If You Love Me
A Mother’s Journey through Her Daughter’s Opioid Addiction
by Maureen Cavanagh

Fast-paced and heartwarming, devastating and redemptive, Maureen’s incredible odyssey into the opioid crisis-first as a parent, then as an advocate-is ultimately a deeply moving mother-daughter story. When Maureen and her ex-husband Mike see their daughter Katie’s needle track marks for the first time, it is a complete shock. But, slowly, the drug use explains everything-Katie’s constant exhaustion, erratic moods, and all those spoons that have gone missing from the house. Once Mike and Maureen get Katie into detox, Maureen goes to sleep that night hoping that in 48 hours she’ll have her daughter back. It’s not that simple.

Like the millions of parents and relatives all over the country-some of whom she has helped through her nonprofit organization-Maureen learns that recovery is neither straightforward nor brief. She fights to save Katie’s life, breaking down doors on the seedy side of town with Mike, kidnapping Katie outside a convenience store, and battling the taboo around substance use disorder in her picturesque New England town. Maureen is launched into the shadowy world of overcrowded, for-profit rehabilitation centers that often prey on worried parents. As Katie runs away from one program after another, never outrunning her pain, Maureen realizes that even while she becomes an expert on getting countless men and women into detox and treatment centers, she remains powerless to save her own daughter. Maureen's unforgettable story brings the opioid crisis out of the shadows and into the house next door.

Author Bio

Location: Marblehead, MA

Maureen Cavanagh is the founder of Magnolia New Beginnings, a nonprofit peer-support group for those living with or affected by substance use disorder. She has been recognized by The New York Times, CNN, and other outlets for her work fighting the opioid crisis and the stigma that surrounds it.
Untitled O'Reilly
by Bill O'Reilly

The latest history book from bestselling author Bill O'Reilly.

Author Bio

Location: New York

Bill O'Reilly is a trailblazing TV journalist who has experienced unprecedented success on cable news and in writing thirteen national number-one bestselling nonfiction books. There are currently more than 17 million books in the Killing series in print. He lives in Long Island.

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Notes

Promotion
Ten Arguments for Deleting Your Social Media Accounts Right Now
by Jaron Lanier

You might have trouble imagining life without your social media accounts, but virtual reality pioneer Jaron Lanier insists that we're better off without them. In his important new book, Lanier, who participates in no social media, offers powerful and personal reasons for all of us to leave these dangerous online platforms behind before it's too late.

Lanier's reasons for freeing ourselves from social media's poisonous grip include its tendency to bring out the worst in us, to make politics terrifying, to trick us with illusions of popularity and success, to twist our relationship with the truth, to disconnect us from other people even as we are more "connected" than ever, to rob us of our free will with relentless targeted ads. How can we remain autonomous in a world where we are under continual surveillance and are constantly being prodded by algorithms run by some of the richest corporations in history that have no way of making money other than being paid to manipulate our behavior? How could the "benefits" of social media possibly outweigh the catastrophic losses to our personal dignity, happiness, and freedom? Lanier remains a tech optimist, so while demonstrating the evil that rules social media business models today, he also envisions a humanistic setting for social networking that can direct us toward a richer and fuller way of living and connecting with our world.

Praise for Dawn of the New Everything

"Intimate and idiosyncratic . . . quirky and fascinating . . . Lanier's vivid and creative imagination is a distinct character in this book." - The New York Times Book Review

"Perhaps surprisingly for a book about (...)"

Author Bio

Location: Berkeley, CA

Jaron Lanier is a scientist, musician, and writer best known for his work in virtual reality and his advocacy of humanism and sustainable economics in a digital context. His 1980s start-up VPL Research created the first commercial VR products and introduced avatars, multi-person virtual world experiences, and prototypes of major VR applications such as surgical simulation. His books Who Owns the Future? and You Are Not a Gadget were international bestsellers, and Dawn of the New Everything was named a 2017 best book of the year by The Wall Street Journal, The Economist, and Vox
Ten Arguments for Deleting Your Social Media Accounts Right Now
by Jaron Lanier

Author Bio

Location: Berkeley, CA
Invisible
The Forgotten Story of the Black Woman Lawyer Who Took Down America’s Most Powerful Mobster
by Stephen Carter

She was brilliant, ambitious, and unafraid to break barriers. As the only member of a squad of twenty high-powered lawyers who was not a white male, she devised the strategy that in the 1930s sent Mafia chieftain Lucky Luciano to prison. She achieved so much—but what could she have accomplished if not for barriers of race and gender?

Eunice Hunton Carter, Stephen Carter’s grandmother, was the daughter of a distinguished African American couple and the granddaughter of slaves. A graduate of Smith College and Fordham Law School, she became a key member of the legal team charged with breaking up organized crime in New York City. By the 1940s, she was one of the most famous black women in America. But at every turn, Eunice encountered prejudice, and her triumphs were shadowed by tragedy. Greatly complicating her rise was her difficult relationship with her younger brother, Alphaeus, an avowed Communist who—together with his friend Dashiell Hammett—went to prison during the McCarthy era. Yet she remained unbowed: constantly reinventing herself, she somehow found a way forward.

Moving, haunting, and written with dazzling power, Invisible tells the story of a woman who often found her path blocked by the social and political expectations of the age. But Eunice Carter never accepted defeat, and thanks to her grandson’s remarkable book she is once again visible.

Author Bio

Stephen L. Carter is the bestselling author of seven novels—including The Emperor of Ocean Park and New England White—and eight works of non-fiction. Formerly a law clerk for Supreme Court Justice Thurgood Marshall, he is the William Nelson Cromwell Professor of Law at Yale University, where he has taught for more than thirty years. He and his wife live in Connecticut.
Creating Things That Matter
The Art and Science of Innovations That Last
by David Edwards

Art and science are famous opposites. Contemporary innovation mostly keeps them far apart. But in this book, David Edwards—world-renowned inventor; Harvard professor of the practice of idea translation; creator of breathable insulin, edible food packaging, and digital scents—reveals that the secret to creating very new things of lasting benefit, including innovations we will need to sustain human life on the planet, lies in perceiving art and science as one.

Here Edwards shares how he discovered a way of creating that transcends disciplines and incorporates the principles of aesthetics. He introduces us to cutting-edge artists, musicians, architects, physicists, mathematicians, engineers, chefs, choreographers, and novelists (among others) and uncovers a three-step cycle they all share in creating things that durably matter. This creator cycle looks unlike what we associate with game-changing innovation today, and aligns the most expressive art and the most revolutionary science in a radical reimagining of how we live. David Edwards and the innovators he profiles belong to an emerging grassroots renaissance flourishing in special environments that we all can make in our schools, companies and homes.

"Creating Things That Matter is a book for anyone wondering what tomorrow might be, and at last half believing that what they do can make a difference."

"A visionary scientist." - Boston Magazine

"Innovative . . . novel . . . daring." - Popular Science

"David explores the frontiers of learning to promote the theory that innovation comes when we worry less about the scientific ‘disciplines’ involved and more about the desired outcome. In other words, figure out what you need to do and then what scientific tools (…)

Author Bio

Location: Boston, MA

David Edwards is a creator, writer, and educator. He teaches at Harvard University and is founder of Le Laboratoire in Paris, France and Cambridge, MA. His work, which spans the arts and sciences, has been featured prominently in the international media, and is at the core of the international artscience movement. He lives with his wife and their three sons in Boston.
"It's taken me three years to unpack the events of my life, to remember who did what when and why, to separate the myths from the reality, to unravel what really happened at the Holiday Inn on Keith Moon's 21st birthday," says Roger Daltrey, the powerhouse vocalist of The Who. The result of this introspection is a remarkable memoir, instantly captivating, funny and frank, chock-full of well-earned wisdom and one-of-kind anecdotes from a raucous life that spans a tumultuous time of change in Britain and America.

Born in the heart of the London Blitz in March 1944, Daltrey fought his way (literally) through school and poverty and began to assemble the band that would become The Who while working at a sheet metal factory in 1961. In Daltrey's voice, the familiar stories—how they got into smashing up their kit, the infighting, Keith Moon's antics—take on a new, intimate life. Also here is the creative journey through the unforgettable hits including My Generation, Substitute, Pinball Wizard, and the great albums, Who's Next, Tommy, and Quadrophenia. Amidst all the music and mayhem, the drugs, the premature deaths, the ruined hotel rooms, Roger is our perfect narrator, remaining sober (relatively) and observant and determined to make The Who bigger and bigger. Not only his personal story, this is the definitive biography of The Who.

Author Bio

Roger Daltrey is the lead vocalist and founding member of The Who. His career has spanned more than 50 years, with a solo career producing eight studio albums. A daytime worker at a sheet metal factory, he first assembled The Who in 1961, recruiting John Entwistle and agreeing to John's proposal that Pete Townshend should join. Daltrey was the band's voice, a powerhouse frontman known for his stage presence and energy. As a member of The Who, Daltrey was inducted into the Rock and Roll Hall of Fame in 1990 and received a Kennedy Center Honor in 2008.
"The poster is new. I notice it right away, taped to a utility pole. Beneath the word ‘Missing,’ printed in a bold, high-impact font, are two sepia-toned photographs of a man dressed in a bow tie and tux."

Most people would keep walking. Maybe they’d pay a bit closer attention to the local news that evening. Mikita Brottman spent ten years sifting through the details of the missing man’s life and disappearance, and his purported suicide by jumping from the roof of her own apartment building, the Belvedere.

As Brottman delves into the murky circumstances surrounding Rey Rivera’s death—which begins to look more and more like a murder—she contemplates the nature of and motives behind suicide, and uncovers a haunting pattern of guests at the Belvedere, when it was still a historic hotel, taking their own lives on the premises. Finally, she fearlessly takes us to the edge of her own morbid curiosity and asks us to consider our own darker impulses and obsessions.

Praise for The Maximum Security Book Club:

"...Steers clear of facile sentimentality. There is no transformation or redemption in Brottman’s story, only honest moments...Brottman gives us a candid, unillusioned account of her work behind bars. A brave and admirable book about a brave and admirable project." -William Deresiewicz, author of Excellent Sheep and The Way to a Meaningful Life

"This memoir’s energy emanates from Brottman’s sharp understanding of group dynamics and her determination to avoid clichés. She delves into the personal stories of the men she met behind bars, and is clear-eyed both about literature’s powers and its limitations.” - Los Angeles Times

Author Bio

Mikita Brottman is an Oxford educated psychoanalyst and the author of several previous books, including The Great Grisby and The Maximum Security Book Club. A professor of humanities at the Maryland Institute College of Art in Baltimore, she lives with her partner David Sterritt and their French bulldog in Baltimore’s Belvedere.
Recently returned to Paris, American historian Hannah intends to immerse herself in World War II research, wary of paying much attention to the city where a romantic misadventure once turned her off love. But a chance encounter with Tariq, a young Moroccan man whose visions of Paris as a city of opportunity and rebirth starkly contrast with her own, disrupts Hannah's plan.

Hannah and Tariq form an unlikely connection after she takes him in as a lodger and accepts his offer to help translate audio clippings for her research. As Tariq begins to assimilate into the country he risked his life to enter, he realizes that its dark past and current ills are far more complicated than he'd thought. And Hannah, diving deeper into her work on women's lives in Nazi-occupied Paris, uncovers a shocking piece of history that threatens to dismantle her core beliefs. Soon both Tariq and Hannah begin to question which sacrifices are worth their happiness and what, if anything, the tumultuous past century can teach them about the future.

From the sweltering streets of Tangier to deep beneath Paris via the Metro, from the affecting recorded accounts of French women during the 1940s and into the future through our dreams for these characters, Paris Echo poignantly draws a tough, believable, and universal thread of hope.

Praise for Where My Heart Used to Beat:

"A terrific novel, humming with ideas, knowing asides, shafts of sunlight, shouts of laughter and moments of almost unbearable tragedy." - The Telegraph (UK)

"Wonderful... filled with scenes of genuine power." - USA Today

"A profoundly moving novel.

Author Bio

Location: London, UK

Sebastian Faulks is the internationally bestselling author of 11 novels, including Charlotte Gray, which was made into a film starring Cate Blanchett, and the #1 international bestseller and classic Birdsong, which has sold more than 3 million copies and has been adapted for the stage, for television (starring Eddie Redmayne), and is now in development as a feature film. He
Food is supposed to sustain and nourish us. Eating well, any doctor will tell you, is the best way to take care of yourself. Feeding well, any human will tell you, is the most important job a mother has. But for too many of us, food now feels dangerous. We parse every bite we eat as good or bad, and judge our own worth accordingly. When her newborn daughter stopped eating after a medical crisis, Virginia Sole-Smith spent two years teaching her how to feel safe around food again - and in the process, realized just how many of us are struggling to do the same thing.

The Eating Instinct visits kitchen tables around America to tell Sole-Smith's own story, as well as the stories of women recovering from weight loss surgery, of people who eat only nine foods, of families with unlimited grocery budgets and those on food stamps. Every struggle is unique. But Sole-Smith shows how they're also all products of our modern food culture. And they're all asking the same questions: How did I learn to eat this way? Why is it so hard to feel good about food? And how can I make it better?

Author Bio

Location: Hudson Valley, NY

Virginia Sole-Smith is a freelance writer whose work has appeared in the New York Times Magazine, Harper's, Slate, and Elle. She is also a contributing editor with Parents Magazine. She lives with her husband and two daughters in the Hudson Valley.
Parents have struggled with the time equation for generations. In the age of extracurriculars, calendar alerts, and smart phones, the question of how to give your kids undivided attention—and still take care of yourself—looms larger than ever. *Time to Parent* is a take-you-by-the-hand manual that shifts the goal from "having it all" to getting it right in that moment.

Morgenstern offers parents: proven strategies for prioritizing what really matters to your family; organizational skills to get the basics—food, clothing, health—in place and out of mind; relief from "this is forever" thinking with ways to divide the parenting years into manageable stages; and realistic, research-backed guidelines for what quality time really looks like.

Praise for *SHED Your Stuff, Change Your Life*:

"Absolutely brilliant!" -Stephen R. Covey, author of *The 7 Habits of Highly Effective People*

"This book will help you to recognize what you really value in life so you can let go of everything that's keeping you from reaching your true potential." -Larry King

"I've always been amazed by the way Julie Morgenstern can organize everything—but until now, I didn't realize that included human minds, hearts, and souls." -Martha Beck, author of *Finding Your Own North Star*

**Author Bio**

Location: New York City (Brooklyn)

Julie Morgenstern is the author of five previous books, including the *New York Times* bestsellers *Organizing from the Inside Out* and *Time Management from the Inside Out*, both of which have been developed into popular specials for PBS. She is an internationally renowned organization consultant and has shared her expertise on *The Oprah Winfrey Show, The Rachael Ray Show, The Today Show*, and more, and is quoted or featured regularly in, among other outlets, *The New York Times, Time*, and *USA Today*. 
In October 2013, the arts world was rocked by the news that the New York City Opera—"the people's opera"—had finally succumbed to financial hardship after 70 years in operation. The company had been a fixture on the national opera scene as the populist antithesis of the grand Metropolitan Opera, a nurturing home for young American talent, and a place where new, lively ideas shook up a venerable art form. But NYCO's demise represented more than the loss of a cherished organization: it was a harbinger of massive upheaval in the performing arts—and a warning about how cultural institutions would need to change in order to survive.

Drawing on extensive research and reporting, Heidi Waleson, one of the foremost American opera critics, recounts the history of this scrappy company and reveals how, from the beginning, it precariously balanced an ambitious artistic program on fragile financial supports. Waleson also looks forward and considers some better-managed, more visionary opera companies that have taken City Opera's lessons to heart.

Above all, Mad Scenes and Exit Arias is a story of money, ego, changes in institutional identity, competing forces of populism and elitism, and the ongoing debate about the role of the arts in society. It serves as a detailed case study not only for an American arts organization, but also for the sustainability and management of nonprofit organizations across the country.

Author Bio

Heidi Waleson has been the opera critic of the Wall Street Journal for 25 years. In addition to her regular criticism, her work has also focused more broadly on the changing profiles of musical institutions, new models for opera presentation, and the broader significance of opera and culture. She is a faculty member of the Rubin Institute for Music Criticism at the San Francisco Conservatory of Music.
Blood carries life, yet the sight of it makes people faint. It is a waste product and a commodity pricier than oil. It can save lives and transmit deadly infections. Each one of us has roughly nine pints of it, yet many don’t even know their own blood type. And for all its ubiquitousness, the few tablespoons of blood discharged by 800 million women are still regarded as taboo: menstruation is perhaps the single most demonized biological event.

Rose George, author of *The Big Necessity*, is renowned for her intrepid work on topics that are invisible but vitally important. In *Nine Pints*, she takes us from ancient practices of bloodletting to modern “hemovigilance” teams that track blood-borne diseases. She introduces Janet Vaughan, who set up the world’s first system of mass blood donation during the Blitz, and Arunachalam Muruganantham, known as “Menstrual Man” for his work on sanitary pads for developing countries. She probes the lucrative business of plasma transfusions, in which the US is known as the “OPEC of plasma.” And she looks to the future, as researchers seek to bring synthetic blood to a hospital near you.


Praise for *Ninety Percent of Everything*

"Consistently absorbing … timely as well as deft … George’s spirited book cracks open a vast, treacherous, and largely ignored world."
  - *The New York Times*

"Engrossing and revelatory … If there’s a downside to George’s seafaring, it’s that it comes to an end too soon."
  - *San Francisco Chronicle*

"Mind-blowing… With its (…)"

**Author Bio**

Location: Leeds, UK

Rose George is the author of *The Big Necessity* and *Ninety Percent of Everything*. A freelance journalist, she has written for *The New York Times*, *Slate*, and the *Financial Times*, among other publications. She lives in
November 1918. The Great War has left Europe in ruins, but with the end of hostilities, a radical new start seems not only possible, but essential, even unavoidable. Unorthodox ideas light up the age: new politics, new societies, new art and culture, new thinking. The struggle to determine the future has begun.

Sculptor Käthe Kollwitz, whose son died in the war, is translating sorrow and loss into art. Captain Harry Truman is running a men's haberdashery in Kansas City, hardly expecting he will soon go bankrupt—and then become president of the United States. Moina Michael is about to invent the "remembrance poppy," a symbol of sacrifice that will stand for generations to come. Meanwhile Virginia Woolf is questioning whether that sacrifice was worth it, and George Grosz is so revolted by the violence on the streets of Berlin that he decides everything is meaningless. For rulers and revolutionaries, a world of power and privilege is dying—while for others, a dream of overthrowing democracy is being born.

With novelistic virtuosity, Daniel Schönplug describes this watershed time as it was experienced on the ground—open-ended, unfathomable, its outcome unclear. Combining a multitude of acutely observed details, Schönplug shows us a world suspended between enthusiasm and disappointment, in which the window of opportunity was suddenly open, only to quickly close shut again.

"A kaleidoscope of sparkling narratives . . . elegantly composed and beautifully written."
-Alexander Gallus, Die Zeit

"With a marvelous eye for detail and a highly accomplished style, Schönplug transports us directly to the astonishing year 1918. A masterpiece."
-Philipp Blom, author of Fracture: Life (...)

Author Bio

Daniel Schönplug is an internationally recognized historian at the Free University, Berlin. He has also lectured at Harvard University, the Sorbonne, and the University of London. As the author of numerous docudramas and a consultant on radio and television programs, he has also successfully brought history to a wider public.
Fire and Fury
Inside the Trump White House
by Michael Wolff

The first nine months of Donald Trump's term were stormy, outrageous-and absolutely mesmerizing. Now, thanks to his deep access to the West Wing, bestselling author Michael Wolff tells the riveting story of how Trump launched a tenure as volatile and fiery as the man himself.

In this explosive book, Wolff provides a wealth of new details about the chaos in the Oval Office. Among the revelations:
- What President Trump's staff really thinks of him
- What inspired Trump to claim he was wire-tapped by President Obama
- Why FBI director James Comey was really fired
- Why chief strategist Steve Bannon and Trump's son-in-law Jared Kushner couldn't be in the same room
- Who is really directing the Trump administration's strategy in the wake of Bannon's firing
- What the secret to communicating with Trump is
- What the Trump administration has in common with the movie The Producers

Never before has a presidency so divided the American people. Brilliantly reported and astoundingly fresh, Michael Wolff's Fire and Fury shows us how and why Donald Trump has become the king of discord and disunion.

#1 New York Times Bestseller

What makes Fire and Fury important is that it is not just about Trump, but a product of the same culture that produced Trump: It is 'reality' journalism, in (...)

Author Bio

Michael Wolff has received numerous awards for his work, including two National Magazine Awards. He has been a regular columnist for Vanity Fair, New York, The Hollywood Reporter, British GQ, USA Today, and The Guardian. He is the author of six prior books, including the bestselling Burn Rate and The Man Who Owns the News. He lives in Manhattan and has four children.