



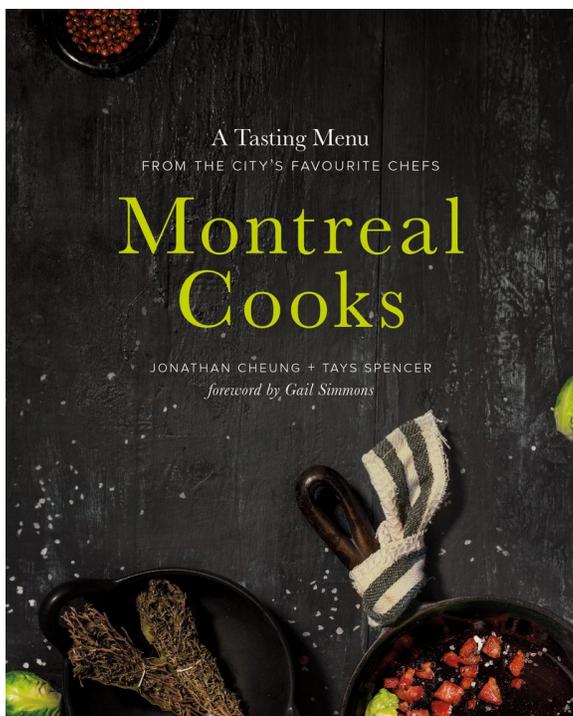
RAINCOAST BOOKS
ALWAYS CONNECTED

FALL 2015

FIGURE 1

This edition of the catalogue was printed on May 5, 2015.

*To view updates, please see the Fall 2015 Raincoast eCatalogue
or visit www.raincoast.com*



LEAD
Figure 1
On Sale: Oct 6/15
8 x 10 • 264 pages

9781927958377 • \$37.95 • big book
Cooking / Individual Chefs & Restaurants
15F Figure 1 Publishing: p. 1

Notes

Jonathan has been featured on Anthony Bourdain's *The Layover*, *Eat St.* and CTV Montreal and in the *Montreal Gazette* and on local radio. He is also a regular presenter on *Breakfast Television Montreal*.

Jonathan and Tays are married

Looking at a NYC launch as well

Promotion

Pitch to food / lifestyle media in Montreal / Toronto & New York

Eat the Book style contest

Book launch in Montreal (plus chef cooking classes at *Appetite for Books*)

Figure.1

Montreal Cooks



A Tasting Menu from the City's Favourite Chefs

Jonathan Cheung and Tays Spencer

There has never been a more exciting time to eat in Montréal. With the established food scene being joined by an explosion of new, globally minded, locally focused restaurants, Montréal has evolved into a city of unparalleled culinary excellence.

Montréal Cooks presents 80 recipes from 40 of Montreal's most talented and unique chefs. Written with the home cook in mind, this cookbook is designed to make recipes from fan-favorite restaurants achievable for everyone.

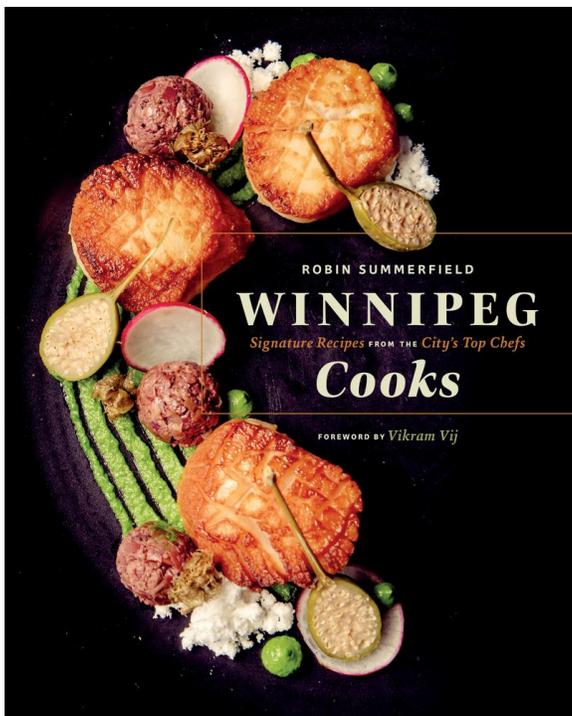
Montréal Cooks is written by Tays Spencer and Jonathan Cheung, owner of *Appetite for Books* with a foreword by culinary expert, food writer and television personality, Gail Simmons.

Author Bio

Jonathan Cheung is originally from Vancouver, BC, but currently calls Montreal home. He is the owner and chef of *Appetite for Books*, Montreal's premier cookbook shop and cooking school. From a very young age, Jonathan has been surrounded by food, whether it was hanging out in his grandmother's kitchen or eating through a number of his family's restaurants in Vancouver and Hong Kong. With over 15 years of professional cooking experience, Jonathan has been featured on Anthony Bourdain's *The Layover*, *Eat St.* and CTV Montreal and in the *Montreal Gazette* and on local radio. He is also a regular presenter on *Breakfast Television Montreal*.

Tays Spencer was born in Montreal and raised on Eastern European cuisine. She has eaten her way across the globe through her extensive travels and her own passion for cooking. Although her career is freelancing as a graphic and interior designer, she has also fallen into the business of food through Jonathan. Tays has co-founded and run a successful food truck business, and she works behind the scenes for *Appetite for Books*. Her most recent and proud accomplishment is getting their little toddler to eat his greens.





LEAD
Figure 1
On Sale: Oct 20/15
8 x 10 • 208 pages

9781927958308 • \$34.95 • big book
Cooking / Individual Chefs & Restaurants
15F Figure 1 Publishing: p. 2

Notes

Robin is a former features writer and columnist at the Calgary Herald, and editor of Ciao! magazine. She is food contributor to CBC and writer for Flavours magazine.

Promotion

Pitch to food / lifestyle media in Winnipeg / Toronto
Eat the Book style contest
Book launch (tbc)

Figure.1

Winnipeg Cooks



Signature Recipes from the City's Top Chefs

Robin Summerfield

Montreal, Toronto, and Vancouver may be bigger and flashier, but foodies in the know have been whispering another city's name under their breath for years. The rest of us are about to be let in on the secret.

Where do you go if you want to experience a taste of farm-fresh cooking with an international flare? Or a slice of cake to make the angels sing? How about some traditional perogies made with some decidedly untraditional ingredients? What if you're looking to try out a nouveau supper club, or a public feast at a family farm?

You go to Winnipeg.

In *Winnipeg Cooks*, thirty-five of the city's epicurean trailblazers share stories and recipes from the frontlines of an emerging culinary hotspot. From the hearty eastern European standards of the working class North End to storied steakhouses that have fed generations to an explosion of bold hybrid menus by risk-taking young chefs - this is how Winnipeg cooks.

If you're looking for inspiration for your next meal, look no further. Featuring the stunning photography of Ian McCausland and 70 mouth-watering and chef-tested recipes, *Winnipeg Cooks* will leave you hungry for more.

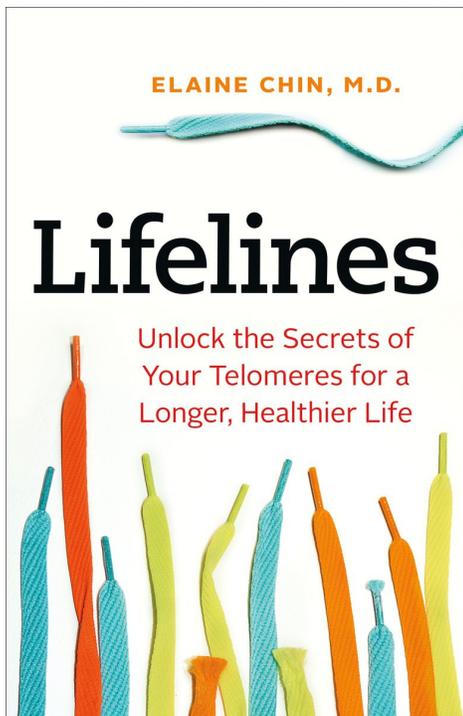
Author Bio

Robin is an award-winning journalist whose work has appeared in newspapers across Canada. She is a former features writer and columnist at the Calgary Herald, and editor of Ciao! magazine. She is food contributor to CBC and writer for Flavours magazine. Robin is also the writer and photographer behind pegcitygrub.com, a culinary tourism website for Tourism Winnipeg. Her stomach and palate have been frequently enlisted to judge culinary competitions.

At home in Winnipeg, she often freestyles in the kitchen, throwing in most any ingredient and leaving out little. This cooking approach has been met with moderate success. It has, however, given her an appreciation for the talent of chefs everywhere, including the remarkable crew assembled here. These days she cooks for a husband who will eat anything and a young son who eats pretty much nothing.



9 781927 958308



LEAD
Figure 1
On Sale: Sep 22/15
5.50 x 8.50 • 288 pages

9781927958407 • \$21.00 • pb
Health & Fitness / General
15F Figure 1 Publishing: p. 3

Notes

Her clinic's work with telomeres has been highlighted in the Globe & Mail, Macleans and CTV National News. Her writing has appeared in Maclean's and Canadian Business

One of the main practitioners of personalized health in Canada (personalized medicine is based on your genetic makeup and a tailored treatment plan)

2 media launches: Toronto and Vancouver

Nutrition, supplements, exercise

Promotion

Pitch to major health / wellness / lifestyle media in Canada & U.S.

Launch in Toronto (tbc)

Speaking engagements (tbc)

Figure.1

Lifelines



Unlock the Secrets of Your Telomeres for a Longer, Healthier Life

Elaine Chin

Unlock the secrets of your telomeres for a longer, healthier life. They're like the plastic tips of your shoelaces that keep them from fraying. But they're at the ends of your DNA and they keep you from disease and dying too young.

The discovery of telomeres was one of the true miracle breakthroughs in contemporary medicine. Nobel-winning scientist Dr. Elizabeth Blackburn's research has opened a world of promise when it comes to living longer and healthier. Today, we have the know-how to slow the disintegration process to beat our biological clock and prevent disease.

Noted personalized medicine physician, Dr. Elaine Chin, tells you how to use these new lifelines to extend your own by partnering with healthcare professionals to create a road map for maximizing your peak health. In this first-ever handbook containing comprehensive information on diet, the potential of supplements, hormone-replacement therapy, sleep patterns and mental health, Lifelines will show you how to use our knowledge of telomere science to change your life for the better. Dr. Chin offers practical and realistic ways to optimize the length of your telomere to give you an advantage in what really counts most in life – how long and how well you will live.

Author Bio

Elaine Chin, MD, MBA is a North American trailblazer of personalized medicine. Using leading edge diagnostic tools to support her goal, she has discovered the power of telomere science to support her claim that everyone can help themselves live longer, perform better – and feel younger too. She is the founder of Executive Health Centre, a premiere executive health practice in Toronto, Canada focusing on peak performance through an integrative science based approach to maintaining optimal health. She works with senior executives and corporations to ensure peak health will lead to peak performance in the workplace. Her clinic's work with telomeres has been highlighted in the Globe & Mail, Macleans and CTV National News. Her writing has appeared in Maclean's and Canadian Business. She is also a consultant for TELUS Communications, in the role of Chief Wellness Officer. Dr. Chin received her medical degree from the University of Toronto, Canada and her MBA from the same university's Rotman School of Management.



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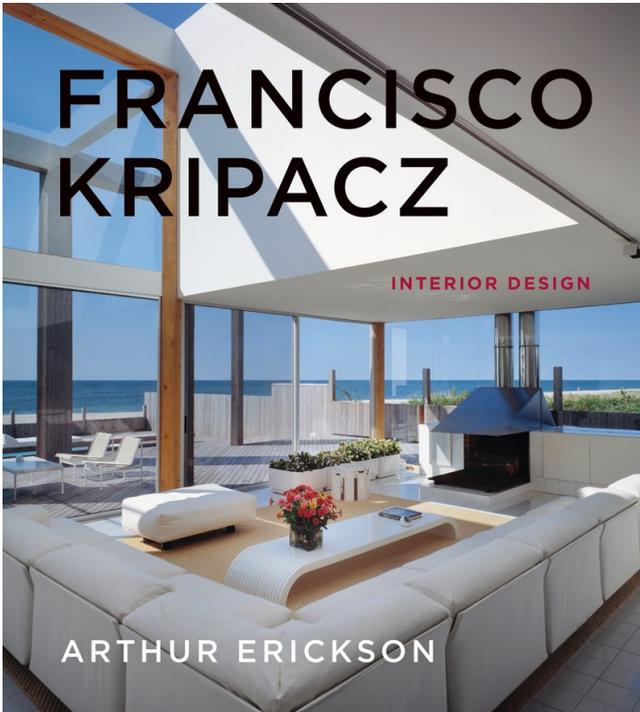


Figure 1
On Sale: Sep 1/15
9 x 10 • 192 pages

9781927958506 • \$50.00 • big book
Design / Interior Decorating
15F Figure 1 Publishing: p. 4

Promotion

Pitch to art / architecture media in B.C and S.F.
Launch events at Inform, Vancouver Special plus Toronto
and Montreal

Figure 1

Francisco Kripacz

Interior Design

Arthur Erickson



Arthur Erickson was one of the 20th century's premier architects, but little has been written about the man who designed the interiors of Erickson's award-winning buildings, whom everyone in the business simply called 'Francisco'. A decade before his death, Erickson wrote this manuscript to pay tribute to Kripacz and to tell the world of the importance of Francisco's creations. With stunning images from some of the greatest photographers of the day, such as Yousuf Karsh, this book looks at Erickson's key projects and the crucial contributions made by Kripacz to their feel and glamour. It includes Erickson's extended commentary on some of his most famous architectural projects from the 1970's through the 1990s, including Roy Thomson Hall, the Eppich Houses, Napp Laboratories, and the Canadian Embassy in Washington, DC., all of which had stunning interior designs and furniture by Kripacz. As this book goes to press, the Erickson and Kripacz-designed furniture line, the Erickson Design Collection, is being brought into manufacture, with many items becoming available for the first time.

Francisco Kripacz: Interior Design is a beautiful legacy to the working partnership of a charismatic and passionate artistic duo - a last testament from a remarkable architect to the man who shared in his greatest achievements.

Author Bio

Born in Vancouver, Canada, Arthur Erickson studied at the University of British Columbia and later at McGill University in Montreal, Quebec, where he graduated in Architecture with honours. Advanced studies brought Erickson to Greece, Italy, the Middle East, and Japan, where he discovered the nuances of architectural style in different climates and terrains. In 1963, Erickson reached a landmark moment in his career when he won a competition to design Simon Fraser University in Burnaby, British Columbia. Upon the university's completion, Erickson's integrative design gained international acclaim, opening the gateway to a long and distinguished career.

As both architect and professor, Erickson contributed much to the architectural community. His noteworthy contributions and innovative design work earned him the Gold Medal from the American Institute of Architects in 1986, the highest honour bestowed by the AIA. Erickson was the first Canadian to receive the reward. He also received numerous other awards and degrees, including gold medals from the Royal Architectural Institute of Canada in 1984 and the French Académie d'Architecture in 1986.



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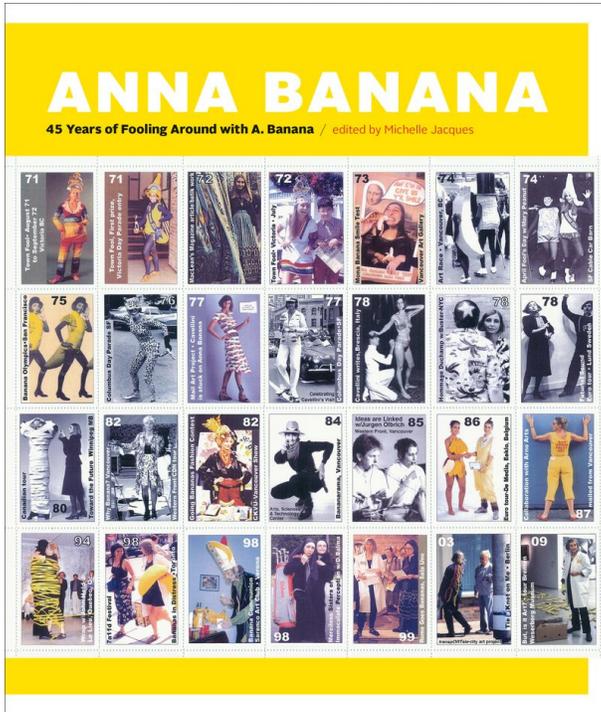


Figure 1
On Sale: Sep 6/15
8.25 x 9.75 • 168 pages

9781927958292 • \$40.00 • big book
Art / Conceptual
15F Figure 1 Publishing: p. 5

Notes

She is more collected than Picasso and Andy Warhol

Andy Warhol Foundation is supporting the book

Lives in Roberts Creek

Promotion

Pitch to art publications in Canada / U.S.
Launch and interactive exhibitions at Gallery of Greater
Victoria / Open Space
Possible postcard mailouts.

Figure.1

Anna Banana



45 Years of Fooling Around with A. Banana

edited by Michelle Jacques

Widely recognized and admired in countercultural communities but overlooked by the mainstream for decades, Anna Banana has been fearlessly challenging convention as Town Fool and Doktor Anna Freud, producing parodic publications, creating and exchanging artist's stamps and other original artworks and staging banana-themed events that she documents for a network of like-minded artists around the world. It is this vibrant community of creative individuals that has both fuelled her work and embraced it, and it is their long history of communicating by mail-welcoming anyone interested in participating-that has laid the groundwork for today's social media networks.

Anna Banana: 45 Years of Fooling Around with A. Banana is a compelling retrospective of the artist's work and her place in art history. Michelle Jacques traces Banana's evolution from Anne Long to conceptual artist Anna Banana and the breadth of her oeuvre. Craig Saper contemplates the paradox that an artist of her stature could remain virtually unknown while subverting mainstream art and culture so relentlessly and so humorously for so long. Anne Thurmann-Jajes relates the value of the Banana Rag and other publications in publicizing the artist's actions and maintaining contact with other artists. And Edward M. Gómez highlights the importance of Banana's fun, frank and frequently experimental art in engaging new audiences and bridging the historic anti-art practices of Dada and Fluxus and today's contemporary practices. Like the artist herself, this remarkable book will enlighten, engage and surprise.

Author Bio

Michelle Jacques is a curator, educator and writer. She is currently the chief curator at the Art Gallery of Greater Victoria and has previously held positions in the contemporary and Canadian departments at the Art Gallery of Ontario, Toronto. She has taught art history, curatorial studies and art writing at the post-secondary level. Recent and forthcoming publications include "Born in Detroit" in *Introducing Suzy Lake* (ed. Georgiana Uhlyarik, Black Dog Publishing, 2014); "And the winner is...", an analysis of Camille Turner's ongoing Miss Canadiana performance in *Byproduct: On the Excess of Embedded Art Practices* (ed. Marisa Jahn, YYZ Books, 2010); and "The Artist-run Centre as Tactical Training Unit" in *decentre: concerning artist-run culture* (YYZ Books, 2008).



Cover Not
Available

Figure 1
On Sale: Sep 1/15
10 x 11 • 208 pages

9781927958490 • \$45.00 • big book
Art / Collections, Catalogs, Exhibitions
15F Figure 1 Publishing: p. 6

Promotion

Pitch to art publications in Canada / gallery opening will be a major cultural event

Figure.1

Masterworks of the Audain Art Museum, Whistler

Ian Thom

A unique collection spanning two hundred years of British Columbia's remarkable visual art.

Art is a window into culture and history, and there is no collection that portrays the astonishing breadth of British Columbia's art from the eighteenth century to the present as superbly as the one at the Audain Art Museum in Whistler. This beautiful book brings together in a single volume many highlights from the museum's permanent galleries.

Among the early works are exquisitely produced First Nations masks, many of them repatriated to British Columbia from collections around the world. Also of significant interest are a wide selection of works by Emily Carr and E.J. Hughes that span their entire careers, as well as some of the most vivid depictions of the regional landscape by Frederick Varley and William Weston. Stunning examples of modernism by Lawren Harris and B.C. Binning presage images by innovative practitioners such as Jack Shadbolt, Toni Onley, Gordon Smith and Claude Breeze. And most familiar to contemporary audiences are innovative works by photo-conceptual artists such as Jeff Wall, Rodney Graham, Ken Lum and Stephen Waddell and career-defining contemporary art by First Nations artists such as Bill Reid, Robert Davidson, Beau Dick, Brian Jungen, Sonny Assu and Marianne Nicolson. Interviews with John and Patricia Patkau, the award-winning architects of the building, and art collector and philanthropist Michael Audain set the works in context. This is the definitive guide not only to the museum but to the history of art in British Columbia.

Author Bio

Ian M. Thom is one of Canada's foremost advocates for British Columbia art. Now Senior Curator - Historical at the Vancouver Art Gallery, he has organized more than 100 exhibitions throughout his career, on subjects as diverse as Rembrandt, Pablo Picasso and Andy Warhol. He is best known, however, as an expert on Canadian art and especially the work of Emily Carr. His books, which include *Challenging Traditions; Shore, Forest and Beyond*; and *Art BC*, and scholarly publications are all highly respected and appeal to a wide audience. A member of the Order of Canada for his contributions to Canadian art, Thom lives in Vancouver, British Columbia.





Figure.1

Jeff Wall

North & West

Aaron Peck



"Jeff Wall has lived in his hometown of Vancouver for all but four years of his life. Most of the images he has created are shot in and around that city, yet his art transcends these local subjects and addresses universal themes of history and memory. That explains why his work is celebrated around the world and has been the subject of countless international exhibitions from the Tate Modern, to MoMa, to the Art Institute of Chicago. His importance to photoconceptualism is recognized throughout the art world and his cinematographic pictures are immensely popular with the public and the academy alike.

The images he has chosen for North and West explore the meaning of history and how we remember the cities we inhabit. The towns imprinted in our minds no longer exist. Urban landscapes constantly change but the remnants of the past remain and history's influence never ends. North and West is a succinct and indispensable look into the profoundly moving and influential oeuvre of Jeff Wall.

"

Author Bio

AARON PECK is the author of *The Bewilderments of Bernard Willis* and *Letters to the Pacific*. He also is a frequent contributor to *Artforum*. In 2012, he was invited to be a participant in *Documenta 13* as a writer-in-residence. He lives in Vancouver, British Columbia, where he is a lecturer at Emily Carr University of Art and Design.

Figure 1
On Sale: Oct 13/15
9.5 x 12 • 64 pages

20 images
9781927958483 • \$25.00 • big book
Art / Canadian
15F Figure 1 Publishing: p. 7

Notes

Most internationally-renowned Canadian artist

Promotion

Pitch to art publications / journals



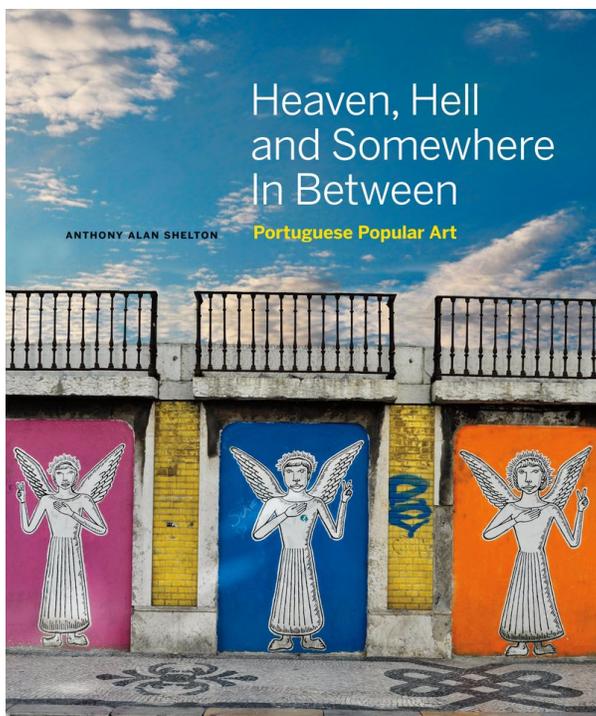


Figure 1
On Sale: Aug 20/15
10 x 12 • 296 pages

120 illustrations
9781927958247 • \$45.00 • cl
Art / Collections, Catalogs, Exhibitions
15F Figure 1 Publishing: p. 8

Figure.1

Heaven, Hell and Somewhere in Between



Portuguese Popular Art

Anthony Alan Shelton

A powerful compilation of popular artworks that captures the playful, subversive culture of a nation forever trapped between land and sea, salvation and damnation.

Popular art expresses the passion and verve emanating from the rich imagination and the social, political and religious experiences of its creators. In Portugal, this art of the people also conveys deeply seated, idealistic views of national identity, history and character that have been molded by various personal histories, temperaments and political regimes.

Much Portuguese popular art focuses on three amorphous places: Heaven (the world of the saints, grace and salvation); Hell (the domain of the Devil, dystopia, annoyance and mischief); and Somewhere In Between (a country called Portugal whose denizens grapple with good and evil every day, as they have for centuries). Popular art evokes and gives form to history, contemporary events, authorized and popular religious beliefs and the push and pull between Portugal's powerful but ambiguous relations with the sea and the land.

A companion piece for a major exhibition opening in May 2015 [confirm], *Heaven, Hell and Somewhere In Between* combines an in-depth analysis of Portuguese popular art and culture with stunning photographs of 40 artworks - ceramics, masks, puppets - and another 40 supporting images, from medieval frescoes and roadside icons to graffiti and images of carnival performers and artisans at work in their studios. Complex, contemporary, theatrical, political and often controversial, this is the theatre of a nation, where official ideologies collide with homegrown art and culture and spew forth deeply felt emotions, from ecstasy and transcendence to suffering and penitence.

Author Bio

Anthony Alan Shelton is director of the Museum of Anthropology (MOA) and professor at the University of British Columbia. An anthropologist, administrator, curator and teacher, he is a leader in museology, cultural criticism and the anthropology of art and aesthetics. Dr. Shelton has held posts at the British Museum, Royal Pavilion Art Gallery and Museum, the Horniman Museum, London, and at the universities of Sussex, University College London and Coimbra, Portugal. He has curated or co-curated 13 innovative exhibitions, including *Heaven, Hell and Somewhere In Between* at MOA in 2015.



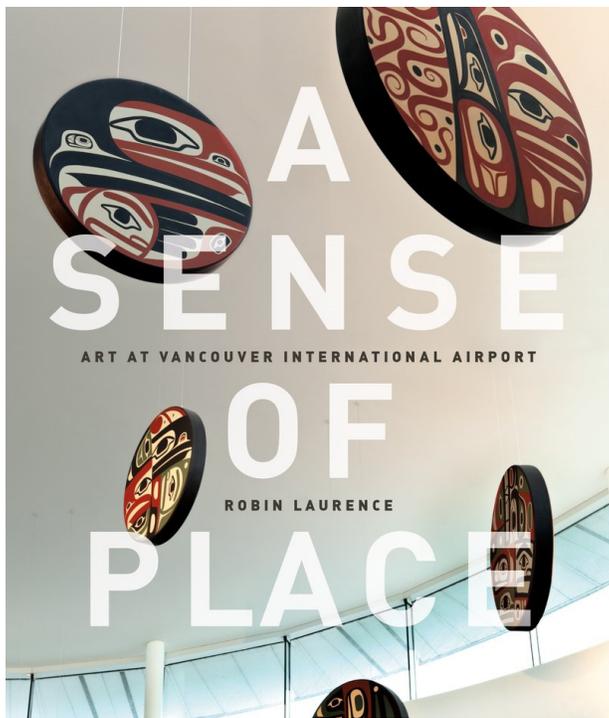


Figure 1
On Sale: Sep 18/15
8.50 x 10 • 128 pages

9781927958261 • \$24.95 • pb
Art / Canadian
15F Figure 1 Publishing: p. 9

Promotion

Pitch to art publications / journals

Figure 1

A Sense of Place



Art at Vancouver International Airport

Robin Laurence

A spectacular overview of one of the most highly acclaimed art collections on the West Coast, which greets travellers at YVR as they journey between land, sea, and sky. Vancouver International Airport, known for its modern design and expansive topography, offers an impressive visual display of award-winning art and architecture. Each terminal building represents the culture heritage, natural beauty, and iconic experiences that embody British Columbia, and the artwork exhibited throughout plays an integral role in telling those stories. Revered in particular for its focus on Pacific Coast Native art, the collection is presented in the thematic groupings of land, sea, and sky - three realms that intersect at YVR.

In YVR, art historian and critic Robin Laurence will examine the commissioning of dozens of striking artworks as a response to the airport's overall architectural and design plan, and particularly as a reflection of the cultural heritage and natural environment identified with the province of British Columbia. Among the highlights of the collection are monumental sculptures by leading Northwest Coast First Nations artists including Susan A. Point (Coast Salish), Robert Davidson (Haida), Dempsey Bob (Tahltan-Tlingit), Richard Hunt (Kwakwaka-wakw), Lyle Wilson (Haisla), Joe David (Nuu-chah-nulth), Connie Watts (Nuu-chah-nulth, Kwakwaka-wakw and Gitksan), and the late Bill Reid, famed for *The Spirit of Haida Gwaii: The Jade Canoe*. Their art both welcomes and bids farewell to the millions of travellers who make their way through YVR each year.

Author Bio

Robin Laurence is an independent writer, critic, and curator based in Vancouver. She is the visual arts critic for *The Georgia Straight*, and is a contributing editor for both *Canadian Art* and *Border Crossings* magazines, for which she writes regularly. She has published essays about art and artists in more than fifty books and exhibition catalogues, and has produced numerous reviews and feature articles for local, national, and international publications. Laurence holds an MA in art history and a BFA in studio arts, and was educated at the University of Calgary, the University of Victoria, the Banff School of Fine Arts, and the Instituto Allende in San Miguel de Allende, Mexico.



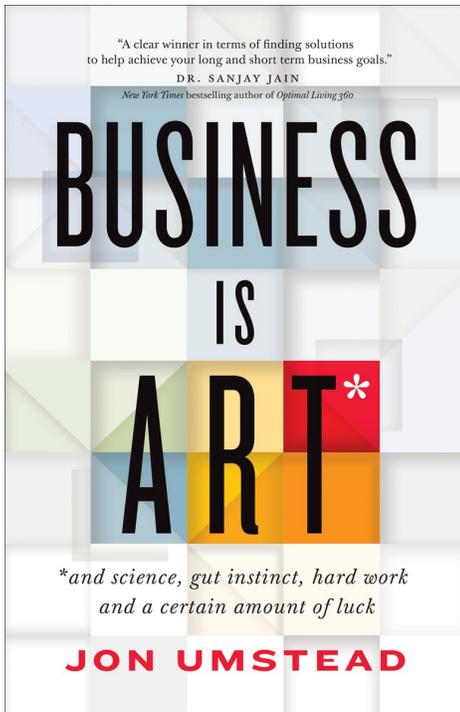


Figure 1
On Sale: Sep 1/15
6 x 9 • 272 pages

9781927958445 • \$21.00 • pb
Bus & Econ / General
15F Figure 1 Publishing: p. 10

Notes

Articulate Vision + Revise Plans + Track Performance
"Articulate, Revise, and Track"

Promotion

Pitch to business media in Canada and the U.S.
Speaking engagements in U.S. (business schools in Ohio)
Launch in Urbana, Ohio

Figure 1

Business is ART

and science, gut instinct, hard work, and a certain amount of luck

Jon Umstead

Estimates say that as many as eight out of ten new businesses fail within the first eighteen months. More conservative estimates say that about half of new business start-ups are still in business four to five years later. In either case, the likelihood of business failure is very high. Studies prove that good planning practices more than double the chance of business success. Yet, the vast majority of small to medium sized businesses operate without a formal plan, and of those who do build a plan, only a handful carefully measure their targeted objectives and adjust their plans accordingly.

Business is ART provides business leaders with an easy-to-follow approach to business success.

The book is intended for any business owner, executive or organizational leader, but is especially designed for the small to medium sized organization. Its purpose is to provide a simple process—with templates—that business and organizational leaders can follow, from the creation of a powerful vision, to strategic business plans, to performance metrics and back again in a continuous cycle of improvement.

Created by Jon Umstead, and tested over a thirty year business career, the ART program shows business leaders how to successfully Articulate their vision, Revise their plans, and Track their progress. Umstead draws on personal anecdotes and experience, as well as wisdom from other business leaders, to create an engaging, accessible and empowering guide to business success.

Author Bio

Jon Umstead holds a Bachelor degree in Management Science and an Executive MBA. With over thirty years of professional experience, he has managed teams as small as four employees to one as large as 700. He led a business that was earning twenty million dollars in annual revenue when he first joined and grew those revenues to nearly ninety million dollars by the time he left. It was during that time that he defined and followed the Business is ART approach. Umstead now heads up a business consulting firm called SeaSeven Consulting, based out of Urbana, Ohio.

