CAIRNS
MESSENGERS IN STONE

DAVID B. WILLIAMS

AVAILABLE IN OCTOBER

Writing messages with rocks—building cairns, to be specific—is a medium that transcends millennia and continues to speak to our imaginations even now.

• Praise for author David B. Williams:
  “Makes stones sing”—Kirkus Reviews
  “Williams’s lively mixture of hard science and piquant lore is sure to fire the readers’ curiosity”—Publisher’s Weekly

• Part history, part folklore, part geology
• Features charming black-and-white illustrations

From meadow trails to airy mountaintops and wide open desert, cairns—those seemingly random stacks of rock—are surprisingly rich in stories and meaning. For thousands of years cairns have been used by people to connect to the landscape and communicate with others, and are often an essential guide to travelers. These manmade rock piles can indicate a trail, mark a grave, serve as an altar or shrine, reveal property boundaries or sacred hunting grounds, and even predict astronomical activity. The Inuit have more than two dozen terms to describe cairns and their uses!

In Cairns: Messengers in Stone, geologist and acclaimed nature writer David Williams (Stories in Stone: Travels through Urban Geology) explores the history of cairns from the moors of Scotland to the peaks of the Himalaya—where they come from, what they mean, why they’re used, how to make them, and more. Hikers, climbers, travelers, gardeners, and nature buffs alike will delight in this quirky, captivating collection of stories.

David Williams is a freelance natural history writer and author of The Street-Smart Naturalist: Field Notes from Seattle and the highly-praised Stories in Stone. His work has appeared in Smithsonian, Popular Mechanics, California Wild, and High Country News, and he is a contributing writer for Earth magazine. Williams lives with his wife in the Wallingford neighborhood of Seattle. Visit him online at geologywriter.com.

192 pages, 5 1⁄2 x 7 1⁄2, 12 illustrations, paperback, $16.95, 978-1-59485-681-5. NATURAL HISTORY. Rights: W.
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Fall/Winter 2012

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**NEW RELEASES**

**SNOW TRAVEL**

**SKILLS FOR CLIMBING, HIKING, AND CROSSING OVER SNOW**

By Mike Zawaski

Available in January

Learn to conquer year-round snow travel—and go where you want, anytime you want

- Latest addition to the popular Mountaineers Outdoor Expert series
- Features 50 black & white photos and 15 illustrations
- An easy-to-use guide for safe travel over snow for all outdoor recreationists

Snow Travel: Skills for Climbing, Hiking, and Moving Across Snow (Mountaineers Outdoor Expert series) is a comprehensive how-to book covering all the essential techniques for safe and efficient movement across snow fields. Author Mike Zawaski, a longtime instructor with Outward Bound and the National Outdoor Leadership School (NOLS), has decades of snow-travel experience. Whether you’re a hiker, scrambler, backcountry skier, climber, or general winter traveler, you will discover fundamental information including:

- Picking the right gear and other pre-trip planning: ice ax, crampons, clothing, and essentials for safety
- How to choose a route: evaluating snowpack and picking out the fall line
- Basics of kicking steps: walking flat-footed, front pointing, duck stepping, stepping efficiently with crampons or ski/ snowboard boots, and more
- Using your ice ax: traversing, chopping steps, glissading, self arresting, and utilizing a range of ice-ax positions
- Snow hazards: elephant traps, cornices, sunburn, snow bridges, and post-holes
- Lesson plans: how to share your knowledge with others

Mike Zawaski has been climbing mountains for 20 years and has made ascents of snowy peaks in Alaska, Peru, Mexico, and on all types of snow across the United States. He has taught mountaineering courses for Outward Bound for over 15 years, worked in mountain rescue with Yosemite Search and Rescue, and taught for the Wilderness Medicine Institute of NOLS. An instructor of astronomy, geology, and outdoor education at Front Range Community College, Zawaski is also the founder of The Observant Naturalist, a science education nonprofit. He lives in Boulder, Colorado.

208 pages, 6 1/2 x 8 1/2, 50 B&W photographs, 15 illustrations, paperback, $21.95, 978-1-59485-720-1.

SPORTS/MOUNTAINEERING. Rights: W.

\[See winter sports titles on page 37\]
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SPORTS/MOUNTAINEERING. Rights: W.
JORDAN HANSSEN

ROWING INTO THE SON
FOUR YOUNG MEN CROSSING THE NORTH ATLANTIC

AVAILABLE IN NOVEMBER

The daring true story of the first North Atlantic Rowing Race, and the endurance needed by a team of companions to row their way to victory across the Atlantic Ocean

- Traces the struggle of the only American team competing in the first rowing race from New York to England
- The four young rowers spent 72 days pulling across the ocean
- Author leaves for another cross-Atlantic adventure in December 2012

On June 10, 2006, college friends Dylan LeValley, Greg Spooner, Brad Vickers, and Jordan Hanssen stepped into a 29-foot rowboat as the only American competitors in the first North Atlantic Rowing Race, pulling across the northern ocean.

From the first dreams of race planning to heaving through ocean waves, Rowing Into the Son: Four Young Men Crossing the North Atlantic takes the reader along with team Outdoor Adventure Racing (OAR) Northwest as they head out from New York Harbor, catch the Gulf Stream current, and make the final dramatic push for the finish line, a narrow 50-mile wide "gate" at Bishop’s Rock Lighthouse off the coast of Cornwall. Hurricane-level winds, giant eddies, passing freighters, flying fish, and sharks are all elements of the journey, and the race comes to a tense head on day 17—with another 55 days to go—as the crew realizes their food supplies are running out and they must drastically restrict their eating.

This is lead rower Jordan Hanssen's intimate account of team OAR Northwest's journey, set against the backdrop of Hanssen's reflections on the teachings of both his stepfather and his biological father, who passed away many years previously. How Hanssen and his teammates cope within the confines of their tiny boat and their determination to push their limits will keep readers enthralled in this remarkable true tale of coming-of-age and adventure.

Jordan Hanssen prefers to travel as close to the environment as possible: he has biked around Europe, rowed the North Atlantic Ocean, cycled across Australia, canoed more than 200 miles of the Rio Grande, and circumnavigated the Olympic Peninsula in an open dory. He lives in Seattle.


OUTDOOR ADVENTURE. Rights: W.

Author Jordan Hanssen

More adventure titles on page 38

VINCE WELCH

THE LAST VOYAGEUR
AMOS BURG AND THE RIVERS OF THE WEST

AVAILABLE IN OCTOBER

For river lovers, paddling enthusiasts, history buffs, and everyone who likes stories of courage, strength, and adventure

- Amos Burg ran all the major rivers of the West when they still flowed freely and potential danger was just around the next bend
- Part early 20th-century history, part adventure, part biography of the West's first commercial outdoor guide

"What is this thing in me that enables me to leave comforts and a wide variety of entertainments and feel a strange satisfaction wandering down a cheerless and indifferent river, enduring hardships and eating very little and exposed to all sorts of weather . . . tonight even as I sit shivering and listening to the patter of the rain, I see myself in many places all over the world, wandering like a gull on the winds, working with the ideals of Truth and Beauty as part of my vision to bring these things back with me for other people to see."

—Amos Burg, Yukon River, July 1928

Amos Burg (1901–1986), a native of Portland, Oregon, was the first to complete transits of the free-flowing, undammed Snake and Columbia Rivers by canoe, and in 1938 he became the first to navigate the length of the Colorado River in a rubber raft. In his daring explorations of waterways from the Southwest up through Canada and into Alaska, Burg is considered to be the only person known to have run all major Western rivers from source to mouth.

In The Last Voyageur: Amos Burg and the Rivers of the West author Vince Welch, himself a river guide, weaves a passionate and well-researched narrative using extensive material from Burg's own rich archives. History buffs, paddlers, and adventure readers alike will delight in this remarkable regional history of the larger-than-life Burg, a quintessential man of the American West and one of the last "voyageurs" of North America's great waterways.

Vince Welch was a boatman on Northwest rivers for several years before heading to the Colorado River, where he guided for Grand Canyon Dories and first encountered the legend of Amos Burg. He has since lived and guided all over the West and has written for River magazine, The Utne Reader, Boatman's Quarterly Review, and Mountain Gazette, for which he is a senior correspondent. Welch lives in Portland, Oregon.

320 pages, 6 x 9, 40 B&W photographs, 1 map, paperback, $24.95, ISBN 978-1-59485-701-0. BIOGRAPHY/WEST/ADVENTURE. Rights: W.
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256 pages, 5 1⁄2 x 8 1⁄2, 40 B&W photographs, paperback, $18.95, ISBN 978-1-59485-635-8. OUTDOOR ADVENTURE. Rights: W.

More adventure titles on page 38

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Uncle Dave's Cow: And Other Whole Animals My Freezer Has Known

A guide to sourcing, storing, and preparing healthy, locally raised meat

• Demystifies and explains the process for acquiring non-commerical sources of meat
• Written for urban dwellers who want to eat fresh, sustainable, and healthy meat—like they do back on the farm
• Features 45 original recipes for beef, pork, goat, and lamb

As folks like Michael Pollan and Joel Salatin have been preaching for years, commercial meat production isn’t good for the animals, our bodies, or the planet. Yet the organic, sustainably-raised pork, beef, and lamb one finds at supermarkets and specialty stores are often pricey, and the marketing labels can be beyond confusing. What if you just want to eat meat as healthfully and enjoyably as possible, all while sticking to a budget?

Uncle Dave’s Cow: And Other Whole Animals My Freezer Has Known shows you how to find and evaluate local farmers, form a buying group, plan out cuts and quantities, store and preserve your purchases, and dish up an entire animal one part at a time. Author Leslie Miller, a busy Seattle mother who hails from a long lineage of Central Washington farmers, explores how to go whole hog—or cow, or goat, or lamb, for that matter—as she takes the reader along on her own educational journey, from the moment she locates and buys her first pig, all the way to her last forkful of tender pulled pork. Miller explores local farmers markets and 4-H fairs, talks to dedicated farmers and butchers, and explains how even her children connect to the cow in the freezer. By sharing her whole-food experiences, readers also will connect to the source of their food, while her 45 original recipes show them how to cook mouthwatering meals from the abundance of whole animals.

Written with urban charm and a knife-sharp sense of humor, Uncle Dave’s Cow is a friendly and accessible guide to sourcing and eating local meat for parents, foodies, and everyone who wants to learn how to be a well-prepared consumer and cook through to the bone.

Leslie Miller is the co-author with James Beard-nominated chef Ethan Stowell of Ethan Stowell’s New Italian Kitchen, the recipe editor for From Tree to Table (Skipstone, 2011), and the lead author behind the forthcoming In the Kitchen with the Fish Guys, a seafood cookbook. A frequent contributor to NW Palate Magazine, her food reviews, articles, and features have also appeared in Beer West magazine, Time Out New York, and Redbook. The “Uncle Dave” of her book is a real, live uncle who is a third-generation Central Washington farmer. Miller lives in Seattle, Washington, with her family.


Are you a farmer trapped in a city-person’s life? Now you can have your goats and keep your urban paycheck, too.

• Explains the how-to and benefits of keeping goats on your city lot
• Get a healthy source of milk, as well as a hobby that will change your life
• Longtime urban goat keeper Jennie Grant is an experienced city goat farmer and Goats Justice activist

Jennie Grant is your average 40-something mother with a bungalow in Seattle’s leafy Madrona neighborhood, a happy middle-school child, a tolerant husband, and a pug named Eddie. She also happens to keep chickens and two goats, Snowflake and Eloise, and is regionally known as the passionate founder of the Goat Justice League.

Since Grant began keeping goats several years ago, she has learned firsthand the remarkable benefits and beauty of keeping goats—how much healthier and easier to maintain a yard with goats can be, the tolerance levels of neighbors, the health benefits of non-industrial foods, and how interacting with goats inspires a connection with nature. City Goats: The Goat Justice League’s Guide to Urban Goat Keeping is her step-by-step guide to raising a pair of dairy goats in your urban or suburban backyard, from learning city zoning requirements and selecting goats to setting up your yard, building a shed, feeding and caring, kidding, and milking.

Practical and at times comical (just like a goat!), connected both to nature and the city, and slightly rebellious—City Goats: The Goat Justice League’s Guide to Urban Goat Keeping is a book for gardeners, people committed to eating locally, and anyone who has ever pondered joining the backyard goat revolution.

Author Jennie Grant is a stay-at-home mother in Seattle who has become known locally as the founder and president of the Goat Justice League, a citizen action group that worked with the Seattle City Council to legalize keeping goats in the city in 2007. Grant also teaches backyard goatkeeping at Seattle Tilth and has been profiled in the Seattle Times, as well as in The Urban Farm Handbook by Annette Cottrell and Joshua McNichols (Skipstone, 2011). Visit www.goatjusticeleague.org for more information.

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Available in October

City Goats: The Goat Justice League’s Guide to Backyard Goat Keeping

Are you a farmer trapped in a city-person’s life? Now you can have your goats and keep your urban paycheck, too.

• Explains the how-to and benefits of keeping goats on your city lot
• Get a healthy source of milk, as well as a hobby that will change your life
• Longtime urban goat keeper Jennie Grant is an experienced city goat farmer and Goat Justice activist

Jennie Grant is your average 40-something mother with a bungalow in Seattle’s leafy Madrona neighborhood, a happy middle-school child, a tolerant husband, and a pug named Eddie. She also happens to keep chickens and two goats, Snowflake and Eloise, and is regionally known as the passionate founder of the Goat Justice League. Since Grant began keeping goats several years ago, she has learned firsthand the remarkable benefits and beauty of keeping goats—how much healthier and easier to maintain a yard with goats can be, the tolerance levels of neighbors, the health benefits of non-industrial foods, and how interacting with goats inspires a connection with nature. City Goats: The Goat Justice League’s Guide to Urban Goat Keeping is a book for gardeners, people committed to eating locally, and anyone who has ever pondered joining the backyard goat revolution.

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Available in November

Goat Justice League’s Guide to Urban Goat Keeping

Jennie Palches Grant

Photography by Harley Soltes

The Goat Justice League’s Guide to Urban Goat Keeping is a book for gardeners, people committed to eating locally, and anyone who has ever pondered joining the backyard goat revolution.

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Mountain lovers can relive and enjoy these striking rocky precipices from the comfort of a soft chair.

Mountaineers Books is proud to reissue three stunning photography books by award-winning cameraman and mountaineer James Martin that feature some of the most beloved peaks in the West. These books offer a visual journey through the craggy crest of the North Cascades, the glaciers and wilderness of Mount Rainier, and the luminescent peaks of the Sierra Nevada.

Each book gives context to the images by detailing the geological history of the mountains, describing the flora and fauna and relating stories from the human climbing history of these peaks.

"...Martin’s photos leap from the pages with vivid colors and extreme contrasts... Recommended for most public libraries but especially for those in the Pacific Northwest."

—Library Journal

The North Cascades comprise one of the wildest landscapes in the country, with sharp pinnacles, high lonesome ridges, pristine alpine lakes, lush meadows, and luminous glaciers. James Martin’s images capture the spirit and beauty of these remote mountains—America’s Alps.

“Mount Rainier presents an engaging Valentine to the Northwest’s grandest natural spectacle.”

—The Seattle Times

Get up close and personal with the Northwest’s most powerful icon in this inspiring portrait of Mount Rainier, magnet for more than two million visitors a year.

"James Martin’s words and images do the near impossible: bring the thrills of mountaineering alive in print."

—Art Wolfe

The Sierra Nevada is one of the West’s most beautiful and famous mountain ranges. Here Martin shares an intimate view of its rugged landscape, describing his own early history of hiking in the range, attending Ansel Adams-led seminars in Yosemite, and once hiking from there to Mount Whitney and on to Sequoia.

James Martin has written and photographed professionally since 1989, with articles and photographs appearing in Sports Illustrated, Smithsonian, Outside, Outdoor Photographer, and Rock & Ice. He has written several books, including Digital Photography Outdoors 2nd Ed. (Mountaineers Books, 2008) and Planet Ice (Braided River, 2009). Martin lives in Seattle, Washington, and you can find him online at www.jamesbmartin.com.

John Harlin III has served as editor of the American Alpine Journal, is a contributing editor to Backpacker magazine, and is the author of the book Eiger Obsession: Facing the Mountain that Killed My Father. Harlin lives with his family in Hood River, Oregon.

328 pages each, 8 x 10, color photographs, paperback, $27.95 each. PHOTOGRAPHY/MOUNTAINS. Rights: W.


Stevens Kazlowski’s photographs have been featured in Audubon, BBC Wildlife, National Wildlife, Sierra, Newsweek, and Vanity Fair magazines. He is the photographer and author of several books, including The Last Polar Bear: Facing the Truth of a Warming World (Braided River, 2008) and most recently Ice Bear: The Arctic World of Polar Bears (Mountaineers Books, 2010).

96 pages 8½ x 7¼, 125 color photographs, 1 map, paper over boards, $18.95, ISBN 978-1-59485-675-4. NATURE/BEARS/PHOTOGRAPHY. Rights: M.

Bear Country: North America’s Grizzly, Black, and Polar Bears

An alluring visual romp across North America, visiting with our much loved—and feared—iconic wild animal.

• Stunning gift book featuring 125 full-color photographs of bears
• Author Steven Kazlowski is known as “the polar bear photographer”

Beautiful, strong, majestic, and playful—bears collectively capture the imagination and hearts of many humans. The bear is the world’s largest land predator, and it comes in many different colors, sizes, and species. Bear Country: North America’s Grizzly, Black, and Polar Bears is award-winning nature photographer Steven Kazlowski’s stunning full-color ode to this multifaceted icon of North America’s wilderness.

Florian Schulz’s photographs have been featured in Audubon, BBC Wildlife, National Wildlife, Sierra, Newsweek, and Vanity Fair magazines. He is the photographer and author of several books, including To The Arctic: Inspired by MacGillivray Freeman’s IMAX® Film To The Arctic (2012). With an emphasis on baby wildlife and their families, this collection of photographs features unforgettable animal photographs taken during award-winning nature photographer Florian Schulz’s years of travel in the Arctic, from northern Alaska to Greenland and Svalbard, Norway. Join Schulz and his wife, Emil, who traveled with him during his Arctic explorations, as they share their intimate firsthand stories of what it is like to travel beside a mother polar bear and her two cubs, as well as other magical wildlife such as caribou, musk ox, snowy owl, and seal families.

Author Florian Schulz is the youngest founding member of the International League of Conservation Photographers, and his photos have appeared in National Geographic, BBC Wildlife, and GEO, among others. His first book Yellowstone and Yukon: Freedom to Roam, was awarded an Independent Publisher Book award as one of the ten outstanding books of the year and the book “Most Likely To Save the Planet”. His most recent book is To The Arctic, the official companion book to the IMAX® film of the same name. Schulz lives in Germany and spends eight to ten months a year in the field. Visit them online at www.visionsofthewild.com.

80 pages 9 x 8, 75 color photographs, paper over boards, $18.95, ISBN 978-1-59485-688-0. NATURE/ARCTIC. Rights: M.
MOUNTAIN: NOTES & IMAGES FROM OUR ICONIC MOUNTAIN

Autobiography of a Mountain

Three books give context to the images by detailing the geological history of the mountains, describing the flora and fauna and relating stories from the human climbing history of these peaks.

“. . . Martin’s photos leap from the pages with vivid colors and extreme contrasts . . . Recommended for most public libraries but especially for those in the Pacific Northwest.” —Library Journal

The North Cascades comprise one of the wildest landscapes in the country, with sharp pinnacles, high lonesome ridges, pristine alpine lakes, lush meadows, and luminous glaciers.

“Mount Rainier presents an engaging Valentine to the Northwest’s grandest natural spectacle.” —The Seattle Times

Get up close and personal with the Northwest’s most powerful icon in this inspiring portrait of Mount Rainier, magnified for more than two million visitors a year.

“James Martin’s words and images do the near impossible: bring the thrill of mountaineering alive in print.” —Art Wolfe

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128 pages each, 8 x 10, color photographs, paperback, $21.95 each. PHOTOGRAPHY/MOUNTAINS. Rights: W.

Mount Rainier Crest: Notes and Images from America’s Alps

Mountaineers Books is proud to reissue three stunning photography books by award-winning cameraman and mountaineer James Martin that feature some of the most beloved peaks in the West. These books offer a visual journey through the craggy crest of the North Cascades, the glaciers and wilderness of Mount Rainier, and the luminescent peaks of the Sierra Nevada.

Three photography books by James Martin, with John Harlin, author of Mount Rainier

Available in September

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Inspired by MacGillivray Freeman’s IMAX® Film To The Arctic

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Available in November

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80 pages, 8½ x 7½, 75 color photographs, paper over boards, $18.95, ISBN 978-1-59485-488-0. NATURE/ARCTIC. Rights: M.
**TAMI ASARS**

**HIKING THE WONDERLAND TRAIL**

**THE COMPLETE GUIDE TO MOUNT RAINIER’S PREMIER TRAIL**

“...there’s no other trip, trail or peak that any hiker should rank higher on his life list than the Wonderland Trail.”

—Backpacker magazine

- Comprehensive and affectionate guide to one of the nation’s iconic wilderness trails
- Everything you need to help plan this 93-mile trek, whether done in one trip or several
- Lavish, full-color design, yet informative and practical, with 125 photographs and 18 maps

Washington State’s famed Wonderland Trail is a spectacular 93-mile route that circumnavigates Mount Rainier, challenging hikers with its strenuous 22,000 feet of cumulative elevation gain and loss. *Hiking the Wonderland Trail: The Complete Guide to Mount Rainier’s Premier Trail* is an authoritative guide penned by Washington native Tami Asars, a professional instructor on hiking the trail, a third-generation hiker of the Cascade mountains, and seven-time hiker of the entire Wonderland. In this guide Asars draws on her experience, covering these essentials:

- How to work with the permit reservation system, and when to apply
- Recommended gear—with a checklist—and ways to reduce pack weight, prevent blisters, and stay warm and dry
- How to pack the perfect backpack
- Food and fuel caching, tips and instructions
- Detailed camp-to-camp route descriptions and suggested itineraries
- How to extend your adventures with the Northern Loop Trail and the Eastside Trail

Over the years, Asars has taken extensive notes that she shares at workshops and in the field. *Hiking the Wonderland Trail* distills her boot-tested knowledge so that everyone can enjoy the magic of Mount Rainier’s premier trail.

**Author Tami Asars**

Author Tami Asars grew up in Western Washington playing in the foothills and mountains of the North Cascades. Since then she has hiked thousands of miles of trails in the state. Asars lives in North Bend, Washington, with her husband and their German shepherd.


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**JAKE JARAMILLO, CATHY JARAMILLO**

**SEATTLE STAIRWAY WALKS**

**A POCKET GUIDE**

**AVAILABLE IN SEPTEMBER**

This way to serendipity, and to other pleasures related to discovering inner-city staircases.

- The only guidebook to stairway walks in Seattle
- Written for people of all ages who want to get outside, exercise, and explore

Often called a “city of neighborhoods,” Seattle is shaped by soaring mounds like Queen Anne and Capitol Hill and by indentations such as Ravenna Ravine and Deadhorse Canyon. Weaving together the hills, bluffs, and canyons are stairs—lots and lots of stairs. In fact, there are over 600 publicly accessible stairways within the city limits. To explore Seattle by these stairs opens up stunning views and a whole new, intimate side of the Emerald City.

**Seattle Stairway Walks: A Pocket Guide** is the city’s first guidebook to 25 of the best neighborhood walks in Seattle that feature public stairways. Each route description includes driving and public transit directions to the starting point, full-color photos, a detailed map, QR codes for saving abbreviated directions on your smart phone, tips on sections that are family-friendly, suggestions for cafes and pubs for that perfect espresso and sandwich en route, fascinating sidebars on Seattle’s neighborhood history and community anecdotes, and much, much more.

**Jake Jaramillo** is a former marketing executive who now volunteers as a backpack outing leader with the Sierra Club. **Cathy Jaramillo** is a former corporate finance executive who currently spends much of her time as president of the Seattle Audubon Society. Visit the Jaramillos at www.seattlestairways.blogspot.com.

224 pages, 4 x 7, 50 color photographs, 26 maps; paperback, $12.95, ISBN 978-1-59485-677-8. GUIDEBOOK/SEATTLE. Rights: W.

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**OWEN WOZNIAK**

**BIKING PORTLAND**

**55 RIDES FROM THE WILLAMETTE VALLEY TO VANCOURVER**

**AVAILABLE IN SEPTEMBER**

Portland-area cycling routes chosen for their interest, tranquility, and variety

- Quick-reference tables help you find the ride best suited to your fitness level and interests
- Turn-by-turn riding directions provided

As anyone who’s ever rolled two wheels into the City of Roses knows, biking is an undeniable part of Portland’s identity. *Biking Portland: 55 Rides from the Willamette Valley to Vancouver* offers routes from downtown Portland along the river, into the greenways of the Tualatin basin, through the Clackamas countryside, and across the Columbia to destinations like Cedar Creek and Cape Horn.

Features include a detailed map for each route, 75 photographs, a keying of each ride by “type”—residential, urban, rural, non-motorized—and public transit directions to the start of all 55 routes in addition to standard driving directions. Each cycling route features turn-by-turn descriptions, mileage logs, photos, maps, and elevation profiles, while sidebars throughout the guide showcase Portland’s rich biking heritage with fascinating anecdotes. Rides range across skill levels with a balance between easy, moderate, and strenuous—here you’ll find routes for families, Portland newcomers, and seasoned Oregon road warriors.

**Owen Wozniak** grew up hiking, biking, and running in Anchorage, Alaska. A former policy researcher, he has worked on projects related to Portland’s bicycle infrastructure. He now works for The Trust for Public Land, acquiring land for parks, trails, natural areas, and community gardens.

304 pages, 5 x 8 1⁄4, 75 B&W photographs, 56 maps, elevation profiles, paperback, $18.95, ISBN 978-1-59485-652-5. BIKING/PORTLAND GUIDEBOOK. Rights: W.
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AVAILABLE IN JANUARY

This way to serendipity, and to other pleasures related to discovering inner-city staircases

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THE BEST VAIL VALLEY HIKES AND SNOWSHOE ROUTES

**AVAILABLE IN DECEMBER**

The year-round guide to 20 of the best Vail Valley hikes and snowshoe routes.

- Trails for all ability levels, each offering something special for the visitor or local alike.
- Detailed directions and full-color maps to help you find your way.
- A guidebook that easily fits in your pack or back pocket.

The Vail Valley is the home of great downhill skiing, but it has also become a year-round playground for trail running, golf, cycling, tennis, fly fishing, hiking, and snowshoeing. As part of the Colorado Mountain Club’s best-selling Pack Guide series, The Best Vail Valley Hikes and Snowshoe Routes explores the more popular and some of the lesser known hiking and snowshoe routes in the valley. Most trailheads are within an hour’s drive of the Vail Valley and its namesake ski area. From the mysteriously enchanting Gore Range to the evocative Holy Cross Ridge, and beyond, these hikes represent the best of what the Vail Valley can offer the hiker and snowshoer.

The authors from The Gore Range Group of the Colorado Mountain Club are environmentalists, guides, and volunteer hike leaders with several hundred years of combined outdoor experience.

104 pages, 4 x 7, 45 color photographs, 21 maps, paperback, $12.95, ISBN 978-0-9842213-6-3. GUIDEBOOK/COLORADO. Rights: W.

ACCIDENTS IN NORTH AMERICAN MOUNTAINEERING 2012

**AVAILABLE IN SEPTEMBER**

Data and case studies on last year’s climbing accidents throughout the U.S and Canada, including narratives and analyses.

- Chronicle of climbing accidents in North America
- Tables that show demographic trends and causes of accidents
- Analyses that provide “lessons learned” without laying blame
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Jed Williamson, M.Ed. is the Immediate Past President of Sterling College in Vermont. He is co-author of the AEE Accreditation Standards for Adventure Programs and has conducted over 60 risk-management reviews and accident investigations for adventure programs. Aram Attarian, Ph.D. is Associate Professor at North Carolina State University, specializing in adventure recreation, outdoor leadership, and park and protected area management.

120 pages, 6 x 9, 6 illustrations, paperback, $12.95, ISBN 978-1-933056-77-7. SPORTS/CLIMBING. Rights: W.

COLD WARS

**AVAILABLE IN SEPTEMBER**

“Andy is one of the funnest of Britain’s top climbers and represents what is the best in modern British climbing: boldness, innovation, sense of humour, irreverence, commitment, and an appetite for risk.” — Chris Bonnington

In this brilliant sequel to his award-winning debut, Psychovertical, Andy Kirkpatrick has achieved his life’s ambition to become one of the world’s leading climbers. Pushing himself to new extremes, he embarks on his toughest climbs yet—on big walls in the Alps and Patagonia—in the depths of winter. Kirkpatrick has more success, but the savagery and danger of these encounters comes at huge personal cost. Questioning his commitment to his chosen craft, Kirkpatrick is torn between family life and the dangerous path he has chosen.

Written with his trademark wit and honesty, Cold Wars is another gripping account of modern adventure.

★★★★ Reader reviews on Amazon.co.uk

Andy Kirkpatrick has a reputation for seeking out routes where the danger is real and the return is questionable, pushing himself on some of the hardest walls and faces in the Alps and beyond. He was born with severe dyslexia, which went undiagnosed until he was 19. Thriving on this apparent adversity, Andy transformed himself into one of the world’s most driven and accomplished climbers and an award-winning writer. He lives in Sheffield with his two children.

288 pages, 6 x 9, 35 B&W photographs, 28 illustrations, paperback, $18.95, ISBN 978-1-59485-743-0. ADVENTURE NARRATIVE. Rights: US.

PSYCHOVERTICAL

**AVAILABLE IN SEPTEMBER**

Extreme climbing as therapy... slightly more expensive than a therapist

Psychovertical is the story of what happens to a nice lower-class kid with dyslexia who gains control over his circumstances by climbing to giant stone faces, thousands of feet in the air, for days at a time. In this case, Kirkpatrick uses his 12-day solo climb of the Reticent Wall on California’s El Capitan as the experience that helps him understand how growing up poor and struggling with dyslexia and low self-confidence set him on a path of extreme adventure.

Kirkpatrick’s writing is gripping and highly entertaining—even non-climbers will enjoy his raw intensity, gallows humor, and honest, self-deprecating storytelling style. This book is a Boardman-Tasker Prize winner, which is recognition given for outstanding mountaineering literature. From the judges’ remarks:

“The book is very cleverly structured... The cuts from scene to scene and climb to climb work wonderfully well—a sort of mountaineering Day of The Jackal—as Kirkpatrick comes closer and closer to his nemesis on Reticent Wall. And it is this climb, the running narrative of the book, that grips the most: 14 pitches of aid climbing, unreleived by conversation with a partner other than himself, should by rights be boring. But it grips the heart further and further.”

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THE MONT BLANC RANGE

CLASSIC SNOW, ICE, AND MIXED CLIMBS

AVAILABLE IN AUGUST

Detailed guide to 21 of the best climbing tours in Europe’s most famous alpine range

- The only guidebook available in the United States for this world-renowned climbing destination
- Full color with hand-drawn maps and routes

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