



Raincoast Books

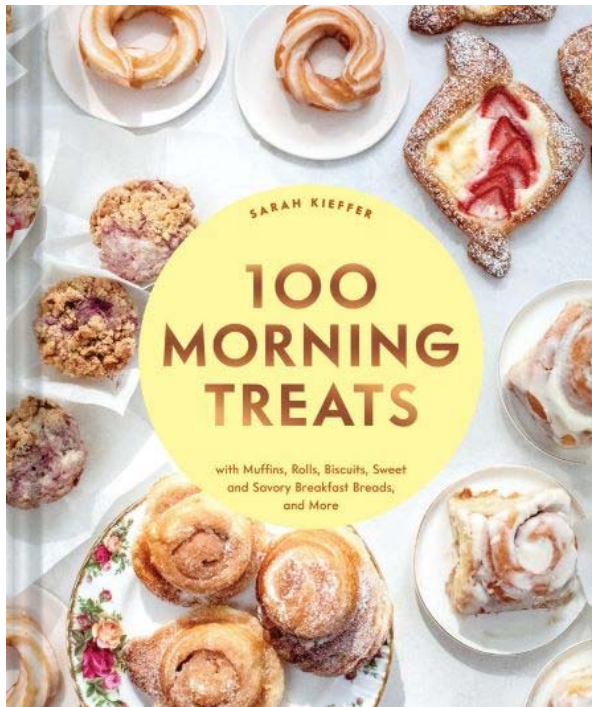
SPRING 2023

RAINCOAST OMNIBUS

Adult

This edition of the catalogue was printed on November 29, 2022.

To view updates, please see the Spring 2023 Raincoast eCatalogue or visit www.raincoast.com



LEAD

100 Morning Treats

by Sarah Kieffer

From Sarah Kieffer, the beloved baker behind the bestselling *100 Cookies* and *Baking for the Holidays*, and the popular *Vanilla Bean Blog*, here are 100 recipes for perfect starts to the day.

One hundred morning treats to start your day with smiles: These baking projects will bring delight to your family breakfast, a Sunday brunch or bake sale, a morning at the office, or kids' soccer practice. Whatever your preference alongside your morning cup of coffee or tea-sweet or savory, buttery or flaky, hot off the griddle or taken to go-you'll find a recipe for it here, from coffee cakes to danishes, doughnuts, scones, quick breads, quiches, and muffins galore!

Filled with more than 120 inspiring photographs, including how-tos for doughs and shaping, and instructions for prepping the night before and baking in the morning, *100 Morning Treats* is truly a cookbook for all bakers and a must-have for lovers of *100 Cookies* and Sarah's inventive recipes.

ACCOMPLISHED AUTHOR: Sarah Kieffer is the beloved blogger behind *The Vanilla Bean Blog*, past winner of *Saveur* Reader's Choice Best Baking & Desserts Blog. Her pan-banging cookie technique went viral on the *New York Times* website. The author of three cookbooks, she has been featured by *Food52*, *The Today Show*, *Mashable*, *The Kitchn*, *America's Test Kitchen*, *Huffington Post*, and more. Sarah also has international reach, having worked with brands like Le Creuset, Betty Crocker, Lodge, Mauviel 1830, Nordicware, Icelandic Provisions, Valrhona, Kerrygold, and more.

DELICIOUS SUCCESS: With more than 130,000 copies (...)

Author Bio

Sarah Kieffer is the blogger behind *The Vanilla Bean Blog*, a contributor to major food publications, and author of *100 Cookies* and *Baking for the Holidays*. Her recipe for bang-the-pan cookies went viral after she introduced it on the *New York Times* website (it's delicious and ingenious!). In addition to writing her own books, she also shoots photography for other cookbooks, including *Bread in 5* (with the authors of *Artisan Bread in 5 Minutes a Day*). She lives in Minnesota.



9 781797 216164

Chronicle Books

On Sale: May 9/23

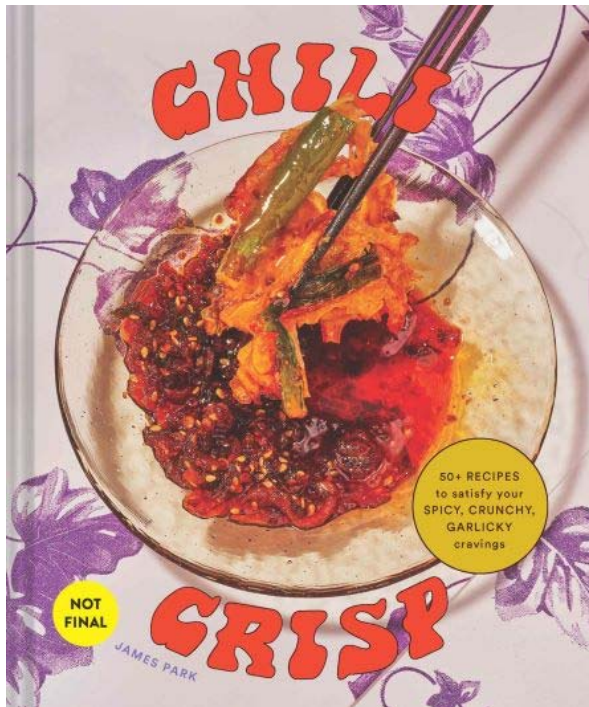
9 x 7.5 • 304 pages

9781797216164 • \$39.95 • CL - more than 120 color photographs, ribbon marker, unjacketed hardcover
Cooking / Courses & Dishes / Breakfast

Notes

Promotion





LEAD

Chili Crisp by James Park

Chili crisp is a magical sauce that tingles with heat, crunches with fried garlic and onions, and slicks any food with oily goodness. Stir into soup, toss with noodles, drizzle on top of warm, buttery biscuits. It works with so many of the foods you love, which is why it's both foodie obsession and secret weapon for adding spice and depth of flavor to any meal. James Park, food writer and deep chili crisp devotee, taps into his own culinary background, from growing up in Korea to moving to the United States and exploring the diverse immigrant foodways, to create this love letter to his favorite ingredient in over 50 recipes. These approachable and adaptable recipes could fill your whole day with chili crisp: • Start the day with Savory Morning Oats With Jammy Eggs And Pork Floss • Whip up Fiery Spaghetti and Meatballs for lunch • Dinner means tucking into a bowl of Chile Crisp Bulgogi Deopbap and a side of Spicy, Lemony Charred Broccolini • For the sweet tooth: Spiced Sweet Potato Basque Cheesecake (bonus: you can air fry it). Packed with chili crisp inspiration to take your love of this spicy ingredient to the next level, James provides TK of no-recipe recipes (potato chips + chili crisp, a match made in snack heaven) and a handy Build Your Own Chili Crisp Formula to inspire you to create your very own house version of chili crisp. Soon all your family and friends will be clamoring for a jar . . . If you love chili crisp already, this book is for you. If you're new to it, this book is for you. Chili Crisp is here for you, wherever you are on your spicy life journey.

Chronicle Books

On Sale: Aug 22/23

9781797219769 • \$35.95 • cl

Cooking / Specific Ingredients / Herbs, Spices,
Condiments

Notes

Promotion

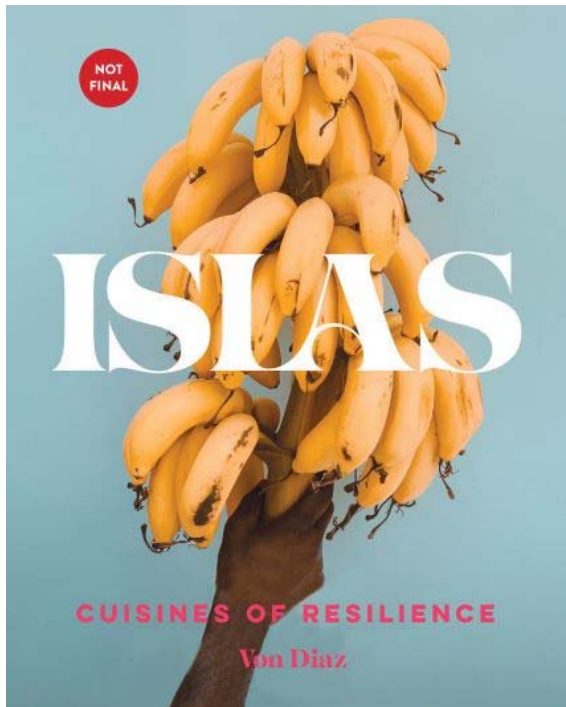


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Raincoast Books

Page 2 of 310 Sales Rep



LEAD

Islas

by Von Diaz

More than 125 recipes and intimate stories that exemplify the food and history of the island nations of the Indian, Atlantic, and Pacific Oceans, organized by ancestral techniques. Presented by Von Diaz through her personal family history and tireless research.

The islands spanning the Indian, Atlantic, and Pacific oceans are remarkable places, sharing dozens of ingredients and cooking techniques, including marinating, pickling + fermentation, braising + stewing, frying, grilling + smoking, and steaming + in-ground roasting. Bold flavors drip from the edges of each dish-tastes that represent stories of resistance, persistence, and wisdom passed down from generation to generation.

This narrative cookbook by writer, documentary producer, and author Von Diaz, travels across oceans and nations to uplift the shared ancestral cooking techniques of these islands in more than 125 recipes, including intimate profiles of the historical context of each technique, stories from islanders, and step-by-step guides for recreating them at home.

Recipes include: • Coco Bread from Jamaica

- Arroz Con Jueyes (Stewed Crab Rice) from Puerto Rico
- Masikita (Papaya-Marinaded Beef Skewer) from Madagascar
- Bebek Betutu (Roasted Duck in Banana Leaf) from Indonesia
- Lechon Kawali (Crispy Fried Pork Belly) from the Philippines

Bright citrus and vinegars, verdant herbs, slow-cooked and smoky grilled meats, fresh seafood, aromatic rice, and earthy root vegetables: These flavors, found in the meals and recipes across these island nations pair remarkably well together, despite distance and cultural differences. The ingredients and deep-rooted cooking techniques in each of these recipes typify the harmonious, synchronous spirit found in each culture's unique cuisines. Even amid environmental chaos and food insecurity, islanders cook (...)

Author Bio

Von Diaz is a writer, documentary producer, and author of *Coconuts & Collards: Recipes and Stories from Puerto Rico to the Deep South*. Born in Puerto Rico and raised in Atlanta, Georgia, she explores food, culture, and identity. She has contributed recipes and essays to several cookbooks and anthologies, including Diana Henry's *From the Oven to the Table*, Julia Turken's *Feed the Resistance*, Charlotte Druckman's *Women on Food*, and



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Chronicle Books

On Sale: Aug 1/23

10 x 8 • 304 pages

9781797215242 • \$50.00 • CL - full-color photographs

throughout, jacket

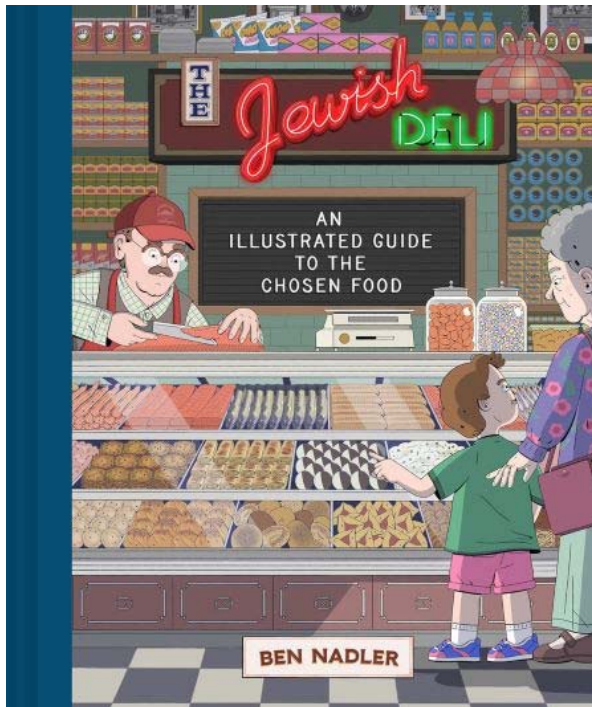
Cooking / General

Notes

Promotion



Raincoast Books



The Jewish Deli

An Illustrated History to the Chosen Food

by Ben Nadler

A delightful celebration of Jewish delicatessens in an accessible comics format, full of history and humor, and guaranteed to make you hungry.

Beloved culinary and cultural institutions, Jewish delis are wonderlands of amazing flavors and great food—bright, buttery, briny, sweet, fatty, salty, smoky. . . . In *The Jewish Deli*, comics artist and deli aficionado Ben Nadler takes a deliciously entertaining deep dive into the history and culture of this food and the places that serve it up to us across the counter.

Chapters guide readers through the details and delights of each major food category, all playfully illustrated and each more irresistibly noshable than the last, including:

- Meat
- Fish
- Bagels and bread
- Schmears
- Soups and sides
- Sweets
- Drinks

A visual treat, this accessible and informative nonfiction graphic novel delivers stories of tradition and innovation, celebrations of iconic menu staples, flavor profiles, food preparations, ordering advice, spotlights on legendary and up-and-coming delis, and much more.

DELICIOUS HISTORY: The history of a people is found in its food, and in this book! Trace the history of Jewish cuisine from ancient days to the birth of the modern deli as we know and love it now.

DESTINATION DINING: When this book makes you hungry, plan a visit to one of the sensational North American delis featured in its pages, including Manhattan's Kenny and Ziggy's, Montreal's Schwartz's, Atlanta's The General Muir, Brooklyn's Shalom Japan, and many more

FOR FOODIES AND FOLKS ALIKE: Nadler shares colorful, researched stories of deli food, preparations, traditions, and innovations that (...)

Author Bio

Ben Nadler is an illustrator, designer, writer, and comics artist originally from Wisconsin. A graduate from the Rhode Island School of Design with a BFA in Illustration, he now lives, works, and enjoys the Jewish delis in New York City



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Chronicle Books

On Sale: May 2/23

9 x 7.5 • 256 pages

9781797205243 • \$36.95 • PB - HC, 7 1/2 x 9 in, 248

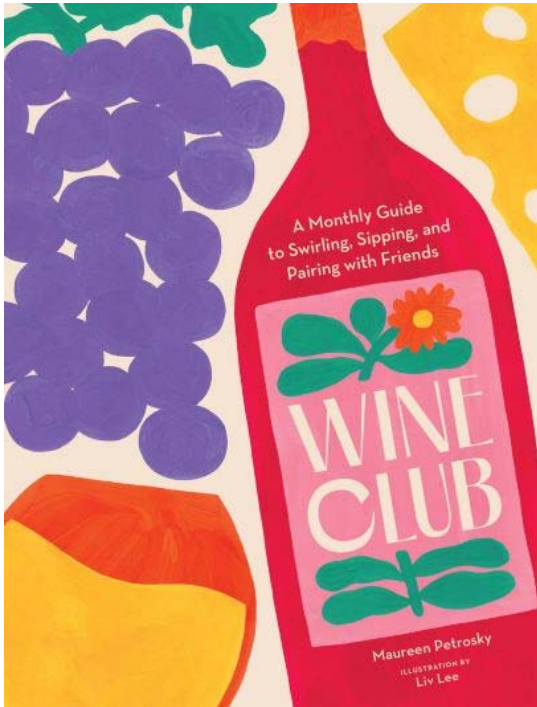
pgs, full-color illustrations throughout

Cooking / Jewish & Kosher

Notes

Promotion





Wine Club

A Monthly Guide to Swirling, Sipping, and Pairing with Friends
by Maureen Petrosky

Like a book club, but better, this approachable guide breaks down the basics of wine in a month-by-month format for a year's worth of sips and wine-party inspiration.

Learning about wine should be fun and is easy to do, if you have a few key things: wine (of course), an opener, a few friends, and this book. That's your Wine Club! Each month, discover the key elements of a specific style of wine or varietal, from Cabernet Sauvignon in January to bubbly in December, including taste-testing tips, history, and tasty throw-together or make-ahead bites that pair beautifully with whatever you're pouring. So, uncork (or twist the top off of) a bottle, pour yourself a glass, and join the best club of all: *Wine Club*!

A FUN GIFT FOR WINE LOVERS: The love for wine is eternal, and everyone is always hungry for knowledge. Though the pages may be sprinkled with some technical terms, the focus of this handy book is primarily the club: entertaining your guests and enjoying good wine, food, and friends.

GREAT FOR FOODIES, TOO: This book is perfect for both wine newbies and seasoned wine enthusiasts who are looking for easy ideas for polished get-togethers without much hassle.

EXPERT AUTHOR: Maureen Petrosky knows wine! Columnist and author of previous books on wine and cocktails, she is a lifestyle expert focused on helping young professionals, moms, neighbors, and co-workers bring their social media engagement experiences to life with real-world social clubs. Fans love her accessible and fun approach to making quick and easy (...)

Author Bio

Maureen Petrosky is the ultimate hostess and author of *The Cocktail Club*, *Zero Proof Drinks & More*, and the original *The Wine Club*. She graduated from Villanova University, The Culinary Institute of America, and is certified by the Master Court of Sommeliers. She works as a creative consultant and content creator across the food, drink, and home entertainment spaces. As an Entertaining & Lifestyle Expert, she appears regularly on NBC's TODAY show and hosts multiple video series on TODAY.com as well as popular online wine and lifestyle classes @sipandswirlclub and @maureenpetrosky. She lives in Bucks County, Pennsylvania, with her husband Michael and twins Chris and Elliot



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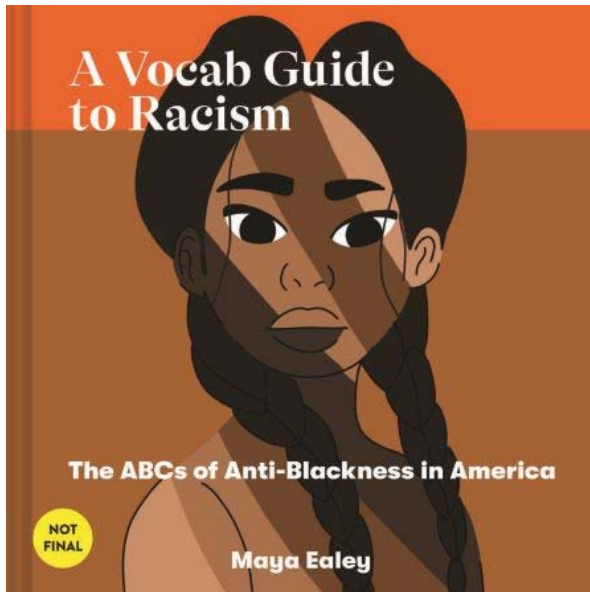
Chronicle Books
On Sale: May 30/23
8 x 6 • 192 pages

9781797221526 • \$39.95 • CL - wibalin cover, jacketed
Cooking / Beverages / Alcoholic / Wine

Notes

Promotion





The Anti-Racist Vocab Guide

An Illustrated Introduction to Dismantling Anti-Blackness
by Maya Ealey

From Assimilation to Reparations, Black Wall Street to Police Brutality, and Colorism to White Supremacy, let this book equip you with the language to engage in crucial conversations around anti-Black racism.

A Vocab Guide to Racism is a boldly illustrated visual glossary that distills complex subjects into comprehensive, yet accessible, definitions of terms and explanations of historical moments. With reflection questions to use for introspection or as a starting point for hard conversations with those close to you, this book will encourage both your learning and unlearning—no matter where you are in your journey to understanding race in America.

THOROUGH AND APPROACHABLE: This book presents huge topics in easy-to-understand language that welcomes readers of every experience.

REFLECTION QUESTIONS: Each entry is followed by questions to encourage readers to continue their education and deepen their understanding of how these concepts exist in the world around them.

BEYOND THE BUZZ WORDS: This is an invaluable resource guide that breaks down and goes beyond common phrases to provide actionable awareness.

STUNNING ART: Author Maya Ealey's striking art illustrates each term explained in the book in her bold, passionate style.

Perfect for:

- Anyone interested in learning more about race in America
- People who want help understanding the complicated subject of racism
- Parents, teachers, and students
- Readers of instructive and informative best sellers such as *How to Be an Antiracist*, *White Fragility*, *The 1619 Project*, and *Do the Work!: An Antiracist Activity Book*

Author Bio

Maya Ealey is a graphic designer and illustrator based in Oakland, California. She is a lover of color whose work centers on themes of love, intimacy, technology, and nostalgia. Maya currently works in the tech industry while pursuing her entrepreneurial passion through her 90s-inspired side business, *Colorful & Co.*



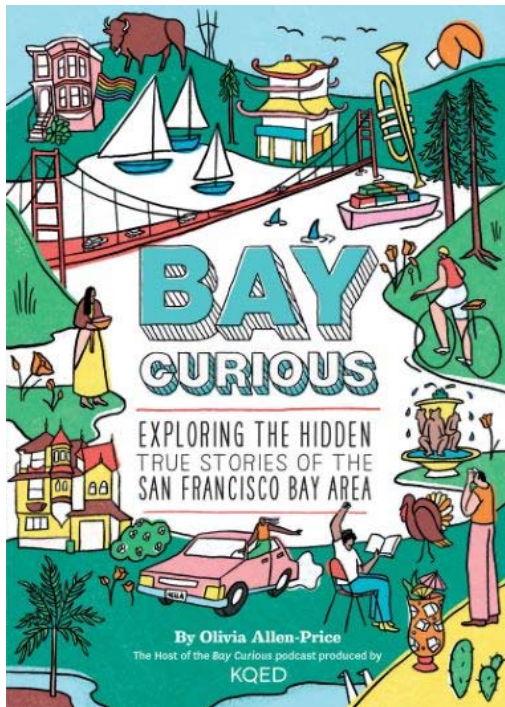
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Chronicle Books
On Sale: Aug 8/23
8 x 8 • 152 pages
9781797213170 • \$27.95 • CL - Hardcover,
unjacketed, full-color illustrations throughout

Notes

Promotion





Bay Curious

Exploring the Hidden True Stories of the San Francisco Bay Area

by Olivia Allen-Price

Curious about the San Francisco Bay Area? With explorations into unique local legends, interesting landmarks, and uncovered histories, *Bay Curious* is a fun, quirky guide to the secret stories of the Bay Area for visitors, newcomers, and California natives alike.

Who was America's first and only Emperor? Why are there ships buried under the streets of San Francisco? Was the word "hella" really created in the East Bay? *Bay Curious* brings you the answers to these questions and much more through fun and fascinating illustrated deep-dives into hidden gems of Bay Area trivia, history, and culture.

Based on the award-winning KQED podcast of the same name, *Bay Curious* brings a fresh eye to some of its most popular pieces and expands to cover stories unique to this book. With subjects ranging from Marin's redwood forests to the Winchester Mystery House, from the Black Panther Party's school program to the invention of the Mai Tai, *Bay Curious* gives you the entertaining and informative, weird and wonderful true stories of the San Francisco Bay Area.

NOT YOUR AVERAGE GUIDEBOOK: *Bay Curious* takes a unique approach to exploring the Bay Area through its lesser known but just as fascinating stories, taking readers on a reportorial rather than literal tour.

BEYOND THE PODCAST: With 49 entries-inspired by the famous 49-Mile Drive- *Bay Curious* includes a combination of updated popular episodes from the podcast and brand-new, never-before-heard stories researched for the book, plus fun illustrations and irresistible trivia sidebars.

GIFT (...)

Author Bio

Olivia Allen-Price is the editor and host of KQED's *Bay Curious* podcast. With previous roles at the *Baltimore Sun* and the *Virginian-Pilot*, she has more than a decade of experience in journalism and digital media. Olivia is an avid runner and hiker and loves exploring the Bay Area she now calls home.



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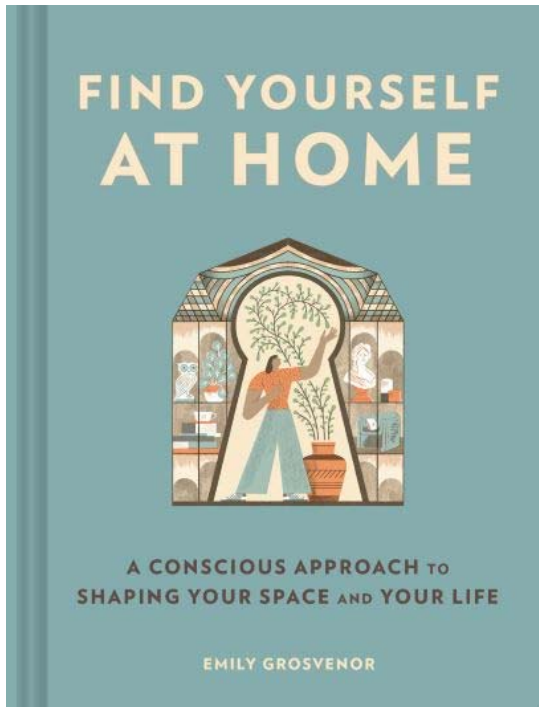
Creativity Explored hc by Anne Kappes

Chronicle Books
On Sale: Aug 1/23
9781797211909 • \$43.00 • cl
Art / Folk & Outsider Art

Notes

Promotion





LEAD

Find Yourself at Home

A Conscious Approach to Shaping Your Space and Your Life
by Emily Grosvenor

A fresh, smart, and inspiring lifestyle book that shows you how to create an empowering home environment by changing the messages you are telling yourself within your own four walls.

Award-winning magazine editor and certified Feng Shui consultant Emily Grosvenor invites us to a reality where our homes hold limitless opportunities to create meaning, shape behavior, and inspire action.

Drawing on ancient wisdom and modern science and filled with examples from the author's groundbreaking research and work with clients, this is a philosophical and practical guide to creating a home environment that reflects your values, shapes your behavior, and supports you on your journey of self-discovery.

Divided into chapters by aspiration—such as attraction, creativity, purpose, partnership, focus, and connection—and filled with gorgeous full-color illustrations, *Find Yourself at Home* presents a new way to collaborate with your living space, carry out your purpose in a changing world, and create the perfect home in which to thrive.

GREAT GIFT FOR HOME DECOR MAKEOVER AND FENG SHUI FANS:

This is a great gift for people who are looking to rejuvenate their homes, and for those who love home makeover shows, marathoning HGTV shows, and bringing spiritualism and philosophy into their daily lives.

A NEW TAKE ON HOME DESIGN: Many of us have decluttered, home-edited our pantries, tried minimalism, made our homes hygge, and chosen things that 'sparked joy.' Now it's time to shape our homes to reflect (...)

Author Bio

Emily Grosvenor is a certified Feng Shui consultant, an editor of *Oregon Home* magazine, and a Fulbright scholar whose essays, features, and commentary have been featured in *Good Housekeeping*, *Marie Claire*, *The Atlantic*, *Design*Sponge*, *Salon*, and *Publishers Weekly*. She currently resides in Oregon.

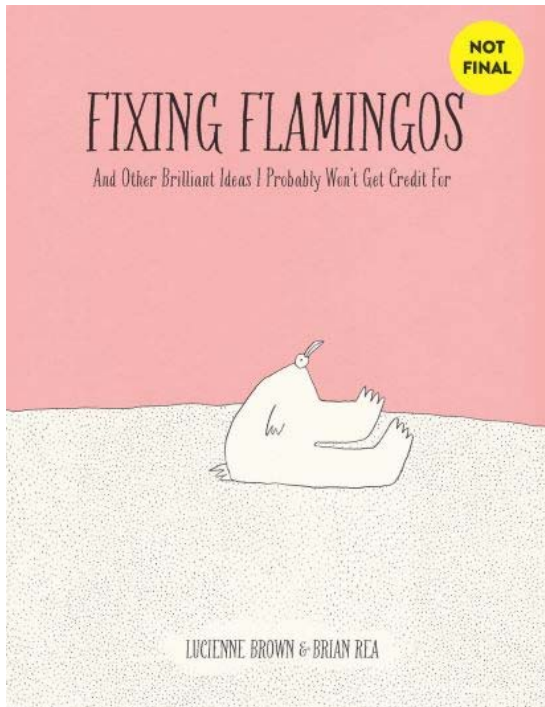


Chronicle Books
On Sale: Jun 20/23
6 x 8 • 224 pages
9781797221403 • \$31.95 • CL - 50-80 full-color
illustrations, unjacketed
House & Home / Cleaning & Caretaking

Notes

Promotion





Fixing Flamingos pb by Brian Rea

From climate change to pandemics to murder hornets, we can all agree that our world needs some fixing. But we put up with more than just the big-ticket issues. What about the tiny annoyances? (We can all agree honeybees should be way bigger, fluffier, and rideable, right?) The arbitrary rules? (By all rights, bad dancing should be considered good dancing – way more people do it.) The downright weird incongruities? (We should get more attractive as we age, not less!) It's glaring flaws like these that make the world seem, frankly, poorly planned. What if we could all provide feedback to the Big Guy Upstairs (and his crack team of celestial designers and engineers) instead of relying on the painfully slow process of evolution? Written to expose the hilarity of modern day existence, *FIXING FLAMINGOS* takes readers on an illustrated, laugh-out-loud journey through a world where any citizen can submit critiques and improvements about reality to the powers that be. The story follows Abby, a dedicated intern working in a small office in Heaven, who is tasked with the thankless job of going through mountains of feedback forms. An ambitious self-starter, Abby devotes herself to pondering the sometimes good (and sometimes not-so-good) suggestions, and solving the small things for the betterment of all life on Earth. Sure, she's never been given this much responsibility before - but she's determined to make her mark. With a funny, oddball sense of humor and illustrations from the charmingly chaotic mind of Brian Rea, *FIXING FLAMINGOS* reminds us that a small change can make a big impact - often in the most unexpected (and sometimes disastrous) ways. From indie graphic novel aficionados to speculative fiction fans to anyone who (...)

Author Bio

Brian Rea lives in Los Angeles. He is an internationally exhibited artist and the official illustrator of the New York Times column "Modern Love."

Chronicle Books
On Sale: Aug 1/23
9781797218755 • \$28.95 • pb

Notes

Promotion





Green Dumb Guide to Houseplants

45 Unfussy Plants That Are Easy to Grow and Hard to Kill

by Holly Theisen-Jones

For those who want to take care of houseplants but can hardly take care of themselves, *The Green Dumb Guide to Houseplants* is the perfect handbook for even the most greenery-inept individual.

We all love the idea of houseplants, and maybe you've stood by helplessly as a cactus went all slimy or you've endured the perpetual indoor autumn of an unhappy Ficus. Good news—all of the plants in this book have two things in common: They're easy to find and hard to kill.

The benefits of plant ownership are legion. Studies indicate just being around plants creates a relaxing effect on people. And plants make great roommates—no Peace Lily will ever criticize you for quitting your workout video to go finish a box of Triscuits.

Does your bedroom have a mattress on the floor and Christmas lights taped to the wall? Put a Money Tree in the corner. Instant upgrade! Are you a corporate lackey trapped under fluorescent lights and a drop-tile ceiling? A colorful Calathea or a chunky little Aloe could help restore your will to live. *The Green Dumb Guide to Houseplants* is full of useful advice, crucial dos and don'ts, and keys to identifying that cool plant you saw at your grandma's house one time—ensuring success to even the most risk-averse, commitment-phobic indoor gardeners.

THE EASIEST POSSIBLE GUIDE TO LEARNING THE BASICS OF PLANT CARE: No skills needed, except knowing (...)

Author Bio

Holly Theisen-Jones

Holly wrote a viral piece on wellness-industry influencers for McSweeney's in 2017 called *My Fully Optimized Life Allows Me Ample Time to Optimize Yours* and was subsequently shocked by people's inability to distinguish satire from reality after she was offered contracts as a life coach, invited to contribute to wellness blogs, and even asked to speak at events. As she says, "At first, it was funny. Then it was scary." During a brief, unimpressive career in horticulture, Holly learned that she is to tropical plants as Charlie Brown is to Christmas trees and switched careers to human services. If plant murder were a crime, she would be on the way to Venezuela. She lives in Atlanta with her husband, six frogs, and a house full of plastic succulents.



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LEGO Heroes

LEGOS Builders Changing Our World-One Brick at a Time
by Graham E. Hancock

LEGO(Reg TM) Heroes is a collection of twelve remarkable stories about everyday heroes using the LEGO(Reg TM) system in unique ways to solve some of life's greatest challenges.

Meet twelve visionary builders from around the globe who have turned LEGO (Reg TM) play into life-altering innovations through immense curiosity, creativity, passion, and a handful of LEGO bricks. From a wheelchair for an injured turtle to customized prosthetic arms to lab research for coral reef preservation, each chapter showcases individuals of all ages and backgrounds who have applied the LEGO System in Play to solve some of life's greatest challenges in the fields of technology, sustainability, education, and more. With inspiring messages of imagination and problem-solving through play, readers will be moved by this heartwarming celebration of people who are changing the world . . . one brick at a time.

LEGO, the LEGO logo, and the Brick and Knob configurations are trademarks of the LEGO Group. (C)2023 The LEGO Group. All rights reserved. MORE THAN A TOY: LEGQ(Reg TM) Heroes takes a new and unique look at the worlds' most beloved toy. These innovators of all ages are finding real-world applications for LEGO bricks to make the world a better place.

GREAT GIFT FOR AFOLs: Adult-fans-of-LEGG(Reg TM) will love this fascinating collection of stories about their favorite pastime. With interesting tidbits and moving takeaways, this book will inspire LEGO(Reg TM) fans to use their building knowledge in a new, life-changing way.

BELOVED BRAND: For decades, the LEGO(Reg TM) brand has inspired billions of (...)

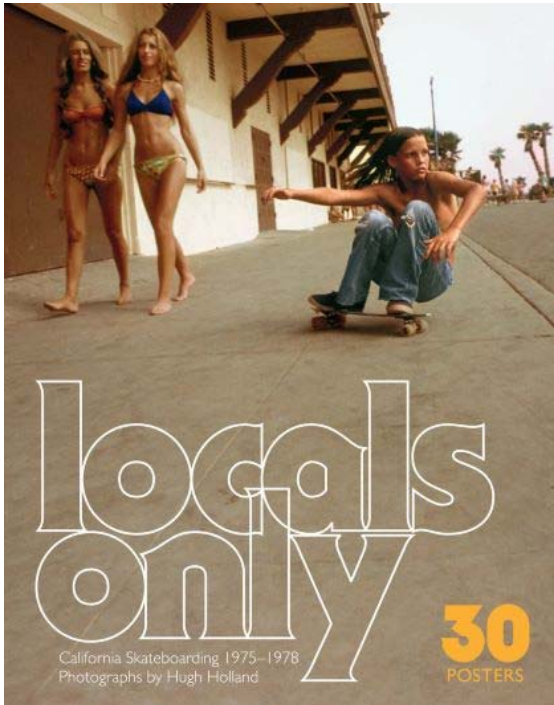
Author Bio

Graham E. Hancock is a LEGO^(R) expert who cannot remember life without LEGO bricks and is the editor of BLOCKS magazine, a monthly publication for adult LEGO fans. He delivers LEGO talks at events and workshops with companies around the world. He lives with more LEGO models than he has room for in London, England.



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Locals Only: 30 Posters

by Hugh Holland

A deluxe book of 30 removable and frameable posters by legendary skateboard photographer Hugh Holland.

Throughout the 1970s, Hugh Holland documented not only the nascent sport of skateboarding that originated in Southern California, but also the style, grace, and athleticism of the teenagers themselves.

Drawn from his iconic skateboarding book *Locals Only* -called a celebration of youth" (*Los Angeles Times*) and "a perfect snapshot of the wild, frenetic energy of that era" (LAist.com)-this collectible is both an irresistible coffee table book and a treasure trove of individual decorative images. For anyone who appreciates a vintage, retro vibe, this classic California photo book offers 30 removable posters that document the legendary Dogtown and Z-Boys skateboarders with their requisite bleached-blond hair, tanned bodies, tube socks, and Vans sneakers-young outsiders masterfully captured against a sometimes harsh but always sunny Southern California landscape.

IMAGES FROM ICONIC SKATEBOARD BOOK: The beloved images on these 30 frameable posters are drawn from Hugh Holland's iconic *Locals Only* photography book.

AFFORDABLE FRAMEABLE ART: Posters that evoke a retro vibe are ideal for dorm room decor as well as apartment and home decorating. This affordable volume offers a rare opportunity to collect frameable posters of Holland's images.

ARTFUL GIFT: The perfect present for art collectors, photography aficionados and skateboarding and surf culture fans, this volume is both a collectible book and a set (...)

Author Bio

Hugh Holland is an L.A.-based photographer who rose to fame with now-classic 1970s images of skateboarders and the burgeoning subculture. He has exhibited his photographs at galleries and retailers around the world, which include M+B Gallery in L.A., Benrubi Gallery in New York, Colette in Paris, and Herman Miller in Tokyo, to name a few. He has also done recent brand collaborations with Lanvin, Vans, and Wax poster. His books include *Locals Only* by AMMO Books and *Silver. Skate. Seventies.* by Chronicle Chroma.



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Chronicle Books

On Sale: May 16/23

14 x 11 • 66 pages

9781797222646 • \$42.95 • pb

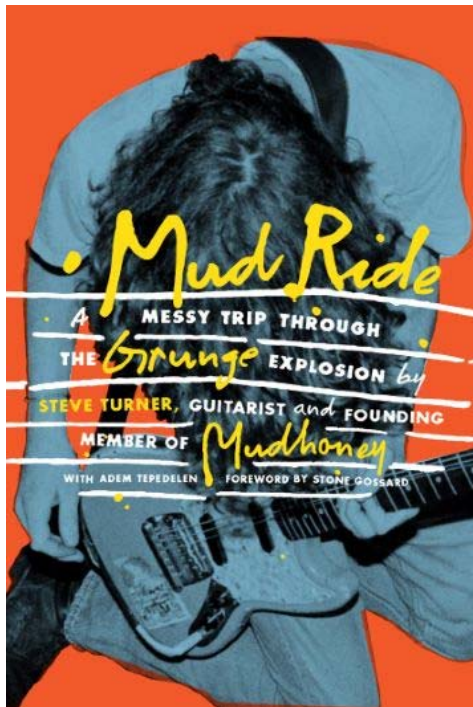
Photography / Individual Photographer

Notes

Promotion



Raincoast Books



LEAD

Mud Ride

A Messy Trip Through the Grunge Explosion

by Adem Tepedelen and Steve Turner

A down-and-dirty chronicle of the birth of the Seattle grunge scene—from amateur skate parks and underground hardcore clubs to worldwide phenomenon—as told by one of its founding fathers and lead guitarist of legendary alternative rock band, Mudhoney.

Mud Ride is the story of the birth and evolution of grunge—the punk and hardcore kids who grew up together and formed the bands that would create a unique sound that spread far beyond their once sleepy Seattle scene. Written by one of grunge's founding fathers, *Mud Ride* offers an inside look at the tight-knit grunge scene, the musical influences and experiments that shaped the grunge sound, and the story of Turner's bands, Green River and Mudhoney, which went from underground flop house shows to selling out stadiums with Nirvana and Pearl Jam. Including stories about the key moments, musicians, and albums from grunge's beginnings to its come-down from the highs of global success and stardom, this is the first account of the musical phenomenon that took over the world and continues to inspire musicians and fans today from someone who was there for it all.

Written by Steve Turner, lead guitarist of Mudhoney, a foundational grunge band that inspired musical icons from Kurt Cobain to Pearl Jam, *Mud Ride* features a foreword by Pearl Jam's Stone Gossard and never-before-seen photographs and grunge memorabilia throughout. Take a seat and ride through the messy and muddy grunge scene that grew from the basements of the Northwest and went on to circle the globe.

MUST HAVE FOR FANS: For cult (...)

Author Bio

Steve Turner is the guitarist and cofounder of seminal Seattle grunge band Mudhoney. He lives in Portland, Oregon

Chronicle Books

On Sale: Jun 27/23

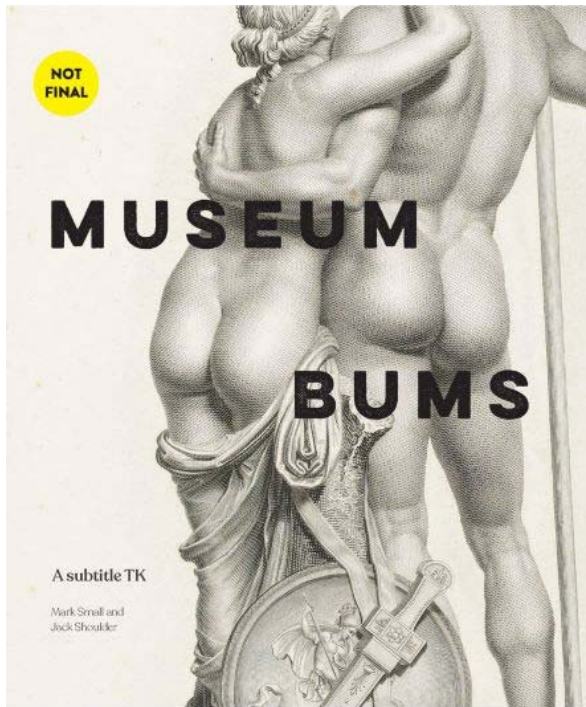
9 x 6 • 272 pages

9781797217222 • \$39.95 • CL - 75 full-color illustrations and photographs throughout, jacketed Biography / Composers & Musicians

Notes

Promotion





LEAD

Museum Bums

by Mark Small and Jack Shoulder

This colorful photographic gift book celebrates, compares, contrasts, and comments upon the finest rear ends in museums around the world - from the lusciously rendered bottoms of Renaissance painting to the abstract curves of contemporary art. Primarily focusing on the beautiful butts, there will be some expanded captions and thoughtful sidebars where applicable (for example: the troubling primacy of white able-bodied bums in European sculpture, the coded homoerotics of 19th and 20th century painting, etc.). Museum Bums invites readers to admire, appreciate, and have a good laugh, all while learning a bit about art and history. It will look like a fine art book, with full-bleed images, some sidebars and running text, and a handsome package, but be priced at and feel like the gift book that it is. A mix between a fun book of pictures of butts in art and some actual art history, this is the perfect gift and self-buy for anyone who likes art, museums, and butts.

Author Bio

Run by Mark Small and Jack Shoulder, the Museum Bums twitter is beloved by many, and has been retweeted by many famous museums throughout the US. They are based in the United Kingdom.

Chronicle Books

On Sale: Aug 15/23

9781797218502 • \$24.95 • cl

Humor / Form / Pictorial

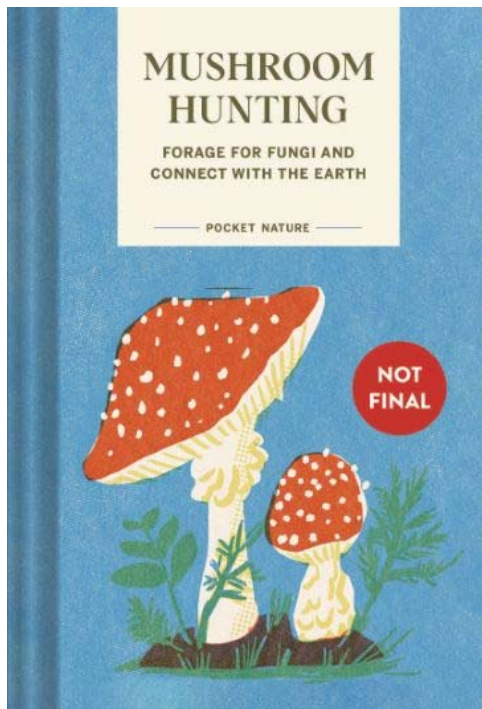
Notes

Promotion



9 781797 218502





LEAD

Pocket Nature Series: Mushroom Hunting by Emily Han

This take-anywhere guide is the perfect thing to toss in a backpack and bring on a mushroom hunt. Included are profiles of 16 common fungi; tips for going foraging; shroom-inspired rituals, such as brewing mushroom tea; and musings on what we can learn from these incredible specimens. This isn't a guide to foraging mushrooms for consumption; rather, it is a general guide to learning about all kinds of mushrooms, and using mushroom hunts as an easy way to spend time in the great outdoors.

Author Bio

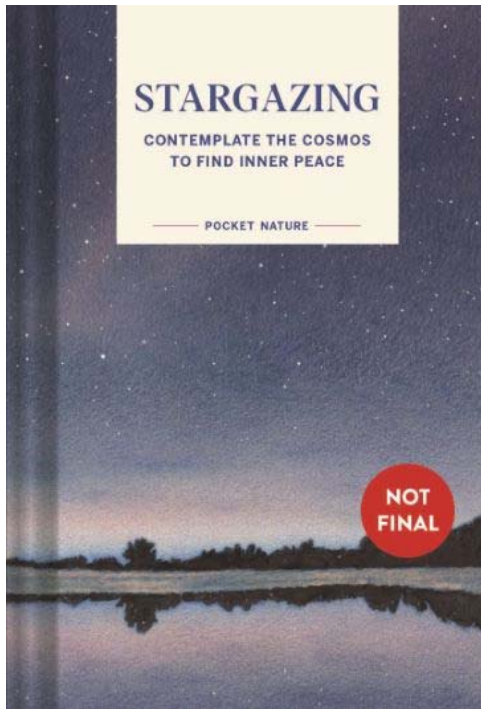
Emily Han is a Los Angeles-based forager, wildcrafter, drink maker, and history lover on a mission to bridge modern-day herbalism and beverages. She is an expert in food preservation and apprenticed with the acclaimed cocktail chef Matthew Biancaniello. She blogs at EmilyHan.com and is the founder of LA Food Swap and co-founder of Food Swap Network. She was a longtime contributor at The Kitchn and she has been interviewed by New York Times, Sunset Magazine, BBC News Magazine, Boston Globe, LA Weekly, Yoga International, and Urban Farm, among others.

Chronicle Books
On Sale: Aug 8/23
9781797221342 • \$18.95 • cl
Nature / Mushrooms

Notes

Promotion





LEAD

Pocket Nature Series: Stargazing by Swapna Krishna

In a cool palette with celestial illustrations, *Stargazing* is a must-have companion for amateur astronomers, space enthusiasts, outdoor adventurers, and anyone looking to slow down and reconnect with the natural world. In these pages, learn about features of the night sky, from the Milky Way to the planets in our solar system; read a brief history of stargazing in cultures around the world; and discover notable constellations to observe in the northern hemisphere. With contemplative meditations on the universe, moonlight, stardust, and more, this pocket-sized guide to the cosmos has everything you need to better understand and appreciate the night sky.

Author Bio

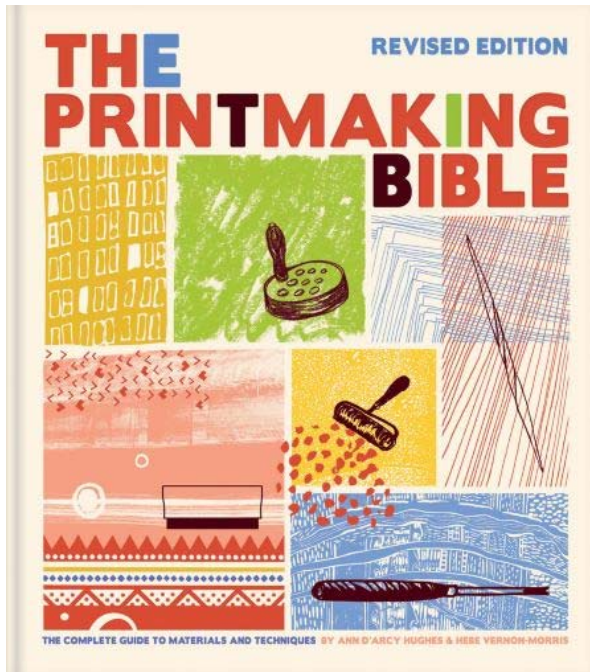
SWAPNA KRISHNA is a space, technology, and pop culture writer and journalist. Her work has been published at Engadget, The Verge, Polygon, StarTrek.com, StarWars.com, The A.V. Club, and more. You can find her on Twitter at @skrishna.

Chronicle Books
On Sale: Aug 8/23
9781797221366 • \$18.95 • cl
Nature / Star Observation

Notes

Promotion





Printmaking Bible, Revised Edition

The Complete Guide to Materials and Techniques

by Ann d'Arcy Hughes and Hebe Vernon-Morris

At over 400 pages and packed with 1000 full-color photos and illustrations, this is truly the category-defining book on the subject of printmaking.

Perfect for students and casual and professional artists, with lots of great reference information for print collectors as well, this is the ultimate guide to the ins and outs of every variety of printmaking practiced today.

In addition to in-depth step-by-step instructions, *The Printmaking Bible* features artist profiles that take you behind the scenes to show how professionals in the field create their work. You'll also find historical information on printmaking techniques, troubleshooting tips, and an extensive resource section. The revised edition includes new and original material, bringing it up to date with the latest methods and technologies utilized all over the world.

Far outpacing other printmaking books on the market, *The Printmaking Bible* is the ultimate volume for anyone interested or involved in this evergreen creative field.

BACK AND BETTER THAN EVER!: With 25% new and updated content, the revised edition of *The Printmaking Bible* more than delivers on the promise of the original-it exceeds it.

THE DEFINITIVE GUIDE: Featuring step-by-step instructions for a myriad of techniques, more than 1000 full-color images, and profiles and interviews with prominent printmakers, this volume is more comprehensive than any other on the subject. And the deluxe package and elevated design make it a gorgeous addition to your coffee table book (...)

Author Bio

Ann d'Arcy Hughes is founder and co-director of Brighton Independent Printmaking, where she also teaches. In addition, she is a lecturer in printmaking at the University of Brighton. Before becoming an educator, Ann work in etching with Anthony Gross at the Slade School in London and in Paris at Atelier 17 with S. W. Hayter. She was the joint first-prize winner of the Fine Press Book Association Award in 2004, and she has served as regional organizer for the Open College of the Arts. Ann's own work depicts the human passage through life, exploring differing levels of perception and understanding, time, and scale. She lives in Brighton, England.



9 781797 221601

Chronicle Books

On Sale: Jul 4/23

10.25 x 9

9781797221601 • \$72.00 • CL - 1000 full-color images, unjacketed, shrink-wrapped
Art / Techniques / Printmaking

Notes

Promotion





Quiet Place

by Bradford Ware

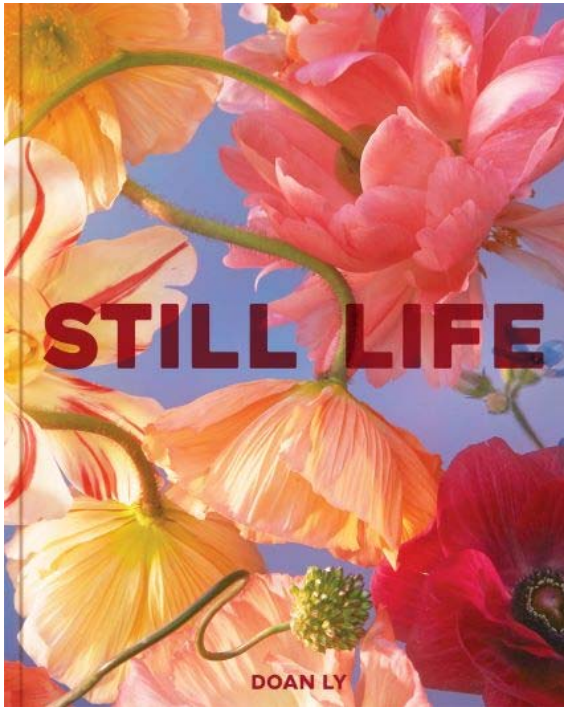
This is a book of optimization, and optimism, of making time we all spend in the loo, and which can sometimes feel fraught, be more comfortable, entertaining, even enjoyable. Something closer to "me time." Certainly we all spend enough time in there, and some of us more than others. Often time "in there" is time that happens away from home, which can be stressful, including being out and about (looking for any port in the potential storm), at other people's houses, or in a workspace context. And then there's home, where you'll have varying levels of control, depending on your living situation, but where you'll have the most potential to make it a room of one's own. The Throne Room. This handy, friendly, funny, and inspiring little book aims to help you make your time in the loo work for you. It offers advice for living your best loo life at home and away, with strategies for handling such commonplace conundrums such as finding and navigating public restrooms, bombing the bathroom at a party, TP supply issues (including how to pack a "go bag" to take with you in uncertain environments), how to ask "Excuse me, where might I find a toilet" in 30 languages, road trip pointers, making up stories about your neighbors by looking at their shoes under the stalls, and more. But there are also ways to make the most of this life none of us have exactly chosen. There's a whole section of Things to do while You Poo* (contemplate toilet deep thoughts, poo haiku, seated while solving puzzles and riddles ["sit and solve" is trademarked], toilet trivia. There are music playlists, reading lists, scent-sory suggestions, mood lighting tips, breathing exercises, explorations of toilet tech (heated seats, bidets, the far frontiers of Japanese loo technology). There's also a vetted section on optimizing your health and dietary activity so that the time you spend outside the loo can help ease your time behind closed doors. *I see there's a self-published book with that in the title, can rename this section if need be

Chronicle Books
On Sale: Aug 31/23
9781797222653 • \$21.95 • cl
Humor / General

Notes

Promotion





Still Life

by Doan Ly

***Still Life* is a photographic celebration of the work of New York City-based florist, artist, and photographer Doan Ly and her studio, a.p. bio.**

Ly's stunning work elevates floral design to an art form. While photographs of her floral vignettes are reminiscent of old masters' still life paintings, her playful and innovative use of color and lighting are decidedly contemporary. This spectacular collection of Ly's own exquisite photographs of her still life creations is unlike any other floral design book. *Still Life* captures Ly's unique and inspiring aesthetic, which has drawn a dedicated following on social media. Also included is a custom design charette by Ly that provides insight into the style elements that she employs, including information on how to mix flowers, color, scale, texture, vases, accessories, and lighting to create original floral displays, settings, and events.

AN ENTIRELY UNIQUE FLOWER BOOK: Sophisticated design and fashion-centric photography make this a distinctive volume of contemporary and botanical art.

POPULAR AUTHOR: Doan Ly's unique installations have been created for weddings, events, and museum exhibits. She and her photography have been featured in the *New York Times T Magazine*, *Vogue*, and many more print and online publications.

GORGEOUS GIFT: Beautifully designed with full-color photographs, metallic foil accents on the cover, a ribbon marker, and other lovely details, this makes a memorable gift for any occasion, including and especially Mother's Day and graduation.

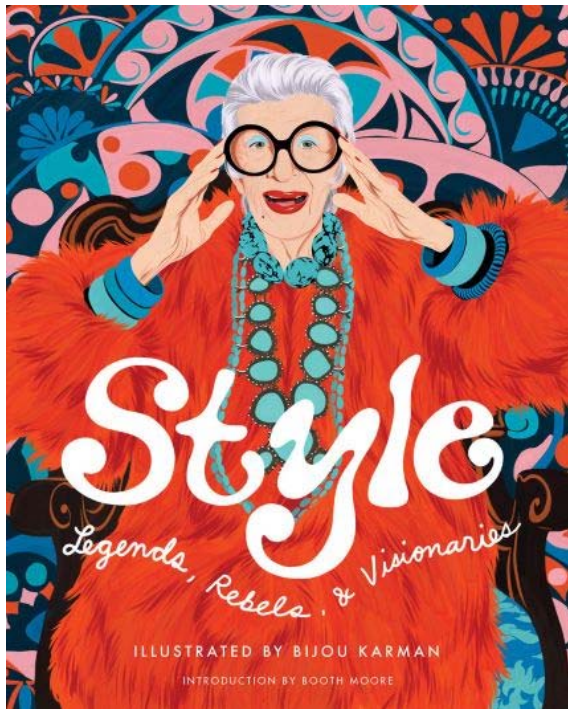
Perfect for: • Anyone interested in floral design (...)

Author Bio

Doan Ly is a florist, artist, and photographer and the founder of her New York City studio, a.p. bio. Ly designs, installs, and photographs non-traditional designs for events and editorial assignments.

Rose Courteau is a New York City-based writer whose work has been featured in *T: The New York Times Style Magazine* and *The Atlantic*





LEAD

Style Legends, Rebels, and Visionaries

by Bijou Karman

This colorful, illustrated compilation book featuring Fashion icons is an ideal gift, that is both sophisticated yet affordable for discerning shoppers.

Fashionista is an illustrated collection of 50 of the most influential style icons. Featuring a range of recognizable luminaries—from Audrey Hepburn to Harry Styles, from Grace Kelly to Rihanna, from Diana Ross to Timothée Chalamet, from David Bowie to Yayoi Kusama—this vibrant collection celebrates the distinct sensibility of each.

UNIQUE VIEWPOINT: Distinct aesthetic featuring Bijou Karman's colorful, and visually stunning illustrations

FASHION CENTRIC: Curated list of influential style icons by a noted writer in the fashion industry

GIFTABLE: Sophisticated design package at an affordable price

- Young adults
- Fashionistas
- Art book lovers
- Design enthusiasts
- Consumers looking for a sophisticated yet affordable gift for birthdays, graduations, hostess gifts, and other special occasions

Author Bio

Bijou Karman is a prolific illustrator who lives and works in Los Angeles. Her work glamorizes vintage style and works to create an equal future for everyone. Through editorials, books, advertising, paintings, and more, she fashions a universe filled with inspiring women, tropical plants, psychedelia, flowers, and everything chic.

Her clients include Fenty, Prada, the *New Yorker*, *Rolling Stone*, *W Magazine*, Apple, and many more influential brands

Chronicle Books

On Sale: Jun 6/23

12 x 9 • 240 pages

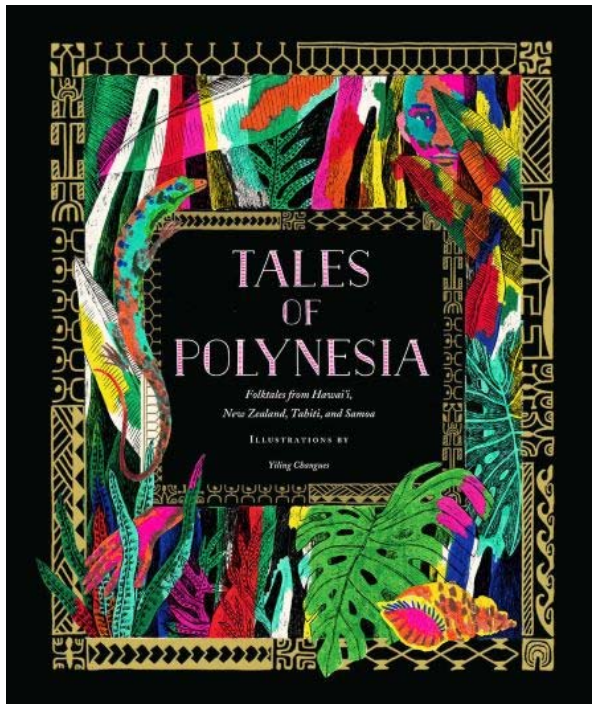
9781797222639 • \$39.95 • cl

Art / Popular Culture

Notes

Promotion





Tales of Polynesia

Folktales from Hawai'i, New Zealand, Tahiti, and Samoa

illustrated by Yiling Changues

Explore the enchanting world of Polynesian folklore in this beautifully illustrated collection of traditional stories.

A woman falls in love with the king of the sharks. Two powerful sorcerers compete in a battle of magical wits. The king of Maui's fastest messenger races to bring a young woman back from the dead. In these traditional tales, the borders blur between life and death, reality and magic, and land and sea.

This volume includes legends from Hawai'i, New Zealand, Tahiti, and Samoa, showcasing the rich narrative tradition of the Polynesian islands. You'll encounter awe-inspiring warriors, tricky magicians, and fearsome creatures of the deep. Each tale is paired with evocative contemporary art, creating a special illustrated edition to read, share, and treasure across generations.

POPULAR SERIES: The Tales series gives new life to traditional stories. Celebrating the richness of folklore around the world, and featuring the work of beloved contemporary illustrators, these books are treasured by adults and teens alike.

TALES THAT TRANSPORT YOU: These folktales are deeply rooted in the landscape of the Polynesian islands. Dramatic mountain peaks, secluded valleys, and mesmerizing ocean vistas offer striking settings for timeless stories of magic.

GORGEOUS SPECIAL EDITION: With a mesmerizing full-page illustration for each story, as well as creamy paper, a ribbon page marker, and a handsome hardcover design, this edition is perfect for gifting and display.

Perfect for: • Adult, young adult, and teen fans of fairy tales, folklore, myths, legends, and history

- Readers with Polynesian heritage or interested in Polynesian culture
- Illustration and art lovers
- Collectors of illustrated classics and such popular mythology books as *D'Aulaires' Book of Greek Myths* or *Bulfinch's Mythology*
- Fans of *Moana*
- Fans of the illustrator Yiling Changues

Author Bio



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LEAD

The Art of Elemental by Chronicle Books

***The Art of Elemental* showcases the art and making of the next animated film from Pixar Animation Studios.**

The Art of Elemental presents the story behind the newest film from Pixar Animation Studios. It highlights the stunning artwork from the film's creation- including character designs, storyboards, color scripts, and much more- and features exclusive interviews from the creative team along with behind-the-scenes details. The next in this fan-favorite, collectible series of *Art of* titles, this book is the perfect gift for aspiring artists, animators, aspiring film buffs, and fans alike.

Copyright (C)2023 Disney Enterprises, Inc. and Pixar. All rights reserved.

EXCLUSIVE BEHIND-THE-SCENES DETAILS: Fans will want to delve into and explore this new Pixar Animation film through production art, stories, and making-of details exclusive to this book.

PART OF THE FAN-FAVORITE SERIES: The collectible *Art of* series from Disney and Pixar are perfect for animation enthusiasts, filmmakers, students, and fans of Disney and Pixar alike. Add it to the shelf with other bestselling books like *The Art of Turning Red*, *The Art of Encanto*, and *The Art of Strange World*.

For animation fans, Pixar fans, Disney fans, students, aspiring animators and filmmakers

Author Bio

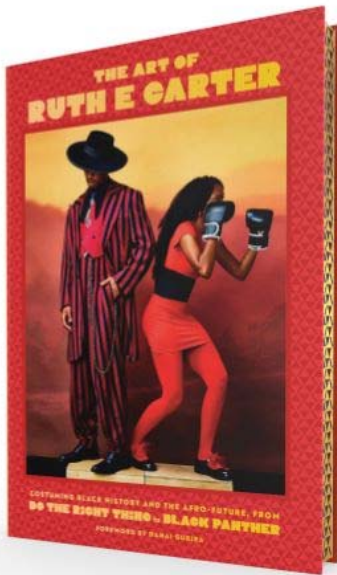
Chronicle Books publishes distinctive books and gifts. From award-winning children's titles, bestselling cookbooks, and eclectic pop culture to acclaimed works of art and design, stationery, and journals, we craft publishing that's instantly recognizable for its spirit and creativity. Enjoy our publishing and become part of our community at www.chroniclebooks.com.

Chronicle Books
On Sale: May 16/23
9 x 11 • 176 pages
9781797218519 • \$62.50 • CL - full-color illustrations throughout
Performing Arts / Film / General

Notes

Promotion





LEAD

The Art of Ruth E. Carter

Costuming Black History and the Afro-Future, from *Do the Right Thing* to *Black Panther*

by Ruth E. Carter, foreword by Danai Gurira

The definitive, deluxe art book from costume design legend Ruth E. Carter.

Ruth E. Carter is a living legend of costume design. For three decades, she has shaped the story of the Black experience on screen—from the '80s streetwear of *Do the Right Thing* to the royal regalia of *Coming 2 America*. Her work on Marvel's *Black Panther* not only brought Afrofuturism to the mainstream, but also made her the first Black winner of an Oscar in costume design. In 2021, she became the second-ever costume designer to receive a star on the Hollywood Walk of Fame.

In this definitive book, Carter shares her origins—recalling a trip to the sporting goods store with Spike Lee to outfit the *School Daze* cast and a transformative moment stepping inside history on the set of Steven Spielberg's *Amistad*. She recounts anecdotes from dressing the greats: Eddie Murphy, Samuel L. Jackson, Angela Bassett, Halle Berry, Chadwick Boseman and many more. She describes the passion for history that inspired her period pieces—from *Malcolm X* to *What's Love Got to Do With It*—and her journey into Afrofuturism.

Carter's wisdom and stories are paired with deluxe visuals, including sketches, mood boards, and film stills. Danai Gurira, beloved for her portrayal of Okoye in *Black Panther*, has contributed a foreword. Fans will even get a glimpse behind the scenes of the sequel *Black Panther: Wakanda Forever*.

At its core, Carter's oeuvre celebrates Black (...)

Author Bio

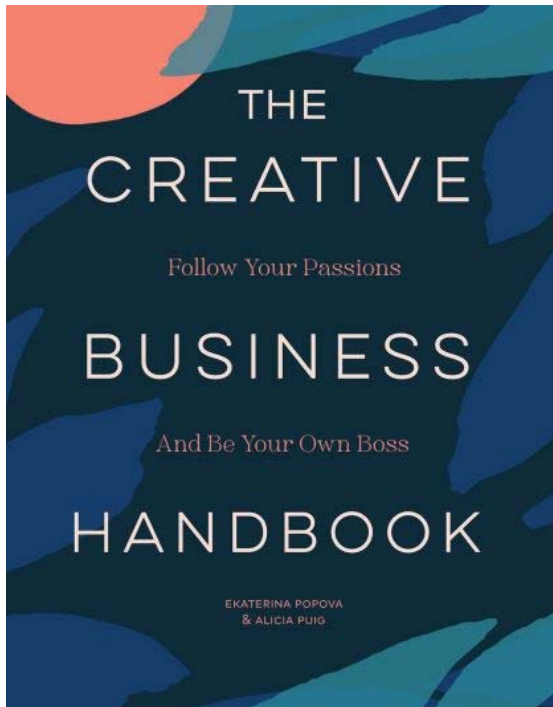
Ruth E. Carter is one of the most renowned and celebrated costume designers working today. In addition to her win for *Black Panther*, she's been nominated for two other Oscars and an Emmy. She has costumed more than forty films over the course of three decades. Her work is currently the subject of a traveling exhibit

Chronicle Books
On Sale: May 2/23
11 x 8 • 224 pages
HC, 8 x 11 in, shrink-wrapped, unjacketed, full-color images throughout
9781797203065 • \$58.00 • CL - full-color images throughout, dyed edges, shrink-wrapped, unjacketed Design / Fashion

Notes

Promotion





The Creative Business Handbook

Follow Your Passions and Be Your Own Boss

by Alicia Puig and Ekaterina Popova, illustrated by Leila Simon Hayes

Offering veteran insight and friendly, actionable advice from two self-made women who have helmed four successful creative businesses, this practical guide to becoming a creative entrepreneur will speak to anyone wanting to make art, be their own boss, and not have to work a second job to make ends meet.

Figuring out how to make a living from your creative work poses unique challenges and obstacles. From choosing the right business model to building a brand, from managing your time to scaling up your production-starting your own creative business often means doing it all yourself. Enter *The Creative Business Handbook* by Alicia Puig and Ekaterina Popova, the dynamic duo behind *Create! Magazine*.

With its conversational tone and accessible advice, this handbook lays an essential foundation for anyone wanting to earn a living with their art-no fancy business degree required! In addition to nuts-and-bolts advice based on the authors' real-life experiences, each chapter of the book includes an interview with a creative entrepreneur from a different background and craft, and ends with action steps that will help keep you on track. Written by creative business owners for creative business owners, this is the perfect book for anyone with a vision who is ready to hit the ground running.

EXPERT AUTHORS: Informed by the authors' decades of experience founding and managing four successful creative businesses-as well as the lessons they learned from some projects that didn't stand the test of time-this book offers tried-and-true advice for artists looking to get their creative enterprises off the ground (...)

Author Bio

Ekaterina Popova is an award-winning artist based in Philadelphia. She is the founder and editor-in-chief of *Create! Magazine* and the CEO of the Art Queens Society, a coaching service and community dedicated to lifting up women artists.

Alicia Puig is the curator and cofounder of the gallery PxP Contemporary, the director of business operations for *Create! Magazine*, and an independent arts journalist. She is based in Costa Rica.

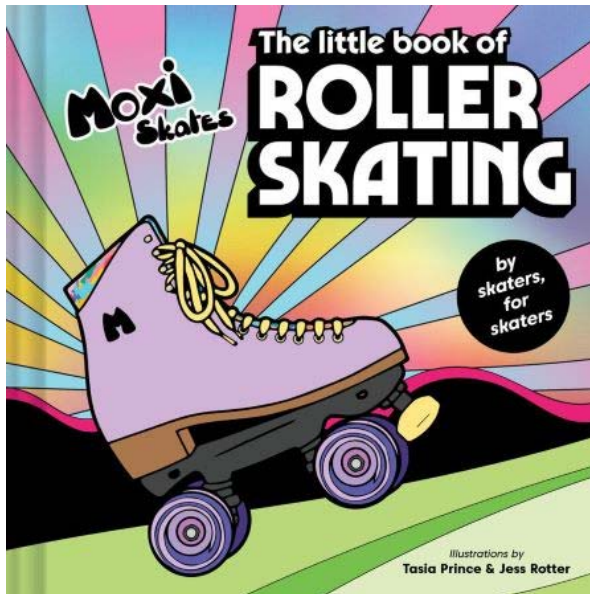


Chronicle Books
On Sale: May 16/23
9.25 x 7.25 • 256 pages
9781797219059 • \$32.95 • PB - Full-color illustration throughout, deep flaps
Art / Business Aspects

Notes

Promotion





The Little Book of Roller Skating

by Moxi Roller Skates

From the beloved brand Moxi Roller Skates comes *The Little Book of Roller Skating*, the go-to guide for all things roller skating!

Whether you're just starting out or simply need to brush up on your skills, this book is filled to the brim with all the essentials you'll ever need. From the anatomy of the roller skate and skate maintenance, to trick breakdowns and outdoor skating crash courses, to DIY ideas and off-skate fitness suggestions, Moxi provides concise and accessible tips that make getting on wheels easier than ever.

Learn about roller skating's physical and mental benefits, take a quiz to find out what type of skater you are, and so much more! With engaging illustrations, infographics, and pop history and other interesting facts throughout, *The Little Book of Roller Skating* isn't as fun as actually getting on your skates-but it sure is close!

A PROMINENT AND TRUSTED BRAND: Moxi is one of the leading voices in the roller-skating industry. Female-owned, body positive, and accessible for all, Moxi is committed to producing high-quality, ethically made roller skates and encourages people of all shapes and sizes to get on skates. They have been featured in the *New York Times*, *Thrillist*, the *Wall Street Journal*, and more, and their brightly colored skates are currently sold at Urban Outfitters, Ban.do, Dolls Kill, and roughly 200 roller rinks and skate shops worldwide.

PRACTICAL KNOWLEDGE WITH A TWIST: Learn (...)

Author Bio

Owned by Riedell, Moxi Roller Skates is a roller skate brand founded in 2008 by Michelle "Estro Jen" Steilen, who wanted to create cute and affordable roller skates and breakout into a historically male-dominated skate industry. From accessible to premium, designed and tested by skaters, and led by a diverse roster of entrepreneurs, Moxi's mission is to empower all people and nurture their passions by serving the highest-quality skates and gear. They have been featured in the *New York Times*, *Thrillist*, the *Wall Street Journal*, and more. They are located in Southern California, but their brightly colored skates are currently sold at Urban Outfitters, Ban.do, Dolls Kill, and roughly 200 roller rinks and skate shops worldwide.

Chronicle Books

On Sale: Jun 6/23

6 x 6 • 160 pages

9781797219523 • \$24.95 • CL - full-color illustration and photographs throughout
Sports & Recreation / Roller & In-Line Skating

Notes

Promotion





The Pride Atlas

500 Iconic Destinations for Queer Travelers

by Maartje Hensen

Combining immersive photography with expertly researched travel writing, this is the ultimate guidebook for LGBTQ+ travelers—whether you're planning your next getaway, daydreaming from the comfort of your armchair, or seeking to learn about queer culture in other parts of the world.

This swoon-worthy guide to the best places and events the queer world has to offer spans the globe, taking you from metropolitan must-sees, like the Castro in San Francisco or the Leslie Lohman Museum in New York, to lesser-known gems like the McIver Ladies' Baths in Sydney or the first gay bar in Nepal.

Maartje Hensen and a diverse team of international travel writers have put together information on the best drag shows, Pride parades, and film festivals all around the world, as well as resources regarding laws, restrictions, and cultural attitudes—ensuring that travelers can safely enjoy their sojourns and find community wherever they go. Whether you're looking for relaxation, romance, or adventure, *The Pride Atlas* will help you plan your next gaycation.

SERIOUS EYE CANDY: Bursting at the seams with full-color photographs, *The Pride Atlas* is a colorful addition to any bookshelf or coffee table. It offers an immersive, take-me-there reading experience, as well as the nuts-and-bolts practical information that will transform armchair travel into actual trip planning.

INCLUSIVE AND INFORMATIVE: Whether you are a drag show fanatic, a gay couple in search of international community, an ally (...)

Author Bio

Maartje Hensen (she/her) is a queer photographer and travel blogger who set off in 2017 on a trip around the world that lasted for nearly three years. She currently lives in Amsterdam with her partner, Roxanne

Chronicle Books

On Sale: May 2/23

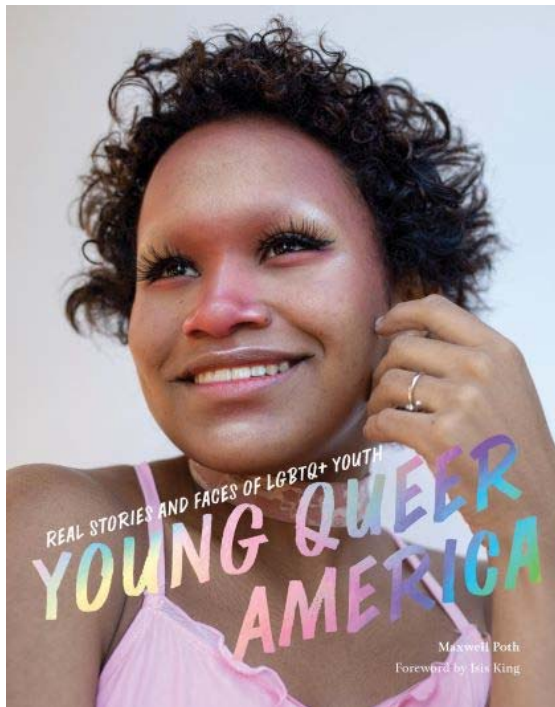
9 x 6.75 • 400 pages

9781797217550 • \$43.00 • CL - 300 full-color photographs, foil-stamped cover, unjacketed Travel / Special Interest / Gay & Lesbian

Notes

Promotion





Young Queer America

Real Stories and Faces of LGBTQ+ Youth

by Maxwell Poth, foreword by Isis King

Get to know real queer kids from all over the country—these inspiring stories of LGBTQ+ youth, written in their own words, provide crucial snapshots of what it's really like to grow up trans or queer in America.

Photographer and activist Maxwell Poth has traveled all over the United States, inviting LGBTQ+ youth to share their stories as part of Project Contrast, a nonprofit that amplifies these voices and connects kids and families with the resources they need to survive and thrive.

This book collects the stories and portraits of seventy-three queer kids and teenagers from fifteen different states. In their own words, these young people share the challenges they've faced coming out or coming to terms with their own identities; they write about their families, their schoolmates, their teachers, and the queer community they've found throughout their journeys; and they offer messages of love and support to their LGBTQ+ peers. Featuring a foreword by trans actress and model Isis King, this book sends a powerful message to the many LGBTQ+ kids growing up in small towns who feel isolated: We see you, we love you, you are not alone.

THESE STORIES ARE VITAL: Across the United States, a wave of anti-LGBTQ+ legislation is targeting queer and transgender youth. These stories will not only help queer and trans kids everywhere feel seen and connected to one another, they will shine a much-needed light on the challenges and (...)

Author Bio

Maxwell Poth is a queer portrait photographer and photojournalist based in Los Angeles, California. In 2017, he started Project Contrast, a nonprofit aimed at amplifying the voices of LGBTQ+ youth across America and lowering the rate of teen suicide in rural queer communities.

Isis King is an actress, model, and activist known for breaking ground as the first trans woman to compete on *America's Next Top Model* and for her role in the 2021 TV series *With Love*. King is based in Los Angeles, California.



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Chronicle Books

On Sale: May 2/23

9.25 x 7.25 • 272 pages

9781797214412 • \$35.95 • PB - 170 photographs,

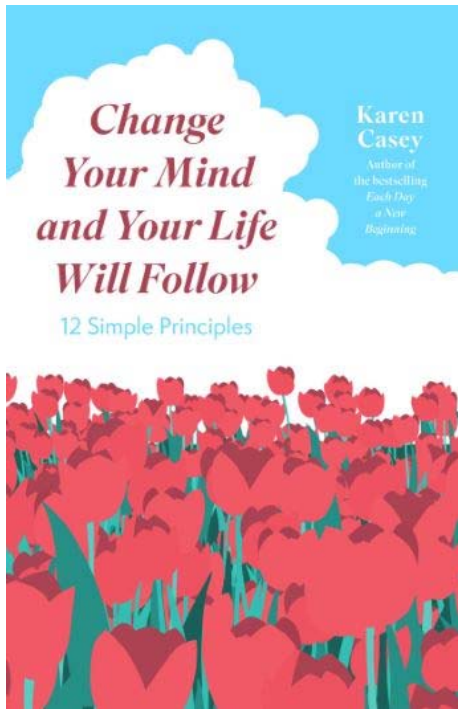
b&w and color, jacket

Photography / Subjects & Themes / Portraits

Notes

Promotion





Change Your Mind and Your Life Will Follow

Master your Mindset with 12 Simple Principles

by Karen Casey

Change your Thoughts for True Self Healing

"CHANGE YOUR MIND AND YOUR LIFE WILL FOLLOW tells the truth and tells it well. I recommend it." - **Marianne Williamson**

Finalist for the MS Society Books for a Better Life Award

#1 Bestseller in Addiction & Recovery, Twelve-Step Programs

From Karen Casey, bestselling author of **EACH DAY A RENEWED BEGINNING** and **PEACE A DAY AT A TIME**, comes the latest edition of her simple steps guide on how to master your mindset for effective self healing.

Better living takes healing words. What we say to ourselves can change life as we experience it. Especially ones such as "I wish things could change" when we are feeling our lowest, bringing those dark feelings into our everyday lives. But words are powerful, and can be used as a way to relearn loving ourselves rather than wait for happy thoughts to suddenly appear. It's time to bring those healing words into reality, and the very first step begins with your mind.

To heal a (...)

Author Bio

Karen Casey has sold over 3 million books that draw upon meditations, motivations, and religion to guide and support women throughout the world. Based in Minneapolis since 1964, Casey is an elementary school teacher turned Ph.D. Casey published the first of twenty-eight books, **EACH DAY A NEW BEGINNING : Daily Meditations for Women**, with Hazelden Publishing in 1982. Casey has spoken to tens of thousands world-wide over her forty years as a writer. Through each new experience, her gratitude and commitment grow to continue doing what brings joy to her life.

Additional notable works from Karen Casey include **52 WAYS TO LIVE THE COURSE IN MIRACLES: CULTIVATE A SIMPLER, SLOWER, MORE LOVE-FILLED LIFE**, **LET GO NOW: EMBRACE DETACHMENT AS A PATH TO FREEDOM**, and **A LIFE OF MY OWN: MEDITATIONS ON HOPE AND ACCEPTANCE**

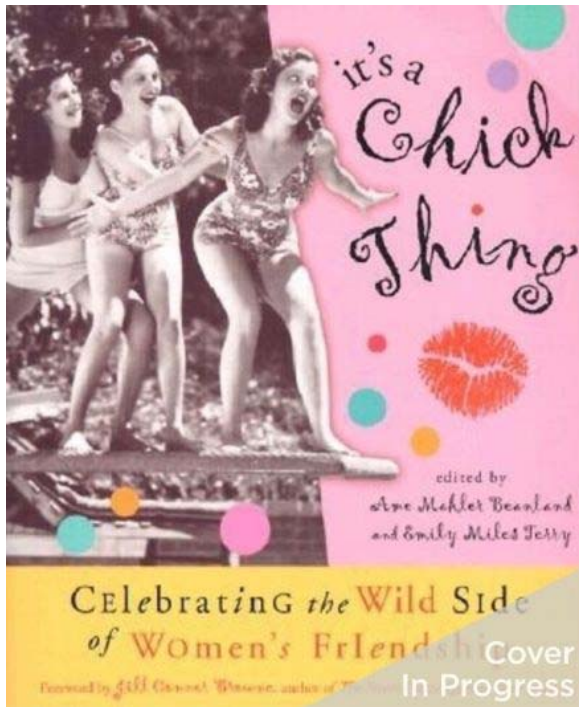
Conari Press
On Sale: Jul 11/23
5.5 x 8.5 • 160 pages
9781684811007 • \$24.99 • pb
Self-Help / Twelve-Step Programs

Notes

Promotion

Karen Casey's books have sold over 8 million copies. She has hired a top level spirituality publicist who is pitching her to Publisher's Weekly, Shelf Awareness, etc.
She will be doing a series of podcasts and local and national radio, including NPR.
Karen Casey has a very large following and readership in the recovery market. Casey worked closely with Hazelden, the world-renowned center in Minnesota, garnering her very high trust level with readers. She is a popular public and keynote speaker where she talks about recovery and facilitation. She runs the Women-Spirituality website/blog with a large following, which also provides information to Karen Casey's workshops and conferences. She will host virtual events and continuing her highly popular recovery meetings.





It's a Chick Thing

An Inspiring Women Book Celebrating Wild Women's Friendships

by Ame Mahler Beanland and Emily Miles Terry

An Inspiring Women Book Cheering on Chick Cliques

"It's a Chick Thing depicts female friendship at its finest." - **Autumn Stephens**, author of *WILD WOMEN*, *DRAMA QUEENS*, and several other books in The Wild Women genre

Filled to the brim with spirited stories of wild women and unique moments that strengthen the bonds of friendship, **IT'S A CHICK THING NEW EDITION** feeds the hunger for authentic relationships through inspiring women, books, funny stories, and so much more.

Enjoy enchanting friendships of inspiring women. Books for women empowerment usually cover individuals, but rarely capture the intense and beautiful depth involved in women's friendships. Read about Dolly Parton's escapades with friends, Fergie's and Diana's infamous nights out, and how Sharon Stone literally gave Mimi Craven the shirt off her back!

A cute, aesthetic book about women, for women, by women. Each story details how to foster female friendships that age well through heartwarming stories that test time, outer barriers, and internal struggles. Add **IT'S A CHICK THING NEW EDITION** to your gifts for women friends; unique stories to celebrate your diverse friendships.

Inside, you'll find:

- Chick resources like lists of the best chick flicks of all time, chick reads for chic ways
- Stories celebrating famous fun girls keeping the woman code, and risky tales of women having each other's (...)

Author Bio

Ame Mahler Beanland is a writer, award-winning art director, and coauthor of *MOTHER'S NATURE*. She lives in Houston, Texas, with her husband and daughter.

Emily Miles Terry, co-author of *It's a Chick Thing*, is a partner in the book publicity firm Open Book Publicity. She nests with her husband and two children in Brookline, Massachusetts.

Conari Press

On Sale: Jun 13/23

5 x 7 • 200 pages

30 b/w illustrations throughout

9781684811281 • \$25.99 • pb

Social Science / Feminism & Feminist Theory

Notes

Promotion

The first edition of this book was featured on QVC and sold 30,000 in one day!





Stop Eating Your Heart Out

A Coping Mechanisms Guide for Compulsive Eating

by Meryl Hershey Beck

A Guide to Cravings, Stress Eating, and Food Addictions

"STOP EATING YOUR HEART OUT is rich with powerful tools to heal overeating. If you are ready for change and want compassionate and nurturing support on your journey, this book may just be the recipe." - **Sylvia Haskvitz**, author of *EAT BY CHOICE, NOT BY HABIT*

Food addictions, cravings, and stress eating can be therapeutic but long-term, the effects on the body and mind are adverse. This guide encourages you to look within and get into mindful eating!

Don't let food get the best of you. Eating can feel therapeutic, giving us a sense of comfort and fulfillment (literally). But sometimes, how much we bite off is more than what our minds can chew, leading to disorders such as binge eating and food addiction. The most effective road to recovery isn't only physical, but mental. The best way to eat less is by healing your mind and soul, with food journaling, coping mechanisms, and mindful eating.

Ease your cravings in just 21 days. In *STOP EATING YOUR HEART OUT*, follow author Meryl Hershey Beck's personal journey and advice on how you can stop binge eating through insightful self care practices. From identifying signs of compulsive eating to ways you can face your feelings around food, this insightful (...)

Author Bio

Meryl Hershey Beck, MA, M.Ed., spent her early professional life as a high school and community college teacher. In 1990 she became a licensed counselor specializing in 12-Step Recovery and eating disorders and soon designed and implemented a successful outpatient Food Abuse Treatment week. After she discovered energy techniques, Meryl began writing about and teaching energy modalities to mental health practitioners nationwide beginning in 1998. An authority in this field, she has presented at workshops and conferences internationally. Her first book, *STOP EATING YOUR HEART OUT*, tells her story and presents many tools to skyrocket personal growth and alleviate emotional eating.

As a professional counselor, Meryl spent decades helping others integrate loss. But it wasn't until her 35-year-old son ended his life in 2011 that she fully understood deep grief. Meryl is the creator and developer of SourceTapping (R), a meridian therapy technique that is like needle-less acupuncture, which helps to ease both physical and emotional pain. She uses this tool for herself,



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Conari Press
On Sale: Aug 8/23
5.5 x 8.5 • 252 pages
9781684811991 • \$28.99 • pb
Self-Help / Eating Disorders

Notes

Promotion





Tiny Buddha

Simple Wisdom for Life's Hard Questions

by Lori Deschene

Meaningful Answers to Hard Questions "TINY BUDDHA is a moving and insightful synthesis of evocative stories and ancient wisdom applied to modern life. A great read!" - **Jonathan Fields**, author of *Uncertainty* **From the mind of TinyBuddha.com, Lori Deschene brings us the latest edition of her guide on how to throw off stagnation and walk into a happier and healthier life. Feeling good is a choice, the possibility of it is up to you!**

You are in control of your purpose. Life has a way of giving us more questions than answers. Especially this one we hear all too well: Why am I here? People all over are wondering that very thing. With TINY BUDDHA, learn how we can choose the meaning behind our place in this vast universe. Learn how to transcend happiness from feeling like a chore to being an active daily practice.

Jump into your life purpose. Featuring straightforward and practical advice based on Taoist practices and her own personal journey, author Lori Deschene explores universal aspects that help uncover your life purpose. By breaking down hard yet revealing questions about life, love, happiness, and change; TINY BUDDHA provides all sorts of down-to-earth wisdom and ways for knowing and feeling good about your place in this crazy, complicated universe now and moving forward.

Inside, you'll find:

- The difference between searching for meaning versus creating it ourselves
- How to create a peaceful space for your spiritual health by not being in control
- The importance of accepting your struggles without fully understanding the "why"

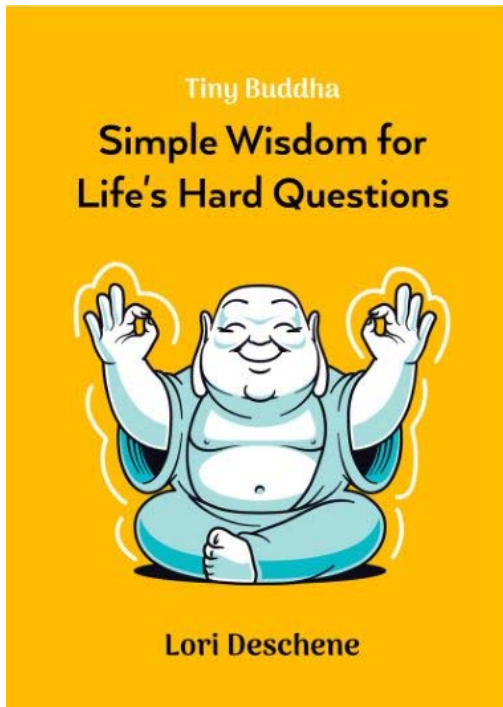
If you like self-help books or advice blogs, or if you enjoyed LIVING ON PURPOSE, THE SOUL'S HUMAN EXPERIENCE, OR (...)

Author Bio

Lori Deschene is the founder of Tiny Buddha, a multi-author blog that shares stories and insights from readers from all over the globe. She launched the site in 2009 as a community effort because she believes we all have something to teach and something to learn. Tinybuddha.com has grown into one of the most popular inspirational sites on the web, with 1 million monthly visitors. She is the author of TINY BUDDHA: SIMPLE WISDOM FOR LIFE'S HARD QUESTIONS, TINY BUDDHA'S GUIDE TO LOVING YOURSELF, and her work has appeared in Tricycle: The Buddhist Review, Shambhala Sun, and other publications.



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Conari Press

On Sale: Jun 13/23

5 x 7 • 240 pages

9781684811892 • \$25.99 • pb

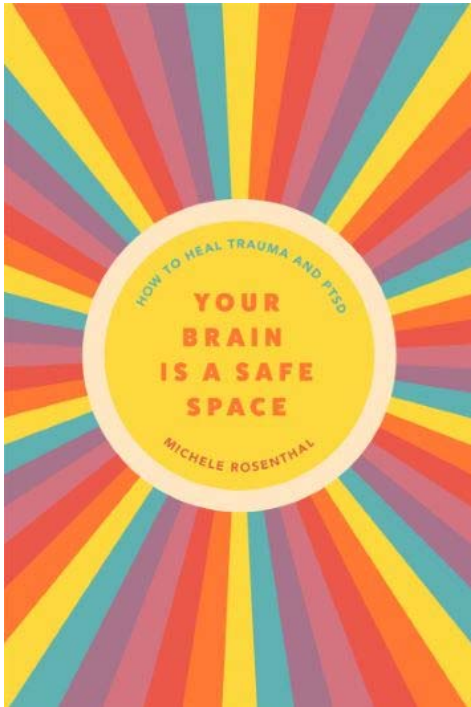
Body, Mind & Spirit / New Thought

Notes

Promotion

Read this book to discover: Thoughts about purpose, pain, happiness, fate, and more. The author's experience in overcoming depression, isolation, self-loathing, and a sense of meaninglessness. Action-oriented recommendations to help people empower themselves in our world of uncertainty. The endless possibilities for a life lived mindfully in the present, connected to others.





Your Brain Is a Safe Space

How to Heal Trauma and PTSD

by Michele Rosenthal

Heal Trauma and Recover from PTSD **Put together your personal trauma treatment toolbox. Learn how to create a life of PTSD recovery and healing.**

From someone who understands what PTSD recovery is really like.

Following a critical illness, Michele Rosenthal struggled with Post-Traumatic Stress Disorder for twenty-five years. Now, a post-trauma coach and award-winning writer, Rosenthal shares the tools that helped her heal from PTSD symptoms.

Heal trauma YOUR way. Trauma and recovery have never been easy. PTSD symptoms can feel like they control your life. But with **YOUR BRAIN IS A SAFE SPACE**, you can take back control and push forward to PTSD recovery. **Create a personal safe space.** Find trauma release exercises that help you build a flexible, unique path to recovery. Inside, learn how to heal from trauma by:

- Connecting to your own power and authentic self
- Applying mental healing measures like mindfulness and meditation
- Overcoming PTSD symptoms and recovery obstacles

If post-traumatic growth guidebooks like *THE BODY KEEPS THE SCORE*, *THE COMPLEX PTSD WORKBOOK*, or *KEEP PAIN IN THE PAST* helped you heal trauma, then *YOUR BRAIN IS A SAFE SPACE* is your next read.

"An ideal workbook for trauma survivors to use in their journey to emotional health."

- Robert Scaer, MD, author of *The Trauma Spectrum*

"Recovery from PTSD is finally possible. This is not just a book to help you get past your trauma, it will also help you fully heal from it and get over it."

- Mark Goulston, MD, author of *Post-Traumatic Stress Disorder for Dummies* and *Just Listen*

Author Bio

Michele Rosenthal is the Chief Hope Officer of Your Life After Trauma, LLC. She is a popular keynote speaker, blogger, author, workshop/seminar leader, and certified professional coach. She is the host of the radio program *CHANGING DIRECTION* and the founder of *HealMyPTSD.com*.

As a mental health advocate, Michele has appeared in media outlets like CBS, NBC, *THE WASHINGTON POST*, and *THE HUFFINGTON POST*. She is

Conari Press

On Sale: May 9/23

6 x 9 • 280 pages

9781684811878 • \$28.99 • pb

Psychology / Psychopathology / Depression

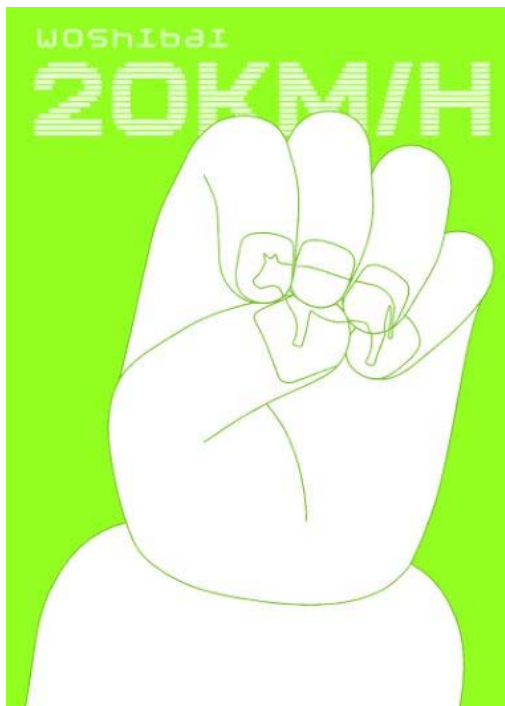
Notes

Promotion

Award-winning trauma/PTSD blogger and award-nominated author, Michele Rosenthal, is a Trauma Recovery Specialist and Mental Health Advocate. She appears frequently in the media including, CBS, NBC, *The Dennis Miller Show*, *Ladies' Home Journal*, *The Washington Post*, *Newsday*, *St. Petersburg Times*, *Orlando Sentinel*, *The Palm Beach Post*, *The Huffington Post*, *Psychotherapy Magazine*, *Psychotherapy Networker Magazine*, *Psychology Today*, *The Traumatology Institute*, *Woman's Day* and *The Sober World*. For many years she was a top health blogger for the Stress Management Community on Wellsphere.com, the founder of *Trauma!* A PTSD blog on HealthyPlace.com, and a frequent contributor to Anxiety.org, Addiction.com and Recovery.org.



Raincoast Books



20 km/h

by Woshibai

A slow-motion drive-by view of a collapsing universe meant to sit in the palm of your hand.

How fast can you go in a buggy drawn by the flap of a butterfly's wings? How do you measure the speed of waking from a dream? Such abstract inquiries into the unrelenting absurdity of contemporary life make up this omnibus of meditative vignettes from one of mainland China's most prolific and recognizable - yet anonymous - new underground cartoonists of the current generation.

Every story in *20 km/h* toes the line between pun and poetry, and lands somewhere just short of a zen koan: Come back to it as often as you like, it will never read quite the same way twice. A nondescript figure awakes from an assembly line of identically fashioned companions and boards a rowboat destined for the unknown. A man holds the key to sleep in his hand and uses it to disappear into his mattress. The moon is plucked from the sky and fed into a vending machine for a can of soda.

Woshibai's minimalist renderings are a startlingly delightful cocktail of existential dread and silent slapstick that arrest the mind's eye with equal parts humor and grace.

Author Bio

Woshibai lives and works in Shanghai, where he was born and raised. After several years in video game design, he now freelances full-time as an illustrator and cartoonist.

Drawn & Quarterly

On Sale: May 16/23

5.28 x 7.09 • 376 pages

Black-and-white illustrations throughout

9781770466692 • \$39.95 • pb

Comics & Graphic Novels / Literary

Notes

Promotion



9 781770 466692





Girl Juice by Benji Nate

A hilarious slice of twentysomething life in the twenty-first century

Welcome to the Girl Juice House, home of only the hottest gang in town. Benji Nate's stylish and rambunctious sense of humor lovingly takes digs at the young and tragically hip-reserved and introspective Nana, comically hypersexual Bunny, fledgling U-tuber Tula, and Designated Mom(TM) Sadie—as they navigate life, love, and the pursuit of a good time.

Girl Juice flaunts the gloriously messy and hilariously self-indulgent day-to-day hijinks of four young women doing the most. Watch them bicker over making rent and come up with creative solutions for getting there! Cringe as they attend an adult prom! Split your sides as they try their hand at camping! Cower as they confront their mommy issues, and cheer as they battle inner demons that feed off attention-seeking behavior!

Nate's colorful attention to detail and gift balancing for graphic hyperbole with subtle comedy are a deep, much-needed breath of fresh air. With front-facing cameras ever at the ready, *Girl Juice* is a snappy reminder that the time of your life is always just a text away.

Author Bio

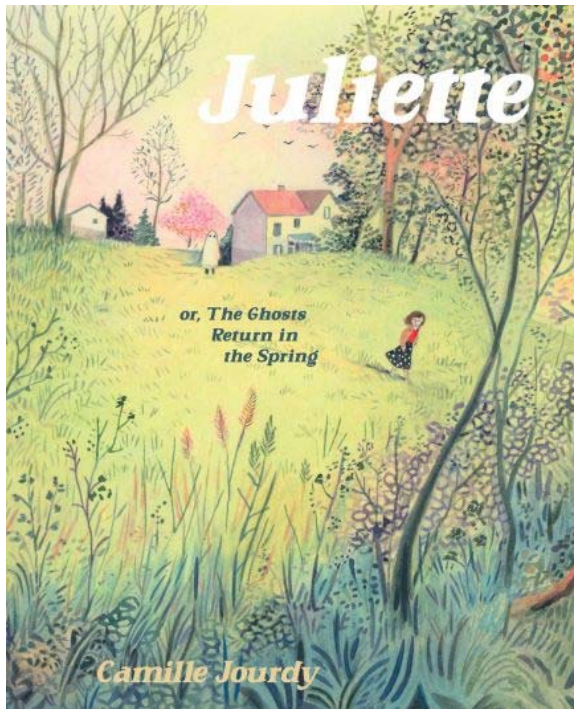
Benji Nate is a Puerto Rico-born cartoonist whose works include *Lorna*, *Catboy*, and *Hell Phone*. She is currently hiding out in the Ozarks with her husband, three cats, and dog.

Drawn & Quarterly
On Sale: May 23/23
8.25 x 5.88 • 176 pages
Full-color illustrations throughout
9781770466630 • \$24.95 • pb
Comics & Graphic Novels / Literary

Notes

Promotion





Juliette

by Camille Jourdy, translated by Aleshia Jensen

A vibrant tableau of small-town life as seen through the eyes of a woman returning home from Paris.

Juliette boards a train from Paris and comes back to her hometown hoping for a low-key visit with family and old friends. What she finds is anything but. Her sister, a caregiver and mother of two, is carrying on an elaborate affair with a man from a costume shop. Her parents, separated, are now estranged. Father is sure he's developing Alzheimer's, though it's more likely that he's simply getting old. Mother, on the other hand, revels in the second act of her life as a free woman, an artist with a show at their local gallery to prove it. Slowly, Juliette finds herself entangled with the unlikely Georges, a dyspeptic alcoholic who is stuck in his life. These divergent paths inevitably cross against a gloriously painted backdrop of eccentric small-town living.

Camille Jourdy's beautiful watercolor pages provide an unfeigned milieu for the subtle dramedy at hand in *Juliette*. All too real human emotions, bittersweet and relatable in their rawness, come together to form a poetic realism.

Author Bio

Camille Jourdy grew up in Dole, near the Jura Mountains in France. She studied at the Beaux-Arts d'Epinal in Lorraine before heading for the École des arts décoratifs in Strasbourg. She has authored and illustrated a number of award-winning graphic novels such as *Rosalie Blum* (Angoulême Prix Révélation, Prix RTL) and *Les Vermeilles* (Angoulême Fauve Jeunesse). She has worked with toy company Moulin Roty since 2012.

Aleshia Jensen is a French-to-English literary translator and former bookseller living in Tio'tia:ke/Montréal. Her translations include *Explosions* by Mathieu Poulin, a finalist for the 2018 Governor General's Literary Award for Translation; *Prague* by Maude Veilleux, co-translated with Aimee Wall; as well as numerous graphic novels, including work by Julie Delporte, Catherine Ocelot, Mirion Malle, and Pascal Girard.

Drawn & Quarterly
On Sale: Jun 27/23
7.68 x 9.45 • 240 pages
Full-color illustrations throughout
9781770466647 • \$39.95 • pb
Comics & Graphic Novels / Literary

Notes

Promotion





My Picture Diary

by Fujiwara Maki, translated by Ryan Holmberg

The wife of Japan's most lauded manga-ka documents a year in their lives with her own artistry.

In 1981, Fujiwara Maki began a picture diary about daily life with her son and husband, the legendary manga author Tsuge Yoshiharu. Publishing was not her original intention. I wanted to record our family's daily life while our son, Shosuke, was small. But as 8mm cameras were too expensive and we were poor, I decided on the picture diary format instead. I figured Shosuke would enjoy reading it when he got older."

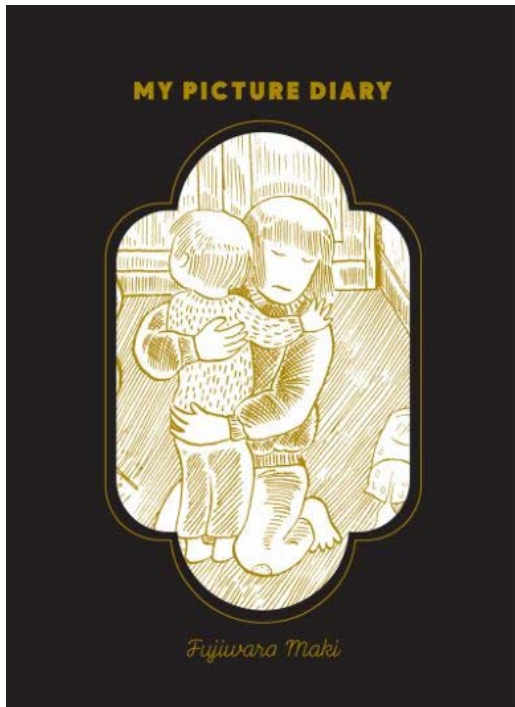
Drawn in a simple, personable style, and covering the same years fictionalized in Tsuge's final masterpiece *The Man Without Talent*, Fujiwara's journal focuses on the joys of daily life amidst the stresses of childrearing, housekeeping, and managing a depressed husband. A touching and inspiring testimony of one Japanese woman's resilience, *My Picture Diary* is also an important glimpse of the enigma that is Tsuge. Fujiwara's diary is unsparing. It provides a stark picture of the gender divide in their household: Tsuge sleeps until noon and does practically nothing. He never compliments her cooking, and dictates how money is spent. Not once is he shown drawing. And yet Fujiwara remains surprisingly empathetic toward her mercurial husband.

Translated by Ryan Holmberg, this edition sheds light on Fujiwara's life, her own career in art, writing, and underground theater, and her extensive influence upon her husband's celebrated manga.

Author Bio

Fujiwara Maki (1941-1999) was an artist, actress, and writer. After growing up poor during and after World War II, Fujiwara moved to Tokyo in the 1960s and became a leading actress in the underground theater scene. In 1969, she met the manga artist Tsuge Yoshiharu; they got married after their son, Shosuke, was born in 1975. She began drawing and writing in the early 1980s, completing her first and best-known work, *My Picture Diary*, in 1982. Her other publications include the children's book *Guess What Kind of Shop This Is* (1985) and the painting collection *Candy Store* (1994). After cameoing in movie adaptations of Tsuge's manga in the early 1990s, Fujiwara died of cancer at the age of fifty-seven.

Ryan Holmberg is an arts and comics historian. He has taught at the University of Chicago, CUNY, the University of Southern California, and Duke University, is a frequent contributor to *Art in America*, *Artforum*, *Yishu*, and *The Comics Journal*, and has edited and translated books by Seiichi Hayashi, Osamu Tezuka, Sasaki Maki, and others.

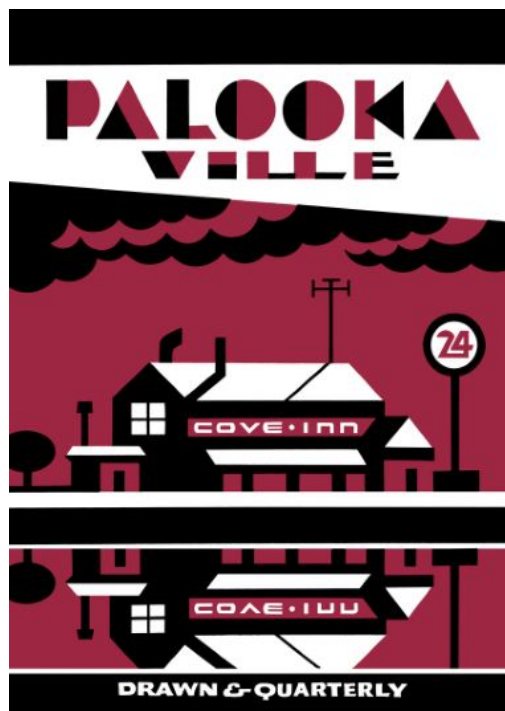


Drawn & Quarterly
On Sale: Apr 25/23
6.48 x 8.59 • 284 pages
Black-and-white illustrations throughout
9781770466623 • \$39.95 • cl
Comics & Graphic Novels / Literary

Notes

Promotion





Drawn & Quarterly
On Sale: May 30/23
6.25 x 8.5 • 112 pages
Full-color illustrations throughout
9781770466654 • \$39.95 • cl
Comics & Graphic Novels / Literary

Notes

Promotion



Palookaville #24

by Seth

An intimate, unforgettable, and exquisite collection, *Palookaville 24* is an essential for your Seth library.

Palookaville 24 marks the long-awaited return of Seth's beloved series, which offers readers an invitation into the world and varied artistic practice of the iconic cartoonist.

Beginning with Seth's serialized adolescent autobiography, *Nothing Lasts*, we enter the fleeting summers of his late teen years, specifically focusing on his summer jobs - a stint as a gofer at the Ministry of Natural Resources and his experiences as a bellboy, dishwasher, and cook at a local inn. A memoir ruminating on memory and place and the people who pass through his life, this chapter of *Nothing Lasts* closes with a seminal event in Seth's young life.

An intriguing visual feast, *The Apology of Albert Batch* is the culmination of ten years of collaboration between the director Luc Chamberlane and Seth - a short film documenting Seth's venture into puppetry. An extensive photo essay detailing the making of the film accompanies a DVD.

And lastly, Seth presents, warts and all, an exercise from his sketchbook. A simple activity: Select five names from a list and produce five stories to go with them. Drawn loosely with poster paint and ink, the work is spontaneous, showing a different side of the master artist. *Palookaville 24* showcases Seth's artwork alongside his continually evolving artistic practice with unique elegance.

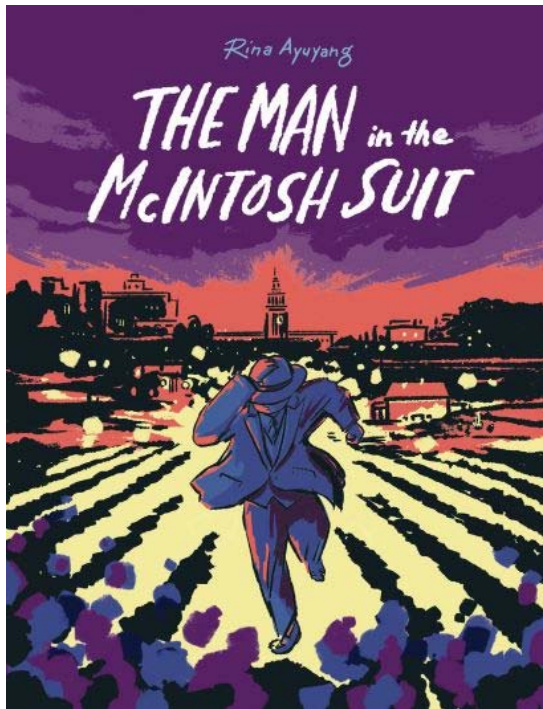
Author Bio

Seth is the cartoonist behind the comic book series *Palookaville*, which started in the stone age as a pamphlet and is now a hardcover. His comics have appeared in *The New York Times Magazine*, *Best American Comics*, and *McSweeney's*. His illustrations have appeared in many publications, including the cover of *The New Yorker*, *The Walrus*, and *Canadian Notes & Queries*. He is the designer for several classic comics reprint series, notably collections of work by Charles Schulz, John Stanley, and Doug Wright. In 2022, Seth was awarded the Chevalier de l'ordre des Arts et des Lettres.



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The Man in the McIntosh Suit

by Rina Ayuyang

A Filipino-American take on Depression-era noir featuring mistaken identities, speakeasies, and lost love.

The year is 1929 and Bobot is just another migrant worker in rural California. Or rather, a migrant worker with a law degree from the Philippines reduced to manual labor in America. Bobot, like so many other young Filipinos, finds himself bunking in the fields, picking fruit by day. When his cousin writes claiming to have spotted his estranged wife in nearby San Francisco, he swipes a co-worker's favorite nightclub suit and heads to the big city to find her. What follows is classic noir with seedy dives, mouthy pool sharks, and obsession.

Rina Ayuyang indulges her passion for old Hollywood and elaborate movie musicals while exploring her immigrant roots in a playful and mysterious drama, creating something she never saw but always had hoped for - a classic tale about people who looked just like her. *The Man in the McIntosh Suit* is a gripping, romantic, and psychological exploration of a fledgling community chasing the American dream in an unwelcoming society heightened by racial hostility and the bubbling undercurrent of the coming Great Depression.

Author Bio

Born and raised in Pittsburgh, **Rina Ayuyang** was always inspired by the Sunday newspaper funnies and slice-of-life tales. Her short stories have been nominated for the Ignatz and Eisner Awards, and she has been honored with a MoCCA Arts Festival Award of Excellence silver medal. Her comics have appeared in Mutha Magazine and The Comics Journal. She is also the publisher of the micro-comics imprint Yam Books. Her first book was Whirlwind Wonderland. Ayuyang lives in Oakland, California, with her husband and son.

Drawn & Quarterly

On Sale: May 2/23

6.13 x 8.25 • 212 pages

Full-color illustrations throughout

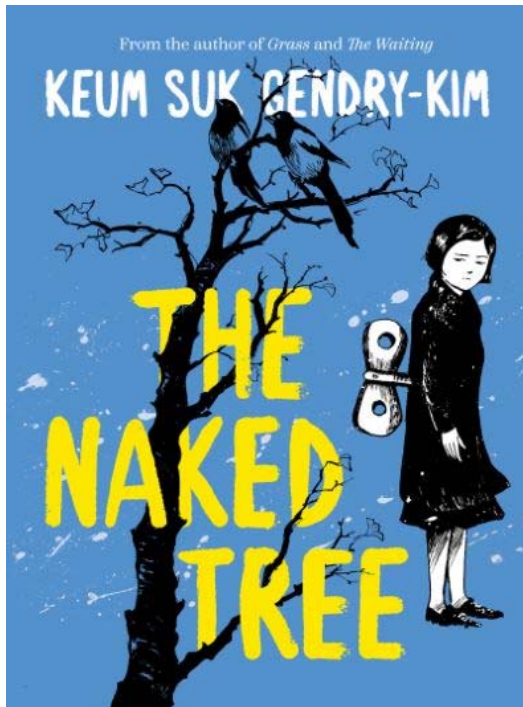
9781770466661 • \$24.95 • pb

Comics & Graphic Novels / Literary

Notes

Promotion





The Naked Tree

by Keum suk Gendry-Kim, translated by Janet Hong

A delicate, timeless, and breathtaking coming-of-age story.

The critically acclaimed and award-winning cartoonist Keum Suk Gendry-Kim returns with a stunning addition to her body of graphic fiction rooted in Korean history. Adapted from Park Wan-seo's beloved novel, *The Naked Tree* paints a stark portrait of a single nation's fabric slowly torn to shreds by political upheaval and armed conflict.

The year is 1951. Twenty-year-old wallflower Lee Kyung ekes out a living at the US Post Exchange, where goods and services of varying stripe are available for purchase. She peddles hand-painted portraits on silk handkerchiefs to soldiers passing through. When a handsome young northern escapee and erstwhile fine artist is hired despite waning demand, an unlikely friendship blossoms into a young woman's first brush with desire against the backdrop of the Korean War at its most devastating.

Gendry-Kim brings a masterpiece of world literature to life with bold, expressive lines that capture a denuded landscape brutally forced into transition and the people who must find their way back to each other within it. Available for the first time in English, this edition of *The Naked Tree* is exquisitely translated by award-winning expert Janet Hong.

Author Bio

Keum Suk Gendry-Kim was born in Goheung in Jeolla Province. She has cartooned the graphic novels *Grass*, *The Waiting*, *La saison des pluies*, *Jiseul*, *Jun*, *The Naked Tree*, and *Alexandra Kim, a Woman of Siberia*; the autobiographical comic *The Song of My Father*; the three-volume children's comic *Coquinette*; the picture books *The Baby Hanyeo Okrang Goes to Dokdo* and *A Day with My Grandpa*; and the children's book *My Mother Kang Geumsun*. *Grass* (Drawn & Quarterly, 2019) appeared on Best of the Year lists from the *New York Times* and the *Guardian*, and received the Cartoonist Studio Prize for the Best Print Comic of the Year, the Big Other Book Award for Best Graphic Novel in 2019, the Harvey Award for Best International Book, and the Krause Essay Prize in 2020.

Drawn & Quarterly
On Sale: Aug 22/23
6 x 8.3 • 316 pages
Black-and-white illustrations throughout
9781770466678 • \$39.95 • pb
Comics & Graphic Novels / Literary

Notes

Promotion





Oh \$#!%, What's For Dinner?

No-Fuss Weeknight Recipes You'll Swear By

by Maria Sansone

Maria Sansone-TV host, tastemaker, and social media personality-knows that between work, life, and family, weeknights can be a struggle. You'll come home exhausted and ready to fall into bed and then realize you haven't even thought about dinner! But making great food doesn't have to be complicated. *Oh \$#!% What's for Dinner?* shares Maria's method for weeknight dinner success.

Inspired by her genuine personality and authentic broadcasting style, which have made her digital cooking series a hit, Maria reveals 65 delicious, no-fuss recipes for real people and real families. Each recipe can be made in about 30 minutes and includes common, everyday ingredients that can be found in your pantry and are both healthy and affordable. With family favorites like spaghetti and meatballs, meatloaf, mac and cheese, and more, this collection of weeknight dinners is kid-friendly, easy, and perfect for those hectic nights when you forgot about dinner. You'll be adding these recipes to your rotation in no time!

Author Bio

Maria Sansone is an Emmy award-winning television host with an illustrious career in broadcasting. She's a media personality, lifestyle expert, tastemaker, and mom of two.

Familus

On Sale: May 2/23

10 x 8 • 128 pages

Full-color photography

9781641707381 • \$35.99 • cl

Cooking / Methods / Quick & Easy

Notes

Promotion



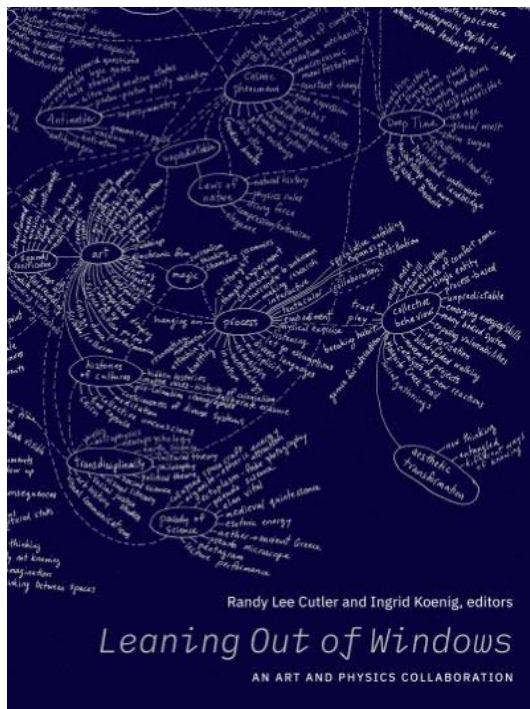


Figure 1



Leaning Out of Windows

An Art and Physics Collaboration

by Ingrid Koenig and Randy Lee Cutler

Art and physics collide in this expansive exploration of how knowledge can be translated across disciplinary communities to activate new aesthetic and scientific perspectives.

Leaning Out of Windows shares findings from a six-year collaboration by a group of artists and physicists exploring the connections and differences between the language they use, the means by which they develop knowledge, how that knowledge is visualized, and, ultimately, how they seek to understand the universe. Physicists from TRIUMF, Canada's particle physics accelerator, presented key concepts in the physics of Antimatter, Emergence, and In/visible Forces to artists convened by Emily Carr University of Art + Design; the participants then generated conversations, process drawings, diagrams, field notes, and works of art. The "wondrous back-and-forth" of this process allowed both scientists and artists to, as Koenig and Cutler describe, "lean out of our respective fields of inquiry and inhabit the infinite spaces of not knowing."

From this leaning into uncertainty comes a rich array of work towards furthering the shared project of artists and scientists in shaping cultural understandings of the universe: Otoniya J. Okot Bitek reflects on the invisible forces of power; Jess H. Brewer contemplates emergence, free will, and magic; Mimi Gellman looks at the resonances between Indigenous Knowledge and physics; Jeff Derksen finds Hegelian dialectics within the matter–antimatter process; Sanem Guvenc considers the possibilities of the void; Nirmal Raj ponders the universe's "special moment of light and visibility" we happen to inhabit; Sadira Rodrigues eschews the artificiality of the lab for a "boring berm of dirt"; and Marina Roy metaphorically turns beams of (...)

Author Bio

Ingrid Koenig is the inaugural Artist in Residence (2011 to 2021) at TRIUMF, Canada's particle accelerator centre, where she co-organizes processes of collaboration between artists and physicists, integrated with curriculum, research, and exhibitions. Her studio practice traverses the fields of physics, social history, feminist theory, and narratives of science through visual art and participatory projects. She is inspired by the possibilities of navigating complex phenomena to hold different ways of knowing in relationship to each other. Ingrid is an Associate Professor at Emily Carr University, on the unceded, traditional and ancestral x?m??k??y??m (Musqueam), Skwxwu7mesh Uxwumixw (Squamish Nation), and s?i?ilw??ta?? (Tsleil-Waututh) territories.



Figure 1
On Sale: May 9/23
12 x 9 • 216 pages
diagrams and color photos
9781773272177 • \$45.00 • pb
Art / Conceptual

Notes

Promotion

Pitch to national art media (collaborating with Emily Carr University of Art + Design)

Possible launch event at Emily Carr University of Art + Design

Emily Carr University of Art + Design to promote through their social platforms.



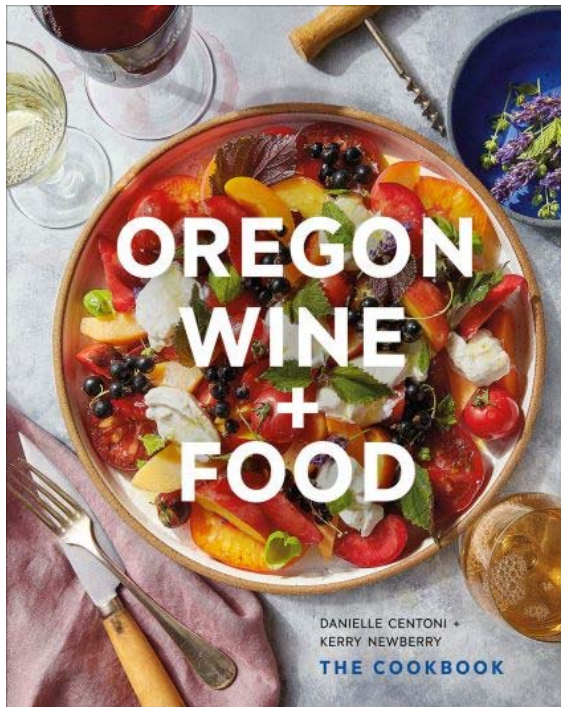


Figure 1

On Sale: Jun 6/23

10 x 8 • 256 pages

50 colour photos

9781773271941 • \$37.95 • cl

Cooking / American / Western States

Notes

Promotion

Hire a publicist on the ground in Oregon to assist with local outreach (print / online + broadcast)

Both authors are connected with media and plugged into the local foodie scene: Kerry Newberry is a contributing writer at Oregon's 1859 Magazine and her work frequently appears in regional and national publications. Danielle Centoni is a food, drink, and travel writer. Her articles and recipes appear in a range of national publications.

Book launch (venue tbd)

Figure.1

Oregon Wine + Food

The Cookbook

by Danielle Centoni and Kerry Newberry

***Oregon Wine + Food* charts the history of this region's celebrated terroir through the stories of forty renegade winemakers and eighty recipes from some of the best chefs across the state.**

More than fifty years ago, an eclectic crew brought their big dreams to an offbeat state. In a region mostly known for its vast forests, volcanic peaks, verdant valleys, and rain - so much rain - they wanted to plant grape vines. Despite a choir of skeptics from more established wine regions, this fearless collective stayed true to its vision.

Oregon, it turns out, is climatically one of the best places to grow grapes on the planet. It experiences coastal influences from the Pacific Ocean and long hours of sunlight in the summer growing season without intense heat, making it perfect for wine grapes to slowly ripen and develop highly complex flavors. Everything from Albarino to Zinfandel can grow and thrive here, but Pinot Noir remains ever-popular since it was first planted over fifty years ago. And if you take a road trip through the windswept and waterfall-saturated Columbia River Gorge or down to the mountainous and deeply forested Applegate Valley, you'll find grape growers in these areas cultivating an array of lesser-known varieties, from Mencia to Vermentino.

Wine is a universal language - an expression of time, place, and memories best shared around the dinner table. And as we well know, wine and food are the great connectors. *Oregon* (...)

Author Bio

Danielle Centoni is a James Beard Award-winning food editor and writer. Before moving to Portland, she was the food editor for the *Oakland Tribune*, where she covered food for *The Oregonian*. She was also the senior editor for *Imbibe* magazine and editor of *Eater Portland*. She develops recipes for brands and national publications, including *Weber*, *Better Homes and Gardens*, and is a regular freelance writer for *The Kitchn*, *Rachael Ray Every Day* magazine, *EatingWell*, and *Bon Appetit*. She is the co-author of *Mother's Best-Comfort Food That Takes You Home Again* and *The Sugar Cube*, and the author of *Portland Cooks*. Danielle lives in Portland.

Kerry Newberry is a Portland-based writer who writes about food, wine, farming, and travel. She holds a master's degree in Educational Leadership for Sustainability from Portland State University and has studied with the Wine & Spirit Education Trust. Her writing has been featured in numerous





LEAD

101 Things to Do With a Cake Mix, new edition

by Stephanie Ashcraft

The new edition of *101 Things to Do With a Cake Mix* has a fun updated design to showcase its 101 easy-to-make recipes featuring this pantry staple. Discover - or rediscover - this bestselling cookbook from a series with over 3 million copies sold! Along with the new look, the book is now a concealed spiral-bound flexi paperback.

Dessert will be a piece of cake when you turn to any of the delicious recipes in *101 Things to Do With a Cake Mix*! With recipes for cookies, bars, muffins, and of course, cakes, you'll always find something to satisfy any sweet tooth, no matter the holiday or occasion.

Discover dozens of unexpected and classic treats, all made with a simple box of cake mix. Try Chewy Lemon Bars, Apple Streusel, Confetti Cake, Caramel-Pecan Chocolate Cake, Pistachio Pound Cake, Banana-Nut Muffins, Easy Sweet Cornbread for a Crowd, Choco Sandwich Cookies, Pumpkin Delight, Peppermint Cake, Christmas-Rainbow Poke Cake, and dozens more

Author Bio

Stephanie Ashcraft was raised in Indiana. She received a bachelor's degree in family science and a teaching certificate from Brigham Young University. Stephanie loves teaching, interacting with people, and spending time with friends and family. She has taught hundreds of classes and appeared on hundreds of television and news programs all over the country sharing ways families can save time and money in the kitchen. Stephanie and her husband, Ivan, reside in Salem, Utah, with their five children

Gibbs Smith

On Sale: May 16/23

5.25 x 7.25 • 128 pages

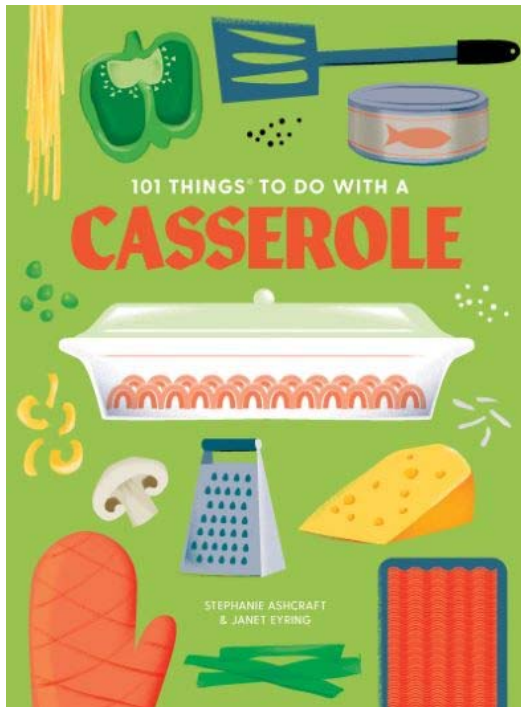
9781423663720 • \$18.99 • PB - Paperback, Wire-o
Cooking / Courses & Dishes / Desserts

Series: 101 Cookbooks

Notes

Promotion





LEAD

101 Things to Do With a Casserole, new edition

by Stephanie Ashcraft and Janet Eyring

The new edition of *101 Things to Do With a Casserole* has a fun updated design to showcase its 101 easy-to-make casserole recipes. Discover - or rediscover - this bestselling cookbook from a series with over 3 million copies sold! Along with the new look, the book is now a concealed spiral-bound flexi paperback.

Whether you've had a late night at work or have limited ingredients and finicky kids, the mighty casserole is the answer to the grumbling in everyone's tummy.

This book is the affordable, easy, and simple guide to creating over 100 home-cooked, fill-you-up, warm-your-heart masterpieces using your beloved casserole dish. It includes dozens of no-fuss recipes for every meal of the day. Breakfast is covered with the Blueberry French Toast Casserole or Baked Breakfast Burritos. Serve up a side of Green Bean Casserole and try your hand at any of the delicious main dishes, which include Grandma's Chicken Pot Pie, Deep Dish Sausage Pizza, Orange Rice and Pork Chops, Sloppy Joe Pie, Veggie Shepherd's Pie, and so many more

Author Bio

Stephanie Ashcraft was raised in Indiana. She received a bachelor's degree in family science and a teaching certificate from Brigham Young University. Stephanie loves teaching, interacting with people, and spending time with friends and family. She has taught hundreds of classes and appeared on hundreds of television and news programs all over the country sharing ways families can save time and money in the kitchen. Stephanie and her husband, Ivan, reside in Salem, Utah, with their five children.

Janet Eyring, a cooking instructor, is the author of four cookbooks and lives in Heber, Utah

Gibbs Smith

On Sale: May 16/23

5.25 x 7.25 • 128 pages

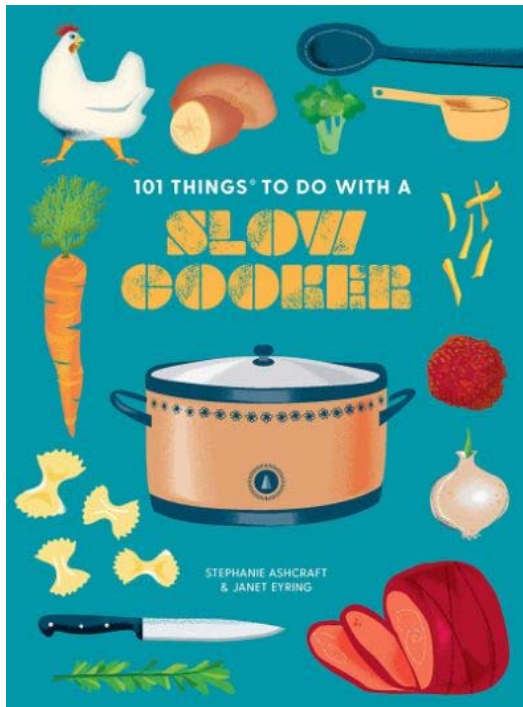
9781423663751 • \$18.99 • PB - Paperback, Wire-o
Cooking / Courses & Dishes / Casseroles

Series: 101 Cookbooks

Notes

Promotion





GIBBS SMITH
TO ENRICH AND ENLIGHTEN

LEAD

101 Things to Do With a Slow Cooker, new edition by Janet Eyring and Stephanie Ashcraft

The new edition of *101 Things to Do With a Slow Cooker* has a fun updated design to showcase its 101 easy-to-make fix-it-and-forget-it recipes. Discover - or rediscover - this bestselling cookbook from a series with over 3 million copies sold! Along with the new look, the book is now a concealed spiral-bound flexi paperback.

A home-cooked meal is never easier than with a slow cooker. Simply prepare your ingredients and go about your day! From Mallow-Mint Hot Chocolate to Pizza Fondue, from Easy Beef Stroganoff to Sweet-and-Sour Chicken, and from Barbecue Pork Sandwiches to Pineapple-Upside-Down Cake, *101 Things to Do With a Slow Cooker* has a no-fuss recipe for whatever you're craving. Also included are suggestions for how and what to serve with each dish, time-saving meal-preparation tips, and easy modifications to fit your family's tastes

Author Bio

Stephanie Ashcraft was raised in Indiana. She received a bachelor's degree in family science and a teaching certificate from Brigham Young University. Stephanie loves teaching, interacting with people, and spending time with friends and family. She has taught hundreds of classes and appeared on hundreds of television and news programs all over the country sharing ways families can save time and money in the kitchen. Stephanie and her husband, Ivan, reside in Salem, Utah, with their five children.

Janet Eyring, a cooking instructor, is the author of four cookbooks and lives in Heber, Utah

Gibbs Smith

On Sale: May 16/23

5.25 x 7.25 • 128 pages

9781423663737 • \$18.99 • PB - Paperback, Wire-o
Cooking / Courses & Dishes / General
Series: 101 Cookbooks

Notes

Promotion





GIBBS SMITH
TO ENRICH AND ENLIGHTEN

LEAD

101 Things to Do With a Smoker

by Eliza Cross

101 Things to Do With a Smoker, the newest title in the *101 Things* series, presents 101 easy and creative recipes, along with helpful hints and smoking tips, designed for the novice user of multiple kinds of smokers. This cookbook is sporting the newly updated look for the *101* series, and is a concealed spiral-bound flexi paperback.

Where there's smoke, there's flavor! Explore great techniques and tasty new recipes with the breakfasts, appetizers, sandwiches, sides, main courses, and sweets in *101 Things to Do With a Smoker*. This cookbook also includes helpful hints for smoking foods to perfection, plus recipes to make your own brines, rubs, and sauces.

Discover dozens of exciting ways to enjoy incredible smoky flavors with tasty recipes such as Bourbon Maple-Glazed Cinnamon Rolls, Smoked Cheesy Garlic Bread, Brown Sugar-Smoked Salmon, Jamaican Jerk Spicy Chicken Sandwiches, Smoked Corn-on-the-Cob With Chive Butter, and Smoky Peanut Butter Cup S'Mores

Author Bio

Eliza Cross is an award-winning writer and the author of 14 books, including the bestselling *101 Things to Do With Bacon*. She develops recipes and styles cuisine for corporate and print media, and blogs about food, gardening, and sustainable living at Happy Simple Living. She lives with her family near Denver, Colorado

Gibbs Smith

On Sale: May 16/23

5.25 x 7.25 • 128 pages

9781423662457 • \$18.99 • PB - Paperback, Wire-o

Cooking / Courses & Dishes / General

Series: 101 Cookbooks

Notes

Promotion





GIBBS SMITH
TO ENRICH AND ENLIGHTEN

LEAD

101 Things to Do With Bacon, New Edition

by Eliza Cross

The new edition of *101 Things to Do With Bacon* has a groovy new look to showcase all the easy-to-make 101 bacon-filled recipes in this bestselling cookbook from a series of over 3 million copies sold. Along with a new design, the book is now a concealed spiral-bound flexi paperback.

Eliza Cross, founder of the bacon lovers society BENSА, knows bacon! This redesigned new edition of *101 Things to Do With Bacon* offers up some of her best recipes and helpful hints to get that flavorful crispy, crunchy meat in your belly.

And these recipes are not just for breakfast. You'll find fun twists on old favorites as well as creative new recipes for salads, soups, sandwiches, appetizers, entrees, and even desserts! Try Asparagus, Bacon, and Caramelized Onion Pizza; New England Clam Chowder; Bacon, Egg, and Colby Cheese Quesadillas; Bowtie Pasta with Broccoli and Bacon; Crispy Fried Rice; Savory Bacon Smokies; and Chocolate-Covered Bacon Toffee. Time to pig out

Author Bio

Eliza Cross is an award-winning writer and the author of 14 books, including the bestselling *Bacon, Beans and Beer* and *Small Bites*. She develops recipes and styles cuisine for corporate and print media, and blogs about food, gardening, and sustainable living at Happy Simple Living. She lives with her family near Denver, Colorado

Gibbs Smith

On Sale: May 16/23

5.25 x 7.25 • 128 pages

9781423663713 • \$18.99 • pb

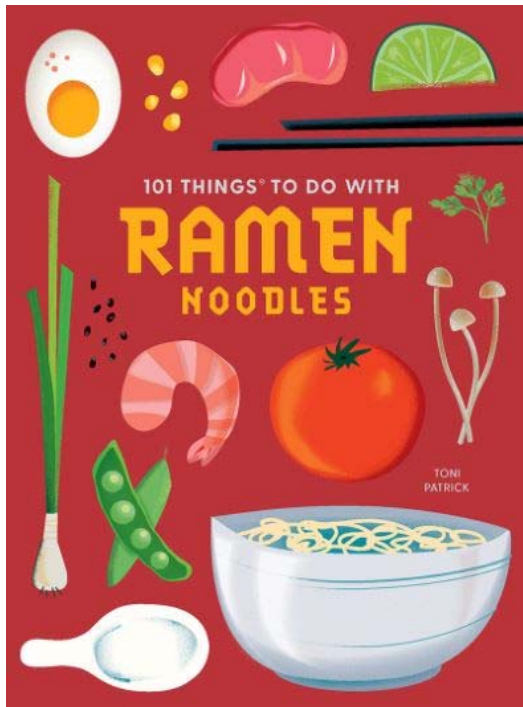
Cooking / Courses & Dishes / General

Series: 101 Cookbooks

Notes

Promotion





LEAD

101 Things to Do With Ramen Noodles, new edition by Toni Patrick

The new edition of *101 Things to Do With Ramen Noodles* has a fun updated design to showcase its 101 easy-to-make recipes that will elevate this pantry staple. Discover - or rediscover - this bestselling cookbook from a series with over 3 million copies sold! Along with the new look, the book is now a concealed spiral-bound flexi paperback. Ramen noodles are fast, easy, filling - and endlessly customizable! Learn how to transform this affordable pantry staple into delicious recipes, including: Creamy Chicken Noodle Soup, Summer Garden Soup, Zucchini Salad, Creamy Beef and Broccoli Noodles, Ramen Burgers, Ham and Cheese Ramen Omelets, Pork Chop Ramen, Tuna Noodle Casserole, Ramen Nachos, and Cheesy Ranch Ramen

Author Bio

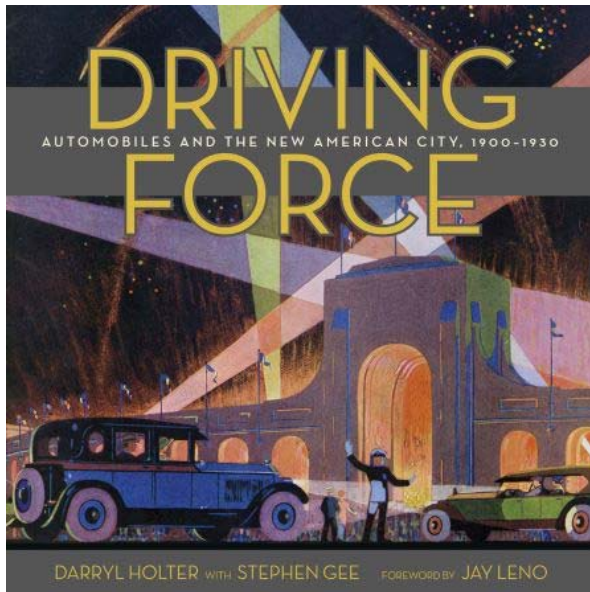
Toni Patrick is the culinary creative behind the wildly successful *101 Things to Do With Ramen Noodles*, as well as several other titles in the popular 101 book series, including *101 Things to Do With Mac & Cheese*, and *101 More Things to Do With Ramen Noodles*. She has been featured on the Food Network, and lives in Greeley, Colorado

Gibbs Smith
On Sale: May 16/23
5.25 x 7.25 • 128 pages
9781423663744 • \$18.99 • PB - Paperback, Wire-o
Cooking / Specific Ingredients / Pasta
Series: 101 Cookbooks

Notes

Promotion





Driving Force

Automobiles and the New American City, 1900-1930

by Darryl Holter and Stephen Gee, foreword by Jay Leno

The first book to tell the early history of cars in Los Angeles.

Los Angeles's car culture has shaped the nation's preferences in transportation, architecture, leisure, and even dining. The story of the automobile and that of Los Angeles have been entwined for more than a century. *Driving Force: How Los Angeles Put People in Cars and Cars on the Road* explores how the explosive growth of Los Angeles's passion for automobiles was ignited by an unlikely, visionary mix of entrepreneurs and risk-takers. It owed its inception to the bicycle shop owners who began repairing and selling cars, carriage retailers, and automobile aficionados who ventured into unknown territory to sell a product regarded by nearly all banks and most businesses as a fad at best. These early adopters learned how to broaden the market for automobiles and convince the public that the car was no longer a luxury but a necessity.

Author Bio

Darryl Holter is the author of *Workers and Unions in Wisconsin: A Labor History* and *The Battle for Coal: Miners and the Nationalization of Coal-Mining in France*. He is a musician and singer-songwriter, a former labor leader, an urban developer, an adjunct professor of history at the University of Southern California, and a member of the Professional Musicians Union Local 47 in Los Angeles.

Stephen Gee is a writer and television producer based in Los Angeles. He is the author of *Iconic Vision: John Parkinson, Architect of Los Angeles*. Gee has worked on numerous award-winning television productions and has directed and produced live coverage of high-profile news stories, such as U.S. presidential elections, important court cases, Hollywood events, and disasters - including the 9/11 tragedy. A graduate of London's City University, he began his career as a newspaper reporter in Norfolk, England.

Jay Leno is an Emmy Award-winning former host of NBC's *Tonight Show* and the current star of *Jay Leno's Garage* on CNBC. He is a renowned collector of both cars and watches.

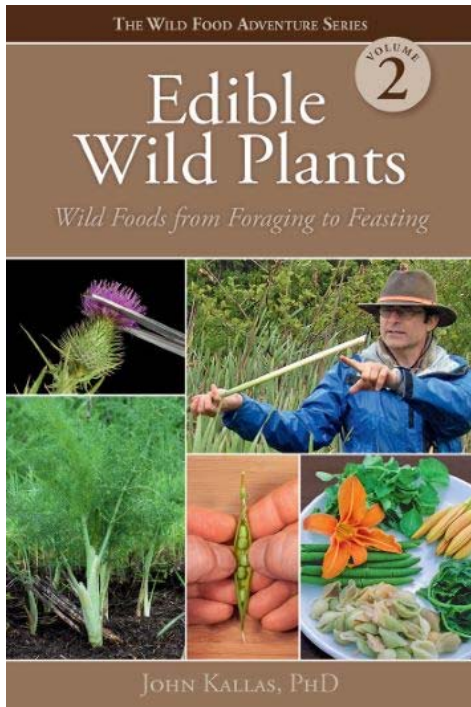


Gibbs Smith
On Sale: May 9/23
9 x 9 • 224 pages
9781626401235 • \$72.00 • CL - Hardback
Transportation / Automotive / History

Notes

Promotion





LEAD

Edible Wild Plants, Volume 2

Wild Foods from Foraging to Feasting

by John Kallas, PhD

This new volume 2, like the first, is a user-friendly, pictorially based guide providing all you need to know to start genuinely enjoying wild foods. It helps readers successfully identify plants, develop gathering strategies, and learn preparation and cooking techniques. The unparalleled photographs and depth of understanding will knock your socks off.

All books in this series are designed to teach you things you can actually apply, help you identify edible plants at any stage of growth, give you close up full color photographs of the edible parts at the optimal stages of growth, and show you fun and tasty things to do with them. It lays a foundation and covers plants you are likely to come across on a daily basis no matter where you are in North America or Europe. It covers those plants in the kind of detail that you need to genuinely know and understand them. It clarifies and explains concepts poorly understood and commonly mis-represented in the wild food literature. Once you receive it, compare its coverage of any plant side-by-side to that same plant in any other book ever written. That comparison will reveal the value of this book, and represents what I will continue to do in future books.

Following volume 1's success, volume 2 continues to help you understand the value and potential of wild foods. This book has 460 photographs and illustrations, fun and authoritative text, focused attention on plant details, nutrient tables, range maps, recipes, and a plethora of additional preparation and cooking tips. In this substantial 416 page book (...)

Author Bio

John Kallas is one of the foremost authorities on North American edible wild plants and other foragables. He's learned about wild foods through formal academic training and over 45 years of hands-on field research. John has a doctorate in nutrition, a master's in education, and degrees in biology and zoology. He's a trained botanist, nature photographer, writer, researcher, and teacher. In 1993 he founded the Institute for the Study of Edible Wild Plants and Other Foragables along with its educational branch, Wild Food Adventures. John's company is based in Portland, Oregon, where he offers regional workshops, and multiday intensives on wild foods. For more information, see wildfoodadventures.com

Gibbs Smith

On Sale: May 16/23

6 x 9 • 416 pages

4/c photos t/o

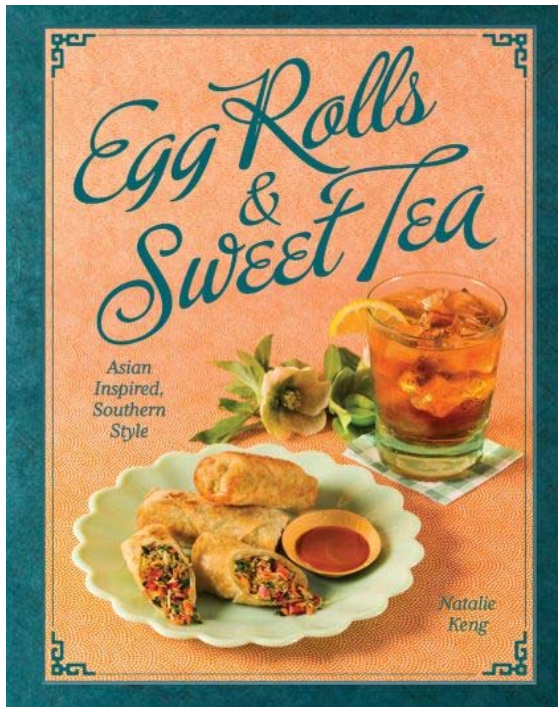
9781423641346 • \$39.99 • PB - Paperback

Cooking / Specific Ingredients / Natural Foods

Notes

Promotion





GIBBS SMITH
TO ENRICH AND ENLIGHTEN

Egg Rolls & Sweet Tea

Asian Inspired, Southern Style

by Natalie Keng, photographs by Deborah Whitlaw Llewellyn

Southern foodways intersect with various Asian-American tastes in this fusion cookbook of 100 recipes celebrating inclusivity and diversity at the dinner table with the best from various cultures, cooking styles, and comforting foods.

Ni hao, y'all! Welcome to the dining table, a special, sacred place. *Egg Rolls & Sweet Tea: Asian Inspired, Southern Style* is in part a memoir of Natalie Keng's personal food journey growing up in the deep South, but make no mistake: This is a cookbook full of tasty Asian-American and Southern fusion dishes, sauces, and drinks that home cooks will enjoy preparing and sharing. With recipes like Fried Chicken Spring Rolls With Honey, Rainbow Black-Rice Salad, Okra and Tomato Stir-Fry, Black-Eyed Pea Hummus, Georgia Bourbon Coca-Cola Meatloaf, Golden Milk and Sorghum Hot Toddy, and of course, several recipes for egg rolls and sweet teas.

Author Bio

Natalie Keng is a pioneer in the area of innovative leadership development and is the Founder and CEO (Chief Eating Officer") of Global Hearth, a multi-faceted business that leverages the power of food and culture to promote team-building and employee engagement in support of corporate initiatives through its Cooking Up a Better World platform of inspiring, interactive, and impactful presentations, tours and events. Locally known as the Chinese Southern Belle, Keng is the creator of an award-winning line of Georgia-grown, Asian-inspired sauces (launched at Whole Foods Market) that feature natural ingredients and harken old family recipes, earning her the title The Sauce Maven. Before starting her own business, Keng was a strategic marketing executive in a Fortune 100 corporation. She has also headed leadership development and diversity teams for national non-profit organizations and served in public office. Keng is a recipient of the Greater Women's Business Council's Trailblazer Award and was appointed to serve on the Governor's Health Task Force. A graduate of Vassar College, Keng holds a Master of Public Policy from the Harvard Kennedy School of Government. This is her first book. She lives in her hometown of Smyrna, Georgia.

Deborah Whitlaw Llewellyn is a freelance photographer whose work has appeared in books and in numerous articles in Coastal Living, Veranda, and Elle Décor.

Gibbs Smith

On Sale: Jun 6/23

8 x 10 • 224 pages

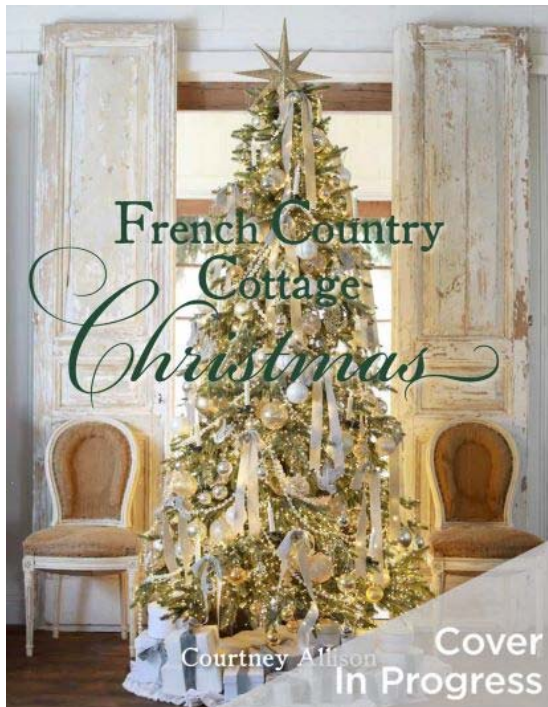
9781423661498 • \$46.00 • CL - Hardback - No dust jacket

Cooking / American / Southern States

Notes

Promotion





French Country Cottage Christmas

by Courtney Allison

Celebrate the season in cozy French Country Cottage style, with luscious photography and a plethora of inspiration and ideas for trees in themes from baubles to flowers; decor indoors and outdoors; flowers, garlands, and wreaths; tables, dining, and entertaining; entryways, stairways, and every room of the house; outbuildings; pretty packages; and twinkle lights galore. Plus, a little bit of Christmas magic from a Paris apartment with a balcony overlooking the Eiffel Tower.

Author Bio

Courtney Allison is a stylist, photographer, and author of the popular blog French Country Cottage. She is a tastemaker of French Country style in America. She is the author of two previous books, French Country Cottage (2018, 20k sold) and French Country Cottage Inspired Gatherings (2020, 13k sold). She lives the French Country lifestyle in a renovated cottage in Northern California.

Gibbs Smith

On Sale: Aug 29/23

11 x 8.5 • 224 pages

4/c photos t/o

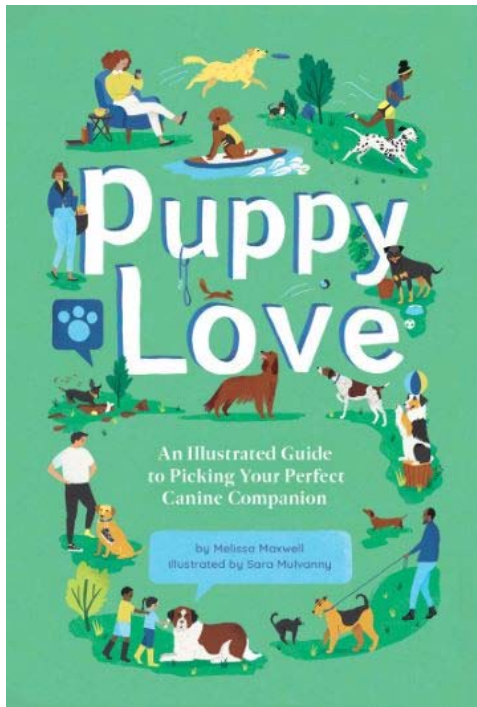
9781423662570 • \$58.00 • cl

House & Home / Decorating

Notes

Promotion





Puppy Love

An Illustrated Guide to Picking Your Perfect Canine Companion
by Melissa Maxwell, illustrated by Sara Mulvanny

Taking its cues from the wonderful world of online dating, *Puppy Love* hilariously explores the pros and cons of puppy-parenting different types of canine companions. The perfect gift for any dog lover, these illustrated doggie dating profiles will have you howling with laughter.

Puppy Love delves into the doggie dating scene by first setting the foundation for a successful relationship, including the keys to successful cohabitation and how to know when you've found The One.

To aid in your quest for the paw-fect match, more than 40 pooch profiles cover everything from grooming, personality, and deal breakers. Love long walks? The short-legged Corgi might struggle to keep up. Have a penchant for expensive, fragile home decor? The gentle giant Great Dane might break your stuff - and your heart. Far more useful than your average Tinder profile - there won't be any *dog* fishing here - *Puppy Love* will help you decide if a relationship with a French Bulldog is more likely to be a fling or a forever kind of love. Not sure where to start? Take the *Cosmo*-inspired quiz to narrow down your matches

Author Bio

Melissa Maxwell is an editor and author of many different books. She lives in Brooklyn, New York.

Sara Mulvanny has worked on a wide range of projects from books and magazines to large-scale illustrations for museums and restaurants. When not in her studio, she loves to go for walks in the surrounding countryside with Mabel, her Airedale puppy. You can check out her work at saramulvanny.com

Gibbs Smith

On Sale: May 16/23

6 x 9 • 112 pages

Color illustrations throughout

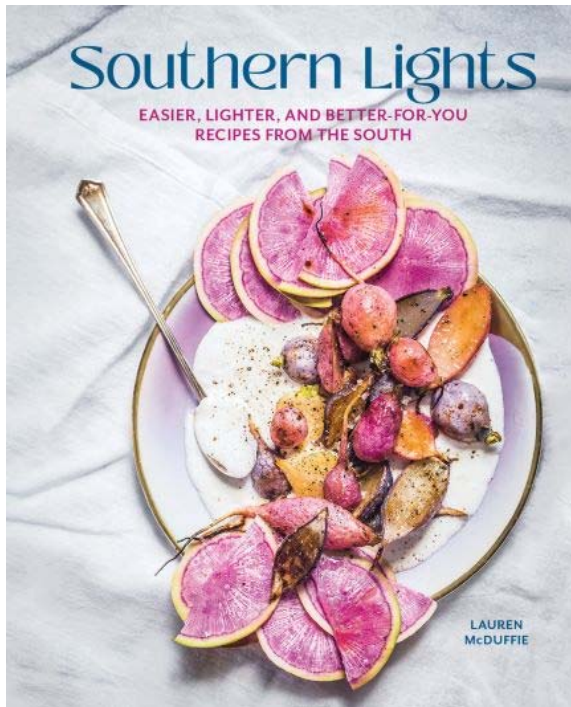
9781423663546 • \$25.99 • cl

Pets / Dogs / Breeds

Notes

Promotion





Southern Lights

Easier, Lighter, and Better-for-You Recipes from the South
by Lauren McDuffie

With a fresh take on Southern-style cooking and rooted firmly in the notion that great Southern food doesn't have to be heavy or unhealthy, this book for the modern home cook has more than 100 recipes for simple Southern food, reimagined and made with less.

This is a hassle-free, lighter take on Southern cooking that proves the notion less can so often be more. By reimagining beloved Southern classics and viewing them through a more health- and lifestyle-conscious lens, Lauren McDuffie's *Southern Lights: Easier, Lighter, and Better-for-You Recipes From the South* explores ways to make Southern cooking more accessible without sacrificing flavor or quality.

Setting traditionally heavy recipes to a decidedly more healthful tune and showing off some Southern fare that is already light to begin with (the heart of Southern cooking beats for fresh, seasonal produce), this cookbook will give you ways to enjoy your favorite Southern dishes more often. It is bursting with some seriously delicious Southern powerhouses - a true all-star lineup - for breakfasts, lunches, appetizers, snacks, dinners, holiday dishes, desserts, and more. Recipes like Sheet Pan Catfish with Okra, Corn, and Tomatoes; Chile-Soaked Watermelon With Smoked Almonds; Creamy Roasted-Garlic Mashed Potatoes; Pimiento Cheese Hummus; Hushpuppy Popovers; and Snow Cream for Southerners will have you at the table in no time

Gibbs Smith

On Sale: Jun 6/23

8 x 10 • 224 pages

9781423661474 • \$43.00 • CL - Hardback - No dust jacket

Cooking / American / Southern States

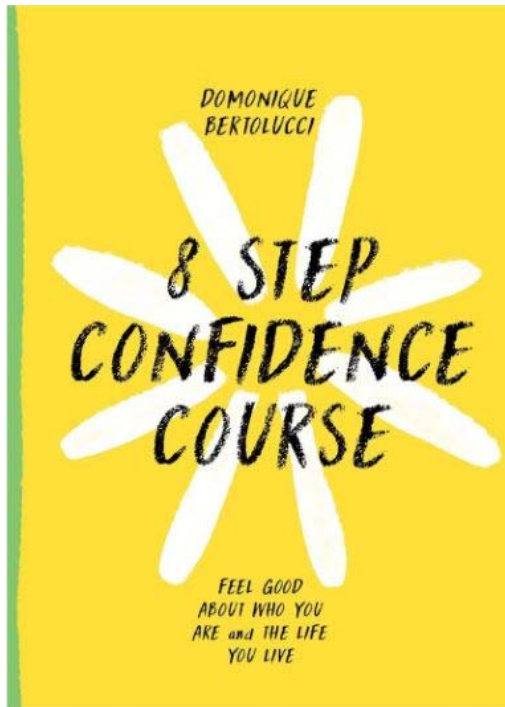
Notes

Promotion

Author Bio

Lauren McDuffie is a cookbook author (*Smoke, Roots, Mountain, Harvest*), food blogger, photographer/stylist, and creator of the cooking blog, *My Kitchen Little* . She is also the creator of the critically acclaimed and award-winning food blog, *Harvest and Honey*, and has articles, recipes, and photography published in various forms. Originally from Lexington, Kentucky, Lauren now lives in Charleston, South Carolina, with her husband and two children





8 Step Confidence Crash Course

Feel Good About Who You Are and the Life You Live

by Domonique Bertolucci

Build your self-confidence with the *8 Step Confidence Course*, and feel good about who you are and the life you live.

There is something more important than achieving your goals, it is feeling good about yourself regardless. In the *8 Step Confidence Course*, happiness expert Domonique Bertolucci shows you exactly what you need to do to feel good about who you are, and the life you live.

Your confidence shouldn't be dependent on the goals you have achieved, the feedback you get from others, your waistline or the amount in your bank account. Self-confidence isn't based on what you've got or what you've done.

But how do you build and maintain self-confidence? This eight-step course has been designed to inspire you to achieving ongoing self-confidence and feeling good about who you are.

Domonique Bertolucci's Mindset Matters series will show you how to unlock the power of your mindset to live your best life.

Author Bio

Domonique Bertolucci is the best-selling author of *The Happiness Code: 10 Keys to Being the Best You Can Be*, and has a client list that reads like a who's who of CEOs and business identities, award-winning entrepreneurs and celebrities. Passionate about getting the life you want and loving the life you've got, Domonique's workshops and online courses are attended by people from all walks of life, from all around the world. Domonique helps her clients define their personal happiness prescription and then shows them exactly how to make it their reality. More than ten million people have seen, read or heard her advice. Domonique has a global reach, coaching people in Australia, New York, London, Amsterdam, Paris, Toronto, Singapore and Hong Kong. Her weekly newsletter *Love Your Life* has readers in more than sixty countries. When she is not working, Domonique's favorite ways to spend her time are with her husband and two children, reading a good book, and keeping up the great Italian tradition of feeding the people that you love. Her very popular website and blog is www.domoniquebertolucci.co

Hardie Grant

On Sale: Jul 18/23

5.1 x 7.2 • 176 pages

2 colour

9781743798683 • \$32.99 • cl

Body, Mind & Spirit / Inspiration & Personal Growth

Series: Mindset Matters

Notes

Promotion





A New Way to Bake

Revolutionary Recipes for Plant-based Cakes, Pastry and Desserts

by Philip Khoury

A New Way to Bake reinvents and reimagines cakes, bakes and desserts using whole, natural ingredients that are available globally. Chef Philip Khoury has rebuilt baking recipes from scratch to produce a new way of baking – one that is plant-based, but focuses on using ingredients that are natural, and not ultra-processed. Full of classic bakes, from Apple Pie and Bakewell Tart, to Lamingtons and Sugar Cookies, there are sweet treats for any occasion. With an explanation of ingredients and how they are produced, A New Way to Bake arms readers with a new outlook and tools to bake a better future.

Author Bio

Philip Khoury is a world-renowned pastry chef, who currently heads up the brigade of bakers at Harrods. He has previously worked at the legendary Quay restaurant in Sydney under chef Peter Gilmore, as well as for Australia's most acclaimed patissier and Netflix star, Adriano Zumbo.

Hardie Grant

On Sale: Aug 29/23

6.8 x 9.7 • 256 pages

9781784885922 • \$62.00 • cl

Cooking / Methods / Baking

Notes

Promotion





LEAD

AstroCrystals

Harness the Power of the Zodiac and the Stones to Manifest the Life You Want

by Stella Andromeda

With Astro Crystals learn how to connect your star sign with the magical energies of the stones to manifest your greatest desires.

There is a recognized link between crystals and astrology, with each zodiac sign being affiliated to a gemstone or crystal to further enhance an individual's focus and power. And crystals certainly have a part to play when it comes to attracting exactly what we want in life. Ripe with healing properties, these beautiful stones are here to set us up in very good stead for reaching our goals. Whether you need to tap into your creativity, attract your soulmate, or receive more money, this book will show you how to harness the combined power of the crystals and the zodiac with simple rituals, mindful meditations, and easy, every day uses. Organized into chapters, such as Crystals for Love, Crystals for Strength, and Crystals for Confidence, Stella Andromeda will highlight the crystals associated with each star sign, their magical properties, as well as simple intention-setting exercises you can perform with each to unlock their - and subsequently your - full potential.

Crystals are the magnets that will enable you to manifest all of your desires, and this book will show you how to combine the zodiac with the powerful energy of the stones to externalize and achieve the life you have always wanted.

Author Bio

Stella Andromeda has been studying astrology and other esoteric arts for over 30 years. Her passion in the stars has piqued her interest in the stones and the power they hold. In this book, she delves deeper into the stones' potential.

Hardie Grant
On Sale: Aug 29/23
5.5 x 7 • 144 pages
9781784886370 • \$28.99 • cl
Body, Mind & Spirit / Crystals

Notes

Promotion





Beyond the Monuments in Washington DC

An Insider's Guide to the Best Places to Eat, Drink and Explore
by Kate Armstrong

Beyond the Monuments in Washington DC is your guide to some of the US capital's cool spots that extend way beyond power and politics.

George Washington laid out DC to form a diamond shape, and today the city is home to several hip, new locales. There's H Street Corridor, 14th Street and Union Market District, as well as the historic hangouts of Georgetown and Dupont Circle. Travel writer Kate Armstrong offers a local's take on where to go for great coffee, crafty cocktails, DC-centric shopping and superlative sights (these include the freebie 'must dos' around the Mall, such as the National Museum of the African American History and Culture and the Library of Congress). There are fun, themed walking itineraries for U Street, old town Alexandria, and gardens and homes of Georgetown, plus three accessible daytrips to Mount Vernon, Richmond, and Gettysburg.

There's so much to see and do in this under-rated city, and this book in the Curious Travel Guides series will add polish to your visit.

Author Bio

An award-winning travel writer, Kate Armstrong has had her travel articles published around the world in international newspapers and magazines. Over the last 17 years, she's notched up over 57 Lonely Planet guides and trade titles. Unearthing quirky aspects of a city and country is her 'thing'. Kate loves chatting, eating, drinking and dancing her way into cultures. For the last eight years she's been based in and out of Washington DC and has thrived on the city's cuisine scene and cultural renaissance.

Hardie Grant
On Sale: Aug 15/23
5.9 x 9.1 • 232 pages
Full color throughout
9781741177169 • \$38.99 • pb
Travel / US / Northeast / Middle Atlantic
Series: Curious Travel Guides

Notes

Promotion





Eat More Greens

Get More Fruit, Veg, Grains and Pulses into Your Diet with Over 65 Quick and Easy Recipes
by Fern Green

Introduce more greens into every meal with over 65 quick, easy, and exciting recipes.

We all know that we need to eat more fruit and veg as part of a varied diet, but how many of us get stuck in a rut steaming broccoli or frying up some peppers for the same, old, boring meals? With Eat More Greens, learn how to incorporate fruit and vegetables into breakfast, lunch, and dinner in new and exciting ways.

Dishes include a Magical Matcha Smoothie, Korean-inspired Kimchi Rice, Rocky Road, and even a Spiced Lamb Burger, proving healthy meals don't have to be boring.

Recipes are short on the page but go far when it comes to flavor profile and nutritional health, making a point of flagging how many fruits and vegetables are used in each (spoiler alert: every one of the 65 dishes contains at least four different, delicious greens).

Featuring family favorites, one-pot suppers, tasty traybakes, and super smoothies, Eat More Greens isn't about turning you into a vegetarian, but just making sure that you eat enough fruit and veg to improve your overall health.

Author Bio

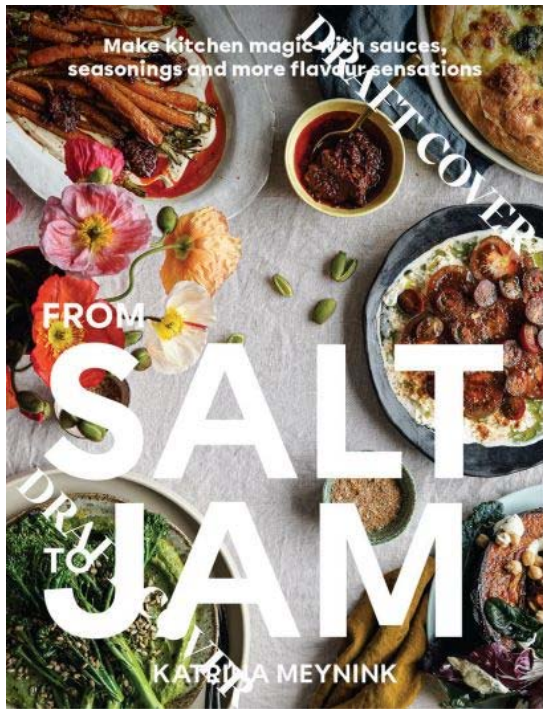
Fern Green is a food stylist, writer, and experienced chef. She has many years' experience writing and styling for magazines and works with various high-profile brands for editorial, packaging, advertising, and video content. Fern has written several books over the years, including Breakfast: Morning, Noon and Night, The Mocktail Manual, Melts, and Natural Remedies for Women's Health.

Hardie Grant
On Sale: Aug 1/23
6.9 x 9.2 • 160 pages
9781784886394 • \$28.99 • pb
Cooking / Specific Ingredients / Vegetables

Notes

Promotion





Hardie Grant
On Sale: May 9/23
7.5 x 9.8 • 256 pages
Full colour throughout
9781743798904 • \$47.99 • pb
Cooking / Specific Ingredients / Herbs, Spices,
Condiments

Notes

Promotion



From Salt to Jam

Make Kitchen Magic With Sauces, Seasonings And More
Flavour Sensations
by Katrina Meynink

It's flavor-powered cooking made easy: From Salt To Jam offers foolproof recipes for hardworking condiments – pastes, dressings, sauces, seasonings and jams – that unlock 100 just-plain-delicious meals for the whole family.

Cook, mom, and straight-talking kitchen superstar Katrina Meynink knows how hard it can be to get dinner on the table. The columnist for popular Australian website Good Food has mastered the art of 'throw in a bowl and call it a meal' wizardry.

Discover delicious hacks and time-saving tips to get off the culinary treadmill and make memorable dishes from midweek to Saturday night. Use the ultimate ranch dressing to make slow roasted spiced brisket, or perfect caramel sauce to whip up smoky no-churn ice cream. Tahini dressing powers a Middle Eastern-inspired lasagna, while olive tapenade transforms savory French toast.

With everything from chicken salt to jalapeno jam, lemon curd to spicy harissa, this brilliant book is your guide to sauce-laden, cook-it-again success.

Author Bio

Australian food writer and recipe columnist Katrina Meynink has published three cookbooks: Slow Victories, Bistronomy: French Food Unbound, Kitchen Coquette; and the picture book Lulu le Baby Chef. The mum of three embraces fast, slow and in-between food, and regularly contributes to national and international food magazines with delicious meal ideas you want to cook.





I AM GRATEFUL

by Hardie Grant Books

Power Positivity: I AM GRATEFUL reminds you of everything good in your life, that you are truly blessed, and that you can use this knowledge to get through anything. Full of empowering quotes, thoughts, kind words, and little pick-me-ups, this book can do wonders to lift your mood, raise your confidence, control negative feelings, and improve your self-esteem.

Featuring wise words from some of our favorite celebrities, this pocket-sized book is guaranteed to brighten your day, remind you that life is good, and that you've most definitely got this.

Author Bio

Conceived and edited by Hardie Grant Books.

Hardie Grant

On Sale: Aug 29/23

4.3 x 5.2 • 96 pages

9781784886066 • \$18.99 • cl

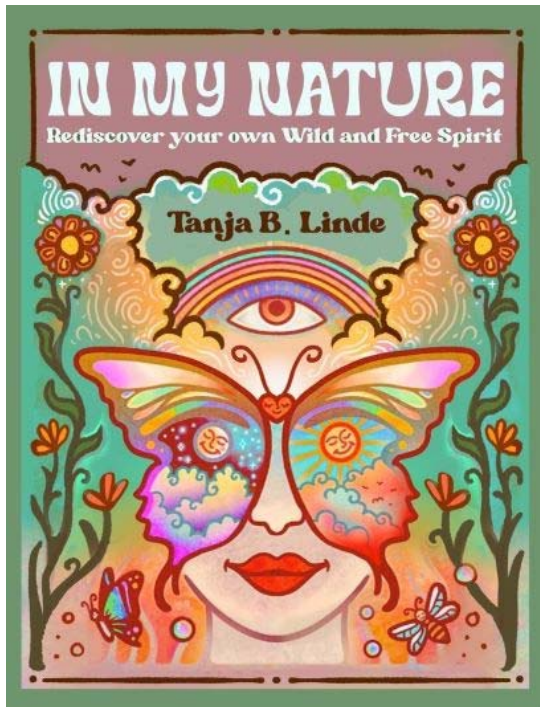
Self-Help / Personal Growth / General

Series: Power Positivity

Notes

Promotion





In My Nature

Rediscover Your Own Wild and Free Spirit

by Tanja Linde

A magical book featuring Tanja B. Linde's gorgeous illustrations, *In My Nature* will help you realize your own potential by unearthing your connection to the natural world.

Having lived nomadically for the past decade, Tanja has found ways to make the most out of every experience. She believes that if we choose to listen to our higher nature and live life on our own terms, we can turn the ordinary into the extraordinary. Divided into three sections – Venture Inward, Go Explore and Journey Beyond – *In My Nature* guides your journey on a free-spirited path. It opens you up to your own transformation and growth process using the elements of fire, water, earth, air and spirit.

Throughout the book you will be offered up inspiration and ideas for activities that let you explore both your inner wilderness and reconnect with nature as a whole, which are bound to enrich your body, soul and spirit. Find encouragement to go beyond your limits, set intentions, manifest your goals and venture out into a world full of possibilities. Know what it means to be in your element and live a life that is both meaningful and endlessly exciting.

Author Bio

Tanja B. Linde is an artist, digital nomad and self-proclaimed free spirit. She and her partner Lenny like to roam around Europe in their converted sprinter-van. They go by the name the Breakaways, as their motto is to keep breaking away from the mundane, in order to stay wild and free. Tanja's art language is groovy, trippy and magical, and aims to make onlookers feel revitalized, inspired and uplifted. By sharing her illustrations on Instagram, Tanja has gained a global audience and her work attracts nomads, hippies and other wild souls. Through her business Tanja B. Artistry, Tanja offers her illustrations in the form of stickers, posters, clothing and other giftware items.

Hardie Grant

On Sale: May 9/23

6.3 x 8.3 • 192 pages

Full colour illustrations throughout

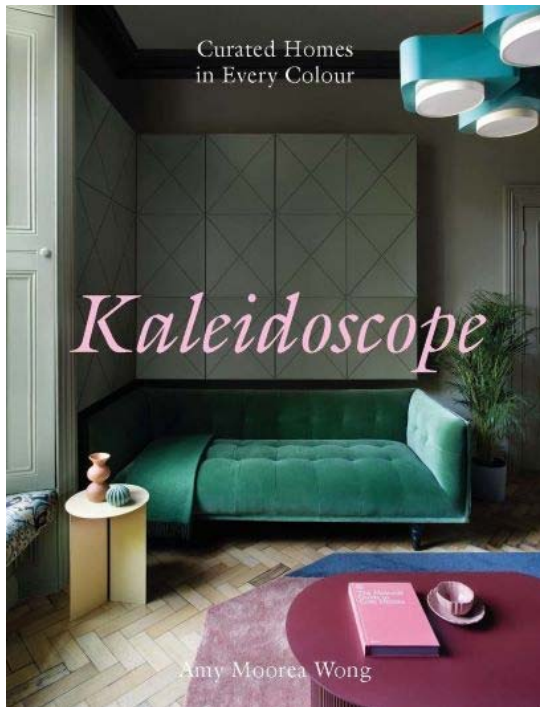
9781741178203 • \$35.99 • cl

Self-Help / Green Lifestyle

Notes

Promotion





Kaleidoscope

Curated Homes in Every Colour

by Amy Moorea Wong

From joyful full house case studies that are lightly speckled or heavily doused in color, to interviews with renowned designers about the rooms they've designed that showcase the beauty in brightness, this book explores ways to use color in the home to varying degrees, taking the reader into the world of the colorful, happy house.

The trend for designing homes with a move away from neutral spaces, towards bringing enlivening color, is steadily growing. This color movement isn't about fleeting Instagram trends, though; it's about bringing brightness into your life to uplift your mood and add joy to a space to positively impact everyday life.

By exploring 20 of the world's most inspiring, colorful homes and talking to interior designers, stylists, tastemakers and creatives, Amy explains how they incorporate color into their projects, and what their tips can teach us about embracing color, too.

Author Bio

Amy Moorea Wong is an interior design journalist with a decade of experience in contemporary editorial, previously Features Editor at ELLE Decoration and News Editor at Livingetc. She writes on a range of modern design topics from news and interior zeitgeist to beautiful properties and innovative products, regularly interviewing established designers and highlighting up-and-coming names. Her Instagram account dramatically explores the contrast between using bold colours and pale tones in the home, and she is deeply interested in how colour in the home impacts mood and wellbeing, how it can be used in surprising and unusual ways, and making adding brightness to the home a less scary prospect.

Hardie Grant

On Sale: May 9/23

8.5 x 11.1 • 256 pages

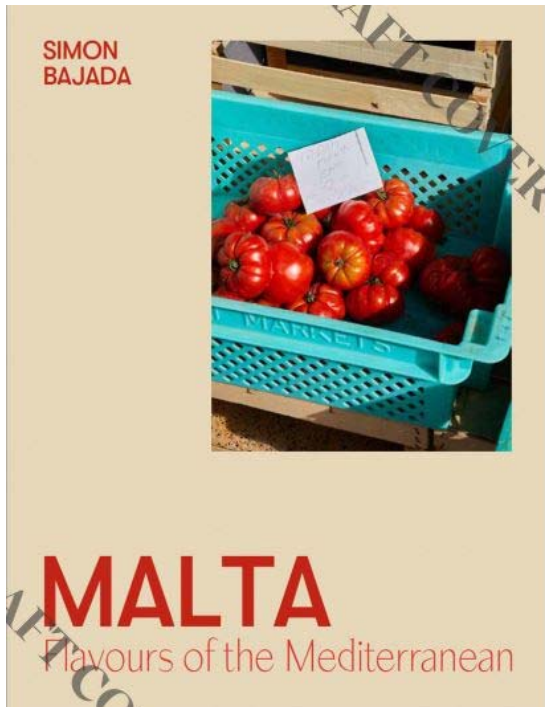
9781784885465 • \$72.00 • cl

House & Home / Decorating

Notes

Promotion





Hardie Grant
On Sale: Jul 18/23
7.5 x 9.8 • 224 pages
Full colour throughout
9781743798812 • \$52.99 • cl
Cooking / Regional & Ethnic / Mediterranean

Notes

Promotion



Malta

Flavours of the Mediterranean

by Simon Bajada

Malta: Flavours of the Mediterranean is a richly photographed cookbook which takes you to the captivating archipelago between Sicily and the North African coast, with 70 recipes showcasing the country's vibrant Mediterranean cuisine.

Many empires have influenced the Maltese kitchen over the centuries, leaving a seductive blend of Arab, French, Italian and English flavors. The result is a balance of raw agrarian produce, fruits of the sea, and well-honed technique against a backdrop of breathtaking rocky outcrops and spectacular blue water.

In this beautiful ode to Maltese cooking, author Simon Bajada (Baltic, The New Nordic) captures the everyday food of Malta for the home cook, including dishes such as Ftira, a flattened sourdough bread loaf drenched in tomato with tuna capers and olives; Aljotta, a hearty fish stew; and Bigilla, a broad bean paste used as a delicious dip.

Malta is a one-way ticket into the heart of one of Europe's most captivating hidden gems.

Author Bio

Simon Bajada is a food and travel photographer and writer with Maltese heritage living in Sweden. He has authored three cookbooks – The New Nordic (2015), Nordic Light (2016), and Baltic (2019). He has worked as a chef, food stylist, recipe developer and photographer and has a Diploma in International Hotel Management and a Diploma in Le Cordon Bleu cookery.





Pasta et Al

A Family Tradition Of Recipes And Stories Shared With Love
by Alec Morris

Celebrate one of life's simplest pleasures in Pasta et Al, a joyous cookbook featuring sixty re-created classic Italian recipes for handmade pasta.

Alec Morris was taught how to cook fresh pasta by his Nonna as a child, and now carries on the tradition every Sunday with his young sons, Aldo and Elio. The weekly family ritual became a successful blog, which grew into an international community drawn together by an irresistible blend of recipes served with a pinch of humor, plenty of heart, and some delightfully meddling little hands.

Join Al, Al and El and discover how to make over thirty different pasta doughs and forty-two different pasta shapes – spanning long, short, big and flat, small and squishy, and filled – with step-by-step tutorials and a range of delicious recipes from wild olive busiate to rigatoni al forno, green lasagne to spiralled cappellacci.

This vividly photographed, brilliantly written guide is a snapshot of love and loss, old traditions and new beginnings, and treasured Italian cooking. Pasta et Al will inspire new and seasoned pasta-makers alike to create memorable traditions of their own.

Author Bio

Alec Morris and his young sons, Aldo and Elio, are a team of playful pasta-makers bringing their favorite Sunday tradition to your table. Alec has degrees in languages, international relations, history, and photography, and has called Canberra home for the past fifteen years. Since completing this book, he has returned to his hometown of Perth, where he now lives with his wife Rachel and their boys. He documents his family's pasta recipes and traditions at <https://pastaetal.com/> and @pastaetal.

Hardie Grant

On Sale: Aug 15/23

7.9 x 10 • 240 pages

Full color throughout

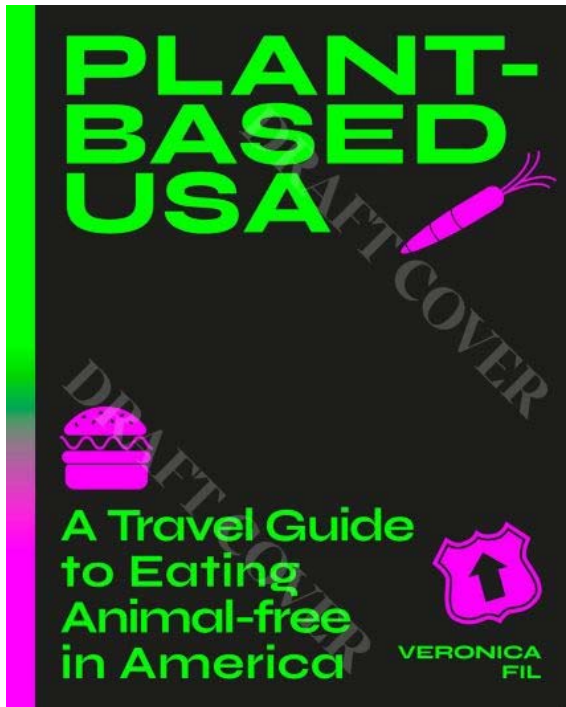
9781743799000 • \$50.00 • cl

Cooking / Specific Ingredients / Pasta

Notes

Promotion





Plant-based USA: A Travel Guide to Eating Animal-free in America

by Veronica Fil

Plant-based USA: A Travel Guide to Eating Animal-free in America is a food guidebook for anyone looking for plant-forward or vegan-friendly travel experiences throughout the United States.

This guidebook and directory highlights novel, innovative and climate-conscious dining options, and is ideal for anyone who's interested in incorporating more plant-based meals into their lifestyle.

The book is organized into chapters by city and covers everything from restaurants, cafes, markets and festivals to shopping and accommodation. Plant-based USA also features personal stories, recipes and travel tips from leading chefs and public figures on the American plant-based scene.

From the west to east coasts, Los Angeles to Chicago and New York, finally there's an accessible and comprehensive travel guide that aligns with the future of food.

Author Bio

Veronica Fil is a food business founder and writer based in the US. In 2019, Veronica and her partner, award-winning chef Shaun Quade, left their former Australian restaurant and moved to California to launch the wildly innovative Grounded Foods Co, an alternative dairy start-up. As CEO of Grounded, Veronica dedicates her time to making plant-based cheese more nutritious and delicious than it's ever been before, and helping to shape an environmentally resilient future food system without reliance on animal proteins.

Hardie Grant

On Sale: May 9/23

6.7 x 8.3 • 304 pages

Full colour throughout

9781741177336 • \$42.99 • pb

Travel / US / General

Notes

Promotion





Pocket King Charles Wisdom

Wise and Inspirational Words from His Majesty
by Hardie Grant Books

In Pocket King Charles Wisdom, the newly crowned King shares his most powerful quotes on life, society, love and more. Full of inspirational quotes and wise words, this little book pays homage to Britain's new monarch.

- Iconic and wise life lessons from the new British monarch

Author Bio

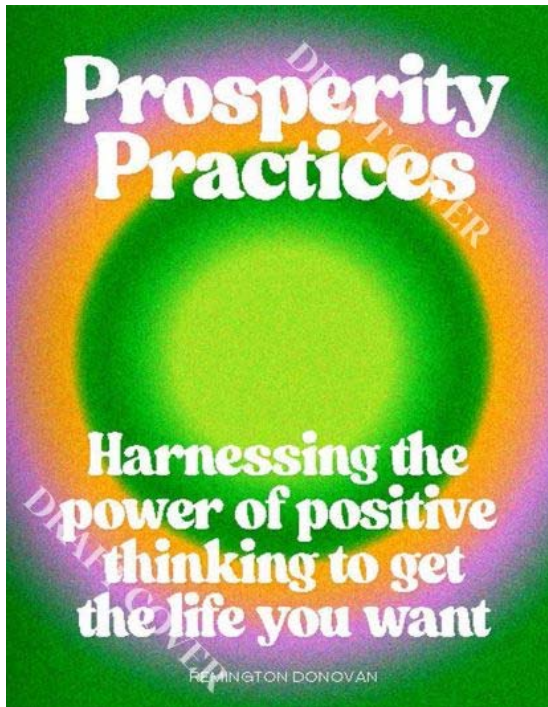
Conceived and edited by Hardie Grant Books.

Hardie Grant
On Sale: May 9/23
4.3 x 5.2 • 96 pages
9781784886653 • \$17.99 • cl
HUMOR / Topic / Celebrity & Popular Culture

Notes

Promotion





Prosperity Practices

Harnessing the Power of Positive Thinking to Get the Life You Want

by Remington Donovan

Prosperity Practices shows how subtle differences in your attitude, turns of phrase and interactions with others can make changes in your life.

It is divided into four chapters – Attitude of Gratitude, The Power of the Word, The Gift of Giving and Let it Grow – and includes a broad scale of practical applications that can help you to live a better life, from manifesting financial prosperity, and realising your self-worth, to letting go of negative energy and improving your engagement with others.

Exercises range from 10-second mantras and simple rituals that will easily fit into your daily routine, to more ambitious 40-day practices.

Through his own lived experiences, Remington Donovan shows how easy it can be to switch your mindset into something prosperous for your mind, body and soul.

Author Bio

Remington Donovan is a numerologist, qabalistic tarot reader, seer and teacher of kundalini yoga living in Los Angeles, California. He uses his considerable talent for numerology and tarot to empower, inspire and guide individuals in private readings and group sessions locally and worldwide through his school, The Mystic Arts. He is the author of Numerology - A Beginner's Guide to the Spiritual Meaning of Numbers.

Hardie Grant

On Sale: May 23/23

5.5 x 7 • 160 pages

9781784886103 • \$28.99 • cl

Body, Mind & Spirit / Inspiration & Personal Growth

Notes

Promotion





Recipes from Andalusia

by Jose Pizarro

Recipes from Andalusia is a culinary exploration of Andalusia, a place where the past and modernity blend together to form a rather magical destination. Not just a feast for the eyes, Andalusia is also a food-lover's paradise. In Recipes from Andalusia, award-winning chef Jose Pizarro takes readers on a journey through it's most delicious dishes. Many of the dishes go back to Moorish times – or earlier – and each of the eight provinces has their own special dish.

Try your hand at Pork loin with pear and hazelnuts, Prawns baked in salt with mango, chilli, cilantro salsa, and a rather boozy Barbary fig margarita. Written in Jose's signature fuss-free style, this is genuine, bold-tasting Spanish food, easily made at home.

A beautiful keepsake that provides an impressive, fresh look at the region's cuisine and set to the backdrop of beautiful location shots, Recipes from Andalusia is a must for anyone who loves authentic, simple Spanish food.

Author Bio

Jose Pizarro is an award-winning chef and bestselling author. He runs tapas and sherry bar Jose and restaurant Pizarro as well as restaurant Jose Pizarro, in London, The Swan in Surrey and two restaurants at The Royal Academy of Arts.

Hardie Grant

On Sale: Aug 1/23

6.7 x 8.8 • 256 pages

9781784886325 • \$35.99 • cl

Cooking / Regional & Ethnic / Spanish

Series: Eat Around Spain

Notes

Promotion





Recipes from Venice

by Katie Caldesi and Giancarlo Caldesi

Recipes from Venice is a culinary exploration of this well-loved Italian city. Husband and wife team Giancarlo and Katie Caldesi have dodged the tourists, drawing inspiration from less obvious areas of Italy's magical city, to unearth the most delicious and authentic recipes.

Try some hot polpetta (salty pork rissoles) or sarde in saor (marinated sardines) with a glass of wine with friends. The traditional Venetian pasta, bigoli, served with a delicious fresh fish salsa is a signature dish that you'll cook time and time again. And the sweet fritelle, fried dumplings filled with custard, are bound to become an instant hit.

Set against the backdrop of breathtaking photographs of the city and Katie's anecdotes of their travels, Recipes from Venice is a beautiful cookbook and keepsake that will transport you to Italy with every page turned.

Author Bio

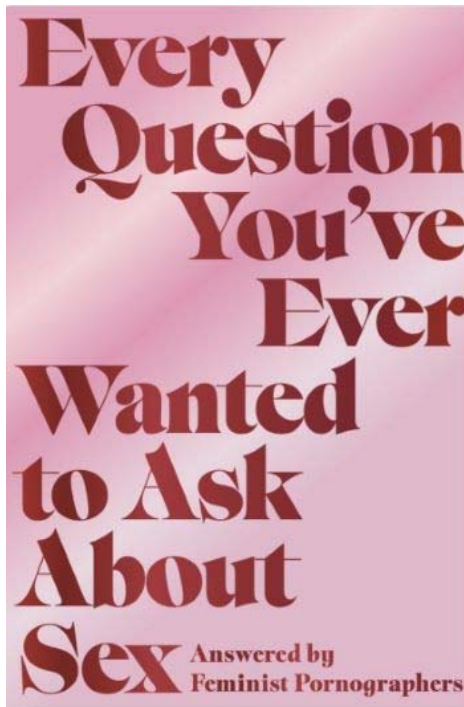
Author owners of London's Caldesi in Marylebone, Caldesi in Campagna, and La Cucina Caldesi cooking school, Katie and Giancarlo Caldesi have a passion for Italian food. They have taught alongside some of the biggest names in Italian cuisine and are the authors of seventeen cookbooks. Author Location: London and Bray Social Media: Instagram: 3.8k followers (@katiecaldesi) Twitter: 14.6K followers (@lacucinacaldesi)

Hardie Grant
On Sale: Aug 15/23
7 x 8.7 • 272 pages
9781784886622 • \$35.99 • cl
Cooking / Italian
Series: Eat Around Italy

Notes

Promotion





Sex Talk

A Feminist Discussion of Sexual Empowerment

by Olympe de G and Stephanie Estournet

Sex Talk shows how opening up discussions on bodies, sexuality and pleasure can lead to much, much better sex and self-esteem, by the eminent French feminist pornographer and feminist writer Olympe de G.

Sex Talk has a clear mission - breaking the taboo of taboos - by opening up the discussion of sex and desire in a clear, engaging and motivational way. The book takes the reader on a journey of self-discovery through nine chapters, discussing everything from self-stimulation, exploring sexual orientation, communicating wants and desires with a partner, staying safe online when sexting, exploring erotica and porn and creating private content - but at the core is the pervading importance of owning your sexual self.

A manifesto for sex positivity, Sex Talk is a book that every womxn should read; it's straight talking, accessible, and most importantly, focuses on what we should be asking ourselves, as opposed to reinforcing the damaging, age-old stereotypes and constructs surrounding sex that detract from personal pleasure.

*Takes the reader on a journey of self discovery, discussing everything from self-stimulation, sexual orientation, communicating wants and desires with a partner, online safety, exploring erotica and porn and creating private content

*Set in a conversational tone that feels accessible and applicable to reader's everyday lives

*Includes further suggestions for podcasts, books and interviews from trusted sources

*Interviews with prominent voices in the field, such as Buck Angel and Paul Preciado

Author Bio

Olympe de G. is a feminist pornographer, hailing from Paris. With several short and feature length films to her name, frequently screened at film festivals, she is also the creator of VOXXX and COXXX, sex positive podcasts that guide both male and female listeners through sexual experimentation and pleasure.

Stephanie Estournet is a journalist and author based in Paris. She co-authored *Pleasure is a Contact Sport* (Jouir est un Sport de Combat), published by Larousse in 2021, with Olympe de G., and is the founder of sex

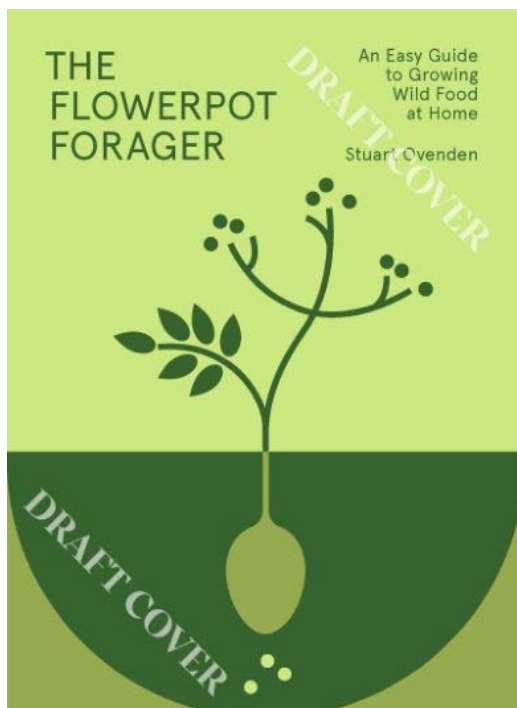


Hardie Grant
On Sale: Aug 1/23
5.7 x 8.5 • 176 pages
9781784884420 • \$32.99 • cl
Self-Help / Sexual Instruction

Notes

Promotion





The Flowerpot Forager

An Easy Guide to Growing Wild Food at Home

by Stuart Ovenden

The Flowerpot Forager is a beginners' guide to growing wild food in pots, making foraging easy. The Flowerpot Forager details 30 wild edible plants that can be grown at home in containers with as much effort as you would put into your tending your herb pot from the supermarket, plus a very simple recipe or two on how to use them - think pink clover lemonade, water mint pesto, and dandelion salad. Foraging is a perennially aspirational hobby for gardeners and cooks alike, but it's now entering the mainstream; from supermarkets stocking wild garlic to Fever Tree spiking their tonics with elderflower, wild food is everywhere. Historically, location has hampered the accessibility of foraging - if you don't live near a wood, riverbed or meadow, it can be difficult to find those lusted-after ingredients in cookbooks and on TV shows. But The Flowerpot Forager is here to solve that.

Author Bio

Stuart Ovenden is a food photographer and passionate forager. He works for the likes of Waitrose and BBC GoodFood, Conde Nast and Tesco.

Hardie Grant

On Sale: May 9/23

5.3 x 7.3 • 160 pages

9781784886257 • \$29.99 • cl

Gardening / Container

Notes

Promotion





The Hats of the Queen

by Thomas Pernette

The Hats of the Queen examines 50 iconic headpieces adorned by the Queen during her reign, uncovering the royal, political, and fashion landscape of the time. In her 70 years in power, Queen Elizabeth II has made her mark on history, navigating the ups and downs of the past century, and wearing many hats - literally and figuratively. In 1933, little Elizabeth, sits in a carriage alongside her grandfather King George V, wearing a round, pink hat hemmed with flowers. In 2020, the year the world fell into crisis with the covid pandemic, the sovereign dons a very similar hat. Nearly 100 years have passed between these two images, a century of politics, diplomacy, and fashion, which is told, in these pages, through the little-known story of the Queen's hats. With a foreword by royal correspondent Alastair Bruce, The Hats of the Queen is a beautiful and informative look back on the life and times of her majesty through these iconic accessories.

•A timely and unique book celebrating the reign of Queen Elizabeth II • Royal correspondent Alastair Bruce provides a foreword

Author Bio

Thomas Pernette is a French journalist at Point de Vue, a newspaper specializing in royal families from around the world.

Hardie Grant

On Sale: May 23/23

8.3 x 11.2 • 240 pages

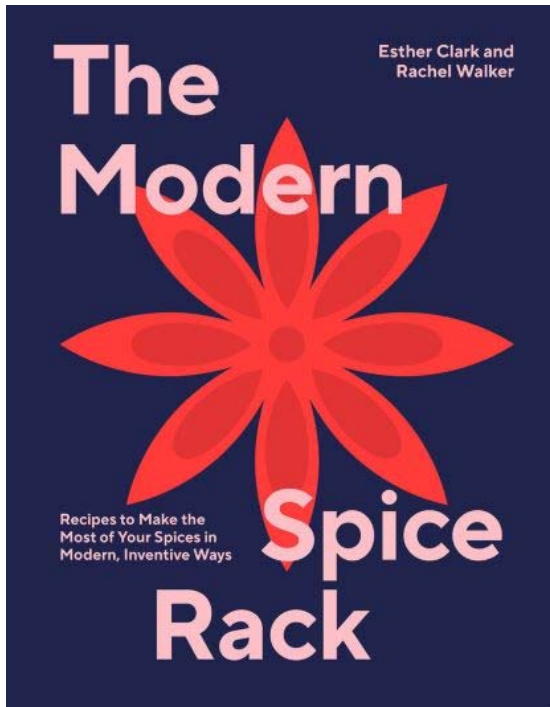
9781784886707 • \$50.00 • cl

Biography / Royalty

Notes

Promotion





The Modern Spice Rack

Making the Most of Your Spices in Modern, Inventive Ways
by Rachel Walker and Esther Clark

The Modern Spice Rack is a comprehensive guide to the most common spices in our cupboards, and how to best make use of them everyday. Spices have, historically, been a tricky ingredient. They're prevalent in everyone's kitchens, but too often are underused, stored badly and kept years beyond their 'best before date'. There's the perceived alchemy of making a curry from scratch and the stringent marrying of certain spices to specific cuisines. This cookbook encourages liberal, creative and everyday use – a well-timed pinch to elevate a dish, with a focus on great taste rather than being tethered to tradition. With colorful introductions give context to lesser-known spices and provide new insights into more familiar varieties, and accompanying recipes that are modern, global and taste-led, The Modern Spice Rack will transform standard groceries into something special.

Author Bio

Rachel Walker was working on the food desk at The Sunday Times when she founded Rooted Spices in 2018. She'd spent a decade working as a food editor and writer – watching the pace of change in the coffee and chocolate industries – and figured it was time that spices caught up. She has driven a long section of the spice route (in a Nissan Micra – from London to Mongolia) and has also travelled by train round the perimeter of India. Rooted Spices was born from a dream of making those vivid bags of spices she'd cram in her rucksack available to everyone. Rachel now continues her spice explorations – often with her husband and two year old in tow – bringing the most fresh and delicious spices to the UK market. Esther Clark is a freelance recipe writer, food stylist and editor, based in London. She trained as a chef in her early 20s before working as a chef in Italy and Northern India. She soon became a freelance food writer, followed by a three-year stint as deputy food editor at one of the UK's leading food brands, BBC Good Food. In 2020, she won the PPA 30 Under 30 Award for her recipe writing. Esther's clients have included Guardian Feast, Sainsbury's magazine, Co-op magazine, OLIVE magazine, BBC Good Food, Waitrose Food Magazine, BOSH, Harper Collins, Pavilion, The Telegraph, The Sunday Times and many more.

Hardie Grant

On Sale: May 9/23

6.9 x 8.9 • 224 pages

9781784885793 • \$46.50 • cl

Cooking / Specific Ingredients / Herbs, Spices,
Condiments

Notes

Promotion





The Queen's Speeches

by Lucy York

The speeches of Queen Elizabeth II hold a special place in many people's hearts across the world. During her 70-year reign she delivered many poignant, touching, and inspirational speeches, always with a warmth and sincerity, many of which have been collected in this volume. From the sentiments of her Christmas Day address, which will have been a firm fixture in many households during the festive period, to the reassuring words of her speech during the uncertainty of the Covid pandemic, *The Queen's Speeches* features some incredibly powerful and quietly contemplative words from a much-loved monarch. The book is peppered throughout with quotes from notable figures and world leaders that reflect the enormous impact that the Queen's words, ethos, and faith had on them. Her ability to connect with people across continents and cultures is reflected in this wonderful and beautiful collection of her speeches.

Author Bio

Lucy York is an editor and writer based in Brighton, UK.

Hardie Grant
On Sale: Aug 1/23
5.8 x 8.5 • 176 pages
9781784886714 • \$29.99 • cl
Literary Collections / Speeches

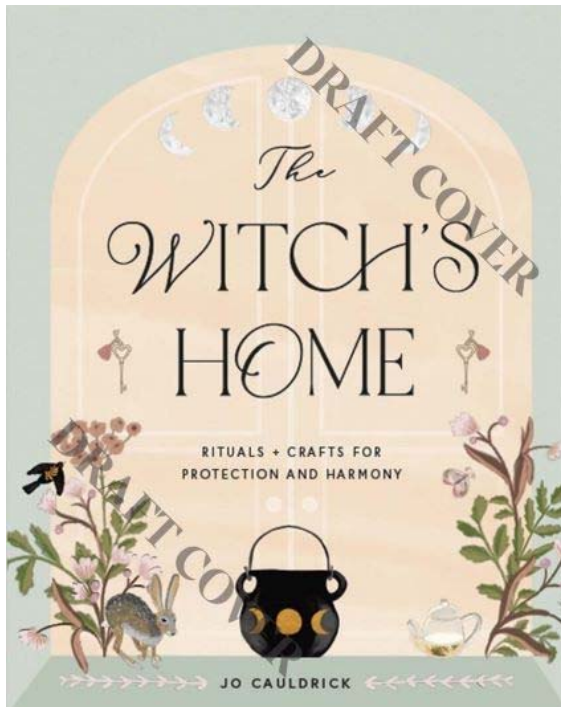
Notes

Promotion



9 781784 886714





Hardie Grant
On Sale: May 30/23
5.5 x 7 • 160 pages
9781784885779 • \$28.99 • cl
Body, Mind & Spirit / Witchcraft & Wicca

Notes

Promotion



The Witch's Home

Rituals and Crafts for Self-Restoration

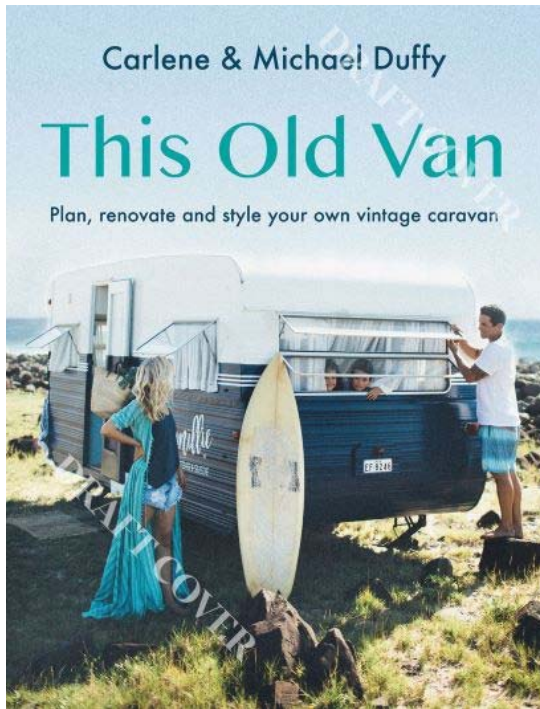
by Jo Cauldrick

In *The Witch's Home*, Jo Cauldrick shares 25 soothing rituals, crafts, meditations and magical practices for you and your home, to encourage a more magical, harmonious way of living. Broken down into five chapters, witchcraft-inspired activities blending homemade crafts, potion-making and spells will help you become the best version of yourself and make your home a haven. With guidance on how to build your own altar space, create a spell bag as well as candle magic and manifesting, you will be able to slow down, connect to the earth and enhance your own spiritual practices. Designed to encourage you to become more in tune with the cycles of nature, *The Witch's Home* is a wonderful, practical guide to making the most of your magical potential.

Author Bio

Jo Cauldrick is a Portugal-based artist and creator of tarot decks, journal packs and coloring sheets to support positive spiritual practice. She is the face behind the successful site *The Moon Journal* and the author of *Muse with the Moon*, an interactive journal inspired by the phases of the moon.





Hardie Grant
On Sale: May 16/23
7.4 x 9.8 • 240 pages
Full colour throughout
9781741178043 • \$50.00 • cl
House & Home / Remodeling & Renovation

Notes

Promotion



hardie grant books

This Old Van

Plan, Renovate and Style Your Own Vintage Caravan

by Carlene Duffy and Michael Duffy

A stunning coffee table book for vanlife and tiny homes enthusiasts, and interior design lovers alike, This Old Van is the guide to renovating and styling a vintage van to give it a second life.

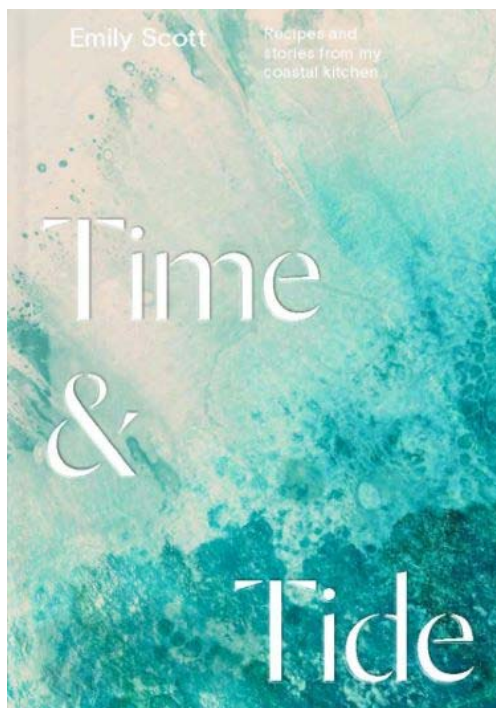
Design and renovation experts Carlene and Michael Duffy have received emails from keen renovators around the world asking for advice on refitting a vintage van or RV. This has led them to create this book, so they can share their wisdom after many van conversion projects of their own. There are tips for purchasing a second-hand van, detailed information on planning and construction, plus options for soft furnishings and styling. Beautiful and also step-by-step images throughout complete the package.

For many, a van or RV is much more than just a holiday home – it's a vehicle for freedom and adventure, or might even be your permanent home. Carlene and Michael address every consideration from budgeting and spatial planning to design aesthetics, so you can create your dream home on wheels.

Author Bio

Carlene and Michael Duffy are a husband-and-wife team who side-doored their way into the design and renovation space after their 2014 appearance on Australian renovation reality show, The Block (Glasshouse). Michael is a qualified carpenter, licensed builder and now also a commercial pilot, while Carlene owns and runs interior design studio Cedar and Suede. Together, they are hosts on the Nine Network's renovation and design channel, 9Life. Based on Australia's Gold Coast, they're parents to two funny, clever, strong-willed children (Paddy and Stella) and the most loved and loving golden Labrador, Harry. Their favorite and most rewarding renovation projects are their vintage van revivals.





Time and Tide

Recipes from a Coastal Kitchen

by Emily Scott

In *Time & Tide*, Emily Scott weaves together all the strands that influence and inspire her cooking; from the salt-scented air to the ever-changing shades of the water and the shapes and textures of the wild fennel and tamarisk plants that crowd in on the coastal path. These elements make for incredible dishes infused with creativity and a sense of place. Emily's recipes reflect the ebb and flow of daily life during the year; from breakfasts of overnight oats and buttery crumpets to lunches of sea-herb focaccia, and from suppers of Cornish bouillabaisse to desserts of treacle tart and bramble and peach crumble. Each dish evokes something inherently special to Emily and the culinary delights of Cornwall. Be welcomed into her coastal world with more than 80 recipes alongside stunning photography to help you discover this most-magical of places.

Author Bio

Emily Scott is a chef, restaurateur, and the author of *Sea & Shore*. Her restaurant, Emily Scott Food, is in Watergate Bay and she was selected as one of the host chefs for the 2021 G7 summit in Cornwall. Emily is passionate about food and loves nothing more than delighting others through cooking.

Hardie Grant

On Sale: Jul 4/23

6.8 x 9.7 • 256 pages

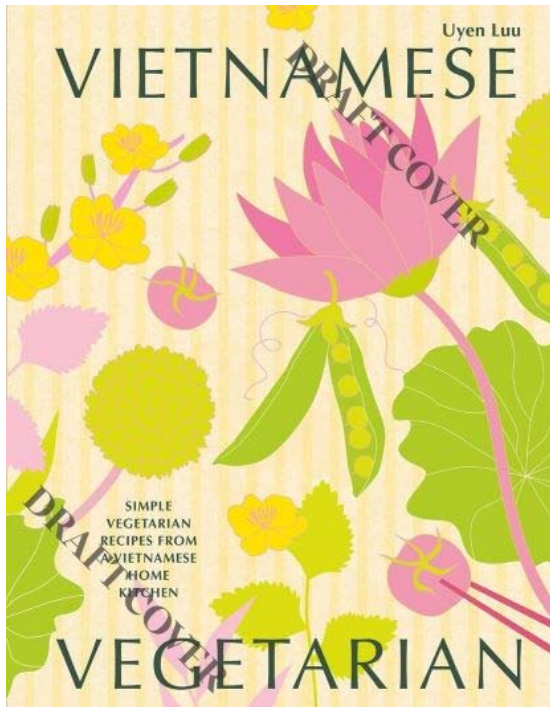
9781784885755 • \$58.00 • cl

Cooking / Regional & Ethnic / English, Scottish & Welsh

Notes

Promotion





LEAD

Vietnamese Vegetarian

Simple Vegetarian Recipes From a Vietnamese Home Kitchen
by Uyen Luu

Vietnamese Vegetarian showcases over 80 of the tastiest vegetarian Vietnamese recipes from Uyen Luu.

From quick dishes such as Sweet Potato Noodles with Roasted Fennel and Sweetheart Cabbage and Grilled Vegetable Banh Mi, to dishes fit for a feast such as Mushroom and Tofu Pho; and Rice Paper Pizza, as well as sweet treats like Rainbow Dessert and Lotus and Sweet Potato Rice Pudding, there is a vast array of dishes for any occasion.

With tips and tricks on how to adapt the recipes to use alternative ingredients, this is bound to be everyone's go-to book on vegetarian Vietnamese food.

Author Bio

Uyen Luu is a food photographer and food stylist by day. She has run a Vietnamese supper club, as well as cooking classes. Uyen grew up in Hackney, London, since her family moved there in the 80s as refugees. This is her third book.

Hardie Grant
On Sale: May 23/23
7.5 x 9.8 • 224 pages
9781784885519 • \$46.50 • cl
Cooking / Vietnamese

Notes

Promotion





LEAD

Yiayia

Regional Recipes and Stories from Greece's Grandmothers
by Anastasia Miari

Yiayia: Regional Recipes and Stories from Greece's Grandmothers showcases regional Greek cookery and features sharing and feasting dishes, mainly vegetarian, from the kitchens of grandmothers across Greece. Think stuffed zucchini from Lesvos. A Tinian fourtalia. Corfiot spicy bourdeto stew. Ionian pasta dishes. Cretan Dakos salad. Watermelon cake from Milos. Despite its popularity, what people know of Greek cuisine is still fairly limited when considering the breadth and diversity of dishes you can find in homes across its 6,000 islands and mainland. Yiayia will map out the diverse dishes of Greece - far beyond the most commonly-known Moussaka, Greek Salad, and tzatziki dip – through the fascinating recipes and stories of its Yiayiades. With stunning location photography and heartwarming interviews, you can discover the true food of Greece and the characterful grandmothers behind it.

Author Bio

Founder of the Matriarch Eats brand, Anastasia Miari has been cooking with and interviewing the world's grandmothers for six years. She holds a Guild of Food Writer's Award for 'inspired storytelling and great journalistic integrity'. She freelances for Lonely Planet Guides, Monocle Magazine, Konfekt Magazine, the Guardian, the Sunday Times and is Courier magazine's Athens-based correspondent. Anastasia is also the author of Grand Dishes, a book of stories and recipes from grandmothers of the globe inspired by her own Greek grandmother (Unbound, 2021). She was invited to cook with Drew Barrymore and Jessica Alba on The Drew Barrymore Show to launch the book.

Hardie Grant

On Sale: May 30/23

7.5 x 9.8 • 256 pages

9781784886127 • \$58.00 • cl

Cooking / Regional & Ethnic / Greek

Notes

Promotion



Raincoast Books



LEAD

Around the Ocean in 80 Fish and other Sea Life

by Helen Scales, illustrated by Marcel George

This is an inspiring tour of the world's oceans and 80 of its most notable inhabitants. Beautifully illustrated, the book includes fascinating stories of the fish, shellfish and other sea life that have somehow impacted human life - whether in our medicine, culture or folklore - in often surprising and unexpected ways.

Author Bio

Dr Helen Scales is a marine biologist, writer and broadcaster. She is author of the Guardian bestseller *Spirals in Time*, New Scientist book of the year *Eye of the Shoal*, and the children's book *The Great Barrier Reef*. She writes for National Geographic Magazine, the Guardian, and New Scientist, among others. She teaches at Cambridge University and is science advisor for the marine conservation charity Sea Changers. Helen divides her time between Cambridge, England, and the wild Atlantic coast of France.

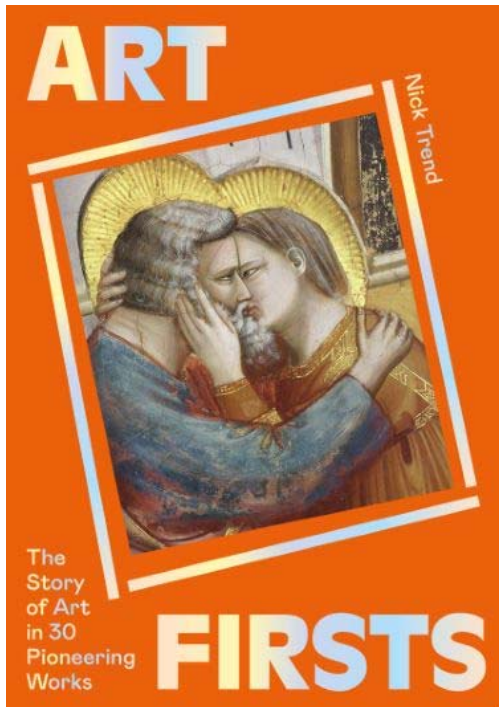
Find Helen on Twitter @helenscales and Instagram @drhelenscales Marcel George is a London-based illustrator specializing in watercolour illustrations. He has produced work for clients such as the Financial Times, Esquire and the Wellcome Trust.

Laurence King Publishing
On Sale: Jun 27/23
6.06 x 9.31 • 216 pages
9781399602785 • \$35.99 • cl
Nature / Marine Life

Notes

Promotion





Art Firsts

The Story of Art in 30 Pioneering Works

by Nick Trend

The story of art is not always the story of art-historical 'isms' and complex academic debate. The real history is often the story of some very simple firsts - the first time an artist painted themselves, the first time someone painted a smile, the first actual place to be depicted, the first feminist artwork, the first anti-war work.

Art evolves and revolutionises itself through these simple - but ground-breaking - creative leaps. *Art Firsts* brings together 30 of these pioneering firsts to piece together an original approach to looking at and appreciating art, as well as understanding where it has come from and how it relates to you. Each first is approachable and engaging, while each work is simply and satisfyingly explained. Every work is also fully illustrated, and its significance is shown through images of the subsequent artists directly inspired by them. *Art Firsts* offers a refreshing and fascinating narrative for those curious about why so-called 'masterpieces' are so important and how the story of art can be boiled down to flashes of fascinating brilliance. When was art's first kiss? Who painted the first ever smile and the first self-portrait? Who made the first known depiction of a gay embrace, when did Western art first depict a Black subject or approach feminism? And why were each of these firsts so important? This book answers all these fascinating questions and more.

A new, simple way of looking at, appreciating and understanding where art has come from.

Each 'first' is deliberately related to our everyday - instead of the traditional art-historical milestones - and (...)

Author Bio

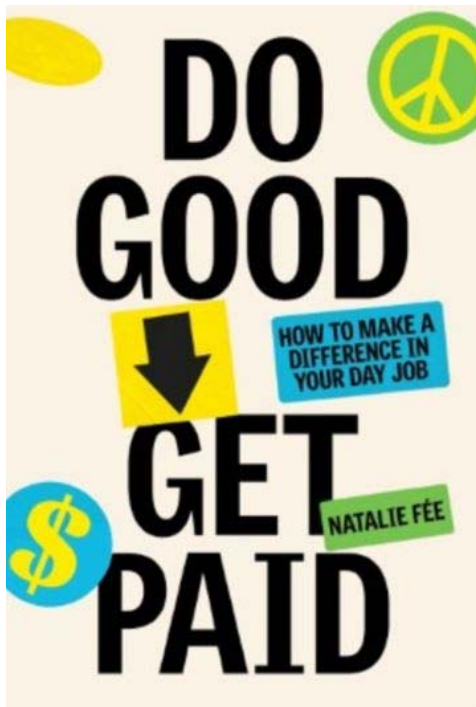
Nick Trend is a journalist and art historian. As Chief Culture Editor for the travel desk of the Daily Telegraph, he has spent nearly three decades writing about the world's art treasures and has produced guides to many of the greatest museums and art collections. He has also worked on the curatorial staff at the National Gallery in London and has a degree in English Literature from Cambridge and a PhD in Art History from the University of East Anglia.

Laurence King Publishing
On Sale: Jun 20/23
208 pages
20
9781399601436 • \$31.99 • pb
Art / History / General

Notes

Promotion





Do Good, Get Paid

Make a difference to the world and be paid for it
by Natalie Fee

Do Good, Get Paid shows you how to make meaningful change in the world while being paid to do so. Award-winning environmental campaigner, author and speaker, Natalie Fee draws on her experience in this sector to outline the areas of work where you can make a positive change and excel at what you do. Make a living while making a difference to the world. Making money while affecting social and environmental change is a perfect subject for Gen Z

Career aides likely to become more in demand following the pandemic, especially for the younger market, most likely to be affected

Written by Natalie Fee, author of the *How to Save the World For Free*, issued in both hardback and paperback

Author Bio

Natalie Fee is an award-winning environmental campaigner, author, speaker, and founder of City to Sea, a non-profit organisation running campaigns to stop plastic pollution at source. She appears regularly as an expert on TV and news media and gives frequent motivational talks.

Laurence King Publishing

On Sale: Jun 20/23

5.06 x 7.81 • 208 pages

250

9780857829191 • \$24.99 • cl

Self-Help / Personal Growth / Success

Notes

Promotion



9 780857 829191





LEAD

Read This if You Want to Take Great Photographs by Henry Carroll

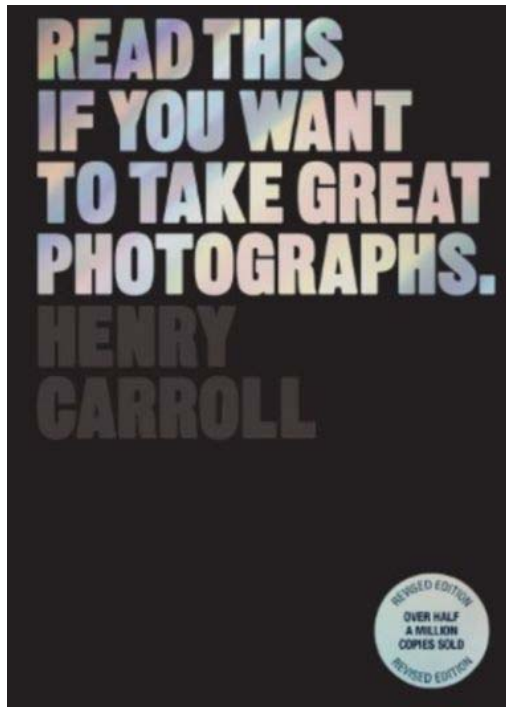
Photography is now more popular than ever thanks to the rapid development of digital cameras. Read This if You Want to Take Great Photographs is ideal for this new wave of snapshooters using DSLR, compact system and bridge cameras. It contains no graphs, no techie diagrams and no camera-club jargon. Instead, it inspires readers through iconic images and playful copy, packed with hands-on tips.

Split into five sections, the book covers composition, exposure, light, lenses and the art of seeing. Masterpieces by acclaimed photographers – including Henri Cartier-Bresson, Sebastiao Salgado, Fay Godwin, Nadav Kander, Daido Moriyama and Martin Parr – serve to illustrate points and encourage readers to try out new ideas.

Today's aspiring photographers want immediacy and see photography as an affordable way of expressing themselves quickly and creatively. This handbook meets their needs, teaching them how to take photographs using professional techniques.

Author Bio

Henry Carroll studied photography at the Royal College of Art and his work has been exhibited worldwide. Henry's clear, jargon-free style of teaching has demystified digital photography and inspired thousands to get creative with their cameras.



Laurence King Publishing
On Sale: May 9/23
144 pages
40
9781399606950 • \$28.99 • pb
Photography / Criticism

Notes

Promotion





Laurence King Publishing
On Sale: Jul 11/23
5.75 x 4 • 160 pages
200
9781529420265 • \$58.00 • pb
Design / General

Notes

Promotion



User Experience Design

An Introduction to Creating Interactive Digital Spaces

by Mark Wells

We all engage with digital user experience design and user interfaces every day - if you are reading this on an e-commerce platform then you are doing it right now. This is an invaluable introduction for designers and creatives on how to create successful digital environments for users.

The discipline of graphic design is increasingly carried out in the virtual sphere, with a greater emphasis on user interaction and user experience than ever before. This book takes students through the crucial stages and skills that are needed for creating successful interactive digital environments, including:

Data collection

User analysis

Testing

Creating valid content

Design for different devices and platforms

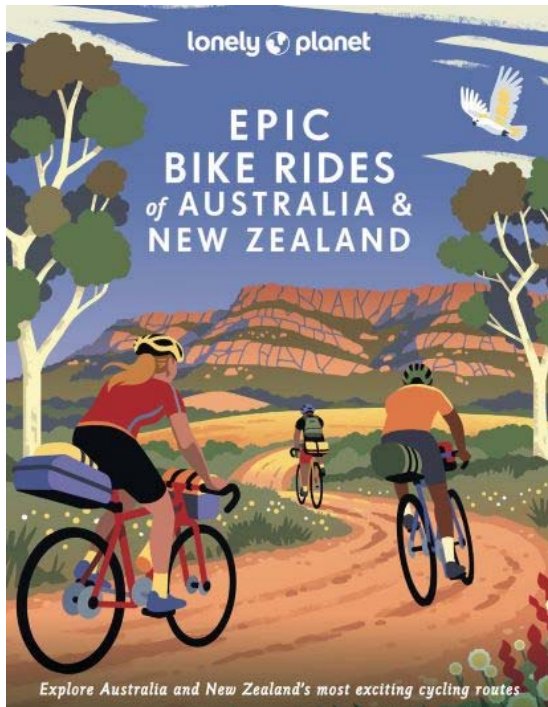
Prototyping and visualization

Visual examples range from screen shots to diagrams and physical prototypes, while case studies featuring digital agencies and creatives from around the world show how they approach each project.

Author Bio

Mark Wells is a Senior Lecturer at University of Brighton. He specializes in interactive design.





Lonely Planet
On Sale: Aug 15/23
8.13 x 10.38 • 320 pages
9781838696047 • \$50.00 • cl
Travel / Special Interest / General
Series: Epic

Notes

Promotion



Lonely Planet Epic Bike Rides of Australia and New Zealand 1

by Lonely Planet

Explore Australia and New Zealand's most thrilling cycling routes in the follow-up to Lonely Planet's Epic Bike Rides of the World. With first-person stories of 50 amazing bike rides plus a further 150 route ideas, this book provides an inspiring introduction to cycle touring and the exciting experiences that await travelers. From family-friendly trips on rail trails to thrilling days out at mountain bike parks and epic, long-distance bikepacking routes, this book has something for every level of cyclist.

Each of the featured rides include:

- First-person accounts from writers who have completed the ride
- Challenge level grading: easy / harder / epic
- Inspirational photography, maps and practical information to follow the writer's journey
- Cycling fact-box: when is the best time to ride, bike hire information, how to get there, what to take
- Expert travel advice: where to stay, recommended detours, the best places to eat
- Suggestions for similar rides

50 epic drives across Australia and New Zealand, including:

- Mountain bike parks: Blue Derby, Tasmania (Australia)
- Rail trails: Murray to the Mountains, Victoria (Australia)
- Long distance trails: Mawson Track, South Australia; Munda Biddi, Western Australia

With a vibrant cover illustrated by Ross Murray, this beautiful hardback continues this collectible series. Whether you're a regular rider or just want to explore your destination in a fun and sustainable way, Epic Bike Rides of Australia & New Zealand will inspire a lifetime of adventures on two wheels.

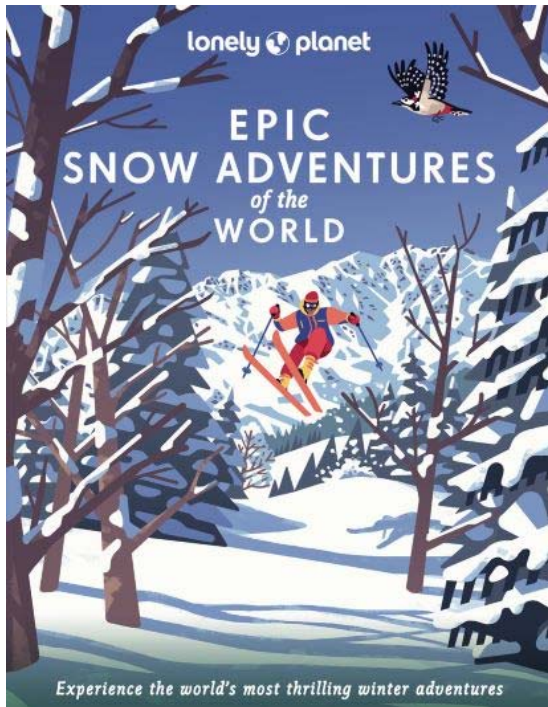
About Lonely Planet:

Lonely Planet, a Red Ventures Company, is a digital travel guidance company and the world's number one travel guidebook brand. Providing



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Lonely Planet
On Sale: Aug 15/23
8.13 x 10.38 • 320 pages
9781838696030 • \$50.00 • cl
Travel / Special Interest / General
Series: Epic

Notes

Promotion



LEAD

Lonely Planet Epic Snow Adventures of the World 1 by Lonely Planet

Explore the world's most thrilling snow adventures with the latest installment in Lonely Planet's Epic series. From skiing British Columbia's Coast Mountains to ice-caving in Iceland and split-boarding the mountains of Hokkaido in Japan, this book contains 50 first-person stories plus a further 150 route ideas. Whether you're looking for an exciting single day activity or a long-distance trip across the slopes, this book has something for winter adventurers of all abilities.

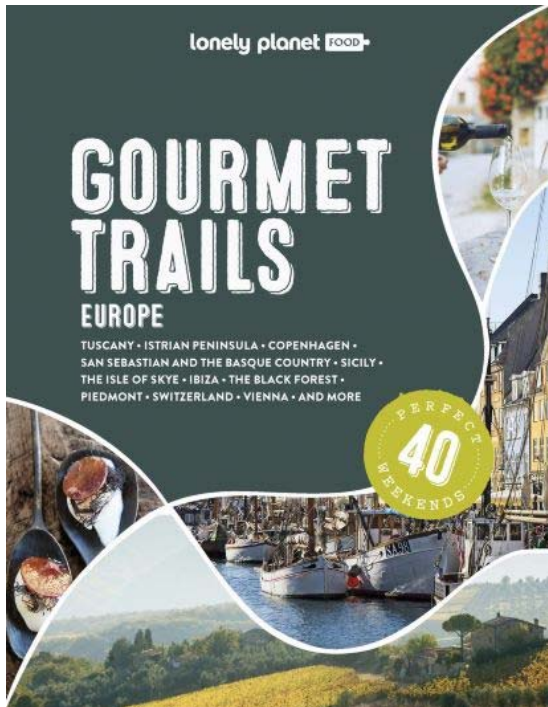
Each of the featured adventures include:

- First-person accounts from writers who have completed the route
- Challenge level grading: easy / harder / epic
- Inspirational photography, maps and practical information to follow the writer's journey
- Activity fact-box: when is the best time to go, equipment hire information, how to get there, what to take
- Expert travel advice: where to stay, recommended detours, the best places to eat
- Suggestions for similar experiences

50 epic adventures, including:

- Skiing and snowboarding trips in classic resorts such as Aspen and Jackson Hole
- Backcountry ski adventures in the Selkirks of British Columbia
- Cross-country skiing in Quebec
- Family fun amongst the snow in Park City, Utah
- Telemark skiing in Norway
- Ice-caving in Iceland
- Ski touring the Haute Route through the French and Swiss Alps
- Snowmobiling in Svalbard
- Splitboarding in Hokkaido





Lonely Planet
On Sale: May 16/23
7.5 x 9.63 • 272 pages
9781838699918 • \$32.00 • cl
Series: Lonely Planet Food

Notes

Promotion



Lonely Planet Gourmet Trails of Europe 1

by Lonely Planet Food

Get a taste for the best of Europe! Enjoy 40 unforgettable food and drink experiences across the continent with this collection of indulgent itineraries. Featured 'gourmet trails' explore food producers, farmers' markets, restaurants, cafes, wineries, distilleries and breweries, all combining to create perfect weekend-long tasting trips.

Crafted by Lonely Planet's expert food and travel writers, you'll discover everything from Belgian beer to French wine and Spanish tapas, while meeting celebrated producers, sampling local specialties, and learning about the history of regional dishes. We also uncover insider tips to reserve your seat at the most renowned restaurants, and reveal secret gems that are off the beaten track.

Trails include famous destinations such as Tuscany and Provence, the street food of Sicily, Istria in Croatia, and hot new experiences such as the dining scene of Copenhagen. Each weekend itinerary features a map to guide you along the route, gorgeous photography, and practical planning information such as how to get there, where to stay, what to do, and the best time to visit for local festivals and events.

Whether you're planning your next culinary adventure, seeking delicious armchair inspiration or looking for the perfect gift to give to a foodie in your life, this gorgeous hardcover is the ultimate guide to eating and drinking throughout Europe.

About Lonely Planet:

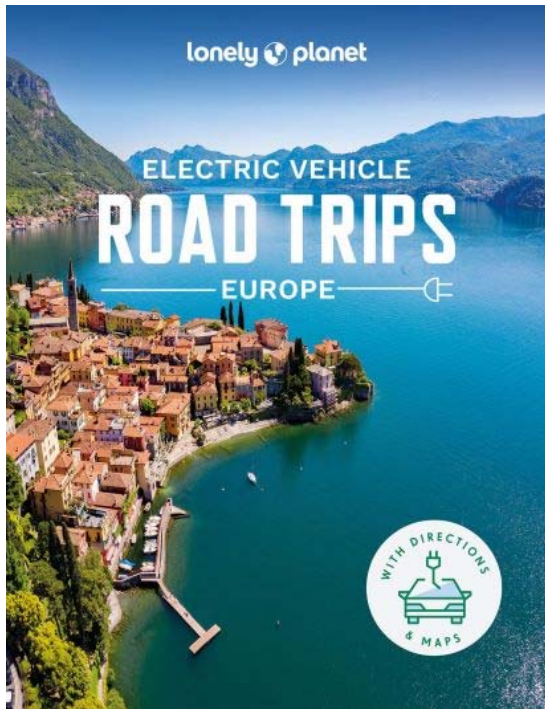
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9 781838 699918





Lonely Planet
On Sale: May 16/23
8.13 x 10.38 • 304 pages
9781838699949 • \$50.00 • cl
Travel / Road Travel
Series: Road Trips

Notes

Promotion



Lonely Planet Electric Vehicle Road Trips - Europe 1 by Lonely Planet

Hop into your electric vehicle and hit the road with this ultimate guide to exploring Europe by car. Packed with detailed driving routes, this book shows travelers how to take advantage of the continent's rapidly growing EV charging network, the highlights to experience along the way, and practical information so that you can plan a more eco-friendly European road trip.

From the NC500 in Scotland to an E-Grand Tour of Switzerland and a drive through Norway's Fjords, we cover routes that range from long weekends away to multi-week adventures.

Each featured road trip itinerary is fully charged with:

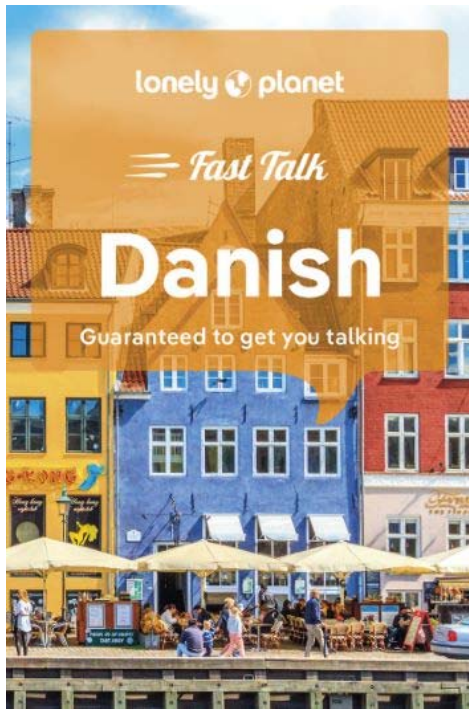
- A detailed route map
- Driving directions
- Recharging locations that align with key sights and experiences along the way - perfect for stop offs overnight or longer
- Practical planning information such as where to stay, car park locations, what to do and where to eat

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Lonely Planet Fast Talk Danish 2

2nd Edition

by Lonely Planet

Although you can get by in Denmark without speaking the language, knowing just a few essential phrases can help you make friends, enjoy service with a smile, and discover richer, more rewarding travel experiences. Fast Talk Danish is the concise language guide that is guaranteed to get you talking with confidence.

Although you can get by in Denmark without speaking the language, knowing just a few essential phrases can help you make friends, enjoy service with a smile, and discover richer, more rewarding travel experiences. Fast Talk Danish is the concise language guide that is guaranteed to get you talking with confidence.

Order salmon-topped smorrebrod, Denmark's famous open sandwich, ask where to find Copenhagen's best coffee house, or get in-the-know shopping tips from locals.

Essential phrases to meet all your travel needs

How to get local recommendations

Easy-to-use pronunciation guides

Expert tips to boost your confidence

About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more, enabling you to explore every day.

'Lonely Planet guides are, quite simply, like no other.' New York Times

'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' Fairfax Media (Australia)

Lonely Planet

On Sale: Jul 18/23

3.63 x 5.5 • 96 pages

9781787015555 • \$11.99 • pb

Foreign Language Study / Danish

Series: Fast Talk

Notes

Promotion



Raincoast Books

Page 91 of 310 Sales Rep



Lonely Planet Fast Talk Finnish 2

2nd Edition

by Lonely Planet

Although you can get by in Finland without speaking the language, knowing just a few essential phrases can help you make friends, enjoy service with a smile, and discover richer, more rewarding travel experiences. Fast Talk Finnish is the concise language guide that is guaranteed to get you talking with confidence.

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Ask where to find the best cocktail in Helsinki, order a delicious plate of gravlax, or go looking for quirky souvenirs and haggle for a bargain.

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Easy-to-use pronunciation guides

Expert tips to boost your confidence

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Lonely Planet

On Sale: Jul 18/23

3.63 x 5.5 • 96 pages

9781788681001 • \$11.99 • pb

Foreign Language Study / Scandinavian Languages

Series: Fast Talk

Notes

Promotion





Lonely Planet
On Sale: Aug 15/23
3.63 x 5.5 • 96 pages
9781787015562 • \$11.99 • pb
Foreign Language Study / French
Series: Fast Talk

Notes

Promotion



LEAD

Lonely Planet Fast Talk French 5

5th Edition
by Lonely Planet

Although you can get by in France without speaking the language, knowing just a few essential phrases can help you make friends, enjoy service with a smile, and discover richer, more rewarding travel experiences. Fast Talk French is the concise language guide that is guaranteed to get you talking with confidence.

Although you can get by in France without speaking the language, knowing just a few essential phrases can help you make friends, enjoy service with a smile, and discover richer, more rewarding travel experiences. Fast Talk French is the concise language guide that is guaranteed to get you talking with confidence.

Taste your way around the cellars of Champagne, explore the sights of Paris, or grab that great shopping bargain.

Essential phrases to meet all your travel needs

How to get local recommendations

Easy-to-use pronunciation guides

Expert tips to boost your confidence

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'Lonely Planet guides are, quite simply, like no other.' New York Times

'Lonely Planet. It's on everyone's bookshelves; it's in every traveller's hands. It's on mobile phones. It's on the Internet. It's everywhere, and it's telling entire generations of people how to travel the world.' Fairfax Media (Australia)





Lonely Planet
On Sale: Jul 18/23
3.63 x 5.5 • 96 pages
9781787015593 • \$11.99 • pb
Foreign Language Study / Italian
Series: Fast Talk

Notes

Promotion



LEAD

Lonely Planet Fast Talk Italian 5

5th Edition

by Lonely Planet

Although you can get by in Italy without speaking the language, knowing just a few essential phrases can help you make friends, enjoy service with a smile, and discover richer, more rewarding travel experiences. Fast Talk Italian is the concise language guide that is guaranteed to get you talking with confidence. Although you can get by in Italy without speaking the language, knowing just a few essential phrases can help you make friends, enjoy service with a smile, and discover richer, more rewarding travel experiences. Fast Talk Italian is the concise language guide that is guaranteed to get you talking with confidence.

Experience a delicious meal at a no-menu trattoria, find a hidden art gallery off the tourist trail, or discover the best cappuccino in Rome.

Essential phrases to meet all your travel needs

How to get local recommendations

Easy-to-use pronunciation guides

Expert tips to boost your confidence

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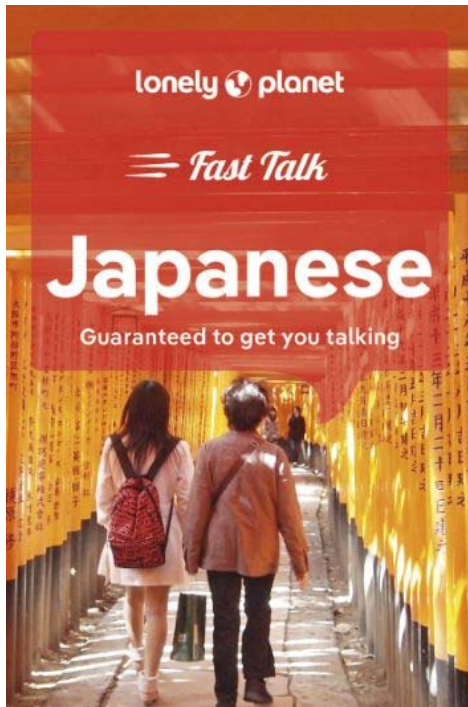
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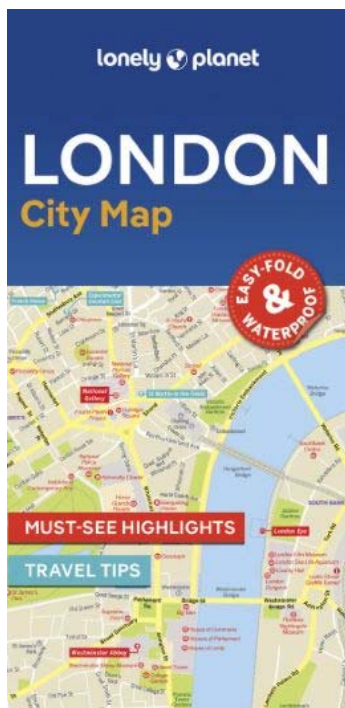
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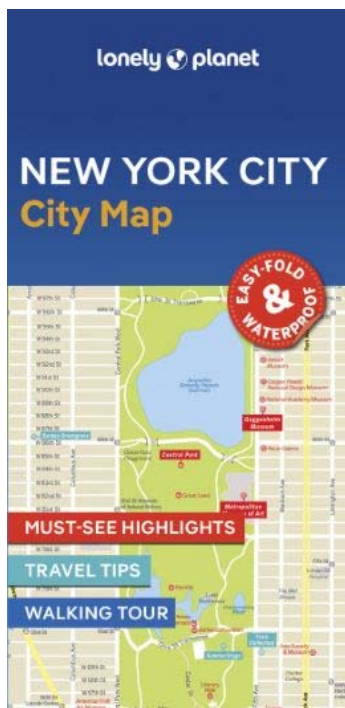
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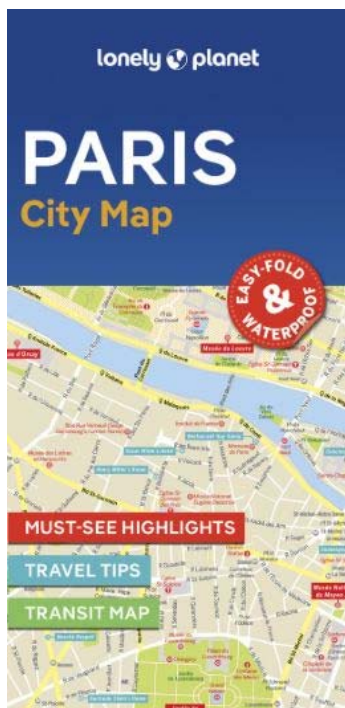
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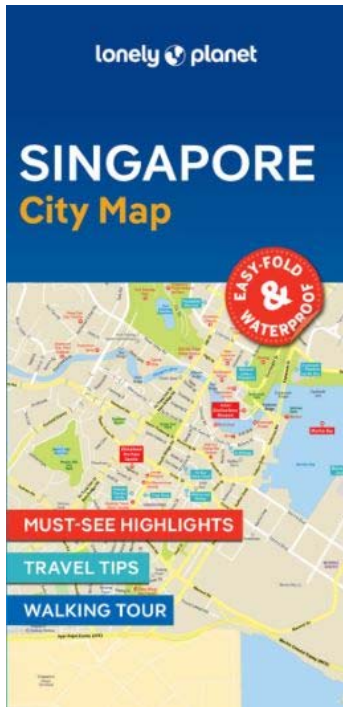
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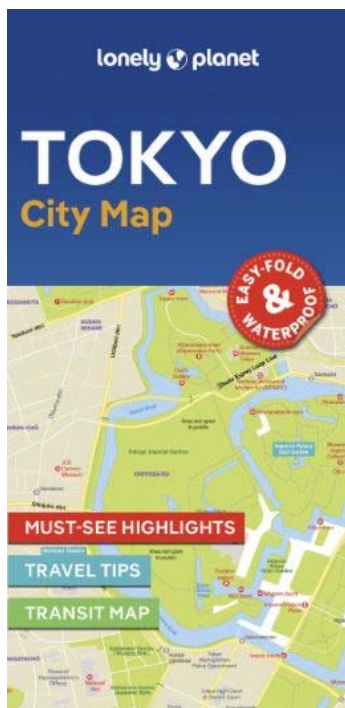
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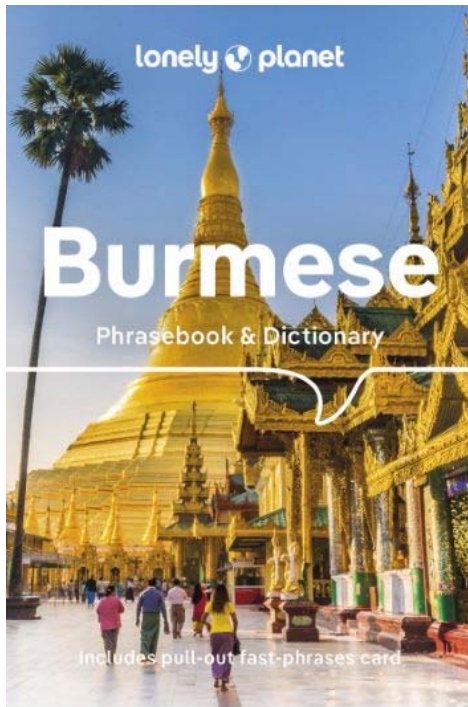
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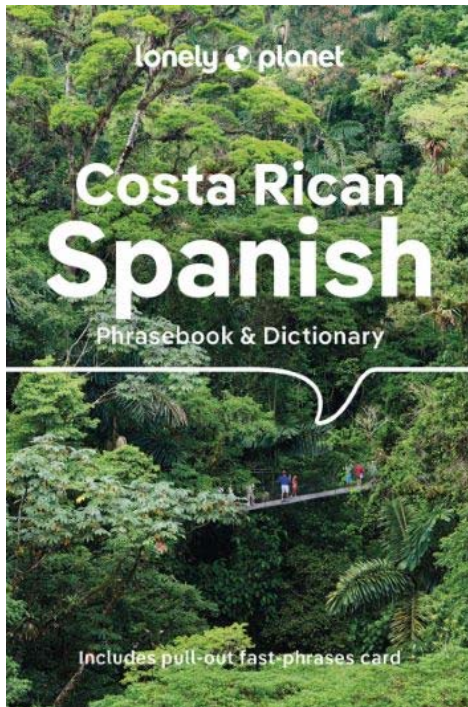
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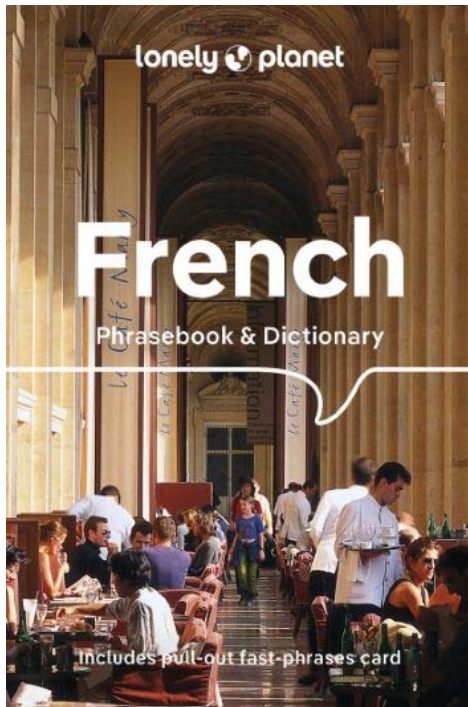
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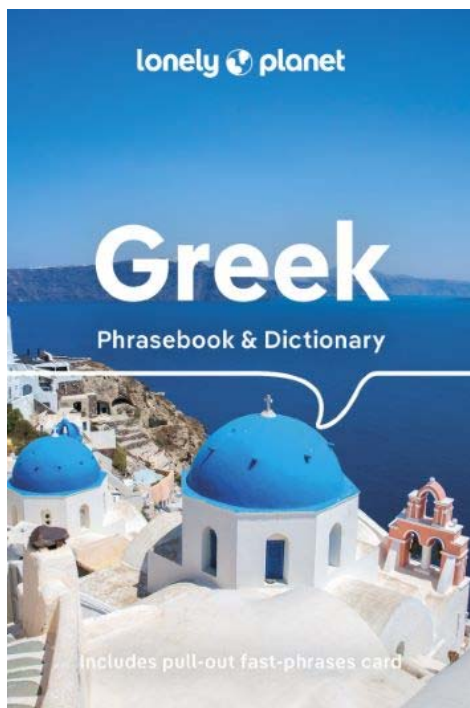


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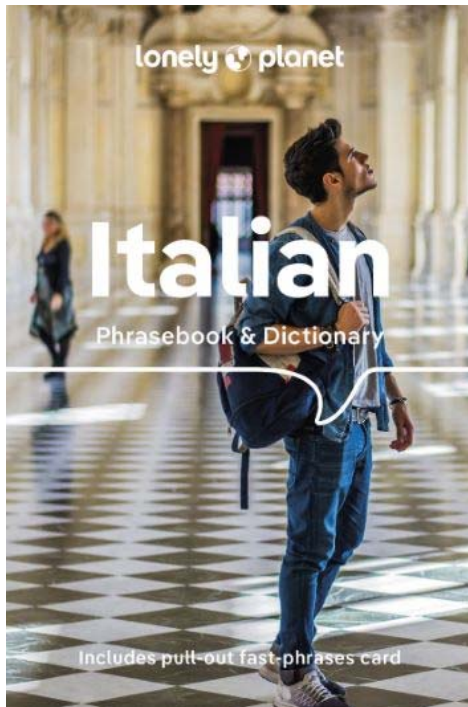
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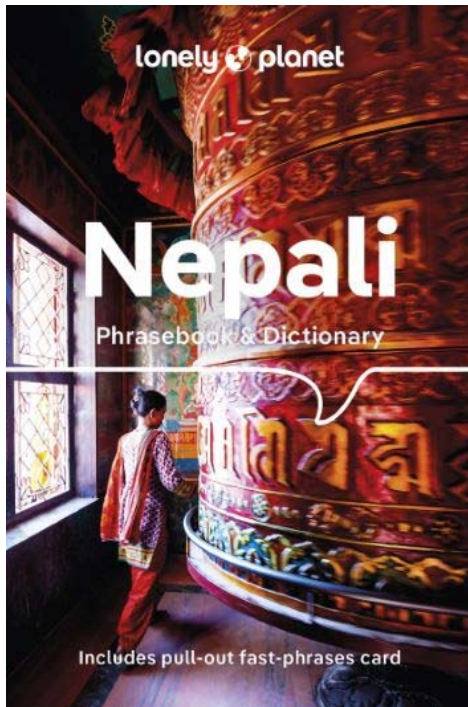
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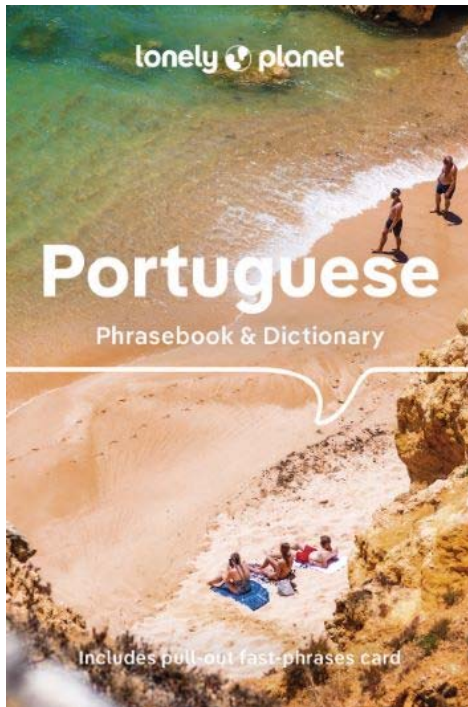
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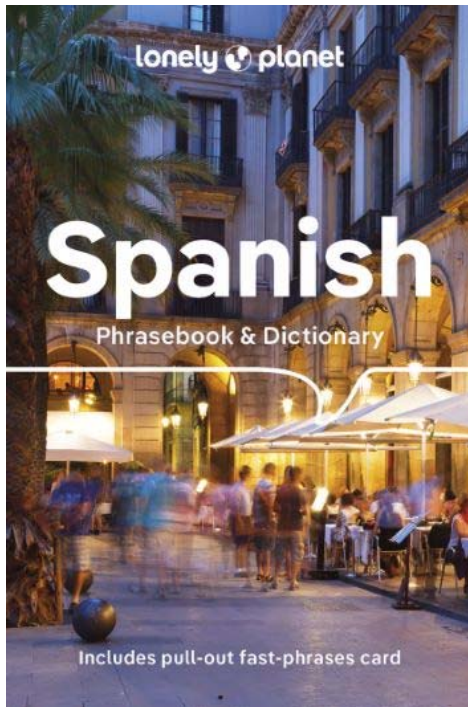
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Lonely Planet Spanish Phrasebook & Dictionary 9 by Lonely Planet

Lonely Planet's Spanish Phrasebook & Dictionary is your handy passport to culturally enriching travels with the most relevant and useful Spanish phrases and vocabulary for all your travel needs. Order tapas with confidence, ask directions to the local flamenco and mingle with locals over sangria; all with your trusted travel companion.

Lonely Planet's Spanish Phrasebook and Dictionary is your handy passport to culturally enriching travels with the most relevant and useful Spanish phrases and vocabulary for all your travel needs. Order tapas with confidence, ask directions to the local flamenco and mingle with locals over sangria; all with your trusted travel companion.

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Feel at ease with essential tips on culture, manners, idioms and multiple meanings

Order with confidence, explain food allergies, and try new foods with the menu decoder

Save time and hassles with vital phrases at your fingertips

Never get stuck for words with the 3500-word two-way, quick-reference dictionary

Be prepared for both common and emergency travel situations with practical phrases and terminology

Meet friends with conversation starter phrases

Get your message across with easy-to-use pronunciation guides

Inside Lonely Planet's Spanish Phrasebook and Dictionary:

Full-colour throughout

User-friendly layout organised by travel scenario categories

Survival phrases inside front cover for at-a-glance, on-the-fly cues

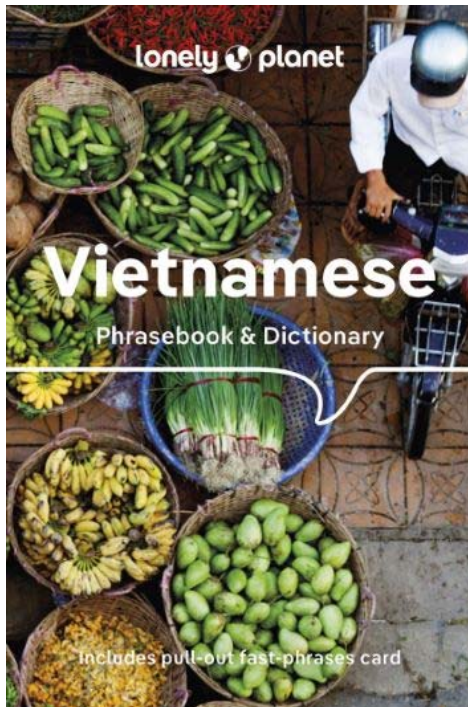
Convenient features

5 Phrases to Learn Before You Go



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Foreign Language Study / Vietnamese
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Lonely Planet's Vietnamese Phrasebook and Dictionary is your handy passport to culturally enriching travels with the most relevant and useful Vietnamese phrases and vocabulary for all your travel needs. Order your iced coffee with authority, ease, bargain like a pro at markets, and order confidently smoothly from street food stalls; all with your trusted travel companion.

Get More From Your Trip with Easy-to-Find Phrases for Every Travel Situation!

Feel at ease with essential tips on culture, manners, idioms and multiple meanings

Order with confidence, explain food allergies, and try new foods with the menu decoder

Save time and hassles with vital phrases at your fingertips

Never get stuck for words with the 3500-word two-way, quick-reference dictionary

Be prepared for both common and emergency travel situations with practical phrases and terminology

Meet friends with conversation starter phrases

Get your message across with easy-to-use pronunciation guides

Inside Lonely Planet's Vietnamese Phrasebook and Dictionary:

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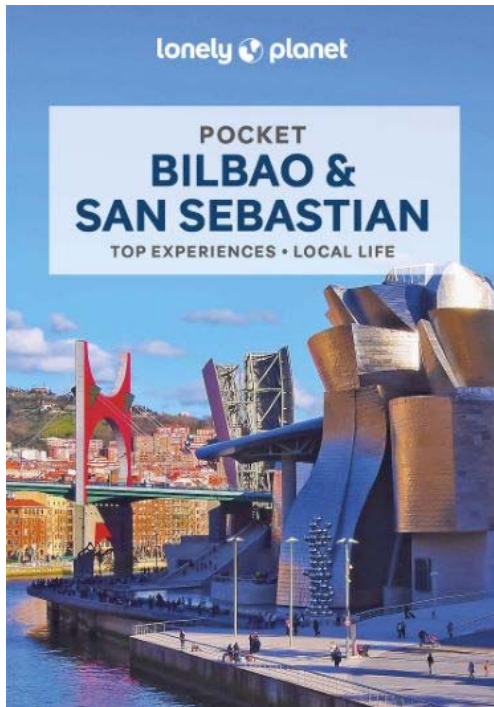
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Convenient features

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10 Ways to Start a Sentence





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by Lonely Planet

Lonely Planet's Pocket Bilbao & San Sebastian is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Visit the shimmering Museo Guggenheim Bilbao, enjoy sun-baked beaches, or sample tasty pintxos; all with your trusted travel companion. Uncover the best of Bilbao & San Sebastian and make the most of your trip!

Lonely Planet's Pocket Bilbao and San Sebastian is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Visit the shimmering Museo Guggenheim Bilbao, enjoy sun-baked beaches, or sample tasty pintxos; all with your trusted travel companion. Uncover the best of Bilbao and San Sebastian and make the most of your trip!

Inside Lonely Planet's Pocket Bilbao and San Sebastian:

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

Convenient pull-out Bilbao and San Sebastian map (included in print version), plus over 15 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

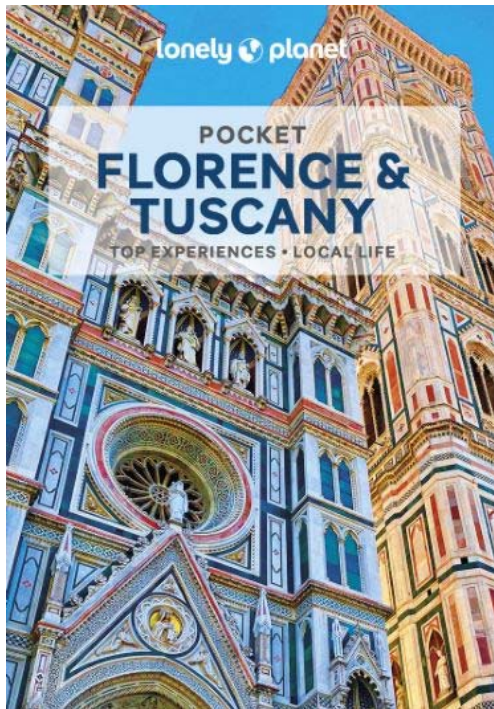
Covers Bilbao, San Sebastian, Hondarribi, Pasajes and more

The Perfect Choice: Lonely Planet's Pocket Bilbao and San Sebastian, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Bilbao and San Sebastian with trusted travel advice to get the most out of your trip.



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Promotion



Lonely Planet Pocket Florence & Tuscany 6

by Lonely Planet

Lonely Planet's Pocket Florence & Tuscany is your guide to the region's best experiences and local life - neighbourhood by neighbourhood. Marvel at Florence's Duomo, climb the Leaning Tower of Pisa and get back to nature in Chianti; all with your trusted travel companion. Uncover the best of Florence & Tuscany and make the most of your trip!

Lonely Planet's Pocket Florence and Tuscany is your guide to the region's best experiences and local life - neighbourhood by neighbourhood. Marvel at Florence's Duomo, climb the Leaning Tower of Pisa and get back to nature in Chianti; all with your trusted travel companion. Uncover the best of Florence and Tuscany and make the most of your trip!

Inside Lonely Planet's Pocket Florence and Tuscany:

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

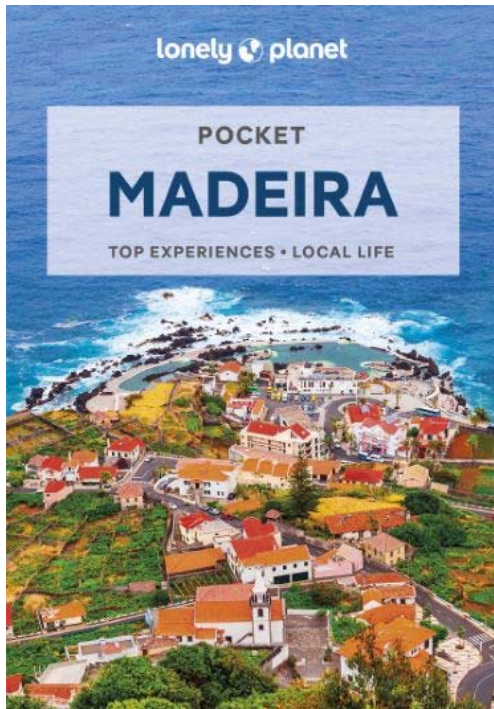
Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Florence, Pisa, Siena, Fiesole, Lucca, Chianti and more

The Perfect Choice: Lonely Planet's Pocket Florence and Tuscany, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Florence and Tuscany (...)





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Notes

Promotion



Lonely Planet Pocket Madeira 4

by Lonely Planet

Lonely Planet's Pocket Madeira is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Explore to exotic botanical gardens, admire the Monte view and enjoy a beach day at Porto Santo; all with your trusted travel companion. Uncover the best of Madeira and make the most of your trip!

Lonely Planet's Pocket Madeira is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Explore to exotic botanical gardens, admire the Monte view and enjoy a beach day at Porto Santo; all with your trusted travel companion. Uncover the best of Madeira and make the most of your trip!

Inside Lonely Planet's Pocket Madeira:

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

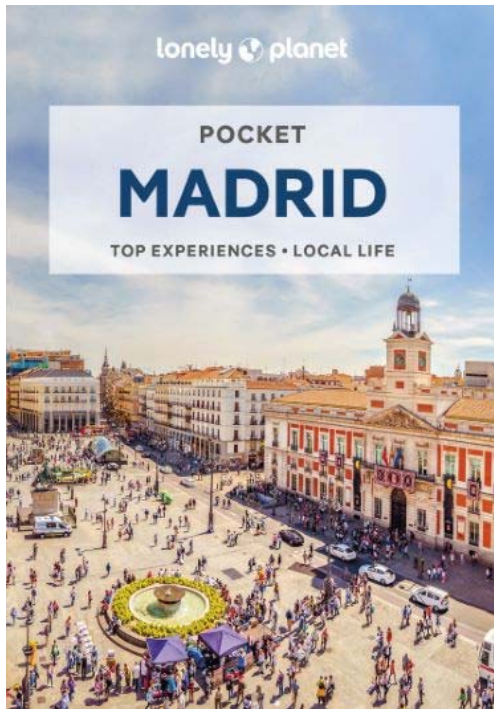
Convenient pull-out Madeira map (included in print version), plus over 17 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers West Funchal, East Funchal, North Coast, East Madeira, West Madeira and more

The Perfect Choice: Lonely Planet's Pocket Madeira, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Madeira with trusted travel advice to get you straight to the heart of the city.





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Lonely Planet Pocket Madrid 7

by Lonely Planet

Lonely Planet's Pocket Madrid is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Explore the art at Museo del Prado, stroll through Parque del Buen Retiro and ponder Picasso's Guernica at the Reina Sofia; all with your trusted travel companion. Uncover the best of Madrid and make the most of your trip!

Lonely Planet's Pocket Madrid is your guide to the city's best experiences and local life - neighbourhood by neighbourhood. Explore the art at Museo del Prado, stroll through Parque del Buen Retiro and ponder Picasso's Guernica at the Reina Sofia; all with your trusted travel companion. Uncover the best of Madrid and make the most of your trip!

Inside Lonely Planet's Pocket Madrid:

Full-colour maps and travel photography throughout

Highlights and itineraries help you tailor a trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sightseeing, going out, shopping, hidden gems that most guidebooks miss

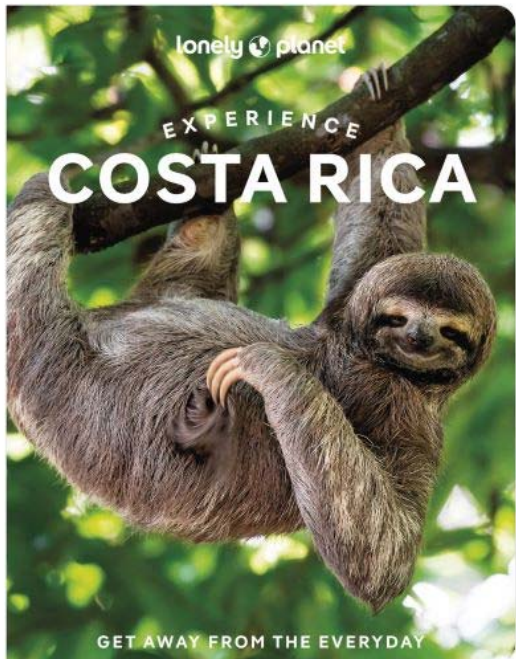
Convenient pull-out Madrid map (included in print version), plus over 21 colour neighbourhood maps

User-friendly layout with helpful icons, and organised by neighbourhood to help you pick the best spots to spend your time

Covers Salamanca, Plaza Mayor, Royal Madrid, El Retiro, La Latina, Lavapiés, Malasana, Chueca, Sol, Santa Ana, Huertas, and more

The Perfect Choice: Lonely Planet's Pocket Madrid, an easy-to-use guide filled with top experiences - neighbourhood by neighbourhood - that literally fits in your pocket. Make the most of a quick trip to Madrid with (...)





Lonely Planet Experience Costa Rica 1

by Lonely Planet

Lonely Planet's Experience Costa Rica is your guide to unforgettable experiences and local surprises. Find waves in Santa Teresa, traverse the jungle in Parque Nacional Tortuguero, or hike near Volcan Arenal - all guided by local experts with fresh perspectives. Uncover Costa Rica's best experiences and get away from the everyday!

Lonely Planet's Experience Costa Rica is your guide to unforgettable experiences and local surprises. Find waves in Santa Teresa, traverse the jungle in Parque Nacional Tortuguero, or hike near Volcan Arenal - all guided by local experts with fresh perspectives. Uncover Costa Rica's best experiences and get away from the everyday!

Inside Lonely Planet's Experience Costa Rica:

Unique experiences to string together an unforgettable trip

Inspiring full-colour travel photography and maps throughout

Highlights and trip builders to help tailor a trip to your personal needs and interests

Fresh perspectives to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights

Insider tips help you discover hidden gems and get around like a local

Expert insights take you to the heart of the place - local cuisine, wildlife, hiking, white water rafting

Practical info and tips on money, getting around, unique and local ways to stay, and responsible travel

Covers San Jose, Central Valley, Highlands, Caribbean Coast, Northwestern Costa Rica, Arenal, Northern Lowlands, Peninsula de Nicoya, Central Pacific Coast, Southern Costa Rica, Peninsula de Osa, and more

The Perfect Choice: Lonely Planet's Experience Costa Rica, our inspiring guide, filled with local tips and fresh perspectives focuses on Costa Rica's best experiences to string together for an unforgettable trip.

Looking for a comprehensive guide that recommends both popular and offbeat experiences (...)

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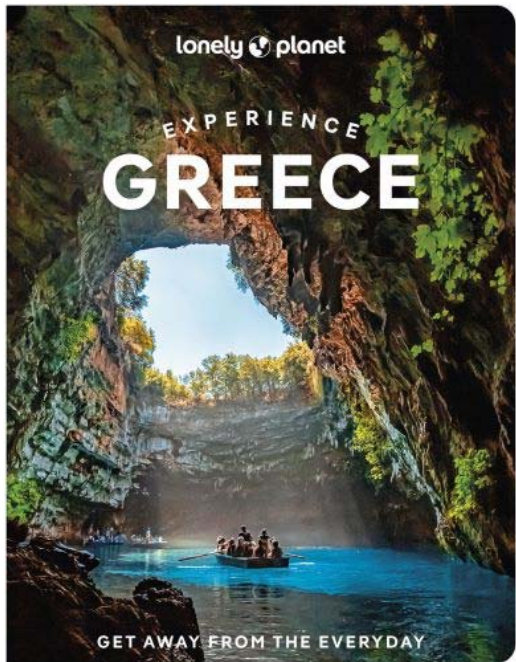
Travel / Central America

Series: Travel Guide

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LEAD

Lonely Planet Experience Greece 1

by Lonely Planet

Lonely Planet's Experience Greece is your guide to unforgettable experiences and local surprises. Marvel at Athens' ancient Acropolis, island-hop through the Aegean Sea, and relax on pristine beaches - all guided by local experts with fresh perspectives. Uncover Greece's best experiences and get away from the everyday!

Lonely Planet's Experience Greece is your guide to unforgettable experiences and local surprises. Marvel at Athens' ancient Acropolis, island-hop through the Aegean Sea, and relax on pristine beaches - all guided by local experts with fresh perspectives. Uncover Greece's best experiences and get away from the everyday!

Inside Lonely Planet's Experience Greece:

Unique experiences to string together an unforgettable trip

Inspiring full-colour travel photography and maps throughout

Highlights and trip builders to help tailor a trip to your personal needs and interests

Fresh perspectives to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights

Insider tips help you discover hidden gems and get around like a local

Expert insights take you to the heart of the place - food, culture, history, politics

Practical info and tips on money, getting around, unique and local ways to stay, and responsible travel

Covers Athens, Thessaloniki and northern Greece, Delphi and central Greece, the Peloponnese peninsula, the Saronic Gulf islands, Ionian islands, Crete, the Cyclades, the Dodecanese, and the Aegean islands.

The Perfect Choice: Lonely Planet's Experience Greece, our inspiring guide, filled with local tips and fresh perspectives focuses on Greece's best experiences to string together for an unforgettable trip.



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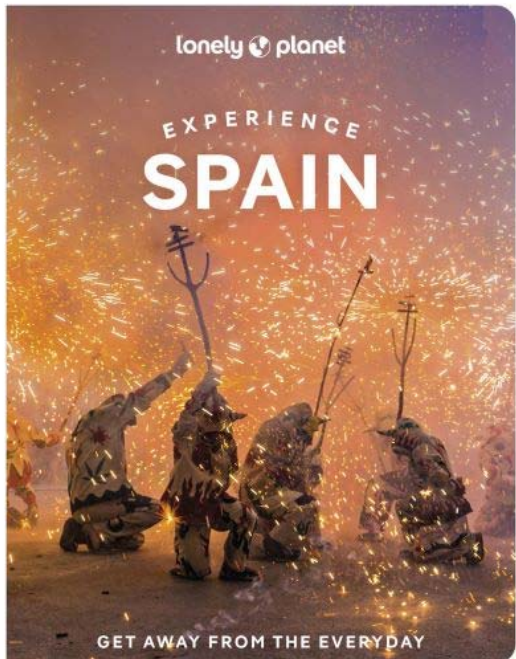
Travel / Europe / Greece

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LEAD

Lonely Planet Experience Spain 1

by Lonely Planet

Lonely Planet's Experience Spain is your guide to unforgettable experiences and local surprises. Trek beautiful national parks, sample tapas and wine from around the country and explore Roman and Moorish sites in the south - all guided by local experts with fresh perspectives. Uncover Spain's best experiences and get away from the everyday!

Inside Lonely Planet's Experience Spain:

Unique experiences to string together an unforgettable trip

Inspiring full-colour travel photography and maps throughout

Highlights and trip builders to help tailor a trip to your personal needs and interests

Fresh perspectives to surprise you with things you hadn't thought of, as well as fresh takes on the well-known sights

Insider tips help you discover hidden gems and get around like a local

Expert insights take you to the heart of the place - food, culture, history, politics

Practical info and tips on money, getting around, unique and local ways to stay, and responsible travel

Covers Madrid, northwest Spain, Barcelona, northeast Spain, mid-Spain, Andalucia and more

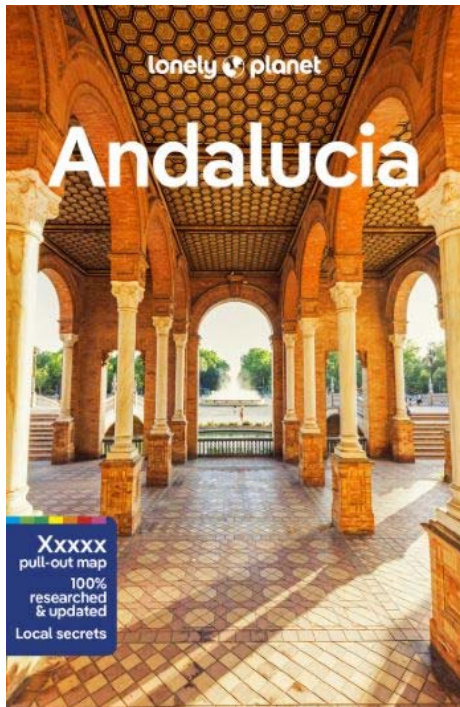
The Perfect Choice (...)

Author Bio

About Lonely Planet: Lonely Planet is a leading travel media company, providing both inspiring and trustworthy information for every kind of traveller since 1973. Over the past four decades, we've printed over 145 million guidebooks and phrasebooks for 120 languages, and grown a dedicated, passionate global community of travellers. You'll also find our content online, and in mobile apps, videos, 14 languages, armchair and lifestyle books, ebooks, and more, enabling you to explore every day.

'Lonely Planet guides are, quite simply, like no other.' New York Times





Lonely Planet Andalusia 11

by Lonely Planet

Lonely Planet's Andalusia is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Stroll the ancient streets of Seville, share delicious tapas in Malaga and relax on the picturesque beaches of Costa del Sol; all with your trusted travel companion.

Inside Lonely Planet's Andalusia Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

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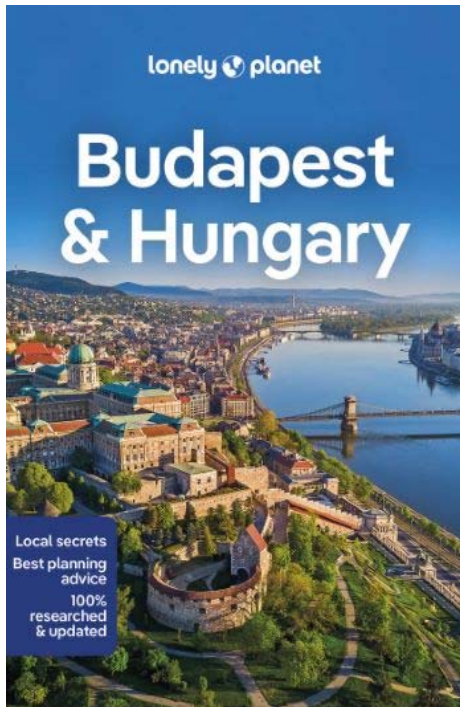
Travel / Europe / Spain & Portugal

Series: Travel Guide

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Lonely Planet Budapest & Hungary 9

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Lonely Planet's Budapest & Hungary is our most comprehensive guide that extensively covers all the city and country has to offer, with recommendations for both popular and lesser-known experiences. Take a cruise along the Danube, hang out at a ruin bar and take a dip in one of the many thermal baths; all with your trusted travel companion.

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Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Destination specific chapter on Budapest's thermal baths and spas

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

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Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Budapest, the Danube Bend, Lake Balaton, Szeged, Pecs, Sopron, Southern Transdanubia, the Great Plain, Western Transdanubia, Eger, Northern Uplands, Szentendre, Visegrad, Villany, and more.

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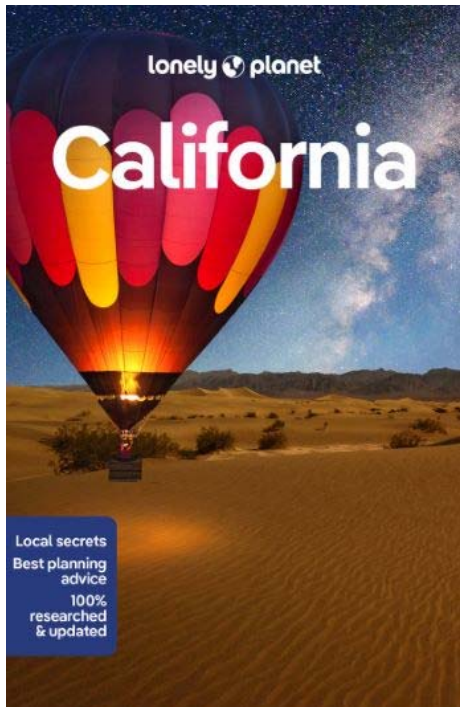
Travel / Europe / Eastern

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Lonely Planet California 10

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Lonely Planet's California is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Paddle in the Pacific, trek through desert oases, and watch fog tumble over the Golden Gate Bridge; all with your trusted travel companion. Get to the heart of California and begin your journey now!

Lonely Planet's California is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Paddle in the Pacific, trek through desert oases, and watch fog tumble over the Golden Gate Bridge; all with your trusted travel companion. Get to the heart of California and begin your journey now!

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Planning tools for family travelers - where to go, how to save money, plus fun stuff just for kids

What's New feature taps into cultural trends and helps you find fresh ideas and cool new areas our writers have uncovered

NEW Accommodations feature gathers all the information you need to plan your accommodations

NEW Where to Stay in San Francisco and Where to Stay in Los Angeles maps are your at-a-glance guide to accommodations options in each neighborhood

Color maps and images throughout

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Insider tips to save time and money (...)

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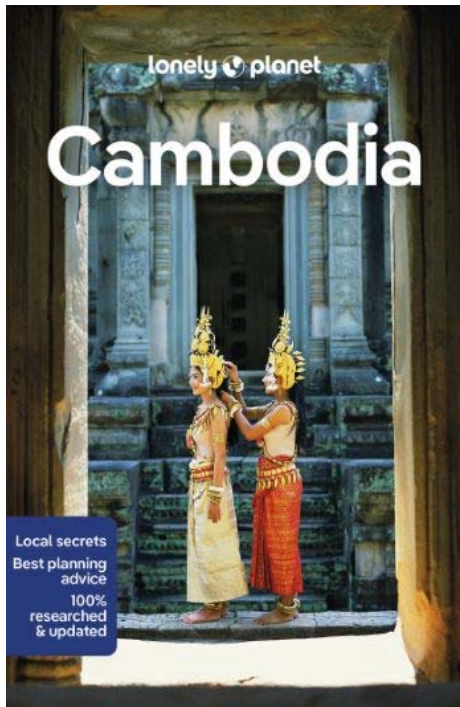
Travel / US / West / Pacific

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Lonely Planet Cambodia 13

by Lonely Planet

Lonely Planet's Cambodia is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Explore the elaborate temples of Angkor Wat, relax on pristine island beaches and immerse yourself in the history of Phnom Penh; all with your trusted travel companion.

Inside Lonely Planet's Cambodia Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

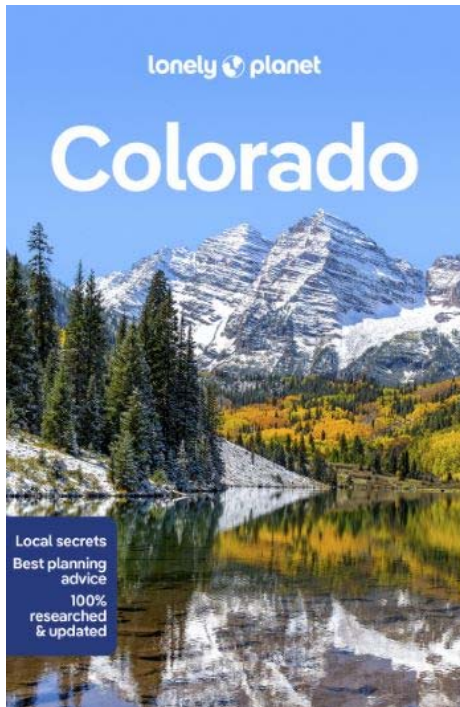
Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Phnom Penh, Siem Reap, Temples of Angkor, South Coast, Northwestern Cambodia, Eastern Cambodia and more

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Lonely Planet Colorado is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Hit the slopes in Aspen, discover the Old West in Durango or marvel at the splendor of the Rockies, all with your trusted travel companion. Get to the heart of Colorado and begin your journey now!

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Lonely Planet Colorado is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Hit the slopes in Aspen, discover the Old West in Durango or marvel at the splendor of the Rockies, all with your trusted travel companion. Get to the heart of Colorado and begin your journey now!

Inside Lonely Planet Colorado:

Color maps and images throughout

Highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

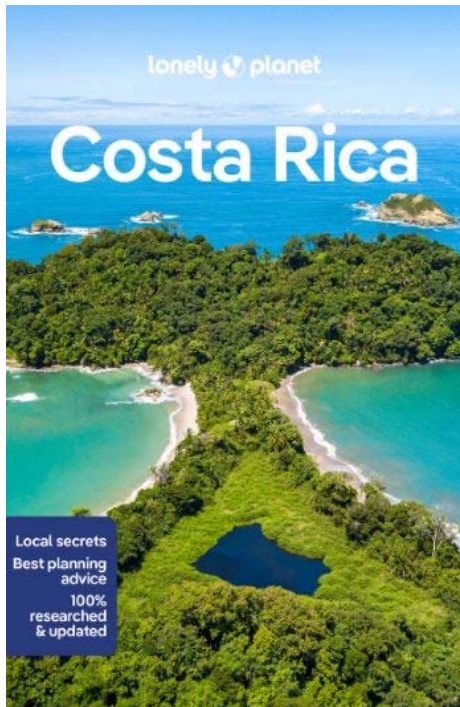
Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sleeping, sight-seeing, going out, shopping, hidden gems that most guidebooks miss

Cultural insights give you a richer, more rewarding travel experience – sports, the arts, literature, festivals, wine, hiking, the old west, snow sports, distilleries, wildlife, politics, ranching, mining, marijuana, Native American history and culture

Covers Denver, Boulder, Rocky Mountain National Park, North Colorado, Vail, Aspen, Central Colorado, San Luis Valley (...)





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Lonely Planet's Costa Rica is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Find waves in Santa Teresa, traverse jungle in Parque Nacional Tortuguero, or hike near Volcan Arenal; all with your trusted travel companion. Get to the heart of Costa Rica and begin your journey now!

Lonely Planet's Costa Rica is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you. Find the perfect wave in Mal Pais and Santa Teresa, canoe through thick jungle in Parque Nacional Tortuguero, or hike around Volcan Arenal; all with your trusted travel companion. Get to the heart of Costa Rica and begin your journey now!

Inside Lonely Planet's Costa Rica:

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

Improved planning tools for family travelers - where to go, how to save money, plus fun stuff just for kids

What's New feature taps into cultural trends and helps you find fresh ideas and cool new areas our writers have uncovered

NEW Accommodations feature gathers all the information you need to plan your accommodations

Color maps and images throughout

Highlights and itineraries help you tailor your trip to your personal needs and interests

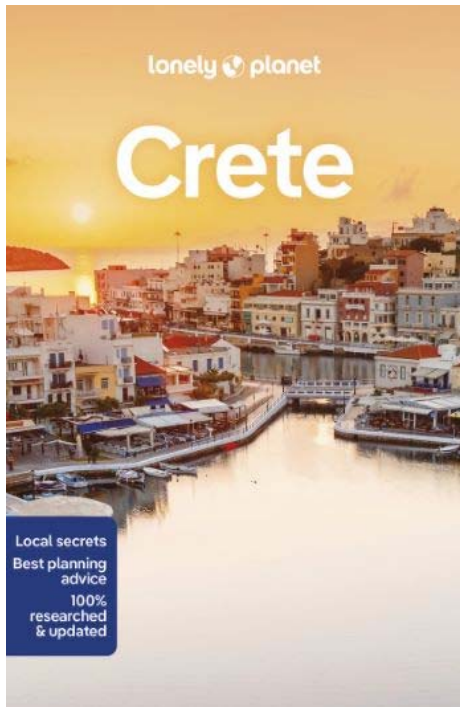
Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours (...)



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Lonely Planet Crete 8

by Lonely Planet

Lonely Planet's Crete is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Swim in Elafonisi Beach's sparkling waters, gaze in wonder at the Palace of Knossos and stroll through Hania's idyllic old town; all with your trusted travel companion.

Inside Lonely Planet's Crete Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

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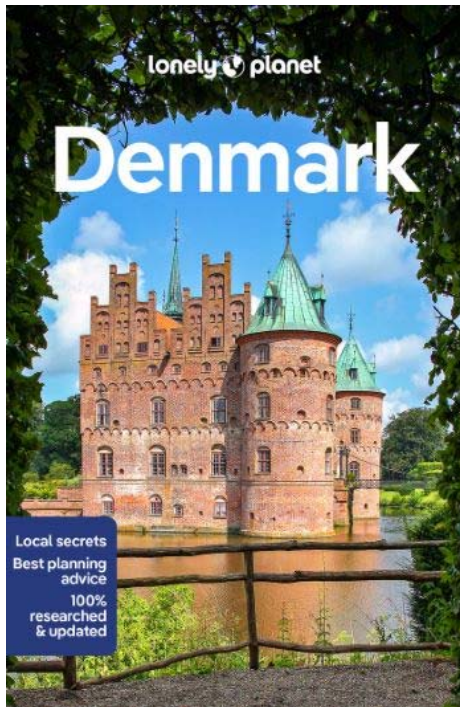
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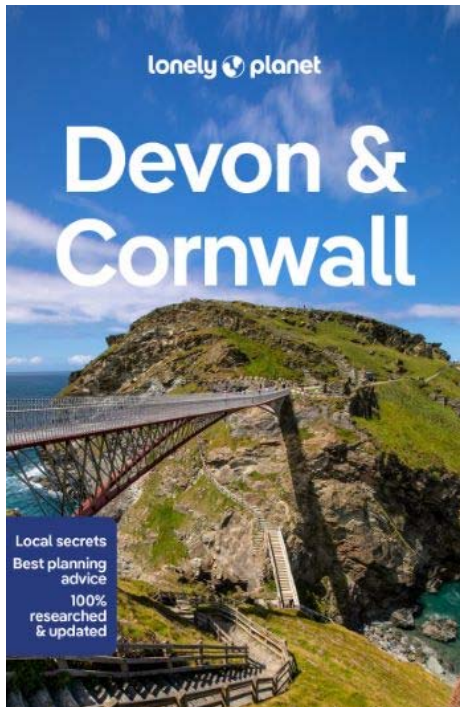
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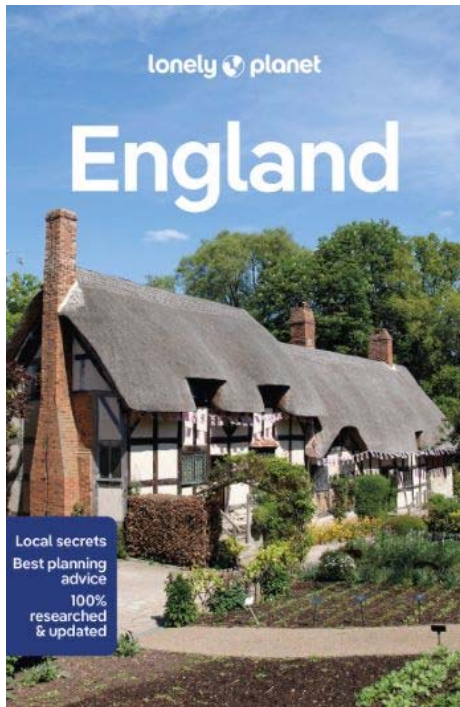
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Covers Exeter, Torquay, Plymouth, Dartmoor, Exmoor, Bodmin, Newquay, Isles of Scilly



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Colour maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

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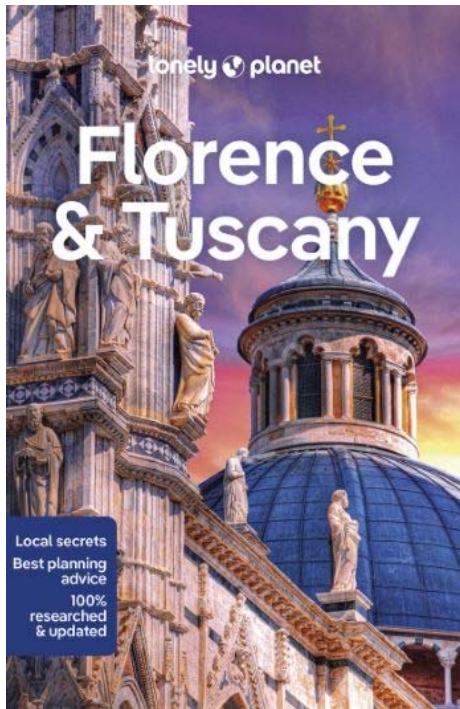
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LEAD

Lonely Planet Florence & Tuscany 13

by Nicola Williams and Virginia Maxwell

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Colour maps and images throughout

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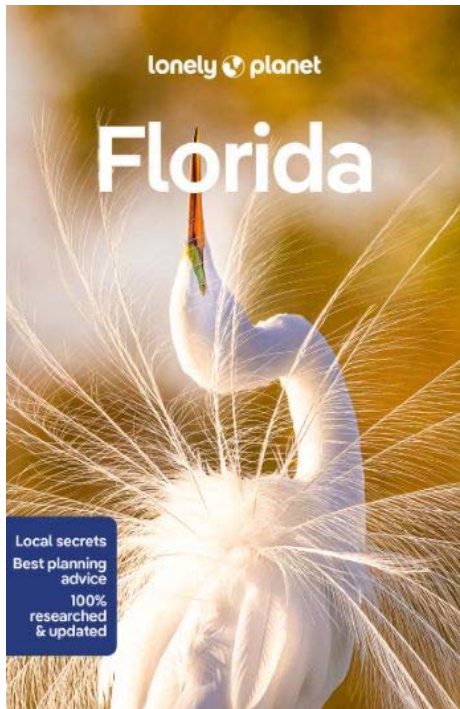
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Inside Lonely Planet's Florida Travel Guide:

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

NEW pull-out, passport-size 'Just Landed' card with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

Planning tools for family travelers - where to go, how to save money, plus fun stuff just for kids

What's New feature taps into cultural trends and helps you find fresh ideas and cool new areas our writers have uncovered

NEW Accommodations feature gathers all the information you need to plan your accommodation

Color maps and images throughout

Highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

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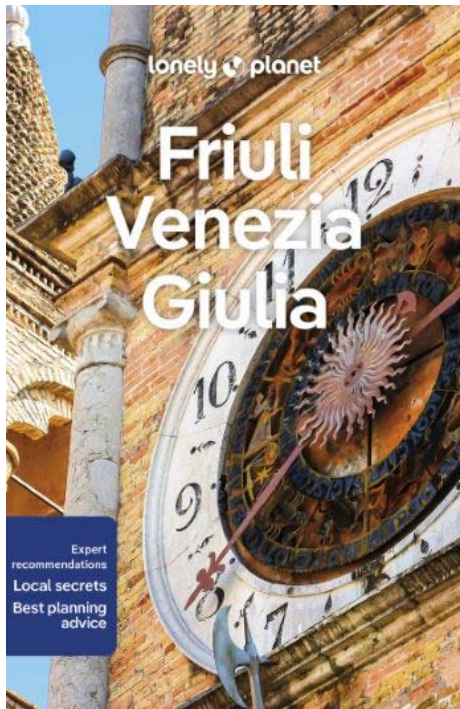
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Lonely Planet Friuli Venezia Giulia 1

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NEW Accommodation feature gathers all the information you need to plan your accommodation

Highlights and itineraries help you tailor your trip to your personal needs and interests

Eating & drinking in Friuli, Venezia and Giulia - we reveal the dishes and drinks you have to try

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Over 30 maps

Covers Trieste, Carso, Friuli coast, Gorizia and the Collio, Udine, Pordenone and Western Friuli, and the mountains: the Friulian (...)

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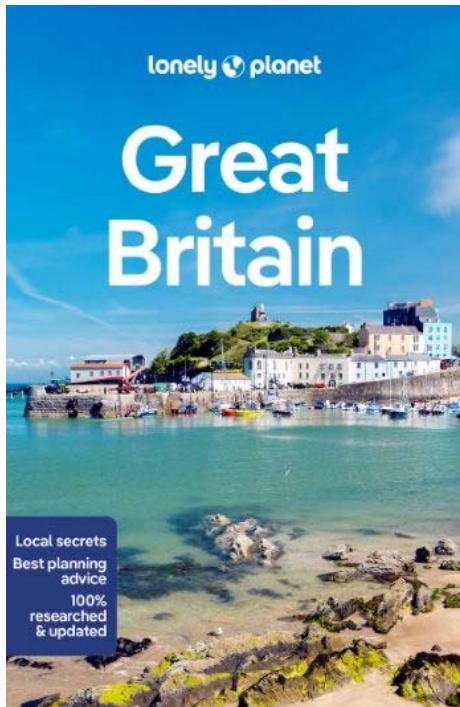
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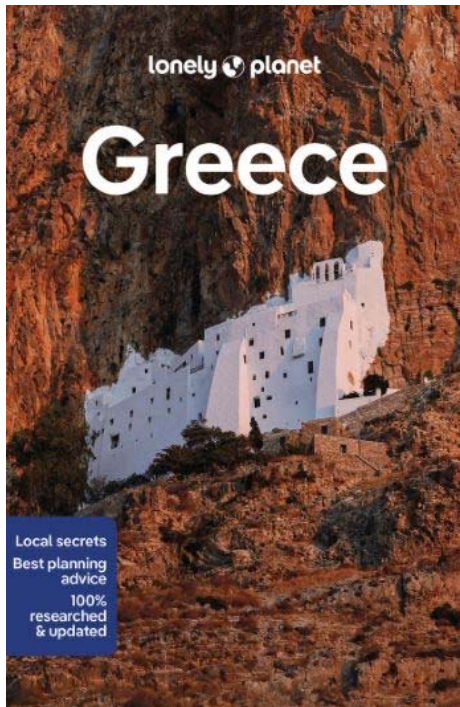
England

London, Canterbury, Southeast England, Oxford & the Cotswolds, Bath, Bristol, Somerset, Hampshire, Wiltshire, Dorset, Devon, Cornwall, Isles of Scilly, Cambridge, East Anglia, Birmingham, the Midlands, Yorkshire, Manchester, Liverpool, Northwest England, The (...)



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by Lonely Planet

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NEW top experiences feature - a visually inspiring collection of Greece's best experiences and where to have them

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NEW Accommodation feature gathers all the information you need to plan your accommodation

NEW Where to Stay in Greece map is your at-a-glance guide to accommodation options in each neighbourhood

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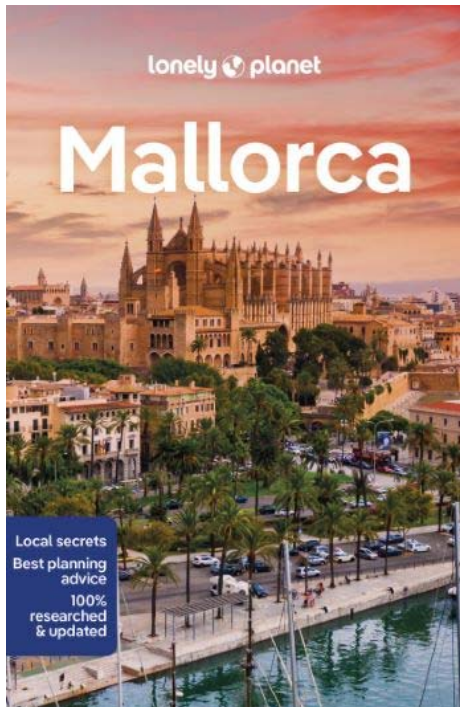
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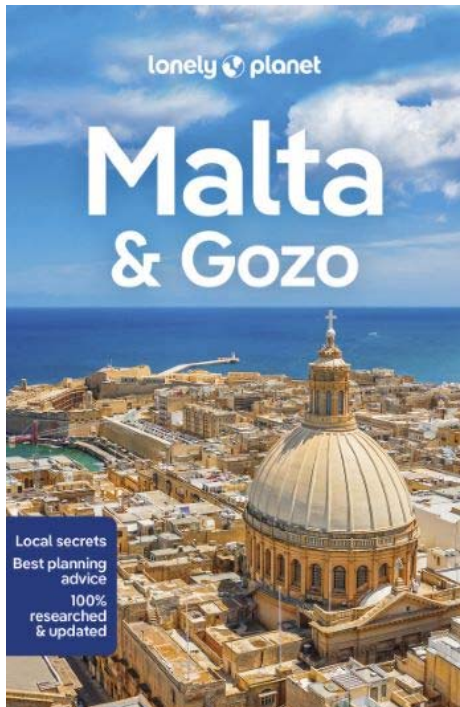
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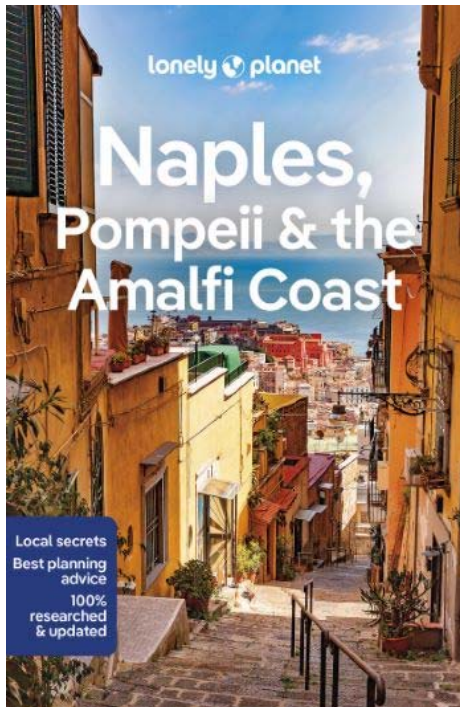
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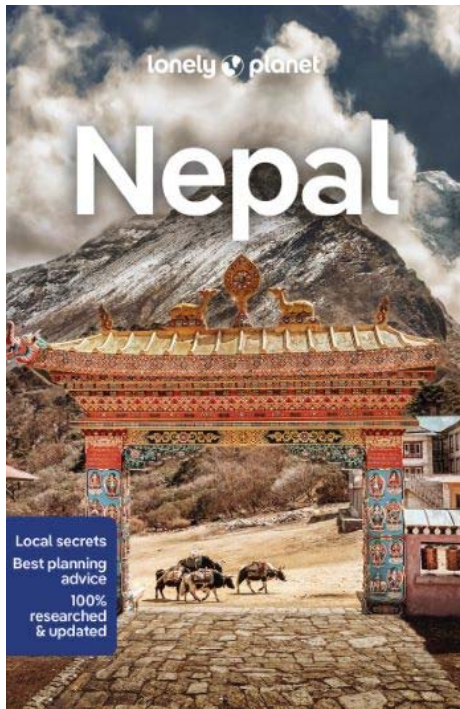
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Lonely Planet Nepal 12

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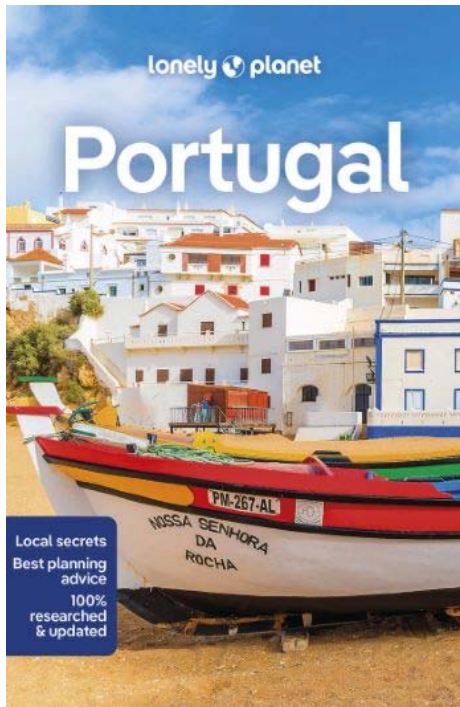
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LEAD

Lonely Planet Portugal 13

by Joana Taborda, Bruce and Sena Carvalho and Clarke Maria

Lonely Planet's Portugal is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Spend an evening in one of Lisbon's many fado houses, discover stunning architecture in Porto and soak up the sun in the Algarve; all with your trusted travel companion.

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Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Lisbon, the Algarve, the Alentejo, Estremadura, Ribatejo, the Beiras, Porto, the Douro, Trás-os-Montes, the Minho and more!

Author Bio

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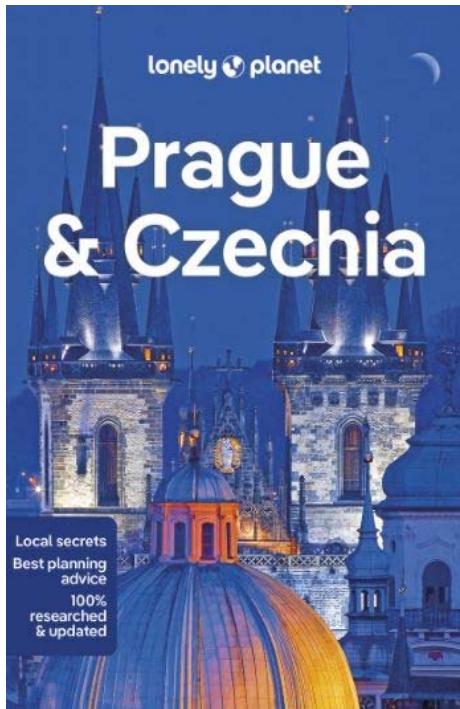
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Lonely Planet Prague & Czechia 13

by Marc Di Duca, Mark Baker and Barbara Woolsey

Lonely Planet's Prague & Czechia is our most comprehensive guide that extensively covers all the city and country has to offer, with recommendations for both popular and lesser-known experiences. Marvel at Prague Castle, sample Czech beer and relax in the pretty town of Telc; all with your trusted travel companion.

Inside Lonely Planet's Prague & Czechia Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Prague, Bohemia, Moravia and more

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Travel / Europe / Eastern

Series: Travel Guide

Notes

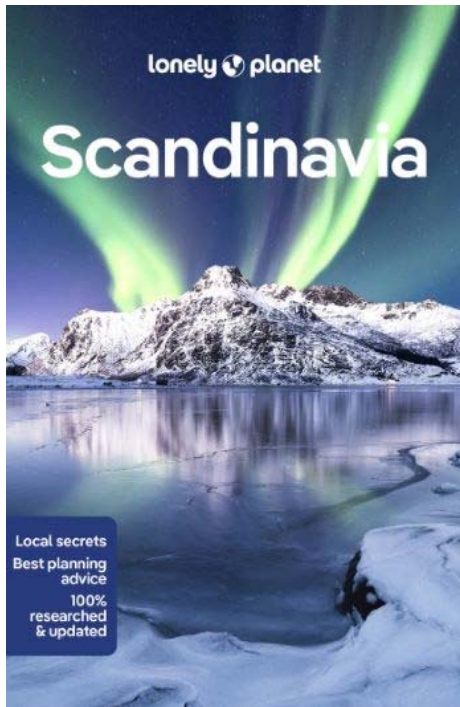
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Notes

Promotion



LEAD

Lonely Planet Scandinavia 14 by Lonely Planet

Lonely Planet's Scandinavia is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Be awed by the aurora borealis, explore waterfalls in Iceland and be inspired by innovative Scandinavian design; all with your trusted travel companion.

Inside Lonely Planet's Scandinavia Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

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Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

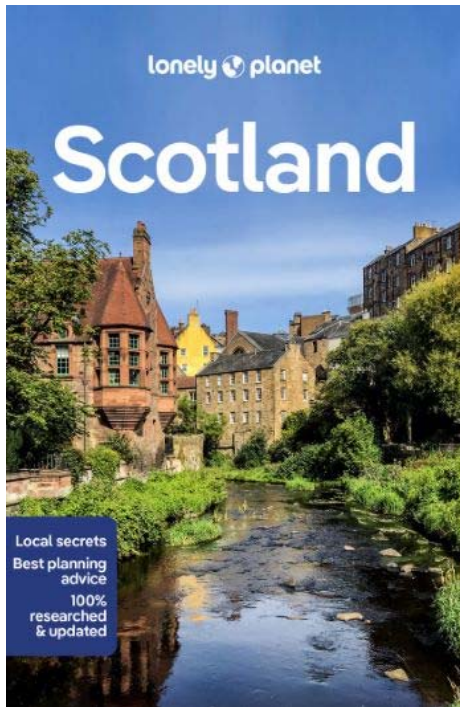
Colour maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Iceland, Reykjavik, the Blue Lagoon and the Golden Circle, Norway, Oslo, Norway's Fjords, Sweden, Stockholm, Gothenburg, Denmark, Copenhagen, Tallinn, Estonia, Finland, Helsinki, Lakeland (Finland), the Far North and the Arctic Circle (...)





Lonely Planet
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5 x 7.75 • 416 pages
9781838693572 • \$35.99 • pb
Travel / Europe / Great Britain
Series: Travel Guide

Notes

Promotion



LEAD

Lonely Planet Scotland 12

by Kay Gillespie, Laurie Goodlad and Mike McEacheran

Lonely Planet's Scotland is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Get your culture fix in Edinburgh, take in astounding views from the top of Ben Nevis and sample mouth-watering whisky on Islay; all with your trusted travel companion.

Inside Lonely Planet's Scotland Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

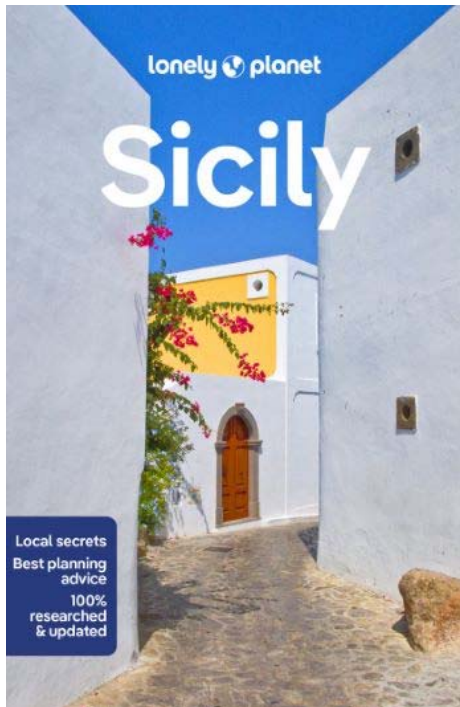
Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Edinburgh, Glasgow, Dundee, Angus, Aberdeen, Moray, Loch Lomond, the Hebrides, Inverness, Orkney, Shetland and more!

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Travel / Europe / Italy
Series: Travel Guide

Notes

Promotion



Lonely Planet Sicily 10

by Gregor Clark, Brett Atkinson and Cristian Bonetto

Lonely Planet's Sicily is our most comprehensive guide that extensively covers all the island has to offer, with recommendations for both popular and lesser-known experiences. Discover the incredible architecture of Palermo, browse the markets of Catania and take in breathtaking views from atop Mount Etna; all with your trusted travel companion.

Inside Lonely Planet's Sicily Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

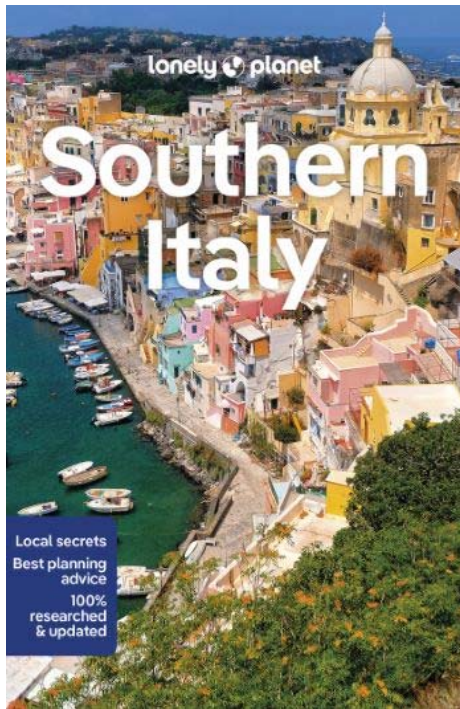
Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Palermo, Golfo di Castellammare, Segesta, Trapani, Marsala, Cefalu, Caccamo, Milazzo, Lipari, Vulcano, Stromboli, Messina, Catania, Mount Etna, Syracuse, Enna, Nicosia, Agrigento and more!

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Travel / Europe / Italy
Series: Travel Guide

Notes

Promotion



Lonely Planet Southern Italy 7 by Lonely Planet

Lonely Planet's Southern Italy is our most comprehensive guide that extensively covers all the region has to offer, with recommendations for both popular and lesser-known experiences. Hike to the top of Mount Etna, take an epic road trip along the Amalfi Coast and indulge in an authentic Neapolitan pizza; all with your trusted travel companion.

Inside Lonely Planet's Southern Italy Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them
Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Naples, the Amalfi Coast, Puglia, Basilicata, Calabria, Sicily and more!

About Lonely Planet:

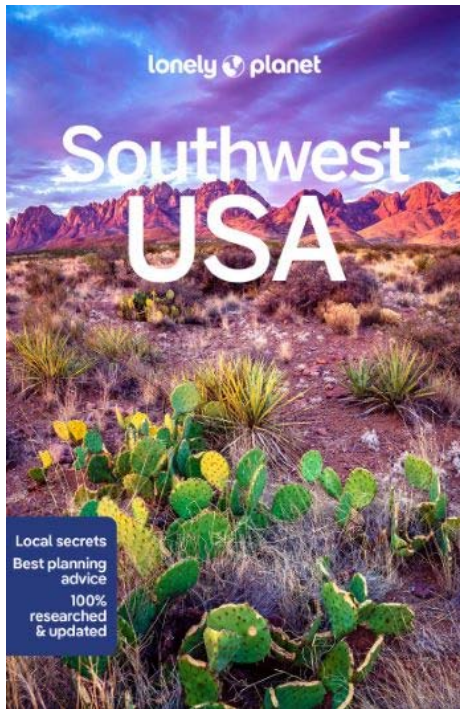
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Lonely Planet Southwest USA 9

by Lonely Planet

Lonely Planet Southwest USA is your most up-to-date advice on what to see and skip, and what hidden discoveries await you. Nourish your soul as you soak up the sheer immensity of the Grand Canyon, chase the neon lights in Las Vegas, or be lured by the ski slopes, hiking trails and white-water rapids of Taos; all with your trusted travel companion.

Lonely Planet: The world's leading travel guide publisher

Lonely Planet Southwest USA is your passport to the most relevant, up-to-date advice on what to see and skip, and what hidden discoveries await you.

Nourish your soul as you soak up the sheer immensity of the Grand Canyon, chase the neon lights in Las Vegas, or be lured by the ski slopes, hiking trails and white-water rapids of Taos -all with your trusted travel companion. Get to the heart of Southwest USA and begin your journey now!

Inside Lonely Planet's Southwest USA Travel Guide:

Colour maps and images throughout

Highlights and itineraries help you tailor your trip to your personal needs and interests

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Essential info at your fingertips - hours of operation, phone numbers, websites, transit tips, prices

Honest reviews for all budgets - eating, sleeping, sight-seeing, going out, shopping, hidden gems that most guidebooks miss

Cultural insights give you a richer, more rewarding travel experience - history, politics, lifestyle, Native Americans, culture, art, literature, cinema, music, architecture, landscapes, wildlife (...)

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9781787016552 • \$35.99 • pb

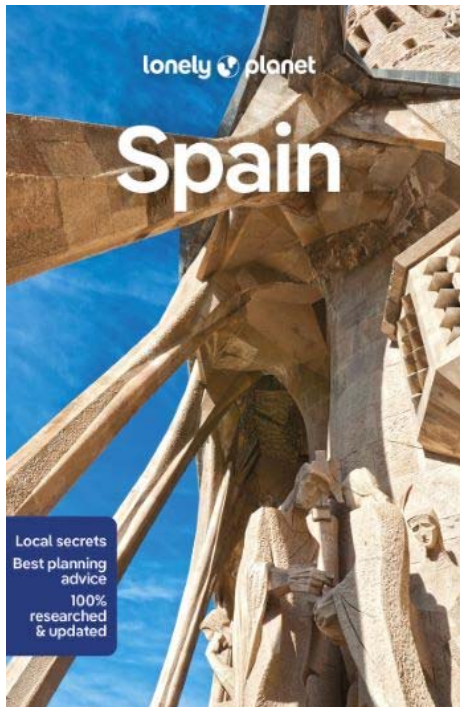
Travel / US / West / Mountain

Series: Travel Guide

Notes

Promotion





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On Sale: Jun 20/23
5 x 7.75 • 736 pages
9781838691790 • \$41.99 • pb
Travel / Europe / Spain & Portugal
Series: Travel Guide

Notes

Promotion



LEAD

Lonely Planet Spain 14 by Lonely Planet

Lonely Planet's Spain is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Admire the works of Gaudi in Barcelona, explore Moorish history in the Alhambra and sample tapas throughout the country; all with your trusted travel companion.

Inside Lonely Planet's Spain Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Madrid, Barcelona, Catalonia, Aragon, Santiago de Compostela, Seville, Granada, Andalucia, Valencia, Balaeric Islands, and more

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Lonely Planet Sweden 8

by Lonely Planet

Lonely Planet's Sweden is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Wander the old town of Stockholm, spot wildlife in the Arctic and sample Swedish meatballs; all with your trusted travel companion.

Inside Lonely Planet's Sweden Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

Itineraries help you build the ultimate trip based on your personal needs and interests

Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

How-to guide: hike the Kungsleden and Padjelanta Trail

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Stockholm, Uppsala, Central Sweden, Goteborg, Southwest Sweden, Malmo, South Sweden, Southeast Sweden, Gotland, Ostergotland, the Bothnian Coast, Lapland, the Far North and more

About Lonely Planet:

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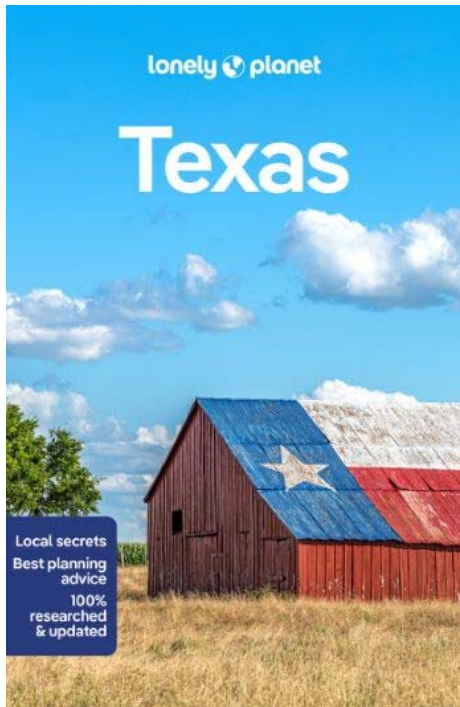
Travel / Europe / Scandinavia

Series: Travel Guide

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9781787017795 • \$32.99 • pb
Travel / US / South / West South Central
Series: Travel Guide

Notes

Promotion



Lonely Planet Texas 6

by Lonely Planet

Lonely Planet's Texas is our most comprehensive guide that extensively covers all the state has to offer, with recommendations for both popular and lesser-known experiences. Delight in Austin's vibrant nightlife, visit a dude ranch in Hill Country and feed your curiosity at NASA's Space Center; all with your trusted travel companion.

Inside Lonely Planet's Texas Travel Guide:

What's NEW in this edition?

Up-to-date information - all businesses were rechecked before publication to ensure they are still open after 2020's COVID-19 outbreak

NEW top experiences feature - a visually inspiring collection of Texas's best experiences and where to have them

What's NEW feature taps into cultural trends and helps you find fresh ideas and cool new areas

NEW pull-out, passport-size 'Just Landed' card* with wi-fi, ATM and transport info - all you need for a smooth journey from airport to hotel

Highlights and itineraries help you tailor your trip to your personal needs and interests

Eating and drinking in Texas - we reveal the dishes and drinks you have to try

Texas's beaches - whether you're looking for relaxation or activities, we break down the best beaches to visit and provide safety information

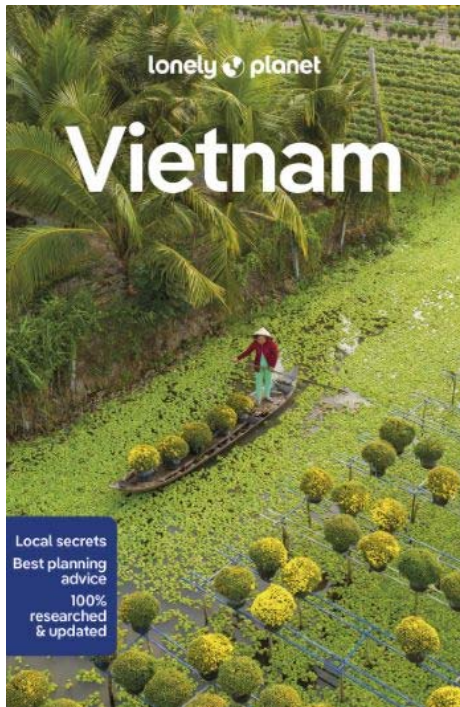
Color maps and images throughout

Insider tips to save time (...)



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9781788688963 • \$41.99 • pb
Travel / Asia / Southeast
Series: Travel Guide

Notes

Promotion



Lonely Planet Vietnam 16

by Lonely Planet

Lonely Planet's Vietnam is our most comprehensive guide that extensively covers all the country has to offer, with recommendations for both popular and lesser-known experiences. Kayak through Halong Bay, sample street food in Hanoi and immerse yourself in a rich history; all with your trusted travel companion.

Inside Lonely Planet's Vietnam Travel Guide:

Lonely Planet's Top Picks - a visually inspiring collection of the destination's best experiences and where to have them

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Local insights give you a richer, more rewarding travel experience - whether it's history, people, music, landscapes, wildlife, politics

Eating & drinking - get the most out of your gastronomic experience as we reveal the regional dishes and drinks you have to try

Toolkit - all of the planning tools for solo travellers, LGBTQIA+ travellers, family travellers and accessible travel

Colour maps and images throughout

Language - essential phrases and language tips

Insider tips to save time and money and get around like a local, avoiding crowds and trouble spots

Covers Hanoi, Northern Vietnam, Central Vietnam, Southeast Coast, Southwest Highlands, Ho Chi Minh City, Mekong Delta, Siem Reap & the Temples of Angkor and more

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American Carnage

Shattering the Myths That Fuel Gun Violence

by Fred Guttenberg and Thomas Gabor

Shooting Down Gun Violence Misinformation "Don't tell me there's no such thing as gun violence. It happened in Parkland." -**Fred Guttenberg**
Fred Guttenberg, who lost his beloved daughter Jaime in the 2018 Parkland school shooting, and International gun policy consultant Thomas Gabor team up in American Carnage to dismantle some of the most common myths about guns and gun violence.

A national disgrace. Over 40,000 die each year as a result of gun violence in America. Relative to other advanced countries, the U.S. has a dismal gun violence record. Gun law reforms could reduce the number of gun deaths per year, but many political challenges stand in the way. A widespread multi-year misinformation campaign and assault on truth by the gun lobby and gun-extremists sows doubt about the dangers posed by pervasive gun ownership and gun carrying, as well as the potential effectiveness of gun laws.

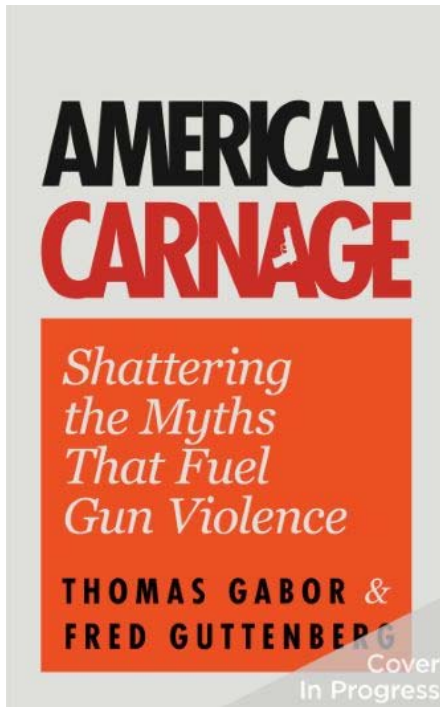
Debunking popular gun myths. Countering with strong evidence-based research the many slogans and myths repeated incessantly by spokespersons for the gun lobby and its surrogates is essential if we are to have a society in which kids can attend school safely and people can work and enjoy life without fear of being shot. Over the last 30 years, the NRA's campaign to achieve an armed society has succeeded in persuading many Americans that having a gun in the home or carrying a gun makes them safer. The evidence is overwhelming this is not the case. Guns in the home are far more likely to be used against a family member or in a suicide attempt (...)

Author Bio

Fred Guttenberg began his public life after the murder of his beautiful fourteen-year-old daughter Jaime in the Parkland, Florida, school shooting on Feb 14, 2018. The day after the murder, Fred decided to attend a public vigil. While there, the mayor asked him to speak. His words shook a nation and he has not stopped since. Only four months prior to the murder of his daughter, Fred's brother Michael passed away in October 2017 from cancer related to his service in 9/11 in New York City. He was one of the original first responders at the World Trade Center with a team of doctors who got trapped in the WTC as it collapsed. Amazingly, the room that they hid out in did not collapse and Michael and his team of physicians spent sixteen days at ground zero taking care of others. Following his involvement in these two distinctly American tragedies, Fred has traveled the country talking about both events but also talking about perspective, perseverance, and resilience. He discusses pivotal moments in our lives and how we respond to those moments, using his speech to inspire others. Prior to these events, Fred



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Mango Publishing

On Sale: May 2/23

5.5 x 8.5 • 224 pages

9781684812059 • \$28.99 • pb

Social Science / Violence In Society

Notes

Promotion

Fred will promote the book on his twitter account (500k followers)
Fred has Good Morning America with George Stephanopoulos, Morning Joe, The Last Word with Lawrence O'Donnell, CNN with Jake Tapper, and other TV and radio media to come booked for the release of the new book. He has become the spokesperson for parents who have lost children in school shootings for the national media, offering guidance and solace for fellow grieving parents.
Thomas Gabar has published several critically acclaimed titles including academic books on the gun crisis in the US and psychology of guns and violence.
Fred has amassed approximately 8,200 press spots since February 15, 2018, the day after his daughter, Jaime, was murdered. Many of these spots are a result of "shares" from his social media activity. He was also featured at the 2020 Democratic National Convention.
Friends of Fred
President Joe Biden and his team
Michael Bloomberg and his





Beyond the Five Core Conversations

by Julie Bulitt and David Bulitt

Life is hard but having a partner by your side to face all that life throws at you makes it better. . .easier. . .right?

Married couple David (a divorce attorney) and Julie Bulitt (a licensed family counselor) pull from decades of experience working with couples to address parenting and infertility, loss and illness, finances and job loss and other issues that can fracture a couple and a family. They share real stories of real couples and how they dealt with a variety of situations providing real solutions.

Author Bio

Julie Bulitt is a licensed clinical social worker who has spent more than 25 years working with individuals, couples and families. Her private practice focuses on family, couples and individual therapy, ADHD and Executive Functioning coaching. She has served as a Clinical Supervisor and Early Childhood Mental Health Consultant for the Montgomery County (Maryland) Mental Health Association, an Adoption Therapist for the Center for Support and Education in suburban Washington, D.C. She presently serves as the in-house therapist for The Discovery Channel in Silver Spring, Maryland. For more, visit www.livesane.com.

David Bulitt is a partner in the Washington, D.C. Metro law firm of Joseph, Greenwald & Laake, PA. For more than a decade, he has been chosen as one of the area's top divorce lawyers by multiple publications and recognized as one of the "Best Lawyers in America" and a Washington, D.C. Metro "Super Lawyer." Praised as "the lawyer who epitomizes stability and old fashioned common sense" by *Bethesda Magazine*, David has a particular interest in families with special needs children as a result of his personal experiences. He is the author of two fiction novels and multiple articles in legal publications and has appeared on several local shows. For more information, visit www.davidbulitt.com.

Mango Publishing

On Sale: Aug 8/23

5.5 x 8.5 • 212 pages

9781684812202 • \$28.99 • pb

Family & Relationships / Marriage

Notes

Promotion

David and Julie have been married for 34 years. They have four daughters, two of whom are biological and two adopted, and three grandchildren. They divide their time between suburban Washington, DC, and Bethany Beach, Delaware. Learn more about David and Julie at www.thebulitts.com. They are active on all major social media platforms and can be found @thebulitts on Facebook (2,500 followers), Instagram (3400 followers) and Twitter (1300 followers). David and Julie also have a weekly Facebook Live event—Couples Cocktails with The Bulitt's—Thursdays at 7pm ET. Started in March, 2020, the Bulitt's Couples Cocktails now garners over 1000 views per episode.

Recent appearances:

- Fox 5 Good Day DC: <https://www.fox5dc.com/video/653262>
- ABC/WJLA Good Morning Washington: <https://wjla.com/features/good-morning-washington/core-conversations-every-couple-should-have>
- Big Blend Radio, TV and in Magazine: <https://en.calameo>





Change

How to Turn Uncertainty Into Opportunity

by Curtis Bateman, Marche Barney and Andy Cindrich

Embrace the Unknown with Change Management In this authentically written guide to navigating the change management process, four FranklinCovey colleagues offer invaluable advice on how to not only accept, but OWN change, inside and outside of the work office.

Read inspiring stories from key FranklinCovey team members. With years of leadership and work experience under their belts come great trials, tribulations, and success stories. Enjoy personal and historical anecdotes, coupled with complementary advice on change management from Bateman, Garbett, Barney and Cindrich.

Discover why you should not fear change. As the authors explain in the very first chapter, humans have been fearing and resisting change for a long time. But is there an alternative to this fear and aversion? Yes—you can either get owned by change or decide to own change yourself. Learn how to do just that with tips and advice for every individual, including but not limited to the manager, the entrepreneur, the employee, or just the average person who fears getting derailed by change.

Learn how to implement "The Change Paradox" mentality into your everyday life. In the second half of the book, find a "Change Model" with five Change Paradoxes. Each paradox will not only teach you why avoiding and fearing change is counterintuitive, but will also show you how to implement this newfound advice into your life.

Inside, find:

- Invaluable advice on navigating and embracing the unknown
- Personal and historical narratives on change management
- Strategic and organizational change management tips
- A Change Model that introduces an effective change management process

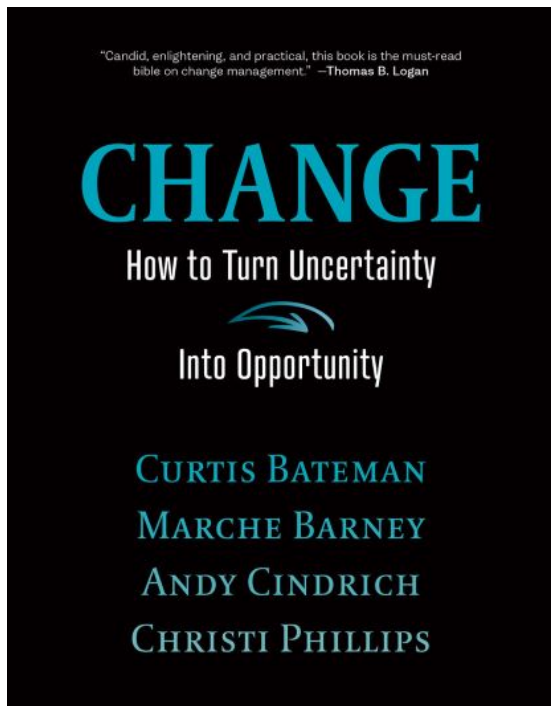
If you enjoyed change management books like HOW (...)

Author Bio

With over 25 years experience in the training industry, Curtis is an internationally recognised presenter, content developer, change consultant, business leader, and coach.

His passion for enabling organisations "at change" was established early on, resulting in him co-creating a number of transformative, industry-leading solutions, such as Change Element, Leaders@Change, Managing Millennials, Millennials@Work and the Change Practitioner.

Curtis's career has taken him all over the world, engagin in high-impact work



Mango Publishing

On Sale: Apr 11/23

7 x 9 • 260 pages

9781642507942 • \$28.99 • cl

Social Science / Customs & Traditions

Notes

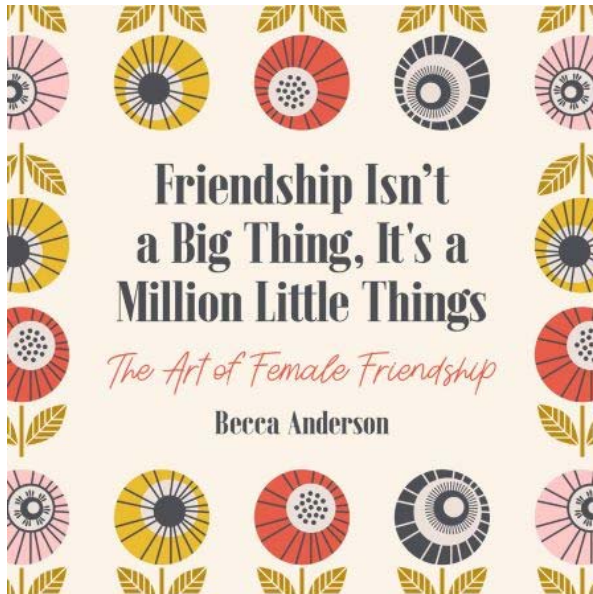
Promotion

Change is inevitable. Look around you. Change is happening all the time. And the rate is only increasing. For good reason, organizations, teams, and individuals are looking for better, faster, less expensive ways to produce outcomes. But change is hard, and successful change doesn't happen through processes alone—it's people who ultimately make change happen. What if there was a way develop your change capability? Join us as we explore a predictable pattern of change and how you can develop skills to thrive in any role where you experience change.



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Friendship Isn't a Big Thing, It's a Million Little Things

The Art of Female Friendship

by Becca Anderson

Female Friendships are a Million Little Things!"Becca Anderson shares the elements of female empowerment with her readers so that they can see the power of connection between women." -**Nerdy Girl Express**

Unique connections can be found in recent and long-term friendships! This is the perfect bff book for women and soul sisters!

Be inspired by iconic female friends. The bond formed among soul sisters is like no other, celebrate your girlfriends with this daily affirmations book for best friends. Fall into the short stories of iconic friendships that will inspire your own connections.

Enjoy cute friendship quotes from icons. Find inspiration from these friendship perseverance quotes and positive vibes quotes that remind you how valuable your gal pals really are; there are bff quotes for every member of your whole crew!

Inside you'll find:

- Daily reasons to celebrate the unique love female friends bring
- Inspirational tools on how to build and keep your close connections
- Cute friendship quotes to reshape your mindset on your female friends

If you liked HEY FRIEND, I WROTE A BOOK ABOUT YOU, BIG FRIENDSHIP, or THE ONE YEAR DAILY ACTS OF FRIENDSHIP, then you'll love FRIENDSHIP ISN'T A BIG THING, IT'S A MILLION LITTLE THINGS .

"Becca Anderson focuses on female friendships and the powerful bond that women create with each other. Through this inspirational connections support networks are fostered and through them women enable each other to grow and become stronger. In FRIENDSHIP ISN'T A BIG THING, IT'S A MILLION LITTLE THINGS she shares the (...)

Author Bio

Becca Anderson comes from a long line of teachers and preachers from Ohio and Kentucky. The teacher side of her family led her to become a woman's studies scholar and to her career writing about awesome women. A multiple-time bestselling author, Becca Anderson is known for many things, including her books BADASS AFFIRMATIONS and THE BOOK OF AWESOME WOMEN, her YOUR BLESSINGS blog and EVERY DAY THANKFUL Facebook page, as well as her many appearances on both national and bay area tv and radio shows such as ABC, NBC, and NPR. She credits her spiritual practice and daily prayer with helping her recover from

Mango Publishing
On Sale: Aug 8/23
6 x 6 • 180 pages
100 4-color illos throughout
9781642501940 • \$21.99 • pb
Family & Relationships / Friendship

Notes

Promotion

Becca's books have sold upwards of 50,000 copies. Becca Anderson contributed to several bestselling personal growth books including the million-selling *Attitudes of Gratitude*, and is co-author of *The Gratitude Power Workbook*. She runs a Silicon Valley book club that meets regularly at East West Bookstore in Mountain View. In addition to her popular *Blogging Your Blessings* blog, Anderson runs the Every Day Thankful Facebook, Instagram and Twitter with over 10k followers and counting. She has been featured on national tv as well as Bay Area's NBC and ABC affiliates. Anderson has been featured on NPR including KQED's FORUM, KPFA, KALX and also spirituality radio such as Coast-to-Coast. Anderson will be doing events in the great SF Bay Area, Los Angeles and speaking at a Unity Churches on the West Coast on gratitude, the power of prayer and women's





How to Become a Strong Black Woman

by Marita Golden

How to Become a New Strong Black Woman by Marita Golden is a workbook/journal created in response to the many requests she received from readers of *The Strong Black Women* who wanted to know how Marita maintained physical and mental health, and who needed guidance on how to make physical and mental health an actual practice.

The workbook is divided into three sections that combine short essays, empowering quotes, quotes from authors or experts but, mostly crucial, bold, brave questions phrased as writing prompts that invite the reader to recognize the roadblocks and walls that have prevented them from pursuing health in all areas of their lives. Taken together, the written responses will create a map to begin what is a life-long journey of becoming and being healthy every day, in mind, spirit and body.

Author Bio

Marita Golden is an accomplished author of dozens of critically acclaimed novels and nonfiction works, including *THE STRONG BLACK WOMAN* (Mango 2021). She is also the co-founder of The Hurston/Wright Foundation, an American literary nonprofit organization that provides workshops, classes, support, and community for talented and successful Black writers. During her teaching career, she has taught creative writing at numerous colleges and universities, including Johns Hopkins University and Virginia Commonwealth University.

Marita is the recipient of many esteemed writing and literary activism awards, such as the International Literary Hall of Fame of Writers of African Descent Inductee (Gwendolyn Brooks Center at Chicago State University), the Barnes and Noble Writers for Writers Award (Poets and Writers), and the Distinguished Service Award (Authors Guild).

Currently, as a masterful creative writing coach and literary consultant, Marita spends her time coaching burgeoning and seasoned authors through the necessary stages of fear and anxiety in the creative process.

Mango Publishing

On Sale: Jun 13/23

5 x 7 • 160 pages

9781684812226 • \$24.99 • pb

Social Science / Ethnic Studies / African-American Studies

Notes

Promotion

Main Platform and Numbers:

- Twitter: 2,885 followers
- Facebook: 1.9K likes
- Instagram: 996 followers
- LinkedIn: 643 followers & 500+ connections

 Marita has teaching experience at the University of Lagos, as well as in Turkey, Israel, and Spain. Her foundation, the Hurston/Wright Foundation, has connections with writers, agents, organizations, etc. outside of the US. She was also inducted into the International Hall of Fame for Writers of African Descent in 2001.

- Marita was featured on the *Oprah Winfrey Show* for her previous book *Saving Our Sons*.
- She was interviewed by Maria Shriver regarding *The Wide Circumference of Love*.
- Marita was featured in a celebration of the life of Ntozake Shange alongside Roland Martin.
- She has been featured at many conferences, podcasts, and radio shows across the country.
- The author is





Los siete hAbitos de la gente altamente efectiva diario guiado

by Sean Covey and Stephen R. Covey

How do you manage your time and stay organized? Whether you're struggling to stay motivated or are looking for new high-performance habits, The 7 Habits of Highly Effective People Guided Journal offers journal prompts, worksheets, and exercises to help you accomplish all your short and long term goals.

A Personal Growth Journal to Build Effective Habits

"If you follow this simple process, I promise that you will see positive changes in your relationships and find a higher level of personal satisfaction in your life." -Sean Covey, author of The 7 Habits of Highly Effective Teens

#1 New Release in Strategic Business Planning

How do you manage your time and stay organized? Whether you're struggling to stay motivated or are looking for new high-performance habits, The 7 Habits of Highly Effective People Guided Journal offers journal prompts, worksheets, and exercises to help you accomplish all your short and long term goals.

Goal setting just got easier. When The 7 Habits of Highly Effective People was released as a card deck, audiences approached Stephen R. Covey's time-tested principles in a whole new way. Now, this companion journal gives readers a chance to craft inspiration into action. Its concise format is accessible and easy to stick with. Each habit is broken down into a weekly format inspiring both beginners and seasoned 7 Habits readers to get motivated, build (...)

Author Bio

Sean Covey is Sr. Vice President of Innovations and Products at FranklinCovey, a world renowned organization devoted to helping individuals and organizations achieve greatness. Sean graduated from BYU with a degree in English and later earned his M.B.A. from Harvard Business School. As the starting quarterback for BYU, he led his team to two bowl games and received numerous honors. He is the author of Fourth Down and Life to Go, and the international bestseller, The 7 Habits of Highly Effective Teens which has sold over three million copies and is translated in over 15 languages. He is a popular speaker to youth and adult groups. Sean and his wife Rebecca live with their kids in the Rocky Mountains.

Recognized as one of Time magazine's twenty-five most influential Americans, Stephen R. Covey (1932-2012) was an internationally respected leadership

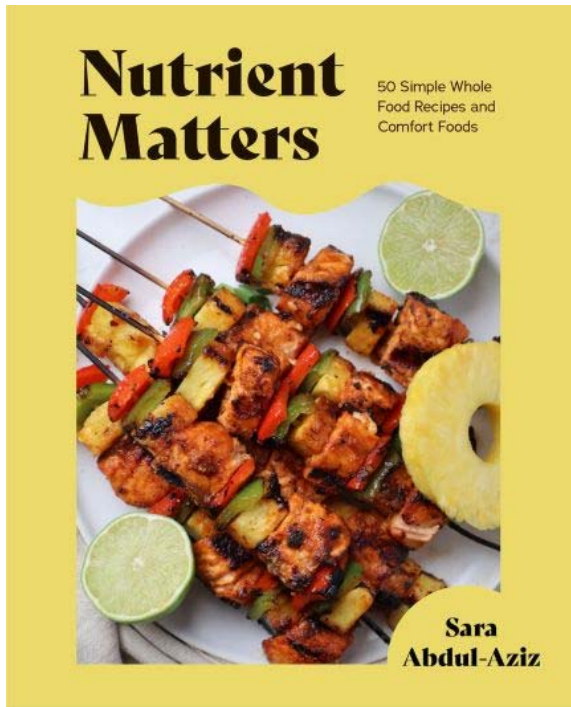


Mango Publishing
On Sale: Jun 13/23
6 x 9 • 314 pages
9781642508123 • \$24.95 • pb
Self-Help / Personal Growth / Success

Notes

Promotion





Nutrient Matters

50+ Nutritious Easy Meals & Comfort Foods

by Sara Abdul-Aziz

Easy Comfort Foods Made Nutritious for a Healthy Lifestyle This nutrient-forward feel good cookbook has over 50 easy recipes for breakfast, lunch, and dinner. Enjoy a variety of simple meals with pescatarian, vegetarian, and meal prep friendly options.

Not your basic cookbook for healthy living. Every recipe has the golden touch of Chef Sara, the founder of Nutrient Matters, where she creates food content to celebrate the consumption of whole foods - without sacrificing taste. Chef Sara intentionally curates recipes that can be added to your healthy meal prep each week.

Enjoy easy recipes and easy meals for a healthy lifestyle. This feel good cookbook has easy simple recipes for beginning and experienced cooks. The recipes include Bruschetta Bites, Avocado Chicken Wontons, Beef Mushroom dumplings, Chimmichurri shrimp skewers, Crispy Fish Tacos, and so many more delicious meals.

Inside, you'll find:

- The personal and interesting story of Chef Sara, founder of Nutrient Matters
- Simple meals and easy comfort foods to make every member of your family happy
- Easy recipes for nutrition to be a part of your everyday breakfast, lunch, and dinner options

If you're looking for books for lovers of food or if you liked THE COMFORTABLE KITCHEN, HALF BAKED HARVEST EVERY DAY, or MAKING VEGAN MEAT, you'll love NUTRIENT MATTERS

Author Bio

Chef Sara creates food content to celebrate the consumption of whole foods - all without sacrificing taste. Her easy and vibrant recipes can be found on TikTok or Instagram @nutrientmatters. Her platform is a judgment-free zone for anyone and everyone to find inspiration to live a healthier and well-balanced lifestyle!

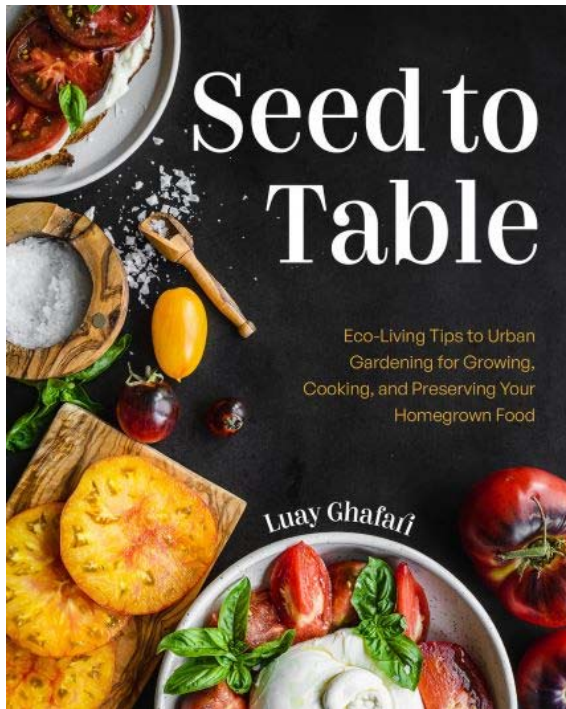
Mango Publishing
On Sale: Jul 11/23
10 x 8 • 224 pages
100 color photographs throughout
9781684811939 • \$42.99 • cl

Notes

Promotion

Nutrient Matters is a social media platform by Chef Sara with 1.7 million TikTok followers and over 31.5 million likes, and 450k Instagram followers. Chef Sara creates viral food content to celebrate the consumption of whole foods—all without sacrificing taste. Viral recipes include Panko-Crusted Salmon, Potato Wedges, NYC Pizza, Creamy Spinach & Chicken Pasta, and more each ranging from 3–22 million views per video. Fast-growing social media platforms by Canadian native with audiences in the USA, UK, and Canada and other countries around the globe.





Seed to Table

Eco-Living Tips to Urban Gardening for Growing, Cooking, and Preserving Your Homegrown Food
by Luay Ghafari

Small Space Gardening for Beginners

#1 New Release in Vegetable Gardening

Go from urban eating to eco living! Grow and cook your own food with this all-new sustainable guide to creating your kitchen garden.

If there's a seed, there's a way. Eating healthy can really drain your wallet when living in a concrete jungle. Maybe it's time to start growing your own food, but where is a garden supposed to go when you don't have the room for it? Here's the answer: whether you live in the city or in suburbia, no space is too small for quality meals with your very own kitchen garden. SEED TO TABLE: ECO-LIVING TIPS TO URBAN GARDENING FOR GROWING, COOKING, AND PRESERVING YOUR HOMEGROWN FOODS introduces you to the small garden ideas that help you stock up your fridge with delicious and nutritious fruits, vegetables, herbs, and more made by and for you.

Put the green in green living. Maximize your minimal space with sustainable facts and practices that are perfect for any location. From a patio garden to rooftop farming, this urban gardening blueprint and cookbook teaches you how to transform any space into your personal produce store. Save yourself not only the space and stress, but also money as a garden-to-plate cook with tools and techniques that are low-cost, easy to maintain, and effective for fast and healthy homegrown food.

Inside SEED TO TABLE, you'll find:

- Ideas for out-of-ground containers and vertical gardening
- Seed vs. seedling recommendations (...)

Author Bio

Luay Ghafari is a cook, gardener, educator, consultant, and recipe developer. Combining his Bachelors of Engineering degree with his passion for cooking, he launched a Master Class on urban gardening in 2019, leading to being featured in many documentaries on ingenious space-saving methods and tools. As founder of the natural recipe recommendation website Urban Farm and Kitchen, Luay's mission is to provide kitchen wizards both new and old on how to grow and cook their own delicious and healthy meals. He currently lives in Toronto, Canada, where he teaches culinary classes both in-person and remotely with students from all over the globe.

Mango Publishing
On Sale: May 9/23
8 x 10 • 224 pages
100 color photographs throughout
9781684811625 • \$49.99 • cl
Gardening / Garden Design

Notes

Promotion

Teaser Campaign

- Throughout the writing process, tease the release, content, images
- Create a dedicated mailing list for those interested in the books
- Give registrants an incentive to join the mailing list (monthly updates, free recipes, free downloads)

Pre-Launch Campaign

- Social Media
- Free events, webinars
- Pre-Order Campaign
- Offer a special gift for pre-orders (can be an additional free download, workbook, etc.)
- Social Media + Paid promotion

Release Campaign

- Giveaways, contents, free webinars, virtual and in person events
- Social Media

IG: @urbanfarmandkitchen - 112,000 Followers
TT: @urbanfarmandkitchen - 6,200 Followers
Email lists totaling 3,000 subscribers





Self-Belief Is Your Superpower

Unleash Your Life Purpose, Own Your Power, and Attract Global Success

by Tory Archbold

From Chapter One There is magic within each one of us. The trick to finding it is to find yourself. Tapping into this magic, I started my first business at 24 attracting the world's top-performing brands, celebrities, and influencers. I built a team of 22. I was not degree-educated. I was educated through the power of connection, and along the way, I never said to myself, 'This is hard,' or 'I can't do this.' I always said to myself, 'I want to work with the best of the best, which means I need to be the best of the best'-and to be the best of the best, you must be agile and believe in possibilities. You must have an open heart and an open mind, but most importantly, you must understand what's going on in the world and how you can add value to deliver impact and lead others. Success is within us, too. It simply waits for that powerful moment when it nudges us through an unexpected challenge or life experience. To create success, we must understand our purpose and align our frequency with the direction we wish to pursue. The first powerful step we can take is to give ourselves permission to lean into what truly lights us up and ignites the fire that completes us both in business and in life. To achieve balance with purpose is a tough gig, as we can achieve great success in one part of our life and feel we are failing in another. When you crack the code and understand your life purpose, you will be given the role of conduit holding a privileged space for others to rise. To pay forward your life experiences in this (...)

Author Bio

Tory Archbold is the CEO and Founder of Powerful Steps, an online community and platform for women making global impact. With five programs available, Tory nurtures and encourages C-suite level women to own their story, step into their power and take their careers to the next level. Tory is the host of the POWERFUL STORIES podcast, where she shares her tips and tricks for living a more powerful life. Tory was the founder of brand and communications agency Torstar, Australia's most high-profile brand and communications agency. Torstar didn't get its reputation from just hype, the results were real. With her trademark passion and integrity Tory led her team of 22 staff and 10 freelancers to deliver award winning work with the world's top-performing brands, celebrities and influencers including Zara, Nespresso, Seafolly, Sukin and Victoria's Secret. Impressively Tory's launch event for Zara in Sydney clocked over 22,000 people in attendance and was Zara's most successful retail launch event to date. Tory resides in the Greater Sydney Area of Australia.

Mango Publishing

On Sale: Apr 11/23

5.5 x 8.5 • 240 pages

9781684811564 • \$27.99 • pb

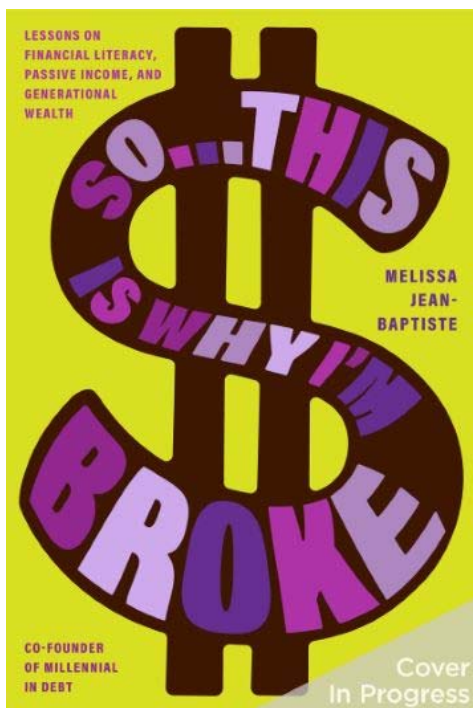
Body, Mind & Spirit / Inspiration & Personal Growth

Notes

Promotion

Author reach 15k+ downloads per month on Powerful Stories podcast (owned media licenses to Nova Entertainment). The author can create and run ads for the book and is in the top 1% of Apple podcasts in AUS and 1.5% in the world. Its audience engagement is high due to the calibre of guests and connections in AUS + US and will be at 25k+ per ninth by December 2022. In 2021, over 600 women's lives transformed in lockdown through our programs Over 25k social media reach - high engagement on LinkedIn + IG. LinkedIn Followers: Personal following 4639 Instagram 6876 Breakdown: 1) AUS 75% 2) USA 7% 3) UK 3% Please note this will shift as a result of the podcast swaps in the coming months with US influencers With 2 decades of media expertise the author has appeared on all top rating TV, podcast and digital publications endorsing her business and reputation in AUS and now focusing on





So This Is Why I'm Broke

Money Lessons on Financial Literacy, Passive Income, and Generational Wealth

by Melissa Jean-Baptiste

Accessible Financial Literacy and Budgeting for Beginners **An easy-to-follow financial literacy guide for Black, Indigenous, and People of Color (BIPOC). Financial help can be hard to find but So. . . This Is Why I'm Broke gives practical and simplified financial tips for you to financially thrive.**

A safe space for all BIPOC. Financial help is right here! Melissa Jean-Baptiste of "Millennial in Debt" is a first generation American providing readers with accessible financial tips and advice wrapped up in her story of paying off over \$100,000 on a teacher's salary. Melissa makes financial literacy relatable and easy to understand.

Action steps to develop your financial literacy. Learn about budgeting for beginners, fixing your credit score, investing, and passive income ideas. With this guide, financial literacy gets broken down step-by-step through interesting perspectives and historical points.

Inside, you'll find:

- An accessible financial guide on financial literacy and investing for beginners
- The story of Melissa, a "Millennial in Debt" teaching others how to thrive financially
- Practical examples on budgeting for beginners and passive income ideas, and the best budgeting book

If you're looking for books for entrepreneurs or financial literacy books for the CEO in your life, grab your copy today! If you liked reading Financial Feminist, Get Good with Money, We Should All Be Millionaires, or More Money Now, then you'll love So. . . This is Why I'm Broke.

Author Bio

Melissa Jean-Baptiste is a first-generation Haitian American helping Millennials and Gen Z restructure their relationships with money. As the eldest daughter of immigrant parents, she had to lead by example and was determined to achieve the elusive American Dream. For her first party trick, after four years at Adelphi University, she graduated Cum Laude with a BA in English Literature and an MA in Adolescent Education. During her 11-year tenure as a New York City high school English teacher, and adjunct professor, Melissa implemented valuable shifts to her instructional design to provide her students with a practical curriculum that would be fundamental to their personal growth outside of the classroom. She would later become the lead instructional designer and curriculum developer for the English department



Mango Publishing

On Sale: May 9/23

6 x 9 • 224 pages

9781684811830 • \$28.99 • pb

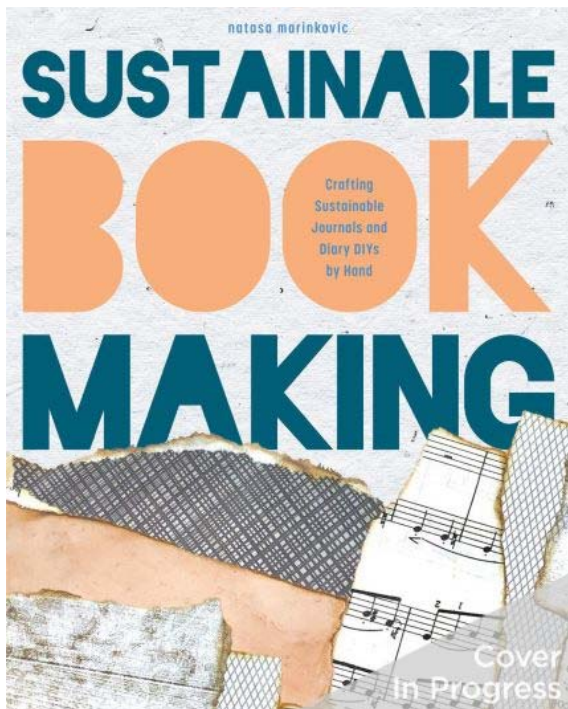
Bus & Econ / Personal Finance / Money Mgmt

Notes

Promotion

Over 70,000 clients via <https://millennialindebt.com/>
financial program<p>Mailing list of
200,000</p><p>Top 30 Podcast Hosted by a Woman,
2021
Featured on Forbes, CNBC and
Essence</p>





Sustainable Book Making

Crafting Handmade Sustainable Journals

by Natasa Marinkovic

A guide on how to make beautiful, personal handmade journals from sustainable, reusable, and readily available materials plus journal prompts, book binding techniques, and journal making projects.

Divine Diary DIYs for the Innovative Crafter

With journal making projects, book binding techniques, and journal prompts, this Treasure Book Making guide has everything you need. Get ready to create personal journals by hand easily--without any extra book-binding tools!

An affordable craft. Hobbies tend to require a big investment, but Author Natasa Marinkovic, creator of popular YouTube channel Treasure Books, focuses on upcycling the available materials around us. Learn how to make beautiful journals without purchasing book-binding tools, use what you have! With the things you have at home, create projects that are both useful and beautiful. ♦

Fall into the world of book binding. This junk-journaling-how-to gives readers all of the details on how to make a book through step-by-step creative projects that will save you space and get rid of house clutter. This diary DIY is the ultimate space for your creativity to bloom and grow! ♦

Inside, you'll find:

Illustrations and tips to jumpstart your creativity on DIY books ♦

Easy-to-follow instructions to structure and make a book for journaling and scrap keeping ♦

Lists of accessible materials to use (...)

Author Bio

Natasa Marinkovic double majored in Sociology and Behavioral Studies and then took a completely different route and received a Diploma in Beauty Therapy. For 10 years, she became the sole owner and operator of a successful beauty salon. During those years, she also devoted herself to her passion of journal making, book binding, teaching, and most of all, creating something out of nothing--or rather--turning trash into treasure.

Her YouTube channel, Treasure Books, currently has over 200 videos (many of which are tutorials) has grown quickly in a reasonably short amount of time. Because of the success of this venture, she now devotes herself to Treasure



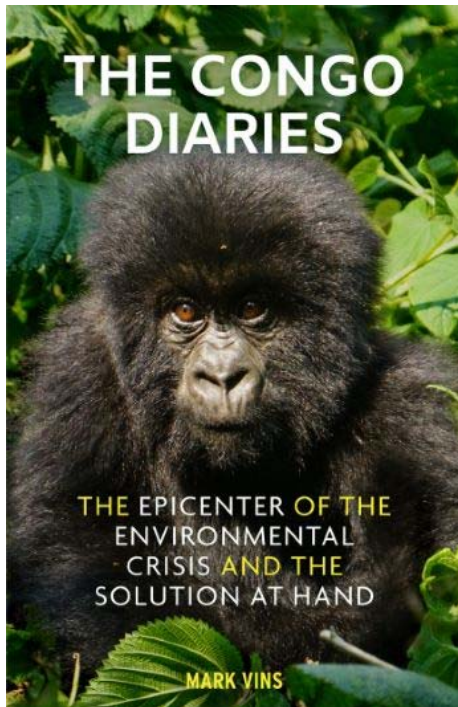
Mango Publishing
On Sale: Jul 11/23
8 x 10 • 224 pages
100 color photographs throughout
9781684812110 • \$38.99 • pb
Crafts & Hobbies / Papercrafts

Notes

Promotion

Author Natasa Marinkovic is the creator behind "Treasure Books," the most popular book-making channel on YouTube with over 12 million collective video views. Her content covers how to make all kinds of books by hand, in an eco-friendly way, such as travel journals, keepsakes, junk journals, photo albums, and more. This book is on-trend and environmentally conscious because Natasa shows readers that book making can be sustainable and by using a wealth of materials you already have in your home. Author Natasa Marinkovic is based in Australia with a large global audience, including views in the US, Canada, and Germany.





The Congo Diaries

A Mission to Re-Wild the World and How You Can Help
by Mark Vins

In *The Congo Diaries*, Emmy-Award-winning wildlife filmmaker and cofounder of Brave Wilderness Mark Vins explores and unpacks the global significance of the declining Virunga National Park, the rainforest in the heart of the Congo known as the "lungs of the Earth." Vins details the varied, interconnected environmental biomes all located within Virunga, and emphasizes the steps we can take to help preserve these habitats and the plant and animal species that call it home.

Mark Vins and His Environmental Conservation Mission to Help Save Our Planet

Join Mark Vins of BRAVE WILDERNESS and His Courageous Environmental Conservation Expedition to Save Africa's Virunga National Park.

Known as one of the rainforest "lungs of the Earth". Virunga National Park is on the verge of complete devastation. Now environmental conservationist Mark Vins, CEO and Co-Founder of BRAVE WILDERNESS, a Youtube channel with over 19 million subscribers, is on a quest to make a difference in the fight to save our planet.

The world's second largest rainforest is in trouble. In the heart of the Congo forest lies Africa's oldest environmental conservation and UNESCO World Heritage site, Virunga National Park. It contains virgin rainforests, volcanoes, lakes, and savannah, all in a completely unique combination of natural habitats. Virunga is the home of many species of plants and animals and is located in the only region in the world that is a mountain gorilla habitat.

Learn about critical environmental issues. Follow BRAVE WILDERNESS (...)

Author Bio

As the CEO and Co-Founder of **Brave Wilderness**, Emmy-Award winner **Mark Vins** has been able to drive support for wildlife conservation efforts by educating and inspiring his 19M subscriber audience to action. By exploring the world to understand the earth's most interesting creatures and natural phenomenon, the **Brave Wilderness** channel has skyrocketed in popularity on YouTube, reaching over 4 billion views and making the company the digital leader in the wildlife and nature space.



Mango Publishing
On Sale: Aug 8/23
5.5 x 8.5 • 256 pages
9781642508482 • \$32.99 • pb
Travel / Special Interest / Ecotourism

Notes

Promotion

Through cross promotion on Brave Wilderness YouTube channel (19.2M Subscribers) and other social platforms (Additional 6M followers). Promotion will consist of book release video, stories, live videos and photos. The author will also cross promote through partners of YTO series, YouTube, Appian Way, Virunga National Park and Re:wild.org. Since the book is a recount of a major documentary project, it will get reoccurring promo through the success of that program/series. Lastly the book will be featured on our website www.bravewilderness.com.
Ex: He has an engaged following or Patreon who will order the book, share content about the book and leave reviews
Ex: He will create a high quality book trailer
Ex: He has merch, an online class, or other potential assets that can be offered as bonus material for preorders
Fellow influencers who will provide endorsements and help support the book: Coyote Peterson, Leonardo DiCaprio, Re:wild, Virunga National Park and Emmanuel de Merode, and





The Grocery Store Bible

Bobby Approved Guide to the Healthiest Food Store Products
by Bobby Parrish

Don't Go Food Shopping Without this Essential FlavCity Grocery Shopping Guide

Are you a fan of the popular phone app, **BOBBY APPROVED, GROCERY SHOPPING TIPS**? Welcome to **THE GROCERY STORE BIBLE** - a valuable companion to Bobby's phone app and an essential aid to enhancing your food store knowledge and shopping experience.

Bobby Parrish is a best-selling cookbook author, creator of the popular YouTube channel FlavCity, kitchen authority, and grocery shopping expert. He and his partner Desi Parrish are here to help you learn how to find and select the healthiest foods and ingredients in your grocery store.

Introducing a new and improved grocery shopping guide. In 2019, the **BOBBY APPROVED: YOUR ULTIMATE SHOPPING GUIDE AT THE GROCERY STORE** was made available as an eBook shopping guide. Organized by grocery store, food categories, and a master ingredient list, it was designed to be an in-pocket aid to identifying the best products on store shelves. Unfortunately, this eBook product could not be periodically updated. So, the updateable phone app, **BOBBY APPROVED, GROCERY SHOPPING TIPS**, was introduced.

An essential FlavCity grocery guide. You are already a user of the popular phone app, **BOBBY APPROVED, GROCERY SHOPPING TIPS**, and concerned about the foods that you and your loved ones put in your bodies. Now discover more of Bobby's best practices for navigating a food store and reliably finding the healthiest ingredients.

Inside THE GROCERY STORE BIBLE, an essential grocery store guide
(...)

Author Bio

Bobby Parrish is a passionate home cook who went to the best culinary school around: his mom's kitchen. He wanted to be on the Food Network badly, and, when they rejected his application for the next Food Network Star, he decided to start a YouTube channel. Now hundreds of thousands of fans later, it seems the Food Network made a mistake! Bobby and his wife Desi Parrish started filming online cooking videos for the sole purpose of proving that healthy food can taste good and that home cooks can be rock stars in the kitchen. Little did they know that only a few years later, Bobby would quit his



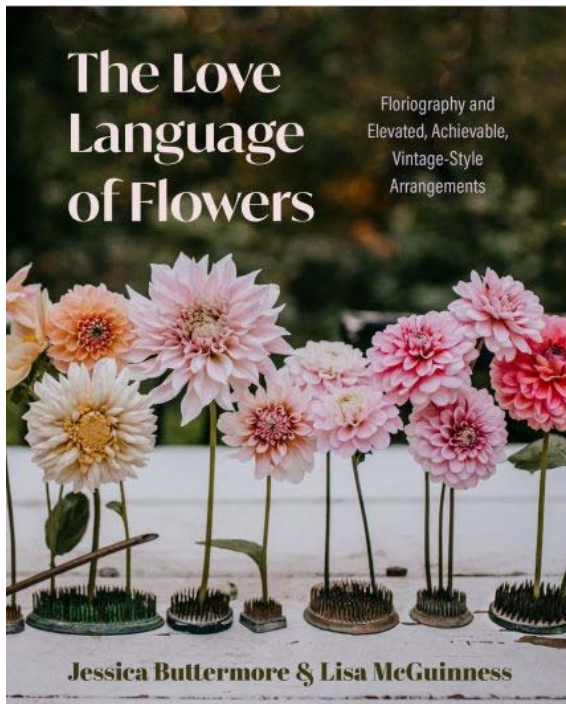
Mango Publishing
On Sale: Jun 13/23
5.5 x 8.5 • 212 pages
9781684812073 • \$27.99 • pb
Health & Fitness / Food Content Guides

Notes

Promotion

FlavCity: YouTube channel: over 3.5 million subscribersInstagram: 1.2 million followersFacebook page: 3.7 million followersBlog: 200,000 + page views each monthBobby, Dessi, and Bobby's brother won an episode of <i>Guy's Grocery Games</i>





The Love Language of Flowers

Floriography and Elevated, Achievable, Vintage-Style Arrangements

by Lisa McGuinness, by (photographer) Jessica Buttermore

A Fresh Twist on Vintage Flower Meanings & Arrangements

This floriography guide is a gorgeous and inspired combination of vintage Victorian flower meanings, quotes, and lore perfectly entwined with a contemporary toolbox for creating stunning flower arrangements and bouquets.

For those who want to create beautiful bouquets and flower arrangements with history. Blooming with inspirational lifestyle photography by Jess Buttermore of Cedar House Farms, THE LOVE LANGUAGE OF FLOWERS will blow you away with an intriguing history of flowers alongside step-by-step instructions for creating 25 tasteful, meaningful arrangements.

Express yourself and show others you care. With stunning photographs of different types of flowers, a detailed list of floral arranging tools and supplies, and fascinating Victorian flower meanings, THE LOVE LANGUAGE OF FLOWERS provides you with an elegant way to express your feelings or bring your self-care to the next level.

Inside THE LOVE LANGUAGE OF FLOWERS, find:

- ◆ A visual glossary of flowers and their Victorian meanings
- ◆ Simple step-by-step instructions for creating twenty-five gorgeous floral arrangements
- ◆ Suggestions for introducing contemporary plants and other interesting elements to bring a fresh look to classic bouquets

If you like botanical books illustrated with stunning photography and floral design, such as FLORIOGRAPHY, THE COMPLETE LANGUAGE OF FLOWERS, or GROWING FLOWERS, you'll love THE LOVE LANGUAGE OF FLOWERS

Author Bio

Jess Buttermore lives with her husband and three children in a small town nestled in the mountains of Seattle, Washington. Their homestead, Cedar House Farm, is her sanctuary where she enjoys gardening, herbalism, farming, baking, reading, photography and crafting.

Jess has authored featured articles in CLICK MAGAZINE, WILLOW & SAGE MAGAZINE (Spring 2022 issue), and OBAAHIMA MAGAZINE, and her photography has been featured in National Geographic's YOUR SHOT

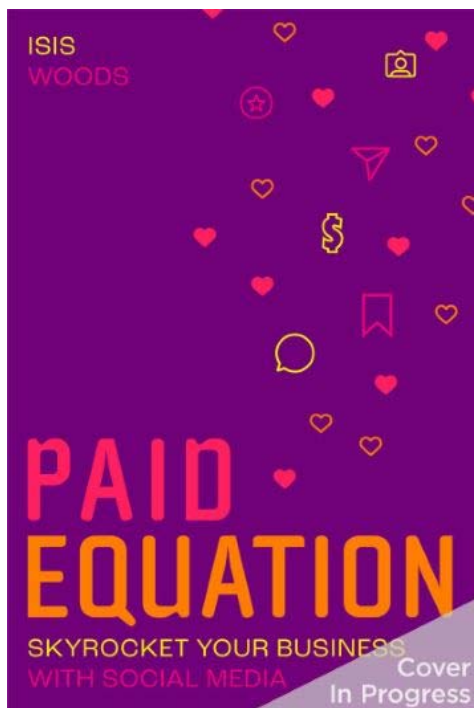
Mango Publishing
On Sale: Jun 13/23
8 x 10 • 224 pages
100 color photographs throughout
9781684811915 • \$39.99 • cl
Gardening / Essays

Notes

Promotion

Jess Buttermore plans to advertise via Instagram in her feed, and Insta story and reels as well as her Facebook following. Additionally, she has already locked in people in the photography, farming and homesteading communities she's part of to also post about the book on Instagram. She will advertise the book via her Cedar House Living newsletter mailing list and will sell the book in her shop at www.cedarhouseliving.com. She has connections within her community as well, including local florists and coffee shop owners whose businesses she has photographed in the past so she will reach out to them to promote and/or sell the book.





The P.A.I.D. Equation

Skyrocket Your Business with Social Media

by Isis Woods

Skyrocket Your Business with Social Media Branding

THE P.A.I.D. EQUATION guides you on how to start and build your brand and business. Through social media branding and selling digital products, you can scale your business to be extremely lucrative - let's get started!

Grow your business and your brand. Isis Breanna created this guide book to help small business owners acclimate to social media branding and promoting digital products and goods. Learn how to utilize an Instagram following to your advantage without a business development manager. P.A.I.D stands for how to (P)ersonalize the experience of your audience, bring (A)wareness to your business daily, create an (I)ntimate relationship with those who are ready to shop from you, and increase (D)demand for purchases!

Social media and business strategies made simple. Engage with your audience using updated strategies on social media branding. Learn how to personalize intended experiences for your audience, build brand awareness daily on social media, and inspire your audience to purchase any of your digital products and courses without famous influencers.

Inside, you'll find:

- Marketing and social media branding guidelines to grow your business
- Business strategies to inspire purchases of your digital products and courses
- An online business book taking digital serial entrepreneurs to the next level

If you're looking for social media marketing books, books for business owners and serial entrepreneurs, or if you liked HOOK POINT, THE NUCLEAR EFFECT, or THE FEARLESS WOMAN'S GUIDE TO (...)

Author Bio

Isis Breanna Woods coaches her audience on how to build a digital community that converts to loyal customers, create content and digital products that sell, and implement social media branding, marketing, and monetizing strategies! In addition to being featured in YAHOO FINANCE, NC MAGAZINE, and VOYAGE MAGAZINE, Isis is also a respected speaker. She has led workshops at various conferences hosted by Creative Collective, Squarespace, Kajabi, Bumble Biz, LaterCon, Thinkific, and Fox Soul. Isis, "The Digital Sales Guru" is passionate about teaching women how to use



Mango Publishing

On Sale: May 9/23

6 x 9 • 212 pages

9781684811601 • \$25.99 • pb

Bus & Econ / E-Commerce / Internet Marketing

Notes

Promotion

The author has a mailing list with over 11,000 subscribers, biweekly newsletters 400+ subscribers in private membership. She also has over 1,000 private text subscribers that receive daily texts Isis has the following ebooks she has self-published.

- Five Instagram Features You're Probably Not Using
- 25 Ways To Grow Your Social Media
- Top 5 Digital Products You Can Create For Passive Income Must-Have Instagram Apps
- Latest ebook 4,519 copies sold

On Instagram:

- @isisbreanna 71K Followers
- Daily post (mix of photos and videos) Lives once a week
- Average 2,000 - 4,000 likes

On Tik Tok:

- @isisbreannatoo 10.3K Followers

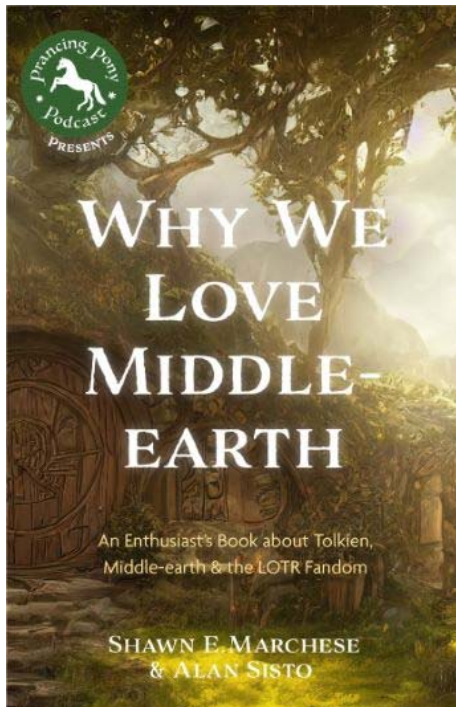
Connections

- Georgia State University Alumni Association
- Alpha Kappa Alpha Sorority Inc
- Speaking Engagements

- Thinkiﬁc Yearly Conference July 2021
- Auburn University Women In Entrepreneurship



Raincoast Books



Why We Love Middle-earth

An Enthusiast's Book about Tolkien, Middle-earth & the LOTR Fandom

by Alan Sisto and Shawn Marchese

For Fans of the Tales of Tolkien, Middle-earth, and More

Learn about the man who wrote THE LORD OF THE RINGS in this Middle-earth treasury. Full of everything to learn about Middle-earth and the fandom, this book about Tolkien celebrates WHY WE LOVE MIDDLE-EARTH.

The LORD OF THE RINGS omnibus for all. Who wrote THE LORD OF THE RINGS? What details are in the movies, books, maps, and other stories - and how do they tie together? Intrigued by Amazon's new show THE LORD OF THE RINGS: THE RINGS OF POWER? What's considered cannon and what isn't? Dive into Middle-earth's expansive lore with WHY WE LOVE MIDDLE-EARTH, a fandom book about Tolkien's work.

The perfect companion for any Middle-earth traveler. Written by beloved Tolkien commenters of THE PRANCING PONY PODCAST, Alan Sisto and Shawn E. Marchese, WHY WE LOVE MIDDLE-EARTH is the ultimate guide to the fandom. Newcomers and existing fans of Tolkien will revel in the dragon's hoard of information inside.

Inside, find:

- An easy-to-digest guide map that deepens your knowledge from start to finish, or from any interest point
- A list of the stories of Middle-earth, and how to read, watch, or play them, and deepen your understanding of them
- A manual for fandom niches - what they are, where to find them, and how to get started

If you enjoy fandom books or a good book about Tolkien's (...)

Author Bio

Alan Sisto has been reading Tolkien since the Rankin & Bass animated Hobbit came out before he was born. Or right after. An all-around Tolkien nerd Alan can be found enjoying Tolkien's lesser-known works - "Leaf by Niggle" is his favorite - just as often as he gets lost in First Age histories and Third Age adventures. Alan has worked with Shawn for nearly six years to grow THE PRANCING PONY PODCAST each season, and spends much of his working time producing the show. He also provides narration and commercial

Mango Publishing

On Sale: Jul 11/23

5.5 x 8.5 • 256 pages

30 bw illustrations throughout

9781684812097 • \$28.99 • pb

Social Science / Popular Culture

Notes

Promotion

The two authors are the founders and hosts of the acclaimed Prancing Pony Podcast, which has won Tolkien Society Award for "Best Online Content" in 2020 and 2021. A highly researched and credible podcast that dives into lore and conversations about the fandom with famous guests. Discusses a range of topics for all tastes, including the pop culture, movies, music, art, and more about the fandom. The book will keep similar themes of the podcast by celebrating all the reasons why we love, study, and engage with the Middle-earth fandom. The Lord of the Rings / Tolkien fandom reaches all across the globe, with audiences in all the different generations. A highly engaged fandom through their podcast, Instagram, and Patreon.





Winning the Room with the Winning Pitch

Public Speaking Skills for Unforgettable Storytelling That People Trust

by Jonathan Pease

Storyteller Tactics for Speeches, Pitch Meetings, and Everyday Life

"Jonathan's unique approach is highly insightful, original and practical, delivered in a way that is instantly applicable" - **Guy Fowler**, Chairman, UBS Australia

For entrepreneurs, creatives, business people, or anyone looking to create authentic connective moments, WINNING THE ROOM WITH THE WINNING PITCH is the public speaking book for you! Expand from a scared fumbling mess to a powerful public speaker that audiences love! Talk to win in every room. How many minutes can you hold a person's attention? Do you find yourself rambling and losing your point? Do you get nervous before a presentation? WINNING THE ROOM WITH THE WINNING PITCH teaches public speaking skills applicable to everybody in any situation. Conquer your public speaking fears, learn how to be likable, how to present for work, how to give interesting pitch meetings, and how to - at the end of the day - be a person who wins.

Become someone people trust. Give speeches, presentations, and pitch meetings like a true expert. Author Jonathan Pease (JP) is a highly respected creative director and communications expert with over 25 years in the marketing industry. In WINNING THE ROOM WITH THE WINNING PITCH, he uses his expertise to take you on a fun, fascinating, and practical tour as you become a fearless storyteller people will buy from, both emotionally and financially.

Inside WINNING THE ROOM WITH THE WINNING PITCH, find:

- How to turn nervous energy into passion and charisma that people engage with
- A tight, actionable, and memorable system for how to be great at different types of speeches (...)

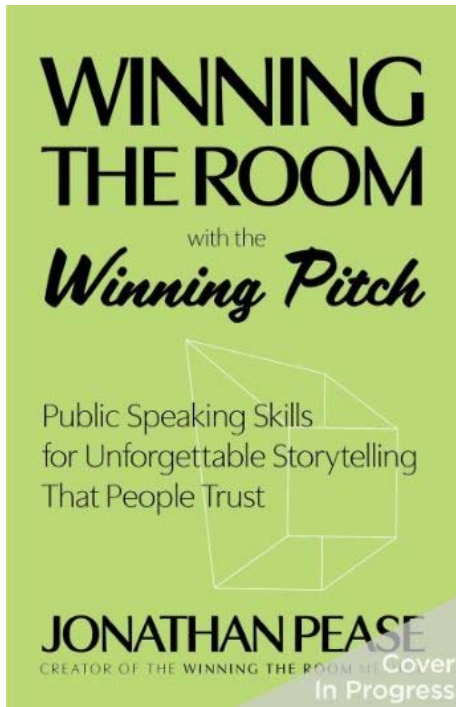
Author Bio

Jonathan Pease (JP) is a highly respected Creative Director and communications expert with over 25 years in the marketing industry. After starting his career at the world-famous agency at BBDO, he returned to Australia in 2003 to found, grow, and sell Tongue, now trading as the Australian office of top global agency, AKQA.

These days, JP runs the marketing consultancy Delorean, is the Publisher of OYSTER MAGAZINE, and is the Chief Creative Officer at Overheard. JP also writes and directs feature films, ads, and other content, and was even awarded Best Director for his short film, Two Bites, at the Sanctuary Cove International Film Festival in 2018. A philanthropist, JP is a founding member of the Sydney-based charity, COMMUNITAS MINDS.



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Mango Publishing

On Sale: Jun 13/23

5.5 x 8.5 • 224 pages

9781684811229 • \$28.99 • pb

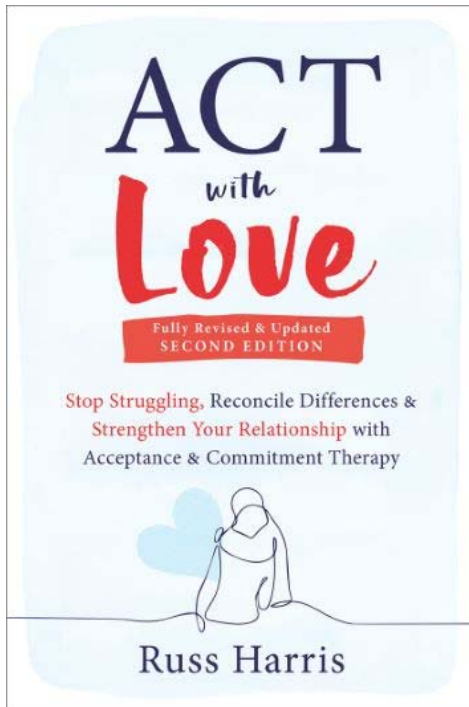
Language Arts & Disciplines / Public Speaking

Notes

Promotion

Promotional Strategy <p>The author will offer free short form insights and advice through an open Q&A section online (freemium subscription model). </p><p>Instagram: 17k followers @mrjonathanpease</p><p>Collaborations </p>Ongoing client workshops (circa 12 per year)Sohn Hearts & Minds (1000 people annually)Comms Council (1500 people annually)Sydney University (500 people annually)Vivid Ideas (500 people annually)<p>Bonus Material: The author plans to create a card game that walks the player through the Winning The Room process which people can pick up and play. The author and his team are also going to create a library of downloadable PDFs that give people a focused group of tips. Each one will be specific to a different user case.</p><p>Marketing Connections</p>TV hosts from Australia's top rating morning shows - Karl Stefanovic, Natalie Barr.Radio hosts from some of Australia's top shows – Kylie & Jackie O, Fitzy & Wippa.





newharbingerpublications

ACT with Love

Stop Struggling, Reconcile Differences, and Strengthen Your Relationship with Acceptance and Commitment Therapy
by Russ Harris

Build more compassionate, accepting, and loving relationships with acceptance and commitment therapy (ACT).

Let's face it: Picture-perfect storybook romances don't exist in real life. Couples fight. Feelings of love wax and wane through the years. And the stress and tedium of everyday life and work can often drive a wedge between even the most devoted couples. So, how can you reignite passion and intimacy in your relationship, cultivate greater understanding and compassion between yourself and your partner, and bring the *joy* back to your love life? In this fully revised and updated edition of *ACT with Love*, therapist and world-renowned ACT expert Russ Harris shows how developing psychological flexibility—the ability to be in the present moment with openness, awareness, and focus, and to take effective action in line with one's values—can help you and your partner strengthen and deepen your relationship. Also included is new information on attachment theory, powerful mindfulness and self-compassion techniques, and assertiveness and boundary-setting skills.

ACT with Love will show you how to:

- Let go of conflict, open up, and live fully in the present
- Use mindfulness to increase intimacy, connection, and understanding
- Resolve painful conflicts and reconcile long-standing differences
- Act on your values to build a rich and meaningful relationship

If you're looking to increase feelings of intimacy, love, and connection with your partner, this book has everything you need to get started- *together*

Author Bio

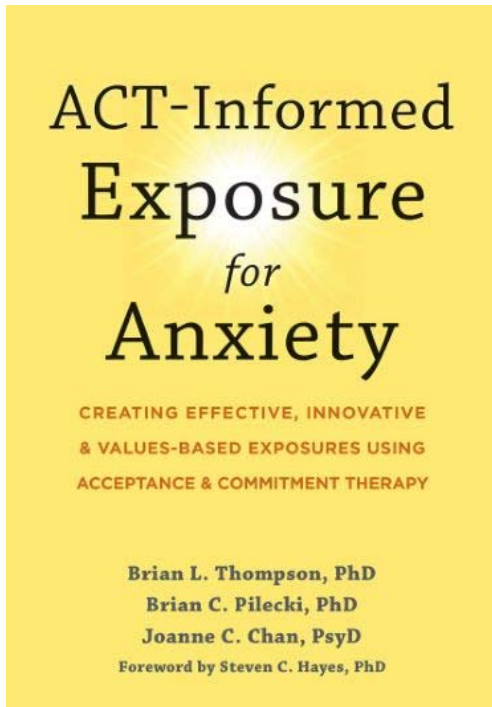
Russ Harris is an internationally acclaimed acceptance and commitment therapy (ACT) trainer, and author of the best-selling ACT-based self-help book, *The Happiness Trap*, which has sold more than one million copies and been published in thirty languages. He is widely renowned for his ability to teach ACT in a way that is simple, clear, and fun-yet extremely practical

New Harbinger Publications
On Sale: Jun 1/23
6 x 9 • 240 pages
9781648481635 • \$27.95 • pb
Family & Relationships / Marriage

Notes

Promotion





newharbingerpublications

ACT-Informed Exposure for Anxiety

Creating Effective, Innovative, and Values-Based Exposures Using Acceptance and Commitment Therapy

by Brian L. Thompson, PhD, Brian C. Pilecki, PhD and Joanne C. Chan, PsyD

This clinical guide shows therapists how to create effective, innovative, and values-driven exposures for treating clients with anxiety and avoidant behaviors. The exposures outlined in this book are easy-to-implement, easily tolerated by clients, and work to strengthen psychological flexibility.

Author Bio

Brian Thompson, PhD, is a licensed psychologist and director for the anxiety clinic at the Portland Psychotherapy Clinic, Research, & Training Center in Portland, OR. He specializes in working with anxiety and obsessive-compulsive and related disorders, and publishes research in these areas.

Brian Pilecki, PhD, is a clinical psychologist at the Portland Psychotherapy Clinic who specializes in the treatment of anxiety disorders, trauma and PTSD, and matters related to the use of psychedelics. Brian also has extensive experience in the areas of mindfulness and meditation and incorporates them into his therapy with clients. He is an active researcher and has published on topics such as anxiety disorders, mindfulness, and psychedelic-assisted therapy.

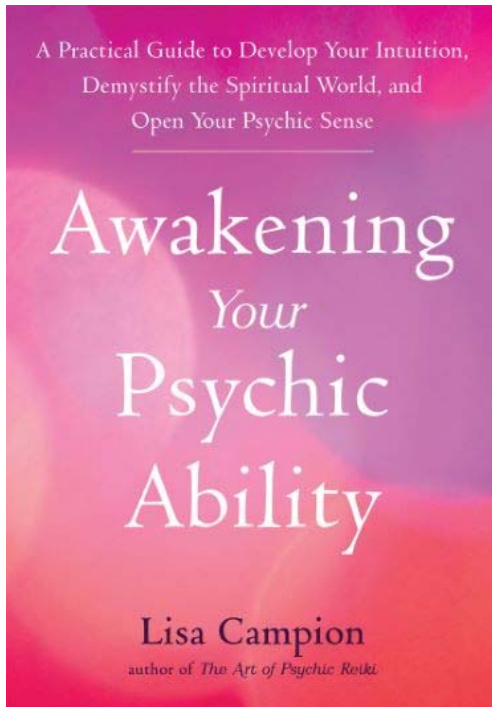
Joanne Chan, PsyD, is a licensed psychologist and assistant professor of psychiatry at Oregon Health and Sciences University (OHSU) where she provides psychological support to medical and dental faculty, residents, and fellows. Joanne specializes in exposure therapy for anxiety and obsessive-compulsive and related disorders and regularly provides training and education in her areas of expertise.

New Harbinger Publications
On Sale: May 1/23
7 x 10 • 200 pages
9781648480812 • \$94.95 • pb
Psychology / Clinical Psychology

Notes

Promotion





newharbingerpublications

Awakening Your Psychic Ability

A Practical Guide to Develop Your Intuition, Demystify the Spiritual World, and Open Your Psychic Senses
by Lisa Campion, foreword by MaryAnn DiMarco

A go-to guide for understanding and strengthening your psychic abilities.

Have you ever wondered if you are psychic? Have you been told you are deeply intuitive? Do you ever have a sense that something will happen-and then it *does*? Have you ever had a strong feeling or dream that someone you care about needed your help and it turned out to be true? If so, you may be psychically gifted. Psychic experiences are nothing to be afraid of. In fact, they can greatly enrich your life! So, how can you further deepen your intuition and open your psychic senses?

From Reiki master Lisa Campion-author of *The Art of Psychic Reiki* and *Energy Healing for Empaths* -this transformative and practical guide will help you understand, develop, and harness your own psychic ability, so you can live your life with a greater sense of meaning and purpose. You'll learn how to turn up the volume" on your abilities when you choose, as well as discover essential strategies for setting boundaries.

Includes powerful guidance to help you:

- Interpret dreams and omens
- Connect with ancestors and soulmates
- Understand who and what "spirit guides" are-and how to work with them
- Create a map of your psychic "realms," so you can successfully navigate your abilities
- Identify which areas of your life need healing
- Cultivate psychic "self-defense" skills to keep you safe on your journey

Our intuition is constantly guiding us toward our life's purpose-we just need to know how to listen to this inner voice. Let this profound book guide you as you connect (...)

Author Bio

Lisa Campion is a psychic counselor and Reiki master teacher with more than twenty-five years of experience. She has trained more than one thousand practitioners in the hands-on, energy-healing practice of Reiki, including medical professionals; and has conducted more than fifteen thousand individual sessions in her career. Based near Providence, RI, she specializes in training emerging psychics, empaths, and healers so they can fully step into their gifts-the world needs all the healers it can get



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New Harbinger Publications

On Sale: May 1/23

7 x 10 • 200 pages

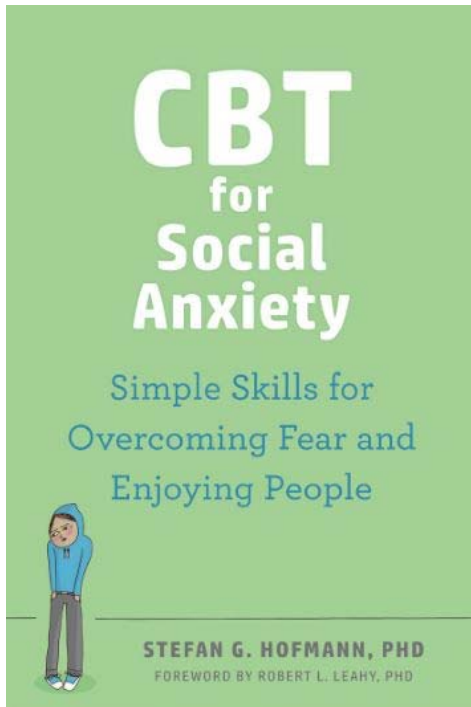
9781648480744 • \$28.95 • pb

Body, Mind & Spirit / Parapsychology / ESP

Notes

Promotion





newharbingerpublications

CBT for Social Anxiety

Simple Skills for Overcoming Fear and Enjoying People

by Stefan G. Hofmann, PhD, foreword by Robert L. Leahy, PhD

Don't let social anxiety rule your life! Overcome your fears using proven-effective skills grounded in cognitive behavioral therapy (CBT).

Do you avoid social situations? Do you dread public speaking? Would you rather stay in a job you hate than go through the interview process? If so, you may have social anxiety-and you aren't alone. People who struggle with social anxiety have an overwhelming fear of social situations. And as a result, could end up missing out on life's opportunities-such as getting their dream job, meeting new friends, or finding the perfect mate. If you're tired of social anxiety holding you back, this book can help.

In *CBT for Social Anxiety*, you'll learn how to conquer your fears using research-proven skills from one of the world's leading CBT experts. In addition to overcoming avoidance of social situations through understanding how your social anxiety works, you'll also learn how to engage in social mishap exposures"-humorous social scenarios that you practice on your own terms, as you learn to see how well you're able to cope with your anxiety in the moment. As you gradually realize that your worst fears are unfounded, you'll gain the self-confidence needed to start *really* enjoying social interactions. Avoidance may lessen your social anxiety in the short-term, but it can actually make anxiety *worse* in the long run. Using the skills outlined in this book, you'll learn how to face your social anxiety head on-so you can get on with your life.

New Harbinger Publications
On Sale: Jul 1/23
6 x 9 • 168 pages
9781648481208 • \$28.95 • pb
Self-Help / Anxieties & Phobias

Notes

Author Bio

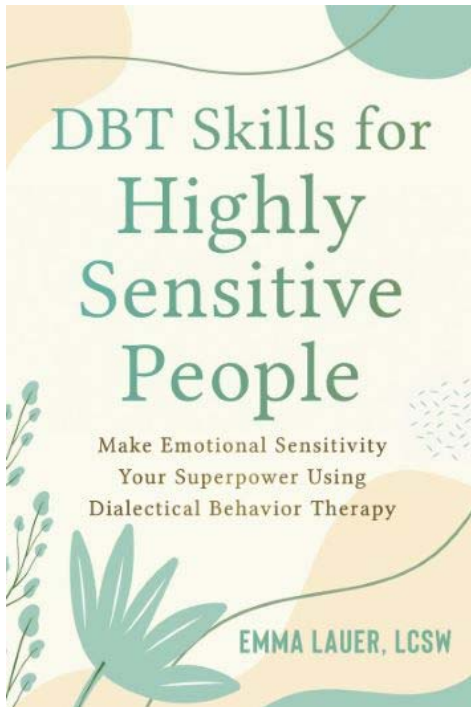
Stefan G. Hofmann, PhD, is professor of psychology in the department of psychological and brain sciences at Boston University. He has been president of numerous professional organizations, and is currently editor in chief of *Cognitive Therapy and Research*. He has published more than 400 peer-reviewed journal articles and twenty books. He is a highly cited researcher, and has received many awards, including the Humboldt Research Award. His research focuses on the mechanism of treatment change, translating discoveries from neuroscience into clinical applications, emotion regulation, and cultural expressions of psychopathology. He is codeveloper (with Steven C. Hayes) of process-based therapy.

Robert L. Leahy, PhD, is author or editor of twenty-seven books, including *The Worry Cure*, *The Jealousy Cure*, and *Beat the Blues*. He is director of the American Institute for Cognitive Therapy in New York, NY, and clinical professor of psychology at Weill Cornell Medical College. Leahy has been featured in *The New York Times*, *The Wall Street Journal*, and more



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DBT Skills for Highly Sensitive People

Make Emotional Sensitivity Your Superpower Using Dialectical Behavior Therapy

by Emma Lauer, LCSW

Powerful skills to build emotional resilience and celebrate your sensitivity for the gift it is!

Have you been told that you are too sensitive?" Do your emotions often feel intense or overwhelming? If so, you may be a highly sensitive person (HSP). HSPs are often empathic, intuitive, and passionate; but they can also struggle with strong emotions. This book will help you understand and balance your emotions, and reframe your emotional sensitivity as a strength-not a weakness.

Using skills from dialectical behavior therapy (DBT), this evidence-based guide will show you how to increase emotional resilience and learn to appreciate your sensitivity for the superpower it is! With this book, you'll learn to understand and regulate your emotions, "read" your body's physical responses to difficult emotions, and discover effective ways to self-soothe when the outside world feels overwhelming. You'll also find strategies to help you deal with difficult or challenging interactions with others.

Emotional sensitivity is a gift; but it's important to learn how to manage your emotions, so they don't get in the way of relationships and reaching your goals. With this book as your guide, you'll find the balance you need to be your very best.

Author Bio

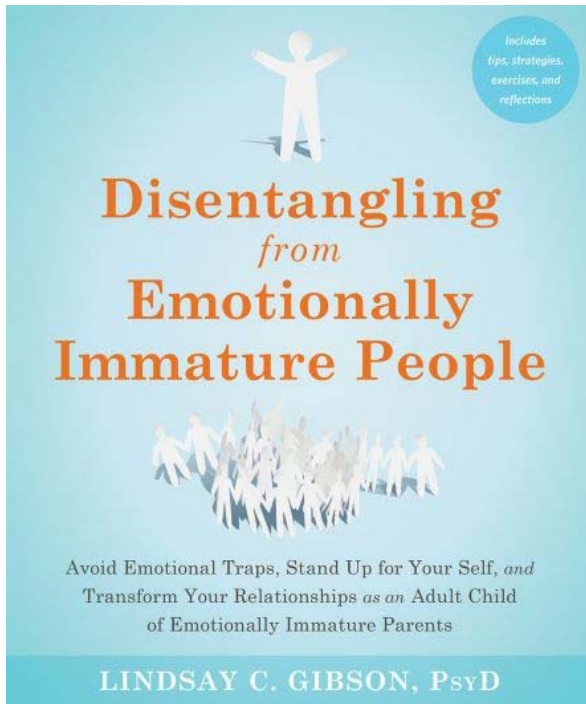
Emma Lauer, LCSW, is a therapist specializing in the treatment of eating disorders, self-harming behaviors, and trauma. Lauer is an EMDR certified therapist, and has taught at Arizona State University. She currently practices therapy and oversees interns and other staff therapists as clinical supervisor at Find Your Shine Therapy, a group private practice in Tempe, Arizona.

New Harbinger Publications
On Sale: Jul 1/23
6 x 9 • 192 pages
9781648481055 • \$27.95 • pb
Self-Help / Emotions

Notes

Promotion





newharbingerpublications

LEAD

Disentangling from Emotionally Immature People

Avoid Emotional Traps, Stand Up for Your Self, and Transform Your Relationships as an Adult Child of Emotionally Immature Parents

by Lindsay C. Gibson, PsyD

From the author of *Adult Children of Emotionally Immature Parents*, this handbook offers essential, practical solutions to help you disentangle" from emotionally immature people, stand up for your self, and transform your relationships.

If you grew up with an emotionally immature, unavailable, or selfish parent, you may recall your childhood as a time when your emotional needs were not met or dismissed-and you may have lingering feelings of anger, loneliness, betrayal, and abandonment as a result. As an adult, you have fought hard to establish your own sense of *self*, and heal the invisible wounds caused by your upbringing.

But what about *other* emotionally immature people (EIP) in your life? EIPs are often unpredictable, volatile, and difficult to handle. They tend to be *me-first* people, with little regard for others. They may not respect you as an individual-which can be isolating, hurtful, and lonely. As an adult child of an emotionally immature parent (ACEIP), you may be particularly vulnerable to EIPs. But you are not powerless! If you're tired of being emotionally hijacked by EIPs, this handbook can help you avoid common traps, build confidence, and stand strong in your *self*.

In this must-have guide, author Lindsay Gibson provides everyday solutions to help you manage relationships with *any* emotionally immature person. You'll find practical insights and explorations into the most common challenges ACEIPs face, and practical guidance to help set boundaries and establish healthier relationships. You'll also learn to handle difficult interactions with EIPs, understand their responses, and transform your relationships to build a happier life.

It's time to disentangle from EIPs! As an ACEIP, you have spent a lifetime compensating for (...)

Author Bio

Lindsay C. Gibson, PsyD, is a clinical psychologist in private practice who specializes in individual psychotherapy with adult children of emotionally immature (EI) parents. She is author of *Adult Children of Emotionally Immature Parents* and *Who You Were Meant to Be*, and writes a monthly column on well-being for *Tidewater Women* magazine. In the past, she has served as adjunct assistant professor of graduate psychology at the College of William and Mary, as well as at Old Dominion University. Gibson lives and practices in Virginia Beach, VA



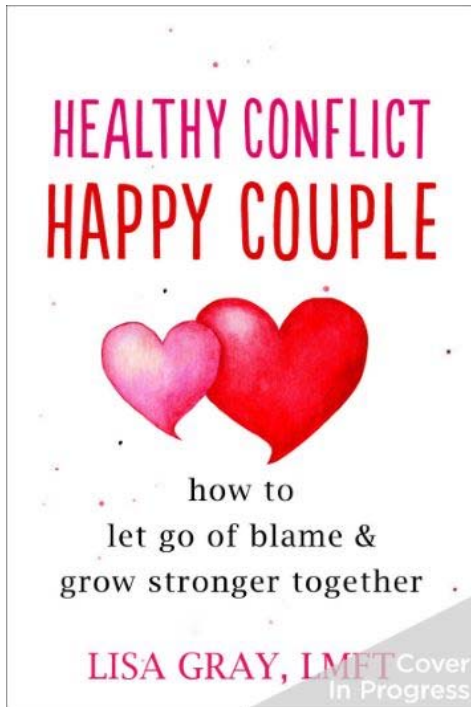
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New Harbinger Publications
On Sale: Jul 1/23
7.5 x 9 • 224 pages
9781648481512 • \$31.95 • pb
Self-Help / Personal Growth / General

Notes

Promotion





newharbingerpublications

Healthy Conflict, Happy Couple

by Lisa Gray

Stop fighting with each other and start fighting for your relationship.

Do you find yourself in constant disagreement with your partner? Do you feel like you are on completely different pages when it comes to finances, future plans, or parenting? Most couples fight from time to time, but if fighting is starting to wear at your relationship, you may need a new method for conflict resolution. This empowering guide can help you find the peace, happiness, and intimacy you seek - all while growing stronger together as a couple.

In *Healthy Conflict, Happy Couple*, conflict resolution and mental health expert Lisa M. Gray breaks down the neuroscience of conflict, and shows us how to unlearn the bad habits that lead to unproductive arguments. You'll also find evidence-based communication, mindfulness, and cognition skills to help you stay calm, work through disagreements, and come to a peaceful resolution - even when your emotions are running high.

With this step-by-step guide, you'll learn:

- ? The science of why you fight
- ? Mindfulness skills to manage conflict in the moment
- ? How to build awareness of your own fight or flight responses
- ? Breathing techniques to soothe anger
- ? Creative problem-solving skills to encourage cooperation and harmony!

Author Bio

Lisa M. Gray is a licensed mental health professional specializing in high conflict couples for more than twenty years. She has a private practice in the San Francisco Bay Area, where she lives with her husband and two boys.

New Harbinger Publications

On Sale: Aug 1/23

9 x 6

9781648481697 • \$28.95 • pb

Family & Relationships / Marriage

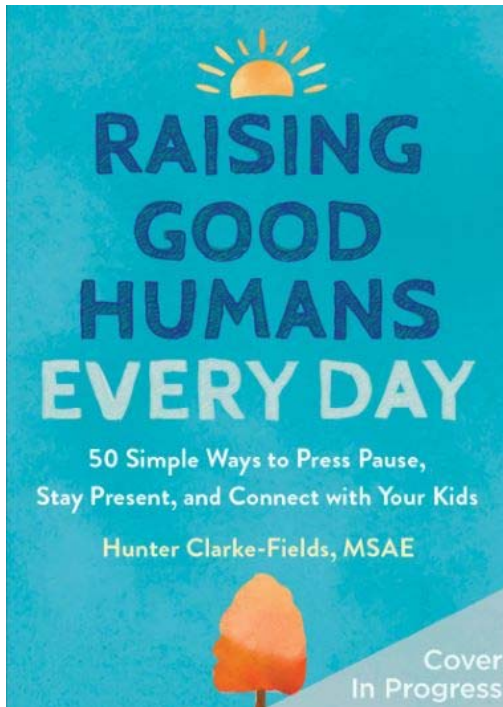
Notes

Promotion



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newharbingerpublications

LEAD

Raising Good Humans Every Day

by Hunter Clarke-Fields

Little ways to stay mindful, be present, and raise good humans - every day!

As a parent, it's the little things you do each and every day that can help your kids grow up to be kind, confident, and conscientious human beings. But if you're like many busy parents, you're probably feeling overwhelmed by the daily rush of getting to school on time, helping your kid finish their homework, planning meals, and all the seemingly endless tasks that pile up and steal the fun out of just being with your child. That's why you need quick, effective tools to stay present and manage emotions - both your child's and your own.

From the author of *Raising Good Humans*, this in-the-moment guide offers 50 simple ways to press pause, stop reacting, and start parenting with intention. You'll also find mindfulness skills for calming your own stress when difficult emotions arise; and tips for cultivating respectful communication, effective conflict resolution, and reflective listening. Most importantly, by following these daily techniques, you'll learn to break the unhelpful patterns and ingrained reactions that reflect the generational habits shaped by your parents, so you can respond to your children in more skillful ways.

You'll also discover:

- Self-compassion practices for those days when you feel like a "terrible parent"
- Breathing and meditation exercises for calming emotions in the moment
- Tips for "unhooking" from negative thoughts and self-judgements
- Mindfulness skills for staying present with your kids

You'll also learn how to develop a "teaching mindset" when faced with difficult behavior, and find tons of creative and playful activities to (...)

Author Bio

Hunter Clarke-Fields, MSAE, RYT, is a mindful mama mentor. Hunter is the creator of the Mindful Parenting course, host of the Mindful Mama podcast and widely-followed author of *Raising Good Humans: A Mindful Guide to Breaking the Cycle of Reactive Parenting and Raising Kind, Confident Kids*. She helps parents bring more calm and peace into their daily lives. Hunter has over twenty years of experience in meditation practices and has taught mindfulness to thousands worldwide.

Hunter is a widely-followed author and podcaster. Her writing has appeared in CNBC, NBC, the Huffington Post, Tiny Buddha, MOPS, Elephant Journal, Mothering, and a number of other online magazines and websites. She is the

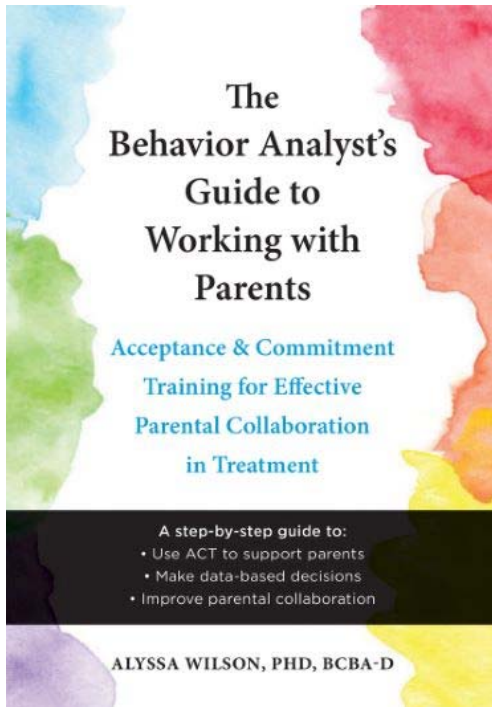


New Harbinger Publications
On Sale: Aug 1/23
7 x 5
9781648481420 • \$22.95 • pb
Family & Relationships / Parenting

Notes

Promotion





newharbingerpublications

The Behavior Analyst's Guide to Working with Parents Acceptance and Commitment Training for Effective Parental Collaboration in Treatment by Alyssa Wilson, PhD, BCBA-D

Learn powerful ACT training skills to foster parental collaboration and achieve therapeutic goals.

As a board-certified behavior analyst (BCBA) working in the field, you understand how essential it is to enlist the support of parents when working with autistic children. This book offers proven-effective acceptance and commitment therapy (ACT) training skills to get parents on the same page and working with you to achieve measurable results.

The Behavior Analyst's Guide to Working with Parents offers a comprehensive conceptual framework for using ACT in parent training contexts. With this clinical guide, you will find a brief overview of relational frame theory (RFT), rule governance, and how these core concepts and principles align within the ACT model. The book also provides:

- Empirical evidence for using ACT within parent training contexts
- Virtue-based ethics and specific BACB(Reg TM) ethical codes to consider
- Step-by-step processes for using ACT in parent training contexts
- Informed consent processes

Finally, you'll find an overview of specific ACT components that highlight detailed assessment considerations and metaphor development for each component—such as present moment awareness, acceptance, flexible perspective taking, and values-based action.

If you're looking for strategies to improve parental collaboration, this book has everything you need to get started.

Author Bio

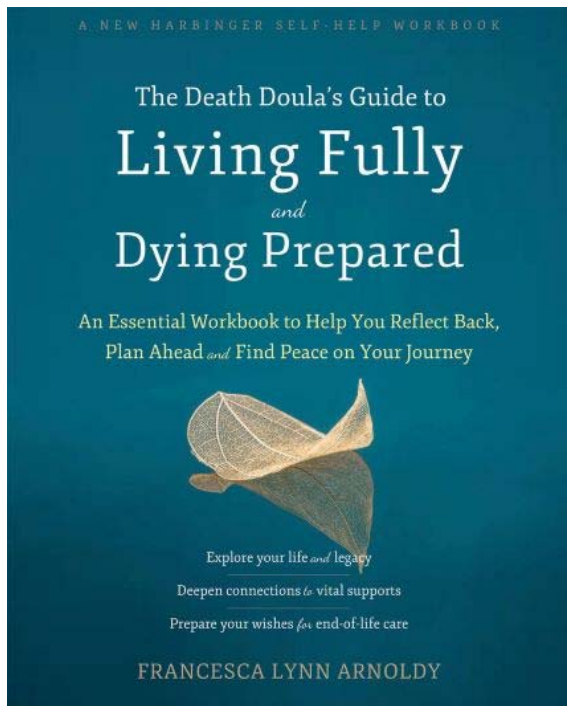
Alyssa N. Wilson, PhD, BCBA-D, LBA, is associate professor and department chair of applied behavior analysis programs at The Chicago School of Professional Psychology in Southern California. She received her PhD in rehabilitation with an emphasis on behavior analysis and therapy from Southern Illinois University, Carbondale. She splits her time between St. Louis, MO, and Los Angeles, CA.

New Harbinger Publications
On Sale: Jun 1/23
7 x 10 • 192 pages
9781648480904 • \$114.95 • pb
Psychology / Psychotherapy / Child & Adolescent

Notes

Promotion





newharbingerpublications

The Death Doula's Guide to Living Fully and Dying Prepared

An Essential Workbook to Help You Reflect Back, Plan Ahead, and Find Peace on Your Journey
by Francesca Lynn Arnoldy

Find practical and emotional support for your journey with this immersive workbook.

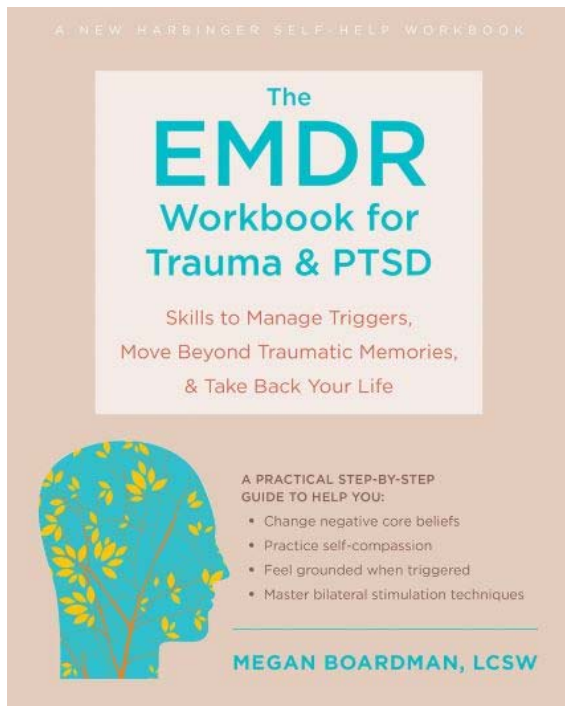
If you are preparing for the end of life-or simply looking to bring more meaning to the here and now- *The Death Doula's Guide to Living Fully and Dying Prepared* imparts valuable insight to nurture clarity and your internal strength on your journey. Infused with essential doula approaches, this workbook is a first-of-its-kind publication that invites you to process your life and legacy, create remembrance projects, build connections to vital supports, and draft informative wishes and plans for your last chapter.

Replete with centering techniques and thought-provoking prompts, this comprehensive workbook is a welcome invitation for anyone seeking a more intentional approach to living and dying. It provides a practical template for end-of-life planning focused on designing comforting experiences that feel personally affirming-with sensitivity to all belief systems, cultures, identities, and histories of lived experience. The practices within chapters promote death literacy, and present steps to create your custom death journal. Completing this workbook is a brave act of healthy preparedness, as it breaks down a complex and often overwhelming topic into manageable tasks. You will tap into deep truths and poignant memories as you work through the exercises, often feeling lighter and less burdened upon their completion. Most importantly, you'll find *your* best way to live fully and die prepared, by clarifying the fundamental ideals, priorities, and requests you want honored.

Author Bio

Francesca Lynn Arnoldy is the course developer of the University of Vermont's End-of-Life Doula Professional Certificate Programs, a Story Listening researcher with the Vermont Conversation Lab, and a hospice volunteer. Arnoldy authored *Cultivating the Doula Heart: Essentials of Compassionate Care* and *Map of Memory Lane*. She runs workshops and presents on life-and-death topics with hopes of encouraging people to support one another through tender times of intensity.





newharbingerpublications

The EMDR Workbook for Trauma and PTSD

Skills to Manage Triggers, Move Beyond Traumatic Memories, and Take Back Your Life

by Megan Boardman, LCSW, foreword by Arielle Schwartz, PhD

Proven-effective, fast-acting techniques to rewire your brain and heal from the effects of trauma.

Do you struggle with the ongoing effects of trauma? If you have experienced a traumatic event, or suffer from post-traumatic stress disorder (PTSD), you may believe that you're permanently damaged; that the anxiety, self-doubt, depression, and fear will never go away. The truth is that it's possible to *rewire* your brain, so you can free yourself from the past, find healing, and live for the future. This workbook will show you how.

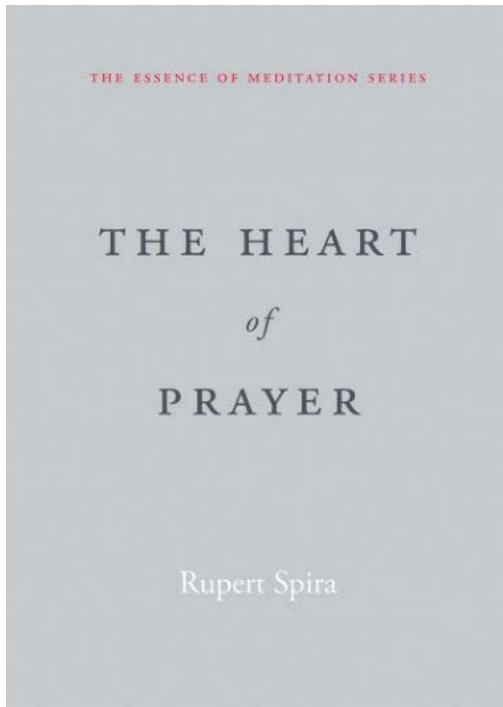
In *The EMDR Workbook for Trauma*, you'll discover a complete program to help you get in touch with, understand, and heal from the beliefs, feelings, and bodily sensations connected to your trauma. You'll learn to work through past or current trauma using emotion regulation and grounding techniques, and identify the specific triggers, limiting self-beliefs, and symptoms standing in between you and lasting peace of mind. You'll also discover how to cultivate compassion for yourself when you're feeling stuck. Finally, you'll find tons of tips, tools, checklists, and worksheets to lead you step by step as you process, heal, and journey toward a life free from the effects of trauma. Eye movement desensitization and reprocessing (EMDR) is proven-effective, fast-acting treatment. Unlike other approaches for treating trauma, EMDR not only treats the symptoms, but helps you identify and resolve the underlying causes so you can safely process your traumatic memories. Using the EMDR techniques in this book—such as bilateral knee tapping and other variations of bilateral stimulation—you can actually train your brain (...)

Author Bio

Megan McQuary, LCSW, is a licensed clinical social worker who specializes in treating trauma and addiction. She owns and operates her own clinical practice in Idaho, and provides supervision and consultation throughout the nation to clinicians and businesses seeking ongoing trauma training and EMDR. She is a member of the EMDR International Association, and is currently certified as an EMDR clinician as well as an EMDR consultant in training.

Arielle Schwartz, PhD, is a licensed clinical psychologist, EMDR therapy consultant, and certified yoga instructor with a private practice in Boulder, CO. She is author of *The Complex PTSD Workbook* and *The Post-Traumatic Growth Guidebook*, and coauthor of *EMDR Therapy and Somatic Psychology*.





 newharbingerpublications

The Heart of Prayer

by Rupert Spira

In this new volume of *The Essence of Meditation* series, Rupert Spira explores non-duality through the lens of devotional prayer.

In *The Essence of Prayer*, Rupert Spira elaborates on the understanding that the peace and happiness we seek can be found in the knowing of our own being. Drawing on the wisdom of *Being Aware of Being Aware* and *Being Myself*, this new volume explores another essential aspect of meditation—that which is known as union with God and traditionally approached through prayer.

The belief shared by most people that we are a separate person, a tiny part of a vast world, leads us to project the idea of God beyond the world, at an infinite distance from ourselves. As this person, we enter into a devotional relationship with God, we surrender to God. When, through an understanding of our self as unlimited, intimate being, God's being, the sole reality of all that is, we see that we are not separate from God. Our longing for God is found to be God's longing for us.

The meditations in this volume are followed by dialogues in which analogies and practical examples help to clarify the teaching. Throughout *The Essence of Prayer*, Spira interlaces his contemplations with his own invocations—as well as teachings, prayers, and poetry gathered from centuries of great works and sacred texts—creating a rich experience of the unity of the perennial non-dual understanding.

Author Bio

From an early age **Rupert Spira** was deeply interested in the nature of reality. At the age of seventeen he learnt to meditate, and began a twenty-year period of study and practice in the classical Advaita Vedanta tradition under the guidance of Dr. Francis Roles and Shantananda Saraswati, the Shankaracharya of the north of India. During this time he immersed himself in the teachings of P. D. Ouspensky, Krishnamurti, Rumi, Ramana Maharshi, Nisargadatta and Robert Adams, until he met his teacher, Francis Lucille, in 1997. Francis introduced Rupert to the Direct Path teachings of Atmananda Krishnamenon, the Tantric tradition of Kashmir Shaivism (which he had received from his teacher, Jean Klein), and, more importantly, directly indicated to him the true nature of experience. Rupert lives in the UK and holds regular meetings and retreats in Europe and the USA.
www.rupertspira.com

New Harbinger Publications
On Sale: Jul 1/23
6 x 9 • 144 pages
9781648481482 • \$27.95 • pb
Self-Help / Spiritual
Series: Essence of Meditation

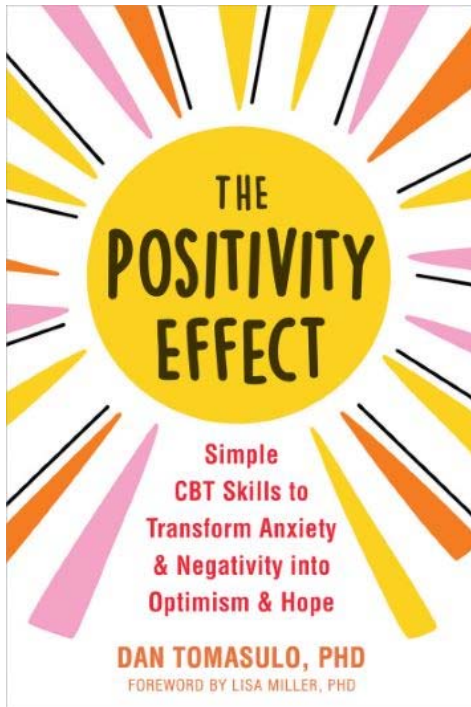
Notes

Promotion



9 781648 481482





newharbingerpublications

The Positivity Effect

Simple CBT Skills to Transform Anxiety and Negativity into Optimism and Hope

by Dan Tomasulo, PhD, foreword by Lisa Miller, PhD

Harness the power of positivity to overcome anxiety- *and* thrive!

If you suffer from anxiety, you may feel stuck in a vicious cycle of rumination, worry, and avoidance-and ultimately miss out on all life has to offer. But what if you could shift your thinking and start living with more expansiveness, hope, and happiness? What if you could transform stress and anxiety, and find lasting balance, peace, and joy? This book can show you how.

Based in proven-effective cognitive behavior therapy (CBT) and positive psychology, psychologist Dan Tomasulo-author of *Learned Hopefulness* - offers powerful skills to help you overcome negative thinking and harness the power of positivity to reduce stress, boost confidence, and find instant calm and sustainable happiness. With this uplifting guide, you'll learn how to:

- Replace anxiety and stress with learned hopefulness
- Boost positivity, amplify joy, and awaken inspiration
- Increase motivation and perseverance
- Overcome self-limiting thoughts and beliefs
- Build a solid support system and connect with your community

Not being anxious is not the same as thriving. Nor does worrying less mean that you are at peace. With this inspiring guide, you'll learn to do more than just stop worrying-you'll learn to completely transform your outlook for long lasting serenity and joy.

Author Bio

Dan Tomasulo, PhD, is core faculty at the Spirituality Mind Body Institute (SMBI) at Teachers College, Columbia University; and honored by *Sharecare* as one of the top ten online influencers on the issue of depression. He holds a PhD in psychology, MFA in writing, and a master of applied positive psychology from the University of Pennsylvania. A highly sought-after international speaker on topics relating to applied positive psychology, he authors the daily column, Ask the Therapist, and the *Learned Hopefulness* blog for www.psychcentral.com. His award-winning memoir, *American Snake Pit*, was released in 2018

New Harbinger Publications

On Sale: Jun 1/23

6 x 9 • 200 pages

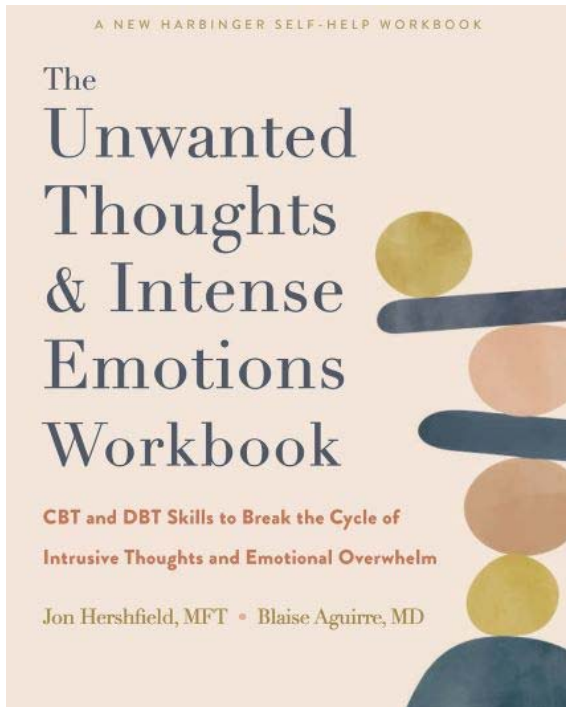
9781648481116 • \$27.95 • pb

Self-Help / Personal Growth / Happiness

Notes

Promotion





newharbingerpublications

The Unwanted Thoughts and Intense Emotions Workbook

CBT and DBT Skills to Break the Cycle of Intrusive Thoughts and Emotional Overwhelm

by Jon Hershfield, MFT and Blaise Aguirre, MD

Manage unwanted, intrusive thoughts- and the intense emotions these thoughts can trigger.

Do you have obsessive, negative, intrusive thoughts that keep you up at night and miserable during the day? Do these thoughts make you feel sad, angry, anxious, or ashamed? Whether you have a formal diagnosis such as depression, anxiety, bipolar disorder, obsessive-compulsive disorder (OCD), or borderline personality disorder (BPD)- or simply struggle with unwanted thoughts and the emotions they cause-this workbook can help you find the relief you desperately seek.

Written by two pioneers in the field of mental health, this workbook combines two powerfully effective treatments to address relentless, intrusive, and unwanted thoughts-as well as the painful and intense emotions these thoughts can trigger. In this evidence-based workbook, you'll find an innovative blend of cognitive behavioral therapy (CBT) and dialectical behavior therapy (DBT) skills to manage obsessive, self-blaming, judgmental, and catastrophic thoughts -and find lasting emotional balance.

You'll learn essential CBT skills to help you tolerate distressing thoughts and stay calm when thoughts feel overpowering; as well as DBT skills like distress tolerance, interpersonal effectiveness, emotional regulation, and mindfulness to find reliable relief.

If you're ready to take charge of unwanted thoughts and find lasting emotional balance, the two-pronged approach in this innovative workbook can help.

Author Bio

Jon Hershfield, MFT, is director of The Center for OCD and Anxiety at Sheppard Pratt in Towson, MD. He specializes in the use of mindfulness and cognitive behavioral therapy (CBT) for obsessive-compulsive disorder (OCD) and related disorders. He is author of *Overcoming Harm OCD*, *When a Family Member Has OCD*, and *The OCD Workbook for Teens*; and coauthor of *The Mindfulness Workbook for OCD* and *Everyday Mindfulness for OCD*.

Blaise Aguirre, MD, is assistant professor of psychiatry at Harvard Medical School, and an expert in child, adolescent, and adult psychotherapy, including dialectical behavior therapy (DBT), and medication evaluation and management. He is founding medical director of McLean 3East-a unique residential DBT program for young women exhibiting self-endangering behaviors and borderline personality disorder (BPD) traits. Dr. Aguirre has

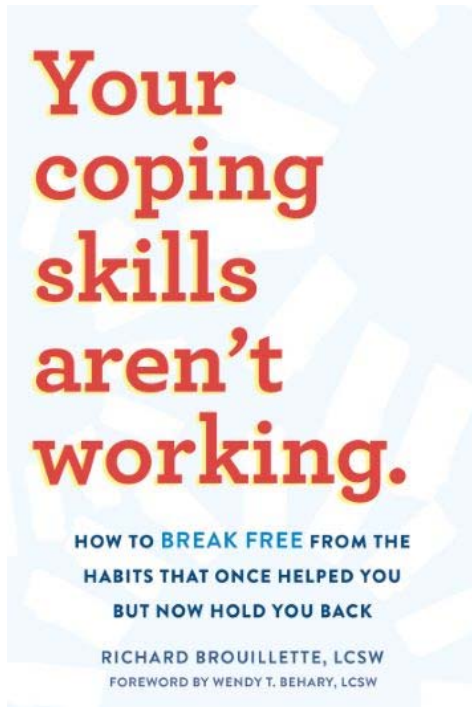


New Harbinger Publications
On Sale: Jun 1/23
8 x 10 • 176 pages
9781648480553 • \$35.95 • pb
Self-Help / Emotions

Notes

Promotion





newharbingerpublications

Your Coping Skills Aren't Working

How to Break Free from the Habits that Once Helped You But Now Hold You Back

by Richard Brouillette, LCSW, foreword by Wendy T. Behary, LCSW

It's time to move beyond the self-destructive coping skills" that hold you back!

The coping styles we develop in childhood are often the result of stressful or traumatic experiences. And while they once worked to keep us feeling safe, they do not serve us well in adulthood. This breakthrough guide offers an innovative and evidence-based approach grounded in cognitive behavioral therapy (CBT), schema therapy, and attachment theory to help you break free from the coping habits that keep you stuck in a cycle of self-sabotaging negative thoughts and behaviors.

In this eye-opening book, you'll identify the maladaptive coping patterns you developed in childhood, understand *why* you developed them, and learn how to change those destructive habits standing between you and a happier life. You'll also discover powerful strategies to help you give voice to your unmet needs; and learn to cultivate clarity, security, and confidence in yourself and what you need.

Dysfunctional coping styles are often the relics of damaging childhood experiences. But your past doesn't need to dictate your future. With this guide, you can finally get unstuck from the habits that hinder your personal growth, get in the way of healthy relationships, and keep you from reaching your highest potential.

Author Bio

Richard Brouillette, LCSW, is a certified schema therapist working with entrepreneurs, creatives, and activists who have plateaued and are trying to overcome anxiety, find fulfillment, and improve relationships. Brouillette has published in *The New York Times*, *Salon*, and *PsychCentral*. He is the *Psychology Today* expert opinion blogger of *Flipping Out: Changing Mindsets with Schema Therapy*. In 2020, Brouillette was elected executive board secretary of the International Society for Schema Therapy.

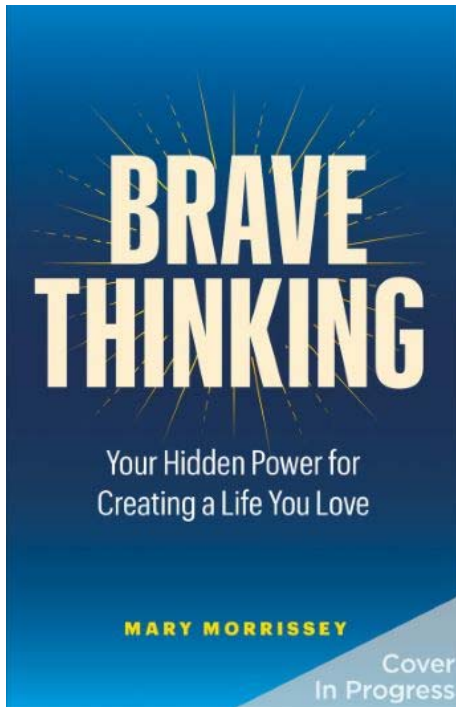
Wendy T. Behary, LCSW, is founder and clinical director of The Cognitive Therapy Center of New Jersey, founding fellow of the Academy of Cognitive Therapy, and author *Disarming the Narcissist*

New Harbinger Publications
On Sale: May 1/23
6 x 9 • 192 pages
9781648480997 • \$27.95 • pb
Self-Help / Personal Growth / General

Notes

Promotion





page two:

LEAD

Brave Thinking

The Art and Science of Creating a Life you Love

by Mary Morrissey

Upgrade your mind to upgrade your life.

In this transformational guide to changing your life for good, personal development expert and best-selling author Mary Morrissey shows you how to move from the status quo to action - by changing the stories you tell yourself. Drawing from advancements in science, timeless principles from wisdom traditions, and her personal stories and insights, Morrissey gives you the tools to overcome "common-hour thinking" - the fact-based, linear way of dealing with life that measures what is possible by what resources you believe are available to you - and replace it with the powerful alternative that is Brave Thinking.

Where common-hour thinking is limiting and uncreative, brave thinking is expansive and imaginative, not limited by time or circumstance or even the past. Brave Thinkers know that before something can exist in the real world, it must first exist in your mind. Then, it must be grounded in decisive actions. If you want results in life that are different from the ones you currently have, you need a different operating system for your mind. It's time to install Brave Thinking, and start living the life you want.

Author Bio

Speaker, best-selling author, consultant for over four decades, and the founder and owner of Brave Thinking Institute, **Mary Morrissey's** transformational talks and seminars have made her one of the elite teachers in personal development. As a sought-after expert on the "Invisible Side of Success," she's spoken three times at the United Nations, facilitated three different week-long meetings with His Holiness The Dalai Lama and met with Nelson Mandela in Cape Town, South Africa to address the most significant issues our world is facing. Mary has a Master's Degree in Counseling Psychology and an honorary Doctorate in Humane Letters, and is the author of two best-selling books, *No Less Than Greatness* and *Building Your Field of Dreams*, which became a PBS special. Through her books, live events and programs, she has empowered tens of thousands of people worldwide to achieve new heights of spiritual aliveness, prosperity and authentic success. Among all her achievements and degrees in higher learning, Mary's favorites are the two black belts she's earned: one in Success and the other in Failure.

Page Two

On Sale: May 23/23

5.5 x 8.5 • 224 pages

9781774580936 • \$29.95 • cl

Self-Help / Personal Growth / Success

Notes

Promotion

Extensive platform:

502,000+ email newsletter subscribers

30,000+ students of her transformational courses

1,000+ attendees of The Brave Thinking Institute
yearly seminar

Social media campaign leveraging audience:

129,000+ followers on Facebook

12,700+ followers on Twitter

9,400+ followers on Instagram

28,900+ YouTube subscribers

Influencer campaign reach of over 10 million including:

Marianne Williamson

Les Brown

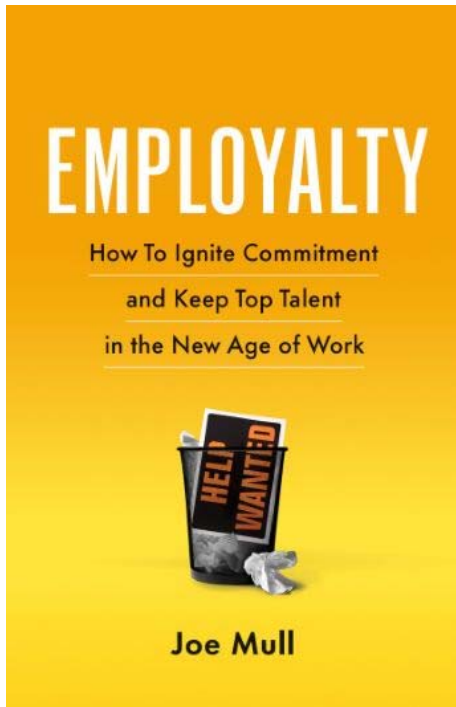
Deepak Chopra

Brendan Burchard

Will be creating book materials/incentives



Raincoast Books



page two:

LEAD

Employalty

How to Ignite Commitment and Keep Top Talent in the New Age of Work

by Joe Mull

Is your company a departure organization or a destination workplace?

Finding, keeping, and motivating employees is harder than ever. Amid record-setting turnover and staffing shortages across industries, competition for candidates is fierce.

How do you find employees that stay, take on challenging work, and deliver outstanding products and services? How do you keep your best employees from leaving?

Answer: *Employalty*.

There is a massive recalibration taking place around how work fits into peoples' lives. Winning the new war for talent requires a more humane employee experience, one that meets the needs and values of a changed workforce. Get this wrong, and the future of your organization is in jeopardy. Get this right, and you create an astounding competitive advantage around hiring and retention, while reaping all the benefits and business results that dedicated employees generate.

Speaker, author, and commitment expert Joe Mull has spent 15 years teaching leaders how to be better bosses. Grounded in research and filled with captivating stories, *Employalty* provides a simple, evidence-based framework for creating the kind of employee experience that leads people to join a company, stay long term, and do great work. *Employalty* is (...)

Author Bio

Joe Mull has spent more than 15 years teaching leaders how to be better bosses. In demand as a keynote speaker and trainer, he is the host of the popular *Boss Better Now* podcast and founder of the *Boss Better Leadership Academy*. He is the author of two previous books, *Cure for the Common Leader* and *No More Team Drama*. Joe holds a Master's degree from Ohio University, has taught courses at the University of Pittsburgh, and previously managed training at one of the largest healthcare systems in the U.S.

Joe resides near Pittsburgh, PA with his wife, three children, and a rambunctious dalmatian named Flash.



Page Two
On Sale: May 9/23
5.5 x 8.5 • 176 pages
9781774582909 • \$24.95 • pb
Bus & Econ / Mgmt

Notes

Promotion





page two:



Golden Inheritance

The Wallace B. Chung and Madeline H. Chung Collection at UBC Library
by Larissa Buijs

Golden Inheritance: The Wallace B. Chung and Madeline H. Chung Collection at UBC Library, penned by local author and UBC alumnus Larissa Buijs, provides an overview of Dr. Wallace Chung and his family, profiles the dedication and dynamics behind the Chung Collection, and offers an in-depth examination of its three themes: early B.C. history, immigration and settlement, and the Canadian Pacific Railway Company.

The result is an absorbing read, accompanied by an array of images, that speak to an exceptional collection, its passionate collector and the broader forces that inspired the Chung Collection and helped shape today's Canada.

As author Larissa Buijs writes, "The strengths of the Chung Collection lie not only in the merits of its titanic array of primary source materials—many of which would be nearly impossible to find today—but also in the invaluable perspective it offers on the development of Canada from a Western Canadian and, in particular, Chinese Canadian viewpoint."

Dr. Chung has personally dedicated *Golden Inheritance* to his parents Chung Ham and Chung Hung Sze, and to the pioneers whose toil and sacrifices have made their dream of Gold Mountain a reality for all those who followed them.

Author Bio

Dr. Wallace B. Chung was the first Chinese Canadian to head a surgery department in Canada. Appointed to the UBC Hospital and Vancouver General Hospital, he was instrumental in establishing vascular surgery as a specialty recognized by the Royal College of Physicians and Surgeons of Canada. When he retired in 1991, he had served as Professor of Surgery at UBC and Head of the Department of Surgery at the UBC Hospital. Dr. Chung has dedicated his life to community service, philanthropy, and the preservation of cultural heritage. He has served on the boards of the Chinese Cultural Centre in Vancouver, the BC Heritage Trust, and the Canadian Multiculturalism Council, where he shaped the 1987 Multiculturalism Act. He was awarded the Order of Canada in 2005 and the Order of British Columbia in 2006.

Larissa Buijs is a freelance writer and Senior Writer, Development and Alumni Engagement at UBC. She lives in Vancouver.

Page Two

On Sale: May 2/23

8.5 x 10.5 • 80 pages

Approx. 50 full colour images

9781774583470 • \$29.95 • cl

Art / Collections, Catalogs, Exhibitions / Permanent Collections

Notes

Promotion

Partnering with the Head of Marketing at UBC Library, and Head of Special Collections at UBC
Publication Date aligns with grand opening of gallery
Donor of the collection is the chair of Rogers.
Media support through Rogers affiliates.
Targeted Media Campaign in BC
Online advertising campaign





page two:



How to Work with (Almost) Anyone

Building the Best Possible Relationship

by Michael Bungay Stanier

The secret to work relationships that sing from a top thought-leader in coaching

Have you ever had the experience of working with someone and they just didn't "get" you? They do all the things that wind you up, put you off and drive you nuts.

And have you ever worked with someone and you just didn't "get" them? You couldn't figure out what made them tick, and you know you were underwhelming as a manager and leader for them. Of course, you have. We all have.

Why do those experiences keep happening? Particularly when we've also experienced the opposite: great working relationships that soar.

In *The Operating Manual*, internationally bestselling author Michael Bungay Stanier (MBS) shares a tested process that sets up working relationships for the best possible success. It shows you how to communicate about who you are and what brings out the best and the worst in you. It gives you the tools to talk with your colleagues about each of your operating manuals, and to set a social contract for how you'll work together (not just what you'll be working on). It teaches you how to keep relationships strong and healthy, clear and clean.

Not every relationship can be rainbows and unicorns and free-flowing ginger beer. But everyone who relates can do a better job at amplifying the best of each other, navigating the dark spots, and staying generous. With *The Operating Manual*, MBS reveals the secret to better, more successful relationships.

Author Bio

Michael Bungay Stanier has a gift for distilling big, complex ideas into practical, accessible knowledge for everyday people that helps them be a force for good. His books have sold over a million copies, with *The Coaching Habit* topping the Wall Street Journal bestseller list. MBS has been featured on the blogs and social media platforms of thought leaders including Seth Godin, Tim Ferriss, and Brené Brown, and has appeared on ABC, BBC, CBC, Ted.com, and innumerable podcasts. MBS.works



Page Two

On Sale: Jun 27/23

7 x 5 • 192 pages

9781774582657 • \$21.95 • pb

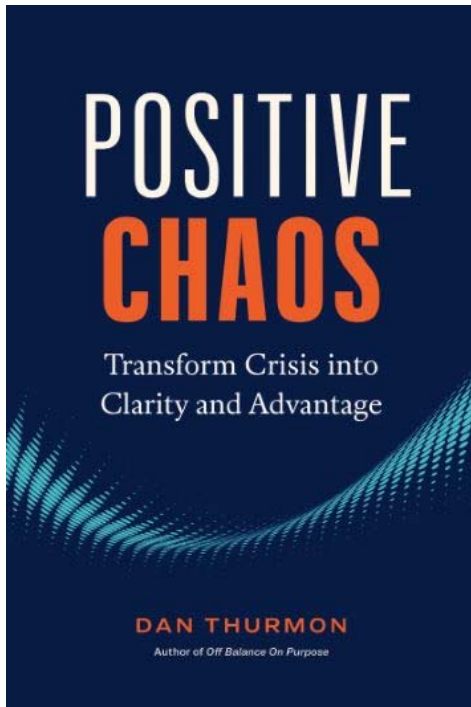
Bus & Econ / Conflict Resolution & Mediation

Notes

Promotion



Raincoast Books



page two:

LEAD

Positive Chaos

Transform Crisis into Clarity and Advantage

by Dan Thurmon

Harness the transformative power of chaos.

When you are facing exponential change or uncertainty at work or at home, it can seem unique to you and overwhelming, but the truth about chaos is that it isn't personal, and it doesn't have to be negative.

In *Positive Chaos*, award-winning keynote speaker, author, and executive coach Dan Thurmon helps you better understand the true nature of chaos, including the positive aspects that you can harness to learn, grow, and excel. Using illuminating findings from a first-of-its-kind study, *2022 State of Chaos in the Workplace*, Thurmon reveals the current impact of chaos experienced by the workforce and shares effective strategies and leadership attributes for succeeding in chaotic times. From discovering how credibility stems from vulnerability, to why being honest about what you don't yet know can empower others to feel more confident and capable of contributing, you will learn how to improve yourself while becoming a better leader.

Chaos does not have to be confusing or debilitating. You can reach new goals, grow, and make meaningful contributions in life and in business even in the throes of change and unpredictability. *Positive Chaos* will help you to learn to understand and embrace chaos, rise above the noise, and be truly proactive, helpful, and fulfilled.

Author Bio

Dan Thurmon is a dynamic and award-winning keynote speaker, author, and performer. He is president of Motivation Works, Inc., author of *Off Balance on Purpose: Embrace Uncertainty and Create a Life You Love*, and co-host of the popular podcast *Wholesome Chaos*. He has delivered thousands of presentations worldwide for Fortune 500 companies, world leaders, educational institutions, and even troops on the front lines of battle. He resides with his wife in the Atlanta area.

Page Two

On Sale: Jun 13/23

9 x 6

9781774582886 • \$34.95 • cl

Self-Help / Motivational & Inspirational

Notes

Promotion

Regular speaking engagements leading to bulk sales opportunities

Foreword by Dan Burrus

Endorsements expected from Shep Hyken, Phil M Jones, Mark Sanborn, and Scott McKain

Proprietary research study to back the book

Extensive social media presence:

TikTok: 870K followers

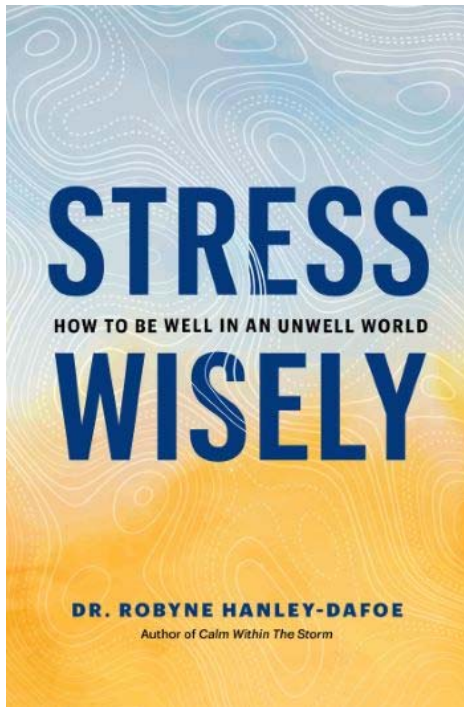
Other channels: 25K followers

His daughter's TikTok (on which he appears frequently) is 5.4m, and she will help promote

Email list: 15K

National podcast campaign





page two:



Stress Wisely

How to Be Well in an Unwell World

by Dr. Robyne Hanley-Dafoe

Through 8 touchstones of wellness, you will learn not how to avoid stress but how to live a full life in inherently tough circumstances.

How do we begin working towards living the good life when the global landscape is ever changing? What even is the good life anymore? We could try to sift out the philosophical and spiritual components of one—but where do a clean house, remembering teacher gifts at the holidays, working under a mediocre boss with unreasonable expectations, and our jean size figure into the equation?

Life is not only hard as hell but also joy-filled, complicated, and messy. Its pace has dramatically increased and the bodies that carry us are desperately trying to catch up. In *Stress Wisely*, Dr. Robyne Hanley-Dafoe draws on her rich research in wellness, stress, and resiliency to show us what got us into this situation in the first place, then gently guides us towards navigating the chaos in the best possible way. Through exploring eight touchstones of wellness (physical, emotional, intellectual, social, environmental, occupational, financial, spiritual), she suggests not how to avoid stress but how to live a full, healthy, and whole life in inherently tough circumstances.

With her signature honesty and humor, relatability and intimacy, Hanley-Dafoe offers us the gift of awareness—when we can see clearly all the forces at play, we can choose new strategies and actions to support our wellness at many levels. Amid the noise and the mayhem and the stress, we can find a place within ourselves where we are okay. Just as we are, truly okay.

Author Bio

A sought-after, thought-provoking, and truly transformative international speaker and scholar, **Dr. Robyne Hanley-Dafoe** is a multi-award-winning education and psychology instructor and resiliency expert. Hanley-Dafoe learned resiliency from the ground up, as a person who has experienced significant obstacles yet forged a comeback; as a result, her work is both relatable and accessible. She lives in Ontario, Canada, with her husband, Jeff, and their three children: Hunter, Ava Lesley, and Jaxson.

Page Two

On Sale: Jun 20/23

8.5 x 5.5

9781774582626 • \$32.00 • cl

Self-Help / Stress Mgmt

Notes

Promotion

North American Media Campaign

One of Canada's most-booked keynote speakers on mental health. She had over 300 keynotes in 2021 alone.

Her client list includes major corporations on both sides of the border including organizations like Bayer and Deloitte as well as Scouts Canada. She has hired a personal marketing manager who will drive book promotion and digital advertising.

Will be creating book materials/incentives.
Excellent endorsements. Previous endorsers include:

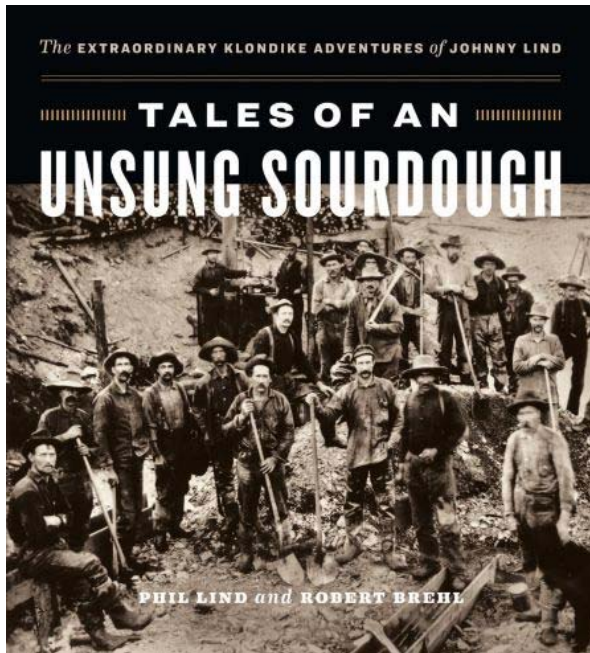
- Dr. Greg Wells, physiologist and researcher at SickKids, bestselling author, and keynote speaker

- Bruce Kirkby, Canadian adventurer, author, and photographer

- Silken Laumann, Olympian and mental health advocate



Raincoast Books



page two:



Tales of an Unsung Sourdough

The Extraordinary Klondike Adventures of Johnny Lind
by Phil Lind and Robert Brehl

In the mid-1880s, Johnny Lind, a teenager from Pond Mills, Ontario, struck out for adventure and wealth. After a decade working as a railroader in the United States, Johnny headed north, to Yukon and Alaska, and he was mining gold nearby when the Klondike Gold Rush began.

As a "sourdough," albeit an unsung one - the nickname for miners who had survived an entire winter in the North - Lind's story goes largely unrecognized in the lore of the era, his understated demeanor overshadowed by the larger-than-life characters that dominate the history books. But he kept journals recording his adventures in the Klondike, and these form an invaluable personal record. His stories shed light on the people and events of the gold rush, from the perspective of an everyman who wound up striking it rich.

Here, Johnny Lind's grandson Phil Lind shares his grandfather's fascinating story, along with his love of the Klondike, the history of the gold rush, the colourful players in that famed period, and the peoples and land affected by the legendary stampede for wealth.

"I blazed through this terrific book in one sitting. Lively and well designed, with previously unseen archival photos, it is both an affectionate family memoir and a well-researched history of the Yukon Gold Rush, including the crucial role played by Indigenous Peoples."

Charlotte Gray, author of eleven Canadian history bestsellers including *Gold Diggers: Striking It Rich on the Klondike*, the basis of a Discovery Channel mini-series

" *Tales of an Unsung Sourdough* is a well-informed account about Johnny Lind, one of the less (...)

Author Bio

Phil Lind is the vice-chairman of Rogers Communications Inc. and for forty years was the right-hand man of the company founder, the late Ted Rogers. Lind co-authored *Right Hand Man: How Phil Lind Guided the Genius of Ted Rogers, Canada's Foremost Entrepreneur*. Lind is a long-time supporter and advocate of the University of British Columbia, where he has invested in many areas of scholarship, including the Phil Lind Initiative, which invites leading US thinkers to UBC for open, thought-provoking dialogue on a range of urgent



9 781774 582930

Page Two

On Sale: May 2/23

10.5 x 9.5 • 120 pages

9781774582930 • \$39.95 • cl

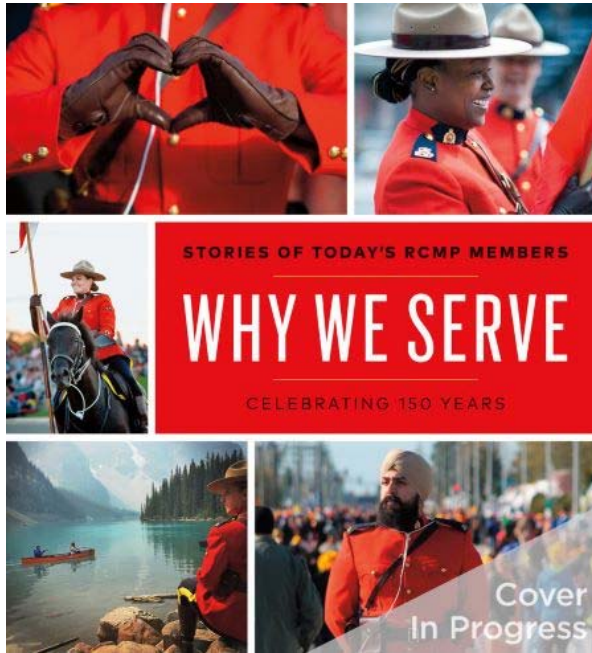
History / Expeditions & Discoveries

Notes

Promotion



Raincoast Books



page two:



Why We Serve

Stories of Today's RCMP Members
by The National Police Federation

Stories of today; celebrating 150 years.

Have you ever wondered what it's like to be a police officer? From saving lives, setting a positive course for youth as positive role models, intercepting, preventing and investigating crimes, representing Canada abroad, and arresting suspects, these are some of the stories of why RCMP officers serve. The National Police Federation proudly represents about 20,000 Members across Canada and internationally, all of whom make important, selfless, and immeasurable impacts on the communities they work in. This book celebrates RCMP Members serving today, during the RCMP's 150th anniversary, through the stories of 150 Member officers. This limited-edition book also features photos from across Canada, and demonstrates how our Members support Police Dog Services, the RCMP Musical Ride and Depot - the RCMP's national training academy.

Vous êtes-vous déjà demandé ce que c'est que d'être un policier ? Qu'il s'agisse de sauver des vies, de donner une orientation positive aux jeunes en tant que modèles, d'intercepter, de prévenir et d'enquêter sur des crimes, de représenter le Canada à l'étranger ou d'arrêter des suspects, voici quelques-unes des raisons pour lesquelles les membres de la GRC servent. La Fédération de la police nationale représente fièrement quelque 20 000 membres au Canada et à l'étranger, qui ont tous un impact important, altruiste et inestimable sur les collectivités dans lesquelles ils travaillent. Ce livre rend hommage aux membres de la GRC qui servent aujourd'hui, à l'occasion du 150^e anniversaire de la GRC, à travers les histoires de 150 agents membres. Ce livre à édition limitée présente également des photos de partout au (...)

Author Bio

The National Police Federation (NPF) is the sole certified bargaining agent for regular Members and reservists of the Royal Canadian Mounted Police below the rank of Inspector who serve communities all across Canada. The NPF is the largest police union in Canada, the second largest in North America, and the first independent national association to represent RCMP Members.

Page Two

On Sale: May 9/23

11 x 10

9781774582992 • \$49.95 • cl

Political Science / Political Freedom & Security / Law Enforcement

Notes

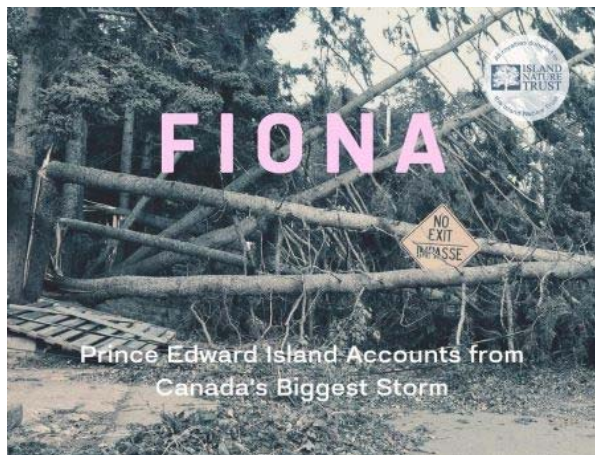
Promotion

18,000 members
Organizers will drive members to retail

Publication aligns with 150th anniversary on May 8, 2023

Related media coverage surrounding this milestone anniversary
All profits will be donated to the national police benevolent foundation - supporting families of fallen officers
Working with the Director of Communications for the RCMP and the union
Online advertising campaign





Fiona

Prince Edward Island Accounts from Canada's Biggest Storm
by Created by Pownal Street Press

Prince Edward Island was forever changed by Hurricane Fiona. From beaches, farms and forests, the landscape of Prince Edward Island is different now. Homes and livelihoods were destroyed and Islanders struggled in the days and weeks after without power. This photographic & essay collection includes personal stories from the storm and the days that followed. *Fiona* is a historical record of a weather event that will never be forgotten. This book also serves to capture the impact of climate change on Canada's smallest province.

Royalties from the book's sales will be donated to the Island Nature Trust.

Author Bio

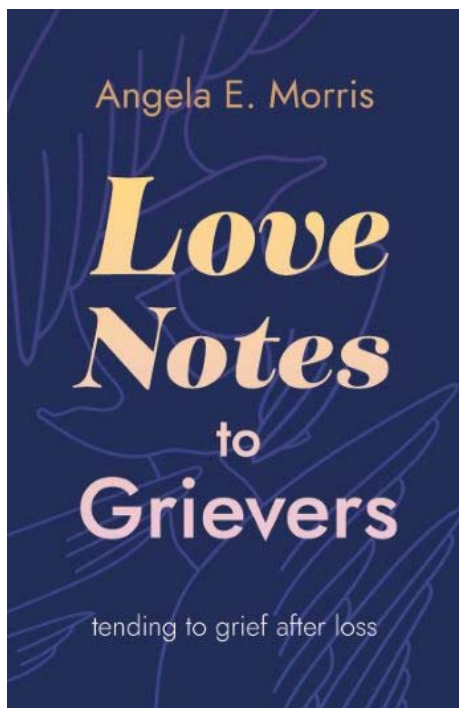
Based in Prince Edward Island, Pownal Street Press was inspired to collect first hand accounts and photographs of Fiona's wrath that devastated our Island home, and to honour the collective experience of this monumental post-tropical storm and its aftermath.

Pownal Street Press
On Sale: Jun 20/23
11.25 x 8.5 • 128 pages
Colour photos throughout
9781778124594 • \$45.00 • cl
Science / Global Warming & Climate Change

Notes

Promotion





Love Notes to Grievors

Tending to Grief After Loss

by Angela E. Morris

While you grieve, what do you find the most exhausting? Feeling forced to make my grief more palatable for others.

Grief is a universal experience and there is a demand for books that offer understanding and direction. Everyone needs support, whether in initial grief, years later, somewhere in the middle, or decades beyond. *Love Notes to Grievors* helps readers grieve, without the confines of other people's timelines and expectations.

Love Notes to Grievors is a collection of poetic notes by Angela E. Morris, written following the death of her father, friend, and beloved grandmother, all within a short period. She shares them with other grievors as love notes to remind us to honour your love, and make space for your grief. Angela offers raw, heartfelt reflections in the midst of complexity, and of passing through these life-changing events.

Grief can leave you breathless, aching, and seeking. Morris' losses left her on a quest to understand and make sense of grief, and the only way was to write her way through it. In *Love Notes to Grievors* you can flip to any page and feel supported in what you are feeling, especially if the people around you don't seem to understand.

From the book:

Death isn't a singular event where you continue as usual once the funeral and recommended mourning period ends. There is a low window of tolerance for grief in our society. Death can feel like too much (...)

Author Bio

Angela E. Morris is a writer and massage therapist who offers people a soft space to land as they navigate their grief. She provides reflective writing on grief, loss and relational inquiry as it relates to grief, and pushes against how the dominant culture reacts toward death. She encourages her readers to walk together through their healing, taking the time to process their pain and to be with their loss, carrying their loved ones with them, and not leaving them behind. Angela currently lives on the traditional territory of the Saanich, Songhees, Wyomilth (Esquimalt) peoples of the Coast Salish Nation (Victoria, British Columbia)



Pownal Street Press

On Sale: Jun 13/23

5.5 x 7.75 • 120 pages

9781778124587 • \$24.95 • pb

Self-Help / Death, Grief, Bereavement

Notes

Promotion

Target Reader: People dealing with grief, therapists, psychologists, death doulas, friends of people who are grieving.

Marketing & Publicity: Author is very connected in the grief writing community. Bookstagram campaign with accounts that deal with grief. Podcast tour. Pitch to CTVs "The Social." Book blurb by Amanda de Cadenet. Author Platform: <https://www.angelaemorris.com/>

https://twitter.com/angelaemorris_

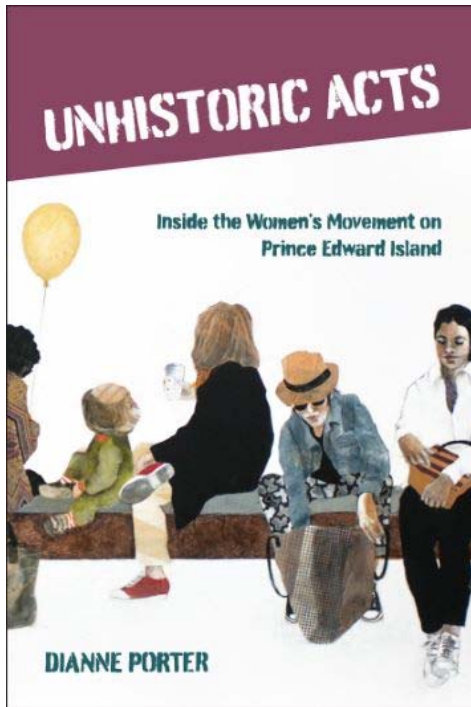
<https://www.instagram.com/angelaemmamorris/> (over 29.5k in followers)

https://www.instagram.com/ange__morris/ (over 22.5 followers)

Dedicated book instagram account: <https://www.instagram.com/lovenotestogrievors.com/>

<https://www.facebook.com/angelaemmamorris>





Unhistoric Acts

Inside the Women's Movement on Prince Edward Island
by Dianne Porter, contributions by Dianne Morrow and Kathleen Flanagan

The title, *Unhistoric Acts*, is inspired by the work of unheralded women in the 18th-century novel *Middlemarch* by George Elliot. *Unhistoric Acts* is a first hand account by long time advocate for the women's movement Dianne Porter. Women's equality in Prince Edward Island took time and tireless effort by numerous unsung heroes. Working together as a force for change, Porter honours the 'unsung heroes' of the movement with profiles of front-liners in the fields of early childhood education, politics and social services, which collectively were able to transform the landscape.

This social history takes the reader on a journey of progression in politics and social reform. As an advocate for change and a political advisor in the 1980s, Porter brings us behind-the-scenes to the conversations that finally put women's equality on Prince Edward Island on the table - women in the workforce, child care, and setting up basic minimum standards.

This book will serve as an important historical document and primary source in the field of women's studies.

Cover art by Ontario artist Beverley Hawksley.

Author Bio

Dianne Porter's work in equality issues in Prince Edward Island is monumental. With a Masters of Arts in Canadian Studies, Dianne was a Founding Member of the Canadian Child Care Federation and the first Executive Director of the P.E.I. Interministerial Women's Secretariat. She has worked on the front lines of early childcare reform as the Chair of the P.E.I. Coalition for Women in Government, and on the prevention of violence against women in her role as Treasurer for the Women's Network P.E.I. A tireless advocate and a passionate leader, Dianne is a member of the Order of P.E.I., and has made it her life's work to improve the lives of women, both on the front lines and behind the scenes. Dianne has worked as a lecturer in gender studies at Carleton University, and in leadership roles at Red River Community College and Holland College. Dianne lives in Charlottetown, Prince Edward Island.



Pownal Street Press
On Sale: Jun 6/23
6 x 9 • 208 pages
B&W photos throughout
9781778124570 • \$34.95 • pb
Social Science / Women's Studies

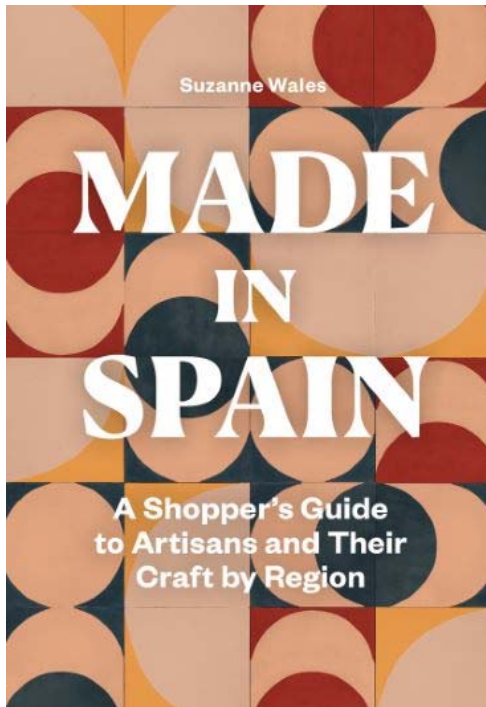
Notes

Promotion

Target Reader: Readers of women's history, PEI history, Women's Studies courses, people interested in women in politics

Seasonality: International Women's Day (March), Mother's Day (May), Women's History Month (October)





Made in Spain

A Shopper's Guide to Artisans and Their Crafts by Region
by Suzanne Wales

A distinctive, sumptuous, and informative guide to the craftspeople and artisans of Spain, with a focus on ceramics, jewelry, leather goods, clothing, textiles, and shoes.

A celebration of artisanal craft, *Made in Spain* pulls back the veil on independent craftspeople and handmade artisans throughout Spain. From jewelers to furniture makers, textiles to footwear, this unique guide takes us on a bountiful journey, exploring each craft and maker in depth.

Turn these gorgeous pages to learn more about some of Spain's well-known and hidden-gem art and artisans, including:

- Dazzling Huguet tiles handmade since 1933
- Fashion designer and multi-disciplinary textile artist Adriana Meunie
- Capas Sesena, designer of high-fashion capes for women and men
- Carmina Shoemakers, family manufacturers on the island of Mallorca since 1866
- Helena Rohner's handmade jewelry inspired by nature
- Jose Ramirez, carrying on the tradition of handcrafted classical and flamenco guitars through five generations

Part art guide, part travelogue, each chapter includes lush color photographs that explore each featured artisan from various regions of Spain, including Barcelona and Catalunya, Balearic Island, Valencia, Madrid, the Basque region, Galicia, and Andalucia.

Author Bio

Suzanne Wales is a communication specialist, with a focus on architecture and design. A bilingual, Spanish/Australian citizen, she has been resident in Barcelona for more than twenty years, working across a wide range of media. Her stories on architecture and design regularly appear in leading international publications. She has created content for luxury brands and niche designers alike, attracted to the well-made, the cleverly thought-out, and the impeccably designed. When not at her desk, she can be found showing visitors the aesthetic richness of Barcelona through bespoke walking tours and experiences

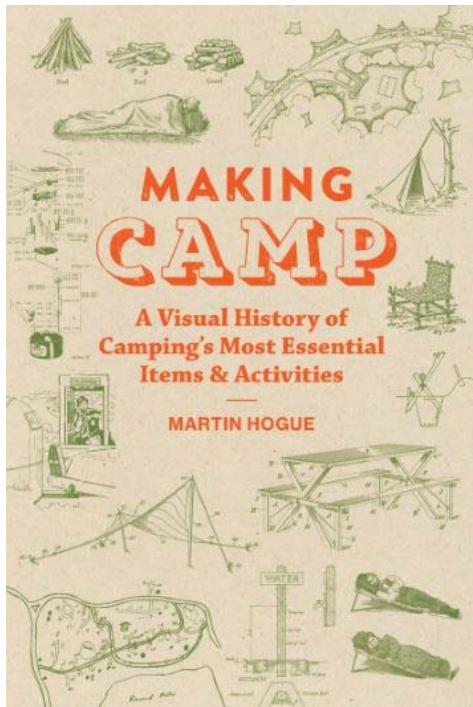


Princeton Architectural Press
On Sale: May 2/23
5.5 x 8 • 176 pages
9781797222516 • \$37.95 • CL - 200 full-color
photographs
Travel / Europe / Spain & Portugal

Notes

Promotion





Making Camp

A Visual History of Camping's Most Essential Items and Activities

by Martin Hogue

A visual exploration and history of one of America's favorite pastimes.

Car camping, hike-in tent camping, bivouacking, mountaineering, RV camping, glamping, back yard camping . . . whatever your style, outdoor adventure awaits! For camping enthusiasts, this fascinating (and packable) volume holds a comprehensive look at the origins of the practice and the ways that bring all these enthusiasts together.

From the early days of recreational camping in the late nineteenth century through the multitude of modern camping options available today, *Making Camp* explores the history and evolution of the popular activity through the lens of its most important and familiar components: the campsite, the campfire, the picnic table, the map, the tent, the sleeping bag, as well as the oft invisible systems for delivering water and managing trash.

Find out how early nineteenth century German peasants fashioned rudimentary sleeping bags by burrowing into bags full of leaves for the night. Look back over several millennia to learn about the progression of tents from animal skins, goat's hair, and heavy canvas to featherweight nylon. Learn about the ways in which the skills to build and maintain a campfire have been displaced by the portable gas stove. Pinpoint the details of the essential campground map and its unique place in the camping imagination.

Each chapter includes a broad range of visuals to help illustrate the rich history of camping and our collective devotion to it, including drawings, patents, diagrams, sketches, paintings, advertisements, and historical photographs. A must-have for avid campers, nature lovers, and all who seek to connect with the universe by sleeping under the stars.

Author Bio

Martin Hogue is a licensed architect and an associate professor in the department of landscape architecture at Cornell University. His first book, *Thirtyfour Campgrounds*, was published in 2016. He lives in Syracuse, New York

Princeton Architectural Press

On Sale: May 9/23

6 x 9 • 304 pages

9781797222523 • \$38.95 • CL - 10 full-color and 190

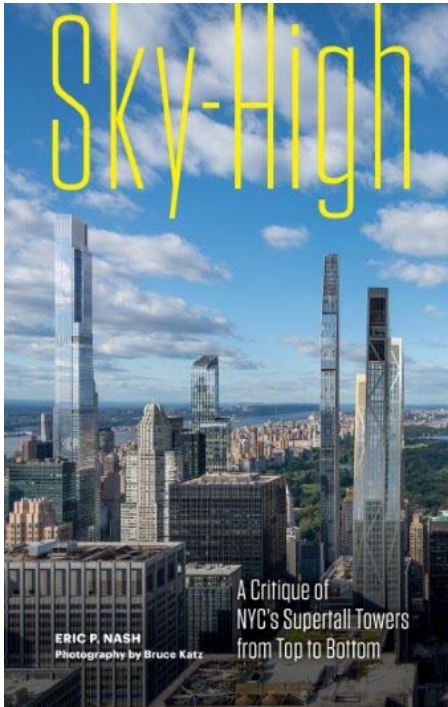
black & white drawings and photographs

Sports & Recreation / Camping

Notes

Promotion





Sky-high

A Critique of NYC's Supertall Towers from Top to Bottom
by Eric P. Nash, by (photographer) Bruce Katz

Part architectural guidebook and part critique, *Sky-High* documents the pencil-thin, supertall towers that are transforming New York City's skyline as well as its streets.

New York City's penchant for building skyward has reached new heights with its crop of supertall towers—those that rise at least 984 feet above the sidewalk. The city that never sleeps is also the city that never stops building ever higher, from the Woolworth and Chrysler buildings of an earlier race to the top to today's super luxury aeries of 57th Street's Billionaires' Row and the towers of the World Trade complex in Lower Manhattan.

Bruce Katz's extraordinary photographs capture a dozen of these self-styled odes to wealth and power, alongside Eric P. Nash's incisive critique documenting the evolution of the skyline, past and present, and the supertalls' transformative effects on the contemporary cityscape. Among the twelve buildings featured are One World Trade Center, Three World Trade Center, 30 Hudson Yards, 35 Hudson Yards, One57, 432 Park Avenue, 53West53, Central Park Tower, and One Vanderbilt.

Author Bio

Eric P. Nash was a researcher and writer for the *New York Times* for twenty-five years. He is the author of several books about architecture and design, including *Manhattan Skyscrapers*, *MiMo: Miami Modern Revealed*, and *New York's 50 Best Skyscrapers*, and an architectural tour guide in New York City.

Bruce Katz is an architectural photographer whose work has appeared in *Architectural Digest*, *New York Magazine*, *Landscape Architecture*, and the *Washington Post*. He is on the faculty of the International Center of Photography, and several of his images were recently acquired by the New-York Historical Society

Princeton Architectural Press

On Sale: Jun 27/23

7 x 11 • 208 pages

9781797222547 • \$58.00 • CL - 150 full-color and 50 b

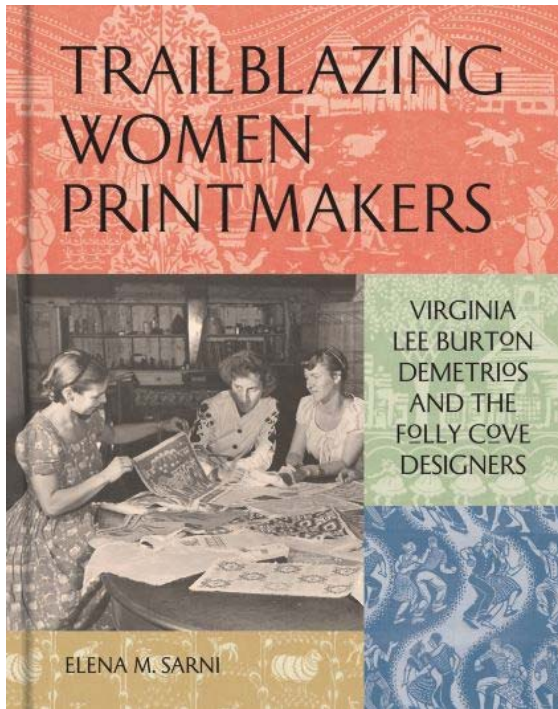
+w images

Architecture / Buildings / General

Notes

Promotion





Trailblazing Women Printmakers

by Elena M. Sarni

Folly Cove Designers (officially 1941-1969) was a mostly all-women block printing collective. The group was founded by Caldecott-award winner and beloved children's book author/illustrator Virginia Lee Burton Demetrios (of Mike Mulligan and His Steam Shovel fame). Together the Gloucester, MA-based group produced over three hundred distinct designs conveying personal and regional narratives through the use of shared design principles and the compelling language of pattern. The group was propelled to international fame through commercial contracts with major retailers (F. Schumacher, Lord & Taylor, etc.), articles in leading periodicals such as Life, and participation in seminal fine craft exhibitions. As the first comprehensive history of the Folly Cove Designers, *Trailblazing Women Printmakers* documents and celebrates the group's tremendous success and the incredible artistry of its members. Through historical ephemera and photographs, Sarni explores the history, the work, and the group dynamics of the Folly Cove Collective.

Author Bio

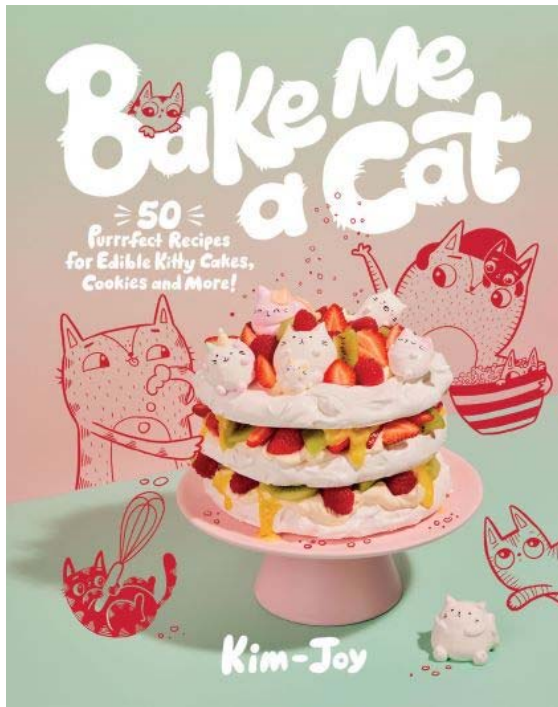
Elena Sarni is a humanities-based scholar, writer, and curator. She holds a BA in English and an MA in History and Museum Studies from the University of New Hampshire.

Princeton Architectural Press
On Sale: Aug 22/23
9781797224282 • \$50.00 • cl

Notes

Promotion





Quadrille
On Sale: May 9/23
6.9 x 8.9 • 176 pages
9781787139411 • \$32.99 • cl
Cooking / Methods / Baking

Notes

Promotion



Bake Me a Cat

50 Purrfect Recipes for Edible Kitty Cakes, Cookies and More!
by Kim-Joy

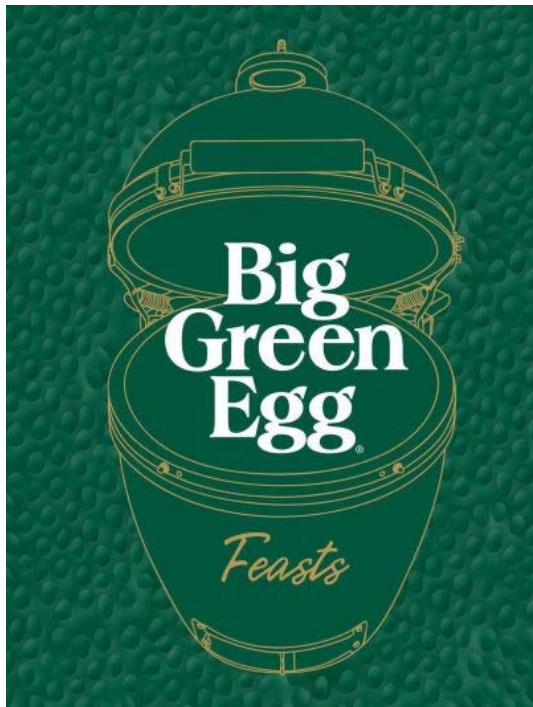
Feline fans will love this collection of 50 a-miaow-zing cat-themed creations. Bake Me a Cat showcases the cutest bakes you will ever see, all celebrating our favorite pet. With brand new recipes for cakes, cookies, desserts, breads, and more, it's the kitchen essential for every kitten-cuddler.

Kim-Joy is an expert in creating gorgeous animal-themed bakes, and her adorable feline characters have a purrsonality all of their own. Catering for a range of skills levels, whether you fancy baking Tiger Buns, Meow Bao, Kit-tea Scones or a Happy Purrrrthday Cake, bring joy to your cooking, and a smile to every cat-owner's face with Bake Me a Cat!

Author Bio

Kim-Joy made it to the final of the Great British Baking Show 2018 with her unique, intricate baked creations that captured the hearts of the nation as well as Prue and Paul. Her beautifully decorated cakes – along with her calmness and vibrant positivity – put a smile on everyone's face and Kim-Joy has since earned a legion of baking fans around the world. Having previously worked in mental health, she now devotes her time to creating cakes and treats that bring a little Kim-Joy to as many people as possible. Her books Baking with Kim-Joy, Christmas with Kim-Joy and Celebrate with Kim-Joy have been huge hits around the world.





Big Green Egg Feasts

Innovative Recipes to Cook for Friends and Family

by Tim Hayward

The Big Green Egg has been a phenomenon in the world of outdoor cooking, with a devoted following and high-end reputation. This is not just a brilliant BBQ, this is the most versatile and exciting bit of cooking kit there is. Not only can you cook on the griddle, oven roast, smoke, bake, or leave to "low and slow", but you can treat it like a konro, mangal, forno, parilla, comal, tandoor, or hangi and create a plethora of international dishes of restaurant quality. Master Tacos Asado for friends and family, rustle up Skillet Macaroni Cheese for a cosy night in, present Porchetta for an Italian feast, or serve up a Grilled Octopus Salad for a balmy summer evening. And with the expert guidance of award-winning food writer Tim Hayward, you'll be making exceptional dishes all year round. The EGG and this cookbook will encourage you to never look at cooking and food the same way again. The EGG can be the linchpin of a memorable outdoor event, giving you the confidence to cook beyond your normal repertoire and create an occasion - whether it's a special dinner for 2 or a celebration for 22.

Author Bio

Tim Hayward writes for the Financial Times every week and is a panellist on BBC Radio 4's The Kitchen Cabinet. He won the Guild of Food Writers "Food Journalist of the Year" in 2014, 2015 and 2022, and was the Fortnum and Mason Food Writer of the Year for 2014 and 2022. He is the author of Food D. I.Y., The DIY Cook, Knife, The Modern Kitchen, Loaf Story, and Charcuterie from Scratch.

Quadrille

On Sale: May 9/23

7.4 x 9.8 • 256 pages

9781787139060 • \$58.00 • cl

Cooking / Methods / Special Appliances

Notes

Promotion





Botanical Dyes

Plant-to-Print Techniques and Tips

by Babs Behan

Botanical Dyes features recipes and top tips on everything you need to know to make your own natural dyes.

The process of turning plants into print can help you reconnect with nature, find a creative outlet and develop a mindful sense of presence. It also promotes an awareness of sustainable practices and how to reduce our impact on the planet.

Extracting from and updating her book Botanical Inks, Babs talks the home crafter through everything from foraging for dyes, making mordants, creating an array of colors and then putting your new knowledge to the text through some simple projects.

With more than 10 dye recipes, clear step-by-step instructions, troubleshooting tips and explanations of what works and why, Botanical Dyes is the accessible handbook that modern makers everywhere have been waiting for.

Author Bio

Babs Behan is the founder of Botanical Inks – an artisan natural dye studio based in Bristol. Her work ranges from natural dyeing for textiles, clothing and paper products, to surface application techniques, including Shibori tie-dyeing, bundle dyeing with flowers and block printing.

Quadrille

On Sale: Aug 15/23

6.3 x 8.3 • 144 pages

9781837830305 • \$32.99 • cl

Crafts & Hobbies / Dye

Series: By Hand

Notes

Promotion





DJ BBQ's Backyard Baking

60 Awesome Recipes for Baking Over Live Fire

by Christian Stevenson and Chris Taylor

DJ BBQ wants you to take your live fire skills and backyard set-up to the next level with 60 awesome recipes for baking over live fire. From Yeasty Boys, Between the Sheets, Early Risers and Party Bakes the chapters will cover everything you ever wanted to know about baking on your BBQ. The standard kettle BBQ is essentially an oven, so why not use it to its potential and get baking? Bake the best ever brioche buns so you can make the ultimate cheeseburger; whip up some rye crumpets to go alongside some amazing pastrami; enjoy a god-tier bacon sandwich using your very own live fire sourdough loaf; throw an epic pizza party for all your friends; and finish off with some sweet treats like smoky chocolate brownies. When it comes to backyard baking the possibilities are endless and DJ BBQ wants YOU to join the party. Think you're a BBQ pro? Put your skills to the test with next instalment from the DJ BBQ team. It's Backyard Baking, and it's AWESOME.

Author Bio

DJ BBQ (aka Christian Stevenson) is a live fire chef and a leading name in the world of BBQ. After a successful broadcasting career he harnessed his passion for cooking over fire and now has his own YouTube channel and is also a regular on Jamie Oliver's FoodTube. DJ BBQ stars in and hosts festivals including Meatopia, The Big Festival, Camp Bestival, Grilltopia and The Big Grill. He is the author of Fire Food (2018), The Burger Book (2019), and Fire Feasts (2022).

Chris Taylor is DJ BBQ's right-hand-man and co-wrote Fire Feasts. Once working behind the scenes on Masterchef UK, he now cooks up fiery feasts up and down the country. He also helps run Whittle & Flame, a UK-based sustainable charcoal manufacturer. David Wright won ITV's Britain's Best Bakery in 2014 and BIA Baker of the Year in 2017, he's a third-generation baker who has carved a niche for live fire baking. In 2020 David demonstrated his ability to bake over fire in Sky's The Third Day, a 12-hour live performance starring Jude Law, created by Punchdrunk International. David is currently the Head Baker at Pump St Bakery in Suffolk, UK, and does live fire baking demos at all the major food festivals.

Quadrille

On Sale: Jun 6/23

6.9 x 8.9 • 224 pages

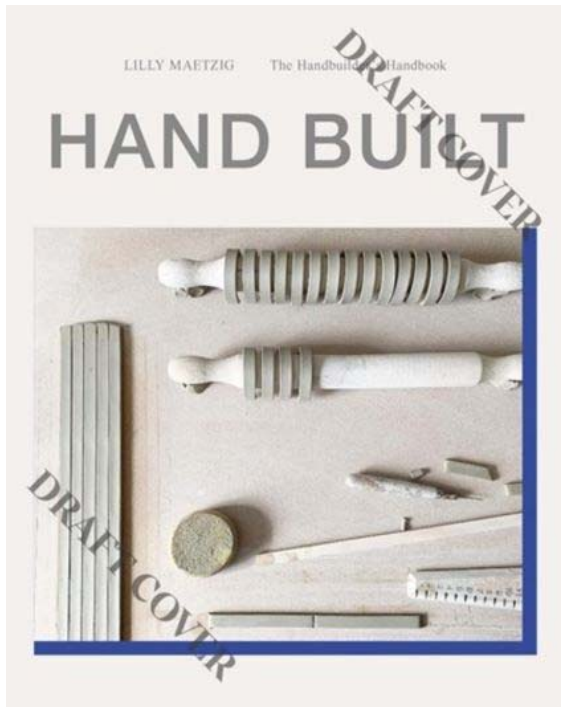
9781787139763 • \$42.99 • cl

Cooking / Methods / Barbecue & Grilling

Notes

Promotion





Hand Built

The Handbuilder's Handbook

by Lilly Maetzig

Create a collection of 23 stylish homewares with this modern guide to working with clay.

Covering the oldest and most traditional ways to make pots, Hand Built is a beginner's guide to hand building with clay – no pottery wheel required. This book will teach you the building blocks to working with clay, and how to apply a professional finish to your pots including decoration, glazing, and firing techniques. Learn how to create a collection of 23 stylish homeware designs using the three core techniques: coiling, pinching and slab building.

Beginning with the basics to get you started, discover how to wedge clay, add texture, and work with molds, then put your new skills to the test through the projects that include coffee cups, a tea pot, vase, dinner plates, candle holders, and more.

Packed with stunning lifestyle photography to help inspire your own handmade journey alongside clear step-by-steps and Lilly's expert tips will lead you through the process, Hand Built is the ultimate modern guide this popular, tactile and ancient craft.

Author Bio

Lilly Maetzig is the maker behind Mae Ceramics. Originally from Christchurch, New Zealand, Lilly has always had a keen interest in pottery. After graduating, she discovered a love for hand building techniques and now she makes ceramics to sell and offers workshops from her studio.

Quadrille

On Sale: May 9/23

7.9 x 10 • 176 pages

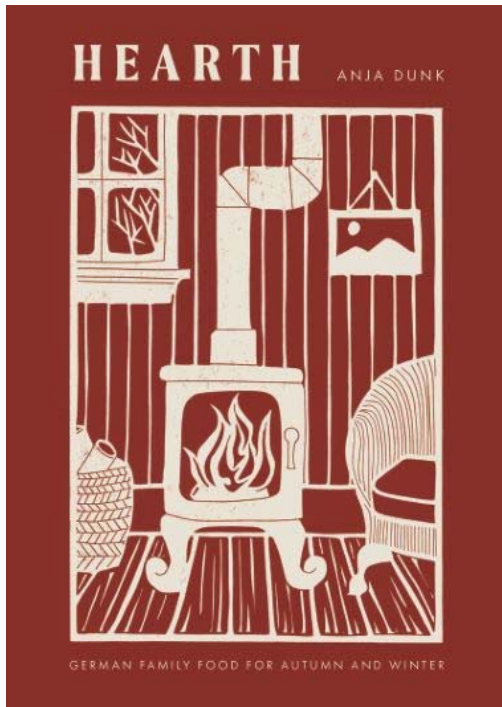
9781787139176 • \$42.99 • cl

Crafts & Hobbies / Pottery & Ceramics

Notes

Promotion





LEAD

Hearth by Anja Dunk

Hearth is a family cookbook that celebrates the comfort we get from coming together to share a meal in the colder months. Beginning in September, when the fleeting bounty of the last warm weeks urges us to gather, preserve, store and feast, and ending with frosty February days, full of dumplings, rib-sticking porridge, big winter pies and mugs of hot buttered rum – this is a tribute to the food that sustains us through autumn and winter. The kitchen is the heart of the home, especially during short, chilly days when there's nothing more comforting than coming in from the cold to enjoy a warming, delicious meal, and Anja Dunk lives by this mantra. Within these pages, you'll find 100 recipes for bolstering breakfasts and lunches, family suppers, scrumptious bakes, and all her favourite preserves and drinks to capture the flavours of each month. Featuring Anja's own illustrations and evocative photography, this is a stunning and timeless cookbook that will be a family favourite for many years to come.

Author Bio

Anja Dunk was born in Wales to a German mother and a Welsh father. Her childhood was spent predominantly in Wales but also Germany and South East Asia, where she moved to and from over the early years of her life. Her love of food started at home but has grown since working in cafes and restaurants over the years. She is now a freelance cook, food writer and artist. Anja has co-written a book on preserves, *Do Preserve: Make your own jams, chutneys, pickles and cordials* (Do Book Co., 2016) and likes to share her preserving knowledge through pop-up events and workshops. She is the author of *Strudel, Noodles and Dumplings: The new taste of German cooking* (Fourth Estate, 2018) and *Advent* (Quadrille, 2021).

Quadrille

On Sale: Aug 15/23

6.8 x 9.7 • 272 pages

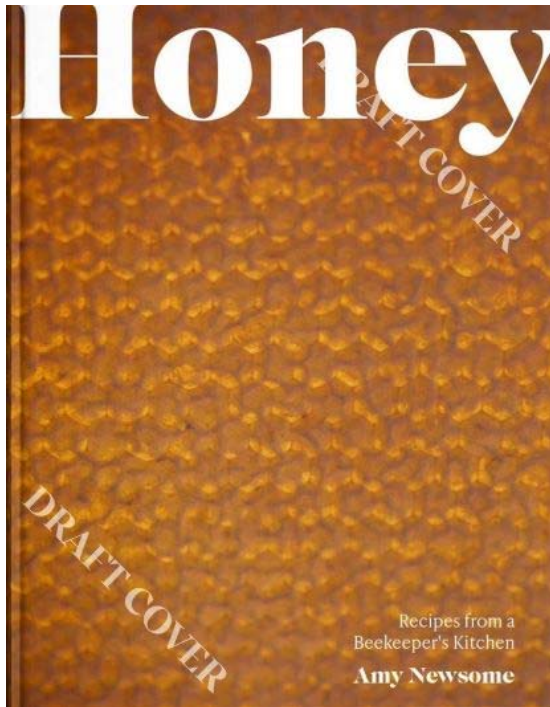
9781787139039 • \$50.00 • cl

Cooking / Regional & Ethnic / German

Notes

Promotion





Honey

Recipes From a Beekeeper's Kitchen

by Amy Newsome

A sticky celebration of honey from bloom to plate, with 80 inspiring recipes straight from a beekeeper's kitchen.

Amy Newsome is a cook, gardener and beekeeper - and this is her homage to honey and its deliciously distinct varieties from around the globe. Marvel at the floral intricacies of honey's terroir and all its wonderful flavors, before getting stuck in with 80 sweet and savory recipes that celebrate the magic of cooking with honey; from honey ferments, fancy fritto misto, and Honeyed Chipotle Lamb Tacos, to Saffron & Apricot Honey Buns, Eucalyptus Honey Granita, and a Bergamot Bee's Knees to wash everything down.

Covering the beekeeper's year and how honey is made, you will journey through the changing seasons, take a peak inside the hive and discover just how to create the perfect bee-friendly garden. This cookbook is an incredibly thoughtful collection of recipes and stories that offers an inspiring glimpse into the craft of beekeeping, and the remarkable world of the honeybee, confirming why and how we should be treating honey with the respect it deserves.

Author Bio

Amy Newsome is a horticulturist, freelance beekeeper and passionate cook based in London, UK. After a career in fashion photography, she moved to the Cotswolds to retrain as a gardener and beekeeper, working with Raymond Blanc at Le Manoir Aux Quat' Saisons, and organic grower Anna Greenland at Soho Farmhouse. From there she set her sights on the ultimate botanical paradise; the Royal Botanic Gardens, Kew, completing the Kew Diploma in Horticulture. She is now Head Gardener of The Garden Cobham where she is creating a new garden and restaurant site (with bees of course) within the walls of a forgotten Victorian kitchen garden in Surrey, together with an executive head chef who helped develop Spring restaurant, Petersham nurseries and GAIL's kitchen. She also works with prison reform charity Food Behind Bars as kitchen garden educator, setting up a honeybee apiary and renovating a disused glasshouse into a productive kitchen garden at HMP Swinfen Hall. She has written for multiple publications, including Bloom magazine, on subjects such as single-origin honey.

Quadrille

On Sale: Jun 13/23

7.4 x 9.8 • 256 pages

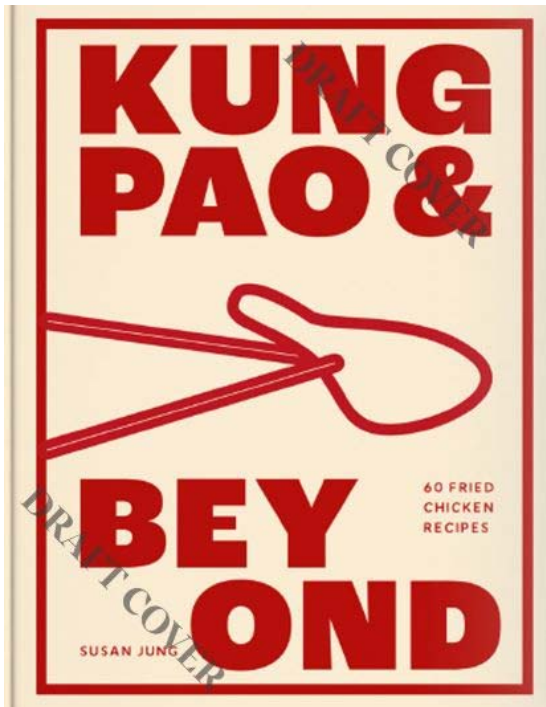
9781787139435 • \$58.00 • cl

Cooking / Specific Ingredients / Natural Foods

Notes

Promotion





Kung Pao and Beyond

Fried Chicken Recipes from East and Southeast Asia

by Susan Jung

Fried chicken is one of the most ubiquitous and universally loved foods. Whether it's Korean fire chicken, Vietnamese butter chicken wings, Taiwanese night market chicken, or Japanese karaage, nothing surpasses the unique twists and flavors that cooks in east and southeast Asia have brought to the dish.

Kung Pao and Beyond showcases 60 crisp, crunchy, and spicy recipes, with clear step-by-step instructions for preparation and cooking, that take this humble fast food to a whole new level. Susan Jung offers recipes to satisfy every craving; in addition to wings, leg, and breast, you'll find recipes for whole chicken and leftovers, in this essential cookbook for preparing fried chicken at home.

Author Bio

Susan Jung has been Food and Drinks Editor at the South China Morning Post for over 20 years. Since 2015 she has been the Hong Kong, Taiwan and Macau Academy Chair for the World's 50 Best Restaurants and Asia's 50 Best Restaurants.

Quadrille

On Sale: May 9/23

7.4 x 9.8 • 176 pages

9781787139336 • \$42.99 • cl

Cooking / Specific Ingredients / Poultry

Notes

Promotion





Macrame Accessories

A Modern Guide to Knotting Accessories

by Fanny Zedenius

Fanny Zedenius is back and taking on the world of macrame accessories. Learn how to knot, wear, and style 23 simple projects with Macrame Accessories, from necklaces to cushions, skirts, hair accessories, a lantern, and more. Fanny will show you how to master all the knots featured throughout this book through clear step-by-step illustrations, charts, and instructions, demystifying this ancient craft.

Discover different materials you can use beyond rope to help expand your knotting experience. Packed with stunning lifestyle photography that draws on Fanny's signature Scandi style, this book is indispensable whether you are a beginner, or looking for new knotting challenge to tackle.

Take your craft further with Macrame Accessories, and knot stylish projects for yourself and your home.

Author Bio

Fanny Zedenius is a fiber artist and the creative mind behind the popular Instagram account Createaholic (96.9K followers). Her unique relationship with this craft has fuelled her mission to share her passion for knotting and inspire others to get creating. In response to popular demand, in 2015 Fanny opened a webshop from which she sells her designs all over the world. She hosts macrame workshops throughout Sweden where she teaches others how to master this addictive craft. She has previously published Macrame (2017) and Macrame 2 (2020).

Quadrille

On Sale: May 16/23

7.9 x 10 • 144 pages

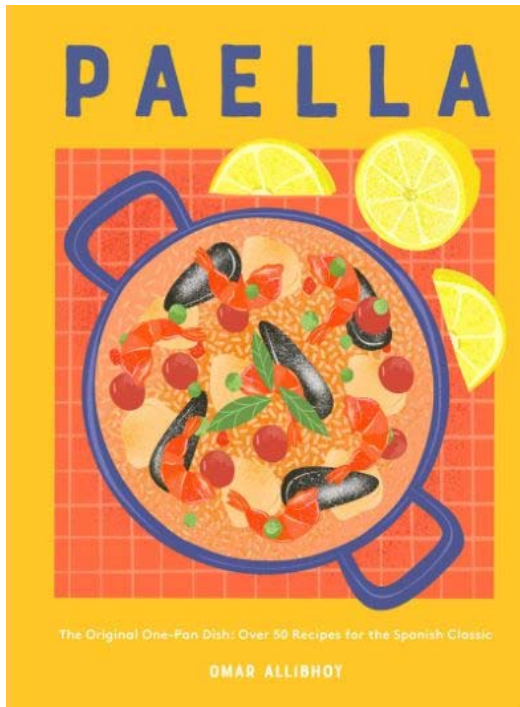
9781787139152 • \$35.99 • pb

Crafts & Hobbies / Knots, Macrame & Rope Work

Notes

Promotion





Paella

The Original One-Pan Dish: Over 50 Recipes for the Spanish Classic

by Omar Allibhoy

With beautiful photography throughout and straightforward, step-by-step instructions, Paella is a joy to cook from and an essential for every kitchen shelf.

Chef Omar Allibhoy unveils the insider knowledge and tips you need to produce a perfect panful of glorious tastes and textures. He starts with a "how to" guide taking you through all the basic techniques and ingredients, and then offers over 50 easy-to-follow recipes – from the classic chicken and rabbit, to black seafood paella with squid and tiger prawns, through oxtail paella, and vegetarian and vegan options including wild mushroom and Jerusalem artichoke paella.

Paella is the world's most famous and beloved Spanish dish. The ultimate one-pan feast, this generous, colourful creation dates back centuries and has countless variations. There's something here for every occasion, whether it's a simpler version for a quick midweek supper or a more special, celebratory paella.

Author Bio

Madrid born Omar Allibhoy is the founder of the critically-acclaimed Tapas Revolution – the largest Spanish restaurant group in the UK. He began his career training under legendary chef, Ferran Adria then with Gordon Ramsay in London, who dubbed him the 'Antonio Banderas of cooking'. Since opening his first restaurant in 2010, he has been on a mission to showcase just how simple cooking Spanish cuisine at home can be. Omar is committed to being at the forefront of representing the wonderful food of Spain in the UK and has picked up multiple awards along the way. As well as running a successful business, Omar has maintained a career as a successful TV chef.

Quadrille

On Sale: Jul 18/23

6.9 x 8.9 • 176 pages

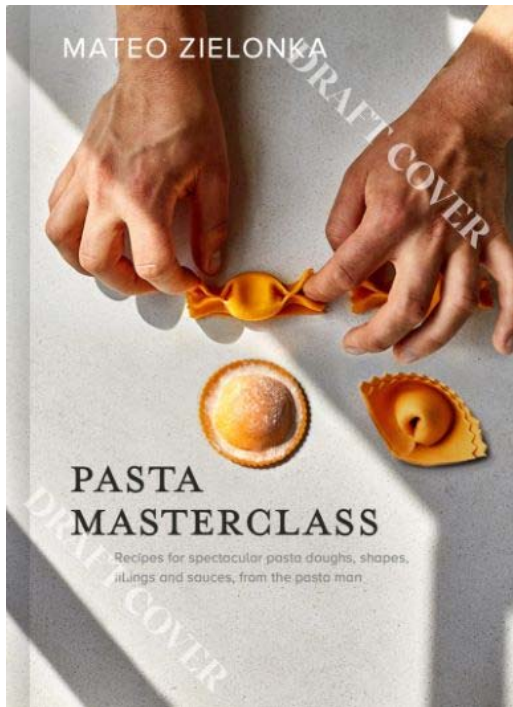
9781787138483 • \$37.99 • cl

Cooking / Regional & Ethnic / Spanish

Notes

Promotion





QUADRILLE

LEAD

Pasta Masterclass

Recipes for Spectacular Pasta Doughs, Shapes, Fillings and Sauces, from The Pasta Man
by Mateo Zielonka

With over 30 shapes for rolled, filled, and extruded pasta, plus over 40 recipes for fillings and sauces, this is the ultimate cookbook for any pasta lover. The Pasta Man is back, and this time he's going BIGGER and BETTER. In Pasta Masterclass, Instagram-sensation Mateo Zielonka reveals how you too can make his eye-catching, delicious creations. With "how to" sections guiding you through every shape, including recipes for his famous colored doughs, step-by-step photos, and QR codes linking to videos on every pasta shape included in the book, he then offers over 40 delicious recipes in which to fill, or coat your creations.

Illustrated with stunning photography and video content, let yourself be guided by a master and enjoy the meditative process of making beautiful pasta.

Author Bio

Mateo Zielonka, aka The Pasta Man (dubbed so by his Instafans), is head chef at 180 Studios, a collaborative media and arts space in the Strand, London, where he also has his own pasta studio. Polish-born, he has worked in London for 6 years including time at Padella and Polpo. He also teaches pasta classes. You can find some of his pasta videos on Food52, The Feedfeed, and Designmilk and on Mateo.Kitchen. His previous book The Pasta Man, was an instant bestseller.

Quadrille

On Sale: May 9/23

7.4 x 9.8 • 256 pages

9781787139633 • \$50.00 • cl

Cooking / Specific Ingredients / Pasta

Notes

Promotion



9 781787 139633



Raincoast Books



Rainy Day Edinburgh

100 Places to Keep Dry

by Mike MacEacheran

Cozy pubs, vibrant restaurants, world-class galleries, and everything in between, Scotland's lively capital is full of incredible things to do, whatever the weather.

From iconic institutions to local, under-the-radar spots, Rainy Day Edinburgh is the essential guide to 100 of the best things to do in the city when it's raining (which is a lot of the time).

Whether you're looking for delicious places to eat, inspiring museums to mooch around, or bars serving up creative cocktails, this handy book has it covered.

Author Bio

Mike MacEacheran is a travel journalist and guidebook author based in Edinburgh, Scotland. He holds two degrees, including a postgraduate masters in journalism, and spent seven years as the editor of travel magazines before going freelance. Mike's clients include: The Times, The Telegraph, The Guardian, National Geographic, and Monocle among others. He's written guidebooks for Lonely Planet, Rough Guides, and DK Eyewitness.

Quadrille

On Sale: Aug 22/23

5.3 x 7.3 • 128 pages

9781837830688 • \$24.99 • pb

Travel / Europe / Great Britain

Notes

Promotion





Rainy Day London

100 Places to Keep Dry

by Isabelle Aron

Cozy pubs, vibrant restaurants, world-class galleries and everything in between – London is full of incredible things to do, whatever the weather. From iconic institutions to local, under-the-radar spots, Rainy Day London is the essential guide to 100 of the best things to do in the city when it's raining (which is a lot of the time).

Whether you're looking for delicious places to eat, inspiring museums to mooch around or bars serving up creative cocktails, this handy book has it covered.

Author Bio

Isabelle Aron is an award-winning freelance journalist and editor who writes about food, drink, travel, pop culture and the arts, as well as human interest stories. She's written for the likes of VICE, Stylist, The Independent and Cosmopolitan. She's also spent a large part of her career writing about London. She was previously Features Editor at Time Out London, where she worked for seven years. During that time, she developed an in-depth knowledge of the best things to do in the city, from the major institutions to hidden gems.

Quadrille

On Sale: Aug 8/23

5.3 x 7.3 • 128 pages

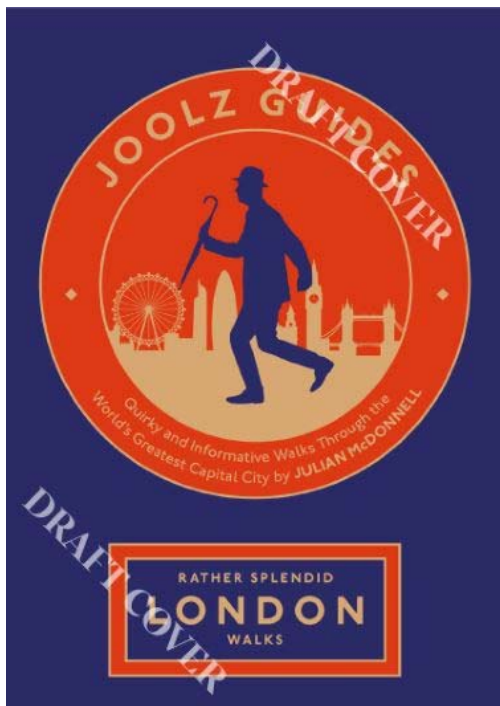
9781787138957 • \$24.99 • pb

Travel / Europe / Great Britain

Notes

Promotion





Rather Splendid London Walks

Joolz Guides' Quirky and Informative Walks Through the World's Greatest Capital City
by Julian McDonnell

Pip-pip and Tally-Ho. . . meet the most famous tour guide on YouTube, Joolz Guides! In *Rather Splendid London Walks* you can join Joolz himself on 20 fun-packed walks around the city, picking out the top sights, sounds and secret features that you wouldn't spot without an expert guide on hand. On your journey you will learn about London's finest palaces, historic houses and murky drinking dens, visiting unscrupulous politicians, literary figures, scientific heroes, notorious criminals, and stars of the stage and screen along the way. Highlighting historical features and oddities en route, including stink pipes, cattle troughs and parish boundary markers, Joolz has more tales, facts and anecdotes than you've had hot dinners. From Pimlico to Peckham, Holland Park to Highgate, Southwark to Soho, Joolz Guides unveils the hidden gems and fantastic follies around every corner of the metropolis.

Author Bio

Julian McDonnell (a.k.a. 'Joolz') is an award-winning tourism film maker from London. He has lived there all his life and there's nothing he loves more than showing people around his beloved city. . . and talking!

Quadrille

On Sale: Apr 18/23

5.3 x 7.3 • 320 pages

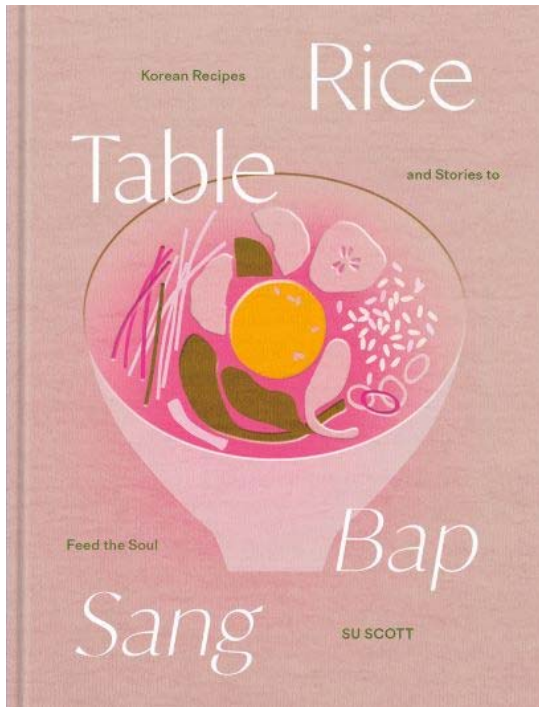
9781787139602 • \$32.00 • pb

Travel / Europe / Great Britain

Notes

Promotion





Rice Table

Korean Recipes and Stories to Feed the Soul

by Su Scott

Rice Table bap sang is a collection of 80 recipes showcasing modern, Korean home cooking.

A Korean living in the UK, Su Scott was thrown into a crisis of identity when motherhood dawned, one which she only found her way out of by cooking the dishes of her Korean childhood, seeking out the flavors and textures of memories that she hopes to pass on to her daughter.

Within this intimate cookbook, Su guides you through her modern Korean pantry, explores the ferments, pickles, and sauces that lift Korean dishes to delicious heights, and shares a comforting array of recipes, from Korean Fried Chicken and Kimchi Fried Rice, to Spicy Seafood Noodle Soup. Littered between enticing plates are tender stories of what it means to be a woman, mother, and immigrant all at once and how food connects all the pieces of our lives to make us whole.

This is a love letter from mother to daughter woven together by food. It's a book about identity and immigration. It's about how the food you feed your children builds a story about their heritage. But it's mainly a book about wonderful food - the kind of food we all want to eat right now.

Author Bio

Su Scott is a Korean-born food writer living in London. In October 2019 she won the Best Reader's Recipe category at the prestigious Observer Food Monthly Awards with her recipe for kimchi jjigae. Since winning the award, she's pursued a freelance career as a food writer and recipe developer, in between being a mother. In January 2021, she was featured in Waitrose Food magazine as a rising star of the food world and contributed her family recipes under the title 'Home Comfort'. Her domestic kitchen-friendly recipes based on food from her childhood have been well received by editors, food teams and readers for their purposefully simple approach and impactful flavour, and her recipes can also be found in many other food publications including Sainsbury's magazine, Olive magazine and Waitrose Weekend newspaper.

Quadrille

On Sale: May 23/23

7.4 x 9.8 • 240 pages

9781787138964 • \$53.95 • cl

Cooking / Regional & Ethnic / Korean

Notes

Promotion





Simply Scandinavian

Cook and Eat the Easy Way, with Simple and Satisfying Scandi Recipes

by Trine Hahnemann

Simply Scandinavian is a beautifully inspiring collection of easy and delicious recipes.

In a nod to the Scandinavian way of eating, the book offers over 80 unpretentious and straightforward dishes with a focus on ease of cooking and seasonality. By showing just how achievable it is to get amazing flavors out of a handful of good ingredients, Trine creates solutions for easy breakfasts, mid-week meals, and simple but impressive ways to entertain family and friends.

This is an uncomplicated and greener way to cook and eat, from an expert in Scandinavian cookery.

Author Bio

A chef and food writer, Trine Hahnemann is an enthusiastic advocate for sustainable solutions, organic sourcing and simple food cooked with love. With her great knowledge of Danish food and food culture, she writes for and appears regularly in the media in America and Britain. Trine has written several cookbooks both in her native Danish and in English, including Scandinavian Baking, Scandinavian Comfort Food, Copenhagen Food (winner of the Guild of Food Writers award for International or Regional Cookbook), and most recently Scandinavian Green.

Quadrille
On Sale: Aug 15/23
6.8 x 9.7 • 256 pages
9781787139015 • \$50.00 • cl
Cooking / Regional & Ethnic / Scandinavian

Notes

Promotion





SLICE!

30 Fabulous Pizza Recipes

by Thom Elliot and James Elliot

SLICE! is packed with over 30 recipes to make sure you finally delete your local takeout from speed dial #1. From an NY slice, to true Neapolitan pizza made in a frying pan, SLICE! offers classic and new creations, and even a sweet Nutella pizza ring!

Learn how to make the greatest Neapolitan pizza dough, the perfect San Marzano tomato topping, then grace your creation with the finest ingredients - from Double Pepperoni and Spicy Honey through Eggplant Parmigiana, from Carbonara to Capricciosa; and the fiery Burrata Diavola.

What's not to love? Go on, grab a SLICE!

Author Bio

Brothers Thom and James Elliot ditched their jobs in 2012 to go on a life-changing pilgrimage to Naples, the home of pizza, to learn how it's done from the source. Back in the UK, they set up a market stall in Soho selling pizza from the back of their trusty Ape van. Pizza Pilgrims now run 20 pizzerias (and counting) across the UK serving award winning Neapolitan pizza to thousands of people every day.

Quadrille

On Sale: Aug 8/23

5.3 x 7.3 • 128 pages

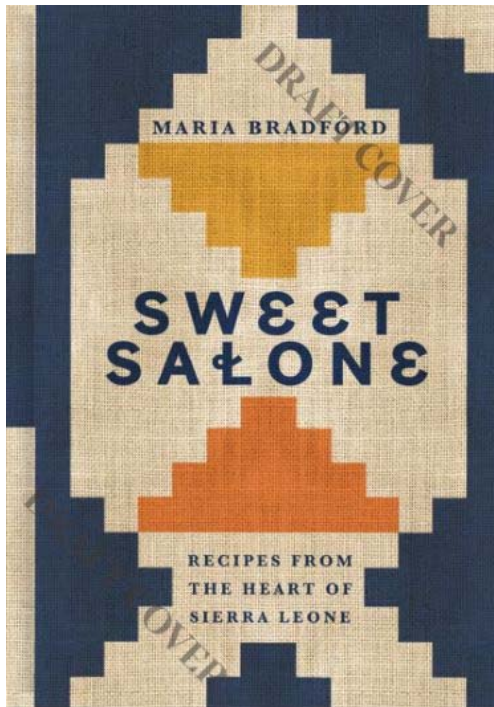
9781787139718 • \$28.99 • pb

Cooking / Italian

Notes

Promotion





Sweet Salone

Recipes from the Heart of Sierra Leone

by Maria Bradford

As a small country on the west coast of Africa, throughout its history Sierra Leone has always embraced diversity - and this willingness to discover and grow has shaped Sierra Leone's rich food culture. Forged by history, people and place, the cuisine is completely unique.

Maria Bradford's recipes, inspired by her grandmother's cooking, have at their heart the traditional meals of Maria's childhood, introducing delicious Afro-fusion dishes and flavors. Characterized by key ingredients including tamarind, beans, sesame seeds, mango, chili, and pineapple, in Maria's hands these ingredients become something truly special. Moreover, she tells the story of the cuisine and the people, shedding light on everyday life through exclusive location photography.

Through her evocative writing and innovative dishes that draw on tradition while melding contemporary influences, Maria's Sweet Salone is a stunning culinary dive into recipes and a culture unmatched anywhere in the world.

Author Bio

Maria Bradford grew up in Freetown, and started helping her mother prepare meals from about nine years of age. Inspired by her heritage, Maria prepares traditional African dishes and high-end Afro-fusion cuisine. Maria studied at Leith's School of Food and Wine and founded Maria Bradford Kitchen in 2017, which became known as Shwen Shwen. Her catering is in high demand for corporate events and private dining throughout the UK and Africa. Maria lives in the south of England with her husband and two children.

Quadrille

On Sale: Jun 6/23

6.8 x 9.7 • 256 pages

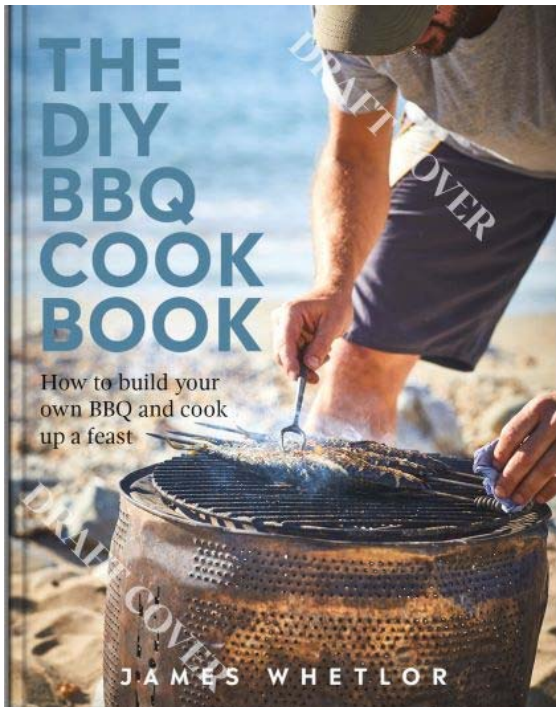
9781787137967 • \$58.00 • cl

Cooking / African

Notes

Promotion





The DIY BBQ Cookbook

How to Build Your Own BBQ and Cook up a Feast

by James Whetlor

Whether you want to cook a BBQ on the beach, at a campsite, in your garden, or even on your balcony, James Whetlor showcases over ten different BBQs you can actually build yourself.

You'll never use a store-bought instant BBQ tray again as James guides you through the DIY BBQ section with handy illustrations, photographs, and tips and techniques. BBQs include a Konro - a small portable Japanese grill, a Washing Machine Drum BBQ, a Tandoor oven made from a flowerpot, an Open-faced Grill made from bricks or breeze blocks, a Simple Dutch Oven, and a Whole Pig Smoker. There's even an Oil Drum BBQ - a versatile and simple take on the traditional oil drum barbecues used the world over. And once you've mastered the art of barbecue building, there are 50 stunning recipes that you will turn to time and time again. Including Sri Lankan Black Pork Curry, Mushroom Tacos, and Thai Fishcake Skewers, as well as the show-stopping recipe for cooking a pig in the pig smoker - this is a fun and affordable way to take your BBQing to the next level.

Author Bio

James Whetlor of Cabrito Goat Meat worked as a chef for 12 years in London, before moving back to his hometown in Devon and working at River Cottage. His award-winning business Cabrito now sells goat meat to catering butchers and restaurants, from a network of farms across the country. His first book Goat won the James Beard Foundation award and the Guild of Food Writers Best Single Subject Food Book of 2019. He also wrote Cooking on the Big Green Egg (2021)

Quadrille

On Sale: May 16/23

6.9 x 8.9 • 192 pages

9781787138919 • \$32.99 • cl

Cooking / Methods / Barbecue & Grilling

Notes

Promotion





The Little Book of Bowl Food

Simple and Nourishing Recipes in a Bowl

by Quadrille

The Little Book of Bowl Food features 40 recipes for delicious, easy-to-construct bowls of goodness.

Discover how to build your own hearty, wholesome meals in a bowl, with everything from breakfast bowls to light options, nourishing vegan dishes and more.

With countless combinations of vegetables, grains, meat and fish, these recipes will show you how to combine textures and colours for simple, healthy meals.

Eating well has never been so enticing – or easy.

Author Bio

Conceived and edited by Quadrille.

Quadrille

On Sale: Aug 8/23

5.3 x 7.3 • 112 pages

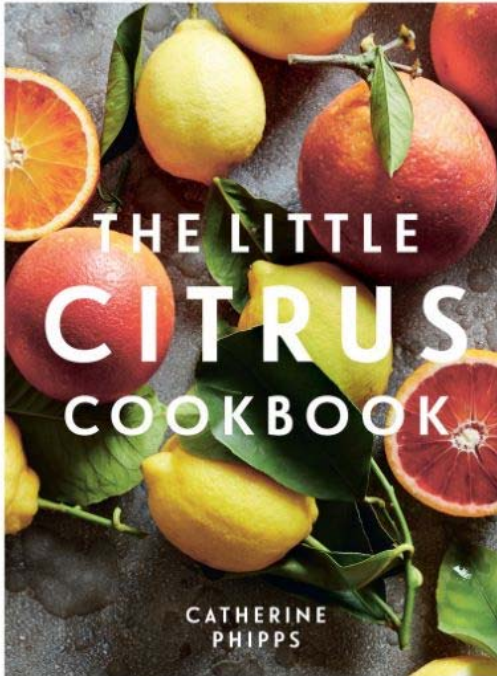
9781837830275 • \$24.99 • cl

Cooking / Health & Healing / General

Notes

Promotion





The Little Citrus Cookbook by Catherine Phipps

- Features sweet and savory recipes using lemons, limes, oranges and grapefruit
- Recipes originally published in Citrus

A citrus lover's gift book, with fail-safe favorites and tangy twists on classic citrus dishes.

The Little Citrus Cookbook offers 40 recipes for everything from fresh summer salads, to Mediterranean-inflected meat dishes, to the perfect lemon drizzle cake.

Whether you're looking for zingy new ways to use up lemons, limes, and oranges, or to discover the sweet, sour, bitter, and umami-enhancing flavors of yuzu, bergamot and pomelo, there's something here for everyone. Straightforward and easy to follow, Catherine Phipps' recipes work perfectly every time - these gorgeous recipes are sure to become classics in your collection.

Author Bio

Catherine Phipps is a food writer, cookbook author and recipe developer who has frequently featured on TV and radio, including BBC Radio 4's The Food Programme. Her previous books include The Pressure Cooker Cookbook (2012), Citrus (2017), and Leaf (2019)

Quadrille

On Sale: May 2/23

5.3 x 7.3 • 112 pages

9781837830251 • \$24.99 • cl

Cooking / Specific Ingredients / Fruit

Notes

Promotion



THE SERIOUSLY GOOD STUDENT COOKBOOK

80 Easy Recipes
to Make Sure You
Don't Go Hungry

Quadrille
On Sale: Jul 18/23
6.3 x 8.3 • 192 pages
9781787139787 • \$28.99 • pb
Cooking / Methods / Quick & Easy

Notes

Promotion



The Seriously Good Student Cookbook

80 Easy Recipes to Make Sure You Don't Go Hungry
by Quadrille

The Seriously Good Student Cookbook covers every recipe you'll ever need when jumping into student life.

80 simple but delicious recipes are broken down into chapters covering toast, eggs, sandwiches, pancakes, pasta, potatoes, rice, and kebabs. With a photo for every recipe and clear instructions, you'll be able to create food that you actually want to eat.

Fancy breakfast-stuffed croissants after a heavy night? Need something comforting for dinner like the ultimate carbonara or a colcannon-topped baked potato? Perhaps you want something easy but filling to see you through all those hours at the library, like a best-ever turkey club sandwich, or a Mexican black rice bowl. Or maybe you have friends coming over and want to show off your cooking skills with spicy salami pizza sliders, or pepper and chorizo skewers. Whenever you need something SERIOUSLY GOOD to eat, this book will make sure you never go hungry.

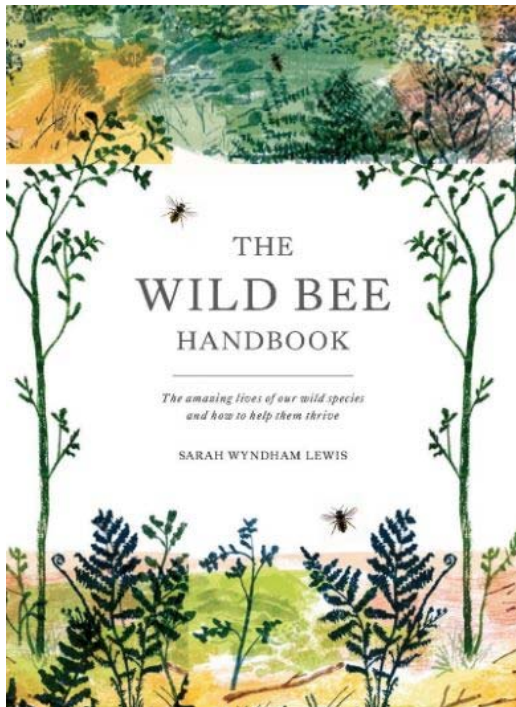
From orientation to graduation, this is the only cookbook you'll ever need.

Author Bio

Quadrille is one of the leading non-fiction publishers in the UK, with a special focus on the areas of food and drink, craft, design, lifestyle and popular culture. We pride ourselves on our authors and on the quality of our books. From brand new stars of street food to Michelin-starred chefs, renowned crafters and makers, famous brands and household names, to experts in fashion, health and art, we publish the best in the business.

Created for readers of all ages and interests, our books seek to inspire and inform, to innovate and entertain. We publish with integrity, passion and commitment: at Quadrille, there's no such thing as just a book.





The Wild Bee Handbook

The Amazing Lives of Our Wild Species and How to Help Them Thrive

by Sarah Wyndham-Lewis

There are over 20,000 species of bee worldwide, of which just seven species are honeybees. In the US alone, there are over 4,000 species of bee, whereas Europe only has nearly 2,000 bee species and the UK has 275.

The Wild Bee Handbook is a practical, illustrated guide that will introduce you to the common wild bees you might find in your garden. Through a handy directory, learn how vital wild bees are to the ecosystem and discover how we can garden to offer them the food and habitat they need. This book is an essential resource for anyone interested in biodiversity and sustainable gardening, featuring sections on container gardening, the no-dig method, how to maintain soil health, the principles for rewilding and wildflower gardening for success - it doesn't matter how big or small your space, you can still garden to support wild bees.

The Wild Bee Handbook is a celebration of the wild pollinators and a beautifully illustrated, informative guide that will equip you to create a green space to help them thrive. Join the wave of change and learn how to grow sustainability.

Author Bio

Sarah Wyndham Lewis and her husband, Dale Gibson, founded Bermondsey Street Bees in 2007, a beekeeping and sustainability consulting business which was awarded 2016 Small Artisan Producer of The Year at the Great Taste Award. The advent of bees in her life prompted her to transform a small, neglected patch in Suffolk into a test-bed for bee plantings. By teaching herself how to garden from scratch, she has formulated her own pragmatic approach to planting. Her first book *Planting for Honeybees* was published by Quadrille in 2018.

Quadrille

On Sale: May 2/23

5.4 x 8.5 • 196 pages

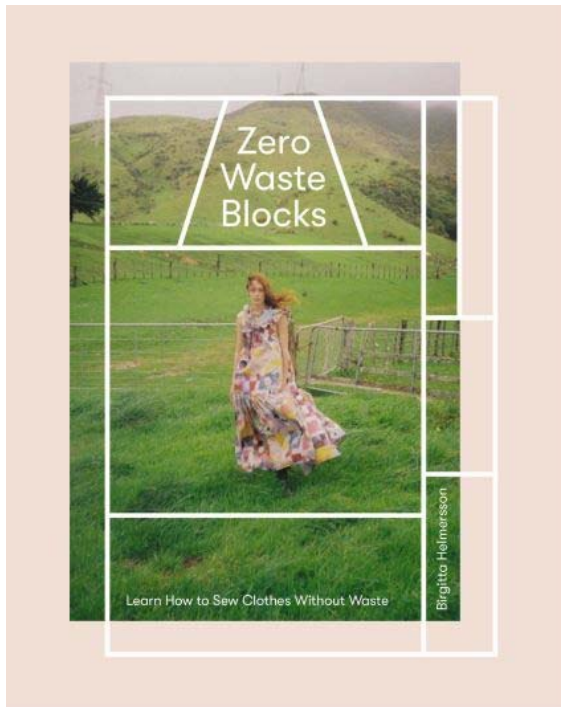
9781787139183 • \$32.99 • cl

Nature / Insects & Spiders

Notes

Promotion





Zero Waste Blocks

Learn How to Sew Clothes Without Waste

by Birgitta Hjalmarson

Zero Waste Blocks offers a modern approach to sustainable sewing. Using natural fabrics and core sewing techniques, learn how to stitch without waste and make a scandi-style collection of 20 garments. Zero waste pattern cutting is a bit like a puzzle. You use a pre-determined length of fabric end to end by strategically planning your pattern pieces so that everything is used and then draw them onto the fabric. By using this unique 'paperless' method you can eliminate both textile and paper waste from your sewing projects and take the fear out of learning to self draft and sew your own clothing. This book includes 5 simple zero waste pattern blocks – a t-shirt, skirt, tank top, shirt and trousers. These can then be used to make a further 15 projects by making simple changes or mixing and matching your blocks into new designs, and comes with pattern layout instructions and templates to make sizes UK 6 -30/US 2-26. Once you have mastered the 5 blocks the possibilities are endless.

Author Bio

Birgitta Helmersson is a designer and pattern-maker based in Malmo, Sweden. She runs a studio/store with partner, in life and love, Sam Grose, where they develop and manufacture 2 labels in-house - self titled label "Birgitta Helmersson", garments made exclusively using zero waste pattern cutting, and "Helgrose", unisex clothing made using vintage and naturally dyed textiles. Both labels embody a zero waste ethos, with all scraps and remnants from Helgrose production being re-purposed into other items.

Quadrille

On Sale: May 23/23

7.9 x 10 • 192 pages

9781787139244 • \$42.99 • pb

Crafts & Hobbies / Sewing

Notes

Promotion





Bewitched

by Laura Thalassa

From bestselling indie author and TikTok favorite Laura Thalassa comes a witch fantasy set in the world of the Bargainer series.

At age twenty, Selene Bowers desperately hopes to be accepted into Henbane Coven, an academy for young witches. Since one of the requirements for entry is to connect with her powers via a quest through the wilderness, Selene books a trip to South America. When a nefarious supernatural force tries to drag her plane from the sky, Selene's magic awakens to save her life - at a cost. Using her powers devours her memories, one by one.

Worse, when Selene braves the jungle and discovers the source of the attack, she finds herself awakening an ancient evil, Memnon the Cursed, who mistakes Selene for his long-dead wife. The wife who betrayed him. Selene manages to escape and begin her studies at Henbane, but when Memnon turns up at the coven and witches are found dead across campus, Selene becomes entangled in a dangerous plot. Accused of the murders on the basis of her memory loss, Selene must rely on Memnon's help for answers - and his plans for her will change everything.

Author Bio

Laura Thalassa is the author of over a dozen paranormal and fantasy romance novels. She fell in love with stories as a child and decided she never wanted to escape them. She lives in sunny southern California with her husband and children. When not writing, she can be found reading about lost civilizations, splashing with her kids in the Pacific, and hoarding chocolate for the apocalypse.

Sourcebooks

On Sale: Apr 18/23

9781728283067 • \$25.99 • pb

Fiction / Romance / Fantasy

Series: Bewitched

Notes

Promotion





LEAD

Pestilence

by Laura Thalassa

They came to earth - Pestilence, War, Famine, Death - four horsemen riding their screaming steeds, racing to the corners of the world. Four horsemen with the power to destroy all of humanity. They came to earth, and they came to end us all.

When Pestilence comes for Sara Burn's town, one thing is certain: everyone she knows and loves is marked for death. Unless, of course, the angelic-looking horseman is stopped, which is exactly what Sara has in mind when she shoots the unholy beast off his steed.

Too bad no one told her Pestilence can't be killed.

Now the horseman, very much alive and very pissed off, has taken her prisoner, and he's eager to make her suffer. Only, the longer she's with him, the more uncertain she is about his true feelings towards her. . .and hers towards him.

And now, well, Sara might still be able to save the world, but in order to do so, she'll have to sacrifice her heart in the process.

Author Bio

LAURA THALASSA is the author of over a dozen paranormal and fantasy romance novels. She fell in love with stories as a child and decided she never wanted to escape them. She lives in sunny southern California with her husband and children. When not writing, she can be found reading about lost civilizations, splashing with her kids in the Pacific, and hoarding chocolate for the apocalypse.

Sourcebooks

On Sale: Aug 1/23

5.25 x 8

9781728280165 • \$27.99 • pb

Fiction / Romance / Fantasy

Series: The Four Horsemen

Notes

Promotion





LEAD

War

by Laura Thalassa

They came to earth - Pestilence, War, Famine, Death - four horsemen riding their screaming steeds, racing to the corners of the world. Four horsemen with the power to destroy all of humanity. They came to earth, and they came to end us all.

The day Jerusalem falls, Miriam Elmahdy knows her life is over. Houses are burning, the streets run red with blood, and a traitorous army is massacring every last resident. There is no surviving this, especially not once Miriam catches the eye of War himself. But when the massive and terrifying horseman corners Miriam, he calls her his wife, and instead of killing her, he takes her back to his camp.

Now Miriam faces a terrifying future, one where she watches her world burn town by town, and the one man responsible for it all is her seemingly indestructible "husband". But there's another side to him, one that's gentle and loving and dead-set on winning her over, and she might not be strong enough to resist.

However, if there's one thing Miriam has learned, it's that love and war cannot coexist. And so she must make the ultimate choice: surrender to War and watch humankind fall, or sacrifice everything and stop him.

Author Bio

LAURA THALASSA is the author of over a dozen paranormal and fantasy romance novels. She fell in love with stories as a child and decided she never wanted to escape them. She lives in sunny southern California with her husband and children. When not writing, she can be found reading about lost civilizations, splashing with her kids in the Pacific, and hoarding chocolate for the apocalypse.

Sourcebooks

On Sale: Aug 8/23

5.25 x 8

9781728280134 • \$27.99 • pb

Fiction / Romance / Fantasy

Series: The Four Horsemen

Notes

Promotion





LEAD

Famine

by Laura Thalassa

They came to earth - Pestilence, War, Famine, Death - four horsemen riding their screaming steeds, racing to the corners of the world. Four horsemen with the power to destroy all of humanity. They came to earth, and they came to end us all.

Ana da Silva always assumed she'd die young, she just never expected it to be at the hands of Famine, the haunting immortal who once spared her life so many years ago. But if the horseman remembers her at all, he must not care, for when she comes face to face with him for the second time in her life, she's stabbed and left for dead.

Only, she doesn't quite die.

If there's one thing Famine is good at, it's cruelty. And how these blighted bastards deserve it. Try as he might, he can't forget what they once did to him. But when Ana, a ghost from his past, corners him and promises pain for what he so recently did to her, she and her empty threats captivate him, and he decides to keep her around.

In spite of themselves, Ana and Famine are drawn to each other. But at the end of the day, the two are enemies. Nothing changes that. Not one kind act, not two. And definitely not a few steamy nights. But enemies or reluctant lovers, if they don't stop themselves soon, heaven will.

Author Bio

LAURA THALASSA is the author of over a dozen paranormal and fantasy romance novels. She fell in love with stories as a child and decided she never wanted to escape them. She lives in sunny southern California with her husband and children. When not writing, she can be found reading about lost civilizations, splashing with her kids in the Pacific, and hoarding chocolate for the apocalypse.

Sourcebooks

On Sale: Aug 15/23

5.25 x 8

9781728280141 • \$27.99 • pb

Fiction / Romance / Fantasy

Series: The Four Horsemen

Notes

Promotion





LEAD

Death

by Laura Thalassa

They came to earth - Pestilence, War, Famine, Death - four horsemen riding their screaming steeds, racing to the corners of the world. Four horsemen with the power to destroy all of humanity. They came to earth, and they came to end us all.

He's known by many names: Thanatos. Horseman. God's last angel. And then, of course, there's the one we're all too familiar with -

Death.

The day Death comes to Lazarus Gaumond's town and kills everyone in one fell swoop, the last thing he expects to see is a woman left alive and standing. But Lazarus has her own extraordinary gift: she cannot be killed - not by humans, not by the elements, not by Death himself.

She is the one soul Death doesn't recognize. The one soul he cannot pry free from her flesh. Nor can he ignore the unsettling desire he has for her. Take her. He wants to, desperately. And the longer she tries to stop him from his killing spree, the stronger the desire becomes.

When Lazarus crosses paths with the three other horsemen, an unthinkable situation leads to a terrible deal: seduce Death, save the world. A hopeless task, made all the worse by the bad blood between her and Thanatos. But Death's attraction to her is undeniable, and try though she might, Lazarus cannot stay away from that ancient, beautiful being and his dark embrace.

The end is here. Humankind is set to perish, and not even the horsemen can stop Death from fulfilling his final task.

Only Lazarus can.

Author Bio

LAURA THALASSA is the author of over a dozen paranormal and fantasy romance novels. She fell in love with stories as a child and decided she never wanted to escape them. She lives in sunny southern California with her husband and children. When not writing, she can be found reading about lost civilizations, splashing with her kids in the Pacific, and hoarding chocolate for the apocalypse.

Sourcebooks

On Sale: Aug 22/23

5.25 x 8

9781728280158 • \$27.99 • pb

Fiction / Romance / Fantasy

Series: The Four Horsemen

Notes

Promotion





LEAD

Grayson's Vow

by Mia Sheridan

Some vows are meant to be broken, but others are worth risking everything for. . . even your heart.

Kira Dallaire is desperate. She must get married, and fast, to access the inheritance her late grandmother left her. Otherwise, she'll find herself at the mercy of her wealthy, abusive father. With little money and even fewer options, she uses her quick wit and impulsive heart to come up with a plan. Grayson Hawthorn is losing hope. A convicted felon with limited capital and dwindling resources, his vow to resurrect his family's struggling vineyard seems destined to fail. That is, until a young woman enters his office with an outlandish proposal - a win-win business marriage he can't refuse.

But what begins as a temporary arrangement soon threatens to become more, as vibrant, spirited Kira challenges detached, arrogant Grayson to want more from life. To want more for himself. As their wills clash and fiery passion ignites, the two realize that sometimes the past creates walls too difficult to climb, and lies and deception rarely precede a happily ever after.

Author Bio

Mia Sheridan is a New York Times, USA Today, and Wall Street Journal bestselling author. Her passion is weaving love stories about people destined to be together. Mia lives in Cincinnati, Ohio with her husband. They have four children here on earth and one in heaven. Mia can be found online at www.miasheridan.com or www.facebook.com/miasheridanauthor.

Sourcebooks

On Sale: Jul 4/23

5.25 x 8

9781728285085 • \$24.99 • pb

Fiction / Romance / Contemporary

Notes

Promotion





KoW

by A Hu

A diverse new adult romance series, featuring seven steamy billionaires, from BookTok sensation Ana Huang. Dante Russo is a billionaire CEO who's forced into a marriage with perfect daughter Vivian Lau under threat of blackmail, and they never expect to fall in love.

She was my North Star, the brightest jewel in my sky.

Ruthless. Meticulous. Arrogant.

Billionaire CEO Dante Russo thrives on control, both personally and professionally.

He never planned to marry. . . until the threat of blackmail forces him into an engagement with a woman he barely knows.

Vivian Lau, jewelry heiress and daughter of his newest enemy. The wife he never wanted, and the weakness he never saw coming.

It doesn't matter how beautiful or charming she is. Dante will do everything in his power to destroy the blackmail and their betrothal.

There's only one problem: now that he has her, he can't bring himself to let her go.

Elegant. Ambitious. Well-mannered.

Vivian Lau is the perfect daughter and her family's ticket into the highest echelons of society.

Marrying a blue-blooded Russo means opening doors that would otherwise remain closed to her new-money parents.

While the rude, elusive Dante isn't her idea of a dream partner, she agrees to their arranged marriage out of duty.

Craving his touch was never part of the plan.

Neither was the worst possible outcome: falling in love with her future husband.

A H U



Sourcebooks
On Sale: Apr 25/23
400 pages
9781728289724 • \$25.99 • pb
Fiction / Romance / New Adult

Notes

Promotion





KoP
by A Hu

Sourcebooks
On Sale: Aug 29/23
9781728289731 • \$25.99 • pb
Fiction / Romance / New Adult

Notes

Promotion





LEAD

Kyland

by Mia Sheridan

Dirt poor. Hillbilly. Backwoods hick. Mountain folk.

Tenleigh Falyn struggles each day to survive in the small, poverty-stricken mining town where she lives with her sister and mentally ill mother. Her dream of winning the yearly Tyton Coal scholarship is all that keeps her going. With it, she would get a free ride to a college of her choice and finally escape the harshness of this life. Secure a career that could one day get her family out of Denville.

But Kyland Barrett has worked just as tirelessly to win this scholarship, desperate to leave behind the town that has brought him so much pain. Through near-starvation, deep loneliness, and against all odds, he'll let nothing stand in his way - certainly not the girl who's his main competition. Then, one moment changes everything. Tenleigh and Kyland find themselves turning from strangers to friends, then tipping dangerously close to love. They're both determined not to form any lasting attachment, but the longer they're together, the more hopeless it seems.

Only one of them gets to win. Only one of them gets to leave. And when that day comes, what happens to the one left behind?

Author Bio

Mia Sheridan is a New York Times, USA Today, and Wall Street Journal bestselling author. Her passion is weaving love stories about people destined to be together. Mia lives in Cincinnati, Ohio with her husband. They have four children here on earth and one in heaven. Mia can be found online at www.miasheridan.com or www.facebook.com/miasheridanauthor.

Sourcebooks

On Sale: May 1/23

5.25 x 8

9781728285023 • \$24.99 • pb

Fiction / Romance / Contemporary

Notes

Promotion





LEAD

Lose You to Find Me

by B. Celeste

From the fan-favorite author of UNDERNEATH THE SYCAMORE TREE comes the next installment in a raw, real romance series following the lives of the Lindon U football players and the complicated girls who change their lives forever.

After Raine Michelson turns down her long-time boyfriend Caleb Anders's marriage proposal, the two are barely co-existing as they enter graduate school at Lindon University. However, that quickly turns upside down following an emotional hookup after devastating news, leading to an unexpected pregnancy.

Now the high school sweethearts turned college exes must heal from the damage caused by their broken relationship, while also preparing to become parents. Despite the unanswered questions Caleb has about why Raine broke up with him, he suggests moving in as co-parenting friends and working together at his father's hardware store. When their close proximity feeds into old feelings, the pair must figure out if their love for each other ever ended, and must learn how to face their uncertain future on their own terms, without outside influences - like grief, loss, and fear - getting in the way.

Author Bio

B. Celeste is a new adult and contemporary romance author that gives voices to raw, realistic characters with emotional storylines that tug on the heartstrings. She was born and raised in upstate New York where she still resides with her four-legged feline sidekick, Oliver Ollie" Queen. Her love for reading and writing began at an early age and only grew stronger after getting a BA in English and an MFA in English & creative writing. When she's not writing, she's working out, binge-watching reality game shows, and spending time with her friends and family.

Sourcebooks

On Sale: Jul 1/23

9781728277790 • \$25.99 • pb

Fiction / Romance / New Adult

Series: Lindon U

Notes

Promotion





LEAD

Salt Kiss

by Sierra Simone

From TikTok sensation Sierra Simone comes a queer, kinky contemporary retelling of the legend of Tristan and Isolde, set in the same world as the New Camelot series with many of the same tropes: MMF menage, kink, angst, plenty of the forbidden, and a sweeping retelling of a familiar story.

From TikTok sensation Sierra Simone comes the first in the Lyonesse series, a spin-off of her bestselling New Camelot books.

Tristan Thomas is lost. After his honorable discharge from the army, the young ex-soldier is in limbo. Until, that is, he's hired by Mark Trevena, the owner of Lyonesse - DC's ultra-secret BDSM club - to be Mark's new bodyguard. He's drawn into Mark's dark, seductive world of power and kink, and slowly drawn to Mark himself, even though Mark is everything Tristan knows he shouldn't want: cruel and wicked and shamelessly amoral.

But protecting Mark isn't Tristan's only duty: soon, Mark asks him to guard his soon-to-be bride as she travels home from Ireland on Mark's yacht. Tristan is jealous - and hurt to learn that the object of his obsession is engaged - but the former soldier in him is made to obey orders, and he goes to fetch Mark's bride for him.

Isolde Laurence is nothing like Tristan expected, however. Young, quiet, and sharp, she's being pushed into this marriage by her family, and as the two travel back to America, Tristan finds himself fascinated with Isolde and the glimpses he gets of the lonely but determined woman behind her reserve. And the fascination is mutual: one night, while sailing under the cold stars, they share a searing kiss. From there, it's a fast fall into the forbidden for all three of them.

Author Bio

SIERRA SIMONE is a USA Today and Wall Street Journal bestselling former librarian (who spent too much time reading romance novels at the information desk). Her notable works include Priest, American Queen, and Misadventures of a Curvy Girl, and her books have been featured in Marie Claire, Cosmopolitan, Entertainment Weekly, and BuzzFeed. Sierra lives with her husband and family in Kansas City.

Sourcebooks

On Sale: Jul 18/23

5 x 8

9781728276656 • \$25.99 • pb

Fiction / Romance / Contemporary

Series: Lyonesse

Notes

Promotion





LEAD

Stinger

by Mia Sheridan

Sometimes, you don't even realize anything is wrong until someone comes along and changes you, and makes you want more.

Grace Hamilton is the girl with a plan. She knows exactly where her life is going, and prides herself on always achieving her goals. She's never stepped outside the lines she draws for herself, and never considered what her heart truly wants. That is, until him.

Carson Stinger doesn't play by any rules except his own. Working in the adult entertainment industry, he doesn't care what others think of his choices, and takes each day as it comes. No direction, no plan. He knows what women want from him, and in his eyes, it's all he has to offer. . . until her.

When unexpected circumstances force them together, Grace and Carson are swept up into the electric chemistry between them, surrendering to a steamy weekend in each other's arms. But for two people whose worlds could nevercoexist, they know their time is short. That is, until their hearts get involved without their permission.

Author Bio

Mia Sheridan is a New York Times, USA Today, and Wall Street Journal bestselling author. Her passion is weaving love stories about people destined to be together. Mia lives in Cincinnati, Ohio with her husband. They have four children here on earth and one in heaven. Mia can be found online at www.miasheridan.com or www.facebook.com/miasheridanauthor.

Sourcebooks

On Sale: Jun 1/23

5.25 x 8

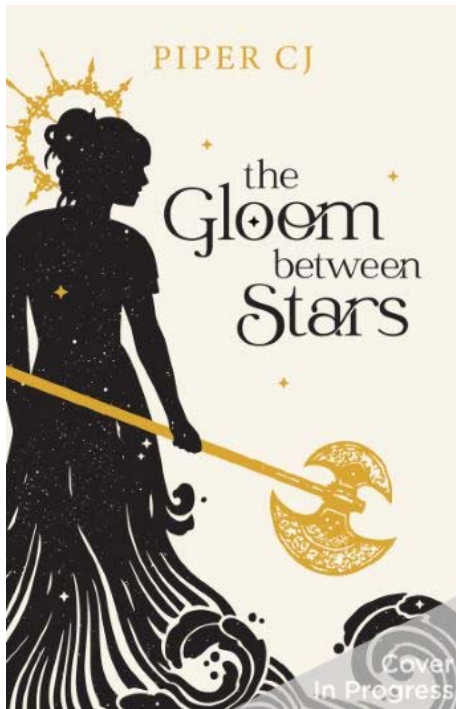
9781728285054 • \$24.99 • pb

Fiction / Romance / Contemporary

Notes

Promotion





LEAD

The Gloom Between Stars

by Piper CJ

Nox and Amaris are about to learn the high cost of getting everything they've dreamed.

Passion and politics become one in the same as the two women, torn apart and brought back together, learn to navigate life in a new kingdom. Victory means more than battles and bloodshed as they develop the lethal titles and powers thrust upon them. With the continent on the precipice of disaster, our heroines search for love, desire, and healing in Castle Gwydir, battling the demons within and without.

Author Bio

PIPER CJ, author of the bisexual fantasy series *The Night and Its Moon*, is a photographer, hobby linguist, and french fry enthusiast. She has an M.A. in Folklore, and a B.A. in Broadcasting, which she used in her former life as a morning show weather girl, hockey podcaster, and in audio documentary work. Now when she isn't playing with her dogs, Arrow and Applesauce, she's making TikToks, studying Vietnamese, or writing fantasy very, very quickly.

Sourcebooks

On Sale: Aug 29/23

5.5 x 8.5 • 576 pages

9781728270760 • \$27.99 • pb

Fic / Fantasy / Romantic

Series: The Night and Its Moon

Notes

Promotion





LEAD

The Kingmaker by Kennedy Ryan

Raised to rule, bred to lead, and weaned on a diet of ruthless ambition.

In a world of haves and have-nots, Maxim Cade's family and their oil empire have it all. . .and he wants nothing to do with it. At odds with his mogul father, he's determined to build his own empire, even if it means traveling far from home, painted as the black sheep.

Lennix Hunter is the exception to every one of Maxim's rules. At a protest for the oil pipeline that threatens to mar her ancestral land forever, they meet in a flurry of stars and sparks, and that one moment changes everything. But Maxim's family is the one stealing from hers, and his father is the man she hates most. He has to lie in order to have her once, and despite the truth, he'll do anything to keep her.

Even though Lennix tries to hate Maxim, too, their hearts are pointed in the same direction. The inexorable pull between them, across miles and years, will not be denied.

And neither will Maxim.

Author Bio

A RITA® and Audie® Award winner, USA Today bestselling author Kennedy Ryan writes for women from all walks of life, empowering them and placing them firmly at the center of each story and in charge of their own destinies. Her heroes respect, cherish, and lose their minds for the women who capture their hearts. Kennedy and her writings have been featured in Chicken Soup for the Soul, USA Today, Entertainment Weekly, Glamour, Cosmopolitan, TIME, O magazine, and many others. She is a wife to her lifetime lover and mother to an extraordinary son.

Find out more, at:
KennedyRyanWrites.com
Facebook.com/KennedyRyanAuthor
Twitter: @KennedyRWrites
Instagram: @KennedyRyan1

Sourcebooks
On Sale: May 1/23
5.5 x 8.25
9781728284903 • \$25.99 • pb
Fiction / Romance / Contemporary
Series: All The King's Men

Notes

Promotion





LEAD

The Rebel King by Kennedy Ryan

Raised to resist. Bred to fight. Survival is in their blood, and surrender is never an option.

Though surrender is what Maxim Cade demanded of Lennix Hunter's body and heart, she had other plans. They were fast-burning fascination and combustible chemistry, the son of an oil baron and the Apache daughter at war with his family, but she trusted him, and he turned out to be a thief who stole her love.

Still, if what they had was a lie, why had it felt so real?

Now, the man she swore to hate is about to have it all, and he wants Lennix at his side. But when the two of them are forced to face the unthinkable, their rocky foundation is tested, as is the invisible thread that seems to wind their fates together. As they navigate a treacherous political landscape in their quest for justice, Maxim and Lennix soon learn that power is a game, and they are merely the pawns and players. Facing insurmountable odds, will they win the world, or will they lose it all?

Author Bio

A RITA® and Audie® Award winner, USA Today bestselling author Kennedy Ryan writes for women from all walks of life, empowering them and placing them firmly at the center of each story and in charge of their own destinies. Her heroes respect, cherish, and lose their minds for the women who capture their hearts. Kennedy and her writings have been featured in Chicken Soup for the Soul, USA Today, Entertainment Weekly, Glamour, Cosmopolitan, TIME, O magazine, and many others. She is a wife to her lifetime lover and mother to an extraordinary son.

Find out more, at:
KennedyRyanWrites.com
Facebook.com/KennedyRyanAuthor
Twitter: @KennedyRWrites
Instagram: @KennedyRyan1

Sourcebooks
On Sale: Jun 1/23
5.5 x 8.25
9781728284934 • \$25.99 • pb
Fiction / Romance / Contemporary
Series: All The King's Men

Notes

Promotion





LEAD

Things We Left Behind

by Lucy Score

Author Bio

LUCY SCORE is a New York Times, USA Today and Wall Street Journal bestselling author. She grew up in a literary family who insisted that the dinner table was for reading and earned a degree in journalism. She writes full-time from the Pennsylvania home she and Mr. Lucy share with their obnoxious cat, Cleo. When not spending hours crafting heartbreaker heroes and kick-ass heroines, Lucy can be found on the couch, in the kitchen, or at the gym. She hopes to someday write from a sailboat, oceanfront condo, or tropical island with reliable Wi-Fi.

Sourcebooks

On Sale: Aug 29/23

5 x 8

9781728276120 • \$27.99 • pb

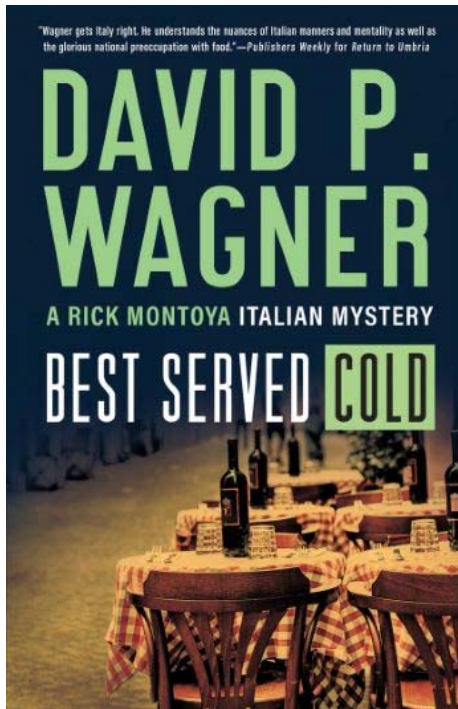
Fiction / Romance / Contemporary

Series: Knockemout

Notes

Promotion





Best Served Cold

by David Wagner

Revenge is a dish best served cold. . .

When an old college friend leading a religious tour in Assisi asks Rick Montoya to fill in for their guide who'd gone missing, Rick is happy to oblige. It sounds like the perfect relief after a tense translation job involving witness testimony against the mafia.

But when another guide is found dead, Rick's relaxing gig turns into an unofficial job translating the local police inspector's interviews. Or so he thinks, until he learns her English skills rival his own. Navigating the inspector's mysterious motives, a suspect from his own past, and a slew of seemingly pious pilgrims Rick fears he'll run out of time to kick back with a fine wine and savor the local cuisine.

Author Bio

David P. Wagner is a retired foreign service officer who spent nine years in Italy, learning to love things Italian. Other diplomatic assignments included Brazil, Ecuador, and Uruguay, as well as two hardship postings to Washington, D.C. He and his wife, Mary, live in Pueblo, Colorado.

Sourcebooks

On Sale: Aug 1/23

5.5 x 8.5 • 272 pages

9781728271019 • \$24.99 • pb

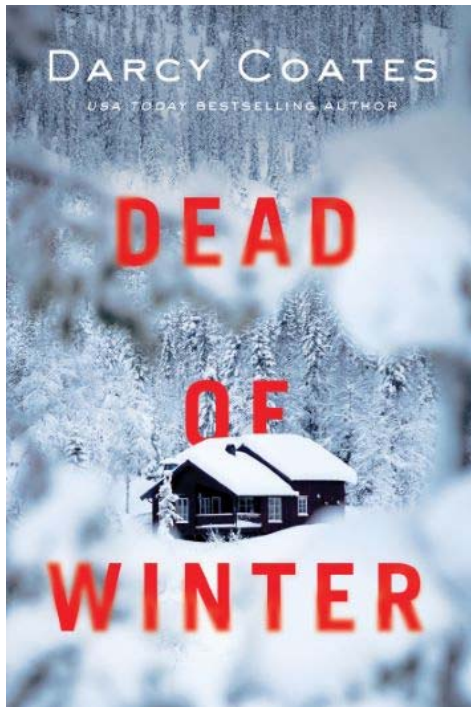
Fiction / Mystery & Detective / Amateur Sleuth

Series: Rick Montoya Italian Mysteries

Notes

Promotion





LEAD

Dead of Winter by Darcy Coates

From bestselling author Darcy Coates comes *Dead of Winter*, a remote cabin in the snowy wilderness thriller that will teach you to trust no one. There are eight strangers. One killer. Nowhere left to run.

When Christa joins a tour group heading deep into the snowy expanse of the Rocky Mountains, she's hopeful this will be her chance to put the ghosts of her past to rest. But when a bitterly cold snowstorm sweeps the region, the small group is forced to take shelter in an abandoned hunting cabin. Despite the uncomfortably claustrophobic quarters and rapidly dropping temperature, Christa believes they'll be safe as they wait out the storm.

She couldn't be more wrong.

Deep in the night, their tour guide goes missing. . . only to be discovered the following morning, his severed head impaled on a tree outside the cabin. Terrified, and completely isolated by the storm, Christa finds herself trapped with eight total strangers. One of them kills for sport. . . and they're far from finished. As the storm grows more dangerous and the number of survivors dwindles one by one, Christa must decide who she can trust before this frozen mountain becomes her tomb.

Don't have enough scary books on your shelves?

More bestselling horror from Darcy Coates:

- From Below
- Gallows Hill
- The Haunting of Ashburn House
- The Haunting of Blackwood House
- The Haunting of Rookward House
- The House Next Door
- The Folcroft Ghosts
- Hunted
- The Haunting of Gillespie House
- Parasite

Author Bio

Darcy Coates is the USA Today bestselling author of *Hunted*, *The Haunting of Ashburn House*, *Craven Manor*, and more than a dozen horror and suspense titles. She lives on the Central Coast of Australia with her family, cats, and a garden full of herbs and vegetables. Darcy loves forests, especially old-growth forests where the trees dwarf anyone who steps between them. Wherever she lives, she tries to have a mountain range close by.

Sourcebooks

On Sale: Jul 11/23

5.5 x 8.25 • 352 pages

9781728270258 • \$22.99 • pb

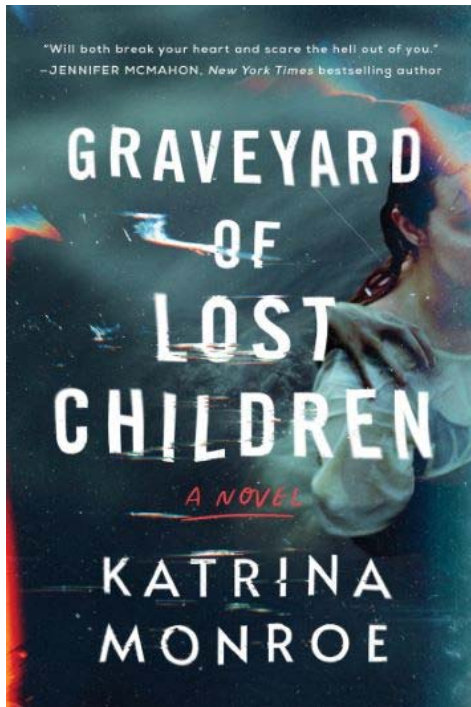
Fiction / Horror

Notes

Promotion



Raincoast Books



Graveyard of Lost Children

by Katrina Monroe

The best kind of story - one that will both break your heart and scare the hell out of you." - Jennifer McMahon, NEW YORK TIMES bestselling author for THEY DROWN OUR DAUGHTERS

ONCE SHE HAS HER GRIP ON YOU, SHE'LL NEVER LET YOU GO.

At four months old, Olivia Dahl was almost murdered. Driven by haunting visions, her mother became obsessed with the idea that Olivia was a changeling, and that the only way to get her real baby back was to make a trade with the "dead women" living at the bottom of the well. Now Olivia is ready to give birth to a daughter of her own. . . and for the first time, she hears the women whispering.

Everyone tells Olivia she should be happy. She should be glowing, but the birth of her daughter only fills Olivia with dread. As Olivia's body starts giving out, slowly deteriorating as the baby eats and eats and eats, she begins to fear that the baby isn't her daughter at all and, despite her best efforts, history is repeating itself.

Soon images of a black-haired woman plague Olivia's nightmares, drawing her back to the well that almost claimed her life - tying mother and daughter together in a desperate cycle of fear and violence that must be broken if Olivia has any hope of saving her child. . . or herself.

Baby Teeth meets The Invited in a haunting story of the sometimes-fragile connection between a woman's sense of self and what it means to be a "good" mother.

A haunting, unflinching portrait of new motherhood infused with bone (...)

Author Bio

Katrina Monroe lives in Minnesota with her wife, two children, and Eddie, the ghost that haunts their bedroom closets. Follow her on twitter @authorkatm.

Sourcebooks

On Sale: May 9/23

5.5 x 8.25 • 368 pages

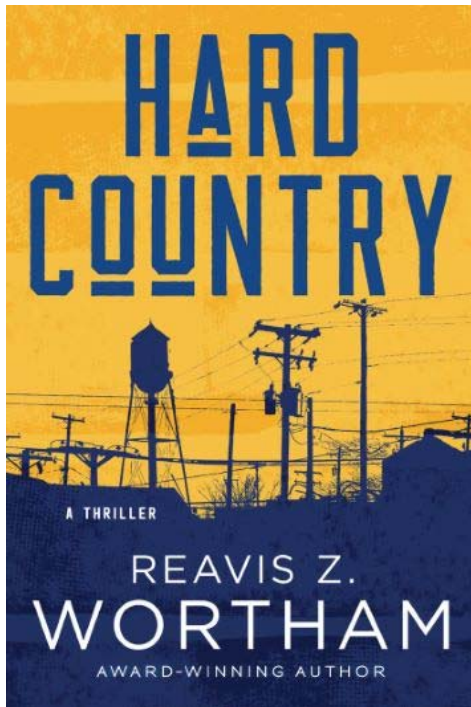
9781728248233 • \$24.99 • pb

Fiction / Horror

Notes

Promotion





Hard Country

A Thriller

by Reavis Wortham

There is no peace in the hard country

Tucker Snow is as tough as they come, hardened by decades working as an undercover narcotics agent for the Texas Department of Public Safety. Through special dispensation from the governor, he and his brother Harley cut a wide swath through the criminal element of Northeast Texas. But tragedy comes calling after taking a dream job as a special ranger with the Texas and Southwestern Cattle Raisers Association, when Tucker's wife and toddler are killed in a horrific traffic accident caused by a drug addled felon. Close to breaking, Tucker sets his badge aside to move his surviving teenage daughter outside of Ganther Bluff, a quiet town with enough room for them to mourn their unexpected loss.

But peace doesn't last long for a man like Tucker Snow. Instead of settling into small-town life to heal from such an unimaginable loss, a fresh kind of hell hits them with full force.

Crimes and secrets strangle this rural community, and when a new form of meth with the street name of gravel gets too close to home, it's enough for Tucker to put his badge back on and call Harley for help. The town will ultimately be better off with him as a resident lawman, but this unforgiving landscape will threaten everything Tucker holds dear.

Author Bio

Reavis Z. Wortham is the critically acclaimed author of the Red River Mysteries set in rural Northeast Texas in the 1960s. As a boy, he hunted and fished the river bottoms near Chicota, the inspiration for the fictional location. He is also the author of a thriller series featuring Texas Ranger Sonny Hawke. He teaches writing at a wide variety of venues including local libraries and writers' conferences. Wortham has been a newspaper columnist and magazine writer since 1988, and has been the Humor Editor for Texas Fish and Game Magazine for the past twenty-two years. He and his wife, Shana, live in Northeast Texas. Check out his website at www.reaviszwortham.com

Sourcebooks

On Sale: Aug 2/23

5.5 x 8.25 • 400 pages

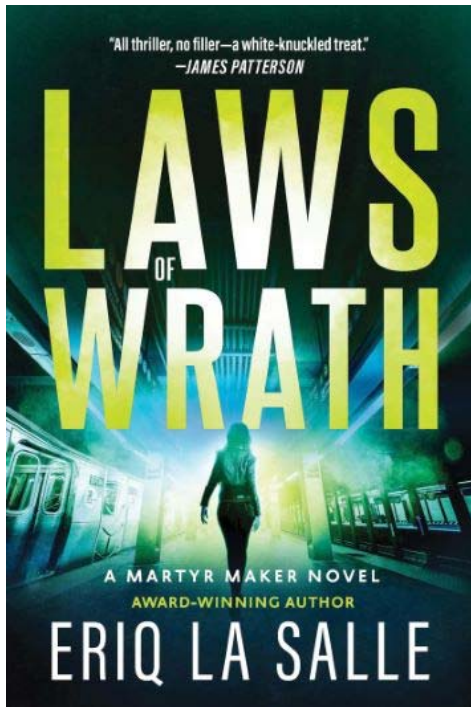
9781728256702 • \$24.99 • pb

Fiction / Crime

Notes

Promotion





Laws of Wrath

by Eriq La Salle

All thriller; no filler - a white-knuckled treat" - James Patterson

THERE ARE THOSE WHO FIGHT THE DEVIL WITHIN THEM. AND THOSE WHO WORSHIP IT.

The butchered body of a cross-dresser is found in a dumpster in Chinatown, New York. Nothing out of the ordinary for the NYPD, except the victim just so happens to be the brother of Detective Phee Freeman. At first the slaying looks like the random act of a vicious killer, but when it is discovered that there are similar ritualistic murders throughout the city, Phee and his partner Quincy Cavanaugh, along with FBI Agent Janet Maclin, have no choice but to join forces with Dr. Daria Zibik, a brilliant but deranged Satanic cult leader. Phee and his partners must do everything they can to stop the bloodshed and determine if the evil they are hunting and the psychopath they are trusting could actually be one and the same.

Actor, director, producer and award-winning author Eriq La Salle does it again in the second novel of his gritty, tension-packed Martyr Maker series, which will have readers reflecting on the struggle of good versus evil and why it's not always so easy to do the right thing.

Praise for LAWS OF WRATH :

"Fast-paced. . . Characters are richly textured [and] none is without faults.

Sets the hook for the captivating series." - Kirkus Reviews

"Penetrating and incisive. . . Laws of Wrath is outstanding fiction, with its basis firmly planted in the nonfictional evil man is capable of committing." - Lee Ashford, Readers' Favorite

Sourcebooks

On Sale: May 2/23

5.5 x 8.25 • 352 pages

9781728261034 • \$24.99 • pb

Fiction / Crime

Series: Martyr Maker

Notes

Promotion

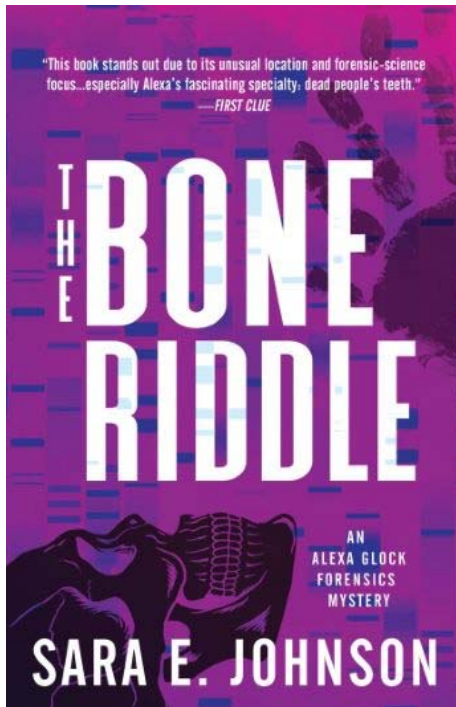
Author Bio

ERIQ LA SALLE is an actor, director, producer, and author best known to worldwide television audiences for his portrayal of the commanding Dr. Peter Benton in the award-winning, critically acclaimed medical drama, E.R. He was raised in Hartford, Connecticut, and educated at Juilliard and NYU's Tisch School of the Arts.



9 781728 261034





The Bone Riddle

by Sara E. Johnson

Cape Kidnappers, New Zealand: On a cliff overlooking the ocean and one of the largest gannet bird colonies in the world, American CEO Harlan Quinn has built his Plan B" - a lavish estate, complete with an underground doomsday bunker. When the cleaning staff finds a body within, it appears the victim died of natural causes but advanced facial decomposition leaves him unidentifiable. It can't be Quinn, according to his property manager/mistress and his wife back in the states, both of whom insist that the tech mogul is in Germany on business. But the uncooperative wife will not allow the police to search the main house for signs that the billionaire was on site, and so forensic odontologist Alexa Glock is called in to identify the body via dental records. Teeth never lie; the victim is indeed Harlan Quinn. All that's left is an autopsy to determine the cause of death.

But something odd in the deceased's mouth sets Alexa and the team on a new track - to find Quinn's murderer. As they work to narrow the suspect field, a second homicide - and a stolen cache of weapons from a locked room in the bunker - ramp up the investigation and the risk to Alexa's life. Will she be able to solve this particular riddle before she becomes victim #3?

With cutting-edge forensic technology, a stunning setting, and a deepening relationship between Alexa and D.I. Bruce Horn, THE BONE RIDDLE will delight science geeks, armchair travelers, and procedural buffs who like a little romance with their body count.

Author Bio

Sara E. Johnson lives in Durham, North Carolina. She worked as a middle school reading specialist and local newspaper contributor before her husband lured her to New Zealand for a year. Her first novel, *Molten Mud Murder*, is the result, followed by *The Bones Remember* and *The Bone Track*.

Sourcebooks

On Sale: Jun 13/23

55 x 8.5 • 336 pages

9781728257341 • \$24.99 • pb

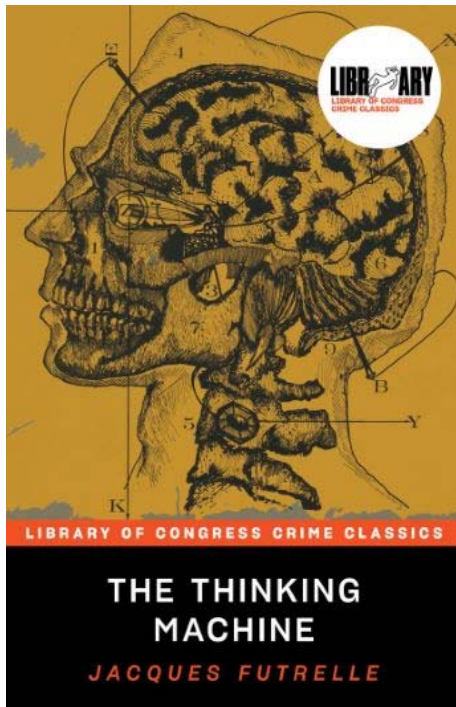
Fiction / Mystery & Detective / Women Sleuths

Series: Alexa Glock Forensics Mysteries

Notes

Promotion





Sourcebooks

On Sale: Jun 6/23

5.5 x 8.5 • 304 pages

9781728276083 • \$21.99 • pb

Fiction / Mystery & Detective / Short Stories

Series: Library of Congress Crime Classics

Notes

Promotion



The Thinking Machine

by Jacques Futrelle, edited by Leslie S. Klinger

This entertaining short story collection features Professor Augustus S.F.X. Van Dusen, nicknamed "The Thinking Machine" - a brilliant but abrasive scientist who proves time and again that any puzzle can be solved by the application of logic.

Could you beat the world chess master in one try if you'd never played or studied the game? Or plot and execute a successful escape from an inescapable prison cell? And could you do it at the turn of the twentieth century, without benefit of modern technology? Sound impossible?

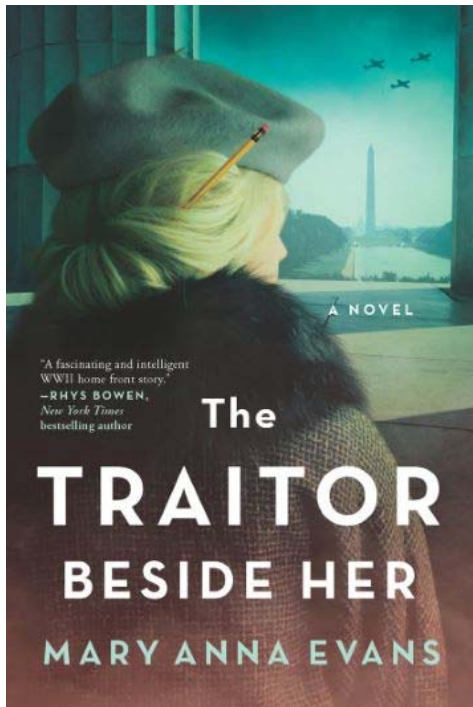
Never use that word in the presence of The Thinking Machine - it angers him greatly and does not give him a favorable impression of the user. Professor Augustus S.F.X. Van Dusen knows that both feats are indeed possible, having accomplished them himself. But he also applies his superior intellect and deductive reasoning to more official ends - namely helping the police solve "impossible" crimes.

With assistance from reporter Hutchinson Hatch, who is only too happy to suggest potential cases and then write about the outcome, The Thinking Machine proves that no puzzle is unsolvable - not corporate espionage, nor a kidnapped baby, nor a pilfered necklace, And certainly not a "perfect murder."

Author Bio

LESLIE S. KLINGER is the two-time Edgar® winning editor of New Annotated Sherlock Holmes and Classic American Crime Fiction of the 1920s. He has also edited two anthologies of classic mysteries and, with Laurie R. King, five anthologies of stories inspired by the Sherlock Holmes Canon. Klinger is the series editor of Library of Congress Crime Classics, a partnership of the Library of Congress and Poisoned Pen Press/Sourcebooks. He is a former Chapter President of the SoCal Chapter of the Mystery Writers of America and lives in Malibu, California.





The Traitor Beside Her

A Novel

by Mary Anna Evans

Trust no one.

Justine Byrne can't trust the people working beside her. She can't trust the women who live down the hall. She can't even trust the man in front of her, and she just might love him.

Inside the walls of Arlington Hall, a former women's college in Virginia that has been taken over by the United States Army, hundreds of men and women sit, bent over stacks of paper. Pencils in hand, they labor to decode countless pieces of communication coming from the Axis powers. Justine works among them, handling the most sensitive secrets of World War II. But she isn't there to decipher German codes. She's there to find a traitor.

It's difficult for Justine to imagine any of the cryptanalysts as a spy. They are some of the most brilliant people in America - and some of the most eccentric - and they understand the stakes: A single secret in enemy hands could end thousands of lives. Someone has decided to share the Allies' secrets anyway. Justine keeps her guard up and her ears open, confiding only in her best friend, Georgette, a fluent speaker of Choctaw who is training to work as a code talker. Justine tries to befriend each suspect, believing that the key to finding the spy lies not in cryptography but in understanding how code breakers tick. A frightening attack is her first clue that someone is onto her, making it clear that, along with fighting to save her country, Justine is racing a ticking clock counting down the seconds of her own life.

THE *TRAITOR BESIDE HER* is (...)

Author Bio

Mary Anna Evans is the author of the Faye Longchamp archaeological mysteries, which have received recognition including the Benjamin Franklin Award, the Mississippi Author Award, and three Florida Book Awards bronze medals. She is an assistant professor at the University of Oklahoma, where she teaches fiction and nonfiction writing. Winner of the 2018 Sisters in Crime (SinC) Academic Research Grant

Sourcebooks

On Sale: Jun 6/23

5.5 x 8.5 • 368 pages

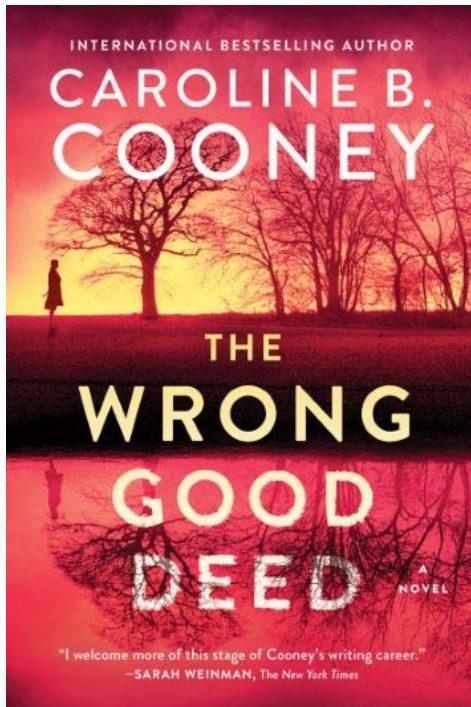
9781464215582 • \$24.99 • pb

Fiction / Mystery & Detective / Women Sleuths

Notes

Promotion





The Wrong Good Deed

A Novel

by Caroline B. Cooney

She thought she had left that life behind forever. She was wrong.

1964: Christaphine is twenty years old, newly married, and determined to make a home and a life for her and her husband, Tommy. But when Christaphine discovers Tommy and his friends on the verge of committing a horrible crime, she does what she has to do to stop them. Afterwards, she knows she can't ever go home again - so she disappears.

50 years later: When Clemmie's neighbor, Muffin, drags her from Sunday morning service at Trinity Hill Church, convinced that the man she's just spotted across the aisle is a dangerous figure from her past, at first Clemmie thinks she's being dramatic. But as Muffin reveals to Clemmie what happened in the middle of a field in South Carolina five decades ago, Clemmie realizes her friend has been keeping dark secrets - just as Clemmie herself has. And these secrets that belong to both women are not the kind that can be revealed without dire consequences.

Author Bio

CAROLINE B. COONEY is the bestselling author of teen suspense, mystery, and romance novels that have sold over 15 million copies worldwide, including *The Face on the Milk Carton*.

Sourcebooks

On Sale: May 2/23

5.5 x 8.25 • 272 pages

9781728269863 • \$24.99 • pb

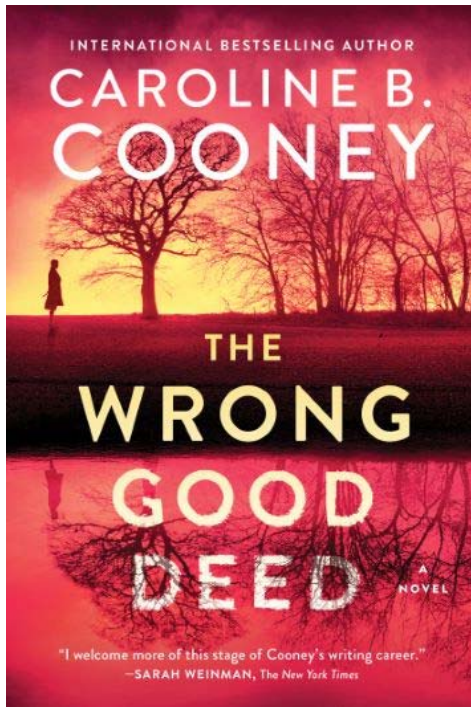
Notes

Promotion



9 781728 269863





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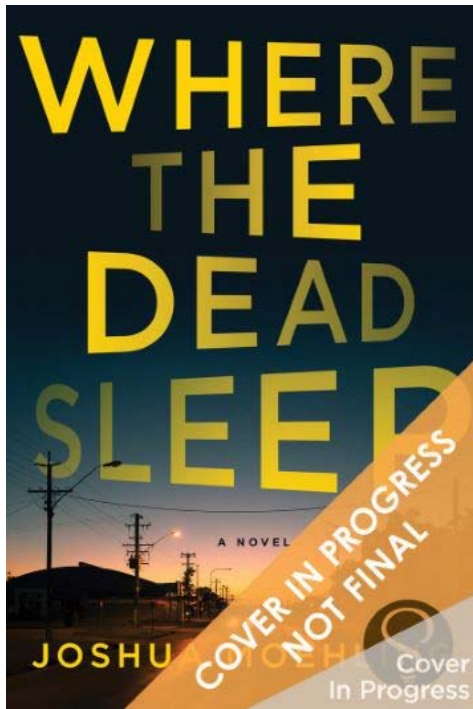
6.25 x 9.25 • 272 pages

9781728274782 • \$39.99 • cl

Notes

Promotion





Where the Dead Sleep

A Novel

by Joshua Moehling

A dark and complex mystery that will consume you." -Julie Clark, NEW YORK TIMES bestselling author of THE LAST FLIGHT, for AND THERE HE KEPT HER

A small town's dark secrets turn deadly. . .

When an early morning call brings Deputy Ben Packard to the scene of a home invasion, he finds Bill Sandersen shot in his bed. Bill was a well-liked local who chased easy money his whole life, leaving bad debts and broken hearts in his wake. Everyone Packard talks to has a story about Bill, but no one has a clear motive for wanting him dead. The business partner. The ex-wife. The current wife. The high-stakes poker buddies. Any of them - or none of them - could be guilty.

As the investigation begins, tragedy strikes the Sheriff's department, forcing Packard to make a difficult choice about his future: step down as acting Sheriff and pursue the quiet life he came to Sandy Lake in search of, or subject himself to the scrutiny of an election for the full-time role of Sheriff, a job he's not sure he wants.

There's a hidden history to Sandy Lake that Packard, ever the outsider, can't see. Bad blood and old secrets run deep. But an attempt on Packard's life means he's getting uncomfortably close to the dangerous legacy of the quiet Minnesota town. And someone will do anything to keep it hidden.

Author Bio

JOSHUA MOEHLING grew up as an Army brat and moved all over the US and Germany. After attending college in South Dakota and Mankato, MN he moved to Minneapolis and began a career in the medical device industry. AND THERE HE KEPT HER is his first novel.

Sourcebooks

On Sale: Jun 13/23

6.25 x 9.25 • 320 pages

9781728247922 • \$39.99 • cl

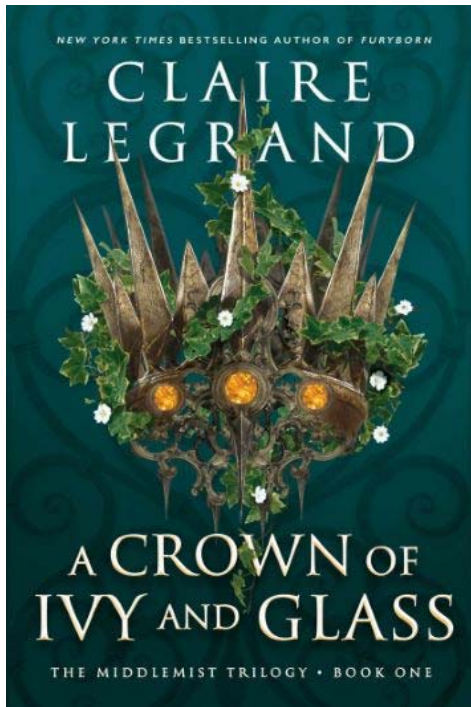
Fiction / Thrillers

Series: Ben Packard

Notes

Promotion





LEAD

A Crown of Ivy and Glass

by Claire Legrand

New York Times bestselling author of *Furyborn*, Claire Legrand, makes her stunning adult debut with *A Crown of Ivy and Glass*, a lush, sweeping fantasy-romance series starter that's perfect for fans of *Bridgerton* and *A Court of Thorns and Roses*.

Lady Gemma Ashbourne seemingly has it all. She's young, gorgeous, and rich. Her family was Anointed by the gods, blessed with incredible abilities. But underneath her glittering facade, Gemma is deeply sad. Years ago, her sister Mara was taken to the Middlemist to guard against treacherous magic. Her mother abandoned the family. Her father and eldest sister, Farrin - embroiled in a deadly blood feud with the mysterious Bask family - often forget Gemma exists.

Worst of all, Gemma is the only Ashbourne to possess no magic. Instead, her body fights it like poison. Constantly ill, aching with loneliness, Gemma craves love and yearns to belong.

Then she meets the devastatingly handsome Talan d'Astier. His family destroyed themselves, seduced by a demon, and Talan, the only survivor, is determined to redeem their honor. Intrigued and enchanted, Gemma proposes a bargain: She'll help Talan navigate high society if he helps her destroy the Basks. According to popular legend, a demon called The Man With the Three-Eyed Crown is behind the families' blood feud - slay the demon, end the feud.

But attacks on the Middlemist are increasing. The plot against the Basks quickly spirals out of control. And something immense and terrifying is awakening in Gemma, drawing her inexorably toward Talan and an all-consuming passion that could destroy her - or show her the true strength of her power at last.

Author Bio

Claire Legrand is the author of several novels for children and young adults, most notably *The Cavendish Home for Boys and Girls*, *Some Kind of Happiness*, *Winterspell*, and *The Empirium Trilogy*. Claire lives in New Jersey. Visit claire-legrand.com.

Sourcebooks

On Sale: May 9/23

6 x 9 • 560 pages

9781728283746 • \$24.99 • pb

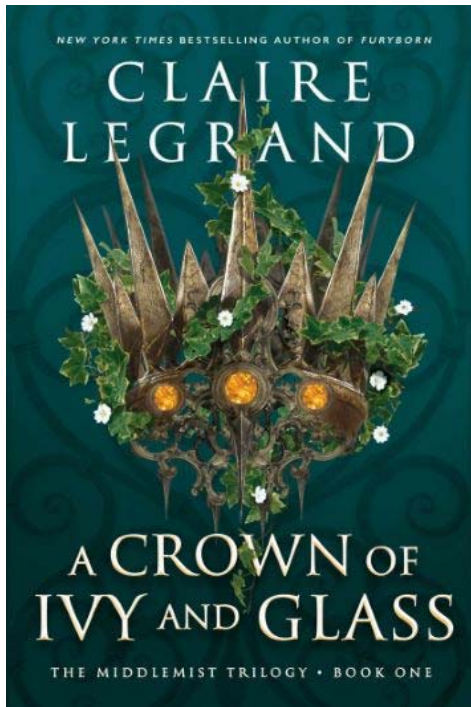
Fic / Fantasy / Romantic

Series: The Middlemist Trilogy

Notes

Promotion





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Sourcebooks

On Sale: May 9/23

6.25 x 9.25 • 560 pages

9781728231990 • \$37.99 • cl

Fic / Fantasy / Romantic

Series: The Middlemist Trilogy

Notes

Promotion





LEAD

All We Weren't

by Alice Kellen

Devastating grief has a way of overshadowing love. . .
Nineteen-year-old Leah Jones is struggling to cope after she and her twenty-nine-year-old brother Oliver lose their parents in a horrific car accident. Leah was in the car and is plagued by nightmares, intense grief and numbness - her life as she knew it is over. Oliver hates leaving Leah at a time like this, but the only way he can support them both is if he transfers to Sydney for work. He implores his best friend Axel Nguyen to let her move in with him in their hometown of Byron Bay and watch over her while he's away. Oliver, Axel and Leah have known each other since childhood. For Axel, seeing Leah so broken and devastated is a punch to the gut. He promises himself he'll do anything to bring the light back into her eyes, no matter what it takes. He would be shocked to learn that Leah is in love with him. Little by little, as he does everything in his power to bring Leah back to the sparkling, energetic beauty he's known, he falls in love with her, too, even though he feels that he's betraying Oliver's trust. Before he can tell him, Oliver finds out about Leah and Axel's relationship and is outraged. He insists Axel prove his love by letting her go so she can fully experience life at college. Axel agrees to break both of their hearts, and stoically breaks up with Leah so she can start a new life, not realizing the repercussions that will affect them both for years to come.

Author Bio

Alice Kellen is an international bestselling author of romantic fiction. She writes of universal, crossover themes such as love, friendship, insecurities, losses and longing for a brighter future, connecting with younger and older readers alike. She lives in Valencia, Spain with her family.

Sourcebooks

On Sale: Aug 29/23

5.5 x 8.25 • 416 pages

9781728283760 • \$24.99 • pb

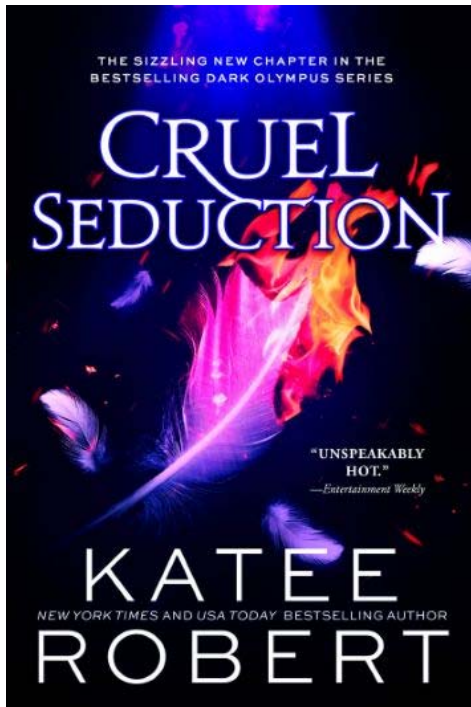
Fiction / Romance / New Adult

Series: Let It Happen

Notes

Promotion





LEAD

Cruel Seduction

by Katee Robert

Greek myths get unspeakably hot new twists in this contemporary series from New York Times and USA Today bestselling author Katee Robert

He was my enemy. My lover. My husband.

And the one man I swore by all Olympus I would destroy.

A scorchingly hot modern retelling of Aphrodite and Hephaestus (and Pandora and Adonis).

Aphrodite has never flinched at getting her perfectly manicured hands dirty, and she's not about to start now - even if that means marrying Olympus's enemy number one, the new Hephaestus. She has a wicked plan to keep her deady new husband off-balance, seducing the one person he seems to care about most in this world: Pandora, a woman as beautiful as she is sweet. Two can play the seduction game, however, and Hephaestus is all too happy to put his new wife in her place. Her ex, Adonis, seems like he'll do the trick. It doesn't hurt that he's gorgeous in the way of fallen angels, either. The only problem with using seduction as a weapon? Hearts are all too quick to get involved. With Hephaestus and Aphrodite trading venomous strikes that feel a whole lot like (...)

Sourcebooks

On Sale: Aug 8/23

5.5 x 8.25 • 368 pages

9781728262765 • \$24.99 • pb

Fiction / Romance / Contemporary

Series: Dark Olympus

Notes

Promotion

Author Bio

Katee Robert is a New York Times and USA Today bestselling author of contemporary romance and romantic suspense. Entertainment Weekly calls her writing unspeakably hot." Her books have sold over a million copies. She lives in the Pacific Northwest with her husband, children, a cat who thinks he's a dog, and two Great Danes who think they're lap dogs.





Curves for Days

by Laura Moher

Sexy Southern romance with a charming plus-size heroine and a gruff, grumpy hero.

Rose Barnes feels best when she's invisible - so when she wins the lottery and is suddenly thrust into the spotlight where everyone wants something, hiding out in a small town in North Carolina makes perfect sense.

Rose has got curves for days - and to Angus, the big, burly, bearded contractor working on her new house, she's just plum perfect. Rose is surprised to learn that Angus has a sense of humor and a soft heart beneath that gruff exterior. Angus can't help noticing that wacky Rose is smart, funny, and has a sexy underwear stash that leads him to some very unprofessional fantasies.

As their unlikely friendship becomes love, Angus becomes determined to help Rose overcome what he believes are financial troubles. But with Angus's need to always give more than he receives, Rose's multi-million secrets could mean the end of a beautiful relationship.

Author Bio

Laura Moher is a former associate professor of sociology at the University of South Carolina Upstate in Spartanburg, South Carolina. Her head is full of stories of flawed people who come together to make each other - and their world - a better place. She has deep roots in the South, having grown up in the Louisville, Kentucky area before moving to the western Carolinas where she taught for eleven years. She has also lived in Colorado and Illinois and is now happily settled near her son in Minnesota.

Sourcebooks

On Sale: Aug 22/23

5.5 x 8.25 • 352 pages

9781728278056 • \$24.99 • pb

Fiction / Romance / Romantic Comedy

Notes

Promotion





LEAD

Eyes on Me

by Sara Cate

He's a voyeur - it means he likes to watch.

In Garrett Porter's line of work, that's a gift. As one of the owners of the Salacious Players' Club, he's comfortable on the sidelines and has always felt that he works best alone.

Until he stumbles on a cam girl app and finds himself watching the one person he should stay far away from: his step-sister, Mia Harris.

There are three big problems with this.

- One, Mia and Garrett can't stand each other.
- Two, she has no idea he's the man on the other end of the video.
- And three, he's hooked - on the app, and on her.

Now Mia has awakened something in Garrett. She has him wanting and doing things he said he'd never do again, like opening up and getting attached. He's falling for her, but she's falling for the man he's only pretending to be.

If he's going to make this right, he has to do more than just watch.

Author Bio

Sara Cate is a USA Today bestselling author of contemporary, forbidden romance. Her stories are known for their heart-wrenching plots and toe-curling heat. Living in Arizona with her husband and kids, Sara spends most of her time working in her office with her Goldendoodle by her side.

You can find more information about her at www.saracatebooks.com.

Sourcebooks

On Sale: Jun 13/23

5.5 x 8.25 • 320 pages

9781728282145 • \$24.99 • pb

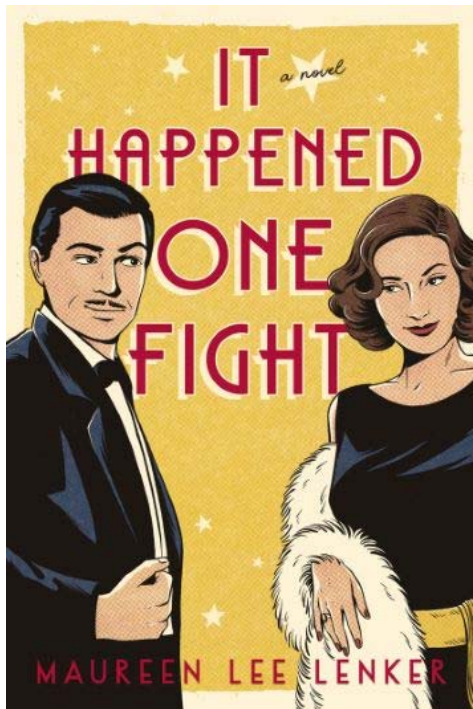
Fiction / Romance / Contemporary

Series: Salacious Players' Club

Notes

Promotion





It Happened One Fight

by Maureen Lenker

From ENTERTAINMENT WEEKLY writer Maureen Lee Lenker comes a swoony romantic comedy set in the world of 1930s film.

Joan Davis is a movie star, and a damned good actor, too. Unfortunately, Hollywood only seems to care when she stars alongside Dash Howard, Tinseltown's favorite leading man and a perpetual thorn in Joan's side. She's sick of his hotshot attitude, his never-ending attempts to get a rise out of her - especially after the night he sold her out to the press on a studio-arranged date. She'll turn her career around without him. She's engaged to Hollywood's next rising star, after all, and preparing to make the film that could finally get her taken seriously. Then, a bombshell drops: thanks to one of his on-set pranks gone wrong, Dash and Joan are legally married.

Reputation on the line, Joan agrees to star alongside Dash one last time and move production to Reno, where divorce is legal after a six-week residency. But between on-set shenanigans, fishing competitions at Lake Tahoe, and intimate moments leaked to the press, Joan begins to see another side to the man she thought she had all figured out, and it becomes harder and harder to convince the public - and herself - that her marriage to Dash is the joke it started out as.

Author Bio

Maureen Lee Lenker is an award-winning journalist who has written for Turner Classic Movies, The Hollywood Reporter, Ms. Magazine, and more. She currently writes for Entertainment Weekly, where she maintains a quarterly romance review column, Hot Stuff, in addition to covering film, TV, and theater. She is a proud graduate of both the University of Southern California and the University of Oxford. Maureen calls Los Angeles home, where you'll either find her at the beach or in a repertory movie-house, if she's not writing.

Sourcebooks

On Sale: Jul 11/23

5.5 x 8.25 • 384 pages

9781728267883 • \$24.99 • pb

Fiction / Romance / Romantic Comedy

Notes

Promotion





Sourcebooks

On Sale: Aug 15/23

5.5 x 8.25 • 304 pages

9781728264264 • \$24.99 • pb

Fiction / Romance / Gay

Series: Boy Meets Boy

Notes

Promotion



LEAD

New Adult

by Timothy Janovsky

13 Going on 30 meets One Last Stop in an LGBTQIA+ Romance by author Timothy Janovsky

Nolan Baker wants it all by the time he's thirty. Too bad he's single, barely able to cover his own expenses, and still paying his dues at a prominent NYC comedy club. When an invitation for his sister's engagement party arrives, Nolan takes it as a wakeup call. It's time to quit comedy and make good on his practical dreams - most importantly, asking Drew Techler, his childhood best friend, to be his date.

But right as Nolan is about to give it all up, he's asked to fill a last-minute spot for a famous comedian. Score! He crushes his set, but stands Drew up, misses his sister's big day, and disappoints his entire family. After major blowouts with everyone he loves, Nolan desperately wishes on a set of gag gift "magical healing crystals" to just skip to the good part of life. When he wakes the next morning, it's seven years later, he's a twenty-nine-year-old successful comedian, and he has everything he always thought he wanted. Everything, that is, except his friends and family, none of whom are taking his future self's calls.

With nowhere else to turn, Nolan sets out to find the only person he trusts to help him. Except Drew is all grown up now, too. He's hot, successful. . . and hates Nolan's guts. As Nolan works to get back to his younger self - and the life he so carelessly threw away - he finds himself working to regain Drew's trust, friendship, and maybe, ultimately, his heart.

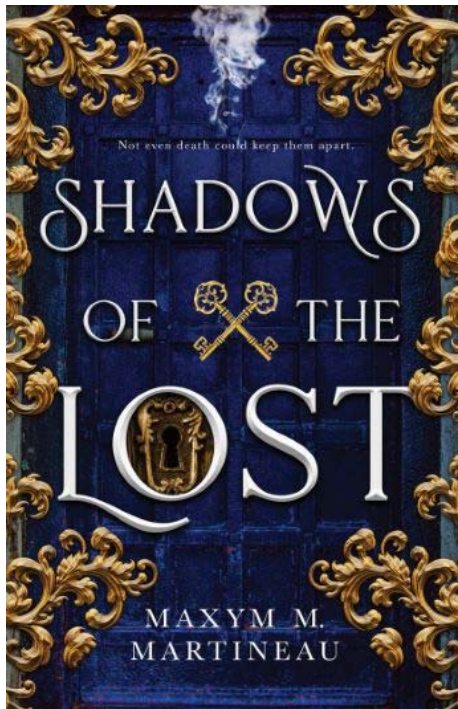
Author Bio

Timothy Janovsky is a queer, multidisciplinary storyteller from New Jersey. He holds a bachelor's degree from Muhlenberg College and a self-appointed certificate in rom-com studies (accreditation pending). When he's not daydreaming about young Hugh Grant, he's telling jokes, playing characters, and writing books. He's the author of *Never Been Kissed* and *You're a Mean One*, Matthew Prince. Follow him on social media for more.



9 781728 264264





LEAD

Shadows of the Lost

by Maxym M. Martineau

Once I was a Charmer, and the magical beasts of this world loved me. Now I'm something else. Something darker.

As a member of the Charmers Council, Gaige is able to form lasting bonds with the magical beasts of his world. At least, he used to be a Charmer. . . until he died and was brought back as one of the immortal assassins of Cruor. Now he's far more dangerous.

. . . and something beyond the shadows lies in wait, hungry to claim him for its own.

As leader of the assassins, all Kost can do is watch as Gaige struggles with his new life day by day. He wants nothing more than to ease Gaige's suffering - yet how can he when they both know he's the one responsible? There is nothing left but bitter memories and hopeless longing between them. Yet when Gaige is lost to the shadow realm, Kost is the only one with any chance of bringing him back: if they can learn to trust (and perhaps love) each other again.

Intense, compelling, and impossible to put down, *Shadows of the Lost* is perfect for readers looking for:

- epic New Adult fantasy series with a bit of spice
- a unique premise, delicious angst, and a plot to die for
- high fantasy with paranormal and romance elements

Author Bio

Maxym M. Martineau is an article and social media writer by day and a fantasy romance author by night. When she's not getting heated over broken hearts, she enjoys playing video games, sipping a well-made margarita, competing in just about any sport, and of course, reading. She earned her bachelor's degree in English Literature from Arizona State University and lives with her husband and fur babies in Arizona. Connect with her at MaxymMartineau.com or through Twitter and Instagram@maxymmckay.

Sourcebooks

On Sale: Jun 6/23

5.5 x 8.25 • 384 pages

9781728211121 • \$24.99 • pb

Fic / Fantasy / Romantic

Series: Guild of Night

Notes

Promotion



Raincoast Books



LEAD

Sugar, Spice, and Can't Play Nice

by Annika Sharma

PAYAL IS A GIRL ON THE VERGE - OF LIVING A LIFE SHE'S ALWAYS DREAMT OF, BECOMING A RISING STAR IN FASHION, AND. . . OF MARRIAGE?!

When her parents insist she marry fellow Londoner and serial dater Ayaan Malhotra in order to save their company, Payal has a choice: stick it to her dysfunctional family but put her hard-earned fashion success on hold. . . or get engaged to save her family's fortune and rescue her own dream-come-true life.

Ayaan has always been seen as the reckless spare to his brother, the golden child heir to their parents' company. A little wild, a little broken, and desperate to prove himself, Ayaan agrees to get engaged to Payal - on the condition that he gets 50 percent stake in his parents' company.

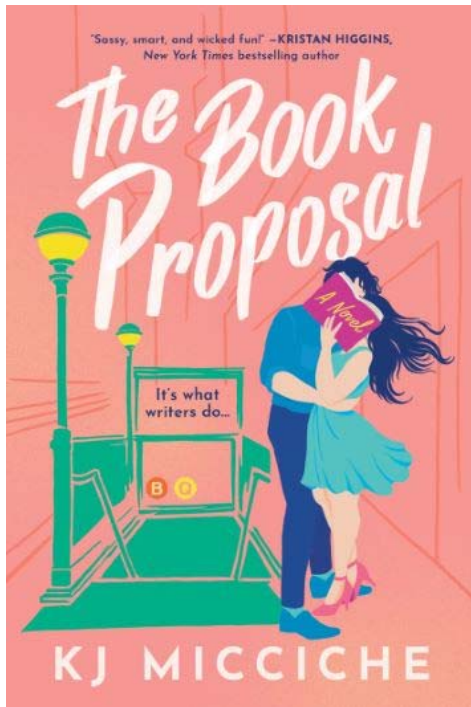
Neither Payal nor Ayaan anticipate the challenges of keeping their respective agendas behind the engagement to themselves: a meddlesome grandmother, a spurned ex-girlfriend, two families with stakes of their own, a fashion brand on the line, and, unexpectedly, actually liking each other. But as the two race toward an impending engagement ceremony date, they realize that maybe they aren't just in this for business. . . and perhaps, love is in the cards after all.

Author Bio

Born a Delhi girl and raised in central Pennsylvania, Annika Sharma followed her Penn State-loving heart to college at University Park. There, she graduated with two Bachelor's degrees in Biobehavioral Health and Neuro-Psychology. A career teaching young children soon followed. After two years of working in early education, she paused for a summer before embarking on her graduate school career, and wrote her first novel, *The Rearranged Life*, during her time off. Shortly after earning her Master's degree in Early Childhood Special Education, she was signed to Donaghy Literary Agency - a move that landed her a book deal for *The Rearranged Life*.

After earning an additional Master's degree in Public Health from George Washington University, Annika moved to New York City, where she now works as a communications project manager for an Ivy League university. She is also the founding co-host of a podcast called *The Woke Desi*, which aims to shed light on taboo topics only whispered about in South Asian communities. A Gryffindor and Scorpio, she is a lover of endless conversations, college football, traveling, books, all things related to England, dancing, superhero movies and coffee.





The Book Proposal

by KJ Micciche

DESPERATELY SEEKING FICTIONAL HERO FOR HAPPILY EVER AFTER Broke up with, broke, and with a vicious case of writer's block, romance writer Gracie Landing is a hot mess. She can hardly be blamed for drinking one (or a few) too many when out with her besties in an attempt to cheer herself up. Sometime in the foggy wee hours, she recklessly emails her unrequited high-school crush, Colin Yarmouth, who is now a successful attorney harboring regrets of his own. When she receives an intriguingly friendly (not to say flirty) response, her acute embarrassment is overcome only by her fervent curiosity - what would a hottie like Colin be like as a grown up? The two forge an unlikely friendship that's unmistakably headed for more. Colin's tales of his own woeful break-up become fodder for Gracie's fertile imagination and her current work-in-progress takes off. With the deadline looming and her checking account dwindling, Gracie has no idea that borrowing Colin's story could wreak havoc on her life, her career, and her own chance at happily-ever-after

Sassy, smart and wicked fun!" - Kristan Higgins, NEW YORK TIMES bestselling author

Author Bio

K.J. Micciche is a novelist who hails from Queens, New York, where she spent countless hours curled up under the covers, reading The Babysitters Club as a kid by flashlight way past her bedtime. K.J. runs a non-profit organization that teaches kids with dyslexia how to read. Proud mom of two little girls, she and her family live on Long Island and summer in Cape Cod.

Sourcebooks

On Sale: May 16/23

5.5 x 8.25 • 336 pages

9781728264721 • \$24.99 • pb

Fiction / Romance / Romantic Comedy

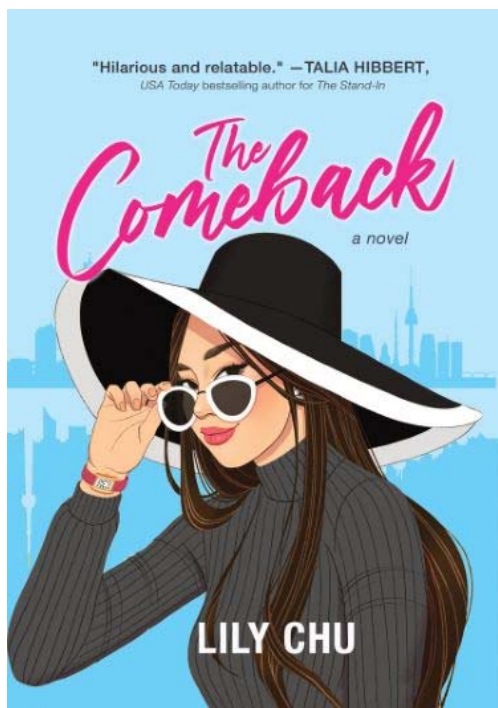
Notes

Promotion



9 781728 264721





The Comeback

by Lily Chu

Ariadne Hui thrives on routine. So what if everything in her life is planned down to the minute: that's the way she likes it. If she's going to make partner in Toronto's most prestigious law firm, she needs to stay focused at all times. But when she comes home after yet another soul-sucking day to find an unfamiliar, gorgeous man camped out in her living room, focus is the last thing on her mind. Especially when her roommate explains this is Choi Jihoon, her cousin freshly arrived from Seoul to mend a broken heart. He just needs a few weeks to rest and heal; Ari will barely even know he's there. (Yeah, right.) Jihoon is kindness and chaos personified, and it isn't long before she's falling, hard. But when one wrong step leads to a shocking truth, Ari finds herself thrust onto the world stage: not as the competent, steely lawyer she's fought so hard to become, but as the mystery woman on the arm of a man the entire world claims to know. Now with her heart, her future, and her sense of self on the line, Ari will have to cut through all the pretty lies to find the truth of her relationship. . . and discover the Ariadne Hui she's finally ready to be.

Author Bio

Lily Chu loves ordering the second-cheapest wine, wearing perfume all the time, and staying up far too late reading a good book. She writes romantic comedies set in Toronto with strong Asian characters.

Sourcebooks

On Sale: May 9/23

5.5 x 8.25 • 400 pages

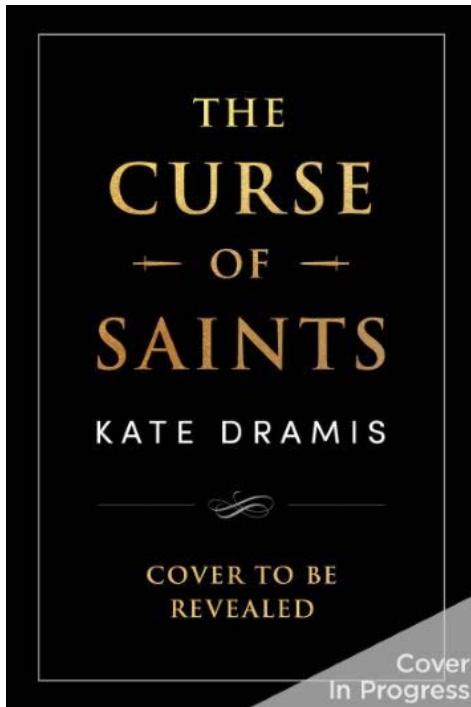
9781728242651 • \$24.99 • pb

Fiction / Contemporary Women

Notes

Promotion





The Curse of Saints

by Kate Dramis

Rising BookTok star Kate Dramis makes her adult fantasy debut with an enchanting romantic story perfect for readers of Sarah J. Maas and Jennifer Armentrout.

As an elite spy and the Queen's Third-in-Command, Aya has dedicated herself to a life of discipline and duty, using her gods-given abilities to keep dark magic from ever returning to the realm. Her oath ensures she will always act to protect those she fights alongside - including Will, the Queen's Enforcer and Aya's bitter rival.

Forced by circumstance to work together, Aya and Will struggle to come to an uneasy truce. But when tragedy strikes, Aya instinctively reacts, unleashing a power that hasn't been seen in over 500 years. Shaken, she's confronted with an impossible truth: one that threatens the precious grip she keeps on her control. One that forces her to work with Will to discover who - or what - she really is. And one that could turn her into a weapon in a war she doesn't know how to win.

With Will at her side and untold power at her fingertips, Aya will have to decide: Has she been sent to save the realm she loves. . . or destroy it?

Sourcebooks

On Sale: Jul 11/23

480 pages

9781728289632 • \$25.99 • pb

Fic / Fantasy / Romantic

Series: Curse of Saints

Notes

Promotion





The Gay Best Friend

by Nicolas DiDomizio

He's always been the token gay best friend. Now, stuck between a warring bride and groom hurtling toward their one perfect day, he's finally ready to focus on something new: himself.

Domenic Marino has become an expert at code-switching between the hypermasculine and ultrafeminine worlds of his two soon-to-be-wed best friends. But this summer - reeling from his own failed engagement and tasked with attending their bachelor and bachelorette parties - he's anxious over having to play both sides.

The pressure is on. The bride wants Dom to keep things clean. The groom wants Dom to let loose" with the guys. And Dom just wants to get out of this whole mess with his friendships intact.

But once the rowdy groomsmen show up at the beach house - including a surprise visit from the groom's old frat brother, handsome and charming PGA star Bucky Graham - chaos (and unexpected romance) quickly ensues. By the time Dom returns for the bachelorette party, he's accumulated a laundry list of secrets that threaten to destroy everything - from the wedding, to Bucky's career, to the one thing Dom hasn't been paying nearly enough attention to lately: his own life.

Absurdly charming and outrageously irreverent, THE GAY BEST FRIEND is a goddamn delight from start to finish. Brimming with cheeky wit, breathtaking tenderness, and just enough chaotic messiness to have me screaming every other page, the term "beach read" was invented for a book like this. Nicolas DiDomizio is one of the funniest authors in the game, and I'll read anything he writes." - Mazey Eddings, author of THE PLUS (...)

Author Bio

Nicolas DiDomizio holds a bachelor's degree from Western Connecticut State University and a master's degree from NYU. His debut novel, *Burn It All Down*, was published in 2021 and praised as "unforgettable" by James Patterson. He lives in upstate New York with his partner Graig and their shmooshy bulldog Rocco. *The Gay Best Friend* is his second novel.

Sourcebooks

On Sale: Jun 6/23

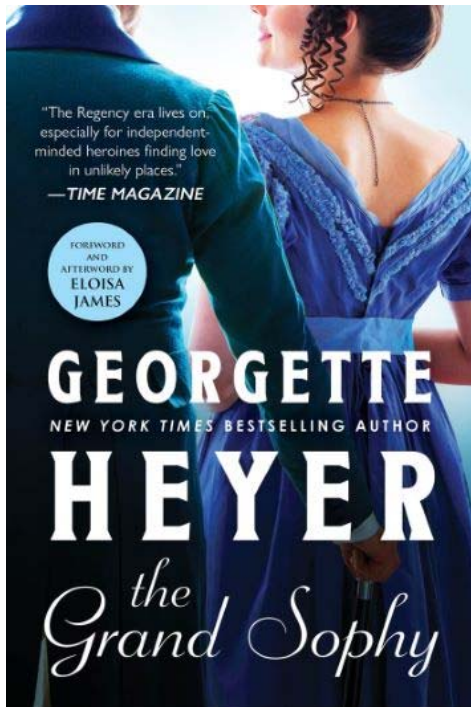
5.5 x 8.25 • 352 pages

9781728270296 • \$24.99 • pb

Notes

Promotion





The Grand Sophy

by Georgette Heyer, foreword by Eloisa James

There's no problem Sophy can't solve. . .

Sophy has traveled the Continent with her diplomat father and knows everyone worth knowing. When she goes to stay with her aunt and cousins in London, she turns her brilliant mind to the benefit of those around her. It doesn't take long for Sophy to see what's amiss. Her cousin Charles's domineering tendencies are being aggravated by his grimly proper fiancée - that engagement must be scotched, that's for sure. Her cousin Cecelia has her heart set on an entirely unsuitable young man - handsome as can be, and a romantic poet besides, but can't even summon a carriage in the rain. And her aunt obviously needs help sorting out the finances. Sophy knows exactly how to fix it all - but not without first turning everything on its ear. Absolutely delicious tales of Regency heroes. . . Utter, immersive escapism." - SOPHIE KINSELLA

"One never forgets one's first Heyer." - MARY JO PUTNEY, NEW YORK TIMES bestselling author

"There's no greater gift than to re-immense yourself in the delightful world Georgette Heyer created. . . [Her] work is a treasure beyond price." - ANNE STUART, NEW YORK TIMES bestselling author

"Georgette's characters are vivid and unforgettable." - TERESA MEDEIROS, NEW YORK TIMES bestselling author

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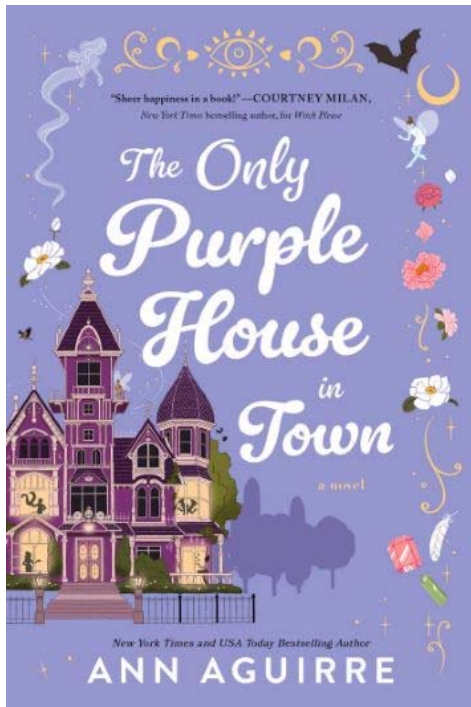
"Georgette's characters are vivid and unforgettable." - TERESA MEDEIROS (...)

Author Bio

Georgette Heyer's novels have charmed and delighted millions of readers for decades. English Heritage has awarded Georgette Heyer one of their prestigious Blue Plaques, designating her Wimbledon home as the residence of an important figure in British history. She was born in Wimbledon in August 1902. She wrote her first novel, *The Black Moth*, at the age of seventeen to amuse her convalescent brother; it was published in 1921 and became an instant success.

Heyer published 56 books over the next 53 years, until her death from lung





LEAD

The Only Purple House in Town by Ann Aguirre

From NEW YORK TIMES bestselling author Ann Aguirre comes the magical town of St. Claire, where anything is possible. . .

Iris Collins is the messy one in her family. The chaos bunny." Her sisters are all wildly successful, while she can't balance her budget for a single month. It's no wonder she's in debt to her roommates. When she unexpectedly inherits a house from her great aunt, her plan to turn it into a B&B fails - as most of her plans do. She winds up renting rooms like a Victorian spinster, collecting other lost souls. . . and not all of them are "human."

Eli Reese grew up as the nerdy outcast in school, but he got rich designing apps. Now he's successful by any standards. But he's never had the same luck in finding a real community or people who understand him. Over the years, he's never forgotten his first crush, so when he spots her at a cafe, he takes it as a sign. Except then he gets sucked into the Iris-verse and somehow ends up renting one of her B&B rooms. As the days pass, Eli grows enchanted by the misfit boarders staying in the house. . . and even more so by Iris. Could Eli have finally found a person and a place to call "home"

Author Bio

Ann Aguirre is a New York Times and USA Today bestselling author with a degree in English literature. Before she began writing full time, she was a clown, a clerk, a voice actress, and a savior of stray kittens, not necessarily in that order. She grew up in a yellow house across from a cornfield, but now she lives in sunny Mexico with her family and various pets. She likes books, video games, and Korean dramas. Ann writes all kinds of genre fiction, more than fifty novels to date.

Sourcebooks

On Sale: Jul 11/23

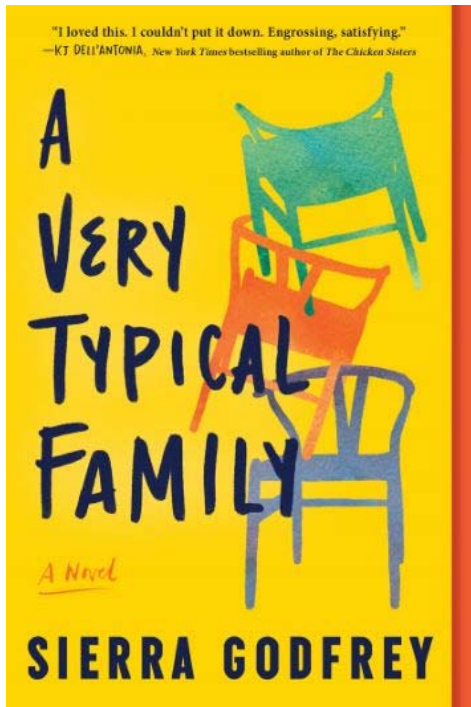
5.5 x 8.25 • 368 pages

9781728262499 • \$24.99 • pb

Notes

Promotion





A Very Typical Family

A Novel

by Sierra Godfrey

I couldn't put it down. Engrossing, satisfying. The minute I turned the last page I messaged three friends to tell them they had to grab it." - KJ Dell'Antonia, NEW YORK TIMES bestselling author of Reese's Book Club pick THE CHICKEN SISTERS

"Atmospheric and uplifting. A great recommendation for fans of Marian Keyes and Emily Giffin." - Booklist, STARRED review

For fans of Emma Straub and Jennifer Weiner, comes a heartfelt, darkly funny novel about learning to love (and forgive) your family. . . even when they accidentally put you behind bars.

ALL FAMILIES ARE MESSY. SOME ARE DISASTERS.

Natalie Walker is the reason her older brother and sister went to prison over 15 years ago. She fled California shortly after that fateful night and hasn't spoken to anyone in her family since. Now, on the same day her boyfriend steals her dream job out from under her, Natalie receives a letter from a lawyer saying her estranged mother has died and left the family's historic Santa Cruz house to her. Sort of. The only way for Natalie and her siblings to inherit is for all three adult children to come back and claim it - together. Natalie drives cross-country to Santa Cruz with her willful cat in tow expecting to sign some papers, see siblings Lynn and Jake briefly, and get back to sorting out her life in Boston. But Jake, now an award-winning ornithologist, is missing. And Lynn, working as an undertaker in (...)

Author Bio

Sierra Godfrey is a tech editor by day who loves writing stories about complex relationships. She lives in the foggy wastelands of the San Francisco Bay Area with her husband, sons, and a bevy of animals, all of which seemed like a good idea at the time.

Sourcebooks

On Sale: May 1/23

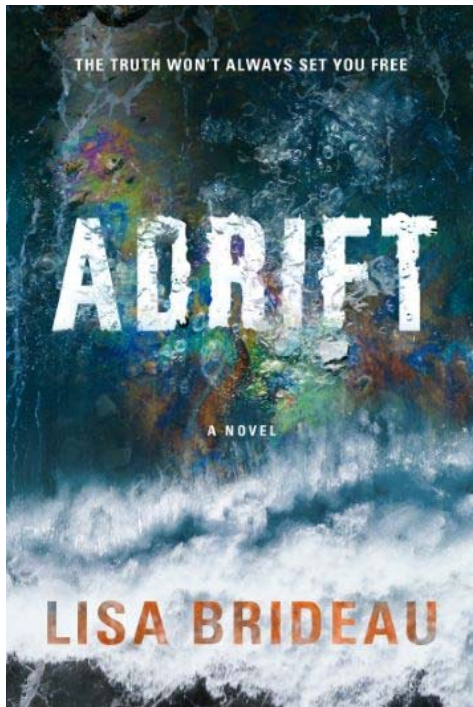
5.5 x 8.25 • 416 pages

9781728264967 • \$24.99 • pb

Notes

Promotion





Sourcebooks

On Sale: May 9/23

5.5 x 8.25 • 352 pages

9781728265681 • \$24.99 • pb

Notes

Promotion



Adrift

A Novel

by Lisa Brideau

The truth doesn't always set you free. . .

Ess wakes up alone on a sailboat in the remote Pacific Northwest with no memory of who she is or how she got there. She finds a note, but it's more warning than comfort: Start over. Don't make yourself known. Don't look back.

Ess must have answers. She sails over a turbulent ocean to a town hundreds of miles away that, she hopes, might offer insight. The chilling clues she uncovers point to a desperate attempt at erasing her former life. But why? And someone is watching her. . . someone who knows she must never learn her truth.

In Ess's world, the earth is precariously balanced at a climate tipping point, and she is perched at the edge of a choice: which life does she want? The one taken from her-and the dangerous secret that was buried-or the new one she can make for herself?

A galvanizing riddle that is just as unmooring as it seems, this sharp character-driven odyssey explores a future challenged by our quickly changing world and the choices we must make to save what matters most.

Author Bio

A former aerospace engineer, LISA BRIDEAU has a Masters in Urban Planning from the University of British Columbia and works at the intersection of municipal climate change policy and equity as a sustainability specialist. Recipient of a Canada Council for the Arts grant, Brideau lives in Vancouver, BC, Canada





LEAD

Athena's Child

by Hannah Lynn

Gifted and burdened with stunning beauty, young Medusa seeks sanctuary with the Goddess Athena. But when she catches the eye of the lecherous but mighty Poseidon, she is beyond protection. Powerful men rarely answer for their actions, after all.

Meanwhile, Perseus embarks on a seemingly impossible quest, equipped with only bravado and determination. . .

Medusa and Perseus soon become pawns of spiteful and selfish gods. Faced with the repercussions of Athena's wrath, blamed for her assault, Medusa has no choice but to flee and hide. But can she do so without becoming the monster they say she is?

Medusa's truth has long been lost. History tells of conquering heroes, of men with hearts of gold. Now it is time to hear the story of the monsters we make of women who stand their ground.

Author Bio

HANNAH LYNN lives in the UK with her husband, daughter and horde of cats. Her first historical novel, *Athena's Child*, was a 2020 Gold Medalist at the Independent Publishers Awards.

Sourcebooks

On Sale: Aug 1/23

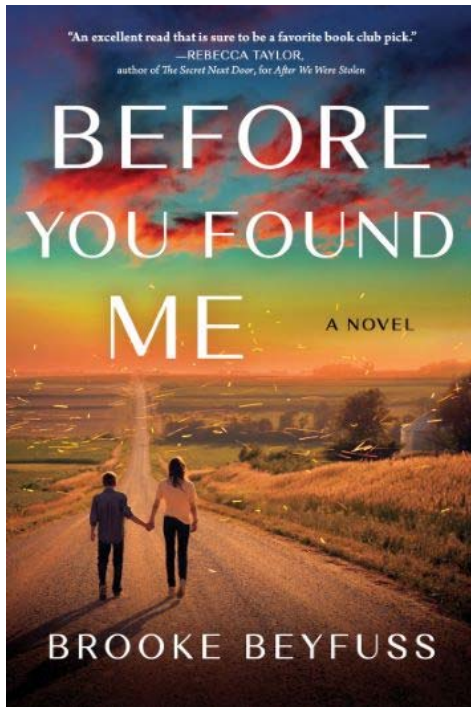
5.5 x 8.25

9781728284262 • \$25.99 • pb

Notes

Promotion





Before You Found Me

A Novel

by Brooke Beyfuss

Is it ever okay to kidnap a child?

Rowan has just escaped from an abusive relationship with her fiancé, following an argument that left her physically and emotionally destroyed. Shortly after taking refuge with a friend, Rowan meets Gabriel, an intelligent but reclusive child, who will only speak to her through his basement window. Rowan discovers that Gabriel has been imprisoned and abused by his father for years. In a decision fueled by outrage and empathy, Rowan abducts Gabriel and moves him 1,500 miles away to rural Oklahoma to raise him herself, taking great pains to conceal her troubled past from Gabriel as she guides him toward recovery while she continues to heal from her own wounds. But with the looming threat of Gabriel's father and Rowan's own emotional scars, the road to healing isn't easy, and Rowan and Gabriel will discover just how much they've come to mean to each other and the power of found family.

This tender novel explores trauma and healing, love and family, and the impossible lengths we'll go to protect the ones we love, even at the expense of ourselves.

Author Bio

BROOKE BEYFUSS works full-time as a copywriter for an adult web company, a position that has provided a great deal of future novel material. A graduate of Rutgers University, Brooke is the founder of the Woodbridge Cultural Arts' Commission Writing Group. She lives in New Jersey with her husband and daughter. *AFTER WE WERE STOLEN* is her debut novel.

Sourcebooks

On Sale: Aug 1/23

5.5 x 8.25 • 368 pages

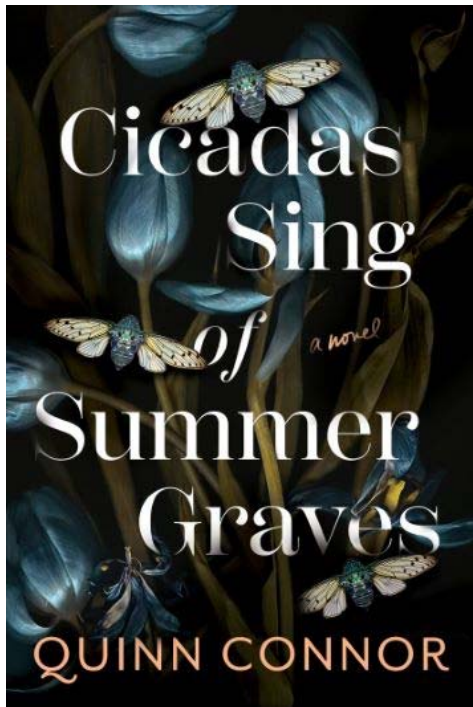
9781728248721 • \$24.99 • pb

Fiction / Family Life

Notes

Promotion





Sourcebooks

On Sale: Jun 6/23

5.5 x 8.25 • 368 pages

9781728263878 • \$24.99 • pb

Notes

Promotion



Cicadas Sing of Summer Graves

by Quinn Connor

For fans of *The Lost Apothecary* and *Swamplandia!* comes a breathtaking story of magical realism about an old Southern town lost beneath the waves

At turns haunting and breathtaking, *Cicadas Sing of Summer Graves* explores legacies of love, family, and the ghostly imprint grief leaves behind as three women face the past to bring light to an old Southern town lost deep beneath the surface.

Years ago, yellow fever gripped the small lakeside town of Prosper, Arkansas. At the height of that summer swelter, in the wake of an unexpected storm, the dam failed and the valley flooded - drowning the town and everyone trapped inside.

The secrets of old Prosper drowned with them.

Now, decades later, when a mysterious locked box is pulled from the depths of the lake, three descendants of that long-ago tragedy are hurled into another feverish summer. Cassie: the reclusive sole witness to an impossible horror no one believes. Lark: a wide-eyed dreamer haunted by bizarre visions. June: caught between longing for a fresh start and bearing witness to the ghosts of the past. Bound together, all three must contend with their home's complex history - and with the ruins of the town lost far beneath the troubled water.

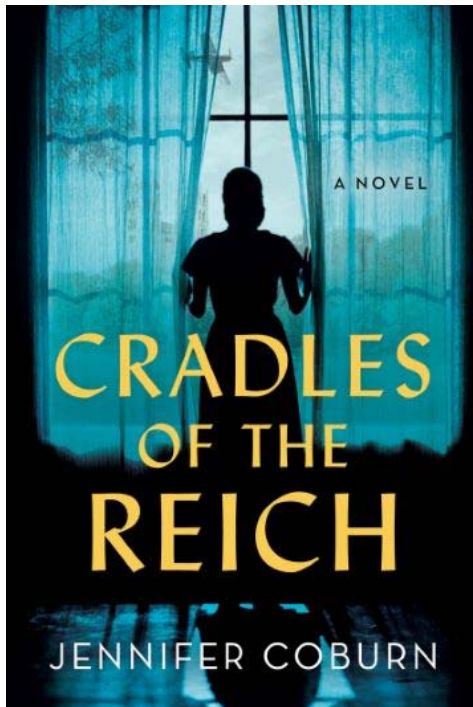
Author Bio

Quinn Connor is one pen in two hands: Robyn Barrow and Alexandra Cronin.

An Arkansan and a Texan, when they aren't writing, they're arguing about the differences between queso and cheese dip. Both writers from young ages, Robyn and Alexandra met in college and together developed their unique co-writing voice. They are very thankful that no matter what, there's always one other person in the world who cares about their characters as much as they do.

Robyn is a PhD candidate in arthistory at the University of Pennsylvania. When she isn't scavenging cheese and free wine at lectures, she spends her days happily exploring crumbling medieval churches. Alexandra is a North Texas transplant living in Brooklyn with her monstrous cat, Prosper, working in PR to fund her writing habit. In her free time, she can be found exploring the city for a new favorite restaurant, topping off her tea, and amassing a collection of winter coats. Unless Robyn is trekking in Iceland, or Alexandrais chasing down rumors of homemade pasta in Park Slope, they write every day. It's their preferred form of conversation.





Cradles of the Reich

A Novel

by Jennifer Coburn

Now in paperback! The story of three women, a nation on the brink of disaster, and the countless lives that hang in the balance

At Heim Hochland, a Nazi sanctioned maternity home in Bavaria, three women's fates are irrevocably intertwined. Gundi is a pregnant student from Berlin - an Aryan beauty, she's secretly a member of a resistance group. Hilde, only 18, is a true believer in the cause and is thrilled to carry a Nazi official's child. And Irma, a 44-year-old nurse, is desperate to build a new life for herself after personal devastation. All three have everything to lose.

Based on untold historical events, this novel brings us intimately inside the women's homes that actually existed in several countries during World War II, when thousands of babies were taken from their mothers to be raised as part of the new Germany. But it proves that in a dark period of history, the connections women forge can carry us through, even driving us to heroism we didn't know we had within us.

Author Bio

Jennifer Coburn is the author of *Cradles of the Reich*, a historical novel about three very different women living at a Nazi Lebensborn breeding home at the start of World War II.

She has also published a mother-daughter travel memoir, *We'll Always Have Paris*, as well as six contemporary women's novels. Additionally, Jennifer has contributed to five literary anthologies, including *A Paris All Your Own*.

Jennifer lives in San Diego with her husband, William. Their daughter, Katie is currently in graduate school. When Jennifer is not going down historical research rabbit holes, she volunteers with So Say We All, a live storytelling organization, where she is a performer, producer, and performance coach. She is also an active volunteer with Reality Changers, a nonprofit that supports low-income high school students in becoming the first in their families to attend college.

Sourcebooks

On Sale: Jul 11/23

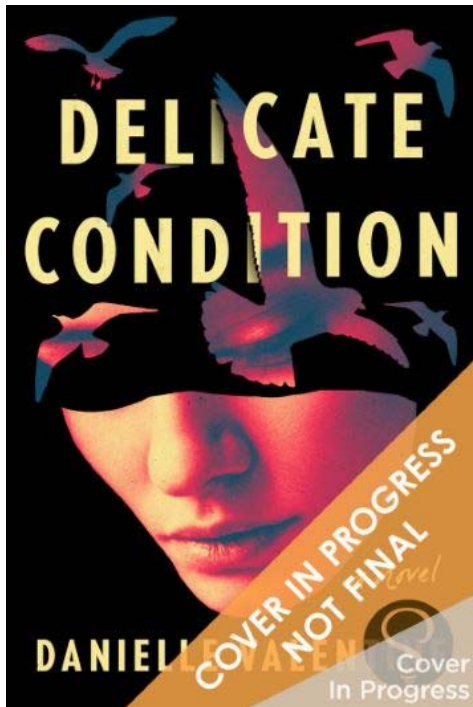
5.5 x 8.25 • 320 pages

9781728269832 • \$24.99 • pb

Notes

Promotion





LEAD

Delicate Condition

by Danielle Valentine

THE PUSH meets THE SILENT PATIENT in a gripping thriller that follows a woman convinced a sinister figure is going to great lengths to make sure her pregnancy never happens - while the men in her life refuse to believe a word she says.

Anna Alcott is desperate to have a family. But as she tries to balance her increasingly public life as an indie actress with a grueling IVF journey, she starts to suspect that someone is going to great lengths to make sure that never happens. Crucial medicines are lost. Appointments get swapped without her knowledge. Cryptic warnings have her jumping at shadows. And despite everything she's gone through to make this pregnancy a reality, not even her husband is willing to believe that someone is playing twisted games with her. Then her doctor tells her she's had a miscarriage - except Anna's convinced she's still pregnant despite everything the grave-faced men around her claim. She can feel the baby moving inside her, can see the strain it's taking on her weakening body. Vague warnings become direct threats as someone stalks her through the bleak ghost town of the Hamptons in winter. As her symptoms and sense of danger grow ever more horrifying, Anna can't help but wonder what exactly she's carrying inside of her. . . and why no one will listen when she says something is horribly, painfully wrong.

Author Bio

DANIELLE VALENTINE is a pseudonym for the young adult novelist Danielle Vega. Her work, which includes The Merciless series, has been optioned for film and television by Lionsgate and Warner Bros, and has been translated into dozens of languages worldwide. Danielle lives outside of New York city with her husband, daughter, and two ornery cats. Delicate Condition is her first adult novel.

Sourcebooks

On Sale: Aug 8/23

6.25 x 9.25 • 416 pages

9781728276885 • \$39.99 • cl

Fiction / Suspense

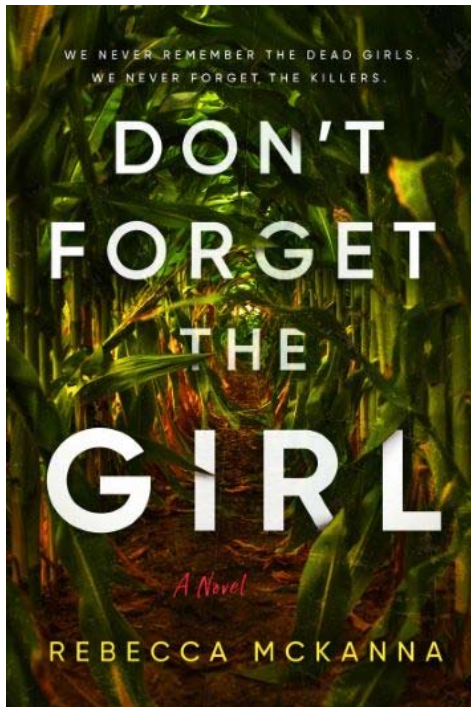
Notes

Promotion



9 781728 276885





Don't Forget the Girl

A Novel

by Rebecca McKanna

We never remember the dead girls. We never forget the killers.

Twelve years ago, 18-year-old University of Iowa freshman Abby Hartmann disappeared. Now, Jon Allan Blue, the serial killer suspected of her murder, is about to be executed. Abby's best friends, Bree and Chelsea, watch as Abby's memory is unearthed and overshadowed by Blue and his flashier crimes. The friends, estranged in the wake of Abby's disappearance, and suffering from years of unvoiced resentments, must reunite when a high-profile podcast dedicates its next season to Blue's murders. Tense and introspective, *DON'T FORGET THE GIRL* is an astonishing debut thriller that mines the complexities of friendship and the secrets between us that we may take to the grave.

Author Bio

Rebecca McKanna's fiction has been anthologized in *The Best American Mystery Stories* 2019 and honored as a distinguished story in *The Best American Short Stories* 2019. Her work has appeared as one of *Narrative Magazine's* Stories of the Week and has been published in *Colorado Review*, *Michigan Quarterly Review*, *The Rumpus*, *Joyland*, *Third Coast*, and *McSweeney's Internet Tendency*, among other publications. She has received financial support from the Sewanee Writers Conference and the Society for the Study of Midwestern Literature. An assistant professor of English at the University of Indianapolis, she earned her MFA from Purdue University. Rebecca was born and raised in Iowa.

Sourcebooks

On Sale: Jun 20/23

5.5 x 8.25 • 368 pages

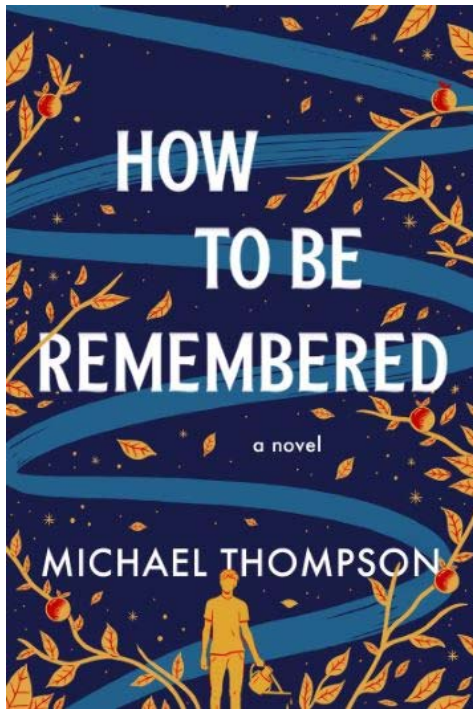
9781728270470 • \$24.99 • pb

Fiction / Suspense

Notes

Promotion





Sourcebooks

On Sale: Jun 27/23

5.5 x 8.25 • 368 pages

9781728265803 • \$24.99 • pb

Fiction / Magical Realism



LEAD

How to Be Remembered

A Novel

by Michael Thompson

For fans of Matt Haig and *THE INVISIBLE LIFE OF ADDIE LARUE* comes a big-hearted novel following a man who can never be remembered and his journey to become unforgettable. . .

On an ordinary night in an ordinary year, Tommy Llewellyn's doting parents wake in a home without toys and diapers, without photos of their baby scattered about, and without any idea that the small child asleep in his crib is theirs.

That's because Tommy is a boy destined to never be remembered.

On the same day every year, everyone around him forgets he exists, and he grows up enduring his own universal Reset. That is until something extraordinary happens: Tommy Llewellyn falls in love.

Determined to finally carve out a life for himself and land the girl of his dreams, Tommy sets out on a mission to finally trick the Reset and be remembered. But legacies aren't so easily won, and Tommy must figure out what's more important - the things we leave behind or the people we bring along with us.

With the speculative edge of *HOW TO STOP TIME*, the unending charm of Maria Semple, and the heart of your favorite book club read, *HOW TO BE REMEMBERED* is a life-affirming novel about discovering how to leave your mark on the places and people you love most.

Author Bio

MICHAEL THOMPSON is an Australian journalist, producer and media executive. He has won numerous professional awards including a Kennedy Award for Journalism. He now owns a podcast production company, and is the co-host of one of the highest-ranked podcasts in Australia with around 500,000 downloads per month. He lives in Sydney with his wife and two young children

Notes

Promotion





One Summer in Savannah

A Novel

by Terah Shelton Harris

A compelling debut that glows with bittersweet heart and touching emotion, deeply interrogating questions of family, redemption, and unconditional love in the sweltering summer heat of Savannah, as two people discover what it means to truly forgive.

It's been eight years since Sara Lancaster left her home in Savannah, Georgia. Eight years since her daughter, Alana, came into this world, following a terrifying sexual assault that left deep emotional wounds Sara would do anything to forget. But when Sara's father falls ill, she's forced to return home and face the ghosts of her past.

While caring for her father and running his bookstore, Sara is desperate to protect her curious, outgoing, genius daughter from the Wylers, the family of the man who assaulted her. Sara thinks she can succeed - her attacker is in prison, his identical twin brother, Jacob, left town years ago, and their mother are all unaware Alana exists. But she soon learns that Jacob has also just returned to Savannah to piece together the fragments of his once-great family. And when their two worlds collide - with the type of force Sara explores in her poetry and Jacob in his astrophysics - they are drawn together in unexpected ways.

Every once in a while, a book comes along that touches the reader at the very core. *ONE SUMMER IN SAVANNAH* is that book. Terah Shelton Harris's provocative debut is beautifully written, absorbing, and brimming with emotion and insight. A poignant, touching, and timely novel that asks the question: what does it mean to truly forgive? This is unequivocally a best book of 2023." - Rochelle B. Weinstein, USA TODAY bestselling author of *THIS IS NOT HOW IT ENDS*

Author Bio

TERAH SHELTON HARRIS is a collection development librarian based in Alabama and a freelance writer. She has been published in *WOMEN'S HEALTH*, *NATURAL SOLUTIONS*, *EVERY DAY WITH RACHAEL RAY*, *BACKPACKER*, *DRAFT*, and *WOMEN'S ADVENTURE*.

Sourcebooks

On Sale: Jul 11/23

5.5 x 8.25 • 464 pages

9781728265742 • \$24.99 • pb

Fiction / Family Life

Notes

Promotion





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Sourcebooks

On Sale: Jul 11/23

6.25 x 9.25 • 416 pages

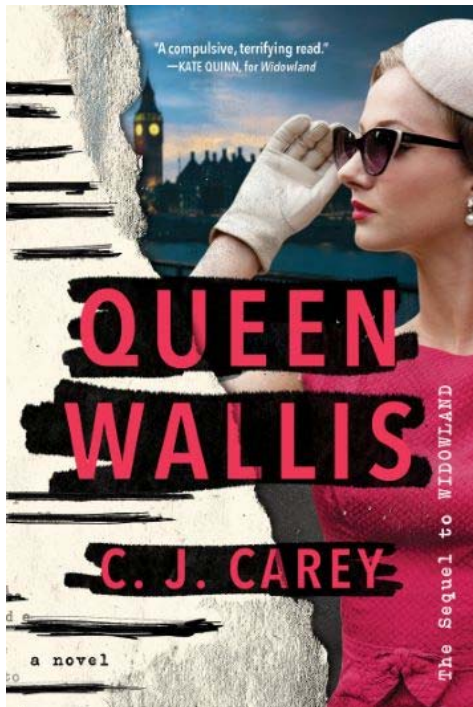
9781728283975 • \$39.99 • cl

Fiction / Family Life

Notes

Promotion





LEAD

Queen Wallis

A Novel

by C. J. Carey

The thrilling sequel to WIDOWLAND, a thrilling feminist dystopian novel set in an alternative history that terrifyingly imagines what a British alliance with Germany would look like if the Nazis had won WWII.

London, 1955. The Leader has been dead for two years. His assassination, on British soil, provoked violent retribution and intensified repression of British citizens, particularly women. Now, more than ever, the Protectorate is a place of surveillance and isolation - a land of spies.

Every evening Rose Ransom looks in the mirror and marvels that she's even alive. A mere woman, her role in the Leader's death has been miraculously overlooked. She still works at the Culture Ministry, where her work now focuses on poetry, which has been banned for its subversive meanings, emotions, and signals that cannot be controlled.

A government propaganda drive to promote positive images of women has just been announced ahead of a visit from Dwight D. Eisenhower, the first American president to set foot on English soil in two decades. Queen Wallis Simpson will be spearheading the campaign, and Rose has been tasked with visiting her to explain the plan. When Rose arrives at the palace, she finds Wallis in a state of paranoia, desperate to return to America and enjoy the liberty of her homeland following her husband's death. Wallis claims she has a secret document so explosive that it will blow the Protectorate apart. But will the last queen of England pull the trigger on the Alliance?

Author Bio

C. J. CAREY is a novelist, journalist and broadcaster. She has worked at the SUNDAY TIMES, the DAILY TELEGRAPH and the BBC, among others. She also writes novels under the name Jane Thynne and lives in London. WIDOWLAND is the first novel she has written as C. J. Carey.

Sourcebooks

On Sale: Jul 18/23

5.5 x 8.25 • 416 pages

9781728248479 • \$24.99 • pb

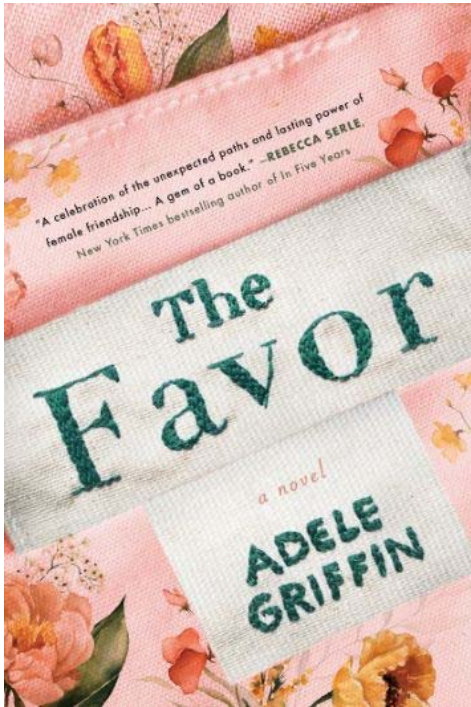
Fiction / Alternative History

Series: Widowland

Notes

Promotion





LEAD

The Favor

A Novel

by Adele Griffin

From a National Book Award finalist, a warmhearted story of two very different women who make an unexpected connection

For readers of Rebecca Serle and Jennifer Close comes an upmarket novel that follows vintage fashion-store clerk Nora and her husband, who are in debt and utterly exhausted from their fertility struggles. When fabulous socialite Evelyn wanders into the vintage clothing store where Nora works, an obsessive and unbalanced friendship forms. And when Evelyn offers to carry Nora and her husband's baby as a favor, Nora's fortune becomes even more complicated.

Author Bio

ADELE GRIFFIN is the acclaimed author of over thirty books. Her works include National Book Award Finalists *Sons of Liberty* and *Where I Want to Be*. She lives with her husband, Erich, their two sons, a cat named Toby and a dog named Gertrude, in Los Angeles, California

Sourcebooks

On Sale: Jun 13/23

6.25 x 9.25 • 352 pages

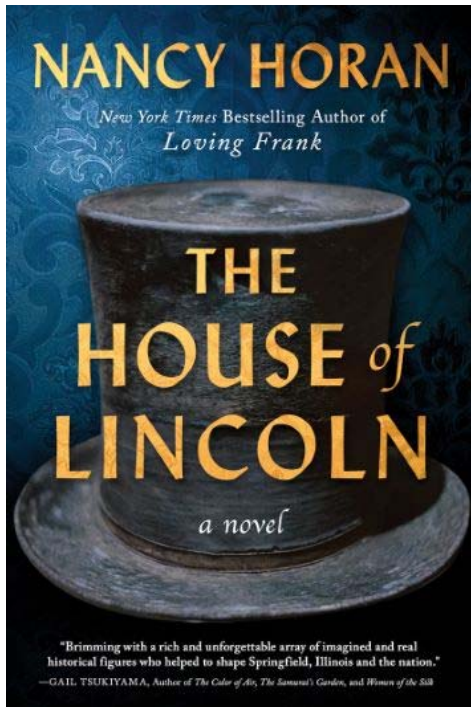
9781728264059 • \$39.99 • cl

Fiction / Contemporary Women

Notes

Promotion





LEAD

The House of Lincoln

A Novel

by Nancy Horan

For as long as she can remember, Ana has been an outsider. Her refugee family settled in 1860s Springfield, Illinois, in the enclave of Little Madeira, where Portuguese rolls off the tongue and porches are full of neighbors and children. A bustling state capital thick with runaway slaves and the slave catchers that follow them, Springfield is also home to a rising politician named Abraham Lincoln.

It is in the Lincoln home that Ana finds employment as Saturday girl and household help, working directly for Mary Lincoln in a front-row seat to historic societal changes that will reshape not only Springfield, but an entire country.

Author Bio

Nancy Horan is the New York Times bestselling author of *Loving Frank* and *Under the Wide and Starry Sky*. *Loving Frank* remained on the NYT list for over a year, has been translated into sixteen languages and received the 2009 Prize for Historical Fiction. A native Midwesterner, Horan was a teacher and journalist before turning to fiction. She lived for 25 years in Oak Park, Illinois, where she raised her two sons, and she now lives with her husband on an island in Puget Sound.

Sourcebooks

On Sale: May 16/23

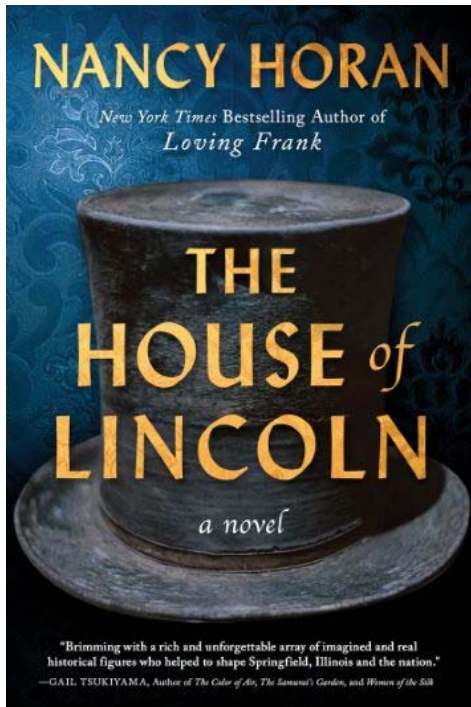
6 x 9 • 352 pages

9781728283722 • \$24.99 • pb

Notes

Promotion





LEAD

The House of Lincoln

A Novel

by Nancy Horan

An unprecedented view of Lincoln's Springfield from the acclaimed and bestselling author of *LOVING FRANK*.

Nancy Horan, author of the million-copy *NEW YORK TIMES* bestseller *LOVING FRANK*, returns with a sweeping historical novel, which tells the story of Abraham Lincoln's ascendance from ruffled lawyer to U.S. president to the Great Emancipator through the eyes of a young asylum-seeker who arrives in Lincoln's home of Springfield from Madeira, Portugal.

Showing intelligence beyond society's expectations, fourteen-year-old Ana Ferreira lands a job in the Lincoln household assisting Mary Lincoln with their boys and with the hostess duties borne by the wife of a rising political star. Ana bears witness to the evolution of Lincoln's views on equality and the Union and observes in full complexity the psyche and pain of his bold, polarizing wife, Mary.

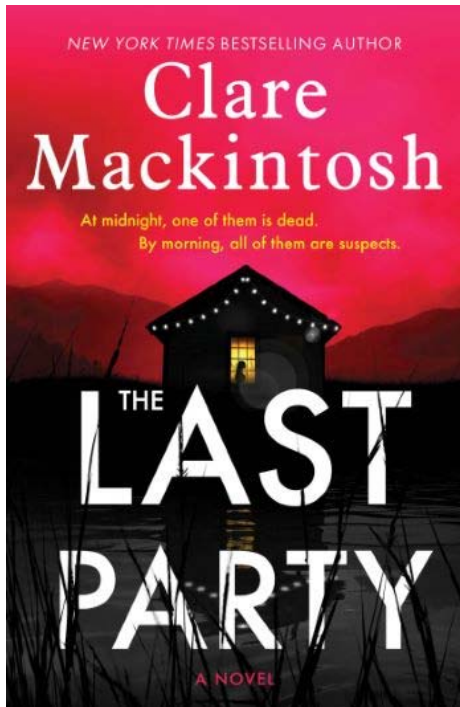
Along with her African American friend Cal, Ana encounters the presence of the underground railroad in town and experiences personally how slavery is tearing apart her adopted country. Culminating in an eyewitness account of the little-known Springfield race riot of 1908, *THE HOUSE OF LINCOLN* takes readers on a journey through the historic changes that reshaped America and that continue to reverberate today.

Brimming with a rich and unforgettable array of imagined and real historical figures who helped to shape Springfield, Illinois and the nation beyond during the turbulent time of slavery and the Civil War, *THE HOUSE OF LINCOLN* is storytelling at its best." - Gail Tsukiyama, author of *THE COLOR OF AIR*, *THE SAMURAI'S GARDEN*, and *WOMEN OF THE SILK*

Author Bio

Nancy Horan is the *NEW YORK TIMES* bestselling author of *LOVING FRANK* and *UNDER THE WIDE AND STARRY SKY*. *Loving Frank* remained on the NYT list for over a year, has been translated into sixteen languages and received the 2009 Prize for Historical Fiction. A native Midwesterner, Horan was a teacher and journalist before turning to fiction. She lived for 25 years in Oak Park, Illinois, where she raised her two sons, and she now lives with her husband on an island in Puget Sound.





The Last Party

A Novel

by Clare Mackintosh

I loved everything about THE LAST PARTY. Taut, pacey and so atmospheric with brilliantly executed twists and wonderfully written characters. DC Ffion Morgan is my new favorite detective. An absolute triumph." - Claire Douglas, author of THE COUPLE AT NO. 9

"Superb. A compelling murder mystery told with warmth, humor and enough red herrings to keep even the most seasoned crime reader guessing." - C.L. Taylor, author of SLEEP

"Expertly plotted and relentlessly gripping, a perfectly executed murder mystery. The whip-sharp and deeply likeable Ffion leads the investigation, introducing us to a cast of brilliantly realized suspects. I loved every page." - Lucy Clarke, author of ONE OF THE GIRLS

"Brilliant, so atmospheric. . . I fell in love with the courageous, complicated detective Ffion Morgan and I think readers will too." - Ruth Ware, NEW YORK TIMES bestselling author of ONE BY ONE

"Clare Mackintosh is just getting better and better with every book. This is a wonderfully assured and gripping read" - Peter James, creator of DS Roy Grace

"Whipsmart dialogue, droll observation, great characters and some very nasty business make this another standout from Mackintosh" - Linwood Barclay, author of ELEVATOR PITCH

"Detectives Leo and Ffion make a storming debut in this twisty, cleverly-layered tale of worlds colliding" - Belinda Bauer, author of SNAP

"Her best yet. A picturesque setting, wonderful cast and a pair of detectives you'll love. Plus I guarantee you'll never guess whodunnit" - Mark Edwards, author of HERE TO STAY

"The writing is superb. Wicked fun, devilishly clever, with echoes of Agatha Christie. This is a party you won't want to miss." - Patricia Cornwell, #1 NEW YORK TIMES bestselling author

"Hands down the best closed cast mystery I've read in years! Clues and suspects fill every page as two detectives search for the killer of a former music celebrity on a lake that borders England and Wales. Readers will adore the cast of characters and never guess whodunnit! Clare Mackintosh is absolutely brilliant." - Wendy Walker, international bestselling author

Sourcebooks

On Sale: Jul 11/23

5.5 x 8.25 • 496 pages

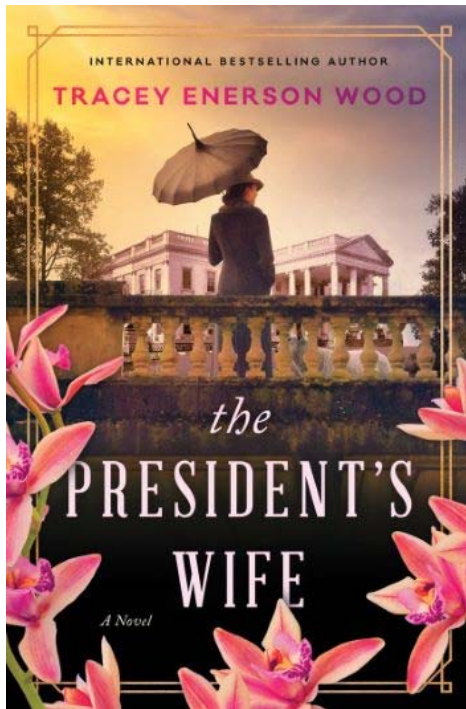
9781728269849 • \$24.99 • pb

Fiction / Suspense

Notes

Promotion





Sourcebooks
On Sale: Aug 15/23
6.25 x 9.25 • 336 pages
9781728257846 • \$39.99 • cl

Notes

Promotion



LEAD

The President's Wife

A Novel

by Tracey Enerson Wood

The incredible story of the First Lady who clandestinely assumed the presidency

Socialite Edith Bolling has been in no hurry to find a new husband since she was widowed, preferring to fill her days with good friends and travel. But the enchanting courting of President Woodrow Wilson wins Edith over and she becomes the First Lady of the United States. The position is uncomfortable for the fiercely independent Edith, but she's determined to rise to the challenges of her new marriage - from the bloodthirsty press to the shadows of the first World War.

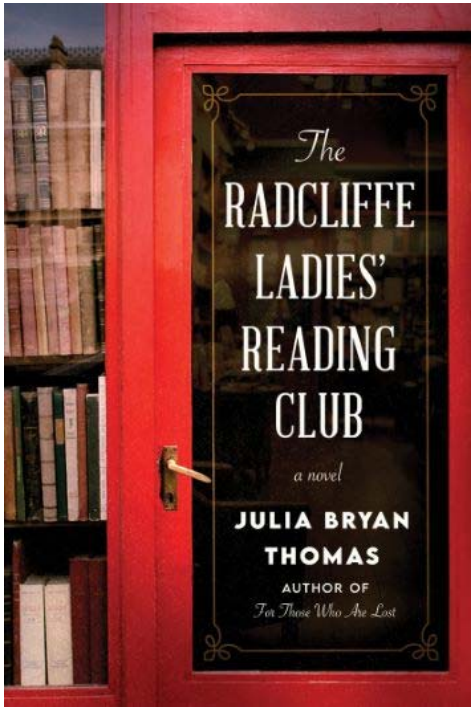
Warming to her new role, Edith is soon indispensable to her husband's presidency. She replaces the staff that Woodrow finds distracting, and discusses policy with him daily. Throughout the war, she encrypts top-secret messages and despite lacking formal education becomes an important adviser. When peace talks begin in Europe, she attends at Woodrow's side. But just as the critical fight to ratify the treaty to end the war and create a League of Nations in order to prevent another, Woodrow's always-delicate health takes a dramatic turn for the worse. In her determination to preserve both his progress and his reputation, Edith all but assumes the presidency herself.

Now, Edith must contend with the demands of a tumultuous country, the secrets of Woodrow's true condition, and the potentially devastating consequences of her failure. At once sweeping and intimate, *THE PRESIDENT'S WIFE* is an astonishing portrait of a courageous First Lady and the sacrifices she made to protect her husband and her country at all costs.

Author Bio

TRACEY ENERSON WOOD is a published playwright whose family is steeped in military tradition. This is her second novel, following *The Engineer's Wife*.





The Radcliffe Ladies' Reading Club

A Novel

by Julia Bryan Thomas

Never underestimate the power of a woman with a shop full of books

Boston, 1954. Escaping her old life half-way across the country, Alice Campbell starts over by transforming a derelict building into a bookshop, not far from Radcliffe College and its bright young women. Alice is on a mission to help other women reconsider their traditional roles. With a spoiled debutante, a tomboy, and an ambitious scholarship winner as her founding members, she creates a book club with one simple goal: change the members' lives.

So when everything they know about themselves - and each other - is called into question, the women must rely on the friendships they forged diligently reading classics together to give them strength.

Author Bio

JULIA BRYAN THOMAS is a graduate of Northeastern State University and the Yale Writers' Workshop and the author of *For Those Who Are Lost*. She is married to mystery novelist Will Thomas

Sourcebooks

On Sale: Jun 6/23

5.5 x 8.25 • 384 pages

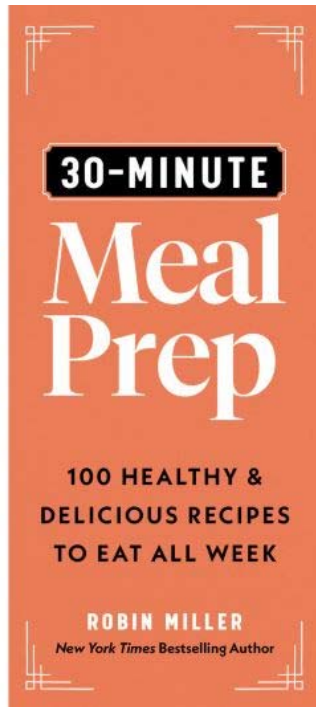
9781728248578 • \$24.99 • pb

Fiction / Historical

Notes

Promotion





30-Minute Meal Prep

100 Healthy and Delicious Recipes to Eat All Week

by Robin Miller

The ultimate meal prep cookbook for creating quick, healthy, delicious meals to feed your family all week!

30-MINUTE MEAL PREP is the essential cookbook for busy families. Robin's revolutionary meal prep strategies save you time and help you create mouth-watering dishes you and your family will love.

This cookbook not only transforms leftovers into amazing second-night meals, it focuses on:

- Clean eating - all 100 recipes were developed and tested by Robin Miller, a bestselling cookbook author and nutritionist who focuses on fresh, unprocessed ingredients
- Budget-friendly meals - strategic meal prep and repurposing ingredients is a great way to save time and money and keep your kitchen efficient
- Fast and easy cooking - 30-minute recipes are the key to getting you quickly in and out of the kitchen on busy weeknights and weekends
- Meal prep is the best way for active families to eat healthy on the go! 30-MINUTE MEAL PREP delivers everything you need to make quick, wholesome meals, become a leftovers guru, and amaze your friends and family with fresh, delectable food every day.

Author Bio

Robin has been a food writer and nutritionist for more than 20 years. Her popular show, Quick Fix Meals with Robin Miller aired on Food Network for five years and she has a weekly blog, Robin's Healthy Take on www.foodnetwork.com/healthyeats. Robin's recipes and nutrition features can be seen regularly in a variety of newspapers and magazines, including Clean Eating, Health, Cooking Light, Parade, Shape, Woman's Day, Guideposts, Experience Life, Fit Pregnancy and Fitness. As a freelance food consultant and spokesperson, Robin has appeared on local and national television, including CBS's This Morning, NBC's Today Show, and ABC News. Robin has written recipes for Campbell's Soup Company, Weight Watcher's Food Company, Cooking Light, Health, Men's Fitness, Quaker, Uncle Ben's Rice, Del Monte Foods, SlimFast, California Prunes, Hamilton Beach, Equal/Nutrasweet, Bisquick, Family Circle, Nathalie Dupree, Mr. Coffee, T-Fal and Braun.

Sourcebooks

On Sale: Jul 25/23

7.5 x 9.25 • 256 pages

9781728268873 • \$28.99 • pb

Cooking / Methods / Quick & Easy

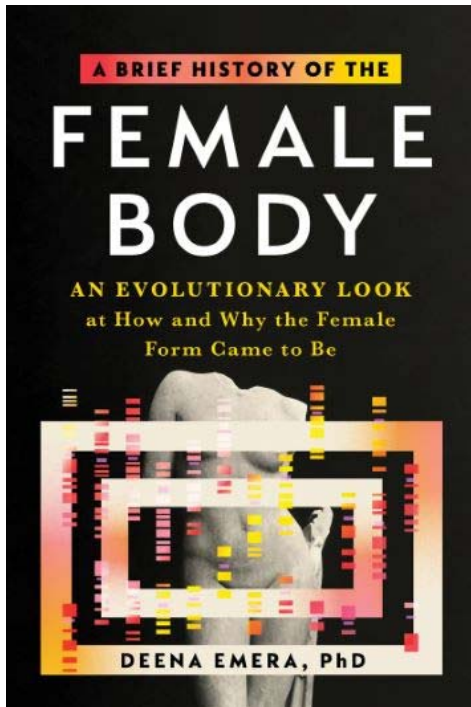
Notes

Promotion



9 781728 268873





LEAD

A Brief History of the Female Body

An Evolutionary Look at How and Why the Female Form Came to Be

by Dr. Deena Emera

From breasts and orgasms to periods, pregnancies, and menopause - A BRIEF HISTORY OF THE FEMALE BODY is a fascinating science book explaining the mysteries of the female body through an evolutionary lens. Let's face it: The female body is an enigma. For teenagers first experiencing their periods, the monthly arrival of mood swings and cramps can be agonizing and inconvenient. With pregnancy - perhaps the most miraculous of bodily events - comes countless potential complications, including high blood pressure, diabetes, premature birth, and postpartum depression. And menopause is equally mystifying. Why do females lose their fertility over time and experience the notorious side effects - like hot flashes, weight gain, and hair loss - while males maintain their fertility forever?

Evolutionary geneticist and educator Dr. Deena Emera has spent much of her career studying the evolution of female reproduction. A BRIEF HISTORY OF THE FEMALE BODY draws on her vast expertise as a biologist, her experience as a mother of four children, and her love of teaching to look far into our evolutionary past, illuminating how and, more importantly, why the female form has transformed over millions of years and its effects on women's health.

Sourcebooks

On Sale: Jun 6/23

5.5 x 8.25 • 320 pages

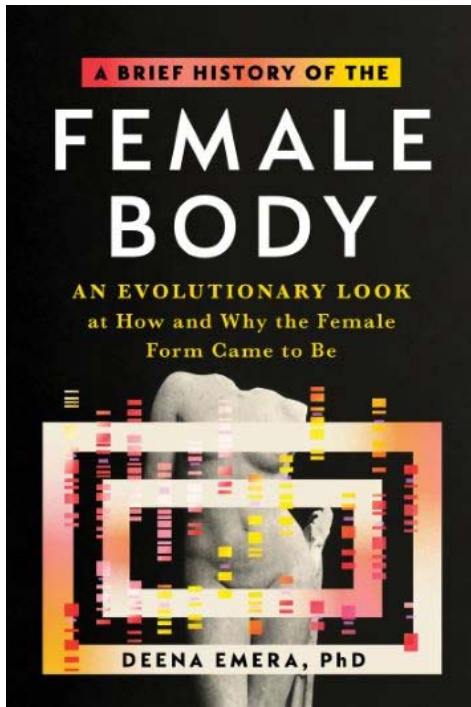
9781728275154 • \$27.99 • pb

Science / Life Sciences / Evolution

Notes

Promotion





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Sourcebooks

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6.25 x 9.25 • 320 pages

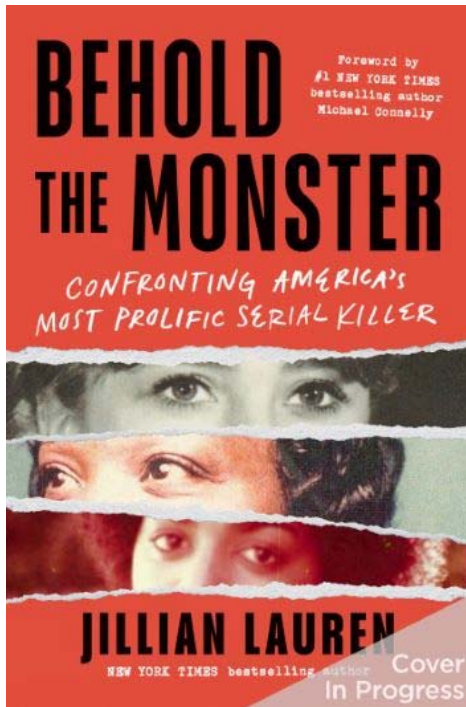
9781728249407 • \$39.99 • cl

Science / Life Sciences / Evolution

Notes

Promotion





LEAD

Behold the Monster

by Jillian Lauren, foreword by Michael Connelly

It all started when journalist Jillian Lauren asked LAPD Homicide Detective Mitzi Roberts about which case Roberts was most proud of closing. "Samuel Little," Roberts answered. The now 79-year-old Little had murdered approximately 90 women over six decades and repeatedly got away with the murders due to lack of evidence (or jurisdiction); Roberts finally brought him to justice by tying him to the murders of three Los Angeles women.

Surprised she had never heard of Little, Lauren started digging. She started exchanging letters with Little until she got a face-to-face meeting that led to hundreds of hours of interviews full of information Little had never shared with law enforcement. Lauren knew this journey to the truth was taking its toll on her, but she couldn't stop - Little was giving her a powerful and harrowing window into the psyche of a serial killer.

To balance out his darkness, Lauren decided to illuminate the lives of the women he killed. In her interviews, he confessed to 12 additional murders, supplying details that Lauren could share with families in need of closure. Harrowing, insightful, and extraordinarily adept at giving Little's victims a chance to have their stories heard for the first time, Behold the Monster is a true crime book as unforgettable as it is terrifying.

Author Bio

Jillian Lauren is the NYT bestselling author of the memoirs Everything You Ever Wanted and Some Girls, and the novel Pretty. She is married to Weezer bass player Scott Shriner. They live in LA.

Sourcebooks

On Sale: Jul 18/23

6 x 9 • 400 pages

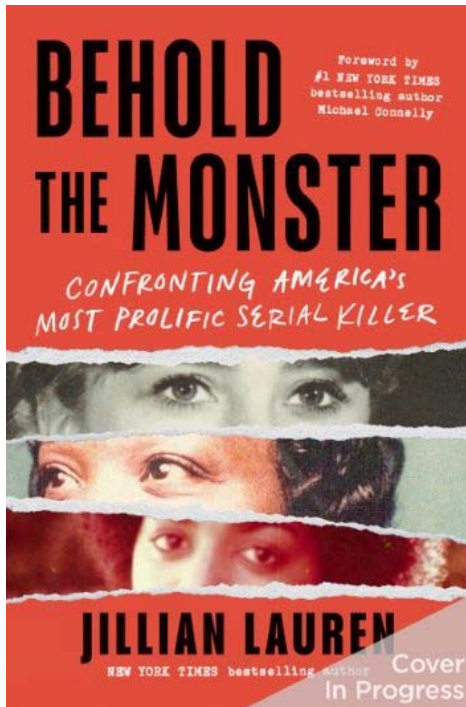
9781728283913 • \$24.99 • pb

True Crime / Murder / Serial Killers

Notes

Promotion





LEAD

Behold the Monster

Confronting America's Most Prolific Serial Killer

by Jillian Lauren, foreword by Michael Connelly

Jillian Lauren had no idea what she was getting into when she wrote her first letter to prolific serial killer Samuel Little. All she knew was her research had led her to believe he was good for far more murders than the three for which he had been convicted. While the two exchanged dozens of letters and embarked on hundreds of hours of interviews, Lauren gained the trust of a monster. After maintaining his innocence for decades, Little confessed to the murders of ninety-three women, often drawing his victims in haunting detail as he spoke. How could one man evade justice, manipulating the system for over four decades?

As the FBI, the DOJ, the LAPD, and countless law enforcement officials across the country worked to connect their cold cases with the confessions, Lauren's coverage of the investigations and obsession with Little's victims only escalated.

NEW YORK TIMES bestselling author and lead of the Starz docuseries *CONFRONTING A SERIAL KILLER* Jillian Lauren delivers the harrowing report of her unusual relationship with a psychopath. But this is more than a deep dive into the actions of Samuel Little. Lauren's riveting and emotional accounts reveal the women who were lost to cold files, giving Little's victims a chance to have their stories heard for the first time.

Author Bio

Jillian Lauren is the NYT bestselling author of the memoirs *EVERYTHING YOU EVER WANTED* and *SOME GIRLS*, and the novel *PRETTY*. She is married to Weezer bass player Scott Shriner. They live in LA.

Sourcebooks

On Sale: Jul 18/23

6.25 x 9.25 • 400 pages

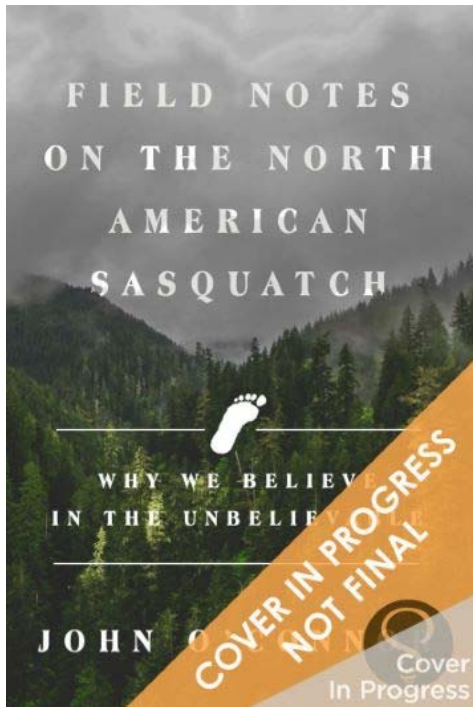
9781728267753 • \$38.99 • cl

True Crime / Murder / Serial Killers

Notes

Promotion





LEAD

Field Notes on the North American Sasquatch

Why We Believe in the Unbelievable

by John O'Connor

From the shrouded forests of the Pacific Northwest to off-the-wall cryptozoological conventions, one man searches high and low for the answer to the question: real or not, why do we want to believe?

Journalist and writer John O'Connor takes readers on a narrative quest through the American wilds in search of Bigfoot, its myth and meaning. Inhabited by an eccentric cast of characters - reputable men of science and deluded charlatans alike - the book explores the zany and secretive world of cryptozoology, tracking Bigfoot from the Wild Men of Native American and European lore to Harry and the Hendersons, while examining the forces behind our ever-widening belief in the supernatural.

By turns an ardent, philosophical defense of nature, investigation into what Kurt Andersen calls our peculiar "American appetites for immersive make-believe," and a gonzo trip into alternative reality, this is the story of our Bigfoot obsession - where it comes from, what it means today - and the people driving it. Tag along with O'Connor as he treks through the shrouded forests of the Pacific Northwest, studies indigenous legends, and attends off-the-wall cryptozoological conventions.

Perfect for readers of Bill Bryson and Douglas Preston and with sharp wit and an adventurous spirit, this heartfelt exploration of a cornerstone of American folklore unpacks why we believe in the things that we do, and what that says about us.

Author Bio

JOHN O'CONNOR is a journalist and regular contributor to the New York Times travel section and other publications. He teaches travel writing and lives with his family in Cambridge, MA.

Sourcebooks

On Sale: Aug 15/23

6.25 x 9.25 • 300 pages

9781728257631 • \$38.99 • cl

Travel / Special Interest / Adventure

Notes

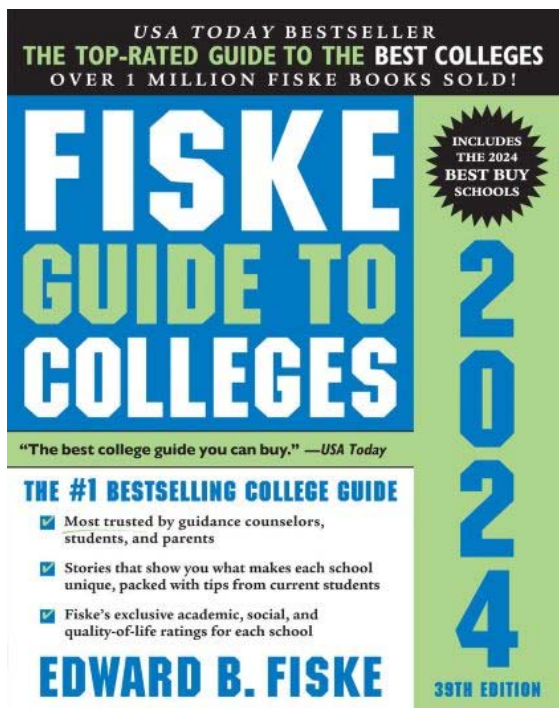
Promotion



9 781728 257631



Raincoast Books



Fiske Guide to Colleges 2024

by Edward Fiske

The best college guide you can buy." - USA TODAY

Every college and university has a story, and no one tells those stories like former NEW YORK TIMES education editor Edward B. Fiske. That's why, for 40 years, the FISKE GUIDE TO COLLEGES has been the leading guide to 320+ four-year schools, including quotes from real students and information you won't find on college websites.

Fully updated and expanded every year, Fiske is the most authoritative source of information for college-bound students and their parents. Helpful, honest, and straightforward, the FISKE GUIDE TO COLLEGES delivers an insider's look at what it's really like to be a student at the "best and most interesting" schools in the United States, plus Canada, Great Britain, and Ireland - so you can find the best fits for you.

In addition to detailed and candid stories on each school, you will find:

- A self-quiz to help you understand what you are really looking for in a college
- Lists of strong programs and popular majors at each college
- "Overlap" listings to help you expand your options
- Indexes that break down schools by state, price, and average debt
- Exclusive academic, social, and quality-of-life ratings
- All the basics, including financial aid stats and acceptance rates
- Plus a special section highlighting the 20 public and private Best Buy schools - colleges that provide the best educational value

Author Bio

Edward B. Fiske is the founder and editor of the Fiske Guide to Colleges. A former Education Editor of the New York Times, Fiske is known around the world for his award-winning writing on topics ranging from trends in American higher education to school reform in Southeast Asia, New Zealand and South Africa.

The guide was established in 1982 when, covering higher education for the Times, Fiske sensed the need for a publication that would help students and parents navigate the increasingly complex college admissions scene. The guide, an annual publication, immediately became a standard part of college admissions literature and it is now the country's best-selling college guide. Fiske has teamed up with his wife, Helen F. Ladd, a professor at Duke University, on several major international research projects regarding the development of education in various countries. Together, they are co-editors of the Handbook of Research in Education Finance and Policy, the official handbook of the American Education Finance Association. Fiske's journalistic travels have taken him to more than 60 countries on behalf of the U.S. Agency for International Development, UNESCO and the Asia Society.



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Sourcebooks

On Sale: Jul 11/23

8.25 x 10.5 • 864 pages

9781728271835 • \$42.99 • pb

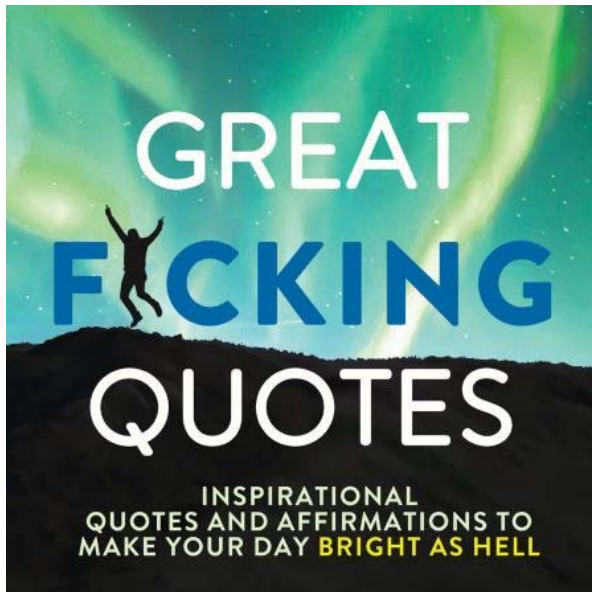
Study Aids / College Guides

Notes

Promotion



Raincoast Books



Great F*cking Quotes

Inspirational Quotes and Affirmations to Make Your Day Bright as Hell

by Olive Michaels and Sourcebooks

Don't just pursue happiness. . . catch the damn thing!

The perfect morning starts with sun shining through the window, a giant cup of coffee, and an affirmation to remind you why you're f*cking awesome. So crack open the spine of this book and find a fresh dose of motivation to get you through the good, the bad, and even the ugly parts of the day. No excuses, just do it.

With timeless and 'colorful' quotes and affirmations to guide your days, months, and even years, Olive Michaels' Great F*cking Quotes will inspire you in every facet of your life. What you'll learn? You've f*cking got this. All you have to do is begin.

Includes ass-pirational quotes such as:

A rose by any other name would smell as d*mn sweet

I came, I saw, I f*cking conquered

When life gives you lemons, make d*mn lemonade

It always seems impossible until it's f*cking done

Sourcebooks

On Sale: Aug 8/23

6.75 x 6.75 • 244 pages

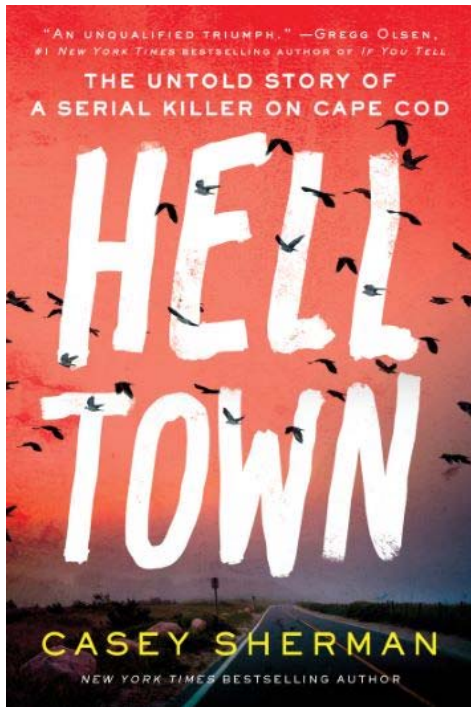
9781728271828 • \$24.99 • cl

Self-Help / Affirmations

Notes

Promotion





LEAD

HELLTOWN

The Untold Story of a Serial Killer on Cape Cod

by Casey Sherman

Before Charles Manson, there was Tony Costa - the serial killer of Cape Cod 1969: The hippie scene is vibrant in Provincetown, Massachusetts. Long-haired teenagers roam the streets, strumming guitars and preaching about peace and love. . . and Tony Costa is at the center of it all. To a certain group of smitten young women, he is known as Sire - the leader of their counter-culture movement, the charming man who speaks eloquently and hands out hallucinogenic drugs like candy. But beneath his benign persona lies a twisted and uncontrollable rage that threatens to break loose at any moment. Tony Costa is the most dangerous man on Cape Cod, and no one who crosses his path is safe.

When young women begin to disappear, Costa's natural charisma and good looks initially protect him from suspicion. But as the bodies are discovered, the police close in on him as the key suspect. Meanwhile, local writers Kurt Vonnegut and Norman Mailer are locked in a desperate race to secure their legacies as great literary icons - and they both set their sights on Tony Costa and the drug-soaked hippie culture that he embodies as their next promising subject, launching independent investigations that stoke the competitive fires between two of the greatest American writers.

Immersive, unflinching, and shocking, HELLTOWN is a landmark true crime narrative that transports us back to the turbulent late 1960s, reveals the secrets of a notorious serial killer, and unspools the threads connecting Costa, Vonnegut, and Mailer in the seaside city that played host to horrors unlike any ever seen before. NEW YORK TIMES bestselling author Casey Sherman has crafted a stunner.

Author Bio

Casey Sherman is an American author, journalist, and screenwriter. Several of his books have been made into major motion pictures or are in development.

Sourcebooks

On Sale: May 2/23

5.5 x 8.25 • 528 pages

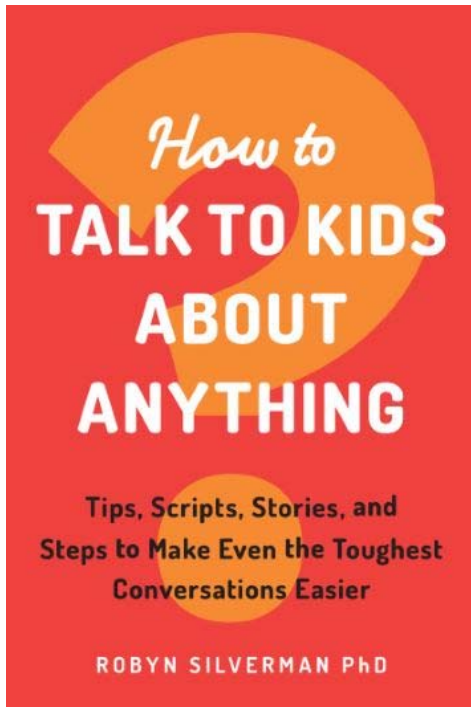
9781728271934 • \$27.99 • pb

True Crime / Murder / Serial Killers

Notes

Promotion





How to Talk to Kids About Anything

Tips, Scripts, Stories, and Steps to Make Even the Toughest Conversations Easier
by Robyn Silverman

A quintessential guide for discussing big topics with small humans, from mental health to divorce to racism. . . and more!

What do you do when your child comes to you with a question about anxiety, death, divorce, beauty, or race? Poised to become the quintessential conversation resource for parents, *How to Talk to Kids About Anything* provides powerful words, actionable steps, inspiring real-life stories, and pivotal advice to tackle these difficult conversations with kids.

Dr. Robyn Silverman of the *How to Talk to Kids About Anything* parenting podcast provides the Cliff's Notes for parenting on a wide variety of topics, giving busy parents the words they need to answer kids' most challenging questions and set a precedent for healthy communication.

Author Bio

DR. ROBYN SILVERMAN is an award-winning parenting expert, regularly seen on *The Today Show*, the *CBS Morning Show*, and *Good Morning America*. She is the host of the *How to Talk to Kids About Anything* parenting podcast.

Sourcebooks

On Sale: Aug 1/23

5.5 x 8.25

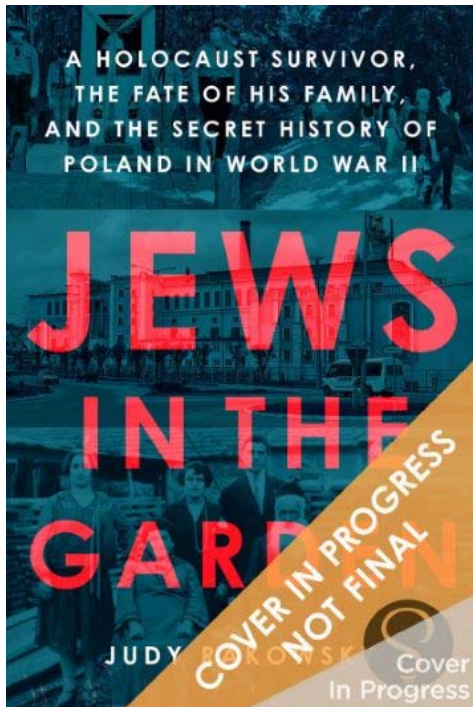
9781728246987 • \$24.99 • pb

Family & Relationships / Parenting

Notes

Promotion





Jews in the Garden

A Holocaust Survivor, the Fate of His Family, and the Secret History of Poland in World War II
by Judy Rakowsky

Villages of Poland hide the lost secrets of World War II

1944: Heavy footfalls thud on the road on a rainy May night. A band of gunmen scour a hilltop farm, acting on rumors that it harbors a Jewish family. For 18 months, the Rozeneks have been hiding safely, but their luck is about to run out. Only one from the family of six will live to see the sunrise. Sixteen-year-old Hena Rozenek shelters in the woods until morning. . . and then she runs.

FORTY YEARS LATER: Holocaust survivor Sam Rakowski Ron has lived in the United States for decades, never thinking he could return to the Polish village he fled as a teenager. But now he's ready to talk about what he heard, what he saw, and what he knows about two separate families of cousins who were his neighbors, and presumably were killed during the war. The story Poland presents to the world is that Poles saved more Jews than citizens of any other nation, that any murders in Poland were committed by Nazis and Nazis alone. But Sam, while defending his countrymen, suspects a painful truth. The stories he shares with his younger cousin, Judy, an investigative journalist, send them off on a decades-long journey unlike any other to find out what happened to the Rozenek family and ultimately reveal the secrets the Polish government is still desperate to keep.

JEWS IN THE GARDEN is aglobe-trotting detective story that turns investigative eyes and ears toward the hidden events in Poland during the Holocaust. Judy and Sam, the unlikelyest (...)

Author Bio

JUDY RAKOWSKY is an award-winning journalist whose career of enterprise reporting for the Boston Globe, the Providence Journal and People Magazine often led coverage on the major stories of the times from organized crime, priest sex abuse, and bank fraud to security issues after 9/11 to online bullying of teens in the 2000s. She has garnered awards for feature writing, sensitivity to crime victims, enterprise reporting, domestic violence, and online bullying. She lives in Boston, MA.

Sourcebooks

On Sale: Jul 11/23

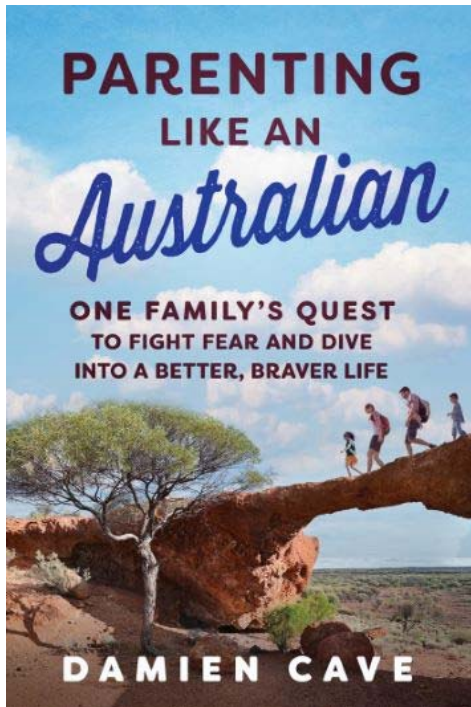
5.5 x 8.25 • 336 pages

9781728254623 • \$25.99 • pb

Notes

Promotion





Parenting Like an Australian

One Family's Quest to Fight Fear and Dive into a Better, Braver Life

by Damien Cave

Raise kids to be strong, confident, and happy - by parenting the Australian way

It all started with risk. When Damien and his wife Diana decided to move their family in Sydney, they were confronted with new ideas, questions, and cultures - all deeply at odds with their own self-confidence and the American mindset of careful, optimized parenting. Looking to learn more, Damien went on a quest to understand his own upbringing, and why his Australian neighbors seemed happier without the urge to keep their children from tears, potential injury and failure. Eventually, he learned that risk - physical or and social - is extremely valuable. Risk is something we can get better at managing, with practice, perseverance, and community, and it's something that can help our kids grow into strong, brave, happy adults.

Author Bio

Damien Cave has worked for the New York Times since 2004. He and his wife, Diana, were finalists for the Pulitzer Prize in international reporting in 2008 with a team in Baghdad, when covering the Iraq war. Australian Bureau Chief since 2017, he has traveled extensively in the country and the region. He lives in Sydney with his wife and two children.

Sourcebooks

On Sale: May 30/23

5.5 x 8.25 • 336 pages

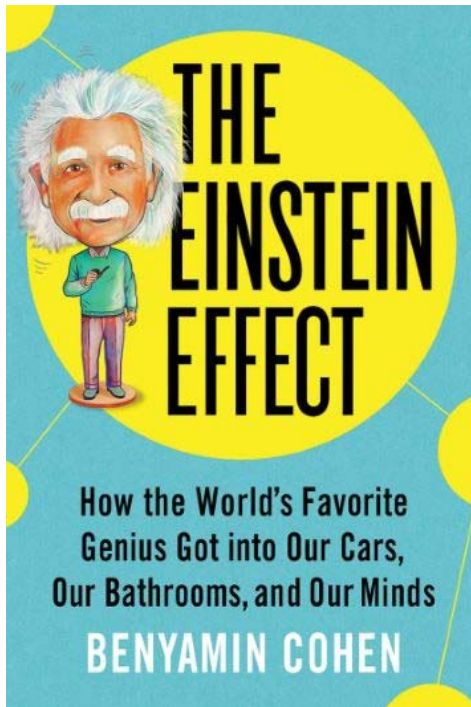
9781728266060 • \$24.99 • pb

Biography / Personal Memoirs

Notes

Promotion





The Einstein Effect

How the World's Favorite Genius Got into Our Cars, Our Bathrooms, and Our Minds
by Benjamin Cohen

A fascinating look into how Einstein's genius and science continues to show up in so many facets of our everyday lives and his enduring legacy as an unlikely pop culture icon.

Albert Einstein was the first modern-day celebrity and, decades after his death, still has the world's most recognizable face. His influence is seen in much of the technology we use every day: GPS, remote controls, weather forecasts, even toothpaste. But it's not just Einstein's scientific discoveries that continue to shape our world. His legacy underpins the search for aliens, the rescue of refugees, the invention of time machines, and the debunking of fake news. He appears in new books, TV shows, and movies all the time - and fans are paying millions for Einstein relics at auction.

Award-winning author and journalist Benjamin Cohen has a bizarre side hustle as the manager of Einstein's official social media accounts, which have 20 million followers - more than most living celebrities. In *THE EINSTEIN EFFECT*, Cohen embarks on a global quest to unearth Einstein's ongoing relevance today. Along the way, he meets scientists and celebrities, speaks to dozens with the last name Einstein (including two rabbis), and even tracks down the brain of Einstein, stolen from his body during the autopsy. Cohen shows us the myriad ways the Nobel Prize winner's influence is still with us, giving an in-depth - and often hilarious - look at the world's favorite genius like you've never seen him before.

Author Bio

Benjamin Cohen is the News Director of the *FORWARD*. He has written for the *WASHINGTON POST*, the *DAILY BEAST* and *SLATE*. Cohen is also the author of *MY JESUS YEAR: A RABBI'S SON WANDERS THE BIBLE BELT IN SEARCH OF HIS OWN FAITH*, named one of the best books of the year by *PUBLISHERS WEEKLY* and for which he received the Georgia Author of the Year award. Cohen previously served as the Content Director for the Mother Nature Network, and was the founding editor of both *JEWSWEEK* and *AMERICAN JEWISH LIFE* magazine. He is based in Morgantown, West Virginia, where he lives with his wife, three dogs, and a flock of chickens known as the Co-Hens.

Sourcebooks

On Sale: Jul 18/23

5.5 x 8.25 • 384 pages

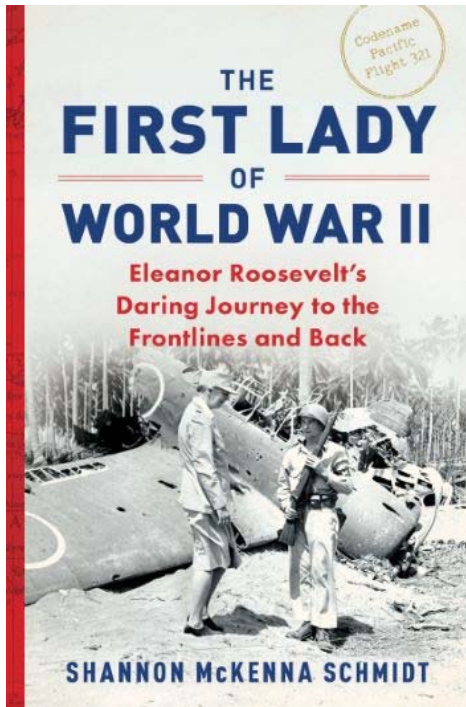
9781728248387 • \$24.99 • pb

Social Science / Popular Culture

Notes

Promotion





Sourcebooks

On Sale: May 2/23

6.25 x 9.25 • 336 pages

9781728256610 • \$38.99 • cl

History / Military / World War II

Notes

Promotion



The First Lady of World War II

Eleanor Roosevelt's Daring Journey to the Frontlines and Back
by Shannon McKenna Schmidt

The first book to tell the full story of Eleanor Roosevelt's unprecedented and courageous trip to the Pacific Theater during World War II.

On August 27, 1943, news broke in the United States that First Lady Eleanor Roosevelt was on the other side of the world. A closely guarded secret, she had left San Francisco aboard a military transport plane headed for the South Pacific to support and report the troops on WW2's front lines.

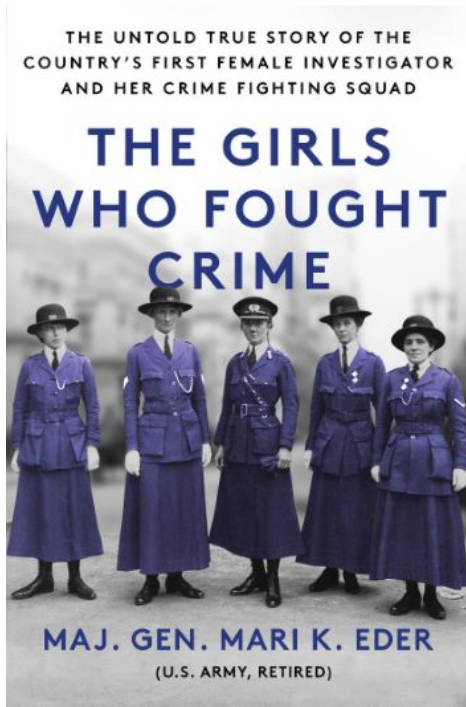
Americans had believed she was secluded at home.

As Allied forces battled the Japanese for control of the region, Eleanor was there on the frontlines, spending five weeks traveling, on a mission as First Lady of the United States to experience what our servicemen were experiencing. . . and report back home.

Author Bio

SHANNON MCKENNA SCHMIDT is an author and journalist who has written for National Geographic Traveler, Shelf Awareness, DailyBeast.com, NPR.org, and other websites and publications.





The Girls Who Fought Crime

The Untold True Story of the Country's First Female Investigator and Her Crime Fighting Squad

by Mari Eder

In 1920s New York, one woman threw aside her corset to bring rapists and murderers to justice - this is the untold story of New York's first female crime investigator

From corsets to crime fighting, Mae Foley challenged the patriarchal status quo by not only juggling family life, but also by forming the first female auxiliary police force in the City That Never Sleeps. After the 19th Amendment passed in 1920, Foley galvanized 2,000 women to join her "Masher Squad" and eventually became one of the first sworn officers with the NYPD. The "Masher Squad" brought down robbers and rapists, investigated the notorious 3X serial murders, and provided witness protection during the trials of the deadliest mafia bosses in the city. Foley starred down the barrel of the gun - from facing the patriarchy head on, but also quite literally - and always came out on top.

Author Bio

Mari K. Eder is a retired U.S. Army Major General, a renowned speaker and author, and a thought leader on strategic communication and leadership. General Eder is the former Commanding General of the U.S. Army Reserve Joint and Special Troops Support Command, former Deputy Chief of the Army Reserve and former Deputy Chief of Public Affairs for the U.S. Army. General Eder is the author of *Leading the Narrative: The Case for Strategic Communication*, published by the Naval Institute Press.

Sourcebooks

On Sale: Aug 8/23

6.25 x 9.25 • 400 pages

9781728271798 • \$38.99 • cl

History / Women

Notes

Promotion





The Grift

The Downward Spiral of Black Republicans from the Party of Lincoln to the Cult of Trump
by Clay Cane

Once upon a time, Black Republicans were revolutionaries. Today, many see them as traitors, selling their souls for power. In 2021, Black conservatives are the greatest grift.

Journalist and radio host Clay Cane examines how the Republican party evolved into a safe space for racists and how Black Republicans attempt to gain power by aligning themselves with white supremacy. Black Republicans consistently make viral news, whether it's Senator Tim Scott, 2016 presidential candidate Ben Carson, or radical conservative commentator Candace Owens, who proudly upholds white supremacy to gain power.

Why are they so popular? Where did they come from? And how did Black Republicans mutate from freedom fighters like Frederick Douglas to Kentucky Attorney General Daniel Cameron?

"Skin folk who ain't kinfolk," as Zora Neale Hurston famously said, have always been dangerous to the progress of Black communities. They are grifters, invested in disenfranchising their own for proximity to power. Cane reveals this divergence in fascinating historical detail.

Author Bio

CLAY CANE is an award-winning journalist, author, television personality, documentary filmmaker, and the host of The Clay Cane Show on Sirius XM Urban View. Raised in both Washington State and Philadelphia, his diverse background provides sharp, witty, incisive, and raw analysis on culture. He is a graduate of Rutgers University, Phi Beta Kappa, with a B.A. in English and African American Studies.

Sourcebooks

On Sale: Aug 1/23

6 x 9 • 320 pages

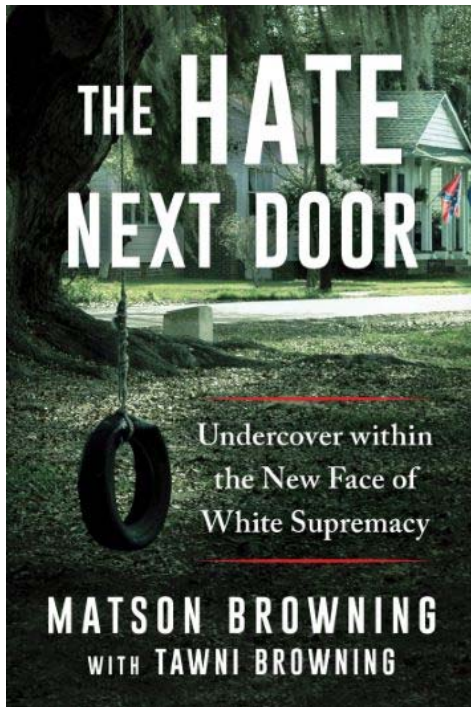
9781728272399 • \$38.99 • cl

Political Science / Commentary & Opinion

Notes

Promotion





The Hate Next Door

Undercover within the New Face of White Supremacy
by Matson Browning, with Tawni Browning

The changing face of hate is on your doorstep. . .

Matt Browning, an undercover detective in Arizona, thought he knew what hate looked like; that is, until he got a front row seat to White supremacy. What followed was a career of hardship and danger, and what he uncovered can no longer go left untold.

For more than twenty-five years, Browning has been infiltrating, documenting, and disrupting white supremacy movements from the inside, gaining an intimate vantage point to the KKK, skinheads, border militias, Proud Boys, and other White Power groups, as they organized and grew, their ranks alarmingly including police force and military veterans. Together with his intrepid wife, Tawni, he adopted fake IDs and ideologies, seeking the arrest of its participants - none more so than J.T. Ready, a neo-Nazi who took hunting trips" for border migrants while gaining mainstream acceptance as a political candidate - and terrorizing Browning's family. What others dismissed as fringe groups, Browning quickly recognized as large and interconnecting organizations permeating into every facet of American society, effectively spreading their dangerous and repugnant rhetoric at unprecedented speeds. Today, after the violent storming of the Capitol on January 6th, the threat posed by these toxic organizations can no longer be ignored by the public at large.

In this imperative and gripping narrative, Browning gives readers the inside story of modern-day White supremacy in America in all of its ugly variation. Following his dramatic, high-stakes attempts to take down powerful White supremacists, the torment he faced whilst working undercover, and his eventual creation of the international Skinhead Intelligence Network, THE (...)

Author Bio

MATT BROWNING works undercover to identify white supremacists. He and his wife, Tawni, founded and run the Skinhead Intelligence Network, a global information-sharing network for law enforcement.

Sourcebooks

On Sale: Jul 4/23

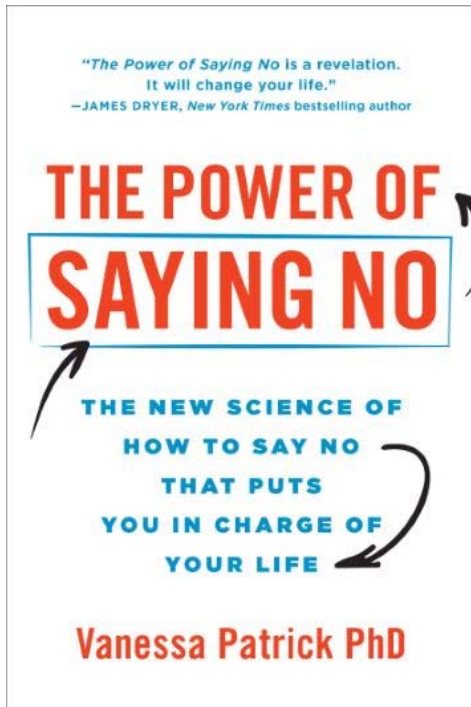
6.25 x 9.25 • 352 pages

9781728276625 • \$39.99 • cl

Notes

Promotion





The Power of Saying No

The New Science of How to Say No that Puts You in Charge of Your Life

by Vanessa Patrick

Stop saying yes. Start saying no. Change your life!

You have probably said yes" to bosses, partners, family, friends, and even strangers, when you actually want to say "no." Maybe you wish you could say no more often, but you're not sure how or if it's even possible to do so. You're not alone! We're taught to say yes as often as we can. After all, if you say no, aren't you likely to miss out on opportunities and sever important relationships? Isn't saying no a harmony-buster?

In THE POWER OF SAYING NO, award-winning professor and researcher Vanessa Patrick delves into the new science of saying no. She introduces the ground-breaking concept of "empowered refusal" - a proven framework for saying no that puts you in charge of your life - and reveals some surprising secrets about the power of the word no.

Dr. Patrick shares:

- Why empowered refusal is a valuable superskill that helps us say no in a way that does not invite pushback from others.
- The toolkit of three competencies you need to develop to effectively communicate an empowered no response.
- A framework to help separate the "good-for-me" from the "not-good-for-me" activities and engagements that come our way.
- How to establish and implement personal policies that empower your refusal.
- How to use empowered refusal to manage difficult askers, strengthen your relationships and realize your full potential.

It's more important than ever to protect your time, focus on your top priorities, and use the power of saying no to reach your goals at work and at (...)

Author Bio

VANESSA PATRICK, PhD, is the Associate Dean for Research, the Bauer Professor of Marketing, and lead faculty of the Executive Women in Leadership Program at the Bauer School of Business at the University of Houston. She has a PhD in business from the University of Southern California and an MBA in marketing and a BS degree in microbiology and biochemistry from Bombay University in India. Patrick is a regular speaker at both academic and practitioner conferences. She lives in Houston, Texas.



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Sourcebooks

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6.25 x 9.25 • 336 pages

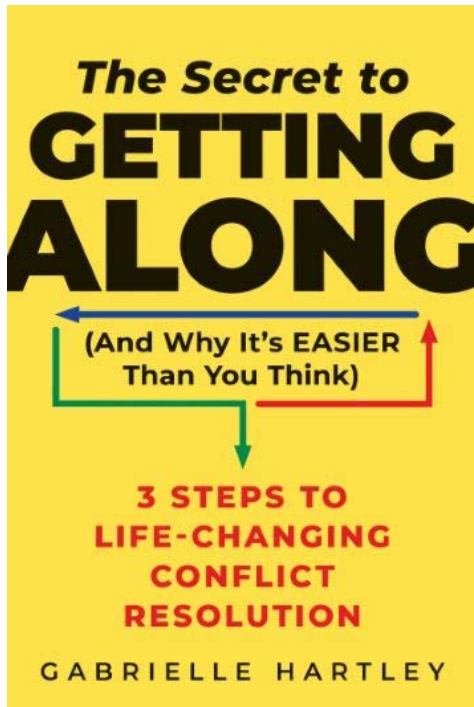
9781728251523 • \$38.99 • cl

Psychology / Interpersonal Relations

Notes

Promotion





The Secret to Getting Along (And Why It's Easier Than You Think)

3 Steps to Life-Changing Conflict Resolution

by Gabrielle Hartley

Is it possible to get along better? Yes, with 3 simple steps for conflict resolution!

Conflict is everywhere - in our homes, at work, on our social media feeds. But conflict isn't inherently bad. . . in fact, it's a normal and healthy part of human relationships, but many of us aren't good at managing conflict in our everyday lives. In *THE SECRET TO GETTING ALONG (AND WHY IT'S EASIER THAN YOU THINK!)*, attorney Gabrielle Hartley brings more than two decades of divorce mediation experience to helping you learn how to resolve conflict in ways that strengthen your relationships, reflect your values, and lead to positive outcomes for everyone involved. This practical and accessible guide to everyday conflict resolution will help you:

- Reframe your approach to conflict
- Find your way to more harmony and less discord
- Create better outcomes even in your most difficult relationships
- Experience more peace even when relationships don't go well
- Strengthen your skills in resolving conflicts of all shapes and sizes
- Feel more connected to the important people in your life

Whether you're fighting with your partner about housework, struggling to set boundaries with a difficult family member, or dealing with a toxic coworker, *THE SECRET TO GETTING ALONG (AND WHY IT'S EASIER THAN YOU THINK!)* is a necessary resource for navigating difficult conversations and situations - and finding the solutions that will help you create a peaceful, less stressful, and more fulfilling life.

A very thoughtful, practical, and upbeat book! There are many tips and tools you can learn to apply to any relationship or friendship. By starting with self-awareness, the author brings greater clarity to our own part in relationships conflicts. We are often (...)

Author Bio

Gabrielle Hartley, Esq., Co-Chair of the American Bar Association Mediation Committee, is a nationally recognized divorce attorney, online mediator, divorce strategy coach and author of *Better Apart: The Radically Positive Way to Separate*. Gabrielle is known for her unique, non-toxic approach to divorce that she has developed over twenty-five years.



Sourcebooks

On Sale: May 16/23

6.25 x 9.25 • 304 pages

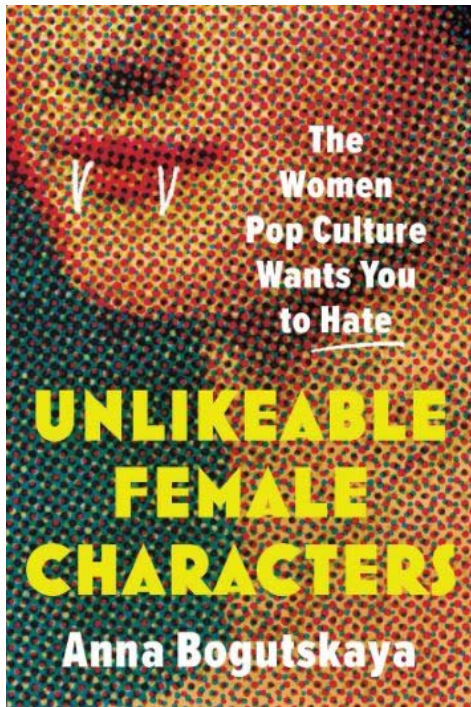
9781728258911 • \$38.99 • cl

Family & Relationships / Conflict Resolution

Notes

Promotion





LEAD

Unlikeable Female Characters

The Women Pop Culture Wants You to Hate

by Anna Bogutskaya, foreword by Terri White

How bitches, trainwrecks, shrews, and crazy women have taken over pop culture and liberated women from having to be nice.

Female characters throughout history have been burdened by the moral trap that is likeability. Any woman who dares to reveal her messy side has been treated as a cautionary tale. Today, unlikeable female characters are everywhere in film, TV, and wider pop culture. For the first time ever, they are being accepted by audiences and even showered with industry awards. We are finally accepting that women are - gasp - fully fledged human beings. How did we get to this point?

UNLIKEABLE FEMALE CHARACTERS traces the evolution of highly memorable female characters, from Samantha Jones as The Slut" in SEX AND THE CITY to the iconic Mean Girl, Regina George, examining what exactly makes them popular, how audiences have reacted to them, and the ways in which pop culture is finally allowing us to celebrate the complexities of being a woman. Anna Bogutskaya, film programmer, broadcaster, and co-founder of the horror film collective and podcast The Final Girls, takes us on a journey through popular film, TV, and music, looking at the nuances of womanhood on and off-screen to reveal whether pop culture - and society - is finally ready to embrace complicated women.

Fascinating, insightful and kick-ass. This book is a super smart and deeply personal addition to the canon. All hail the unlikeable female!" - Emma Jane Unsworth, internationally bestselling author of GROWN UPS and ANIMALS "Anna Bogutskaya's beautifully written *UNLIKEABLE FEMALE CHARACTERS* takes a deep dive into bitches, sluts, trainwrecks, psychos - and more - to (...)

Author Bio

Anna Bogutskaya is a London-based freelance film programmer, broadcaster, writer and creative producer, connected in both the worlds of US and UK film. She is also the co-founder of the horror film collective and podcast The Final Girls and Festival Director of Underwire Festival. Previously, Anna was the Film and Events Programmer at the British Film Institute. In 2019, she was selected as one of Screen International's Future Leaders in Curation and Programming and was invited to become a Fellow of the Royal Society of Arts, and in 2020 was selected as a mentor at SXSW.



Sourcebooks

On Sale: May 9/23

5.5 x 8.25 • 320 pages

9781728274744 • \$24.99 • pb

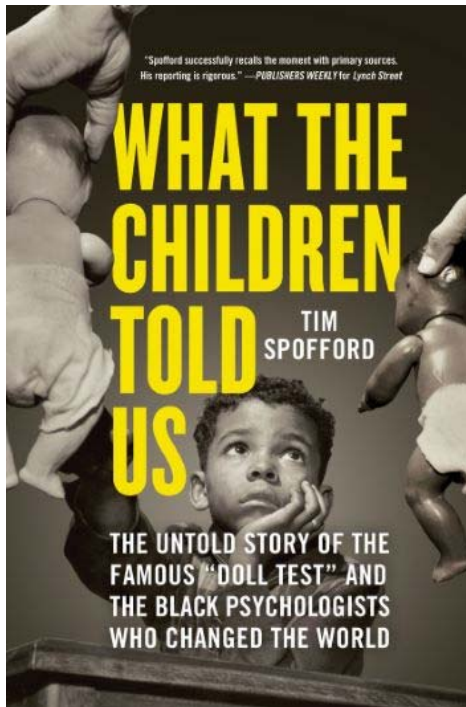
Social Science / Women's Studies

Notes

Promotion



Raincoast Books



What the Children Told Us

The Untold Story of the Famous "Doll Test" and the Black Psychologists Who Changed the World
by Tim Spofford

Does racial discrimination harm Black children's sense of self?
The Doll Test illuminated its devastating toll.

Dr. Kenneth Clark visited rundown and under-resourced segregated schools across America, presenting Black children with two dolls: a white one with hair painted yellow and a brown one with hair painted black. "Give me the doll you like to play with," he said. "Give me the doll that is a nice doll." The psychological experiment Kenneth developed with his wife, Mamie, designed to measure how segregation affected Black children's perception of themselves and other Black people, was enlightening - and horrifying. Over and over again, the young children - some not yet five years old - selected the white doll as preferable, and the brown doll as "bad." Some children even denied their race. "Yes," said brown-skinned Joan W., age six, when questioned about her affection for the light-skinned doll. "I would like to be white."

WHAT THE CHILDREN TOLD US is the story of the towering intellectual and emotional partnership between two Black scholars who highlighted the psychological effects of racial segregation. The Clarks' story is one of courage, love, and an unfailing belief that Black children deserved better than what society was prepared to give them, and their unrelenting activism played a critical role in the landmark Brown v. Board of Education case. The Clarks' decades of impassioned advocacy, their inspiring marriage, and their enduring work shines a light on the power of passion in an unjust world.

Author Bio

Tim Spofford's writing career has focused on racial issues in education. Spofford has taught writing and journalism in schools and colleges and has a Doctor of Arts in English degree from the State University of New York at Albany. His work has appeared in the New York Times, Newsday, Mother Jones, and other publications. He lives with his wife, Barbara, in St. Petersburg, Florida, and Lee, Massachusetts. Visit him at timspoffordbooks.com

Sourcebooks

On Sale: Jun 20/23

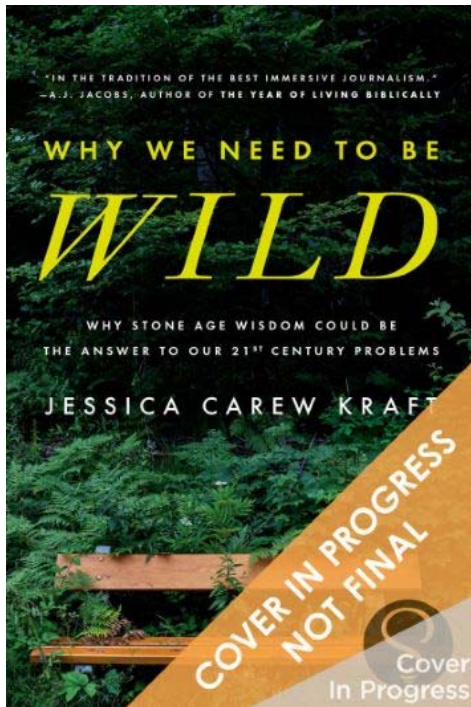
5.5 x 8.25 • 480 pages

9781728271941 • \$27.99 • pb

Notes

Promotion





LEAD

Why We Need to Be Wild

Why Paleolithic Wisdom Could Be the Answer to Our 21st Century Problems

by Jessica Carew Kraft

IN THE TRADITION OF THE BEST IMMERSIVE JOURNALISM." -A.J. JACOBS, AUTHOR OF The Year of Living Biblically

A bold examination of how Paleolithic wisdom could solve our 21st century problems

Jessica Carew Kraft, an urban wife and mom of two, was firmly rooted in the modern world, complete with a high-powered career in tech and the sneaking suspicion that her lifestyle was preventing her and her family from truly thriving. Determined to find a better way, Jessica quit her job and set out to learn about "rewilding" from people who reject the comforts and convenience of civilization by using ancient tools and skills to survive. Along the way, she learned how to turn sticks into fire, stones into axes, and bones into tools for harvesting wild food - and found an entire community walking the path back from our technology-focused, anxiety-ridden way of life to a simpler, more human experience.

Weaving deep research and reportage with her own personal journey, Jessica tells the remarkable story of the potential benefits rewilding has for us and our planet, and questions what it truly means to be a human in today's world. For readers of A HUNTER-GATHERER'S GUIDE TO THE 21ST CENTURY and HUNT, GATHER, PARENT, WHY WE NEED TO BE WILD is a thought-provoking, unforgettable narrative that illuminates how we survived in the past, how we live now, and how each of us can choose to thrive in the years ahead.

"KRAFT SHOWS US HOW WE COULD ALL BENEFIT FROM BEING A LITTLE LESS CIVILIZED." - TIFFANY SHLAIN, AUTHOR OF 24/6: The Power (...)

Author Bio

Jessica is an independent journalist trained in cultural anthropology, with degrees from the University of London, Yale University and Swarthmore College. Her reporting on health, culture, tech and education has been published in The New York Times, The Atlantic, Christian Science Monitor, Forbes, San Francisco Chronicle, San Francisco Magazine, Politico, NBC News, KQED, and many other outlets. She has also taught anthropology, urban agriculture, and sustainability at UC Berkeley, the Academy of Art University, California College of the Arts, and the California Institute of Integral Studies.

Sourcebooks

On Sale: Aug 22/23

6 x 9 • 320 pages

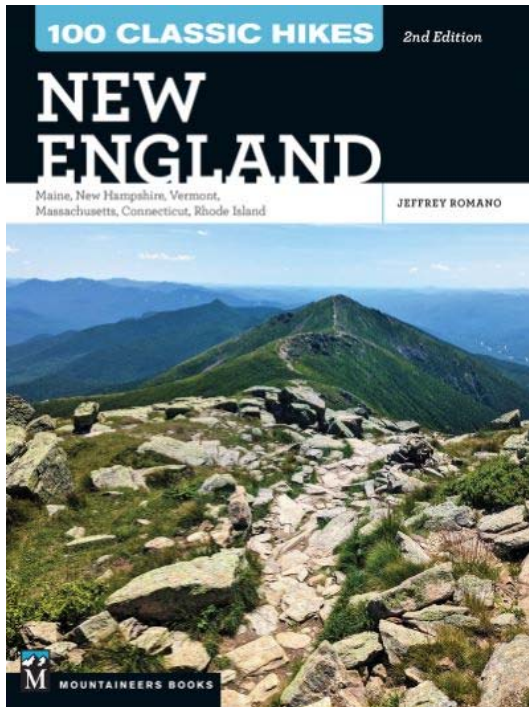
9781728276595 • \$39.99 • cl

Psychology / Evolutionary Psychology

Notes

Promotion





The Mountaineers Books
On Sale: Jun 1/23
6.75 x 9 • 272 pages
120 color photographs; 101 maps
9781680516098 • \$35.95 • pb
Sports & Recreation / Hiking

Notes

Promotion



100 Classic Hikes New England

Maine, New Hampshire, Vermont, Massachusetts, Connecticut, Rhode Island (2nd Edition)
by Jeff Romano

Fully revised and updated edition of this must-have New England resource!

- More than 35 new destinations
- All new maps and full-color photos
- Offers both family-friendly adventures and more challenging all-day treks

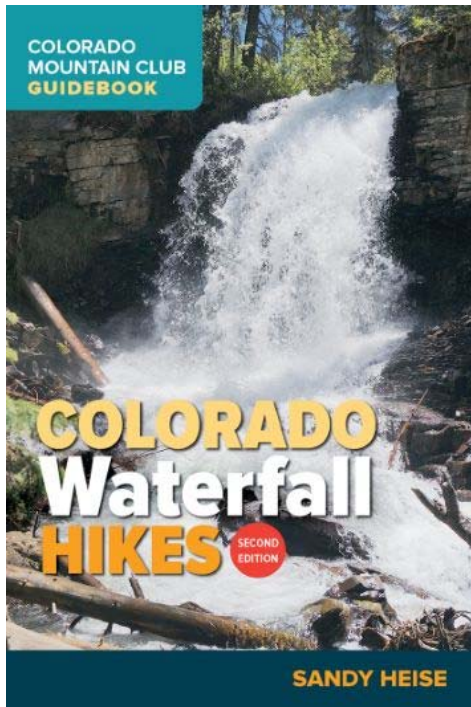
The wilderness of New England is a year-round hikers paradise, offering an abundance of rolling hills, granite-topped mountains, jagged coastlines, lush hardwood forests, and sparkling lakes. Historic trails are well-worn into the New England landscape, inviting outdoor enthusiasts to undertake epic backpacking adventures or short, satisfying day hikes. Author Jeffrey Romano, a New England native, covers the best trails across six states, including hikes on Vermont's famous Long Trail, the challenging rocky peaks of New Hampshire's White Mountains, in the forests of Connecticut and the many conservation areas of Massachusetts, and along the picturesque coasts of Maine and Rhode Island.

Romano provides options for both shortening or extending many hikes so everyone can find the route that matches their skill and energy level - and, of course, includes distances and times for each route, as well as difficulty rating, elevation gain, permitting information, and more. Whether they are looking for an easy jaunt, a longer day hike, or a multi-day backpacking experience, hikers will find it all in *100 Classic Hikes New England, 2nd Edition*

Author Bio

A lifelong resident of New England, **Jeffrey Romano** has lived in Connecticut, New Hampshire, Vermont, and Maine. In addition to scaling New England's 100 highest peaks and completing an end-to-end of the Long Trail, he has hiked extensively throughout all 6 states over the last 40 years. Jeff is the author of *Day Hiking: New England* and *Hike the Parks: Acadia National Park* and holds a BA in politics from Saint Anselm College and a JD from Vermont Law School. He currently manages public policy activities for Maine Coast Heritage Trust, a statewide land trust that focuses on the conservation of Maine's unique coastline. He lives in Hallowell, Maine.





The Mountaineers Books
On Sale: Jun 1/23
6 x 9 • 224 pages
150 color photographs, 51 maps
9781937052850 • \$38.95 • pb
Sports & Recreation / Hiking

Notes

Promotion



Colorado Waterfall Hikes

by Sandy Heise

- Completely updated second edition
- Hikes to Colorado's 50 best waterfalls
- From easy to most difficult, from under a mile to over 15 miles

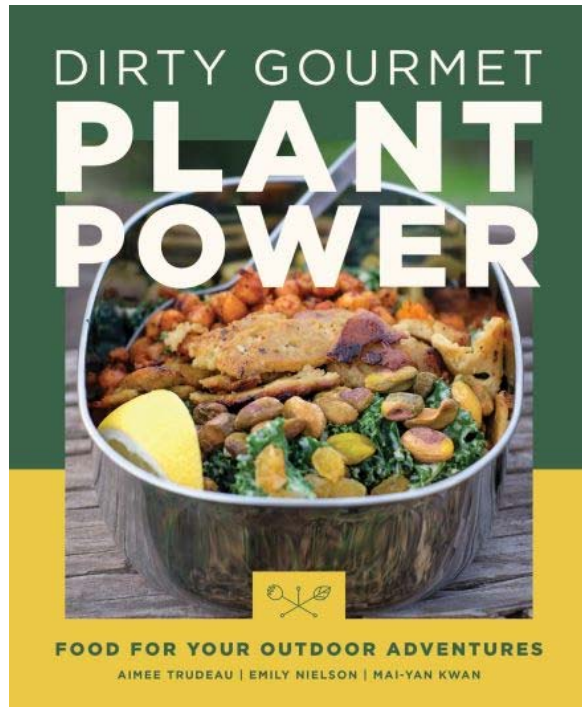
Colorado Waterfall Hikes describes 50 enjoyable hikes to beautiful waterfalls around the state. Many of these are family-friendly but others are more challenging, with something for everyone.

If you enjoy the beauty and serenity of rushing waters in alpine and high-desert landscapes, you'll love these hikes. Author Sandy Heise has selected her favorites and added detailed descriptions, photos, and helpful maps to show you the way. The trails are a variety of lengths - from a short jaunt to a long day. Cool off this summer by hiking to a refreshing waterfal

Author Bio

Sandy Heise began wandering the trails and mountains of Colorado after taking a Basic Mountaineering School course offered by the Colorado Mountain Club. She later became a senior instructor for the same course, a trip leader, and an assistant instructor for the Advanced Mountaineering School. Sandy enjoys exploring and photographing trails around the globe. She lives in Colorado and is the author of *Hiking Colorado* and co-author of *Best Hikes Near Denver and Boulder*





The Mountaineers Books
On Sale: Jun 1/23
7 x 8.5 • 288 pages
175 color photographs
9781680516302 • \$35.95 • pb
Cooking / Vegetarian

Notes

Promotion



Dirty Gourmet Plant Power

Food for Your Outdoor Adventures

by Aimee Trudeau, Emily Nielson and Mai-Yan Kwan

- Includes 126 vegan recipes with full-color photos
- Tips on how to adapt or "campify" favorite home recipes
- Recipes can be easily adapted to include meat and dairy

From the bestselling authors of *Dirty Gourmet: Food for Your Outdoor Adventures*, comes a brand new cookbook! The recipes in *Dirty Gourmet Plant Power* focus on vegan recipes with a global twist. In the spirit of inclusivity and accessibility, the authors have included snacks and meals that work great for play dates at the local park or picnics on the beach, as well as food-fuel for urban and day hikes and on longer wilderness outings. With details on how to do your own dehydrating - though with no shaming for buying pre-dehydrated goods - and helpful tips about equipment and basics to keep on hand, *Dirty Gourmet Plant Power* will have you enjoying scrumptious recipes like White Bean and Artichoke Pressed Sandwiches, Tahini Soba Noodles, and Pumpkin Pecan Pie Iron Waffles wherever you head outside!

Founded by the authors nearly 15 years ago, Dirty Gourmet sees food as fundamental to outdoor education. Their outdoor cooking blog, based on their own adventures and recipes, informs their experiential catered campouts, outdoor food-product testing, and outdoor cooking workshops. Aimee, Emily, and Mai-Yan aim to encourage both new and experienced outdoor enthusiasts to make food an inspirational part of any outing - nourishing, comforting, and delicious, no matter your nutritional needs, skill level, or destination.

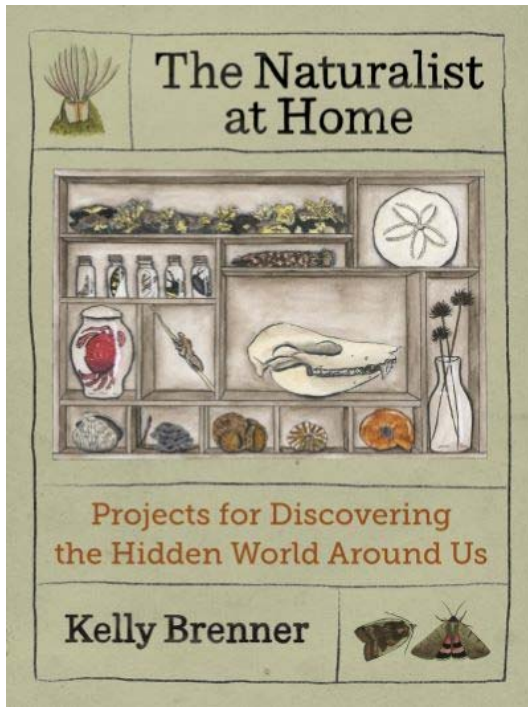
Author Bio

Aimee Trudeau grew up cooking and camping and studied Food Science in college. She and her kids have been vegan for over seven years. They live in Solvang, California.

Emily Nielson has been immersed in the outdoor industry for her entire working life. She spends her free time rock climbing and hiking with her husband and three children. They live in Upland, California.

Mai-Yan Kwan, the product of Chinese and French-Canadian parents, grew up in Quebec, Canada. A backpacker, cyclist, and knitter, she lives in Los Angeles, California.





The Mountaineers Books
On Sale: May 1/23
6 x 8 • 208 pages
9781680515732 • \$28.95 • pb
Science / Experiments & Projects

Notes

Promotion



The Naturalist at Home

Projects for Discovering the Hidden World Around Us

by Kelly Brenner

- Features 20 projects with clear descriptions of materials and tools, plus a few bonus activities
- Includes step-by-step instructions with charming, informative illustrations
- Tips for troubleshooting and taking the project to the next level

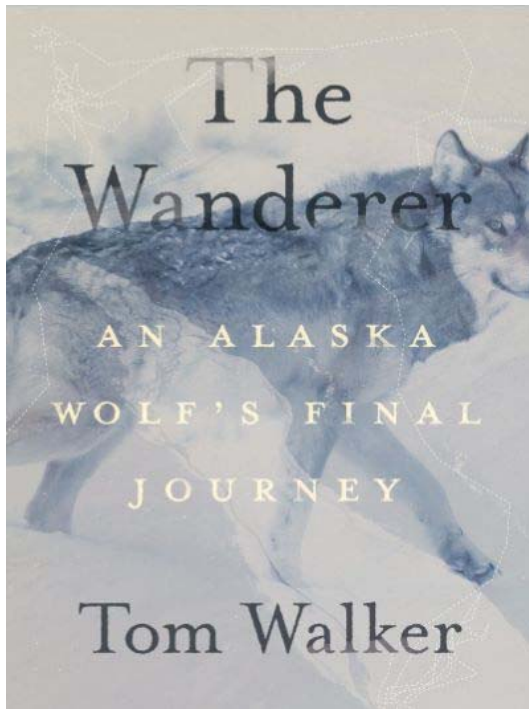
The Naturalist at Home emphasizes hands-on exploration with easy outdoor projects designed to help naturalists observe and study everything from invertebrates to mushrooms to mammals. Critically-acclaimed writer and naturalist Kelly Brenner developed these projects based on real techniques used by naturalists and scientists in the field. Easy to adapt, they are suitable for naturalists at all levels of experience and expertise.

These projects bridge the gap between sophisticated science experiments and easy nature activities and between reading about nature and experiencing it in a real and tangible way. They are simple to carry out, and naturalists can repurpose items they have at home, find them at a thrift store, or purchase inexpensive tools and materials. Detailed descriptions of organisms, along with the author's hand-drawn illustrations, help naturalists visualize what they may discover

Author Bio

A naturalist, writer, and artist based in Seattle, **Kelly Brenner** is the author of *Nature Obscura: A City's Hidden Natural World*, a finalist for the PNBA and Washington State book awards. Her writing has appeared in *Popular Science*, *Crosscut*, *National Wildlife Magazine*, and *The Open Notebook* among others. Brenner earned a bachelor's degree in landscape architecture from the University of Oregon and a certificate in nonfiction writing from the University of Washington. She shares her observations of the natural world, as well as folklore, books, and poetry, on metrofieldguide.com.





The Mountaineers Books
On Sale: May 1/23
6 x 8 • 192 pages
8-page color photo insert, 2 maps
9781680516135 • \$27.95 • pb
Nature / Animals / Wolves

Notes

Promotion



The Wanderer

An Alaska Wolf's Final Journey

by Tom Walker

- Conveys natural history and our complex relationship with wolves through powerful storytelling
- First book ever to chart a wolf's movement, almost to the day, for an extended period of time

Informed by unique access to research and field notes, awardwinning author, photographer, and naturalist Tom Walker shares the story of Wolf 258, nicknamed "the Wanderer," part of a research project that studied wolves in Alaska's Yukon-Charley Rivers National Preserve for more than two decades. A GPS collar recorded the animal's coordinates once a day as it moved through the wilderness. To the amazement of all, the Wanderer traveled more than 2,600 miles in about six months. To tell this story, Walker had unparalleled access to research and field notes, including the cooperation of the biologist who first collared the Wanderer and the wolf researcher now assigned to Yukon-Charley.

The Wanderer recounts the compelling life of one particular wolf, while examining the broader complexity of the species as a whole and its struggle for survival. Walker explores not only the natural history of wolves, but the relationship of people - Indigenous, pioneers and settlers, biologists, politicians - to this predator, shedding light on the long northern traditions of trapping and hunting, the tangled politics of wolf management, and the futility of borders to contain large mammal

Author Bio

Tom Walker has lived in Alaska for fifty years and is the author of more than a dozen books centered on his adopted home. A freelance photographer and writer, his work has been published in *Alaska Magazine*, *Field and Stream*, *Readers' Digest*, *Newsweek*, *Audubon*, *Sierra*, and many other regional and national publications. Tom lives in Denali Park. Visit him online at TomWalkerPhotography.com

