to cushions, skirts, hair accessories, a lantern, and more. Fanny will show you how to master the all the knots featured throughout this book through clear step-by-step illustrations, charts, and instructions, demystifying this ancient craft.

Discover different materials you can use beyond rope to help expand your knotting experience. Packed with stunning lifestyle photography that draws on Fanny’s signature Scandi style, this book is indispensable whether you are a beginner, or looking for new knotting challenge to tackle.

Take your craft further with Macrame Accessories, and knot stylish projects for yourself and your home.

Author Bio

Fanny Zedenius is a fiber artist and the creative mind behind the popular Instagram account Createaholic (96.9K followers). Her unique relationship with this craft has fuelled her mission to share her passion for knotting and inspire others to get creating. In response to popular demand, in 2015 Fanny opened a webshop from which she sells her designs all over the world. She hosts macrame workshops throughout Sweden where she teaches others how to master this addictive craft. She has previously published Macrame (2017) and Macrame 2 (2020)
Rainy Day Edinburgh
A Practical Guide: 100 Places to Keep Dry
by Mike MacEachran

Cozy pubs, vibrant restaurants, world-class galleries, and everything in between, Scotland's lively capital is full of incredible things to do, whatever the weather. From iconic institutions to local, under-the-radar spots, Rainy Day Edinburgh is the essential guide to 100 of the best things to do in the city when it's raining (which is a lot of the time). Whether you're looking for delicious places to eat, inspiring museums to mooch around, or bars serving up creative cocktails, this handy book has it covered.

Author Bio

Mike MacEachran is a travel journalist and guidebook author based in Edinburgh, Scotland. He holds two degrees, including a postgraduate masters in journalism, and spent seven years as the editor of travel magazines before going freelance. Mike's clients include: The Times, The Telegraph, The Guardian, National Geographic, and Monocle among others. He's written guidebooks for Lonely Planet, Rough Guides, and DK Eyewitness.
Cozy pubs, vibrant restaurants, world-class galleries and everything in between – London is full of incredible things to do, whatever the weather. From iconic institutions to local, under-the-radar spots, Rainy Day London is the essential guide to 100 of the best things to do in the city when it's raining (which is a lot of the time). Whether you're looking for delicious places to eat, inspiring museums to mooch around or bars serving up creative cocktails, this handy book has it covered.

Author Bio

Isabelle Aron is an award-winning freelance journalist and editor who writes about food, drink, travel, pop culture and the arts, as well as human interest stories. She's written for the likes of VICE, Stylist, The Independent and Cosmopolitan. She's also spent a large part of her career writing about London. She was previously Features Editor at Time Out London, where she worked for seven years. During that time, she developed an in-depth knowledge of the best things to do in the city, from the major institutions to hidden gems.
Simply Scandinavian
Cook and Eat the Easy Way, with Delicious Scandi Recipes
by Trine Hahnemann

Simply Scandinavian is a beautifully inspiring collection of easy and delicious recipes.
In a nod to the Scandinavian way of eating, the book offers over 80 unpretentious and straightforward dishes with a focus on ease of cooking and seasonality. By showing just how achievable it is to get amazing flavors out of a handful of good ingredients, Trine creates solutions for easy breakfasts, mid-week meals, and simple but impressive ways to entertain family and friends.
This is an uncomplicated and greener way to cook and eat, from an expert in Scandinavian cookery.

Author Bio

A chef and food writer, Trine Hahnemann is an enthusiastic advocate for sustainable solutions, organic sourcing and simple food cooked with love. With her great knowledge of Danish food and food culture, she writes for and appears regularly in the media in America and Britain. Trine has written several cookbooks both in her native Danish and in English, including Scandinavian Baking, Scandinavian Comfort Food, Copenhagen Food (winner of the Guild of Food Writers award for International or Regional Cookbook), and most recently Scandinavian Green.
SLICE!
30 Fabulous Pizza Recipes
by Thom Elliot and James Elliot

SLICE! is packed with over 30 recipes to make sure you finally delete your local takeout from speed dial #1. From an NY slice, to true Neapolitan pizza made in a frying pan, SLICE! offers classic and new creations, and even a sweet Nutella pizza ring!

Learn how to make the greatest Neapolitan pizza dough, the perfect San Marzano tomato topping, then grace your creation with the finest ingredients - from Double Pepperoni and Spicy Honey through Eggplant Parmigiana, from Carbonara to Capricciosa; and the fiery Burrata Diavola.

What's not to love? Go on, grab a SLICE!

Author Bio

Brothers Thom and James Elliot ditched their jobs in 2012 to go on a life-changing pilgrimage to Naples, the home of pizza, to learn how it's done from the source. Back in the UK, they set up a market stall in Soho selling pizza from the back of their trusty Ape van. Pizza Pilgrims now run 20 pizzerias (and counting) across the UK serving award winning Neapolitan pizza to thousands of people ever day.
The Little Book of Bowl Food
Simple and Nourishing Recipes in a Bowl
by Quadrille

The Little Book of Bowl Food features 40 recipes for delicious, easy-to-construct bowls of goodness.
Discover how to build your own hearty, wholesome meals in a bowl, with everything from breakfast bowls to light options, nourishing vegan dishes, and more.
With countless combinations of vegetables, grains, meat, and fish, these recipes will show you how to combine textures and colors for simple, healthy meals.
Eating well has never been so enticing - or easy.

Author Bio

Conceived and edited by Quadrille.
KoP
by A Hu

Sourcebooks
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Fiction / Romance / New Adult

Notes

Promotion
King of Greed
by Ana Huang

Book 3 in the Kings of Sin billionaire romance series.

Author Bio

Ana Huang is a USA Today, international, and #1 Amazon bestselling author. Best known for her Twisted series, she writes New Adult and contemporary romance with deliciously alpha heroes, strong heroines, and plenty of steam, angst, and swoon sprinkled in. Her books have been sold to over two dozen foreign publishers for translation and featured in outlets such as NPR, Cosmopolitan, Financial Times, and Glamour UK. A self-professed travel enthusiast, she loves incorporating beautiful destinations into her stories and will never say no to a good chai latte. When she’s not reading or writing, Ana is busy daydreaming and scouring Yelp for her next favorite restaurant.
The Graham Effect
by Elle Kennedy

The first book in the Campus Diaries series by NEW YORK TIMES bestselling author Elle Kennedy.

Author Bio

A New York Times, USA Today and Wall Street Journal bestselling author, Elle Kennedy grew up in the suburbs of Toronto, Ontario, and holds a B.A. in English from York University. From an early age, she knew she wanted to be a writer, and actively began pursuing that dream when she was a teenager. Elle writes new adult romance, romantic suspense, and erotic contemporary romance. She loves strong heroines and sexy alpha heroes, and just enough heat, humor, and danger to keep things interesting! Find out more about her at www.ellekennedy.com.
Lotus
by Jennifer Hartmann

All these years, I’ve never given my heart to anyone... The truth is, I didn’t have a heart to give. My heart was with a ghost.”
To the rest of the world, he was the little boy who went missing on the Fourth of July. But to Sydney Neville, he was everything. Her heart hasn’t been the same since her best friend disappeared, but she’s learned to build her life around that missing piece.
Twenty-two years later, the last thing Sydney expects is for Oliver Lynch to return. Having been captive underground for decades, he’s unfamiliar with the strange new world that awaits him - but he’s alive. He’s here. And no matter how he’s changed, he and Sydney both still feel the connection that runs between them.
But as their reborn friendship begins to feel like something more, Sydney and Oliver realize there are still jagged, painful truths creating space between them. The walls Sydney’s built don’t want to come down, and as Oliver hunts for his missing memories and lost time, he realizes his nightmare is not yet over.
With nothing as it seems, is there space for love to bloom in this dark place?

Author Bio

JENNIFER HARTMANN resides in northern Illinois with her devoted husband and three hooligans. When she is not writing angsty love stories, she is likely thinking about writing them. She enjoys sunsets (because mornings are hard), bike riding, traveling, binging Buffy the Vampire Slayer reruns, and that time of day when coffee gets replaced by wine. Jennifer is a wedding photographer with her husband. She is also excellent at making puns and finding inappropriate humor in mundane situations. She loves tacos. She also really, really wants to pet your dog.
June First
by Jennifer Hartmann

Want to know what happens to a man who barely claws his way out of a tragedy, only to fall right into the arms of the one girl in the world he isn't allowed to love? Another tragedy, that's what.

When Brant was six years old, his father made a choice that altered the course of his entire life. Because of what he did, the only girl Brant ever loved became the only girl he couldn't have.

Though in a lot of ways, he did have her . . .

He had her first steps, her first words, her first smile. He had her milestones, her heartbreaks, her dreams. He had her heart so woven in with his, he didn't know where she ended, and he began. Only, as the years pressed on, lines became blurred - and the blurrier the line, the easier it is to cross.

They say tragedy comes in threes. For Brant, that was true. The first one changed him, the second one broke him, and the third one healed him. But at the center of all that tragedy, there is a love story.

And at the center of that love story, there is June.
From award-winning author Kennedy Ryan comes the steamy, powerful second installment of the HOOPS trilogy.

If Jared Foster had a dollar for every time Banner Morales made his heart skip a beat - the heart everyone assumes is frozen over - he'd be richer than he already is. He's found success as a sports agent by always assuming no" means "I'll think about it." And he knows Banner's thinking about him. Her simmering anger? The way she puts him in his place? Foreplay. She thinks she's won the game, but they're just getting started.

If Banner had a dollar for every time Jared broke her heart, she'd have exactly one dollar. One epic failure of a night. After parting on such bad terms, Banner has no intention of ever giving Jared a second chance. She's found success in a field ruled by men like him. She's learned to call the shots and block them when she has to.

So she'll ignore the way he makes her heart pound. Sure, he seems carved from her most private fantasies, but she can get past that.

She's got her one dollar, and Jared won't have her.

**Author Bio**

A RITA® and Audie® Award winner, USA TODAY bestselling author Kennedy Ryan writes for women from all walks of life, empowering them and placing them firmly at the center of each story and in charge of their own destinies. Her heroes respect, cherish, and lose their minds for the women who capture their hearts. Kennedy and her writings have been featured in Chicken Soup for the Soul, USA TODAY, ENTERTAINMENT WEEKLY, GLAMOUR, COSMOPOLITAN, TIME, O magazine, and many others. She is a wife to her lifetime lover and mother to an extraordinary son.
Hook Shot
by Kennedy Ryan

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Broken Knight
by L.J. Shen

Not all love stories are written the same way. Theirs has torn chapters, missing paragraphs, and a bittersweet ending.
Luna Rexroth is everyone’s favorite wallflower. Sweet. Caring. Charitable. Quiet. But it’s not real. Underneath the meek tomboy exterior is a girl who knows exactly what - and who - she wants. Namely, the boy from the treehouse who taught her how to curse in sign language. Who taught her to laugh and to love, shielding her from the world when her mother abandoned her.
Except Luna is not the young, defenseless girl she used to be. And she doesn’t need his protection anymore.
Knight Cole is everyone’s favorite football hero. Gorgeous. Athletic. Rugged. Popular. But that’s not real, either. Beneath the daredevil, hell-raising mask, he’s fighting his own silent battles. And while it might seem like he could knock a girl up with his gaze alone, he’s only ever had eyes for the girl across the street: Luna.
When life throws a curveball at All Saints’ golden boy, he’s forced to realize not all knights are heroes, and sometimes, the only way love can flourish is if two people learn to grow apart before they can grow back together.
But by the time they both learn that lesson, their forever might be too broken to repair.

Author Bio

L.J. Shen is a USA Today, WSJ, Washington Post and #1 Amazon Kindle Store bestselling author of contemporary romance books. She writes angsty books, unredeemable anti-heroes who are in Elon Musk’s tax bracket, and sassy heroines who bring them to their knees (for more reasons than one). HEAs and groveling are guaranteed. She lives in Florida with her husband, three sons, and a disturbingly active imagination.
Angry God
by L.J. Shen

He's been told that good girls like bad boys... and he's as bad as they come. They call Vaughn Spencer an angry god, but to Lenora Astalis, he is nothing but a heartless prince. His parents rule this town, its police, every citizen and boutique on Main Street - and all Lenora owns is the grudge against him for the time he almost killed her. Not to mention that between hooking up with a different girl every weekend, breaking hearts and noses and rules alike, Vaughn still finds the time to give Lenora hell during their senior year. She fights back tooth and nail... but she never expects him to chase her across the ocean for an art program after graduation.

Now, here they are, living together in a dark, looming castle on the outskirts of London. He's a fellow intern. A prodigal sculptor. A dangerous genius. Everyone says that Carlisle Castle is haunted, and Lenora thinks they're right. After all, the castle now hides Lenora and Vaughn's most ghastly secrets, and their paths begin to intertwine in ways they never could have imagined. Vaughn thinks he can kill the ghosts of his past, but he doesn't realize he's slaying Lenora's heart along the way - and some wounds never heal. She may know his secret... but now he knows her weakness.

Author Bio

L.J. Shen is a USA Today, WSJ, Washington Post and #1 Amazon Kindle Store bestselling author of contemporary romance books. She writes angsty books, unredeemable anti-heroes who are in Elon Musk's tax bracket, and sassy heroines who bring them to their knees (for more reasons than one). HEAs and groveling are guaranteed. She lives in Florida with her husband, three sons, and a disturbingly active imagination.
Love Redesigned
by Lauren Asher

The first book in a spin-off of the Dreamland Billionaire series.

Author Bio

Plagued with an overactive imagination, Lauren spends her free time reading and writing. Her dream is to travel to all the places she writes about. She enjoys writing about flawed yet relatable characters you can't help loving. She likes sharing fast-paced stories with angst, steam, and the emotional spectrum.
Her extra-curricular activities include watching YouTube, binging old episodes of Parks and Rec, and searching Yelp for new restaurants before choosing her trusted favorite. She works best after her morning coffee and will never deny a nap.
**Mr. Fixer Upper**

by Lucy Score

From the NEW YORK TIMES and USA TODAY bestselling author of THINGS WE NEVER GOT OVER

HE STARTED TO WORK THE LACES OF HIS BOOTS LOOSE. TOEING THEM OFF, HE TUGGED HIS T-SHIRT OVER HIS HEAD.

OH MY GOD. WHAT ARE YOU DOING?” PAIGE'S VOICE BARELY ROSE ABOVE THE SPRAY FROM THE SHOWERHEAD.

"I'M WASHING YOUR DAMN HAIR."

It’s a constant battle on set between sexy home renovation reality star grumpy Gannon and his no-nonsense field producer. Paige has zero time for temperamental talent, especially one who acts like being in front of the camera is the last thing he wants.

Mr. Sex in a Toolbelt has made it his mission in life to get a rise out of her, but Paige is a master at locking down her temper. They’re on the road together working long hours fixing houses and changing lives. When cracks in her legendary coolness start to show and sparks fly, Gannon is infatuated and the cameras are there to capture it.

But he's fallen for pretty packages before and Paige won't be taken seriously if she's caught sleeping with the star of her show. She also can’t seem to resist those big, rough hands. Those smoldering hazel eyes. The dimples. The toolbelt. That fiercely protective vibe.

Too bad it's all about to fall apart.

She never should have trusted him.

He never should have let her go.

AUTHOR'S NOTE: A PROTECTIVE GRUMPY HERO, A NOT EASILY IMPRESSED HEROINE, THE WORST HUMAN BEING ON TV EVER, A GRAND GESTURE SO BIG YOU’LL NEED A BOX OF TISSUES, AND THAT SHOWER SCENE.

**Author Bio**

Lucy Score is a NEW YORK TIMES, USA TODAY and WALL STREET JOURNAL bestselling author. She grew up in a literary family who insisted that the dinner table was for reading and earned a degree in journalism. She writes full-time from the Pennsylvania home she and Mr. Lucy share with their obnoxious cat, Cleo. When not spending hours crafting heartbreaker heroes and kick-ass heroines, Lucy can be found on the couch, in the kitchen, or at the gym. She hopes to someday write from a sailboat, oceanfront condo, or tropical island with reliable Wi-Fi.
The Christmas Fix
by Lucy Score

From the NEW YORK TIMES and USA TODAY bestselling author of THINGS WE NEVER GOT OVER
SHE'LL SAVE CHRISTMAS JUST TO SPITE HIM. . .
There's only one thing standing in the way of Cat King saving a small town's Christmas festival: Grumpy town manager Noah Yates.
Single dad Noah takes his responsibilities seriously. When a late season hurricane turns Merry, Connecticut, into a disaster, he's left scrambling to pick up the pieces of the town he loves.
At least, until home renovation expert and smoking hot reality TV star Catalina King arrives with a camera crew and a budget big enough to put the town back together again. But Noah doesn't want a celebrity diva capitalizing on their tragedy or filling his daughter's head with visions of glitz and glam.
Blonde bombshell Cat is used to being underestimated, but Noah has an uncanny knack for getting under her skin. They can't be in a room together without rubbing each other the wrong way. . . except that time in the dark alley where the rubbing was just right. Can these enemies work together to pull off a Christmas miracle or will their fighting leave them both on the naughty list?

AUTHOR'S NOTE: THESE ENEMIES-TO-LOVERS DELIVER THE HOLIDAY FEELS WITH A DIRTY-TALKING HERO, BALLSY BLONDE WHO NEVER BACKS DOWN, STEAMY HOT BREAK-THE-DINING-ROOM-TABLE SEXY TIMES, AND A SMALL TOWN THAT STILL BELIEVES IN THE MAGIC OF CHRISTMAS.

Author Bio

Lucy Score is a NEW YORK TIMES, USA TODAY and WALL STREET JOURNAL bestselling author. She grew up in a literary family who insisted that the dinner table was for reading and earned a degree in journalism. She writes full-time from the Pennsylvania home she and Mr. Lucy share with their obnoxious cat, Cleo. When not spending hours crafting heartbreaker heroes and kick-ass heroines, Lucy can be found on the couch, in the kitchen, or at the gym. She hopes to someday write from a sailboat, oceanfront condo, or tropical island with reliable Wi-Fi.
The Worst Best Man
by Lucy Score

From the NEW YORK TIMES and USA TODAY bestselling author of THINGS WE NEVER GOT OVER

NEWSFLASH. YOU DON'T BUY ME. A$#%^*E. YOU EARN ME.


But Maid of Honor Franchesca takes her duties seriously. Kidnapped groom? She's got this. Rude attendees? You just watch her handle them. So a Best Man with a big attitude and an even bigger... checkbook? Yeah, there's no way she's going to let that pretentious, judgmental jackhole ruin her best friend's wedding. No matter how sexy he is. (Well, that's the plan anyway...)

Aiden Kilbourn doesn't do long-term relationships. He's busy ruling the business world, and has yet to find a woman he can tolerate for longer than a month, two at the outside, anyway. Conquering the unconquerable is basically his bread and butter. And he hasn't met a challenge that he can't win. But Franchesca Baranski? This smart-mouthed girl from Brooklyn may just be his downfall.

Author Bio

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Riley Thorn and the Dead Guy Next Door
by Lucy Score

From the NEW YORK TIMES and USA TODAY bestselling author of THINGS WE NEVER GOT OVER
A NICE, NORMAL LIFE. IS THAT TOO MUCH TO ASK? FOR RILEY THORN IT IS.
Divorced. Broke. Living with a pack of elderly roommates. And those hallucinations she's diligently ignoring? Her tarot card-dealing mom is convinced they're clairvoyant visions.
Just when things can't get worse, a so-hot-it-should-be-illegal private investigator shows up on her doorstep looking for a neighbor. . . who turns up murdered.
Nick Santiago doesn't play well with others. Unless the others* are of the female persuasion. Wink. He's a rebel, a black sheep, a man who prefers a buffet of options to being stuck with the same entree every night, if you catch his drift.
When the pretty, possibly psychic Riley lands at the top of the list of suspects, Nick volunteers to find out whodunit. Only because he likes solving mysteries not because he wants to flex his heroic muscles for the damsel in distress. All they have to do is figure out who pulled the trigger, keep the by-the-book detective with a grudge at bay, and deal with a stranger claiming he was sent to help Riley hone her psychic gifts. All before the killer discovers she's a loose end that requires snipping.

Author Bio

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A Not So Meet Cute
by Meghan Quinn

From USA Today bestselling author Meghan Quinn comes a brand new romantic comedy about a desperate billionaire seeking to find a fiancee. This modern day take on Pretty Woman is brilliantly clever and hilariously page-turning.

Author Bio

#1 Amazon and USA Today Bestselling Author, wife, adoptive mother, and peanut butter lover. Author of romantic comedies and contemporary romance, Meghan Quinn brings readers the perfect combination of heart, humor, and heat in every book.
So Not Meant to Be
by Meghan Quinn

From USA Today and Amazon Charts bestselling author Meghan Quinn, comes a fresh take on a romantic comedy classic, When Harry Met Sally. This steamy, laugh-out-loud, enemies to lovers romance is about an annoyingly handsome coworker and the woman who refuses to be charmed by him.

Author Bio

Author, wife, adoptive mother, and peanut butter lover. Author of romantic comedies and contemporary romance, Meghan Quinn brings readers the perfect combination of heart, humor, and heat in every book.
Your Fault
by Mercedes Ron

Author Bio

Mercedes Ron always dreamed of writing. She began by publishing her first stories on Wattpad, where more than 50 million readers were hooked on her books, and made the leap to bookstores in 2017 with Montena's imprint, launching the Culpables saga, a publishing phenomenon that has been translated into more than ten languages and will have its own movie adaptation by Amazon Prime. Her success was followed by the sagas Enfrentados (Ivory and Ebony) and Dimelo (Tell Me Softly, Tell Me Secretly, Tell Me with Kisses), which consolidated the author as a benchmark in youth romantic literature with more than a million copies sold.
Becoming Calder
by Mia Sheridan

The first book in the Acadia Duology, a forbidden friends-to-lovers romance, from the NEW YORK TIMES bestselling author of ARCHER'S VOICE. The light of love has always found its way into even the darkest of places, from the beginning of time to the end of the world.

There is a place in today's America with no electricity, no plumbing, and no modern conveniences. In this place, there is no room for dreams, no space for self-expression, and no tolerance for ambition.

In the community of Acadia lives a boy named Calder with the body of a god and the heart of a warrior. He serves his family with faith and honor, but he dares to dream of more... especially when an angel-faced girl his age is brought to their community. To Acadia, Eden is obedient perfection, prophesized to lead them to eternal peace, but to Calder, even at first glance, she is so much more.

Calder and Eden were never meant to be friends. Certainly never meant to fall in love. After all, Eden is betrothed to Acadia's leader, secluded until the day of her destiny. But as she and Calder steal fleeting moments and forbidden kisses, their hearts grow dangerously tangled, and it's too late to heed the warnings.

In Acadia, they can never be together. But Acadia is all they know. If they want any chance at a future, they must risk everything to choose between the life they were taught to live and the dream their hearts want to follow.
Finding Eden
by Mia Sheridan

The second book in the Acadia Duology, a forbidden friends-to-lovers romance, from the NEW YORK TIMES bestselling author of ARCHER'S VOICE.

When the world as you know it has ended, when all that you love has been washed away, where do you find strength?

Calder and Eden are free from the stifling grasp of Acadia, but the new world they've stepped into is just as isolating. Each convinced the other died in the flood that decimated their community, they're forced into modern life, hearts broken, futures unclear. After all they sacrificed to be together, a life without one another, forever haunted by grief and memories, seems impossible to bear.

But they do bear it. They survive. And when they meet by chance years later, happiness, for once, finally seems within their grasp.

Still, the past is a bright, burning pain between them, and Calder and Eden cannot truly move on until they lay it to rest. With Acadia's story forced into the public eye and dangerous questions mounting, the two must untangle the truths of the life they came from to discover who they are and who they might become together.

Only, what they discover might drown them for good.
A Touch of Chaos
by Scarlett St. Clair

The world will burn in the final installment of Scarlett St. Clair’s bestselling Hades X Persephone saga.

The gods are at war, the Titans have been released, and Hades and Persephone must fight tooth and nail for their happy ending. Persephone, Goddess of Spring, never guessed that a chance encounter with Hades, God of the Underworld, would change her life forever - but he did. Now embroiled in a fight for humanity and battles between the gods, Persephone and Hades have entered a world they never thought they would see. To end the chaos, Persephone must draw upon her darkness and embrace who she's become - goddess, wife, queen of the Underworld. Once, Persephone made bargains to save those she loves. Now, she will go to war for them.

Author Bio

USA Today bestselling author Scarlett St. Clair is a citizen of the Muscogee Nation and the author of the Hades X Persephone series, the Hades Saga, the Adrian X Isolde series, fairytale retellings, and When Stars Come Out. She has a master’s degree in library science and information studies and a bachelor's in English writing. She is obsessed with Greek mythology, murder mysteries, and the afterlife. For information on books, tour dates, and content, please visit scarlettstclair.com.
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There Are No Saints
by Sophie Lark

She knows he's no saint, but she has no idea she's dancing with the devil. Cole Blackwell values control. He's the hottest sculptor in San Francisco - wealthy, successful, and respected. His only weakness is the dark impulse he carefully conceals. In truth, he's not just an artist: he's a predator, and the city is his hunting ground.

Mara Eldritch is a nobody. Broke and damaged, she works three jobs while creating paintings no one will ever see. When a chance encounter throws Mara into Cole's path, her escape from certain death fascinates Cole. More than that - it fixates him.

He begins stalking her, discovering there's more to the struggling misfit than he would have guessed. She makes him feel things he never thought he could feel. Want things he thought he'd never want. He doesn't know if he should protect her at all costs or destroy her before she ruins him. He's losing control, breaking the rules that have kept his true nature hidden from the world.

Mara knows he's dangerous, but Cole is the only person who's ever recognized her talent, and it leads her heart astray, straight into the dark. Cole can teach her to get what she wants. . . but what might this vicious killer want in return?

Author Bio

Sophie Lark writes intelligent and powerful characters who are allowed to be flawed. She lives in the mountain west with her husband and three children.
There Is No Devil
by Sophie Lark

Just because he couldn't kill her doesn't mean his enemy won't. Cole and Mara's relationship has grown to consume them both. Cole, sculptor and killer, finds himself adrift in a depth of feeling he's never known, while Mara, unafraid of his darkness, is blossoming into a successful artist, shaking off the trauma of her youth to finally chase success. For the first time in both their lives, they might actually be... happy.
But the past has a long shadow. Alastor Shaw is the Beast of the Bay, a frenzy-killer who once hoped to share his hunting ground with Cole. They never chased the same prey... until the night they both laid eyes on Mara Eldritch. And now, when Shaw realizes the cold-hearted Cole has fallen in love with the girl they once targeted, he plans to destroy him, using Mara as his weapon and pawn. Cole will do anything to protect Mara, including making her strong enough to protect herself. And soon, he finds himself tempting her deeper and deeper into the depths of violence she never thought she'd commit. Shaw's hunt won't stop. Neither will Cole's love. When the time comes for Mara to act, will she be ready to do what needs to be done?

Author Bio
Sophie Lark writes intelligent and powerful characters who are allowed to be flawed. She lives in the mountain west with her husband and three children.
Savage Lover
by Sophie Lark

Two people convinced they're unworthy of love. . . until they meet each other. Camille Rivera is drowning. Her father's sick, her brother's in deep with a dirty cop, and her mechanic shop is failing. She's growing desperate, trying to keep her world afloat in whatever way she can.

Nero Gallo is the neighborhood hazard. A mess-maker. A walking disaster. Camille has watched him burn through every girl in a ten-mile radius, as vicious as he is gorgeous, breaking hearts and never, ever getting attached. Which is why she can't believe it when Nero unexpectedly saves her from a risky situation. They've lived next to each other their whole lives, yet she's only ever known him as sin made flesh. Is it possible she didn't really know him at all?

They aren't friends. They aren't allies. But Nero is the only chance Camille has, and she'll have to trust there's more to him beneath the savage surface. Except trust is a dangerous thing to give. And Camille is about to learn the only thing more dangerous than trusting Nero is falling for him.

Author Bio

Sophie Lark writes intelligent and powerful characters who are allowed to be flawed. She lives in the mountain west with her husband and three children.
Bloody Heart
by Sophie Lark

When you get a second chance, you don't wait for a third... Simone Solomon lives in a gilded cage. She's been raised to wealth, privilege, and above all, obedience. But one night, on her way to another tedious gala in the back of a limousine, Simone is abducted by a mafioso who intended to steal a car, not a girl... and everything changes.

Dante Gallo looks like a beast and behaves like one, too - until he lays eyes on Simone in the rearview mirror and falls hard and fast for his accidental hostage. Their attraction is irresistible, even if it's completely wrong. They're willing to risk everything for each other, but with one disastrous move, they're split apart again.

After nine years of ignoring Simone's perfect face on billboards and magazines, Dante thinks he's finally moved on... but then he sees her in the flesh. He hasn't forgotten. Neither has she. And now, fate has granted them a chance to reconnect.

But Simone has a secret. A mistake she fears even a beast like Dante will never forgive her for.

Perhaps what fate has really given them is the chance to make each other's hearts bleed all over again.

Author Bio

Sophie Lark writes intelligent and powerful characters who are allowed to be flawed. She lives in the mountain west with her husband and three children.
Sourcebooks
Strict On Sale: Dec 19/23
5.5 x 8.25
9781728294223 • $26.99 • pb
Fiction / Romance / Contemporary

Notes

Promotion
Slow Down, Take a Nap
A Celebration of the Siesta
by duopress labs and Marina Oliveira

There’s a lot of love for napping, and a lot of science that supports it, but . . . it has a bit of a bad reputation, even though it’s an important part of many cultures! So instead of celebrating them, they're a secret obsession for many work-from-homers or corporate (under-desk) nappers. But naps don't have to be stigmatized any longer! Slow Down, Take a Nap will reclaim the siesta as self-care, in a funny, quirky, and sweetly illustrated way.

Packed with content ranging from the serious and data-driven to the hilarious and entertaining, SLOW DOWN, TAKE A NAP includes quotes (Think what a better world it would be if we all, the whole world, had cookies and milk about three o'clock every afternoon and then lay down on our blankets for a nap. - Barbara Jordan*), definitions (What is sleep inertia anyway?), fun facts, flow charts, illustrated scenes, profiles of great nappers in history, and more.

Author Bio

duopress labs creates innovative books and gifts for children and adults. Recent titles include the TummyTime®, Terra Babies, SmartFlash(TM), Pop Out, and High-Contrast series; The Belly Sticker Book; 100 Pablo Picassos; My Fridge; and A Good Deck.

Marina Oliveira is the artist and designer behind the design brand Cottonflower Studio. With a degree in architecture from Northeastern University and more than 10 years in aircraft interior design, Marina has found herself designing patterns and illustrations of all sorts. She has collaborated with companies such as Publix, Camelot Fabrics, Note Card Cafe, Prima Designs, Blueberry Pets, Uppercasemagazine, Pictura Cards, FabFitFun, and Flowmagazine. She currently lives in Brazil with her husband, her son, two cats, and a dog. You can find her work at CottonflowerStudio.com or on Instagram@cottonflowerstudio.
Dangerous Women
by Mark de Castrique

In a case deciding the future of clean energy, everything hinges on how the chief justice of Supreme Court will lean. DANGEROUS WOMEN stirs up the perfect cocktail of ingenious spy-craft and political intrigue of Thomas Perry's THE OLD MAN brightened with the charming, uncanny energy of KILLERS OF A CERTAIN AGE. This urgent, cleverly plotted high stakes thriller is set in motion by botched attack on two law clerks leaving one dead and the other in a coma. The ensuing cover up leaves a string of bodies and too many players at cross-purposes. It also leaves Chief Justice Clarissa Baxter with a target on her back.

We'll need an off the grid hero with friends in high places: enter retired FBI agent-turned-boardinghouse landlady, Ethel Fiona Crestwater (legend) and her double-first-cousin-twice-removed Jesse Cooper (sidekick). Although in her mid-seventies, Ethel is no bumbling amateur sleuth; she's a seasoned pro with razor-sharp instincts and Bond-worthy skills. College-aged Jesse brings tech savvy and boundless enthusiasm, along with an innate talent for intrigue. Together, the unlikely duo will face malicious back-stabbing political sycophants, conniving lobbyists, and a motivated assassin bent on removing the Chief Justice from the equation - along with Ethel, who stands defiantly between the hitman and his payday.

Author Bio

Mark de Castrique grew up in the mountains of western North Carolina where many of his novels are set. He's a veteran of the television and film production industry, has served as an adjunct professor at the University of North Carolina at Charlotte teaching The American Mystery, and he's a frequent speaker and workshop leader. He and his wife, Linda, live in Charlotte, North Carolina. www.markdecastrique.com
Buddy Steel's maverick behavior as a police officer has won his commander's respect and a promotion to LAPD homicide detective. Almost immediately, he is asked to join a task force working to bust a major meth shipment to LA from Mexico. One of the two undercover agents on the case has gotten himself killed by the Mexican cartel but not before spilling that a female agent is deeply enmeshed within their organization. The agent in question - Kara Machado - barely learns that her true identity may soon be exposed to the cartel when she is whisked abruptly to their family compound in Mexico, cut off from any communication with the outside world.

But Buddy has personal history with Kara, and he's determined to bring her home safely. Enlisting the aid of three friends from his military days and working through back channels, Buddy launches an off-the-books foreign invasion to find not only Kara but also the storage location of the drugs bound for LA. With the odds and time against them, Buddy and his team know it will take a miracle to accomplish either objective - and another to get them all out alive.

Author Bio

Michael Brandman is the author of three Jesse Stone novels, each based on characters created by Robert B. Parker, all on the New York Times Best Sellers list.

With his longtime partner, Tom Selleck, he produced and co-wrote nine Jesse Stone movies and three Westerns.

His and Emanuel Azenberg's production of Tom Stoppard's Rosencrantz & Guildenstern Are Dead won the Venice Film Festival's Golden Lion Award for Best Picture.

He has produced more than forty motion pictures including films written by Arthur Miller, Stephen Sondheim, Neil Simon, David Mamet, Horton Foote, Wendy Wasserstein; David Hare, and Athol Fugard.

He is the father of two sons and lives in Los Angeles with his wife, the actress Joanna Miles.
If you pay enough for a lie, does it become the truth?

When a helicopter crashes through the skylight of the Asian Art Museum, an audacious heist turns into a tragedy. The only witness to the crash is eleven year-old Grace, who watches in horror as her uncle is killed and a priceless statue stolen. Spotted by the thieves, Grace flees into the night and seeks refuge in the back alleys of San Francisco’s Chinatown.

Hunted and alone, she is found by Sally Mei, a former assassin and self-appointed guardian of Chinatown. She enlists her erstwhile partner Cape Weathers, private detective and professional troublemaker, to find whoever is behind the museum robbery before they find Grace.

Author Bio

TIM MALEENY is the bestselling author of the award-winning Cape Weathers mysteries and the comedic thriller JUMP, which The Boston Globe called “hilarious” and Publishers Weekly described as “a perfectly blended cocktail of escapism.” His short fiction appears in several major anthologies and has won the prestigious Macavity Award for best story of the year. A former resident of San Francisco, Tim currently lives and writes at an undisclosed location in New York City, where he is working on his next novel, a screenplay, and a book for young readers.

You can contact Tim or find out more about his writing at: timmaleeny.com
A WAR IS BREWING IN NEW YORK CITY, AND NOBODY CAN STOP IT. It's summer in New York City, and a sweltering heat wave stifles the area. The entire city is on edge. Tensions between the Hasidic and Black communities of New York have been steadily escalating since a tragic incident a few weeks ago left a Black teenager dead. Then, two rabbis are killed in a gruesome attack at their synagogue. Meanwhile, FBI agent Janet Maclin has dreams of finally being appointed the FBI's first female director, when she is diagnosed with stage IV cancer and given four months to live. While keeping her illness a secret, she is assigned to help NYPD detectives Quincy Cavanaugh and Phee Freeman solve the case of the murdered rabbis as more hate crimes threaten a city on the brink. As the body count mounts, time is running out for Maclin in more ways than one. Also in the Martyr Maker series:
LAWS OF DEPRAVITY
LAWS OF WRATH

Author Bio
ERIQ LA SALLE is an actor, director, producer, and author best known to worldwide television audiences for his portrayal of the commanding Dr. Peter Benton in the award-winning, critically acclaimed medical drama, E.R. He was raised in Hartford, Connecticut, and educated at Juilliard and NYU's Tisch School of the Arts.
Let Him In
by William Friend

Daddy, there’s a man in our room. . . 
Alfie wakes one night to find his twin daughters at the foot of his bed, claiming there’s a shadowy figure in their bedroom. When no such thing can be found, he assumes the girls had a nightmare. He isn’t surprised that they’re troubled. Grief has made its home at Hart House: nine months ago, the twins’ mother Pippa died unexpectedly, leaving Alfie to raise them alone. And now, when the girls mention a new imaginary friend, it seems like a harmless coping mechanism. But the situation quickly develops into something more insidious. The girls set an extra place for him at the table. They whisper to him. They say he’s going to take them away. . . 
Alfie calls upon Julia - Pippa’s sister and a psychiatrist - to oust the malignant tenant from their lives. But as Alfie himself is haunted by visions and someone watches him at night, he begins to question the true character of the force that has poisoned his daughters’ minds, with dark and violent consequences. Whatever this “friend” is, he doesn’t want to leave. Alfie will have to confront his own shameful secrets, the dark past of Hart House, and even the bounds of reality - or risk taking part in an unspeakable tragedy.

Author Bio

WILL FRIEND works as a Hansard reporter for the House of Commons. He lives in Hertfordshire with his partner. This is his debut.
Murder in Williamstown
by Kerry Greenwood

The Honourable Miss Phryne Fisher is up to her elegant eyebrows in mystery once again!

Awakening unusually early one morning, Phryne Fisher finds herself with a rare stretch of free time to fill. After dropping her daughters off for their school-sponsored charity work at the Blind Institute, she visits a university professor whose acquaintance she’d made - and admired - on a prior case. At lunch, the smitten professor invites Phryne to dine at his home in Williamstown later that week.

Bookending her pleasant dinner with her new friend Jeoffrey, Phryne makes two disturbing discoveries: first, a discarded opium pipe in the park, and later the body of a Chinese man on the beach - cause of death not apparent, yet ultimately ruled a homicide. Shortly thereafter, the teenaged sister-in-law of Phryne's longtime lover Lin Chung disappears from her home. But when one of Jeoffrey's colleagues is murdered in front of a houseful of guests at a Chinese-themed party he is hosting, Phryne can’t help but wonder - are the incidents all related somehow? And who on earth has been leaving notes in her letterbox, warning her to REPENT and that "THE WAGES OF SIN IS DEATH" - ?

In addition to the formidable and fashionable Phryne, this clever mystery once again features Phryne's three wards with their own mysteries to solve: Ruth and Jane, tracking an embezzler at the Institute, and Tinker, whose help Phryne enlists to uncover the author of the threatening missives.

Notes

Promotion

Author Bio

Kerry Greenwood was born in the Melbourne suburb of Footscray and after wandering far and wide, she returned to live there. She has degrees in English and Law from Melbourne University and was admitted to the legal profession on the 1st April 1982, a day which she finds both soothing and significant. Kerry has written three series, a number of plays, including The Troubadours with Stephen D'Arcy, is an award-winning children's writer and has edited and contributed to several anthologies. The Phryne Fisher series (pronounced Fry-knee, to rhyme with briny) began in 1989 with Cocaine Blues which was a great success. Kerry has written twenty books in this series with no sign yet of Miss Fisher hanging up her pearl-handled pistol. Kerry says that as long as people want to read them, she can keep writing them. In 2003 Kerry won the Lifetime Achievement Award from the Australian Association.
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Murder on the Christmas Express
by Alexandra Benedict

All aboard, but beware! Passengers who sleep on this train may never wake up.
In the early hours of Christmas Eve, the sleeper train from London to the Highlands derails, along with the festive plans of its travelers. With the train buried in snow in the middle of nowhere, the passengers have only each other, and not all of them will reach their holiday celebrations.
As a killer tries to pick passengers off one by one, former Met Detective Roz Parker can’t resist one last investigation, but murder in a locked room is a formidable puzzle for even the most seasoned investigator. As accusations begin to fly, the group of travelers fractures and unexpected alliances form. Can Roz find the culprit before anyone else is lost?

Author Bio

Alexandra Benedict studied English at Cambridge and creative writing at Sussex. As A.K. Benedict, she published the critically acclaimed THE BEAUTY OF MURDER and THE EVIDENCE OF GHOSTS. She has composed film and television soundtracks and performed as a musician before becoming a full-time writer in 2012.
No Child of Mine
by Nichelle Giraldes

There's something in the dark. And it's starting to whisper. . .
Essie Singh has defined herself by her ambitions, a fiercely independent woman whose only soft spot is her husband, Sanjay. She never imagined herself as a mother. It was never a part of the plan. But then she finds out she's pregnant. As her difficult pregnancy transforms her body and life into something she barely recognizes, her husband spends the nights pacing in the attic, slowly becoming a stranger, and the house begins to whisper.
As Essie's pregnancy progresses, both her and Sanjay's lives are warped by a curse that has haunted her family for generations, leaving a string of fatherless daughters in its wake. When she's put on bedrest, Essie trades the last aspects of her carefully planned life for isolation in what should be a welcoming home, but she isn't alone. There's something here that means to take everything from her. . .

A haunting and eerie melody of love and loss, NO CHILD OF MINE . . . will claw at your heartstrings and chill your spine. This book will settle deep into your bones and stay there - I highly recommend it.

NO CHILD OF MINE is hauntingly powerful, equal parts a ghost story and a tale of what we are prepared to do for love.

Author Bio

A lifelong book lover, Nichelle Giraldes writes female-centered horror. She earned her BA from Colorado College where she studied in religion and mathematics. She currently lives in Colorado, where she teaches math to middle and high school students.
Rumors of Her Death
by J M Donellan

In this kaleidoscopic psychological thriller, a man haunted by his girlfriend's suicide dons a revolving door of identities in a futile attempt to outrun his past. The most dangerous lies are the ones we tell ourselves.

When the man calling himself Archie Leach begins spotting his dead lover at random locations around the city, he must finally stop running and face the truth - which may not be quite as he's remembered all these years. An American living in Australia, Archie's had so many aliases that when he wakes up handcuffed to a hospital bed, he almost forgets which one he's supposed to use. With his delivery job derailed by a brief and inconvenient death, he's earned the wrath of his underworld boss, landing him an exorbitant repayment plan and the commandeering of his apartment for everything from corpse storage to Tuesday night yoga class.

While recovering from his injuries, Archie is roped into dog-sitting for his new neighbor, Nisha, and a reluctant friendship ensues. She introduces Archie to the strange world of the Orrery, a nine-story mecca of surreal hedonism whose ninth level promises to hold the answers they're both seeking. But Nisha has spun plenty of her own deceptions, as Archie realizes too late. At this rate, they may both end up dead without ever knowing who's been fooling whom.

Author Bio

J.M. Donellan is a writer, musician, poet, radio DJ and teacher. He was almost devoured by a tiger in the jungles of Malaysia, nearly died of a lung collapse in the Nepalese Himalayas, fended off a pack of rabid dogs with a guitar in the mountains of India and was sexually harassed by a half-naked man whilst standing next to Oscar Wilde's grave in Paris. His other published works include A Beginner’s Guide to Dying in India, Zeb and the Great Ruckus and the poetry collection Stendhal Syndrome. He has performed at the Sydney Opera House, TEDx, Sydney Writers' Festival, numerous bars, basements and not-quite-legal warehouse parties.
The "Canary" Murder Case
by S.S. Van Dine, edited by Leslie S. Klinger

Nightclub singer Margaret Odell, the famous Broadway beauty and ex-Follies girl known as "The Canary", is found murdered in her ransacked apartment, her jewelry stolen. It appears at first to be a robbery gone wrong, but the police can find no physical evidence to pinpoint a culprit. No one witnessed anyone entering or leaving, and the only unwatched entrance to the apartment building was bolted from the inside.

Who could have killed the Canary in her locked cage? The victim was seeing a number of men, ranging from a high society gentleman to ruthless gangsters, and more than one man visited her apartment on the night she died. When the D.A. is stumped, he turns to his friend Philo Vance, an erudite and snobbish aristocrat, who applies his brilliant observations of human nature during a poker game with the suspects to determine who in fact knocked the Canary from her perch - permanently.

Author Bio

S. S. VAN DINE is the pseudonym used by American art critic Willard Huntington Wright when he wrote detective fiction. He began his writing career as the literary editor of the Los Angeles Times, but also worked for a New York literary magazine. In 1926 he published a seminal essay on the history, traditions, and conventions of detective fiction as an art form and within two years and three mysteries, he was one of the best-selling authors in the United States. His title The Canary Murder Case was made into a film starring William Powell and Louise Brooks.

LESLIE S. KLINGER is the two-time Edgar® winning editor of New Annotated Sherlock Holmes and Classic American Crime Fiction of the 1920s. He has also edited two anthologies of classic mysteries and, with Laurie R. King, five anthologies of stories inspired by the Sherlock Holmes Canon. Klinger is the series editor of Library of Congress Crime Classics, a partnership of the Library of Congress and Poisoned Pen Press/Sourcebooks. He is a former Chapter President of the SoCal Chapter of the Mystery Writers of America and lives in Malibu, California.
The Guest House
A Novel
by Robin Morgan-Bentley

Disturbing and tons of fun." - THE GUARDIAN
"Just take all those accolades used for thrillers - unputdownable, twisty, dark, chilling, vivid, explosive, intense - and heap them on. Because this book is that good. That credible. And that terrifying. . . " - FIRST CLUE, Starred Review

HOW FAR WOULD YOU GO TO PROTECT THE ONES YOU LOVE?
Jamie and Victoria are off for a last quick vacation before the arrival of their first baby. The remote country guesthouse Victoria chose seems like the perfect retreat - miles away from the distractions of work and their regular life. And the older couple that run the establishment, Barry and Fiona, are more than accommodating.

But when Jamie and Victoria awake on their first morning, they find the house deserted. Barry and Fiona are nowhere to be seen. All the doors are locked. They have no way out and no way to call for help and the contractions are getting stronger.

Disturbing and irresistible, THE GUEST HOUSE is devilish, jaw-dropping, and completely unpredictable with twists perfect for fans of Riley Sager and Mary Kubica.

Author Bio

ROBIN MORGAN-BENTLEY is an Editorial Manager at Audible. He runs the Audible Sessions podcast and has interviewed multiple authors including Clare Mackintosh, Ian Rankin, and Anthony Horowitz.
The Nurse Murders
A Gene Hammons Novel
by Jon Talton

A crime syndicate, J. Edgar Hoover, a wealthy family from back East, a wily stalker, and his former employer - the Phoenix Police Department - all want something from private investigator Hammons. For Hammons, business has never been better in this young city of big ambition and even bigger corruption, and when he's drawn into a case of smuggled gold, blackmail, and murder, he will need all the help he can get. His capable-but-drug-addicted brother, still a detective, is as much a hindrance as a help. Luckily, Hammons finds a professional ally in Pamela Bradbury, a fellow gumshoe. As they work the cases together, they can't help but worry that the crimes are somehow connected, and that time is not the only nemesis threatening their investigations.

Author Bio

Jon Talton is a fourth-generation Arizonan, the author of 12 novels, and a former columnist for the Arizona Republic. Talton now lives in Seattle, where he is the economics columnist for the Seattle Times and writes the blog Rogue Columnist.
The Coworker
by Freida McFadden

Dawn Schiff is strange. At least, everyone at work thinks so. She never says the right thing. She has no friends. And she is always at her desk at precisely 8:45 a.m.

So when Dawn doesn’t show up to the office one morning, her coworker Natalie Farrell - beautiful, popular, top sales rep five years running - is surprised. Then she receives an unsettling, anonymous phone call that changes everything.

Now, Natalie is irrevocably tied to Dawn as she finds herself caught in a twisted game of cat and mouse that leaves her wondering: who’s the real victim?

But one thing is incredibly clear: somebody hated Dawn Schiff. Enough to kill.

Author Bio

#1 Amazon, USA Today, and Publisher’s Weekly bestselling author FREIDA MCFADDEN is a practicing physician specializing in brain injury. Freida’s work has been selected as one of Amazon Editor’s best books of the year and she has been a Goodreads Choice Award nominee. Her novels have been translated into over 30 languages. Freida lives with her family and black cat in a centuries-old three-story home overlooking the ocean.
Great Bookish Quotes
Words from Authors, Libraries, and Books That Shaped the World
by American Library Association (ALA)

A stunning collection of more than 200 quotations that capture the wit, wisdom, and inspiration of writers, readers, and librarians - the perfect gift for your favorite bibliophile. A good quote is a chance to hear a new perspective, to spur new ideas, and to find inspiration and creativity. Within these pages lies some of the most powerful quotes about the world of books, and how they champion democracy, protect intellectual freedom, promote knowledge, and provide a safe haven for human creativity. This extraordinary collection features the powerful words of some of today's most renowned and provocative thinkers like Ta-Nehisi Coates, John Goodman, and Bjork Guomundsdottir.

Author Bio

The American Library Association is a nonprofit organization based in the United States that promotes libraries and library education internationally. It is the oldest and largest library association in the world, with more than 57,000 members.
100 Ways to Love You
by David Vozar

For fans of Pusheen and Good Advice Cupcakes comes a heartfelt and encouraging giftable book with the internet's favorite comic pup, Chippy the Dog.

CHIPPY HAS MANY WAYS TO SAY I LOVE YOU...

Chippy has spent a lot of time thinking about all the ways he could express his love for you, and here is his list. Whether this is a well-deserved gift for yourself or a loved one, Chippy will do his best to ensure the reader will finish this feeling loved.

With 100 charming reasons why you have Chippy's heart, this is a perfect unique gift for any occasion because every occasion is one for kindness and love. Whether this book serves as a sentimental gift for yourself or a loved one, Chippy will do his best to ensure the reader is a little happier with every page turn.

Author Bio

There is nothing like the love between a child and his first dog. Chippy was David's dog when he was growing up in New Jersey. After many years working in publishing he returned to his true love of drawing and taught himself animation. In an effort to push back on all the negativity in social media he thought that bringing Chippy each day with messages of unconditional love would resonate with people. Today Chippy's GIF's and videos are shared by billions of people around the world. David continues to live in New Jersey and has worked in publishing for more than forty years. He has three picture books for children including, Yo! Hungry Wolf, M.C. Turtle and the Hip Hop Hare and RAPunzel, all illustrated by Betsy Lewin. His first two Chippy the Dog books, If Chippy Was Your Dog and 100 Ways to Love You, were self-published and is thrilled with the new editions from Sourcebooks. He is blessed with a daughter, son, French bulldog and a cat.
45 Ways to Live Like an Italian
Italian-Inspired Self-Care Traditions for Everyday Happiness by Raeleen D'Agostino Mautner

You've heard of Danish hygge and Japan's concept of ikiagi, but now learn how to relieve stress and lead a more balanced, joyful way of life using the Italian concept of la dolce vita.

WHEN IT COMES TO SELF-CARE, NOBODY DOES IT QUITE LIKE AN ITALIAN.

Italians are renowned the world over for their ability to savor simple pleasures throughout the course of an ordinary day, a concept known as la dolce vita, or the sweet life. Living a dolce vita doesn't require wealth, status, or owning a villa on the Mediterranean. It only requires you to slow your pace and enjoy the happy moments wherever you find them. And who couldn't use a little more happiness in their life?

If you have ever been to Italy, the transformative nature of the bel paese has certainly wound its way into your soul. But you don't have to visit Italy to live like an Italian or to celebrate life like an Italian. 45 WAYS TO LIVE LIKE AN ITALIAN will inspire you to adopt the sweetness of Italy and begin to notice the small daily details that turn ordinary moments into extraordinary experiences, ultimately making your life richer, more enjoyable, and less stressful.

Focuses on self-care in all facets of your life, including:
• Food
• Time
• Self
• Relationships
• Beliefs
• Lifestyle

This beautifully illustrated gift book makes the perfect gift for Italophiles or anyone needing a reminder to slow down and enjoy the sweetness of life.
50 Ways to More Calm, Less Stress
Scientifically Proven Ways to Relieve Anxiety and Boost Your Mental Health Using Your Five Senses
by Megy Karydes

Touch, taste, smell, hear, and see your way to better self-care and mental well-being.

Let's face it: We all feel stress. Deep breathing, meditation, and yoga only go so far, and not being able to sit still and be alone with our thoughts isn't that unusual. The mind is designed to engage with the world around us, and there is no one-size-fits-all approach to finding what calms us because we are so unique in our circumstances, our lifestyles, our finances, and our interests.

50 WAYS TO MORE CALM, LESS STRESS explores different ways each of our five senses can help bring more calm and less stress into our lives. Whether through touch, sight, taste, smell, or sound, each activity includes research or science-backed studies that support why it offers health and wellness benefits as well as ways you can incorporate them into your own life. The best part - most of the activities are either low or no cost and can be done inside your own home or right outside your door.

If your brain constantly feels like an internet browser with thirty-five tabs open, or if you want to quiet the noise in your head long enough to think about what matters most in your life, this book is for you.

Author Bio

MEGY KARYDES is a professional marketer, writer, and communications professor. She specializes in feature writing around the topics of food, travel, health, home, and garden for print publications and websites. Her work has appeared in USA Today, The Atlantic, Eating Well, National Geographic, Midwest Living and more. She lives in Chicago, IL.
Butter, Flour, Sugar, Joy
Simple Sweet Desserts for Everyone
by Danielle Kartes

The best baking starts with joy!
Beloved celebrity cookbook author Danielle Kartes of the hit food blog RUSTIC JOYFUL FOOD tackles the baking world with BUTTER, FLOUR, SUGAR, JOY, the ultimate baking book for everyone. A lot of people will tell you that baking is science - it requires precision and expertise and fancy kitchen gadgets. But in this book you will find easy-to-follow one-bowl wonders that set the stage for joy! At the heart of baking is the sweet sense of connection, of sharing a treat with someone you love. And that's something anyone can master.
Every chapter of BUTTER, FLOUR, SUGAR, JOY features simple, delicious dessert recipes - including Danielle's perfect dump-and-stir cake method, which allows you to create showstopper confections without all the fuss. Welcome to the world of BUTTER, FLOUR, SUGAR, JOY - where messes are encouraged and the comfort of casual home baking is the main course.

Author Bio
Danielle Kartes is an author, food stylist, and recipe developer living in Seattle, Washington, with her husband, Michael, a photographer, and their two sweet sons. Together, the Karteses run their boutique food photography business, Rustic Joyful Food, and host food styling workshops around the country. Danielle is a regular contributor on the hit daytime talk show The Kelly Clarkson Show and appears frequently on national television, speaking about joy and teaching how to cook simple, delicious food.
F*cking Affirmations
Daily Badass Reminders of Your F*cking Greatness
by Olive Michaels and Sourcebooks

Embrace some f*cking positivity and put your stress behind you! Positive affirmations can inspire and elevate your day to day and this can't-miss collection is curated to incorporate swearing to help you feel motivated AF. No matter how badass you are, affirmations can help lift your spirits and elevate you to a whole new level. If you're looking for a boost of positive thinking, a new mindset, or simply some shit to shake things up and break your routine for the better, this is the book for you! With daily doses of swear-fueled and digestible affirmations, these breathtakingly badass mantras are can't miss.

I am f*cking strong. I am confident as hell. I am a force to be f*cking reckoned with.
Confidence is an art and it has to come from within. You can't be a badass without believing in your badassery. Ask yourself what your icons believe about themselves and how they look at themselves in the mirror. Fierce as f*ck, right? Channel that energy today and make your new mantra center around the fact that you ARE a damn force and the world is going to be made better by your impact on it.
Hello, Fears
Crush Your Comfort Zone and Become Who You’re Meant to Be
by Michelle Poler

For readers of motivational books like DARING GREATLY and GIRL, WASH YOUR FACE, this growth mindset personal development book for those who are not only ready to achieve, but brave enough to push out of their comfort zone and find authentic happiness. Now featuring a brand new bonus chapter all about Abundance.

In this inspiring and motivational new book, founder of the Hello Fears social movement Michelle Poler is challenging you to say HELLO! to your fears and find meaningful happiness outside the traditional definition of success by living with courage and tapping into your full potential.

With kick-butt attitude and a humorous *wink*, Michelle breaks down each set-back she battled on the road towards joyful purpose. Her stories and practical strategies encourage you to name, accept, and embrace what’s holding you back so you can be the heroine in your own life, not the victim.

HELLO, FEARS is an honest, empowering guide to living alongside what scares you. Our fears reveal what we care about the most, so each and every challenge is an opportunity to grow, hustle, and be your authentic self - unapologetically.

Perfect for readers of UNTAMED and LOVE WARRIOR by Glennon Doyle, GIRL, WASH YOUR FACE and GIRL,STOP APOLOGIZING by Rachel Hollis or listeners of THE UNITED STATES OF ANXIETY podcast on NPR. On the professional side, if you liked DELIVERING HAPPINESS by Tony Hsieh, you'll love HELLO, FEARS

Author Bio

As the Founder of Hello Fears, Michelle Poler has created a social movement empowering millions to step outside of their comfort zone and tap into their full potential. She has inspired some of the world's most influential organizations including Google, Facebook, Microsoft and many more. Poler is also the creator of the project 100 Days Without Fear and her work has been featured on CBS, CNN and Buzzfeed, among many others. Prior to founding Hello Fears, she earned a Masters in Branding from the School of Visual Arts in New York City and went on to serve as an Art Director at Young & Rubicam for many world-renowned brands.
If Chippy Was Your Dog
A Chippy Picture Book
by David Vozar

Chippy the Dog is looking for a loving home! Find out how much Chippy would love you if he was your dog in this heartwarming picture book! From one of the internet's favorite webtoon pups and gif sensation comes an adorable picture book where Chippy builds his case for adoption throughout the book, showing how he'd always be there for you and your little one, always love you both, if he could only be your dog. Through a series of heartfelt messages and displays of unconditional love, Chippy hopes that by the end of the book he has convinced you to make him part of your home. Discover the true meaning of love in this sweet, illustrated book that follows your life with Chippy.

The perfect heartfelt, sentimental, and encouraging gift, this book is perfect for those looking for honest messages of love, kindness, and empathy to enjoy every upon every reread.

Author Bio

There is nothing like the love between a child and his first dog. Chippy was David's dog when he was growing up in New Jersey. After many years working in publishing he returned to his true love of drawing and taught himself animation. In an effort to push back on all the negativity in social media he thought that bringing Chippy each day with messages of unconditional love would resonate with people. Today Chippy's GIF's and videos are shared by billions of people around the world. David continues to live in New Jersey and has worked in publishing for more than forty years. He has three picture books for children including, Yo! Hungry Wolf, M.C. Turtle and the Hip Hop Hare and RAPunzel, all illustrated by Betsy Lewin. His first two Chippy the Dog books, If Chippy Was Your Dog and 100 Ways to Love You, were self-published and is thrilled with the new editions from Sourcebooks. He is blessed with a daughter, son, French bulldog and a cat.
Is Your Cat a Psychopath?
A Personality Quiz Book to Find Out If Your Cat Is Pussolini or Mother Purresa
by Stephen Wildish

The chances of your cat plotting to kill you are low, but they’re never zero, are they? Find out if your cat is a hateful Hannibal Lickter waiting to strike or a darling Dolly Purrton in the making. This PURR sonality quiz is killer. In ancient Egypt cats were viewed as gods and in the modern day they are no stranger to worship as the internet's favorite animal, but have you ever stopped to consider the true nature of the smug little creatures we so willingly welcome into our homes? What's going on behind those eyes? Nothing? Or something sinister?

With 16 personality profiles and tips on how to live in harmony with your cat, no matter their personality, find out if your furry friends dreams of world peace or world domination.

The perfect gag gift for every cat lover!
Men Who Hate Women
From Incels to Pickup Artists: The Truth about Extreme Misogyny and How it Affects Us All
by Laura Bates

The first comprehensive undercover look at the terrorist movement no one is talking about.

MEN WHO HATE WOMEN examines the rise of secretive extremist communities who despise women and traces the roots of misogyny across a complex spider web of groups. It includes eye-opening interviews with former members of these communities, the academics studying this movement, and the men fighting back.

Women's rights activist Laura Bates wrote this book as someone who has been the target of many hate-fueled misogynistic attacks online. At first, the vitriol seemed to be the work of a small handful of individual men... but over time, the volume and consistency of the attacks hinted at something bigger and more ominous. As Bates went undercover into the corners of the internet, she found an unseen, organized movement of thousands of anonymous men wishing violence (and worse) upon women.

In the book, Bates explores:
• Extreme communities like incels, pick-up artists, MGTOW, Men’s Rights Activists and more
• The hateful, toxic rhetoric used by these groups
• How this movement connects to other extremist movements like white supremacy
• How young boys are targeted and slowly drawn in
• Where this ideology shows up in our everyday lives in mainstream media, our playgrounds, and our government

By turns fascinating and horrifying, MEN WHO HATE WOMEN is a broad, unflinching account of the deep current of loathing toward women and anti-feminism that underpins our society and is a must (...)
Teaching Banned Books to Kids
A Recommended Reading List with Lesson Guides for Parents and Kids to Explore Censored Literature by American Library Association (ALA)

From the American Library Association comes an expansive guide to teaching banned books to children at home or in the classroom, with a forward by renowned children's author Judy Blume.

BOOKS MATTER.
In our polarized environment, the censorship and outright banning of children's books remains a major concern for libraries. The American Library Association, an intellectual freedom champion, has created this illuminating and expansive guide for book lovers who hope to teach children the importance of banned literature. With a focus on modern books that have been banned, along with classic literature that continues to be under attack for political or religious reasons, Teaching Banned Books to Kids will educate adults and children about the importance of books. With useful tools and techniques, caregivers and educators will find the best ways to talk about banned books to children.

Author Bio
The American Library Association is a nonprofit organization based in the United States that promotes libraries and library education internationally. It is the oldest and largest library association in the world, with more than 57,000 members.
The Best Grandmother Names Ever
Choose Your Perfect Grandma Name, from Bubbe and Gigi to Memaw and Nana
by Cathy Livingstone

The best baby shower, gender reveal, or just-because gift for new grandmothers!
Congratulations, you are going to be a grandmother! And the fun begins with you getting to choose your unique grandmother name. Many of today's grandmas are vibrant, active women - not the grannies* of yesteryear! From Bubbe to Mimi, Nana to Glamma, THE BEST GRANDMOTHER NAMES EVER features more than 400 grandma names, along with other fun and enjoyable elements to help you get excited about your new role, including:
• Quizzes to help you find your perfect name
• Lists of celebrity grandma names
• Real-life stories of amazing grandmas
• A grandbaby planner to prepare for the arrival of your new family member
• And more!

The bond between a grandmother and her grandchild is unlike any other, and picking your special grandmother name is the first step toward building that wonderful relationship. You can choose a name inspired by your personality, passions, or heritage - or you can just pick whichever name you like best! Celebrate your new role in your family with this wonderful gift book for grandmothers and enjoy the anticipation of all the incredible moments you will share with your grandchild for years to come.
The Jolliest Bunch
Unhinged Holiday Stories
by Danny Pellegrino

From the NEW YORK TIMES bestselling author of HOW DO I UN-REMEMBER THIS? and host of the hit podcast EVERYTHING ICONIC WITH DANNY PELLEGRINO comes a collection of tragically hilarious holiday mishaps.

For many families, the holiday season is - quite frankly - unhinged. Whether that involves inappropriately improvised monologues at the children's Christmas pageant, gifts that land someone in the emergency room, or just sitting through the emotional rollercoaster of a Hallmark movie marathon, the holidays are a chaotic and magical time. And nobody knows this better than Danny Pellegrino.

For Danny, the holidays are always accompanied by both merriment and mayhem. And like the gay Ghost of Christmas Past, he's here to take you on a nostalgic trip through his most festive memories in a collection of stories that are heartfelt, hilarious, and (unfortunately) true.

So grab your favorite winter beverage, snuggle up by the crackling fireplace, and turn up the holiday tunes from the pop diva of your choosing. THE JOLLIEST BUNCH is a healthy dose of holiday cheer to prepare you for the unhinged season ahead and remind you of the moments that make all the chaos worth it.

Author Bio

Danny is the NEW YORK TIMES bestselling author of HOW DO I UN-REMEMBER THIS?: UNFORTUNATELY TRUE STORIES and THE JOLLIEST BUNCH: UNHINGED HOLIDAY STORIES. He's also a comedian, actor, and screenwriter who created and hosts the hit podcast EVERYTHING ICONIC WITH DANNY PELLEGRINO. Guests include people like Drew Barrymore, Kelly Ripa, Keke Palmer, Katie Couric, Rosie O'Donnell, Elizabeth Olsen, Andy Cohen, Cameron Diaz, Miss Piggy, and more!

Danny is from Solon, Ohio, and can be found on social media via @DannyPellegrino, or in front of the TV with a glass of bed wine.
The Red Widow
The Scandal that Shook Paris and the Woman Behind it All
by Sarah Horowitz

AN UNFORGETTABLE PORTRAIT OF A WOMAN WHO BECAME ONE OF THE MOST NOTORIOUS FIGURES OF HER DAY AND WHOSE SCANDALOUS STORY SHEDS FASCINATING LIGHT NOT ONLY ON HER OWN TUMULTUOUS TIME BUT OURS AS WELL." - HAROLD SCHECHTER, AUTHOR OF Hell's Princess: The Mystery of Belle Guinness, Butcher of Men

Sex, corruption, and power: the rise and fall of the Red Widow of Paris
PARIS, 1889: Marguerite Steinheil is a woman with ambition. But having been born into a middle-class family and trapped in a marriage to a failed artist twenty years her senior, she knows her options are limited. Determined to fashion herself into a new woman, Meg orchestrates a scandalous plan with her most powerful resource: her body. Amid the dazzling glamor, art, and romance of bourgeois Paris, she takes elite men as her lovers, charming her way into the good graces of the rich and powerful. Her ambitions, though, go far beyond becoming the most desirable woman in Paris; at her core, she is a woman determined to conquer French high society. But the game she plays is a perilous one: navigating misogynistic double-standards, public scrutiny, and political intrigue, she is soon vaulted into infamy in the most dangerous way possible.

A real-life femme fatale, Meg influences government positions and resorts to blackmail - and maybe even poisoning - to get her way. Leaving a trail of death and disaster in her wake, she earns the name the "Red Widow" for mysteriously surviving a home invasion that leaves both her husband and mother dead. With the police baffled and the public enraged, Meg breaks every rule in the bourgeois handbook and becomes the most notorious woman in Paris.

An unforgettable true account of sex, scandal, and murder, THE RED WIDOW is the story of a woman determined to rise - at any cost.
The Witch’s Way to Wealth
The Every Witch’s Guide to Making More Money - Faster & Easier than Ever!
by Jessie DaSilva

Witchcraft meets budgeting in this unique and intuitive approach to money, from the internet phenomenon Jessie DaSilva dubbed the Millennial Money Witch™ by FORBES.

MAKING MONEY JUST GOT MAGICAL. . .
Manifestation, crystals, deities, divination, energy waves, meditation - these magical practices are not only good for your mental health, but they are also good for your wallet! As Millennials and Gen Z’s struggle to maintain financial stability, they frequently look to Baby Boomer advice that doesn’t even apply to the current financial climate. Finding new ways to deal with money is long overdue.

A little bit of magic may be the answer!
From Jessie DaSilva, the intuitive mindset coach dubbed the "Millennial Money Witch" by FORBES, comes new witchy and intuitive practices to help manifest real financial freedom. Using her three principles of magic, DaSilva combines business savvy techniques with real witchy practices to give a much-needed how-to-guide to making money! This magical book will teach you:

• What money really is
• How to manifest money (and all things in life!) properly
• Magical methods and spells to controlling and expanding your wallet
• How to budget like a witch
• That most importantly, the first step to financial comfort is Peace!
The Worthy Mind

Transform Your Mindset. Strengthen Self-Worth.
by Meadow DeVor

Learn to own and celebrate every part of you. Right here. Right now. Worthiness isn't about being a better, smarter, more polished version of yourself. It's about learning how and why your mind restricts your self-worth - and finding the right tools to break through those barriers so you can experience your unlimited value. In THE WORTHY MIND, internationally recognized development coach Meadow DeVor shares life-changing insights that allow you to finally step into your own worthiness, showing you how to:

• Question the arbitrary rules you've put in place for your life
• Identify and confront your defense mechanisms
• Care for yourself just as you care for others
• Discover your lost self
• And much more!

Digging deeper than ever before, DeVor explains where your sense of unworthiness comes from and then guides you home to your true self. It's only when you embrace how you feel, what you need, what you love, and what you want that you can move through the world with ease, joy, and connectedness. Don't miss this powerful invitation to step into a worthy mindset - and a more meaningful life.

Author Bio

Meadow is an internationally recognized personal development teacher with a modern approach to spirituality, money and personal leadership. Since 2007, she has led teacher trainings, inquiry classes and retreats both online and throughout the United States. She lives on a ranch in Big Sur, CA.
WHERE SHOULD WE CAMP NEXT?: CAMPING 101
A Guide for Planning Amazing Camping Trips in Unique Outdoor Accommodations
by Stephanie Puglisi and Jeremy Puglisi

A family-friendly guide to camping in RVs, cabins, tents, and more - because the best memories are the ones made around the campfire.

More and more people are excited about getting outdoors and experiencing adventures in nature with their family and friends, and whether you're new to camping or a seasoned pro WHERE SHOULD WE CAMP NEXT?: CAMPING 101 is the best resource to learn more about the camping lifestyle! From planning road trip itineraries, deciding where to camp, and discovering unique attractions and activities in fascinating destinations, Stephanie and Jeremy Puglisi, creators of the popular The RV Atlas podcast, help you organize the details and hit the road. WHERE SHOULD WE CAMP NEXT?: CAMPING 101 is a beautifully illustrated camping book for adults packed with personal anecdotes, packing lists, campground recommendations, and recipes that will help you create a one-of-a-kind vacation on a family-friendly budget.

Tips include:
- Reasons camping vacations are more fun and relaxing
- Steps to buying an RV
- Trip planning strategies
- Campground etiquette
- How to camp with family and friends
- National Park adventures

The perfect resource for camping enthusiasts - and a great gift for campers at any level - this is the ultimate outdoors-focused vacation book to bring the family closer every time you set up camp.

Author Bio

Stephanie and Jeremy Puglisi are the creators of the RV Atlas and the authors of the Idiot's Guide: RV Vacations. They live in New Jersey and spend 80+ nights a year in their RV with their three kids.

Stephanie and Jeremy Puglisi are the creators of the RV Atlas and the authors of the Idiot's Guide: RV Vacations. They live in New Jersey and spend 80+ nights a year in their RV with their three kids.
Windfall
The Prairie Woman Who Lost Her Way and the Great-Granddaughter Who Found Her
by Erika Bolstad

Beneath the windswept North Dakota plains, riches await. . .

At first, Erika Bolstad knew only one thing about her great-grandmother, Anna: she was a homesteader on the North Dakota prairies in the early 1900s before her husband committed her to an asylum under mysterious circumstances. As Erika’s mother was dying, she revealed more. Their family still owned the mineral rights to Anna’s land - and oil companies were interested in the black gold beneath the prairies. Their family, Erika learned, could get rich thanks to the legacy of a woman nearly lost to history.

Anna left no letters or journals, and very few photographs of her had survived. But Erika was drawn to the young woman who never walked free of the asylum that imprisoned her. As a journalist well versed in the effects of fossil fuels on climate change, Erika felt the dissonance of what she knew and the barely-acknowledged whisper that had followed her family across the Great Plains for generations: WE COULD BE RICH . Desperate to learn more about her great-grandmother and the oil industry that changed the face of the American West forever, Erika set out for North Dakota to unearth what she could of the past. What she discovers is a land of boom-and-bust cycles and families trying their best to eke out a living in an unforgiving landscape, bringing to life the ever-present American question: What does it mean to be rich?

A vital exploration of the long history of abuse against women, the land, and the weight of inheritance, told in gripping prose.
10 Things That Never Happened
by Alexis Hall

Brilliance on every single page." - CHRISTINA LAUREN, NEW YORK TIMES and USA TODAY bestselling author, for BOYFRIEND MATERIAL

FAKE AMNESIA. REAL FEELINGS? REAL PROBLEMS.

Sam Becker loves - or, okay, likes - his job. Sure, managing a bed and bath retailer isn't exactly glamorous, but it's good work and he gets on well with the band of misfits who keep the store running. He could see himself being content here for the long haul. Too bad, then, that the owner is an infuriating git.

Jonathan Forest should never have hired Sam. It was a sentimental decision, and Jonathan didn't get where he is by following his heart. Determined to set things right, Jonathan orders Sam down to London for a difficult talk. . . only for a panicking Sam to trip, bump his head, and maybe accidentally imply he doesn't remember anything?

Faking amnesia seemed like a good idea when Sam was afraid he was getting sacked, but now he has to deal with the reality of Jonathan's guilt - as well as the unsettling fact that his surly boss might have a softer side to him.

There's an unexpected freedom in getting a second shot at a first impression. . . but as Sam and Jonathan grow closer, can Sam really bring himself to tell the truth, or will their future be built entirely on one impulsive lie?

"The apotheosis of the rom-com." - Entertainment Weekly, A+ Review, for BOYFRIEND MATERIAL

"Delicious, ridiculous, and often poignant." - Talia Hibbert, NEW YORK TIMES and USA TODAY bestselling author, for HUSBAND (...)

Author Bio

USA TODAY bestselling author Alexis Hall writes books in the southeast of England, where he lives entirely on a diet of tea and Jaffa Cakes. You can find him at http://www.quicunquevult.com/, on Twitter @quicunquevult, and on Facebook at https://www.facebook.com/quicunquevult
A Nobleman’s Guide to Seducing a Scoundrel
by KJ Charles

Bridgerton goes Gothic in this sweeping Regency romance by celebrated author KJ Charles.
Major Rufus d’Aumesty has unexpectedly become the Earl of Oxney, master of a remote Norman manor on the edge of the infamous Romney Marsh. There he’s beset on all sides, his position contested both by his greedy uncle and by Luke Doomsday, son of a notorious smuggling clan. The earl and the smuggler should be natural enemies, but cocksure, enragingly competent Luke is a trained secretary and expert schemer — exactly the sort of man Rufus needs by his side. Before long, Luke becomes an unexpected ally. . . and the lover Rufus had never hoped to find. But Luke came to Stone Manor with an ulterior motive, one he’s desperate to keep hidden even from the lord he can’t resist. As the lies accumulate and family secrets threaten to destroy everything they hold dear, master and man find themselves forced to decide whose side they’re really on . . . and what they’re willing to do for love.

Readers Rave about KJ Charles:
KJ Charles is one of the best romance novelists writing today. Historical romance at its finest.” - Sarah MacLean, NEW YORK TIMES bestselling author
"Once again KJ Charles has produced an absolute masterpiece!" - Joanna Shupe, USA TODAY bestselling author
"A romantic, swashbuckling tale from start to finish." - Manda Collins, Bestselling Author of A LADY’S GUIDE TO MISCHIEF AND MAYHEM

Author Bio
KJ Charles spent twenty years as an editor in British publishing before fleeing the scene to become a full-time historical romance novelist. She has written over twenty-five novels since then and her books have been translated into eight languages. She lives in London.
They call him a scoundrel. A playboy.
Drake Nielson gets around, and he’s not afraid to admit it. So when his best friend, Hunter, opens the Salacious Players’ Club and asks him to head the construction, he jumps at the opportunity. Now he’s traveling the country with Hunter and his wife, Isabel, touring other clubs to network and get inspiration. But when a demonstration at a new club involves Isabel and Drake, it comes with something Drake never saw coming - an invitation. Hunter wants Drake to sleep with his wife. . . while he watches.
Drake would do anything for Hunter and Isabel, but this is one request he should turn down. Isabel is the woman of his dreams, but she belongs to someone else. And the exact reason he should say NO is the one reason he says YES . Because it's not only Isabel he wants. . .
Maybe it's time Drake shows his best friend exactly how much he's willing to do for him - and why.

Author Bio
Sara Cate is a USA Today bestselling author of contemporary, forbidden romance. Her stories are known for their heart-wrenching plots and toe-curling heat. Living in Arizona with her husband and kids, Sara spends most of her time working in her office with her Goldendoodle by her side. You can find more information about her at www.saracatebooks.com.
Mercy
by Sara Cate

Punchy, unputdownable. . . a must for every reader who likes their romances to walk on the wild side." - Sierra Simone, USA TODAY bestselling author, for

She doesn't want to hurt him - she just wants to punish him. . .
Being the only female owner of the Salacious Players' Club, Maggie Anderson thought her life was hard enough. But as the club continued to grow, she felt more and more on the outskirts as the only one who didn't have a kink. Or so she thought. . .

When she takes a kink quiz on the club's new app and learns that she's a Domme, she realizes that she might not be quite so vanilla after all. In fact, she's a lot more like her colleague, Emerson Grant, than she thought. There's just one problem - she doesn't know how to be a Domme. Or she didn't, until the app matched her with someone willing to learn. But he's too young. Too stubborn. Too good looking. And, to top it off, Emerson's son.

Beau Grant is a brat. And Maggie would hate that about him if she didn't love punishing him so much. Yet she's beginning to see that underneath his attitude, Beau is misunderstood, self-less, and in need of direction. But if it's mercy he's after, he'll have to earn it first.

She finally knows what she wants, and she's ready to take it.

Author Bio

Sara Cate is a USA Today bestselling author of contemporary, forbidden romance. Her stories are known for their heart-wrenching plots and toe-curling heat. Living in Arizona with her husband and kids, Sara spends most of her time working in her office with her Goldendoodle by her side.

You can find more information about her at www.saracatebooks.com.
On the Way to Us
by Carolyn Brown

He's a tempting heap of Texas trouble. . .
Mercy Spenser promised her friend and roommate she'd spend her vacation in west Texas for a charitable mission - she didn't agree to the oppressive heat, massive spiders, or the rowdy cantina next door drowning out her gospel singing. She's not the type to sit idly by, so when she clashes with the sexy-as-hell man who runs the place, her temper is hot enough to nearly burn down the entire town.

Despite refusing to turn down his jukebox and inviting Miss Mercy to leave his cantina alone, Hunter Wilson can't get that gospel singer with the ice-blue eyes out of his mind. Finding her again in their tiny town isn't the problem. Convincing her that he's interested - well, that's another story. But if Mercy will give Hunter one more chance to show his true feelings, they just might find the love of a lifetime.

Praise for Carolyn Brown:
Brown's characters easily inspire readers to care what happens to them." - PUBLISHERS WEEKLY for BRIDE FOR A DAY
"A sweet story about building family out of what life hands you." - KIRKUS REVIEWS for TALK COWBOY TO ME
"Fresh, funny, and sexy tale filled with likable, down-to-earth characters." - BOOKLIST for LOVE DRUNK COWBOY
Previously published as AN OLD LOVE'S SHADOW

Author Bio

Carolyn Brown is a NEW YORK TIMES, USA TODAY, WALL STREET JOURNAL, PUBLISHER'S WEEKLY and #1 AMAZON and #1 WASHINGTON POST bestselling author. She is the author of more than 100 novels and several novellas. She's a recipient of the Bookseller's Best Award, Montlake Romance's prestigious Montlake Diamond Award, and a three-time recipient of the National Reader's Choice Award. Brown has been published for more than 25 years, and her books have been translated into 21 foreign languages, and have sold more than 10 million copies worldwide.

When she's not writing, she likes to take road trips with her husband, Mr. B, and her family, and she plots out new stories as they travel.

Sylvester
by Georgette Heyer, foreword by Eloisa James

Georgette Heyer has charmed tens of millions of readers with her delightful sense of humor and unique take on Regency romance. This edition includes an original foreword by Eloisa James.

Sylvester, Duke of Salford, feels it is time to find a suitable bride. He has numerous candidates in mind, all of whom are nobly born, gently raised, and bore him to tears. His mother wants him to marry for love, but he scoffs at the notion, until he travels to Wiltshire to meet Phoebe Marlow, and discovers himself maddeningly intrigued by this young lady with literary aspirations.

Phoebe, however, finds herself in the awkward position of having pilloried the Duke in a romance novel she's written, even though she had met him only once before. Because he snubbed her at a ball, she's featured him as the villain in her novel, and unfortunately he and his family, though fictionalized, are quite recognizable.

As they get to know each other, and begin to entertain tender feelings, the looming publication of her novel fills Phoebe with trepidation, and sure enough, when Sylvester reads it, he's horrified.

This is Heyer's only romance novel to feature a female writer. During the Regency a woman would only publish a book without her name on it - even Jane Austen didn't use her name - her books were written "by a Lady.

**Author Bio**

Georgette Heyer's novels have charmed and delighted millions of readers for decades. English Heritage has awarded Georgette Heyer one of their prestigious Blue Plaques, designating her Wimbledon home as the residence of an important figure in British history. She was born in Wimbledon in August 1902. She wrote her first novel, The Black Moth, at the age of seventeen to amuse her convalescent brother; it was published in 1921 and became an instant success.

Heyer published 56 books over the next 53 years, until her death from lung cancer in 1974. Her last book, My Lord John, was published posthumously in 1975. A very private woman, she rarely reached out to the public to discuss her works or personal life. Her work included Regency romances, mysteries and historical fiction. Known as the Queen of Regency romance, Heyer was legendary for her research, historical accuracy and her extraordinary plots and characterizations. She was married to George Ronald Rougier, a barrister, and they had one son, Richard.
WHILE YOU WERE SLEEPING meets THE WEDDING DATE with a fun Puerto Rican holiday twist in NYT and USA TODAY bestselling author Ginny Baird's latest romance, in which a diner waitress agrees to be her patron's fake date... only for him to land in a coma and her to be stuck playing his sweetheart with his family all week long.

Lonely-hearted waitress Katie Smith has nowhere to go for Christmas, and a huge crush on her gorgeous diner patron Juan Martinez. So when Juan asks Katie to pose as his girlfriend for holiday festivities at his family's winery, Katie leaps at the chance... that is, until an accident lands Juan in a coma right after giving his folks the news. Katie knows she should tell the Martinezes the truth, but when they immediately embrace her, Katie is reluctant to let her fantasy of a family holiday go. And then there's Juan's brother, Mateo, whose smile tugs at her heartstrings just right - and who tells her perfect Juan might not be everything he seems.

Second son Mateo Martinez loves his brother, but Juan's plan to "rebrand and expand" Los Cielos Cellars has cost their family too much and put its entire tradition in jeopardy. Katie seems to understand, but she's still committed to Juan... even when Mateo starts to wish her gentle heart and beautiful smile were committed to him instead. With the winery at stake, secrets on all sides, and Juan due to wake up any day, can Katie and Mateo follow their hearts to a Christmas miracle, or will this mix-up ruin their chances?

Author Bio

NEW YORK TIMES and USA TODAY bestselling author Ginny Baird writes wholesome contemporary stories with a dash of humor and a lot of heart. She's fond of including family dynamics in her work and creating lovable and memorable characters in worlds where romance is a given and happily-ever-afters are guaranteed. She lives in North Carolina with her family.
The Trouble with Tinsel
by Juliet Giglio and Keith Giglio

A fun fresh twist as satisfying as Christmas candy." - Nancy Naigle, USA TODAY bestselling author

"A cinematic happily-ever-after that readers will swoon over!" - Codi Hall, bestselling author

"Delightfully madcap! Come for the juicy Hollywood drama and stay for the cheer-worthy second chance romance." - Timothy Janovsky, bestselling author

What could be more magical than a Hollywood Christmas?
A few years after they broke up professionally and personally, the ex-screenwriting team of Kerri Williams and Jon Romano find their lives turned upside down when an old script is green-lit and they're asked to write together again. Now, for the month of December, Kerri must leave behind her new life as a teacher in Brooklyn to return to sunny Hollywood and work with the man she used to love.

Jon and Kerri just want to finish the film and get this awkward reunion over with. To complicate things further, the star of their movie, Amari Rivers, thinks they're engaged and wants them on set for moral support and love advice. Wanting to keep the star happy, Kerri and Jon pretend to love each other, bringing back all the old feelings they've been trying so hard to forget. Could this be the Christmas they finally get their own happy ending?

This fun and festive holiday romantic comedy is perfect for readers of Jenny Bayliss, Maggie Knox, and Codi Hall.

A fun fresh twist as satisfying as Christmas candy." - Nancy Naigle (...)

Author Bio

Juliet and Keith Giglio are a husband-wife screenwriting duo who met cute in an elevator while attending NYU Grad Film school. Their first novel was The Summer of Christmas. Their produced films include most recently Reba McEntire's Christmas in Tune, Dear Christmas, A Very Nutty Christmas, and Christmas Reservations. Other credits include Disney's Tarzan, Pizza My Heart, Return to Halloweentown, Joshua, and A Cinderella Story. Juliet and Keith are both professors who teach screenwriting at SUNY Oswego and Syracuse University respectively. They split their time between Syracuse and Sag Harbor, NY.

Juliet and Keith Giglio are a husband-wife screenwriting duo who met cute in an elevator while attending NYU Grad Film school. Their first novel was The Summer of Christmas. Their produced films include most recently Reba McEntire's Christmas in Tune, Dear Christmas, A Very Nutty Christmas, and Christmas Reservations. Other credits include Disney's Tarzan, Pizza My Heart, Return to Halloweentown, Joshua, and A Cinderella Story. Juliet and Keith are both professors who teach screenwriting at SUNY Oswego and Syracuse University respectively. They split their time between Syracuse and Sag Harbor, NY.
Untitled
by M H
Venetia
by Georgette Heyer, foreword by Eloisa James

Updated edition of the beloved classic by the Queen of Regency romance herself, Georgette Heyer, featuring a new Foreword by NEW YORK TIMES bestselling author Eloisa James.

An independent young woman refuses to let others dictate the terms of her life. Miss Venetia Lanyon is comfortable and competent managing her family's country estate since her father died and her older brother went off to war. She is kept busy with estate matters and fending off suitors who don't interest her, but from time to time she feels uneasy about her future. What will happen to her when her brother comes back? Her friends urge her to marry her worthy suitor - the only option for a lady of quality. But Venetia wants so much more out of life.

From the moment Venetia meets Lord Damerel, her scandalous neighbor, aka the Wicked Baron, she finds herself lit with a flame hitherto unknown to her. Their compatibility in mind and spirit accompanies an undeniable attraction. But Damerel has led a dissolute life, and he withdraws, afraid that his love for Venetia will ruin her socially. It is up to Venetia to muster all her ingenuity and daring to get what she wants - no matter what anyone else may think.

GEORGETTE HEYER has charmed tens of millions of readers with her delightful sense of humor and unique take on Regency romance. "Venetia is an amazing woman - even for today." - LIBRARY JOURNAL

"Utterly timeless charm... The dialogue... sparkles with wit... And beneath that period speech, the ring of truth, the human flaws and virtues, speaks just as perfectly to (...)"

Author Bio

Georgette Heyer's novels have charmed and delighted millions of readers for decades. English Heritage has awarded Georgette Heyer one of their prestigious Blue Plaques, designating her Wimbledon home as the residence of an important figure in British history. She was born in Wimbledon in August 1902. She wrote her first novel, The Black Moth, at the age of seventeen to amuse her convalescent brother; it was published in 1921 and became an instant success.

Heyer published 56 books over the next 53 years, until her death from lung cancer in 1974. Her last book, My Lord John, was published posthumously in 1975. A very private woman, she rarely reached out to the public to discuss her works or personal life. Her work included Regency romances, mysteries and historical fiction. Known as the Queen of Regency romance, Heyer was legendary for her research, historical accuracy and her extraordinary plots and characterizations. She was married to George Ronald Rougier, a barrister, and they had one son, Richard.
Fair Rosaline
A Novel
by Natasha Solomons

The most exciting historical retelling of 2023: a subversive, powerful untelling of Romeo and Juliet by NEW YORK TIMES bestselling author Natasha Solomons.

Was the greatest ever love story a lie?
The first time Romeo Montague sees young Rosaline Capulet he falls instantly in love. Rosaline, headstrong and independent, is unsure of Romeo's attentions but with her father determined that she join a convent, this handsome and charming stranger offers her the chance of a different life. Soon though, Rosaline begins to doubt all that Romeo has told her. She breaks off the match, only for Romeo's gaze to turn towards her cousin, thirteen-year-old Juliet. Gradually Rosaline realizes that it is not only Juliet's reputation at stake, but her life. With only hours remaining before she will be banished behind the nunnery walls, will Rosaline save Juliet from her Romeo? Or can this story only ever end one way?

Shattering everything we thought we knew about Romeo and Juliet, FAIR ROSALINE is the spellbinding prequel to Shakespeare's best known tale, which exposes Romeo as a predator with a long history of pursuing much younger girls. Bold, lyrical, and chillingly relevant, FAIR ROSALINE reveals the dark subtext of the timeless story of star-crossed lovers: it's a feminist revision that will enthrall readers of bestselling literary retellings such as HAMNET by Maggie O'Farrell and HESTER by Laurie Lico Albanese.

Irresistible. An excellent spin on a timeless classic." - Jennifer Saint, SUNDAY TIMES bestselling author of ARIADNE
"I have not been able to (...)"

Author Bio

Natasha Solomons is the author of five internationally bestselling novels, including Mr Rosenblum’s List, The Novel in the Viola, which was chosen for the Richard & Judy Book Club, and The Gallery of Vanished Husbands. Natasha lives in Dorset with her son, daughter and her husband, the children’s author, David Solomons with whom she also writes screenplays. Her novels have been translated into 17 languages. When not writing in the studio, Natasha can usually be found in her garden.
It Ends at Midnight
A Novel
by Harriet Tyce

Gripping." - Alex Michaelides, NEW YORK TIMES bestselling author of THE SILENT PATIENT and THE MAIDENS
"Another compelling read from the utterly brilliant Harriet Tyce." - Lisa Jewell, NEW YORK TIMES bestselling author of THEN SHE WAS GONE
"Blisteringly brilliant." - Sarah Pinbrough, NEW YORK TIMES bestselling author of BEHIND HER EYES

It's New Year's Eve and the stage is set for a lavish party in one of Edinburgh's best postcodes. It's a moment for old friends to set the past to rights - and move on.
The night sky is alive with fireworks and the champagne is flowing. But the celebration fails to materialize.
Because someone at this party is going to die tonight.
Midnight approaches and the countdown begins - but it seems one of the guests doesn't want a resolution.
They want revenge.
From the acclaimed author of Blood Orange, comes a thriller of a party spiraling into murder, when one guest's plan to right old wrongs ends in blood, told with Tyce's signature dark and propulsive twists.
Glamorous and suspenseful." - Marie Benedict, NEW YORK TIMES bestselling author of THE ONLY WOMAN IN THE ROOM and THE MITFORD AFFAIR

Perhaps the best place in 1943 Hollywood to see the stars is the Hollywood Canteen, a club for servicemen staffed exclusively by those in show business. Murder mystery playwright Annie Laurence, new in town after a devastating breakup, definitely hopes to rub elbows with the right stars. Maybe then she can get her movie made. But Hollywood proves to be more than tinsel and glamour. When despised film critic Fiona Farris is found dead in the Canteen kitchen, Annie realizes any one of the Canteen's luminous volunteers could be guilty of the crime. To catch the killer, Annie falls in with Fiona's friends, a bitter and cynical group - each as uniquely unhappy in their life and career as Annie is in hers - that call themselves the Ambassador's Club.

Solving a murder in real life, it turns out, is a lot harder than writing one for the stage. And by involving herself in the secrets and lies of the Ambassador's Club, Annie just might have put a target on her own back.

"This vibrant, utterly delightful mystery expertly captures the drama, glamour and absurdity of wartime Hollywood. Sarah James's swift dialogue, dry wit and clever characters transport you into a 1940s movie, where the jokes are quick, the love affairs scandalous and the cast as charming as they are flawed. Underneath it all, James's deep knowledge of the era's movies and music lends an authenticity that makes the rest shine even brighter. I laughed (...)"

**Author Bio**

Sarah James is a graduate of the MFA Writing for Screen & Television program at USC and the BA Playwriting program at Fordham Lincoln Center. She currently works as a freelance writer.
One Puzzling Afternoon
A Novel
by Emily Critchley

For readers of ELIZABETH IS MISSING with notes of THE MAID comes a dual-timeline novel that balances heartfelt tenderness with a suspenseful mystery as elderly Edie Green uncovers the clues behind her best friend's disappearance before the truth is lost in her memory forever.

I KEPT YOUR SECRET LUCY. I'VE KEPT IT FOR MORE THAN SIXTY YEARS...

It is 1951, and at number six Sycamore Street fifteen-year-old Edie Green is lonely. Living with her eccentric mother and her mother's new boyfriend, she is desperate for something to shake her from her dull, isolated life.

So when the popular, pretty Lucy Theddle befriends Edie, she thinks all her troubles are over. Even though Lucy has a secret, one Edie is not certain she should keep.

Then Lucy goes missing.

Now in 2018, Edie is eighty-four and still living in the same small town, when one afternoon she glimpses Lucy Theddle, still looking the same as she did at fifteen. Her family write it off as one of her many mix ups, there's a lot Edie gets confused about these days. But Edie knows she's the key to finding Lucy. Time is running out and Edie must piece together the clues before Lucy is forgotten forever.

Author Bio

EMILY CRITCHLEY grew up in Essex and now lives in Hertfordshire where she works as a librarian. She has a first class BA in Creative Writing from London Metropolitan University and an MA with distinction in Creative Writing from Birkbeck University of London. Her YA debut Notes on my Family was nominated for the Carnegie, long listed for the Branford Boase, and book of the week in the Sunday Times, and her middle grade novel The Bear who Sailed the Ocean on an Iceberg was published in October 2021, both by independent publisher Everything With Words in the UK. One Puzzling Afternoon is her US debut.
The First Day Without You
by Melissa Hill

From the bestselling author of SOMETHING FROM TIFFANY’S comes a sweeping romance set in the golden light of San Francisco. Leonie has left behind everything and everyone she loves for a fresh start in California. Desperate to outrun the mess she's come from, she hopes the change of scenery can mend her broken heart and bury her secrets forever. But when she discovers a bundle of unread love letters hidden in the back of a wardrobe in her new apartment, she is intrigued by the mystery behind them . . . and can't help but notice the similarities between them and her own story.

With the help of her new friend Alex, a news reporter toting around baggage of her own, Leonie embarks on a quest down the West Coast to find the ill-fated lovers from the letters and reunite them, whatever it takes. Even if it means confronting the hurt she's buried deep within herself. Because if the couple behind the love letters can find a happy ending, then perhaps she just might too.

Author Bio

MELISSA HILL is the #1 international bestselling author of more than ten novels, including The Truth About You, Please Forgive Me, Before I Forget and The Last to Know. Her books have been translated into twenty-five different languages. She lives in Wicklow, Ireland.
The Gifts
A Novel
by Liz Hyder

It will take something extraordinary to show four women who they truly are . . .

October 1840. A young woman staggers alone through a forest in the English
countryside as a huge pair of impossible wings rip themselves from her
shoulders.

In London, rumors of a fallen angel" cause a frenzy across the city, and a
surgeon desperate for fame and fortune finds himself in the grips of a
dangerous obsession, one that will place the women he seeks in the most
terrible danger . . .

THE GIFTS is an astonishing novel, a spellbinding tale told through five
different perspectives and set against the luminous backdrop of nineteenth
century London, it explores science, nature and religion, enlightenment, the
role of women in society and the dark danger of ambition.

Fierce and touching, this extremely compelling novel follows its female
protagonists through 19th century London where a surgeon struggles with the
dark lure of scientific ambition while his marriage crumbles, a journalist
pursues the mystery of the angel fished from the Thames and two young
women find themselves inexplicably transformed in the depths of despair.

Beautiful and riveting." - Jennifer Saint, author of ARIADNE

"I devoured THE GIFTS, eager to find out the fate of its wonderfully drawn
characters. A wonderful, atmospheric book that immersed me in the dirty
streets of nineteenth century London and swept me away to the hills of
Shropshire. A real gem." - Louise Hare, author of THIS LOVELY CITY and
MISS ALDRIDGE REGRETS

"Haunting, thrilling, wonderful. I loved it." - Stacey Halls, SUNDAY TIMES
bestselling author (…)

Author Bio

LIZ HYDER is a writer and creative workshop leader. She has been part of
Writing West Midlands's Room 204 writer development programme since
2016. In early 2018, she won The Bridge Award/Moniack Mhor Emerging
Writer Award. Named The Times Children's Book of the Year in 2019, her
debut, Bearmouth, was also the Waterstones Children's Book for Older
Readers 2020 and the winner of the Branford Boase Award 2020. It has also
been shortlisted for the UKLA Awards and nominated for the CILIP Carnegie
Medal 2021. Originally from London, she now lives in South Shropshire in a
small medieval market town surrounded by hills, books and plants. The Gifts
The Mitford Affair
A Novel
by Marie Benedict

Plunges readers into a world of glamorous, charismatic young British debutantes and then turns that shiny world on its head. . . the most delicious storytelling." - Allison Pataki, New York Times bestselling author of The Magnificent Lives of Marjorie Post

From New York Times bestselling author Marie Benedict comes an explosive novel of history's most notorious sisters, one of whom will have to choose: her country or her family?

Between the World Wars, the six Mitford sisters - each more beautiful, brilliant, and eccentric than the next - dominate the English political, literary, and social scenes. Though they've weathered scandals before, the family falls into disarray when Diana divorces her wealthy husband to marry a fascist leader and Unity follows her sister's lead all the way to Munich, inciting rumors that she's become Hitler's mistress.

As the Nazis rise in power, novelist Nancy Mitford grows suspicious of her sisters' constant visits to Germany and the high-ranking fascist company they keep. When she overhears alarming conversations and uncovers disquieting documents, Nancy must make excruciating choices as Great Britain goes to war with Germany.

Probing the torrid political climate in the lead-up to World War II and the ways that seemingly sensible people can be sucked into radical action, The Mitford Affair follows Nancy's valiant efforts to stop the Nazis from taking over Great Britain, and the complicated choices she must make between the personal and the political.

Also By Marie Benedict:
The Other Einstein
Carnegie's Maid
The Only Woman in the Room
Lady Clementine
The Mystery of Mrs. Christie
Her Hidden Genius

An in-depth exploration of the (...

Author Bio

Marie Benedict is a lawyer with more than ten years' experience as a litigator at two of the country's premier law firms and for Fortune 500 companies. She is a magna cum laude graduate of Boston College with a focus in history and art history and a cum laude graduate of the Boston University School of Law. Marie, the author of THE OTHER EINSTEIN, CARNEGIE'S MAID, THE ONLY...
It's all fun and games until you accidentally marry a stranger in Greece and inherit a hotel. Amelia Lang's life is kind of a mess. She's stuck living at home with her narcissistic mother. Her tech bro ex-boyfriend deliberately sabotages her at work, and she gets fired after throwing a mug at his head (it's okay! She missed.) Then she has a major falling out with her best friend. So Amelia does what Amelia does best: She runs away.

After traveling around Europe for three months, she settles on a small Greek island to reset her life and figure out what's next. But after too much retsina, she gets tricked into marrying James, another guest at the hotel, who is perfectly nice - but perfectly boring. To top it off, they are gifted the very hotel they're staying in - a hotel they don't want that is in desperate need of some TLC. They agree to keep the hotel open through the busy summer season for the sake of the island's quirky but well-meaning residents, after which Amelia plans to return home to start rebuilding her disastrous life.

Amelia and James must work together to determine how to get out of their situation - easier said than done for Amelia, who's started to feel a strong spark of attraction for James. But Amelia is sure her real life is waiting for her back in San Francisco. Is it time for Amelia to return home or could this be the second chance at a new life she didn't know she wanted?

Escapist yet thoughtful, and ripe (...)

Author Bio

Sierra Godfrey is a tech editor by day who loves writing stories about complex relationships. She lives in the foggy wastelands of the San Francisco Bay Area with her husband, sons, and a bevy of animals, all of which seemed like a good idea at the time.
The Witches at the End of the World
by Chelsea Iversen

Rage burns brighter than any spellfire. . .
Deep in the birchwoods of Norway, magic courses through the veins of two sisters. For years they've been alone, but sweet-tempered Kaija is tired of living in shadows and longs for a life filled with community, even if it means stifling her magic. But Minna is a witch through and through, with wrath always simmering just below the surface. Different as they may be, both will never forget the day they were driven from their village. The day their mother burned.

When Kaija leaves to pursue a new life, Minna is left alone in the darkness of the forest. Devastated and outraged at the betrayal, Minna casts a curse to punish those who took everything from her. What she doesn't realize is that this act will incite a deadly chain of events. Soon it will destroy everything, including the life Kaija has lovingly built. But once a witch's rage boils, regret means nothing - she can't take back what's already done. Someone will have to burn.

Author Bio

Chelsea Iversen has been reading and writing stories since before she knew what verbs were. She loves tea and trees and travel and reads her runes at every full moon. Chelsea lives with her husband and Pepper the dog in Colorado. This is her debut novel.
The Woman at the Wheel
A Novel
by Penny Haw

Inspiring historical fiction based on the real life of Bertha Benz, whose husband built the first prototype automobile, which eventually evolved into the Mercedes-Benz marque. UNFORTUNATELY, ONLY A GIRL AGAIN."

From a young age, Cacilie Bertha Ringer is fascinated by her father’s work as a master builder in Pforzheim, Germany. But those five words, which he wrote next to her name in the family Bible, haunt Bertha. Years later, Bertha meets Carl Benz and falls in love - with him and his extraordinary dream of building a horseless carriage. Bertha has such faith in him that she invests her dowry in his plans, a dicey move since they alone believe in the machine. When Carl’s partners threaten to withdraw their support, he’s ready to cut ties. Bertha knows the decision would ruin everything. Ignoring the cynics, she takes matters into her own hands, secretly planning a scheme that will either hasten the family’s passage to absolute derision or prove their genius. What Bertha doesn’t know is that Carl is on the cusp of making a deal with their nemesis. She’s not only risking her marriage and their life’s work, but is also up against the patriarchy, Carl’s own self-doubt, and the clock.

Like so many other women, Bertha lived largely in her husband’s shadow, but her contributions are now celebrated in this inspiring story of perseverance, resilience, and love.

This is fine historical writing, transporting us back to another era while telling a compelling adventure story about characters we feel we know. A triumph!" - Gill Paul, USA TODAY bestselling author of THE SECRET WIFE and THE MANHATTAN GIRLS

Author Bio

Penny Haw worked as a journalist and columnist for more than three decades, writing for many leading South African newspapers and magazines before yielding to a lifelong yearning to create fiction. Her stories feature remarkable women, illustrate her love for nature, and explore the interconnectedness of all living things. THE INVINCIBLE MISS CUST is Penny’s debut historical fiction. She lives near Cape Town with her husband and three dogs, all of whom are well-walked.
The Woman with a Purple Heart
A Novel
by Diane Hanks

Based on the real life of Lieutenant Annie Fox, Chief Nurse of Hickam Hospital, THE WOMAN WITH A PURPLE HEART is an inspiring WWII novel of heroic leadership, courage, and friendship that also exposes a shocking and shameful side of history.

ANNIE FOX WILL STOP AT NOTHING TO SERVE HER COUNTRY. BUT WHAT HAPPENS WHEN HER COUNTRY FAILS HER?

In November 1941, Annie Fox, an Army nurse, is transferred to Hickam Field, an air force base in Honolulu. The others on her transport plane are thrilled to work in paradise, but Annie sees her new duty station as the Army's way of holding the door open to her retirement. But serving her country is her calling and she will go wherever she is told.

On December 7, Annie's on her way to work when the first Japanese Zero fighter plane flies low over Hickam's Parade Ground. The death and destruction that follow leave her no time to process what's happening. She rallies her nurses, and they work to save as many lives as they can. But soon their small hospital is overwhelmed. Annie drives into Honolulu to gather supplies, nurses, and several women who will donate blood. However, the nurses are Japanese Americans, and the blood donors are prostitutes. Under Annie's leadership and working together in unexpected ways, they make it through that horrific day, when one of the Japanese American nurses and Annie's friend, Kay, is arrested as a suspected subversive. As Hickam tries to recover, Annie works to find her friend and return Kay to her family. But Annie's love for her country is put to the test. How can she reconcile the American bravery and resilience she saw on December 7 with the prejudice and injustice she witnesses just a few months later?
This is How We End Things
A Novel
by R.J. Jacobs

Riley Sager meets IF WE WERE VILLAINS in a compelling new psychological thriller by RJ Jacobs, following a tight-knit group of graduate students studying the psychology of lying. When one of them is discovered dead after an experiment, everything the group thought they knew about deception crumbles. . .

CAMPUS IS EMPTY, A WINTER STORM IS BLOWING IN, AND SOMEONE IS LURKING IN THE SHADOWS, WAITING FOR THEIR CHANCE TO KILL AGAIN.

Forest, North Carolina. Under the instruction of enigmatic Professor Joe Lyons, five graduate students are studying the tedious science behind the acts of lying. But discovering the secrets of deception isn't making any of the student's more honest though. Instead, it's making it easier for them to guard their own secrets - and they all have something to hide.

When a test goes awry and one of them is found dead, the students find themselves trapped by a snowstorm on an abandoned campus with a local detective on the case. As harbored secrets begin to break the surface, the graduates must find out who's lying, who isn't, and who may have been capable of committing murder. It turns out deception is even more dangerous than they thought. . .

A foreboding new dark academia thriller of deception and suspense, THIS IS HOW WE END THINGS follows the unraveling of a close group of students as they contend with what it means to lie, and be lied to.

RJ Jacobs delivers a gripping, pacey and compulsive psychological thriller leading readers on a dark and beguiling journey into what it means to lie and be lied to. Addictive and (...)
A Fine Line
Searching for Balance Among Mountains
by Graham Zimmerman

- Honestly portrays the highs and lows of a life dedicated to the outdoors
- Shares the author's development as an outspoken conservation advocate
- Story is rooted in the peaks of the Pacific Northwest, Alaska, and Pakistan

How do we reconcile our love of outdoor adventure with the inevitability of loss in high-risk sports? Still in his thirties, Graham Zimmerman has made first ascents from Alaska to Pakistan, and in 2020 he received the Piolet d'Or for his climb on Pakistan's Link Sar with Steve Swenson. A sponsored athlete who is sought out as a climbing partner, Zimmerman knows that he must find a balance between his ambitions as an alpinist and his social responsibilities - as a husband, climate advocate, and community leader.

His generation has faced devastating grief in the mountains, including the deaths of Kyle Dempster, Hayden Kennedy, and Inge Perkins, and his cohort has witnessed firsthand the effects of climate change in the form of disappearing glaciers and increasingly erratic weather. Zimmerman writes of the exhilaration he feels while climbing but also the painful realization that summiting at all costs is an outdated model. As *A Fine Line* traces Graham's journey, mountain lovers everywhere will see themselves in this coming-of-age story of adventure and personal reckoning.

Author Bio

As a professional climber, **Graham Zimmerman** is one of the most acclaimed alpinists of his generation. After graduating in 2007 with a degree in geography, he focused on alpinism, a pursuit that has taken him on expeditions from Alaska to Patagonia to Kyrgyzstan to Pakistan and all over the lower 48 and Canada. Dedicated to using his platform for good, he holds leadership roles in a range of nonprofits and outdoor companies, including the American Alpine Club and Protect Our Winters. He lives in Bend, OR with his wife, Shannon, and their dog, Pebble. Find him online at grahamzimmerman.com.
Accidents in North American Climbing 2023
by American Alpine Club

- Beginners and experts alike rely on the stories and analysis in Accidents to become safer climbers
- Know the Ropes and Essentials articles provide expert howto advice throughout the book
- Dozens of dramatic first-person accounts

Since 1948, the American Alpine Club has documented the year's most teachable climbing accidents, providing invaluable lessons to climbers. In Accidents in North American Climbing, more than 100 incidents are thoroughly analyzed to help climbers avoid similar mistakes in the future. In our Know the Ropes and Essentials sections, professional guides, rescuers, and other experts offer in-depth instruction and copious illustration to help prevent avoidable accident.

Author Bio

Produced jointly by the Safety Committees of the American Alpine Club and the Alpine Club of Canada, Accidents in North American Mountaineering details what happened and analyzes what went wrong in each situation to give mountaineers the opportunity to learn from others’ mistakes.
American Alpine Journal 2023
The World's Most Significant Climbs
by American Alpine Club

• Hundreds of first-person reports and photos
• The AAJ goes beyond social media and hot flashes' news with in-depth reports carefully edited by a team of experts
• Expanded climbing history section

Published annually since 1929, the American Alpine Journal (AAJ) is renowned as the journal of record for long new climbs of all kinds. Lavishly illustrated with color photos and maps, the AAJ is where the world's leading climbers tell the stories of their biggest routes - the climbs that will be tomorrow's legends. Each year we reveal dozens of newly discovered climbing destinations and unclimbed summits, from Alaska to the Karakoram. All reports are carefully edited by a team of experts, ensuring accuracy and objective reporting.

Author Bio

Produced jointly by the Safety Committees of the American Alpine Club and the Alpine Club of Canada, Accidents in North American Mountaineering details what happened and analyzes what went wrong in each situation to give mountaineers the opportunity to learn from others' mistakes.
**Been Outside**
Adventures of Black Women, Nonbinary, and Gender Nonconforming People in Nature
by Amber Wendler and Shaz Zamore, foreword by Carolyn Finney

• Illustrates the broad experiences of nature enthusiasts by highlighting diverse perspectives and intersectionality
• Contributors are all Black women and nonbinary outdoor writers working in fields such as botany, marine biology, ornithology, mammalogy, environmental policy, land management, and more

Encompassing four major themes - identity, inspiration, ancestry, and stewardship - *Been Outside* traces common experiences across these writers’ paths through nature and into science. This collection explores what sparked their interests in the natural world, how fieldwork and adventure have shaped them as individuals, what it means to be a Black woman or nonbinary scientist studying the natural world, and what the future may look like for our shared outdoor community.

Essays and poems range across activities from rock climbing, surfing, and snowboarding to fieldwork with birds and marine animals. Camille Mosely contemplates the rich fishing history of Black Americans and how that relates to their career in freshwater ecology. Sharon Dorsey reflects on finally meeting a wildlife professional who looks like her. And Tanisha Williams shares the emotional journey of returning to South Africa to study plants. Edited by Amber Wendler and Shaz Zamore, these stories from 22 writers highlight the challenges and joys of carving out your own path - and will inspire any reader looking to craft their own outdoor life. *Been Outside* promotes collective action toward making the outdoor community more inclusive and welcoming to all.

**Author Bio**

Amber Wendler is a PhD candidate in biological sciences at Virginia Tech and earned a BA in biology from Boston University. She has studied organisms ranging from birds to fishes to plants in Latin America and across the US. Wendler is passionate about making STEM and the outdoors more inclusive. Visit her online at amberwendler.com. Dr. Shaz Zamore is a teaching assistant professor and STEAM coordinator at Colorado University-Boulder. They apply their background in neuroscience and STEAM communication to their company, Craniate, which makes culturally responsive neuroscience comics and experiment kits for marginalized learners. Zamore is a seasoned snowboarder, runner, and fire performer. Visit them on Instagram @TheDoctaZ.
by Reynold Jackson and Leigh Ortenburger, by (photographer)
Greg Winston

- Features 932 routes including dozens of new routes and a new chapter on the Grand Traverse
- All-new aerial photography with detailed route overlays

This fourth edition of A Climber's Guide to the Teton Range - years in the making - includes 932 routes on more than 235 peaks and canyon walls. For each route, longtime Teton climbing ranger Renny Jackson supplies difficulty classification, first ascent information, and access to the route, and, as needed, also includes approach considerations, route and/or pitch details, and route of descent. He notes the estimated time needed for the climb and any additional protection needs. Cross-references for each route shown on the topographic figures help climbers quickly find the route details they need.

Readers will find a greatly expanded section on the history of climbing in the Tetons along with updated information about geology, climatology, preparation, regulations, and ethics. Jackson also covers possible traverses and enchainments (linking up several routes). A new section explaining route descriptions, maps, and difficulty ratings enhances this edition's usability, and a complete list of Jackson's favorite climbs rounds out this essential guid

Author Bio

A climber with over 50 years of experience, Renny Jackson worked as a climbing ranger for 34 years at Denali and Grand Teton National Parks before retiring in 2010.

Leigh Ortenburger was the original author of A Climber's Guide to the Teton Range and his work continues to inform the current edition. He passed away in 1991.

Greg Winston's landscape and nature images are widely published, and he has helped create natural history documentaries broadcast by National Geographic and the BBC. Visit him online at gregwinstonphoto.com.

Notes
Colorado’s Best Hikes for Fall Colors  
by Matt Enquist

- Hikes to 45 of Colorado’s best places to see fall colors  
- How to time your hike with peak season  
- Where to see aspen groves, cottonwoods, ash, box elder, willows, and alpine tundra

For eight weeks every fall, the trees of Colorado put on a breathtaking display of color. The gold, orange, and red of aspen trees contrast with white, snow-covered mountains and bluebird skies, and temperatures cool off, making fall a magical time to get outdoors. This guidebook offers hikers the best 45 trails in Colorado for noteworthy beauty - without summer’s crowds or traffic - along with a sense of adventure.

Many of these hikes will have you saying Wow!” around every corner as you spy a bright-yellow aspen grove. Others may surprise you with golden cottonwood trees, orange ash or box elder, or red fields of tundra. As a bonus, all of these are great hikes in the spring and summer too. Grab this guide and head to the hill

Author Bio

The CMC, with 10,000 members, is the largest outdoor and conservation organization in the Rockies. They are headquartered in Golden, CO.
Discovering the Outlaw Trail
Routes, Hideouts & Stories from the Wild West
by Mike Bezemek

- Recommends mountain bike routes, hikes, paddle trips, backpacking, camping, and other activities
- Includes museums, ghost towns, scenic drives, historic sites, and more
- Fascinating stories about Butch Cassidy and the Wild Bunch, Ann and Josie Bassett, and other infamous outlaws

In the days of the Wild West, the outlaw trail” was a series of rugged routes linking remote hideouts from Canada to Mexico. Winding through mountain ranges and desert mesas, into river valleys and slot canyons, these interwoven trails were frequented by cattle rustlers and bandits, including Butch Cassidy and his Wild Bunch gang.

Discovering the Outlaw Trail explores some of the most stunning and significant locations in the West so you can ride, hike, bike, or paddle along the same routes legendary outlaws traveled. Packed with history and beauty, the region offers opportunities to combine historical discovery with outdoor activity for many funfilled adventures. Visit Butch Cassidy’s boyhood home, then take an exhilarating mountain bike ride in Utah’s Red Canyon; drive through South Dakota’s fabled Black Hills, taking in Badlands National Park, a hike to the summit of Black Elk Peak, or a ride on the restored 1880 train; visit a former silver-mining and gambling town in the morning and whitewater raft on Colorado’s Upper Arkansas River Valley in the afternoon. The region offers a cornucopia of options for outdoor adventurers as well as plenty of museums, historical sites, ghost towns, and scenic drive

Author Bio

Mike Bezemek is the author of six books, including several that combine storytelling and trip guides like Space Age Adventures: Over 100 Terrestrial Sites and Out of This World Stories and Paddling the John Wesley Powell Route. His writing and photography can be found in Outside, Men’s Journal, Blue Ridge Outdoors, National Parks Magazine, and other publications. Visit him online at mikebezemek.com.
Knowing the Trees
Discover the Forest from Seed to Snag
by Ken Keffer, illustrated by Emily Walker

• Includes wide range of natural history and facts about types of forests, tree species, tree biology, and more
• Full-color illustrations throughout and Seeds of Knowledge sidebars enliven and deepen understanding of tree science
• From the award-winning author of Earth Almanac

In Knowing the Trees, naturalist and outdoor educator Ken Keffer explores our forests with both precision and charm. He offers essential context for understanding scientific knowledge and discoveries about trees and forest ecology, informed by rich anecdotes and specific examples from across the US.

Modeled after the life cycle of a tree, this beautifully illustrated guide showcases a wide range of topics, including unique reproductive strategies, the wonders of seed dispersal, vast underground networks of roots, the importance of photosynthesis, treetop canopies, how snags and nurse logs contribute to the future of a forest, connections among other species throughout the habitat, benefits of forest bathing, and so much more. Keffer also makes the convincing case that our health dependson the health of trees and being able to see the forest and the tree

Author Bio

Naturalist and award-winning environmental educator Ken Keffer is the author of nine books, including Earth Almanac: Nature’s Calendar for Year-Round Discovery. Keffer is a frequent contributor to Birds & Blooms magazine and The Nature Conservancy’s Cool Green Science. He lives in Bloomington, Indiana, where he and his wife run a Wild Birds Unlimited store. Visit him online at KenKeffer.net.

Emily Walker is an artist and scientist. Her main mediums are pen and watercolor or a combination of both, and she often uses her photographs and in-the-field sketches as her references. Visit her online at fernsandfins.com.
Rare Air
Endangered Birds, Bats, Butterflies, & Bees
by Sarah Kaizar and A. Scott Meiser

- Stunning collection of endangered winged animals in distinctive pen and ink style
- Features 66 endangered North American species of flight
- Full-color illustrations throughout

Rare Air, the culmination of artist Sarah Kaizar's dedication to illustrating endangered fauna, features 66 endangered species of flight - 33 birds, 5 bats, 12 bees, and 16 butterflies - presented in her scientifically accurate and utterly engaging pen-and-ink style. Complementing the art are informative and story-driven natural histories of each species by writer A. Scott Meiser, as well as interviews with biologists who are working to sustain some of the same species. An introduction highlights how Kaizar developed this project, while the How to Get Involved appendix provides helpful tips on actions readers can take to help these creatures.

Kaizar's work informs readers about the world around them in a way that is beautiful and engaging, while also examining the environmental conditions that put these species at risk. Rare Air broadens the conversation about environmental study and inspires readers across the country to care for our winged creature.

Author Bio

Sarah Kaizar is the author of Hiker Trash: Notes, Sketches & Others Detritus on the Appalachian Trail, and her illustration work has been seen in galleries and museums including the Woodmere Art Museum, Delaware Contemporary, and the Schuylkill Center for Environmental Education; she is currently represented by Paradigm Gallery. Sarah lives and works in Philadelphia.

A. Scott Meiser is a high school English teacher who lives with his wife in Bristol Borough, Pennsylvania. Though he is not a classic outdoorsman, Meiser's rural roots have taught him an attentiveness and appreciation for the natural world.
Return of the Bison
A Story of Survival, Restoration, and a Wilder World
by Roger Di Silvestro

• Offers a hopeful view of threatened species, grounded in history and science

• Addresses current conservation trends: wildlife corridors, prairie restoration, cultural restoration for the American Indian community

Return of the Bison is the story of how this symbol of the American West was once almost lost to history and of the continuing journey to bring bison back from the brink. Author and naturalist Roger Di Silvestro explores the complex history of the bison's decimation and how a rising awareness of their possible extinction formed the roots of many modern wildlife conservation approaches. Weaving in natural history and fascinating historical context featuring personalities such as Teddy Roosevelt, George Bird Grinnell, and William T. Hornaday, Di Silvestro traces the decades it took to begin to save the bison, often with little hope and plagued by discouraging setbacks. Di Silvestro explores the key role in the story of America's Indigenous people, whose fate was intertwined with the bison's and whose conservation work is important not only for the animal's recovery but also for their own cultural renewal.

Di Silvestro also examines the plight of European bison and the latest challenges facing the species in the US: Are the bison doomed to be treated like cattle, fenced and contained? Or will they be listed as an endangered species, requiring us to treat them like the wild animals they are?

Author Bio

Roger Di Silvestro is a former writer and editor for Defenders of Wildlife, the National Audubon Society, the National Wildlife Federation, and other organizations, as well as a former communications director for the National Parks Conservation Association. He is the author of ten books, most recently Theodore Roosevelt in the Badlands: A Young Politician’s Quest for Recovery in the American West and In the Shadow of Wounded Knee: The Untold Final Story of the Indian Wars. He lives in Virginia. Visit him online at rldisilvestro.com.
ROYAL ROBBINS

THE AMERICAN CLIMBER

by David Smart

The American Climber chronicles his early years growing up as a latchkey kid in Southern California, the push and pull between being an aspiring banker or one of the original Camp 4 dirtbags, and his later decades as a father, husband, kayaker, and the trailblazing founder of the outdoor apparel company that bears his name. This intimate, colorful tour of climbing history covering Yosemite, the Tetons, the Gunks, the Alps, the United Kingdom, and more from the 1960s onward features star characters such as Liz Robbins - Robbins's wife and a pioneering adventurer in her own right - Yvon Chouinard, John Harlin, Steve Roper, Warren Harding, Tom Frost, and Doug Tompkins.

An important addition to our knowledge of the Golden Age of rock climbing in Yosemite and the development of the clean climbing ethos, Royal Robbins sheds new light on an elemental figure of outdoor culture.

Author Bio

David Smart is founding editor of Gripped magazine, editorial director at Gripped Publishing, and author of five guidebooks. His biography of Austrian solo climber Paul Preuss was shortlisted for the Boardman Tasker Prize, and his biography of Italian climber Emilio Comici won that prize along with the Banff Award for Climbing Literature. Other honors include the H. Adams Carter Award for Mountain Literature from the American Alpine Club. His work has appeared in Climbing, Rock and Ice, The American Alpine Journal, The Canadian Alpine Journal, and Alpinist. Smart resides in Toronto.
Salmon, Cedar, Rock & Rain
Washington's Olympic Peninsula
by Tim McNulty, foreword by Fawn Sharp, introduction by David Guterson

• Contributors include Wendy Sampson, Loni Greninger, Gary Morishima, Maria Pascua, Jamie Valadez, Lynda V. Mapes, and others
• Includes 150 stunning full-color photographs of the region

In the Pacific Northwest, many of us delight in Olympic National Park, a unique and magical UNESCO natural World Heritage Site, located right in our own backyard. Yet the famed park is just the center of a much larger ecosystem, a wild circle of rivers that encompasses ancient old-growth forests, pristine coastal expanses, and jagged alpine peaks, all possessed of a rich biodiversity. For tens of thousands of years, humans have thrived and strived alongside this natural world.

In Salmon, Cedar, Rock & Rain, Tim McNulty explores the Olympic Peninsula's complex - and ongoing - story of development, conservation, restoration, and cultural heritage, while writers from the Lower Elwha Klallam, Jamestown S'Klallam, Port Gamble S'Klallam, Makah Tribe, and Quinault Indian Nation share some of their own history, stories, and perspectives.

Perhaps no other region in the Northwest offers a history of such depth, nor a future ripe with so much potential. Salmon, Cedar, Rock & Rain is a rich and vivid exploration of both Olympic National Park and its surrounding peninsul

Author Bio

Tim McNulty is a poet, essayist, and nature writer and recipient of the Washington State Book Award and National Outdoor Book Award.

David Guterson is a novelist, short story writer, poet, essayist, and journalist. He is best known for his award-winning debut novel, Snow Falling on Cedars, which won both the PEN/Faulkner Award and the American Booksellers Association Book of the Year Award. It has sold more than four million copies and was adapted as a major motion picture. He lives on Bainbridge Island near Seattle with his wife Robin. They have five children. Visit him on Facebook @davidgutersonauthor.

Fawn R. Sharp serves as the 23rd president of the National Congress of American Indians (NCAI) and is also the current vice president of the Quinault Indian Nation in Taholah, Washington.
Urban Trails Salt Lake City
Salt Lake Valley * Trans-City Routes * Millcreek * Cottonwoods
by Ashley Brown

- Includes more than 40 trails, ranging from a mile-long stroll to a 35-mile-long parkway with multiple access points
- Compact, colorful package - perfect stocking stuffer!
- Author is a Utah native

Urban Trails: Salt Lake City will get residents and visitors alike outside on more than 40 routes in the beautiful parks, canyons, and mountains in and around this fast-growing city. Whether readers are looking to walk, run, or hike, this full-color guide offers a wide range of options from short, easy jaunts to more challenging all-day hikes. From the network of preserves and parks close-in to the more rugged canyons and majestic Wasatch peaks just outside the city, readers will find a plethora of choices for enjoying all that the area has to offer.

This accessible guidebook includes:
- Detailed trailhead directions that include public transportation options whenever available
- Information on the area’s wildflowers and flowering shrubs and trees
- Amenities for each destination such as restrooms, picnic facilities, playgrounds, and more
- Trail distance, high point, elevation gain, and other details
- Info for families with kids, dog owners, and winter trail user

Author Bio

Utah native, Ashley Brown hails from Pleasant Grove and spent her childhood playing in the foothills of Mount Timpanogos. Wilderness conservation is a crucial component in how she writes and recreates -- walking, hiking, and running in the mountains for rejuvenation. Her writing has appeared in a variety of Utah-based travel and outdoor publications, including Utah Adventure Journal, Park City Magazine, Town-Lift, PCStyle Magazine, and Neighbors of Park City Magazine. She seeks adventure to fuel her stories with her husband Chris Brown, an AMGA guide, climbing rock and alpine routes, snowboarding and splitboarding, and catching some air on her wakeboard.
Waterfall Atlas of the United States
by Gregory Plumb

- Most exhaustive history of America's waterfalls ever published
- Extensive state-by-state overview
- Includes information on geology, flora and fauna associated with waterfalls, human and cultural history, and more

The culmination of more than four decades of collecting and interpreting information about waterfalls throughout the United States and its territories, Waterfall Atlas of the United States reveals the varied nature of these natural phenomenon from several perspectives - including geographical, physical, and cultural - through the use of maps, figures, and photographs. The first of three sections examines the natural and geologic history of waterfalls, including their different forms and distribution across the country. The second part touches on exploration and lore, along with cultural and economic aspects, related to waterfalls. And the final part, the core of the atlas, examines waterfalls within individual states, including Washington, DC, and US territories.

Designed for waterfall aficionados or burgeoning fans of falls, as well as for special collections and libraries, this one-of-a-kind atlas is sure to capture the hearts and minds of waterfall lovers everywhere.

Author Bio

Dr. Gregory A. Plumb holds degrees in geography from Central Michigan University, the University of Idaho, and the University of Kansas. Plumb has served as GIS director for Johnson City, Tennessee, and was a faculty member at the University of Oklahoma, East Tennessee State University, and East Central University. He is the author of Waterfall Lover’s Guide to the Pacific Northwest and Waterfalls of Tennessee and founder of Personalized Map Company. Plumb lives with his spouse in Oklahoma City.