



Raincoast Books

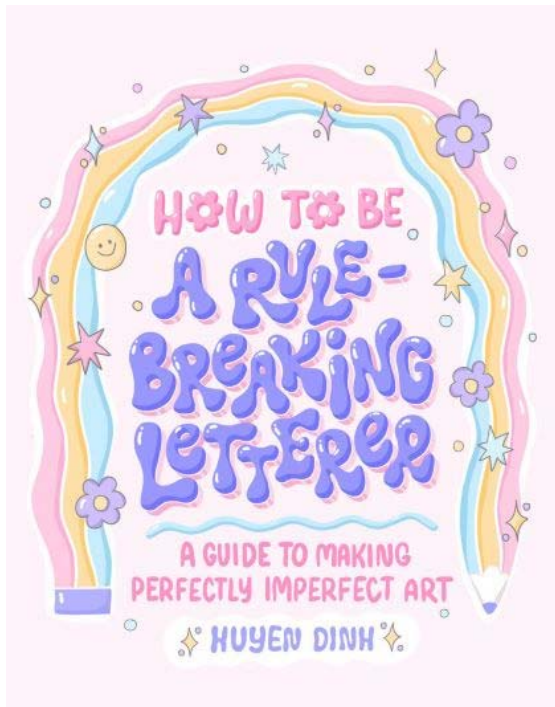
WINTER 2023

RAINCOAST OMNIBUS

Adult

This edition of the catalogue was printed on September 8, 2022.

To view updates, please see the Winter 2023 Raincoast eCatalogue or visit www.raincoast.com



How to Be a Rule-Breaking Letterer

A Guide to Making Perfectly Imperfect Art

by Huyen Dinh

Break the rules, embrace imperfection, and express your unique self through lettering art!

This book is for anyone who's felt the pressure of perfection. As a schoolgirl in Vietnam and later in online lettering classes, Huyen Dinh was always told to perfect her penmanship. Instead, she started embracing her own imperfect style—with squiggly lines, cheeky messages, and candy colors. In this upbeat guidebook, Dinh walks you through the basic rules of lettering and then teaches you how to break them in clever and creative ways. She shares challenges and triumphs from her own artistic journey and offers inspiration as well as technical tips. You can use your new lettering skills to tell your personal story, support a cause you care about, or decorate your tote bags and sneakers! Fully illustrated in Dinh's signature pastel palette, this book is the perfect companion for any aspiring creative.

Author Bio

Huyen Dinh is a lettering and illustration artist. Her clients include *Southern Living Magazine*, the *Washington Post*, Canon, and Trader Joe's. She was raised in Vietnam and now lives in sunny Los Angeles.

Chronicle Books

On Sale: Mar 21/23

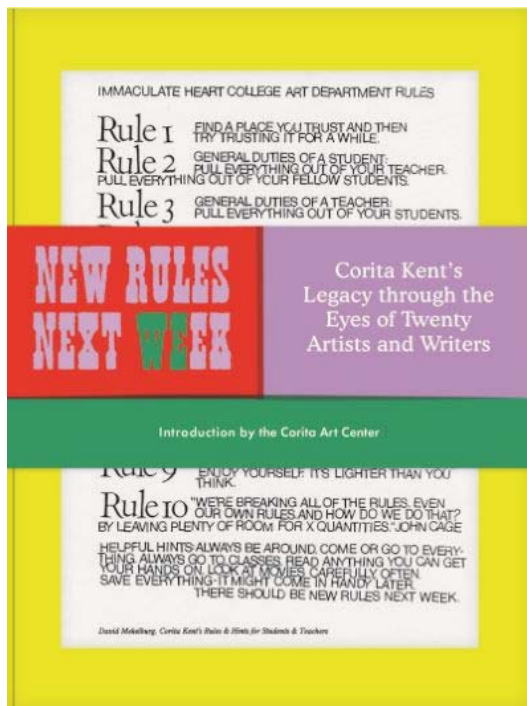
168 pages

9781797215532 • \$28.95 • PB - paperback with flaps, full-color illustrations throughout, spot gloss, unjacketed
Self-Help / Creativity

Notes

Promotion





New Rules Next Week

Corita Kent's Legacy through the Eyes of Twenty Artists and Writers

by Corita Kent

Twenty contemporary artists and writers reimagine Corita Kent's iconic creative manifesto.

Known for her vibrant and powerful serigraphs, Corita Kent left an equally important legacy through her teaching. In the late 1960s, she and her students at the Immaculate Heart College developed their Art Department Rules. From "Consider everything an experiment" to "Be happy whenever you can manage it," these ten deceptively simple principles capture the magic of Corita's approach to creativity, culture, and activism. In this volume, ten writers and ten artists look back at the rules and show us how vital and resonant they remain today.

Author Bio

Corita Kent (1918-1986) was a former Roman Catholic nun who became a 1960s pop art legend. She headed the art department at the Immaculate Heart College, where she created her 10 Art Department Rules. In 1968, she left the order and moved to Boston to focus exclusively on her art. She remained in Boston until her death in 1986, leaving behind almost 800 serigraph editions, thousands of watercolors, and innumerable public and private commissions. Her work has been shown at major museums across the country, including the Whitney, the Metropolitan Museum of Art, and the San Francisco Museum of Modern Art. In 2016 she received the American Institute of Graphic Arts Medal.

Chronicle Books

On Sale: Apr 4/23

88 pages

9781797211824 • \$24.95 • CL - Ten full-color images, bellyband

Art / Individual Artists / Monographs

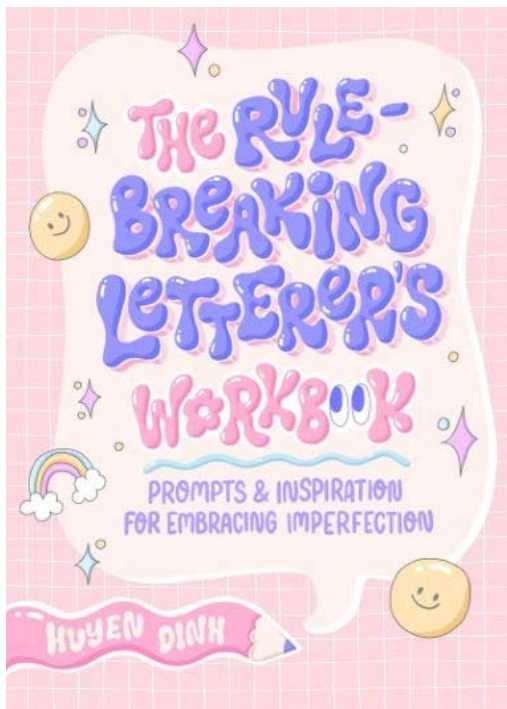
Notes

Promotion



9 781797 211824





Rule-Breaking Letterer's Workbook

Prompts and Inspiration for Embracing Imperfection

by Huyen Dinh

This workbook is a perfectionism-free zone for breaking the rules and expressing your unique self through lettering art!

The workbook for aspiring letterers who want to let go of perfectionism and follow their dreams. As a schoolgirl in Vietnam and later in online lettering classes, Huyen Dinh was always told to perfect her penmanship. Instead, she started embracing her own imperfect style—with squiggly lines, cheeky messages, and candy colors. Now it's your turn! This guided workbook invites you to break the rules, embrace your ugly sketches, and discover your own special lettering style. Along the way, Dinh offers inspiration, encouragement, and tips. And once you've filled this sketchbook, you can use your new lettering skills to tell your personal story, support a cause you care about, or decorate your tote bags and sneakers!

Author Bio

Huyen Dinh is a lettering and illustration artist. Her clients include *Southern Living Magazine*, the *Washington Post*, Canon, and Trader Joe's. She was raised in Vietnam and now lives in sunny Los Angeles.

Chronicle Books

On Sale: Mar 21/23

144 pages

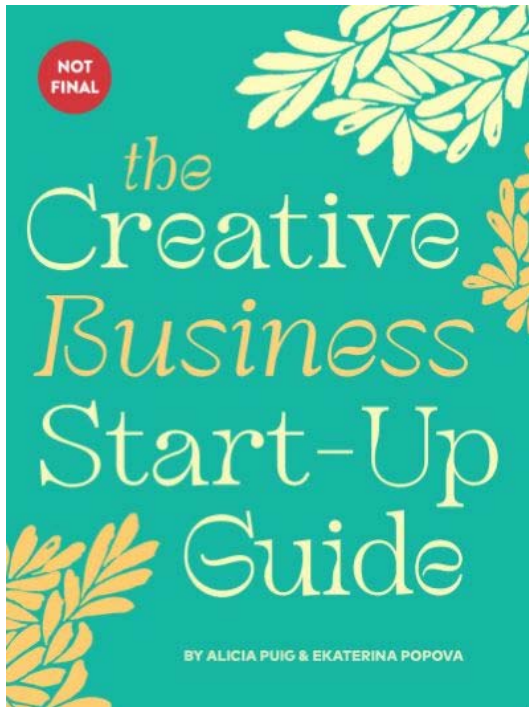
9781797215549 • \$24.95 • MB - hardcover, full-color illustrations throughout, flush cut, rounded corners, unlined

Non Classified

Notes

Promotion





The Creative Business Handbook

Follow Your Passions and Be Your Own Boss

by Alicia Puig and Ekaterina Popova

Offering veteran insight and friendly, actionable advice from two self-made women who have helmed four successful creative businesses, this practical guide to becoming a creative entrepreneur will speak to anyone wanting to make art, be their own boss, and not have to work a second job to make ends meet.

Figuring out how to make a living from your creative work poses unique challenges and obstacles. From choosing the right business model to building a brand, from managing your time to scaling up your production-starting your own creative business often means doing it all yourself. Enter *The Creative Business Handbook* by Alicia Puig and Ekaterina Popova, the dynamic duo behind *Create! Magazine*. With its conversational tone and accessible advice, this handbook lays an essential foundation for anyone wanting to earn a living with their art-no fancy business degree required! In addition to nuts-and-bolts advice based on the authors' real-life experiences, each chapter of the book includes an interview with a creative entrepreneur from a different background and craft, and ends with action steps that will help keep you on track. Written by creative business owners for creative business owners, this is the perfect book for anyone with a vision who is ready to hit the ground running.

Author Bio

Ekaterina Popova is an award-winning artist based in Philadelphia. She is the founder and editor-in-chief of *Create! Magazine* and the CEO of the Art Queens Society, a coaching service and community dedicated to lifting up women artists.

Alicia Puig is the curator and cofounder of the gallery PxP Contemporary, the director of business operations for *Create! Magazine*, and an independent arts journalist. She is based in Costa Rica

Chronicle Books

On Sale: Apr 18/23

256 pages

9781797219059 • \$35.95 • PB - Full-color illustration throughout, deep flaps
Art / Business Aspects

Notes

Promotion





Dolly Parton, Songteller

My Life in Lyrics

by Dolly Parton and Robert K. Oermann

Dolly Parton, Songteller: My Life in Lyrics is a landmark celebration of the remarkable life and career of a country music and pop culture legend.

As told by Dolly Parton in her own inimitable words, explore the songs that have defined her journey. Illustrated throughout with previously unpublished images from Dolly Parton's personal and business archives.

Mining over 60 years of songwriting, Dolly Parton highlights 175 of her songs and brings readers behind the lyrics.

- * Packed with never-before-seen photographs and classic memorabilia
- * Explores personal stories, candid insights, and myriad memories behind the songs

Dolly Parton, Songteller: My Life in Lyrics reveals the stories and memories that have made Dolly a beloved icon across generations, genders, and social and international boundaries.

Containing rare photos and memorabilia from Parton's archives, this book is a show-stopping must-have for every Dolly Parton fan.

- * Learn the history behind classic Parton songs like Jolene, "9 to 5," "I Will Always Love You," and more.

- * The perfect gift for Dolly Parton fans (everyone loves Dolly!) as well as lovers of music history and country

Add it to the shelf with books like *Coat of Many Colors* by Dolly Parton, *The Beatles Anthology* by The Beatles, and *Born* (...)

Author Bio

Dolly Parton is the most honored and revered female country singer-songwriter of all time. Achieving 25 RIAA-certified gold, platinum, and multi-platinum awards, she has had 26 songs reach #1 on the Billboard country charts, a record for a female artist. Parton recently became the first country artist honored as Grammy MusiCares Person of the Year given out by NARAS. She has 41 career Top 10 country albums, a record for any artist, and 110 career-charted singles over the past 40 years. In 2014, the RIAA recognized her impact on recorded music with a plaque commemorating more than 100 million units sold worldwide. Her 2016 #1 album, "Pure & Simple," which topped the Billboard Top Country Albums and Americana/Folk Albums



9 781797 224732

Chronicle Books
On Sale: Mar 14/23
9.5 x 12.4 • 380 pages
9781797224732 • \$50.00 • pb
Performing Arts / Storytelling

Notes

Promotion





Touch Matters

Handshakes, Hugs, and the New Science on How Touch Can Enhance Your Well-Being

by Michael Banissy

An exploration of the new science behind our most underappreciated sense and why we need to harness the power of touch for our health and wellbeing.

Every day, we use our sense of touch to navigate the world. A handshake, a pat on the shoulder, a hug—all essential daily touches that make up our daily lives. In *Touch Matters*, Professor Michael Banissy brings together diverse scientific insights from the world's largest study on touch with takeaways on how to enhance your levels of touch for a happier, healthier life. The book explains why touch is essential to our wellbeing, the role it plays in our relationships, friendships, in the bedroom, workplace, in team activities such as sports, and much more.

Banissy's latest research explores:

- Our "touch personalities"
- Touch starvation
- How touch defines our relationships and self-esteem
- The impact of touch on our physical and mental health

This is a fascinating window into one of our most important and basic senses and how to harness its power.

Author Bio

Michael Banissy is an award-winning Professor in Social Neuroscience and Science Communicator. He has received multiple prizes for his contributions to Psychological Science, including a medal from the British Psychological Society for outstanding contributions to psychology. He resides in England.

Chronicle Books

On Sale: Apr 11/23

256 pages

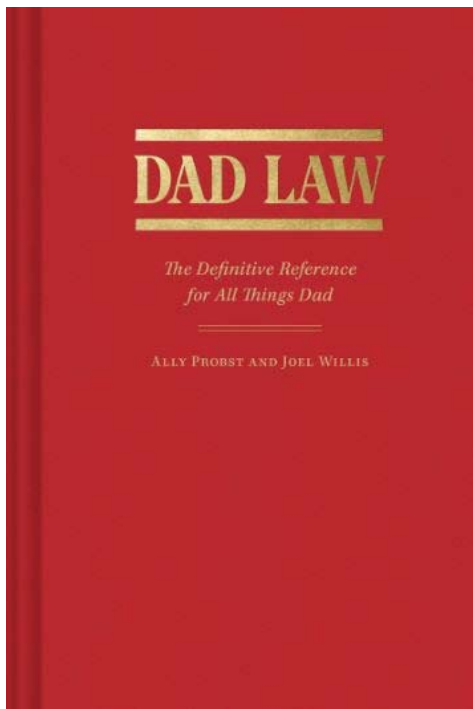
9781797221441 • \$39.95 • CL - Jacketed

Psychology / Social Psychology

Notes

Promotion





Dad Law

The Definitive Reference for All Things Dad

by Ally Probst and Joel Willis

Finally, the unwritten rules of Dadhood have been written in *Dad Law*. Since the dawn of time, all dads have understood that there are a set of rules for fathers-both old and new alike-that guide them to gleefully repeat terrible puns as well as to hone the perfect deadpan joke delivery. This handsome tome collects all of the governing laws of fatherhood, covering a vast array of conceivable situations ranging from fashion to tech to simply being a dad in public. At last, fathers need look no further to confirm that their instincts are 100 percent legally sound, whether it's to vigilantly guard the thermostat settings or to tell unsuspecting children "Hey, pull my finger."

It's not a choice. It's a law: the Dad Law.

Author Bio

Ally Probst and Joel Willis write for The Dad , a social media hub and store for dads of all kinds to connect and bond over the hilarities of fatherhood.

Chronicle Books

On Sale: Apr 11/23

200 pages

9781797220055 • \$24.95 • CL - 1-color spot

illustrations, faux leather binding, gold stamping on cover

Humor / General

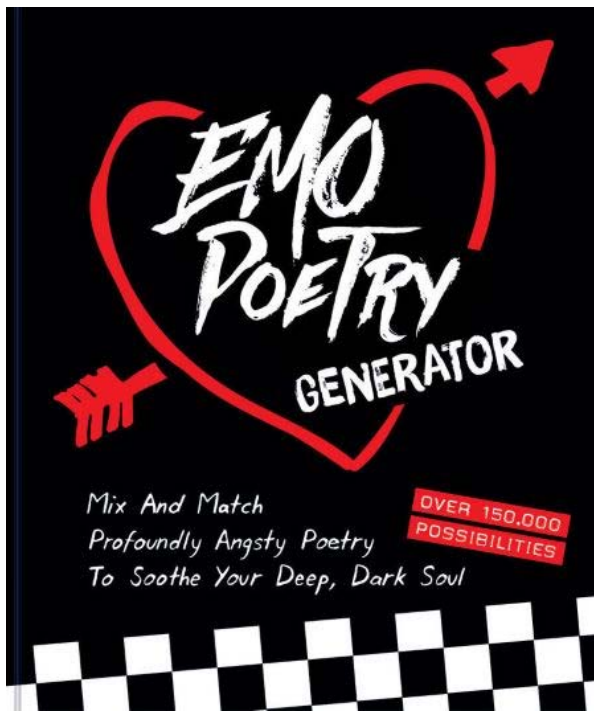
Notes

Promotion



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Emo Poetry Generator

by Chronicle Books

This flip book-style emo poetry generator is the perfect gift for anyone looking for a little early-to-mid-2000s nostalgia to soothe their deep, dark soul.

Chock-full of playfully melancholic and angst-y phrases reminiscent of emo internet poetry from the early millennium era, simply flip around different sections to yield over 150,000 unique three-line poems. So whether you've just run out of black eyeliner, lost your favorite pair of skinny jeans, or gotten blue hair dye all over your favorite My Chemical Romance tee, generate the perfect emo poem to adequately express your angst. Just in time for the current cultural emo revival, the *Emo Poetry Generator* is the perfect birthday and holiday gift for millennials who lived through the original era, as well as the Gen Z'ers who are bringing it back.

Chronicle Books

On Sale: Mar 7/23

114 pages

9781797218687 • \$21.95 • CL - concealed wire-o

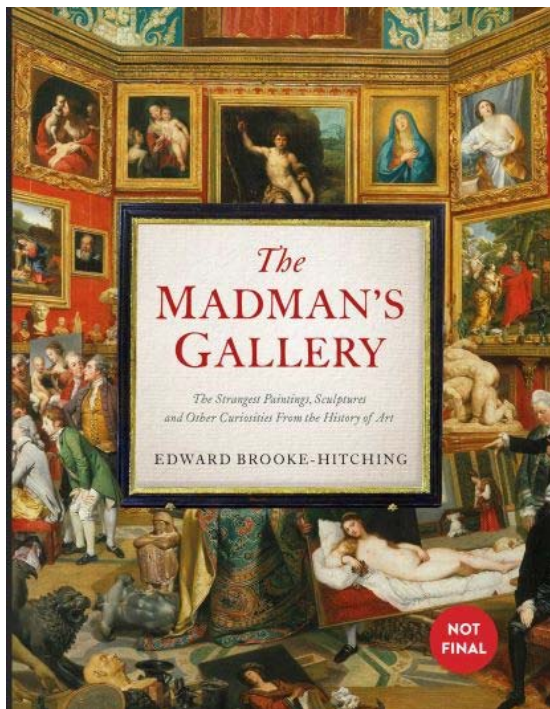
binding, full-color throughout

Humor / General

Notes

Promotion





Madman's GalleryThe Strangest Paintings, Sculptures and Other Curiosities from the History of Art

The Strangest Paintings, Sculptures and Other Curiosities from the History of Art

by Edward Brooke-Hitching

Enter *The Madman's Gallery* and discover an extraordinary illustrated exhibition of the greatest curiosities from the global history of art, featuring one hundred magnificently eccentric antique paintings, engravings, illustrations, and sculptures, each with a fascinatingly bizarre story to tell. Brought to light from the depths of libraries, museums, dealers, and galleries around the world, these forgotten artistic treasures include portraits of oddballs such as the British explorer with a penchant for riding crocodiles, and the Italian monk who levitated so often he's recognized as the patron saint of airplane passengers. Discover impossible medieval land yachts, floating churches, and eagle-powered airships. Encounter dog-headed holy men, armies of German giants, 18th-century stuntmen, human chessboards, screaming ghost heads, and more marvels of the human imagination. A captivating odditorium of obscure and engaging characters and works, each expertly brought to life by historian and curator of the strange Edward Brooke-Hitching, here is a richly-illustrated and entertaining gallery for lovers of outre art and history.

Author Bio

Edward Brooke-Hitching is the author of beautifully illustrated non-fiction titles such as *The Phantom Atlas*, *The Sky Atlas*, *The Devil's Atlas*, and *The Madman's Library*. A writer for the hit BBC television show *QI* and a Fellow of the Royal Geographic Society, he lives in a dusty heap of old books and maps in London.

Chronicle Books

On Sale: Mar 7/23

256 pages

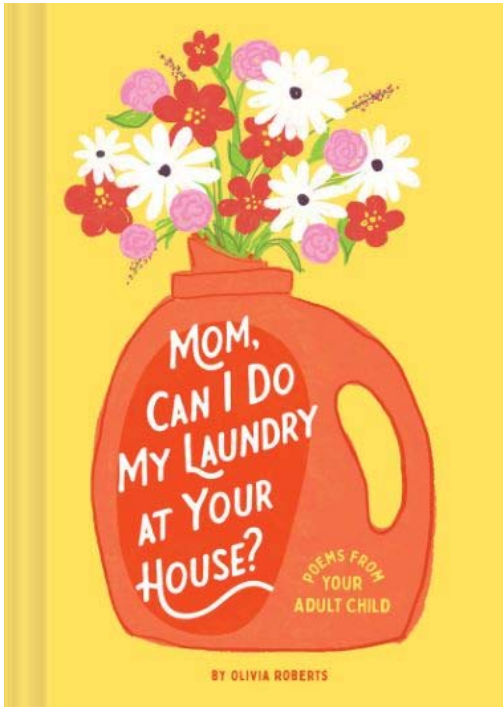
9781797221762 • \$50.00 • CL - jacketed hardcover

Art / History / General • Ages 0 years and up

Notes

Promotion





Mom, Can I Do My Laundry at Your House?

Poems from Your Adult Child

by Olivia Roberts

A perfect gift for mom, this humor poetry book celebrates the mother/child relationship, and how this relationship evolves as children grow up and become (or at least try to be) independent adults.

Even as a grown-up, sometimes all we need is a hug from our mom-and access to their washing machine. Via fifty short, relatable poems, *Mom, Can I Do My Laundry at Your House?* celebrates the amazing people who raised us and support us, even when we're still siphoning their streaming services and going grocery shopping in their fully-stocked pantry well into adulthood. With poems ranging from cheeky to sweet, side-splitting to sincere, these poems are sure to make mom smile for Mother's Day, birthdays, holidays, and just because!

Author Bio

Olivia Roberts is a writer and book editor, who loves her mother very much and is also very sorry for making her listen to screamo in the car (and for just being a teen, in general). She is based in Oakland, CA.

Chronicle Books

On Sale: Apr 11/23

64 pages

9781797218694 • \$18.95 • CL - full-color spot

illustrations throughout

Humor / General

Notes

Promotion



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OMFG, BEES!

Bees Are So Amazing and You're About to Find Out Why
by Matt Kracht

Listen up, folks: Bees are incredible. If you don't think so, you're wrong; but you're also in luck! Professional bee appreciator Matt Kracht is here to set the record straight with this helpful guidebook to all things bees.

Broken into fourteen chapters that delve into various bee topics, from distinguishing between bees and *not* bees (very crucial), to exploring the absolute wonder that is bee behavior (they do a little dance directing their bee friends to a food source, for crying out loud!), to divulging the mind-blowing science behind honey making (just some extremely intricate and precise hexagonal honeycomb construction, no big deal), and more, Kracht paints a charming and enthusiastic picture of our favorite pollinators. Kracht playfully and earnestly examines ten different kinds of bees, from the honeybee to the teddy bear bee, providing unbelievably cool facts and reasons why bees deserve a lot more credit. With lighthearted watercolor and ink drawings, humorous quips, lists, and musings, *OMFG, BEES!* will show you just how important these esteemed bee-list celebrities really are. (Hint: We can't live without them.)

Author Bio

Matt Kracht is an amateur birder, writer, and illustrator who enjoys creating books that celebrate the humor inherent in life's absurdities. He is the author of the bestselling *The Field Guide to Dumb Birds of North America* and its sequel, *The Field Guide to Dumb Birds of the Whole Stupid World*. Based in Seattle, he enjoys gazing out the window at the beautiful waters of Puget Sound and making fun of birds. He also likes bees. Like, a lot.

Chronicle Books

On Sale: Mar 28/23

128 pages

9781797219905 • \$22.95 • PB - full-color illustrations throughout

Humor / Topic / Animals

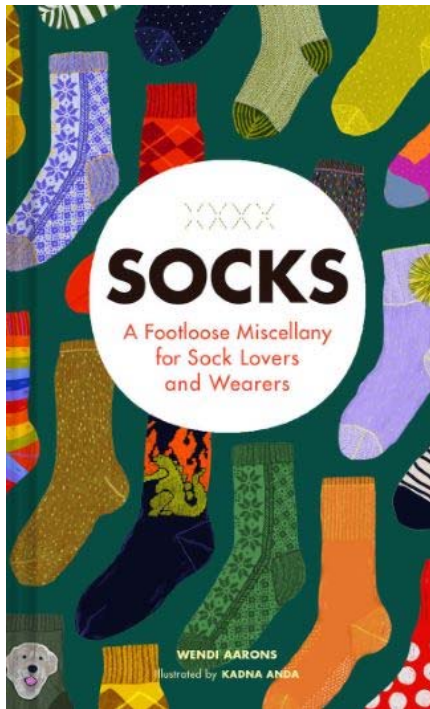
Notes

Promotion



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Socks

A Footloose Miscellany for Sock Lovers and Wearers

by Wendi Aarons

Do you wear socks? If so, you'll love this book!

Amusing and highly giftable, *The Book of Socks* is an illustrated miscellany all about socks. Through humorous text and quirky art, discover what different types of socks say about the people who wear them: • Striped socks? *A bit whimsical. A bit arty. Loves museum gift shops.*

• Dress socks? *Proud owner of three pairs of loafers, three Labradors, and three 401(k)s.*

• Socks with bad elastic that really need to be thrown away? *This person is not a quitter-unlike these crappy socks.*

Also included are important things such as musings from the Sock Monkey, a timeline of famous socks throughout history, and postcards from your lost socks. (Where did they go? Will they ever come back?) Packaged in a tall, narrow trim, this book is a perfect add-on gift alongside a nice pair of-you guessed it-socks. And who doesn't love socks?

Author Bio

Wendi Aarons is a humor writer based in Austin, Texas. She writes frequently for *McSweeney's* and is the voice behind the Twitter account @PaulRyanGosling.

Kadna Anda is an illustrator based in London.

Chronicle Books

On Sale: Mar 7/23

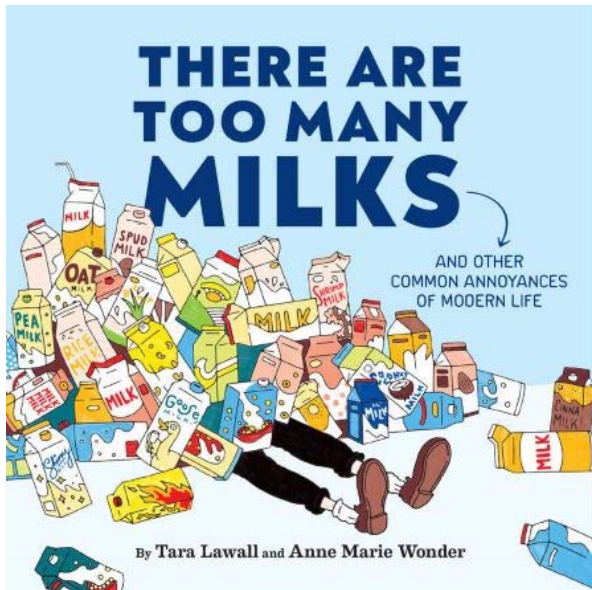
104 pages

9781797212760 • \$21.95 • CL - full-color illustrations throughout, deboss on cover, unjacketed hardcover
Humor / General

Notes

Promotion





There Are Too Many Milks

and other common annoyances of modern life

by Tara Lawall, illustrated by Anne Marie Wonder

There Are Too Many Milks is a laugh-out-loud collection of illustrated scenarios that perfectly captures the tribulations of being an adult human in the twenty-first century.

Whether pondering the overwhelming plethora of nondairy milk options that drag out your coffee shop experience or grocery trip by a solid half-hour, trying to figure out why you always have a fork that never matches all of your other forks, or wondering why a salad costs \$30 (the lettuce costs extra!), this exploration of modern life and its toll on our collective sanity invites readers to revel in the hilarity of these shared experiences. Poking fun at the things we all do to make life more bearable, like crystal healing, picking the perfect email sign-off, eating fancy cheeses, or Botox, this is the perfect impulse buy for birthdays, holidays, graduations, or any other day that needs some comic relief.

Author Bio

Tara Lawall is a writer and wife who once took a bath with dried flowers to feel special but it was kinda gross and most of them just stuck to the side of the tub. You can hear her complain for free on Twitter @TaraLawall and on Instagram @TaraLawall. She is based in Brooklyn.

Anne Marie Wonder is a writer and illustrator who spends her free time being aggrieved by almost everything. She is on Instagram @dirtydinorock. She is based in New York.

Chronicle Books

On Sale: Mar 7/23

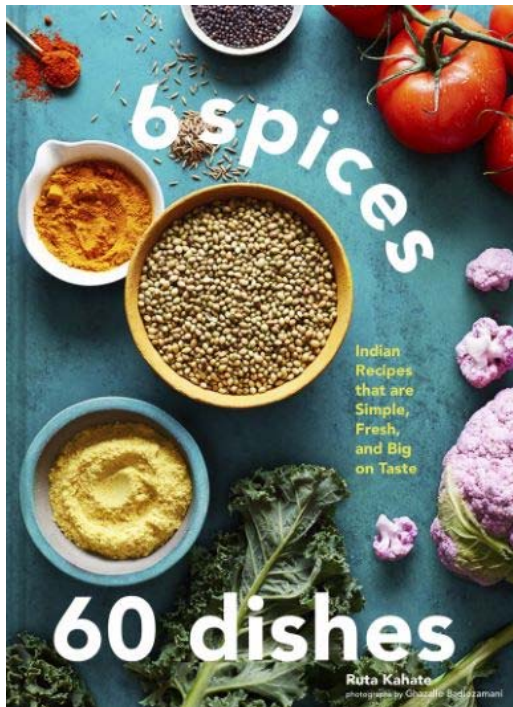
96 pages

9781797219875 • \$21.95 • CL - embossed, full-color illustrations throughout
Humor / Form / Pictorial

Notes

Promotion





6 Spices, 60 Dishes

Indian Recipes That Are Simple, Fresh, and Big on Taste
by Ruta Kahate, by (photographer) Ghazalle Badiozamani

A collection of 60 Indian recipes that are fresh and healthy, easy to prepare, and full of flavor.

Using just six spices-cayenne, coriander, cumin, turmeric, mustard seed, and asafoetida-chef Ruta Kahate presents 60 delicious recipes that are easy to prepare and deliver rich, complex flavor. These dishes-including tons of nourishing veggies, raitas, grains, and dals-are fresh, healthy, and versatile enough to mix and match, plus they feature Instant Pot variations for maximum ease.

Serve up a quick lunch of Mustard Shrimp alongside a cool lettuce and citrus salad. Short on time after a busy day? Instant Pot your supper with a comforting Coconut Beef Stew. Prep a double batch of Parsi-Style Rajma on Sunday and enjoy it throughout the week-the flavors only get better over time.

With stories from Ruta Kahate's culinary life around the world, plus vibrant, colorful photography that reflects the lively recipes within, 6 SPICES, 60 DISHES is a must-have for anyone who wants super-tasty, healthy meals that come together in a flash.

EXPERT AUTHOR: Ruta Kahate was a teaching cook for many years in the Bay Area before moving to Goa. She is adept at explaining step-process cooking to amateur home cooks, and her recipes are clearly written and well tested, coming out perfect every time.

AUTHENTIC RECIPES: Ruta Kahate was born and raised in India, and has since lived in California, Hong Kong, Goa, and Wisconsin.

Author Bio

Ruta Kahate recently moved her family from Goa, India to Milwaukee, Wisconsin, where she opened a cafe that serves healthy, fresh Indian fare. While living in Goa, she and her husband built an organic farm, opened and ran 6 cafes, built two houses, and raised their daughters. Before her time in Goa, Ruta lived in Oakland, California, where she ran a cooking school and taught classes at Sur La Table, the Ferry Plaza Market, Tante Marie, and elsewhere. She has consulted with companies like Pepsico and Lea & Perrins, and appeared on local TV as a guest chef. She has also hosted culinary tours to India, helping chefs and serious foodies cook and eat their way through the country. She is the author of two cookbooks: *5 Spices, 50 Dishes* and *Quick-Fix Indian*



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Chronicle Books

On Sale: Jan 10/23

7.25 x 10 • 160 pages

9781797216201 • \$36.95 • CL - unjacketed HC, spot varnish on cover, 7-1/4 x 10", 160 pages, 50 full-color photos

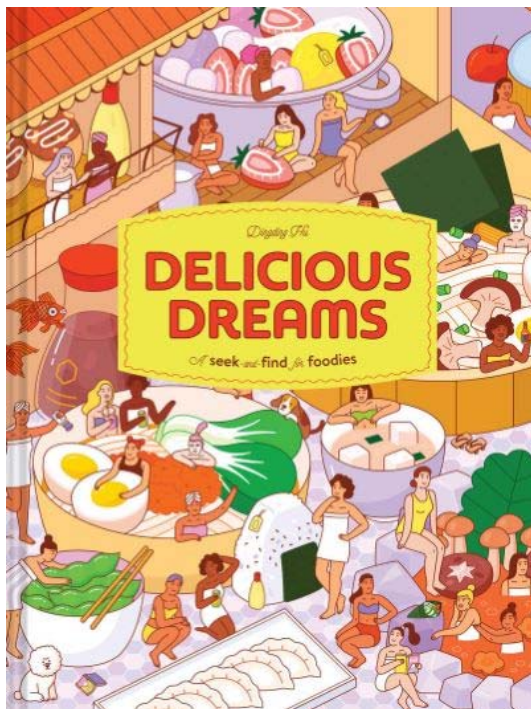
Cooking / Indic

Notes

Promotion



Raincoast Books



Delicious Dreams: A Seek-and-Find for Foodies

Delicious Daydreams

by Dingding Hu

In this delicious take on the classic seek-and-find, it's up to you to discover all the hidden items in each picture!

Go on a tasty adventure with a group of food-obsessed friends as they dream up fantastic culinary destinations, from an egg-cellent art studio to a pizza party in space. Look out for hidden snacks and hat-wearing corgis along the way.

Author Bio

Dingding Hu is a professional illustrator based in New York. Her projects have been featured in *Eater*, *New York Times*, *Good Housekeeping*, *New York Magazine*, and on Google, Squarespace, Girls Club Asia, and more.

Chronicle Books

On Sale: Mar 21/23

48 pages

9781797213842 • \$24.95 • MB - full-color illustrations

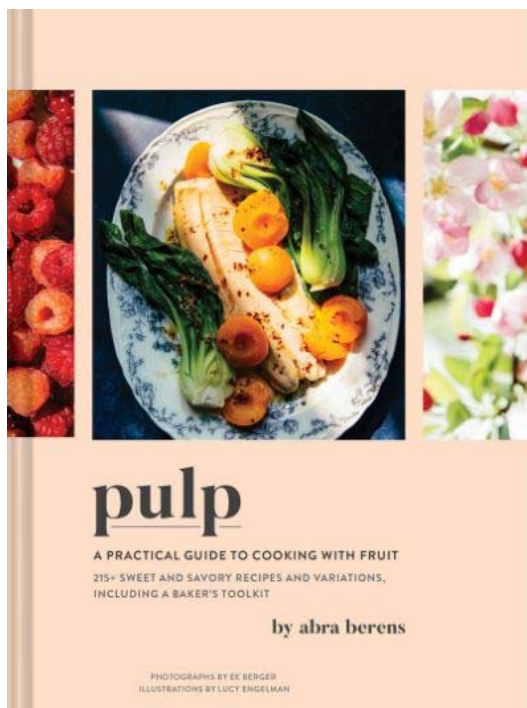
throughout, unjacketed hardcover

Games & Activities / Activity Books

Notes

Promotion





Pulp

A Practical Guide to Cooking with Fruit

by Abra Berens

First vegetables, then grains, and now, fruit. This is the beautiful follow-up to Abra Berens's *Ruffage* and *Grist*, with more than 215 recipes and variations for using fruit in sweet and savory recipes to highlight seasonality and flavor.

Pulp is a hardworking book of recipes that focuses on all the ways fruit can enhance simple, delicious mains - for example, by elevating roasted vegetables, garnishing soup, or adding perfume to a roasted pork or brisket. Unlike *Ruffage* and *Grist*, *Pulp* is about regularly incorporating fruit to add variety and seasonality to main dishes. Home cooks and bakers alike will rejoice in the alternately sweet and savory recipes such as Roast Chicken over Blueberries, Cornbread + Lemon; Melon, Cucumber + Chickpea Salad; and Rum-Plum Clafoutis. The book also features helpful reference material, a Baker's Toolkit, and more than 100 atmospheric photos, delivered with the can-do attitude and accessibility of the Midwestern United States. At 432 pages, this next hefty offering from beloved, trusted author Abra Berens is a necessary addition to any kitchen shelf alongside its predecessors and other mainstays like *Plenty*, *Six Seasons*, and *Small Victories*.

Author Bio

Abra Berens is a Michigan chef, author, and former farmer. Through every recipe written and meal served, she aims to tighten the connection between eaters and growers. She believes we can invest in a stronger, more equitable food system for everyone, from producers to grocers to consumers. She is the author of *Ruffage: A Practical Guide to Vegetables*, a 2020 Michigan Notable Book winner and James Beard Award nominee, and *Grist: A Practical Guide to Cooking Grains, Beans, Seeds, and Legumes*. Her dinners at Granor Farm in Three Oaks, Michigan, made her a James Beard semifinalist for Outstanding Chef: Great Lakes.

EE Berger is a Detroit-based photographer focused on food, lifestyle, product, and portrait work.

Lucy Engelman is an illustrator who puts pen to paper in Pittsburgh, Pennsylvania.

Chronicle Books

On Sale: Apr 4/23

432 pages

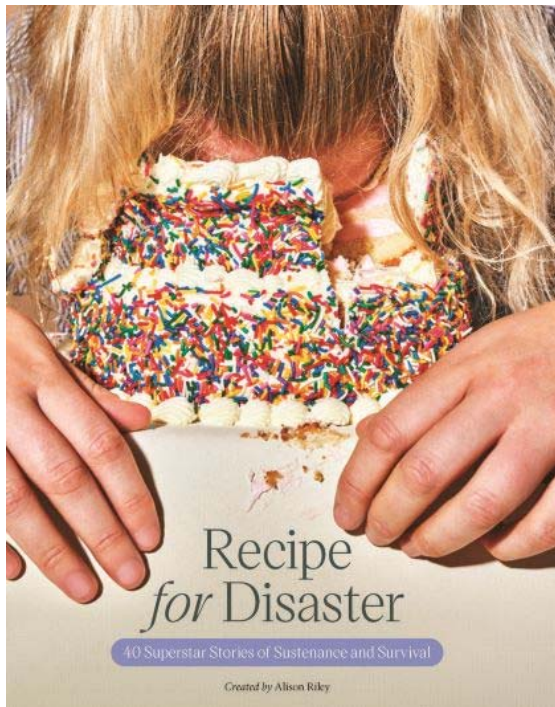
9781797207148 • \$50.00 • CL - deboss on cover, unjacketed hardcover

Cooking / Specific Ingredients / Vegetables

Notes

Promotion





Recipe for Disaster

40 Superstar Stories of Sustenance and Survival

by Alison Riley

Recipe for Disaster is a collection of stories and recipes—from a veritable who's who from the worlds of food, music, art, literature, activism, fashion, and pop culture—about finding comfort in food, surviving the unthinkable, and living to tell about both.

Discover how getting dumped led to author Samantha Irby's *Rejection Chicken*. Comedian Sarah Silverman tells of the power of the humble Pinwheel cookie that got her through bouts of crippling childhood depression. Culinary legend Alice Waters reflects on how a perfectly dressed salad has carried her and her chosen family through loneliness and uncertainty. Here are forty recipes—some traditional, some unconventional—that commemorate the low points with the same culinary conviction with which we celebrate the highs. Part cookbook, part candid confessions, this book of good food for bad times reminds us that even the worst of days yield something worth sharing: a story, a banana dipped in chocolate, and the welcome reminder that we've all been there.

Author Bio

Alison Riley is a writer and creative director based in Brooklyn and Hudson, NY. She is also the founder of the paper and text studio Set Editions. Originally from Cambridge, MA, she moved to New York City to study creative writing at Barnard College and has spent the last twenty-five years working inside brands and businesses and as consigliere to creators of all kinds, from musicians to art directors, and writers to fashion designers. This is her first book.

Chronicle Books

On Sale: Mar 14/23

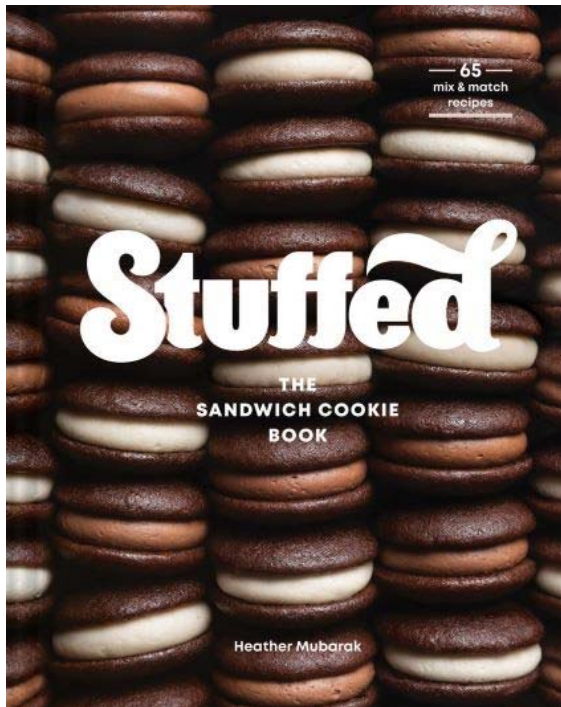
176 pages

9781797212821 • \$39.95 • CL - 44 full-color photographs, Spot varnish, Jacketed hardcover

Notes

Promotion





Stuffed

The Sandwich Cookie Book

by Heather Mubarak

Double the cookie, double the fun.

Ice cream sandwiches, whoopie pies, macarons, homemade Oreos-this irresistible baking book has recipes for all these delicious sandwich cookies and plenty more. From *Browned Butter Blondie* creator Heather Mubarak, *Stuffed* features 65 mix-and-match cookie sandwiches for every occasion and craving, including both sweet and savory bakes that range from childhood classics with a twist (Nutter Butters, Chipwiches!) to sophisticated, party-ready treats (Strawberry Shortcake Macarons, Parmesan Polenta Crackers with Chive Cream Cheese). A whole chapter dedicated to swirly buttercreams, smooth ganache, fruity jams, and more lets you experiment with different cookie-filling pairings to your heart's content. Or leave out the filling altogether for a super simple bake - the possibilities are endless! Home bakers of all levels will appreciate the flexible, choose-your-own-adventure format, while fans of *Snacking Cakes*, *Dessert Person*, and *100 Cookies* will delight in a new trove of crave-worthy recipes. In a chunky package with a puffy case and a photo of every cookie sandwich, this book is *stuffed* with all the cookie recipes you'll ever need.

Author Bio

Heather Mubarak is a recipe developer, food photographer, and the creator of the blog *Browned Butter Blondie*. She lives in Rancho Santa Fe, California.

Chronicle Books

On Sale: Apr 4/23

272 pages

9781797214535 • \$42.95 • CL - padded case, spot gloss on the cover, #160;unjacketed hardcover
Cooking / Courses & Dishes / Desserts

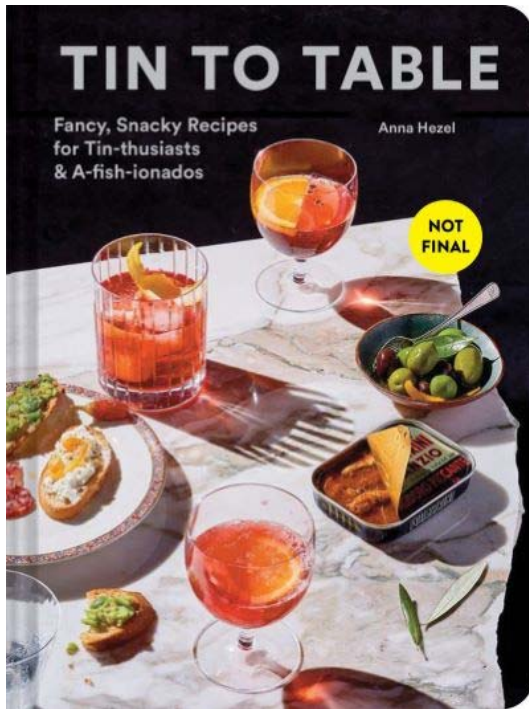
Notes

Promotion



9 781797 214535





Tin to Table

Fancy, Snack Recipes for Tin-thusiasts and A-fish-ionados
by Anna Hezel

Tin to Table cracks open the secrets of the tinned sea with over 50 recipes, from no-fuss snacks to fresh salads, hearty mains, and creative no-recipe recipes for quick pop-and-eat meals.

From the sparkling shores of the Mediterranean, to the salmon smokehouses of Alaska, to the deep blue coves of Spain and beyond, tinned seafood offers a world's worth of flavorful meal inspiration. Sail through the pages of this rich, briny guide to discover how to bring more tasty tinned seafood into your life and onto your plate. Just as carefree and delicious as the contents of the tins themselves, the recipes in *Tin to Table* offer an ocean of knowledge and cooking inspiration, whether you're enjoying these preserved delicacies straight out of the can or using them as a base for fancy dinner party fare:

Triple Pickle Smoked Salmon Butter Sandwich

Canned Clam Garlic Bread

Sardine Curry Puffs

Caesar Popcorn (Negronis optional!)

Tuna Noodle Casserole 2.0 with Salt and Vinegar Crumbs

Vermouth Hour Potato Chips with Mussels, Olives, and Piparras

Mac and Mack(ere)

Anna Hezel uses her keen food wisdom to not only help you discover tasty meal inspiration but navigate you through the world of tinned seafood with handy field guides, smart pairing suggestions, and shopping resources, so you can live that breezy, tinned-fish life anywhere or anytime.

Author Bio

Anna Hezel is the senior editor of *TASTE* and the author of *Lasagna: A Baked Pasta Cookbook*. Her work has been featured in the *New York Times*, *Bon Appetit*, *GQ*, *Rolling Stone*, the *Wall Street Journal*, *Eater*, *Food52*, *Lucky Peach*, and more. She lives in Brooklyn, New York.

Chronicle Books

On Sale: Apr 4/23

192 pages

9781797215518 • \$35.95 • CL - full-color photographs throughout, foil on cover and spine, rounded edges, unjacketed hardcover
Cooking / Courses & Dishes / General

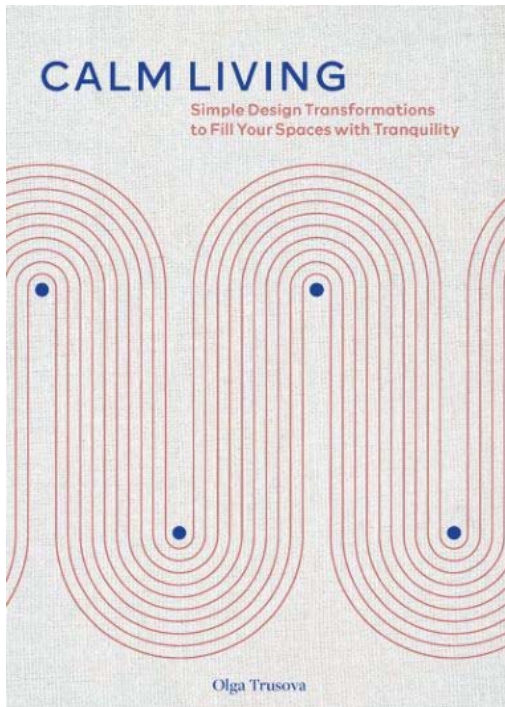
Notes

Promotion



9 781797 215518





Calm Living

Simple Design Transformations to Fill Your Spaces with Tranquility

by Olga Trusova

Designing Your Life meets *The Life-Changing Magic of Tidying Up* in this guide to creating a space that promotes calm, clarity, and positivity.

In *Designing for Calm*, designer and Stanford instructor Olga Trusova offers easy-to-follow tips for cultivating a calming environment at home or at work. Discover how simple changes can make any room—and its inhabitants—feel more inspired, clear, and energetic. Using the principles of design thinking, Trusova distills essential design wisdom, revealing how to use light, color, sound, furniture, and more to make simple, intentional changes for a profound impact on your mind, body, and spirit. Illuminating examples, accessible tips, and short exercises reveal how easy it is to transform a space, whether you're targeting a small corner or multiple rooms. Brimming with smart, digestible design tips and life-changing techniques, this stylish handbook makes a lovely self-purchase or gift for creatives, design enthusiasts, at-home workers, and anyone looking for simple, proven ways to design a soothing space.

Author Bio

Olga Trusova is a designer, design consultant, and teacher. She is based in the San Francisco Bay Area, California.

Chronicle Books

On Sale: Apr 4/23

168 pages

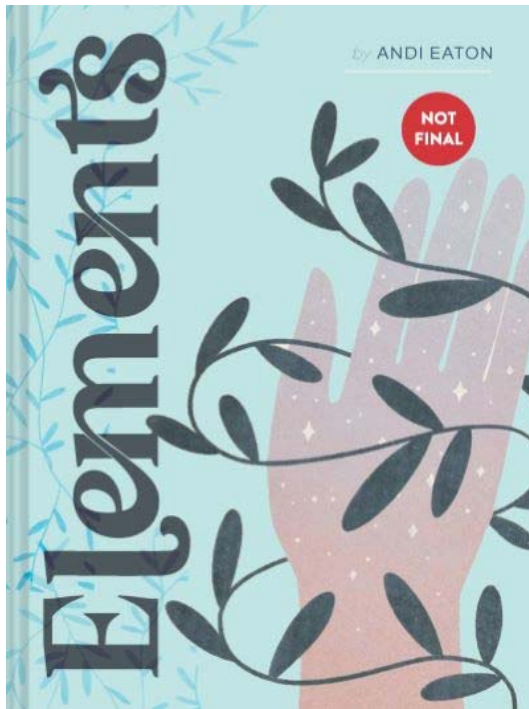
9781797218526 • \$28.95 • CL - foil-stamped cover, unjacketed

House & Home / General

Notes

Promotion





Elemental

The Path to Healing through Nature

by Andi Eaton

For nature lovers, wellness enthusiasts, and modern mystics alike, *Elements* is a beautiful book about disconnecting from the digital world and reconnecting with nature for better health and inner peace.

Ancient humans had an intimate connection to nature—we lived by the cycles of the sun and the moon, followed the flow of water when determining where to settle, and planted and sowed according to the shifts in seasons. The five elements—fire, earth, water, air, and ether—reside in each of us and are the universe's building blocks. In this richly illustrated book, Andi Eaton explores the energy and characteristics each element holds, and teaches you how to incorporate a balance of each into your daily wellness practices: meditation and breathwork to amplify your glow, rituals for grounding and balance, and simple homemade recipes and exercises for nourishment.

- Use a Breath of Fire exercise to glow with fire's energy
- Host a Moon Manifestation Circle to ground yourself with earth's energy
- Take a Goddess Bath to nourish yourself with water's energy

As you explore each of the elements, you'll learn how to let your body speak and become an active listener to what it has to say. *Elements* is about reconnecting with yourself: what lights you up and what leaves you feeling physically, emotionally, and spiritually balanced.

Author Bio

Andi Eaton is a writer, creative director, an entrepreneur, and the chief creator at Andi Eaton Creatives, an independent brand strategy firm. She is the author of *Wanderful* and the voice behind the blog *Oui We* (www.ouiwegirl.com), and her work has been featured on *Refinery29*, *Domino*, *Glitter Guide*, *A Beautiful Mess*, *Southern Living*, *Elle Canada*, and more.

Chronicle Books

On Sale: Mar 7/23

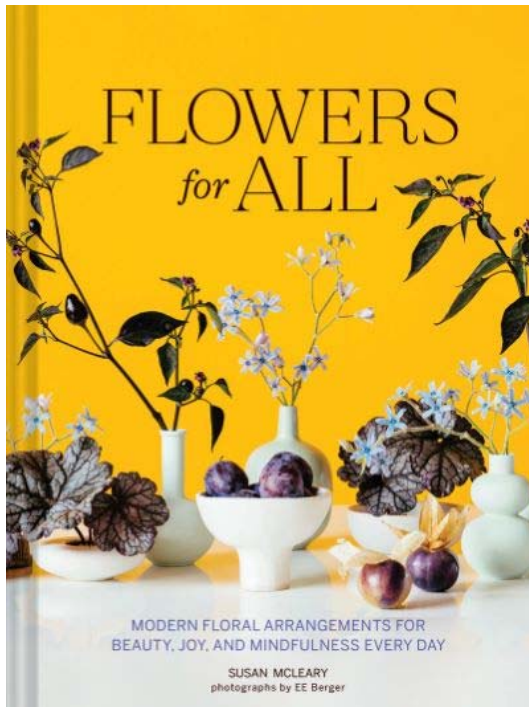
176 pages

9781797214306 • \$28.95 • CL - full-color illustrations throughout, paper graining, unjacketed hardcover
Body, Mind & Spirit / Healing / General

Notes

Promotion





Flowers for All

Modern Floral Arrangements for Beauty, Joy, and Mindfulness Every Day

by Susan McLeary

Flowers For All makes it easy to create gorgeous, modern flower arrangements that enhance everyday life with natural beauty. Celebrated floral designer Susan McLeary invites you to live a flower-filled life with botanical arrangements that encourage joy and connection. Driven by the belief that flowers should be enjoyed by everyone, McLeary does away with fussy ingredient lists and impossible-to-find botanicals. Here, she reveals the secrets to making striking, joyful floral displays using just a few ingredients. Organized into three sections - flowers for your home, flowers to gift, and flowers for larger celebrations - the book features 30 gorgeous arrangements, including an infinitely giftable monochromatic bouquet, an aromatherapy bundle to fill your space with uplifting scents, a striking centerpiece for celebratory dinner parties, and a gorgeous wreath for festive gatherings. With sections on design techniques, flower care, vessel selection, and simple-to-follow instructions for each design, you'll be empowered to make magnificent arrangements at home - whether you buy your flowers at the local grocery store or cut them from your own garden. Delivered in a petite package full of expert tips and lush photos, this stunning handbook is a must-have guide for flower lovers, decor enthusiasts, and anyone who wants to immerse themselves in nature's beauty.

Chronicle Books

On Sale: Feb 8/23

172 pages

9781797215662 • \$32.95 • CL - unjacketed hardcover

Crafts & Hobbies / Flower Arranging

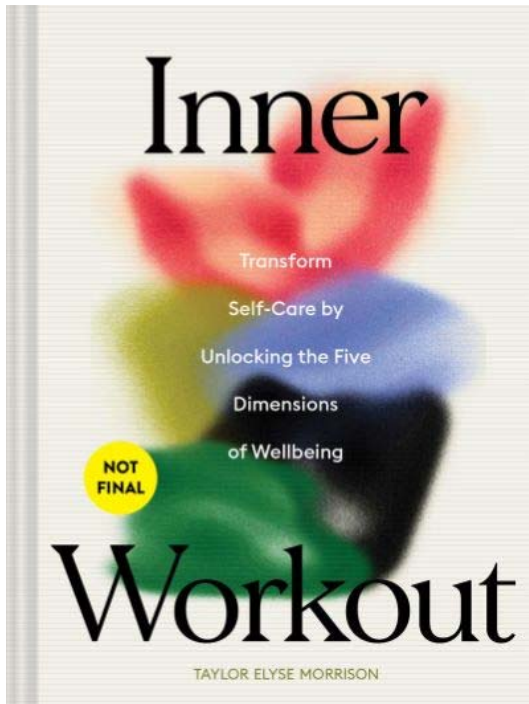
Notes

Promotion

Author Bio

Susan McLeary is an award-winning floral designer and the founder of floral design company Passionflower. Her work has been featured in leading industry publications and websites including *Martha Stewart Weddings*, *Florists' Review*, *The Knot*, *My Modern Met*, *Refinery 29*, *SELF*, *Country Living*, *Buzzfeed*, *Belle Armoire*, *Modern Wedding Flowers*, and *Style Me Pretty*. She is based in Michigan.





Inner Workout

Strengthening Self-Care Practices for Healing Body, Soul, and Mind

by Taylor E. Morrison

Through a series of practices aimed at strengthening key dimensions of self-care, from feeling at home in your body to tapping into the wisdom that already lives within you, Taylor Elyse Morrison, founder of the lifestyle brand Inner Workout, guides you to discover what "self-care" truly means and cultivate a dynamic relationship with your whole being.

"Inner Workout offers ease and accessibility when it comes to transforming our thoughts around how we take care of ourselves. Required reading!" - Alexandra Elle, author of *After the Rain* and *How We Heal*

Caring for yourself is essential. But we need both direction and intention if we want to find out what we truly need in the moment. This is where *Inner Workout* comes in: first by redefining what self-care truly is and then by diving deep into areas where you might need some help (like body positivity, burnout, brain fog, self-confidence, and more), offering a variety of practices, prompts, and actionable advice to strengthen your connection to each aspect of yourself. Think of this book as a choose your own self-care adventure. Take the Take Care Assessment and find out which practices you deeply need right now. Flip to a section that resonates with you. Or read through each chapter to discover what each dimension of care can offer you. This book isn't meant to change who you are; it will strengthen the wisdom you already have within. Whether you're new to self-care or want to deepen the connection you've cultivated with yourself, this book is here for you at every step of your self-care journey.

Author Bio

Taylor Elyse Morrison is the CEO of Inner Workout where she spends her days working towards a world without burnout. She's a sought-after international speaker and facilitator. You may have seen her talking about self-care in publications including *Forbes*, *Entrepreneur*, and *The Thirty*. Taylor is also an ICF ACC Coach, a certified 200-hour yoga teacher, a certified Meditation and Mindfulness teacher, and a Certified Resilience Practitioner. Taylor lives in Chicago with her husband, Matthew, her dog Blue, and an ever-growing number of plants.

Chronicle Books

On Sale: Mar 7/23

160 pages

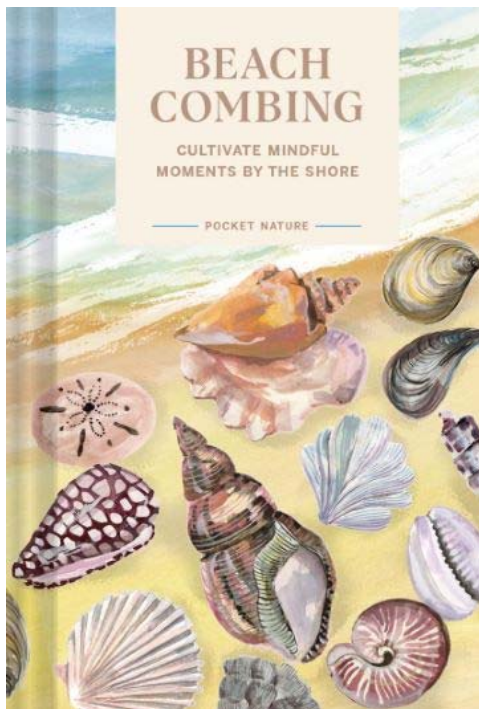
9781797217734 • \$28.95 • PB - unjacketed HC

Self-Help / Meditations

Notes

Promotion





Pocket Nature Series: Beachcombing

Cultivate Mindful Moments by the Shore

by Sadie Small

Transform your seaside walk into a practice in mindfulness.

In a take-anywhere package, this darling pocket guide is the perfect companion for your next beachcombing adventure. Discover surprising facts about shoreline treasures—including abalone, sand dollars, sea stars, and wrack—as well as simple ways to center yourself in a place of stillness. With calming meditations that connect you to the sounds, smells, and textures of the coast, *Beachcombing* makes it easy to enjoy quiet, contemplative moments by the ocean. Coastal dwellers, ocean-lovers, environmentalists, and mindfulness practitioners will adore this delightful book, which makes a lovely gift alongside binoculars, a beach towel, or a sun hat.

Author Bio

Sadie Small is a marine ecologist and aquaculture technician based in Washington state.

Chronicle Books

On Sale: Mar 7/23

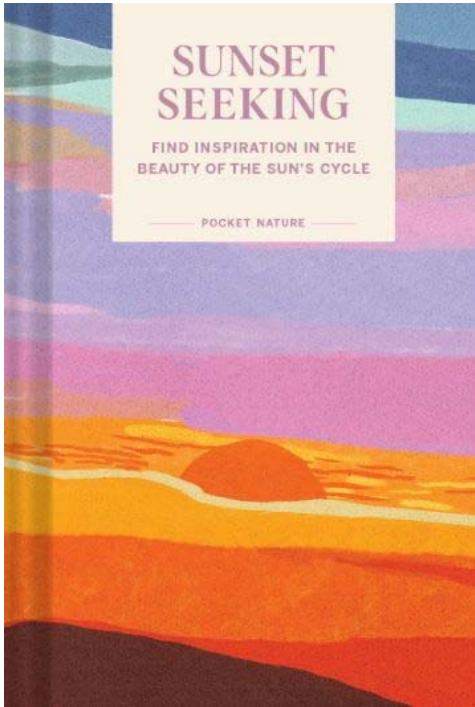
128 pages

9781797217925 • \$18.95 • CL - 2C illustrations throughout, ribbon marker, debossing on the cover, unjacketed hardcover
Nature / Seashells

Notes

Promotion





Pocket Nature Series: Sunset Seeking Find Inspiration in the Beauty of the Sun's Cycle by Chronicle Books

Sunsets serve as daily reminders that breathtaking beauty exists in this world—we just have to notice it.

In a portable trim, *Sunset Seeking* invites nature-lovers, mindfulness practitioners, and pop science enthusiasts to seek out sunsets and view them with intention. Learn what makes sunsets colorful and the atmospheric factors that influence them; discover folklore about the sun and its power from different places and times; and consider how the sun's cycle affects our well-being. With a deeper understanding of sunsets comes a deeper appreciation—let this pocket guide illuminate the wonders of this daily phenomenon.

Author Bio

Hannah Seo is a science journalist, essayist, podcast writer, and poet based in Brooklyn, New York.

Chronicle Books

On Sale: Mar 7/23

112 pages

9781797218557 • \$18.95 • CL - 2C illustrations throughout, ribbon marker, debossing on the cover, unjacketed hardcover
Nature / Star Observation

Notes

Promotion





The Henna Archive

by Azra Khamissa

With detailed how-tos, evocative stories, and expert advice, this curated collection of 30 beautiful, easily reproducible designs by henna expert Azra Khamissa captures the past, present, and future of henna.

Applied intricately to hands before celebrations, spread thickly on the soles of feet to protect the skin, or drawn in loose lines and shapes as a form of creative expression: Henna is all these things and more. Using her deep love for henna and tapping into her years of hosting henna workshops, designer and chiropractor Dr. Azra Khamissa fuses her own unique designs with historical and traditional inspiration to create *The Henna Archive*, a guide with 30 approachable designs that you can create at home. Inside you'll find historical designs from Libya, Algeria, the United Arab Emirates, Morocco, and more, as well as designs of Azra's own creation: leopard prints, crescent moons, Japanese knots, and flowers. Touching stories from people around the world, sharing their personal connections to henna, pair with the designs and illuminate the intimate nature of henna. Included are detailed how-tos to take your henna practice to the next level and tips like how to get the perfect stain, what to look for when shopping for the best quality henna products, and how to host your own henna party.

Author Bio

Dr. Azra Khamissa is a chiropractor and designer based in the UAE. Over the last several years, she has researched the art of henna and has hosted workshops, pop-ups, and talks centered around the practice. In 2020, she released her own henna-making kit.

Chronicle Books

On Sale: Mar 13/23

128 pages

9781797215891 • \$28.95 • CL - full-color photographs throughout, unjacketed hardcover

Art / Body Art & Tattooing

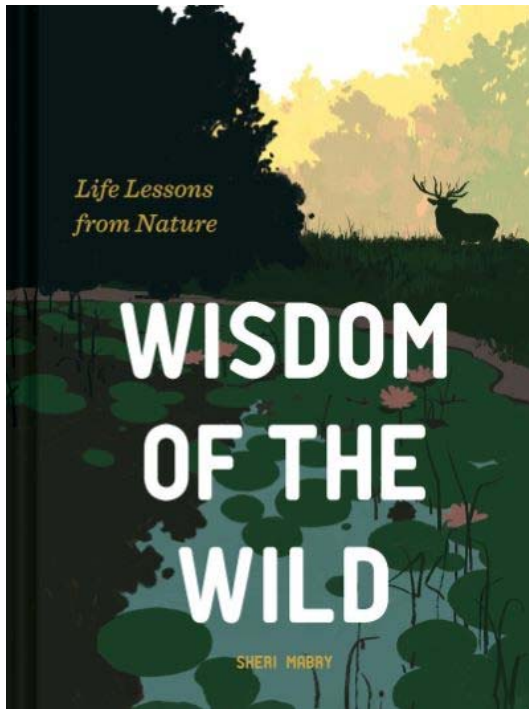
Notes

Promotion



9 781797 215891





Wisdom of the Wild

Life Lessons from Nature

by Sheri Mabry

Finding a moment in our busy lives to appreciate the sublime and expansive beauty of the natural world can be difficult. *Wisdom of the Wild* teaches us to seek connection in the commonplace.

Wisdom of the Wild encourages readers, whether dwelling deep in the city or in the heart of suburbia, to consider what we can learn from plants and animals, both big and small. From ants that build regenerative communities to the resilient jack pine tree that withstands wildfires, life on this planet contains philosophical lessons far and wide that provides insight and a deeper connection to our spiritual selves. Through fascinating tidbits, soothing guided exercises, and grounding affirmations, this illuminating book demonstrates how integrating nature's powerful wisdom into daily life can align our inner and outer worlds to cultivate peace, balance, and harmony.

Author Bio

Sheri Mabry was born in a small town in Wisconsin. She spent much of her childhood in the woods, along creeks and near lakes, seeking and discovering the treasures of the wild. Now Sheri blends her appreciation of nature with her foundation in yoga and meditation, her passion to write, and her inspiration to create. She writes books for children and adults, creates art, and offers writing and yogic services. She is blessed with wonderful family and friends and is always grateful for time together in the mountains and on the trail. To learn more about Sheri, visit www.sherimabryinc.com.

Chronicle Books

On Sale: Feb 7/23

144 pages

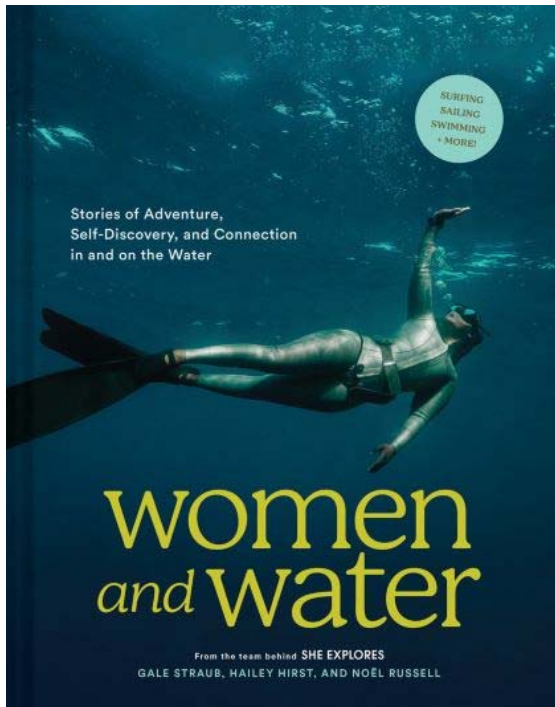
9781797208305 • \$24.95 • CL - spot gloss and deboss on cover, unjacketed hardcover

Body, Mind & Spirit / Inspiration & Personal Growth

Notes

Promotion





Women and Water

Stories of Adventure, Self-Discovery, and Connection in and on the Water

by Gale Straub

Women and Water is a visually driven celebration of women who love nature, adventure, and water sports.

This inspiring collection combines breathtaking photography with powerful narratives from women who swim, surf, kayak, study glaciers, advocate for water conservation, carry forward their ancestral fishing traditions, and more. Collected by the team at She Explores, a media company and community that celebrates women in the outdoors, these first-person stories explore themes of independence, strength, healing, and self-discovery in nature. Helpful how-tos on everything from cold water swimming to taking underwater photos are interspersed throughout the book, making it easy for readers to get outside and get their feet wet. The result is a joyful tribute to the strength women exude in and on the water in a beautiful, chunky package that makes an empowering gift for teenage girls, new graduates, and outdoorsy women of all ages.

Author Bio

GALE STRAUB (she/her) is an audio producer, photographer, and writer. She is the creator of She Explores and author of *She Explores: Stories of Life-Changing Adventures on the Road and in the Wild*. She lives in New Hampshire.

HAILEY HIRST (she/her) is a writer, designer, and the digital editor at She Explores. She lives in British Columbia.

NOEL RUSSELL (she/her) is a digital marketing specialist and the partnerships director at She Explores. She lives in the Bay Area, California on Chochoenyo Ohlone land.

Check out more of their work at:

she-explores.com

[@she_explores](https://www.instagram.com/she_explores)

Chronicle Books

On Sale: Mar 21/23

240 pages

9781797216249 • \$35.95 • CL - 75 full-color

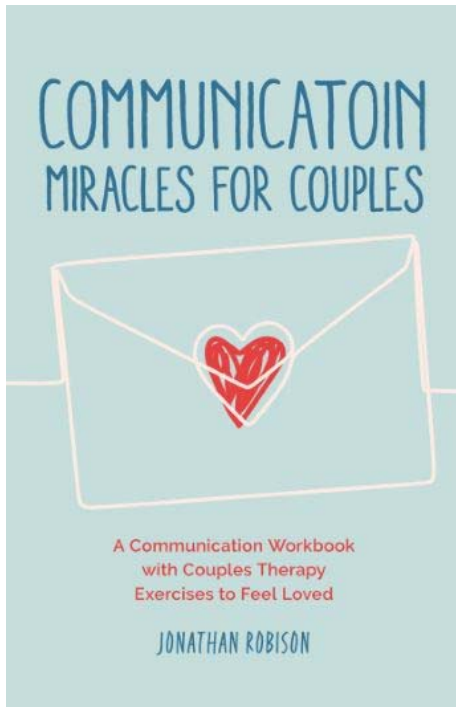
photographs, unjacketed hardcover

Travel / Special Interest / Adventure

Notes

Promotion





Communication Miracles for Couples

A Communication Workbook with Couples Therapy Exercises to Feel Loved

by Jonathan Robinson

A Communication Workbook with Couples Therapy Exercises

Create lasting harmony, healthy communication, and everlasting love with Jonathan Robinson's powerful couples therapy exercises in this relational communication workbook! Develop effective communication skills for a lasting relationship. COMMUNICATION MIRACLES FOR COUPLES by one of Oprah's favorite relationship experts, psychotherapist, and bestselling author Jonathan Robinson has helped hundreds of thousands of couples repair their relationships with over 200,000 copies sold. Now a communication workbook, you can enhance your relationship or resolve existing conflict using successful couples therapy exercises, activities, and techniques.

Become one of those couples that work - period. To be used by itself or as a companion to the original, this couple workbook is for couples who want to learn new skills and build a solid foundation for working through conflicts and moving forward in ways that strengthen their bonds. Learn how to enhance your relationship by learning to communicate with less blame and more understanding.

Inside, you'll find:

- Insightful tips from the original book to repair your marriage
- A couples communication workbook with space to work and reflect on prompts
- Couples activities, couples therapy exercises, and couples communication skills to help you stop arguing, feel love, and rebuild trust in your relationship

If you liked NONVIOLENT COMMUNICATION, QUESTIONS FOR COUPLES JOURNAL, OR ANXIETY & COMMUNICATION IN RELATIONSHIP, you'll love COMMUNICATION MIRACLES FOR COUPLES WORKBOOK

Author Bio

Jonathan Robinson is a psychotherapist, best-selling author and a professional speaker from Northern California. He has reached over 250 million people around the world with his practical methods, and his work has been translated into 47 languages. Articles about Jonathan have appeared in



Conari Press

On Sale: Jan 10/23

5.5 x 8.5 • 174 pages

9781684811045 • \$24.99 • pb

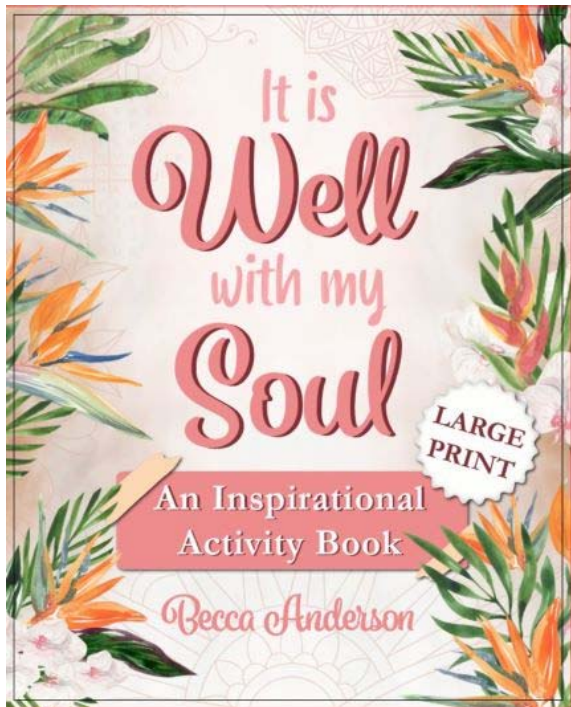
Social Science / Sociology / Marriage & Family

Notes

Promotion

The author was featured on the Oprah Winfrey Show multiple times. He is the bestselling author of ten books. His work has been translated into 47 languages. His work has appeared in Newsweek, USA Today, the Los Angeles Times, and more. His first book, The Experience of God, included interviews with the late Mother Teresa, the Dalai Lama, Deepak Chopra, and Dr. Wayne Dyer. His second book, The Little Book of Big Questions, became a New York Times bestseller.





It Is Well with My Soul

by Becca Anderson,

Hundreds of delightful ways to nurture your soul and mind! This ultimate collection of Christian brain games includes word games, journal prompts, and logic puzzles as well as inspirational coloring pages for relaxing fun. Keep your brain healthy while getting inspired through scripture and prayer. You'll find beautiful artwork and large print throughout, making this enjoyable adult activity book appropriate for a wide range of ages and abilities.

Author Bio

Becca Anderson comes from a long line of preachers and teachers from Ohio and Kentucky. The teacher side of her family led her to become a woman's studies scholar and the author of *The Book of Awesome Women*. An avid collector of meditations, prayers and blessings, she helps run a "Gratitude and Grace Circle" virtual circle that meets weekly. In non-pandemic times, she gives gratitude workshops at churches and bookstores in the San Francisco Bay Area where she currently resides. Becca Anderson credits her spiritual practice with helping her recover from cancer and wants to share this healing wisdom with anyone who is facing difficulty in their life.

Conari Press

On Sale: Apr 11/23

8 x 10 • 375 pages

9781684810970 • \$21.99 • pb

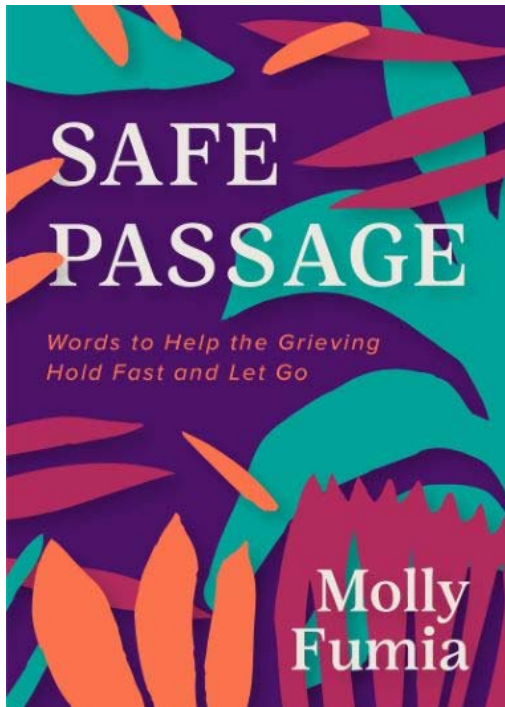
Games & Activities / Activity Books

Notes

Promotion

Becca's books have sold upwards of 60,000 copies and counting, including *Badass Affirmations* that has been selling over 2,000 copies weekly! Becca Anderson contributed to several bestselling personal growth books including the million-selling *Attitudes of Gratitude*, and is co-author of *The Gratitude Power Workbook*. She runs a Silicon Valley book club that meets regularly at East West Bookstore in Mountain View. In addition to her popular *Bloggging Your Blessings* blog, Anderson runs the Every Day Thankful Facebook, Instagram and Twitter. Across all her platforms, she has over 100k followers and counting. She also blogs daily on *The Blog of Awesome Women* and *The Daily Inspo*. She has been featured on national tv as well as Bay Area's NBC and ABC affiliates. Anderson has been featured on NPR including KQED's FORUM, KPFA, KALX and also spirituality radio such as Coast-to-Coast. Anderson will be doing events in the





Conari Press
On Sale: Feb 14/23
5 x 7 • 288 pages
9781684811182 • \$27.99 • pb
Self-Help / Death, Grief, Bereavement

Notes

Promotion

Molly Fumia has written three books on loss, including one on the loss of a child. Previous editions of this book have sold over 80,000 copies. The author has been featured in magazines and other platforms on the subject of healing from your grief.



Safe Passage

Words to Help the Grieving Hold Fast and let Go

by Molly Fumia

Comfort Words for Loss, Grief and Bereavement

"Here is a book of exquisite honesty and profound depth. Along the way, grief becomes a dance in the dark and suffering turns to love" - **Sue Monk Kidd**, Author of *THE SECRET LIFE OF BEES* and *THE DANCE OF THE DISSIDENT DAUGHTER*

Too many of us are familiar with the feelings of grief and bereavement. For those new to and for those long suffering from loss, SAFE PASSAGE is a grief handbook to heal loss of every kind.

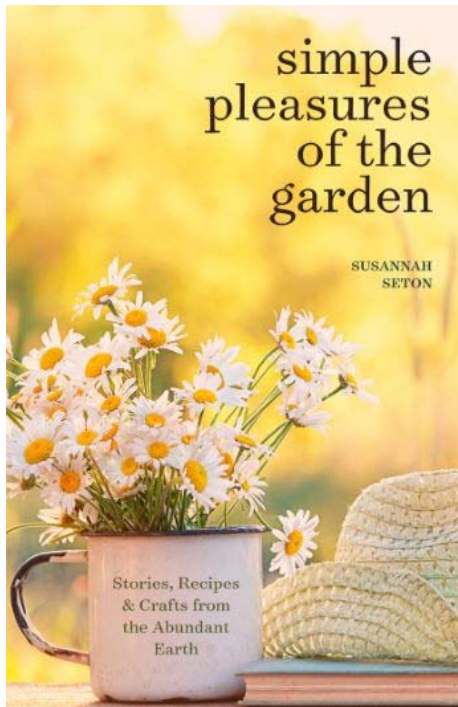
One of the best books on grieving. The grieving process is slow, but each step is necessary for recovery. In this classic grief and loss book with over 100,000 copies sold, Molly Fumia says it's ok that you're not ok, and gently guides us through any stage of grief with her profound wisdom and insight. Her kind comfort words for loss and encouragement helps us to contemplate our feelings and creates a space where healing your mind and soul is possible - even after loss.

Find healing and hope. Healing grief can seem impossible, but Fumia assures us that there is hope to be found. As an expert on grief, and as someone who has experienced devastating loss, Fumia provides a deeply thoughtful roadmap for the difficult journey we face when bearing (...)

Author Bio

Molly Fumia holds a master's degree in theology from the Graduate Theological Union in Berkeley, California. Molly is the author of books on the transformative nature of grief, including *HONOR THY CHILDREN*, *SAFE PASSAGE*, and *A PIECE OF MY HEART*. She lives with her husband and seven children in Los Gatos, California.





Simple Pleasures of the Garden

Seasonal Self Care Book for Living Well Year Round

by Susannah Seton

Simple Pleasures Throughout the Year

"SIMPLE PLEASURES has become my go-to book for remembering to slow down and enjoy the little things in life." - **Becca Anderson**, Best-selling author of **BADASS AFFIRMATIONS**, **THE BOOK OF AWESOME WOMEN**, and more

An abundant sourcebook of ideas, encouraging quotes, recipes, and soothing activities, **SIMPLE PLEASURES OF THE GARDEN** shows you how to appreciate the simple things within your daily activities. The secret to living well year round can be found in the abundance of your home garden, so get to planting those seeds of simple joys and herbal healing!

Nurture your mind, body, and soul. Sometimes finding the positive can be hard, but it doesn't have to be. From the recipe for a homemade herbal bath for a spa day to quick and easy recommendations for an instant room makeover, the suggestions and home recipes collected in this book offer a new appreciation for the everyday activities that nurture and comfort you.

Simplify your emotional self care. Taking care of yourself doesn't have to be expensive, unrealistic, or inaccessible. It can be as easy as tending to a green garden, making healing herbal tonics, sipping calming teas, or spending time with other natural energy boosters. Pleasures are made, not bought, so unlock new secrets to happiness with these (...)

Author Bio

Susannah Seton is the author of the **SIMPLE PLEASURES** series, which has sold over 200,000 copies. Seton is also an early adopter of "cottage care" and self care.

When Seton was young, she would listen to her grandparents tell stories of when they were young, and the fun they would have even though all the stories were based around the simplest actions: new recipes they would make in a new house, road trips, early mornings by the water, and so much more. This made Seton realize that it wasn't what we had, but our mindsets that made life enjoyable. Seton began writing the **SIMPLE PLEASURES** series with one goal in mind: to remind her readers that even the smallest things in life can bring us enormous joy.

She currently lives in Berkeley, California, with her husband and daughter.

Conari Press

On Sale: Mar 14/23

5 x 7 • 256 pages

9781684811311 • \$28.99 • pb

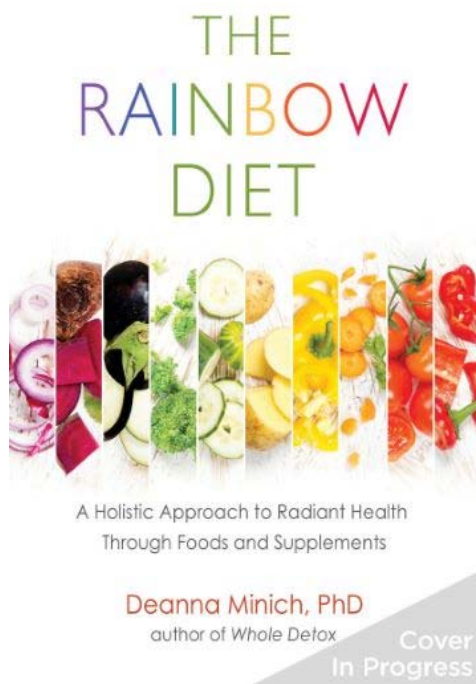
Self-Help / Stress Mgmt

Notes

Promotion

 Susannah Seton was a cottagecore trailblazer way before it was cool! The series' sales are over 300,000 copies and counting. We are releasing this book at a time where people need more comfort and coziness in their homes as well as reminders that happiness can be found in your own backyard. 	





Conari Press
On Sale: Apr 11/23
6 x 9 • 304 pages
9781684811687 • \$28.99 • pb
Health & Fitness / Nutrition

Notes

Promotion



The Rainbow Diet by Deanna M. Minich

Eating Healthy Is Colorful, Not Complicated

Don't just eat your greens - eat your reds, yellows, and blues too. In **THE RAINBOW DIET**, nutritionist and health expert Dr. Deanna Minich introduces a cutting-edge way to achieve an inner rainbow of optimal health.

A painted platter. Forget about bland, colorless diet foods - it's time to taste the rainbow. Vibrant health begins when we add color to our diet with the right foods and supplements. Inside, find specific colorful foods, supplements, and recipes you can eat, as well as activities to help you heal and flourish. You'll learn how to make a colorful plate, featuring a rainbow spread of natural foods that provide your body with the essential nutrients necessary for mental clarity, emotional wellbeing, and spiritual fulfillment.

Meals that heal. **THE RAINBOW DIET** combines ancient healing and eating practices with modern nutritional science. Unlike most fragmented nutrition paradigms that solely assess food intake, **THE RAINBOW DIET** puts body, psychology, eating, and living together into one view.

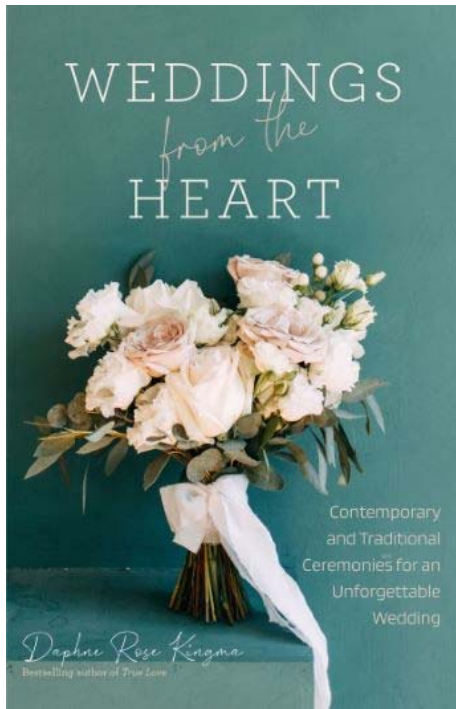
An artist's palette, a foodie's palate. Taking all aspects of your life into consideration, Dr. Minich gives readers an easy to follow transformational guide to attaining physical, mental, and spiritual health through colorful whole foods and natural supplements. Throughout, she uses the properties of color to help guide you, like:

- Yellow for the bright radiance of your intellect
- Red for the grounding, physical issues of your body
- Indigo for the deeper knowledge and intuition we (...)

Author Bio

Deanna Minich, PhD, is an internationally known nutritionist, researcher, counselor, and author with more than fifteen years of experience in the nutrition field. Her ability to translate difficult nutrition information into everyday hints and tips allows others to make healthy choices in grocery stores, restaurants, and kitchens. She is the author of **THE RAINBOW DIET**, **CHAKRA FOODS FOR OPTIMUM HEALTH**, **AN A-Z GUIDE TO FOOD ADDITIVES**, and **THE COMPLETE HANDBOOK OF QUANTUM HEALING**





Weddings from the Heart

Contemporary and Traditional Ceremonies for an Unforgettable Wedding

by Daphne Rose Kingma

The Wedding Gift for Couples: Wedding Ideas Galore!

Wedding ceremonies should reflect the uniqueness of your connection to your lover. **WEDDINGS FROM THE HEART** provides loads of wedding ideas to make your wedding ceremony memorable. Wedding celebrations and ideas for everyone. Daphne Rose Kingma provides a variety of different wedding ideas and examples set to inspire your own personalized ceremony. This wedding gift for couples is packed with creative wedding ideas, unique wedding vows, and beautiful wedding ceremonies fit for absolute royalty.

Wedding vow examples and worksheets for all. Planning and organizing books with worksheets and examples are exactly what you need while you plan out your very special day. **WEDDINGS FROM THE HEART** presents beautiful and elegant wedding vows to prepare you for your very special moment during the marriage ceremony.

Inside, you'll find:

- A practical wedding guide for newly engaged couples and partners
- Inspirational worksheets and examples of wedding vows and wedding ceremonies
- The perfect wedding preparation gift for couples with unique tastes and expectations

If you are searching for gifts for women in love or if you liked THE LITTLE BOOK OF WEDDING CHECKLISTS, THE KNOT ULTIMATE WEDDING PLANNER AND ORGANIZER, or A PRACTICAL WEDDING, you'll love WEDDINGS FROM THE HEART

Author Bio

Daphne Rose Kingma is a beloved psychotherapist and relationship guide. She is also the author of a dozen best-selling books about love and relationships that have sold more than a million copies and been translated into sixteen languages and has been a frequent guest on THE OPRAH WINFREY SHOW . You can learn more about her work at www.daphnekingma.com.



9 781684 811069

Conari Press

On Sale: Jan 10/23

5.5 x 8.5 • 224 pages

9781684811069 • \$24.99 • pb

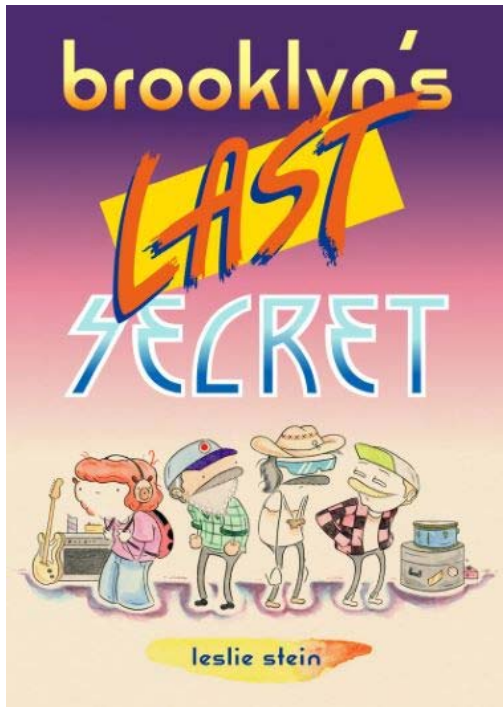
Family & Relationships / Marriage

Notes

Promotion

Daphne Rose Kingma is a number-one bestselling author for Conari Press. Previous editions of this book have sold 50,000 copies. The San Francisco Chronicle dubbed her "The Love Doctor." Kingma is a clinical psychologist, with second-to-none relationship advice to help you go from learning about your relationship style to walking down the aisle with confidence.





Brooklyn's Last Secret

by Leslie Stein

A rip-roaring journey through the highs and lows of tour life

Welcome aboard the tour van of Major Threat - Brooklyn's finest rock band yet to catch a break - as they traverse the US of A on a last-ditch summer festival tour. On drums we've got band dad" Ed, the stoic drummer who keeps bumping into tech bro coworkers that he can't quite relate to. On bass, there's Paul, a man of mostly mystery, who drinks hard and yet manages to glide through life, intelligible to no one except energy-drink-guzzling Marco, the baby of the band and newest replacement lead singer. And of course there's the gentle and serene Lilith, a weed-lollipop-sucking, stuffed-animal-backpack-wearing guitarist healing from heartbreak.

There's sex, drugs, and rock 'n' roll, sure, but there are also tender moments as the motley crew take turns behind the wheel, compiling lists of the hottest hunks and best guitariffs to pass the miles. From tour fashion to breakdowns - mechanical and emotional - Leslie Stein holds no bars in this incredibly funny and heartfelt love letter meets parody of life on the road.

Her first full-length fiction, *Brooklyn's Last Secret* expertly showcases Stein's trademark cocktail of charm, wit, and whimsy, leaving readers decidedly affected by their time spent in her world.

"If you're in a band, read this book. If you're not in a band, read this book. And if, for whatever reason, you've decided to start or join a band, I implore you, before you go any further: PLEASE. READ THIS BOOK! It's so beautifully done (...)

Author Bio

Leslie Stein is the cartoonist of *I Know You Rider* and the *LA Times* Book Prize Award winning *Present*, as well as *Bright-Eyed at Midnight* and the *Eye of the Majestic Creature* series. Her diary comics have been featured on *The New Yorker*, *Vice*, and in the *Best American Comics* anthology. She lives in Brooklyn, New York.

Drawn & Quarterly
On Sale: Mar 7/23
6.75 x 8.25 • 296 pages
Full-color Illustrations Throughout
9781770466340 • \$34.95 • pb
Comics & Graphic Novels / Literary

Notes

Promotion





Harvey Knight's Odyssey

by Nick Maandag

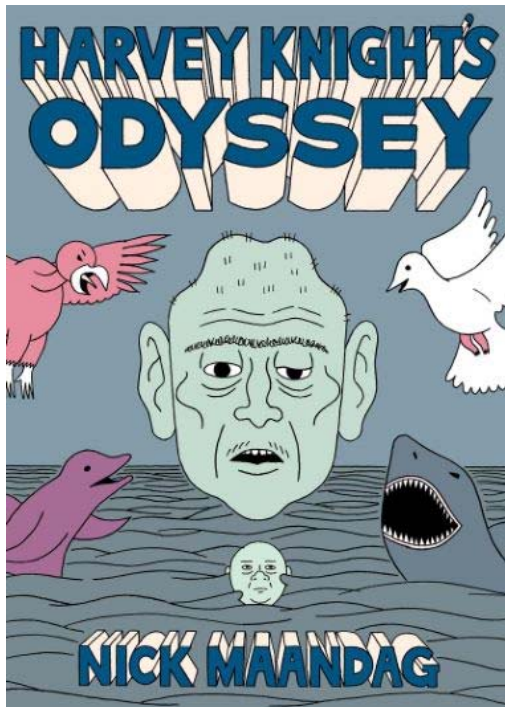
***Harvey Knight's Odyssey* is the latest book in Nick's deepening catalog of jocular misery**

Solarism is a religion that acknowledges there is a balance of light and dark in the Universe. But while Solarists believe it is possible to achieve a state of Pure Light by exposing themselves to the rays of the sun (or tanning beds on cloudy days), the Forces of Dark conspire against them and send hooded Shadow Men to eliminate the Light. Subsequently, Solarists must kill these Shadow Men. It's the only way. When a thief infiltrates the sacred chambers of the Solarists, Assistant-to-the-Master Harvey Knight must test the strength of his beliefs in order to restore order. Or maybe he's plotting to overthrow the leader and make the religion his own. Either way, it's an odyssey.

Nick Maandag has been making bone-dry hilarious comics for years, exploring the ridiculousness of human vanity and beliefs. He approaches each comic with the understanding that we are all desperate to be seen and find the most outrageous ways to make that happen. Few cartoonists elicit belly laughs the way Maandag does

Author Bio

Nick Maandag was born in Mississauga, Ontario, in 1982. He studied philosophy at Erindale College before moving to Toronto in 2006. His previous comics include *The Follies of Richard Wadsworth*, *Streakers*, *The Libertarian*, and *Facility Integrity*. He has received nominations for both the Doug Wright and Joe Shuster Awards.



Drawn & Quarterly

On Sale: Mar 21/23

5.88 x 8.19 • 160 pages

Black-and-White Illustrations Throughout

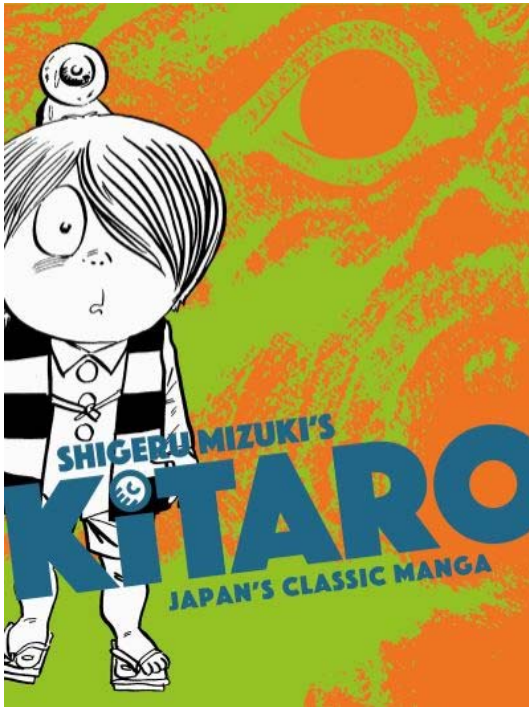
9781770466326 • \$25.95 • pb

Comics & Graphic Novels / Literary

Notes

Promotion





Kitaro

by Shigeru Mizuki, translated by Jocelyne Allen

The very first Drawn and Quarterly Kitaro collection, now back in print with a lush new cover

Kitaro seems just like any other boy. Of course, he isn't - what with his one eye and jet-powered geta sandals, and the fact that he can shape-shift like a chameleon. It's all a part of being a 350-year-old yokai, a Japanese spirit monster. Against a backdrop of photorealistic landscapes, Kitaro and his otherworldly cartoon friends plunge into the depths of the Pacific Ocean and forge the oft-unseen wilds of Japan's countryside. The twelve stories in this special collection include more works published in the golden age of *GeGeGe no Kitaro* between 1967 and 1969. It is a must-have for Kitaro's most devoted fans and features one of the earliest battles of monster versus giant robot battles seen in print. In another very special episode, our titular good guy even battles vampires, werewolves, and witches alongside creepy compatriots and occasional foes.

Kitaro, as seen on TV and played in video games, is now a cultural touchstone for several generations. This updated and newly released edition is a wonderful companion to the classic all-ages Kitaro series that blends the eerie with the comic. The Eisner-Award winner Shigeru Mizuki's offbeat sense of humor and genius for the macabre make for a delightful, lighthearted romp where bad guys always get what's coming to them.

Author Bio

Shigeru Mizuki (1922-2015) was one of Japan's most respected artists. A creative prodigy, he lost an arm in World War II. After the war, Mizuki became one of the founders of Japan's latest craze - manga. He invented the yokai genre with *GeGeGe no Kitaro*, his most famous character, who has been adapted for the screen several times, as anime, live action, and video games. In fact, a new anime series has been made every decade since 1968, capturing the imaginations of generations of Japanese children. A researcher of yokai and a real-life ghost hunter, Mizuki traveled to more than sixty countries to engage in fieldwork based on spirit folklore. In his hometown of Sakaiminato, one can find Shigeru Mizuki Road, a street decorated with bronze statues of his Kitaro characters.

Drawn & Quarterly
On Sale: Feb 21/23
6.45 x 8.75 • 432 pages
Black-and-White Illustrations Throughout
9781770466364 • \$34.95 • pb
Comics & Graphic Novels / Literary
Series: Kitaro

Notes

Promotion





Nejishiki

by Yoshiharu Tsuge, translated by Ryan Holmberg, Series edited by Mitsuhiro Asakawa

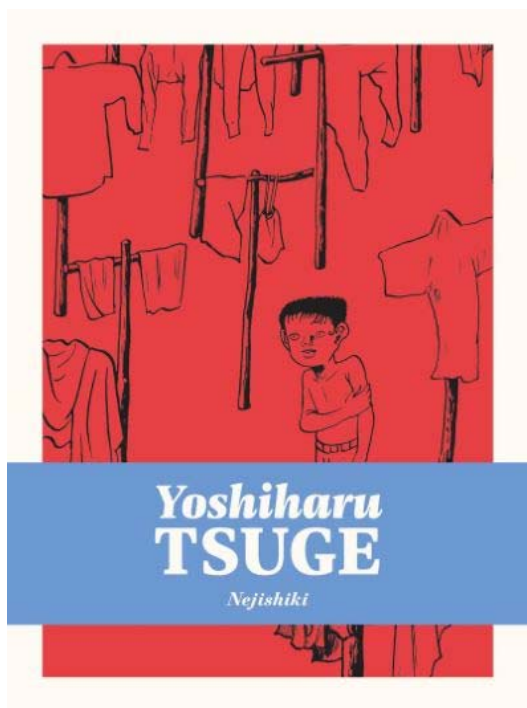
The most critically acclaimed comic of the Japanese counterculture

Nejishiki unveils the most iconic scenes from Yoshiharu Tsuge's highly respected body of work alongside his most beloved stories. A cornerstone of Japan's legendary 1960s counterculture that galvanized avant-garde manga and comics criticism, the title story follows an injured young man as he wanders through a village of strangers in search of emotional and physical release. Other stories in this collection follow a series of weary travelers who while away sultry nights and face menacing doppelgangers. Even banal activities like afternoon strolls uncover unsavory impulses. The emotionally and erotically charged imagery collected in this third volume remains as shocking and vivid today as it did upon its debut fifty years ago.

Tsuge's stories push boundaries, abruptly crossing the threshold of conventional storytelling. Unassuming protagonists venture further into eerie symbolism against a shadowy, perceptibly dreamlike landscape easily mistaken for the real world. The angst that pervades postwar Japanese society threatens to devour his characters and their pastoral sensibilities as each protagonist's wanderlust turns surreal.

Author Bio

Yoshiharu Tsuge was born in Tokyo, Japan, in 1937. Influenced by the realistic and gritty manga of Yoshihiro Tatsumi, he began making his own comics and was briefly recruited to assist Shigeru Mizuki in the 1960s. In 1968, while working for *Garo* magazine, Tsuge published the groundbreaking story *Neji-shiki* (commonly called "Screw Style" by Western readers), which established him as an influential manga-ka and a cultural touchstone in the changing Japanese art world. He is considered the originator and greatest practitioner of the I-novel method of comics-making. In 2005, Tsuge was nominated for the Best Album Award at Angoulême International and in 2017 won the Japan Cartoonists Association Grand Award for *Yume to tabi no sekai*.

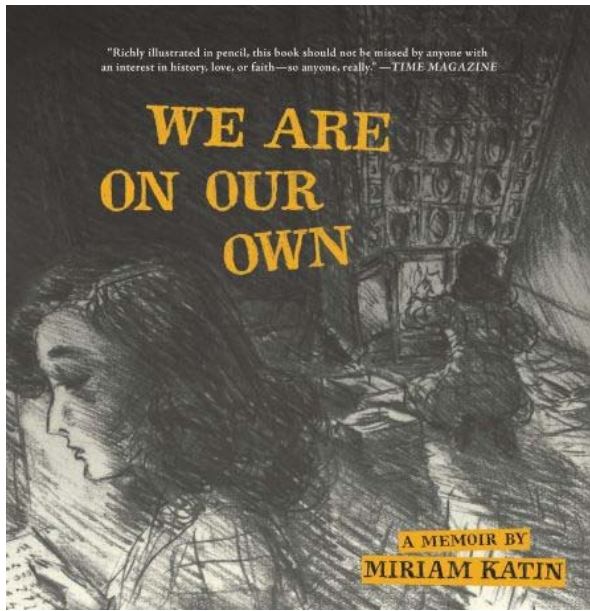


Drawn & Quarterly
On Sale: Apr 18/23
6.13 x 8.38 • 284 pages
Black-and-white illustrations throughout
9781770465060 • \$29.95 • cl
Comics & Graphic Novels / Literary
Series: Yoshiharu Tsuge

Notes

Promotion





We Are On Our Own

A Memoir

by Miriam Katin

A crisis of faith follows a mother and daughter in this beautifully rendered, harrowing WWII memoir

With the heartrending *We Are on Our Own*, Miriam Katin recounts the story of her escape from German-occupied Hungary as a child, led by her determined mother. The two fled Budapest near the end of WWII and at the age of sixty-three Katin enshrined her memory in these extraordinary pages, originally published in hardcover more than fifteen years ago.

In 1944, Miriam is a toddler beloved by her dog Rexy, but when her mother is forced to give up their Jewish dog to the German authorities, Miriam's world begins to unravel. The two flee to the countryside after faking their deaths and traversing lands blanketed with snow. Miriam's fragmented childhood memories of forests, chocolate, strange men, and the noise of war are reconstituted in this beautifully told epic journey where the innocence of a child is set against unthinkable violence.

Another crisis, one of faith, haunts the severed family on their path. Struggling to reunite with Miriam's father who has been conscripted to the Hungarian army, mother and daughter contemplate God, wondering how He could allow such destruction. Poetic words of the Torah combine with images of war as Miriam examines the theological dilemma both victims as well as survivors of the Shoah. When Miriam and her mother hide with a winemaker, they soothe their nerves with the tonic, reciting "God is red. God is in the glass." God, they understand, is in the very human will to survive, and in that pursuit of survival, we are truly on our own.

Author Bio

Miriam Katin was born in Hungary during World War II. She later immigrated to Israel and then the United States, where she worked in background design for animation studios such as MTV and Disney. She is also the author of the award-winning memoir *Letting It Go*. She currently lives in New York City with her husband and a giant Ficus benjamina tree.

Drawn & Quarterly
On Sale: Mar 28/23
8.38 x 8 • 136 pages
Black-and-white with partial color
9781770466357 • \$25.95 • pb
Comics & Graphic Novels / Literary

Notes

Promotion





Where I'm Coming From

by Barbara Brandon-Croft

A seasoned cartoonist of epic proportions, Brandon-Croft carves out space for Black women's perspectives in her nationally syndicated strip

Few Black cartoonists have entered national syndication, and before Barbara Brandon-Croft, none of them were women. From 1989 to 2005, she brought Black women's perspectives to an international audience with her trailblazing comic strip *Where I'm Coming From*.

From diets to day care to debt to dreaded encounters with everyday racism, no issue is off-limits. This remarkable and unapologetically funny career retrospective holds a mirror up to the ways society has changed and all the ways it hasn't. The magic in *Where I'm Coming From* is its ability to present an honest image of Black life without sacrificing Black joy, bolstered by unexpected one-liners eliciting much-needed laughter.

As the daughter of the mid-century cartoonist Brumsic Brandon Jr. - the creator of *Luther*, the second nationally syndicated strip to feature a Black lead - Brandon-Croft learned from the best. With supplementary writing by the author and her peers alongside throwback ephemera, this long-overdue collection situates Brandon-Croft as an inimitable cartoonist, humorist, and social commentator, securing her place in the comics canon and allowing her work to inspire new readers at a time when it is most needed.

Author Bio

Barbara Brandon-Croft was born in Brooklyn and grew up on Long Island. After debuting her comic strip *Where I'm Coming From* in the Detroit Free Press in 1989, Brandon-Croft became the first Black woman cartoonist to be published nationally by a major syndicate. During its 15 year run, *Where I'm Coming From* appeared in over 65 newspapers across the USA and Canada, as well as Jamaica, South Africa, and Barbados. Her comics are in the permanent collection of the Library of Congress. Brandon-Croft lives in Queens.

Drawn & Quarterly

On Sale: Feb 7/23

8.8 x 8.2 • 184 pages

Black-and-White Illustrations Throughout

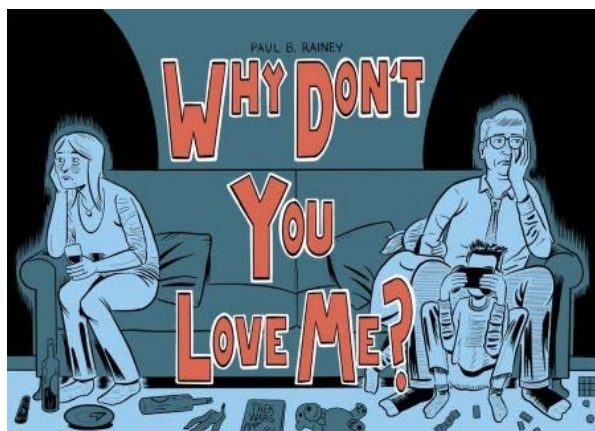
9781770465688 • \$39.95 • cl

Comics & Graphic Novels / Literary

Notes

Promotion





Why Don't You Love Me?

by Paul B. Rainey

A couple struggles through their unhappy marriage in this dark science-fiction comedy

Claire and Mark are in the doldrums of an unhappy marriage. She doesn't get out of her bathrobe and chain-smokes while slumped on the couch. Mark has lost track of the days and can't get the kids to school on time. They've lost interest in family and have pizza and Chinese food delivered every night. Mark sleeps on the couch and has trouble remembering his son's name. He feels like a fraud at work but somehow succeeds. Claire stalks an ex-boyfriend. How could he have left her to this life?

Claire and Mark are both plagued by the idea that this is all a dream. Didn't they have different lives? When reports of an imminent nuclear war come on the radio, the truth begins to dawn on them: This is not the life they chose.

Why Don't You Love Me? is a pitch-black comedy about marriage, alcoholism, depression, and mourning lost opportunities. Paul B. Rainey has created a hilariously terrifying alternate reality where confusion and pain might lead people to make bad choices but might also eventually lead to freedom . . . maybe.

"When I began to read *Why Don't You Love Me?* I thought it read like any number of slightly surrealistic slightly vapid early-2000s stories that were basically the cartoonist's way of telling you they hated everyone and everything. And then it came into (...)

Author Bio

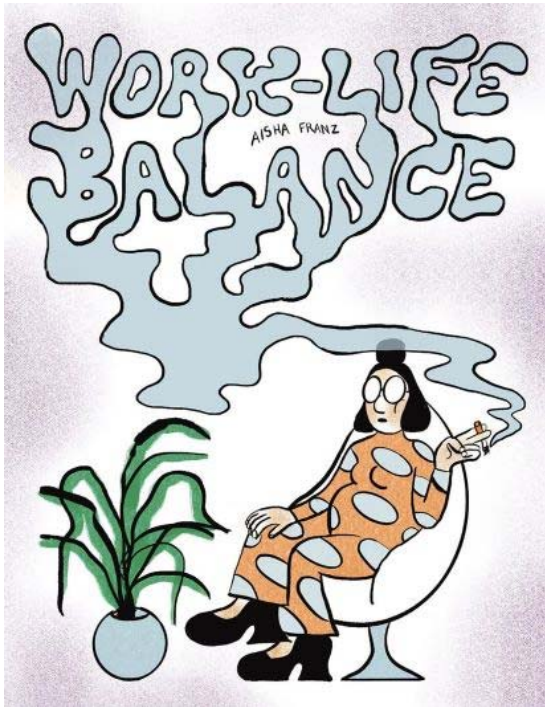
Paul B. Rainey is a British cartoonist who has been making comics for decades. In 2015, his graphic novel *There's No Time Like the Present* was published by Escape Books. He has been a regular contributing cartoonist to *Viz* since 2013. His creations include *Peter the Slow Eater*, *14 Year Old Stand - Up Comedian*, and *Audrey Pemberton*. He won the Observer/Jonathan Cape/Comica Graphic Short Story Prize in 2020 with the strip *Similar to But Not*. In it, he recounts meeting Madonna in his local pub in 1985. He has written, drawn, and self-published many comics, including *Pope Francis Goes to The Dentist*, *Journey into Indignity*, and *Gripe Night*.

Drawn & Quarterly
On Sale: Jan 24/23
6.5 x 9 • 224 pages
Black-and-White Illustrations Throughout
9781770466319 • \$29.95 • cl
Comics & Graphic Novels / Literary

Notes

Promotion





Work-Life Balance

by Aisha Franz, translated by Nicholas Houde

A cutting portrayal of the pursuit of work-life balance from the cartoonist of *Shit is Real*

To achieve the proper work-life balance perhaps we just need the right therapist to coach us through our day-to-day. Anita, Sandra, and Dex have ambitions. Anita wants to move from making utility ceramics to fine-art sculpture but her pent-up dissatisfaction results in an outburst that puts her studio mate's work at risk. Sandra juggles her practical administrative day job at a startup with her wellness-influencer channel, finding both in jeopardy when a messy affair with a coworker comes to light. In another corner of the same startup, Dex's innovative ideas are rejected, leading him to spend his days hacking and working as a bike courier. All three are disillusioned with the daily grind. As the pressure for self-improvement builds, they end up looking to the same therapist for answers.

Soon the boundaries between work and life begin to bleed into each other and it becomes increasingly impossible to find balance. All the solace the characters expect their therapist to provide is obscured by her quirks, whims, and psycho-parlance, leading to sessions that are neglectful at best and actively inhibit growth at worst. In striking colors and trippy transformational sequences, Aisha Franz captures the comedic absurdity of contemporary work life and the wellness culture in *Work Life Balance*

Drawn & Quarterly
On Sale: Apr 4/23
5.5 x 7.25 • 256 pages
Full-color illustrations throughout
9781770466333 • \$29.95 • pb
Comics & Graphic Novels / Literary

Notes

Author Bio

Aisha Franz is a comic book artist and illustrator living in Berlin. She has published four graphic novels that have been translated into multiple languages and her illustrations have appeared in *Bloomberg BusinessWeek*, *Die Zeit* Leo, and *The New York Times*. Her book *Shit Is Real* was nominated for the Los Angeles Times book Award in 2019. Together with the Berlin-based print studio Colorama she cohosts the residency project Clubhouse.

Promotion





115 Hacks and Hacktivities for Parents of Mini Humans

by Katherine Bast

When you have a mini human running around, things can get pretty messy. Public diaper blowouts, shopping tantrums, teething pain, art projects that end up on the wall-and that's only the tip of the iceberg. But don't worry! *115 Hacks and Hacktivities for Parents of Mini Humans* has all the tips and tricks for big humans on the verge of their own tantrums.

With hacks for everything from mini human care to travel and toys, this book will give you the extra hand you need to do it all. Divided into helpful categories, each innovative hack comes with easy-to-follow instructions, materials made up of simple items you can find in your own home or local stores, and clean, modern illustrations that make parenting feel a little less hectic (even on the days that you are running on fumes). And watch out for the hacktivities! You can use these hacks that are disguised as activities to keep your mini human busy, making parenting fun for everyone. In a durable and easy-to-carry package, this must-have book can go with you anywhere. Parenting is officially hacked!

Author Bio

Born and raised in England, Kate Bast is a TikTok content creator who now lives in Southern California with her husband Ryan, and toddler, Lily. Kate brings to life some of the best parent hacks and mini human hack-tivities as she navigates the wild ride of parenting.

115 HACKS AND HACKTIVITIES FOR PARENTS OF MINI HUMANS



KATE BAST



Familius

On Sale: Mar 28/23

5 x 7 • 212 pages

Full-color illustrations

9781641707916 • \$21.99 • CL - Hardback

Family & Relationships / Activities

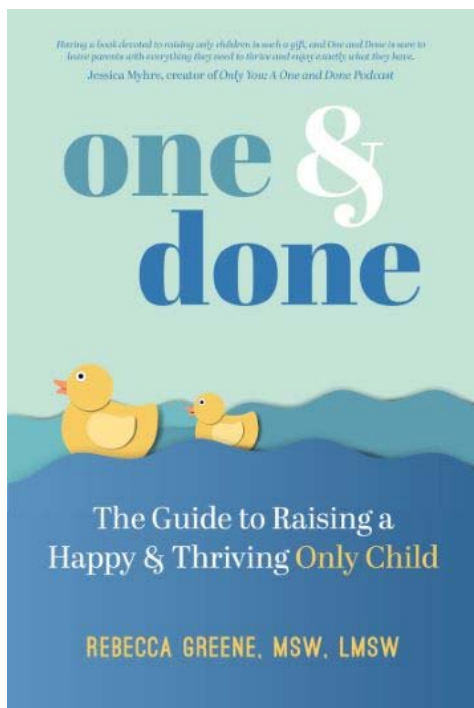
Notes

Promotion

·Author will begin teasing book on her TikTok account with a large social push leading up to launch.

·Author has been featured on Ziplock.com, Michaels social media accounts, Magic Bullet TikTok, Kyte Baby, Stuffed Puffs, Green Sprouts, Dr. Brown's, Buzzfeed, Motherly, Ladbible, Good Morning America, 9GAG, The Every Mom, Yahoo, and Pop Sugar. She will reach out for cross-promotion opportunities and giveaways.





One and Done

The Guide to Raising a Happy and Thriving Only Child
by Rebecca Greene

Only doesn't mean lonely. Families come in all shapes and sizes, and even a family with one child is complete and whole. But every family is unique, and raising an only child can seem daunting.

As a therapist, the mother of an only child, and an only child herself, Rebecca Greene is an expert in the variety of issues that surround raising an only child, and she knows that parenting an only child is a complex endeavor, no matter how you came to be one and done. This comprehensive guidebook will explore the reasons why a family might have one child, discuss the benefits of having an only child, debunk the stigmas of only children, and provide tips and strategies for creating a happy home environment and building a strong community for your only child. It covers what to do when your only child is lonely, how to develop new family traditions, how to plan meaningful trips for your family, how to choose the ideal neighborhood, and more!

Packed with research, first-hand accounts, and tried-and-true methods and advice, *One and Done* is the ultimate resource for raising a happy and thriving only child.

Author Bio

Rebecca Greene, MSW, LMSW, is an author and licensed social worker. She is an only child raising an only child and has a unique, insider's perspective about the many different angles and benefits of raising an only. She writes self-help/parenting books and also children's books about social-emotional skills and overcoming challenges.

Rebecca is the author of the award-winning children's book, *My Perfect Cupcake*. She has also written *The Teenagers' Guide to School Outside the Box* and *Law School for Dummies*. Her second children's picture book, *Very Virginia*, will be published in November 2021.

Rebecca grew up in Columbus, Ohio, and now lives in the Washington, DC metropolitan area. She lives with her husband, young son, and two Cornish Rex cats. When she's not writing or leading social skills groups, you can find Rebecca looking for shells at the beach, cheering on her son at his soccer and ice hockey games, volunteering in the community, and leading local book clubs. You can learn more about Rebecca's books through her website at www.rebeccagreenauthor.com

Familus

On Sale: Jan 3/23

6 x 9 • 256 pages

n-a

9781641707442 • \$27.99 • pb

Family & Relationships / Parenting

Notes

Promotion

- Only Child Family is scheduled to release in Spring 2022. National Only Child Day is April 12, 2022.
- Publicity and marketing will utilize this special holiday as a newsworthy hook for press releases, interviews, book signings, and other author events.
- Promotion to only child/parenting Facebook support groups
- Author will participate in only child and parenting/family blog tour
- Social media giveaways with only child and parenting/family blogs
- Author presentations/speaking engagements nationally on Zoom and in-person to parenting groups, moms groups, support groups, book clubs, schools, religious congregations, non-profits, homeschool co-op groups, and writing workshops.



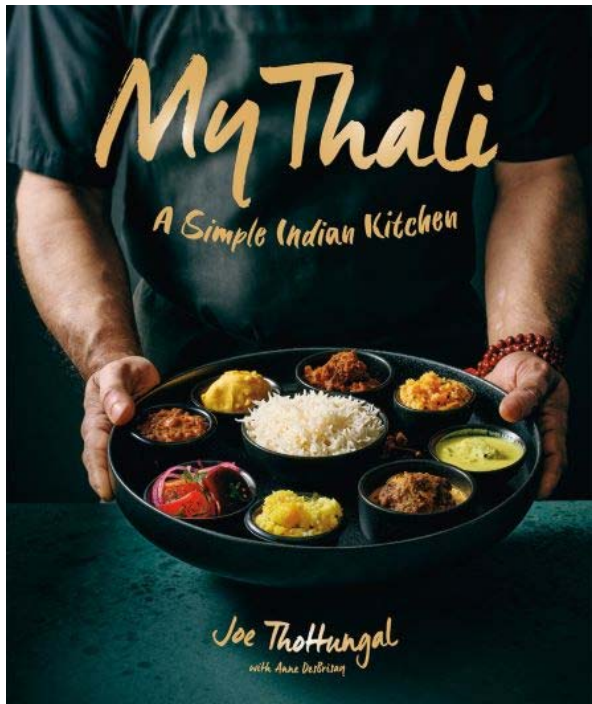


Figure 1



My Thali

A Simple Indian Kitchen

by Joe Thottungal, with Anne DesBrisay, photographs by Christian Lalonde

The Coconut Lagoon chef brings the vibrant everyday flavours of South India to home kitchens.

Like a tagine or casserole, a thali describes not only a type of kitchenware, but a type of meal. A thali is constructed of many small dishes served on a platter that harmonize through contrasting textures, visual appeal, complimentary spices, and sheer deliciousness. Once reserved for special occasions, this traditional way of eating is now a popular way of dining at home.

In *My Thali*, Joe Thottungal, award-winning chef and author, shares his favourite home-cooked recipes and stories from his homeland of Kerala, connecting past and present to open up the world of Indian cooking today.

Thottungal presents a mosaic of 85 delicious and accessible recipes - from fresh salads to flavorful curries and fragrant desserts - that are simple enough to be created with common ingredients (found at most supermarkets or online grocers) and everyday cooking equipment, without any compromise to flavour or authenticity. Each recipe can be enjoyed on its own or joined together to compose a thali: a complete and balanced meal.

Colourful chapter intros and recipes headnotes offer insights into how the chef lives, cooks and eats, along with the inspiration and cross-cultural influences behind the dishes.

My Thali showcases South Indian home cooking - defined by seasonality, affordability, nutrition, and traditions - and the joys of thalis, both simple and homey, and grand and glorious.

Praise for *Coconut Lagoon* :

"Thottungal has (...)

Author Bio

Joe Thottungal is a Canadian chef and the owner of the restaurants Coconut Lagoon and Thali in Ottawa. Joe was born in Kerala, trained in Mumbai, and worked in the Middle East before moving to Canada, where he earned his Certified Chef de Cuisine (CCC) designation. In 2008, Joe was named Ottawa Chef of the Year by the Canadian Culinary Federation. In 2016, he won the

Figure 1

On Sale: Mar 7/23

9.5 x 8 • 192 pages

50 colour photographs

9781773271958 • \$38.95 • cl

Cooking / Indic

Notes

Promotion

Promote to national food / lifestyle media with a focus on Ottawa. Joe Thottungal is super connected and respected in the Ottawa food scene. He has been previously profiled on CBC, Ottawa Citizen, Ottawa Lookout, Apt613, Edible Ottawa to name a few local outlets. We will reach out to those who profiled Coconut Lagoon including Rachael Ray in Season Magazine, Elle Canada, Taste and Travel Magazine, Honest Cooking, New York Journal of Books.

Possible book launch at Thali restaurant in Ottawa.

Promote on social media platforms (Thali has over 3K followers on IG)



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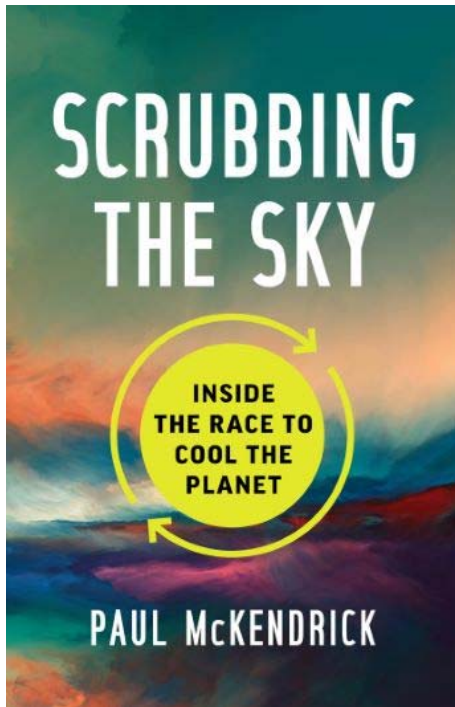


Figure 1

On Sale: Feb 7/23

8.5 x 5.5 • 176 pages

9781773272085 • \$28.95 • cl

Tech & Engineering / Environmental / Pollution Control

Notes

Promotion

Pitch to international media with a focus on environment as well as science / technology i.e. Walrus, The Tyee, CBC (Quirks & Quarks) in Canada. Numerous sites / publications in the U.S. including Emagazine.com, Global Environmental Change, Environmental Communication etc.

Figure 1



Scrubbing the Sky

Inside the Race to Cool the Planet

by Paul McKendrick

An in-depth look at the people and the science behind our attempts to pull carbon dioxide out of the atmosphere with direct air capture.

Drawing on interviews with stakeholders at the intersection of climate science, energy technology, and public policy, Paul McKendrick's investigation traces more than 20 years of technological development with direct air capture, from Biosphere 2; to multi-million dollar promises from Richard Branson, Bill Gates, and Elon Musk; to the opening of Orca, the world's largest commercial direct air capture facility, in Iceland in 2021.

Figuring prominently in this narrative is the genius of Klaus Lackner – who, along with others – has fueled intense scientific and political debate, and spurred a value chain that spans finance, industry, technology, policy, and academia.

McKendrick's clear and riveting prose presents the full story of this fascinating pursuit for the first time, inviting readers to learn more about this critical climate intervention option.

"McKendrick's carefully researched dive into the hidden science of direct air capture reads like a fast-paced adventure story - one with enormous implications for all of us."

- Alex Hutchinson, author of *Endure* and columnist for *Outside* and the *Globe and Mail*

"How do we remove the carbon emissions we have already put into our atmosphere? In *Scrubbing the Sky* McKendrick tells a compelling story of the people and companies searching for the breakthrough that solves our biggest climate challenge. By connecting the dots from historical insights, McKendrick allows (...)

Author Bio

Paul McKendrick is the author of *The Bushman's Lair*. Prior to writing books, he worked in the energy sector as a partner in a firm dedicated to developing and financing renewable energy projects, in addition to stints in the electric utility sector, the oil and gas sector, and investment banking. He lives in Canmore, Alberta, Canada.



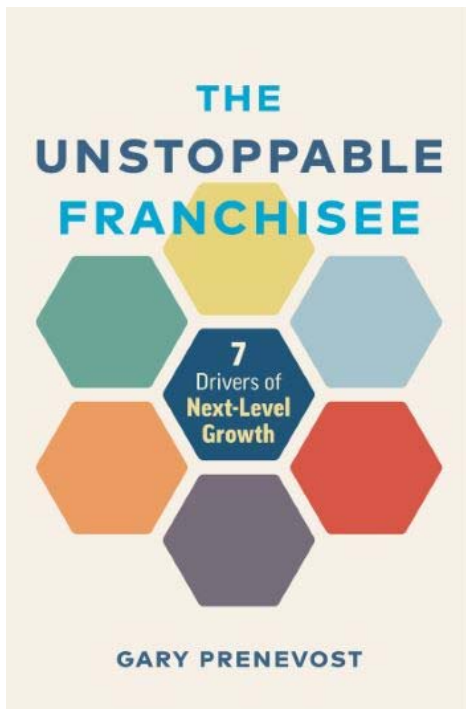


Figure 1

On Sale: Mar 7/23

9 x 6 • 256 pages

9781773271910 • \$34.95 • cl

Bus & Econ / Franchises

Notes

Promotion

Pitch to national business media outlets i.e. Forbes, Report on Business, Inc. etc.

Figure 1



The Unstoppable Franchisee

7 Drivers of Next-Level Growth

by Gary Prenevost

Supercharge the success of your franchise with secrets from North America's top performers.

The Unstoppable Franchisee is jam-packed with the real-world experience of franchisees who have grown their business in some of North America's largest franchise brands as well as smaller brands that are seizing opportunity in a fast-changing economic environment. Gary Prenevost delivers an actionable 8-step framework any franchisee can adopt to achieve next-level growth for their franchise. Prenevost's deep knowledge of the industry, having created successful franchises himself, complements the more than 50 industry voices and current research and data that inform the numerous valuable and actionable ideas.

Author Bio

Gary Prenevost has 35 years of entrepreneurial experience in several different companies, including 30 years in the franchise industry. He is one of North America's top franchise consultants. He is a very successful multi-unit franchise owner; he is the president and senior franchise consultant of FranNet of Southern Ontario and Eastern Canada, where he facilitates the introduction of potential franchisees to established franchise systems that have a proven track record of enabling people to achieve their lifestyle and financial goals.

Gary is vice-chair of FranNet's Franchisee Advisory Council (FAC) and also sits on FranNet's board of directors; he is also a four-term director of the board for the Canadian Franchise Association. He and his team work extensively with career transition firms and career coaches.

Gary is developing an online learning platform for people who are considering making the shift from employee to entrepreneur (www.YourE2Ejourney.com). He hosts and speaks at online franchise industry events. He has been featured on regional and national business television shows; he has also authored/published over one hundred articles on the subject of franchising.



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Prefabulous for Everyone

by Sheri Koones

Prefabricated housing is a very practical solution since it is faster to build, less expensive than site-built houses and potentially more energy efficient - all aspects that are attractive to homeowners. According to manufacturers, they are seeing the trend for house size coming down, but with higher quality amenities. Koones has authored a series of five prefabulous books; this one is her sixth. She includes a variety of prefab homes from small to large, including modular, SIPS (structural insulated panels), and panelized. The houses are from a range of locations across the United States and Canada. It includes very luxurious, expensive houses as well as some modest, lower cost homes. She includes a house or two that are replacements for houses that burned down in the California fires. There are several ADUs (accessory dwelling units). The prefab manufacturers have changed in many cases since she wrote her last Prefabulous book in 2016; so, although this book includes some of the best older companies, it also includes houses built by new, up-and-coming companies.

Author Bio

Sheri Koones is a widely respected author and journalist who helps readers better understand that getting the house of their dreams can be done in an ecologically responsible and one-of-a-kind way. She is the recipient of the prestigious Gold Award Robert Bruss Real Estate Book Awards from NAREE for *Downsize: Living Large in a Small House*. She has written numerous articles about home construction for AOL Real Estate, Smart Homeowner, Builder Magazine, and more and is a regular contributor to Forbes.com. She has been a speaker at events such as the International Building Show and the National AIA Convention.

Gibbs Smith

On Sale: Apr 18/23

8.5 x 11 • 224 pages

200 photos

9781423663591 • \$53.00 • cl

Architecture / Domestic

Notes

Promotion





Design Happy

Colorful Homes for the Modern Family

by Betsy Wentz

In her first book, interior designer Betsy Wentz shares thirteen fabulous family homes. The book is really a practical design guide for anyone who may not want - or simply cannot afford - to hire an interior designer. The story of each home includes color studies, design lessons, and pro tips, plus plenty of practical advice for anyone who might face similar challenges.

Author Bio

Betsy Wentz began learning design as a youngster, as she accompanied her mother on shopping trips to the New York Design Center and sorted fabrics in her mother's tightly packed showroom above the family carriage house. She worked with her mother, Kay, before establishing her own design firm in 2011 and opening the Studio B showroom in Pittsburgh. She begins every project by saying to her clients, "Let's find something YOU love - whether it's a rug, a fabric, a wallpaper, or a piece of artwork." And then the house unfolds into an authentic, unique story and reflection of the person or family who lives there. Betsy's work has been featured in Traditional Home, Veranda, Elle Decor, Pittsburgh Home, and House Beautiful, among others.

Gibbs Smith

On Sale: Apr 11/23

8.5 x 11 • 208 pages

175-200 Photos

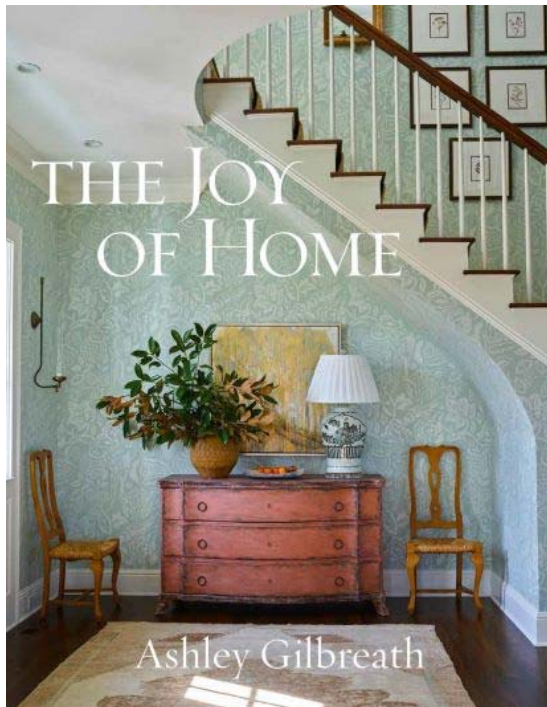
9781423661542 • \$65.00 • cl

Architecture / Interior Design / General

Notes

Promotion





The Joy of Home by Ashley Gilbreath

First book by award-winning (Shutze Award, Southeast chapter for Institute of Classical Architecture & Art) interior designer Ashley Gilbreath reveals the breadth of her casual, elegant style. From coastal and lake homes to Southern farmhouses, country club homes, high-rise condos, and cottages, Ashley Gilbreath Interior Design does it all. "Bringing family together is the reason we design homes. We set a stage for memories - it's a stage made of emotion more than color and texture. Home is a place for people to embrace their families and celebrate life's joys." Ashley Gilbreath's designs affect how people remember their families. She has designed homes from New York to Florida.

Author Bio

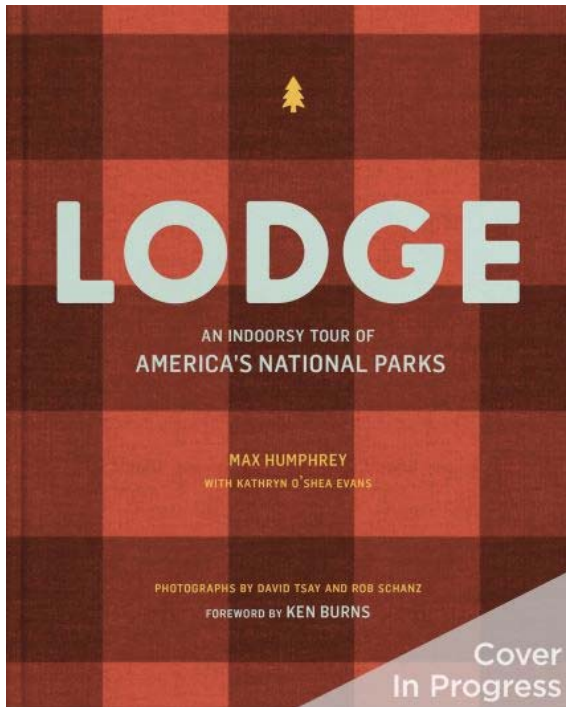
Ashley Gilbreath is a Southern-based interior designer who studied at Auburn University and the New York School of Interior Design. Her fresh take on the industry can be seen in Southern Living, House Beautiful, Luxe, Coastal Living, Country Living, Atlanta Homes & Lifestyle, and in homes from Florida to New York. She is renowned for creating casual, elegant spaces where the family can gather to celebrate everyday living. She currently lives in Rosemary Beach, FL.

Gibbs Smith
On Sale: Apr 18/23
8.5 x 11 • 224 pages
175 photos
9781423663430 • \$69.00 • cl
Architecture / Interior Design / General

Notes

Promotion





Lodge

Cool Places in the Western National Parks

by Max Humphrey and Kathryn O'Shea-Evans, photographs by David Tsay

Max Humphrey shines a light on ten rustic National Park lodges in all their airy, time-worn splendor. No historic photos here; the images of the architecture and interiors are as they look today, highlighting these storied places in a fresh, enticing way. Along with woodsy eye candy and enticing views of the buildings' exteriors and grand open spaces. Sure, the lobbies are the main stage, but Humphrey touches on grand dining rooms, guest rooms, and rustic canteens alike. He writes about the buildings themselves in terms of the historical goings on at the time, why they were built, and the players involved, being sure to highlight notable architectural moments and period-specific furnishings. A smattering of pop culture history will add extra bursts of levity throughout.

Author Bio

Max Humphrey spent ten years in LA designing homes all over the United States. In 2016, he moved to Portland to launch his own design firm. He has been featured in Architectural Digest, Domino, Dwell, The Wall Street Journal, and as one of Apartment Therapy's design change-makers. Max was also featured as a 'Next Wave' designer in House Beautiful Magazine and has been named one of Country Living's 100 most creative people. He is coauthor (with Chase Reynolds Ewald) of Modern Americana (spring 2021). He lives in Portland, OR.

Kathryn O'Shea-Evans lived and worked in three national parks during her college summers before she became a design and travel journalist for The New York Times, The Wall Street Journal, and co-author of design monographs for Rizzoli New York, including Mark D. Sikes's More Beautiful.

Gibbs Smith

On Sale: Apr 4/23

6.5 x 10.75 • 160 pages

200 Photos

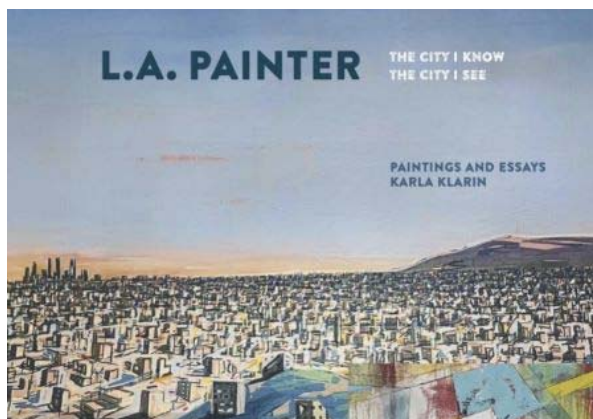
9781423661344 • \$43.00 • cl

Architecture / Buildings / Landmarks & Monuments

Notes

Promotion





L.A. Painter

The City I Know/The City I See

by Karla Klarin

LA Painter: The City I Know / The City I See is a full-color exploration of Karla Klarin's abstract and modern landscapes of Los Angeles, where she was born, raised, and became one of the city's most influential female painters. This first full monograph of her work is accompanied by 10 essays that define her hometown - a city of moving parts and people that exist within a geometry of impressive expanse and beauty.

Author Bio

Artist Karla Klarin started painting her hometown - Los Angeles - in 1980. After achieving her BFA at San Francisco Art Institute and her MFA at Otis Art Institute. In 1982, she was the only woman to be awarded the Young Talent Award from LACMA/Los Angeles County Museum of Art. Her work is included in important public and private collections around the world, and has been reviewed in ARTnews, ArtsScene, Artweek, and Los Angeles Times.

Gibbs Smith

On Sale: Mar 14/23

7 x 10 • 176 pages

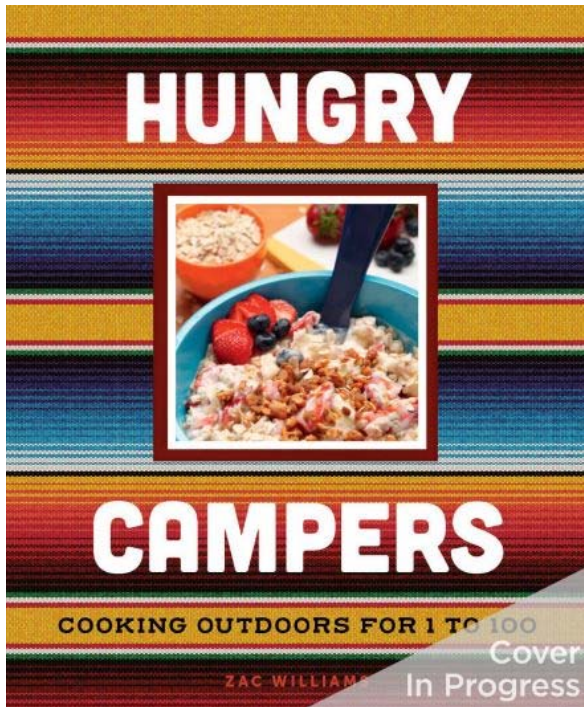
9781626401136 • \$58.00 • cl

Art / Individual Artist

Notes

Promotion





Hungry Campers, new edition

Cooking Outdoors for 1 to 100

by Zac Williams

The last couple of years have seen a renewed enthusiasm for camping and enjoying time outdoors. And one of the best things about spending the night under the stars is eating meals around a campfire. This completely redesigned new edition of Zac Williams' Hungry Campers: Cooking Outdoors for 1 to 100 provides recipes crafted to fill empty stomachs, from the single backpacker, to the rowdy scout troop, and to family reunions held at the lake. Recipes are arranged in chapters beginning with ideas for meals that are easy to prepare and teach basic cooking skills, and progress to more advanced gourmet preparations for those camp chefs who are looking for inspiration. Menus, tips for using cooking equipment, and other camping related hints and ideas are also included to make meals in the great outdoors fun as well as belly filling.

Author Bio

Zac Williams is a partner at Williams Visual, a creative communications company. He has been the principal photographer of more than 200 books, and explores food and culture through writing and photography. He is the author of five cookbooks, including Spooky Snacks and Treats, French Fries, and Little Cowpokes Cookbook. Zac and his family live in Eden, Utah.

Gibbs Smith

On Sale: Mar 14/23

6.5 x 8.5 • 128 pages

40 4/c photos

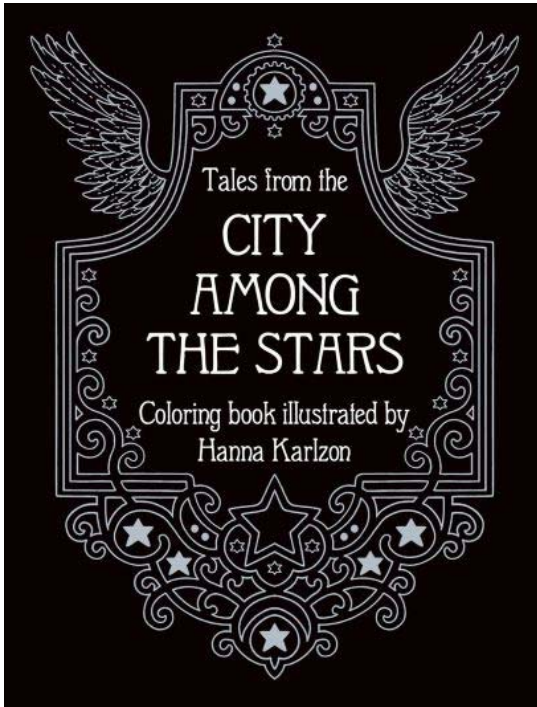
9781423663515 • \$25.99 • cl

Cooking / Methods / Outdoor

Notes

Promotion





Tales from the City Among the Stars illustrated by Hanna Karlzon

In Hanna Karlzon's newest coloring book, you have been invited to an enchanting city set under the stars. Around every corner you will find endless streets filled with mystical people and animals and gorgeous buildings and spaces. Drawn in her highly regarded detailed style, coloring book enthusiasts will love getting lost in Hanna's magical illustrations.

Author Bio

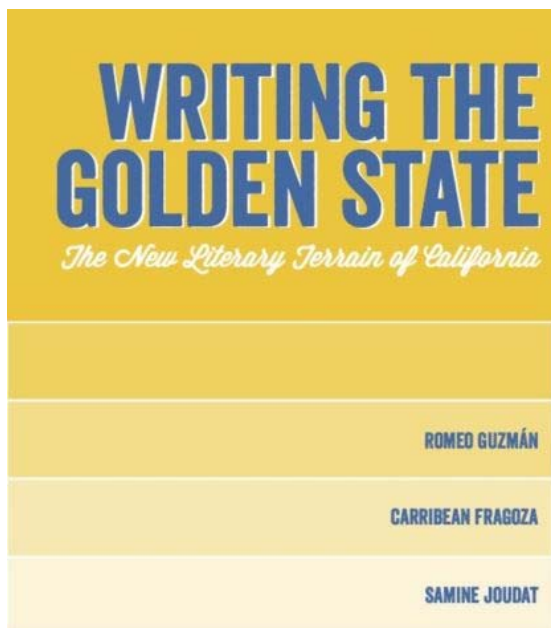
Hanna Karlzon has an art teaching degree from Umea University and has run her own business as a freelance designer since 2013. City Among the Stars is her tenth coloring book. She lives in Umea, Sweden.

Gibbs Smith
On Sale: Feb 7/23
7.25 x 9.65 • 64 pages
1/c illustrations t/o
9781423663539 • \$24.99 • cl
Games / Activity Books (Incl. Coloring Books)

Notes

Promotion





Writing the Golden State

The New Literary Terrain of California

by Carribean Fragoza, Romeo Guzman and Samine Joudat

Writing the Golden State: The New Literary Terrain of California explores California through twenty-three essays that look beyond the clichés of the "California Dream," portraying a state that is deviant and recalcitrant, proud and humble, joyful and communal. It is a California that reclaims the beauty of the unwanted, the quotidian, and the out-of-place. Constantly in search of "the spirit of a place" Writing the Golden State pries into the themes of familial genealogy, migration, land and housing, and national belonging and identity. Collectively, the essays demonstrate how individuals and towns have weathered some of the social, political, and economic changes of the twentieth and twenty-first centuries. Each essay is accompanied by original artwork by multimedia artist Fernando Mendez Corona, which brings the subjects to life. The twenty-four essays represent a wide geography of California, from urban centers and the coast to smaller towns and the desert and central valley. Moving south, the sprawl of Los Angeles is covered in its various multitudes, while San Diego and Mexicali, on the edge of the U.S.–Mexico border, round out the project's geographical coverage.

Author Bio

Carribean Fragoza is an artist and writer from South El Monte. After graduating from UCLA, Fragoza completed the Creative Writing MFA Program at CalArts, where she worked with writers Douglas Kearney and Norman Klein. She co-edits UC Press's acclaimed California cultural journal, Boom California, and is also the founder of South El Monte Arts Posse, an interdisciplinary arts collective. From 2014 to 2016 she was the managing editor at KCET. Her fiction and nonfiction have appeared in numerous publications, including Zyzzyva, Alta, BOMB, Huizache, Aperture, Harper's Bazaar, KCET, and Los Angeles Review of Books. She is the co-editor of East of East: The Making of Greater El Monte and the author of Eat the Mouth that Feeds You (City Lights), which is a finalist for a PEN award.

Romeo Guzman is an assistant professor in US history at Claremont Graduate University. His research and writing focus on Chicano/a/x history, Mexican migration, and California. Before arriving at CGU, Guzman was an assistant professor at California State University, Fresno (2016 to 2020), where he founded and directed The Valley Public History Initiative: Preserving our Stories. Since 2012 he has co-directed, with Carribean Fragoza, the South El Monte Arts Posse's public history project "East of East: Mapping Community Narratives in El Monte and South El Monte," which has resulted in the publication of East of East: The Making of Greater El Monte (Rutgers 2020), bike rides, Ethnic Studies curriculum, and a new mural. His public

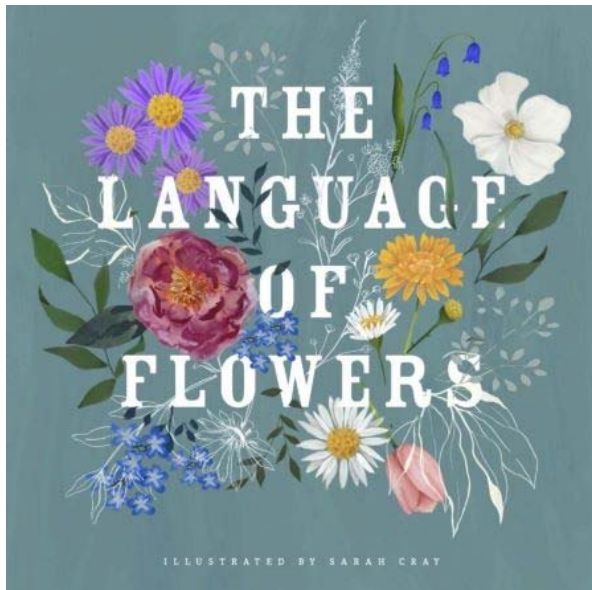


Gibbs Smith
On Sale: Apr 11/23
7 x 9 • 192 pages
9781626401211 • \$50.00 • cl
Non Classified

Notes

Promotion





The Language of Flowers illustrated by Sarah Cray

Celebrate the secret language and symbolism of flowers with Sarah Cray's sixth book, *Language of Flowers*. Beautiful watercolor, gouache, and ink illustrations are paired with explorations of flora and the messages we send with each bouquet. Allow it to serve as an intimate gift, a personal art piece, or to complement your spring and Valentine's Day decor.

Author Bio

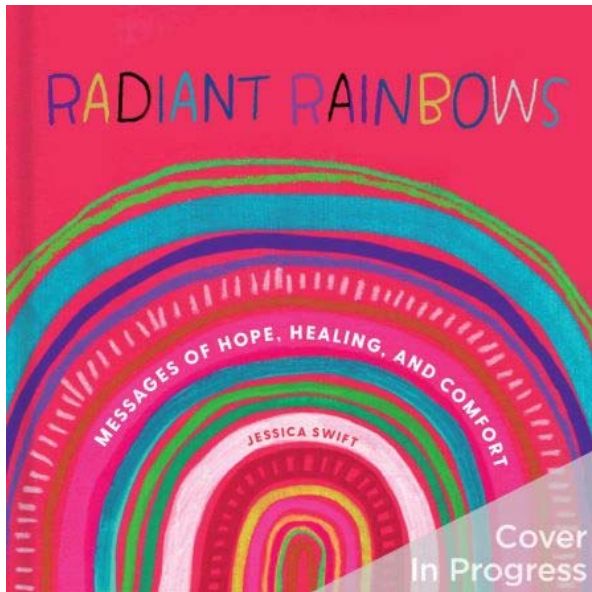
Sarah Cray is the creator of Dandelion Paper Co. and "Let's Make Art," an online community and art supply shop, with the goal of getting more people to paint and to live a more creative life. Her beautifully illustrated books, *Motherhood* (GSP, 2018) and *Sisterhood* (GSP, 2019), pay homage to our most valuable female bonds. *Be Still* (GSP, 2020) encourages readers to quiet the soul and embrace mindfulness. Sarah lives in Hamilton, Missouri, with her husband and three children.

Gibbs Smith
On Sale: Mar 7/23
7.25 x 7.25 • 112 pages
4/c Illustrations t/o
9781423661580 • \$22.99 • cl
Self-Help / Motivational & Inspirational

Notes

Promotion





Radiant Rainbow

Messages of Hope, Healing, and Comfort

by Jessica Swift

A perfect gift for anyone going through a hard time, The Rainbow Book is meant to be that hand that lifts you up and nudges you to keep going. Each page of this gorgeous, eye-catching book will contain a healing wish, prayer, mantra, or affirmation to help you pick yourself up and put one foot in front of the other. Some included topics are: love, intuition, courage, expansion, resilience, and acceptance. By gifting this book to yourself or to someone you know who needs love and support, you'll also be adding some hope and beauty to the world and helping people feel a little less alone.

Author Bio

Jessica Swift is an artist and fabric + surface pattern designer who creates colorful, magically uplifting artwork intended to inspire others to live courageous, honest, hope-filled lives. She creates and manufactures her own products that she sells in her Portland, Oregon studio and in shops around the country. She also licenses her artwork to others for branded products such as fabric, stationery, puzzles, books, and more.

Gibbs Smith

On Sale: Mar 21/23

6 x 6 • 112 pages

100+ 4/c illustrations t/o

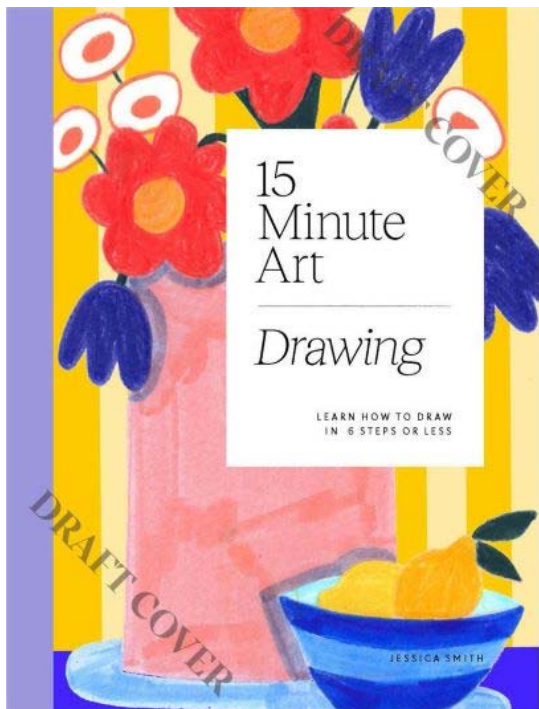
9781423663638 • \$24.99 • cl

Self-Help / Motivational & Inspirational

Notes

Promotion





15-minute Art Drawing

Learn how to Draw, Colour and Shade

by Jessica Smith

How do you find time in your busy day to get creative? Why, with 15-Minute Art Drawing, of course!

Explore the pure joy of coloring pencils and markers with fifty 15-minute projects that encourage you to explore drawing in a relaxing, free and fun way. Each project can be completed in no more than six steps and will include practice pages, color swatches and helpful hints to make light work of the artwork.

With sections including Patterns, Nature, Food and Characters, you can try your hand at drawing flowers, fruit, faces and more. Plus at the end of each chapter, Jess will show you how to put all of the objects together to create a beautiful still life scene.

Author Bio

Jessica Smith is an illustrator living in Bath, UK. Her work is fantastically cute and colorful. She is the author of *Get Up and Gouache* (published by Ilex in 2021) and has over 49k Instagram followers.

Hardie Grant

On Sale: Feb 28/23

6.3 x 8.3 • 240 pages

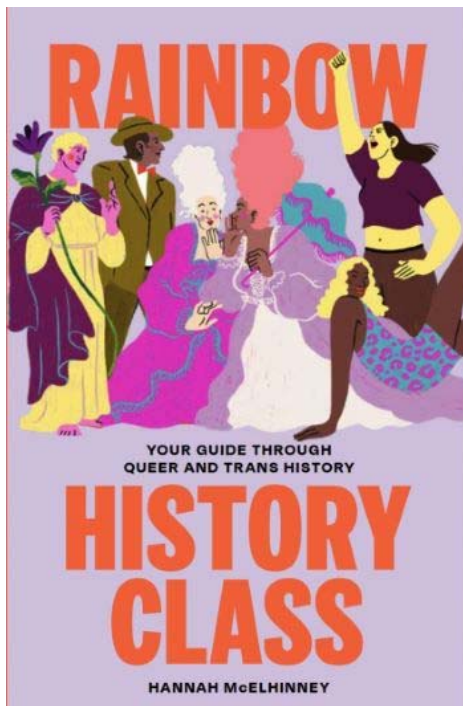
9781784885717 • \$29.99 • pb

Art / Techniques / Drawing

Notes

Promotion





Rainbow History Class

Your Guide Through Queer and Trans History

by Hannah McElhinney

As seen on Tiktok, Rainbow History Class is your entry into LGBTQ+ history, covering queer and trans stories from the ancient world through to lesser-known moments in recent history.

So much of queer and trans history and culture has been erased, but Hannah McElhinney, writer and creative director of Rainbow History Class, is here to help us all with this crash course. This history lesson isn't dry and academic, nor is it glitter-soaked or reductive. It's a comprehensive and entertaining romp through queer and trans history, full of secret queer codes, gender-bending icons, pop-culture knowledge and incredible activists.

More than anything, Rainbow History Class will make you feel connected to the stories of our rich and vibrant community. This knowledge will help spark conversations between your friends and family and be a source of comfort as you stand up for yourself and your community on the internet. This illustrated hardback book is a celebration for all LGBTQ+ people, and an invitation to the newly out that says, 'Welcome to the club, let's get you caught up!'

Author Bio

Hannah McElhinney (she/her) is the writer and creative director behind Rainbow History Class, a home for the LGBTQ+ history that's too often not taught in school. Their TikTok lessons, fronted by 'regular teacher' Rudy with help from a network of 'substitute teachers' from all over the world, have over 440k followers and 10 million views. They aim to inspire, validate, entertain, bring gratitude and maybe even help you win an argument.

Hardie Grant

On Sale: Mar 14/23

5.4 x 8.5 • 216 pages

Full colour illustrations throughout

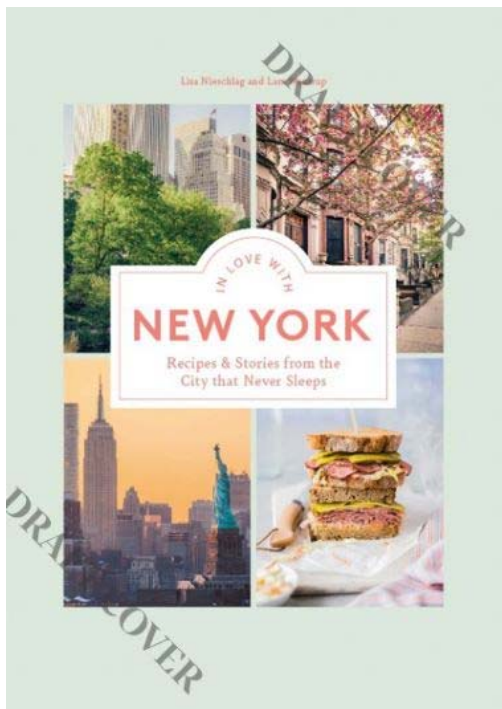
9781743798348 • \$35.99 • cl

Biography & Autobiography / Gay & Lesbian

Notes

Promotion





In Love with New York

Recipes and Stories from the City that Never Sleeps

by Lisa Nieschlag and Lars Wentrup

In Love with New York is an irresistible combination of 50 delicious sweet and savory recipes and stories of epic romance.

Take a carriage ride through Central Park or hail a yellow taxi and discover all the culinary delights that New York has to offer, from classic pastrami sandwiches and indulgent brunch dishes to the quintessential Cosmopolitan cocktail.

Be inspired by the city that never sleeps and relive moments from classic films and TV series such as When Harry Met Sally and Sex and the City.

In Love with New York will make you fall head over heels for the Big Apple.

Author Bio

Lisa Nieschlag is a cookery writer, designer and food photographer. With more than 18 cookbooks to her name, Lisa loves recipe writing and adores bringing that passion to the page. In addition to hosting food photography workshops, she also co-runs the award-winning design agency Nieschlag + Wentrup.

Hardie Grant

On Sale: Feb 14/23

7.9 x 10.4 • 176 pages

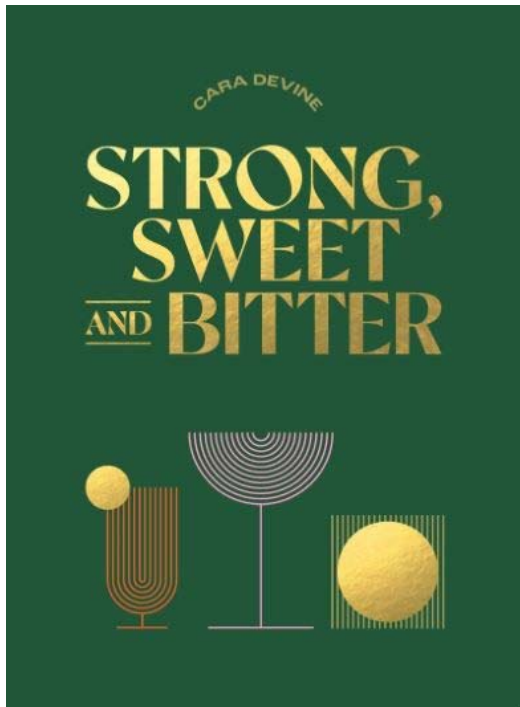
9781784885946 • \$35.99 • cl

Cooking / American / New England

Notes

Promotion





Hardie Grant
On Sale: Apr 11/23
6.7 x 9.1 • 224 pages
Full colour throughout
9781743798539 • \$38.99 • cl
Cooking / Beverages / Bartending

Notes

Promotion



Strong, Sweet and Bitter

Your Guide to All Things Cocktails, Bartending and Booze from Behind the Bar
by Cara Devine

Strong, Sweet and Bitter is the debut cocktail recipe book by hostess of popular YouTube series Behind the Bar, Cara Devine. Using the Flavor Triangle (strong, sweet and bitter or sour flavors) as the basis, this book shows you how to master the fundamentals of flavor and craft a drink from anything available on hand.

Drawing upon her expertise as cocktail bar Bomba's manager, Devine explores the different ingredients and techniques required to craft anything from classic cocktails to their lesser-known but equally delicious counterparts. Anyone from those who haven't ever made a cocktail before to the most experienced of bartenders can start off by learning to make a base from scratch (or finding out which to pick from the store), what equipment is required to make cocktails, which ingredients marry well together, the science behind cocktails and how certain cocktails came to be throughout history to craft the perfect drink. The book then splits into types of cocktails, rather than spirit, to match your mood and introduce you to drinks based on your preference.

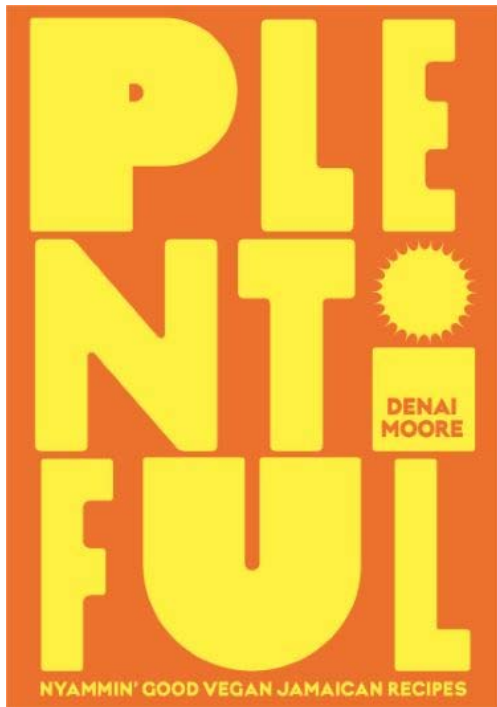
Looking for something short and boozy? Or craving something citrus-y and fresh? You might just discover a cocktail you like using a spirit you never thought you'd enjoy all based on your mood or preference. The book also explores how to be a great host and contains breakout boxes filled with little facts and tidbits for hosts to share with their guests.

This is the ideal, most comprehensive foray into cocktail making for anyone looking to learn the ins and outs of being behind (...)

Author Bio

Cara Devine is the manager at Bomba Rooftop and host of the hugely popular web series Behind the Bar. She began working in hospitality at the age of 16, but started taking it seriously while working as a hostess in a cocktail bar in Vancouver after graduating university. After a move back home to Scotland and a job in a five-star hotel bar, she moved to Melbourne and has been soaking up knowledge from the city's hospitality scene ever since, as well as sharing some of her own. Behind the Bar, launched in 2019, shows professional bartenders, as well as viewers at home, how to make Penicillins, Daiquiris and more, with other episodes featuring product comparisons or deep-dives on topics like Japanese whisky, vermouth and bartending tools.





Plentiful

A Vegan Jamaican Guide to Nyammin' Good

by Denai Moore

Plentiful is a Jamaican cookbook with a vegan twist. In this first-of-its-kind book, Denai pays homage to flavors and authentic dishes from her Jamaican roots whilst firmly planting them within a modern-day context. From her convenient Callaloo Pesto Pasta to her comforting Roasted Garlic Spring Onion Mash with 'Oxtail' Gravy, the recipes are approachable, engaging and downright delicious. Jamaican food is often misrepresented, simplified and reduced to being really spicy – and MEAT heavy. Denai is a Jamaican chef who loves to make vegan food and in Plentiful she debunks this taboo about Jamaican food – with this book, she shows how exciting, diverse, and vibrant vegan flavors and Jamaican food truly are.

Author Bio

Denai Moore is an acclaimed British-Jamaican musician turned chef. She spontaneously started a pop-up called 'Dee's Table' in 2017 after an inspiring trip back to Jamaica to bring her vision of modern Jamaican Vegan Food to life. The concepts of Denai's dishes stems from nostalgia of the food she grew up eating in Jamaica, paying tribute to national Landmarks like Devon House in her famous Rum and Raisin Bao Ice Cream Sandwich. She communicates these deep embedded memories on every dish she serves. Embracing the balancing act of fusion food and using fresh British produce, Denai showcases her authentic view of Jamaican flavours. Recently mentored by James Cochran (Great British Menu Finalist & Restaurant Owner of 12:51) Dee's Table has received a lot of praise from The Metro, Vice, Dojo, as well as featuring on Jamie Oliver's television series VEG, that was premiered worldwide. Plentiful takes on a lot of these memories and explores recipes that Denai eats at home, either for herself or makes for other people. It speaks to a modern home cook who explores different recipes and flavors. As a recipe developer, Denai has written for the Guardian, Leon in their Happy Fast Food Cookbook, held cooking demonstrations on TimeOut and worked with various household brands such as Tropical Sun creating innovative twists on traditional Jamaican ingredients.

Hardie Grant

On Sale: Apr 25/23

6.8 x 9.7 • 224 pages

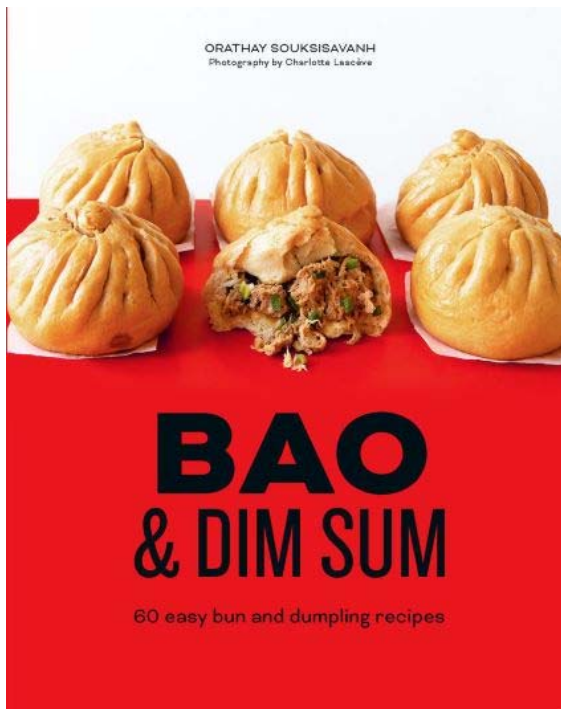
9781784885496 • \$46.50 • cl

Cooking / Caribbean & West Indian

Notes

Promotion





Bao and Dim Sum

60 Easy Bun and Dumpling Recipes

by Orathay Souksisavanh

Bao and Dim Sum reveals the secrets of how to create bao and dim sum at home. In Bao and Dim Sum, Orathay Souksisavanh walks you through how you can create a huge range of bao and dim sum. Try your hand at mushroom dim sum and braised pork bao, as well as sides such as cucumber salad and braised eggplants, and even a selection of sauces. With easy-to-follow instructions, Bao and Dim Sum is perfect for even the novice cook.

Author Bio

Orathay Souksisavanh is a food stylist and cookbook author.

Hardie Grant

On Sale: Feb 21/23

6.7 x 9 • 160 pages

9781784885748 • \$35.99 • cl

Cooking / Chinese

Notes

Promotion





One-pot Healthy

Easy Healthy Meals in Just One Pot

by Sabrina Fauda-Rôle

Bringing together classic dishes and fresh recipe ideas, One-Pot Healthy teaches you how to cook 80 delicious and hearty meals in just one pot. From weeknight essentials to gatherings and celebrations, there's something for every occasion. Start your day with a Tomato and Herb Omelette, try your hand at a speedy Chicken and Butternut Broth, ready in just 15 minutes and cook up a rather impressive Aubergine and Fig Casserole. Filled with inspiration for simple, healthy and delicious meals, One-Pot Healthy contains a wide variety of ingenious recipes, perfect for any night of the week. If you are time-poor, stuck in a food rut, but want a meal that makes you feel good – or simply hate doing the dishes – One-Pot Healthy is the book for you. Other titles in the One-Pot series include: One-Pot Pasta, One-Pot Vegetarian, and One-Pot Vegan.

Author Bio

Sabrina Fauda-Rôle is an author and food stylist. She has written One-pot Pasta, One-pot Vegetarian and One-pot Vegan.

Hardie Grant

On Sale: Feb 28/23

8.1 x 8.7 • 192 pages

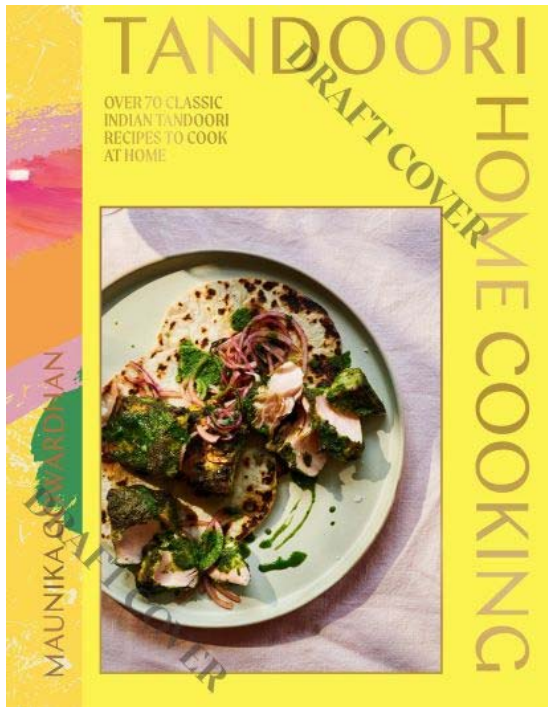
9781784886165 • \$29.99 • cl

Cooking / Health & Healing / General

Notes

Promotion





Tandoori Home Cooking

Over 70 Classic Indian Tandoori Recipes to Cook at Home
by Maunika Gowardhan

Tandoori Home Cooking is an approachable, vibrant and flavorful celebration of Indian Tandoori cooking. Cooking in a Tandoor (clay oven) is a technique that dates back to the Bronze Age, and traditionally has always been about bringing the flavor from the clay oven to the vegetables, meats and fresh breads cooked in it. Communal kitchens have centred around the Tandoor for generations across the northern frontier of India, making their way through the Indian subcontinent, and always providing warmth, good food and flavor. In Tandoori Home Cooking, Maunika Gowardhan, bestselling author of Thali, takes you on a tour to share an explosion of tandoori flavors, spices, recipes and culinary heritage found across the streets and restaurants of India, with dishes that can be made in conventional ovens and grills in your home all year round. From Aslam Butter Chicken and Zafrani Paneer Tikka, along with Apple, Beet and Mooli Salad and Garlic and Ghee Naan, to Mango and Pistachio Kulfi Lollies and Jal Jeera, there is a dynamic selection of classic recipes, all of which can easily be created at home. With meal planners to guide you on what dishes can be paired together, Tandoori Home Cooking arms home cooks with everything you need to bring Tandoori cooking into your own home.

Author Bio

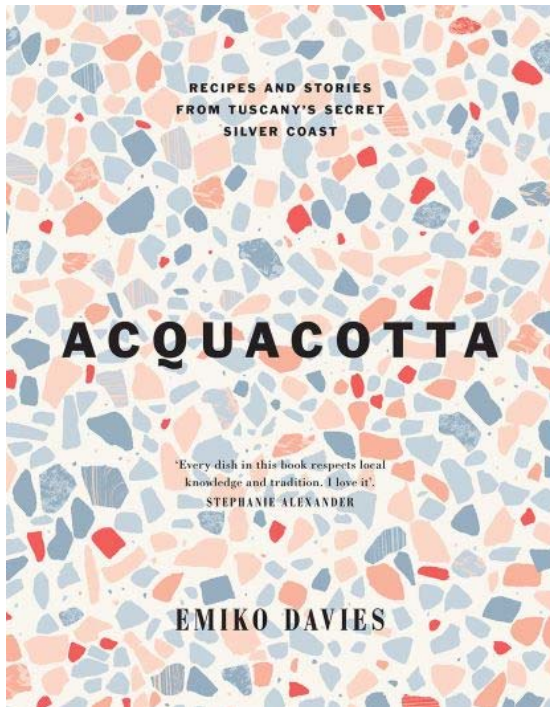
Maunika Gowardhan is an Indian chef and author. Born and raised in Mumbai, India she is now based in the UK. She regularly contributes to a number of media publications including BBC Olive Magazine, BBC Food, Sunday Times, Telegraph and is the contributing editor for Vogue India where she shares all the latest on the global Indian food scene.

Hardie Grant
On Sale: Apr 25/23
7.5 x 9.8 • 224 pages
9781784885786 • \$50.00 • cl
Cooking / Indic

Notes

Promotion





Hardie Grant
On Sale: Mar 14/23
7.7 x 9.7 • 272 pages
Full colour photography throughout
9781743799253 • \$58.00 • cl
Cooking / Italian

Notes

Promotion



Acquacotta 2/E

Recipes and Stories from Tuscany's Secret Silver Coast
by Emiko Davies

Discover the cuisine of a secret part of southernmost Tuscany, known as La Costa D'Argento - the silver coast, in the second edition of Acquacotta. In this cookbook, Tuscan-based, Australian-born writer and photographer Emiko Davies has compiled and adapted her Italian family's best-loved recipes from Capalbio, Monte Argentario, Giglio Island and inland to the hot springs of Saturnia and the ancient Pitigliano.

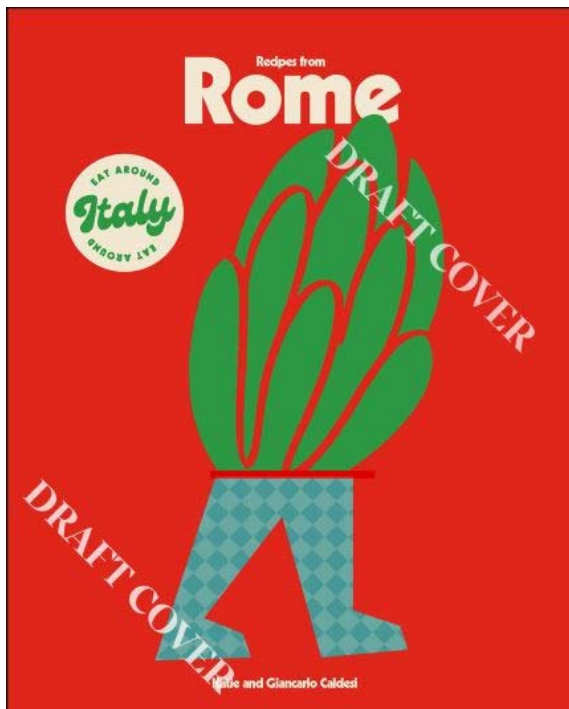
It is a celebration of the region that's named for the shimmering salt-and-pepper sand along this part of the Tyrrhenian Sea, its rolling hills, long beaches, overgrown fig trees, rambling vineyards – and rich culinary history. The latest iteration of Acquacotta features a beautiful new cover and a vegetarian and gluten-free index that highlights a different side to Italian cuisine.

In words and pictures, Emiko guides readers through the use of local ingredients, as well as sharing the history of rustic, storied dishes including scampi and potato soup, hand-rolled strozzapreti noodles, spinach and ricotta tortelli, chestnut gnocchi and the classic fig and chocolate bread, pagnotella. Plus, of course, the book's namesake acquacotta, a quintessential Maremman peasant dish that captures the spirit of this special place.

Author Bio

Emiko Davies lives in Florence with her husband and two daughters. She writes about regional Italian food and travel on her blog, as well as for publications such as Gourmet Traveller, Conde Nast Traveler, Food52 and Italian newspaper Corriere della Sera. Her beautiful Italian cookbooks include Florentine, Acquacotta, Tortellini at Midnight, Torta della Nonna and Cinnamon and Salt.





Recipes from Rome

by Katie Caldesi and Giancarlo Caldesi

Recipes from Rome is culinary exploration of Rome, Italy's capital and one of the world's most loved cities, with its iconic landmarks and neighborhood trattorias. Husband and wife team Giancarlo and Katie Caldesi unearth Rome's hidden gem recipes that have been handed down through generations, as well as new, exciting dishes inspired by Romans from all walks of life. The duo present their interpretations of classic dishes, like Katie's spicy cheese and pepper pasta, alongside family favorites, such as sea bass with Parma ham and sage. Collaborating with Rome's best chefs, they also share modern recipes like fiery hot chilli sorbet that reflect the heat and color of this bustling city. Recipes from Rome is a beautiful keepsake that provides an impressive, fresh look at the city's cuisine that is sure to inspire and surprise. Recipes from Rome is the first volume in Hardie Grant's Eat Around Italy series, celebrating Italian cuisine at its best.

Author Bio

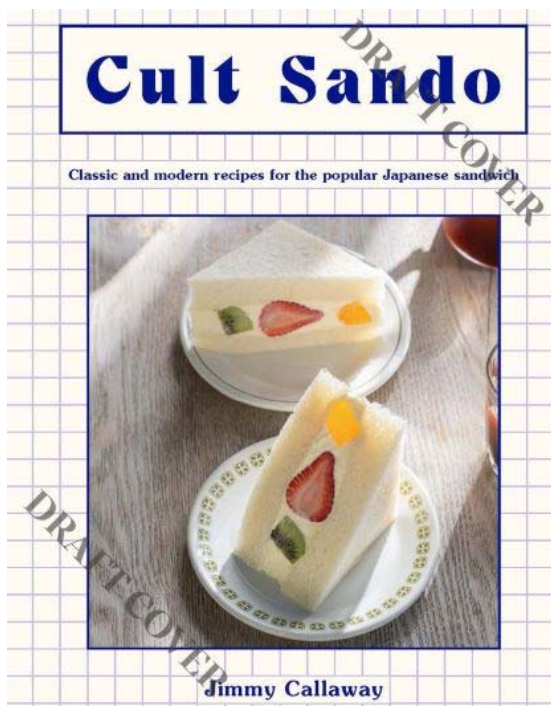
Owners of London's Caffè Caldesi, Caldesi in Campagna in Bray, and the Marylebone La Cucina Caldesi cooking school, Katie Caldesi and her husband Giancarlo have a passion for Italian food. They have taught alongside some of the biggest names in Italian cuisine, including Gennaro Contaldo, Ursula Ferrigno, and Valentina Harris. They are the authors of nine cookbooks including the Italian cookbooks: *Sicily*, *Rome*, *Venice*, and *The Amalfi Coast*.

Hardie Grant
On Sale: Apr 25/23
7 x 8.7 • 272 pages
9781784886288 • \$35.99 • cl
Cooking / Italian
Series: Eat Around Italy

Notes

Promotion





Cult Sando

Classic and Modern Recipes for the Popular Japanese Sandwich

by Jimmy Callaway

Cult Sando brings 30 recipes for the showstopping Japanese sandwich. 'Sando' are sandwiches which – in typical Japanese creativity – have undergone a makeover. With their slightly sweet, pillowy milk bread and adventurous filling, they take the humble sandwich to new heights. Jimmy Callaway explores the 'sando' in all its forms, from the classic tonkatsu sando to an inventive aubergine version. Also included are sweet treats like a strawberry sando and creme caramel sando. In Cult Sando there is a sandwich perfect for any time of day.

Author Bio

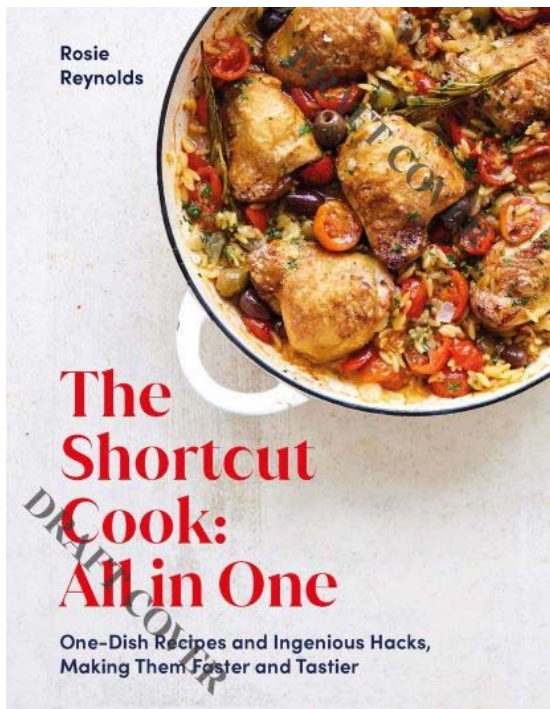
Jimmy Callaway is a food stylist and recipe writer.

Hardie Grant
On Sale: Apr 11/23
6.3 x 8.3 • 112 pages
9781784886028 • \$28.99 • cl
Cooking / Japanese

Notes

Promotion





The Shortcut Cook All in One

One-dish Recipes and Ingenious Hacks to Make Them Faster and Tastier

by Rosie Reynolds

A cookbook that makes recipes, faster, easier, tastier and simpler through cooking in one pot, pan or tray. The second title in Rosie Reynolds' The Shortcut Cook series, All in One shows people how to cook the food and flavors that they love, but without being tied to the oven – or sink – for hours longer than they want to be. Recipes include Spiced Potatoes with Cracked Eggs, No-fuss Chicken Kiev with Crunchy Roast Potatoes, Beef Stew with Cheesy Dumplings, Easy Peasy Spaghetti Bolognese, Gooey Lemon Bars, Big Batch Chocolate Chip Cookies, and more, all made in one cooking vessel. Cooking crowd-pleasing meals has never been so easy.

Author Bio

As a recipe writer, developer and food stylist who has styled hundreds of books and written even more recipes, Rosie Reynolds' job depends on getting great food ready as fast as possible. She has authored six cookbooks: Doughnuts Reinvented (Pavillion), Scone with the Wind (Virgin Books), The Kitchen Shelf (Phaidon), Posh Kebabs (Quadrille) and Posh Sandwiches (Quadrille) and most recently The Shortcut Cook (Hardie Grant)

Hardie Grant

On Sale: Feb 14/23

6.9 x 8.9 • 160 pages

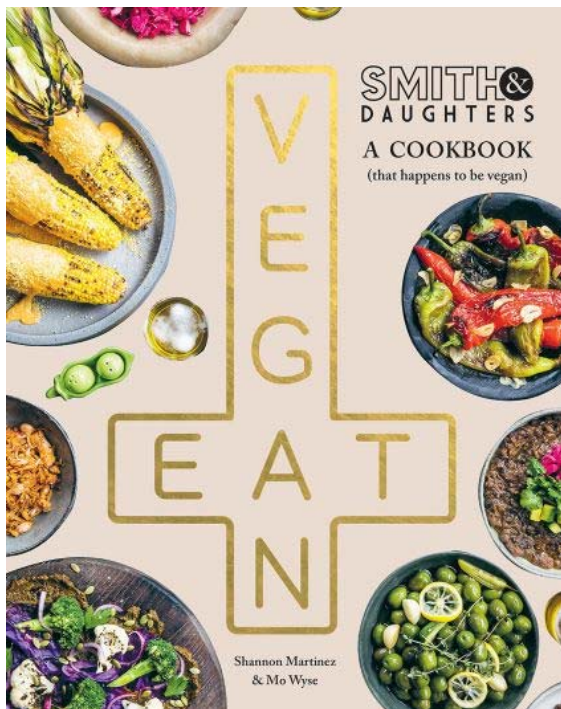
9781784885571 • \$35.99 • cl

Cooking / Methods / Quick & Easy

Notes

Promotion





Smith & Daughters: A Cookbook (That Happens to be Vegan)

by Shannon Martinez and Mo Wyse

A new refreshed edition of the bestselling 2017 edition, *Smith & Daughters: A Cookbook (That Happens to Be Vegan)* is once again setting out to prove that veganism is not a passing trend. Now, millions of people around the world are committed to eating less meat, and this essential guide to plant-based innovation in the kitchen has become a groundbreaking bible.

Based on the landmark Melbourne restaurant of the same name, this energized cookbook offers 80 delicious vegan recipes with a Spanish twist to recreate at home, appealing to meat and vegetarian eaters alike. Across seven chapters, the book features big plates, small plates, salads, sweets, dressings and drinks, with recipes for 'chorizo' and potato, 'meatballs' in a saffron almond sauce, chipotle cashew 'cheese', 'tuna' and green pea croquettes, plus warm doughnuts and spiced Mexican flan.

Forget your preconceptions of vegan food! *Smith & Daughters: A Cookbook (That Happens to be Vegan)* is the iconic book for vegetarians, vegans and anyone who is even slightly veg-curious.

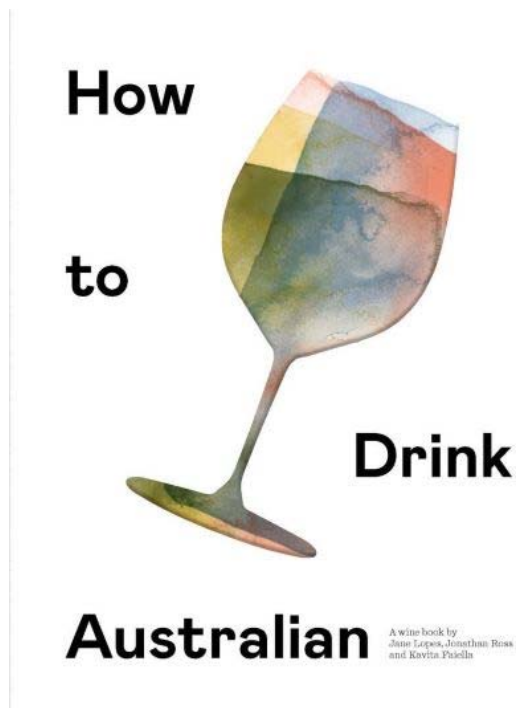
Author Bio

A veritable tour de force in vegetarian and vegan cooking, Shannon Martinez has been a chef in Melbourne kitchens for over 20 years. She is best known as the owner of Australia's most prolific plant-based business, *Smith & Daughters*, which resulted in the best-selling books *Smith & Daughters: A Cookbook (That Happens to be Vegan)*, *Smith & DELicious: Food From Our Deli (That Happens to be Vegan)*, and *Vegan With Bite*.

While Shannon eats meat, she has perfected her vegan repertoire and says this is what makes her food taste so good; she aims to replicate the flavors and textures of meat, rather than serving bland, predictable, vegan fare.

Mo Wyse is a Seattle and NY expat who launched the original *Smith & Daughters* with Shannon on Brunswick Street, Fitzroy in 2014.





Hardie Grant
On Sale: Apr 11/23
7.9 x 10 • 368 pages
Full colour throughout
9781743797808 • \$65.00 • cl
Cooking / Beverages / Alcoholic / Wine

Notes

Promotion



How to Drink Australian

A Wine Book

by Jane Lopes, Jonathan Ross and Kavita Faiella

How to Drink Australian is a fresh and relevant guide to understanding and appreciating Australian wine: its many diverse regions, wineries, and people. For the person who asks, 'What wine region should I be paying more attention to?' or 'How can I really know what's going on with Australian wine?' How to Drink Australian is the answer.

In this modern take on the classic compendium, three highly credentialed wine experts provide wine lovers, both locally and around the world, with renewed excitement and appreciation for Australian wine. Divided by state and then region, How to Drink Australian considers: standout producers, historic development, microclimates and geographical features, important trends, and pressing issues such as the effects of climate change.

How to Drink Australian celebrates the narrative of what it is to drink Australian today while also offering critical insight into the formation of its land and people, linking the custodianship of First Nations and modern-day grape-growers. Leading winemakers and growers offer their insight on what's significant and special about their part of the wine world. Additionally, it provides know-how on Australia's Geographic Indication system, and explores the unique characteristics of each wine producing region with original maps of a detail that have yet to be shared in Australian wine scholarship.

Covering simply everything there is to know about this contemporary landscape in wine production, How to Drink Australian is the comprehensive wine book we've been waiting for.

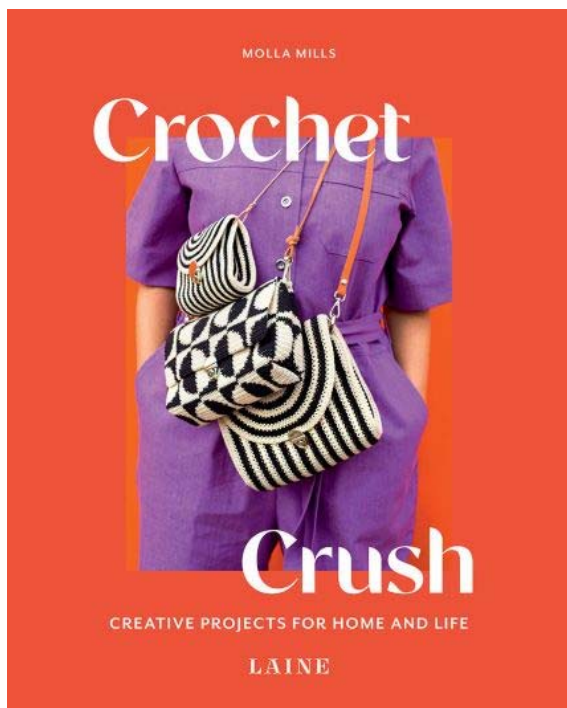
Author Bio

Jane Lopes is a California-born sommelier, importer, and author. She has worked at New York's Eleven Madison Park, Nashville's The Catbird Seat, Chicago's The Violet Hour, and Melbourne's Attica. In 2019, Jane published her first book: Vignette: Stories of Life and Wine in 100 Bottles. In 2020, Jane co-founded Legend Imports, importing Australian wine to the US.

Jonathan Ross is a sommelier, educator, winemaker, and importer, passing the master sommelier exam in 2017. After serving as the head sommelier at Eleven Madison Park in NY, he worked as the director of beverage for the Rockpool Dining Group and launched his own Australian wine label called Micro Wines. Jon co-founded Legend Imports in 2020.

Kavita Faiella is a Sydney-born sommelier who worked in a number of the





Crochet Crush

Creative Projects for Home and Life

by Molla Mills and Laine

From craft sensation Molla Mills and Laine Publishing, *Crochet Crush* features 23 contemporary patterns for incredible home decor and accessory pieces that you will use, wear and love for years to come.

Crochet has certainly made a comeback, and no wonder – it's a playful, mindful and easy craft; its sturdiness allows you to create wear-intensive items like carpets and bags; and the results are nothing short of stunning. In this amazing collection, Molla Mills brings together the best in modern crochet design, with projects including a duffel bag, cushion, sun visor and picnic blanket. The colorful designs incorporate modern practicality and unique style, inspired by flowers, nostalgic summers and Brooklyn neighborhoods. There is also a comprehensive section on getting started with crochet, including choosing yarns and using tools to create a range of stitches and effects.

Instead of ready-to-buy, Molla encourages readers to make their own pieces with quality materials, combine patterns and vary the colors to their liking, and enjoy the slow process. Featuring the beautiful photography and design that Laine are known for, *Crochet Crush* will be loved by new and experienced crocheters alike.

Author Bio

Molla Mills is an internationally recognized Finnish pattern designer who learned how to crochet from her mother as a little girl in Kurikka, Finland. She has studied fashion, marketing and art, and has written several crochet books that have been published in countries from Brazil to South Korea. Molla also designs pattern collections for different yarn brands and travels around the world teaching crochet workshops. Laine is a publishing house based in Finland. They publish books focusing on knitting, crafts, food and lifestyle, as well as *Laine*, their international knit and lifestyle magazine. They draw influence from the beauty of the everyday, cherish natural fibers and want to create timeless, long-lasting garments. Their intention is to inspire all to gather and share, to be part of a community of like-minded knitters, makers and thinkers from near and far.

Hardie Grant

On Sale: Mar 7/23

8.5 x 10.6 • 224 pages

Full colour throughout

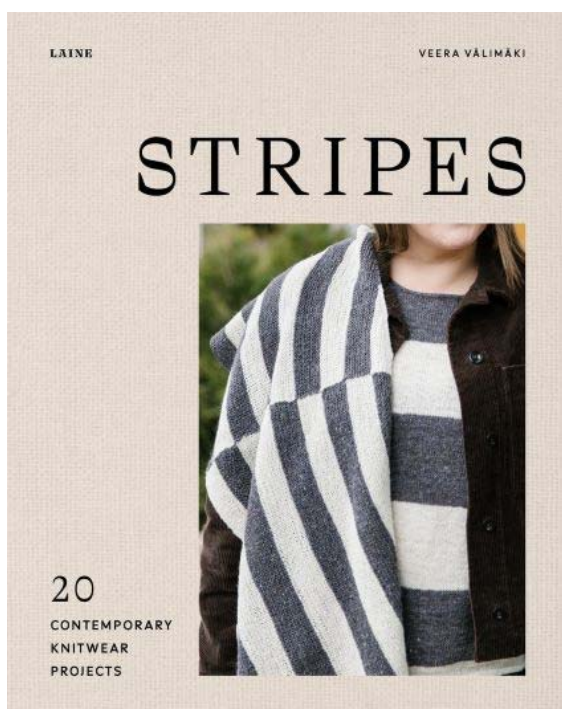
9781743798980 • \$35.99 • pb

Crafts & Hobbies / Needlework / Crocheting

Notes

Promotion





Stripes: 20 Contemporary Knitwear Projects

by Veera Valimäki and Laine

Stripes is a beautiful collection of 20 striped knitwear projects from leading designer Veera Valimäki and knitting experts Laine, exploring the world's favorite pattern.

For years, Veera Valimäki has been fascinated by playing with colors and textures – and striping with them. In Stripes, she encourages you to discover the endless possibilities, incredible techniques and stunning effects of striped knitwear, with patterns including sweaters, cardigans and shawls, as well as a relaxed dress, a beanie and your new favorite pair of socks.

Featuring beautiful photography, this book – and its knits – are an ode to contemporary design, exuding a sense of quiet, timeless confidence. Stripes is another Laine title that is destined to become a classic for knitters everywhere. Knitting is more than just knit, knit, purl. It is a feeling.

Author Bio

Veera Valimäki is one of the world's leading knitwear designers. Her designs are known for their simple, clean lines with modern details. Veera lives and works in a small village in Southern Finland surrounded by forests, fields and lakes. Stripes is her third book. Laine is a publishing house based in Finland. They publish books focusing on knitting, crafts, food and lifestyle, as well as Laine, their international knit and lifestyle magazine. They draw influence from the beauty of the everyday, cherish natural fibers and want to create timeless, long-lasting garments. Their intention is to inspire all to gather and share, to be part of a community of like-minded knitters, makers and thinkers from near and far.

Hardie Grant

On Sale: Apr 11/23

8.5 x 10.6 • 208 pages

Full colour throughout

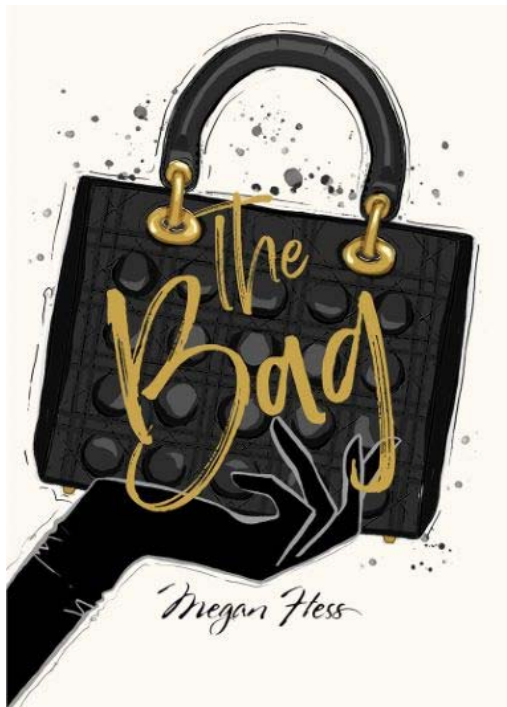
9781743799017 • \$35.99 • pb

Crafts & Hobbies / Fashion

Notes

Promotion





Hardie Grant
On Sale: Mar 14/23
4.5 x 6.5 • 144 pages
Full colour illustrations throughout
9781743797372 • \$32.99 • cl
Design / Fashion
Series: The Ultimate Fashion Wardrobe

Notes

Promotion



Megan Hess: The Bag

by Megan Hess

Megan Hess: The Bag is an illustrated love story about the most stylish, timeless and useful of accessories, from internationally renowned fashion illustrator Megan Hess.

A piece of fashion is so much more than an object. To the designer who creates it, the muse who inspires it, the fashion lover who lusts after it, or the star who defines it, that piece is part of a story.

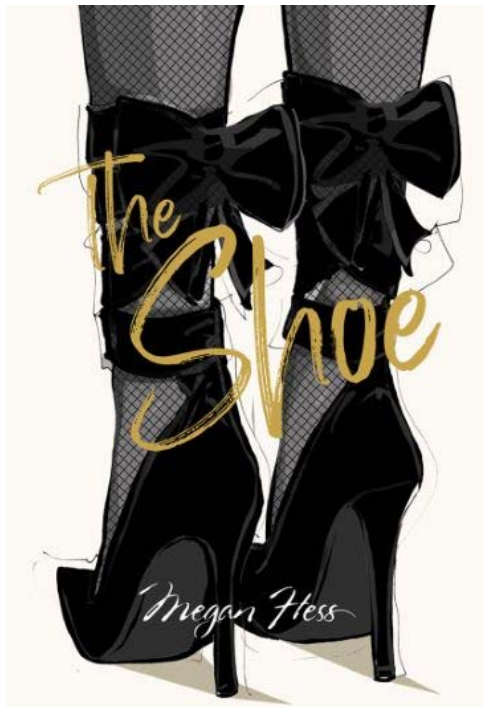
A beautiful bag is the ultimate fashion investment. From the Hermes Birkin to the Chanel Classic, the Lady Dior to the Louis Vuitton Keepall, the Valentino Rockstud to the Fendi Baguette, these iconic designs are not just the perfect way to carry your lipstick and book – and complete your outfit. They are works of art and craftsmanship.

Megan Hess: The Bag is the next in the Ultimate Fashion Wardrobe series, filled with fascinating information and stunning illustrations and packaged up in a beautiful hardback: the ideal accessory for any fashion life.

Author Bio

Megan Hess was destined to draw. An initial career in graphic design evolved into art direction for some of the world's leading design agencies. In 2008, Hess illustrated the New York Times number-one selling book *Sex and the City*, written by Candace Bushnell. She has since illustrated portraits for Vanity Fair and The New York Times, created animations for Prada in Milan, and illustrated the windows of Bergdorf Goodman in New York. Megan has also illustrated live for bespoke fashion shows around the world including Fendi at Milan Fashion Week, Viktor & Rolf and Christian Dior Couture. Her other renowned clients include Givenchy, Tiffany & Co., Louis Vuitton, Montblanc, Yves Saint Laurent, Vogue, Harpers Bazaar, Prada and Cartier. Megan is the author of bestselling fashion books for adults and the sensational Claris: The Chicest Mouse in Paris series for children. Visit Megan at meganhess.com





Megan Hess: The Shoe

by Megan Hess

Megan Hess: The Shoe is an illustrated love story about the most coveted accessory of any designer wardrobe, from internationally renowned fashion illustrator Megan Hess.

A piece of fashion is so much more than an object. To the designer who creates it, the muse who inspires it or the fashion lover who lusts after it, that piece is part of a story.

Nothing quite says fashion like a beautiful pair of shoes. The red sole of a Louboutin, the jeweled buckle of a Manolo Blahnik, the simple perfection of a Chanel slingback, or the incredible finishes on a Jimmy Choo – these are the details that complete an outfit and define timeless style.

Megan Hess: The Shoe is the next in the Ultimate Fashion Wardrobe series, filled with fascinating information and stunning illustrations and packaged up in a beautiful hardback: the perfect accessory for any fashion life.

Author Bio

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Hardie Grant

On Sale: Mar 14/23

4.5 x 6.5 • 144 pages

Full colour illustrations throughout

9781743797389 • \$32.99 • cl

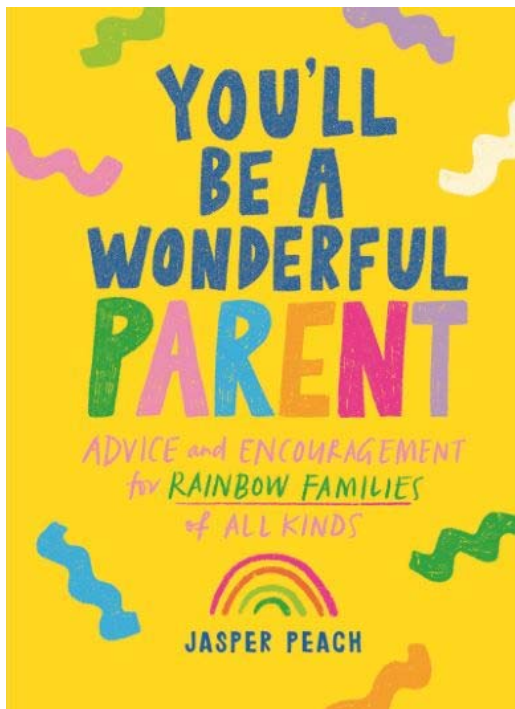
Design / Fashion

Series: The Ultimate Fashion Wardrobe

Notes

Promotion





Hardie Grant
On Sale: Mar 21/23
5.1 x 7.2 • 128 pages
B&w illustrations
9781743798614 • \$22.99 • cl
Series: Wonderful Parents

Notes

Promotion



You'll Be a Wonderful Parent

Advice and Encouragement for Rainbow Families of All Kinds
by Jasper Peach

In *You'll Be a Wonderful Parent*, Jasper Peach provides a practical and emotional guide for LGBTIGA+ families around the arrival of a new baby.

Becoming a parent is already a challenging time, even more so if you don't see yourself reflected in mainstream parenting resources, culture or even language. But alphabet soup families are also in the unique position of being able to intentionally build their own family structure and create an environment of huge love and belonging for their children. This little book holds the reader's hand through the journeys of both birth and non-birth parents, with advice on everything from dealing with other's definitions of your family, to finding the right medical care and communities, and of course making sure that you take a lot of naps before the baby is born.

A beautifully illustrated hardback full of warmth and personality, *You'll Be a Wonderful Parent* is unlike any other book on the market in its inclusive and celebratory approach to queer parenting, and there is something for everyone to learn from the values and experiences of rainbow families. It is the perfect book for new or expecting parents of all descriptions.

Author Bio

Jasper Peach lives on stolen Dja Dja Wurrung Country in Castlemaine, Victoria, with their wife and two children. They are a trans, non-binary and disabled writer, editor, civil celebrant and broadcaster. They are passionate about equitable access and inclusion, with a strong focus on storytelling centered around the dismantling of misplaced shame. Jasper served as guest co-editor for *Archer Magazine's* 16th edition, and their work appears in *HireUp*, the *Sydney Morning Herald*, *SBS Voices* and *We've Got This*, a book about parenting with a disability.





The Herb Gardening Handbook

A Beginners' Guide to Growing and Harvesting Herbs No Matter Your Space

by Andrew Perry

The Herb Gardening Handbook gives you the know-how of what herbs to buy, what to plant them with, how to use them and even how to make herbs look good, no matter the space available. Beginning with a simple guide of how to get started and the best growing conditions for herbs, The Herb Gardening Handbook is a stylish guide to 12 herb projects that will suit everything from indoor window ledges to balconies and gardens. From the cocktail herb garden, which focuses on the botanicals that will make summer cocktails and drinks all the more fragrant to the Pizza Pantry Garden where readers will grow everything needed to create delicious pizza toppings. There are also projects looking to make a positive impact on the environment, such as the Bee Buffet, which will feature tasty herbs that pollinators will love to be a part of. Using widely accessible herbs as well as suggestions for more interesting varieties and including stunning photography, this book is perfect for gardening beginners, as well as seasoned pros looking to learn some new tips and tricks on how to make the most of herbs.

Author Bio

Andrew Perry is the brain behind Urban Herbs, an online retailer of beautiful, unusual varieties of herbs, as well as all the classics. He believes that through growing a wide variety of herbs, you can improve the flavours in your kitchen and give a little pep to your mental wellbeing with some easy gardening, too. Urban Herbs began in 2011 on a few window ledges in Andrew's home, and has grown to a whole city centre herb farm in Birmingham, supplying London restaurants and cocktail bars, as well as selling at everything from BBC Good Food shows to regional markets and food festivals and working with schools and local authorities to create community herb gardens and classes for children at inner city schools how growing can be rewarding for both body and mind. Through his engaging Instagram posts, Andrew has built a following of more than 38,000 on the Urban Herbs Instagram, with a following of 19,000 on his personal account, @andygrowsherbs.

Hardie Grant

On Sale: Mar 28/23

5.3 x 7.3 • 144 pages

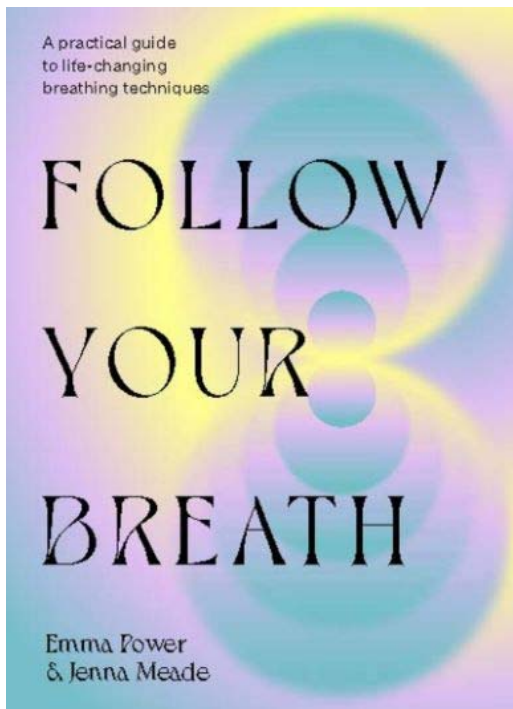
9781784885762 • \$29.99 • cl

Gardening / Herbs

Notes

Promotion





Follow Your Breath

by Emma Power and Jenna Meade

Follow Your Breath is a practical introduction to life-changing breathing techniques, offering a 'breathwork menu' so you can turn to the page according to what you need at any given time and access this incredible life hack. Whether it's calming down, sparking up, preparing for physical activity, settling in for a deep meditation, dealing with a health or sinus issue, focusing for a test, managing insomnia or wanting to get a natural euphoric high, Follow Your Breath has you covered. Breath activates communication pathways between the mind and body to positively affect our emotions, and we can even use the breath as a vehicle to shift our level of consciousness. In Follow Your Breath you are offered a range of easy-to-follow practices with step-by-step instructions, diagrams and post-practice notes so you can start shifting your mental state today. By using this book you'll unlock one of the greatest – and most accessible – life hacks. Your breath will become your personal, pocket-ready superpower that you can pull out anywhere, anytime – no complicated equipment needed.

Author Bio

Emma Power is a relationships educator, author and speaker. She has created and curated a collection of profound practices during her decades teaching yoga, meditation and breathwork. She is the author of books *How to Have Meaningful Relationships* and *When Love Goes South*, and the founder of *Tantra Is Love* and *The Awaken School*. She often appears on Triple J, Channel 7 and throughout Australia's major publications and media. Her most popular events include her regular, sold-out Yoga and Meditation Retreats, Relationships Workshops, Sexuality Workshops, Women's Workshops and her online course, *Self Love Club*. Jenna Meade is an Australian wellness and travel journalist. She began her career as a writer and editor with News Corp, before exploring the world as a digital nomad and unearthing the latest in mind, body and spirit. You'll find her features in *Qantas Magazine*, *Broadsheet*, *Royal Auto*, *news.com.au* and *House of Wellness*. She's currently on the road with her treasured trio – her partner, son and their campervan.

Hardie Grant

On Sale: Jan 10/23

5.1 x 7.2 • 176 pages

Full colour throughout

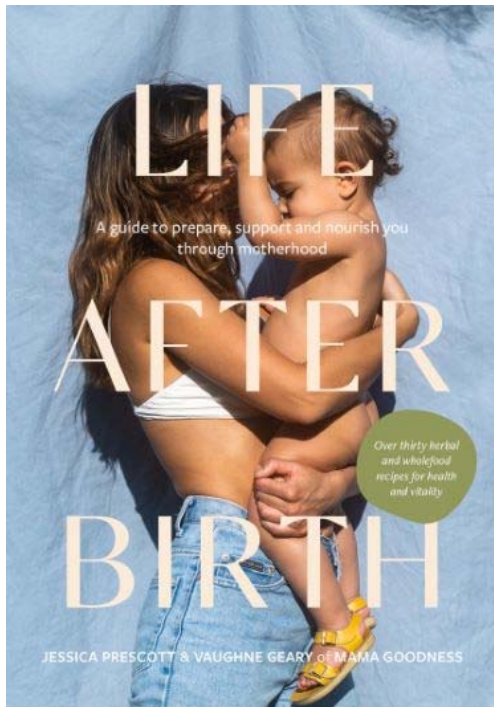
9781743797952 • \$32.99 • cl

Health & Fitness / Healing

Notes

Promotion





Life After Birth

A Guide to Prepare, Support and Nourish You Through Motherhood

by Jessica Prescott and Vaughne Geary

Life After Birth is your essential guide to the wide and diverse spectrum of motherhood.

In this companion, Jessica Prescott and Vaughne Geary share their evidence-based approach to the lost but ever important art of caring for yourself as a mother, including recipes from their postpartum food delivery service Mama Goodness. They cover everything from herbal wisdom and nutritional support, to sleep and breastfeeding tips, communication tools, managing siblings, how to nourish your body, parent on your period, and so much more.

A stunning hardback with full color photography, Life After Birth will help you prepare, not just for the first six weeks following your birth, but for the months and years that follow. By tuning into your body, nourishing it, celebrating it and honoring the cyclical nature of womanhood, this book will help you thrive in your new role as a mother.

Author Bio

Jessica Prescott is a mother of two, cookbook author and postpartum doula. She has written three books with Hardie Grant London: Vegan Goodness, Vegan Goodness Feasts and Vegan One-Pot Wonders. Vaughne Geary is a qualified Naturopath and full-spectrum Doula with a dedication to educating and supporting women and families from preconception to the postpartum and beyond.

In 2019, Vaughne and Jess launched their business Mama Goodness, which creates nourishing comfort food and botanical products to support people through all phases of motherhood. Their days are filled with endless conversations about mothers, the struggles new parents face, nutrition and all the ways in which they wish they could help.

Hardie Grant

On Sale: Feb 21/23

6.7 x 9.1 • 240 pages

Full colour throughout

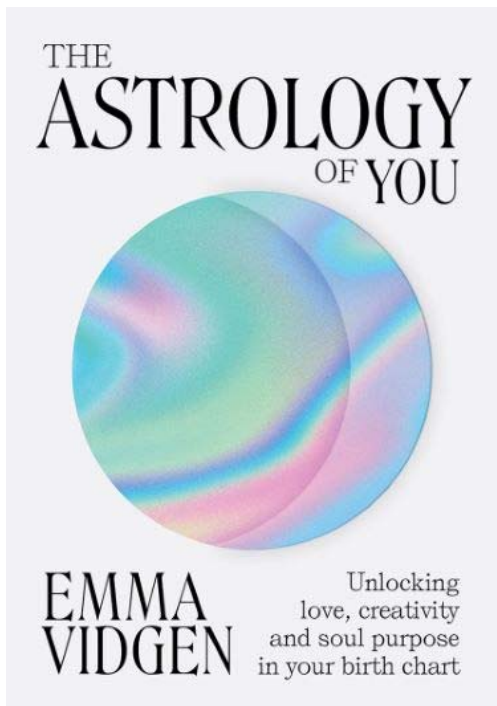
9781743798195 • \$47.99 • cl

Health & Fitness / Pregnancy & Childbirth

Notes

Promotion





Hardie Grant
On Sale: Jan 10/23
5.1 x 7.2 • 176 pages
Full colour throughout
9781743798003 • \$32.99 • cl
Body, Mind & Spirit / Astrology / General

Notes

Promotion



The Astrology of You by Emma Vidgen

The Astrology of You is a guide to understanding your birth chart, helping you to decode the messages that were in the stars from the moment of your birth. It's a self-help book, rooted in astrology, that demystifies the birth chart and helps you understand yourself on a whole new level.

Written by astrologer and meditation teacher Emma Vidgen, The Astrology of You takes a unique approach to helping you achieve success and happiness. You will discover your optimum setting for satisfying relationships, emotional security and creative fulfilment, and learn where to look for guidance when something goes wrong.

The birth chart is a personalized instruction manual for life, and The Astrology of You will teach you how to make sense of yours.

Author Bio

Emma Vidgen is an Australian astrologer, meditation teacher and journalist. Her fascination with the stars began as a child, despite being chastised for being the 'world's most untidy Virgo'. Emma is passionate about making esoteric practices accessible and fun. She loves to weave music, fashion and pop culture into conversations about life, death and everything in between. She is obsessed with vintage shopping, hot sauce and would like to be reincarnated as a professional musician. She lives in Sydney with her Libran daughter, Capricorn son, Sagittarian husband and Scorpio AF cat.





Meditate Yourself Happy

Change Your Mood with 10 Minutes of Daily Meditation

by Fiona Lamb

With Meditate Yourself Happy, learn to choose the thoughts you pay attention to. Because by changing the way you think, you can change the way you feel and subsequently change your life.

Meditation is not an unachievable state; this book will teach you how to harness its transformative power to heal your body and mind by reducing stress, controlling anxiety, promoting emotional health, enhancing self-awareness and improving your overall wellbeing.

Through easy and accessible exercises that are organized by mood and range from 5–10 minutes, discover how small shifts can lead to big changes.

So many people don't think they can meditate. They believe it is all about fighting off thoughts and emptying the mind completely. But certified hypnotherapist Fiona Lamb is here to tell them otherwise.

Author Bio

Fiona Lamb is a critically acclaimed advanced clinical hypnotherapist, trainer and meditation expert at Harley Street, London, and is the creator and founder of the guided meditation app, Mind Detox. She has treated over 1,000 clients, including high profile actors and singers, TV personalities, magazine editors and influencers. Fiona has 26.6k Instagram followers, hosts the podcast Meditate Yourself Happy, and has won Hypnotherapist of the Year 2020/2021 and 2021/2022 at London's Prestige Awards.

Hardie Grant

On Sale: Feb 7/23

5.3 x 7.3 • 160 pages

9781784886073 • \$32.99 • cl

Body, Mind & Spirit / Meditation

Notes

Promotion





Be Here Now

Finding Peace and Joy in the Present Moment

by Meredith Gaston

Be Here Now will show you how to discover your 'now', building resilience and nurturing your own inner sanctuary by treasuring the world, just as it is now, in all its simplicity and authenticity.

Beautifully written and illustrated by acclaimed artist Meredith Gaston with photographs by Roberto Massimo, Be Here Now shows you how easy it is to reconnect with the moment, pushing aside life's challenges to rediscover the simple things in life. This inspiring book will assist you to relax and enjoy the moment, a skill that should never be forgotten.

Author Bio

Meredith Gaston is an internationally acclaimed Australian artist, best-selling author and passionate wellness advocate. Meredith's playfully sophisticated signature style and inspirational words bring comfort and joy to many. Her lovingly illustrated books are translated into foreign languages, and her original artworks and limited edition prints collected worldwide. While exhibiting her artwork locally and abroad from a young age, Meredith graduated from the University of Sydney, majoring in Art History and Theory and Gender and Cultural Studies. Having continued her education as an Integrative Nutrition Health Coach, Meredith frequently features in the media and public sphere discussing wellbeing, self-care, mindfulness and creativity in daily life.

Hardie Grant

On Sale: Apr 17/23

7.4 x 9.8 • 192 pages

Full colour throughout

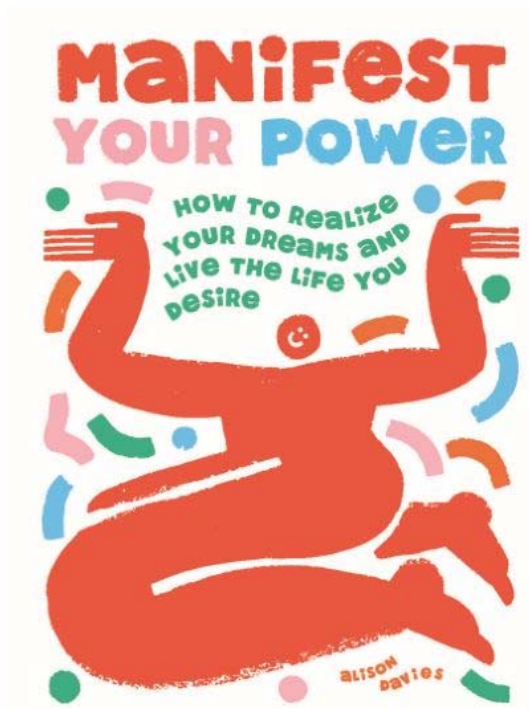
9781743799109 • \$38.99 • cl

Body, Mind & Spirit / Inspiration & Personal Growth

Notes

Promotion





Hardie Grant

On Sale: Mar 14/23

5.3 x 7.3 • 144 pages

9781787139312 • \$28.99 • CL - Hardcover

Body, Mind & Spirit / Inspiration & Personal Growth

Notes

Promotion



Manifest Your Power

How to Realize Your Dreams and Live the Life You Desire

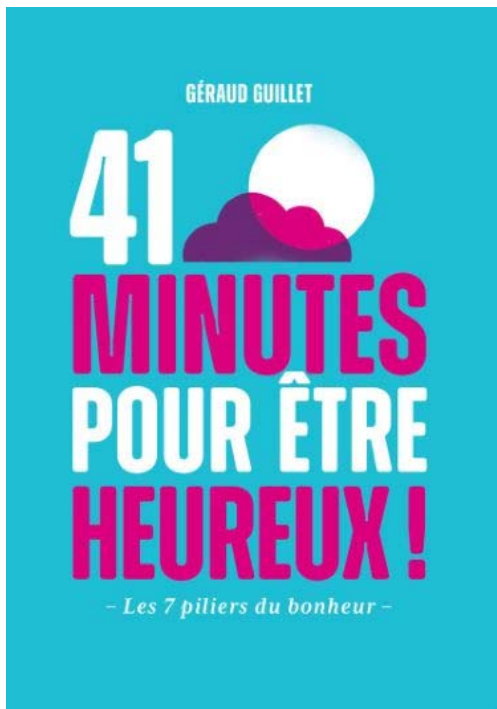
by Alison Davies

An introduction to manifesting through using vision boards, affirmations and other techniques, *Manifest Your Power* shows readers how to get started on their manifestation journey and how to make it a success. Whether you're looking to expand your spiritual knowledge, dip your toe in the water with manifesting, or make some positive changes to your life and the world around you, *Manifest Your Power* will give you all the tools you need. Once you begin your journey and start manifesting the things you want, you'll realise that the power lies with you. This step-by-step guide, with practical activities and suggestions, will help you make sense of it all and could change your life. You'll discover the power of affirmations, and you'll learn how to use other techniques such as scripting, meditation and visualisation to work towards your goals. Manifesting is a gift which will enhance your life: it doesn't matter what you want, from material things to spiritual gifts (like inner strength, balance and renewal), it's all there for the taking – all you need is a little imagination, focus and persistence.

Author Bio

Alison Davies runs workshops at universities throughout the UK, showing academics, students and early years practitioners how stories can be used as tools for teaching and learning. Alison writes for a wide selection of magazines, including *Bella*, *Soul & Spirit*, *Your Fitness*, *Take a Break*, *Fate and Fortune*, *Spirit and Destiny*, *You*, *Kindred Spirit* and *Woman's Own*. Her features have also appeared in the *Times Education Supplement*, *Daily Mail* and *Sunday Express* parenting section, and various commercial magazines.





41 Minutes to Be Happy

The 7 Pillars of Happiness

by Geraud Gillet

41 Minutes to Be Happy is a practical guide to becoming happier. The book is broken up into seven pillars of happiness: meaning, truth, strategy, love, body, mind and trust. Within each section, there are testimonials and references to literature, as well as practical suggestions, which teach you how to become happier. With the help of 41 Minutes to Be Happy, you will learn that it doesn't need to be a challenge to have a more positive frame of mind.

Author Bio

Geraud Guillet is an expert in innovation and business strategy, and he is a graduate in economics and international management.

Hardie Grant

On Sale: Mar 14/23

5.1 x 7.7 • 128 pages

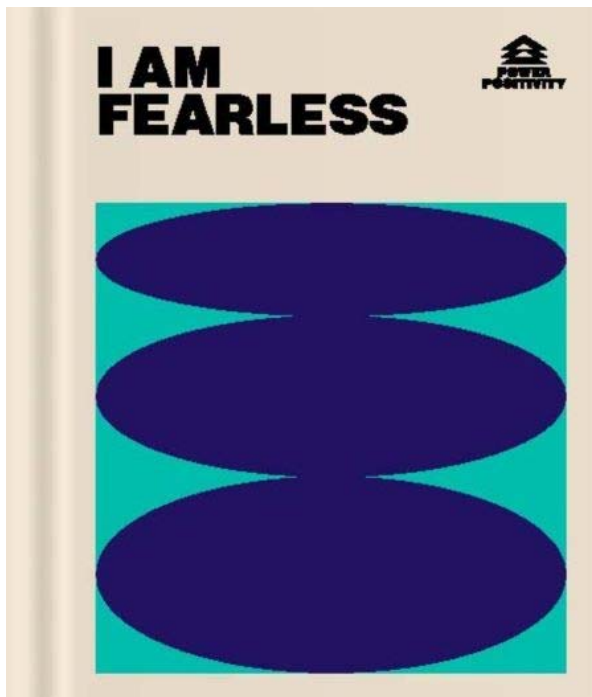
9781784886301 • \$28.99 • cl

Self-Help / Personal Growth / Happiness

Notes

Promotion





I AM FEARLESS

by Hardie Grant Books

Power Positivity: I AM FEARLESS helps you find the confidence to be yourself and reminds you that you can get through anything with empowering quotes, thoughts, kind words, and little pick-me-ups when you need them most. The right words at the right time can do wonders to lift your mood, raise your confidence, control negative feelings, and improve your self-esteem. Featuring wise words from some of our favorite celebrities, this pocket-sized book is guaranteed to brighten your day, remind you that life is good, and that you've most definitely got this.

Author Bio

Conceived and edited by Hardie Grant Books.

Hardie Grant

On Sale: Mar 28/23

4.3 x 5.2 • 96 pages

9781784886271 • \$18.99 • cl

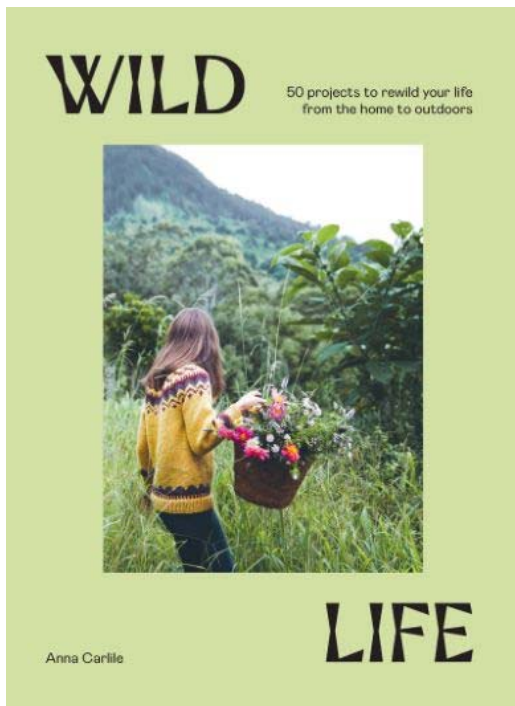
Self-Help / Personal Growth / General

Series: Power Positivity

Notes

Promotion





Hardie Grant
On Sale: Jan 10/23
6.7 x 8.7 • 224 pages
Full-colour photography
9781741178012 • \$35.99 • cl
Sports & Recreation / Outdoor Skills

Notes

Promotion



Wild Life

50 Projects to Rewild Your Life From the Home to Outdoors
by Anna Carlile

Wild Life is an achingly beautiful gift book that introduces the concept of rewilding. No matter whether you live in the mountains, by the coast, along the banks of a river or in the inner-city, this book is your passport to disconnect from one world and reconnect with another; to put down your devices and pick up where your wild self left off.

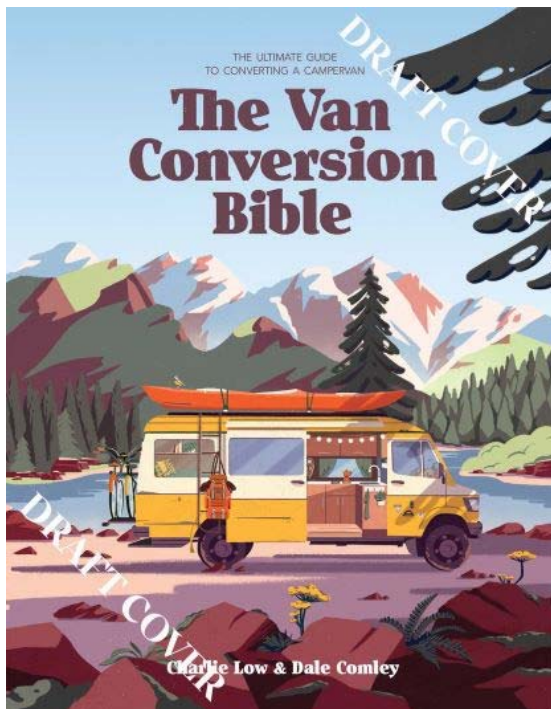
Featuring stunning photography that evoke the magic and healing effects of nature, Wild Life offers 50 accessible projects that will bring rewilding into your life. You'll press wildflowers, rewild your garden and create a series of micro adventures in your hometown or city. You'll use the sky to find north and the trees to find your way while out camping and hiking. You'll close your eyes and listen to the birds, kick off your shoes and forage for seaweed.

You'll reconnect with your roots, and somewhere along the way, find yourself again.

Author Bio

Anna Carlile runs eco-conscious design company, Design By Nature, a collective of creatives who use their passion and talent for the good of the planet. The Australian-based studio designs and creates materials that encourage people to think differently about the world, inspiring them to make change and reconnect to their natural roots. This book was a collaborative effort brought together by the passion and dedication of creative director Anna Carlile, talented designers Megan Edgoose and Kristin Soh, and wordsmiths Vanessa Murray, Georgia Gibson and Jeanie Watson. Anna Carlile is also the author of Grounded: A Companion for Slow Living (Hardie Grant, 2020)





Hardie Grant
On Sale: Feb 28/23
7.4 x 9.7 • 336 pages
9781784886042 • \$50.00 • cl
Transportation / Automotive / Customizing

Notes

Promotion



The Van Conversion Bible

The Ultimate Guide to Converting a Campervan

by Charlie Low and Dale Comley

The Van Conversion Bible is the ultimate guide to planning, designing, and converting a campervan.

Let Charlie Low and Dale Comley (aka climbingvan) provide definitive answers to your questions (even the ones you haven't thought of yet!) and help you build the campervan of your dreams.

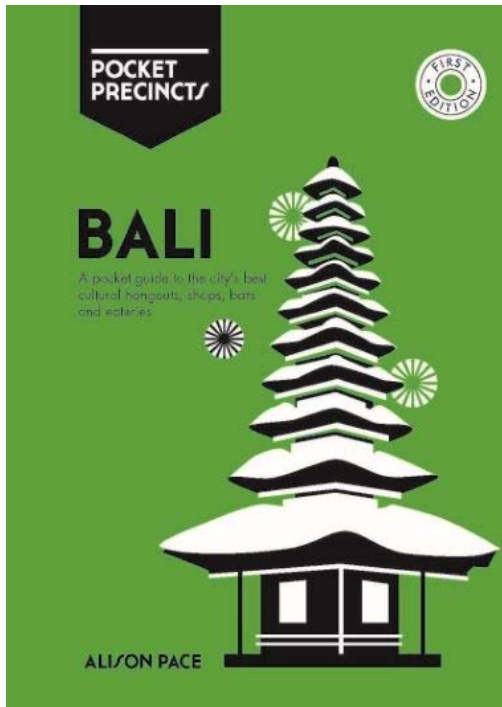
From detailed gas, water, and electrical system diagrams to a step-by-step build guide, you'll find everything you need to start your journey and hit the open road.

Whatever your skills and budget, learn how to build a van bespoke to your needs. Your very own home on wheels awaits.

Author Bio

Charlie Low and Dale Comley (aka climbingvan.co.uk) are two climbers with a passion for design and DIY, currently living full-time in their self-built campervan. In 2019, they converted "Ringo", an ex-DHL delivery van into their home on wheels, however when the time came to give up their 9–5 office jobs for life on the road, COVID hit. And so, with their travel plans scuppered, they decided to use their backgrounds in science and engineering to write a book about how to convert a campervan. Since April 2021, the couple have been traveling around Europe, searching out the best climbing spots, and working remotely with the mountains as their backdrop.





Bali Pocket Precincts

A Pocket Guide to the Island's Best Cultural Hangouts, Shops, Bars and Eateries
by Alison Pace

Bali Pocket Precincts is your curated guide to Bali's best cultural, shopping, spa and dining experiences. Bali is known for its tumbling rice paddies, colorful culture and world-class surf. But delve deeper and you'll discover that every area of the island has its own distinctive personality. Artistic Ubud is home to centuries-old temples, yoga shalas galore and some of the most inventive plant-based restaurants in the world. On the south coast, Seminyak is all about designer boutiques and vibey beach clubs with swim-up bars and sunset soundtracks. Head north and volcano bagging, rice-terrace trekking and exceptional scuba diving all become possibilities. Yet on top of all this, Bali's popularity as a holiday destination is due, at least in part, to the remarkably warm nature of the locals. Their magical living culture is palpable around every corner, from the incense-infused offerings to the elaborate temple ceremonies. And tourists are welcomed with open arms.

As well as detailed reviews and maps for major attractions through to hidden gems, *Bali Pocket Precincts* includes a selection of field trips that encourage you to get off the beaten path and visit areas further afield including North Bali and the neighboring island of Lombok. Slip this guide into your pocket and head off on an adventure, experiencing the most fascinating sights and surrounds like a local.

Author Bio

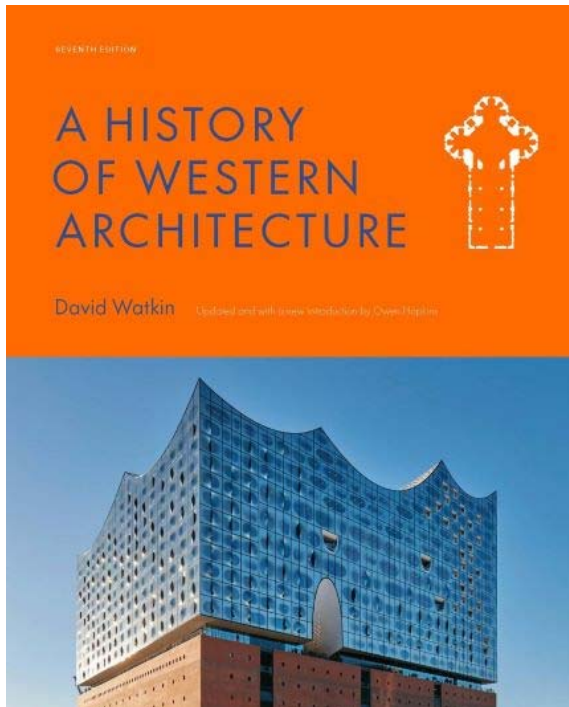
Writer and content creator Alison Pace has lived, worked and traveled extensively throughout Indonesia for the past 10 years. From her base in Bali, she has written for some of Asia-Pacific's top lifestyle publications and brands, including *Design Anthology*, *Epicure* and *Potato Head*, and has been commissioned to cover stories in Singapore, Australia and throughout the Indonesian archipelago. She currently resides in Sanur, but keeps a close eye on the thriving restaurant scenes of Ubud and Canggu with her husband, James Kalleske, the winemaker for Hatten Wines, Bali's first winery. See: www.alisonpacewriter.com

Hardie Grant
On Sale: Mar 1/23
5.1 x 7.2 • 208 pages
9781741176797 • \$21.99 • pb
Travel / Asia / Southeast
Series: Pocket Precincts

Notes

Promotion





A History of Western Architecture Seventh Edition

by Owen Hopkins and David Watkin

In this highly acclaimed reference work David Watkin traces the history of western architecture from the earliest times in Mesopotamia and Egypt to the late twentieth century. For this seventh edition, revising author Owen Hopkins provides a new introduction contextualizing Watkin's approach. The final chapter on the twenty-first century has been completely rewritten by Hopkins, who brings the story right up to date with the inclusion of such topics as re-use, digital cities and virtual architecture.

Author Bio

Owen Hopkins (Author)

Owen Hopkins is Director of the Farrell Centre at Newcastle University. Previously he was Senior Curator at Sir John Soane's Museum and before that he was Architecture Programme Curator at the Royal Academy of Arts, London. He is the author of several books including *Reading Architecture: A Visual Lexicon* (2012), *Architectural Styles: A Visual Guide* (2014; both Laurence King), *Postmodern Architecture: Less is a Bore* (2020) and *The Museum* (2021). **David Watkin (Author)**

David Watkin was Emeritus Professor of the History of Architecture at the University of Cambridge and an Honorary Fellow of the Royal Institute of British Architects. His many books include *Sir John Soane: Enlightenment Thought and the Royal Academy Lectures* (1996), *Morality and Architecture Revisited* (2001) and *The Roman Forum* (2009). He died in 2018.

Laurence King Publishing

On Sale: Jan 17/23

7.56 x 9.37 • 752 pages

1024

9781529420302 • \$80.00 • pb

Architecture / General

Notes

Promotion





History of Modern Design Third Edition

by David Raizman

This insightful, wide-ranging book surveys the applied arts and industrial design from the eighteenth century to the present day, exploring the dynamic relationship between design and manufacturing, and the technological, social and commercial contexts in which this relationship has developed.

Extensively revised and expanded for this second edition, History of Modern Design is an inclusive, well-balanced introduction to a field of increasing scholarly and interdisciplinary research, and provides students in design with historical perspectives of their chosen fields of study.

Author Bio

David Raizman was Professor in the Art and Art History Department in the Westphal College of Media Arts & Design at Drexel University in Philadelphia. He co-edited, with Professor Carma Gorman, Objects, Audiences, and Literatures: Alternative Narratives in the History of Design (2007), and has been a research fellow at the Wolfsonian-Florida International University museum in Miami Beach, Florida.

Laurence King Publishing
On Sale: Apr 17/23
432 pages
9781529419764 • \$110.00 • pb
Art / History / General

Notes

Promotion



SECOND BOOK IN THE 'THIS HUMAN' SERIES



LAURENCE KING

This Human - Design Character

How to know who you are as a designer

by Melis Senova

Design Character explores the values, ethics, and motivations behind every designer, helping the reader to navigate introspection and find out how their morals and situated within the world of design.

Perfect for a designer or someone that's simply looking to become more aware of the values that lie behind every action they take, this book is created for those wanting to develop their introspective skills.

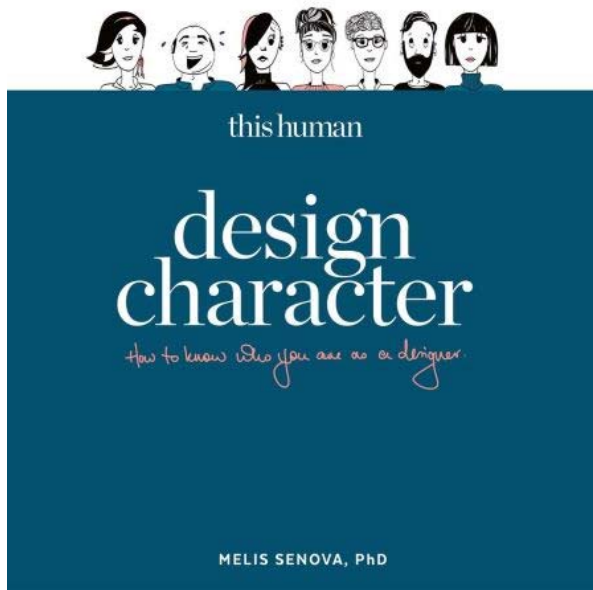
Design Character is structured over seven chapters, moving through different pillars of identities and building to the final character blueprint, which draws everything together. This summative experience helps designers to increase their confidence, potency, and their understanding of the impact they have.

As the world becomes increasingly complicated, Design Character helps us look inwards to give us the tools to deal with the outside world.

Author Bio

Dr Melis Senova is an industry leader, having 20 years of glittering experience, a unique approach that combines systems thinking, design, and neuroscience, and a PhD in Human Factors. Amongst a range of industry achievements, she has even been appointed to boards that advise the Australian government on topics like innovation, economic growth, culture, and creativity.

Alongside her work with local, state, and federal governments, Melis has founded her own strategic design firm (Huddle), which has won multiple international awards. A highly-regarded thought leader, advisor, and mentor to high-performing leaders across the globe, Melis has become an acclaimed figure in human-centred design.



Laurence King Publishing

On Sale: Apr 4/23

9.06 x 7.56 • 208 pages

100 colour, 100 black and white

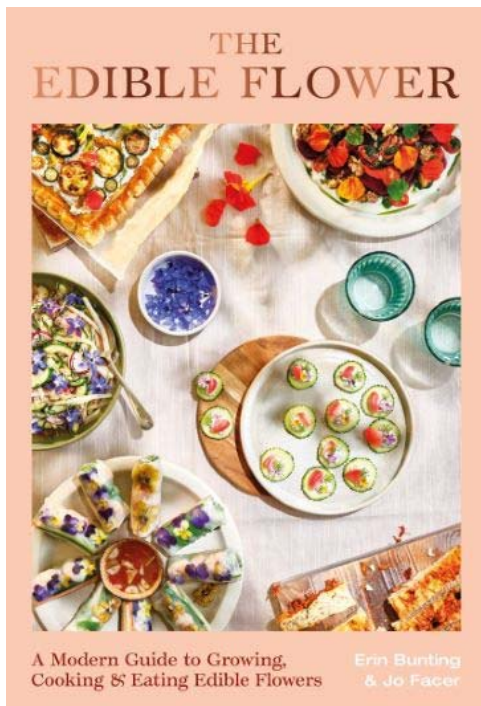
9789063696528 • \$55.00 • pb

Bus & Econ / Consumer Behavior

Notes

Promotion





The Edible Flower

A Modern Guide to Growing, Cooking and Eating Edible Flowers

by Erin Bunting and Jo Facer

On a seven-acre small holding in rural Northern Ireland, organic gardener Jo Facer and head chef Erin Bunting run fork-to-fork supper club, organic small-holding and fledgling cooking and growing school, The Edible Flower.

In their first cookbook, learn to grow and cook edible flowers with Jo and Erin's delicious recipes inspired by the seasonal produce they grow in their kitchen garden and the wild food they forage from their local shores and hedgerows.

Feast, celebrate and bring people together with over 50 recipes for small plates, mains, desserts, baking, snacks and drinks, at once fresh and flavourful and absolutely stunning to serve.

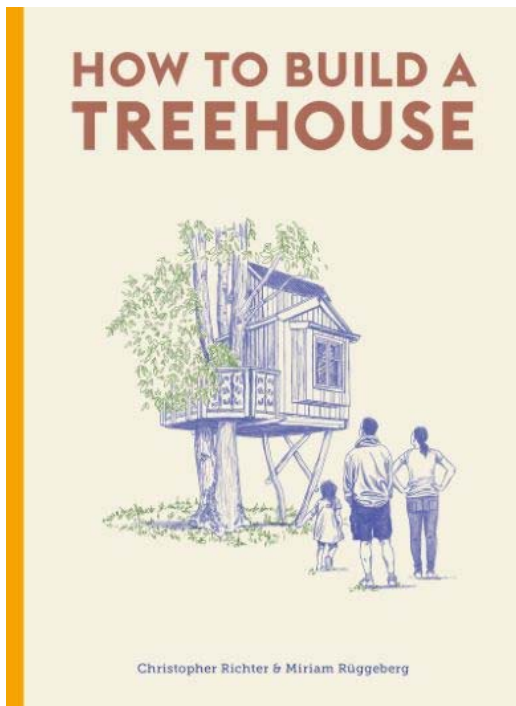
Recipes include:

Ribboned Courgette & Avocado Salad with Poppy Seeds & Calendula,
Pot Marigold Soda Bread,
Lilac Panna Cotta with Strawberries,
Rice with Lemon Verbena, Cardamom & Edible Flower Petals,
Marigold Petal Pasta,
Courgette Flower Tacos,
Carnation and Blackberry Cooler,
Slow Roast Lamb with Lavender, Lemon & Apricots,
Blackberry & Sweet Geranium Tart,
Vietnamese Summer Rolls with Violas,
Aubergine Katsu Curry with Pickled Magnolia
and many more

Author Bio

Ballymaloe trained chef Erin Bunting and organic gardener Jo Facer founded The Edible Flower in 2016. Having run a successful supper club in their East London home, the Leytonstone Brewhouse & Kitchen, they moved to Northern Ireland to find a permanent base closer to nature. The Edible Flower is a fork-to-fork supper club and fledgling cooking and growing school based at Erin and Jo's farmhouse, small-holding and kitchen garden in Saintfield, County Down. As well as supper clubs they run cooking, brewing and growing workshops, classes and demos. Their mission is to enrich their lives and the lives of their customers through the joy of delicious, inspiring, surprising and sustainable food. The Edible Flower is their first cookbook. Ballymaloe trained chef Erin Bunting and organic gardener Jo Facer founded The Edible Flower in 2016. Having run a successful supper club in their East London home, the





How to Build a Treehouse

by Christopher Richter and David Sparshott

Many of us dream of owning a treehouse, whether it's a tree fort or playhouse for the children, a secret retreat or just a unique space for relaxing and reconnecting with nature. This book is a comprehensive guide to designing and building your perfect treehouse – no previous building expertise required. Beautifully illustrated, and written by a professional treehouse builder, the book explains how you select the right tree, which materials and tools to use, and how to construct the platform, walls, floor and roof. For anyone wanting to be more ambitious, there are options for installing special features such as ladders, slides and climbing walls.

Author Bio

Christopher Richter, founder of treehouseblog.com, is part of the German Baumbaron team, professional treehouse builders since 2009. After starting out as a protege of Pete Nelson in 2003, he has now designed and built over 160 treehouses.

Laurence King Publishing

On Sale: Mar 7/23

6.56 x 9.06 • 192 pages

289

9780857829054 • \$35.99 • cl

Crafts & Hobbies / Woodwork

Notes

Promotion





Design, Play, Change

A Playful Introduction to Design Thinking

by Wina Smeenk and Agnes Willenborg

- * **EMBRACE CREATIVITY** using the 36 design method cards and easy-play game format
- * **EDUCATIONAL TOOLKIT** that combines design and game theory
- * **BOOK AND CARD DECK** combination means you can learn in-depth theory behind design thinking and put it into practice through a game
- * **ACCESSIBLE AND FUN** way to learn collaborative working skills and how to creatively problem solve
- * **PROFESSIONAL AND PERSONAL USE** perfect for students, teachers and professional

Author Bio

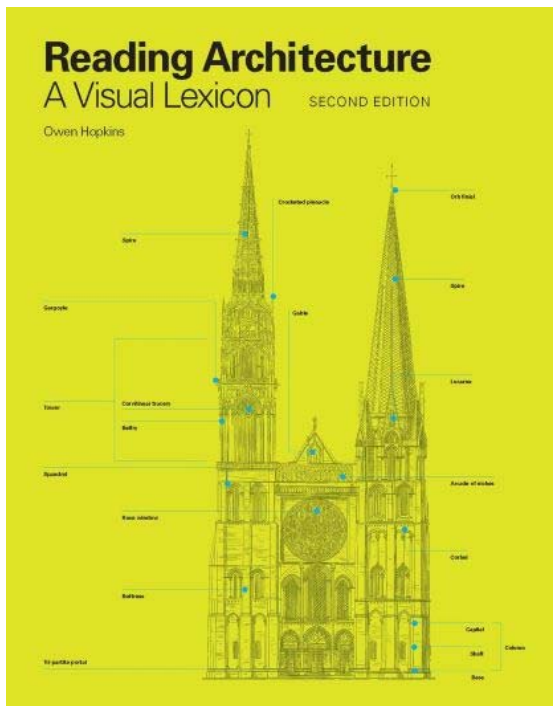
Prof. dr. ir. Wina Smeenk has years of industry experience working as a designer and innovation strategist for a range of renowned international businesses. Within the academic sphere, she has co-developed a range of design-oriented educational programs and currently works as a Professor in Societal Impact Design. Smeenk started her own design firm in 2019. Agnes Willenborg has made striking contributions within both professional and academic spheres of design. Working in many leading roles in internationally renowned brands and leading the development of art and design education, her impact is vast. Willenborg is also cited as the co-founder of Lijn Vier, which was the very first multi-media agency within the Netherlands.

Laurence King Publishing
On Sale: Mar 7/23
8.25 x 5.81 • 144 pages
289
9789063696498 • \$49.00
Design / General

Notes

Promotion





Reading Architecture Second Edition

A Visual Lexicon

by Owen Hopkins

This innovative and unique book is a visual guide to the buildings that surround us. Architectural features are pinpointed and labelled on images of buildings so that, unlike with other architectural dictionaries, the reader doesn't have to know the name before looking it up. Clear line drawings and extensive colour photographs illustrate each of the main building types, from forts to churches, stately homes to skyscrapers. The individual structural elements and materials common to all buildings are then explained, whether in Classical, Gothic or Modernist style. A comprehensive glossary completes the book. **This revised edition includes an expanded section on modern structures and materials, as well as the latest styles and concepts from the last ten years.**

Author Bio

Owen Hopkins is Director of the Farrell Centre at Newcastle University. Previously he was Senior Curator at Sir John Soane's Museum and before that he was Architecture Programme Curator at the Royal Academy of Arts, London. He is the author of several books including Reading Architecture: A Visual Lexicon (2012), Architectural Styles: A Visual Guide (2014; both Laurence King), Postmodern Architecture: Less is a Bore (2020) and The Museum (2021)

Laurence King Publishing

On Sale: Jan 31/23

8.26 x 10.62 • 192 pages

532

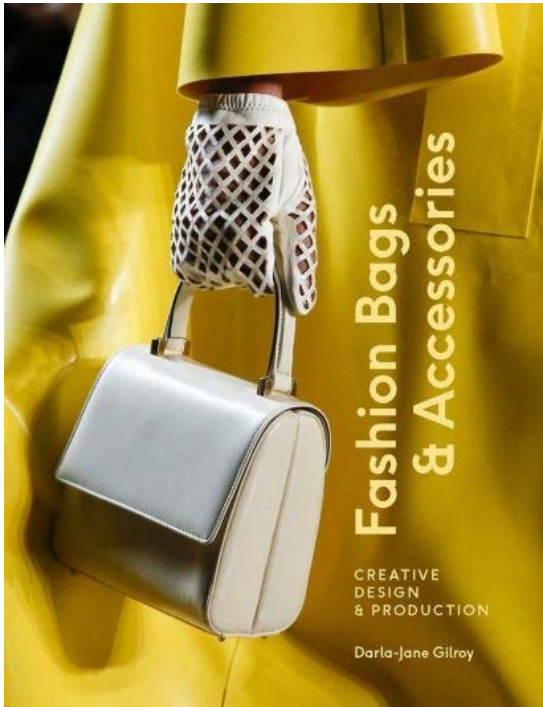
9781529420340 • \$50.00 • pb

Design / General

Notes

Promotion





Fashion Bags and Accessories

Creative Design and Production

by Darla-Jane Gilroy

Fashion Bags and Accessories explores fashion bags and related accessories, such as purses, wallets, clutches, cases, gloves and belts, through various approaches to creative design, product development, technological innovation, materials development, component design (hardware) and branding. Readers will become familiar with key constructions - T base, Turned, Bucket or Baguette bags and gain grounding in both traditional craft-making techniques and contemporary digital manufacturing process. Traditional accessory materials like leather are considered alongside new and emerging sustainable materials. Key elements of fashion bags and accessories like component design, signature branding and logo design are also covered in depth.

Primarily aimed at students on fashion design, product design, or specialized accessories courses, the book will also be a go-to reference for professionals wishing to move into or evolve in this product area.

Author Bio

Darla-Jane Gilroy is Associate Dean of Knowledge Exchange Reader in Fashion and Enterprise.

She has extensive teaching experience having lectured at London College of Fashion, Ravensbourne, The University of Westminster, Southampton University, the University of East London, and the Royal College of Art. A key figure of the Blitz scene and a former fashion designer, Gilroy has played an influential role in British fashion since the 1980s and her design work has been exhibited at the V&A. She has maintained her professional practice through her trends consultancy, The Future Perfect.

Laurence King Publishing

On Sale: Feb 7/23

11 x 8.5 • 200 pages

40

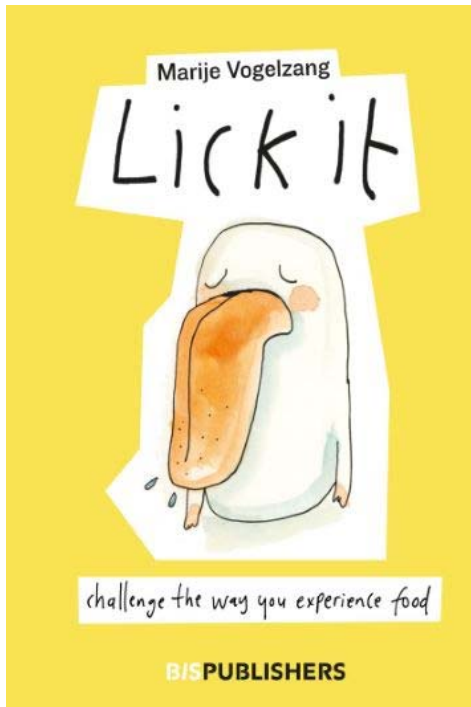
9781529419900 • \$58.00 • pb

Design / Fashion

Notes

Promotion





Lick It

Challenge the way you experience food

by Vogelzang Marije

Through 24 unique challenges, a diverse range of angles, and detailed insights into the world of food design, Lick It will radically transform your relationship to food.

Whether mealtimes are your favourite part of the day or you're in the camp of 'eat to live' rather than 'live to eat', this book will help you reshape how you think about food. Much more than just body fuel, food is political, it's social, it's exciting and constantly shifting and changing.

With a striking balance between creative tools and cutting-edge theory, these 30 chapters will examine everything from food politics and sex to hunger and queer food. Lick It is not a cookbook. Rather, it's an ultimate food experience, helping you challenge your mind and expand your mouth.

Author Bio

Marije Vogelzang is a pioneer in the field of eating design, being described as a 'Grand Dame' in the field (De Volkskrant). After spending the first 7 years of her career directing two experimental restaurants, she decided to take her work to the global stage, focusing on solo exhibitions. In 2008, her book EAT LOVE was published, which provided insight into the first 10 years of her career.

Alongside international recognition for her work, she was also a finalist of the World technology awards in the design section. **After 16 years of experience she is considered a pioneer and the 'Grand dame' in the field of eating design (De Volkskrant). Vogelzang works on restaurant concepts as well as long-term medical projects for hospitals. She initiates social projects like workshops to educate and inspire but she also does some extensive work for food industries. She designs art installations and has recently curated some very well perceived exhibitions about eating and design. She recently became head of a new bachelor department about food at the Design Academy Eindhoven called FOOD NON FOOD. Her work has been published and acknowledged globally.**

Vogelzang gives inspirational lectures around the world about her work and vision. She has received accolades for her lectures in a.o. Cape Town, New York, Beirut, Bangkok, Dubai, London, Hong Kong, Tokyo, Norway, Rumania and Berlin.



Laurence King Publishing
On Sale: Apr 4/23
9.43 x 6.31 • 224 pages
9789063696504 • \$32.00 • pb
Design / Reference

Notes

Promotion



BIS PUBLISHERS

The Impact Plan

Rethinking today, remaking tomorrow, designing a better world
by Catarina Lelis and Patrick Roberts

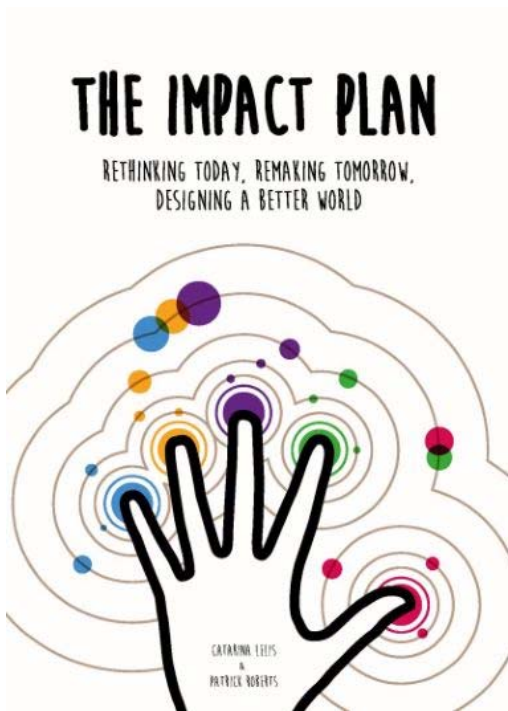
The Impact Plan is a detailed decision-making framework that guides students and creative professionals to quickly assess the future impact of their creative projects.

While formulated with designers in mind, the method elaborated within this book will help professionals cycle through potential contexts and project influences in order to determine the impact in an economic, social, and even humanitarian way. Moving through the fundamentals of strategic decision-making and impact-centered thinking, The Impact Plan gives the reader a framework for planning and prioritising project-based activities and experiences.

Structured over four main sections which follow 'The Hero's Journey', touching on introducing the journey, explaining adversities, deploying the tool, and reflection, moving through this framework will help drive the user sharpen the craft of thinking.

Author Bio

Currently working as an Assistant Professor at the University of Aveiro, Portugal, Catarina Lelis is known for her extensive publications in design literacy, creativity development, and user/consumer experience. Her PhD thesis won a national entrepreneurship contest, alongside the IdeaPuzzle Prize. Alongside academia, she is the co-founder of the Portuguese Association for Innovation and Creativity and a publishing start-up. Patrick Roberts is currently working at the University of West London and London School of Economics. In his vast career, he has worked with clients like Audi, Wagamama, Puma, and Mark Jacobs. His Lighting Design products have also been exhibited in MOMA (Museum of Modern Art)



BIS Publishers

On Sale: Apr 4/23

9.06 x 6.5 • 128 pages

9789063696542 • \$36.00 • pb

Education / Teaching Methods & Materials / General

Notes

Promotion





Read This if You Want to Get Your Message Across by Megan Baldwin

Laurence King Publishing
On Sale: Feb 28/23
128 pages
78 colour illustrations
9780857829481 • \$21.99 • pb
Non Classified

Notes

Promotion





The Book of Tree Poems

by Anna Sampson

Could there be a more pleasant way to spend a warm afternoon than lazing under a tree reading poetry inspired by these shade-giving wonders of the world? Trees have sparked some of the biggest literary imaginations over the ages and - as the climate emergency escalates - it has never been more important to appreciate our vital connection to them.

This beautifully illustrated anthology of sixty tree poems is a celebration of our love of trees. With poems by some of the world's best-loved poets including William Wordsworth, Thomas Hardy, William Meredith and W.H. Auden, *The Book of Tree Poems* will help you see trees as you've never seen them before.

Our natural historians have amazed you with their biology and the ways in which they influence our lives, now it's the poets' turn to make you fall in love with their beauty, strength and character.

The Book of Tree Poems taps into the trend for gifty poetry anthologies and is a beautifully illustrated gift for any tree lover with a passion for literature.

Author Bio

Ana Sampson is the editor of several bestselling poetry anthologies, including *I Wandered Lonely as a Cloud* (the third best-selling poetry title of 2009) and *She is Fierce*. Ana's books have sold over 230,000 copies. She often writes and speaks about poetry in the media.

Laurence King Publishing

On Sale: Apr 11/23

128 pages

9781399609098 • \$25.99 • cl

Poetry / Anthologies (Multiple Authors)

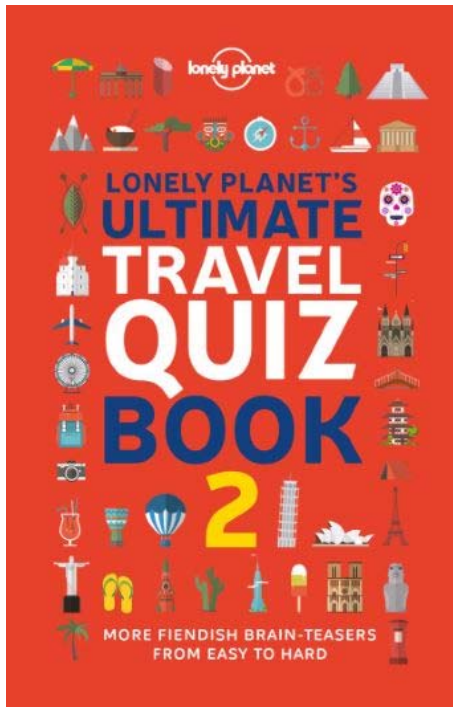
Notes

Promotion



9 781399 609098





Lonely Planet's Ultimate Travel Quiz Book 2

More Fiendish Brain-Teasers from Easy to Hard

by Lonely Planet

Pit your worldly wits against family and friends, or just challenge yourself, with this ultimate travel trivia book. With head-scratching questions on everything from countries and culture to history and wildlife, it's a fun and challenging test for all ages- and the perfect addition to any trip.

What is the national bird of the USA?

What does the word 'Sahara' mean?

Which is the only one of the original Seven Wonders of the Ancient World that is still standing?

Take an epic tour around the world with:

- 100 themed quizzes
- More than 2000 questions across eight categories: Regions, Countries, Cities, Travel & Transport, The Natural World, Landmarks & Buildings, Culture and Pot Luck
- Picture related questions that include maps, photos and silhouettes

This is a book to be enjoyed in multiple settings: on your own (testing yourself against yourself, perhaps sat in an armchair or at an airport waiting for a connection), with friends and family, or maybe even at a work event with those colleagues. But wherever and however you do it, remember the same rules apply: no phones, no cheating. Happy quizzing!

About Lonely Planet: Lonely Planet, a Red Ventures Company, is the world's number one travel guidebook brand. Providing both inspiring and trustworthy information for every kind of traveller since 1973, Lonely Planet reaches (...)

Author Bio

About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more, enabling you to explore every day.

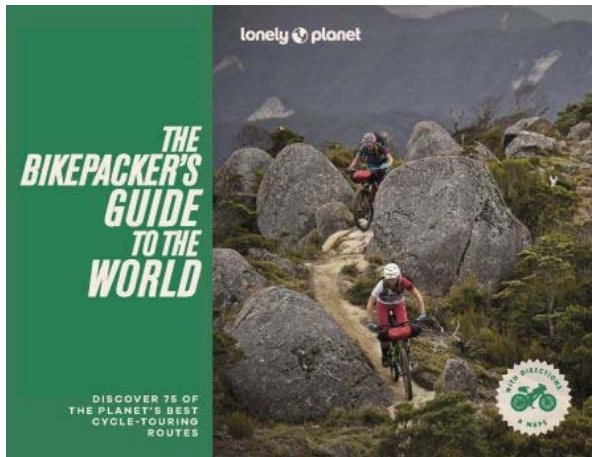
'Lonely Planet guides are, quite simply, like no other.' - New York Times

'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' - Fairfax Media (Australia)



9 781838 695699





The Bikepacker's Guide to the World by Lonely Planet

Take your bicycle on the ride of a lifetime with the help of The Bikepackers Guide to the World. Discover 75 of the most amazing cycling routes in every continent and use the detailed maps, directions, accommodation and practical information to plan your trip. Lonely Planets experts tell you how to prepare, what to take, when and where to go.

Bikepacking is the fast-growing adventure activity that gives people the freedom to discover the world in a sustainable and slow-paced fashion on their bicycles. The number of new purpose-built, long-distance cycling routes is increasing all the time and this comprehensive book selects the top 75 to add to your bicycling bucket list. Lonely Planet describes the route in step-by-step detail with a large, accurate map and elevation profile helping cyclists pick a route that suits their experience. The routes are graded from easy to challenging and cover a range of distances from a weekend to a month or more. The rides vary from easy-going rail trails to rugged off-road routes. Accommodation recommendations and options for eating and drinking along the way are also included.

The Bikepackers Guide to the World explains how to pack for each trip, what you will need and all the practical considerations. It also highlights some of the top sights along the way and suggests how to maximise your time in a new and exciting region by experiencing local foods and customs. Large images paint a picture of each place. Practical advice for first-time bikepackers is also provided, covering how to prepare physically, what sort of bicycle is best for each route, how (...)

Author Bio

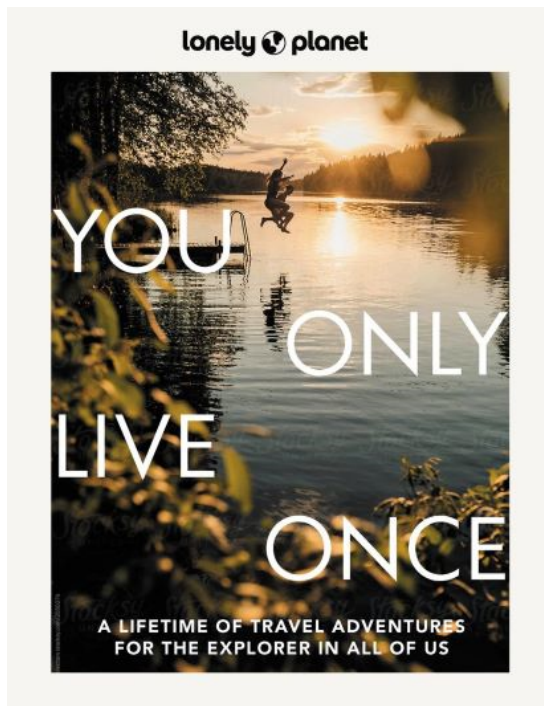
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Lonely Planet
On Sale: Feb 1/23
10.5 x 8.13 • 304 pages
9781838695019 • \$50.00 • cl
Travel / Special Interest / Bicycling
Series: Lonely Planet

Notes

Promotion





Lonely Planet
On Sale: Mar 1/23
7.5 x 9.63 • 304 pages
9781838696023 • \$36.00 • cl
Travel / Special Interest / Adventure
Series: Lonely Planet

Notes

Promotion



You Only Live Once 2

by Lonely Planet

The second edition of *You Only Live Once* inspires readers to seize the day and make the most of their opportunities to discover the world. Whether they have a spare hour, day, week, month or year, this is a manual to a life well lived. It uncovers hundreds of ideas for trips and experiences that will illuminate life and inspire personal growth.

Presented in a modern and visually inspiring hardback format, the book features stunning illustrations, maps, infographics and empowering quotes that convey how a lifetime of travel can help readers grow and discover this planet for themselves.

What all the ideas contained within have in common is that they're starting points. They will reignite long-forgotten desires - to learn to play blues guitar in Memphis - or spark new and unexpected ambitions: why shouldn't you move to Provence for a year?

'You only live once; but if you do it right, once is enough.' - Mae West

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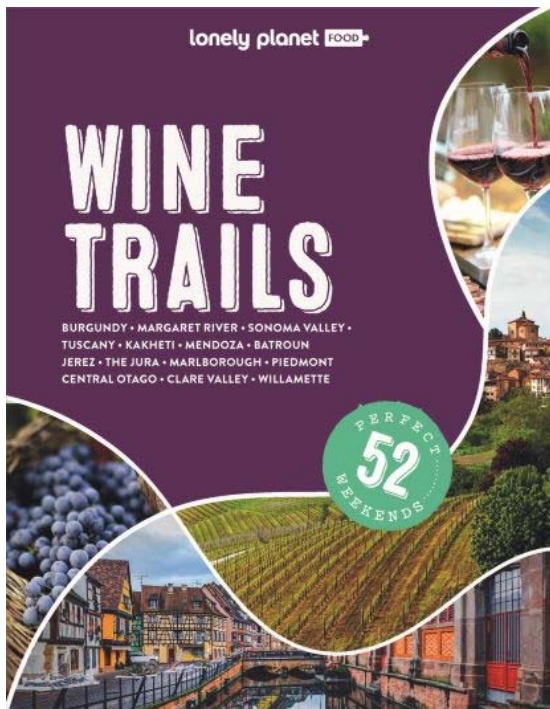
Author Bio

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Wine Trails 2

52 Perfect Weekends

by Lonely Planet

The second edition of Lonely Planet's *Wine Trails* features 52 weekend-long guided itineraries through the world's most exciting wine regions.

This successful series is perfect for travel enthusiasts with a passion for wine. Discover the most interesting wineries and the best places to stay and where to eat in wine regions near major cities.

Winemakers offer personal insights into what wines to taste and why they're special, and help you understand a place, its people and their traditions through the wine that's made there. Itineraries are accompanied by gorgeous photos, maps and in-the-know authors.

This new edition features well-known wine regions such as Rioja, Burgundy, Margaret River and Sonoma combined with up-and-coming and offbeat regions such as Priorat near Barcelona and Tamar Valley in Tasmania.

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Author Bio

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Lonely Planet

On Sale: Feb 1/23

7.5 x 9.63 • 320 pages

9781838696016 • \$36.00 • cl

Cooking / Beverages / Wine & Spirits

Series: Lonely Planet Wine Trails

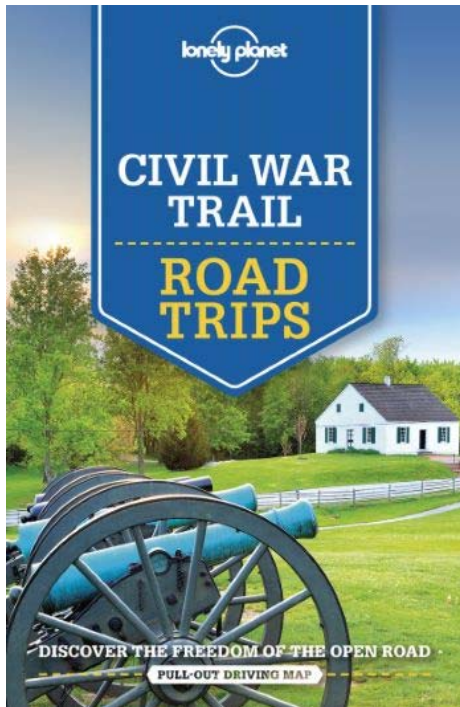
Notes

Promotion



9 781838 696016





Lonely Planet
On Sale: Mar 1/23
5.04 x 7.76 • 128 pages
Total Colour Pages
9781786575586 • \$18.99 • pb
History / US / Civil War Period (1850-1877)
Series: Road Trips

Notes

Promotion



Civil War Trail Road Trips

by Lonely Planet

Lonely Planet: The world's leading travel guide publisher

Lonely Planet's *Civil War Trail Road Trips* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Visit the Civil War battlefields where it all took place, immerse yourself in the lively music culture of the South, and admire the Antebellum architecture of Charleston and Natchez - all with your trusted travel companion. Get to the heart of the Civil War Trail and begin your journey now!

Inside **Lonely Planet's *Civil War Trail Road Trips*** :

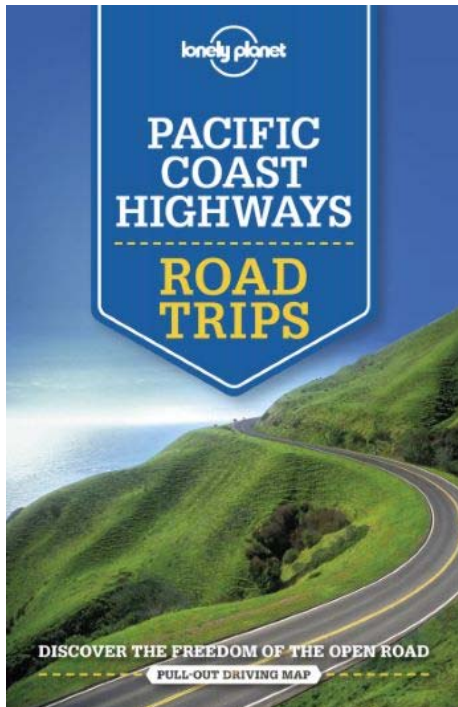
- **Colour** maps and images throughout
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss
- **Cultural insights** provide a richer, more rewarding travel experience - history, people, music, landscapes, wildlife, cuisine, politics
- **Covers** Washington, Virginia, South Carolina, Mississippi, Tennessee, and more

The Perfect Choice: **Lonely Planet's *Civil War Trail Road Trips*** is our most comprehensive guide to driving the Civil War Trail, and is perfect for discovering both popular and offbeat experiences.

Looking for more extensive coverage? Check out **Lonely Planet's *USA*** guide for an in-depth look at all the country has to offer.

About Lonely Planet (...)





Lonely Planet
On Sale: Mar 21/23
5 x 7.75 • 160 pages
9781787016101 • \$18.99 • pb
Travel / US / West / Pacific
Series: Travel Guide

Notes

Promotion



Lonely Planet Pacific Coast Highways Road Trips 3 by Lonely Planet

Lonely Planet: The world's leading travel guide publisher

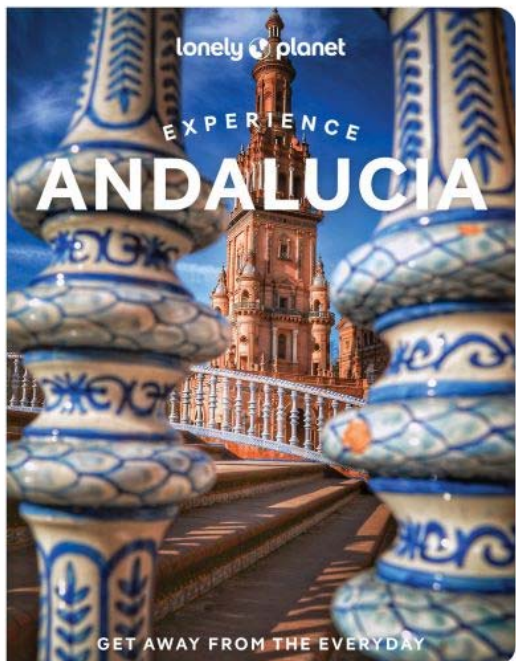
Whether exploring your own backyard or somewhere new, discover the freedom of the open road with **Lonely Planet's Pacific Coast Highway's Road Trips**. Featuring four amazing road trips, plus up-to-date advice on the destinations you'll visit along the way, you can journey through verdant redwood parks or follow bewitching ribbons of coastal highway, all with your trusted travel companion. Jump in the car, turn up the tunes, and hit the road!

Inside Lonely Planet's *Pacific Coast Highway's Road Trips*:

- **Lavish color** and gorgeous photography throughout
- **Itineraries and planning advice** to pick the right tailored routes for your needs and interests
- **Get around easily** - easy-to-read, full-color route maps, detailed directions
- **Insider tips** to get around like a local, avoid trouble spots and be safe on the road - local driving rules, parking, toll roads
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, prices
- **Honest reviews for all budgets** - eating, sleeping, sight-seeing, hidden gems that most guidebooks miss
- **Useful features** - including **Stretch Your Legs, Detours, Link Your Trip**
- **Covers** San Francisco, Northern Redwood Coast, Pacific Coast, Big Sur, Santa Barbara County, Los Angeles, Disneyland & Orange County, San Diego and more

Planning a Pacific Coast Highway trip sans a car? **Lonely Planet's California** guide, our most comprehensive guide (...)





Experience Andalusia 1

Get Away from the Everyday

by Lonely Planet

Lonely Planet's *Experience Andalusia* is your guide to unforgettable experiences and local surprises. Amble through lively cities, immerse yourself in Moorish heritage and feast on mouth-watering tapas - all guided by local experts with fresh perspectives. Uncover Andalusia's best experiences and get away from the everyday!

Inside **Lonely Planet's *Experience Andalusia*** :

Unique experiences to string together an unforgettable trip

Inspiring **full-colour travel photography** and **maps** throughout

Highlights and **trip builders** to help tailor a trip to your personal needs and interests

Fresh perspectives to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights

Insider tips help you discover hidden gems and get around like a local

Expert insights take you to the heart of the place - Moorish history, music, beaches, city life, local cuisine

Practical info and tips on money, getting around, unique and local ways to stay, and responsible travel

Covers Malaga, Gibraltar, Seville, Granada, Cadiz, Costa de la Luz, Costa del Sol, Sierra Nevada and more!

The Perfect Choice: **Lonely Planet's *Experience Andalusia***, our inspiring guide, filled with local tips and fresh perspectives focuses on Andalusia's best experiences to string together for an unforgettable trip.

Looking for a comprehensive guide that recommends both popular and offbeat experiences, and extensively covers all the country has to offer? Check out **Lonely Planet's *Spain*** guide.

About Lonely Planet: Lonely Planet is a leading travel media company (...)

Author Bio

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'Lonely Planet guides are, quite simply, like no other.' - New York Times

'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands.'



9 781838 696139

Lonely Planet

On Sale: Feb 1/23

5.5 x 7.13 • 258 pages

9781838696139 • \$36.00 • pb

Travel / Europe / Spain & Portugal

Series: Experience

Notes

Promotion





Experience England 1

Get Away from the Everyday

by Lonely Planet

Lonely Planet's *Experience England* is your guide to unforgettable experiences and local surprises. Take a jaunt through the picturesque Cotswolds, explore London's breathtaking history museums and get lost in a stately home - all guided by local experts with fresh perspectives. Uncover England's best experiences and get away from the everyday!

Inside Lonely Planet's *Experience England* :

Unique experiences to string together an unforgettable trip
Inspiring **full-colour travel photography** and **maps** throughout

Highlights and **trip builders** to help tailor a trip to your personal needs and interests

Fresh perspectives to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights

Insider tips help you discover hidden gems and get around like a local
Expert insights take you to the heart of the place - ancient history, tea, architecture, coastlines, city life, museums

Practical info and tips on money, getting around, unique and local ways to stay, and responsible travel

Covers London, Kent, Oxford, the Cotswolds, Bristol, Bath, Somerset, Isle of Wight, Dorset, Devon, Cornwall, Essex, Birmingham, York, Manchester, Liverpool, Isle of Man and more!

The Perfect Choice: **Lonely Planet's *Experience England***, our inspiring guide, filled with local tips and fresh perspectives focuses on England's best experiences to string together for an unforgettable trip.

Looking for a comprehensive guide that recommends both popular and offbeat experiences, and extensively covers all the country has to offer? Check out **Lonely Planet's *England*** (...)

Author Bio

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It's on mobile phones. It's on the Internet. It's everywhere, and it's telling



9 781838 696146

Lonely Planet

On Sale: Feb 1/23

258 pages

9781838696146 • \$36.00 • pb

Travel / Europe / Great Britain

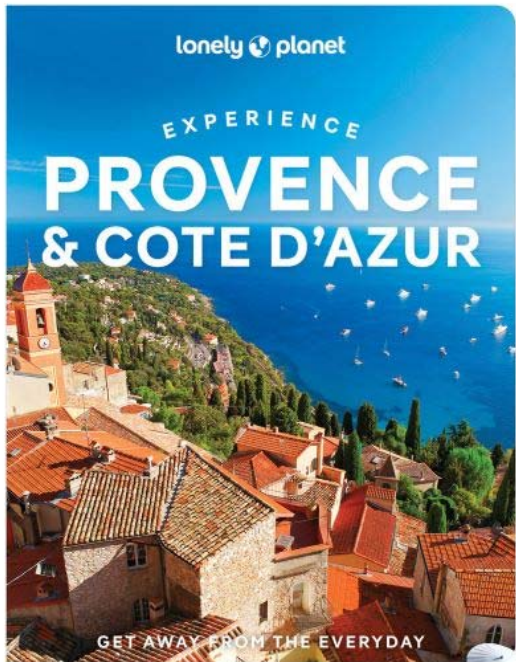
Series: Experience

Notes

Promotion



Raincoast Books



Experience Provence & the Cote d'Azur 1

Get Away from the Everyday

by Lonely Planet and Nicola Williams

Lonely Planet's Experience *Provence and the Cote d'Azur* is your guide to unforgettable experiences and local surprises. Sample Nicoise cuisine, discover historic Avignon and dip into the Mediterranean Sea - all guided by local experts with fresh perspectives. Uncover Provence and the Cote d'Azur's best experiences and get away from the everyday!

Inside **Lonely Planet's Experience *Provence and the Cote d'Azur*** :

Unique experiences to string together an unforgettable trip

Inspiring **full-colour travel photography** and **maps** throughout

Highlights and **trip builders** to help tailor a trip to your personal needs and interests

Fresh perspectives to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights

Insider tips help you discover hidden gems and get around like a local

Expert insights take you to the heart of the place - wine, local cuisine, ancient history, art, markets, mountain villages

Practical info and tips on money, getting around, unique and local ways to stay, and responsible travel

Covers Nice, Cannes, Monaco, Marseille, Arles, Avignon, Toulon, Aix-en-Provence, and more!

The Perfect Choice: **Lonely Planet's Experience *Provence and the Cote d'Azur***, our inspiring guide, filled with local tips and fresh perspectives focuses on ***Provence and the Cote d'Azur's*** best experiences to string together for an unforgettable trip.

Looking for a comprehensive guide that recommends both popular and offbeat experiences, and extensively covers all the country has to offer?

Check out **Lonely Planet's France** guide.

Looking for a guide for Nice and Monaco?

Lonely Planet

On Sale: Feb 1/23

5.5 x 7.13 • 258 pages

9781838696115 • \$36.00 • pb

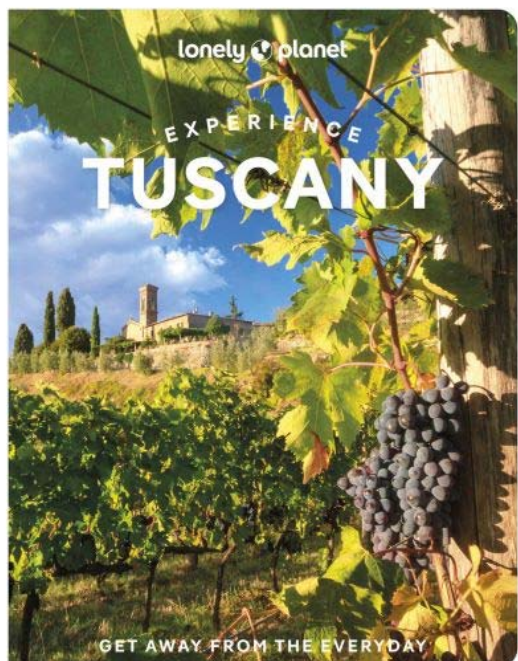
Travel / Europe / France

Series: Experience

Notes

Promotion





Experience Tuscany 1

Get Away from the Everyday

by Lonely Planet

Inside **Lonely Planet's *Experience Tuscany*** :

Unique experiences to string together an unforgettable trip

Inspiring **full-colour travel photography** and **maps** throughout

Highlights and **trip builders** to help tailor a trip to your personal needs and interests

Fresh perspectives to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights

Insider tips help you discover hidden gems and get around like a local

Expert insights take you to the heart of the place - Renaissance and contemporary art, wine, beaches, World Heritage Sites, markets

Practical info and tips on money, getting around, unique and local ways to stay, and responsible travel

Covers Florence, Siena, Chianti, Pistoia, Livorno, Pisa, Arezzo, Bassa Maremma, and more!

The Perfect Choice: **Lonely Planet's *Experience Tuscany***, our inspiring guide, filled with local tips and fresh perspectives focuses on Tuscany's best experiences to string together for an unforgettable trip.

Looking for a comprehensive guide that recommends both popular and offbeat experiences, and extensively covers all the country has to offer? Check out **Lonely Planet's *Italy*** guide.

Looking for a guide for Florence? Check out **Lonely Planet's *Pocket Florence and Tuscany***, a handy-sized guide focused on the can't-miss experiences for a quick trip.

eBook Features: (Best viewed on tablet devices and smartphones (...))

Author Bio

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It's on mobile phones. It's on the Internet. It's everywhere, and it's telling

entire generations of people how to travel the world.' *Fairfax Media (Australia)*



9 781838 696122

Lonely Planet

On Sale: Feb 1/23

5.5 x 7.13 • 258 pages

9781838696122 • \$36.00 • pb

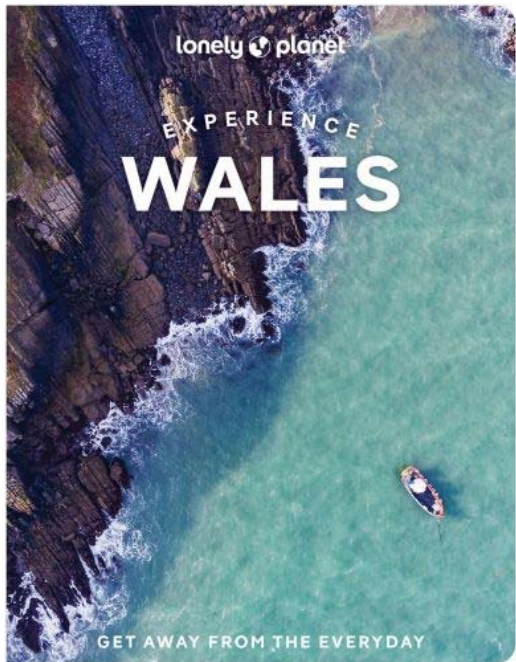
Travel / Europe / Italy

Series: Experience

Notes

Promotion





Experience Wales 1

Get Away from the Everyday

by Lonely Planet

Lonely Planet's *Experience Wales* is your guide to unforgettable experiences and local surprises. See incredible vistas from the peak of Snowdon, explore crumbling medieval castles and go pub-hopping in charming country towns - all guided by local experts with fresh perspectives. Uncover Wales' best experiences and get away from the everyday!

Inside Lonely Planet's *Experience Wales* :

Unique experiences to string together an unforgettable trip

Inspiring **full-colour travel photography** and **maps** throughout

Highlights and **trip builders** to help tailor a trip to your personal needs and interests

Fresh perspectives to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights

Insider tips help you discover hidden gems and get around like a local

Expert insights take you to the heart of the place - castles, pubs, beaches, hiking, museums, road trips, local produce

Practical info and tips on money, getting around, unique and local ways to stay, and responsible travel

Covers Cardiff, Swansea, Brecon Beacons, the Mumbles, Ceredigion, Powys, Snowdonia, Isle of Anglesey and more!

The Perfect Choice: **Lonely Planet's *Experience Wales***, our inspiring guide, filled with local tips and fresh perspectives focuses on Wales' best experiences to string together for an unforgettable trip.

Looking for a comprehensive guide that recommends both popular and offbeat experiences, and extensively covers all the country has to offer? Check out **Lonely Planet's *Wales*** guide.

About Lonely Planet: Lonely Planet is a (...)

Author Bio

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9 781838 696153

Lonely Planet

On Sale: Feb 1/23

5.5 x 7.13 • 258 pages

9781838696153 • \$36.00 • pb

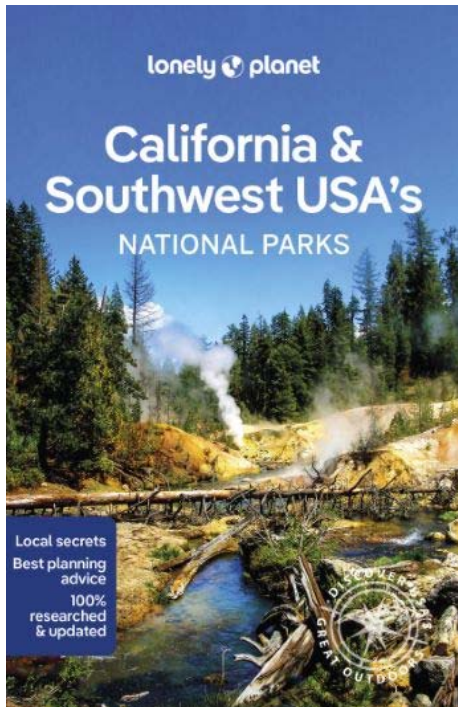
Travel / Europe / Great Britain

Series: Experience

Notes

Promotion





Lonely Planet
On Sale: Jan 1/23
5 x 7.75 • 258 pages
9781838696061 • \$36.00 • pb
Travel / US / West / Pacific
Series: National Parks

Notes

Promotion



California & Southwest USA's National Parks 1

by Lonely Planet

Lonely Planet's *California and Southwest USA's National Parks* is your passport to the most up-to-date advice on what to see and skip. Hike down the Grand Canyon, marvel at Sequoia and chase waterfalls in Yosemite; all with your trusted travel companion. Get to the heart of California and Southwest USA's National Parks and begin your journey now!

Inside the Lonely Planet's *California and Southwest USA's National Parks Travel Guide*:

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

User-friendly highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices, emergency information, park seasonality, hiking trail junctions, viewpoints, landscapes, elevations, distances, difficulty levels, and durations

Focused on the best hikes, drives, and cycling tours

Honest reviews for all budgets - eating, sleeping, camping, sightseeing, going out, shopping, summer and winter activities, and hidden gems that most guidebooks miss

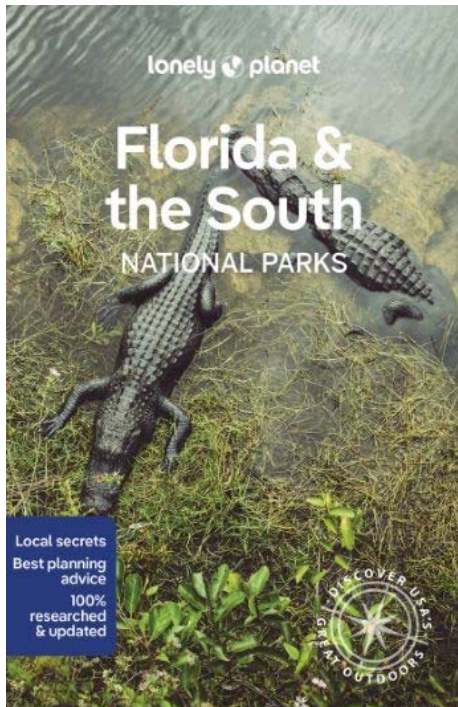
Contextual insights give you a richer, more rewarding travel experience - history, geology, wildlife, and conservation

Over 52 full-color trail and park maps and full-color images throughout

Useful features- Travel with Children, Clothing and Equipment, and Day and Overnight Hikes

Covers Joshua Tree, Redwood (...)





Lonely Planet
On Sale: Jan 1/23
138 pages
9781838696092 • \$36.00 • pb
Travel / Parks & Campgrounds
Series: National Parks

Notes

Promotion



Florida & the South National Parks 1

by Lonely Planet

Lonely Planet's *Florida and the South's National Parks* is your passport to the most relevant, up-to-date advice on what to see and skip. Camp in Congaree, paddle through the Everglades and scale the Great Smoky Mountains; all with your trusted travel companion. Get to the heart of Florida and the South's National Parks and begin your journey now!

Inside the Lonely Planet's *Florida and the South's National Parks* Travel Guide:

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

User-friendly highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices, emergency information, park seasonality, hiking trail junctions, viewpoints, landscapes, elevations, distances, difficulty levels, and durations

Focused on the best hikes, drives, and cycling tours

Honest reviews for all budgets - eating, sleeping, camping, sightseeing, going out, shopping, summer and winter activities, and hidden gems that most guidebooks miss

Contextual insights give you a richer, more rewarding travel experience - history, geology, wildlife, and conservation

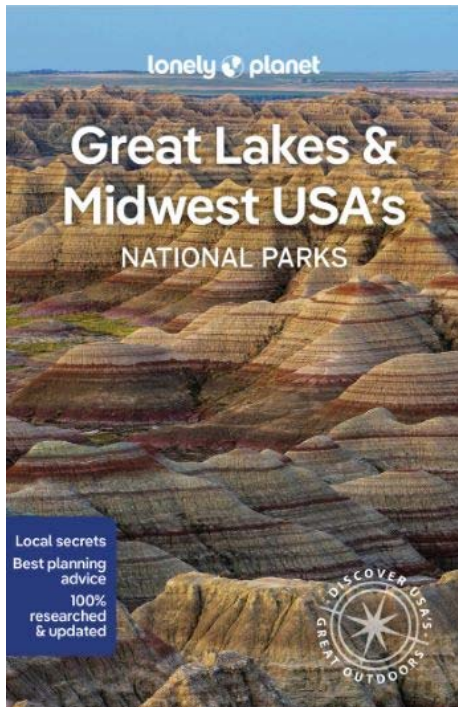
Over 52 full-color trail and park maps and full-color images throughout

Useful features- **Travel with Children, Clothing and Equipment, and Day and Overnight Hikes**

Covers Congaree, the Great Smoky Mountains, Hot Springs, Biscayne, Everglades and more!

The Perfect Choice (...)





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Travel / US / Midwest / General
Series: National Parks

Notes

Promotion



Great Lakes & Midwest USA's National Parks 1

by Lonely Planet

Lonely Planet's *Great Lakes and the Midwest USA's National Parks* is your passport to the most relevant, up-to-date advice on what to see and skip. Roam idyllic Isle Royale, sail in Voyageurs and explore Wind Cave; all with your trusted travel companion. Get to the heart of Great Lakes and the Midwest's National Parks and begin your journey now! **Inside the Lonely Planet's *Great Lakes and the Midwest USA's National Parks* Travel Guide:**

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

User-friendly highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices, emergency information, park seasonality, hiking trail junctions, viewpoints, landscapes, elevations, distances, difficulty levels, and durations

Focused on the best hikes, drives, and cycling tours

Honest reviews for all budgets - eating, sleeping, camping, sightseeing, going out, shopping, summer and winter activities, and hidden gems that most guidebooks miss

Contextual insights give you a richer, more rewarding travel experience - history, geology, wildlife, and conservation

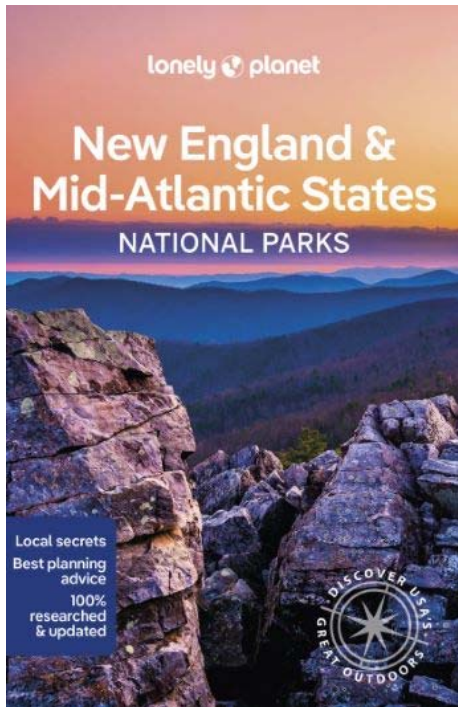
Over 52 full-color trail and park maps and full-color images throughout

Useful features- **Travel with Children, Clothing and Equipment, and Day and Overnight Hikes**

Covers Badlands, Cuyahoga Valley, Gateway Arch, Isle Royale, Theodore Roosevelt, Voyageurs, Wind Cave and more!

The Perfect Choice: Lonely Planet's *Great Lakes and the* (...)





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9781838696078 • \$36.00 • pb
Travel / US / Northeast / New England
Series: National Parks

Notes

Promotion



New England & Mid-Atlantic States National Parks 1 by Lonely Planet

Lonely Planet's *New England and the Mid-Atlantic States' National Parks* is your passport to the most up-to-date advice on what to see and skip. Cycle carriage roads, hike ladder trails and zip down Skyline Drive; all with your trusted travel companion. Get to the heart of New England and the Mid-Atlantic's National Parks and begin your journey now!

Inside Lonely Planet's *New England and the Mid-Atlantic States' National Parks Travel Guide*:

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

User-friendly highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices, emergency information, park seasonality, hiking trail junctions, viewpoints, landscapes, elevations, distances, difficulty levels, and durations

Focused on the best hikes, drives, and cycling tours

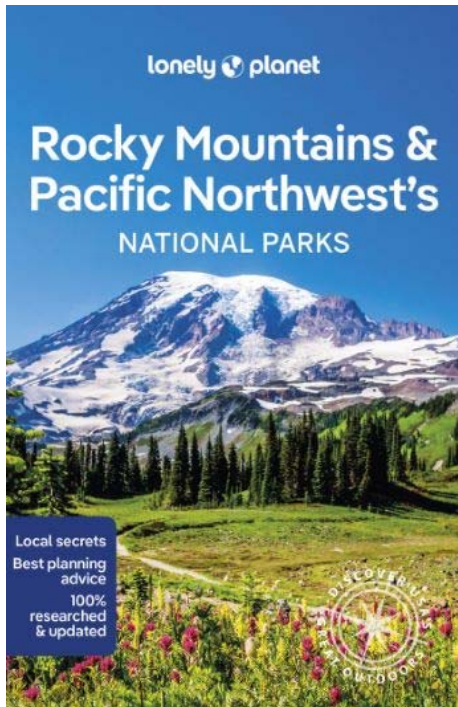
Honest reviews for all budgets - eating, sleeping, camping, sightseeing, going out, shopping, summer and winter activities, and hidden gems that most guidebooks miss

Contextual insights give you a richer, more rewarding travel experience - history, geology, wildlife, and conservation

Over 52 full-color trail and park maps and full-color images throughout

Useful features - Travel with Children, Clothing and Equipment, and Day and Overnight (...)





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Travel / US / West / Mountain
Series: National Parks

Notes

Promotion



Rocky Mountains & Pacific Northwest's National Parks 1

by Lonely Planet

Lonely Planet's Rocky Mountains and the Pacific Northwest's National Parks is your passport to the most up-to-date advice on what to see and skip. Climb Grand Teton, spy wildlife and camp by Crater Lake; all with your trusted travel companion. Get to the heart of the Rocky Mountains and Pacific Northwest's National Parks and begin your journey now!

Inside the Lonely Planet's Rocky Mountains and the Pacific Northwest's National Parks Travel Guide:

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

User-friendly highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices, emergency information, park seasonality, hiking trail junctions, viewpoints, landscapes, elevations, distances, difficulty levels, and durations

Focused on the best hikes, drives, and cycling tours

Honest reviews for all budgets - eating, sleeping, camping, sightseeing, going out, shopping, summer and winter activities, and hidden gems that most guidebooks miss

Contextual insights give you a richer, more rewarding travel experience - history, geology, wildlife, and conservation

Over 52 full-color trail and park maps and full-color images throughout

Useful features- Travel with Children, Clothing and Equipment, and Day and Overnight Hikes

Covers Crater Lake, Mt Rainier, Olympic, Glacier, Grand Teton, the Great Sand Dunes (...)





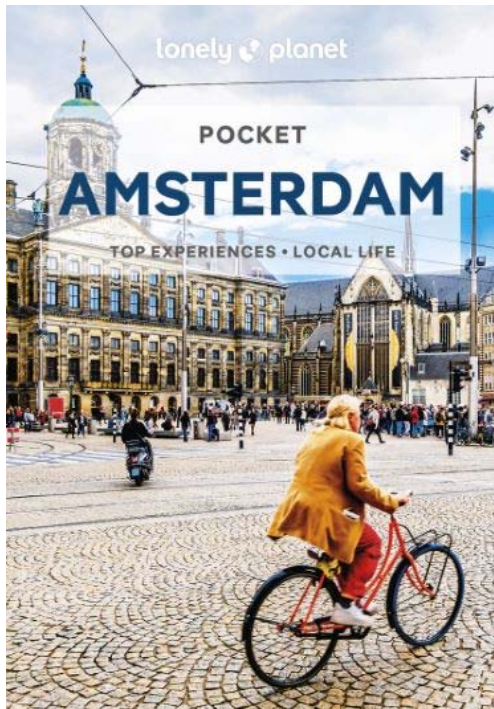
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Travel / Europe / Benelux Countries
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket Amsterdam 8

by Barbara Woolsey

Lonely Planet's Pocket Amsterdam is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Cruise down the canals, admire the works of Van Gogh and shop for tulips and cheese; all with your trusted travel companion. Uncover the best of Amsterdam and make the most of your trip!

Inside **Lonely Planet's Pocket Amsterdam** :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

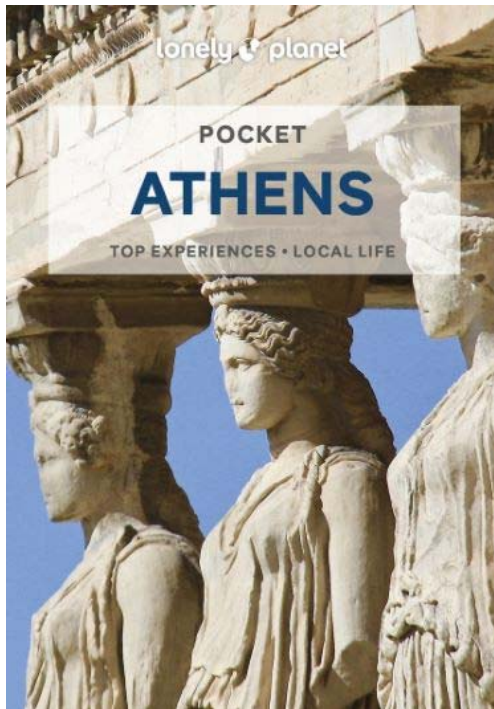
Convenient pull-out Amsterdam map (included in print version), plus over 18 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Medieval Centre and Red Light District, Jordaan and the Western Canal Ring, Southern Canal Ring, Vondelpark and the South, De Pijp, Oosterpark and East of the Amstel, Nieuwmarkt, Plantage and the Eastern Islands, Amsterdam Noord and more

The Perfect Choice: **Lonely Planet's Pocket Amsterdam**, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in (...)





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Travel / Europe / Greece
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket Athens 6

by Alexis Averbuck

Lonely Planet's *Pocket Athens* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Go back in time at the Acropolis, marvel at the Temple of Olympian Zeus and hike the ancient Filopappou Hill; all with your trusted travel companion. Uncover the best of Athens and make the most of your trip!

Inside Lonely Planet's *Pocket Athens* :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

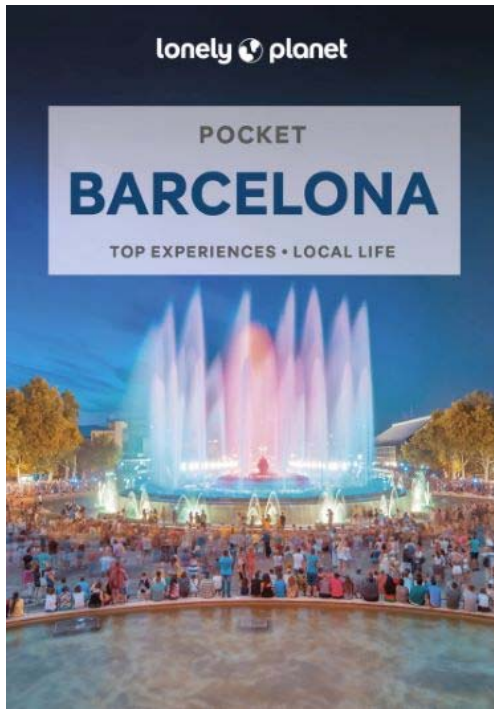
Convenient pull-out Athens map (included in print version), plus over 21 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Acropolis, Ancient Agora, Temple of Olympian Zeus, Greek Parliament, Syntagma, Plaka, Keramikos, Gazi, Filopappou Hill, Thisio, Monastiraki, Psyrri, Exarhia, Kolonaki, Benaki Museum, and more

The Perfect Choice: **Lonely Planet's *Pocket Athens***, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to (...)





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Travel / Europe / Spain & Portugal
Series: Pocket Guide

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Lonely Planet Pocket Barcelona 8

by Isabella Noble

Lonely Planet's Pocket Barcelona is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Marvel at Gaudi's Sagrada Familia and Park Guell, dine on delicious paella or catch a Barcelona FC match at Camp Nou; all with your trusted travel companion. Uncover the best of Barcelona and make the most of your trip!

Inside **Lonely Planet's Pocket Barcelona** :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

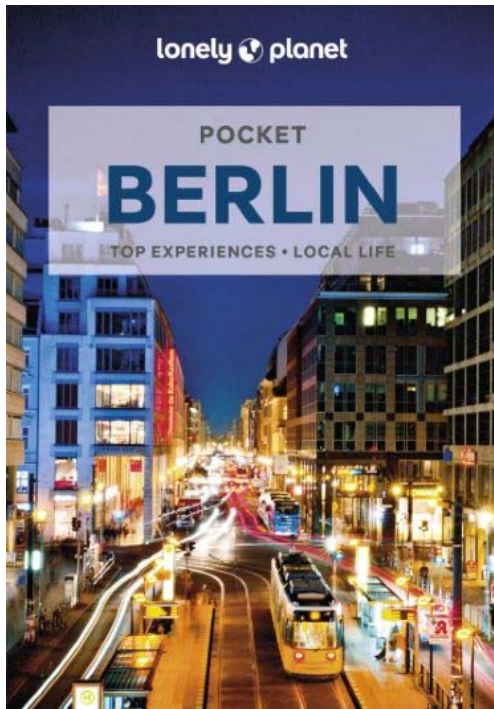
Convenient pull-out Barcelona map (included in print version), plus over 26 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers La Rambla, Barri Gotic, El Raval, La Ribera, Parc de la Ciutadella, La Barceloneta, Passeig de Gracia, L'Eixample, Montjuic, Poble Sec, Camp Nou, Pedralbes, Sarria and more

The Perfect Choice: **Lonely Planet's Pocket Barcelona**, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of (...)





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Series: Pocket Guide

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Promotion



Lonely Planet Pocket Berlin 8

by Andrea Schulte-Peevers

Lonely Planet Pocket Berlin is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Get up close to the Brandenburger Tor, explore Potsdamer Platz, and visit the Berlin Wall; all with your trusted travel companion. Uncover the best of Berlin and make the most of your trip!

Inside Lonely Planet Pocket Berlin:

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sight-seeing, going out, shopping, hidden gems that most guidebooks miss

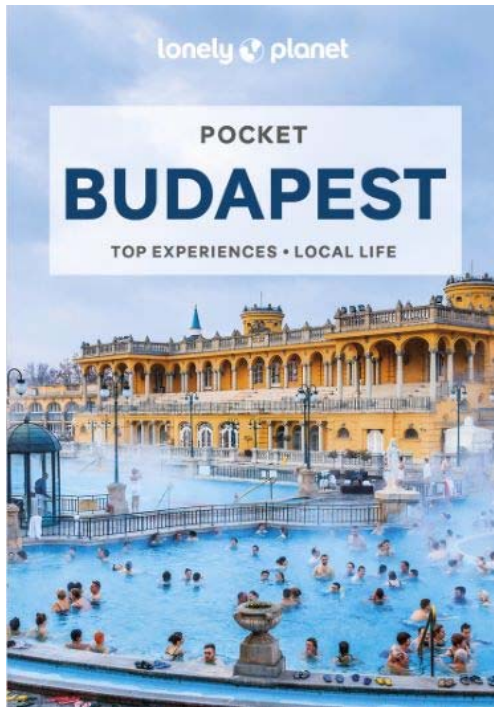
Convenient pull-out Berlin map (included in print version), plus over 25 colour neighborhood maps

User-friendly layout with helpful icons, and organized by neighbourhood to help you pick the best spots to spend your time

Covers Reichstag & Unter den Linden, Museumsinsel & Alexanderplatz, Potsdamer Platz, Scheunenviertel, Ku'damm & City West, Kreuzberg & Neukölln, Friedrichshain, Prenzlauer Berg and more

The Perfect Choice: **Lonely Planet Pocket Berlin**, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Berlin with trusted travel advice to get you straight to the heart of the city.
Looking for a (...)





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Travel / Europe / Eastern
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket Budapest 5

by Steve Fallon and Marc Di Duca

Lonely Planet's Pocket Budapest is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Indulge at the Gellert Baths, go back in time on Castle Hill and relax in a ruin bar; all with your trusted travel companion. Uncover the best of Budapest and make the most of your trip!

Inside **Lonely Planet's Pocket Budapest** :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Convenient pull-out Budapest map (included in print version), plus over 15 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

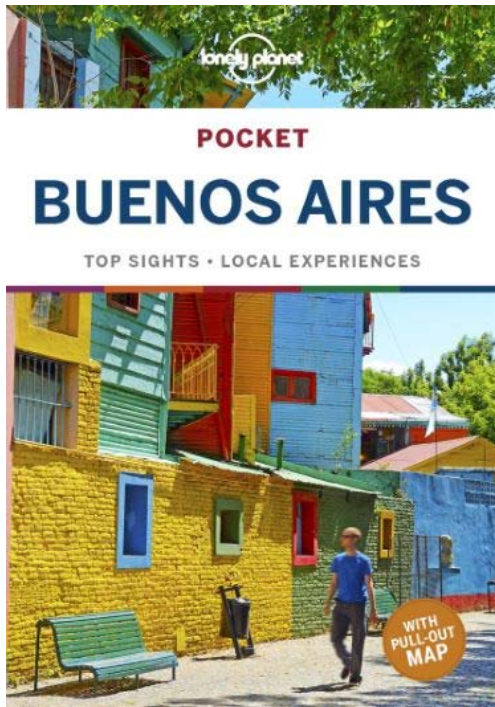
Covers Castle District, Gellert Hill and Taban, Obuda, Belvaros, Parliament area, Margaret Island and Northern Pest, Erzsebetvaros and the Jewish Quarter and more

The Perfect Choice: **Lonely Planet's Pocket Budapest**, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Budapest with trusted (...)



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Travel / South America
Series: Pocket Guide

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Promotion



Lonely Planet Pocket Buenos Aires 1

by Bridget Gleeson

Lonely Planet's *Pocket Buenos Aires* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Take a tango class, stay up all night at a nightclub open til dawn, and sink into a red velvet seat for a performance at Teatro Colon; all with your trusted travel companion. Get to the heart of the best of Buenos Aires and begin your journey now!

Inside **Lonely Planet's *Pocket Buenos Aires*** :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-color maps and images throughout

Highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

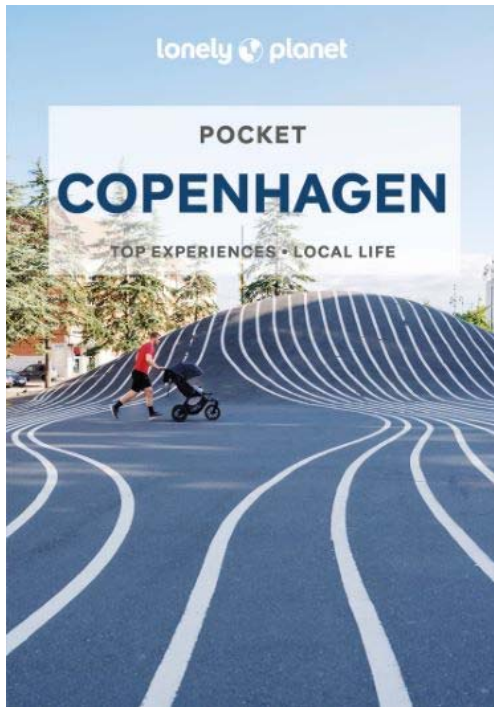
Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Free, convenient pull-out Buenos Aires map(included in print version), plus over 7 color neighborhood maps

User-friendly layout with helpful icons, and organized by neighborhood to help you pick the best spots to spend your time

Covers The Center, Congreso & Tribunales, San Telmo, La Boca, Retiro, Recoleta & Barrio Norte, Palermo, Colonia del Sacramento, San (...)





Lonely Planet Pocket Copenhagen 6

by Lonely Planet

Lonely Planet's *Pocket Copenhagen* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Dine on exciting Danish cuisine, chill out at free-spirited Christiania and raise your adrenaline at Tivoli Gardens; all with your trusted travel companion. Uncover the best of Copenhagen and make the most of your trip!

Inside Lonely Planet's *Pocket Copenhagen* :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Convenient pull-out Copenhagen map (included in print version), plus over 21 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Tivoli Area, Slotsholmen, Stroget, Nyhavn and the Royal Quarter, Christianshavn, Nørrebro, Nørrebro, Vesterbro and more

The Perfect Choice: **Lonely Planet's *Pocket Copenhagen***, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Copenhagen with trusted travel advice to get you straight to (...)

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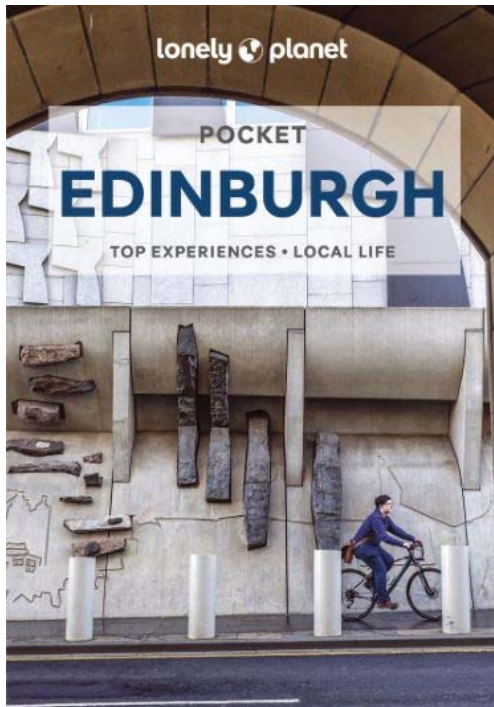
Travel / Europe / Denmark

Series: Pocket Guide

Notes

Promotion





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Travel / Europe / Great Britain
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket Edinburgh 7

by Neil Wilson

Lonely Planet's *Pocket Edinburgh* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Soak up history at Edinburgh Castle, explore meandering laneways and relax in the lush Royal Botanic Gardens; all with your trusted travel companion. Uncover the best of Edinburgh and make the most of your trip!

Inside Lonely Planet's *Pocket Edinburgh* :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Convenient pull-out Edinburgh map (included in print version), plus over 14 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

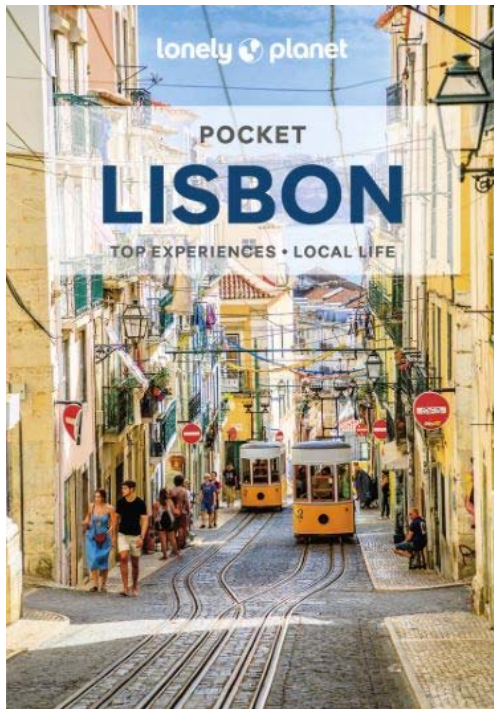
Covers Old Town, Holyrood & Arthur's Seat, New Town, West End & Dean Village, Stockbridge, Leith, South Edinburgh and more

The Perfect Choice: **Lonely Planet's *Pocket Edinburgh***, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Edinburgh with trusted travel advice to get you straight to (...)



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Travel / Europe / Spain & Portugal
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Promotion



Lonely Planet Pocket Lisbon 6

by Lonely Planet

Lonely Planet's *Pocket Lisbon* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Ride the scenic Tram 28E, take in the beauty of the fairy-tale Mosteiro dos Jeronimos, and sample the famous pasteis de nata; all with your trusted travel companion. Uncover the best of Lisbon and make the most of your trip!

Inside **Lonely Planet's *Pocket Lisbon*** :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

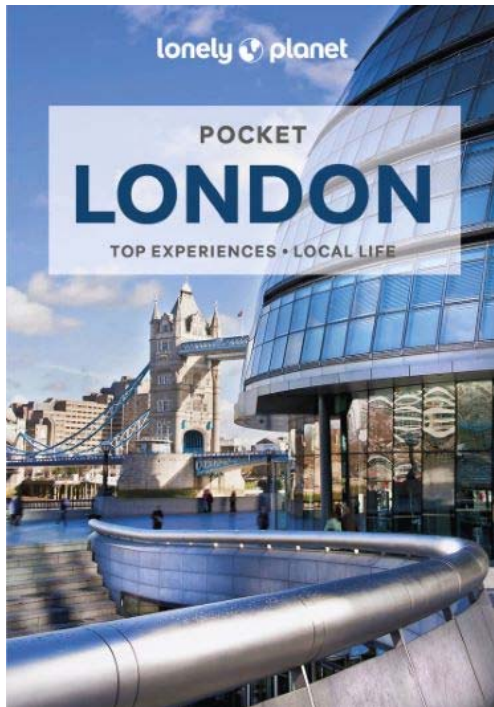
Convenient pull-out Lisbon map (included in print version), plus over 16 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Bairro Alto & Chiado, Baixa & Rossio, Alfama, Castelo & Graca, Belem, Parque das Nacoes, Marques de Pombal, Rato & Saldanha, Estrela, Lapa & Alcantara and more

The Perfect Choice: **Lonely Planet's *Pocket Lisbon*** , an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood (...)





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Travel / Europe / Great Britain
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket London 8

by Emilie Filou and Tasmin Waby

Lonely Planet's Pocket London is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Explore history at the British Museum, delve into history at the Tower of London and soar over the city on the London Eye; all with your trusted travel companion. Uncover the best of London and make the most of your trip!

Inside Lonely Planet's Pocket London :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Convenient pull-out London map (included in print version), plus over 8 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Westminster Abbey and Westminster, National Gallery and Covent Garden, British Museum and Bloomsbury, St Paul's and the City, Tate Modern and South Bank, Kensington Museums, Regent's Park and Camden, Shoreditch and the East End and more

The Perfect Choice: **Lonely Planet's Pocket London**, an easy-to-use guide filled with top experiences - neighbourhood (...)





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Total Colour Pages
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Travel / Mexico
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket Mexico City 1

by Phillip Tang

Lonely Planet's *Pocket Mexico City* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Study Diego Rivera's tableau of Mexican history at the Palacio Nacional, marvel at the Aztec ruins of Templo Mayor, and cheer on masked heroes at a wrestling bout; all with your trusted travel companion. Get to the heart of Mexico City and begin your journey now!

Inside **Lonely Planet's *Pocket Mexico City*** :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colormaps and images throughout

Highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

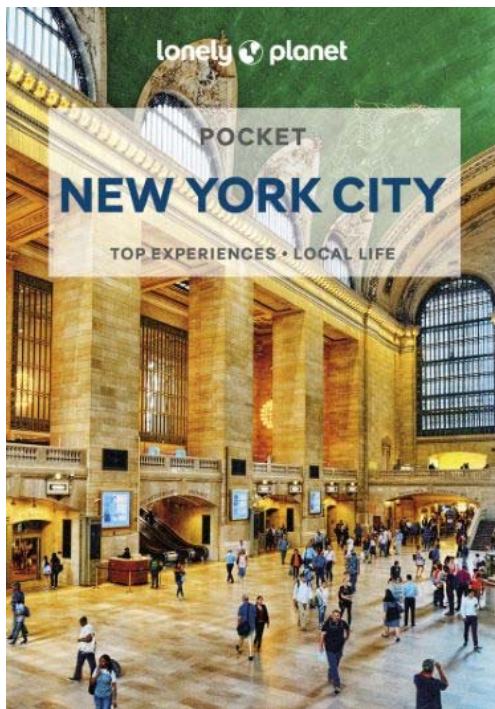
Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss

User-friendly layout with helpful icons, and organized by neighborhood to help you pick the best spots to spend your time

Covers Centro Historico, Alameda Central, Zona Rosa & Reforma, Roma, Condesa, Polanco & Bosque de Chapultepec, San Angel, Coyoacan, and more

The Perfect Choice: **Lonely Planet's *Pocket Mexico City***, a colorful, easy-to-use, and handy guide that literally fits in your (...)





Lonely Planet Pocket New York City 9

by John Garry and Zora O'Neill

Lonely Planet's Pocket New York City is your guide to the city's best experiences and local life - neighborhood by neighborhood. Take in the views from the Empire State Building, relax in Central Park and take in art and antiquities at the Met; all with your trusted travel companion. Uncover the best of New York City and make the most of your trip!

Inside Lonely Planet's Pocket New York City :

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Convenient pull-out New York City map (included in print version), plus over 17 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Lower Manhattan and the Financial District, SoHo and Chinatown, West Village, Chelsea and the Meatpacking District, Upper West Side and Central Park, Upper East Side, Midtown, Union Square, Flatiron District and Gramercy, East Village and Lower East Side, Brooklyn, and more

The Perfect Choice: Lonely Planet's *Pocket* (...)

Lonely Planet

On Sale: Mar 1/23

4.13 x 6 • 256 pages

9781838691929 • \$19.99 • pb

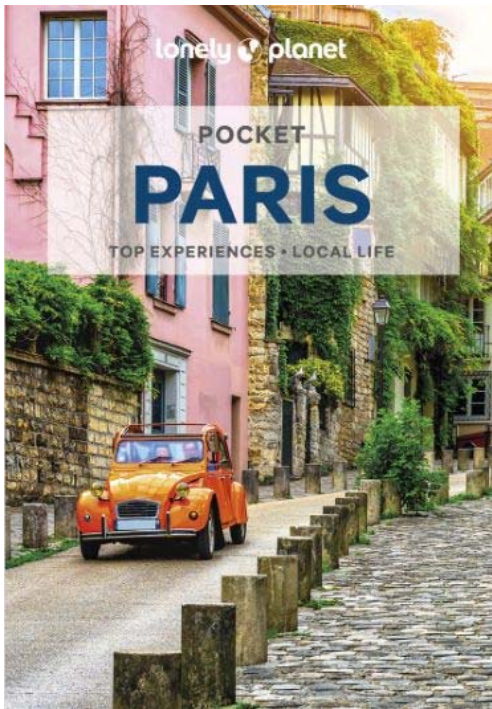
Travel / US / Northeast / Middle Atlantic

Series: Pocket Guide

Notes

Promotion





Lonely Planet Pocket Paris 8

by Ashley Parsons, Jean-Bernard Carillet and Fabienne Fong Yan

Lonely Planet's Pocket Paris is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Wonder at the city's museums and architecture, stroll through the Pere Lachaise and dine on rich French cuisine; all with your trusted travel companion. Uncover the best of Paris and make the most of your trip!

Inside Lonely Planet's Pocket Paris :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Convenient pull-out Paris map (included in print version), plus over 8 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Eiffel Tower and Les Invalides, Arc de Triomphe and the Champs-Elysees, Louvre, Tuileries and Opera, Sacre-Coeur and Montmartre, Centre Pompidou and Le Marais, Notre Dame and the Islands, The Latin Quarter, Musee d'Orsay and St Germain des Pres and more

The Perfect Choice: Lonely Planet's Pocket Paris, an easy-to-use guide filled with top experiences (...)

Lonely Planet

On Sale: Mar 1/23

4.13 x 6 • 224 pages

9781838691974 • \$19.99 • pb

Travel / Europe / France

Series: Pocket Guide

Notes

Promotion





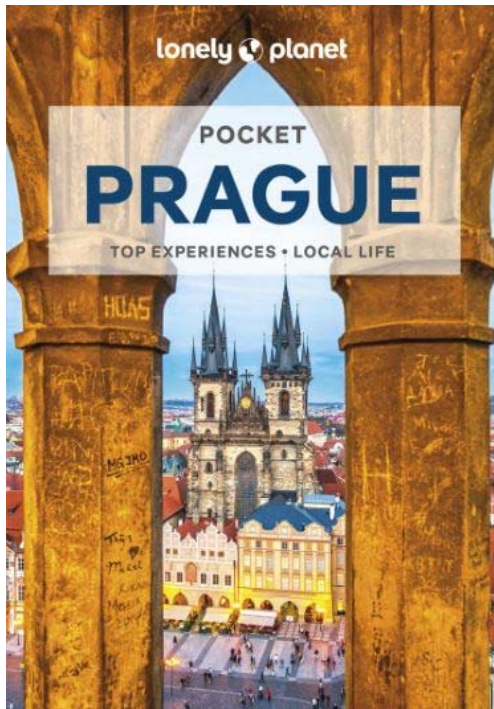
Lonely Planet Pocket Phuket 6 by Lonely Planet

Lonely Planet
On Sale: Feb 1/23
4.13 x 6 • 160 pages
9781788684378 • \$19.99 • pb
Travel / Asia / Southeast
Series: Pocket Guide

Notes

Promotion





Lonely Planet Pocket Prague 7

by Lonely Planet

Lonely Planet's *Pocket Prague* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood; Grab a coffee in the Old Town Square, admire Prague Castle from Charles Bridge and wander through the old Jewish Cemetery; all with your trusted travel companion. Uncover the best of Prague and make the most of your trip!

Inside Lonely Planet's *Pocket Prague* :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Convenient pull-out Prague map (included in print version), plus over 13 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Hradcany, Mala Strana, Stare Mesto, Nove Mesto, Petrin Hill, Old Town Square, Wenceslas Square, Vinohrady, Zizkov and more

The Perfect Choice: **Lonely Planet's *Pocket Prague***, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Prague with trusted travel advice (...)

Lonely Planet

On Sale: Apr 18/23

4.13 x 6 • 160 pages

9781838691936 • \$19.99 • pb

Travel / Europe / Eastern

Series: Pocket Guide

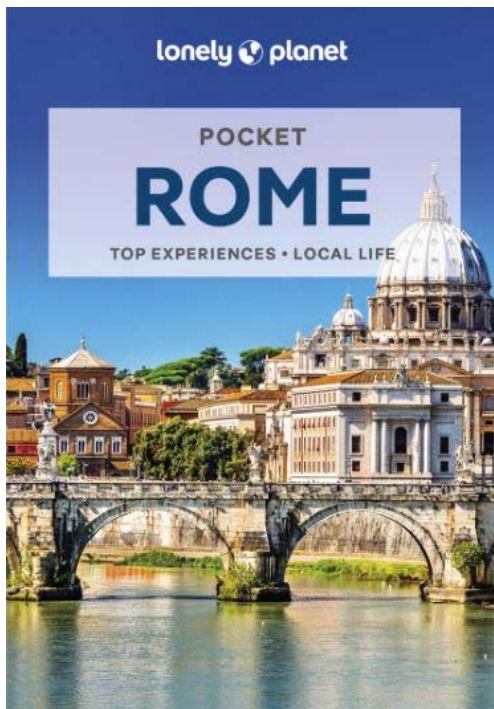
Notes

Promotion



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Lonely Planet
On Sale: Apr 1/23
4.13 x 6 • 192 pages
9781838694128 • \$19.99 • pb
Travel / Europe / Italy
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket Rome 8

by Paula Hardy and Abigail Blasi

Lonely Planet's *Pocket Rome* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Marvel at the ancient forum and Colosseum, toss a coin into the Trevi Fountain and dine in a trattoria; all with your trusted travel companion. Uncover the best of Rome and make the most of your trip!

Inside **Lonely Planet's *Pocket Rome*** :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Convenient pull-out Rome map (included in print version), plus over 23 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

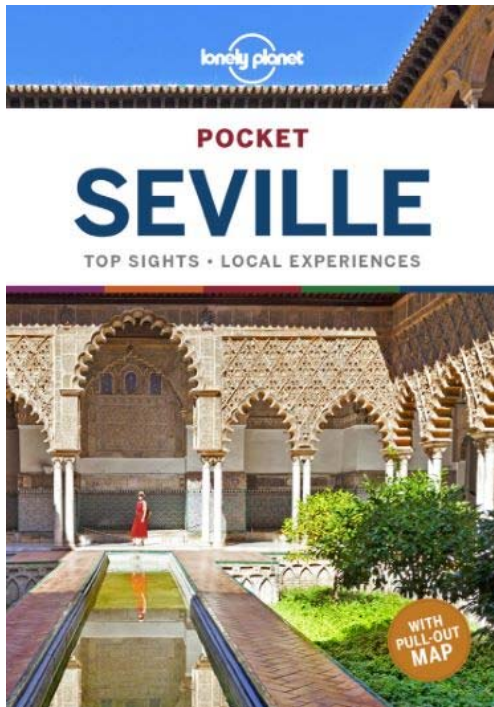
Covers Ancient Rome, Centro Storico, Vatican City, Borgo and Prati, Tridente, Trevi and the Quirinale, Monti and Esquilino, San Giovanni and Celio, and more

The Perfect Choice: **Lonely Planet's *Pocket Rome*** , an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits (...)



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Lonely Planet
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Total Colour Pages
9781788689212 • \$19.99 • pb
Travel / Europe / Spain & Portugal
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket Seville 1

by Duncan Garwood

Lonely Planet's *Pocket Seville* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Admire the scale and majesty of the Catedral de Sevilla, explore the breathtaking spectacle of the Alcazar, or sample the best tapas; all with your trusted travel companion. Get to the heart of Seville and begin your journey now!

Inside **Lonely Planet's *Pocket Seville*** :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and images throughout

Highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Catedral de Sevilla, Barrio de Santa Cruz, La Macarena & Alameda de Hercules, Parque de Maria Luisa & South of Centre, Triana, Isla de la Cartuja and more

The Perfect Choice: **Lonely Planet's *Pocket Seville***, is our colourful, easy-to-use and handy guide that literally fits in your pocket, and (...)

Author Bio

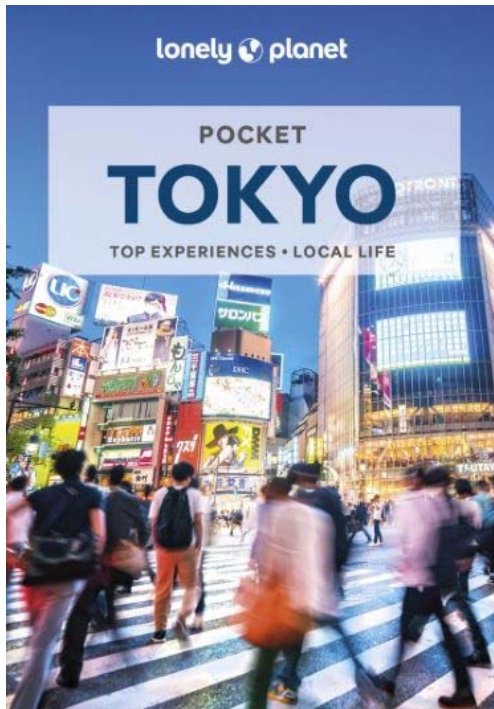
About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travelers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more.

'Lonely Planet guides are, quite simply, like no other.' New York Times



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Lonely Planet
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9781838693749 • \$19.99 • pb
Travel / Asia / Japan
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket Tokyo 9

by Rebecca Milner

Lonely Planet's Pocket Tokyo is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Explore Japan's temples and shrines, sample delicious Japanese cuisine and immerse yourself in the city's pop culture obsession; all with your trusted travel companion. Uncover the best of Tokyo and make the most of your trip!

Inside Lonely Planet's Pocket Tokyo :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

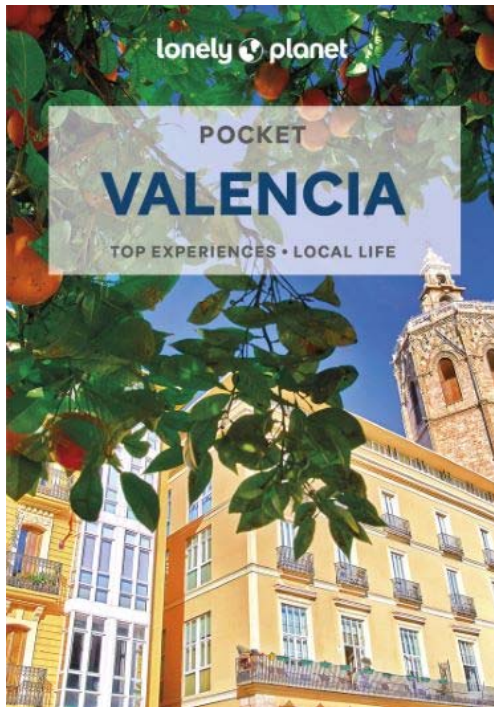
Convenient pull-out Tokyo map (included in print version), plus over 22 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Ginza, Harajuku, Shibuya, Shinjuku, Roppongi, Asakusa, Mt Fuji and more

The Perfect Choice: **Lonely Planet's Pocket Tokyo**, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Tokyo with trusted travel advice to get you straight to the heart of the city.





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Travel / Europe / Spain & Portugal
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket Valencia 4

by John Noble

Lonely Planet's *Pocket Valencia* is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Wander the lively Mercado Central, sample tapas in Russafa and admire the beauty of La Catedral; all with your trusted travel companion. Uncover the best of Valencia and make the most of your trip!

Inside Lonely Planet's *Pocket Valencia* :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

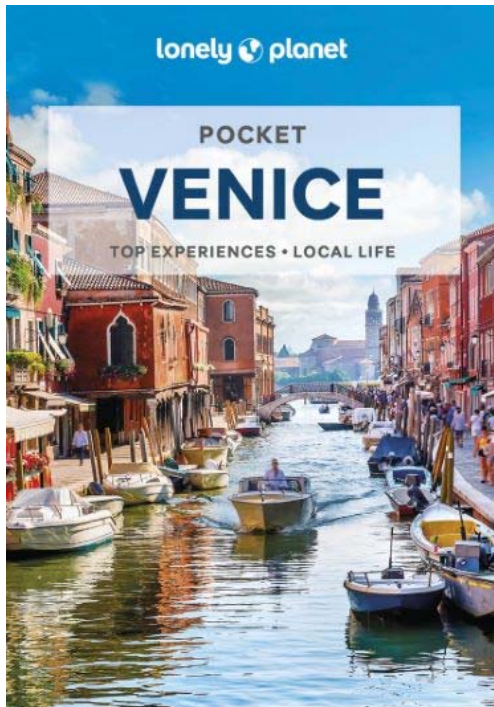
Convenient pull-out Valencia map (included in print version), plus over 15 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Barrio del Carmen, L'Eixample, North Ciutat, Russafa, South Ciutat, Northern & Eastern Valencia, Valencia's Beaches, Western Valencia and more

The Perfect Choice: **Lonely Planet's *Pocket Valencia***, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Valencia with trusted travel advice to get you straight (...)





Lonely Planet
On Sale: Apr 1/23
192 pages
9781838696177 • \$36.00 • pb
Travel / Europe / Italy
Series: Pocket Guide

Notes

Promotion



Lonely Planet Pocket Venice 6

by Helena Smith and Abigail Blasi

Lonely Planet's Pocket Venice is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Cruise the canals, marvel at the beautiful Basilica di San Marco and browse the Rialto Market; all with your trusted travel companion. Uncover the best of Venice and make the most of your trip!

Inside **Lonely Planet's Pocket Venice** :

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Convenient pull-out Venice map (included in print version), plus over 20 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers San Marco and the Palazzo Ducale, Dorsoduro and the Accademia, San Polo and Santa Croce, Cannaregio and the Ghetto, and more

The Perfect Choice: **Lonely Planet's Pocket Venice**, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the (...)





Lonely Planet Bordeaux & Southwest France 1 by Lonely Planet

Lonely Planet
On Sale: Apr 18/23
5 x 7.8 • 288 pages
9781838692308 • \$31.99 • pb
Travel / Europe / France
Series: Travel Guide

Notes

Promotion





Lonely Planet Brittany & Normandy 3 by Lonely Planet

Lonely Planet
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5 x 7.8 • 224 pages
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Travel / Europe / France
Series: Travel Guide

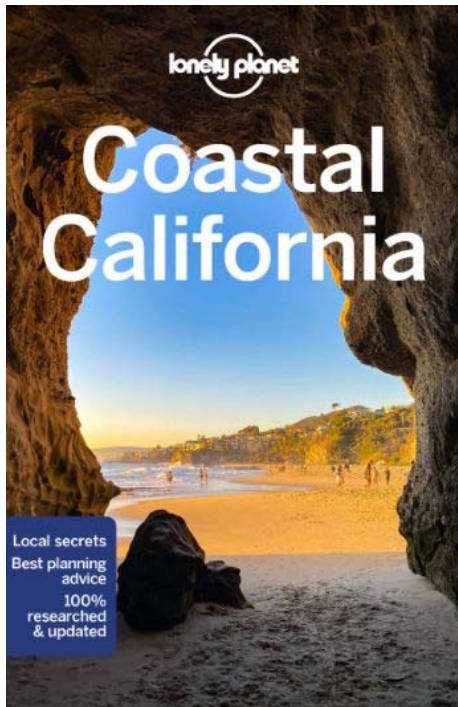
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Promotion



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Lonely Planet
On Sale: Mar 1/23
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9781787016781 • \$28.99 • pb
Travel / US / West / Pacific
Series: Travel Guide

Notes

Promotion



Lonely Planet Coastal California 7

by Lonely Planet

Lonely Planet's *Coastal California* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Explore Alcatraz, taste wine in the Napa Valley, and visit Mickey at Disneyland Resort; all with your trusted travel companion. Get to the heart of Coastal California and begin your journey now!

Inside **Lonely Planet's *Coastal California*** Travel Guide:

Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transportation info - all you need for a smooth journey from airport to hotel

Planning tools for family travelers - where to go, how to save money, plus fun stuff just for kids

What's New feature taps into cultural trends and helps you find fresh ideas and cool new areas our writers have uncovered

NEW Accommodations feature gathers all the information you need to plan your accommodations

NEW Where to Stay in San Francisco & Los Angeles maps is your at-a-glance guide to accommodations options in each neighborhood

Colormaps and images throughout

Highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation (...)

Author Bio

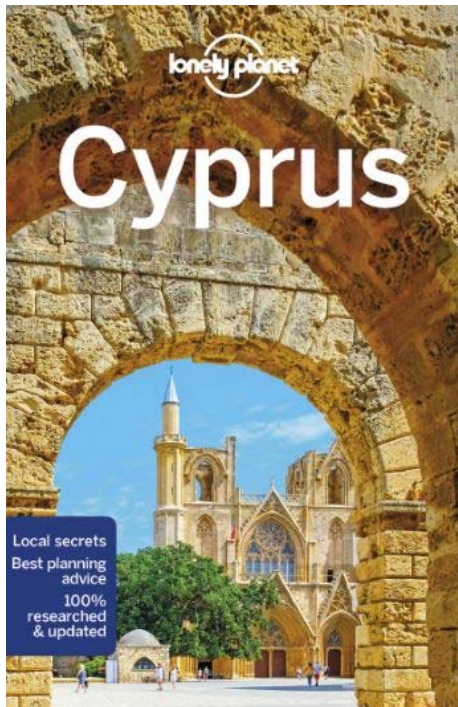
About Lonely Planet: Lonely Planet is a leading travel media company and the world's number one travel guidebook brand, providing both inspiring and trustworthy information for every kind of traveler since 1973. Over the past four decades, we've printed over 145 million guidebooks and grown a dedicated, passionate global community of travelers. You'll also find our content online, and in mobile apps, video, 14 languages, armchair and lifestyle books, ebooks, and more.

'Lonely Planet guides are, quite simply, like no other.' - New York Times



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Lonely Planet
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5 x 7.8 • 288 pages
9781787018525 • \$31.99 • pb
Travel / Europe / Cyprus
Series: Travel Guide

Notes

Promotion



Lonely Planet Cyprus 8

by Lonely Planet

Lonely Planet: The world's leading travel guide publisher

Lonely Planet Cyprus is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. While away an evening in Kyrenia's idyllic Old Harbor, explore the ruins of ancient cities, and get out, on or under, the waters surrounding the island's beautiful beaches, all with your trusted travel companion. Get to the heart of Cyprus and begin your journey now!

Inside **Lonely Planet Cyprus** Travel Guide:

- **Color** maps and images throughout
- **Highlights and itineraries** help you tailor your trip to your personal needs and interests
- **Insider tips** to save time and money and get around like a local, avoiding crowds and trouble spots
- **Essential info at your fingertips** - hours of operation, phone numbers, websites, transit tips, prices
- **Honest reviews for all budgets** - eating, sleeping, sight-seeing, going out, shopping, hidden gems that most guidebooks miss
- **Cultural insights** give you a richer, more rewarding travel experience - landscapes, food, history, local customs
- **Over 35 maps**
- **Covers** Larnaka, Troodos Mountains, Pafos, Nicosia and more

The Perfect Choice: **Lonely Planet Cyprus**, our most comprehensive guide to Cyprus, is perfect for both exploring top sights and taking roads less traveled.

Looking for more extensive (...)





Lonely Planet Languedoc-Roussillon 2 by Lonely Planet

Lonely Planet
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5 x 7.8 • 192 pages
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Travel / Europe / France
Series: Travel Guide

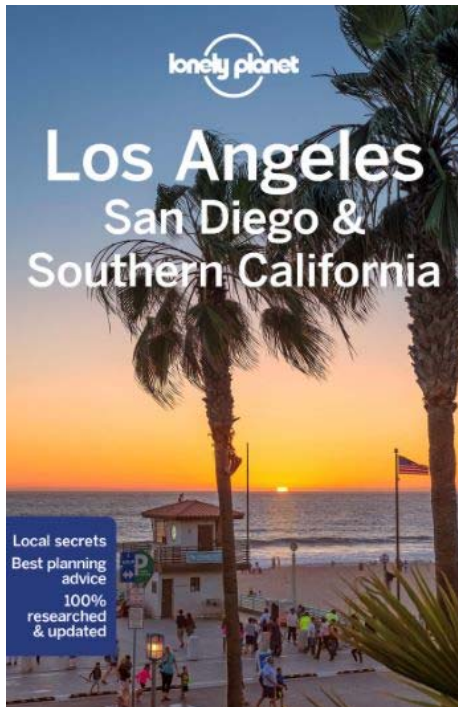
Notes

Promotion



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Lonely Planet Los Angeles, San Diego & Southern California 6

by Lonely Planet

Lonely Planet's *Los Angeles, San Diego & Southern California* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Check out Hollywood's Walk of Fame, catch a wave in San Diego, and visit Mickey at Disneyland Resort; all with your trusted travel companion. Get to the heart of Los Angeles, San Diego & Southern California and begin your journey now!

Inside **Lonely Planet's *Los Angeles, San Diego & Southern California*** Travel Guide:

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transportation info - all you need for a smooth journey from airport to hotel

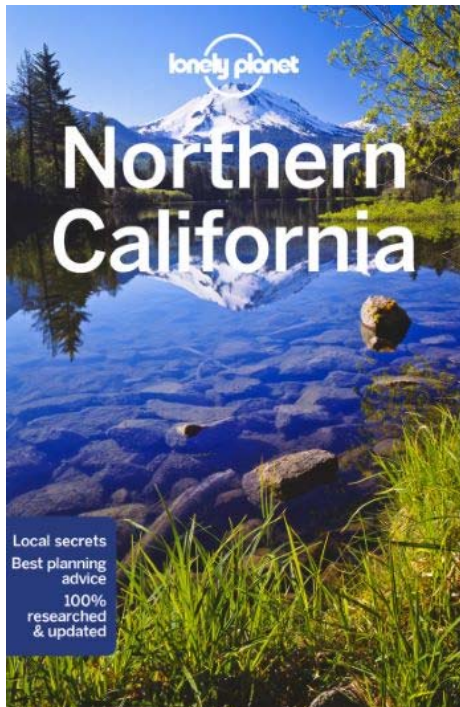
Improved planning tools for family travelers - where to go, how to save money, plus fun stuff just for kids

What's New feature taps into cultural trends and helps you (...)

Author Bio

Authors: Written and researched by Lonely Planet, Amy Balfour, Andrew Bender, Alison Bing, Cristian Bonetto, Celeste Brash, Jade Bremner, Michael





Lonely Planet
On Sale: Mar 1/23
5 x 7.75 • 576 pages
9781787016071 • \$28.99 • pb
Travel / US / West / Pacific
Series: Travel Guide

Notes

Promotion



Lonely Planet Northern California 4 by Lonely Planet

Lonely Planet's *Northern California* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Gaze at the world's tallest trees on the Redwood coast, sample the best wines in America in Napa and Sonoma, and ski in a winter wonderland at Lake Tahoe; all with your trusted travel companion. Get to the heart of Northern California and begin your journey now!

Inside **Lonely Planet *Northern California*** Travel Guide:

Up-to-date information- all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

NEW pull-out, passport-size 'Just Landed'card with wi-fi, ATM and transportation info - all you need for a smooth journey from airport to hotel

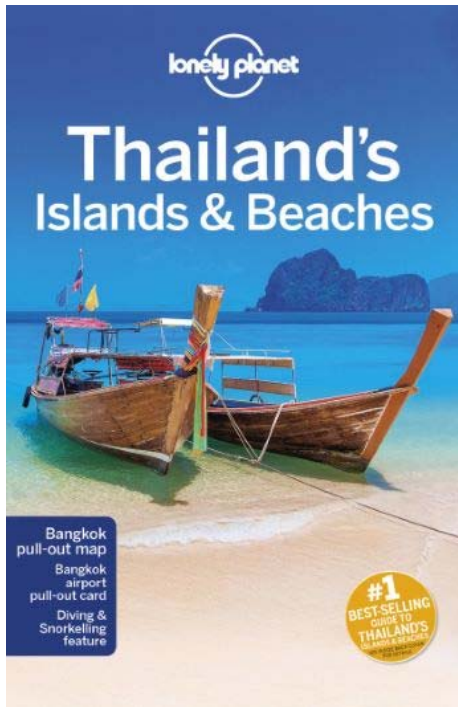
Planning tools for family travelers- where to go, how to save money, plus fun stuff just for kids

What's New feature taps into cultural trends and helps you find (...)

Author Bio

Authors:Written and researched by Lonely Planet, Brett Atkinson, Amy Balfour, Andrew Bender, Alison Bing, Celeste Brash, Michael Grosberg, Ashley Harrell, Anita Isalska, Mark Johanson and Andrea Schulte-Peevers.





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5.04 x 7.76 • 448 pages
Total Colour Pages
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Travel / Asia / Southeast
Series: Travel Guide

Notes

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Lonely Planet Thailand's Islands & Beaches 12

by Lonely Planet

Lonely Planet's *Thailand's Islands & Beaches* is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Discover the meaning of serenity on Ko Yao Islands, explore exotic rainforests in Khao Sok, and dance until sunrise on Ko Pha-Ngan; all with your trusted travel companion. Get to the heart of Thailand's Islands & Beaches and begin your journey now!

Inside **Lonely Planet's *Thailand's Islands & Beaches*** Travel Guide:
Up-to-date information -all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel
Improved planning tools for family travellers - where to go, how to save money, plus fun stuff just for kids

What's New feature taps into cultural trends and helps you find fresh ideas and cool new areas our writers have uncovered

NEW Accommodation feature gathers all the information you need to plan your accommodation

Colourmaps and images throughout

Highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sleeping, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Cultural insights give you a richer, more rewarding travel experience (...)

Author Bio

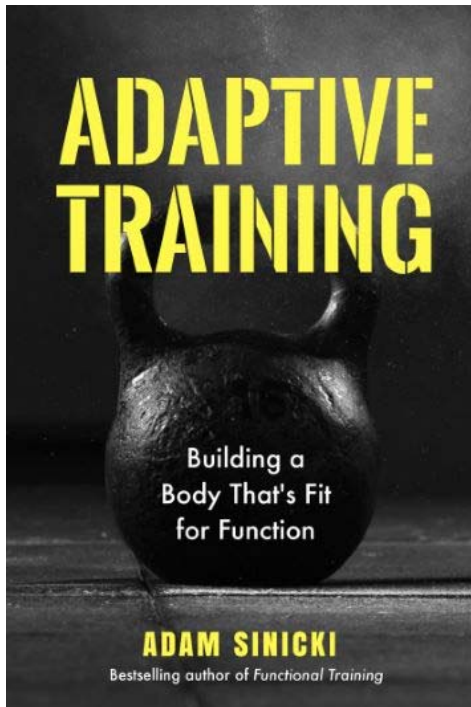
Authors: Written and researched by Lonely Planet, and Anirban Mahapatra, David Eimer, Paul Harding, Tharik Hussain, Michael Kohn, Olivia Pozzan, Barbara Woolsey.

About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveler



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Adaptive Training

Building a Body That's Fit for Function

by Adam Sinicki

Evolutionary Lifestyle Fitness Strategies for All

BUILT FOR PURPOSE explores an alternate perspective on health and fitness focusing on how we are a product of the environment. So change your surroundings to maximize your health and fitness beyond the gym. Explore your amazingly adaptable body. Tight hip flexors, rounded shoulders and a hunched back are all products of our daily lifestyles. We are adaptoids; our bodies are designed to adapt to our surroundings, and understanding this is the key to unlocking perfect performance. BUILT FOR PURPOSE takes you through the fundamentals of understanding adaptive training while providing a detailed physical fitness program to help you build an environment that facilitates a healthy and empowering new lifestyle fitness journey with new lifestyle fitness equipment.

Unlock your true potential. The best way to learn a language is through immersion, and the same is true for developing and maintaining a new lifestyle fitness. A few hours a week training at the gym or elsewhere is great, but what if your environment outside of the gym is also challenging your body? You will see results that are only possible through the innovative fitness method called "Adam" which stands for Adaptive Immersion Training. Change your environment with intent, and your body will adapt with amazing results.

Inside, you'll learn:

- How the environment shapes your body to be adaptive
- How and why you should divide training throughout the day
- The missing fundamentals of human movement and lifestyle fitness equipment

If you liked BUILT FROM BROKEN, THE COMFORT CRISIS, or WHAT DOESN'T KILL YOU, you'll love BUILT FOR PURPOSE

Author Bio

Adam Sinicki AKA The Bioneer, is a fitness/self-improvement YouTuber. He has a personal training diploma and BSc in Psychology. His YouTube channel has 474K subscribers and his Instagram has 25.5K followers. His previous book FUNCTIONAL TRAINING AND BEYOND has a 4.7 star rating with over 681 reviews.



Mango Publishing
On Sale: Jan 10/23
6 x 9 • 256 pages
9781684811120 • \$27.99 • pb
Education / Physical Education

Notes

Promotion

- Author will create a video trailer for his channel promoting the book – a strategy that has been successful on numerous previous occasions, including his debut book (Functional Training, lifetime sales 21k).
- He will share to his YouTube and Instagram accounts.
- And will also plug the book at the end of most regularly uploaded videos.
- The Bioneer YouTube Channel 528K subscribers





Badass Advice

Love, Life and Being True to Yourself

by Becca Anderson

Sass, Sarcasm, and Sizzle from Badass Women

"Throughout this collected work she shares lessons from so many diverse women that no matter what is going on in your life right now you will find the perfect message to relate to" -**The Nerdy Girl Express**

1 Best Seller in Addiction & Recovery, Obsessive Compulsive Disorder (OCD)

Everything you need to know about love, life, relationships, sex, men, and being a badass. Be enlightened with these no nonsense takes on dating, love life, sex, self-love, and more!

Advice from girl bosses of all kinds. Women are, far and away, the Oral Sex. Women's Studies scholar Becca Anderson has gathered the wisdom from a chorus of fabulous femmes for this one-of-a-kind advice book. From housewives to Hollywood starlets, from standup comedians to startup entrepreneurs, these badass women offer unvarnished and unabashed opinions and share their frank and forthright thinking on the wild world of relationships.

A sassy collection of woman wisdom. This delightfully dishy gathering of gal pals is like having a heart-to-heart with 200 of your closest friends. Garrulous girls and loquacious ladies from every walk of life unleash (...)

Author Bio

Becca Anderson is an author, teacher and writing instructor living in the San Francisco Bay Area. Originally from Ohio, Becca's background in women's studies has given her a lifelong passion for empowering women through their own herstory. The author of *The Book of Awesome Women*, Becca Anderson credits her first grade teacher as a great inspiration and runs several popular classes and workshops including "How to Put Your Passion on Paper."

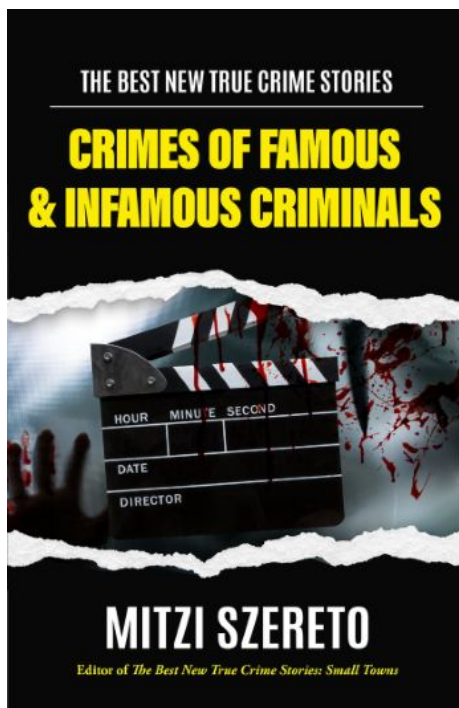
Mango Publishing
On Sale: Jan 10/23
5 x 7 • 256 pages
9781684811021 • \$24.99 • pb
Reference / Quotations

Notes

Promotion

Knight, writing as Becca Anderson, posts regularly on her blogs, *The Daily Inspo* and *The Blog of Awesome Women*. She also posts often on social media including platforms Instagram, Twitter, and Facebook. Knight has been featured on top radio shows, has hosted monthly "Gratitude and Grace Circle" meetings, and can also do in-person signings and events.
Her previous titles *Badass Affirmations* and *The Book of Awesome Women* have sold 138,000 and 32,000 copies respectively.





The Best New True Crime Stories: Crimes of Famous & Infamous Criminals

by Mitzi Szereto

People from all walks of life commit crimes. But when these people happen to be in the public eye, it provides a new level of fascination. These individuals are not your typical next-door neighbor or someone you ride the subway to work with each day - these are more widely known faces, even household names and celebrities. We always hear about "famous" criminals like O.J. Simpson, Phil Spector, and Sid Vicious. But there are plenty of other public figures, both contemporary and historical, who have traveled down that very murky pathway toward criminality. Power, status, and money aren't barriers to criminal behavior. In fact, it's often just the opposite.

Author Bio

Mitzi Szereto is an internationally acclaimed author and anthology editor of fiction and nonfiction books spanning multiple genres. She has written numerous novels within her THE BEST TRUE CRIME STORIES series. She's also written crime fiction, gothic fiction, horror, cozy mystery, satire, sci-fi/fantasy, and general fiction and nonfiction. Her anthology, EROTIC TRAVEL TALES 2, is the first anthology of erotic fiction to feature a Fellow of the Royal Society of Literature. Mitzi's Web TV channel "Mitzi TV" has attracted an international audience. The Web series segments have ranged from chats with Tiff Needell, Jimmy Choo, and her ursine sidekick, Teddy Tedaloo. Other on-screen credits include Mitzi portraying herself in the pseudo-documentary British film, "Lint: The Movie." She maintains a blog of personal essays at "Errant Ramblings: Mitzi Szereto's Weblog." To learn more about Mitzi follow her on Twitter and Instagram @mitziszzereto or visit her website at mitziszzereto.com.

Mango Publishing

On Sale: Feb 14/23

5.5 x 8.5 • 252 pages

9781684811243 • \$27.99 • pb

Series: The Best New True Crime Stories

Notes

Promotion

Her titles, which have sold in the region of 300,000 copies, have been published in print, digital, audio and CD formats as well as book club editions.
Her books and short fiction have been translated into multiple languages.
Mitzi has appeared at literature festivals worldwide including Miami Book Fair International, Wordplay Book Festival (Scotland), Cambridge Literary Festival (England) and The Cheltenham Festival of Literature (England).
She has an aggregate social media following of 55,000, encompassing multiple presences on sites such as Twitter, Facebook, YouTube, Goodreads, LinkedIn, Crimespace etc. plus newsletter subscribers.
She maintains a blog of personal essays at Errant Ramblings: Mitzi Szereto's Weblog and created/presented the London-based Web TV channel Mitzi TV.
She's lectured in creative writing at several British universities and teaches writing from Europe to the Pacific Northwest.
Her





Climate Optimism

Climate Wins and Creating Systemic Change Around the World
by Zahra Biabani

Climate Optimism will incorporate five stories of communities across a variety of countries in the Global South who are working on inspiring climate solutions. Zahra Biabani will be travelling to Kenya, Ecuador, Papua New Guinea, and Nepal to document community-led efforts and reflect on the potential for climate action that is found all over the world, often in places that have not gotten the attention that they deserve.

This book will:

- persuade people of the need for climate optimism in order to enact meaningful and systemic change
- show people the inspiring things going on around the world that give us hope for the current and future state of our planet
- provide tangible action items that readers can engage in to continue their journey to sustainable climate activism.

Author Bio

Zahra Biabani is a climate activist, influencer, CEO, and writer. Her content focuses on climate hope, optimism, humor, and action items. After unexpectedly establishing a career as an online sustainability educator and influencer her junior year at Vanderbilt University, Zahra decided to jump head first into the waters of entrepreneurship and authorship. Her startup, In the Loop, is the first rental clothing company for vetted sustainable and ethical fashion brands.

Mango Publishing

On Sale: Apr 11/23

5.5 x 8.5 • 256 pages

9781684811588 • \$32.99 • pb

Nature / Environmental Conservation & Protection

Notes

Promotion

How the author will leverage her platform: Her friend Anne Therese hosts a "Climate Optimist" Masterclass and would be able to promote this book to her masterclass cohorts The author has a couple of related e-books that she can offer as bonus material for pre-orders She has an engaged Instagram and TikTok following that will order the book: @zahrnurbabani - 29k followers Fellow influencers who will provide endorsements and help support the book: Isaias from @QueerBrownVegan- 100K Kathryn from @GoingZeroWaste- 325K Sierra from @Sierra -122K Jessica from @impactforgood -102K Megan from @Acteevism-25K Sabs from @SustainableSabs-26.6K Media / podcast / Social Media Influencer connections who will feature/review the book and/or do an interview with her: "Brown Girl Green" podcast by Kristy Durtman "Just to Save the World" podcast by Philip Aiken "EcoChic" podcast by





Functional Training for the Mind

How Physical Fitness Can Improve Your Focus, Mental Clarity, and Concentration

by Jeremy Bhandari

Strengthen Your Mind Body Connection

Whether you're a professional athlete, dedicated to your personal goals for fitness, or a newcomer looking for fitness inspiration, you shouldn't overlook the mind body connection when it comes to exercise and mental health. Moving your body and having a diet of balanced nutrition not only changes your physical body, but can improve your mood and give you that much needed memory boost.

Start focusing on yourself by nurturing your body and mind. When it comes to our physical and mental health, there is always room for improvement. Be your own personal coach and give yourself the self motivation you need to reach your goals.

Working out isn't just for your body, it's also for your brain. Our physical and mental health go hand in hand. Our creative problem solving and cognitive functioning enhances when we fuel our bodies with foods that help with memory and exercise for mental health benefits.

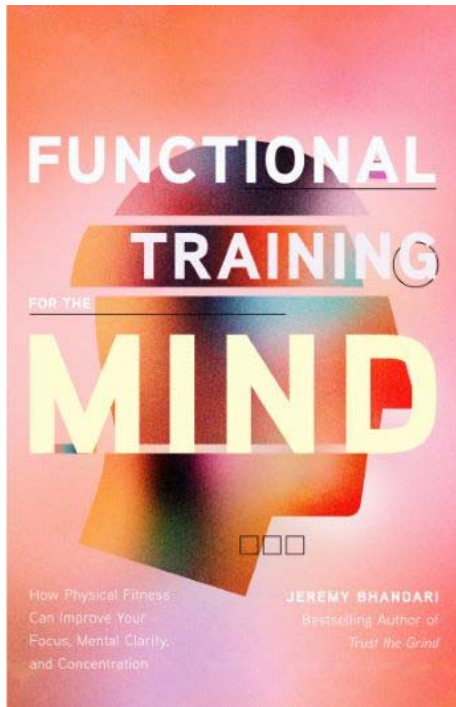
Inside this book on how to trust yourself, you'll find:

- How to increase concentration power, how to change your life through the mind body connection
- Focus exercises and exercises for mental health
- Tips on how to not only reach your daily goals and monthly goals for fitness, but also your mental health goals

If you liked THIS IS YOUR BRAIN ON FOOD, THE MIND-GUT CONNECTION, or A BETTER BRAIN FOR BETTER AGING, you'll love WORKING OUT FOR YOUR MIND BODY CONNECTION

Author Bio

Jeremy Bhandari is the author of TRUST THE GRIND: HOW WORLD-CLASS ATHLETES GOT TO THE TOP, a self-help sports book which was most notably recognized by the National Alliance for Youth Sports. In addition, TRUST THE GRIND was marketed through BodyBuilding.com, where he was both an author and fitness model for the publication. Aside from writing, Jeremy focuses on spreading love and positivity. He puts a heavy emphasis



Mango Publishing

On Sale: Feb 14/23

5.5 x 8.5 • 224 pages

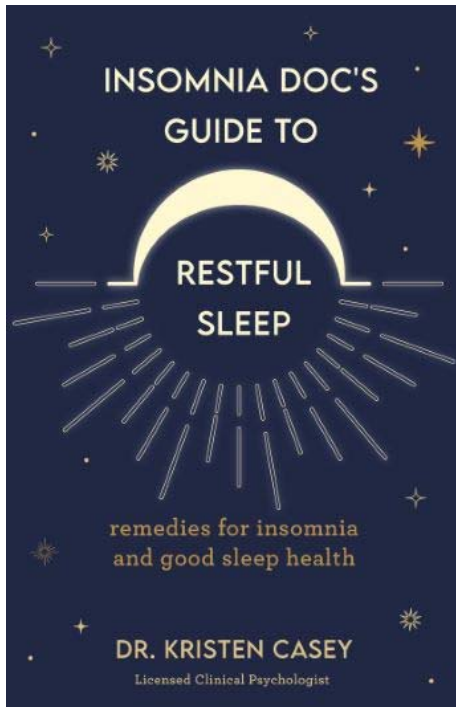
9781684811335 • \$28.99 • pb

Self-Help / Personal Growth / Memory Improvement

Notes

Promotion





Insomnia Doc's Guide to Restful Sleep

Remedies for Insomnia and Good Sleep Health

by Kristen Casey

Kick Poor Sleep Hygiene Out of Bed!

Dr. Kristen Casey, TikTok's "Insomnia Doc," brings her sleep solutions right to you, so you can get the restful sleep you deserve! We all have sleep issues and you're not alone. Whether you suffer from acute insomnia, sleep maintenance insomnia, or even depression insomnia, we all have experienced sleeplessness brought on by poor sleep hygiene, emotional factors, or physical barriers that keep us just out of reach of a healthy sleep schedule. But don't fret, you can learn the tools to help you sleep well every night!

Mental health plays a huge role in our sleep patterns. Our mental wellness can greatly affect our quality of sleep. If we are feeling anxious, depressed, or tired, we may struggle with making those choices that promote healthy sleep hygiene, and we instead get stuck with the outcomes of poor sleep hygiene. Dr. Casey will teach you how to improve your mental health through better sleep for more restful nights.

Inside, you'll find:

- Practical and methods for trading in your poor sleep hygiene for good sleep hygiene and optimal sleep health
- Expert advice on the best ways to fall asleep, how to stay asleep, and how to sleep soundly without the white noise machine
- CBTI-based techniques to help you set up a successful night routine to help you sleep like a baby and finally get a good night's rest

If you've enjoyed books like **WHY** (...)

Author Bio

Dr. Kristen Casey is a clinical psychologist, author, and content creator. She is the founder and owner of a private practice and consultation company in Missouri. She is also a popular TikTok doctor on insomnia and other sleep issues. She was an EMT for 5 years before she became a psychologist, where she struggled with her own insomnia, and uses her experience to guide others to creating healthy sleep habits. Her approach toward treating others is inclusive, empathetic, and honest in acknowledging we all experience life from a different perspective, so require unique treatment.



Mango Publishing
On Sale: Mar 14/23
5.5 x 8.5 • 256 pages
40 b/w illustrations throughout
9781684810659 • \$27.99 • pb

Notes

Promotion

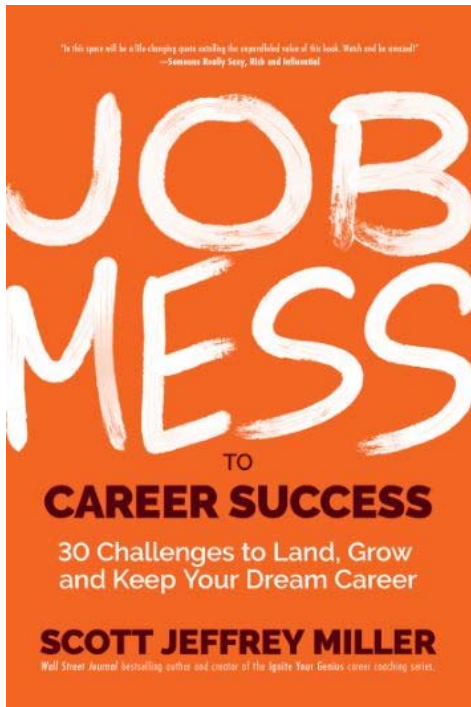
Author's Social Media Platforms: Dr. Casey has an engaged following on Instagram (26.7K) and TikTok (over 141K followers) who will order the book, share content, and leave reviews. She created an Instagram poll, and her community reported they want to be in tune with updates of the book and help promote it. She will go live on both Instagram, TikTok, and YouTube. She can also create merch and an online class that she can offer as bonus material for preorders.

Author's Previous Publication: Dr. Casey self-published a self-help book in early 2021 that has received thirty 5-star reviews only from promoting it intermittently.

Endorsements: Dr. Casey will draw upon her rolodex of fellow clinical psychologist friends and colleagues- including fellow insomnia influencers, to amplify the news of the book release.

Upcoming Press: *Monday Makeover*- a series that will be aired on Netflix or HBO about women's stories related in trauma (Alkamba





Job Mess to Career Success

30 Challenges to Land, Grow and Keep Your Dream Career

by Scott Jeffrey Miller

Find (and Keep!) Your Dream Job with This Must-Have Career Guide

Learn how to choose the career for you and endure lifelong job fulfillment.

In this third book of Scott Miller's Mess to Success series, the FranklinCovey Executive VP reveals 30 career challenges to land, grow, and maintain your dream job. Use Miller's career guidance to build the confidence you need to ace job interviews, overcome career roadblocks, and create lasting change for a lifetime of job security and happiness.

Build meaningful connections. With challenges titled "Interviewing," "Social Profiles," "Networking," and "Burn no Bridges," Miller provides invaluable job advice on not only how to effectively socialize in the work sphere, but how to create and maintain invaluable connections for *life*.

Find Your Edge. Miller's career guide's challenges such as "Strengths vs. Weaknesses," "Building Your Multi-Dimensional Skills," and "Your Legacy," will teach you how to identify and embrace your skillsets and utilize them to succeed in your chosen career path.

Rely on Trusted Guidance. FranklinCovey VP Executive Scott Miller has made and learned from many mistakes in his profession, and this career guide is chock-full of valuable career tips on how to navigate (and prevent!) obstacles and setbacks within the job sphere. Whether you're actively seeking job opportunities, considering alternate career paths, or hoping (...)

Author Bio

Scott Miller, entering his twenty-third year with FranklinCovey, serves as the Executive Vice President of Thought Leadership. He is the host of the FranklinCovey-sponsored ON LEADERSHIP WITH SCOTT MILLER, a weekly leadership webcast, podcast, and newsletter that features interviews with renowned business titans, authors, and thought leaders. It is distributed to more than five million business leaders worldwide. He is also the host of the weekly radio program GREAT LIFE, GREAT CAREER WITH SCOTT MILLER on iHeart Media's KNRS 105.9. This radio program and podcast provide insight and strategies drawn from FranklinCovey's leadership principles and from Miller's career and personal life experience to assist listeners in becoming more effective as business leaders and to improve their personal performance. Additionally, Miller authors a weekly leadership column for INC. MAGAZINE.



Mango Publishing
On Sale: Apr 1/24
6 x 9 • 256 pages
9781642507379 • \$39.95 • cl
Bus & Econ / Mentoring & Coaching

Notes

Promotion





Macrame

The Power of Knots for Macrame Beginners

by Nghi Ho

Fun Macrame Crafts to do at Home!

Macrame for beginners just got even easier! Learn how to do macrame! Books to creatively express yourself with Macrame knots and other basic knots are just what you need!

Macrame Projects and craft ideas for the whole family. Want to start something new? Want to get away from binging Netflix? Sick of embroidery? Well, jump into some knotty macrame knots that the whole family can enjoy.

Take a moment to yourself with Macrame diy crafts. Having a stressful day? Unsure of yourself? Enjoy a macrame project that sparks emotional regulation for adults. When you get those hands moving, the anxiety ceases. Craft ideas are so much more than just a project, they bring healing to the mind and beautiful art to the home.

Inside, you'll find:

- Tutorials on starting your own macrame projects, macrame kits, and basic knots
- How emotionally beneficial it is to make your own knotty crafts and home decor
- Crafts to do at home and fun activities for the whole family to participate in

If you like books to calm anxiety or like MACRAME FOR BEGINNERS, STATEMENT MACRAME, or MODERN EMBROIDERY, you'll love MACRAME: THE POWER OF KNOTS FOR MACRAME BEGINNERS

Author Bio

Nghi Ho is a successful self-taught Macrame artist and content creator. As a kid, she was amazed by how using your hands and a bit of creativity one could create something beautiful. One of her fondest memories as a child is making lanterns for the Mid-Autumn festival.

Nghi followed her passion and received her bachelor's degree in Fashion Design. After graduating, she got a job as a graphic designer. She then decided to become a freelancer, in order to have more artistic freedom, and to be able to choose projects she was really passionate about. After a while Nghi began to show interest in other types of digital businesses. She's self-taught in basic coding/programming, recording/editing content, image compositions



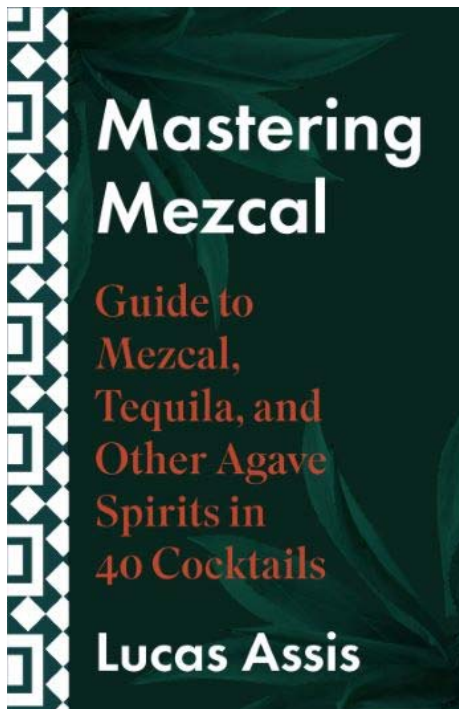
Mango Publishing
On Sale: Jan 10/23
7.5 x 9.25 • 212 pages
100 color photographs throughout
9781684811083 • \$28.99 • pb
Crafts & Hobbies / Mixed Media

Notes

Promotion

 Owner of e-commerce store with more than 5k visits a month; 40k+ online store sessions Customers and fan base include people with basic macrame knowledge, older women who dabbled in macrame in the 70s, and craft/DIY enthusiasts Social Media Followers YT: 33.8k IG: 290k Pinterest: 10.1k monthly views Age 25 - 34: 38.8% 35 - 44: 24.8% 18 - 24: 14.9% Gender Women: 79.8% Men: 20.2% Top Locations: United States, Brazil, Germany, India, United Kingdom, Argentina, Turkey, Iran Mini Marketing Plan Create promotional videos for the book on YouTube and several YouTube Shorts Promotional segment referencing the book in all new YouTube + Instagram tutorials Link to directly buy the book in YouTube + Instagram description Pin a





Mastering Mezcal and Other Agave Spirits

A Guide to Mezcal, Tequila, and Other Agave Spirits in 35 Cocktails

by Lucas Assis

Discover the Magic of Mezcal and Other Blue Agave Drinks and Spirits

Would you like to know more about one of the most exciting artisanal spirits? This book is your new go-to book of mezcal culture, history, lore, and 35 agave cocktail recipes.

Dive into the world of mezcal and tequila. Mezcal and tequila are growing in popularity. Learn about the culture and history of mezcal, how it is made, and what regions blue agave is grown in Mexico. Make the perfect mezcal cocktail with the recipes included in MASTERING MEZCAL AND OTHER AGAVE SPIRITS by Lucas Assis.

Become an artisanal mezcal master. Of course, mezcal can be enjoyed straight up, but it can also be used in mezcal cocktails such as a margarita, mojito, or paloma. Mezcal can even be used in more surprising cocktails including an old fashioned or negroni. Classic rum cocktails get a fresh twist with mezcal. Agave azul culture originated in Mexico, but has become popular in Brazil, Latin America, North America, and across the world. With MASTERING MEZCAL AND OTHER AGAVE SPIRITS, be a mezcal savant wherever you wander.

In this blue agave cocktail book, learn:

- Sustainable mezcal practices
- The regions and territories agave is grown in Mexico
- Mezcal's unique history, culture, and lore
- Mezcal cocktail recipes to sweeten the deal

If you enjoyed books like SPIRITS OF LATIN AMERICA, MEZCAL: THE HISTORY, CRAFT & COCKTAILS OF THE WORLD'S ULTIMATE ARTISANAL SPIRIT, or MEZCAL AND TEQUILA COCKTAILS, you'll love MASTERING MEZCAL AND OTHER AGAVE SPIRITS

Author Bio

Lucas Assis was born and raised in Brazil and has more than a decade in the bartending industry in Los Angeles, where he specializes in agave spirits. Lucas has built a reputation as an advocate of traditional and sustainable agave spirits production. He has grown towards being among the most

Mango Publishing
On Sale: Apr 11/23
5.5 x 8.5 • 200 pages
70 full color photographs
9781642509779 • \$35.99 • cl
Cooking / Central American & South American

Notes

Promotion

Podcast appearances: The author will make various appearances in podcasts he has previously appeared in.

Social media: Will secure influencer endorsements from, create giveaways, and collaborate with the biggest names in the LA and social media bar scene.

Author's Main Platform(s):

- @TheLucasAssis_
- TikTok 96K
- Instagram: 8K+ and growing

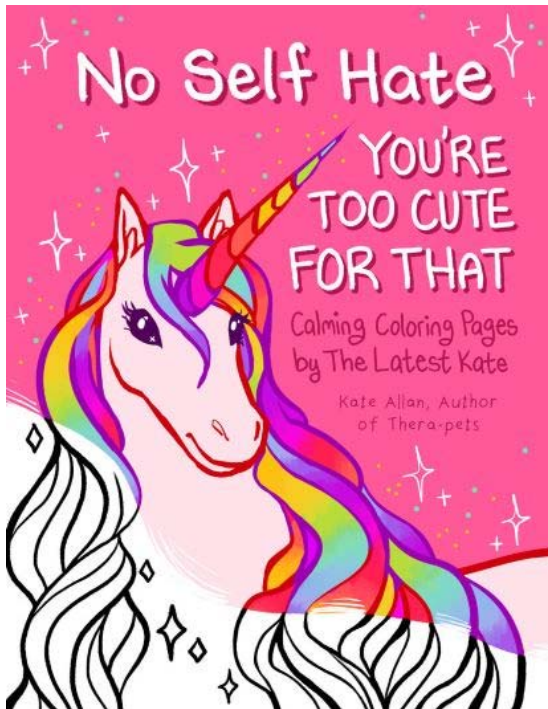
Engagement: from hundreds to thousands on Instagram and from thousands to hundreds of thousands on TikTok. 7% engagement rate (great!)

Terremana, the Rock's tequila, has interacted with his videos. His videos have garnered attention from Vine Pair, InStyle, and Yahoo News.

Agave Spirits blogs posts: He has been asked to be a contributing writer to various blogs and will promote his book there.

Conference merch: He is regularly booked for tequila/mezcal conferences and





No Self-Hate

You're Too Cute for That, An Anti Anxiety Coloring Book

by Kate Allan

Find Clarity and Connection in this Calming Coloring Book

Imagine calling it a day and calming the emotional storm with this anti-anxiety coloring book. Filled with encouraging messages and cute animal friends, these cute coloring pages are a perfect addition to your relaxing self care routine. Reconnect with your inner self. When was the last time you felt creative, confident or connected? You're too cute for that! Develop these skills and find anxiety relief in this calming coloring book. This Kate Allan art book for artists and anti-anxiety coloring book combo can be used to create wall art for your space.

An anti-anxiety coloring book from someone who gets it. Artist and bestselling author of THERA-PETS Kate Allen, or thelatestkate, draws from her own experience with anxiety and depression. She understands how helpful a creative outlet and a supportive message can be. NO SELF-HATE combines these in the perfect art therapy book for calming the storm in your mind.

Inside, you'll find:

- An encouraging coloring book with words that gently argue against negativity
- Calming visual sensory themes and affirmations in an anti-anxiety coloring book
- 96 coloring pages featuring cute, simple illustrations of cute animals and cute coloring pages for all skills

If you enjoyed calming coloring books like MINDFULNESS COLORING BOOK FOR ADULTS, 100 FLOWERS, or YOU DESERVE NICE THINGS, you'll love NO SELF-HATE

Author Bio

Kate Allan is an author and illustrator from Washington State. She writes and draws about painful things but aims to make it okay with bright colors and sparkles. Under the handle The Latest Kate, she has amassed a social media following of more than 400,000 people. Her work has been featured in THE HUFFINGTON POST, THE MIGHTY, MY MODERN MET, WEAR YOUR VOICE MAG, THE PATREON BLOG, and SPARKLIFE

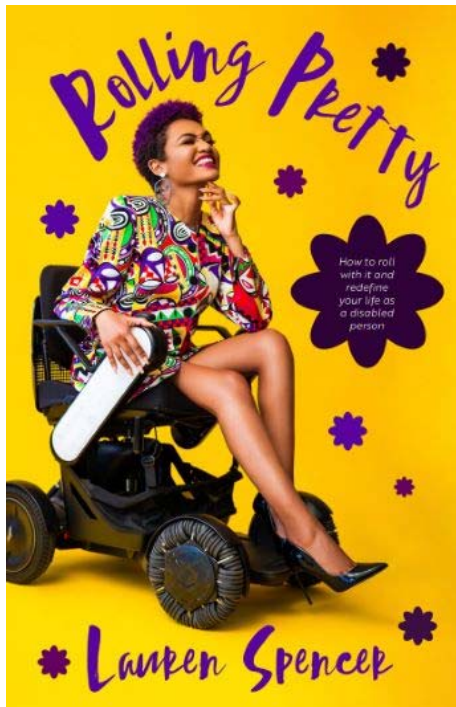
Mango Publishing
On Sale: Feb 14/23
8.5 x 11 • 150 pages
96 b/w illustrations throughout
9781684811397 • \$21.99 • pb
Games / Activity Books (Incl. Coloring Books)
Series: Coloring with TheLatestKate

Notes

Promotion

The Latest Kate has 400K+ followers on social media, a significant percentage of which are likely to purchase a book. Over 50K+ The Latest Kate items have been sold on merchandising website, Redbubble. The artwork has a colorful style reminiscent of popular 1990s illustrator Lisa Frank; nostalgic buyers will be interested. Those who struggle with mental illness will be encouraged and validated by these captioned illustrations. Her work has been featured in The Huffington Post, The Mighty, My Modern Met, Wear Your Voice Mag, The Patreon Blog, Sparklife, and more. Her books have sold over 60,000 copies.





LEAD

Rolling Pretty

How to Stop Overthinking Disability from a Disabled Person
by Lauren Spencer

Tools for Disabled People from a Disabled Person

Lauren "Lolo" Jones provides a candid and real inside look into the life of being a disabled person. This disability advocate embarks on the importance of visibility for the disabled community because representation matters!

Words from someone doing the work. Lolo Jones gained popularity as a YouTube personality. On her platform, *Sitting Pretty*, she encourages viewers to achieve their dreams through making strong choices. Lolo shares how she navigates daily life with Amyotrophic Lateral Sclerosis (ALS).

You are more than your limits. Choosing to see herself as more than a wheelchair handicapped disabled person, Lolo chooses to live a bold and courageous life now because representation matters. She created this intersectional guide to provide tools for disabled people to thrive in personal growth, independence, and community building. Add this guide to your list of inclusion books!

Inside, you'll find:

- An intersectional guide on how to grow personally and professionally
- Tools for disabled people to live a full life despite limitations and expectations
- Words from the inspiring Lauren "Lolo" Jones, your favorite disability advocate

If you're looking for gifts for disabled people to get encouraged like DISABILITY VISIBILITY, DEMYSTIFYING DISABILITY, or ROLLING WARRIOR, you'll love ROLLING PRETTY

Author Bio

Lauren "Lolo" Spencer is a Film Independent Spirit Award nominated actress, model, public speaker, and social media content creator. She currently stars as Jocelyn in HBO Max's *SEX LIVES OF COLLEGE GIRLS* executive-produced by Mindy Kaling. She has a YouTube channel titled *SITTING PRETTY* and hosts an Instagram TV talk show titled *THE NEW NARRATIVE* where she interviews guests with varying disabilities who are creating a new narrative for the disability community through their work and



Mango Publishing
On Sale: Feb 7/23
5.5 x 8.5 • 216 pages
9781684810116 • \$28.99 • pb
Biography & Autobiography / People With Disabilities

Notes

Promotion

 A Film Independent Spirit Award nominated actress for her role as Tracy Holmes in the John Cassavetes Award Winning film <i>Give Me Liberty</i>, which premiered both at Sundance and Cannes Film Festivals. Her performance was listed as one of the top performances of Sundance Film Festival 2019 by RogerEbert.com. Modeled in campaigns for Tommy Hilfiger Adaptive and Zappos Adaptive Profiled in popular media outlets like CNN, <i>The New Yorker</i>, AOL, <i>Voyage LA</i>, <i>Bustle</i>, <i>Hollywood Reporter</i>, HuffPost, BuzzFeed and more Panelist at the YouTube Accessibility Summit, Los Angeles Abilities Expo, VidCon, and Cannes Lions, the world's largest advertising conference and awards. Recently hosted the paralympic and Olympic Social Media Followers YT: 14.7k IG: 51.1k FB: 40k Age 25 - 34: 38.8% 35 - 44: 24.8% 18 - 24: 14.9%





Slow Living

by Helena Woods

Three years ago, Helena Woods left her busy, fast-paced life in New York City and decided to take a leap of faith and follow her husband to France. She had no idea that while living in France she would learn to live life in a completely different way: one that was simpler, slower, and full of pleasures and simple joys.

The stories and lessons in this book will encourage readers to find lifestyles that aren't tied to striving and chasing after things outside of themselves, but rather seeking joy from within. It will inspire others to remember that their worth is not in their work and it will empower and encourage them to notice the simple things in life. This book will share practical tools and spiritual insights that Helena has learned while living a quiet life in France on how one can integrate a more simple, slow, playful, and fun lifestyle no matter where they live.

Author Bio

Helena Woods is a creative storyteller, photographer, YouTuber, and blogger. Writing has always been her first love and passion. She has been writing stories since she was seven years old (over sixty journals completed and counting!) and has been blogging consistently since 2015. She currently produces and writes scripts for her YouTube videos and writes a monthly column for *Radiant Life* magazine.

Mango Publishing

On Sale: Apr 11/23

7.5 x 9.25 • 256 pages

40 full color photographs

9781684811649 • \$32.99 • pb

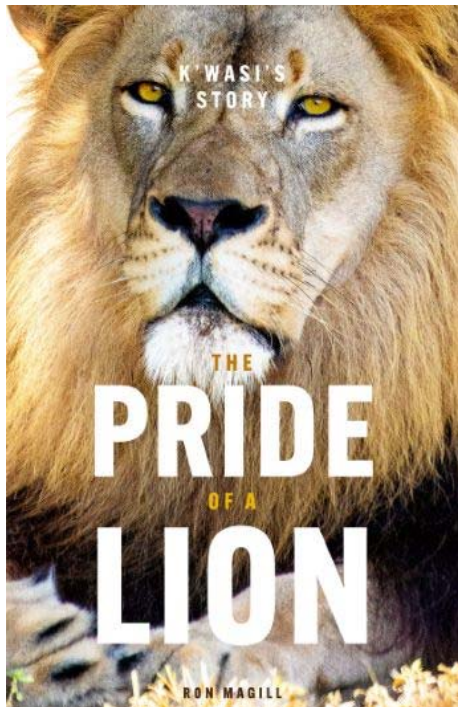
Self-Help / Motivational & Inspirational

Notes

Promotion

"Helena Woods" on YouTube 63k subscribers, consistent growth daily 210k recent monthly views 42.5k returning viewers Blog - helenawoods.com / Most searched blog posts are related to slow living in France. 12k monthly views 3k unique monthly visitors 60% organic search 40% direct visits Audience 90% women, living in the U.S.A. and Canada Ages 26 - 55 years old Average age: 35-45 <p>The author has an engaged following on Youtube who will enjoy the book and leave reviews. She also has a dedicated + loyal audience on Instagram and her email newsletter. She has a little less than 2,000 people on her email list. Many have purchased from her online shop from the mailing list alone.</p> <p>She will create 2 "day in the life of an author" videos on Youtube (these types of videos are very popular on YT and highly searchable) while in the process of writing the book to create some





The Pride of a Lion

K'wasi's Story

by Ron Magill

"K'wasi," means warrior.

The story of K'wasi is one of heartbreak, adoption, fear and family. His birth, a miracle, swept across the country in 2014. His journey would take him from the untimely death of his mother to redefining what it means to be in a pride. And most importantly, what it means to have a family.

World renowned wildlife expert and photographer, Ron Magill, documented every stage of K'wasi's roller coaster life.

Society has only recently accepted the incredible emotional intelligence of dogs, pigs, and chimpanzees. But through K'wasi's unimaginable story, Magill details how evolved lions, and the animal kingdom in general, truly are. Funny, engaging, touching, and thrilling, *The Pride of a Lion* defines what lions can teach us about family, resilience and the meaning of life

Author Bio

Ron Magill has worked with wildlife for over 40 years. He is the host of HITN's national wildlife documentary program, MUNDO SALVAJE con Ron Magill. As Zoo Miami's "Goodwill Ambassador," he has made frequent television appearances on many programs including NATIONAL GEOGRAPHIC EXPLORER, the DISCOVERY NETWORKS, the TODAY SHOW, GOOD MORNING AMERICA, THE LATE SHOW, CBS THIS MORNING, DATELINE, and CNN, as well as on Spanish networks UNIVISION and TELEMUNDO. In addition, he has written and produced many wildlife articles and award-winning photographs that have appeared in publications and galleries around the world. He has traveled extensively throughout Africa, Asia and tropical America while developing and directing conservation projects and Emmy-Award winning documentaries focusing on the wildlife of those regions. In addition to Zoo Miami and the Zoo Miami Foundation, Ron has worked with several children's charities with a special dedication to the Make-a-Wish Foundation where he helps to grant wishes for children facing life-threatening diseases. In addition, he is a regular speaker at schools and civic organizations throughout South Florida in hopes of inspiring our youth to follow their dreams while showing them the importance of protecting our world's wildlife for generations to come. Ron's proudest professional accomplishment is the establishment of the "Ron Magill Conservation Endowment" at the Zoo Miami Foundation. This endowment is the largest of its kind at the zoo and provides tens of thousands of dollars annually to wildlife conservation by providing annual scholarships as well as supporting

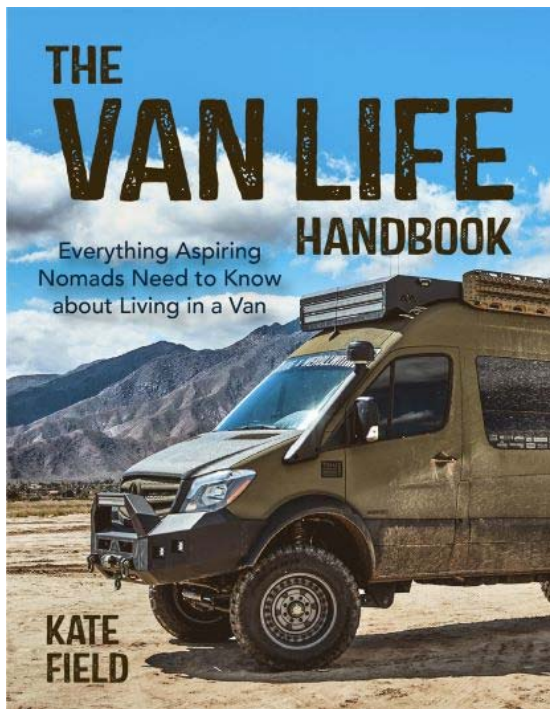
Mango Publishing
On Sale: Apr 11/23
5.5 x 8.5 • 224 pages
40 b/w photos throughout
9781684811663 • \$28.99 • pb
Nature / Environmental Conservation & Protection

Notes

Promotion

Instagram: @ronmagillwildlife
followers
Twitter:
@RonMagill
followers
Ron Magill is featured often on The Dan LeBatard Show, one of the top podcasts in the U.S.





The Van Life Handbook

Everything Aspiring Nomads Need to Know about Living in a Van

by Kate Field

Living the Van Life in Nomadic Style

The ultimate van life guide on living in a van, constructing your van, and preparing for a beautiful and adventurous life on the road!

Don't know where to start? We got you! Kate Field has created a guide on how to transition mentally and physically from a fixed address to an adventurous life on the road. Vans are different from campervans, motorhomes, and campers and Kate goes into detail on how to figure out just what vehicle suits your lifestyle and personality. She provides proven tips and tricks on living in a van with people or with a pet. She goes into detail about making money, and how to fight burnout on the road.

Enjoy beautiful photography taken by a veteran photographer. Enjoy pages of beautiful and inspirational photography of Kate's van that she customized and personalized to fit her journey. Van life is more than just road trips, it's about the person you become and the people you meet on the road. Get into the tips, stories, and nomadic lifestyle in this book!

Inside, you'll find:

- Inspirational photography and images from the talented Kate Field
- A guide on how to fight burnout, figure out floor plans, and enjoy life on the road
- Stories documenting the nomadic lifestyle and personal relationship goals of Kate

If you like travel books or books for van life like THE FALCON GUIDE TO VAN LIFE, WHERE SHOULD (...)

Author Bio

Kate Field is an Australian who grew up in Sydney. In her late 20's she moved to New York to work in fashion photography and stayed in the Big Apple for 5 years. She's been lucky enough to travel to New Zealand, Japan, Costa Rica, Chile, Ecuador, Peru, Canada, Mexico, and the Cayman Islands. Before buying her first van she road tripped The Blues Highway North to South, from Palm Springs up Highway 101 to the Redwood Forest and a circle trip of the



Mango Publishing
On Sale: Mar 14/23
6 x 9 • 256 pages
100 color photographs
9781642509571 • \$32.99 • pb
Transportation / Automotive / Customizing

Notes

Promotion

How the author will leverage her platform:
Author Kate Field has a YouTube channel with videos chronicling how to build your van from zero to heroKate has been guest written for and been featured in various publications in the adventuring space such as Pine, Business Insider, Adventure Expo, Rova, Gear Minded, etc. that could feature the book upon its releaseShe has an engaged following on Instagram of 55k+ who will order the book, share content about the book and leave reviewsShe will create a high quality book trailer for her platformsThe author has a network of fellow influencers in the van life space who will provide endorsements and help support the bookThe author has relationships with 40+ brands through her van business that could help support the book through their channels and existing customers such as Nomadica, Pathfinder, Roam Adventure Co., Urban Drivestyle, Factor 55, and





The Witch's Book of Love Spells

Charms, Invocations, Passion Potions, and Rituals for Romance

by Cerridwen Greenleaf

A Moon Spells Book with Love Spells for True Romance

"The perfect resource for spell casting, rituals as well as deities and flowers" - Pagan Pages Magazine

THE WITCH'S BOOK OF LOVE SPELLS is a moon spells book to help you say "I've finally found the love of my life!" Love can come in many ways, and love spells help to cultivate your greatest love, deepest romance, and truest desires.

A spell book for witches full of love and magic. Witchcraft is based on the knowledge that our destinies lie in our own hands, even in matters of the heart. Why suffer love gone wrong when you can do something about it? Don't doubt your power - with the help of this simple moon spells book, some gemstones and crystals, herbs for love, and a little of your natural chemistry, you are irresistible.

Love spells that harness the moon. Magic influences desired outcomes, empowers, and fosters growth. Begin this process with love spells - spells that draw the attention and devotion of a lover, strengthen the union between an existing couple, invoke sexual magic, heal a broken heart, and fill your own heart with love and compassion for yourself.

- Inside this moon spells book, you'll find:
- Secret recipes for aphrodisiacs
- Ritual celebrations for the high holidays of love
- Insight (...)

Author Bio

Cerridwen Greenleaf has worked with many of the leading lights of the spirituality world including Starhawk, Z Budapest, John Michael Greer, Christopher Penczak, Raymond Buckland, Luisah Teish, and many more. She gives herbal workshops throughout North America. Greenleaf's graduate work in medieval studies has given her deep knowledge she utilizes in her work, making her work unique in the field. A popular blogger for NEW WITCH MAGAZINE, her books have sold over 100,000 copies. She lives in San Francisco, CA.



Mango Publishing

On Sale: Jan 10/23

5 x 7 • 240 pages

40 color illustrations throughout

9781684811168 • \$32.99 • cl

Family & Relationships / Love & Romance

Notes

Promotion

Cerridwen has sold over 250,000 books and is also a top blogger and contributor to *New Witch Magazine*. She is also the author of Running Press's bestselling gift books, *The Witch's Spellbook* and *Spells for Love and Romance*. She is often invited to witchy conferences across the country and actively engaged with fanbase and giving advice. Forewordist Arin Murphy-Hiscock is the #1 selling author in Wicca category and will provide a lift to this ritual-packed book.





Wisdom of Wildly Creative Women

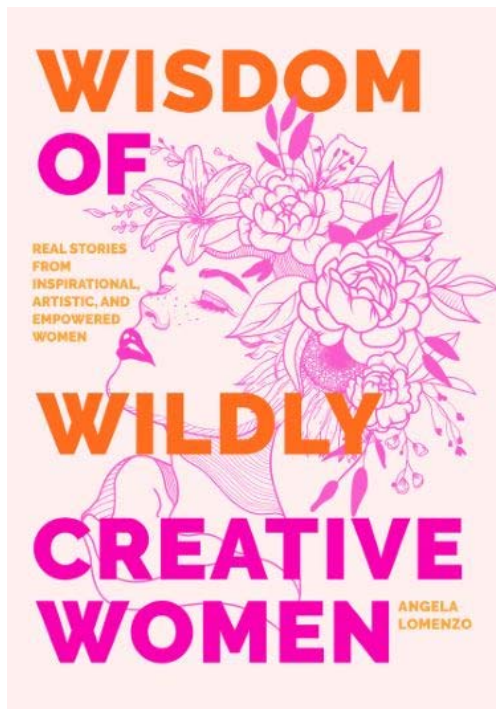
Real Stories from Inspirational, Artistic, and Empowered Women

by Angela LoMenzo

Author Bio

Angela LoMenzo grew up in an interfaith and multicultural environment, surrounded by a family of artists, musicians, and an Academy Award-winning grandfather. In one house, she had her father, the son of a Hungarian Greek Catholic Priest and a classical violinist who co-founded the Los Angeles Pops Orchestra. In the other house, she lived with her bohemian artist mother and Jewish Moroccan stepfather, a bassist whose band toured with The Doors. This diverse exposure as a child helped to develop her core values of unity, equality, and the belief that we are all interconnected as one. She is fiercely passionate about women's issues and human rights, as well as advocating for animals and the environment. Writing, art, and photography have been her outlet for self-expression for as long as she can remember.

Angela has been a makeup artist for over thirty years, working in television, music videos, print, and photography. In 1993 she married her soul mate, veteran bassist James LoMenzo. Spending her entire life in a community of uniquely talented artists has kept her firmly rooted in a creative lifestyle. She lives in her native Los Angeles with James and rescue pup Lita. The two have a daughter, Zoe Rose, who is a graphic artist and illustrator. When Angela is not writing, she is the creative director and makeup artist at Monster House Productions, the video/music production company she started with James in 2012. She recently became certified as a Chopra Meditation Instructor to help people learn the healing benefits of meditation both physically and mentally.



Mango Publishing

On Sale: Mar 7/23

7 x 10 • 256 pages

40 color photographs throughout

9781684811526 • \$35.99 • cl

Photography / Photojournalism

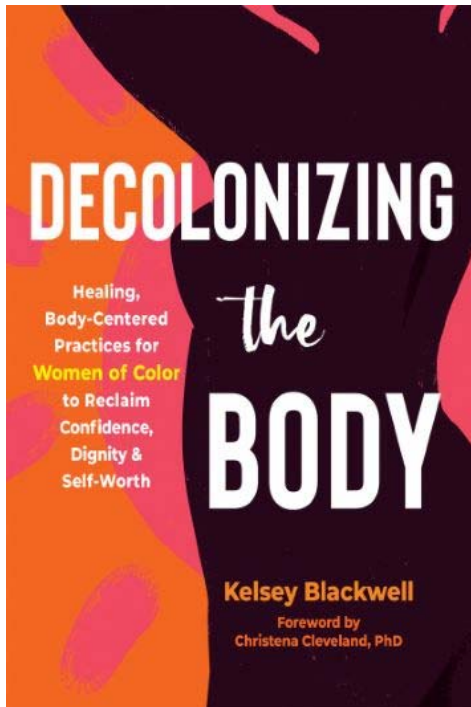
Notes

Promotion



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newharbingerpublications

Decolonizing the Body

Healing, Body-Centered Practices for Women of Color to Reclaim Confidence, Dignity, and Self-Worth
by Kelsey Blackwell, foreword by Christena Cleveland, PhD

Powerful, body-based practices to help you reclaim confidence, dignity, and self-worth.

As a woman of color, you are more likely to experience oppression, discrimination, and physical or sexual violence in your lifetime. In addition, your family may have experienced generational trauma and systemic racism going back for centuries. This old and new trauma can manifest in both the mind and body. However, there *are* ways you can free yourself from this trauma, build confidence in yourself and your abilities, and restore your powerful sense of self.

Written *by* a woman of color *for* women of color, *Decolonizing the Body* offers proven-effective somatic, body-centered practices to help you heal from systemic oppression, trust the profound wisdom of your own body, and reconnect with your true self. And by slowing down, cultivating a daily ritual, and setting strong boundaries, you can reclaim your inherent dignity and worth—as well as those aspects of yourself that you may have cast aside in an effort to survive.

With this empowering guide, you'll discover:

- How bodies are colonized through systems of oppression
- Why slowing down is *essential* for healing
- How to listen to what your body needs
- How to create a space for ritual in your daily life
- How to strengthen feelings of capability
- How to cultivate community-starting with yourself

To decolonize the body is to become whole again, and to come home again. Let this book be your guide on this crucial journey.

Author Bio

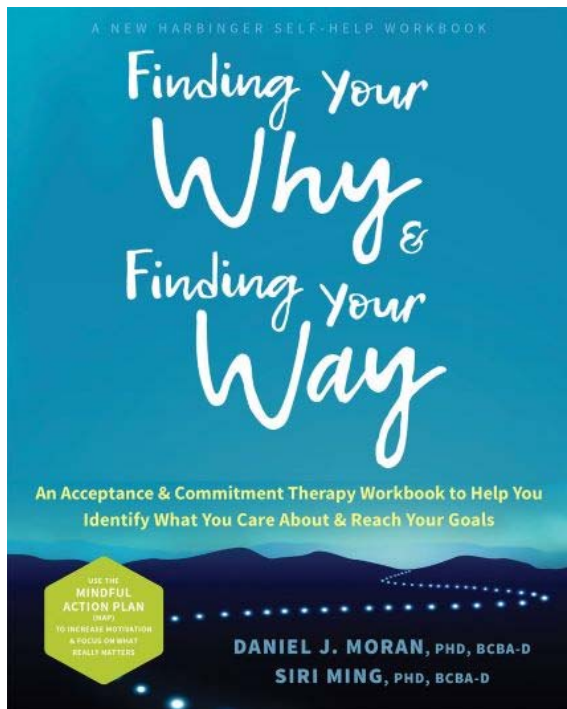
Kelsey Blackwell, MS, is a somatic practitioner and writer dedicated to supporting women of color to trust and follow the guidance of the body so we may powerfully radiate our worth, dignity and wisdom in a world which sorely needs this brilliance.

New Harbinger Publications
On Sale: Mar 1/23
6 x 9 • 176 pages
9781648480614 • \$28.95 • pb
Self-Help / Personal Growth / General

Notes

Promotion





newharbingerpublications

Finding Your Why and Finding Your Way

An Acceptance and Commitment Therapy Workbook to Help You Identify What You Care About and Reach Your Goals
by Daniel J. Moran, PhD, BCBA-D and Siri Ming, PhD, BCBA-D

Put mindfulness into action, and create a map" for your chosen life path with this powerful, step-by-step workbook.

Do you feel "stuck" in your life right now? You aren't alone. Whether you struggle with depression, anxiety, trauma-or simply feel unhappy or unmotivated-you may be seeking ways to find meaning, or discover the inspiration you need to create a new path in life that better serves you. Mindfulness has gained popularity as a self-help solution for a variety of mental health issues, and mindfulness meditation has been touted as powerfully effective in helping people find focus and balance in order to complete important tasks. But if you're like many other people, you may wonder, "How does one actually *do* mindfulness?"

This is an accessible, step-by-step guide for putting mindfulness into action every day. You'll find an evidence-based and customizable approach that blends mindfulness, behavioral activation skills, performance management techniques, and acceptance and commitment therapy (ACT) to help you identify what you deeply care about; increase your motivation; get *un* stuck from anxiety, depression, or trauma; reach your goals; and ultimately live a more meaningful life. You will also learn to develop personal growth skills, and take committed action to create positive change.

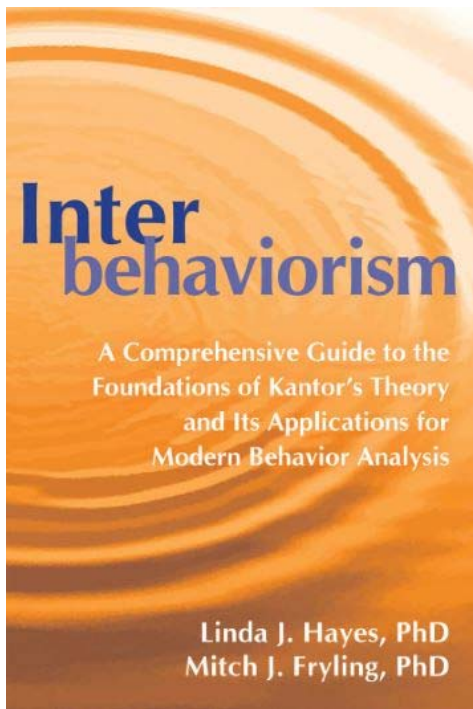
If you're ready to break free from the invisible barriers that stand between you and true happiness and satisfaction, this practical mindfulness guide will help you create your own path that leads to a more intentional and vital life!

Author Bio

Daniel J. Moran, PhD, BCBA-D, is founder and director of the MidAmerican Psychological Institute, and founder of Pickslyde Consulting. He coauthored *ACT in Practice* with Patricia Bach, as well as other contextual behavioral science publications. Moran has appeared on The Learning Channel, Animal Planet, and FOX News discussing obsessive-compulsive disorder (OCD) and hoarding. He is also a recognized acceptance and commitment therapy (ACT) trainer, board-certified behavior analyst, and past president and fellow of the Association for Contextual Behavioral Science (ACBS).

Siri Ming, PhD, BCBA-D, (she/her) is a scientist-practitioner with over twenty-five years of experience in the field. She is committed to the compassionate practice of behavior analysis to help people live meaningful, values-directed lives. Her research and clinical focus are on applications of relational frame theory (RFT) to early intervention programs for children with autism,





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Interbehaviorism

A Comprehensive Guide to the Foundations of Kantor's Theory and Its Applications for Modern Behavior Analysis
by Linda J. Hayes, PhD and Mitch J Fryling, PhD

A comprehensive guide to the work of Jacob Robert Kantor, and a must-have for anyone interested in behavior analysis or cognitive behavioral science.

Often overlooked or misunderstood, the work of American psychologist Jacob Robert Kantor is finally being recognized for its contribution to contextual behavior sciences. This important volume brings Kantor's prescient work into the twenty-first century, teaching readers the foundations and unique features of *interbehaviorism* in a straightforward way, and exploring the profound effects it has in applied domains like perspective-taking, feelings and emotions, interpersonal relationships, and more.

In this volume, you'll find detailed explanations of Kantor's theory, as well as its research assumptions and foundations. Whether you're a behavior therapist, contextual behavior scientist, behavior analyst, student of behavior analysis, or simply interested in the history of interbehaviorism and its modern applications, this book is an essential addition to your professional library.

Author Bio

Linda J. Hayes, PhD, is professor of psychology, and founder and director of the behavior analysis program at the University of Nevada, Reno.

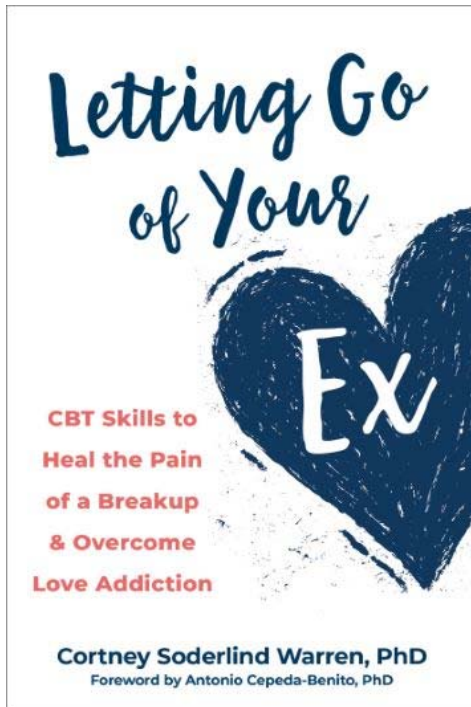
Mitch Fryling, PhD, BCBA-D, is associate professor and chair of the division of special education and counseling at California State University, Los Angeles. He has authored and coauthored many scholarly publications, primarily in the area of behavioral theory and philosophy, especially as it pertains to complex human behavior and system development in behavior analysis. He is current editor of *The Psychological Record*

New Harbinger Publications
On Sale: Apr 1/23
6 x 9 • 256 pages
9781684036837 • \$114.95 • pb
Psychology / Movements / Behaviorism

Notes

Promotion





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Letting Go of Your Ex

CBT Skills to Heal the Pain of a Breakup and Overcome Love Addiction

by Cortney Soderlind Warren, PhD, foreword by Antonio Cepeda-Benito, PhD

Recover from love addiction and create a vibrant, healthy life- *without* your ex.

Do you feel like you're *never* going to get over your ex? Do thoughts and memories of a past romance bring you unbearable pain? Are you consumed by anger, sadness, frustration, and rumination about what went wrong? If so, you may have an unhealthy love addiction. You aren't alone, and there is nothing to be ashamed of. For people who struggle with love addiction, a breakup can feel overwhelming. The good news is there are tools you can use to begin healing.

Written by a psychologist and leading love addiction expert, *Letting Go of Your Ex* offers powerful, evidence-based skills and techniques grounded in cognitive behavioral therapy (CBT) to help you combat the overwhelming symptoms of love addiction, get unstuck from the past, and start focusing on what makes *you* happy, right here and now.

You'll learn:

- How and why love can function like an addiction
- How to change the harmful beliefs that keep you stuck on your ex
- How childhood experiences affect adult romantic relationships
- How to avoid recreating old dynamics in a new relationship

Love addiction is real-and just like any addiction, it can leave you in a constant state of craving, withdrawal, and hopelessness. But there *is* hope for recovery. Using the tools in this compassionate and nonjudgmental guide, you can start moving toward the life you deserve.

Author Bio

Cortney Soderlind Warren, PhD, is a clinical psychologist and former tenured associate professor of psychology at the University of Nevada, Las Vegas (UNLV). Having won numerous professional awards for her research, Warren is an expert on addictions, eating pathology, self-deception, and the practice of psychotherapy from a cross-cultural perspective. In addition to her academic work, Warren is a speaker, author, and coach with a passion for bringing psychological tools to the public. She earned her doctorate from TexasA&M University after completing a clinical internship at McLean Hospital/Harvard Medical School in 2006.

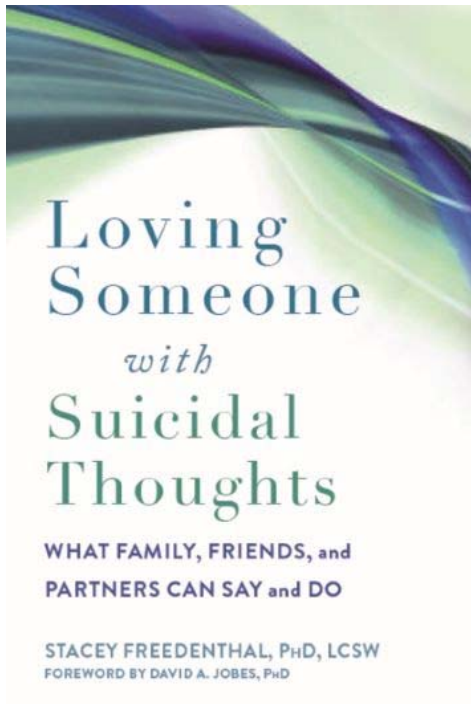


New Harbinger Publications
On Sale: Feb 1/23
6 x 9 • 200 pages
9781648480379 • \$27.95 • pb
Family & Relationships / Divorce

Notes

Promotion





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Loving Someone with Suicidal Thoughts

What Family, Friends, and Partners Can Say and Do

by Stacey Freedenthal, PhD, LCSW, foreword by David A. Jobes, PhD

For help in dealing with a suicidal crisis right now, please call 1-800-273-8255 to reach the National Suicide Prevention Lifeline. You can also text HOME to 741741 to reach a crisis counselor at the Crisis Text Line.

If you love someone who has suicidal thoughts, you may struggle with profound fear of saying or doing the wrong thing. You desperately want to help, but you're unsure of where to start. This book can guide you as you support your loved one without sacrificing your own needs and well-being. You'll find the answers to some of your most urgent questions, including:

- What are signs and clues of suicide risk?
- How do I talk with my loved one about their suicidal thoughts?
- When should I call the police?
- What do I say and do after a suicide attempt?
- What treatments for suicidality are available?
- How can I help the person I care about stay safe?
- What can I do to help them feel better, too?
- What can I do to cope better?
- What does recovery look like after a suicidal crisis?

Written by a psychotherapist with decades of clinical experience in suicidology, this compassionate guide offers essential communication techniques you can use to help your loved one, as well as strategies for navigating your own stress, worry, fear, and anxiety. Drawn from cognitive behavioral therapy (CBT), acceptance and commitment therapy (ACT), and mindful self-compassion, the tools in this book will help you recognize warning signs, improve communication, create a safety plan, know (...)

Author Bio

Stacey Freedenthal, PhD, LCSW, is a psychotherapist and consultant in private practice in Denver, CO, and an associate professor at the University of Denver Graduate School of Social Work. Freedenthal focuses her work on helping people who experience suicidal thoughts or behavior. She authored *Helping the Suicidal Person: Tips and Techniques for Professionals*, and she created the website, *Speaking of Suicide*.

Foreword writer **David A. Jobes, PhD**, is professor of psychology, associate director of clinical training, and director of the Suicide Prevention Laboratory at The Catholic University of America. He created Collaborative Assessment and Management of Suicidality (CAMS), which is a suicide-focused clinical

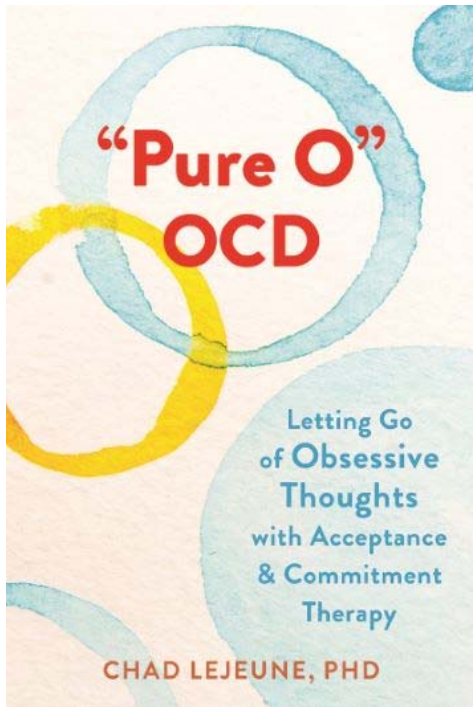


New Harbinger Publications
On Sale: Jan 2/23
6 x 9 • 232 pages
9781648480249 • \$27.95 • pb
Self-Help / Depression
Series: New Harbinger Loving Someone

Notes

Promotion





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Pure O OCD

Letting Go of Obsessive Thoughts with Acceptance and Commitment Therapy
by Chad LeJeune, PhD

Let go of the struggle and obsess less. With this unique guide, you'll find the tools you need to get unstuck from obsessive thoughts, overcome fears, feel more grounded, and live a life that truly reflects your values.

Pure obsessional obsessive-compulsive disorder, or Pure O" OCD, is a subtype of OCD that is characterized by intrusive thoughts, images, or urges without any visible symptoms. These "hidden compulsions" can include constant reassurance seeking, obsessive regret or worry, and may involve avoidance, excessive preparation, and thought rituals. They can also cloud your judgement, causing you to make decisions based on fears and compulsions instead of your values. But trying to stop or change these fearful thoughts only leads to *more* anxiety and fear. So, how do you break this obsessive cycle?

Grounded in acceptance and commitment therapy (ACT), and written by a renowned ACT and anxiety expert, *"Pure O" OCD* explains the cognitive fusion underlying your obsessive thoughts, and how it can lead to social anxiety, not feeling good enough, panics and phobias, and even other disorders-all of which then reinforce the fusion in an unhelpful, positive feedback loop. Using the five skills in this book-labeling, letting go, mindfulness, purpose, and acceptance-you'll learn how to finally break free of the struggle, worrying, and avoidance that keep you stuck.

With practice, you'll find that you *can* counter your anxiety and obsessive thoughts with your own, values-based narrative, and learn how to better accept your thoughts and feelings, so that you can proceed freely and purposefully toward a life that reflects what matters most to you.

Author Bio

Chad LeJeune, PhD, is a clinical psychologist and professor of psychology at the University of San Francisco. He is a founding fellow of the Academy of Cognitive Therapy and has been a practitioner of acceptance and commitment therapy since 1990. He lives and works in San Francisco. Visit him online at www.anxietyhappens.com

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6 x 9 • 200 pages

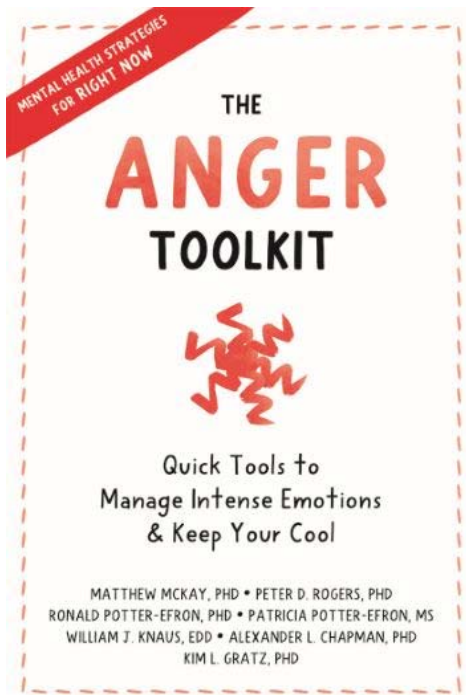
9781648480409 • \$27.95 • pb

Self-Help / Compulsive Behavior / Obsessive Compulsive Disorder (Ocd)

Notes

Promotion





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The Anger Toolkit

Quick Tools to Manage Intense Emotions and Keep Your Cool
by Matthew McKay, PhD, Peter D. Rogers, PhD and Ronald Potter-Efron, MSW, PhD

A quick-relief guide for calming anger in the moment-just when you need it most.

Do you struggle with problem anger? If so, you are far from alone. Sometimes anger can be a helpful emotion. It pushes us to stand up for ourselves or the people we care about-or to advocate for a cause we believe in. But sometimes, anger can become intense and overwhelming, and lead us to act in destructive or harmful ways-impacting relationships, work, and our health. So, how can you take charge of your anger before it gets the best of you? Written by a team of anger experts, *The Anger Toolkit* offers evidence-based anger-cooling skills, exercises, and tools drawn from cognitive behavioral therapy (CBT), dialectical behavior therapy (DBT), and acceptance and commitment therapy (ACT). With this powerfully effective pocket guide, you'll learn to:

- Find calm right away with emergency" anger management skills
- Understand your anger, as well as your anger triggers
- Get unstuck from anger before it gets the best of you
- Be good to yourself by creating a life where your physical and emotional well-being are high priorities

If you're ready to stop letting anger rule your life, this easy-to-use guide has everything you need to stay calm, cool, and in charge of your emotions.

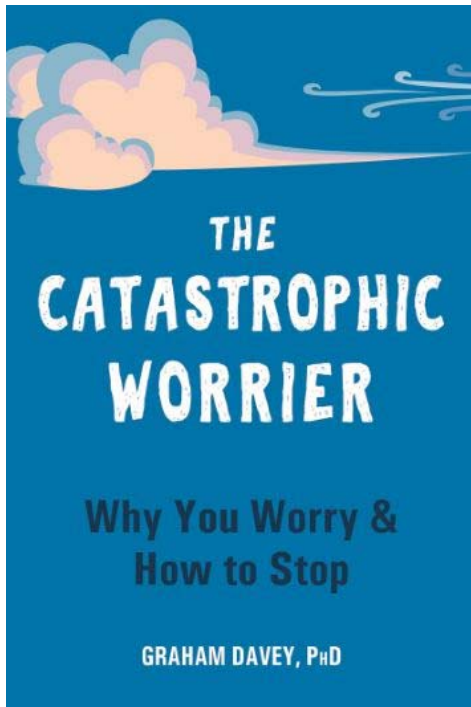
Author Bio

Matthew McKay, PhD, is a professor at the Wright Institute in Berkeley, CA. He has authored and coauthored numerous books, including *The Dialectical Behavior Therapy Skills Workbook*, *Self-Esteem*, and *Couple Skills*, which have sold more than four million copies combined. He received his PhD in clinical psychology from the California School of Professional Psychology, and specializes in the cognitive behavioral treatment of anxiety and depression.

Peter Rogers, PhD, was the administrative director of Haight Ashbury Psychological Services. He was the coauthor of **When Anger Hurts**, **The Divorce Book**, **The Anger Control Workbook**, and **The Community Building Companion**.

Ronald T. Potter-Efron, MSW, PhD, is a psychotherapist in private practice in Eau Claire, WI, who specializes in anger management, mental health counseling, and the treatment of addictions. He is the author of **ANGRY ALL**





newharbingerpublications

The Catastrophic Worrier

Why You Worry and How to Stop

by Graham Davey, PhD

Do you turn all your molehills into insurmountable mountains? This accessible and engaging book will guide you along the path to stop catastrophizing so that you can reclaim control, achieve your goals, and live a happier life.

Is your worrying keeping you up all night, eroding your self-confidence, paralyzing your ability to make decisions, and harming your physical health? Excessive worrying is a problem that affects everyone at some point in their lives, but for some people it can become a lifelong affliction. Catastrophic worry can turn even imagined setbacks into a cascade of devastating events, impacting your sleep, self-confidence, decision making, problem solving, ability to cope, and overall health. So, how can you put an end to this worst-case habit?

In this guide, leading worry expert Graham Davey explains the science of why we worry, and offers a clear path to stopping catastrophic worry so you can regain control and live a happier life. Focusing first on the psychological processes that contribute to catastrophizing, you'll gain a solid, research-based understanding of where your worry comes from, with insight into how it can snowball. You'll also learn how to assess your own level of catastrophic worrying, and find exercises that directly address those processes to help you establish healthy habits, manage your mood and anxiety, and make decisions with confidence.

With these easy-to-follow tips and exercises for letting go of anxiety, lifting your mood, and managing your catastrophizing, you'll learn how to live with uncertainty and embrace a life free of unnecessary worry.

Author Bio

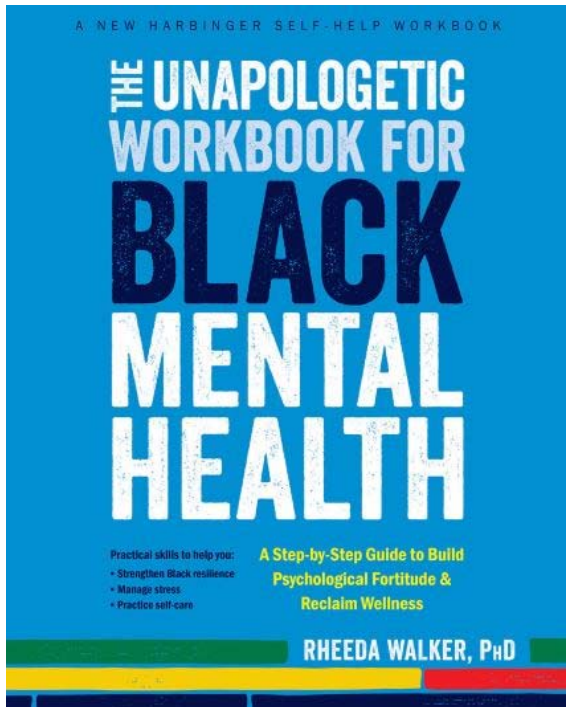
Graham Davey, PhD, is emeritus professor of psychology at the University of Sussex, UK, where his research interests are anxiety, worry, phobias, and the role of the disgust emotion in psychopathology. He has written a range of teaching and research books, most recently on clinical psychology and psychopathology. He is also past president of the British Psychological Society, and a founding editor in chief of the *Journal of Experimental Psychopathology*. He lives in Brighton, UK.

New Harbinger Publications
On Sale: Jan 2/23
6 x 9 • 224 pages
9781648480348 • \$27.95 • pb
Self-Help / Anxieties & Phobias

Notes

Promotion





newharbingerpublications

The Unapologetic Workbook for Black Mental Health A Step-by-Step Guide to Build Psychological Fortitude and Reclaim Wellness by Rheeda Walker, PhD

It's past time to take Black mental health seriously. It's time to intentionally cultivate resilience, build unshakable confidence, claim your truth, and step into unapologetic joy with this workbook.

There is a Black mental health crisis in our world today, and it is tied to disproportionately high rates of chronic illness, poverty, under-education, unacknowledged and untreated trauma, and structural racism. Depression, anxiety, and suicide were increasing before the global pandemic, but have since escalated even further. In order to reclaim a life worth living, you must first reclaim your mind. Whether you suffer yourself, have a loved one who needs help, or are a mental health professional working with the Black community, this workbook will be your lifeline.

This workbook—from the author of *The Unapologetic Guide to Black Mental Health*—offers a step-by-step, interactive journey toward better mental health. You do not have to be at the mercy of everyday circumstances that would otherwise demean you or steal your joy. Grounded in both cognitive behavioral therapy (CBT), you'll gain powerful skills to help you effectively manage stress, make self-care a priority, and find lasting emotional balance and well-being in a world still steeped in systemic inequality, discrimination, and microaggressions.

With this workbook, you'll discover:

- What psychological fortitude is, and why's it's so important
- How to set boundaries and say "no" when you are feeling overwhelmed
- How racism can impact your mental health—and what to do about it
- How to overcome internalized racism and explore meaningful Blackness

If you're ready to reclaim wholeness, build resilience, and thrive, this powerful workbook will be your guide.

Author Bio

Rheeda Walker, PhD, is a tenured professor of psychology in the department of psychology at the University of Houston. She is a behavioral science researcher and licensed psychologist who has published more than fifty scientific papers on African American adult mental health, suicide risk, and resilience. Walker is recognized as a fellow in the American Psychological Association due to her scholarly accomplishments.

Walker has been a guest expert psychologist on T.D. Jakes's national television talk show, and her work has appeared or been cited in *The*



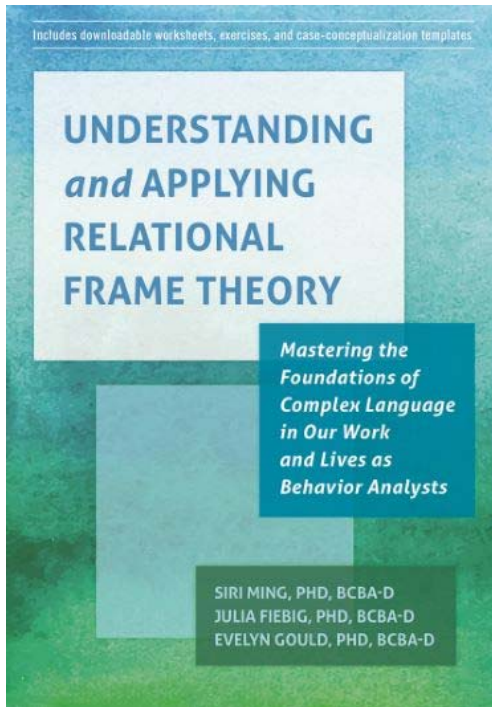
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New Harbinger Publications
On Sale: Feb 1/23
8 x 10 • 180 pages
9781648480874 • \$31.95 • pb
Self-Help / Personal Growth / General

Notes

Promotion





newharbingerpublications

Understanding and Applying Relational Frame Theory

Mastering the Foundations of Complex Language in Our Work and Lives as Behavior Analysts

by Siri Ming, PhD, BCBA-D, Evelyn Gould, PhD, BCBA-D and Julia H. Fiebig, PhD, BCBA-D

A comprehensive treatise on how to understand complex language, and use language effectively as a behavior analyst.

Language changes everything. From infancy through adulthood, language shapes how we live our lives and interact with other people, in increasingly complex ways. Language also shapes how we exist in the world as professionals-and how we operate as a profession. As behavior analysts working with others to effect change, words matter.

A comprehensive understanding of complex language is therefore critical to practicing effectively as a behavior analyst. Understanding the functions of complex language, allows us to skillfully use language as an intervention tool. Relational frame theory (RFT) is a behavior analytic theory of human language. RFT suggests that the building block of human language and higher cognition is *relating* -in other words, the human ability to create links between one thing and another using words. *Understanding and Applying Relational Frame Theory* outlines the essential principles of RFT, and offers practical applications and tools to help clients live better lives and to establish the conditions necessary for all of us to thrive. With a central focus on establishing psychological flexibility, prosociality, and cooperative contexts for change, at all levels of analysis-from the self to overarching systems and cultures-in this book, you will:

- Learn **the theoretical basis of RFT**, including **how relational operants are learned**, from their roots in early social interactions to the complex relating of relations and relational networks seen in analogical and metaphorical reasoning.
- Explore how **complex verbal repertoires affect individual behavior**, introducing the development of the self and the influence of rule-governed behavior (...)

Author Bio

Siri Ming, PhD, BCBA-D, (she/her) is a scientist-practitioner with over twenty-five years of experience in the field. She is committed to the compassionate practice of behavior analysis to help people live meaningful, values-directed lives. Her research and clinical focus are on applications of relational frame theory (RFT) to early intervention programs for children with autism, integrating Skinnerian verbal behavior with RFT. She has authored numerous peer-reviewed research and theoretical articles on applications of RFT, as well as a practical handbook series on using RFT in early intervention programs. She teaches and acts as subject matter expert for graduate level classes in



New Harbinger Publications
On Sale: Jan 2/23
7 x 10 • 336 pages
9781684038879 • \$144.95 • pb
Psychology / Clinical Psychology

Notes

Promotion





page two:

Creating Superfans

How To Turn Your Customers Into Lifelong Advocates

by Brittany Hodak

Superfans aren't just for pop stars and NBA teams.

What if your customers loved your brand the way Swifties love Taylor or Drake loves the Raptors? What if they came back again and again. . . and told their friends to do the same?

In *Creating Superfans*, award-winning entrepreneur and keynote speaker Brittany Hodak shares a powerful framework for transforming your business from a commodity into a category of *one*.

Brittany has helped fan-engagement campaigns for brands including Walmart, Disney, Amazon, and dozens of other global brands. *Creating Superfans* combines sharp business insights with entertaining stories from work with stars like Taylor Swift, Dolly Parton, and Motley Crue.

Memorable case studies from businesses of all sizes illustrate that customer experience, or CX, is the battlefield for winning - and *keeping* - customers. Brittany's game-changing CX system, the SUPER Model, is simple to learn, deploy, and measure across every organization.

Whether you're launching a new business or running a hundred-year-old brand, *Creating Superfans* gives entire teams a shared playbook for tapping into the unmatched power of superfandom.

Author Bio

Brittany Hodak is an award-winning entrepreneur, author, and customer experience speaker who has delivered keynotes across the globe to organizations including American Express and the United Nations.

Brittany is unapologetically obsessed with helping businesses turn their customers into superfans. She has worked with some of the world's biggest brands and entertainers, including Walmart, Disney, Katy Perry, and Dolly Parton. She founded and scaled an entertainment startup to eight figures before exiting and is the former Chief Experience Officer of Experience.com.

BrittanyHodak.com

Page Two

On Sale: Jan 10/23

8 x 6 • 296 pages

Full colour

9781774580783 • \$32.00 • cl

Bus & Econ / Customer Service

Notes

Promotion

Foreword by Shep Hyken

North American Media Campaign

Considered one of the top 21 Speakers by Marketing

Insider Group

Influencer Outreach

Online advertising campaign

Physical ARCs

High profile endorsements

12,000 social media followers

Extensive byline article campaign

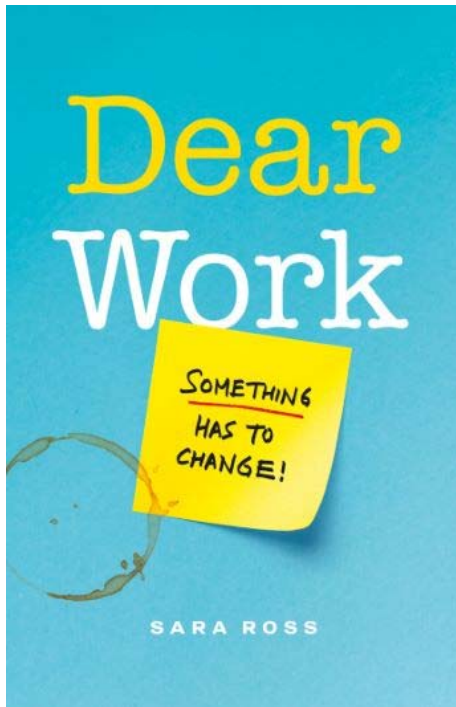
Book has already been featured in Forbes

Pre-order campaign offer a new course with a \$300 value

Author lives in Nashville



Raincoast Books



page two:



Dear Work

Something Has to Change

by Sara Ross

Stand out doing the work you love without burning out.

Do you love your job but feel stressed to the max? Are you exhilarated by your achievements but lately have you been feeling like you cannot keep going at your current pace? Does some part of you know your relationship with work has to change? Then *Dear Work* is for you.

Chief vitality officer of leadership research and coaching firm BrainAMPED, Sara Ross explains exactly how you can keep accelerating in your career and achieving great things. The first step is to stop convincing yourself that the rules of overwork don't apply to you. But by putting the power of brain science into action, you can get out of a survive-the-day mentality and reignite your take-on-the-day vitality at work.

In *Dear Work*, you will learn:

- How to identify four tricky "success traps" - mistaken beliefs that snare you into thinking you're doing what it takes when really what you're doing is *taking from you*.
- How to adopt a "yes, and" stress mindset and develop a better approach to stress management.
- Proven, actionable techniques for boosting your vitality at work so that you stand out without burning out.
- And much, much more.

You don't need another book telling you to slow down, temper your passion, or ease up on your ambition. But you may need a new way to fuel both your desire to shine and your refusal to let up. A practical love letter to you and your professional life, *Dear Work* will show you how.

Author Bio

Sara Ross is a keynote speaker, executive coach, and founder and Chief Vitality Officer at BrainAMPED, a leadership coaching and strategy firm helping people and organizations strengthen their Leadership Vitality. Her clients include Microsoft, PepsiCo, the University of Toronto, and the US Navy SEALs, among others. A CTI-trained Executive Coach and accredited Language and Behavioral Profiler, she has a Master of Science from the University of Waterloo. She lives in Toronto, Canada.



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Page Two

On Sale: Jan 31/23

8.5 x 5.5 • 240 pages

9781774582459 • \$21.95 • pb

Bus & Econ / Personal Success

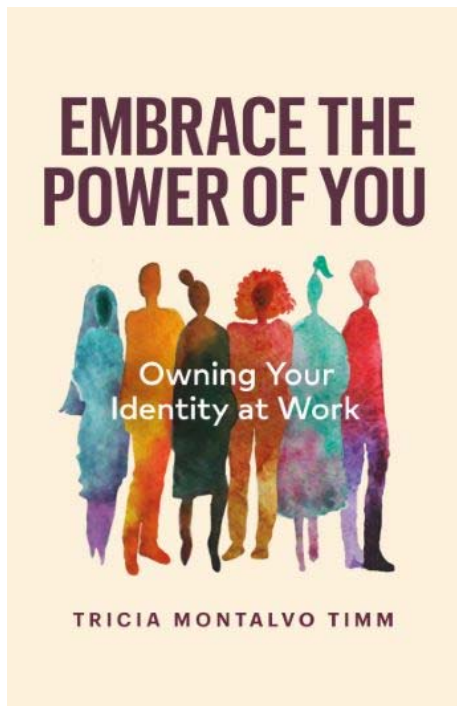
Notes

Promotion

Author is a speaker with capacity to share her message with – and promote her book to – thousands of keynote attendees per year
Book offers effective, practical brain science-based solutions to workplace burnout — a good antidote to softer philosophical approaches
Beyond just burnout, this book explores several topics of urgency in today's work landscape: resilience, emotional intelligence, and energy management



Raincoast Books



page two:

Embrace the Power of You

Owning Your Identity at Work

by Tricia Montalvo Timm

It started with a LinkedIn post: "My mom is from El Salvador. My dad is from Ecuador. I am Latina."

For years, corporate lawyer Patricia Montalvo Timm had kept her identity under wraps in the high pressure, high tech world of Silicon Valley. The post received far more response than she expected, and from that moment on she knew that there were so few Latinas who had made it to the top ranks of corporate America, she had a responsibility to be visible.

Embrace the Power of You is written for those who are hiding parts of themselves. There is a certain amount of grit you need to get by in the corporate world, and many people, especially women and people of color, first need to believe that they are worthy enough to be in the room before they can start planning strategies on how to succeed there. This business memoir aims to reach all those who are struggling to belong, and arm them with the tools and knowledge on how to get to the other side of their fear.

In *Embrace the Power of You*, Timm goes deep to uncover why people may feel like outsiders. Starting with her own journey as a child actress and being given a more "mainstream" name, Timm looks into how the invisibility process begins. She uses data, research, and personal stories to examine why we may have certain fears and doubts. She focuses (...)

Author Bio

Tricia Montalvo Timm is a first-generation Latina who rose through the ranks of Silicon Valley advising high-tech companies big and small, culminating in the sale of data analytics software company Looker to Google for \$2.6 billion. Tricia is one of the few Latinas to have attained the triple achievement of reaching the C-suite, joining the boardroom and cracking the venture capital ceiling. Her career has spanned from working with some of the largest and most well-known publicly traded multinational companies in the world to stepping on as the first lawyer at several high-growth start-ups. Tricia currently serves on the board at Salsify, a business-to-business software company whose commerce experience management platform helps brand manufacturers, distributors and retailers collaborate to win on the digital shelf. She is also an advocate for women and girls and serves as a mentor, advisor and, more recently, investor in female-founded companies. Tricia's industry recognitions include the 2020 Women of Influence and Latino Business Leadership awards from *Silicon Valley Business Journal* and the title of Diversity Champion from the Silicon Valley Business Journal Corporate

Page Two

On Sale: Mar 7/23

8.5 x 5.5 • 240 pages

9781774582572 • \$21.95 • pb

Bus & Econ / Women In Business

Notes

Promotion

Excellent endorsements

Outreach campaign leveraging author's extensive participation in business and leadership organizations

(specifically Heather Kernahan's, CEO of PR Firm Hotwire, Group of Ten author community)

Adobe

Slack

Twitter

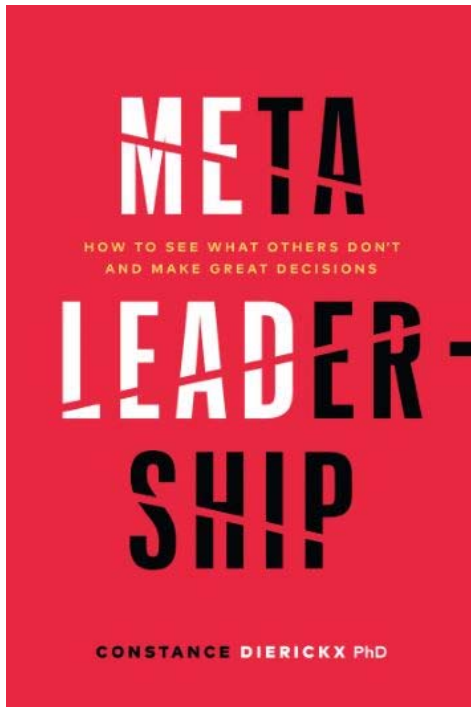
Salesforce

North American PR campaign

Online advertising campaign



Raincoast Books



page two:

Meta-Leadership

How to See What Others Don't and Make Great Decisions

by Constance Dierickx

Learn to avoid common leadership decision-making traps

Despite what you may think, all top leaders make mistakes, simply because they are human. In fact, the more senior and successful they are, the more susceptible they are to making errors - because as confidence increases, hubris often does as well. But, as Constance Dierickx demonstrates, this doesn't have to be your fate.

In *Meta Leadership*, Dierickx draws on a vast body of research from psychology and business to show how great leaders can improve their judgment for stronger, more profitable results. Incorporating leading-edge data and research on the science of thinking, emotional regulation, and behavior, *Meta Leadership* offers fascinating stories, incisive insights, and useful takeaways for better leadership and better outcomes.

Discover how to use a dose of uncertainty to counterbalance overconfidence in split-second decisions; show courage without being reckless in a crisis; demonstrate that different situations call for different types of action; and more. You'll also learn how to be a better judge of other people to lead more effectively. And just imagine what a 20-percent improvement in decisions on investments could be worth.

Whether you are at the start of your leadership journey or have held a senior leadership role for years, *Meta Leadership* will arm you with knowledge and insights to achieve the highest results from yourself and your team.

Author Bio

Constance Dierickx is an internationally recognized expert in high-stakes decision-making who has advised leaders and delivered speeches in more than 20 countries. Founder and president of CD Consulting Group, her clients include Fortune 20 companies, private equity firms, and large not-for-profits around the globe. She is a contributor to *Harvard Business Review*, *Forbes*, *Chief Executive*, and others, and has taught strategic decision-making at Skolkovo Institute of Science and Technology in Moscow, Russia. She lives in Atlanta, Georgia.

Page Two

On Sale: Apr 18/23

9 x 6 • 204 pages

9781774582169 • \$34.00 • cl

Bus & Econ / Decision-Making & Problem Solving

Notes

Promotion

Extensive network including: Newsletter and social media reach of 4,000+

Recent focus on video content (growing YouTube channel)

A Hall of Fame member of the Million Dollar Consulting community (20,000+)

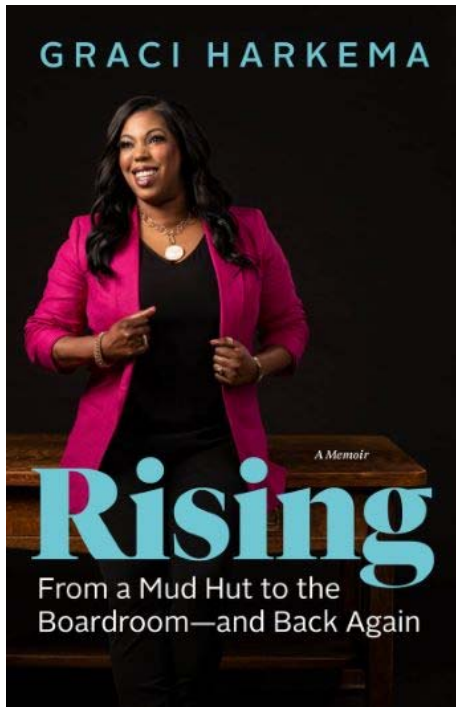
Excellent endorsements

Influencer outreach campaign through author's personal contacts in the entrepreneurial community (4,000+ contact database list)

North American PR campaign

Regular contributor to *Harvard Business Review* blog and *Forbes.com* among others





page two:

Rising

From a Mud Hut to the Boardroom--and Back Again
by Graci Harkema

An identity that spans the globe.

In this astonishing memoir, Graci Harkema revisits her experience growing up as an adoptee from the Congo in Grand Rapids, Michigan. She traces her path to claiming and living her own story, becoming a successful consultant on diversity, equity and inclusion, racial justice, LGBTQ+ equality, and women in business.

Born amid civil unrest in a mud hut in the Congo and weighing a mere three pounds, Harkema was left at an orphanage, where she was not expected to live another day. But that afternoon, a visiting American missionary saw her sleeping in a doll's bed and heard a voice inside her say, "This is your daughter."

Her childhood was spent wishing to be lighter and blonder, like her siblings and classmates. Out of fear of standing out even more from her peers, Harkema kept her sexuality a secret, only coming out of the closet years later - during a job interview! Eventually, she learned to see her identity as her superpower, instead of her shame.

Today, Harkema helps embrace diversity and drive inclusion to ensure open and safe work environments. She is committed to empowering employees to perform to their potential as their authentic selves - setting an example as she continues to live her own story, journeying to meet her birth mother, to discover one more piece of herself.

Author Bio

Graci Harkema is the owner of Graci LLC, an international consultancy providing training and speaking on diversity, inclusive leadership and implicit bias for various organizations and industries throughout the globe. *The Grand Rapids Business Journal* has named her a 40 Under 40 Business Leader, a 50 Most Influential Woman, and one of the 200 Most Powerful Business Leaders of West Michigan. Harkema resides in Grand Rapids, Michigan, with her dog, Teddy Roosevelt. Visit her at graciharkema.com or @thegraciharkema on Instagram.

Page Two

On Sale: Apr 18/23

8.5 x 5.5 • 160 pages

9781774582510 • \$32.00 • cl

Biography / Personal Memoirs

Notes

Promotion

Social media campaign leveraging author's audience of 16,000+ across platforms (Instagram, Facebook and LinkedIn)

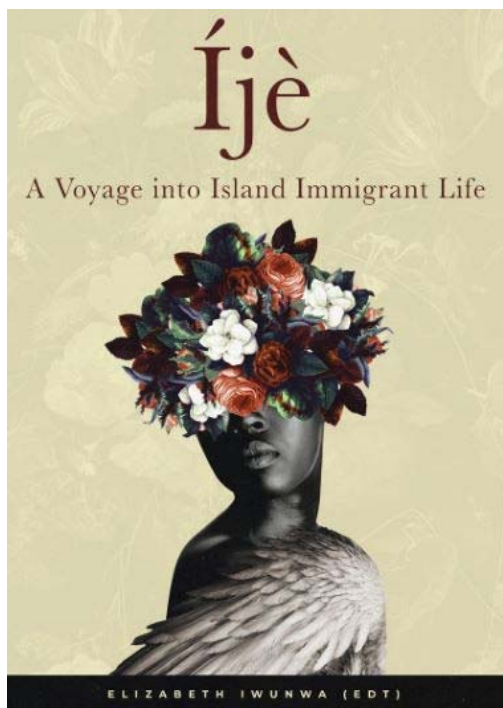
Outreach campaign through author's contacts in the DEI community

National media campaign appealing to both DEI, LGBTQ+ and adoption audiences

Award-winning business leader: Grand Rapids Business Journal's '200 Most Powerful Business Leaders in West Michigan' 2020
Grand Rapids Business Journal's '40 Under 40 Business Leaders in West Michigan' 2020

Will be creating book materials/incentives





Pownal Street Press
On Sale: Feb 21/23
6.75 x 9.5 • 128 pages
Colour photos throughout
9781778124563 • \$26.95 • pb
Social Science / Emigration & Immigration

Notes

Promotion

Pitch to CBC syndication, Atlantic Books Today profile and ad, Regional chain co-op possible



Ije

A Voyage into Island Immigrant Life

photographs by Gessy Robin Shumbusho, contributions by Ilona Daniel, edited by Elizabeth Iwunwa

Ije: A Voyage into Island Immigrant Life takes its meaning from the Igbo word for journey, and spotlights the narratives of immigrants to Prince Edward Island, shining light on their individual experiences. This collection of personal reflections, interviews, photo essays, and visual works of art includes themes of belonging, imposed and realized identities, cultural traditions, culinary symbols, living the contradictions of social norms, and the resilience of a people inspired to innovate their own community-driven solutions.

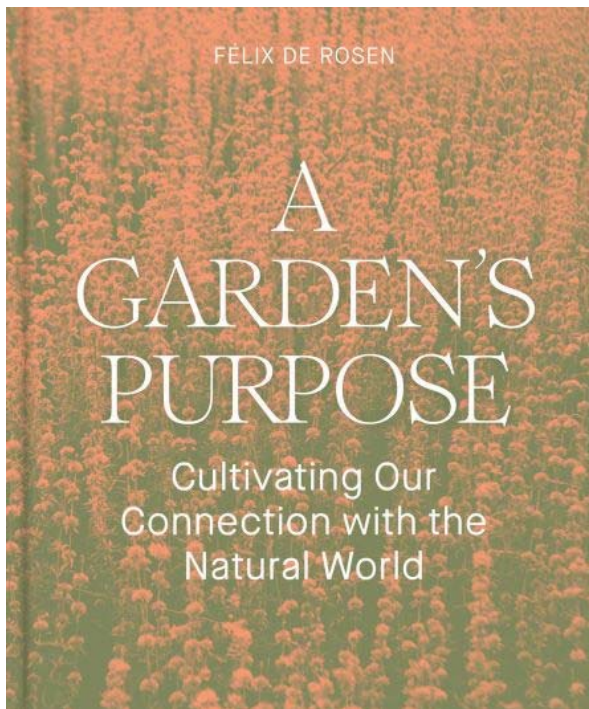
Author Bio

Elizabeth Iwunwa was born in 1997 in Lagos, Nigeria and lives in Charlottetown, PEI. After completing her primary and secondary education in her home country, she graduated with a Bachelor of Arts in Psychology and a Master of Business Administration in Global Leadership from the University of Prince Edward Island. Both a fiction and nonfiction writer, her works have been featured in PEI's *The Guardian*, on CBC, and on her blog at Lisalwunwa.co. Iwunwa is interested in the intersection of culture, politics, and history on the lives and stories of everyday people, and *Ije* is her first full length editorial publication.

Essays and Contributors

The Weight of Love Elizabeth Iwunwa
Our Daily Bread Rachael Sonola
A Taste of Home Elizabeth Iwunwa
Stomach Infrastructure Tolu Adesoye
A Celebration of Our Inner Light Nindiya Sharma
Black Lives Matter: Resistance in Black and White Photography by Oniel Kuku & Words by Ugochukwu Nwafor
Good Hair Malak Usman
Ancestors Martins Madumere
Chicken Paprikash Recipe Chef Ilona Daniel
My Tale in Silence Charles Aondo
COVID-19, Community, and New Beginnings Mary-Ann Aliu
Fleeing Home, Finding Refuge Elizabeth Iwunwa
Akos Chester Hewlett
Between the Present and the Present John Shabaan
Home and Abroad: Contradictory Social Locations Dr. Charles Adeyanju
A Tether to Home Via Reyes





A Garden's Purpose

Cultivating Our Connection with the Natural World

by Felix de Rosen

Essays and stories to inspire us to nurture diverse, meaningful relationships with gardens and landscapes.

The garden is a powerful, generous way of looking at the world. As beautiful spaces, gardens fill us with hope and wonder. As gathering places, they nurture friendships and communities. Thoughtfully crafted, they make us pause and appreciate our surroundings. Full of edible plants, they nourish us. Full of diversity – human and non-human – they connect us with the polychromatic world in which we live. They make us feel at home in our own bodies, in our cities, and on our planet.

Through stories and essays, *The Calming Garden* invites readers on a journey to understand gardens as places where we build mutually beneficial relationships with the living world around us. Each chapter in the book is dedicated to a specific idea or element of the garden, from places where gardens grow (i.e. a driveway in San Francisco, a bathtub as a planter, etc.) to garden management (why some lawns need watering every few days, and some gardens can go almost a full year without irrigation), to color and texture (i.e. how fine-textured plants like grasses can be used to unify a space), and everything in between.

Perfect for home gardeners, landscape designers, or as a gift for the gardener in your life, *The Calming Garden* is an ode to the wonders, designs, and habitats that live within a garden, and an inspiration to nurture diverse, meaningful relationships with the gardens and landscapes around us.

Author Bio

Felix de Rosen founded a landscape architecture practice, Polycultura Studio in 2020, following his graduation from UC Berkeley. He lives in Oakland, California on traditional Ohlone territory.

Princeton Architectural Press

On Sale: Feb 14/23

7.5 x 9 • 192 pages

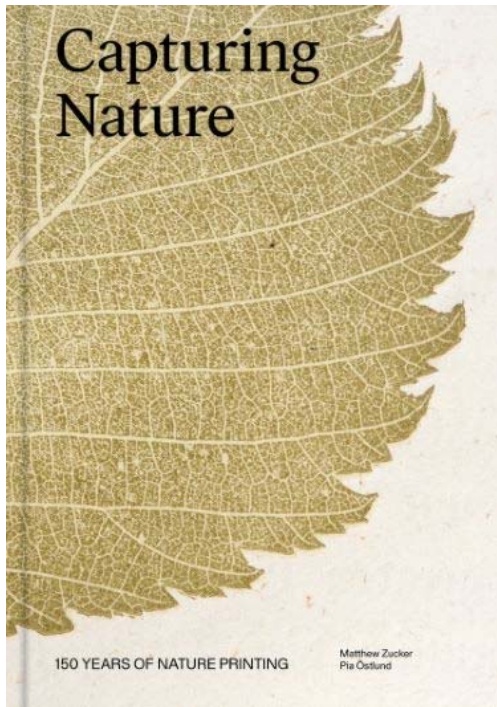
9781797222448 • \$42.95 • CL - 25 full-color photographs

Gardening / Garden Design

Notes

Promotion





Capturing Nature

150 Years of Nature Printing

by Matthew Zucker and Pia Ostlund

The most extensive collection of nature printing ever assembled, featuring 43 different printing techniques.

Hailed as the earliest precursor to photography, nature printing is the practice of using impressions from the surface of a natural object such as leaves, flowering plants, ferns, seaweed, snakes and more to produce an image. The Zucker Collection is the most extensive collection of nature prints ever assembled, with more than 13,000 images across 120 rare and seminal works, including journals, published books, unique manuscripts, American Currency, and instructional texts related to nature printing from 1733 to 1902. For the first time, readers will be able to see these nature prints presented side by side, enabling unique comparisons while creating a visually stunning journey through the developments over a 150 year period in printing methods including photography with examples of cyanotypes. *Capturing Nature* is the ultimate guide to Nature Printing, and a beautiful reference work for scholars, artists, designers, botanists and anyone interested in nature, botanical illustration and printing.

Author Bio

Matthew Zucker founded Zucker Art Books, in 2006 with the publication of *DIETER ROTH IN PRINT Artists' Books*. With one foot anchored in antiquarian books, Matthew stepped with the other into contemporary books, continuing to publish commissioned artists' projects and multiples, as well as organizing focused exhibitions highlighting rare examples of an artist's output.

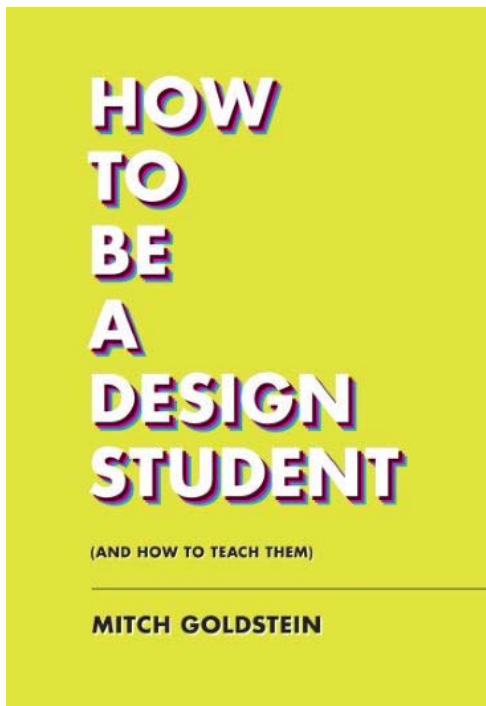
Pia Ostlund is a Swedish designer and printmaker based in East London. Known for her plant inspired practice, Pia has revived a lost nature printing process not used since the 19th century to create intricate, delicate and life-like images of plants on paper.

Princeton Architectural Press
On Sale: Apr 18/23
232 x 330 • 360 pages
9781797222462 • \$145.00 • cl
Art / Techniques / Printmaking

Notes

Promotion





Princeton Architectural Press
On Sale: Jan 31/23
5.5 x 8 • 176 pages
9781797222295 • \$37.95 • PB - 20 full-color
infographics
Design / Essays

Notes

Promotion



How To Be A Design Student (and How to Teach Them) by Mitch Goldstein

Twenty short essays by designer, artist, and educator Mitch Goldstein to help design students to get the most out of school.

Having taught design for 16 years, Mitch Goldstein explores all aspects of how to get the most out of the design school experience, in a way that makes sense for design students at any level of their education, or someone thinking about attending a design school and wondering what it's really all about.

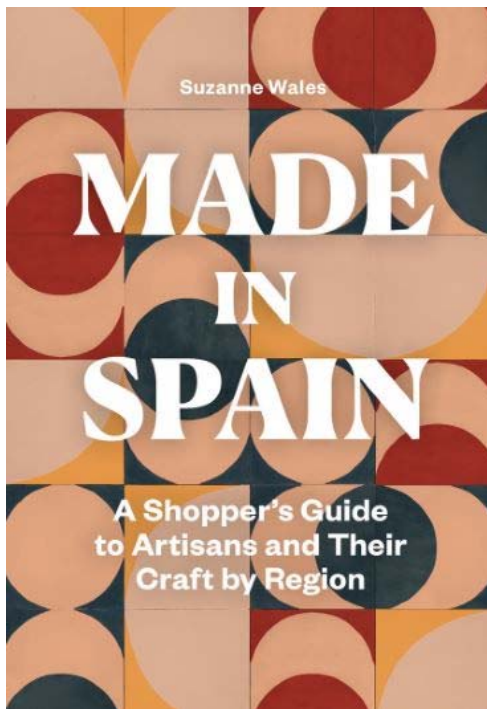
Goldstein will cover such topics as:

- Why go to design school
 - What actually happens in your classes during your time at design school
 - What kind of assignments you can expect
 - How critiques work
 - What you're actually expected to do on a daily basis
 - How to translate ideas into paying client projects
 - How to make things that will get you a job
 - And much more
- From collaboration and critiques to practice and process, this book gives design students a guide to make the best of their school experience, while also adding value for design professors to understand how to design school from a student's perspective, and to better the collaborative experience.

Author Bio

Mitch Goldstein is a designer, artist, educator, and author based in upstate New York. He is an Associate Professor at Rochester Institute of Technology, where he teaches in the College of Art and Design. Mitch has written about design education for over ten years, including articles published in Communication Arts, Adobe 99U, and AIGA.





Made in Spain

A Shopper's Guide to Artisans and Their Crafts by Region
by Meredith Suzanne and Wales Gething

A distinctive, sumptuous, and informative guide to the craftspeople and artisans of Spain, with a focus on ceramics, paper, jewelry, leather goods, clothing, textiles, and shoes.

A celebration of artisanal craft, *Made in Spain* pulls back the veil on the little known independent and hand-made crafts people and artisans in the different regions of Spain. Each chapter includes color photographs that take readers on a tour of a Spanish city or region, including Barcelona & Catalunya, Balearic Island, Valencia, Madrid, the Basque region, Galicia, and Andalucia, to meet the artists and artisans who make clothing, jewelry, shoes, ceramics, paper goods, and textiles.

Author Bio

Suzanne Wales is a journalist, and branding consultant, whose stories on architecture and design regularly appear in leading international publications. A bilingual, Spanish/Australian citizen, she has been resident in Barcelona for more 20 years, working across a wide range of media.

Is there anything we can add to her bio to position her as an expert on this topic, or explain why a communication specialist is writing this book

Princeton Architectural Press

On Sale: Apr 18/23

5.5 x 8 • 192 pages

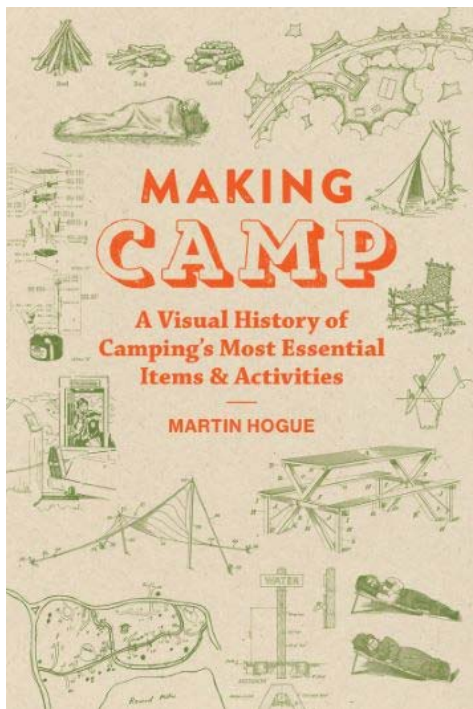
9781797222516 • \$37.95 • CL - 200 full-color photographs

Travel / Europe / Spain & Portugal

Notes

Promotion





Making Camp

A Visual History of Camping's Most Essential Items and Activities

by Martin Hogue

A visual exploration and history of one of America's favorite pastimes.

Making Camp explores the history and evolution of camping from the late nineteenth century through present day, through the lens of its most important and familiar components: the campsite, the campfire, the picnic table, the map, the tent, the sleeping bag, water delivery, and trash collection.

Each chapter includes a broad range of visuals to help illustrate this story, including drawings, patents, diagrams, sketches, paintings, and historical photographs. Avid campers, nature lovers, and camping enthusiasts will want to read about our collective desire over generations to connect to the wild

Author Bio

Martin Hogue is a licensed architect and an associate professor in the department of landscape architecture at Cornell University. His work has been displayed in solo exhibits at over 25 venues across the United States, including The Ohio State University, the Urban Center in New York, the University of Southern California, and the Center for Land Use Interpretation.

Princeton Architectural Press

On Sale: Apr 18/23

6 x 9 • 256 pages

9781797222523 • \$38.95 • CL - 10 full-color and 190

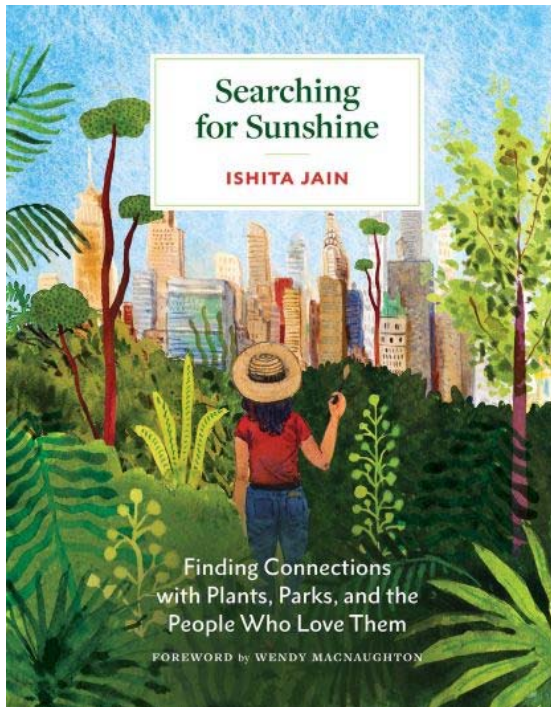
black & white drawings and photographs

Sports & Recreation / Camping

Notes

Promotion





Princeton Architectural Press
On Sale: Apr 18/23
7 x 9 • 224 pages
9781797222493 • \$37.95 • CL - 125 full-color illustrations
Nature / Plants

Notes

Promotion



Searching for Sunshine

Finding Connections with Plants, Parks, and the People Who Love Them
by Ishita Jain

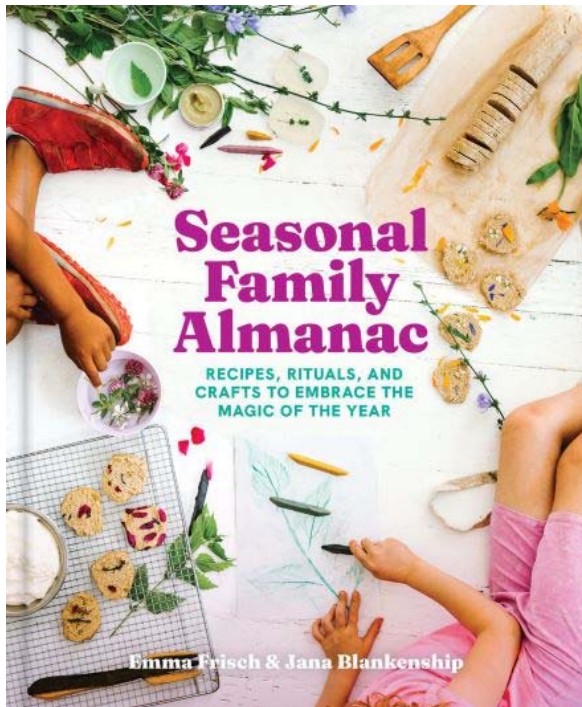
A thoughtfully researched visual exploration of our connections to nature, and why and how plants and green spaces make us happy. When illustrator Ishita Jain relocated to the visually overwhelming and concrete-filled New York City from New Delhi, India, she found solace in its parks and gardens, and started thinking about how important green spaces are in big cities to its residents's sense of escape and peace. In *Searching for Sunshine*, Jain follows her curiosity and creativity to provide a vibrant compilation of visual essays and interviews centered around the simple yet compelling question of "Why do plants make us happy?"

Whether living in a setting that is urban, rural, or somewhere in between, we can all find solace in the beautifully rendered pages and stories gathered here. Featuring over a dozen conversations with experts and plant-lovers alike, including scientists at the New York Botanical Gardens, groundskeepers at the famed Green-Wood Cemetery, shoppers at the beloved Union Square Greenmarket, a director of NYC Parklands, florists, and more, Jain's exploration of plants in New York City demonstrates how nature is vital to all experiences of our lives.

Author Bio

Ishita Jain is an illustrator in New York City. Originally hailing from New Delhi, she received an MFA from the School of Visual Arts. Her illustrations have been featured in media outlets such as *The New York Times* as well as in ad campaigns with Sephora and Link NYC.





Seasonal Family Almanac

Recipes, Rituals, and Crafts to Embrace the Magic of the Year
by Emma Frisch and Jana Blankenship

An indispensable guide for families that want to live in deep, joyful connection with nature all year long.

Authors Emma Frisch and Jana Blankenship have a strong friendship that blossomed around their shared experience as mothers, nature lovers, and advocates for simple, healthy living. As they observed a growing demand from families wanting to unplug and reconnect themselves and their children to nature, they created this helpful and fun resource.

Grounded is intended to help families and children rediscover the soul-stirring wonder and magic that comes from living in tune with the seasons. Organized into twelve chapters that sync with each season's rhythms and offerings, and with content from a host of diverse contributors drawing from a range of backgrounds, *Grounded* includes:

- 55 food and beverage recipes (Chinese Lunar New Year dumplings, etc.)
- 52 personal care and wellness recipes (nettle hair rinse, forest bathing bath salts that follows the Japanese tradition of *shin-rin-roku*, or Japanese forest bathing, etc.)
- 28 crafts & activities (twisted rope flower crowns, botanical face paint, etc.)

Author Bio

Jana Blankenship is a mother, founder of the plant-based beauty company Captain Blankenship, author of *Wild Beauty: Wisdom & Recipes for Natural Self-Care* (2019), plant lover, potion maker and avid hiker. She lives in New Paltz, NY with her husband, two children, two dogs, and a cat.

Emma Frisch is a mother, author of *Feast by Firelight: Simple Recipes for Camping, Cabins, and the Great Outdoors* (2018), and co-founder of Firelight Camps, a glamping destination in Ithaca, NY, where she lives and loves to hike, climb, garden, forage, and cook over the campfire with her two children and husband.

Princeton Architectural Press

On Sale: Apr 18/23

7.5 x 9.5 • 288 pages

116 color photographs + 60 color illustrations

9781797222455 • \$50.00 • CL - 200 full-color

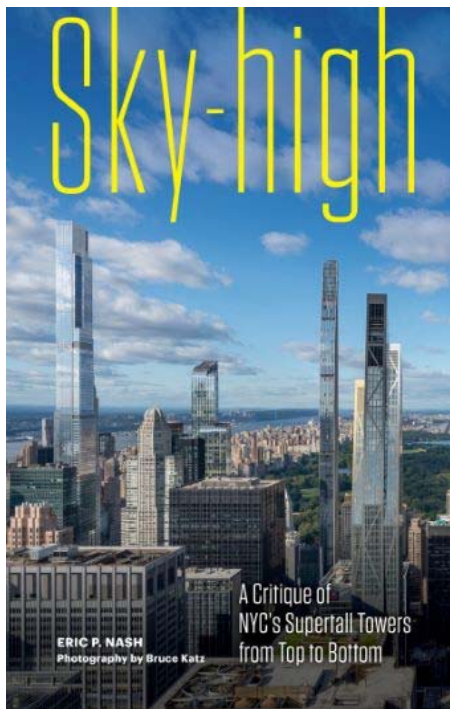
photographs and 80 b&w illustrations

Family & Relationships / Activities

Notes

Promotion





Sky-high

A Critique of NYC's Supertall Towers from Top to Bottom
by Eric P. Nash

Part architectural guidebook and part critique, *Sky-High* documents the pencil-thin, supertall towers that are transforming New York City's skyline as well as its streets.

New York City's penchant for building skyward has reached new heights with its crop of supertall towers—those that rise at least 984 feet above the sidewalk. The city that never sleeps is also the city that never stops building ever higher, from the Woolworth and Chrysler buildings of an earlier race to the top to today's super luxury aeries of 57th Street's Billionaires' Row and the offices of One World Trade Center in Lower Manhattan.

Bruce Katz's extraordinary photographs capture a dozen of these self-styled odes to wealth and power, alongside Eric P. Nash's incisive critique documenting the evolution of the skyline, past and present, and the supertalls' transformative effects on the contemporary cityscape. Among the twelve buildings featured are One World Trade Center, Three World Trade Center, 30 Hudson Yards, 35 Hudson Yards, One57, 432 Park Avenue, 53West53, Central Park Tower, and One Vanderbilt.

Author Bio

Eric P. Nash has been a researcher and writer for the *New York Times* since 1986. He is the author of several books about architecture and design, including *Manhattan Skyscrapers*, *MiMo: Miami Modern Revealed*, and *New York's 50 Best Skyscrapers*, and an architectural tour guide in New York City.

Bruce Katz is an architectural photographer whose work has appeared in *Architectural Digest*, *New York Magazine*, *Landscape Architecture*, and the *Washington Post*. He is on the faculty of the International Center of Photography, and several of his images were recently acquired by the New-York Historical Society.

Princeton Architectural Press

On Sale: Apr 18/23

7 x 11 • 224 pages

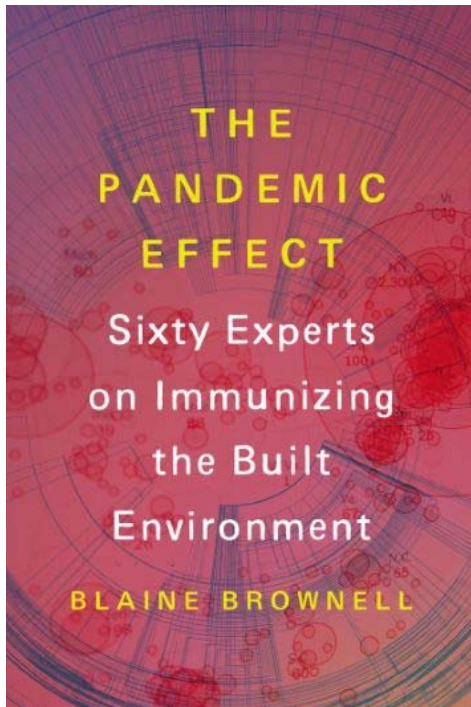
9781797222547 • \$65.00 • CL - 150 full-color and 50 b
+w images

Architecture / Buildings / General

Notes

Promotion





The Pandemic Effect

by Blaine Brownell

In *The Pandemic Effect*, 90 leading architects, designers, materials scientists, and health officials reflect on the influence of COVID-19 on buildings and cities-and propose solutions to safeguard the built environment from future pandemics, viruses, and contagious diseases on every scale, from surfaces to society.

Safety and sustainability in buildings and cities have taken on new meaning during the COVID -19 pandemic. Buildings became magnifiers of contagion instead of shelters for protection. In this essential resource for both practitioners and students of architecture, interior design, and urban design, 90 of the world's leading experts investigate a variety of approaches to future-proof architecture and buildings against widespread disease.

These inoculation strategies are organized into five chapters: "Histories" offers an overview of past pandemics and prior architectural approaches; "Inside / Outside" addresses the roles of building envelopes and mechanical systems in improving indoor environmental quality; "Interventions" consists of contemporary methods for direct prevention and control; "New Strategies" consists of various architectural analyses and proposals for design changes; and "The Public Realm" considers the urban landscape and related social questions. This broad collection of perspectives explores the transformations underway in the built environment-and offers design strategies to limit the severity of subsequent pandemics.

Author Bio

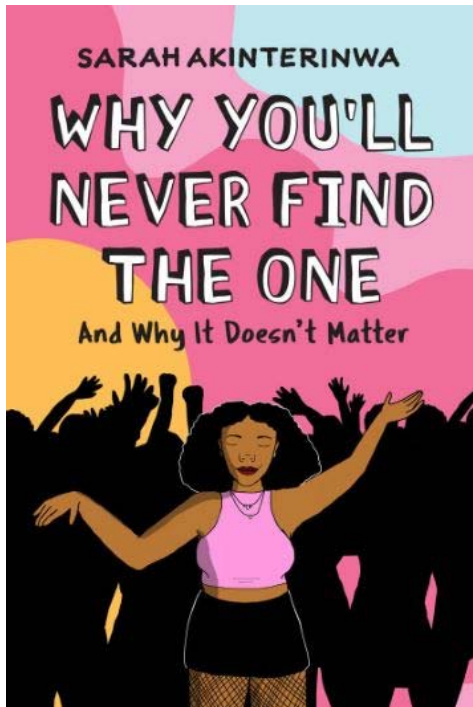
Blaine Brownell-an architect, educator, researcher, and former Fulbright scholar to Japan-has authored eight books on advanced and sustainable materials for architecture and design. He has written the *Mind & Matter* column for *Architect* magazine since 2009, and his work has been published in more than 70 architecture, design, science, and news journals including the *New York Times*, the *London Times*, the *Wall Street Journal*, and *Nature*. He lives in Charlotte, North Carolina.

Princeton Architectural Press
On Sale: Jan 10/23
6 x 9 • 208 pages
9781648961649 • \$43.00 • pb
Architecture / Methods & Materials

Notes

Promotion





Why You'll Never Find the One

And Why It Doesn't Matter

by Sarah Akinterinwa

An illustrated dating guide by *New Yorker* contributing cartoonist Sarah Akinterinwa, rooted in her experiences as a millennial Black woman, that encourages readers to be introspective, honest, and practical in their love lives.

This funny and affirming illustrated guide, in signature *New Yorker* cartoon style, offers a unique approach to finding love. Through vignettes with scenes from modern dating, the book's main character, a Black millennial woman in her mid-twenties, walks the reader through the ins and outs of being single, defining what you want in a partner, navigating dating apps, the value of therapy, contending with family expectations, and remaining optimistic about finding a relationship that's right for you.

The book includes cheeky illustrated sidebars and commentary, such as:

- a recipe for the perfect partner
- updated love languages
- dating affirmations you didn't know you needed
- advice for taking yourself on solo dates
- and more, all with an inclusive perspective on race, sexuality, and body image. The stories, practices, and tips in this guide offer support for the lovelorn millennial, and anyone wading through the challenges of dating and being single in today's world, leaving the reader with the recognition that there might not necessarily be "one" perfect partner or way to be in a relationship, but rather, many possibilities—in dating and in life.

Author Bio

Sarah Akinterinwa is a British cartoonist, illustrator, and writer. She started her career in 2020, during the first lockdown of the COVID-19 pandemic by creating the comic *Oyin and Kojo*, which now features in the *New Yorker*. Her work explores dating, relationships, identity, politics, and navigating adult life as a young woman of color.

Princeton Architectural Press

On Sale: Apr 18/23

6 x 9 • 176 pages

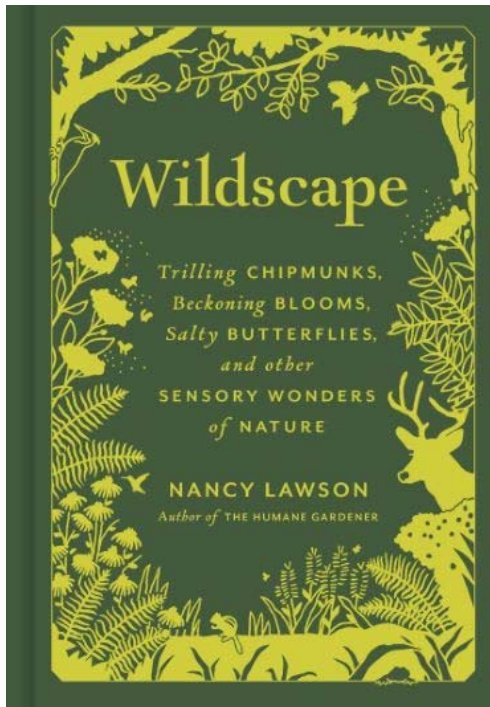
9781797222530 • \$28.95 • PB - 180 black & white illustrations

Family & Relationships / Love & Romance

Notes

Promotion





Wildscape

Trilling Chipmunks, Beckoning Blooms, Salty Butterflies, and other Sensory Wonders of Nature
by Nancy Lawson

*From Nancy Lawson, author of *The Humane Gardener*, an insightful and personal exploration of the vibrant web of nature outside our back door—where animals and plants perceive and communicate using marvelous sensory capabilities we are only beginning to understand.*

In *The World Through Their Eyes*, master naturalist Nancy Lawson takes readers on a fascinating visual tour of the secret life of animals and plants. Organized into chapters investigating each of their five senses, Lawson's exploration reveals a remarkable world of interdependent creatures with amazing capabilities.

You'll learn of ultrasound clicks humans can't hear, and ultraviolet colors humans can't see. You'll cross paths with foraging American bumblebees drawn to the scent of wild bergamot, urban sparrows who adapt their mating song in response to human clamor, beech trees whose proximity provides protection and sugary sustenance to salamanders and nearby flora, and a chipmunk behaving like the world's smallest pole vaulter to nab juicy red berries hanging from the lowest parts of a coral honeysuckle vine.

Synthesizing cutting-edge scientific research, original interviews with animal and plant researchers, and poetic observations made in her own garden, Lawson shows us how to appreciate the natural environment from the sensory perspective of our wild neighbors right outside our door and beyond, and how to respect and nurture the full range of their vibrancy and diversity. door—where animals and plants perceive and communicate using marvelous sensory capabilities we are only beginning to understand.

Author Bio

Nancy Lawson is a habitat consultant, nationally known speaker, author of *The Humane Gardener*, and founder of Humane Gardener, LLC, where she pioneers creative, animal-friendly landscaping methods. Certified as a Chesapeake Bay Landscape Professional and master naturalist, she partners with Howard County Bee City and Audubon Society of Central Maryland and recently helped launch a citizen science project, Monarch Rx, based on scientific discoveries made in her own garden.



9 781797 222479

Princeton Architectural Press

On Sale: Apr 18/23

5.5 x 8 • 304 pages

9781797222479 • \$39.95 • CL - 180 black & white illustrations

Nature / Wildlife

Notes

Promotion





From Auntie's Kitchen

Classic and Contemporary Recipes Inspired by South Asia
by Sabrina Gidda

From Auntie's Kitchen showcases a fascinating collection of recipes – from traditional, authentic South Asian dishes passed down the generations to contemporary recipes that marry the East and the West in culinary harmony. Enjoy Tempered Spiced Slaw or Curry and Lime Leaf Fritters, savour Pork Keema with Lettuce Cups or Methi Chicken Kyiv and, for a perfectly balanced sweet treat, create Spicy Chai Shortbread or a Cardamom Custard Tart. In her striking recipes, Sabrina Gidda brings a sense of the past (comforting, nostalgic South Asian recipes), the present (accessible, adapted recipes that nod to our time-poor, modern lives) and the future (a legacy of unique recipes that are influenced by a Western audience). From Auntie's Kitchen gives testament to the dishes Sabrina's mother and grandmother used to cook, as well as celebrating the women around the UK creating dishes from the Indian subcontinent to feed and nourish their local communities. Sabrina tells the stories and recipes from eight fascinating 'aunties', creating a joyful celebration of how food connects people, bringing together communities, families and friends.

Author Bio

Sabrina Gidda has appeared on BBC's Great British Menu, Celebrity Masterchef, Saturday Kitchen, Back in Time for Dinner, Saturday James Martin and Sunday Brunch. Her recipes have featured in GQ, The Mayfair Times, The Sunday Times and Olive Magazine. She champions women in food, drink and hospitality with an eclectic, global approach to cooking.

Quadrille

On Sale: Apr 25/23

7.4 x 9.8 • 240 pages

9781787139121 • \$53.95 • cl

Cooking / Indic

Notes

Promotion





Hand Built

The Handbuilder's Handbook

by Lilly Maetzig

Create a collection of 23 stylish homewares with this modern guide to working with clay. Covering the oldest and most traditional ways to make pots, Hand Built is a beginner's guide to hand building with clay – no pottery wheel required. This book will teach you the building blocks to working with clay and how to apply a professional finish to your pots including decoration, glazing and firing techniques. Learn how to create a collection of 23 stylish homeware designs using the three core techniques: coiling, pinching and slab building. Beginning with the basics to get you started, discover how to wedge clay, add texture and work with moulds, then put your new skills to the test through the projects that include coffee cups, a tea pot, vase, dinner plates, candle holders and more. Packed with stunning lifestyle photography to help inspire your own handmade journey alongside clear step-by-steps and Lilly's expert tips will lead you through the process, Hand Built is the ultimate modern guide this popular, tactile and ancient craft.

Author Bio

Lilly Maetzig is the maker behind Mae Ceramics. Originally from Christchurch, New Zealand, Lilly has always had a keen interest in pottery. After graduating, she discovered a love for hand building techniques and now she makes ceramics to sell and offers workshops from her studio.

Quadrille

On Sale: Apr 11/23

7.9 x 10 • 176 pages

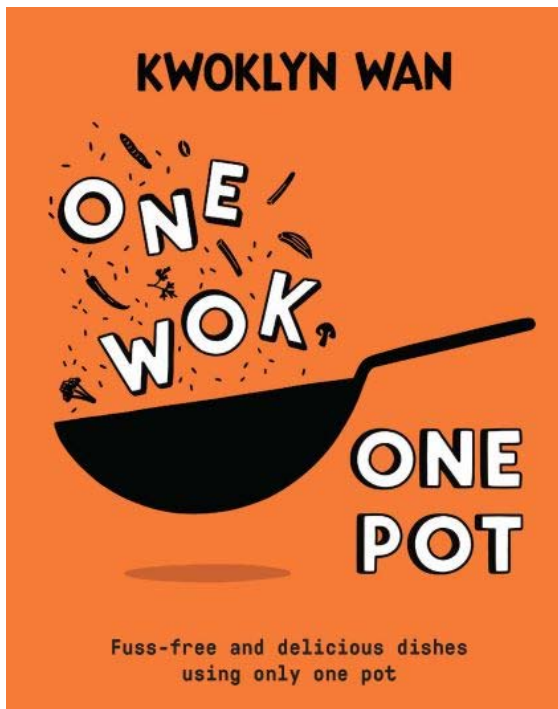
9781787139176 • \$42.99 • cl

Crafts & Hobbies / Pottery & Ceramics

Notes

Promotion





One Wok, One Pot

Fuss-free and Delicious Dishes Using Only One Pot

by Kwoklyn Wan

One Wok, One Pot offers 80 effortless recipes that are cooked in just one pot – a slow cooker, rice cooker, traditional clay pot or, of course, the humble wok.

From Veggie Satay Noodles and Pork Belly Hot Pot to Five Spice Wings and XO Fried Rice, Kwoklyn Wan shares a collection of much-loved, tasty and foolproof recipes to make at home. Influenced by the many delicious East and Southeast Asian cuisines and flavors – from Japan and Korea to Thailand and Malaysia – the recipes in this book are simple and delicious

Just prep a few ingredients, use your favorite pot and reduce the clearing up, with this brilliant book that every kitchen need

Author Bio

Kwoklyn Wan is a professional chef, restaurateur and Kung Fu instructor. He frequently teaches and demos Chinese cooking. Kwoklyn is the brother of television celebrity Gok Wan, and the two brothers grew up working in their family's Cantonese restaurant in the Midlands, UK. He is the author of The Chinese Takeout Cookbook (2019), The Veggie Chinese Takeout Cookbook (2020) and Chinese Takeout in 5 (2021), 10-Minute Chinese Takeout (2022) and presenter of his own cooking show on Amazon Prime, Kwoklyn's Chinese Takeaway Kitchen (2021)

Quadrille

On Sale: Mar 14/23

6.9 x 8.9 • 160 pages

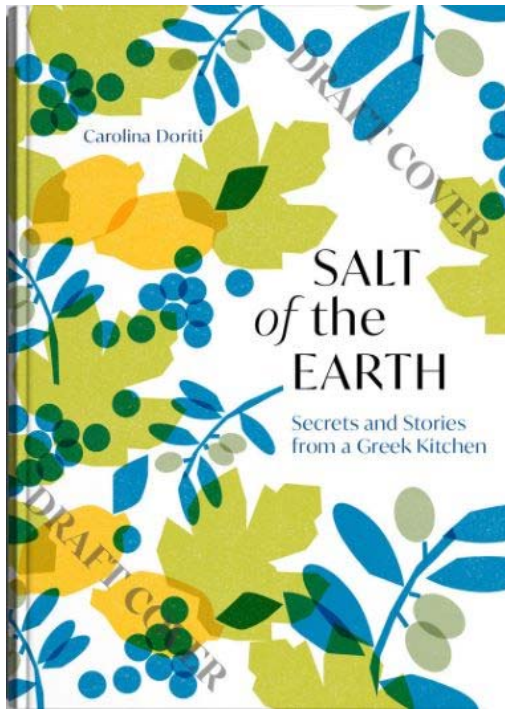
9781787139084 • \$32.99 • cl

Cooking / Chinese

Notes

Promotion





Salt of the Earth

Secrets and Stories From a Greek Kitchen

by Carolina Doriti

Salt of the Earth – Secrets from a Greek Kitchen is a beautifully enticing cookbook rooted in tradition and full of love for the land, its history and ingredients. Discover simple, fresh, and flavoursome recipes for everything from the traditional 'Kakavia' Fisherman's soup, precious parcels of Beef Dolmades and 'Melopita' Baked Honey Cheesecake to modern favourites such as Taramosalata and Grape Leaves with Caper Tzatziki. Salt of the Earth is divided into chapters that typify this delicious cuisine: Olive, Grain, Hive, Seed and Vine. Through these pages, explore Mediterranean dishes and flavor combinations in depth, and immerse yourself in Greek food. With a strong sense of place and stunning location photography, this vibrant book shines a spotlight on local produce and traditional techniques and reveals the defining characteristics of Greek food, including its natural affinity with sustainability, against the irresistible backdrop of the Greek mainland and islands. Salt of the Earth is the ultimate celebration of the food and flavors of Greece from one of the country's most forward thinking and historically knowledgeable cooks.

Author Bio

Carolina Doriti was born in Athens. Her grandfathers and mother all worked in food so her interest in food is practically genetic. Since 2005 she has been cooking professionally full time, working as a chef, recipe developer, restaurant consultant and food journalist. She is the culinary producer of the USA TV series My Greek Table presented by Diane Kochilas. She has written for publications globally including National Geographic food UK; she also lectures on 'Food and Culture' at the University of Oklahoma; and hosts cooking workshops in Athens and online. She is also the Athens bureau chief for Culinary Backstreets, a company that runs gastronomy tours around the world.

Quadrille

On Sale: Mar 28/23

7.4 x 9.8 • 256 pages

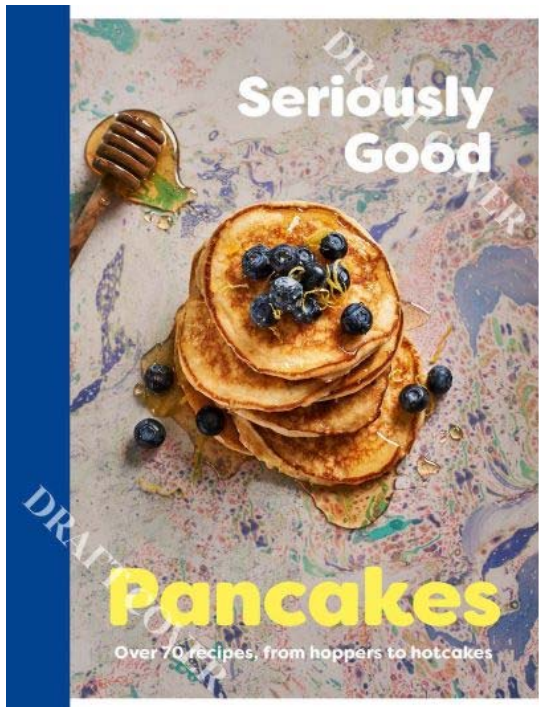
9781787138544 • \$53.95 • cl

Cooking / Regional & Ethnic / Greek

Notes

Promotion





Seriously Good Pancakes

70 Recipes for the Best Ever Pancakes

by Sue Quinn

Everybody loves pancakes – Seriously Good Pancakes features every pancake recipe you could ever need. From the joys of Sri Lankan hoppers, Keralan dosas, Vietnamese banh xeo, to the humble buttermilk pancake and blini, people all over the world have discovered the joy of pancakes. Seriously Good Pancakes covers breakfast, brunch, lunch, dinner and dessert, with recipes for everything from Chinese Pancakes with Duck and Hoisin Sauce, Buckwheat Galettes and Italian Farinata, to Spicy Mexican Hotcakes with Smoky Corn Salad, Chocolate and Berry-stuffed Pikelets, and so much more. With over 70 recipes, and a gorgeous photo to accompany each one, plus a guide to basic pancake types, this is the ultimate cookbook for pancake addicts, students and foodies alike. It's pancakes. And it's seriously good.

Author Bio

Sue Quinn is an award-winning food writer, cookbook author and journalist. Her books span a range of cuisines, from Japanese to vegan, as well as children's cookery and healthy eating. Her articles and recipes regularly appear in the UK's leading food titles including the Telegraph, Sunday Times, Guardian, delicious and BBC Good Food magazines. She won the Fortnum & Mason's Online Food Writer Award in 2016.

Quadrille

On Sale: Apr 11/23

6.3 x 8.3 • 176 pages

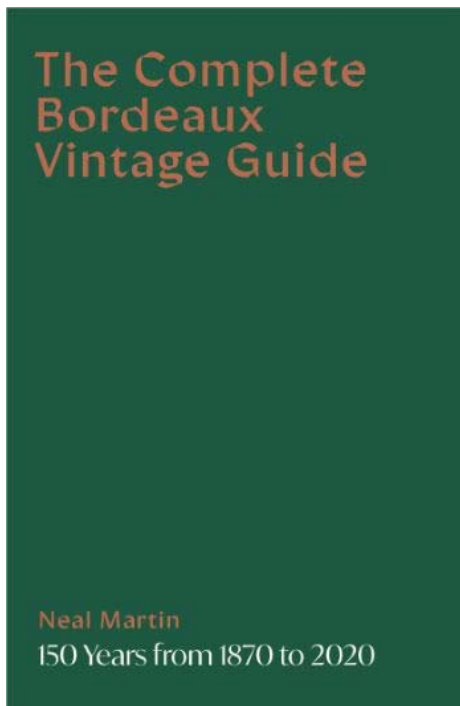
9781787139749 • \$28.99 • cl

Cooking / Methods / Low Budget

Notes

Promotion





The Complete Bordeaux Vintage Guide

150 Years from 1870 to 2020

by Neal Martin

The Complete Bordeaux Vintage Guide 1870–2020 breaks new ground in wine publishing, being the first volume to cover in depth 150 years of vintages and totally unique in its cultural scope. For wine lovers and collectors this is the indispensable guide, not only for finding out what happened in a particular season, but providing wider historical and social context. Every single year is accompanied by one event or milestone, one song or musical composition and one film that encapsulates the spirit of the time as well as the world into which the vintage was born. Wine writer Neal Martin offers a personal, witty take on the traditional wine handbook, with notes on not just the growing seasons, harvests and wines themselves, but cultural phenomena ranging from Sherlock Holmes through Casablanca to Beyonce. Innovative, inspired and addictively dip-in-able, The Complete Bordeaux Vintage Guide is an essential addition to your bookshelf as well as your cellar.

Author Bio

Neal Martin's career in wine began in 1996 as a wine buyer for Japan Airlines where he specialised in Bordeaux and Burgundy. In 2006 Neal was asked by the most influential wine critic in the world, Robert Parker, to join his team at The Wine Advocate where he was the first non-American to hold a position. In December 2012 Neal self-published a 600-page book, Pomerol, that became the standard text for the region, winning the inaugural Andre Simon John Avery Award and the Louis Roederer Chairman's Award in 2013. He took over coverage of Bordeaux when Parker retired in 2014. In 2018 Neal accepted a position at Vinous where he covers Bordeaux and Burgundy to the present day. His reviews and scores are quoted by merchants around the world and over 25 years he has amassed considerable first-hand knowledge of mature vintages.

Quadrille

On Sale: Apr 11/23

6 x 9.2 • 512 pages

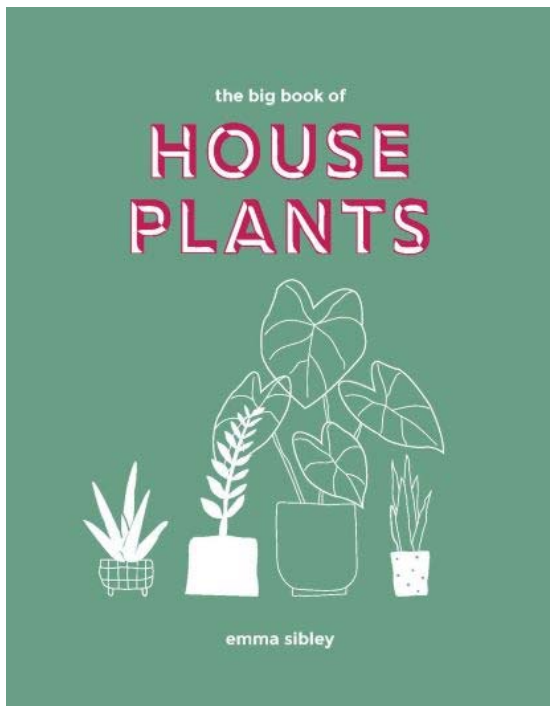
9781787139800 • \$58.00 • cl

Cooking / Beverages / Alcoholic / Wine

Notes

Promotion





The Big Book of House Plants

by Emma Sibley

The Big Book of House Plants is a source of green inspiration for small-space gardening, featuring an impressive directory of 100 of the most popular varieties of foliage to own, including cacti, succulents and house plants. From dramatic palms and tropical leafy wonders to beautiful ferns and flowering potted plants – this book covers everything you need to know about nurturing and growing your own. Each of the 100 plants is accompanied by luscious photography and an easy-to-follow breakdown of all the essential requirements for that variety. This includes details on size, growth and flowering, along with any extra tips on caring for that specific plant. Perfect for anyone wanting to grow their indoor plant collection or a gift for a plant-loving friend, The Big Book of House Plants is the ultimate modern guide to all your indoor planting needs.

Author Bio

Emma Sibley has had a keen interest in horticulture from a young age and after studying Surface Design at university, her career moved into plants. She took a number of short courses to increase her knowledge and love of all things green. Emma now runs a growing start-up business called London Terrariums and offers workshops, interior displays and private commissions. Emma lives in London and is a member of the British Cactus and Succulent Society.

Quadrille

On Sale: Apr 11/23

6.9 x 8.9 • 256 pages

9781787139428 • \$42.99 • cl

Gardening / House Plants & Indoor

Notes

Promotion





The Little Book of Essential Oils

A Modern Guide

by Marta Tarallo

The Little Book of Essential Oils is a modern guide to enhancing your life and wellbeing through the power of essential oils. Featuring a directory of 45 of the most popular and interesting oils that will help boost your mood, reduce stress and improve your wellbeing, this book will teach you about each oil, from its properties and scent to where it came from and how best to use it. Discover which oils you need most and how to apply them. Whether you use Lavender to improve to feel calm, Lemon to boost energy levels or Rose to reduce anxiety, this practical guide offers an accessible approach to natural healing. Learn to indulge in a relaxing evening skincare routine with the 10 essential oil recipes, including bath salts and a soy candle, and simply switch off as this book shows you how to harness the power of these incredible oils.

Author Bio

Marta Tarallo is the creative mind behind Bottega Zero Waste. Marta's mission is to empower people with the tools to transition to a zero-waste lifestyle, with a specific focus on beauty and personal care. Through her platform, Marta shares recipes to teach people how to make their own products at home: from oil infusions and lip balms to natural deodorants. She also hosts online courses accessible from anywhere in the world. Botanical Soaps, Marta's first book, was published by Quadrille in 2021.

Quadrille

On Sale: Feb 14/23

6.3 x 7.1 • 144 pages

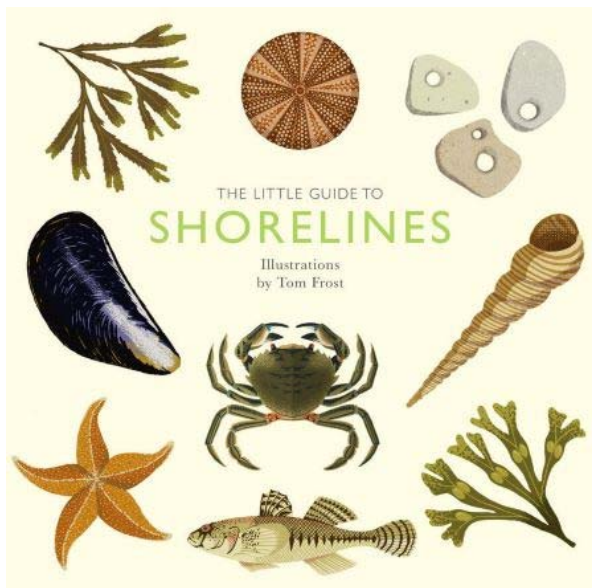
9781787138827 • \$21.99 • cl

Health & Fitness / Aromatherapy

Notes

Promotion





The Little Guide to Shorelines

by Alison Davies, illustrated by Tom Frost

Dive into the fascinating world of coastal wildlife with this holiday pocket guide. Featuring 40 beautifully illustrated pebbles, shells, crabs, small sea creatures and more, discover more about life between the tides with The Little Guide to Shorelines. Each entry has been delicately illustrated by printmaker Tom Frost to capture its individual characteristics, and is accompanied by associated facts and fables. There is also an interactive spotter's guide at the back, where you can check off what you find. This informative, practical and beautiful guide is part of a new nature series designed to encourage creativity through exploring the outdoors. An activity for adults and children alike, enjoy The Little Guide to Shorelines on your next trip to the sea.

Author Bio

Alison Davies runs workshops at universities throughout the UK, showing academics, students and early years practitioners how stories can be used as tools for teaching and learning. Alison writes for a wide selection of magazines and her features have also appeared in the Times Education Supplement, Daily Mail and Sunday Express parenting section, and various commercial magazines. Printmaker and illustrator Tom Frost has worked with clients including the V&A, Perry's Cider, Art Angels, Freight Household Goods, Selvedge Magazine, Betty & Dupree, The Archivist and Yorkshire Sculpture Park.

Quadrille

On Sale: Apr 25/23

5.5 x 5.5 • 96 pages

9781787139596 • \$21.99 • cl

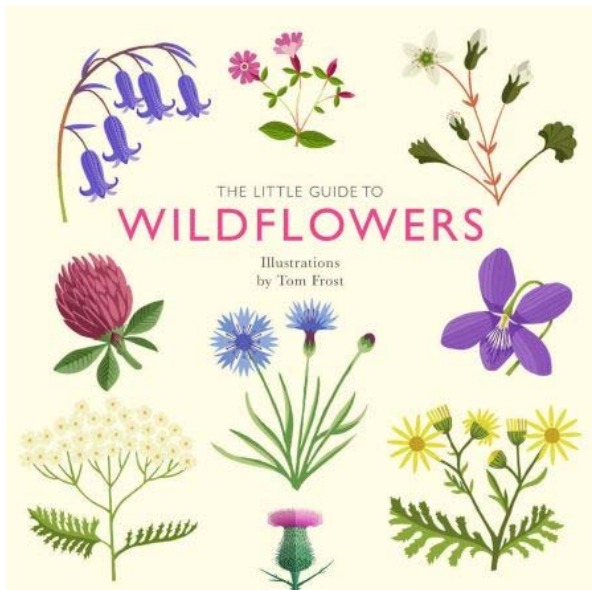
Nature / Ecosystems & Habitats / Coastal Regions & Shorelines

Series: Little Guides

Notes

Promotion





The Little Guide to Wildflowers

by Alison Davies, illustrated by Tom Frost

Discover the intriguing world of wildflowers with this handy pocket guide. Beautifully illustrated throughout, The Little Guide to Wildflowers offers a fresh perspective on identifying the flowers around you. Featuring 40 of the most beautiful flowers from around the world, including the common wildflowers we know and love, as well as the rare and interesting. Each flower has been delicately illustrated by printmaker Tom Frost to capture its individual characteristics, and is accompanied by information about the plant family to which it belongs and where it can be found, plus associated facts and fables. There is also an interactive spotter's guide at the back, where you can check off each flower you find. This informative, practical and beautiful guide is part of a new nature series designed to encourage creativity through exploring the outdoors.

Author Bio

Alison Davies runs workshops at universities throughout the UK, showing academics, students and early years practitioners how stories can be used as tools for teaching and learning. Alison writes for a wide selection of magazines and her features have also appeared in the Times Education Supplement, Daily Mail and Sunday Express parenting section, and various commercial magazines. Printmaker and illustrator Tom Frost has worked with clients including the V&A, Perry's Cider, Art Angels, Freight Household Goods, Selvedge Magazine, Betty & Dupree, The Archivist and Yorkshire Sculpture Park.

Quadrille

On Sale: Apr 25/23

5.5 x 5.5 • 96 pages

9781787139589 • \$21.99 • cl

Nature / Flowers

Series: Little Guides

Notes

Promotion





American Prince

by Sierra Simone

From USA Today and Wall Street Journal bestselling author Sierra Simone comes the next installment in a steamy new polyamorous romance trilogy with a dash of politics and a pinch of magic.

His name is Embry Moore, and he serves at the pleasure of the President of the United States. . .for now.

Embry has been many things. He's been a son and a stepbrother. An army captain and a vice president. But only with Ash is he a prince. Only with Ash and Greer does his world make sense. Only between them, his king and queen, can he find peace from the demons that haunt him and the battles he's fought inside himself.

But men like Embry aren't made to be happy. When he and Ash's beloved First Lady is captured, the resulting chaos threatens to snap the delicate balance the three of them have created. Publicly, Embry is thrown headfirst into international crises, political discord, and looming scandal. Privately, he must battle secrets, betrayals, and the deadly burn of jealousy. With his country in danger and his heart on the line, Embry knows sacrifice is inevitable. He knows a love as sharp as his can cut both ways. He knows, as a man selfish and shattered, tragedy is what he deserves.

This is the story of an American Prince.

Author Bio

Sierra Simone is a USA Today and Wall Street Journal bestselling former librarian (who spent too much time reading romance novels at the information desk). Her notable works include *Priest*, *American Queen*, and *Misadventures of a Curvy Girl*, and her books have been featured in *Marie Claire*, *Cosmopolitan*, *Entertainment Weekly*, and *Buzzfeed*. Sierra lives with her husband and family in Kansas City.

Sourcebooks

On Sale: Mar 7/23

5 x 8 • 330 pages

9781732172210 • \$25.99 • pb

Fiction / Romance / Contemporary

Series: New Camelot

Notes

Promotion





Beg You to Trust Me

by B. Celeste

From the fan-favorite author of *Underneath the Sycamore Tree* comes the next installment in a raw, real romance series following the lives of the Landon U football players and the complicated girls who change their lives forever.

When Skylar Allen decided to move across the country for college, she thought it'd be the perfect chance to reinvent herself. But then one party changed the course of her entire freshman year.

Just when she thinks she's about to drown in the foggy memories of her night spent partying at the football house, Daniel Bridges walks into her life. Landon University's wide receiver. A total flirt. And a total threat.

Because he can help her take away the memories she does remember from that night.

What Skylar doesn't anticipate is the friendship she forms with the witty football player as months go on. And how easy it is to fall for him as he teaches her how to trust again. . .and so much more.

Author Bio

B. Celeste is a new adult and contemporary romance author that gives voices to raw, realistic characters with emotional storylines that tug on the heartstrings. She was born and raised in upstate New York where she still resides with her four-legged feline sidekick, Oliver "Ollie" Queen. Her love for reading and writing began at an early age and only grew stronger after getting a BA in English and an MFA in English & creative writing. When she's not writing, she's working out, binge-watching reality game shows, and spending time with her friends and family.

Sourcebooks

On Sale: Apr 1/23

9781728277783 • \$25.99 • pb

Fiction / Romance / New Adult

Series: Landon U

Notes

Promotion





Dare You to Hate Me

by B. Celeste

From the fan-favorite author of *Underneath the Sycamore Tree* comes the first in a raw, real romance series following the lives of the Lindon U football players and the complicated girls who change their lives forever.

When Ivy asked her best friend to run away with her at sixteen, she knew he'd say no. He had football, an amazing family, and a happy home to go back to every day. So the night Ivy snuck out of his bedroom window after hugging him goodbye, she accepted she'd probably never see him again.

Then they both wound up at Lindon University four years later.

Ivy is barely picking up the pieces of her life when the boy whose initials she used to doodle hearts around approaches her at work. Aiden Griffith. Lindon U's star tight end. Still as attractive. Still as dedicated. With rumors of him being drafted to the NFL coming to fruition, Ivy knows it's only a matter of time before they have to say goodbye again.

But he can't seem to let her go, no matter what she says, and she doesn't think she wants him to.

Author Bio

B. Celeste is a new adult and contemporary romance author that gives voices to raw, realistic characters with emotional storylines that tug on the heartstrings. She was born and raised in upstate New York where she still resides with her four-legged feline sidekick, Oliver "Ollie" Queen. Her love for reading and writing began at an early age and only grew stronger after getting a BA in English and an MFA in English & creative writing. When she's not writing, she's working out, binge-watching reality game shows, and spending time with her friends and family.

Sourcebooks

On Sale: Apr 1/23

9781728277776 • \$25.99 • pb

Fiction / Romance / New Adult

Series: Lindon U

Notes

Promotion





LEAD

Final Offer

by Lauren Asher

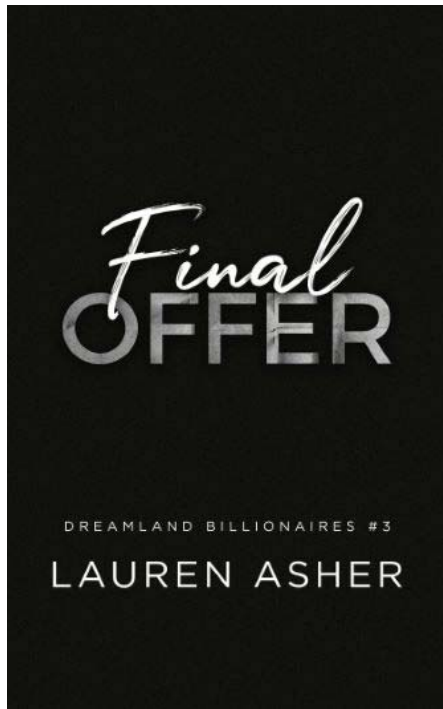
From TikTok sensation Lauren Asher comes the last in a steamy romance series about billionaires building a Disneyland-esque park for adults.

A second chance romance featuring Callahan Kane and his mysterious ex.

Author Bio

Plagued with an overactive imagination, Lauren spends her free time reading and writing. Her dream is to travel to all the places she writes about. She enjoys writing about flawed yet relatable characters you can't help loving. She likes sharing fast-paced stories with angst, steam, and the emotional spectrum.

Her extra-curricular activities include watching YouTube, binging old episodes of Parks and Rec, and searching Yelp for new restaurants before choosing her trusted favorite. She works best after her morning coffee and will never deny a nap.



Sourcebooks

On Sale: Jan 31/23

5 x 8 • 448 pages

9781728272221 • \$25.99 • pb

Series: Dreamland Billionaires

Notes

Promotion





Rogue

by Elle Kennedy

The second book in the Prep series by New York Times bestselling author Elle Kennedy

Author Bio

A New York Times, USA Today and Wall Street Journal bestselling author, Elle Kennedy grew up in the suburbs of Toronto, Ontario, and holds a B.A. in English from York University. From an early age, she knew she wanted to be a writer, and actively began pursuing that dream when she was a teenager.

Elle writes new adult romance, romantic suspense, and erotic contemporary romance. She loves strong heroines and sexy alpha heroes, and just enough heat, humor, and danger to keep things interesting! Find out more about her at www.ellekennedy.com.

Sourcebooks

On Sale: Feb 7/23

5.5 x 8.25

9781728279428 • \$25.99 • pb

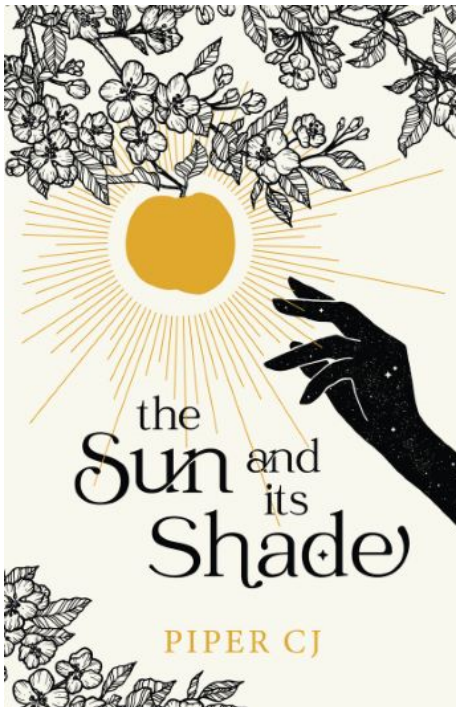
Fiction / Romance / New Adult

Series: Prep

Notes

Promotion





LEAD

The Sun and Its Shade

by Piper CJ

In the enthralling follow-up to *The Night and Its Moon*, bestselling author Piper CJ redefines love and trust through an authentic fantastical portrayal of queer experiences, found family, and the gray areas that define us all.

I love you. . .

Nox's tear-filled words echo across the sand as she and Amaris are torn apart. They've battled fiercely to find each other again, and have barely reunited when Amaris is taken away by the queen's dragon.

Injured and desperate, Amaris is forced to navigate her new surroundings with the help of Raascot's enigmatic general if she hopes to stay alive. At the same time, across the land and running out of options, Nox forms a partnership with the continent's league of peacekeeping assassins, begging their help to find Amaris and forge some stability between the kingdoms.

As wounds heal and new relationships blossom, Nox and Amaris must confront impossible obstacles and stretch their magic to its limits if they are ever to create a world that might finally reunite them for good. The odds are narrow, the stakes are high, and one question remains: Is it fate, love, or something else entirely that binds these two women together?

In the enthralling follow-up to *The Night and Its Moon*, bestselling author Piper CJ redefines love and trust through an authentic fantastical portrayal of queer experiences, found family, and the gray areas that define us all.

Author Bio

Piper C.J., author of the bisexual fantasy series *The Night and Its Moon*, is a photographer, hobby linguist, and french fry enthusiast. She has an M.A. in Folklore, and a B.A. in Broadcasting, which she used in her former life as a morning show weather girl, hockey podcaster, and in audio documentary work. Now when she isn't playing with her dogs, Arrow and Applesauce, she's making tiktoks, studying Vietnamese, or writing fantasy very, very quickly.

Sourcebooks

On Sale: Feb 28/23

5.5 x 8.5 • 576 pages

9781728270739 • \$27.99 • pb

Fic / Fantasy / Romantic

Series: Night and Its Moon

Notes

Promotion



Raincoast Books

COVER TO BE REVEALED

THINGS WE HIDE FROM THE LIGHT

LUCY SCORE

Bloom books

Sourcebooks

On Sale: Feb 21/23

5 x 8

9781728276113 • \$27.99 • pb

Fiction / Romance / Contemporary

Series: Knockemout

Notes

Promotion



LEAD

Things We Hide from the Light

by Lucy Score

Bestselling author Lucy Score returns to Knockemout, Virginia, following fan-favorite *Things We Never Got Over* with Knox's brother Nash's story. Nash Morgan was always known as the good Morgan brother, with a smile and a wink for everyone. But now, this chief of police is recovering from being shot and his Southern charm has been overshadowed by panic attacks and nightmares. He feels like a broody shell of the man he once was. Nash isn't about to let anyone in his life know he's struggling. But his new next-door neighbor, smart and sexy Lina, sees his shadows. As a rule, she's not a fan of physical contact unless she initiates it, but for some reason Nash's touch is different. He feels it too. The physical connection between them is incendiary, grounding him and making her wonder if exploring it is worth the risk. Too bad Lina's got secrets of her own, and if Nash finds out the real reason she's in town, he'll never forgive her. Besides, she doesn't do relationships. Ever. A hot, short-term fling with a local cop? Absolutely. Sign her up. A relationship with a man who expects her to plant roots? No freaking way. Once she gets what she's after, she has no intention of sticking around. But Knockemout has a way of getting under people's skin. And once Nash decides to make Lina his, he's not about to be dissuaded. . . even if it means facing the danger that nearly killed him.

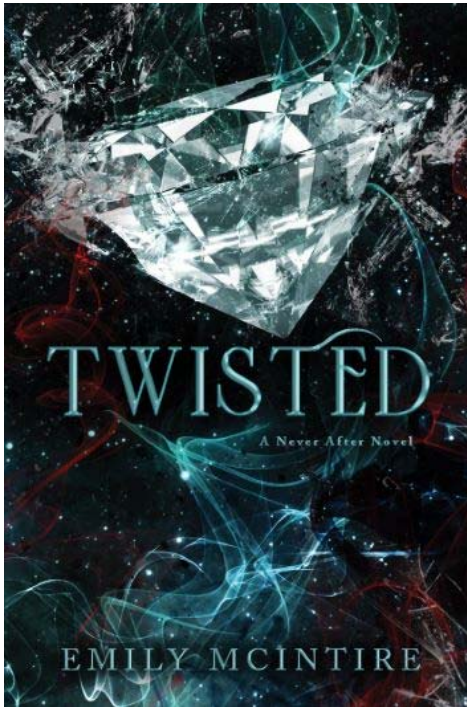
Author Bio

Lucy Score is a Wall Street Journal and #1 Amazon bestselling author. Small town contemporary rom-coms are her lady jam and she enjoys delivering the feels with a huge side of happily ever after. Her books have been translated into several languages, making readers around the world snort laugh, swoon, and sob. Lucy lives in Pennsylvania with the devastatingly handsome Mr. Lucy and their horrible cat. In her spare time she enjoys sleeping, drinking copious amounts of coffee, and reading all the romance novels in the universe. Sign up for her never annoying newsletter at <https://www.lucyscore.net/subscribe-lucys-newsletter-website/>



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Twisted

by Emily McIntire

From BookTok sensation Emily McIntire comes a dark and delicious fractured fairy tale reimagining of Aladdin.

She's his diamond in the rough. He's her worst nightmare.

Yasmin Karam, daughter to one of the richest men in the world, has never known strife. So, when her beloved father falls ill, she's determined to make his final days his happiest. His last wish? To see her married to a man of his choosing. Except Yasmin's heart already belongs to someone else. A servant. A street rat. A man her father would never consider worthy. Stuck between a rock and a hard place, Yasmin strikes a desperate deal with her father's right-hand man, Julian, not realizing he has his own twisted agenda.

Julian Faraci has one goal: become the most powerful man in the world. He's built a future from broken bones and faded bruises, never caring who he hurt along the way. But when his mentor falls ill, he finds himself on the verge of losing everything, and he'll stop at nothing to inherit what is rightfully his. Even if it means forcing a woman he can't stand into marriage.

Yasmin is a brat who speaks out of turn, and he's the villain of her story. But he decides she'll be his—no matter what it takes to convince her.

Author Bio

Emily McIntire is an Amazon top 20 author of painful, messy, beautiful romance. She doesn't like to box herself into one subgenre, but at the core of all her stories is soul deep love. A long time songwriter and an avid reader, Emily has always had a passion for the written word, and when she's not writing you can find her waiting on her long lost Hogwarts letter, chasing her crazy toddler, or lost between the pages of a good book.

Sourcebooks

On Sale: Feb 7/23

5.5 x 8.5 • 416 pages

9781728275840 • \$25.99 • pb

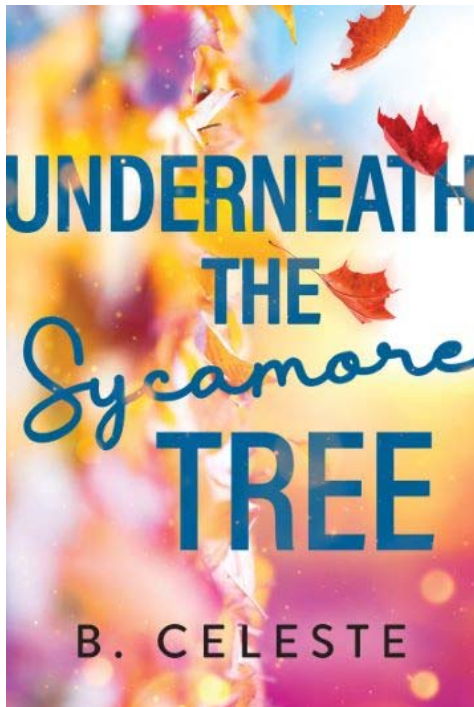
Fiction / Romance / Contemporary

Series: Never After

Notes

Promotion





Underneath the Sycamore Tree

by B. Celeste

Time is a luxury we don't all have. . .

Emery Matterson's life has been broken for a while. First, she lost her twin sister to an incurable autoimmune disease, then her father left, then her mother fell apart when Emery herself was diagnosed with the same disease that killed her sister. The only option for Emery seems to be to move in with the father she hasn't seen in ten years, and start over.

Enter Kaiden Monroe, the brooding athlete who has baggage of his own. Kaiden makes Emery feel normal. Hated. Cared for. Loathed. And. . . loved. Somewhere along the way, Emery finds solace in the guy with the sad eyes. But everything happens in stages. And nothing good ever lasts.

From fan-favorite author B. Celeste comes an raw, real, and unforgettable story of love and loss between two young people grappling with the harsh reality of invisible disease.

Author Bio

B. Celeste is a new adult and contemporary romance author that gives voices to raw, realistic characters with emotional storylines that tug on the heartstrings. She was born and raised in upstate New York where she still resides with her four-legged feline sidekick, Oliver Ollie" Queen. Her love for reading and writing began at an early age and only grew stronger after getting a BA in English and an MFA in English & creative writing. When she's not writing, she's working out, binge-watching reality game shows, and spending time with her friends and family.

Sourcebooks

On Sale: Jan 3/23

5.25 x 8 • 368 pages

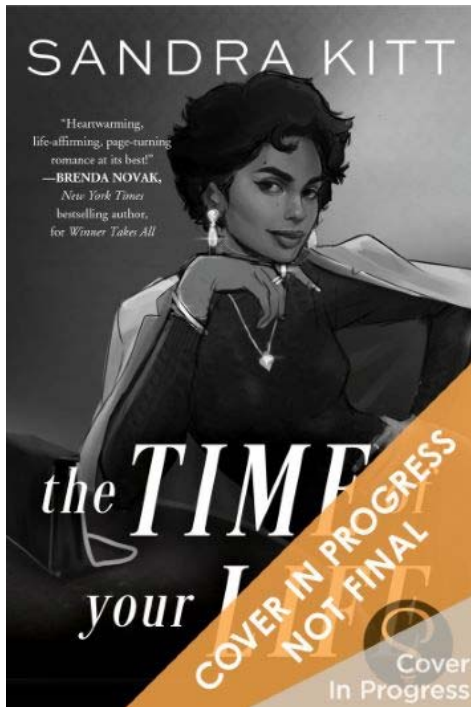
9781728272016 • \$25.99 • pb

Fiction / Romance / New Adult

Notes

Promotion





The Time of Your Life

by Sandra Kitt

Beloved and acclaimed author of *The Color of Love*, Sandra Kitt is back with a contemporary romance filled with second chances and new beginnings.

When Everett Nicholls dies, he leaves his millions to the two people he cared about most—the young law student he was mentoring, and his beloved stepson. Eden Marsh and Beck Dennison are instantly suspicious of each other. Suddenly, with all this money at their fingertips, family problems they've each been ignoring can no longer be swept under the rug. Beck and his mother have had a strained relationship since tragedy befell the family when he was a young teen, and Eden knows it's long past time to forge a new relationship with her demanding younger sister. As they begin to confide in each other—and to have fun together—their friendship is an anchor in a stormy new life. . .

Sourcebooks

On Sale: Apr 11/23

5.5 x 8.25 • 320 pages

9781728270227 • \$22.99 • pb

Fiction / Romance / Contemporary

Series: Millionaires Club

Praise for *Winner Takes All*:

"Heartwarming, life-affirming, page-turning romance at its best!"—BRENDA NOVAK, *New York Times* bestselling author

"Sandra Kitt's storytelling takes you on a soul-satisfying journey to what really matters in life. The perfect combination of fun and heart."—SUSAN ELIZABETH PHILLIPS, *New York Times* bestselling author

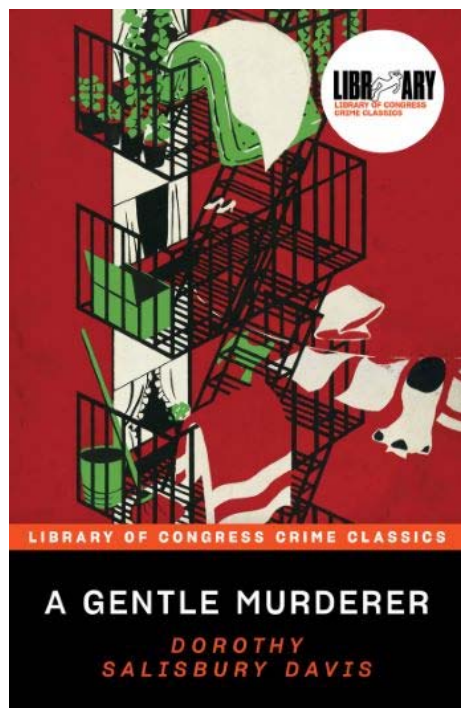
"You'll fall in love with Sandra Kitt's Millionaire's Club series. Sandra Kitt is a master at weaving a deep love story. A delight to read."—JODI THOMAS, *New York Times* bestselling author

"Sandra Kitt writes beautiful stories about fascinating characters I would love to know in real life. . . romantic, tender, emotional, and compelling."—RAEANNE THAYNE, *New* (...)

Author Bio

Sandra Kitt's first mainstream novel was *The Color of Love*, released in 1995 from Signet Books to critical acclaim from *Library Journal* and *USA Today*. *The Color of Love* was also optioned by HBO and LIFETIME from a script by Sandra. Along with her next two novels, *Significant Others* and *Between Friends*, she has appeared on the bestseller list in *Esquire Magazine*.





Sourcebooks

On Sale: Mar 1/23

5.5 x 8.5 • 288 pages

9781728271958 • \$21.99 • pb

Fiction / Mystery & Detective / Historical

Series: Library of Congress Crime Classics

Notes

Promotion



A Gentle Murderer

by Dorothy Salisbury Davis, edited by Leslie S. Klinger

Hailed by critic Anthony Boucher as one of the best detective stories of modern times," this classic tale by Grand Master Dorothy Salisbury Davis combines suspense and psychological insight as a priest and a police detective both race to find a self-confessed murderer before he is compelled to kill again.

"Bless me, Father, for I have sinned . . ."

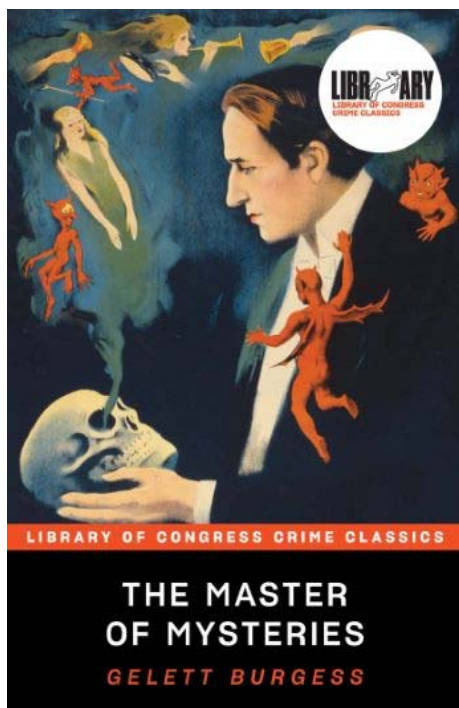
Father Duffy has heard many confessions through the years, but none quite so disturbing as the one he's heard tonight. A young man enters the confessional just as the priest is readying to leave for the evening; he's distraught that he has killed a woman in a paroxysm of uncontrollable rage—and he's still wielding the hammer he used to do the deed. Father Duffy tries to convince the young man to turn himself in to the police, but he flees just as suddenly as he had appeared.

When the priest learns the next day that an escort was found bludgeoned to death on the East Side, he sets out to search for the troubled confessor. Meanwhile, Sergeant Ben Goldsmith of the NYPD is drawn deep into the official investigation. Neither is aware that the other is searching for the murderer, and both hope against hope that they're able to find the killer before he strikes again.

Author Bio

Dorothy Salisbury Davis (1916 - 2014) was born in Chicago, and worked there in advertising, as a research librarian and as an editor of *The Merchandiser* before she began writing crime fiction. Her novels explore psychological suspense, and she was nominated for the Edgar Award eight times. She also served as President of the Mystery Writers of America in 1956 and was declared a Grand Master by the MWA in 1985. She was on the initial steering committee of Sisters in Crime.





The Master of Mysteries

by Gelett Burgess

From the inspired mystic to the man of practical analytic mind, the transition was instantaneous. . . "

Astro, the Seer of Secrets, and his lovely assistant, Valeska, sound more like a magic act than a private detection team. Astro, in fact, hides his powers of observation and reasoning beneath a turban and a cape, pretending to read palms and consult crystals while in fact keenly observing details that most people-police included-miss. Valeska, his beautiful blond protege, assists Astro with his investigations, all the while honing her own skills. Called upon by believers and skeptics both, they adeptly recover what is missing-a rare Shakespeare folio, a missing husband, a kidnapped child-while also solving actual murders. But it is their burgeoning romance, and their mutual zeal to work pro bono where matters of the heart are at stake, that set this crime-solving duo apart.

Sourcebooks

On Sale: Jan 3/23

5.5 x 8.5 • 496 pages

9781728264011 • \$21.99 • pb

Fiction / Mystery & Detective / Short Stories

Series: Library of Congress Crime Classics

Notes

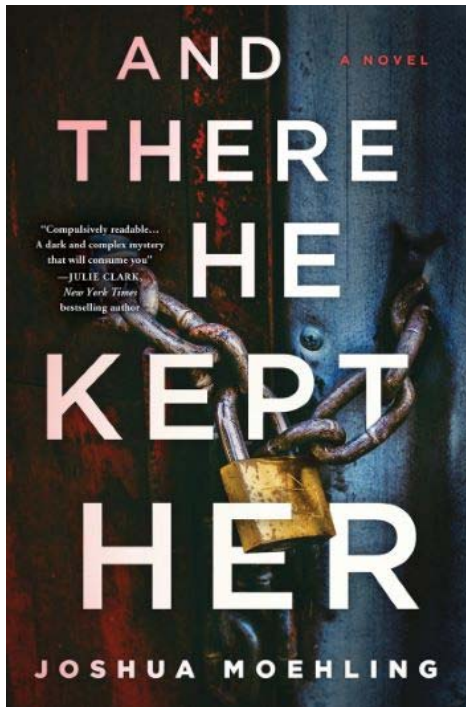
Promotion



9 781728 264011



Raincoast Books



And There He Kept Her

A Novel

by Joshua Moehling

A dark and complex mystery that will consume you."-Julie Clark, New York Times bestselling author of *The Last Flight*

They thought he was a helpless old man. They were wrong.

When two teenagers break into a house on a remote lake in search of prescription drugs, what starts as a simple burglary turns into a nightmare for all involved. Emmett Burr has secrets he's been keeping in his basement for more than two decades, and he'll do anything to keep his past from being revealed. As he gets the upper hand on his tormentors, the lines blur between victim, abuser, and protector.

Personal tragedy has sent former police officer Ben Packard back to the small Minnesota town of Sandy Lake in search of a fresh start. Now a sheriff's deputy, Packard is leading the investigation into the missing teens, motivated by a family connection. As clues dry up and time runs out to save them, Packard is forced to reveal his own secrets and dig deep to uncover the dark past of the place he now calls home.

Unrelentingly suspenseful and written with a piercing gaze into the dark depths of the human soul, *And There He Kept Her* is a thrilling page-turner that introduces readers to a complicated new hero and forces us to consider the true nature of evil.

Author Bio

JOSHUA MOEHLING grew up as an Army brat and moved all over the US and Germany. After attending college in South Dakota and Mankato, MN he moved to Minneapolis and began a career in the medical device industry. *AND THERE HE KEPT HER* is his first novel.

Sourcebooks

On Sale: Feb 14/23

5.5 x 8.25 • 336 pages

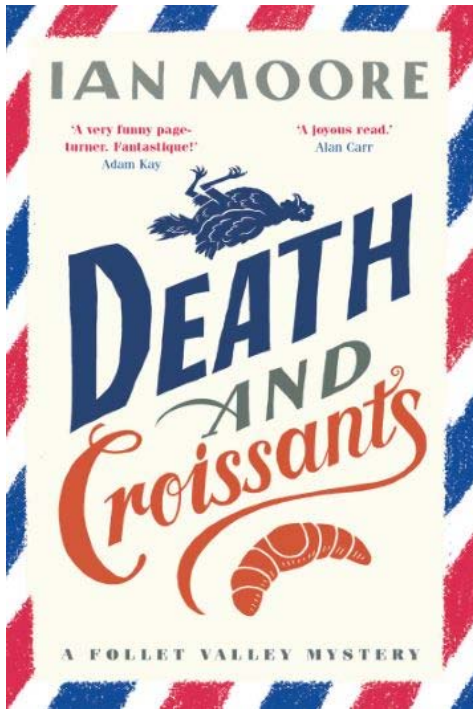
9781728275772 • \$25.99 • pb

Fiction / Suspense

Notes

Promotion





Death and Croissants

A Follet Valley Mystery

by Ian Moore

The funniest, most delightful mystery you'll read all year!

"A very funny page-turner. Fantastique!" -Adam Kay, author of *This Is Going to Hurt*

Richard is a middle-aged Englishman who runs a B&B in the fictional Val de Follet in the Loire Valley. Nothing ever happens to Richard, and really that's the way he likes it.

One day, however, one of his older guests disappears, leaving behind a bloody handprint on the wallpaper. Another guest, the exotic Valerie, persuades a reluctant Richard to join her in investigating the disappearance. Richard remains a dazed passenger in the case until things become really serious and someone murders Ava Gardner, one of his beloved hens. . . and you don't mess with a fellow's hens!

Death and Croissants is an unputdownable, hilarious mystery perfect for fans of Richard Osman's *The Thursday Murder Club*.

What readers are saying:

"Richard Osman meets Sherlock Holmes rampaging through the charming Loire Valley in this raucously funny book. I loved it."

"A light, very funny mystery with appealing characters in a wonderful French countryside."

"Oh wow, this was funny. This one just knocks it out of the park."

"A story full of interesting and diverse characters told with lots of humor."

"The author gives you everything you want in a humorous, witty mystery that chases you through all the twists and turns with murder, mafia, and mayhem."

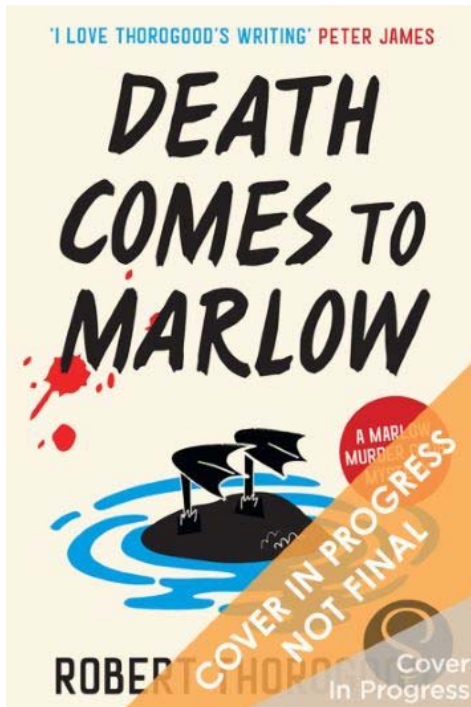
Author Bio

Ian Moore is a stand-up comedian who regularly headlines at London's world-famous Comedy Store. Ian lives in rural France and commutes back to the UK every week.



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Death Comes to Marlow

A Novel

by Robert Thorogood

A puzzling locked room mystery. . . who better to investigate than the ladies of the Marlow Murder Club?

It's been an enjoyable and murder-free time for Judith, Suzie and Becks - AKA the Marlow Murder Club - since the events of last year. The most exciting thing on the horizon is the upcoming wedding of Marlow grandee, Sir Peter Bailey, to his nurse, Jenny Page. Sir Peter is having a party at his grand mansion on the river Thames the day before the wedding, and Judith and Co. are looking forward to a bit of free champagne.

But during the soiree, there's a crash from inside the house, and when the Marlow Murder Club rush to investigate, they are shocked to find the groom-to-be crushed to death in his study.

The study was locked from the inside, so the police don't consider the death suspicious. But Judith disagrees. As far as she's concerned, Peter was murdered! And it's up to the Marlow Murder Club to find the killer before he or she strikes again. . .

Readers love The Marlow Murder Club:

A delightful story that involves an unlikely trio of amateur detectives. Loved the English setting the quirky characters."

"A very cleverly-constructed puzzle. Definitely worth reading!"

"Excellent mystery!"

Author Bio

Robert Thorogood is an English screenwriter and novelist. He is the creator of the BBC One murder mystery series Death in Paradise.

Sourcebooks

On Sale: Jun 6/23

5.5 x 8.25 • 288 pages

9781728250540 • \$24.99 • pb

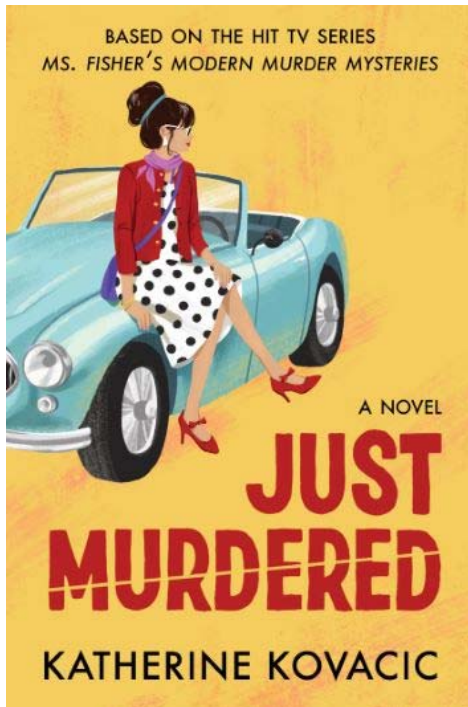
Fiction / Mystery & Detective / Women Sleuths

Series: Marlow Murder Club

Notes

Promotion





Just Murdered

A Novel

by Katherine Kovacic

A girl has to fight to keep her seat at the table. . .

It's the swinging '60s, and Peregrine Fisher is a bit adrift. She's just been fired from her most recent lousy job when she receives a mysterious letter on fine stationery from The Adventuresses' Club of the Antipodes, saying only: Please attend urgent meeting regarding inheritance." Peregrine, it turns out, is private investigator Phryne Fisher's long-lost niece. Aunt Phryne, sadly, had gone missing in the deep jungles of Papua New Guinea six months prior, but her will clearly stipulated that Peregrine should inherit not just Phryne's fortunes, but also her seat in the Adventuresses' Club.

After making a less-than-stellar first impression in Melbourne, she is eager to prove herself worthy of a seat at the Adventuresses' table. When a fellow club member is accused of murder, Peregrine jumps at the chance to help on the case. Initially dismissed by the investigating detective and then obstructed by the chief inspector, it seems she's set herself an impossible task. But her aunt's true legacy is not the fancy home and car; Peregrine has also inherited Phryne's flair for sleuthing-and for putting herself in harm's way. When a second murder victim turns up, Peregrine knows it will take more than the Fisher name to keep her from becoming the third.

Sourcebooks

On Sale: Jan 10/23

5.5 x 8.25 • 288 pages

9781728260136 • \$24.99 • pb

Fiction / Mystery & Detective / Women Sleuths

Notes

Promotion





Lost in Paris

A Novel

by Betty Webb

NO ONE CAN HURT YOU LIKE FAMILY

PARIS, 1922: Zoe Barlow knows the pain of loss. By the age of eighteen, she'd already lost her father to suicide, and her reputation to an ill-fated love affair—not to mention other losses, too devastating for words. Exiled from her home and her beloved younger sister by their stepmother, she was unceremoniously dumped in Paris without a friend to help her find her way. Four years later, Zoe has forged a new life as a painter amidst fellow artists, expats, and revolutionary thinkers struggling to make sense of the world in the aftermath of war. She's adopted this Lost Generation as her new family, so when her dear friend Hadley Hemingway loses a valise containing all of her husband Ernest's writings, Zoe happily volunteers to track it down. But her search for the bag keeps leading to murder victims, and Zoe must again face hard losses—this time among her adopted tribe. If she persists in her reckless quest to find the killer, the next life lost may be her own.

Pulsing with the glamour and excitement of the Jazz Age, *Lost in Paris* explores a young woman's journey to redeem herself from the heartaches of her past, while finding her way forward in tumultuous, unprecedented times.

Author Bio

As a journalist, Betty Webb interviewed U.S. presidents, astronauts, and Nobel Prize winners, as well as the homeless, dying, and polygamy runaways. The dark Lena Jones mysteries are based on stories she covered as a reporter. Betty's humorous Gunn Zoo series debuted with the critically acclaimed *The Anteater of Death*, followed by *The Koala of Death*. A book reviewer at *Mystery Scene Magazine*, Betty is a member of National Federation of Press Women, Mystery Writers of America, and the National Organization of Zoo Keepers.

Sourcebooks

On Sale: Apr 4/23

5.5 x 8.5 • 336 pages

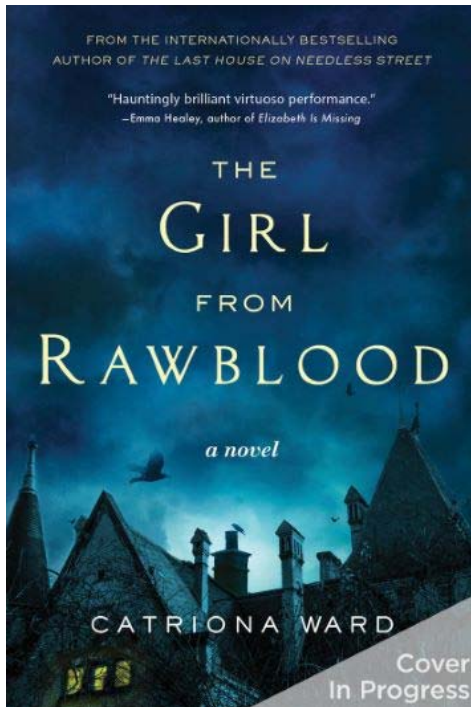
9781728269900 • \$24.99 • pb

Fiction / Mystery & Detective / Historical

Notes

Promotion





The Girl from Rawblood

by Catriona Ward

An impressively hectic spin on the Gothic tradition"-Telegraph

The winner of BEST HORROR NOVEL at the British Fantasy Awards by the author of The House on Needless Street!

What if it's not your mansion that's haunted-it's you?

Young Iris Villarca is the last of her family's line. They are haunted by "her," a curse passed down through the generations that marks each Villarca for certain heartbreak and death. For generations, the Villarcas have died young, under mysterious circumstances.

But Iris dares to fall in love, and the consequences of her choice are immediate and terrifying. As the world falls apart around her, she must take a final journey back to Rawblood where it all began, and where it must all end. . .

Perfect for fans of Shirley Jackson, Susan Hill, and Silvia Moreno-Garcia, The Girl from Rawblood will pull readers through time into the early 1800s and 1900s, mesmerizing them with this lyrical story of cunning folk horror right until the breathtaking finish.

Praise for The Girl from Rawblood:

"Superb debut. . . Ward perfectly balances sensory richness with the chills of the uncanny."

-Publishers Weekly, STARRED review

"The Girl from Rawblood makes a powerful contribution to the British literature of the fantastic. . . There's a touch of Ted Hughes here, Emily Bronte and M.R. James in this eerie and by turns moving story that spans generations. . . A definite book of the year for me."

-Adam Nevill, award-winning author of (...)

Author Bio

Catriona Ward was born in Washington DC and grew up in the US, Kenya, Madagascar, Yemen and Morocco. She studied English at St Edmund Hall, Oxford followed by the UEA Masters in Creative Writing. After living in New York for 4 years where she trained as an actor, she now works for a human rights foundation and lives in London.

Sourcebooks

On Sale: Mar 7/23

5.5 x 8.25 • 368 pages

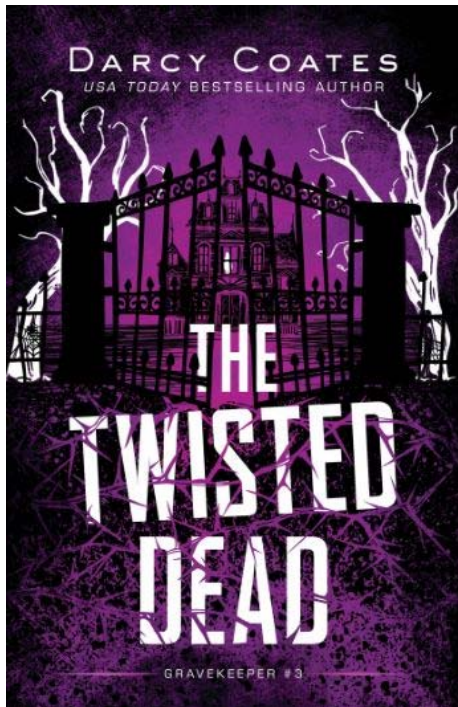
9781728279350 • \$25.99 • pb

Fiction / Horror

Notes

Promotion





The Twisted Dead

by Darcy Coates

USA Today bestseller and rising queen of atmospheric horror Darcy Coates returns with a ghost story that will haunt you long after the final page.

Keira is ready for her life to return to normal. Though, to be fair, normal is a tall ask when your ability to see ghosts has landed you the job of groundskeeper in a small-town cemetery. Still, she has her new friends and is finally beginning to feel like she belongs.

But then Keira receives an invitation to dinner at Dane Crispin's crumbling ancestral estate. The mansion is steeped in history that is equal parts complicated and bloody-and at its center is the man who once tried to kill her, now begging for her help.

Dane believes his home is haunted-and that the unquiet dead clawing through the ancient house are after him. Unnerved but intrigued, Keira opens her second sight and discovers he's right: resentful spectres cling to him, draining his energy. . . and if she can't find a way to stop them, threaten to overwhelm everything in their path. There's something dark happening in the world beyond most peoples' vision, and if Keira isn't able to sever the ties between the living and the dead, it may be more than the chained spirits who become twisted beyond saving.

Horror Novels By Darcy Coates:

The Haunting of Leigh Harker

The Haunting of Ashburn House

From Below

Gallows Hill

The House Next Door

Carrow Haunt

Craven Manor

Voices in the Snow

Author Bio

Darcy Coates is the USA Today bestselling author of *Hunted*, *The Haunting of Ashburn House*, *Craven Manor*, and more than a dozen horror and suspense titles. She lives on the Central Coast of Australia with her family, cats, and a garden full of herbs and vegetables. Darcy loves forests, especially old-growth forests where the trees dwarf anyone who steps between them. Wherever she lives, she tries to have a mountain range close by.

Sourcebooks

On Sale: Feb 7/23

5.5 x 8.25 • 352 pages

9781728239231 • \$21.99 • pb

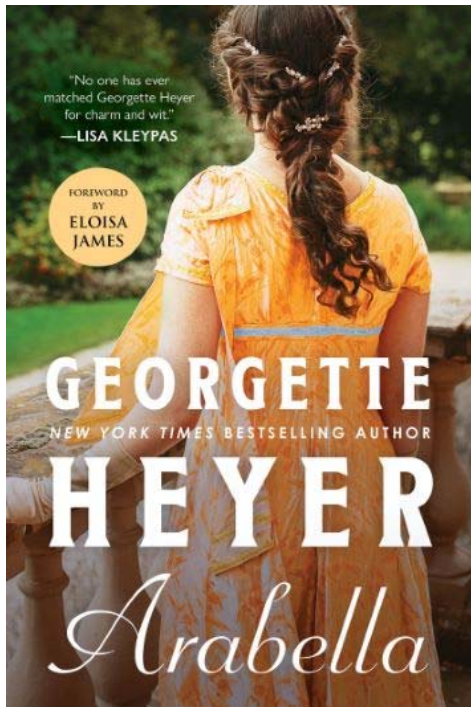
Fiction / Horror

Series: Gravekeeper

Notes

Promotion





Sourcebooks

On Sale: Apr 18/23

5.5 x 8.25 • 352 pages

9781728272184 • \$24.99 • pb

Fiction / Romance / Regency

Notes

Promotion



Arabella

by Georgette Heyer, foreword by Eloisa James

#1 on BookRiot's 15 MUST-READ REGENCY ROMANCE NOVELS

Georgette Heyer is known as the Queen of Regency Romance," and you won't want to wait to find out why! You'll fall in love with Arabella Tallant, one of the most memorable and delightfully exuberant heroines you've ever met.

Daughter of a modest country clergyman, Arabella Tallant still dreams of a proper romance, and is on her way to London when her carriage breaks down outside the hunting lodge of the wealthy Mr. Robert Beaumaris. Her pride stung when she overhears a remark of her host's, Arabella comes to her own defense and pretends to be an heiress, a pretense that deeply amuses the jaded Beau.

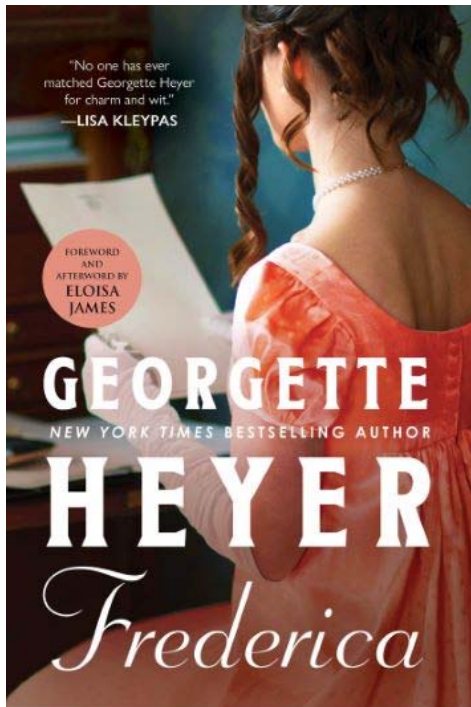
To counter her white lie, Beaumaris launches her into high society and thereby subjects her to all kinds of fortune hunters. When compassionate Arabella rescues such unfortunate creatures as a mistreated chimney sweep and an abandoned dog-proving her love is refined by kindness and grace-Beaumaris finds he rather enjoys the role of rescuer and is soon given the opportunity to prove his mettle

Author Bio

Georgette Heyer's novels have charmed and delighted millions of readers for decades. English Heritage has awarded Georgette Heyer one of their prestigious Blue Plaques, designating her Wimbledon home as the residence of an important figure in British history. She was born in Wimbledon in August 1902. She wrote her first novel, *The Black Moth*, at the age of seventeen to amuse her convalescent brother; it was published in 1921 and became an instant success.

Heyer published 56 books over the next 53 years, until her death from lung cancer in 1974. Her last book, *My Lord John*, was published posthumously in 1975. A very private woman, she rarely reached out to the public to discuss her works or personal life. Her work included Regency romances, mysteries and historical fiction. Known as the Queen of Regency romance, Heyer was legendary for her research, historical accuracy and her extraordinary plots and characterizations. She was married to George Ronald Rougier, a barrister, and they had one son, Richard.





Frederica

by Georgette Heyer, foreword by Eloisa James

New York Times bestselling author Georgette Heyer's beloved tale of a forthright, independent young woman stumbling on happiness for herself even as she seeks a brilliant match for her beautiful sister.

The Marquis of Alverstoke is bored. Family and friends are always making demands, so when a distant cousin shows up seeking his patronage, he is not inclined to agree.

Frederica Merrville, head of her young family since the death of their parents, has brought her brood to London in an attempt to find a brilliant match for her stunningly beautiful younger sister. Unfortunately their guardian, the Marquis of Alverstoke, appears to be too bored and cynical to bother. But the Merrville family is lively and likeable and as Alverstoke finds himself rescuing them from one scrape after another, he has to admit he's getting attached. Particularly to Frederica herself, who is so busy trying to keep her younger brothers in line and get her sister married off, she is slow to notice. But as their partnership blossoms, it suddenly becomes clear that Alverstoke is no longer bored. . . he's in love.

Author Bio

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Sourcebooks

On Sale: Mar 21/23

5.5 x 8.25 • 448 pages

9781728272214 • \$24.99 • pb

Fiction / Romance / Regency

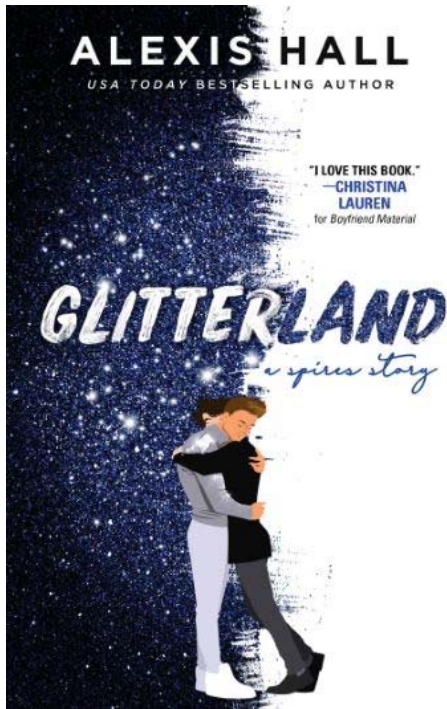
Notes

Promotion



9 781728 272214





LEAD

Glitterland by Alexis Hall

From the acclaimed author of *Boyfriend Material* comes a deeply emotional romance about heartbreak, hope, and learning to love against all the odds. Once the golden boy of the English literary scene, now a clinically depressed writer of pulp crime fiction, Ash Winters has given up on hope, happiness, and-most of all-himself. He lives his life between the cycles of his illness, haunted by the ghosts of other people's expectations.

Then a chance encounter throws him into the path of Essex-born Darian Taylor. Flashy and loud, radiant and full of life, Darian couldn't be more different. . . and yet he makes Ash laugh, reminding him of what it's like to step beyond the boundaries of his anxiety. But Ash has been living in his own shadow for so long that he can no longer see a way out. Can a man who doesn't trust himself ever trust in happiness? And how can someone who doesn't believe in happiness ever fight for his own?

In the past, the universe is a glitterball I hold in the palm of my hand.

In the past, I am brilliant and I am happy and my every tomorrow is madness.

In the past, I am soaring, and falling, and breaking, and lost.

And now, there is only this.

Author Bio

USA Today bestselling author Alexis Hall writes books in the southeast of England, where he lives entirely on a diet of tea and Jaffa Cakes. You can find him at <http://www.quicunquevult.com/>, on Twitter @quicunquevult, and on Facebook at <https://www.facebook.com/quicunquevult>

Sourcebooks

On Sale: Jan 17/23

5.5 x 8.25 • 304 pages

9781728265285 • \$22.99 • pb

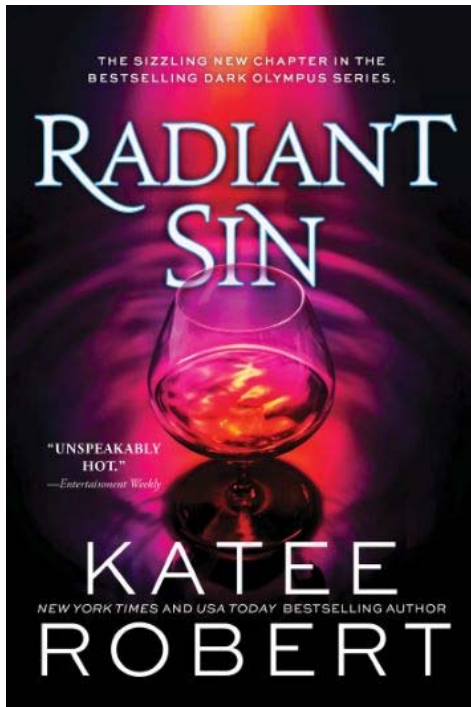
Fiction / Gay

Series: Spires

Notes

Promotion





LEAD

Radiant Sin

by Katee Robert

There's nowhere more dangerous than Olympus. . . and no one more captivating than its golden god: Apollo. Keeper of secrets, master of his shining realm. . . and the only man I am powerless to deny.

A scorchingly hot modern retelling of Apollo and Cassandra.

As a disgraced member of a fallen house, Cassandra Gataki has seen firsthand what comes from trusting the venomous Thirteen. But when the maddeningly gorgeous and kind Apollo asks her to go undercover as his plus-one at a week-long party hosted by a dangerous new power player. . . Cassandra reluctantly agrees to have his back.

On one condition: when it's all over, and Apollo has the ammunition he needs to protect Olympus, she and her sister will be allowed to leave. For good.

Apollo may be the city's official spymaster, but it's his ability to inspire others that keeps him at the top. Despite what the rest of Olympus says, there's no one he trusts more than Cassandra. Yet even as their fake relationship takes a wicked turn for the scaldingly hot, a very real danger surfaces. . . threatening not only Cassandra and Apollo, but the very heart of Olympus itself.

Deliciously inventive. . . Red-hot."-Publishers Weekly STARRED Review for Neon Gods

"I get shivers just thinking of their interactions. SHIVERS."-Mimi Koehler for The Nerd Daily for Neon Gods

The World of Dark Olympus:

Neon Gods (Hades & Persephone)

Electric Idol (Eros & Psyche)

Wicked Beauty (Achilles & Patroclus & Helen)

Radiant Sin (Apollo & Cassandra)

Author Bio

Katee Robert is a New York Times and USA Today bestselling author of contemporary romance and romantic suspense. Entertainment Weekly calls her writing unspeakably hot." Her books have sold over a million copies. She lives in the Pacific Northwest with her husband, children, a cat who thinks he's a dog, and two Great Danes who think they're lap dogs.

Sourcebooks

On Sale: Feb 7/23

5.5 x 8.25 • 368 pages

9781728257006 • \$24.99 • pb

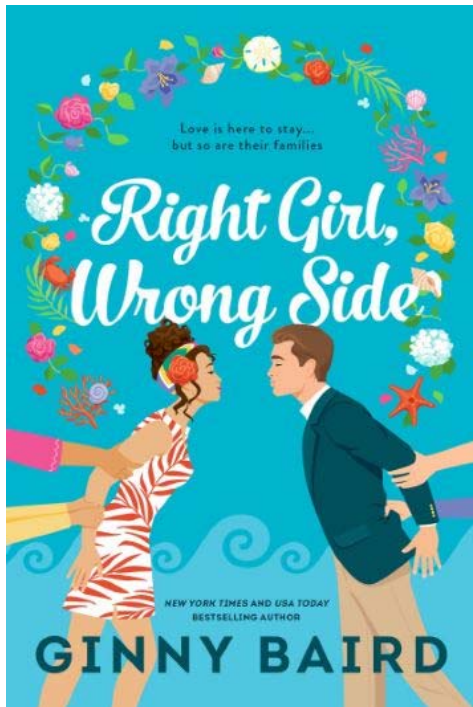
Fiction / Romance / Contemporary

Series: Dark Olympus

Notes

Promotion





Right Girl, Wrong Side

by Ginny Baird

New York Times and USA Today bestselling author Ginny Baird brings her signature charm to this multicultural story about two disputing families sharing a beach house and the messiness that comes from falling in love with someone who your family is determined to despise.

Busy flower shop manager Evita Machado can't wait to get to Nantucket. With a bad breakup behind her, relaxing at the shore with her folks and her brothers and their families sounds like the sure cure for heartache, and their vacation destination looks like an amazing place! But when they arrive at the quaint rose-covered cottage, another group has already put down stakes: the Hatfields.

Ryan Hatfield was Evita's former crush from high school, but their business rival moms refused to let them date. Now history professor Ryan is here for a week with his parents, who won them this oceanfront rental in a society silent auction. Once it's clear there's been a double-booking due to a bidding mistake, Ryan's mom digs in her heels, meaning to stay. When Evita's mom won't back down either, both sides tepidly agree to share the luxury accommodations by dividing the cozy space.

With the boisterous Machados livening things up and the strait-laced Hatfields tamping them down, can Evita and Ryan keep the peace between the warring factions while fostering a growing chemistry between the two of them?

Author Bio

New York Times and USA Today bestselling author Ginny Baird writes wholesome contemporary stories with a dash of humor and a lot of heart. She's fond of including family dynamics in her work and creating lovable and memorable characters in worlds where romance is a given and happily-ever-afters are guaranteed. She lives in North Carolina with her family.

Sourcebooks

On Sale: Mar 28/23

5.5 x 8.25 • 352 pages

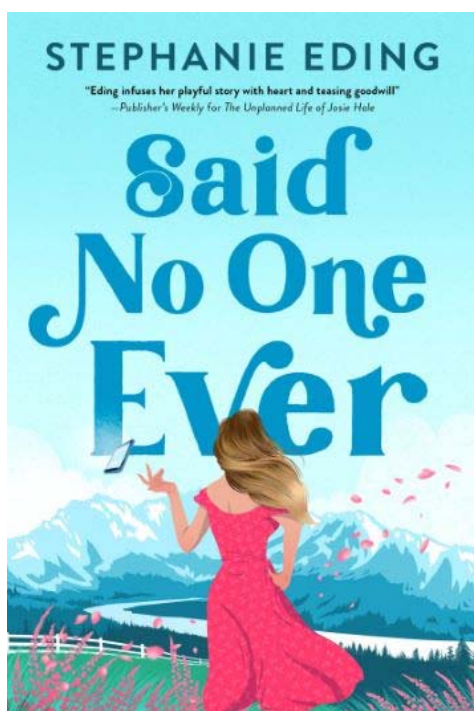
9781728256559 • \$22.99 • pb

Fiction / Romance / Romantic Comedy

Notes

Promotion





Said No One Ever by Stephanie Eding

A playful story with heart and teasing goodwill."-Publishers Weekly for The Unplanned Life of Josie Hale

Readers of Sally Thorne and Beth O'Leary will love Ellie Reed's wild adventure:

- A peaceful vacation turns into a roller coaster ride of family drama
- Two handsome men with competing agendas cause mix-ups and betrayal
- Sometimes you have to put your foot down to get what you really want in life

Ellie Reed's self-esteem can't take any more of her family's constant criticism and attempts to control her life. But when she rents an Airbnb on a gorgeous farm in Montana, she encounters a whole new set of family drama and finds herself the caretaker of a barn full of farm animals, caught between two handsome men competing for control of the farm, and the sudden best friend of a spunky elderly widow whose outrageous ideas just might change her destiny.

Author Bio

Stephanie Eding specializes in humorous women's fiction about the struggles of adulthood in the twenty-first century. She works as a freelance editor, cleans when stressed, and hates cooking but loves to eat. Away from her desk, she's a wife, mother, expert napper, and leader of a cat horde.

Sourcebooks

On Sale: Apr 4/23

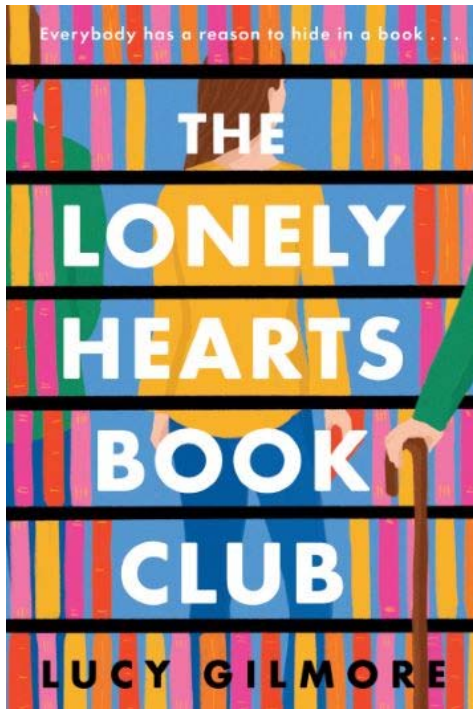
5.5 x 8.25 • 320 pages

9781728239972 • \$22.99 • pb

Notes

Promotion





The Lonely Hearts Book Club

by Lucy Gilmore

A young librarian and an old curmudgeon forge the unlikeliest of friendships in this charming uplit novel about one misfit book club and the lives it changed along the way.

Because books have a way of bringing even the loneliest of souls together. . . Sloane Parker lives a small, contained life as a librarian in her small, contained town. She never thinks of herself as lonely. . . but still she looks forward to that time every day when old curmudgeon Arthur McLachlan comes to browse the shelves and cheerfully insult her. Their sparring is such a highlight of Sloane's day that when Arthur doesn't show up one morning, she's instantly concerned. And then another day passes, and another. Anxious, Sloane tracks the old man down only to discover him all but bedridden. . . and desperately struggling to hide how happy he is to see her. Wanting to bring more cheer into Arthur's gloomy life, Sloane creates an impromptu book club. Slowly, the lonely misfits of their sleepy town begin to find each other, and in their book club, find the joy of unlikely friendship. Because as it turns out, everyone has a special book in their heart-and a reason to get lost (and eventually found) within the pages.

Author Bio

Lucy Gilmore is a contemporary romance author with a love of puppies, rainbows, and happily ever afters. She began her reading (and writing) career as an English literature major and ended as a die-hard fan of romance in all forms. When she's not rolling around with her two Akitas, she can be found hiking, biking, or with her nose buried in a book. Visit her online at <http://lucygilmore.com>.

Sourcebooks

On Sale: Apr 4/23

5.5 x 8.25 • 352 pages

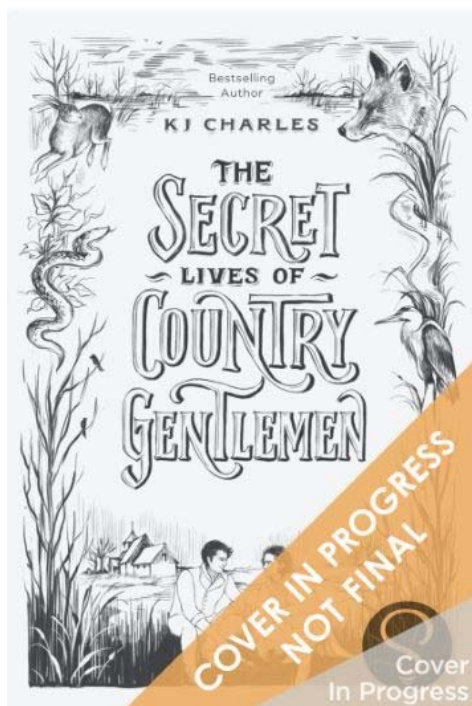
9781728256214 • \$24.99 • pb

Fiction / Contemporary Women

Notes

Promotion





The Secret Lives of Country Gentlemen

by KJ Charles

Bridgerton meets Poldark in this sweeping Regency romance of smugglers, adventure, mystery, and life-changing love from celebrated author KJ Charles. Abandoned by his father, Gareth Inglis grew up lonely, prickly, and well-used to disappointment. Still, he longs for a connection. When he meets a charming man in a London molly house, he falls head over heels-until everything goes wrong and he's left alone again. Then Gareth's father dies, turning the shabby London clerk into Sir Gareth, with a grand house on the remote Romney Marsh and a family he doesn't know.

The Marsh is another world, a strange, empty place notorious for its ruthless gangs of smugglers. And one of them is dangerously familiar. . .

Joss Doomsday has run the Doomsday smuggling clan since he was a boy. When the new baronet-his old lover-agrees to testify against Joss's sister, Joss acts fast to stop him. Their reunion is anything but happy, yet after the dust settles, neither can stay away. Soon, all Joss and Gareth want is the chance to be together. But the bleak, bare Marsh holds deadly secrets. And when Gareth finds himself threatened from every side, the gentleman and the smuggler must trust one another not just with their hearts, but with their lives. This felt like KJ's very own sexy and skullduggerous take on the romcom trend, and I loved it."-USA Today bestseller Talia Hibbert for The Gentle Art of Fortune Hunting

Author Bio

KJ Charles spent twenty years as an editor in British publishing before fleeing the scene to become a full-time historical romance novelist. She has written over twenty-five novels since then and her books have been translated into eight languages. She lives in London.

Sourcebooks

On Sale: Mar 7/23

5.5 x 8.25 • 336 pages

9781728255859 • \$22.99 • pb

Fiction / Romance / Regency

Series: Doomsday Books

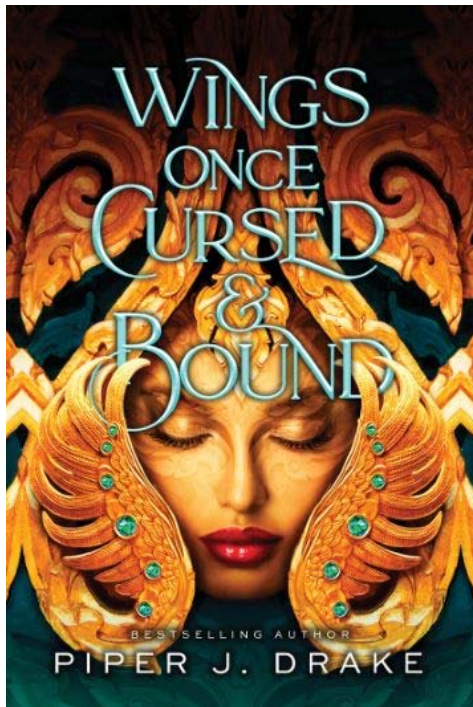
Notes

Promotion



9 781728 255859





Wings Once Cursed & Bound

by Piper Drake

For fans of Sarah J. Maas and Jennifer Armentrout comes a bold and captivating fantasy by bestselling author Piper J. Drake.

My wings unbound, I am the Thai bird princess

The kinnaree

And no matter the cost,

I will be free.

Peeraphan Rahtana lives her life in Seattle, unaware of the complicated magical world spinning just beyond the shadows and mist. . . until a violent clash outside her dance rehearsal has her literally whisked off her feet. Her darkly brooding rescuer, vampire Bennet Andrews, claims to represent a secret organization dedicated to locating objects of myth and magic, tucking them safely away where they can do no harm-but he's too late to save Peeraphan from a deadly curse.

Yet Peeraphan isn't what she seems. Wings unbound, she's a Thai bird princess of legend. . . and while the curse won't kill her outright, it's only a matter of time. Determined, Bennett sweeps Peeraphan deeper into a supernatural world far beyond anything she ever imagined in a desperate bid to find a solution. . . and an explanation for the powers even she doesn't know how to define.

Her world may have changed overnight, but Peeraphan knows one thing for certain: she can't go back to living as a human anymore. Not when she's felt what it's like to fly with Bennet (...)

Author Bio

Piper J. Drake is a bestselling author of romantic suspense and edgy contemporary romance, a frequent flyer, and day job road warrior. She is often distracted by dogs, cupcakes, and random shenanigans. She lives in the Pacific Northwest with her husband and small corgi.

Play Find the Piper around the internet for insight into her frequent travels and inspiration for her stories.

You can learn more at:

PiperJDrake.com

[Facebook.com/ AuthorPiperJDrake](https://www.facebook.com/AuthorPiperJDrake)

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[Instagram.com/PiperJDrake](https://www.instagram.com/PiperJDrake)

[YouTube.com/PiperJDrake](https://www.youtube.com/PiperJDrake)

Sourcebooks

On Sale: Apr 11/23

5.5 x 8.25 • 320 pages

9781492683865 • \$24.99 • pb

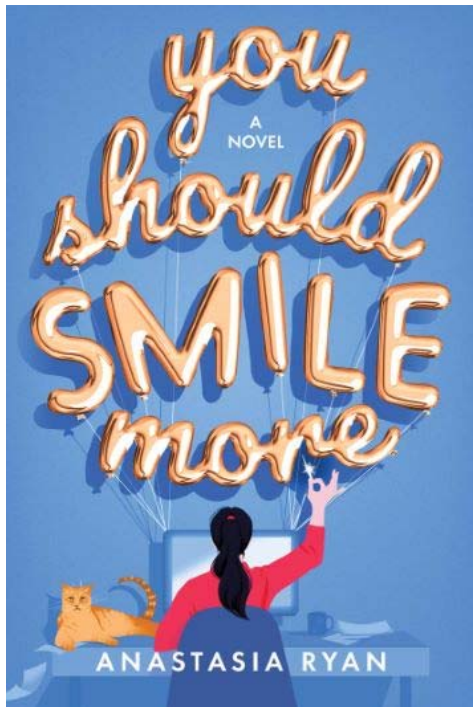
Fiction / Romance / Fantasy

Series: Mythwoven

Notes

Promotion





You Should Smile More

A Novel

by Anastasia Ryan

When Vanessa Blair is fired because of her "resting bitch face," her friends help her launch a revenge plan that'll bring down the whole company.

Telemarketer Vanessa Blair isn't in love with her job. It pays the bills and feeds her foster kittens, but offers only one other perk: her friendships with Jane Delaney and Trisha Lam. But, as mind-numbing as her job is, things are about to get worse. Xavier Adams, her self-absorbed boss, calls Vanessa into the conference room and fires her. The reason? Her facial expressions.

Apparently, she has resting bitch face, and it doesn't matter that her sales numbers are stellar or that she organizes office events.

After a girls' night of schnapps and imagining retribution, Vanessa awakens to find that has implemented a revenge strategy based on the classic business book *The Art of War* by Sun Tzu. At first, Vanessa wants nothing to do with it. She wants to file for unemployment and move on with her life, possibly with Carter Beckett, the cute, cat-loving unemployment rep assigned to her case. But when Xavier contests her unemployment and ruins her shot at her dream job, Vanessa is all in.

Author Bio

Anastasia Ryan writes about what she loves best: humor, coffee, and cats. She has several useless degrees and fills her time listening to true crime podcasts. *You Should Smile More* is her first novel, focusing on what happens when your resting bitch face is wide awake. . . at work.

Sourcebooks

On Sale: Jan 17/23

5.5 x 8.25 • 256 pages

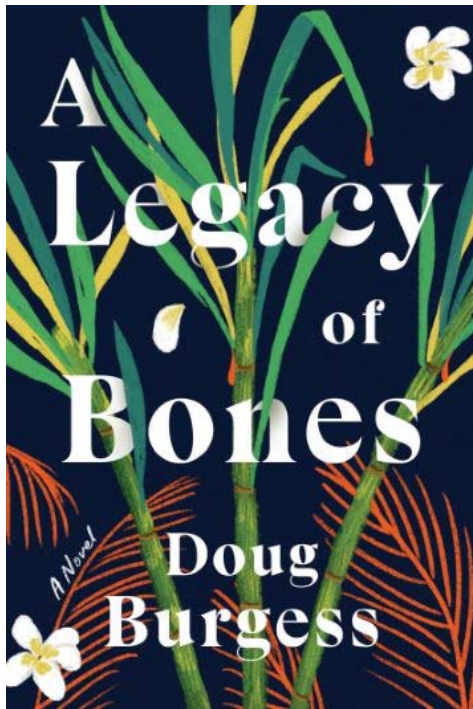
9781728253350 • \$22.99 • pb

Fiction / Contemporary Women

Notes

Promotion





Sourcebooks

On Sale: Feb 7/23

5.5 x 8.25 • 272 pages

9781728259116 • \$24.99 • pb

Fiction / Historical

Notes

Promotion



A Legacy of Bones

A Novel

by Doug Burgess

What secrets cry out from the Bone Feast House? For fans of *The Girl Who Wrote in Silk* comes a story of sacrifice, an abandoned temple, and a family torn apart by a legacy of shame that won't stay buried

Ogden Lathrop hates Kaumaha (Hawaiian for "misery") Island. As a trustee of his late father's estate, he first let the sugar plantation fail, and then his attempt to convert the crumbling manor house to a hotel met a similar fate. He is beyond thrilled when he closes a deal to sell the decaying hell-hole to a local developer for twenty million dollars.

Ogden's mother, meanwhile, loves the place and the villagers, as does her half-Hawaiian granddaughter who becomes embroiled in a bitter feud with Ogden when she sides with activist islanders seeking to block the sale. With historical reference provided by journal entries from the island's founder and his wife as they struggle to maintain their congregation of converted islanders in the late 1800s, this tale of a family's failed dreams, good intentions, and human frailty shows that redemption comes in many forms--but none so meaningful as the act of forgiving the past.

Author Bio

Doug Burgess grew up in a small town just across the bay from Little Compton, where his family has lived for over 350 years. He has authored numerous books on maritime history, including *Engines of Empire: Steamships and the Victorian Imagination* (Stanford University Press, 2016) and *The Politics of Piracy* (University Press of New England, 2015). He has also published short fiction in *Ellery Queen Mystery Magazine* and other periodicals. Burgess is a professor of history in Manhattan.





Five First Chances

A Novel

by Sarah Jost

For anyone who has ever felt stuck on the wrong path comes a stunning, time-bending love story that challenges what it means to get things right," and who's at your side through it all

What would you do if you had one more chance for the life of your dreams? Lou feels like she is stuck on the wrong path: alone, in a city far from home, watching other people be happy. When the man she's in love with announces his engagement to someone else, Louis consumed by 'what ifs'.

That's when she finds herself slipping back in time to a night two years ago, where one small decision changed everything. . .

Suddenly, Lou has a chance to fix her mistakes. But as her choices lead her down roads she never could have imagined, she finds herself stuck in a time loop of her own making. And with each slip, Lou notices her life intersecting with one person again and again. A friend of a friend who once lived on the periphery, who is slowly becoming the one person who makes her feel like she might finally be on the right track.

Lou is about to realize that our greatest love stories aren't always the ones we expected, but are the ones we choose to fight for.

For fans of *In Five Years* and *Out of Love* comes a life-affirming debut that blends *deja vu*, a poignant exploration of friendship and loss, and a truly unforgettable love story. This is the kind of book that will pull at your heartstrings and make you realize that if you just open yourself up to the possibilities, our world is full of inspiring people poised to change everything. . . and you might just be one of them.

Author Bio

Sarah Jost is a Swiss national who has been living in the UK since 2008. She works as a Housemistress and French teacher at a girls' school, which she considers an immersive course in character study. Sarah lives in Buckinghamshire with her partner Luke and their adorable and destructive puppy Winnie. *Five First Chances* is her debut.

Sourcebooks

On Sale: Apr 4/23

5.5 x 8.25 • 400 pages

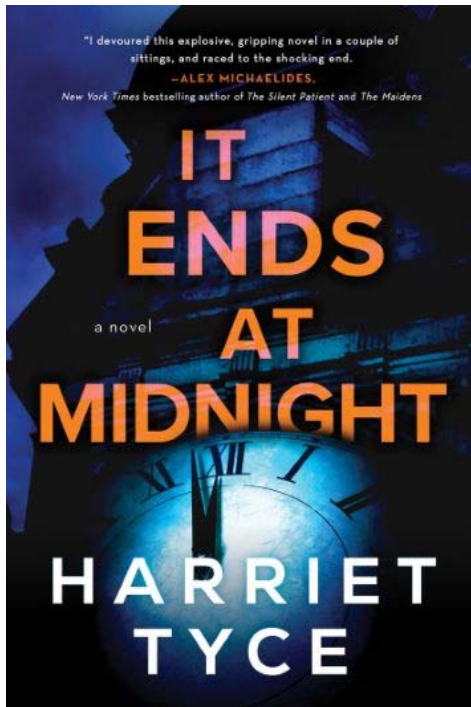
9781728262703 • \$24.99 • pb

Fiction / Contemporary Women

Notes

Promotion





It Ends at Midnight

A Novel

by Harriet Tyce

I devoured this gripping novel in a couple of sittings, and raced to the shocking end." - Alex Michaelides, New York Times bestselling author of *The Silent Patient* and *The Maidens*

It's New Year's Eve and the stage is set for a lavish party in one of Edinburgh's best postcodes. It's a moment for old friends to set the past to rights - and move on.

The night sky is alive with fireworks and the champagne is flowing. But the celebration fails to materialize.

Because someone at this party is going to die tonight.

Midnight approaches and the countdown begins - but it seems one of the guests doesn't want a resolution.

They want revenge.

From the acclaimed author of *Blood Orange*, comes a thriller of a party spiraling into murder, when one guest's plan to right old wrongs ends in blood, told with Tyce's signature dark and propulsive twists.

"A blisteringly brilliant read." - Sarah Pinborough, New York Times bestselling author of *Behind Her Eyes*

Author Bio

HARRIET TYCE was born and grew up in Edinburgh. She graduated from the University of Oxford with a degree in English Literature before gaining legal qualifications and working as a criminal barrister for ten years. She completed an MA in Creative Writing-Crime Fiction at UEA where she wrote her debut, *Blood Orange*.

Sourcebooks

On Sale: Feb 21/23

6.25 x 9.25 • 320 pages

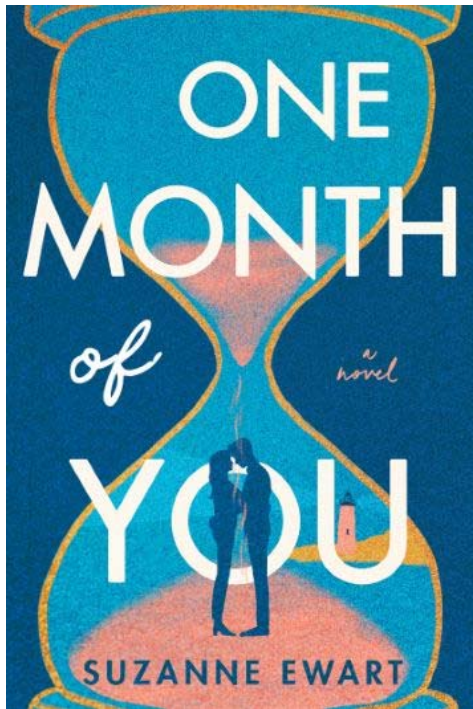
9781728263847 • \$39.99 • cl

Fiction / Suspense

Notes

Promotion





Sourcebooks

On Sale: Feb 7/23

5.5 x 8.25 • 350 pages

9781728257129 • \$24.99 • pb

Fiction / Contemporary Women

Notes

Promotion



One Month of You

A Novel

by Suzanne Ewart

A Walk to Remember meets Jojo Moyes in an emotionally resonant love story following one woman who has already seen how her story will end and one man determined to rewrite it

If you knew how it would end, could you ever find the courage to begin?

When Alec asks Jess out, she knows it won't work. He may be charming and handsome, but Jess has rules. And the first? Don't fall in love.

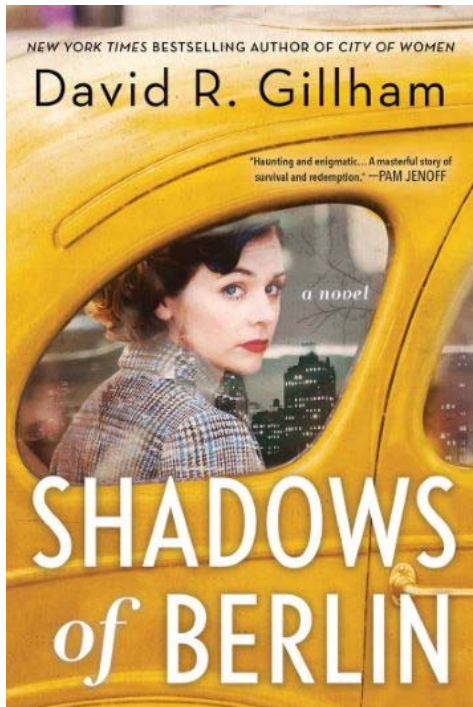
Jess has inherited Huntington's disease from the mother that she cares for. Falling in love would mean condemning someone to the heartbreak that she feels every day. Jess has learned to keep everyone and everything at arm's length, but Alec is determined to break down her barriers. When she finally tells him why they have no future together, he proposes that they forget the future and live for the moment?for just one month. One month to date. One month to live. One month to fall in love.

But as Jess begins to fall for Alec, she knows she has to end it. It's better that he is hurt now rather than heartbroken later, isn't it?

Author Bio

After completing her degree with the Open University, SUZANNE EWART taught English to secondary school children in Greater Manchester before writing her first novel. In 2019, she won the eHarmony/Trapeze Books Write Your Own Love Story competition with her debut *One Month of You*. She lives in Warrington, England with her husband and two children.





Shadows of Berlin

A Novel

by David R. Gillham

Straddling the ragged line between guilt and tender mercy, *Shadows of Berlin* is Gillham at his best, writing compelling, evocative history. He is a master wordsmith who deftly pulls us down winding corridors riddled with broken spirits and haunting ghosts on a quest for absolution. An unspeakable past unspools in spits and sputters. Gillham nimbly sews the scraps together. The result is a riveting story that is unputdownable." - Leah Weiss, bestselling author of *If The Creek Don't Rise* and *All the Little Hopes*"A powerful, heartrending story of guilt and forgiveness, loss and love, war's long shadow over the living and our memories of the dead. With exquisite poignancy, Gillham asks what it means to survive profound trauma and find hope in a broken world." - Jennifer Rosner, author of *The Yellow Bird Sings*"Colorful dialogue, meticulously researched period detail, and an intricate plot about war and penance combine in a richly layered tale of a New York housewife with a secret past buried in World War II Berlin. Immersive and evocative, this tangled tale of regret and rebirth will haunt you." - New York Times bestselling author Kristin Harmel"In a poignant novel saturated in the rich hues of time, place, and art comes the unforgettable story of Rachel Perlman-a child of war, grown in body but held captive in soul by a past of abuse, guilt, and unimaginable trauma. Yet even from the ruinous embers of war, Gillham skillfully, tenderly allows Rachel to rise, revealing the life-affirming truth that we may always begin again, no matter where we are. Though timeless, *Shadows of Berlin* is a novel for our time because it provides what we desperately need all the time: Hope." - Erika Robuck, national bestselling author of (...)

Sourcebooks

On Sale: Jan 24/23

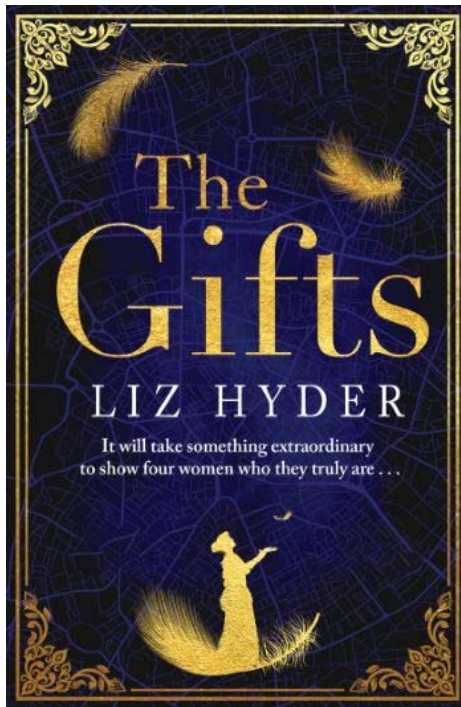
5.5 x 8.25 • 448 pages

9781728260112 • \$24.99 • pb

Notes

Promotion





The Gifts

A Novel

by Liz Hyder

From widely acclaimed, award-winning author Liz Hyder: A story of intrigue, deception, and faith emerges as the lives of four women--two of them with wings--intersect with one ambitious, obsessive surgeon

Set in 1840, *The Gifts* opens with a young woman in agony, staggering alone through a forest in the English countryside as a huge pair of wings emerge from her shoulders. Meanwhile, when rumors of a "fallen angel" cause a frenzy across Victorian London, a surgeon desperate for fame and fortune finds himself in the grips of a dangerous obsession, one that will place the women he seeks in the most terrible danger.

Author Bio

LIZ HYDER is a writer and creative workshop leader. She has been part of Writing West Midlands's Room 204 writer development programme since 2016. In early 2018, she won The Bridge Award/Moniack Mhor Emerging Writer Award. Named *The Times Children's Book of the Year* in 2019, her debut, *Bearmouth*, was also the Waterstones Children's Book for Older Readers 2020 and the winner of the Branford Boase Award 2020. It has also been shortlisted for the UKLA Awards and nominated for the CILIP Carnegie Medal 2021. Originally from London, she now lives in South Shropshire in a small medieval market town surrounded by hills, books and plants. *The Gifts* is her adult debut

Sourcebooks

On Sale: Apr 4/23

6.25 x 9.25

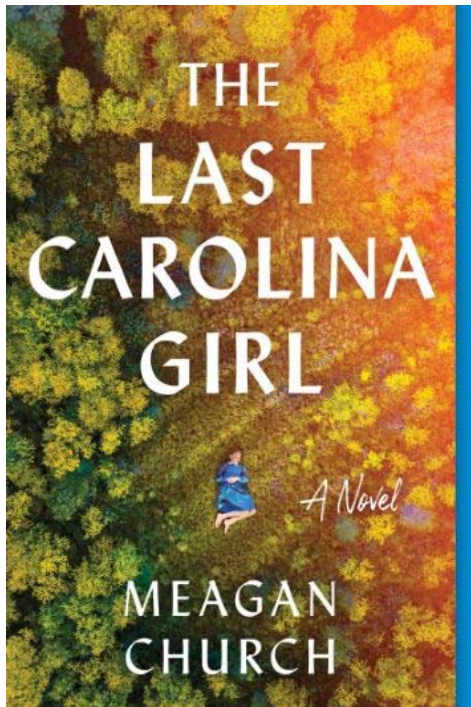
9781728271705 • \$39.99 • cl

Fiction / Romance / Gothic

Notes

Promotion





The Last Carolina Girl

A Novel

by Meagan Church

A searing book club novel for fans of *Where the Crawdads Sing* and *The Girls in the Stilt House* following one girl fighting for her family, her body, and her right to create a future all her own. Some folks will do anything to control the wild spirit of a Carolina girl. . .

For fourteen-year-old Leah Payne, life in her beloved coastal Carolina town is as simple as it is free. Devoted to her lumberjack father and running through the wilds where the forest meets the shore, Leah's country life is as natural as the Loblolly pines that rise to greet the Southern sky.

When an accident takes her father's life, Leah is wrenched from her small community and cast into a family of strangers with a terrible secret. Separated from her only home, Leah is kept apart from the family and forced to act as a helpmate for the well-to-do household. When a moment of violence and prejudice thrusts Leah into the center of the state's shameful darkness, she must fight for her own future against a world that doesn't always value the wild spirit of a Carolina girl.

Set in 1935 against the very real backdrop of a recently formed state eugenics board, *The Last Carolina Girl* is a powerful and heart-wrenching story of fierce strength, forgotten history, autonomy, and the places and people we ultimately call home.

Author Bio

After receiving a degree in English with a focus on creative writing from Indiana University, Meagan Church built a career as a storyteller and freelance writer for brands, blogs and organizations. Her fiction focuses on overlooked and oppressed women's voices from the past.

A Midwesterner by birth, she now lives in North Carolina with her high school sweetheart, three children and a plethora of pets. To learn more about her writing, visit www.MeaganChurch.com, or follow her on Instagram and Twitter @mchurchwriter.

Sourcebooks

On Sale: Mar 7/23

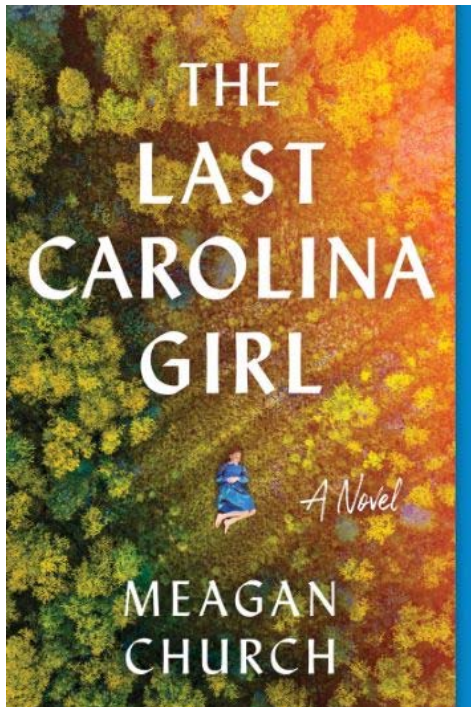
5.5 x 8.25 • 320 pages

9781728257150 • \$24.99 • pb

Notes

Promotion





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Sourcebooks

On Sale: Mar 7/23

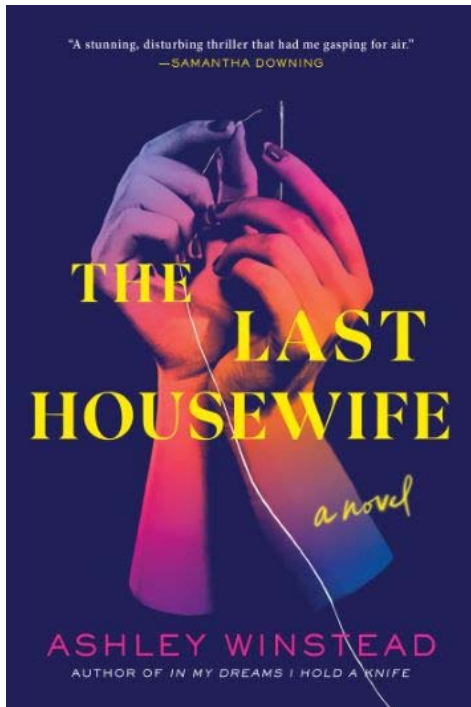
6.25 x 9.25 • 320 pages

9781728278049 • \$39.99 • cl

Notes

Promotion





The Last Housewife

A Novel

by Ashley Winstead

A stunning, disturbing thriller that will have your mind and heart racing." ?
Samantha Downing

From the author of the acclaimed *In My Dreams I Hold a Knife* comes a pitch-black thriller about a woman determined to destroy a powerful cult and avenge the deaths of the women taken in by it, no matter the cost.

While in college in upstate New York, Shay Evans and her best friends met a captivating man who seduced them with a web of lies about the way the world works, bringing them under his thrall. By senior year, Shay and her friend Laurel were the only ones who managed to escape. Now, eight years later, Shay's built a new life in a tony Texas suburb. But when she hears the horrifying news of Laurel's death—delivered, of all ways, by her favorite true-crime podcast crusader—she begins to suspect that the past she thought she buried is still very much alive, and the predators more dangerous than ever. Recruiting the help of the podcast host, Shay goes back to the place she vowed never to return to in search of answers. As she follows the threads of her friend's life, she's pulled into a dark, seductive world, where wealth and privilege shield brutal philosophies that feel all too familiar. When Shay's obsession with uncovering the truth becomes so consuming she can no longer separate her desire for justice from darker desires newly reawakened, she must confront the depths of her own complicity and conditioning. But in a world built for men to rule it?both inside the cult and outside of it?is justice even possible, and if so, how far will Shay go to get it?

Author Bio

Ashley Winstead is an academic turned novelist with a Ph.D. in contemporary American literature. She lives in Houston with her husband, two cats, and a beloved wine fridge. You can find her at www.ashleywinstead.com.

Sourcebooks

On Sale: Apr 4/23

5.5 x 8.25 • 416 pages

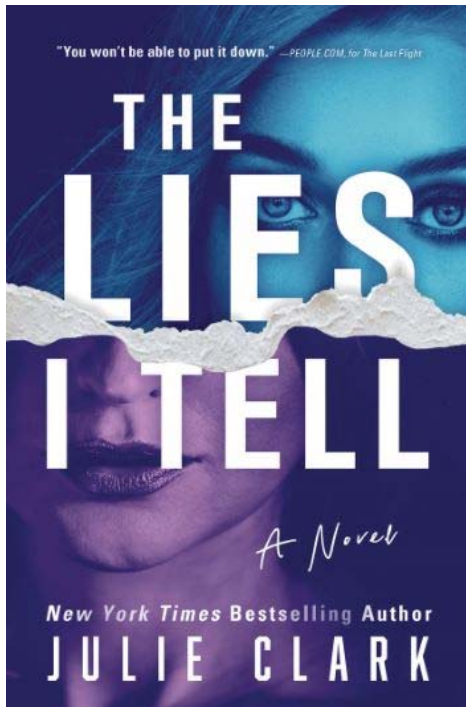
9781728269825 • \$24.99 • pb

Fiction / Thrillers / Psychological

Notes

Promotion





Sourcebooks

On Sale: Mar 1/23

5.5 x 8.25 • 320 pages

9781728260129 • \$24.99 • pb

Fiction / Suspense

Notes

Promotion



The Lies I Tell

A Novel

by Julie Clark

THE INSTANT NEW YORK TIMES BESTSELLER!

"A mindbender." -Jessica Knoll

"Riveting. . . a winner." -Laura Dave

"A knockout." -Mary Kubica

From the New York Times bestselling author of *The Last Flight* comes a twisted con-woman thriller about two women out for revenge-or is it justice? Two women. Many aliases.

Meg Williams. Maggie Littleton. Melody Wilde. Different names for the same person, depending on the town, depending on the job. She's a con artist who erases herself to become whoever you need her to be-a college student. A life coach. A real estate agent. Nothing about her is real. She slides alongside you and tells you exactly what you need to hear, and by the time she's done, you've likely lost everything.

Kat Roberts has been waiting ten years for the woman who upended her life to return. And now that she has, Kat is determined to be the one to expose her. But as the two women grow closer, Kat's long-held assumptions begin to crumble, leaving Kat to wonder who Meg's true target is.

The Lies I Tell is a twisted domestic thriller that dives deep into the psyches and motivations of two women and their unwavering quest to seek justice for the past and rewrite the future.

Praise for *The Last Flight* by (...)

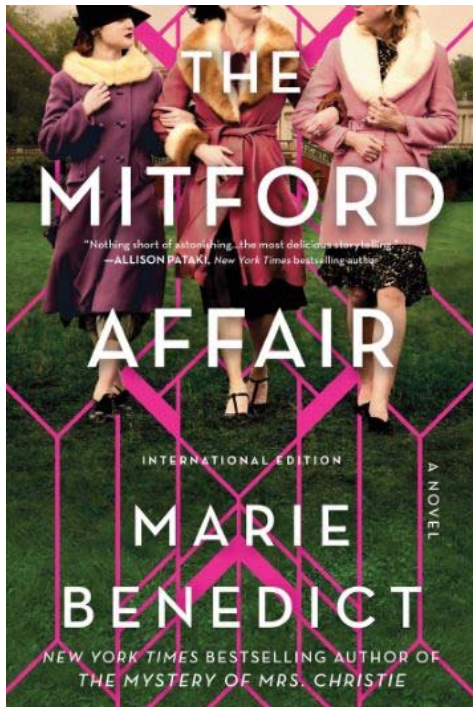
Author Bio

Julie Clark is the New York Times bestselling author of *The Lies I Tell* and *The Last Flight*, both of which were also #1 international bestsellers and have been translated into more than twenty-five languages. She lives in Los Angeles with her family and a goldendoodle with poor impulse control.



9 781728 260129





LEAD

The Mitford Affair

A Novel

by Marie Benedict

Between the World Wars, the six Mitford sisters dominate the English political, literary, and social scenes. Though they've weathered scandals before, the family falls into disarray when Diana divorces her husband to marry a fascist leader and Unity follows her sister's lead, inciting rumors that she's become Hitler's own mistress.

Novelist Nancy Mitford is the only member of her family to keep in touch with Diana and Unity after their desertion, so it falls to her to act when her sisters become spies for the Nazi party.

Probing the torrid political climate of World War II and the ways that sensible people can be sucked into radical action, *THE MITFORD AFFAIR* follows Nancy's valiant efforts to end the war and the cost of placing loyalty to her country above loyalty to her family.

Praise for *HER HIDDEN GENIUS*

Marie Benedict has a remarkable talent for forcing open the cracks of history to draw extraordinary women into the sunlight. In *HER HIDDEN GENIUS*, Benedict weaves together molecular biology and human psychology to bring vivid life to Rosalind Franklin, whose discovery of DNA's exquisite double-helix structure takes on the narrative intensity of a thriller. Fans of historical fiction will devour this complex portrait of a brilliant and trailblazing genius and the risks she took to advance the frontiers of science." --Beatriz Williams

Marie Benedict does it again, pulling another brilliant woman out of the shadows of history into an illuminating portrait (...)

Author Bio

Marie Benedict is a lawyer with more than ten years' experience as a litigator at two of the country's premier law firms and for Fortune 500 companies. She is a magna cum laude graduate of Boston College with a focus in history and art history and a cum laude graduate of the Boston University School of Law. Marie, the author of *The Other Einstein*, *Carnegie's Maid*, *The Only Woman in the Room*, and *Lady Clementine*, views herself as an archaeologist of sorts, telling the untold stories of women. She lives in Pittsburgh with her family.



9 781728 259994

Sourcebooks

On Sale: Jan 17/23

5.5 x 8.25 • 304 pages

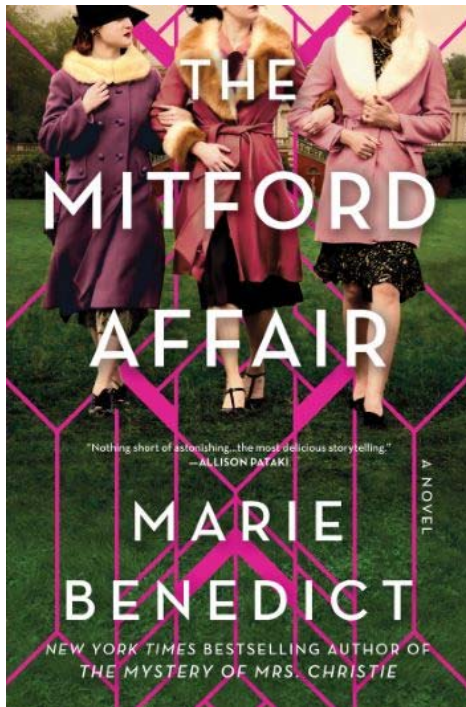
9781728259994 • \$24.99 • pb

Notes

Promotion



Raincoast Books



The Mitford Affair

A Novel

by Marie Benedict

Plunges readers into a world of glamorous, charismatic young British debutantes and then turns that shiny world on its head. . . the most delicious storytelling." -Allison Pataki, New York Times bestselling author of The Magnificent Lives of Marjorie Post

From New York Times bestselling author Marie Benedict comes an explosive novel of history's most notorious sisters, one of whom will have to choose: her country or her family?

Between the World Wars, the six Mitford sisters—each more beautiful, brilliant, and eccentric than the next—dominate the English political, literary, and social scenes. Though they've weathered scandals before, the family falls into disarray when Diana divorces her wealthy husband to marry a fascist leader and Unity follows her sister's lead all the way to Munich, inciting rumors that she's become Hitler's mistress.

As the Nazis rise in power, novelist Nancy Mitford grows suspicious of her sisters' constant visits to Germany and the high-ranking fascist company they keep. When she overhears alarming conversations and uncovers disquieting documents, Nancy must make excruciating choices as Great Britain goes to war with Germany.

Probing the torrid political climate in the lead-up to World War II and the ways that seemingly sensible people can be sucked into radical action, *The Mitford Affair* follows Nancy's valiant efforts to stop the Nazis from taking over Great Britain, and the complicated choices she must make between the personal and the political.

Also By Marie Benedict:

The Other Einstein

Carnegie's Maid

The Only Woman in the Room

Lady Clementine

The Mystery of Mrs. Christie

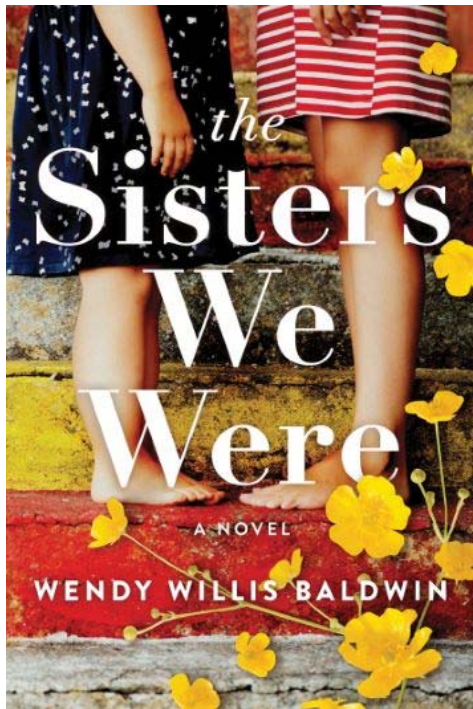
Her Hidden Genius

An in-depth exploration of the (...)

Author Bio

Marie Benedict is a lawyer with more than ten years' experience as a litigator at two of the country's premier law firms and for Fortune 500 companies. She is a magna cum laude graduate of Boston College with a focus in history and art history and a cum laude graduate of the Boston University School of Law. Marie, the author of *The Other Einstein*, *Carnegie's Maid*, *The Only Woman in*





The Sisters We Were

A Novel

by Wendy Willis Baldwin

The weight of their family secrets could not have shaped Pearl and Ruby Crenshaw any differently. Ruby's a runner, living in Dallas and only reluctantly talking to their mother, Birdie, when she calls from prison. Pearl is still living in her mother's fixer-upper and finds herself facing a line in the sand: her weight is threatening to kill her. She's hundreds of pounds beyond the point where she can celebrate her curves or benefit from the body positivity movement, and unless she takes drastic action, the future looks dire. But when Ruby's buried rage explodes in a hilariously viral way, the mistake has life-altering consequences that throw the sisters back into living under the same roof as they try to put back together the pieces of their lives. Funny, cinematic and bursting with heart, this is a story of hope and redemption that celebrates the unbreakable bonds of sisterhood.

Author Bio

The Sisters We Were is Wendy Willis Baldwin's debut novel. Together, she and her sister host the Life After Fat Pants Podcast. A native of Texas, Baldwin now lives on a farm in New Hampshire with her husband, her dogs, and thousands of honeybees.

Sourcebooks

On Sale: Jan 17/23

5.5 x 8.25 • 400 pages

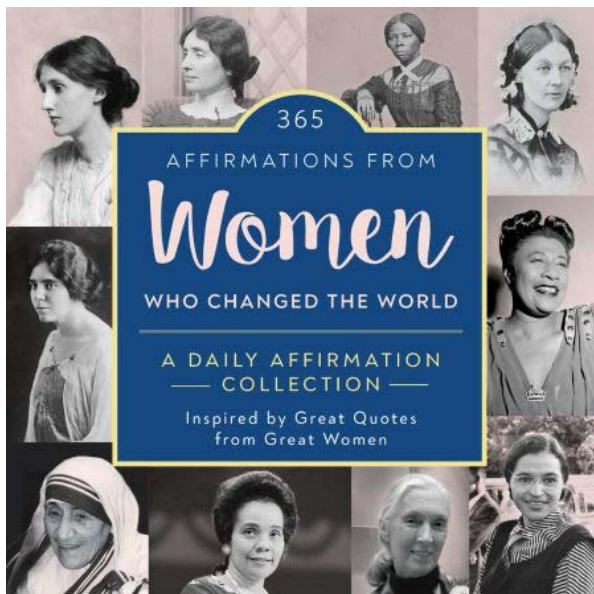
9781728258188 • \$24.99 • pb

Fiction / Contemporary Women

Notes

Promotion





365 Affirmations from Women Who Changed the World

A Daily Affirmation Collection Inspired by Great Quotes from Great Women
by Sourcebooks

Gain confidence, practice self-care, and achieve your goals with a full year of affirmations from trailblazing and iconic women.

Women like Gloria Steinem, Ruth Bader Ginsburg, Malala Yousafzai have made an indelible impression on our culture. Their words of wisdom set an example for ambitious, creative women everywhere. Adapted from their life-changing quotes, this book offers daily positive affirmations to build your resilience, creativity, and positive self-image as you achieve your biggest dreams.

The perfect gift for women who have an affirmation practice, want to begin manifesting a life they love, or simply want to add some positive momentum to their routines.

Whether you're looking for motivation for yourself or a loved one, these affirmations will help you embrace the powerful woman you are and bring your best self to every day!

Sourcebooks

On Sale: Mar 7/23

6.75 x 6.75 • 170 pages

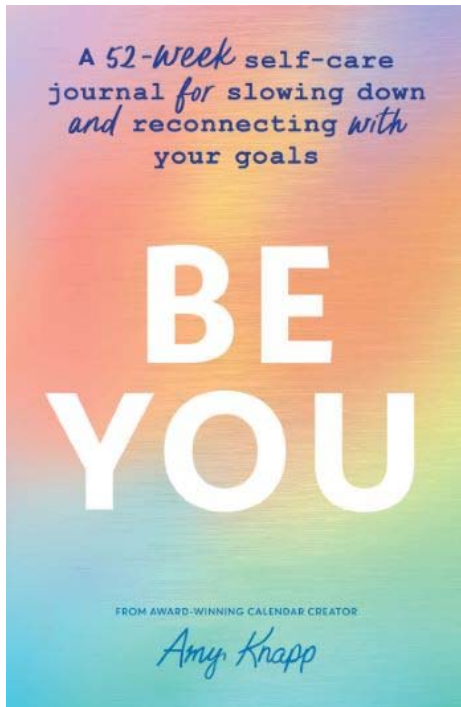
9781728269009 • \$24.99 • cl

Self-Help / Affirmations

Notes

Promotion





Be You

A 52-Week Self-Care Journal for Slowing Down and Reconnecting with Your Goals
by Amy Knapp

Be authentic, be empowered - be YOU!

An empowering prompted journal for women to tap into their own positive mindsets and goal-driven thinking. Set up like Amy's popular "Very Busy" Planner with prompts and quotes throughout, such as:

"List five great things about yourself. And before you start to get writers block: you could easily list 5 fantastic things about your best friends. Look at yourself objectively and with love! 5 things - go!"

"Who is your favorite female historical figure? What do you admire about her and what characteristics do you think you could apply from her story to your own?"

"What is your goal for yourself this week...month... year.

Author Bio

Amy Knapp created her Award Winning Family Organizer products to help her navigate the busy schedule of having a child with special needs. Since its launch in 1999, Amy Knapp's Family Organizer has helped over half a million families organize their lives. With the expansion of her line, there is a planner for everyone! Amy lives in Kalamazoo, Michigan with her highly-organized family.

Sourcebooks

On Sale: Apr 4/23

5.7 x 8.7 • 144 pages

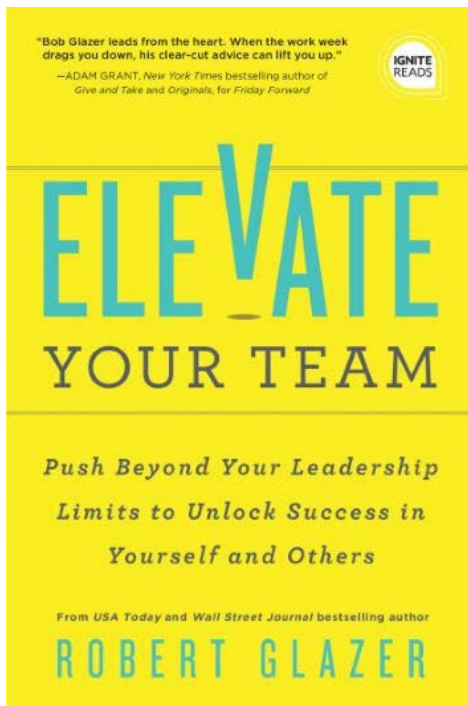
9781728271736 • \$24.99 • pb

Self-Help / Journaling

Notes

Promotion





Sourcebooks

On Sale: Mar 7/23

5 x 7 • 168 pages

9781728238784 • \$21.99 • pb

Bus & Econ / Leadership

Series: Ignite Reads

Notes

Promotion



Elevate Your Team

Push Beyond Your Leadership Limits to Unlock Success in Yourself and Others

by Robert Glazer

From best selling author Robert Glazer comes a must-read leadership title for you and your team

It's time to break down your barriers as a leader, as a team, and achieve. Just wanting to be better is never enough. The ability to elevate - to exceed and outperform expectations - is directly related to your ability to build capacity in yourself and others. What capacity exactly? Making time to not just tackle everything you place on your plate (personally and professionally) but to CRUSH each and every accomplishment.

Author Bio

ROBERT GLAZER is the founder and CEO of global partnership marketing agency, Acceleration Partners.

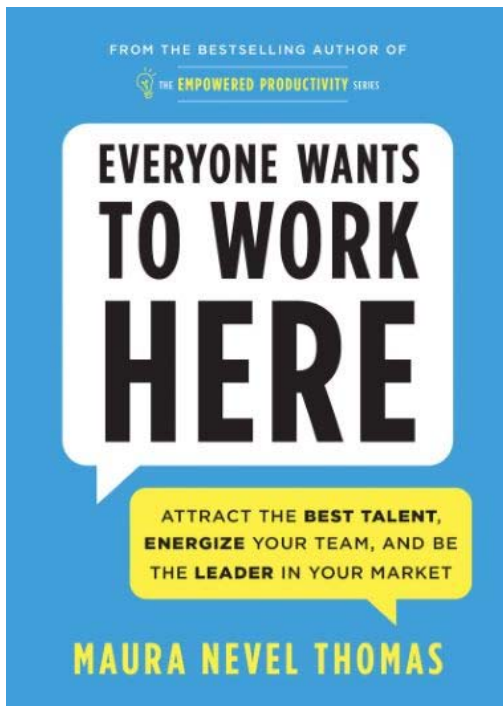
Under his leadership, Acceleration Partners has received numerous industry and company culture awards, including Glassdoor's Employees' Choice Awards (2 years in a row), Ad Age's Best Place to Work, Entrepreneur's Top Company Culture (2 years in a row), Inc. Magazine's Best Place to Work, Great Place to Work & Fortune's Best Small & Medium Workplaces (3 years in a row), Digiday's Most Committed to Work-Life Balance and Boston Globe's Top Workplaces (3 years in a row).

Bob is the #1 Wall Street Journal, USA Today and international bestselling author of four books: Elevate, How To Thrive In The Virtual Workplace, Friday Forward, and Performance Partnerships. He is also the host of the Elevate Podcast, a top 20 podcast in entrepreneurship in over 20 countries.

Bob is a sought-after speaker by companies and organizations around the world and is a regular columnist for Forbes, Inc. and Entrepreneur. He also shares ideas and insights around these topics via Friday Forward, a weekly inspirational newsletter that reaches over 200,000 individuals and business leaders across 60+ countries.

You can learn more about Bob at <https://www.robertglazer.com>.





Everyone Wants to Work Here

Attract the Best Talent, Energize Your Team, and Be the Leader in Your Market
by Maura Thomas

Award-winning trainer, Maura Thomas, empowers workers to create a culture of productivity

From productivity expert Maura Thomas, *Working Better Together* is a leader's guide to building a culture of productivity for their team's shared success. Maura helps managers break down bad habits within their team and build lasting strategies for success. Productive cultures don't just happen. The culture at your organization is created by the behaviors of everyone who works at the organization, including you! You can be empowered to define what productivity means in the context of your work and to create conditions that support your own productivity.

Author Bio

Maura Nevel Thomas is an award-winning international speaker and trainer on individual and corporate productivity and work-life balance. She is a TEDx Speaker and founder of Regain Your Time.

Sourcebooks

On Sale: Apr 18/23

5 x 7

9781728234892 • \$18.99 • pb

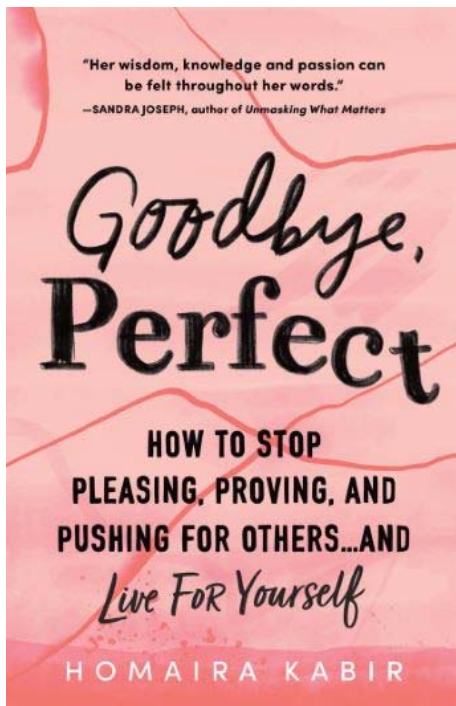
Bus & Econ / Bus Communication / General

Series: Empowered Productivity

Notes

Promotion





Goodbye, Perfect

How to Stop Pleasing, Proving, and Pushing for Others. . . and Live For Yourself

by Homaira Kabir, MAPPCP

Why are so many competent women afraid to take risks or speak up in the workplace?

With expert coach and leader Homaira Kabir's empathetic voice, *Goodbye, Perfect* is the must-read book for women who are driven by success but also by their need for approval. The hard-fought battle for women's empowerment has stalled and the solution lies in building optimal confidence. Including several examples of traps women fall into as well as tips and tricks to break free from these toxic mindsets, *Goodbye, Perfect* smashes fragile confidence and empowers women to embrace their own success.

Author Bio

Homaira Kabir is a coach, speaker, writer, and leadership development trainer whose expertise lies in helping women rise to their highest potential in a way that feels energizing and purposeful to them. She is the founder of Her Becoming, an enterprise dedicated to women's empowerment, and leadership in all areas of their lives toward positive change in their relationships, work and indeed the world.

She has a double Master's degree in Positive Psychology and Coaching Psychology, and has done extensive postgraduate research on woman's confidence and flourishing. Her work is widely published in Forbes, Happify, ThriveGlobal, the Huffington Post, Positive Psychology News Daily and more.

Sourcebooks

On Sale: Apr 11/23

5.5 x 8.25 • 320 pages

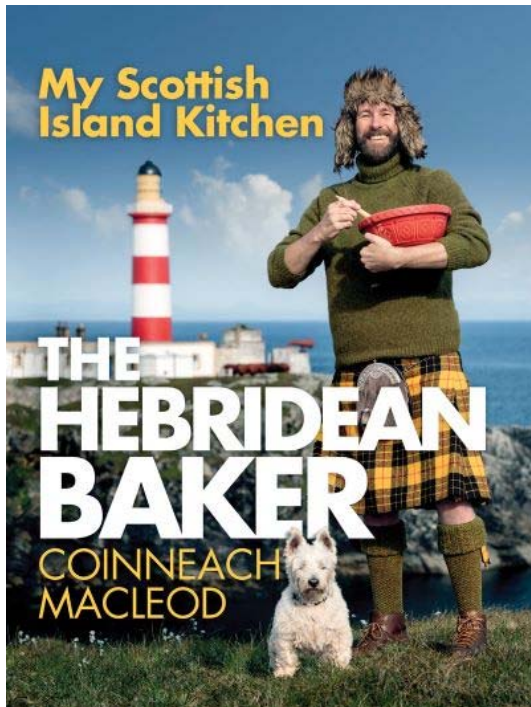
9781728247496 • \$25.99 • pb

Self-Help / Personal Growth / Self-Esteem

Notes

Promotion





The Hebridean Baker: My Scottish Island Kitchen by Coinneach MacLeod

As seen on TikTok!

Faillte, I'm the Hebridean Baker!

Close your eyes and imagine yourself in the remote Outer Hebrides of Scotland. Do you see yourself walking along a deserted beach? Climbing a heather-strewn hill with a happy wee dog by your side? Sipping a dram at a ceilidh to the tune of a Gaelic song? Or chatting by a warm stove with a cuppa and a cake? For me, it is all these things, and more. . . and they have inspired every page of this book.

From Croft Loaf to Cranachan Chocolate Bombs, Oaty Apricot Cookies to Heilan' Coo Cupcakes, there's something here to put a smile on everyone's face. Focusing on small bakes that use a simple set of ingredients, these recipes will unleash your inner Scottish baker-it's all about rustic home baking and old family favorites because, as the Hebridean Baker always says, Homemade is always best!"

The Hebridean Baker is your ticket to the Scottish Highlands. Perfect for fans of Outlander and anyone who loves to discover new books via TikTok and BookTok, this beautiful cookbook is a wonderful gift for home bakers and lovers of Scottish culture. It features:

- More than 70 traditional recipes (with a modern twist)
- Gorgeous full-color photos
- Heartwarming stories from the Hebridean Baker himself

This unique baking book is a must-have in any cookbook library!

Author Bio

COINNEACH MACLEOD was born and raised on the Isle of Lewis, the most northerly of the Outer Hebrides of Scotland. Inspired by traditional family recipes and homegrown produce, Coinneach rose to fame as the Hebridean Baker on TikTok in 2020. He has motivated his worldwide followers to bake, forage, learn Gaelic, enjoy a dram or two of whiskey, and to seek a more wholesome, simple life. Along with his partner Peter and their Westie pup Seoras, Coinneach's aim is to bring the best of the Scottish islands to a worldwide audience.

Sourcebooks

On Sale: Jan 24/23

7.53 x 9.94 • 256 pages

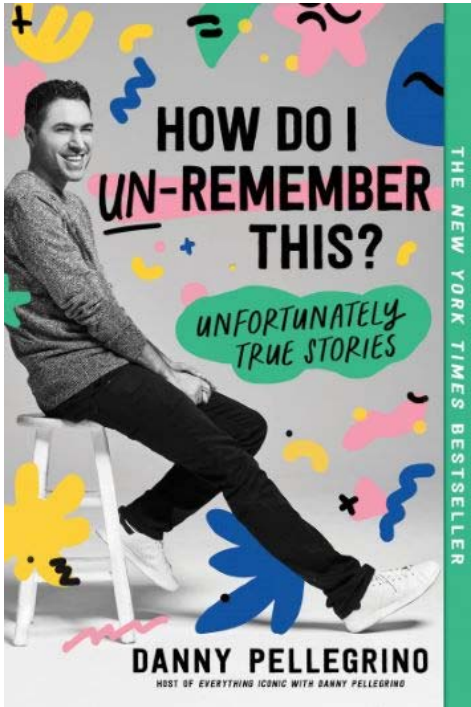
9781728276304 • \$42.99 • cl

Cooking / Regional & Ethnic / English, Scottish & Welsh

Notes

Promotion





How Do I Un-Remember This?

Unfortunately True Stories

by Danny Pellegrino

Instant New York Times Bestseller

From the host of Everything Iconic with Danny Pellegrino comes a collection of stories you'll be glad didn't happen to you.

Think of the most embarrassing thing that's ever happened to you. Was it the time your high school cheer squad taunted you in front of the entire town? Was it the time your best friend's mom caught you streaking in all your naked, self-conscious glory? What about the time you accidentally threw a tooth at your dry cleaner or took an urn into Kohl's for some holiday shopping? For Danny Pellegrino, the answer is all of the above.

Growing up as a closeted gay kid in small-town Ohio wasn't easy, and Danny has the stories to prove it. But coming of age in the 90s still meant something magical to Danny. The music, film, and celebrity moments of his youth were truly iconic, and his love for all things pop culture connected him to a world larger than the one he knew in the suburban Midwest. And through all the pains of growing up, Danny could always look to that world for hope—whether that meant bingeing *The Nanny* until he had the confidence of Fran Fine, belting out Brandy songs until his heartaches were healed, or watching semi-clothed Ryan Phillippe scenes until his cheeks burned from blushing. With refreshing honesty and jaw-dropping absurdity, Danny invites readers to experience his most (...)

Sourcebooks

On Sale: Apr 11/23

5.5 x 8.25 • 300 pages

9781728267784 • \$24.99 • pb

HUMOR / Topic / Celebrity & Popular Culture

Notes

Promotion

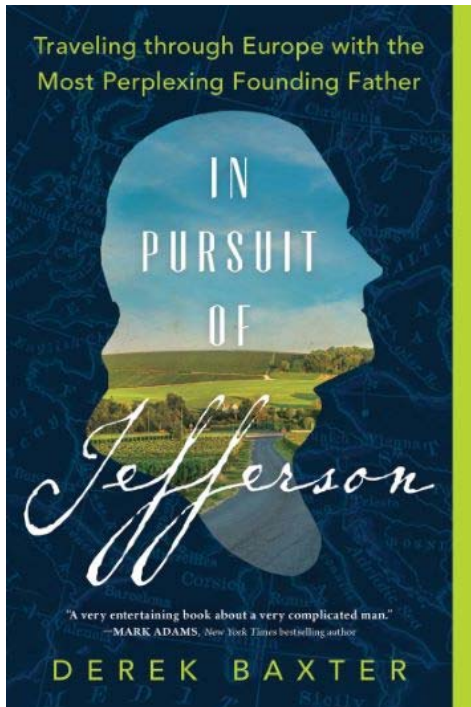
Author Bio

Danny is a comedian and writer from Solon, Ohio. He created and hosts the hit podcast Everything Iconic with Danny Pellegrino, available everywhere you listen to podcasts. With over 25 million downloads in 2022, his show frequently appears at the top of the podcast charts. Guests include actors and celebrities like Katie Couric, Rosie O'Donnell, Elizabeth Olsen, Andy Cohen, Daniel Levy, Keke Palmer, Cameron Diaz, Miss Piggy, and more! The show has been featured at Vogue, E!, Entertainment Tonight, Deadline, Today, W Magazine, People, Newsweek, Page Six, Entertainment Weekly, US Weekly, etc.

He authored *How Do I Un-Remember This?: Unfortunately True Stories* and co-authored two books, *Fancy AF Cocktails* and *The Super Carb Diet*.

Growing from his sketch comedy performances at The Laugh Factory, The Comedy Store, The Groundlings, and The Second City Chicago, Danny took his podcast on the road with live sold-out shows across the country. He's also been featured as a host on E!, a guest on WWHL, The Drew Barrymore Show, and more!





In Pursuit of Jefferson

Traveling through Europe with the Most Perplexing Founding Father

by Derek Baxter

A debut that combines historical nonfiction with travel books, for fans of Bill Bryson and Tony Horwitz, *In Pursuit of Jefferson* is the story of an American on a journey through Europe, following the epic trail of Thomas Jefferson. A controversial founding father. A man ready for a change. And a completely unique trip through Europe.

In 1784, Thomas Jefferson was a broken man. Reeling from the loss of his wife and stung from a political scandal during the Revolutionary war, he needed to remake himself. To do that, he traveled. Wandering through Europe, Jefferson saw and learned as much as he could, ultimately bringing his knowledge home to a young America. There, he would rise to power and shape a nation.

More than two hundred years later, Derek Baxter, a devotee of American history, stumbles on an obscure travel guide written by Jefferson-Hints for Americans Traveling Through Europe-as he's going through his own personal crisis. Who better to offer advice than a founding father himself? Using Hints as his roadmap, Baxter follows Jefferson through six countries and countless lessons. But what Baxter learns isn't always what Jefferson had in mind, and as he comes to understand Jefferson better, he doesn't always like what he finds.

In Pursuit of Jefferson is at once the story of a life-changing trip through Europe, an unflinching look at a founding father, and a moving personal journey. With rich historical detail, a sense of humor, and boundless heart, Baxter explores how we can be better moving forward only by first looking back.

In Pursuit of Jefferson is (...)

Author Bio

Derek Baxter is a labor and human rights lawyer who lives in Virginia. You can follow his adventures with Thomas Jefferson at www.jeffersontravels.com.

Sourcebooks

On Sale: Jan 6/23

5.5 x 8.25 • 512 pages

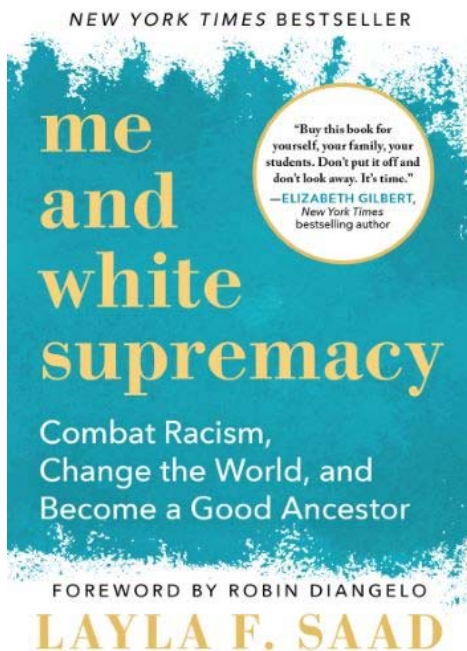
9781728259406 • \$27.99 • pb

History / US / Revolutionary Period (1775-1800)

Notes

Promotion





LEAD

Me and White Supremacy

Combat Racism, Change the World, and Become a Good Ancestor

by Layla Saad, foreword by Robin DiAngelo

The New York Times and USA Today bestseller!

Layla Saad is one of the most important and valuable teachers we have right now on the subject of white supremacy and racial injustice."-New York Times bestselling author Elizabeth Gilbert

Based on the viral Instagram challenge that captivated participants worldwide, Me and White Supremacy takes readers on a 28-day journey of how to dismantle the privilege within themselves so that they can stop (often unconsciously) inflicting damage on people of color, and in turn, help other white people do better, too.

When Layla Saad began an Instagram challenge called #meandwhitesupremacy, she never predicted it would spread as widely as it did. She encouraged people to own up and share their racist behaviors, big and small. She was looking for truth, and she got it. Thousands of people participated in the challenge, and nearly 100,000 people downloaded the Me and White Supremacy Workbook.

Updated and expanded from the original workbook, Me and White Supremacy, takes the work deeper by adding more historical and cultural contexts, sharing moving stories and anecdotes, and including expanded definitions, examples, and further resources.

Awareness leads to action, and action leads to change. The numbers show that readers are ready to do this work-let's give it to them.

Additional Praise for Me and White Supremacy:

"Allyship means taking action. How? Layla Saad's Me and White Supremacy teaches readers exactly how to get past the paralysis of white fragility so that they can build bridges, not walls. Read the (...)

Author Bio

Layla Saad is a globally respected writer, speaker and podcast host on the topics of race, identity, leadership, personal transformation and social change.

As an East African, Arab, British, Black, Muslim woman who was born and grew up in the West, and lives in Middle East, Layla has always sat at a unique intersection of identities from which she is able to draw rich and intriguing perspectives. Layla's work is driven by her powerful desire to 'become a good ancestor'; to live and work in ways that leave a legacy of healing and liberation for those who will come after she is gone.

Me and White Supremacy is Layla's first book. Initially offered for free following an Instagram challenge under the same name, the digital Me And



Sourcebooks

On Sale: Feb 7/23

5.25 x 7.75 • 256 pages

9781728232430 • \$25.99 • pb

Social Science / Discrimination & Race Relations

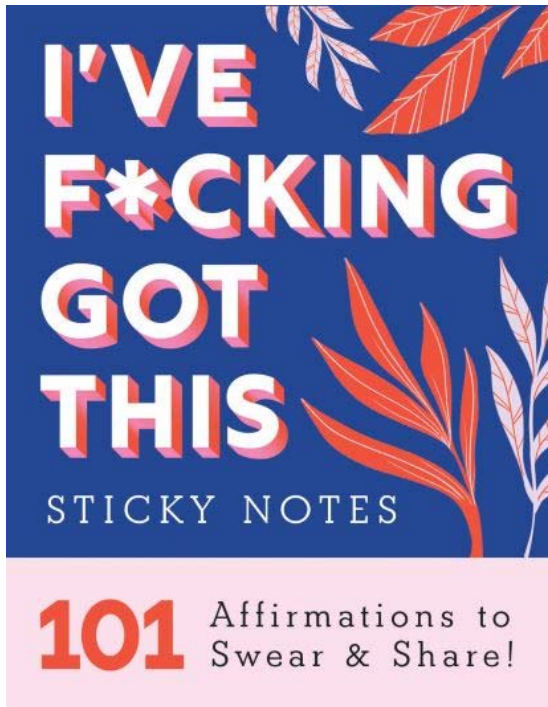
Notes

Promotion



Raincoast Books

Page 249 of 268 Sales Rep



I've F*cking Got This Sticky Notes

101 Affirmations to Swear and Share!

by Sourcebooks

Get ready to unleash your inner bad*ss! I've F*cking Got This includes 101 sticky notes to encourage you to f*cking believe in yourself!

Packed with motivational and sweary affirmations, these sticky notes are the perfect gift for yourself or another bad*ss in your life! Share the motivation by passing your favorite sticky notes around or hold on to them to make sure you always remember just how d*mn amazing you are!

These notes can be peeled off one at a time and posted anywhere a profane passerby will see them: mirror, door, TV, car window, desk. In a unique sticky note format unlike any other affirmation book, I'VE F*CKING GOT THIS offers 101 mini-messages of motivation and empowerment and can instantly boost anyone's mood and confidence.

Additional Details:

- 4 x 5" trim size with easy-to-remove sticky notes and quality adhesive you can stick anywhere
- Features 101 bold affirmations for fierce self-confidence, self-love, and motivation
- Bright, dynamic full-color designed art and text

Sourcebooks

On Sale: Jan 3/23

3.88 x 5 • 208 pages

9781728256382 • \$14.99 • pb

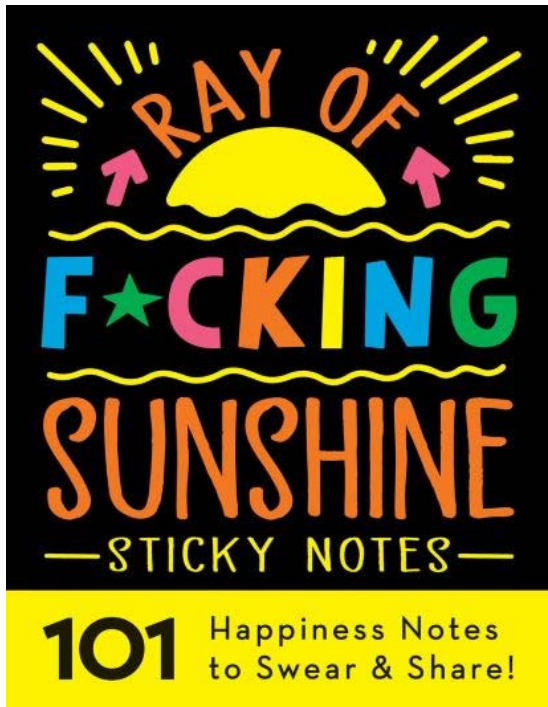
Self-Help / Affirmations

Series: Calendars & Gifts to Swear By

Notes

Promotion





Ray of F*cking Sunshine Sticky Notes

101 Happiness Notes to Swear and Share!

by Sourcebooks

Create your own d*mn sunshine! Ray of F*cking Sunshine includes 101 sticky notes to empower you to make happiness a habit and embrace your f*cking brilliance!

Experience profane positivity with these hilariously swearsy sticky notes! A perfect gift for you or a foul-mouthed friend, these sticky notes are perfect for plastering some serious joy (and some four-lettered fun) everywhere you go! Share the joy by passing your favorite sticky notes around, giving them as cheer-up gifts to your loved ones, or hold on to them to make sure you always remember to live f*cking happy!

These notes can be peeled off one at a time and posted anywhere a profane passerby will see them: mirror, door, TV, car window, desk. In a unique sticky note format unlike any other happiness book or calendar, RAY OF F*CKING SUNSHINE offers 101 mini-messages of encouragement and joy and has the power to instantly boost anyone's mood.

Additional Details:

- 4 x 5" trim size with easy-to-remove sticky notes and quality adhesive you can stick anywhere
- Features 101 joyful messages, motivational mantras, and cheerful reminders to find your confidence
- Bright, dynamic full-color designed art and text

Sourcebooks

On Sale: Jan 3/23

3.88 x 5 • 208 pages

9781728260310 • \$14.99 • pb

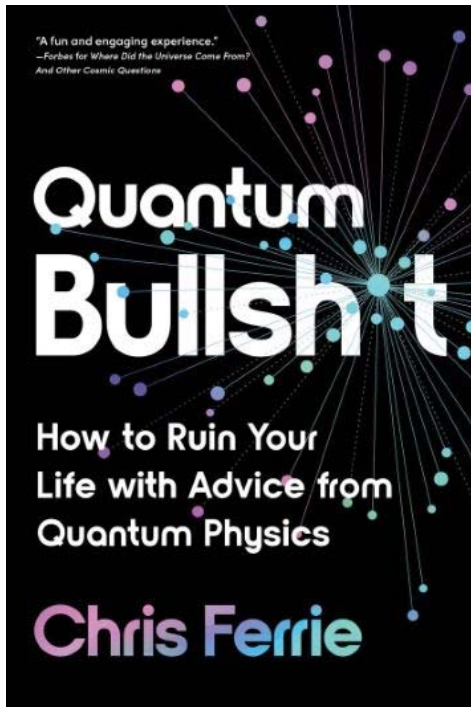
Self-Help / Personal Growth / Happiness

Series: Calendars & Gifts to Swear By

Notes

Promotion





Quantum Bullsh*t

How to Ruin Your Life with Advice from Quantum Physics

by Chris Ferrie

Science is so f*cking rad. We don't deserve it.

What actually is quantum physics? If you can answer that questions without bullsh*tting the person standing next to you in the bookstore, you can stop reading right now. But although most of us don't actually understand quantum physics, we know that it's mystical and awesome, and if we understood it we'd probably be rich and beautiful and happy, right? After all, there are plenty of people out there trying to sell you quantum crystals to align your quantum energy with your quantum destiny. Can they all be wrong?

Spoiler: yes. Yes, they can. There is no such thing as quantum crystals. Sorry! Luckily, as pseudo-science takes over the internet and it's getting harder and harder to separate alternative facts from real science, Chris Ferrie (an actual quantum physicist!) is here to explain quantum physics in a way that makes sense, so you can see the hucksters and bullsh*tters coming from a mile away-and school them in what quantum entanglement actually is (it has nothing to do with your romantic life). If you f*cking love science and want to be slightly less dumb than you were when you woke up this morning, Quantum Bullsh*t is the truly out-of-this-world book for you.

Author Bio

Chris Ferrie is an award-winning physicist and Senior Lecturer for Quantum Software and Information at the University of Technology Sydney. He has a Masters in applied mathematics, BMath in mathematical physics and a PhD in applied mathematics. He lives in Australia with his wife and children.

Sourcebooks

On Sale: Jan 17/23

5.5 x 8.25 • 224 pages

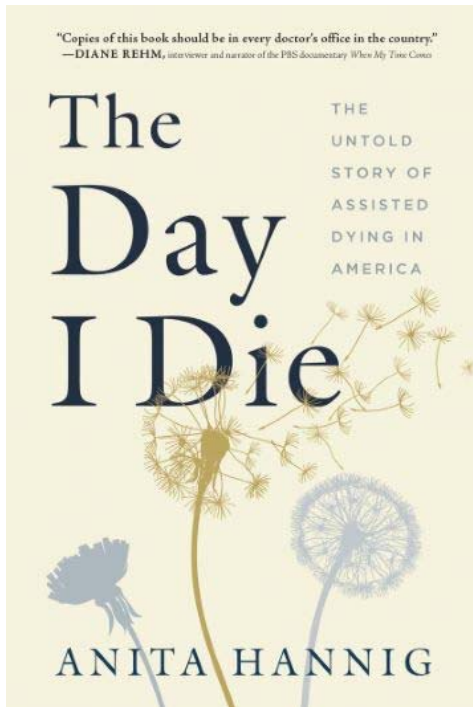
9781728266053 • \$25.99 • pb

Science / Quantum Theory

Notes

Promotion





The Day I Die

The Untold Story of Assisted Dying in America

by Anita Hannig

Copies of this book should be in every doctor's office in the country, to educate patients and doctors themselves!" -Diane Rehm, interviewer and narrator of the PBS documentary *When My Time Comes*
An intimate investigation of assisted dying in America and what it means to determine the end of our lives.

In this groundbreaking book, award-winning cultural anthropologist Anita Hannig brings us into the lives of ordinary Americans who go to extraordinary lengths to set the terms of their own death. Faced with a terminal diagnosis and unbearable suffering, they decide to seek medical assistance in dying—a legal option now available to one in five Americans.

Drawing on five years of research on the frontlines of assisted dying, Hannig unearths the uniquely personal narratives masked by a polarized national debate. Among them are Ken, an irreverent ninety-year-old blues musician who invites his family to his death, dons his bestclothes, and goes out singing; Derianna, a retired nurse and midwife who treks through Oregon and Washington to guide dying patients across life's threshold; and Bruce, a scrappy activist with Parkinson's disease who fights to expand access to the law, not knowing he would soon, in an unexpected twist of fate, become eligible himself.

Lyrical and lucid, sensitive but never sentimental, *The Day I Die* tackles one of the most urgent social issues of our time: how to restore dignity and meaning to the dying process in the age of high-tech medicine. Meticulously researched and compassionately rendered, the book exposes the tight legal restrictions, frustrating barriers to access, and corrosive cultural stigma (...)

Author Bio

DR. ANITA HANNIG is associate professor of anthropology at Brandeis University, where she teaches classes on the cultural dimensions of medicine and death. Over the past four years, she has studied how access to medically assisted death is transforming the ways Americans die.

Sourcebooks

On Sale: Feb 21/23

5.5 x 8.25 • 368 pages

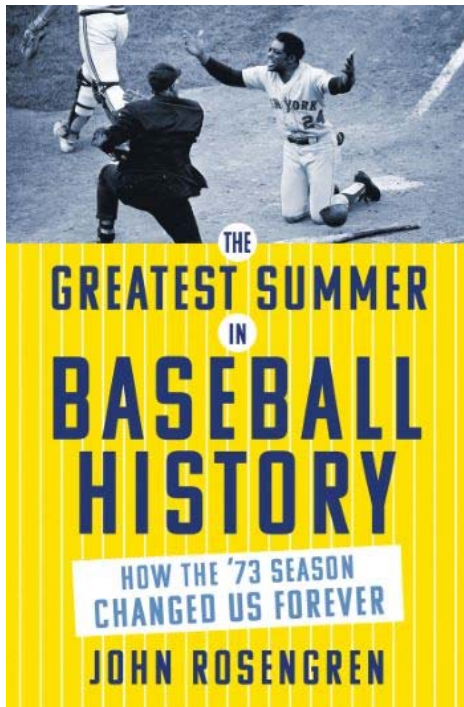
9781728259420 • \$25.99 • pb

Social Science / Death & Dying

Notes

Promotion





Sourcebooks

On Sale: Apr 1/23

5.25 x 8 • 352 pages

9781728271897 • \$24.99 • pb

Sports & Recreation / Baseball / History

Notes

Promotion



The Greatest Summer in Baseball History, 2E

How the '73 Season Changed Us Forever

by John Rosengren

The vivid story of a young Reggie Jackson on Charlie Finley's A's and the veteran Willie Mays on Yogi's Mets, both destined for the '73 series."

-Library Journal

A rousing chronicle of one of the most defining years in baseball history that changed the sport forever.

In 1973, baseball was in crisis. The first strike in pro sports had soured fans, American League attendance had fallen, and America's team-the Yankees-had lost more games and money than ever. Yet that season, five of the game's greatest figures rescued the national pastime.

Hank Aaron riveted the nation with his pursuit of Babe Ruth's landmark home run record in the face of racist threats. George Steinbrenner purchased the Yankees at a bargain basement price and began buying back their faded glory. The American League broke ranks with the National League and introduced the designated hitter, extending the careers of aging stars such as Orlando Cepeda. An elderly and ailing Willie Mays-the icon of an earlier generation-nearly helped the Mets pull off a miracle with the final hit of his career. Reggie Jackson, the MVP of a tense World Series, became the prototype of the modern superstar.

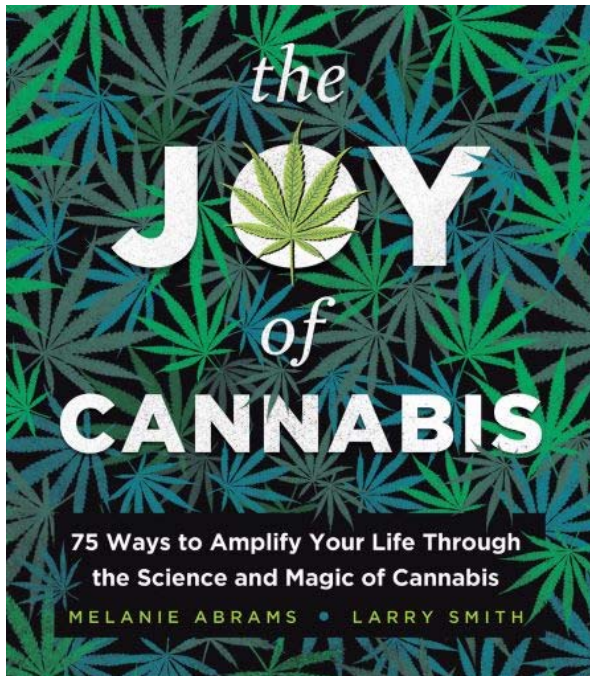
The season itself provided plenty of drama served up by a colorful cast of characters. The Mets, managed by Yogi Berra, performed another near miracle, rising from last place in the National League East to win the division and take the A's to (...)

Author Bio

John Rosengren is an award-winning journalist and author. He has written five other books, including *Blades of Glory: The True Story of a Young Team Bred to Win*. His articles have appeared in more than a hundred publications, ranging from *Sports Illustrated* to *Reader's Digest*. He is a member of the Society for American Baseball Research and the American Society of Journalists and Authors. A lifelong Twins fan, John lives in Minneapolis with his wife and their two children.

Visit him at www.johnrosengren.net





The Joy of Cannabis

75 Ways to Amplify Your Life Through the Science and Magic of Cannabis

by Melanie Abrams and Larry Smith

A sophisticated and humorous cannabis book to enhance your life and promote self-care through the science and magic of weed. With a toolkit of the basics to get you started and a curated set of 75 activities, *The Joy of Cannabis* is a road map to a higher and happier you. In each of the six sections, you'll find science-based research as well as charts, essays, and fun facts from bold thinkers. The activities-tested and approved by authors Melanie Abrams and Larry Smith-teach you how to amplify pleasure through bonding and intimacy, deepen meditation to help with social anxiety and sleep, and elevate your cooking with innovative cannabis-infused recipes. You'll even learn why the word "marijuana" rarely appears in the book.

Through the power of cannabis, discover fun new ways to:

- Expand the mind
- Move the body
- Unlock creativity
- Boost productivity
- Fortify meaningful connections
- Spark wonder

Activities include:

- **GREEN CLEANING:** Take advantage of weed's ability to make you hyper-focused by cleaning your house while high and learn why cleaning is one of the most productive and satisfying stoner tasks.
- **HOT HIGH HYGGE:** Whip up a mug of cannabis-infused hot cocoa or a hot toddy, hunker down under a pile of cozy blankets, and get the full hygge experience.
- **MEMORY STRAIN:** Scientists are looking into how cannabis helps make autobiographical memory more sensorial. Dig out those old baby albums or dusty yearbooks, add your favorite strain, and create your own personal time machine.

The Joy of Cannabis is a comprehensive guide for the cannabis curious to the cannabis connoisseur. For some, this book will further awaken their love for an (...)

Author Bio

Melanie Abrams is the author of the novels *Playing* and *Meadowlark*. She is a developmental editor and photographer and teaches writing at the University of California, Berkeley. Larry Smith is a journalist and storytelling evangelist touted by *O: The Oprah Magazine* as on a quest to spark the creativity in



Sourcebooks

On Sale: Jan 10/23

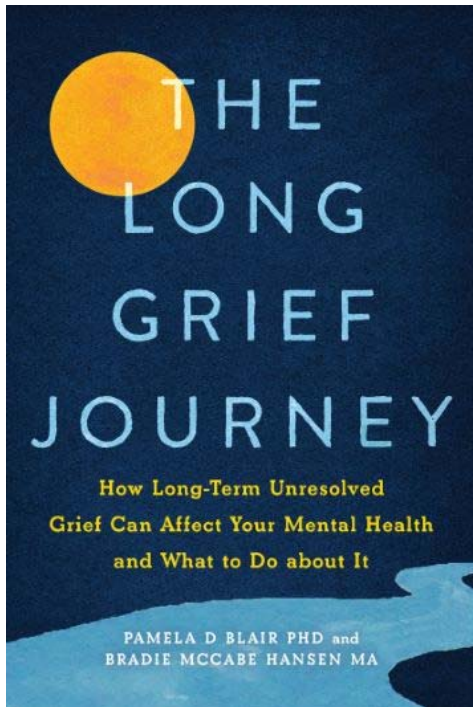
7.25 x 8.25 • 296 pages

9781728273181 • \$42.99 • cl

Notes

Promotion





The Long Grief Journey

How Long-Term Unresolved Grief Can Affect Your Mental Health and What to Do About It

by Pamela Blair, PhD and Bradie McCabe Hansen

An essential grief guide and recovery workbook for those who have said, "I thought I'd feel better by now."

Grief does not follow a timeline or a set path. It is nonlinear and messy, doubling back on itself just when you thought you were out of the woods. Those who have experienced the loss of a loved one know this unequivocally, but Western society still seems to think that grief should only last six months to a year-tops-when in fact, grief can last throughout a person's entire life and manifest as serious mental health issues, including depression, anxiety, anger, and despair.

The Long Grief Journey, co-written by a psychotherapist and a clinical psychologist who have both worked with grieving individuals for decades, is for the people who are past the acute pain and effects of a sudden loss and are now learning to live beyond that. It is for those who by all appearances seem to have "moved on." They're working, carrying out their responsibilities, showing up for important life events, yet they quietly bear the weight of their sadness and longing for their loved one. There's a name for this type of long-term, unresolved grief. In fact, there are several: complicated grief, traumatic grief, complex bereavement, prolonged grief, extended grief, abnormal grief, exaggerated grief, and pervasive grief disorder. If you feel "stuck" after experiencing the death of a loved one, even if much time has passed, this book is for you.

With exercises, journal prompts, and rituals that will further help readers along their grief path, The Long Grief Journey is designed to educate, support, and coach you to rekindle a desire to live life fully, all while still cherishing and embracing the memories of your loved one.

Author Bio

Pamela D. Blair, Ph.D. is a psychotherapist and pastoral counselor in private practice in Hawthorne, New York.

BRADIE MCCABE HANSEN, M.A. is a clinical psychologist.

Sourcebooks

On Sale: Feb 14/23

5.5 x 8.25 • 432 pages

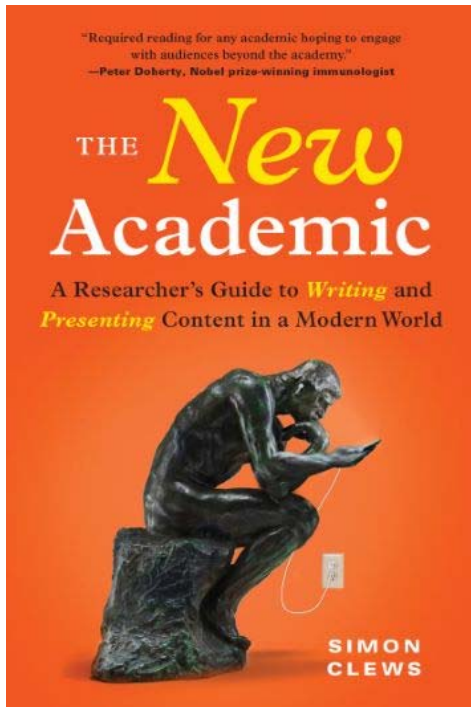
9781728262666 • \$24.99 • pb

Self-Help / Death, Grief, Bereavement

Notes

Promotion





The New Academic

A Researcher's Guide to Writing and Presenting Content in a Modern World
by Simon Clews

What does it mean to be an academic in today's rapidly changing world? As a modern academic, you're expected to wear many hats. It's not enough to be outstanding in your chosen field. You also need to be able to connect with audiences, speak with wit and flair, write knock-out articles, attract media attention, and share it all with your huge social media following. But how do you do all of that?

In *The New Academic*, Simon Clews offers a wealth of practical advice on how to write and speak in an entertaining, informative, and above all else-accessible way. Aimed at researchers at all levels of experience, this book will set you up with the basics of writing and speaking for wide audiences, then teach you how to develop a public profile and gain traction online. In a rapidly changing world, *The New Academic* shows scholars how to be front and center in the public conversation, allowing more people to benefit from their knowledge and research.

Funny, lively, and insightful, this is your hands-on guide for sharing your research with the world.

Author Bio

Simon Clews was the inaugural Director of the Melbourne Engagement Lab at Australia's Melbourne University where for fifteen years he enhanced the reputation of a world-leading and innovative university through training, encouraging, and facilitating some of Australia's brightest minds to make their work accessible to non-academic audiences. He then took the show on the road and these days-pandemics permitting-can usually be found wandering the world turning researchers and academics into inspiring communicators. He also works with professional writers helping them hone their craft and is one of the world's most experienced literary and ideas-based event organizers. He is the author of the Australian edition of *The New Academic* (NewSouth Books) and *Your Time Starts Now!* (Thesis Whisperer Books), as well as a long lost and mercifully forgotten book on mail order shopping, *Let's Go Shopping* (Mandarin).

For more information visit: www.simonclews.com.

Sourcebooks

On Sale: Mar 28/23

5.5 x 8.25 • 272 pages

9781728262239 • \$24.99 • pb

Study Aids / General

Notes

Promotion





Sourcebooks

On Sale: Mar 21/23

5.75 x 8.5 • 272 pages

9781728215754 • \$38.99 • cl

Science / Philosophy & Social Aspects

Notes

Promotion



The Things We Make

The Unknown History of Invention from Cathedrals to Soda Cans

by Bill Hammack

Discover the secret method used to build the world. . .

For millennia, humans have used one simple method to solve problems. Whether it's planting crops, building skyscrapers, developing photographs, or designing the first microchip, all creators follow the same steps to engineer progress. But this powerful method, the engineering method, is an all but hidden process that few of us have heard of-let alone understand-but that influences every aspect of our lives.

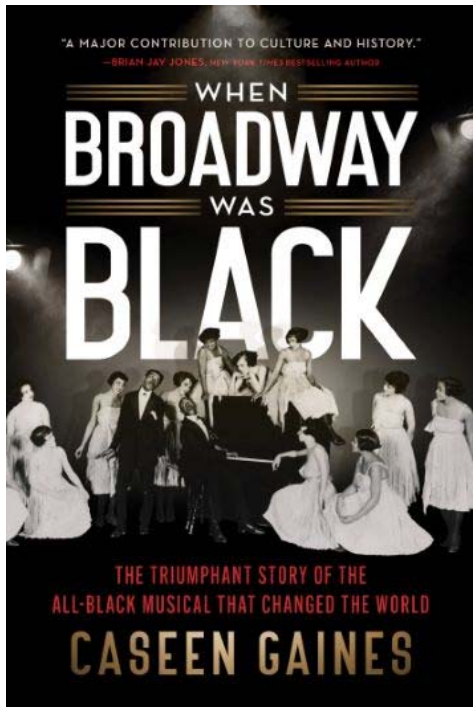
Bill Hammack, a Carl Sagan award-winning professor of engineering and viral "The Engineer Guy" on Youtube, has a lifelong passion for the things we make, and how we make them. Now, for the first time, he reveals the invisible method behind every invention and takes us on a whirlwind tour of how humans built the world we know today. From the grand stone arches of medieval cathedrals to the mundane modern soda can, Hammack explains the golden rule of thumb that underlies every new building technique, every technological advancement, and every creative solution that leads us one step closer to a better, more functional world. Spanning centuries and cultures, Hammack offers a fascinating perspective on how humans engineer solutions in a world full of problems.

A book unlike any other, *The Things We Make* is a captivating examination of the method that keeps pushing humanity forward, a spotlight on the achievements of the past, and a celebration of the potential of our future that will change the way we see the world around us.

Author Bio

Bill Hammack is a professor of engineering at the University of Illinois and the host of the *engineerguy* Youtube channel. His work has received nine national awards from a diverse group of engineering, scientific, and journalistic societies. In 2019 he was the recipient of the prestigious Carl Sagan Award. He lives in Chicago with his family.





When Broadway Was Black

The Triumphant Story of the All-Black Musical that Changed the World

by Caseen Gaines

The triumphant story of how an all-Black Broadway cast and crew changed musical theatre-and the world-forever.

This musical introduced Black excellence to the Great White Way. Broadway was forever changed and we, who stand on the shoulders of our brilliant ancestors, are charged with the very often elusive task of carrying that torch into our present."-Billy Porter, Tony, Grammy, and Emmy Award-winning actor "The 1920s were the years of Manhattan's Black Renaissance. It began with Shuffle Along." -Langston Hughes

If Hamilton, Rent, or West Side Story captured your heart, you'll love this in-depth look into the rise of the 1921 Broadway hit, Shuffle Along, the first all-Black musical to succeed on Broadway. No one was sure if America was ready for a show featuring nuanced, thoughtful portrayals of Black characters-and the potential fallout was terrifying. But from the first jazzy, syncopated beats of composers Noble Sissle and Eubie Blake, New York audiences fell head over heels.

When Broadway Was Black is the story of how Sissle and Blake, along with comedians Flournoy Miller and Aubrey Lyles, overcame poverty, racism, and violence to harness the energy of the Harlem Renaissance and produce a runaway Broadway hit that launched the careers of many of the twentieth century's most beloved Black performers. Born in the shadow of slavery and establishing their careers at a time of increasing demands for racial justice and representation for people of color, they broke down innumerable barriers between Black and white communities at (...)

Author Bio

Author and journalist Caseen Gaines has written for Rolling Stone, Vanity Fair, and NY Mag. He holds an MA from Rutgers Uni in American Studies, focusing on racial representations in popular culture.

Sourcebooks

On Sale: Feb 7/23

5.5 x 8.25 • 496 pages

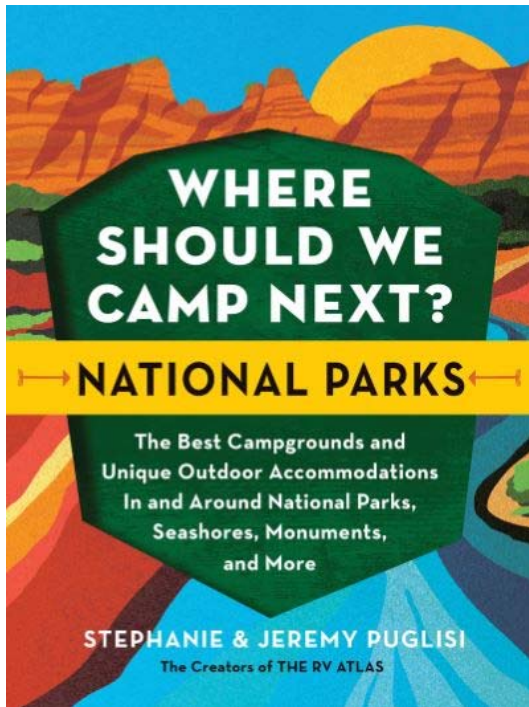
9781728259390 • \$25.99 • pb

History / African American

Notes

Promotion





Where Should We Camp Next?: National Parks

The Best Campgrounds and Unique Outdoor Accommodations In and Around National Parks, Seashores, Monuments, and More

by Stephanie Puglisi and Jeremy Puglisi

Featuring 300+ of the best camping and glamping spots in and around national parks, seashores, monuments, and more!

The national parks of the United States have been called America's best idea," and some of the best camping and glamping experiences our country has to offer can be found in and around National Park Service units, including national parks, seashores, monuments, lakeshores, and battlegrounds. In Where Should We Camp Next?: National Parks, family camping and RV experts Stephanie and Jeremy Puglisi take you beyond Yellowstone and Yosemite to the hidden gems of the National Park Service to help you plan a truly unique vacation. Whether you're camping close to home or gathering ideas for an epic American road trip, the in-depth profiles of more than three hundred amazing outdoor accommodation destinations in fifty National Park Service units will help you find the best places to park your RV, pitch your tent, or explore creative and memorable glamping opportunities.

Where Should We Camp Next?: National Parks is your ultimate guide to your next national parks adventure, highlighting must-see attractions, unforgettable activities, and fascinating American history highlights. Whether you're planning a family camping trip, adventurous couples' getaway, or restorative solo trip, this book is your gateway to making memories in America's amazing national parks and the perfect gift for anyone who loves camping, the outdoors, and adventuring away from home.

Author Bio

Stephanie and Jeremy Puglisi are the creators of the RV Atlas and the authors of the Idiot's Guide: RV Vacations. They live in New Jersey and spend 80+ nights a year in their RV with their three kids.

Stephanie and Jeremy Puglisi are the creators of the RV Atlas and the authors of the Idiot's Guide: RV Vacations. They live in New Jersey and spend 80+ nights a year in their RV with their three kids.

Sourcebooks

On Sale: Apr 4/23

6 x 8 • 384 pages

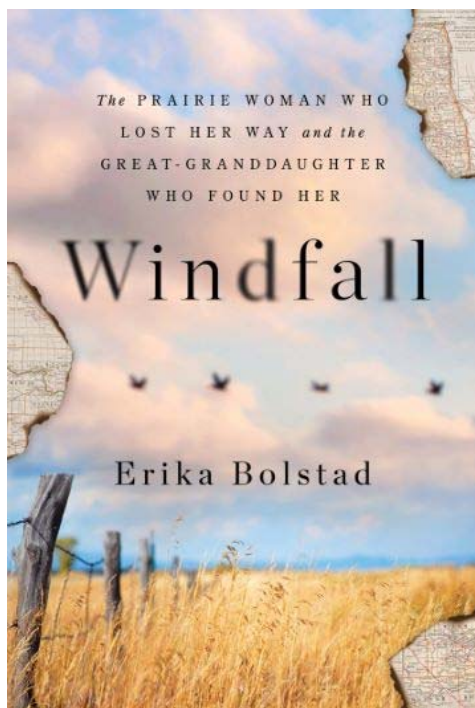
9781728262598 • \$27.99 • pb

Travel / Parks & Campgrounds

Notes

Promotion





Windfall

The Prairie Woman Who Lost Her Way and the Great-Granddaughter Who Found Her
by Erika Bolstad

Beneath the windswept North Dakota plains, riches await. . .

At first, Erika Bolstad knew only one thing about her great-grandmother, Anna: she was a homesteader on the North Dakota prairies in the early 1900s before her husband committed her to an asylum under mysterious circumstances. As Erika's mother was dying, she revealed more. Their family still owned the mineral rights to Anna's land-and oil companies were interested in the black gold beneath the prairies. Their family, Erika learned, could get rich thanks to the legacy of a woman nearly lost to history.

Anna left no letters or journals, and very few photographs of her had survived. But Erika was drawn to the young woman who never walked free of the asylum that imprisoned her. As a journalist well versed in the effects of fossil fuels on climate change, Erika felt the dissonance of what she knew and the barely-acknowledged whisper that had followed her family across the Great Plains for generations: we could be rich. Desperate to learn more about her great-grandmother and the oil industry that changed the face of the American West forever, Erika set out for North Dakota to unearth what she could of the past. What she discovers is a land of boom-and-bust cycles and families trying their best to eke out a living in an unforgiving landscape, bringing to life the ever-present American question: What does it mean to be rich?

Sourcebooks

On Sale: Jan 17/23

6.25 x 9.25 • 336 pages

9781728246932 • \$38.99 • cl

Biography / Personal Memoirs

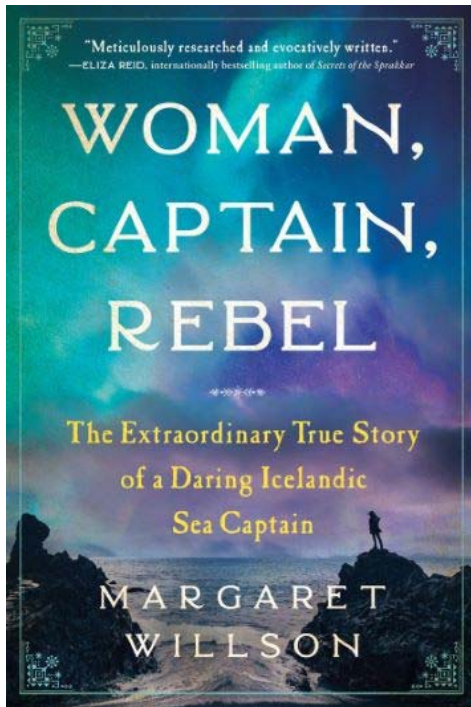
Notes

Promotion

Author Bio

ERIKA BOLSTAD is a journalist and documentary filmmaker in Portland, Oregon. Her work on climate change has appeared in the Washington Post, Scientific American, and many other publications.





Woman, Captain, Rebel

The Extraordinary True Story of a Daring Icelandic Sea Captain
by Margaret Willson

A daring and magnificent historical narrative nonfiction account of Iceland's most famous female sea captain who constantly fought for women's rights and equality-and who also solved one of the country's most notorious robberies. Every day was a fight for survival, equality, and justice for Iceland's most renowned female fishing captain of the 19th century.

History would have us believe the sea has always been a male realm, the idea of female captains almost unthinkable. But there is one exception, so notable she defies any expectation.

This is her remarkable story.

Captain Thuridur, born in Iceland in 1777, lived a life that was both controversial and unconventional. Her first time fishing, on the open unprotected rowboats of her time, was at age 11. Soon after, she audaciously began wearing trousers. She later became an acclaimed fishing captain brilliant at weather-reading and seacraft and consistently brought in the largest catches. In the Arctic seas where drownings occurred with terrifying regularity, she never lost a single crewmember. Renowned for her acute powers of observation, she also solved a notorious crime. In this extremely unequal society, she used the courts to fight for justice for the abused, and in her sixties, embarked on perilous journeys over trackless mountains. Weaving together fastidious research and captivating prose, Margaret Willson reveals Captain Thuridur's fascinating story, her extraordinary courage, intelligence, and personal integrity.

Through adventure, oppression, joy, betrayal, and grief, Captain Thuridur speaks a universal voice. Here (...)

Author Bio

MARGARET WILLSON is a writer and cultural anthropologist. She has traveled extensively, working, doing research, or ethnographic film in Papua New Guinea, Brazil, Mongolia, Australia, New Zealand, Iceland. . . and a number of other places. She currently lives in Seattle with her partner and their cat Mister.

Sourcebooks

On Sale: Jan 31/23

5.5 x 8.25 • 432 pages

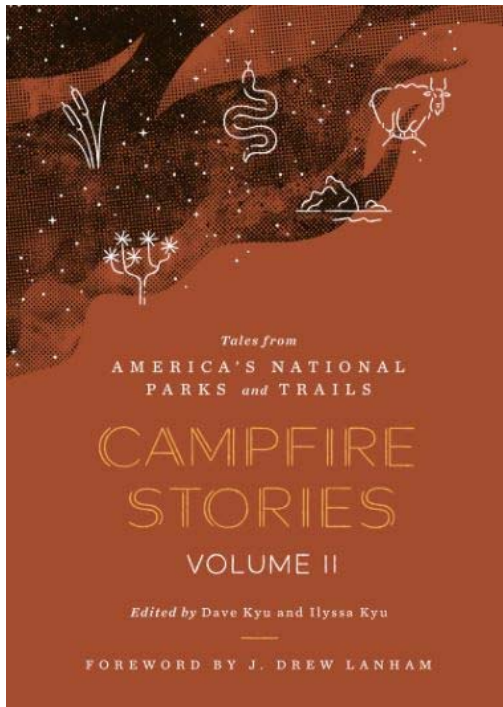
9781728240053 • \$24.99 • pb

History / Women

Notes

Promotion





The Mountaineers Books
On Sale: Apr 1/23
6 x 8.5 • 320 pages
6 b&w illustrations
9781680515503 • \$35.95 • cl
Nature / Essays

Notes

Promotion



Campfire Stories Volume II

Tales from America's National Parks and Trails

by Dave Kyu and Ilyssa Kyu, foreword by J. Drew Lanham

- Features stories from Grand Canyon, Everglades, Olympic, Glacier, and Joshua Tree National Parks and the Appalachian and Pacific Crest National Scenic Trails

- Includes a diverse range of writers

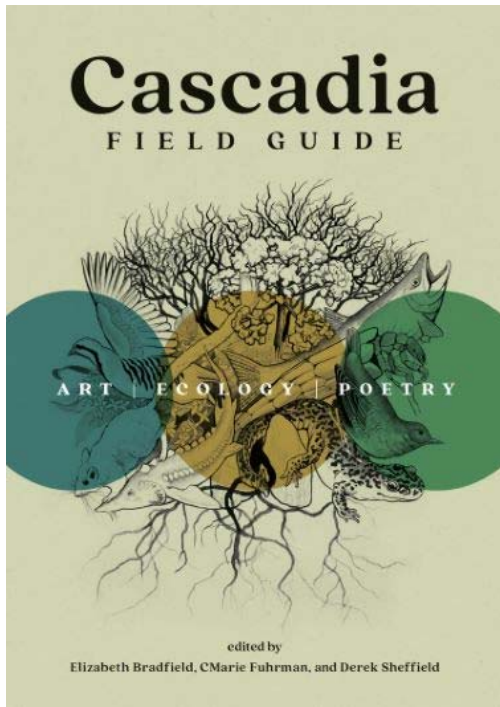
Inspired by America's beloved national parks, *Campfire Stories Volume II* is a collection of modern prose, poetry, folklore, and more, featuring commissioned, new, and existing works from a diverse group of writers who share a deep appreciation of the natural world. While the original *Campfire Stories* captured many historic tales reflecting the first 100 years of the National Park Service, this completely new collection, focused on five different parks (plus two long-distance trails), depicts the parks as we know and experience them today.

Contributors represent a range of rich and diverse voices, including from the BIPOC and LGBTQ+ communities. Award winners such as Lauret Savoy, Rae DelBianco, and Terry Tempest Williams; newer voices including Derick Lugo, Rosette Royale, and Ed Bok Lee; and even a poet laureate, Rena Priest - all share their unique perspectives on our national parks and trails. These new campfire stories revel in each park's distinct landscape and imaginatively transport the reader to the warm edge of a campfire.

Author Bio

Dave Kyu is a socially-engaged artist, writer, and project manager. Born in Seoul, South Korea and raised in the United States, he explores the creative tensions of identity, community, and public space in his work. He has managed public arts projects for the Mural Arts Program, Asian Arts Initiative, and the City of Philadelphia. His own creative projects have found him commissioning skywriting planes to write messages 10,000 feet over Philadelphia, and doing everything Facebook told him to do for a month. His writing has been published in *Generocity*, *the Artblog*, and the *Philadelphia Citizen*. **Ilyssa Kyu** is a design researcher at frog, a global creative consultancy, and the founder of *Amble*, a sabbatical program for creative professionals to take time away with purpose in support of nature conservancies. She has a degree in Industrial Design and previously worked as a designer at the Mayor's Office of Sustainability at the City of Philadelphia, and as a UX designer and design researcher at creative studios in and around Philadelphia. As a facilitator, convener, researcher, and strategist, she applies design-thinking to find clarity in the chaos and unconventional, creative ways of solving problems.





The Mountaineers Books
On Sale: Mar 1/23
6 x 8.5 • 400 pages
144 b&w illustrations
9781680516227 • \$42.95 • pb
Nature / Ecosystems & Habitats / Wilderness

Notes

Promotion



Cascadia Field Guide

Art, Ecology, Poetry

edited by CMarie Fuhrman, Elizabeth Bradfield and Derek Sheffield

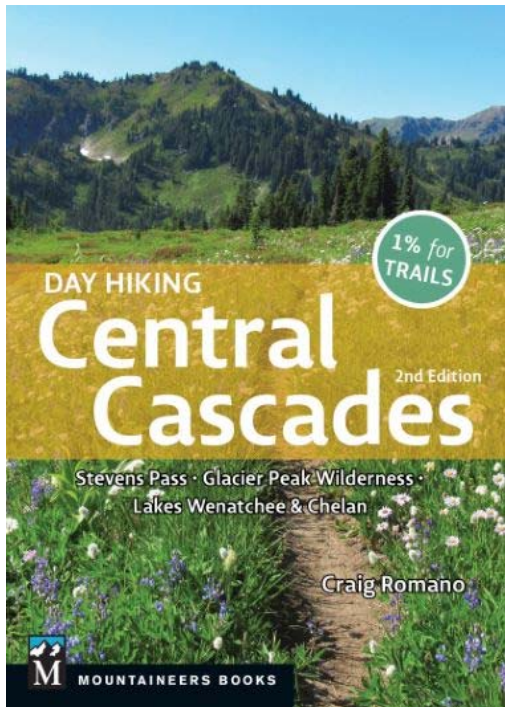
Cascadia stretches from Southeast Alaska to Northern California and from the Pacific Ocean to the Continental Divide. *Cascadia Field Guide: Art, Ecology, Poetry* blends art and science to celebrate this diverse yet interconnected region through natural and cultural histories, poetry, and illustrations. Organized into 13 bioregions, the guide includes entries for everything from cryptobiotic soil and the western thatching ant to the giant Pacific octopus and Sitka spruce, as well as the likes of common raven, hoary marmot, Idaho giant salamander, snowberry, and 120 more!

Both well-established and new writers are included, representing a diverse spectrum of voices, with poems that range from comic to serious, colloquial to scientific, urban to off-the-grid, narrative to postmodern. Likewise, the artists span styles and mediums, using classic natural history drawing, form line design, graffiti, sketch, and more. All writers and artists have deep ties to the region.

Author Bio

CMarie Fuhrman is the author of *Camped Beneath the Dam* and her writing has appeared in many journals and anthologies. Fuhrman is the Director of Poetry for Western Colorado University's MFA in Creative Writing Program where she also teaches nature writing. She lives in West Central Idaho with her partner, Caleb, and their dogs, Carhartt and Cisco. **Elizabeth Bradfield** is the author of five books, and her poems have appeared in *The New Yorker*, *Poetry*, *The Atlantic Monthly*, *Orion*, and elsewhere. A Stegner Fellow and Audre Lorde Prize winner, she is the founder of Broadsided Press, teaches at Brandeis University, and has worked as a naturalist in Cascadia and beyond for the past twenty-some years. Bradfield grew up in Tacoma and attended the University of Washington; she lives on Cape Cod. **Derek Sheffield** grew up in the Willamette Valley and on the shores of the Salish Sea. He is the author of four books, including *Not for Luck*, winner of the Wheelbarrow Books Poetry Prize, and his poems have appeared in *High Country News*, *Poetry*, and *Orion*. For the past 20 years, he has taught nature writing at Wenatchee Valley College. The poetry editor of *Terrain.org*, he lives with his family near Leavenworth, Washington.





The Mountaineers Books
On Sale: Apr 1/23
5 x 7 • 368 pages
160 color photographs 109 maps
9781680515572 • \$31.95 • pb
Sports & Recreation / Hiking

Notes

Promotion



Day Hiking Central Cascades

Stevens Pass * Glacier Peak Wilderness * Lakes Wenatchee & Chelan

by Craig Romano

- Now in full color!
- Features 136 hikes, with a deep dive into the Lake Chelan and Stehekin areas
- 1% of sales donated to the Washington Trails Association for trail maintenance

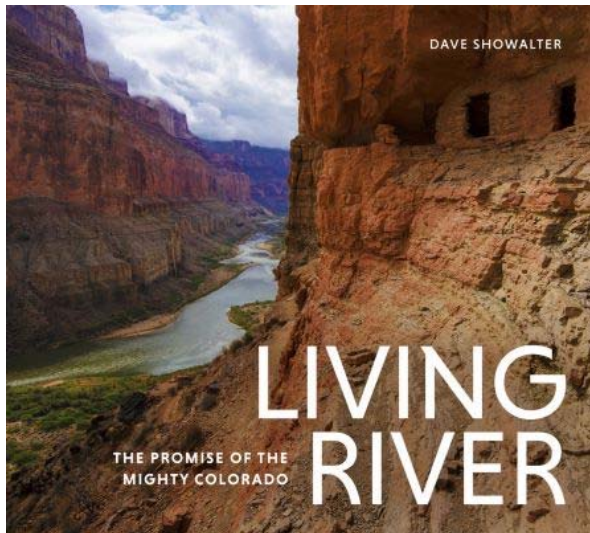
With some of the largest tracts of wilderness to be found in the Pacific Northwest, the Central Cascades are packed with wildlife, geological diversity, and opportunity for adventure. Using US Highway 2 as its primary organizing principle, this second edition of *Day Hiking Central Cascades* focuses on the best day hikes to be found between the Sultan Basin and Wenatchee, and around Blewett Pass, Chelan, and the Stehekin and Entiat River Valleys.

In this fully updated guide, best-selling author Craig Romano covers everything from leisurely strolls close to town to all-day treks (with overnight backpacking options) deep into the Alpine Lakes, Glacier Peak, Henry M. Jackson, and Wild Sky Wilderness Areas. Scenery, destinations, and highlights vary too - included are hikes along rivers; to lakes, mountain tops, and fire lookouts; and through old-growth forests or alpine meadows. There are hikes that are well known and popular, hikes that are a bit more obscure and remote, and hikes that are perfect to explore with kids or dogs. Romano has selected his favorite trails for escaping crowds, spotting wildlife, and getting the best bang for your boo

Author Bio

Craig Romano is an awardwinning author or coauthor of more than twenty books. Romano also writes for numerous publications, tourism websites, and HikeoftheWeek.com. When not hiking, running, or writing, he can be found napping with his wife and son at their home in Skagit County, Washington. Visit him online at CraigRomano.com or on Facebook @craigromanoguidebookauthor.





Living River

The Promise of the Mighty Colorado

by Dave Showalter

- Engages and inspires readers on an epic watershed journey that celebrates life, beauty, and resilience
- The famed Colorado River is the lifeblood of the American West
- Addresses the antiquated water allocation guidelines that are set to be revised in 2026

With powerful visual storytelling, *Living River* illustrates how we can create a resilient watershed if we change our relationship with water. Exploring the endangered Colorado River from source to sea, award-winning photographer Dave Showalter provides a deeper understanding of how countless numbers of creatures and 40 million humans depend upon its water and how the futures of all are inextricably linked to the health of the river.

Starting at the headwaters in the Continental Divide, Showalter covers the wide range of issues facing the river and highlights places that demonstrate the land's resilience, offering hope for the future. Throughout, he weaves in the stories of riverkeepers like Cynthia Wilson, who works to ensure universal access to clean water for her Dine community; Holly Richter, a conservation leader on the San Pedro River; and Tom Koerner, manager of the Seedskaadee National Wildlife Refuge.

Living River forms the foundation for a robust impact campaign that will inform and influence stakeholders in the development of a new river compact, one that embraces new technology, conserves and restores our western rivers for wildlife and recreation, and recalibrates water consumption within the Colorado River system.

Author Bio

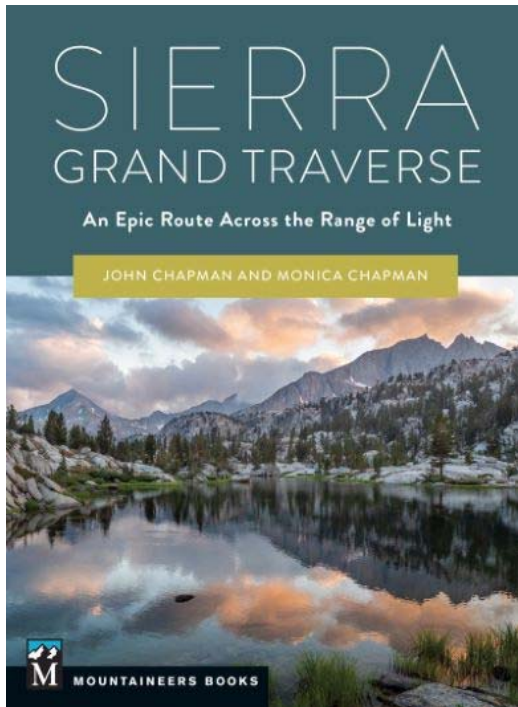
Colorado-based conservation photographer and author **Dave Showalter** is the author of *Sage Spirit: The American West at A Crossroads* and the award-winning *Prairie Thunder*. Dave's photographs and articles have appeared in *Audubon*, *Conservation Biology*, *Outside*, *Outdoor Photographer*, *National Parks Magazine*, *High Country News*, *Wilderness*, and *Colorado Life*, among others. In partnership with Braided River, Dave's exhibit "Colorado: Sage Spirit and Roaring Rivers" was displayed at Denver International Airport in 2018-2019 and was viewed by over two million people.

The Mountaineers Books
On Sale: Apr 1/23
10 x 9 • 192 pages
150 color photographs 7 maps
9781680516326 • \$57.95 • cl
Nature / Rivers

Notes

Promotion





The Mountaineers Books
On Sale: Apr 1/23
5.5 x 7.5 • 224 pages
70 color photographs 43 elevation profiles 44 maps
9781680516180 • \$31.95 • pb
Sports & Recreation / Hiking

Notes

Promotion



Sierra Grand Traverse

An Epic Route Across the Range of Light

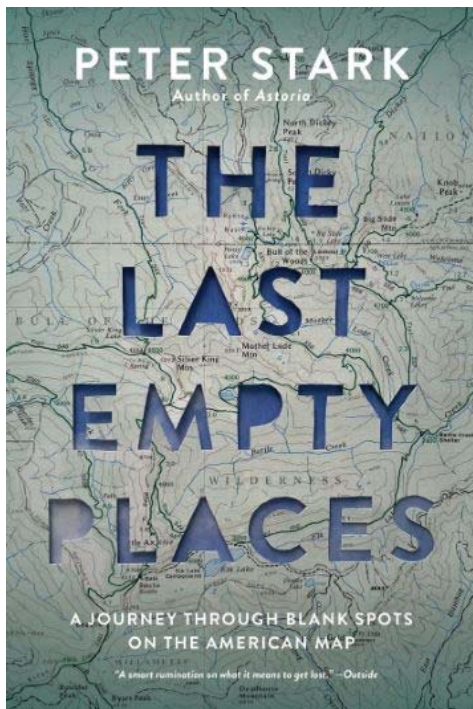
by John Chapman and Monica Chapman

- Detailed topographic maps and elevation profiles depict the entire route
- Sections about planning, preparation, transportation, acclimatization, resupplying food, permits, maps, suggested itineraries, and safety
- Includes photographs, alternative routes, and side trips, plus history, geology, flora, and fauna

Sierra Grand Traverse offers experienced hikers an epic route across one of the world's greatest mountain ranges. Designed by experienced hikers and writers John and Monica Chapman, this 200-mile-long traverse begins in Tuolumne Meadows in Yosemite National Park and heads through the High Sierra south to Mount Whitney and then on to Horseshoe Meadows. The challenging, but approachable adventure winds through five wilderness areas spread across three national parks and two national forests.

While some of the traverse follows well-defined trails, it starts at 8,580 feet and hikers spend most of their time between 9,000 and 12,000 feet - reveling in the open ridges and stunning vistas above treeline. With 56,000 feet of elevation change and crossing 41 mountain passes, this route requires solid navigation skills and careful planning and preparation - more than half of it is off-trail. But for determined hikers, the adventure of a lifetime await





The Mountaineers Books
On Sale: Mar 1/23
6 x 9 • 320 pages
9 maps
9781680516425 • \$28.95 • pb
Travel / Special Interest / Literary

Notes

Promotion



The Last Empty Places

A Journey Through Blank Spots on the American Map

by Peter Stark

- First time in paperback, ebook, and audio editions
- Part travel adventure, part history, part exploration
- Features four specific "blank spots" from across the country and delves into our human relationships with place

In *The Last Empty Places*, bestselling author Peter Stark takes the reader to four of the most remote, wild, and unpopulated areas of the United States outside of Alaska and mainly not part of protected wilderness: the rivers and forests of Northern Maine; the rugged, unpopulated region of Western Pennsylvania that lies only a short distance from the East's big cities; the haunting canyons of Central New Mexico; and the vast, arid basins of Southeast Oregon.

Stark discovers that the places he visits are only "blank" in terms of a lack of recorded history. In fact, each place holds layers of history, meaning, and intrinsic value and is far from being blank. He also finds that each region has played an important role in shaping our American idea of wilderness through the influential "natural philosophers" who visited these places and wrote about their experiences - Henry David Thoreau, William Bartram, John Muir, and Aldo Leopold. It's a fascinating look at the value of nature, the ways humans use and approach it, and what it means to seek out empty places in today's world.

