MOUNTAINEERS BOOKS is the publishing division of The Mountaineers, a nonprofit membership organization that has been a leader in outdoor education for more than 100 years. Mountaineers Books publishes regional activity guidebooks, sports instructional texts, and nonfiction adventures.

It's all about the outdoors.

Mountaineers Books is an independent nonprofit publisher
Our conservation titles are published by BRAIDED RIVER, which uses the emotive power of books as key tools in advocacy campaigns. We work with well-known nonprofit partners and reach millions of passionate citizens with messages for solving problems to make the world a better place for present and future generations.

SKIPSTONE is our imprint for people striving to live a sustainable lifestyle, which for us means digging in the garden, thinking about what we eat, treating all creatures with respect, and finding ways to reduce our carbon footprint.

Photo by Cassandra Overby from Explore Europe on Foot
NEW

ARCTIC SOLITAIRE
A BOAT, A BAY, AND THE QUEST FOR THE PERFECT BEAR
PAUL SOUDERS

AVAILABLE IN SEPTEMBER

A photographer, a boat, and a somewhat quixotic quest to capture the perfect polar bear photo

• Damned funny adventure tale from a gifted photographer and writer
• Author is winner of prestigious National Geographic and BBC photography awards
• Color photos throughout

Photographer Paul Souders considered himself a lucky guy. He traveled the world and got paid to take pictures. Yet at age fifty he seemed an unlikely explorer. Recently married, he was leading a generally contented life as an urban homebody, ending most days with a cold martini and a home-cooked meal. So how did he find himself alone aboard a tiny boat, enduring bad weather and worse cooking, while struggling to find his way across more than a thousand miles of of Hudson Bay?

It was all for a picture. He dreamed of photographing the Arctic’s most iconic animal, the polar bear, in its natural habitat.

It was a seemingly simple plan: Haul a 22-foot fishing boat northeast a few thousand miles, launch, and shoot the perfect polar bear photo. After an inauspicious start and endless days spent driving to the end of northern Canada’s road system, he backed his C-Dory, C-Sick, into a small tributary of Hudson Bay. Battered by winds and plagued by questionable navigation, Paul slowly motored C-Sick north in the hopes of finding the melting summer ice that should be home to more than a thousand polar bears. He struggled along for weeks, grounding on rocks, hiding from storms, and stopping in isolated Inuit villages, until finally, he found the ice and the world was transformed. The ice had brought hundreds of walrus into the bay and dozens of polar bears arrived to hunt and feed. For a few magical days, he was surrounded by incredible wildlife photo ops. He was hooked.

For more than thirty years, Paul Souders’ adventure travels have taken him across all seven continents as a professional photographer. His photography has appeared in a wide variety of publications, including National Geographic, Geo (France and Germany), Time, and Life magazines. His images have won first place awards at the BBC Wildlife Photographer of the Year competitions in 2011 and 2013, the National Geographic Photo of the Year contest in 2013, and Grand Prize in the 2014 Big Picture Competition. Paul lives in Seattle with his family; you can follow his adventures at worldfoto.com and paulsouders.com.

This might be a good time to point out that I hate boats.  
I hate the smell of them. I hate the cloying dampness, the sea-sickening bobbing-cork lurch, and the  
musty, cramped spaces. Then there’s the unmistakable correlation between time on the high seas and  
violent psychological disorder. I’m hardly the first to observe that life at sea offers all the benefits of prison  
time—with arguably worse company and distinctly better odds of drowning.  
Yet even as my brain and my accountant shouted, No, no, no, my heart said, Oh hell yeah. It was time  
for a proper boat. I already had plenty of experience bashing around the waters of Alaska, Canada, and  
Greenland in small and often leaky Zodiac dinghies. These were not much more than blow-up rafts with an  
outboard motor bolted on the back. Light enough to carry as airplane luggage, once inflated, they could  
carry thirty gallons of fuel, weeks’ worth of food, and all the camera gear I was willing to destroy. I covered  
thousands of miles of remote wilderness coastline in those boats, and felt like I was cheating death at every  
turn.  
Picture the elegant simplicity of paddling a sea kayak across the still waters of some wondrous coastal  
fjord. Now imagine the exact opposite. Riding in a Zodiac can best be described as neck-snapping, molar-  
shattering torment. Every ripple, bump, and wave on the water is amplified up the length of your spinal  
column. There’s no avoiding every drop of rain sent down from heaven nor the torrents of salt spray tossed  
up by the sea. Then, at the end of a long day’s watery travels, there remained the prospect of locating a  
suitable campsite, wrestling a soggy tent into submission, rehydrating a bag of freeze-dried cardboard over  
a hissing camp stove, and settling in for another cozy night’s sleep in the wet dirt, keeping one ear cocked  
for the sound of approaching bears.  
For years, I jealously watched big cabin cruisers motoring up and down Alaska’s Inside Passage as I  
squelched around the forest. From my dismal perch, I could watch proper yachting couples traveling in  
leather-upholstered splendor, sipping cocktails and preparing freshly caught salmon in their stainless steel  
galleys, before they settled down to eat by the warm glow of generator-powered lights. More than once,  
as I sat shivering in my dinghy, a stranger motored past and asked where my boat was. What could I say  
but, “You’re looking at it”? If I sniffled and looked suitably pathetic, I could usually wheedle a cup of hot  
chocolate out of them.  
Yet for all the months and miles I’d spent on the water, I didn’t know much about proper boating that I  
hadn’t picked up from Jacques Cousteau. On Sunday nights at seven thirty, I couldn’t change a spark plug  
or tie a proper knot or fix a leak, and I was not above navigating with the torn-out pages of a road atlas.  
After a decade of Zodiacs, the novelty had worn thin, even as my obsession with the North grew more  
fevered. When I found myself with some money to squander, I went out boat shopping. It was more dumb  
luck than rigorous research that led me to the C-Dory boats. They reminded me of my old VW camper:  
simple and functional, but less inclined to leave me stranded with a dropped transmission in the middle of  
the New Mexico desert.  
I bought the first boat I set eyes on. The owner, Pastor Kirby, had christened her C-Sick—that’s Lutheran  
humor for you. He let me take her out for a white-knuckle test drive on Puget Sound. That I didn’t sink the  
boat and drown us both I attribute to the power of his silent, fervent prayers. He carefully explained that  
she was in pristine condition, with low hours and two spotless Honda outboard engines. I half expected the  
good pastor to tell me he’d only driven her to church on Sundays. I was a fish on the hook; he barely had to  
reel me in. I paid full asking price, far more than she was worth, but you can’t stop love.
CAMPFIRE STORIES
TALES FROM AMERICA’S NATIONAL PARKS

DAVE KYU AND ILYSSA KYU, EDITORS

AVAILABLE IN AUGUST

A collection of entertaining stories, poems, legends, and more from six iconic and beloved national parks

- Stories that encapsulate a park’s essence or capture a significant event in its history
- Perfect for retelling around a campfire to friends and family
- Park-specific legends, larger-than-life heroes, histories, animal tales, and much more

Our national parks are beautiful and unique places, often serving as an introduction to the outdoors and inspiring an appreciation for nature and wilderness. Similarly, stories and storytelling can serve as an introduction to other places and foster a powerful emotional connection to nature. Campfire Stories brings together tales about our national parks; some are by well-known writers such as John Muir, Bill Bryson, and Terry Tempest Williams, while others are from pioneer diaries or have been passed down through generations of indigenous peoples.

The book focuses on these six iconic national parks:
- Acadia National Park
- Great Smoky Mountains National Park
- Rocky Mountain National Park
- Yellowstone National Park
- Yosemite National Park
- Zion National Park

Each story includes an “About this Story” reflection, offering insight into how co-editors Dave and Ilyssa Kyu discovered the tale, why they selected it, and some background about its writer. Dave and Ilyssa also share their own thoughts on each of the parks they visited, as well as tips on how to be a compelling storyteller.

Dave Kyu is an artist and writer. Born in Seoul, South Korea, and raised in the United States, Dave explores the creative tensions of identity, community, and public space in his work. He has made public art with the Mural Arts Program, Asian Arts Initiative, and the City of Philadelphia. Ilyssa Kyu has a bachelor of science in industrial design and has been a designer in the Mayor’s Office of Sustainability for the City of Philadelphia. The couple lives in Philadelphia with their daughter. Learn more at campfirestoriesbook.com.

A humorous, light-hearted account of a father and son’s “Big Year” traveling across the country and abroad on a birdwatching quest

From the killer bee-infested border region of southeast Arizona to the sultry islands of the Galapagos, Warblers & Woodpeckers recounts the quest of a father and his thirteen-year-old son to see as many birds as possible in a single year. With a measured blend of humor, natural history, and adventure, this tale takes readers to great birding hotspots of America and beyond, both to experience their incredible avian wealth and to experience the focused, often eccentric, world of ornithological travel. Along the way, readers share the ups and downs of the relationship between a father and his teenage son.

Writer Sneed Collard and his son Braden set out to establish their own personal Big Year bird species count record. In Warblers & Woodpeckers, Sneed shares the excitement, challenges, perils, and insights that come with crisscrossing the country in search of some of Earth’s most remarkable creatures. It’s a father-and-son tale, in which the adventure is in the journey and the surprising discoveries and encounters with our wondrous feathered friends. Sneed brings a fast-paced yet generous voice to the attempt, and readers of all stripes will appreciate the way backyard birders can create their own Big Year.

Sneed B. Collard III is the author of more than seventy-five books, along with countless magazine articles for both children and adults. He is the recipient of the Washington Post Children’s Book Guild Nonfiction Award for his body of work, while one of his newest titles for kids, Hopping Ahead of Climate Change: Snowshoe Hares, Science, and Survival, was a finalist for 2016’s AAAS/Subaru Science Books & Films Prize for Excellence in Science Books. The Collards live in Missoula, Montana, and you can read more about Sneed at sneedbcollardiii.com.


MEMOIR/BIRDING. Rights: World.
NEW

WALKING TO THE END OF THE WORLD
A THOUSAND MILES ON THE CAMINO DE SANTIAGO

BETH JUSINO

AVAILABLE IN OCTOBER

Two sheltered Americans take a three-month break from careers, home, and the internet to backpack a nine-hundred-year-old trail across Europe.

• An engaging memoir about letting go, getting outside, and living at a human pace
• More than fifteen thousand Americans walk the Camino de Santiago annually
• Winner of the Barbara Savage Award

In April 2015, Beth and Eric Jusino, laden with backpacks and nerves, walked out of a cathedral in the historic village of Le Puy, France, down a cobblestone street, and turned west. Seventy-nine days, a thousand miles, two countries, two mountain ranges, and three pairs of shoes later, they reached the Atlantic Ocean.

More than two million pilgrims have walked the Way of Saint James, a long-distance hiking trail familiar to most Americans by its Spanish name, the Camino de Santiago. Each pilgrim has their own reason for undertaking the journey, and most opt to do only part of the distance. The Jusinos’ pilgrimage was about taking a break from the relentless pace of modern life, getting away from all their electronic devices, and experiencing a three-month sabbatical from regular life in order to complete the entire trail. They just had to walk twelve to fifteen miles every day along a generally well-marked path. Simple.

Beth is not an athlete, not into extreme adventures, and, she insists, she is not a risk-taker of any sort. She does not even speak French or Spanish. But she can tell a story. Walking to the End of the World is a warm-hearted and engaging story about an average couple going on an adventure together, tracing ancient paths first created in the tenth and eleventh centuries, paths that continue to inspire and reveal surprises to us today in the twenty-first.

Beth Jusino is an award-winning writer, editor, and book-publishing consultant in Seattle. She also has been a regular lecturer on the Camino De Santiago. You can learn more about Beth at bethjusino.com, and about her obsession with the Camino at caminotimestwo.com

Every year, a quarter of a million people follow some part of the Way of Saint James. They travel by foot, bicycle, or horseback toward the Spanish city of Santiago de Compostela, about sixteen hundred kilometers from where we currently stood. They come from around the world, and for a multitude of reasons. It’s not uncommon for complete strangers to ask, “Why are you walking the Way?”

I never had a good answer. I certainly wasn’t there for sport. In the spring of 2015, at thirty-eight years old, I didn’t look like someone who could—let alone would—walk a thousand miles. I wasn’t the “outdoors type.” I didn’t run marathons, climb mountains, or even exercise regularly. Sure, I walked almost everywhere in my urban neighborhood, but I’d never been backpacking. My idea of a hike was a five-mile stroll through well-tended, preferably flat, city parks.

Nor did I go to France looking for a miracle or pursuing an existential spiritual quest. Even the word “pilgrimage,” with its religious undertones, made me uncomfortable. I’d grown up in a traditional Baptist church and was educated from kindergarten through college in Christian schools, but my relationship with the church had changed over time. Over the past decade we’d amicably gone our separate ways, and I wasn’t interested in revisiting the relationship.

And no, I wasn’t seeking the answer to some important question, grieving a loss, or looking for a radical change to my everyday life. Eric and I both did meaningful work that fit our personalities and passions. We had good friends, a healthy extended family, and hobbies galore. We were childless by choice, so there was no drama there. We lived in a city I loved, in a corner of the world I thought was just about perfect. But yet here I was, in a remote corner of France few Americans had ever heard of, with a plan to walk all the way to the Atlantic Ocean. Why was I here?

Well, because twenty years of postmodern adulting had burned me to a crisp. My life, like that of most of those in my generation, was controlled by the relentless demands of screens. I ran a publishing consulting business and spent my days, and too many nights, hunched over a laptop. Though I controlled my schedule, I had trouble believing that I could take a day off and still pay the rent. I had four separate email inboxes, all of them filled with demands on my attention. My electronic calendar was a rainbow of appointments, commitments, deadlines, and tasks—all overlapping. My social media habits had accelerated with the rest of my life’s demands. I constantly checked my smartphone. Some days I couldn’t get from my apartment to my car without opening Facebook. What if I missed something?

What I was missing was a life that felt real. I was here because the Camino, with its thousand years of history, felt real.
EXPLORE EUROPE ON FOOT
YOUR COMPLETE GUIDE TO PLANNING A CULTURAL HIKING ADVENTURE
CASSANDRA OVERBY

AVAILABLE IN OCTOBER

Experience Europe from a trail for a slow-travel cultural vacation that literally gets you off the beaten track.

- Includes 15 of Europe's best hiking trails for active vacationers
- A fun, colorful, modern guidebook for adventure travel to Europe
- Culturally immersive “slow travel” is a growing travel segment

Move over traditional sightseeing, throngs of visitors, and tourist traps! Explore Europe on Foot gives travelers an alternative way to discover Europe. A hiking vacation offers countless rewards: the time to admire the tidiness of a village farm, soak in the rugged alpine view from a rocky perch, and absorb a country through the smells of its landscape and encounters with locals. Explore Europe on Foot is a complete guide to conceptualizing, planning, and executing the slow-travel hike (or hikes!) of a lifetime.

Author Cassandra Overby tells you how you can spend all, or even just part, of your vacation enjoying scenery, small towns, and cultural experiences most travelers miss—all without carrying a big backpack. This guide offers all the nuts and bolts you need: how to choose a route that is right for you, how to plan, what to pack, what to expect, how to find accommodations and food, how to deal with challenges along the way, and so much more. These aren't wilderness backpacking trips, but rather a wide range of town-to-town walks that offer the opportunity to have an authentic, affordable, restorative vacation.

Travelers will also appreciate overviews of fifteen long-distance trails in Belgium, France, Italy, Germany, Great Britain, Morocco, Portugal, Spain, Switzerland, and Turkey, with itineraries that range from one to fifteen days.

Cassandra Overby is a professional travel and outdoors writer. She spent two years studying, working, traveling, and hiking in Europe while researching this unique guidebook. She currently makes her home in Seattle, and blogs about her foreign slow-travel adventures at explore-on-foot.com.

SCRAPS, PEELS, AND STEMS
RECIPES AND TIPS FOR RETHINKING FOOD WASTE AT HOME

JILL LIGHTNER; PHOTOGRAPHY BY SHANNON DOUGLAS

AVAILABLE IN SEPTEMBER

How to shop, store, cook, dine, and responsibly dispose of food waste

• Roughly 40 percent of all food in the US does not get eaten
• Author explains how you can reduce food waste in your daily life
• Includes recipes using scraps instead of tossing them out

Scrap, Peels, and Stems is a comprehensive and accessible guide to how you can reduce food waste in your daily life. Food journalist Jill Lightner shows how to manage your kitchen for less waste through practical strategies, tips, and advice on food purchasing, prep, composting, and storage. Topics and features include:

• 65 recipes for breakfast, lunch, dinner, snacks, and drinks as well as items for your pantry
• Money-saving tips throughout
• Three levels of action for every topic, to help you figure out what’s doable
• Portioning to avoid leftovers on the plate

• Meal planning vs. freestyle cooking
• Grocery shopping and dining-out tactics
• Storage strategies for small, urban kitchens—and how to read expiration dates
• Insight into “nose to tail” and “root to stem” cooking trends

Writer and editor Jill Lightner has long explored the economics, environmental concerns, and flavors of the food system. Most recently she was the co-editor of Taste magazine, published by the largest food co-op in the US, PCC Community Markets. She has also been a restaurant critic and edited the award-winning Edible Seattle magazine, as well as two Edible Communities cookbooks. She is the co-author of the popular book Mason Bee Revolution (Skipstone). Jill lives in Seattle.

Photographer Shannon Douglas’s rich and expressive self-styled images have been featured in books, periodicals, and campaigns internationally, including more than thirty cookbooks. Shannon lives in North Bend, Washington.

“In the wild, something inside me opens to innovation, inspiration, creativity, and imagination. It’s a good feeling, one that leaves me light and full of energy, free to imagine who I want to be in this life. . . . Yet it’s slippery and ephemeral, and I can never seem to pack it out with me.” —Adrienne Lindholm

It Happened Like This is, on the surface, a memoir about what it means to live and love in one of the wildest places on the planet. But the love described is not a simple one; it’s a gritty, sometimes devastating, often blood-pumping kind of feeling played out in the rugged Alaska wilderness.

In an authentic and honest voice, writer Adrienne Lindholm recounts her move to Alaska as a young woman eager to begin her career in environmental and wildlife studies. She finds herself initially out of her depth among her peers, many of whom are also “Outsiders,” new to the state, but who seem more experienced, more confident. Eventually she finds her way, immersing herself in the rigors of wilderness adventures and building a community of outdoorsy friends to sustain her. Soon she falls in love with JT and gradually, at times painfully, they build a life together and decide to start a family amidst the wild.

With It Happened Like This, readers take an intimate, gently humorous, and occasionally adrenalin-spiked journey into adulthood, and into the depth and comfort of wilderness.

Adrienne Lindholm has an MS in environmental studies and has worked both in that field and in outdoor recreation for more than two decades. Adrienne is the author of A Journey North: One Woman’s Story of Hiking the Appalachian Trail (Appalachian Mountain Club Books, 2000), as well as four instructional books on backpacking. She lives in Eagle River, Alaska, with her husband and daughter.

NEW

THE WILD LINES OF JEREMY COLLINS
2019 WALL CALENDAR
JEREMY COLLINS

AVAILABLE IN AUGUST

Praise for Drawn:

“A visual riot and a heartfelt exploration of an adventurous life” –National Geographic
Winner, Banff ‘Adventure Travel’: “A work of art . . . Recommended, highly.” –Victor Saunders, Banff Book Jury

Climbing artist and the author of the popular book Drawn, Jeremy Collins is back, packaging twelve original, hand-drawn works into this 2019 wall calendar. The limited edition 2018 calendar by this popular outdoor artist sold out in less than two months.

Jeremy’s striking, full-color artwork ranges from scenic paintings to detailed journal sketches, all depicting adventures, wildlife, public lands, and wilderness destinations he experienced over the previous season. While standard national holidays appear in every month, you will also find dates relevant to the outdoor, conservation, and adventure communities—from the birthdays of John Muir and Yvon Chouinard to notices of National Wetlands Day and International Polar Bear Day to helpful reminders to get out for a pre-Christmas hike or a solstice camping trip.

Each month includes a mini-essay by Jeremy about his artwork or notable dates in environmental history, as well as “Action Prompts” to encourage community engagement. With drawings suitable for framing and printed on thick, uncoated, FSC-certified paper, “The Wild Lines of Jeremy Collins” is the perfect addition for your home or office decor and makes a beautiful holiday gift for every adventurer on your list.

24 pages, 12 x 12 (closed), 12 x 24 (open), full-color illustrations, hole at top for hanging, individually shrink-wrapped with cardboard stabilizer, $24.95, ISBN 978-1-68051-220-5.


NANGA PARBAT PILGRIMAGE
THE LONELY CHALLENGE
HERMANN BUHL

AVAILABLE IN OCTOBER

BACK IN PRINT in Mountaineers Books “Legends & Lore” series, this mountaineering classic is the story of Hermann Buhl’s momentous ascent of Nanga Parbat in 1953, which at the time—after Everest and Annapurna—was just the third 8000-meter peak to be climbed. Buhl, though a member of a large expedition, made the summit push solo and set a new bar that measured mountaineers for the rest of the century.

The account of Buhl’s harrowing summit climb still thrills with its single-minded commitment and total loneliness. After Nanga Parbat, Buhl played no further part in the exciting mountaineering scene he had initiated. He died in a cornice accident while attempting Chogolisa.

STAYING ALIVE IN AVALANCHE TERRAIN, 3RD EDITION
BRUCE TREMPER

AVAILABLE IN SEPTEMBER

The nation's best-selling avalanche safety book teaches recreationists how to enjoy the winter backcountry with confidence

- Essential training for backcountry skiers, splitboarders, snowshoers, cross country skiers, snowmobilers, and anyone playing in snowy mountain environments
- Author is one of the nation's leading snow-safety experts
- Used as a textbook for many avalanche training courses

The more you know about snow stability, the better your travel and rescue skills. And the sharper your decision making, the better you'll be able to avoid avalanche danger and have more fun in the winter backcountry. In Staying Alive in Avalanche Terrain, 3rd Edition, acclaimed snow and avalanche expert Bruce Tremper provides easy-to-understand avalanche safety tips and skills, including the latest snow research and techniques for evaluating snowpack, as well how to rescue companions in the event of an avalanche. Other topics include:

- How to evaluate terrain
- How to test snow stability
- How to control your exposure and lower your risk
- Safe travel techniques
- What to do if you're caught in an avalanche
- Managing the human factors that contribute to accidents

“No one who plays in the mountain snow should leave home without having studied this book.” —Rocky Mountain News

Bruce Tremper grew up skiing in the mountains of western Montana, where his father taught him the basics of avalanches at the age of ten. He was a member of the Junior National Ski Team and the US Ski Team Talent Squad; in 1973, he was NCAA Division Downhill Champion. Bruce's professional avalanche experience began in 1977 when he did avalanche control for Bridger Bowl Ski Area. He later was director of avalanche control at Big Sky Ski Area, an avalanche forecaster for the Alaska Avalanche Center, and director of the Forest Service Utah Avalanche Center where he worked for almost thirty years. Bruce is also the author of Avalanche Essentials: A Step-by-Step System for Safety and Survival and the Avalanche Pocket Guide: A Field Reference. He lives in Salt Lake City.

352 pages, 6 x 9, 120 B&W photos, 165 technical illustrations and graphs, paperback, $22.95, ISBN 978-1-60051-139-0. WINTER SPORTS/AVALANCHE SAFETY. Rights: World.
Once the first step toward climbing outdoors, gym climbing is now a sport all of its own and its popularity is growing!

- Gym climbing has more participants than any other type of climbing
- Climbing will be included as a new sport in the 2020 Olympics
- Fully revised and now in full color

Climbing has become a mainstream sport with more participants than skiing or snowboarding and, among the different types of climbing, gym climbing is the most popular. Where gyms were once a training ground for rock and alpine climbers, many participants now regularly climb indoors with no plans beyond tackling the ever-changing routes of their neighborhood hangout. When Mountaineers Books published the first edition of this title in 2004 there were approximately 250 climbing gyms in the United States. Today there are more than 650.

In this completely revised second edition, author Matt Burbach focuses his instruction on climbers who want to excel on indoor routes and problems. This edition also includes entirely new photos (now in color), with professional climbers Emily Harrington and Matt Segal demonstrating the moves and gym climbing techniques throughout the book.

Matt Burbach’s first climbing experience was in a gym, which started him on a career that over two decades has included owning his own gym, editing Urban Climber magazine, and creating brand experiences for major outdoor and climbing industry companies, The North Face and Black Diamond. Matt, who has a BS in exercise science and kinesiology, lives in California where he leads content and sports marketing for Mountain Hardwear.

Jon Glassberg spent the first two decades of his life as a pro climber, traveling the world. His focus these days is on directing and his growing company: Louder Than Eleven.
Available in September

Colorado has the most spectacular fall foliage display on the planet! This guidebook offers the 25 best hikes for mind-blowing beauty.

- The best 25 hikes for golden leaf peepers
- Detailed descriptions with color topo maps
- Over 150 superb photographs

For eight weeks every fall, from early September to late-October, the trees of Colorado put on a breathtaking display of color. The gold, orange, and red of aspen trees contrast with white snow-covered mountains, bluebird skies, and pleasant temperatures making it a magical time to get outdoors.

This pocket guide offers hikers the best twenty-five trails in the state for spectacular scenery, without crowds or traffic jams. Drawing from over a century of experience, the Colorado Mountain Club selected these hikes especially for their beauty.

Many of these hikes will have you going “Wow!” every step of the way. Others may surprise you with brilliant-yellow cottonwood trees, bright-red gamble oak, or vast golden fields of tundra. And a few hikes will turn a corner to surprise you with jaw-dropping views. As a bonus, all of these are great hikes in the spring and summer too!

Since 1912, the Colorado Mountain Club has organized hikes throughout the state, offered training courses, and worked on conservation of our public lands.

The Best Jefferson County Hikes

Available in October

Known as the “Gateway to the Rockies,” JeffCo offers an amazing array of hikes, from pleasant strolls to challenging summits. This guidebook is essential for anyone in the Denver region.

- 120 hikes from easy to difficult
- Complete descriptions with color topo maps
- Historical notes give context to hikes

Situated between Denver and the Continental Divide, Jefferson County is only 774 square miles, yet ranges in altitude from 4,987 to 11,594 feet. JeffCo has developed a vast trail system for outdoor adventurers. Its proximity to the Denver metro area truly makes this county the “Gateway to the Rockies.”

This guide offers something for everyone. There are many pleasant hikes suitable for families with children that offer quick nature getaways. Plenty of hikes offer great scenery and a moderate workout. While a few will suit the more athletic crowd looking for a challenge. The Best Jefferson County Hikes offers many of the best hikes in the entire Colorado Front Range.

For 17 years, Dave Muller wrote a weekly column in the Denver Post. He is the author of a dozen hiking guides, including Colorado Summit Hikes, Colorado Lake Hikes, and Hiking Colorado Wilderness Areas.

Available in September

Close-to-home trails for fun and fitness in Seattle and Everett

- Fresh, engaging, full-color pocket-sized guides
- Popular new series for getting exercise outdoors without going far from home
- Each book includes nearly 50 routes for hikes, walks, or runs in and around Seattle and Everett

Urban dwellers in Western Washington often play in the mountain ranges they can see from their city—but sometimes you just need a hike you can do before lunch. That’s what you get with the new Urban Trails: Seattle and Urban Trails: Everett guidebooks.

These thriving cities and their suburbs are home to approximately four million people. And both Seattle and Everett offer significant park systems with a wide array of trails that traverse manicured lawns, nature preserves, old-growth forest groves, historic districts, and vibrant neighborhoods—as well as trails that travel along lakeshores, cascading creeks, and stretches of Puget Sound shoreline.

Whether you like to hike, run, or walk, you’ll find countless options to enjoy urban trails, giving you many reasons to never leave your city when seeking excellent outdoor adventures. Features of these guides include:

- Easy to reference maps
- Trail distances and high points
- “Know Before You Go” tips for park hours, events, etc.
- Trailhead amenities
- Information on trail suitability for walkers, hikers, and runners
- Info for families with kids and for dog owners
- Sidebars on area history, nature, and sights

Craig Romano is one of the best-known outdoor writers in Washington and is the author of ten titles for Mountaineers Books, as well as a contributing writer to advocacy books such as The North Cascades, published by Braided River, the conservation imprint of Mountaineers Books. He also is a frequent contributor to newspapers and magazines in Washington, including the Mountaineer and Washington Trails magazines. Craig has hiked more than twenty thousand miles of trails in Washington from Cape Flattery to Puffer Butte, and has run more than twenty-five marathons and ultra runs including the Boston Marathon and the White River 50 Mile Endurance Run. He lives with his wife Heather, son Giovanni, and cat Giuseppe at his home in Skagit County. Follow Craig at craigromano.com.
NEW

URBAN TRAILS: PORTLAND
BEAVERTON • LAKE OSWEGO • TROUTDALE
ELI BOSCHETTO

AVAILABLE IN OCTOBER

Before Portland became the nation’s hippest city, its urban trails made it one of the most livable—and it still is!

• 37 urban trails in Portland and its suburbs
• Find a trail to walk, hike, or run
• Popular, full-color, compact guide that fits in a pocket

Among the hundreds of parks and natural spaces around the Portland area, Forest Park gets the most recognition—and deservedly so—as America’s largest urban forest with more than 80 miles of hiking trails and biking paths. Yet there’s more to explore in and around the city than just this one forest, and Urban Trails: Portland, by hiking writer Eli Boschetto, brings this abundance to the people! There are plenty of opportunities for wandering the banks and wetlands of Portland’s three major rivers, as well as hiking on volcanic buttes, strolling through community gardens, discovering historic sites, and walking urban footpaths. Add to that, tips on observing some of the hundreds of species of birds and mammals that reside in these areas, and you practically have an urban safari at your doorstep.

With an emphasis on easy access to the outdoors and fitness, features of this guide include:

• Trailhead directions, including public transit where available
• “Know Before You Go” tips for park hours, events, etc.
• Trail distance and high point
• Trailhead amenities
• Info for families with kids, dog owners, and bikers
• Sidebars on area history, nature, and sights
• Fun checklists for plants, trees, flowers, and wildlife you may spot
• Easy to reference maps
• Indicates trail suitability for walkers, hikers, and runners

Eli Boschetto is a professional hiker, former editor of Washington Trails magazine, and the author of Hiking the Pacific Crest Trail: Oregon. He is also an accomplished outdoor photographer and Northwest correspondent for Backpacker. Since 2005, he has based his hiking adventures from his home in Portland, Oregon. Learn more at pctoregon.com

In a Lower 48 rainforest, that few people even know exists, there lives a small, struggling herd of caribou . . . at least for now

- Mountain caribou of the Pacific Northwest are the southernmost population of caribou on Earth
- These unique animals depend on the stability of the world’s last remaining inland temperate rainforest
- This is the story of how and if the mountain caribou can be saved

Caribou Rainforest doesn't tell an easy story, ask easy questions, or pretend that there are easy solutions to the likely extinction of the last mountain caribou herd found in North America. There are fewer than twenty animals left. Yet what Caribou Rainforest does—with photographs, words, and science—is explain why this is happening, so that as a community we don’t repeat our mistakes, even when our intentions are good.

Author David Moskowitz has studied and photographed these caribou extensively in order to understand their plight. He hasn’t found villains, but rather predators, climate change, recreationists, industrial logging, mineral extraction, and a perfect confluence of factors that have worked against this fragile species and the fragile environment upon which it relies.

The story of this iconic animal and stunning landscape provides an example of shifting conservation challenges and tactics in the twenty-first century. Mountain caribou have been identified as an “umbrella species” by conservationists, meaning that protecting their habitat also helps preserve many other species who depend on the same ecosystem. The discussion topics are controversial and wrenching—from exterminating wolves (who also struggle to survive) to protect the caribou, to limiting access to recreation during migration. The issues are contentious, but the opportunity to craft solutions still exists.

If we do in fact lose the caribou, the task then pivots to how can we protect what remains of this rare rainforest ecosystem. In Caribou Rainforest, the author searches for lessons that can turn despair into hope: while we may lose the caribou, their story can become the inspiration and catalyst for committed change.

David Moskowitz works as a biologist, photographer, and outdoor educator. He is the author of two books, Wildlife of the Pacific Northwest and Wolves in the Land of Salmon. He has contributed to a wide variety of wildlife studies in western North America, focusing on using tracking and other non-invasive methods to study wildlife ecology and promote conservation. David’s extensive experience includes training mountaineering instructors for Outward Bound, leading wilderness expeditions throughout the western United States and in Alaska, teaching natural history seminars, and as the lead instructor for wildlife tracking programs at Wilderness Awareness School. He lives in Winthrop, Washington. Learn more at davidmoskowitz.net

One of the last surviving mountain caribou in the US lower 48 states. Photo from Caribou Rainforest, by David Moskowitz
The world’s most comprehensive and respected source of information about each year’s biggest new climbs and expeditions

- Goes beyond blogs, Facebook posts, and video clips with hundreds of in-depth reports on major climbs, written by the climbers themselves.
- Our “Recon” sections cover the history, recent climbing activity, and new-route potential of a wild area. This year: the huge limestone walls of Jabal Misht in Oman.
- The 2018 edition is dedicated to Alex Honnold, with an exclusive story about his free solo ascent of El Capitan in June 2017.

Published annually since 1929, The American Alpine Journal (AAJ) is renowned as the world’s journal of record for major new climbs. The AAJ publishes each year’s most compelling climbing stories, told by the climbers themselves. In Climbs & Expeditions, we document the year’s greatest first ascents, from Alaska to Afghanistan, and from Patagonia to Pakistan.

The AAJ is written by hundreds of contributors from around the world. Veteran climbing journalist Dougald MacDonald is editor in chief.


Detailed accounts and in-depth analysis of rock climbing and mountaineering accidents

- Beginners and expert climbers alike rely on the stories and analysis in Accidents to become safer climbers.
- This year’s in-depth “Know the Ropes” section explains how to travel safely on 3rd-class, 4th-class, and low 5th-class terrain on the mountains and at the crags.
- “Essentials” articles offer focused how-to advice throughout the book.

Every year, novice climbers and experts are injured or killed by inadequate preparation and errors in judgment. Since 1948, the American Alpine Club has documented the year’s most teachable climbing accidents, providing invaluable lessons to climbers. In Accidents in North American Climbing, each significant incident is carefully analyzed so climbers can avoid similar situations in the future.

The American Alpine Club is the leading organization representing climbers in the United States. Accidents in North American Climbing is written and edited by a team of volunteers, staff, and regional correspondents, led by AAC Executive Editor Dougald MacDonald.

TITLES COMING THIS SEASON!

CAMPFIRE STORIES
Tales from America’s National Parks
Edited by Dave and Tiffany Ryan

CARIBOU RAINFOREST
from Heartbreak to Hope
David Moskowitz

SCRAPS PEELS AND STEMS
Recipes and Tips for Rethinking Food Waste at Home
Iliff Seagar Illustrated by Monica Fishbein

COVER PHOTO: By Paul Souders from Arctic Solitaire

CATALOG FALL/WINTER 2018

MOUNTAINEERS BOOKS

recreation • lifestyle • conservation
AN INDEPENDENT NONPROFIT PUBLISHER